



2022-23 MSU SPIRIT SQUAD TRYOUTS

Cheer, Dance & Mascot

May 7 & 8, 2022

Cheer, Dance and Mascot Tryouts: May 7 & 8, 8am-5pm
Shroyer Gym

MUST HAVE PHYSICAL DATED WITHIN 6 MONTHS
PRIOR TO TRYING OUT. NO EXCEPTIONS!

Tryout fee is \$40 for all new athletes

Scholarship Opportunities

We are very happy to continue to have scholarship money in our program. There are seven fee waivers that are awarded to the Spirit Squad each year (value of \$33,000). These scholarship dollars are divided up at the coach's discretion and guidelines between the members. All members are provided with uniforms, bags, warm-ups, shoes, practice gear and poms etc.

Benefits of MSU Athletics

- Involvements in excellent educational programs
- Service as student-athlete ambassadors for MSU
- Warm-ups, practice gear and shoes provided
- Competition opportunities; state, regional, and national
- Guest coaching and choreography from high quality professionals
- Attendance at all regular & post season games at no cost
- Athlete Academic support & tutoring as needed
- Access to athletic trainer at all practices, games and competition
- Access to team physician
- Access to mental and medical health professionals as needed
- Access to Hoseus Recreational Fitness Center
- Per Diem for meals on trips
- Conditioning, strength and weight training
- Access to mirrored facilities on a weekly basis
- Community service projects
- Opportunity to serve on student-athlete committees
- AACCA Safety and Liability certified coaches

CHEER PROGRAM DESCRIPTION

Montana State University's Cheer Squad will cheer all home football games, volleyball games, and women's and men's basketball games. This team will also travel to Cat/Griz football and post-season games. All members of the cheer squad have had experience on either a high school squad, college squad and/or an all-star team.

The Montana State University Cheer Squad's goal is to create and promote school support and interest in athletics, increase enrollment in Montana State, develop high team standards, and provide quality entertainment.

It should be understood that each team member is a student-athlete, student first, athlete second. Each student-athlete should give priority to their education and 100% discipline, dedication and responsibility to their contests and appearances. All members also are in the weight room with a strength coach two days per week. Cheerleaders may receive up to two elective credits. Members should plan to devote 20 hours per week to the program during the season.

Student-athletes have access to an athletic trainer at all times. The Montana State Cheer Squad will travel to competitive college camp.

The team also makes many appearances in the community throughout the year and is very involved in community service opportunities. We are committed to being positive role models to all.

CHEER TRYOUT REQUIREMENTS

Tumbling: Standing back handspring or better, round off back handspring or better, toe touch back handspring or better (All tumbling will be evaluated on a non-spring and hardwood floor)

Stunts: Flyers; single leg with a full down dismount, double leg stunt with a double full dismount

Bases and Backspots: basing a single leg stunt with a full down dismount, basing a double leg stunt with a double full down dismount

Coed Stunting: Co-ed stunting experience is highly recommended, however, it is not required. Co-ed Stunts will be taught at tryouts.

Motion Technique/Dance Technique: A sideline chant, band dance, and fight song will be taught during tryouts and evaluated on the last day.

Interview with Coaches

**GPA must be higher than a 2.5 to be eligible*

**Scholarships will be announced and determined after tryouts and before start of season*

DANCE PROGRAM DESCRIPTION

Montana State University Cat Dancers perform at all home football, volleyball, as well as men's and women's basketball games. The dance program at Montana State performs a variety of styles including pom, jazz and hip hop. All members of the dance team have had former training and experience on a high school squad, college squad and/or studio team.

Montana State University Dance Team's goal is to create and promote school support and interest in athletics, increase enrollment in Montana State, develop high team standards, and provide quality entertainment.

It should be understood that each team member is a student-athlete, student first, athlete second. Each student-athlete should give priority to their education and 100% discipline, dedication and responsibility to their contests and appearances. All members also are in the weight room with a strength coach two days per week. Dancers may receive up to two elective credits. Members should plan to devote 20 hours per week to the program during the season.

The Cat Dancers will travel to competitive college dance camp. Choreographers are hired to work with the team on perfecting skills and choreography.

DANCE TRYOUT REQUIREMENTS

Skills: Double turn or better, toe-touch, calypso, straight leap, kicks, pom motions, and flexibility (splits, leg holds).

Dancers will learn a fight song, jazz combo, and pom combo taught during tryouts and evaluated on the final day.

Interview with Coaches

**GPA must be higher than a 2.5 to be eligible*

**Scholarships will be announced and determined after tryouts and before start of season*

MONTANA STATE MASCOT PROGRAM DESCRIPTION

Our beloved mascot "Champ" is an integral part of not only the Montana State Spirit Squad but also the entire MSU Community, both within and beyond its borders. Mascots perform at all home football games, volleyball, and men's and women's basketball.

Just as with our Cheer and Dance programs, our mascot's goal is to create and promote school support and interest in athletics, increase enrollment in Montana State, develop high team standards, and provide quality entertainment.

It should be understood that each team member is a student-athlete, student first, athlete second. Each student-athlete should give priority to their education and 100% discipline, dedication and responsibility to their contests and appearances. All members also are in the weight room with a strength coach two days per week. Mascots may receive up to two elective credits. Members should plan to devote 20 hours per week to the program during the season.

MASCOT TRYOUT REQUIREMENTS

You will work with our current Mascot and Spirit Squad Coaches who will get you into costume and show you how to perform as a mascot.

Over the course of tryout weekend, we will evaluate how you interact with our coaches and the mascots as well as your personality in costume.

You may be asked to create and perform a skit on the final day of tryouts.

**GPA must be higher than a 2.5 to be eligible*

**Scholarships will be announced and determined after tryouts and before start of season*