



2014 MSUB Cross Country  
Media Guide  
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## 2014 MSUB Cross Country Quick Facts

### University Information

Location: Billings, MT  
Address: 1500 University Drive 59101  
Established: 1927  
Enrollment: 5,335  
Chancellor: Dr. Mark Nook  
University Website: [www.msubillings.edu](http://www.msubillings.edu)

### Yellowjacket Athletics Information

Affiliation: NCAA Division II  
Conference: Great Northwest Athletic Conference  
Colors: Navy, Gold  
Nickname: Yellowjackets  
Faculty Athletic Representative: Dr. Scott Harris  
Athletic Director/SWA: Krista Montague  
Sports Information Director: Evan O'Kelly  
Phone: 406-657-2130  
Email: [evan.okelly@msubillings.edu](mailto:evan.okelly@msubillings.edu)  
Assistant Sports Information Director: Birgitta Gray  
Phone: 406-896-5917  
Email: [birgitta.gray@msubillings.edu](mailto:birgitta.gray@msubillings.edu)  
Athletics Website: [www.msubsports.com](http://www.msubsports.com)  
MSUB Sports on Twitter: @MSUBSports  
MSUB Sports on Facebook: MSUB Sports  
MSUB Sports on Instagram: MSUB Sports  
MSUB Sports on YouTube: MSUB Sports

### MSUB Cross Country Staff

Head Coach: Dave Coppock, 26th year  
Phone: 406-591-9598  
Email: [dcoppock@msubillings.edu](mailto:dcoppock@msubillings.edu)  
Assistant Coach: Trent Hooper  
Athletic Trainer: Tom Ebel  
Phone: 406-657-2375  
Email: [tebel@msubillings.edu](mailto:tebel@msubillings.edu)

### MSUB Cross Country History

First Year of men's soccer: 1996  
NCAA appearances: None

### MSUB Cross Country Team Information

Men's 2013 GNAC Finish: 5th (142 points)  
Women's 2013 GNAC Finish: 9th (228 points)  
Home Course: Amend Park (Billings)

#### **Men**

Returning Runners/Lost: 8/3  
Newcomers: 2  
Redshirts: 0

#### **Women**

Returning Runners/Lost: 8/3  
Newcomers: 4  
Redshirts: 0

Twitter: @MSUBXC  
Facebook: MSUBDistance

## Contents

### **Montana State Billings Cross Country**

About MSUB.....	3
2014 Schedule .....	4
2014 NCAA West Region Championships .....	5
About MSUB Athletics .....	6
Letter from the AD.....	7
MSUB XC Records .....	8
All-Time Award Winners.....	9
Head Coach Dave Coppock.....	10
2014 Season Previews .....	11
2014 Rosters .....	14
Women's Bios .....	15
Men's Bios .....	20
MSUB Hall of Fame .....	25
MSUB Athletics Administration .....	26
MSUB Coaches .....	27
NCAA Division II Statement.....	28



## About MSUB

Montana State University Billings is a comprehensive public four-year higher education institution located in Montana's largest population center, whose faculty is actively engaged in teaching, research, creative endeavors and public service. The University opened in 1927 and was initially called Eastern Montana State Normal School at Billings and was established to prepare teachers for elementary schools in Eastern Montana. MSU Billings has grown, with the city of Billings and Yellowstone County, into the major urban comprehensive higher education center of south central Montana. The University consists of five colleges on two campuses: the College of Arts and Sciences, the College of Business, the College of Education, the College of Allied Health Professions and City College, which serves the comprehensive two-year mission of the University on a campus seven miles west of the University Campus. MSU Billings offers a full complement of one- and two-year certificate programs, associate degrees, and bachelor and master degrees, as well as pre-professional academic offerings in nearly 100 academic areas; and features 23 programs that are totally available online.

Several academic programs are unique to the Montana University System. MSU Billings Extended Campus also maintains a presence in Downtown Billings through outreach education to underserved populations, GED preparation, summer programs for children and short-term training/conference space.

MSU Billings is accredited by the Northwest Commission on Colleges & Universities. The MSU Billings College of Business is accredited by the Association to Advance Collegiate Schools of Business, whose standards are used as the basis to evaluate a business school's mission, operations, faculty qualifications and contributions, programs, and other critical areas. The MSU Billings College of Education is accredited by the National Council for the Accreditation of Teacher Education for preparing elementary and secondary teachers and school counselors through the Bachelor of Science and Master of Education degrees, and the Master of Science in Special Education degree. MSU Billings is also accredited by the National Association of Schools of Music, the National Association of Schools of Art and Design, the Commission on Accreditation of Athletic Training Education, and the Council on Rehabilitation Education. City College

programs are approved by the National Institute for Automotive Excellence and the Montana Board of Nursing.



Public service is integral to the mission of the University. Its two primary public service entities are KEMC/Yellowstone Public Radio and the Montana Center for Inclusive Education, a comprehensive education, rehabilitation, and diagnostic center serving Montanans with disabilities.

### 2014 MSUB Men's Cross Country Schedule

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Time</u>
Friday	Sept. 5	Carroll College Invitational	10 a.m.
Saturday	Sept. 20	Montana State Invitational	9 a.m.
Saturday	Sept. 27	Roy Griak Invitational	9 a.m.
Friday	Oct. 3	MSUB Yellowjacket Invitational (NCAA Preview)	10 a.m.
Saturday	Oct. 18	Black Hills State Invitational	10 a.m.
Saturday	Nov. 1	GNAC Championships (at Monmouth, Ore.)	10 a.m.
Saturday	Nov. 22	NCAA West Regional Championships (Amend Park)	11 a.m.

### 2014 MSUB Women's Cross Country Schedule

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Time</u>
Friday	Sept. 5	Carroll College Invitational	10 a.m.
Saturday	Sept. 20	Montana State Invitational	9 a.m.
Saturday	Sept. 27	Roy Griak Invitational	9 a.m.
Friday	Oct. 3	MSUB Yellowjacket Invitational (NCAA Preview)	10 a.m.
Saturday	Oct. 18	Black Hills State Invitational	10 a.m.
Saturday	Nov. 1	GNAC Championships (at Monmouth, Ore.)	10 a.m.
Saturday	Nov. 22	NCAA West Regional Championships (Amend Park)	12:15 p.m.







### Location

Amend Park  
King Ave. East and Nimitz Drive  
Billings, MT 59101



### Saturday, November 22

9:00 a.m. Course opens to competitors.

#### Men's 10,000-Meter Championship Race

10:40 a.m.	Men's competitors called to start line (approx. 20 min. to start)
10:41 a.m.	National Anthem
10:45 a.m.	Begin clerking procedure
10:50 a.m.	Second call to the start line (10 minutes to start)
10:55 a.m.	Start line is cleared of all non-competitors (5 minutes to start)
10:57 a.m.	Runners at the start line for instructions
<b>11:00 a.m.</b>	<b>Start of Men's 10,000 meter championship race</b>

#### Women's 6,000-Meter Championship Race

11:55 a.m.	Women's competitors called to start line (approx. 20 min. to start)
12:00 p.m.	Begin clerking procedure
12:05 p.m.	Second call to the start line (10 minutes to start)
12:10 p.m.	Start line is cleared of all non-competitors (5 minutes to start)
12:12 p.m.	Runners at the start line for instructions
<b>12:15 p.m.</b>	<b>Start of Women's 6,000 meter championship race</b>

Immediately following second race, recognition of top runners and teams.

