

THE 2007 TEAM





HEAD COACH



AL SCHMIDT

HEAD COACH

19th Season • St. Louis University, 1975

Regarded and respected nationwide as an authority on endurance running and training, Al Schmidt enters his 19th season at the helm of the Mississippi State's men's and women's track teams. Since his hiring on Oct. 22, 1988,

Schmidt has parlayed his 34 years of collegiate coaching experience into many individual and team accomplishments for MSU, both on and off of the track. In his previous 18 seasons, Schmidt has produced 27 all-Americans and 33 SEC champions.

In 2006, Schmidt guided four Bulldogs to all-American status. Schmidt also witnessed six school records broken along with six new freshman records. At the SEC Championships, the men's team had a total of five athletes score 19 points to finish 11th overall. Among those scorers included Joseph Queen and Darryl Brady doubling in the decathlon, with fifth and eighth place finishes, respectively.

Out of the 21 events the Bulldogs competed in, 78 of the athletes marked a personal best in their respective event and won 18 events, including Tim Williams winning the B section of the high jump at the Texas Relays, after clearing six feet, 10-and-three-quarters inches. There were also 16 regional qualifiers for the men's team and nine relay regional marks met during the season. B. Davis, Jones, Daniels, and Elzie Coleman finished first in the Championship Flight of the 4X400-meter relay at the Penn Relays, with a time of 3 minutes, 6.54 seconds.

On 55 separate times this past season, 20 Lady Bulldogs met their personal best marks, along with 25 regional qualifiers. Joy Griffith finished third in the 3000-meter steeplechase at the SEC Championships with a time of 10:43.30, along with Marissa Harris who finished fourth in the heptathlon with 5,112 points, and Jasmine Walls who took fourth in the high jump with a jump of 5-10 1/2. A total of 21 Lady Bulldogs scored a total of 27 points for MSU as they finished 11th at the meet.

The Lady Bulldogs were also a part of 19 first-place finishes this past season. In the 4X800-meter relay, Jen McPherson, Andrea Wahlin, Liz Grube and Zita Magoire finished first at the LSU Tiger Relays and Alabama Relays, second at the Texas Relays, breaking a school-record with 8:47.84, and sixth at the Penn Relays. In the distance medley relay, McPherson, Antrese Banks, Wahlin and Magoire finished first at the LSU Tiger Relays and second, running an 11:29.63, at the Texas Relays behind the top-ranked Longhorns.

In 2005, Schmidt witnessed six Bulldogs garner all-America accolades. At the 2005 NCAA Outdoor Championships, Elzie Coleman, Arthur Davis, LaChristopher Lewis and Jamel Ashley ran a school-record 3:01.63 to finish fifth in the 4x400-meter relay. Ashley placed second in the 400, while Lewis took 11th in the long jump to earn his first all-America honor in the event. At the Mideast Regional, Steve Mullings won the 100-meter dash title, repeating his performance from the SEC Championships. Lewis also won the long jump title at the conference meet, while Ashley finished second in the 400-meter dash. Travis McKay finished seventh in the steeplechase, setting the third-best time in school history. As a team, the Bulldogs finished 19th in the last Trackwire 25 of the season.

On the women's side, Meggan Hodge broke the MSU school record in the 3000-meter steeplechase with a 10:46.04 eighth-place finish at the SEC

Championships. Jasmine Walls cleared a personal best to tie for second in the high jump. Crystal Averitt ended her career atop the all-time list in the hammer throw, while Lacey Johnson extended her school record in the pole vault.

Three-time all-American Tiffany McWilliams closed out her MSU career in 2004 by becoming the most decorated female athlete in Lady Bulldog track and field history. McWilliams repeated her 2003 feat of winning the outdoor 1500-meter title and also won the NCAA Indoor title in the mile. Behind McWilliams and a strong distance core, MSU achieved a No. 12 national ranking.

On the men's side, decathlete and all-American Trey Hardee set a school record in the event after tallying 8,041 points in a second-place finish at the NCAA Outdoor Championships. Five Bulldogs were named all-Americans in 2003. Ashley Davis, Lewis and Keston Nelson all earned the recognition following a third-place finish in the 4x400-meter relay at nationals. Ashley picked up the honor in the 400-meter dash in addition to the 4x4.

In 2003, McWilliams became the first woman in MSU track and field history to win a national championship. Running 4:06.75, McWilliams broke an NCAA Championships record en route to winning the 1500-meter run. She was also crowned the SEC indoor champion in the mile run in addition to the outdoor 800- and 1500-meter runs.

