

Minnesota State



CROSS COUNTRY, INDOOR/OUTDOOR TRACK & FIELD ALL AMERICANS

<u>Year</u>	<u>Nationals</u>	<u>All-Americans</u>	<u>Event</u>	<u>Place</u>
1979	AIAW Div. II Cross Country	Donna Gathje	Cross Country	3
1979	AIAW Indoor Track & Field	Joan Fagerness	Shot Put	6
1980	AIAW Div. II Cross Country	Lori Bearson	Cross Country	14
1980	AIAW Indoor Track & Field	Donna Gathje	5000m	2
1980	AIAW Outdoor Track & Field	Donna Gathje	5000m	8
1981	AIAW Div. II Cross Country	Lori Bearson	Cross Country	14
1981	AIAW Div. II Outdoor Track & Field	Donna Gathje	5000m	3
1981	AIAW Div. II Outdoor Track & Field	Lori Bearson	800m	3
1981	AIAW Div. II Outdoor Track & Field	Donna Tiegs	Heptathlon	3
1981	AIAW Div. II Outdoor Track & Field	Donna Gathje	10000m	6
1981	AIAW Div. II Outdoor Track & Field	Kathy Schultz, Tracy Wahl, Jean Seikkula, Lori Bearson	4 x 800m	6
1982	AIAW Div. II Outdoor Track & Field	Jody Hagins	Discus	1
1982	AIAW Div. II Outdoor Track & Field	Lynn Nelson	5000m	2
1982	AIAW Div. II Outdoor Track & Field	Lynn Nelson	3000m	4
1982	AIAW Div. II Outdoor Track & Field	Lori Bearson	1500m	5
1982	AIAW Div. II Outdoor Track & Field	Kathy Kaiser	5000m	7
1982	AIAW Div. II Outdoor Track & Field	Tremmie Thompson, Michelle Olson, Jeri Domes, Stephanie Farrington	800m Medley Relay	8
1982	AIAW Div. II Outdoor Track & Field	Rita Davis	Shot Put	8
1982	NCAA Div. II Cross Country	Lori Bearson	Cross Country	11
1983	NCAA Div. II Cross Country	Vonda Scholtz	Cross Country	22
1983	NCAA Div. II Outdoor Track & Field	Lori Bearson	1500m	3
1983	NCAA Div. II Outdoor Track & Field	Kathy Kaiser	10000m	4
1983	NCAA Div. II Outdoor Track & Field	Jeri Domes	100m	4
1983	NCAA Div. II Outdoor Track & Field	Kathy Kaiser	5000m	6
1983	NCAA Div. II Outdoor Track & Field	Kirsten Olson	Discus	9
1983	NCAA Div. II Outdoor Track & Field	Stephanie Farrington	400m	11
1983	NCAA Div. II Outdoor Track & Field	Jeri Domes, Linda Richards, Michelle Olson, Stephanie Farrington	4 x 400m	12
1984	NCAA Div. II Outdoor Track & Field	Jeri Domes	100m	4
1984	NCAA Div. II Outdoor Track & Field	Stephanie Farrington	Heptathlon	5
1984	NCAA Div. II Outdoor Track & Field	Jeri Domes	200m	10
1984	NCAA Div. II Outdoor Track & Field	Vonda Scholtz	3000m	10
1984	NCAA Div. II Outdoor Track & Field	Tremmie Thompson, Sue Harman, Michelle Olson, Jeri Domes	4 x 100m	10
1984	NCAA Div. II Outdoor Track & Field	Vonda Scholtz	5000m	12
1985	NCAA Div. II Cross Country	Vonda Scholtz	Cross Country	14
1985	NCAA Div. II Indoor Track & Field	Kim Fredette	1500m	4
1985	NCAA Div. II Indoor Track & Field	Lori Kruckeberg	800m	5