## About MSUB Yellowjacket Athletics

Home of the Yellowjackets, the Montana State University Billings department of intercollegiate athletics supports 17 men's and women's varsity sports throughout the fall, winter and spring seasons. More than 250 student-athletes compete on MSUB's teams, and members of Yellowjacket teams posted a collective 3.21 grade point average during the 2013-14 academic year.

MSUB-sponsored varsity sports include men's and women's teams in basketball, cheer/stunt, cross-country, golf, soccer, tennis, indoor and outdoor track & field, as well as baseball, softball, and women's volleyball.

Most recently, the MSUB women's basketball team made history by winning the 2013-14 Great Northwest Athletic Conference regular season title and advancing to the NCAA Division II west regional championship game. Senior All-American Bobbi Knudsen closed her career as the GNAC all-time leader in points (1,831) and assists (532) and finished No. 2 in the MSUB record books in each of those categories.

MSUB's 2013-14 women's basketball team joined the Yellowjackets' 1998-99 squad as the only two in program history to advance to the NCAA regional title game. The latter continued on to the Elite Eight, marking the furthest-advancing MSUB team in the school's history.

Senior baseball standout Brody Miller became the first All-American in team history a season ago, after garnering GNAC Player of the Year honors and batting .392 as a junior in 2014.

In 2012, the MSUB softball team won the GNAC regular season title with a 32-18 overall record and earned hosting privileges for the 2013 conference softball tournament.

The 2012 Yellowjacket men's basketball team also earned a conference title, defeating the University of Alaska Anchorage 74-70 in the GNAC tournament championship game.

Formerly known as Eastern Montana College, MSUB athletics stem back to the 1927-28 season, the year in which the university was founded. The Yellowjackets have competed in a number of different conferences throughout the years, and prior to the 1980-81 season the athletic department transitioned from the NAIA to competing at the NCAA Division II level.

The MSUB Hall of Fame and Distinction inducted its inaugural class in 1990 and serves as a tribute towards influential figures on and off the court, in both current and retired sports.





*Dear Yellowjacket family, friends, and fans,*

It is my distinct honor to welcome all of you to another season of athletics here at Montana State University Billings. With the success of our teams both on the court and in the classroom during the 2013-14 academic year, I could not be more excited for the beginning of what promises to be another outstanding year.

I am especially proud of our student-athletes for attaining a collective grade point average north of 3.2 as a department a season ago. Our students' abilities in the classroom and on the court reflect who they are as individuals and we are proud of the growth and development they continue to display.

This coming year, our department has the privilege of hosting two major championship events for the first time ever. In November, the NCAA Division II West Regional cross-country championships will be held at Amend Park in Billings, with 32 men's and women's teams from across the region participating in the races.

In March, 2015, MSUB will welcome the Great Northwest Athletic Conference men's and women's basketball championship tournaments to Alterowitz Gym, marking the first time in conference history that the tournaments have moved east of Washington.

Opportunities to host events such as these provide us in the athletics department a chance to serve as ambassadors for our university, and I personally could not be more excited to welcome these signature events to our wonderful community.

Part of our mission as a department is to strive for the continual growth, improvement, and development of our student-athletes as individuals. I am proud of the citizens that our student-athletes develop into during their time as Yellowjackets, and am once again thrilled to witness their extraordinary contributions to our teams and the Billings community again this year.

Here's to another outstanding year of MSUB athletics, and I am looking forward to seeing you on our campus throughout the 2014-15 academic year.

Sincerely,



Krista Montague  
Director of Intercollegiate Athletics  
Montana State University Billings  
[www.msubsports.com](http://www.msubsports.com)



## Men's XC Record Book

<u>8000 Meters (Top - 10)</u>			<u>10,000 Meters (Top - 10)</u>		
1. <b>Robert Peterson</b>	<b>24:53</b>	<b>2013</b>	1. Brian Potter	32:28	2011
2. <b>Michael Luhr</b>	<b>24:56</b>	<b>2013</b>	2. Daniel Lombardi	32:53	2011
3. <b>Jamon Rodrigues</b>	<b>25:01</b>	<b>2013</b>	3. Chase Robinson	33:11	2013
4. Clint Choquette	25:11	2012	4. <b>Jamon Rodrigues</b>	<b>33:17</b>	<b>2013</b>
5. Brian Potter	25:20	2011	5. <b>Michael Luhr</b>	<b>33:20</b>	<b>2013</b>
6. Brian Potter	25:21	2011	6. Ronn Smith	33:21	1998
7. <b>Michael Luhr</b>	<b>25:22</b>	<b>2012</b>	7. <b>Robert Peterson</b>	<b>33:39</b>	<b>2013</b>
8. Chase Robinson	25:31	2012	8. <b>Michael Luhr</b>	<b>33:51</b>	<b>2012</b>
9. Daniel Lombardi	25:33	2010	9. Chase Robinson	34:01	2011
10. Daniel Lombardi	25:37	2012	10. Travis Buttelman	34:02	2013

## Women's XC

<u>5000 Meters (Top - 10)</u>			<u>6000 Meters (Top - 10)</u>		
1. Whitney Mickelsen	18:04	2012	1. Whitney Mickelsen	21:31	2012
2. Whitney Mickelsen	18:05	2011	2. <b>Renae Hepfner</b>	<b>22:11</b>	<b>2013</b>
3. Laura Swogger	18:12	1997	3. <b>Jinise Osborne</b>	<b>22:11</b>	<b>2013</b>
4. Whitney Mickelsen	18:15	2010	4. Whitney Mickelsen	22:12	2011
5. Katie Thiel	18:24	2010	5. Whitney Mickelsen	22:19	2011
6. <b>Renae Hepfner</b>	<b>18:33</b>	<b>2012</b>	6. Dianna Stanley	22:21	2007
7. <b>Mary Owen</b>	<b>18:36</b>	<b>2012</b>	7. Laura Swogger	22:26	1998
8. Laura Swogger	18:43	1999	8. <b>Renae Hepfner</b>	<b>22:33</b>	<b>2012</b>
9. Christy Cormier	18:46	1997	9. <b>Mary Owen</b>	<b>22:35</b>	<b>2012</b>
10. Laura Swogger	18:47	1997	10. <b>Rio Frame</b>	<b>22:38</b>	<b>2013</b>

**BOLD** - Indicates currently on roster.



## MEN'S AWARDS

### NCAA Post Graduate Scholarship

2007-08 Jarred Rensvold

### CoSIDA Academic All-District

2006-07 Jarred Rensvold 2nd

### NCAA DII All-Region

1998 Ronn Smith

### All-Pac West

1999 Ronn Smith  
1998 Ronn Smith  
1995 Brian Kinsey  
1994 Kevin Koch

### All-Heartland Conference

2006 Jared Rensvold  
Matt Roseberry  
2005 Sam Hartpence  
Matt Roseberry  
Jarred Rensvold

### GNAC Newcomer of the Year

2012 Clint Choquette

### GNAC Freshman of the Year

2012 Robert Peterson

### Academic All-GNAC

#### (Great Northwest Athletic Conference)

2013 Robert Peterson  
Chase Robinson  
2012 Tyson Vanderby  
Daniel Lombardi  
2011 Travis Hutchinson  
Daniel Lombardi  
Chase Robinson  
2007 Jarred Rensvold

## WOMEN'S AWARDS

### NCAA DII All-Region

2011 Whitney Mickelsen  
2004 Heidi Robertson  
1998 Laura Swogger  
1997 Christy Cormier  
Sarah Graves  
Laura Swogger  
1996 Christy Cormier  
1994 Michelle Taylor-Lipp  
1989 Sue Vogel