At the Outdoor Championships, State tallied the second-highest point total with 20 points. MSU finished in tied for 15th behind Pierre Browne's second-place showing in the 100-meter dash (10.34). Hardee took fifth in the decathlon for his first all-America honor, while Kelvin Harris ran 13.86 in the 110-meter hurdles to earn his first all-America nod.

The men topped all previous indoor squads at the NCAA Indoor Championships. The Bulldogs scored 15 points to score in the top 10 for the first time in school history. Browne won the 60-meter dash title (6.60), while Marquis Davis finished second in the 200 (20.70).

THE AL SCHMIDT FILE

PERSONAL

Birthdate: September 3, 1950
Birthplace: Dallas, Texas
Hometown: St. Louis, Mo.
Wife: Former Jessie Garfield
Children: Daughter Sara Lynn, Son Daniel

EDUCATION

College: St. Louis University, 1975

COACHING EXPERIENCE

1972-75 Assistant Coach, Missouri-St. Louis, Cross Country
1975-80 Head Coach, St. Louis, Men's Track & Field
1982-83 Graduate Assistant, Kansas, Track & Field
1983-88 Assistant Coach, Florida State, Track & Field
Head Coach, Florida State, Cross Country
1988- Head Coach, Track & Field

NOTABLE

Schmidt has coached 23 all-Americans, 33 Southeastern Conference Champions and four individual national titles ... Placed 164 student-athletes on the SEC Academic Honor Roll, including three academic all-Americans ... Vice-chairman of the USA Track & Field's Coaches Education Committee.



During 2002, Schmidt and the MSU program hosted the SEC Outdoor Championships. At the meet, State's men scored 35 points as a team, the second-highest total of an MSU squad since his arrival. He also witnessed the men's program tally its highest points total since 1991 at the SEC Indoor Championship.

Elisha Williams became the school's first indoor all-American in 2001 after taking second in long jump. Later in the season, Williams became the second woman to become a double all-American in the same year. Williams took fifth in the outdoor long jump. Schmidt also helped Falilatu Ogunkoya finished her MSU career in 2001 as a five-time all-American, and Camille Harper closed out her career as an all-American in the 100-meter dash.

The 1990s saw Aki Bradley benefit from the tutelage of Schmidt. Bradley became a double all-American at the 1994 NCAA Outdoor Championships, placing in both the 100- and 200-meter sprints. In 1992, MSU hosted the SEC Outdoor meet. In the first year Arkansas and South Carolina were members of the conference, the Bulldogs finished seventh overall.

Schmidt's first men's team in 1989 showed immediate improvement, finishing fifth at both the SEC Indoor and Outdoor Championships. It marked the first time in five years the Bulldogs finished in the top half of the conference.

During Schmidt's first three years, he saw Festus Igbinoghene earn six all-America awards in horizontal jumps, including three runner-up finishes in the triple jump.

ACADEMICS

Under Schmidt, State's squads have also excelled in the classroom. A total of 164 student-athletes have been named to the SEC Academic Honor Roll a combined 239 Times. Three athletes - Rob Irwin, Tina Bridgeman and April Ecke each earned Academic all-America honors. Distance runner Ecke earned the 1995 H. Boyd McWhorter Scholar Athlete of the Year honor after an outstanding career on the track and in the classroom. Chris Boldt earned First Team Academic all-District honors from the College Sports Information Directors of America in 2003, while Matt Denton collected the honor in 2005. Joining Boldt and Denton this past year were Brian Irwin who finished 1st Team Academic all-District for the Men's, Joy Griffith who finished First Team Academic all-District, and Zita Magloire who finished with 2nd Team Academic all-District. Also, in 2006 the Lady Bulldogs were selected by the U.S. Track and Field and Cross Country Coaches Association, as an All-Academic Team. They were one of 77 teams nationally and joined four other Southeastern Conference squads for the prestigious honor.

PRIOR TO MSU

Before coming to MSU, Schmidt was instrumental in the success of Florida State University's track and field program in the mid 1980s. First serving as an assistant women's track coach and head cross country coach, he later became an assistant men's track coach and head cross country coach. Under his guidance, the Lady Seminoles won two national titles, taking the 1984 outdoor and 1985 indoor titles. The FSU women also claimed runner-up honors at the 1983 and 1985 outdoor meets.