1985	NCAA Div. II Indoor Track & Field	Vonda Scholtz	3000m	6
1985	NCAA Div. II Indoor Track & Field	Katy Treinen	High Jump	6
1987	NCAA Div. II Cross Country	Nettie Tostrude	Cross Country	17
1987	NCAA Div. II Indoor Track & Field	Lesla Pederson	Shot Put	3
1987	NCAA Div. II Indoor Track & Field	Luonna Van Meveren	55m Hurdles	6
1988	NCAA Div. II Indoor Track & Field	Luonna Van Meveren	55m Hurdles	6
1988	NCAA Div. II Outdoor Track & Field	Luonna Van Meveren	Heptathlon	4
1989	NCAA Div. II Indoor Track & Field	Lori Kruckeberg	800m	2
1989	NCAA Div. II Indoor Track & Field	Diane Oolman	800m	6
1989	NCAA Div. II Outdoor Track & Field	Lori Kruckeberg	800m	5
1990	NCAA Div. II Indoor Track & Field	Angie Bartels	1500m	6
1991	NCAA Div. II Outdoor Track & Field	Katie Serres	Discus	8
1994	NCAA Div. II Outdoor Track & Field	Jennifer Peck	1500m	3
1995	NCAA Div. II Cross Country	Jennifer Peck	Cross Country	7
1995	NCAA Div. II Cross Country	Michelle Clarke	Cross Country	18
1995	NCAA Div. II Outdoor Track & Field	Jennifer Peck	1500m	3
1995	NCAA Div. II Outdoor Track & Field	Denise Bitz	400m Hurdles	3
1995	NCAA Div. II Outdoor Track & Field	Jennifer Peck	800m	7
1996	NCAA Div. II Indoor Track & Field	Jennifer Peck	Mile	3
1996	NCAA Div. II Outdoor Track & Field	Jennifer Peck	1500m	2
1996	NCAA Div. II Outdoor Track & Field	Heather Reider, Jennifer Peck, Marta Lewinski, Michelle Clarke	4 x 400m	4
1997	NCAA Div. II Indoor Track & Field	Michelle Clarke	Mile	2
1997	NCAA Div. II Outdoor Track & Field	Michelle Clarke	1500m	2
1997	NCAA Div. II Outdoor Track & Field	Denise Bitz	400m Hurdles	7
1998	NCAA Div. II Outdoor Track & Field	Nicole Sickels	400m Hurdles	5
2001	NCAA Div. II Indoor Track & Field	Kortney Ihnen	Weight Throw	8
2001	NCAA Div. II Outdoor Track & Field	Kortney Ihnen	Discus	7
2002	NCAA Div. II Indoor Track & Field	Kate Farnham	Pole Vault	7
2003	NCAA Div. II Indoor Track & Field	Kortney Ihnen	Shot Put	2
2003	NCAA Div. II Indoor Track & Field	Michaela Webb	High jump	8
2003	NCAA Div. II Indoor Track & Field	Amanda Frame	Pole Vault	8
2003	NCAA Div. II Outdoor Track & Field	Kortney Ihnen	Discus	2
2003	NCAA Div. II Outdoor Track & Field	Bethany Otteson	3000m Steeple	8
2004	NCAA Div. II Indoor Track & Field	Amanda Frame	Pole Vault	1
2004	NCAA Div. II Indoor Track & Field	Amanda Aning	Pole Vault	6
2004	NCAA Div. II Outdoor Track & Field	Amanda Frame	Pole Vault	2
2004	NCAA Div. II Outdoor Track & Field	Kami Sweet	Discus	7
2004	NCAA Div. II Outdoor Track & Field	Amanda Aning	Pole Vault	7
2005	NCAA Div. II Indoor Track & Field	Amanda Frame	Pole Vault National Record	1
2005	NCAA Div. II Indoor Track & Field	Krystal Burggraff	High Jump	2
2005	NCAA Div. II Indoor Track & Field	Alissa Kurke	800m	7
2005	NCAA Div. II Outdoor Track & Field	Amanda Frame	Pole Vault	2
2005	NCAA Div. II Outdoor Track & Field	Krystal Burggraff	High Jump	3
2006	NCAA Div. II Indoor Track & Field	Katelin Rains	Pole Vault	4
2007	NCAA Div. II Indoor Track & Field	Katelin Rains	Pole Vault National Record	1
2007	NCAA Div. II Indoor Track & Field	Kali Erlandson	High Jump	5