### CoSIDA Academic All-District

2004-05 Sarah Lord 1st

### USTFCCCA All-Academic

2010 Sarah Jackson  
Katie Thiel  
2009 Lisa Minnehan

### All-Pac West

2004 Sarah Lord  
Chelsea Lynnes  
Heidi Robertson (2nd)  
2003 Anjel Hoff  
2002 Chelsea Lynnes  
Ellen Swogger  
2001 Chelsea Lynnes  
1998 Christy Cormier  
Sarah Graves  
Laura Swogger  
1997 Christy Cormier  
Sarah Graves  
Laura Swogger (2nd)  
1996 Christy Cormier  
Sarah Graves  
1995 Michelle Taylor-Lipp  
1994 Heidi Rieder  
Michelle Taylor-Lipp

### All-Heartland Conference

2006 Teri McCormick  
Crystal Roseberry  
2005 Susan Kocab

### GNAC Newcomer of the Year

2010 Whitney Mickelsen

### All-GNAC

2011 Whitney Mickelsen

### Academic All-GNAC

2013 Jinise Osborne  
Rena Hepfner  
Elizabeth Brown  
Keri Clump  
Blanca Perez  
Alex McBroom

2012 Renase Hepfner  
Mary Owen  
Elizabeth Brown  
Alex McBroom  
Katelyn Meyer  
Melanie Bock  
2011 Melanie Bock  
Keri Clump  
Mary Owen  
2010 Sarah Jackson  
Mary Owen  
Katie Thiel  
2009 Sarah Jackson  
Katie Thiel  
Malori Woodford  
2008 Cierra Dornfeld  
Erin Gannon  
Sarah Jackson  
Dianna Stanley  
Katie Thiel  
Malori Woodford  
2007 Colleen Dalimata  
Cierra Dornfeld  
Erin Gannon  
Kym Island



## Head Coach Dave Coppock

26th season

Dave Coppock is entering his 26th season as head coach of both Yellowjacket cross-country teams and is entering his fifth as the MSUB track and field head coach since the program returned during the 2008-2009 season.



A former cross-country and track runner at the University of Northern Iowa and University of Montana, Coppock has produced 17 all-conference (track & field) and four NCAA all-region runners in cross-country. He has coached 10 NCAA DII National Track & Field Championships qualifiers, two NCAA DII all-region track performers, and two former cross-country runners (Sarah Graves and Heidi Reider Schuette) were U.S. Olympic marathon trials qualifiers.

In 2012, after being picked 10th in the GNAC preseason coaches' poll, the Yellowjacket men had a school-record finish at the GNAC Cross Country Championships in third place. The Yellowjackets had an average time of 26 minutes over the 8,000-meter course. MSUB racked up 103 points, behind Alaska Anchorage and Western Washington, but ahead of the host school, No. 20 Western Oregon. The MSU Billings men finished ahead of regionally-ranked No. 4 Western Oregon, No. 8 Seattle Pacific, and No. 10 Northwest Nazarene.

Clint Choquette was named the conference's Newcomer of the Year after finishing 14th in the conference championship meet. Robert Peterson crossed the line right behind in 15th place and was named the GNAC Freshman of the Year.

In 2006, the Yellowjacket women won the Heartland Conference Championships and four men and women were named to the all-conference teams. The 2006 women were also ranked as high as 10th in the NCAA South Central Region.

His teams over the years have placed as high as second in the Pacific West Conference (twice) and fifth in the NCAA West Region. Under Coppock's guidance, the Yellowjackets have also been ranked as high as No. 16 in the nation.

In addition to the success Coppock's teams have had on the course, they have also been among the most successful teams in the nation in the classroom. Both the women's and men's programs have perennially been named to the NCAA Division II Cross Country Coaches Association All-Academic teams and have maintained one of the highest team grade point averages in the nation.

A 1979 graduate of Montana with a degree in geology, Coppock still runs competitively. He was named the 2006 Heartland Conference Women's Coach of the Year and has been named the Montana USATF Road Racer of the Year two times.



## Men's Season Preview



After starting out with some great results last season, but finishing just out of a trip to nationals, the Montana State University Billings men's cross country team is back to being ranked in the West Region, and is looking at some great events this season.

After being ranked as high as No. 5 in the West Region last season, the men's cross country team finished out of the top-six at the west region championships. This year, the team starts out ranked No. 8 in the West Region and head coach Dave Coppock is looking forward to a fresh start.

"We lost some depth from last year, but have three, very strong runners returning with Robert Peterson, Michael Luhr and Jamon Rodrigues," said Coppock. "They look to be in even better shape than last year, as well. Josh Panasuk will also fill out our top-5 runners and has made a lot of really good progress over the summer. A lot of our success will depend on those numbers 4-7 runners and how they progress during the season."

The MSUB men's team is also ranked at No. 4 in the Great Northwest Athletic Conference and welcomes back top runners Luhr, Peterson, and Rodrigues. Peterson, a junior, was the 2012 GNAC Freshman of the Year and had three first-place finishes for MSUB last season. Peterson finished second at the GNAC Championships last year. Luhr, a senior and former GNAC Athlete of the Week, finished first for MSUB at last year's GNAC event and had two first-place finishes for the Yellowjackets last season.

Rodrigues, a freshman last year, had one first-place finish for MSUB last season at the Montana Invite, and finished third at the GNAC meet. Rodrigues was a top-5 finisher in all seven of the events MSU Billings competed in last year.

Also returning this season are juniors Panasuk and Jacob Marshall, along with sophomore Garrett Love. New to the team this season are freshmen Jorey Egeland, Mark Hovland, and Liam McKay. Egeland and Hovland are local talent, from Billings Senior High School and Billings West High School respectively. McKay is from Surrey, British Columbia.

"I'm hoping our freshmen will be able to adapt to the longer training and racing distances this fall," Coppock said. "They're all very good middle distance runners and we've had to step up their mileage from what they were used to in high school. We have an unusually long season this year, so that may help give them some time to adapt. They're talented, so the potential is definitely there."

With three solid returners along with some talented newcomers, the MSU Billings team is ready for two in-state events to start its season off.

"With our main focus on regionals two months from now, we are taking this time to maintain some pretty high mileage weeks and build our endurance," Coppock said regarding his team's preseason preparation. "We want to run through some of these early meets without sacrificing the training we'll need to carry us through late November, so we're not really tapering off much for the first two meets. They're both competitive meets and we want to use them to begin working on a little sharpness and transition from the long, summer training to the heart of the racing season."



## Women's Season Preview

A strong core of four returning senior runners will provide the Montana State University Billings women's cross country team with the experience and depth for a strong push into the west regional championships at Amend Park in Billings on Nov. 22.

"I think our women's team will be much stronger than the preseason polls indicate," said head coach Dave Coppock. "The women have a great mixture of returning student-athletes, combined two senior red shirts, two transfers and another Billings standout freshman newcomer in West graduate Bailey Bomar. I think redshirt Nocona Frame was overlooked as one of our newcomers and she could potentially be one of the strongest runners we've ever had here."

The returners include seniors Renae Hepfner, Nocona Frame, Taylor Condon, and Theresa Lombardi. Hepfner traded first and second place finishes for the Yellowjackets last year with junior Jinise Osborne. At the Great Northwest Athletic Conference Championships last year, Hepfner was the first-place finisher on the women's side and is No. 6 in the record books at MSUB in the women's 5,000 kilometers.

