

PRIVATE LESSONS

- ▶ Entering grades 3rd-12th - register online
- ▶ Individual offers:
 - 30 minute session: \$30
 - 1 hour session: \$60
- ▶ Group offers:
 - 1 hour sessions: \$30/person
 - Minimum of 2 individuals
 - Maximum of 8 individuals per coach



MEET THE COACHES



Karla Nelson
Head Coach

X @nelsnkar

- ▶ 439 Career Victories
- ▶ 318 NSIC Conference Wins
- ▶ 22 winning seasons

- ▶ 2016, '17, '18, & 2019 NSIC North Division Champions
- ▶ 2005, '17, '18, & 2019 NSIC Regular Season Champions
- ▶ 2005, '07, '09, '17, '18, & 2019 NCAA Tournament Participants
- ▶ Coached 51 All-NSIC players & 1 NSIC Player of the Year
- ▶ Coached 7 NCAA All-Region players, including 2 All-Americans



Allison Swenson
Assistant Coach

X @Coach_Swenson

Instagram X @MSUM_WBB

f MSUM Dragons Women's Basketball



SUMMER 2023

GIRL'S BASKETBALL CAMPS

FUNDAMENTAL SKILLS CAMP

JUNE 22-24

Entering Grades K-3rd (Fall 2026)

CAMP FEATURES:

- ▶ Fun & competitive environment for three days of learning the best game in the world
- ▶ Skill development, on court teaching, live play and team building activities
- ▶ Campers will be taught by current Dragon Players and coaches
- ▶ Parents & spectators can come & watch at any time during camp
- ▶ Camp T-shirt + Camp Basketball

WHAT TO BRING:

- ▶ Basketball shoes, water container, workout clothes, money for concession stand or camp store if desired, online medical & insurance information filled out before 1st day of camp.

CHECK-IN/WALK-INS:

Monday: any time between 8-9 AM

CAMP SCHEDULE:

- ▶ Monday: 9 AM-Noon
- ▶ Tuesday: 9 AM-Noon
- ▶ Wednesday: 9-Noon
 - Competition Ceremony 11:45 AM-Noon

COST:

- ▶ \$80 Early Bird Registration (ends April 30th)
- ▶ \$95 after April 30th

FUTURE STARS CAMP

JUNE 22-24

Entering Grades 4th-8th (Fall 2026)

CAMP FEATURES:

- ▶ On court teaching focused on competitive drills
- ▶ Live play: 5-on-5, 3-on-3, 1-on-1
- ▶ Camp structured around competitive competitions
- ▶ Campers will be taught by current Dragon WBB players & the Dragon WBB Coaching Staff
- ▶ Parents & spectators can come & watch at any time
- ▶ Camp T-shirt + Camp Basketball

WHAT TO BRING:

- ▶ Basketball shoes, water container, workout clothes, money for concession stand or camp store if desired, online medical & insurance information filled out before 1st day of camp.

CHECK-IN/WALK-INS:

Monday: any time between 12:15-1 PM

CAMP SCHEDULE:

- ▶ Monday: 1-4:30 PM
- ▶ Tuesday: 1-4:30 PM
- ▶ Wednesday: 1-4 PM
 - Awards Ceremony 4-4:30 PM

COST:

- ▶ \$85 Early Bird Registration (ends April 30th)
- ▶ \$105 after April 30th

ONLINE REGISTRATION

Register Online: mnstate.edu/tickets

- ▶ Search "Girls Basketball" to find all of our available individual camps
- ▶ For alternate payment methods, contact:
 - MSUM Box Office
Amanda Citrowske - Director of Ticketing
boxoffice@mnstate.edu
(218) 477-2271

For more information, contact Allison Swenson at 701-238-9020 or email allison.swenson@mnstate.edu OR Karla Nelson at 218-477-2421 or email nelsnkar@mnstate.edu



Scan QR Code to go directly to Online Registration

INSURANCE AND MEDICAL TREATMENT

All campers must have medical insurance. You must complete all fields on the online registration. By electronically signing the form you acknowledge the inherent risk of injury by participation. Athletic training facilities are available during camp and a Certified Athletic Trainer will be on site at all times.

MINNESOTA STATE UNIVERSITY MOORHEAD



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