2007	NCAA Div. II Indoor Track & Field	Jenny Goesch, Brittany Henderson, Alissa Kurke, Kelsey Leonard	4 x 400m	8
2007	NCAA Div. II Outdoor Track & Field	Kami Sweet	Discus	4
2007	NCAA Div. II Outdoor Track & Field	Katelin Rains	Pole Vault	4
2008	NCAA Div. II Indoor Track & Field	Katelin Rains	Pole Vault National Record	1
2008	NCAA Div. II Indoor Track & Field	Lauren Stelten	Pole Vault	2
2008	NCAA Div. II Indoor Track & Field	Katelin Rains	Triple Jump	2
2008	NCAA Div. II Indoor Track & Field	Brittany Henderson	60m	3
2008	NCAA Div. II Indoor Track & Field	Brittany Henderson	200m	7
2008	NCAA Div. II Outdoor Track & Field	Brittany Henderson	200m	2
2008	NCAA Div. II Outdoor Track & Field	Brittany Henderson	100m	3
2008	NCAA Div. II Outdoor Track & Field	Lauren Stelten	Pole Vault	4
2008	NCAA Div. II Outdoor Track & Field	Katelin Rains	Pole Vault	6
2009	NCAA Div. II Indoor Track & Field	Katelin Rains	Pole Vault	1
2009	NCAA Div. II Indoor Track & Field	Brittany Henderson	60m	5
2009	NCAA Div. II Indoor Track & Field	Lauren Stelten	Pole Vault	6
2009	NCAA Div. II Indoor Track & Field	Brittany Henderson	200m	8
2009	NCAA Div. II Indoor Track & Field	Brittany Henderson, Kelsey Leonard, Katelin Rains, Andrea Sellers	4 x 400m	8
2009	NCAA Div. II Outdoor Track & Field	Katelin Rains	Pole Vault National Record	1
2009	NCAA Div. II Outdoor Track & Field	Linnelle Clark, Brittany Henderson, Kelsey Leonard, Katelin Rains	4 x 100m	4
2009	NCAA Div. II Outdoor Track & Field	Lauren Stelten	Pole Vault	4
2009	NCAA Div. II Outdoor Track & Field	Brittany Henderson	100m	5
2009	NCAA Div. II Outdoor Track & Field	Ali Paul	Cross Country	30
2010	NCAA Div. II Indoor Track & Field	Lauren Stelten	Pole Vault	2
2010	NCAA Div. II Indoor Track & Field	Brittany Henderson	60m	6
2010	NCAA Div. II Outdoor Track & Field	Lauren Stelten	Pole Vault	2
2010	NCAA Div. II Outdoor Track & Field	Brittany Henderson	100m	3
2010	NCAA Div. II Outdoor Track & Field	Brittany Henderson	200m	5
2010	NCAA Div. II Outdoor Track & Field	Linnelle Clark, Brittany Henderson, Kelsey Leonard, Becca Schmidt	4 x 100m	5
2010	NCAA Div. II Outdoor Track & Field	Kelsey Leonard	400m	5
2011	NCAA Div. II Indoor Track & Field	Lauren Stelten	Pole Vault	1
2011	NCAA Div. II Outdoor Track & Field	Lauren Stelten	Pole Vault	1
2013	NCAA Div. II Indoor Track & Field	Faryn Wirkus	Pole Vault	7
2015	NCAA Div. II Outdoor Track & Field	Bryanna Sudman	Pole Vault	4
2016	NCAA Div. II Indoor Track & Field	Altoniece Williams	60m Hurdles	2
2016	NCAA Div. II Indoor Track & Field	Faryn Wirkus	Pole Vault	4
2016	NCAA Div. II Indoor Track & Field	Haley Kruger	800m	7
2016	NCAA Div. II Outdoor Track & Field	Altoniece Williams	100m Hurdles	3
2016	NCAA Div. II Outdoor Track & Field	Faryn Wirkus	Pole Vault	6
2016	NCAA Div. II Outdoor Track & Field	Khadiya Hollingsworth	High Jump	7
2016	NCAA Div. II Outdoor Track & Field	Haley Kruger	800m	12
2016	NCAA Div. II Outdoor Track & Field	Morgan Stampley	Hammer	12
2017	NCAA Div. II Indoor Track & Field	Altoniece Williams	60m Hurdles	1
2017	NCAA Div. II Indoor Track & Field	Khadiya Hollingsworth	High Jump	3
2017	NCAA Div. II Indoor Track & Field	Afure Adah	200m	11