Melanie Bock and Frame did not run for the cross country team last season, as both student-athletes redshirted their seasons last year. Frame did run for the track and field team last spring and is the current MSUB record holder in the women's 1500m.



Condon and Lombardi both ran consistently last year. Condon was the fourth-place finisher for the Yellowjackets at the GNAC Championships last year.

Along with Osborne, transfers Brielle Davis and Jordan Donaghy will add depth to the experienced runners. Davis had two very successful seasons competing for Gillette College. She helped her team to a third-place finish at the nationals for the NJCAA. Overall Davis finished 18th in the country and was an All-American athlete with a cumulative GPA of 4.0.

Like Nocona Frame, Donaghy is a transfer from the University of Mary. All three juniors on the team will provide quality and experience to the team.

"Rio and Nocona Frame, Renae and Jinise are returning after a very strong track season last spring," said Coppock. "Most of them were able to continue to build on that over the summer and are starting off in much better shape than last year."

Bomar comes to MSUB from Billings West High School. As a Golden Bear, Bomar helped her team to two second-place state finishes and one fourth-place result.

"Rio has really developed into a strong distance runner over the past year," said Coppock. "She now holds school records in the 3,000 and 5,000 meters and is poised to be one of our top runners this fall. Bailey is talented as well and we'll just have to see how she progresses during her freshman season. She's actually a better long distance runner than what she was able to run in the shorter high school distances."



After the meets at Carroll and MSU, the team heads to the Roy Griak Invitational hosted by the University of Minnesota in Minneapolis.

“We’re going to keep our training volume fairly high this first month and run through these early meets and just focus on developing endurance,” Coppock said regarding the early portion of the team’s schedule. “With the exception of Griak, we want to focus on the long-term goals which are the championship meets in November. We want to have a good showing at Griak, however, where a lot of nationally-ranked schools will be competing, so we may back off the mileage a bit for that one. Griak will give us some big-meet experience with race fields of over 300 runners.”

Following their big meet in Minneapolis, the team returns home to host the Yellowjacket Invitational at Amend Park on Oct. 3. The early October meet will serve as a preview of the NCAA Div. II West Region Championships hosted by Montana State University Billings on Nov. 22 at the same site.

In between the two home meets MSUB will travel to Black Hills State for a meet in the middle of October and then head to the GNAC Championships in Monmouth, Ore., hosted by Western Oregon University.

“The West Region Championships will be our primary focus this fall, but we want to run as well as we can at the GNAC Championships in the process,” Coppock said. “As far as goals for the meet are concerned, we’d like to finish at least third in the men’s race and at least fourth in the women’s races. We want to use the momentum from a good conference showing to carry us into the West Region Championships three weeks later.”

This is the first time MSU Billings will host the West Region cross country championships. The NCAA awarded MSUB hosting privileges for the 2014 and 2016 events and the team and coach couldn’t be more excited to host such a prestigious event.

“We’re very excited to have the opportunity to host an NCAA championship event,” commented Coppock. “We’ve had a lot of great local support from the Billings Chamber, Billings School District 2, the Big Sky State Games and the Yellowstone Rimrunners. I think our teams will have a huge advantage here not having to travel and being able to sleep in their own beds without the hassle of travel logistics which can take its toll on performance. We’re also fortunate to have six national qualifying berths out of this championship, the most of all except one other region in the NCAA. Only the South Central region in the NCAA has that many qualifying spots, so we’re fortunate to be in a tough region. If we’re going to get to nationals, this would be the year to do it.”





## 2014 MSUB Men's Cross Country Roster

Name	Ht.	Cl.	Exp.	Hometown (Schools)
Jorey Egeland		Fr.	HS	Billings, MT (Billings Senior)
Mark Hovland		Fr.	HS	Billings, MT (Billings West)
Layne Lantis		R-Fr.	HS	Terry, MT (Dawson County)
Garret Love		So.	1V	Billings, MT (Billings West)
Michael Luhr		Sr.	2V	Gillette, WY (Savannah College)
Jacob Marshall		Jr.	2V	Seward, AK (Seward)
Liam McKay		Fr.	HS	Surrey, BC ()
Josh Panasuk		Jr.	2V	Butte, MT (Butte)
Robert Peterson		Jr.	2V	Billings, MT (Skyview)
Jamon Rodrigues		So.	1V	Gillette, WY (Gillette)

**Head Coach** – Dave Coppock. Assistant Coaches – Trent Hooper.

## 2014 MSUB Women's Cross Country Roster

Name	Ht.	Cl.	Exp.	Hometown (Schools)
Melanie Bock		R-Sr.	2V	East Helena, MT (Helena)
Bailey Bomar		Fr.	HS	Billings, MT (Billings West)
Taylor Condon		Sr.	1V	Laurel, MT (Black Hills State)
Brielle Davis		Jr.	TR	Billings, MT (Gillette CC)
Jordan Donaghy		Jr.	TR	Glendive, MT (University of Mary)
Nocona Frame		R-Sr.	1V	Glendive, MT (University of Mary)
Rio Frame		So.	1V	Glendive, MT (Dawson County)
Renae Hepfner		Sr.	3V	Belt, MT (Belt)
Theresa Lombardi		Sr.	3V	Deer Lodge, MT (Powell County)
Jinise Osborne		Jr.	2V	Columbia Falls, MT (Columbia Falls)

**Head Coach** – Dave Coppock. Assistant Coaches – Trent Hooper.





### **Melanie Bock**

**Class:** Redshirt Senior

**Hometown:** East Helena, Montana

**Previous School:** Helena High School

**Major:** Biology

**2013:** Redshirt.

**2012 (Junior):** Bock posted a season-best time of 19:33.0 in the 5K at the MSUB Yellowjacket Invitational ... Ran a 23:30 at the GNAC Championships in the 6K ... Earned GNAC All-Academic honors.

**2011 (Sophomore):** Bock ran in all eight races for the Yellowjackets, primarily as the No. 3 runner ... She posted a season-best time of 19:37.0 in the 5K and in the 2012 NCAA Division II West Regional Cross Country Championships, she finished with a time of 24:27.0 for a best 6K time of the season ... Earned GNAC All-Academic honors.

**2010 (Freshman):** Ran in all eight races as a true freshman ... Recorded one top-10 finish with a 10th place at the Dickinson State Invite (Sept. 24) in a time of 21:02 ... Ran a season-best 5k time of 20:00 at the Yellowjacket Invite (Oct. 16) ... Ran a season-best 6k time at the GNAC Championships (Nov. 6) with a 26:31 ... Competed at the NCAA West Regional.

**Helena High School:** Earned two letters in cross country and one for choir ... Also played basketball, tennis and volleyball ... Finished ninth overall at the Belgrade Invitational during her senior year ... Had three top-10 finishes during senior season.



### **Taylor Condon**

**Class:** Senior

**Hometown:** Laurel, Montana

**Previous School:** Black Hills State University

**Major:** Elementary/Special Education

**2013 (Junior):** Transferred from Black Hills State University...Turned in solid performances as her first year as a MSUB Yellowjacket...Finished in a top-30 performance at the home Yellowjacket Invitational last fall.





### **Nocona Frame**

**Class:** Redshirt Senior

**Hometown:** Glendive, Montana

**Previous School:** University of Mary

**Major:** Secondary Education

**2013-14 (Junior):** Last season in outdoor track and field at MSUB, set a new school record in the women's 1500m with a time of 4:35

**University of Mary:** Was on the team that paced fifth at nationals

**Dawson County High School:** Was a four year all-state selection in cross country... two-year captain...in track and field Frame was the 2007 state champion in the girl's 1600m...in 2010 she was the 3200m champion...two-year caption...four year all-state selection.



