

DRAGON VOLLEYBALL



Record Book

Coaching Records

Coach	Seasons	Wins	Losses	Pct.
Kari Thompson	2023-Present	30	52	.365
Bob Jones	2020-2022	13	43	.232
Tammy Blake	1995-2019	398	353	.530
Becky Schulze	1991-1994	123	48	.719
Mary Curtis	1983-1990	179	149	.545
Ann Koller	1982	23	18	.561
Donella Palmer	1968-1981	163	134	.548
Total	1963-Present	929	797	.538

Team Match Records

- Most Kills:** 90 vs. Northern State 11/7/97
- Most Attacks:** 262 vs. Northern State, 11/7/97
- Most Solo Blocks:** 14 vs. Concordia 9/7/88
- Most Assisted Blocks:** 46 vs. Bemidji State 9/15/07
- Most Serve Aces:** 18 vs. UM Duluth 10/14/94, UM Duluth 10/23/92, Northern State 10/9/92
- Most Digs:** 166 vs. St. Cloud State 9/14/90
- Most Assists:** 85 vs. Southwest State 11/7/91
- Hitting Percentage:** .528 vs. UW-Stevens Point 10/23/87 (50 attempts)

Team Season Records

- Most Kills:** 2203, 1994
- Most Attacks:** 6023, 1994
- Most Solo Blocks:** 163, 1994
- Most Assisted Blocks:** 535, 1990
- Most Serve Aces:** 430, 1992
- Most Digs:** 3066, 1990
- Most Assists:** 1856, 1994
- Hitting Percentage:** .280, 1992
- Most Matches:** 51, 1994
- Highest Winning Percentage:** .875 (28-4), 2000
- Most Wins:** 39, 1994



Individual Match Records

Most Kills: 35, Amy Gernand vs. Northern State 9/30/92

Most Attacks: 77, Megan Norling vs. Northern State 9/29/07, Amy Gernand vs. Northern State 9/30/92, Emily Hegg vs. Northern State 11/7/97

Most Solo Blocks: 6, Lynn Meyer vs. UM-Morris 9/26/84

Most Assisted Blocks: 17, Kelci Guenther vs. Bemidji State 9/15/07

Most Serve Aces: 10, Sara Myskevitz vs. Wayne State 9/30/94

Most Digs: 44 by Monica Vega vs. Minnesota Crookston (10/8/16)

Most Assists: 78, Dana Gross vs. Southwest State 11/7/91

Hitting Percentage: .833 (10-0-12), Mary Sampson vs. St. Catherine's 10/20/89 (10 attempts)

Individual Season Records

Most Kills: 571, Emily Hegg 1995

Most Attacks: 1585, Emily Hegg, 1995

Most Solo Blocks: 65, Shannon McQuade, 1994

Most Assisted Blocks: 140, Kris DeClerk, 1990

Most Serve Aces: 101, Beth Fraser, 1992

Most Digs: 777, Lurna Frankovich, 1990

Most Assists: 1735, Sara Myskevitz, 1994

Hitting Percentage: .364 (413-77-024), Michelle Larson, 1992

Individual Career Records

Most Games Played: 562, Emily Hegg, 1994-97

Most Kills: 1788, Emily Hegg, 1994-97

Most Attacks: 4784, Emily Hegg, 1994-97

Most Solo Blocks: 144, Mary Sampson, 1986-89

Most Assisted Blocks: 324, Val Wolf, 1999-00, 02-03

Most Serve Aces: 200, Dana Gross, 1989-92

Most Digs: 2331, Calla Oftedahl, 2005-08

Most Assists: 5334, Julie Vancura, 2004-07

Hitting Percentage: .317, Michelle Larson, 1990-93



Career Records

Kills

1,788 - Emily Hegg, 1994-97
1,373 - Cheri Pundsack, 1987-90
1,327 - Mary Sampson, 1986-89
1,283 - Heidi Lensing, 2009-12
1,278 - Sigourney Schaffer, 2003-05
1,234 - Laura Tvrdik, 2007-10
1,231 - Kaitlin VanWinkle, 2012-15
1,179 - Shawnette VanderWolde, 1992-95
1,107 - Amy Gernand, 1991-92
1,077 - Megan Norling, 2006-08
1,038 - Michelle Larson, 1990-93
980 - Bridget Witzmann, 2019-2023