2017	NCAA Div. II Indoor Track & Field	Haley Kruger	800m	12
2017	NCAA Div. II Outdoor Track & Field	Afure Adah, Autumn Santos, Brieanna Puckett, Karlona Gregory	4 x 100m	6
2017	NCAA Div. II Outdoor Track & Field	Faryn Wirkus	Pole Vault	8
2018	NCAA Div. II Indoor Track & Field	Khadiya Hollingsworth	High Jump	4
2018	NCAA Div. II Outdoor Track & Field	Khadiya Hollingsworth	High Jump	1
2018	NCAA Div. II Outdoor Track & Field	Eboni Coby	100m	5
2019	NCAA Div. II Indoor Track & Field	Alexis Smith	60m Hurdles	8
2019	NCAA Div. II Indoor Track & Field	Khenadi Jones	60m	9
2019	NCAA Div. II Indoor Track & Field	Liz Brunner	Triple Jump	10
2020	NCAA Div. II Indoor Track & Field	Ja'Cey Simmons	200m	*
2020	NCAA Div. II Indoor Track & Field	Makayla Jackson	200m	*
2020	NCAA Div. II Indoor Track & Field	Mackenzie Woodard, Autumn Santos, Crystal Malone, Rose Gaye	4 x 400m	*
2020	NCAA Div. II Indoor Track & Field	Mackenzie Woodard	400m	*
2020	NCAA Div. II Indoor Track & Field	Ja'Cey Simmons	60m	*
2020	NCAA Div. II Indoor Track & Field	Makayla Jackson	60m	*
2020	NCAA Div. II Indoor Track & Field	Makayla Jackson	Long Jump	*
2020	NCAA Div. II Indoor Track & Field	Katie Taylor	Shot Put	*
2020	NCAA Div. II Indoor Track & Field	Katie Taylor	Weight Throw	*
2020	NCAA Div. II Indoor Track & Field	Kaylee Jensen	Weight Throw	*
2021	NCAA Div. II Indoor Track & Field	Katie Taylor	Weight Throw	1
2021	NCAA Div. II Indoor Track & Field	Denisha Cartwright	60m Hurdles	2
2021	NCAA Div. II Indoor Track & Field	Nyeaee Robins, Mackenzie Keune, Denisha Cartwright, Mackenzie Woodard	4 x 400m	3
2021	NCAA Div. II Indoor Track & Field	Brea Perron	Weight Throw	4
2021	NCAA Div. II Indoor Track & Field	Denisha Cartwright	60m	6
2021	NCAA Div. II Indoor Track & Field	Mackenzie Keune	60m Hurdles	6
2021	NCAA Div. II Indoor Track & Field	Denisha Cartwright	200m	7
2021	NCAA Div. II Indoor Track & Field	Katie Taylor	Shot Put	7
2021	NCAA Div. II Indoor Track & Field	Makayla Jackson	60m	8
2021	NCAA Div. II Indoor Track & Field	Ja'Cey Simmons	60m	9
2021	NCAA Div. II Indoor Track & Field	Makayla Jackson	200m	10
2021	NCAA Div. II Indoor Track & Field	Brea Perron	Shot Put	10
2021	NCAA Div. II Indoor Track & Field	Grace Hartman	200m	11
2021	NCAA Div. II Indoor Track & Field	Rose Cramer	200m	12
2021	NCAA Div. II Indoor Track & Field	Makayla Jackson	Long Jump	12
2021	NCAA Div. II Indoor Track & Field	Kaylee Jensen	Weight Throw	12
2021	NCAA Div. II Outdoor Track & Field	Makayla Jackson, Ja'Cey Simmons, Rose Cramer, Denisha Cartwright, Grace Hartman (ran in prelims)	4 x 100m	2
2021	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	100m Hurdles	3
2021	NCAA Div. II Outdoor Track & Field	Katie Taylor	Discus	5
2021	NCAA Div. II Outdoor Track & Field	Ja'Cey Simmons	100m	7
2021	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	200m	7
2021	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	100m	8
2021	NCAA Div. II Outdoor Track & Field	Brea Perron	Shot Put	10
2021	NCAA Div. II Outdoor Track & Field	Ja'Cey Simmons	200m	12
2021	NCAA Div. II Outdoor Track & Field	Makayla Jackson	Long Jump	12

