SCHEDULE OF EVENTS

THURSDAY – February 21, 2019		5:30 PM	Men's 200 Meters – Trials
	Men's Heptathlon (Day 1)	6:00 PM	Women's 200 Meters - Trials
10:00 AM	60 Meters	6:35 PM	Men's 5,000 Meters - FINAL
	Long Jump	6:55 PM	Women's 5,000 - FINAL
	Shot Put	7:20 PM	Men's Distance Medley - FINAL
	High Jump	7:35 PM	Women's Distance Medley - FINAL
	Women's Pentathlon	SATURDAY	– February 23, 2019
10:30 AM	60 Meter Hurdles	<u> </u>	Field Events
	High Jump	10:30 AM	Men's Weight Throw - FINAL
	Shot Put (2 nd ring, if necessary)	20.007	Women's Triple Jump - FINAL
	Long Jump	12:00 PM	Women's High Jump - FINAL
	800 Meters	12.0011	Men's Pole Vault – FINAL
		1:15 PM	Women's Shot Put – FINAL
FRIDAY – February 22, 2019		1.13 1 101	Men's Triple Jump - FINAL
	Men's Heptathlon (Day 2)		Well's Tiple Julip - FINAL
10:00 AM	60 Meter Hurdles	11:45 PM	National Anthem
	Pole Vault	11.45 PIVI	National Anthem
	1000 Meters		Burning Frants
5010 AV 5		12:00 PM	Running Events Men's Mile – FINAL
FRIDAY – February 22, 2019		12:15 PM	Women's Mile – FINAL
2 22 21 4	Field Events	12:30 PM	Men's 60 Meter Hurdles - FINAL
3:00 PM	Women's Weight Throw - FINAL	12:40 PM	Women's 60 Meter Hurdles - FINAL
	Women's Long Jump - FINAL	12:50 PM	
	Men's High Jump – FINAL		Men's 400 Meters - FINAL
4:30 PM	Women's Pole Vault – FINAL	1:00 PM	Women's 400 Meters - FINAL
6:00 PM	Men's Long Jump – FINAL	1:10 PM	Men's 60 Meter Dash - FINAL
	Men's Shot Put – FINAL	1:20 PM	Women's 60 Meter Dash - FINAL
		1:30 PM	Men's 800 Meters - FINAL
2:45 PM	Opening Ceremonies/National Anthem	1:40 PM	Women's 800 Meters - FINAL
		1:50 PM	Men's 200 Meters – FINAL
	Running Events	2:05 PM	Women's 200 Meters – FINAL
3:00 PM	Men's 60 Meter Hurdles - Trials	2:20 PM	Men's 3,000 Meters - FINAL
3:15 PM	Women's 60 Meter Hurdles – Trials	2:50 PM	Women's 3,000 Meters - FINAL
3:35 PM	Men's 400 Meters - Trials	3:20 PM	Men's 1,600 Meter RELAY - FINAL
4:00 PM	Women's 400 Meters - Trials	3:35 PM	Women's 1,600 Meter RELAY – FINAL
4:25 PM	Men's 60 Meter Dash – Trials		
4:40 PM	Women's 60 Meter Dash – Trials	4:00 PM	Awards Ceremony (at conclusion of all events)
5:00 PM	Men's 800 Meters - Trials	2.4.	, , , , , , , , , , , , , , , , , , ,
5:15 PM	Women's 800 Meters - Trials		