### **Renae Hepfner**

**Class:** Senior

**Hometown:** Belt, Montana

**Previous School:** Belt High School

**Major:** Biology

**2013 (Junior):** Placed first or second in every meet for the Yellowjackets last season... Hepfner was the No. 1 finisher for the women's cross country team last season at the conference championships...No. 6 on the all-time MSUB record books in the women's 5000m with a time of 18:34 (2011).

**2011 (Redshirt Freshman):** After redshirting the year before, Hepfner came on extremely strong in 2011 as she was the Yellowjackets' No. 2 runner all season ... In the season's third race, the 30th-Annual Bozeman Running Co./MSU Cross Country Open, she finished with a season-best 18:34.0 in the 5K ... The following week, she posted her best 6K time of the season as she cruised across the finish line in a time of 23:28.1.

**2010 (Freshman):** Redshirted

**Belt High School:** Lettered four times in cross country, track and field, volleyball and basketball ... She led her team to four-straight cross country titles from 2006 through 2009 ... Was voted most improved runner and most dedicated for cross country ... Helped her team to numerous district and divisional titles in track and field ... She was named academic all-state for all four sports and was a member of the National Honor Society and Student Senate.





### **Theresa Lombardi**

**Class: Senior**

**Hometown: Deer Lodge, Montana**

**Previous School: Powell County High School**

**Major: Elementary Education**

**2013 (Junior):** As a junior competed in every event for the Yellowjackets...Helped the team to a 2nd place finish at the MSUB home event: the Yellowjacket Invitational, turning in a time of 20:22.1.

**2011 (Freshman):** Lombardi competed in all eight meets for the Yellowjackets as a true freshman ... In MSUB's home meet, the Yellowjacket Invitational, she finished in a season-best 5K time of 21:03.0 ... In the 2012 NCAA Division II West Regional Cross Country Championships, she posted her best 6K time of the season with a 25:40.0.

**Powell County High School:** Lettered four years in cross country and track and field as well as one year in cheerleading ... Earned all-conference honors in track and field as a senior ... Was a district champion in 2011 in track and field ... Competed in Junior Olympics for cross country ... Was a member of FFA, National Honor Society and Student Council.



### **Jinise Osborne**

**Class: Junior**

**Hometown: Columbia Falls, Montana**

**Previous School: Columbia Falls High School**

**Major: Health & Human Performance**

**(2013):** As a sophomore finished first or second in every race for the Yellowjackets last season...Finished in first place for MSUB at the home Yellowjacket Invitational, and fourth overall with a time of 18:23.4...At the conference championships last season, finished second on the team with a time of 22:11.39...Academic All-Conference last season with a team-leading 4.0 GPA

**Columbia Falls High School:** Participant for all four years on the cross country and track and field teams...Was the all-time school record holder in cross-country (19:19)....School record in the 3200 for track and field.







## **Rio Frame**

**Class:** Sophomore

**Hometown:** Glendive, Montana

**Previous School:** Dawson County High School

**Major:** English

**2013-14 (Freshman):** Turned in a very impressive freshman season...Consistent member of both cross country and track and field members...As a freshman set MSUB school record in women's indoor track and field 3000m with time of 10:39 and outdoor women's track and field record 5000m with time of 18:09...Named Freshman of the Year at the second annual Buzzie awards last spring.

**Dawson County High School:** Frame was named Montana Class A All-State in 2011 and 2012 ... She finished 10th in her junior season and 14th last season ... On the track, she was All-State for the 3,200 meters, as well as Divisional Champion in both the 1,600 and 3,200 meters ... She ran a 15:50 during her senior season at the Scottie Invitational, which was the 16th best time in the state last year ... Despite battling through a knee injury suffered during her basketball season, and missing several meets during her senior year, Frame earned All-State honors. She ran the three-mile course in 19:59.9.



Returners



## **Bailey Bomar**

**Class:** Freshman

**Hometown:** Billings, Montana

**Previous School:** Billings West High School

**Major:** Psychology/Criminal Justice

**Billings West High School:** Bomar will join the MSUB women's cross country and track and field teams. ..She comes to the Yellowjackets a three-year letter winner in track and four year in cross country...at Billings West placed second at the AA girl's state cross country meet in 2011 and 2012, and was fourth in 2013...She was the freshman of the year at West in 2010 for cross country, she won the Golden Bear Award in and Most Improved in 2012, and she received the Captain's Award for cross country in 2013...Bomar also excels in the classroom, she is an honor roll student-athlete and in Honor Society at West High.

**Bomar on choosing MSUB:** "I chose MSUB because of the opportunity to compete at a collegiate level," Bomar said. "I am thrilled to be able to study psychology and criminology in my hometown and I am very excited to compete as a Yellowjacket. It is a dream come true to continue my passion for running through my college years."





## **Brielle Davis**

**Class: Junior**

**Hometown: Billings, Montana**

**Previous School: Gillette College**

**Major: Occupational Therapy**

**Gillette College (Freshman and Sophomore):** Davis had a very successful two-year career...In cross country Gillette College placed 3rd at Nationals and Davis finished 18th overall...She was a four-time national qualifier in the National Junior College Athletic Association (NJCAA) Championships in Indoor and Outdoor Track...She was a six-time NJCAA All-American in Indoor and Outdoor Track and Field...2013, Davis finished in 6th place in the 4x800m relay at the Indoor Track and Field NJCAA Championships... Also in 2013, Davis was on the Outdoor team that placed 5th at the National Championships...In 2014, Davis placed 8th in the women's mile and was a member of the 4x800 team that placed 3rd at the Indoor NJCAA Championships. At the Outdoor Championships, Davis was 8th overall in the women's steeplechase and had another 3rd-place finish in the 4x800m relay...Davis was also the Region XI NJCAA Indoor champion in the women's 1000m.

As well as her athletic achievements, Davis shines in the classroom....She was a 2013 Academic All-American in women's cross country with a cumulative GPA of 4.0.

**Skyview High School:** Competed on the varsity track and field team all four years in middle distances...was a two-year varsity cross country runner...was the team captain on the cross country team....was a Falcon Award recipient from her coaches...member of the Honor Society

### **Personal Bests:**

800 meter run...2:21

1000 meter run...3:09

1500 meter run...4:56

mile run...5:20

steeplechase...11:48

5k...19:15

half marathon...1:33.34



## **Jordan Donaghy**

**Class: Junior**

**Hometown: Glendive, Montana**

**Previous School: University of Mary**

**Major: Health/Human Performance**

**University of Mary/Dawson County High School:** Donaghy comes to MSUB from the University of Mary...At Mary she was named Most Inspirational in 2010 and 2011...She was a four-year participant on her high school cross country and track and field teams... In 2008 she was named the Most Improved on her cross country team.



## **Michael Luhr**

**Class:** Senior

**Hometown:** Gillette, Wyoming

**Previous School:** Savannah College of Art and Design

**Major:** Business Management

**2013 (Junior):** Top finisher for the Yellowjackets, and 19th overall, at last season's GNAC Championships with a time of 25:45.53...Competed in all seven events for MSUB last season...Luhr had two first place team finishes during the season.

**2012 (Sophomore):** Finished sub-28 minutes in all four 8K races he ran ... Ran a season-best 25:22 in the MSUB Yellowjacket Invitational ... Finished eighth in the event ...