2022	NCAA Div. II Indoor Track & Field	Makayla Jackson	60m	1
2022	NCAA Div. II Indoor Track & Field	Denisha Cartwright	60m Hurdles	1
2022	NCAA Div. II Indoor Track & Field	Makayla Jackson	Long Jump	1
2022	NCAA Div. II Indoor Track & Field	Brea Perron	Weight Throw	2
2022	NCAA Div. II Indoor Track & Field	Katie Taylor	Weight Throw	3
2022	NCAA Div. II Indoor Track & Field	Brea Perron	Shot Put	5
2022	NCAA Div. II Indoor Track & Field	Kaylee Jensen	Weight Throw	5
2022	NCAA Div. II Indoor Track & Field	Makayla Jackson	200m	6
2022	NCAA Div. II Indoor Track & Field	Katie Taylor	Shot Put	7
2022	NCAA Div. II Indoor Track & Field	Denisha Cartwright	60m	8
2022	NCAA Div. II Indoor Track & Field	Rose Cramer	200m	10
2022	NCAA Div. II Indoor Track & Field	Flore Gracia	Triple Jump	10
2022	NCAA Div. II Indoor Track & Field	Denisha Cartwright	200m	11
2022	NCAA Div. II Indoor Track & Field	Taylor Elliott	High Jump	11
2022	NCAA Div. II Indoor Track & Field	Kary Petricka	Long Jump	12
2022	NCAA Div. II Outdoor Track & Field	Makayla Jackson	100m	1
2022	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	100m Hurdles	1
2022	NCAA Div. II Outdoor Track & Field	Denisha Cartwright, Ja'Cey Simmons, Rose Cramer, Makayla Jackson	4 x 100m	1
2022	NCAA Div. II Outdoor Track & Field	Makayla Jackson	Long Jump	3
2022	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	200m	4
2022	NCAA Div. II Outdoor Track & Field	Brea Perron	Shot Put	5
2022	NCAA Div. II Outdoor Track & Field	Katie Taylor	Shot Put	6
2022	NCAA Div. II Outdoor Track & Field	Katie Taylor	Discus	6
2022	NCAA Div. II Outdoor Track & Field	Kary Petricka	Long Jump	6
2022	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	100m	7
2022	NCAA Div. II Outdoor Track & Field	Makayla Jackson	200m	8
2022	NCAA Div. II Outdoor Track & Field	Amanda Montplaisir	3000m Steeple	9
2022	NCAA Div. II Outdoor Track & Field	Brea Perron	Hammer	9
2022	NCAA Div. II Outdoor Track & Field	Flore Gracia	Triple Jump	10
2022	NCAA Div. II Cross Country	Amanda Montplaisir	Cross Country	9
2022	NCAA Div. II Cross Country	MaKenna Thurston	Cross Country	17
2023	NCAA Div. II Indoor Track & Field	Makayla Jackson	60m National Record	1
2023	NCAA Div. II Indoor Track & Field	Denisha Cartwright	60m Hurdles	1
2023	NCAA Div. II Indoor Track & Field	Makayla Jackson	Long Jump	2
2023	NCAA Div. II Indoor Track & Field	Denisha Cartwright	60m	3
2023	NCAA Div. II Indoor Track & Field	Denisha Cartwright	200m	3
2023	NCAA Div. II Indoor Track & Field	Lexie Hurst	Shot Put	4
2023	NCAA Div. II Indoor Track & Field	Flore Gracia	Triple Jump	5
2023	NCAA Div. II Indoor Track & Field	Amanda Montplaisir	3000m	8
2023	NCAA Div. II Indoor Track & Field	MaKenna Thurston, Eilika Lane, Marissa Ellenbecker, Amanda Montplaisir	DMR	8
2023	NCAA Div. II Indoor Track & Field	Makayla Jackson	200m	9
2023	NCAA Div. II Indoor Track & Field	Lillian Washington	High Jump	9
2023	NCAA Div. II Indoor Track & Field	Paige Hickson	Pole Vault	9
2023	NCAA Div. II Indoor Track & Field	Lillian Washington	Triple Jump	9
2023	NCAA Div. II Indoor Track & Field	Mariah Williams	Long Jump	10

2023	NCAA Div. II Indoor Track & Field	Stella Neophytou	Triple Jump	10
2023	NCAA Div. II Indoor Track & Field	Kynnedi Malone	60m Hurdles	11
2023	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	100m Hurdles	1
2023	NCAA Div. II Outdoor Track & Field	Lexie Hurst	Shotput	1
2023	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	200m	2
2023	NCAA Div. II Outdoor Track & Field	Denisha Cartwright, Ja'Cey Simmons, Rose Cramer, Makayla Jackson	4 x 100m	2
2023	NCAA Div. II Outdoor Track & Field	Denisha Cartwright	100m	4
2023	NCAA Div. II Outdoor Track & Field	Flore Gracia	Triple Jump	4
2023	NCAA Div. II Outdoor Track & Field	Makayla Jackson	Long Jump	5
2023	NCAA Div. II Outdoor Track & Field	Paige Hickson	Pole Vault	6
2023	NCAA Div. II Outdoor Track & Field	Makayla Jackson	100m	7
2023	NCAA Div. II Outdoor Track & Field	Amanda Montplaisir	3000m Steeple	8
2023	NCAA Div. II Outdoor Track & Field	Lexie Hurst	Discus	8
2023	NCAA Div. II Outdoor Track & Field	Lillian Washington	Triple Jump	9
2023	NCAA Div. II Outdoor Track & Field	Kynnedi Malone	100m Hurdles	10
2023	NCAA Div. II Outdoor Track & Field	Stella Neophytou	Triple Jump	11
2023	NCAA Div. II Outdoor Track & Field	Roxan Foster	100m Hurdles	12

*Due to cancellation of the 2020 Div.II Indoor Track and Field Championships, all participants were awarded All American honors.

Updated 7/16/2023