Service Aces

200 - Dana Gross, 1989-92
196 - Tanya Wales, 1991-94
191 - Sara Myskevitz, 1992-94
186 - Shawnette VenderWolde, 1992-95
183 - Cheri Pundsack, 1987-90
182 - Emily Hegg, 1994-97
157 - Amy Gernand, 1991-92
127 - Jessica Bruns, 1997-00
124 - Beth Fraser, 1989-91
124 - Carrie Hegg, 1993-94
124 - Mary Sampson, 1986-89

Hitting Percentage (Min. 300 Attempts)

.317 - Michelle Larson, 1990-93 (647-166-1553)
.308 - Sigourney Schaffer, 2003-05 (1278-369-2956)
.301 - Abby Thompson, 2021-2024 (522-130-1304)
.295 - Kaitlin VanWinkle, 2012-15
.294 - Mary Sampson, 1986-89 (1327-386-3205)
.282 - Rachael Wilson, 1991 (359-122-841)
.278 - Courtney Syvertsen, 2002-03, (676-204-1696)
.278 - Dana Gross, 1989-92 (312-62-899)
.276 - Kandice Broberg, 1984-86 (312-105-751)
.275 - Tammy Teiken, 1986-88 (388-114-814)
.274 - Laura Tvrdik, 2007-10 (1234-462-2814)
.272 - Leah Laqua, 2024-Present (125-33-338)
.270 - Jill Dixon, 1998-01 (901-243-2436)
.268 - Shawnette Vanderwolde, 1992-95 (1179-305-3263)

Block Solos

144 - Mary Sampson, 1986-89
121 - Shawnette VanderWolde, 1992-95
83 - Sigourney Schaffer, 2003-05
82 - Kaitlin VanWinkle, 2012-15
80 - Emily Hegg, 1994-97
77 - Val Wolf, 1999-00, 02-03
71 - Ann Swanson, 1987-90
65 - Shannon McQuade, 1994
65 - Abby Thompson, 2021-2024
64 - Jill Dixon, 1998-01

Block Assists

390 - Mary Sussenguth, 2006-09
390 - Kaitlin VanWinkle, 2012-15
349 - Laura Tvrdik, 2007-10
330 - Kelci Guenther, 2005-08
324 - Val Wolf, 1999-00, 02-03
322 - Mary Sampson, 1986-89
317 - Ann Swanson, 1987-90
286 - Jill Dixon, 1998-01
266 - Shawnette VenderWolde, 1992-1995
232 - Amy Weinzierl, 1997-00

Assists

5,334 - Julie Vancura, 2004-07
4,662 - Dana Gross, 1989-92
4,261 - Jessica Bruns, 1997-00
3,181 - Leigh Splittstoesser, 2007-10
3,180 - Sara Myskevitz, 1992-94
2,570 - Casie Baer, 2012-15
2,230 - Suzi Larsen, 1987-89
2,165 - Anna Olson, 2009-12
2,106 - Renae Miller, 1984-88
1,321 - Heather Smith, 2001-03
1,069 - Emily Skalicky, 2022-Present



Career Records cont.

Attacks

4,784 - Emily Hegg, 1994-97
3,713 - Cheri Pundsack, 1987-1990
3,613 - Heidi Lensing, 2009-12
3,263 - Shawnette VanderWolde, 1992-95
3,205 - Mary Sampson, 1986-89
3,118 - Bridget Witzmann, 2019-2023
3,075 - Amanda Carlson, 2018-2022
3,058 - Megan Norling, 2006-08
3,006 - Val Wolf, 1999-00, 02-03
2,956 - Sigourney Schaffer, 2003-05
2,815 - Laura Tvrdik, 2007-10

Digs

2,331 - Calla Oftedahl, 2005-08
2,160 - Katy Ness, 2009-12
1,837 - Monica Vega (2014-18)
1,807 - Emily Hegg, 1994-97
1,585 - Lurna Frankovich 1988-90
1,536 - Amber Krenske 2012-15
1,471 - Dana Gross, 1989-92
1,428 - Jessica Bruns, 1997-00
1,366 - Tanya Wales, 1991-94
1,301 - Susan Kolbow, 2001-04