Came in 11th at the Erik Anderson Invitational with a time of 25:57 ... Placed 34th in at the NCAA Div. II West Region Championships with a time of 33:51 on the 10k course ... Named GNAC Runner of the Week during the season.



**Savannah College of Arts and Design:** Luhr comes to the Yellowjackets program after spending one year at Savannah College of Arts and Design ... His best time in the 8K was 26:13.

**Campbell Country High School:** Lettered four years in cross country and track ... Luhr's best time in the 5K was 15:45 ... Received most valuable runner and all-state honors in 2010-11 and all-conference honors in 2009-10 ... In track his best time in the mile was 4:35, and he also recorded a personal best of 2:02 in the 800m ... He also ran a 9:55 in the 3200m.



## **Jacob Marshall**

**Class:** Junior

**Hometown:** Seward, Alaska

**Previous School:** Seward High School

**Major:** History Education

**2013 (Sophomore):** At last season's Yellowjackets Invitational finished with a time of 28:39.7.

**2012 (Freshman):** Ran a season-best 29:26 in the MSUB Yellowjacket Invitational.



## **Josh Panasuk**

**Class:** Junior

**Hometown:** Butte, Montana

**Previous School:** Butte High School

**Major:** Outdoor Adventure Leadership

**2013 (Sophomore):** In the Yellowjacket Invitational finished with a time of 26:00.6... Finished in seventh place overall at the first race of the season in Alaska (University of Alaska Fairbanks Invitational, 8k) with a time of 27:00.

**2012 (Freshman):** Ran all four of his races with sub-28 minute times ... best time 26:28 in the MSUB Yellowjacket Invitational ... Placed 48th in the GNAC Championships

with a time of 26:51.

**Butte High School:** Panasuk brings a dynamic running background to the Yellowjackets cross country program ... Lettered in both cross country and track for four years respectively ... While competing in his senior year for Butte he had a season best time of 15:50 in the three mile and his best time of 2:00.4 in the 800m came during his junior campaign.



Returners



## **Robert Peterson**

**Class:** Junior

**Hometown:** Billings, Montana

**Previous School:** Skyview High School

**Major:** Chemistry

**2013 (Redshirt Sophomore):** Was the leader in the MSUB men's cross country sweep during the first race of last season, the Alaska Fairbanks Invitational (8k) with a time of 26:12.8... Was the first place finisher at the second race of the season with a time of 12:40.9 (4k)... Led the team to a first-place finish at the home Yellowjacket Invitational, and fourth place overall, with a new MSUB course record of 24:53.6... Finished second on the team and 23rd overall at the GNAC Championships last season with a time of 25:49.02... Was the 2013-14 recipient of both the Male Cross Country Athlete of the Year, and the Male Athlete of the Year at MSUB.

**2012 (Redshirt Freshman):** His best time was 25:48 at the GNAC Championships ... He placed 15th in the event ... He was named the GNAC Freshman of the Year ... He ran a 25:51 in the MSUB Yellowjacket Invitational, placing 17th.

**2011 (Redshirted)**

**Skyview High School:** Peterson is the two-time reigning city champion in the one- and two-mile track events (2010-11) and was the 2009 three-mile city champion... A three-time letter winner in cross country and a two-time letter winner in track and field, he was the 2011 Eastern Divisional Champion in the two-mile race ... He was a member of the 2010 state champion track and field team and his 2008 cross country squad placed third in the state cross country meet ... His personal bests include a 15:44 in the three-mile, 9:52 in the two-mile, 4:26 in the one-mile and 2:01 in the 800 meter.





## Garrett Love

**Class:** Sophomore

**Hometown:** Billings, Montana

**Previous School:** Billings West High School

**Major:** Health/Human Performance

**2013-14 (Freshman):** Finished last season at the GNAC cross country championships with a time of 27:46.72.

**Billings West High School:** Competed for three years on the West High cross country team and two years on the track and field team...His sophomore year Love was named the Most Improved...He was the first recipient of the Golden Bear award at West his senior year on the track and field team...Three year Honor Roll student.

### **Personal Bests:**

cross-country:

3 mile...16:21

track and field:

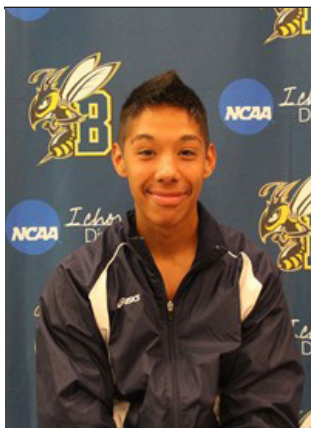
800m...2:04

1600m...4:39

32000m...10:20



Returners



## Jamon Rodrigues

**Class:** Sophomore

**Hometown:** Gillette, Wyoming

**Previous School:** Gillette High School

**Major:** Business

**2013-14 (Freshman):** As a freshman, was a consistent member of the men's cross country team...Was the first-place finisher for the team at the Montana Invite last fall with a time of 25:49...Was a top-five finisher in all seven events last season...Placed third on the team and 23rd overall at last season's GNAC Championships with a time of 25:51.33.

**Campbell County High School:** Ran a high school-best 16:15 during his senior season at the Liberty Bell Invitational ... He finished in the top three in four of the six races during the senior year ... Placed 12th at the WHSAA Class 4A State Championships in 2012 and 16th in 2011.





### **Jorey Egeland**

**Class:** Freshman

**Hometown:** Billings, Montana

**Previous School:** Billings Senior High School

**Major:** Health/Human Performance

**Billings Senior High School:** Egeland joins the Yellowjackets after being a multi-sport athlete at Billings Senior High School...He competed in basketball, cross country, and track and field for the Broncs...At MSU Billings, Egeland will join both the men's cross country and track and field teams...Egeland was a freshman when Billings Senior won the state AA track and field championship in 2011... In 2013, he finished 9th at the

Montana State AA track and field meet in the 800m...In 2014, Egeland placed 9th in the 1600m run and 10th in the 800m at the state meet...Egeland was the top finisher for the Senior High cross country team at the state AA cross country meet in 2012...He was a seven-time Academic All-State selection, and in 2013 he finished in 10th place at the Montana Class AA Championships.



### **Mark Hovland**

**Class:** Freshman

**Hometown:** Billings, Montana

**Previous School:** Billings West High School

**Major:** Health/Human Performance

**Billings West High School:** Hovland will compete for MSU Billings in both cross country and men's track and field...Hovland is a four-year letter winner in cross country and track and field...At West High, Hovland was a member of the 2011-12 divisional and state champion teams...He was on the 2012-13 cross country third place team, the 2012-13 track and field third place team and the 2012-13 track and field divisional champion team...In 2011, Hovland was the USATF cross country athlete of the year (Intermediate Boys), he was the 2013-14 West High MVP in cross

country and he received the Iron Bear Award for track and field...At the state meet this year, Hovland placed sixth in the 800m run and was 14th at the state cross country meet...Hovland was also a member of the National Honor Society and was an Academic All-State selection all four years from 2010-14.

"I chose to attend Montana State University Billings because I was really impressed with the close community it has with the medical field," Hovland said. "Those connections will be beneficial for my physical therapy major. I also decided to attend MSU Billings because of the excellent cross country and track and field programs it has, and the successes that the athletes have had there. I also chose to attend MSUB because it is important to me to graduate without debt and I believe that MSU Billings will help me accomplish that goal."

#### **Personal Bests:**

800m...1:56

3 mile...15:41

1600m...4:32



**Liam McKay****Class: Freshman****Hometown: Surrey, British Columbia****Previous School: Lord Tweedsmuir****Major: Undecided**

**Lord Tweedsmuir Secondary School:** McKay was a four-year member of the cross country and track and field teams...He was an honor roll student for 2013-14.