Accolades

All-NSIC Honorees

2024 - Abby Thompson (2nd Team)
2023 - Bridget Witzmann (2nd Team)
2021 - Amanda Carlson (2nd Team)
2018 - Monica Vega (2nd team)
2015 - Kaitlin VanWinkle (2nd team)
2014 - Kaitlin VanWinkle (1st team)
2013 - Amber Krenske (2nd team),
2013 - Kaitlin VanWinkle (2nd team)
2012 - Katy Ness (1st team)
2011 - Heidi Lensing (HM)
2011 - Katy Ness (HM)
2011 - Anna Olson (HM)
2010 - Laura Tvrdik (1st team)
2010 - Heidi Lensing (HM)
2009 - Laura Tvrdik (1st team)
2008 - Calla Oftedahl (1st team)
2008 - Laura Tvrdik (1st team)
2008 - Kelci Guenther (HM)
2008 - Cathy Turner (HM)
2007 - Julie Vancura (1st team)
2007 - Megan Norling (HM)
2007 - Calla Oftedahl (HM)
2006 - Julie Vancura (1st team)
2006 - Meagan Brandon (HM)
2005 - Sigourney Schaffer (1st team)
2005 - Becky Anderson (HM)
2005 - Tina Lensing (HM)
2005 - Calla Oftedahl (HM)
2005 - Julie Vancura (HM)
2004 - Sigourney Schaffer (1st team)
2004 - Julie Vancura (1st team)
2004 - Tina Lensing (HM)
2003 - Sigourney Schaffer (HM)
2003 - Courtney Syvertsen (HM)
2003 - Val Wolf (HM)
2002 - Courtney Syvertsen (1st team)
2002 - Val Wolf (HM)
2001 - Tia Lindberg (1st team)
2001 - Jill Dixon (HM)
2000 - Jessica Bruns (1st team)
2000 - Jill Dixon (1st team)
2000 - Amy Weinzierl (1st team)
2000 - Kelly Newman (HM)



Accolades cont.

All-NSIC Honorees

2000 - Val Wolf (HM)
 1999 - Jessica Bruns (1st team)
 1999 - Val Wolf (HM)
 1998 - Jessica Bruns (1st team)
 1998 - Carey Escher (1st team)
 1997 - Emily Hegg (1st team)
 1997 - Jessica Bruns (1st team)
 1996 - Emily Hegg (1st team)
 1996 - Emily Schnabel (HM)
 1995 - Emily Hegg (1st team)
 1995 - Shawnette VanderWolde (1st team)
 1994 - Carrie Hegg (1st team)
 1994 - Shannon McQuade (1st team)
 1994 - Sara Myskevitz (1st team)
 1994 - Shawnette VanderWolde (1st team)
 1994 - Tanya Wales (HM)
 1993 - Michelle Larson (1st team)
 1993 - Carrie Hegg (1st team)
 1993 - Tanya Wales (HM)
 1992 - Amy Gernand (1st team)
 1992 - Dana Gross (1st team)
 1992 - Sarah Naatz (1st team)
 1992 - Michelle Larson (HM)
 1991 - Amy Gernand (1st team)
 1991 - Dana Gross (1st team)
 1990 - Lurna Frankovich (1st team)
 1990 - Cheri Pundsack (1st team)
 1990 - Ann Swanson (1st team)
 1989 - Cheri Pundsack (1st team)
 1989 - Mary Sampson (1st team)
 1988 - Suzi Larsen (1st team)
 1988 - Mary Sampson (1st team)
 1987 - Renae Miller (1st team)
 1987 - Mary Sampson (1st team)
 1987 - Tammy Teiken (1st team)
 1986 - Kelly Benson (1st team)
 1986 - Barb McHenry (1st team)
 1985 - Sara Lee (1st team)
 1985 - Val Preston (1st team)
 1984 - Sara Lee (1st team),
 1984 - Lynn Meyer (1st team)

1983 - Lynnette Carver (1st team)
 1982 - Lori Larson (1st team)
 1982 - Patti Murphy (1st team)
 1982 - Kris Pederson (1st team)
 1981 - Lori Larson (1st team)
 1981 - Kris Pederson (1st team)

NAIA All-District 13

1994 - Carrie Hegg,
 1994 - Shannon McQuade
 1994 - Shawnette VanderWolde
 1993 - Carrie Hegg
 1993 - Michelle Larso
 1993 - Sara Myskevitz
 1992 - Amy Gernand
 1992 - Dana Gross
 1992 - Michelle Larson
 1992 - Sarah Naatz
 1991 - Amy Gernand
 1991 - Dana Gross
 1991 - Rachael Wilson
 1990 - Lurna Frankovich
 1990 - Cheri Pundsack
 1990 - Ann Swanson
 1989 - Suzi Larsen
 1989 - Cheri Pundsack
 1989 - Mary Sampson
 1988 - Suzi Larsen
 1988 - Cheri Pundsack
 1988 - Mary Sampson
 1987 - Mary Sampson
 1987 - Renae Miller
 1987 - Tammy Teiken
 1986 - Kelly Benson
 1986 - Jenny Petron
 1986 - Renae Tykwinski
 1985 - Sara Lee
 1985 - Pam McDaniel
 1984 - Sara Lee
 1984 - Lynn Meyer
 1982 - Lori Larson
 1982 - Patti Murphy



Accolades cont.

NAIA/NCAA All-American

2012 - Katy Ness (1st team)
2005 - Sigourney Schaffer (HM)
1994 - Carrie Hegg (second team)
1993 - Carrie Hegg (second team)
1992 - Amy Gernand (first team)
1991 - Amy Gernand (first team)
1990 - Cheri Pundsack (Honorable Mention)
1989 - Mary Sampson (Honorable Mention)

NSIC Player of the Year

2000 - Jessica Bruns

NSIC Libero of the Year

2012 - Katy Ness

NSIC Freshman of the Year

1997 - Jessica Bruns
2001 - Tia Lindberg
2004 - Julie Vancura
2005 - Calla Oftedahl

NSIC All-Tournament Team

2007 - Kelci Guenther
2007 - Julie Vancura

NSIC coach of the Year

1992 - Becky Schulze
2000 - Tammy Blake

All-Central Region

2012 - Katy Ness (1st team)
2005 - Sigourney Schaffer (HM)
1994 - Carrie Hegg (second team)
1993 - Carrie Hegg (second team)
1992 - Amy Gernand (first team)
1991 - Amy Gernand (first team)
1990 - Cheri Pundsack (Honorable Mention)
1989 - Mary Sampson (Honorable Mention)

Academic All-America

1993 - Sara Radniecki (NAIA)
1992 - Beth Fraser (NAIA)
1991 - Robyn Brady (NAIA)
1990 - Robyn Brady (NAIA)
1982 - Tessa Fraki (CoSIDA First Team)
1982 - Kris Pederson (CoSIDA First Team)

CSC Academic All-District

2025 - Brielle Riess
2025 - Leah Laqua
2025 - Amanda Lisi
2025 - Jacy Feist
2024 - Abby Thompson
2024 - Kiara Olesch
2024 - Amanda Lisi
2024 - Halle Erickson
2023 - Abby Thompson
2023 - Jacy Feist
2022 - Morgan Cleveland
2022 - Abby Thompson

NSIC All-Academic Honorees

2025 - Ruby Bones
2025 - Jacy Feist
2025 - Jocelin Feutz
2025 - Leah Laqua
2025 - Amanda Lisi
2025 - Raiah Mandell
2025 - Maci Martini
2025 - Emily McPhee
2025 - Kiara Olesch
2025 - Mya Pfeifer
2025 - Brielle Riess
2025 - Annalise Wilson



Accolades cont.

NSIC All-Academic Honorees

2024 - Abby Thompson
2024 - Halle Erickson
2024 - Jadyne Feist
2024 - Kiara Olesch
2024 - Audrey Rosenbaum
2024 - Emily McPhee
2024 - Jocelin Feutz
2024 - McKenna Crews
2024 - Emily Ramsay
2023 - Abby Thompson
2023 - Halle Erickson
2023 - Megan Klein
2023 - Jadyne Feist
2023 - Emily McPhee
2022 - Abby Thompson
2022 - Morgan Cleveland
2022 - Amanda Carlson
2022 - Halle Erickson
2022 - Jadyne Feist
2022 - Elise Bakke
2021 - Morgan Cleveland
2021 - Elise Bakke
2021 - Amanda Carlson
2020 - Morgan Cleveland
2020 - Amber Klug
2020 - Katelyn Selensky
2020 - Elise Bakke
2019 - Becca Koehn
2019 - Katelyn Selensky
2019 - Elise Bakke
2019 - Kaylyn Jenkins
2019 - Taylor Thorson
2019 - Addie Colligan
2018 - Lauren Kiewiet
2018 - Kaylyn Jenkins
2018 - Kylie Kanwischer
2018 - Madison Klein
2018 - Taylor Thorson