## MSUB Hall of Fame

<u>Name</u>	<u>Sport/Affiliation</u>	<u>Ind. Year</u>	<u>Name</u>	<u>Sport/Affiliation</u>	<u>Ind. Year</u>
Dr. Megan (Plank) Holden	Women's Soccer	2014	Sherry (McQuinn) Breidenbach	Women's Basketball	1999
Dr. Jim Elliot	Service & Distinction	2014	Don Blankenship	Cross Country/ Track	1999
Heidi Lehman	Women's Tennis	2014	Blase Dilulo	Football	1999
Pryor Orser	Coach (MBB)	2014	Pat Douglas	Coach	1999
Jeff Andresen	Gymnastics	2013	Larry Noonan	Football	1999
Theresa Campbell	Softball	2013	Allen Rohrback	Gymnastics	1999
Alicia Cazemier	Volleyball	2013	Terri (Wiederrick) Hein	Women's Basketball	1998
Markus Hallgrimson	Men's Basketball	2013	Pete Conway	Men's Basketball	1998
Ally Stroup	Women's Soccer	2013	James Dow	Football	1998
Michelle (Lieber) Rodgers	Women's Basketball	2012	Elwood "Woody" Hahn	Service & Distinction	1998
Jeff Aumend	Coach (Softball)	2012	Ron Osborne	Men's Basketball	1998
Gary Monahan	Football	2012	James Polich	Coach (Baseball)	1998
Cameron Munoz	Men's Basketball	2012	Shelly (Altrogge) Emerson	Women's Basketball	1997
Joey (Ehnes) Egan	Softball	2011	Lynn Ahrens	Football	1997
Robyn (Milne) Blindwoman	Women's Basketball	2011	Freeman Blade	Men's Basketball	1997
Mike Mullowney	Football	2011	Jim Downs	Cross Country	1997
Dennis Whitmore	Service & Distinction	2011	Delmar Fried	Coach	1997
Margot (Merrill) Johnson	Women's Soccer	2010	Jeffrey L. Griffeth	Gymnastics	1997
Natalie Visger	Women's Basketball	2010	Bill Hill	Football	1997
Dominic Washington	Men's Basketball	2010	Russ Powers	Men's Basketball	1997
Henry "Charley" Williams	Football	2010	Laura Sundheim	Coach	1997
Greg Anderson	Gymnastics	2009	Randal J. Ecker	Football	1996
Mike Conroy	Coach (MBB)	2009	Gene Espeland	Coach	1996
Gina Langer	Volleyball	2009	Patti Jo Eubank	Women's Basketball	1996
Roy McPipe	Men's Basketball	2009	Dr. Richard Gruber	Service & Distinction	1996
1998-99 Women's Basketball Team		2009	Stephanie Hannah	Volleyball	1996
Abby (Farmer) Wright	Women's Soccer	2008	Darrell W. Hill	Men's Basketball	1996
Codi (Schmitz) Austreim	Women's Basketball	2008	Kas Ione	Men's Basketball	1996
Bart Bauer	Men's Basketball	2008	Douglas Linehan	Football	1996
John Kramer	Gymnastics	2008	Dr. Harold "Shorty" Alterowitz	Coach (MBB)	1995
Jamie Stevens	Men's Basketball	2008	Thomas Downey	Service & Distinction	1995
Titus Warmesley	Men's Basketball	2008	Ernie Fortney	Men's Basketball	1995
Jeff Andrade	Men's Basketball	2007	Evonne Goroski-Bird	Women's Basketball	1995
Hal Halvorson	Gymnastics	2007	James N. Noennig	Men's Basketball	1995
Kamee Love	Softball	2007	Theresa O'Donnell-Ulrich	Women's Basketball	1995
1986-87 Men's Basketball Team		2007	Jay Shaw	Coach (Gymnastics)	1995
Alicia (Cahill) Hutzenbiler	Women's Basketball	2006	John Patrick Smith	Coach (Football)	1995
Iona (Fortier) Stookey	Volleyball	2006	John Strange	Baseball	1995
Ted Anderson	Coach (WBB)	2006	William "Wondo" Wondolowski	Football	1995
Mark Hamilton	Men's Basketball	2006	Kelli (Kenyon) Stone	Women's Basketball	1994
Ray C. Shaffer	Men's Basketball	2006	William "Billy" Foster	Men's Basketball	1994
Lori (Fries) Henrickson	Women's Basketball	2005	Reid Hagen	Service & Distinction	1994
Amy (Winslow) Pfeifle	Women's Basketball	2005	Larry Hanft	Football	1994
Robert Anderson	Gymnastics	2005	William "Bill" Hilton	Football	1994
Robert Barber	Men's Volleyball	2005	Robert E. Lee	Coach	1994
Fred Harrison	Men's Basketball	2005	Harvey Munford	Men's Basketball	1994
Frank McCarthy	Coach (WBB)	2005	John Polich	Coach	1994
Michelle (Taylor) Lipp	Cross Country	2004	Deb Prevost	Women's Basketball	1994
Dr. Rick Billstein	Baseball	2004	Joe Rinella	Men's Basketball	1994
Cal Crawley	Gymnastics	2004	Jim Soft	Men's Basketball	1994
Megan Dickerson	Women's Basketball	2004	Oscar Wirtala	Men's Basketball	1994
Dr. Ronald Sexton	Baseball	2004	Darcy Conway	Women's Basketball	1993
Heather (Reiter) Elkin	Women's Basketball	2003	Dennis Maggert	Football/Baseball	1993
Wayne Beddow	Baseball	2003	James C. Michel	Football/Baseball	1993
Bob Deming	Baseball	2003	Gordon Real Bird	Coach	1993
David S. Harness	Gymnastics	2003	Vic Uffelman	Wrestling	1993
Rishay Vollertsen	Men's Volleyball	2003	Nels Christiansen	Coach	1992
Deb (Dianda) Bradburn	Women's Basketball	2002	Larry Jordan	Football/Rodeo	1992
Brandy (Hamblin) Hansen	Women's Basketball	2002	Ron Kowalski	Coach	1992
Curt Brott	Men's Basketball	2002	John Navasio	Football	1992
Dave Klarich	Tennis	2002	Paul Carpenter	Track & Field	1991
Brent Montague	Men's Basketball	2002	Paul Champlin	Football	1991
Bob Uffelman	Wrestling	2002	Kelly Crisp	Gymnastics	1991
Tera (Silvius) Morton	Women's Basketball	2001	Harry L. "Mike" Harkins	Coach (MBB)	1991
Gary Gray	Men's Volleyball	2001	Alice Ritzman	Women's Basketball	1991
Jim Haugen	Service & Distinction	2001	Al Walker	Men's Basketball	1991
Dan Korber	Football	2001	Oscar Bjorgum Sr.	Coach (MBB)	1990
Leo Lapito	Gymnastics	2001	Gene Brosovich	Football	1990
Harold Miller	Men's Basketball	2001	Ronald E. Ewing	Football	1990
Colleen (Day) Wiechman	Women's Basketball	2000	Richard M. Harkins	Football	1990
Dave Blair	Men's Volleyball	2000	Les Heins	Men's Basketball	1990
Don James	Service & Distinction	2000	Loren L. Soft	Football	1990
Tom Osborne	Men's Basketball	2000	Bart Templeman	Football	1990
Greg Schamens	Gymnastics	2000			

## MSUB Athletic Department Administration



**Krista Montague**  
*Director of  
 Intercollegiate  
 Athletics/ SWA*  
 12th year, 2nd as AD



**Denise Wynia**  
*Administrative  
 Assistant*  
 12th year



**Brent Montague**  
*Director of  
 Development*  
 8th year



**Michael Bazemore**  
*Director of  
 Compliance/  
 Internal Operations*  
 2nd year



**Dr. Scott Harris**  
*Faculty Athletic  
 Representative*



**Evan O'Kelly**  
*Director of  
 Communications*  
 1st year



**Birgitta Gray**  
*Assistant  
 Director of  
 Communications*  
 2nd year



**James Catlin**  
*Operations  
 Coordinator*  
 2nd year



**Bekah Gasner**  
*NCAA Compliance  
 Coordinator*  
 2nd year



**Gina Herbert**  
*Accountant*  
 7th year



**Tom Ebel**  
*Head Athletic  
 Trainer*  
 3rd year



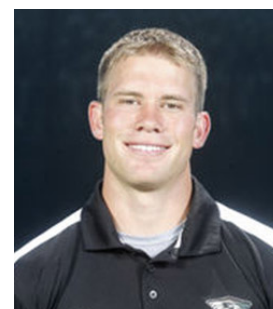
**Lindsay Sullivan**  
*Assistant  
 Athletic Trainer*  
 3rd year



**Elizabeth Davis**  
*Grad. Assistant  
 Athletic Trainer*  
 2nd year



**Dr. James Elliot**  
*Team Doctor/  
 Orthopedic Surgeon*



**Nich Pertuit**  
*Head Strength &  
 Conditioning Coach*  
 1st year



## MSUB Athletic Department Coaches



**Jodi Alexander**  
Asst. Volleyball  
1st year



**Lisa Allen**  
Head Softball  
4th year



**Lisa Axel**  
Head Volleyball  
3rd year



**Alex Balog**  
Head M. Soccer  
2nd year



**Chelsea Banis**  
G.A. WBB  
1st Year



**Rob Bishop**  
Head Baseball  
5th year



**Stephen Cavallo**  
Asst. W. Soccer  
1st year



**Thomas Chameraud**  
G.A. M. Soccer  
2nd year



**Nick Collins**  
Asst. Track/  
Field  
4th year



**Dave Coppock**  
Head Track/XC  
26th year



**Marcus Drange**  
Asst. Golf  
1st year



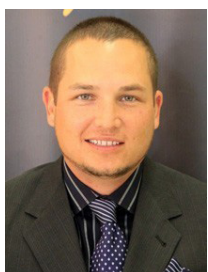
**Bekah Gasner**  
Asst. Softball  
4th year



**Jessica Hart**  
Head Cheer  
2nd year



**Jenny Heringer**  
Asst. WBB  
2nd year



**Rhett Hightower**  
Asst. Golf  
2nd year



**Trent Hooper**  
Asst. XC  
5th year



**Becky King**  
Head Tennis  
1st year



**Wojtek Krakowiak**  
Head W. Soccer  
5th year



**Parker Kruckenberg**  
Asst. Baseball  
1st year



**Conner Moe**  
Asst. M. Soccer  
2nd year



**Mandy Morales**  
Asst. WBB  
1st year



**Tyler Moriarty**  
Asst. M. Soccer  
2nd year



**Darren Nye**  
G.A.  
M. Basketball  
2nd year



**Shawn O'Brien**  
Head Golf  
6th year



**Austin Rue**  
Asst. Baseball  
2nd year



**Brad Schmit**  
Asst.  
M. Basketball  
2nd year



**Jamie Stevens**  
Head  
M. Basketball  
4th year



**Kevin Woodin**  
Head  
W. Basketball  
11th year



# DII

## FACTS AND FIGURES

### Life in the Balance

Higher education has lasting importance on an individual's future success. For this reason, the emphasis on the student-athlete experience in Division II is a comprehensive program of learning and development in a personal setting. The Division II approach provides growth opportunities through academic achievement, learning in high-level athletics competition and development of positive societal attitudes in service to community. The balance and integration of these different areas of learning opportunity provide Division II student-athletes a path to graduation, while cultivating a variety of skills and knowledge for life ahead.

**292**

Active members

**9**

Schools in provisional year

**8**

Schools in candidacy year two

**5**

Schools in candidacy year one

**50/50**

Percentage of public vs. private  
(active members only)

#### Undergraduate enrollment:

**546,255**

Men—(44 percent)

**708,108**

Women—(56 percent)

#### Number of student-athletes:

**64,109**

Men—(59 percent)

**44,961**

Women—(41 percent)

#### Sports sponsorship average:

**6.9**

Men's

**7.9**

Women's

#### Number of DII championships:

**12**

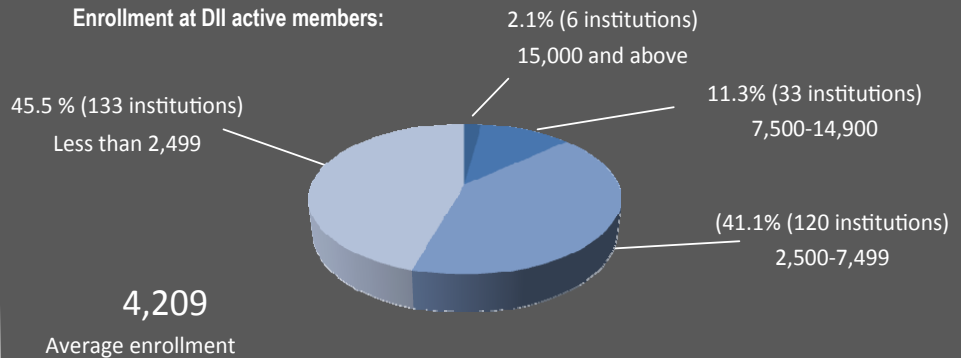
Men

**13**

Women

(7,932 participants) (7,981 participants)

#### Enrollment at DII active members:



#### Average number of student-athletes:

**421**

(265 men; 156 women)

Schools with football

**264**

(136 men ; 128 women)

Schools without football

#### Median Total Expenses by Quartile

	With Football	Without Football
1st Quartile of Schools	\$8,024,000	\$6,814,000
2nd Quartile of Schools	\$5,976,000	\$4,466,000
3rd Quartile of Schools	\$4,766,000	\$3,478,000
4th Quartile of Schools	\$3,196,000	\$2,432,000
Overall Median	\$5,260,000	\$4,014,000

#### Average Division II Federal Graduation Rates vs. Academic Success Rates (2003-06 Entering Cohorts)

Student Body Federal Rate	Student-Athlete	
48%	Federal Rate	ASR
	54%	71%

**We know that we are role models.**

**We respect our teammates, our opponents,  
our game and those who support it.**

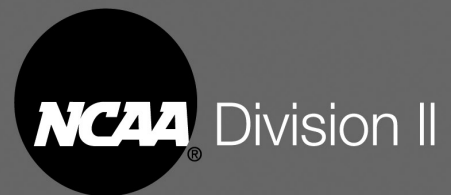
**We strive to create a family-friendly  
environment during our contests.**

**We seek a partnership with our community.**



**As Division II student-athletes, we commit  
to sportsmanship and ethical conduct  
by demonstrating fair play, responsibility  
and respect.**

**We invite you to support our effort.**



A message from the Division II Student-Athlete Advisory Committee  
NCAA is a trademark of the National Collegiate Athletic Association.