2018 - Monica Vega
2017 - Tyann Caspers
2017 - Sarah Hagler
2017 - Kaylyn Jenkins
2017 - Ellie Rutten
2017 - Courtney Selbitschka
2016 - Carly Masloski
2016 - Sydney Foss
2015 - Casie Baer
2015 - Sydney Foss
2015 - Claire Grimm
2015 - Kelsey Hartkopf
2015 - Maddie Johnston
2015 - Amber Krenseke
2015 - Carly Masloski
2015 - Katie Meyers
2015 - Kaitlin VanWinkle
2015 - Abby Wolpern
2014 - Casie Baer
2014 - Morgan Gradishar
2014 - Maggie Gruber
2014 - Kelsey Hartkopf
2014 - Amber Krenseke
2014 - Katie Meyers
2014 - Sam Sullivan
2014 - Kaitlin VanWinkle
2014 - Abby Wolpern
2014 - Kara Ziemer
2013 - Casie Baer
2013 - Morgan Gradishar
2013 - Maggie Gruber
2013 - Amber Krenseke
2013 - Annie Palmquist
2013 - Sam Sullivan
2013 - Kaitlin VanWinkle
2013 - Abby Wolpern
2012 - Meredith Egeland
2012 - Amanda Feils
2012 - Ashley Feldman
2012 - Morgan Gradishar
2012 - Maggie Gruber
2012 - Kirsten Henning



Accolades Cont.

NSIC All-Academic Honorees

2012 - Kate Ness
2012 - Anna Olson
2011 - Heidi Lensing
2011 - Anna Olson
2011 - Katy Ness
2011 - Meredith Egeland
2011 - Ashley Feldman
2010 - Heidi Lensing
2010 - Katy Ness
2010 - Anna Olson
2010 - Leigh Splittstoesser
2010 - Laura Tvrdik
2009 - Keri Dowzak
2009 - Andrea Rachel
2009 - Leigh Splittstoesser
2009 - Mary Sussenguth
2009 - Laura Tvrdik
2008 - Keri Dowzak
2008 - Kelci Guenther
2008 - Calla Oftedahl
2008 - Mary Sussenguth
2008 - Megan Norling
2008 - Leigh Splittstoesser
2008 - Laura Tvdrik
2007 - Keri Dowzak
2007 - Kelci Guenther
2007 - Cortney Marr
2007 - Calla Oftedahl
2007 - Carrie Schwartzenberger
2007 - Mary Sussenguth
2006 - Becky Anderson
2006 - Kelci Guenther
2006 - Cortney Marr
2006 - Calla Oftedahl
2006 - Carrie Schwartzenberger
2006 - Whitney Sorenson
2005 - Becky Anderson
2005 - Tina Lensing
2005 - Sigourney Schaffer
2004 - Becky Anderson

2004 - Sigourney Schaffer
2003 - MacKenzie Close
2003 - Sigourney Schaffer
2003 - Courtney Syvertsen
2003 - Val Wolf
2002 - Audra Auch
2002 - Rebecca Serbus
2002 - Heather Smith
2002 - Val Wolf
2001 - Keri Kreuzer,
2001 - Sarah Palmer
2001 - Rebecca Serbus
2000 - Jessica Bruns
2000 - Kelly Newman
2000 - Rebecca Serbus
2000 - Amanda Slosson
2000 - Amy Weinzierl
2000 - Liz Weldon
1999 - Jessica Bruns
1999 - Amy Weinzierl
1998 - Jessica Bruns
1998 - Emily Schnabel
1998 - Liz Weldon
1998 - Wendy Zeiher
1997 - Emily Hegg
1997 - Molly Travers
1996 - Emily Hegg
1995 - Emily Hegg
1994 - Carrie Hegg
1994 - Shawnette VanderWolde
1993 - Sara Radniecki
1993 - Shawnette VanderWolde
1992 - Beth Fraser
1992 - Sara Radniecki
1992 - Tanya Wales
1991 - Robyn Brady
1991 - Beth Fraser
1991 - Sarah Naatz