Upon earning his bachelor's degree from St. Louis University, Schmidt made his coaching debut as an assistant cross country coach at the University of Missouri-St. Louis before returning to his alma mater as head men's track coach for the next five years. After spending two years in private business, Schmidt returned to the track in 1982 as a graduate assistant at the University of Kansas. Following his one season at KU, he began his six-year stint at Florida State.

PERSONAL

In 1997, Schmidt served as a District 9 representative for the NCAA Women's Cross Country Championships. Having rewritten the endurance curriculum for Levels I and II, Schmidt currently serves as the vice-chairman of USA Track and Field's Coaches Education Committee. Schmidt, 56, is married to the former Jessie Garfield of St. Louis, Mo. They are the parents of two children - daughter Sara Lynne, a sophomore at MSU and son, Daniel, a high school junior.



COACHING STAFF



STEVE DUDLEY

ASSOCIATE HEAD COACH

Men's Sprints

Seventh Season • Mississippi State, 1995

An integral part of the Bulldogs' success since his return to Starkville, Steve Dudley begins his seventh year at Mississippi State as the associate head coach for the track and field squads and head coach of the men's cross country team.

Through six seasons back on campus, Dudley has tutored 13 athletes to all-American status since his return to his alma mater in 2000. Last season, Dudley led five Bulldog sprinters to regional qualifying marks, including four individuals in the 400-meter dash. Chris Woods made a trip to the NCAA postseason in the 800-meter run. The 2006 edition of State's 4x400-meter relay team of juniors Bruce Davis, Ezra Jones, Arthur Davis and Nathan Daniels ran 3 minutes, five seconds to finish seventh at the NCAA Outdoor Championships. The finish by the quartet garners A. Davis with his third all-America honor in the event, while B. Davis, Jones and Daniels collected their first.

In 2005, Dudley guided MState's 4x400-meter relay squad to a fifth-place finish at the national championships and broke a school record held for more than a decade (3:01.63). As a result, senior Jamel Ashley, freshman Elzie Coleman, Arthur Davis, senior LaChristopher Lewis, Kendall Pyant II and Chris Woods earned all-America status. In the 4x100-meter relay, Ashley, Lewis, sophomore Elliott Morant and Mullings tied a school record with a 39.09 clocking at the Texas Relays. Mullings, Ashley, Davis and Lewis combined to finish third in the event at the SEC Championships. Since the 2003 Penn Relays, the Bulldogs have failed to win the 4x200-meter relay only once.

Former Bulldog Steve Mullings posted the fastest regional-qualifying time in the country in the 100-meter dash (10.06) and won the Southeastern Conference and Mideast Regional championships. In his final season for the Maroon and White, Jamel Ashley garnered all-America honors with a second-place finish in the 400-meter dash at the national championships. Ashley's 44.75 broke a school record he set a day earlier.

At the 2004 SEC Championships, Ashley, Davis, Keston Nelson and Lewis finished second in the 4x4. Ashley took eighth in the 400 at the national meet, while the 4x4 squad finished third.

Pierre Browne was named the 2003 NCAA Indoor national champion in the 60-meter dash and finished runner-up in the 100 at the outdoor national meet. Marquis Davis finished second in the 200 at the outdoor national meet the same season. Throughout the season, four of his athletes accumulated six all-America honors. Dudley's first season in Starkville saw his athletes earn eight all-America accolades.

In three seasons at Beville State (Ala.) Community College, Dudley coached three NJCAA national champions and 19 all-Americans. In cross country, the men's and women's squads captured the Region XXII title in 1999. The Bears also won the 1998 Region XXII title en route to a third-place national showing. His 1999 Lady Bear team earned Academic Team of the Year honors, and the men finished second the same season. Twelve Bears earned Academic all-America accolades.

Before entering the coaching ranks, Dudley served as a captain for MSU's track team from 1991-95. While at State, he was named to the SEC Academic Honor Roll for three years (1993-95). He currently ranks fifth on MSU's all-time superlatives list in two categories--the indoor 5000-meter run and the outdoor 10,000-meter run.

The Hamilton, Ala.-native graduated with a bachelor's degree in May 1995. He received his master's degree in environmental geology from State in December 2004.



HOUSTON FRANKS

ASSISTANT COACH

Men's Distance

Third Season • Mississippi State, 1998

Houston Franks returned home to Mississippi State in 2004 as an assistant track and field coach. An accomplished distance runner at for the Maroon and White from 1994-98, Franks assists coaching and developing men's distance runners.

The third-year coach is an integral part to the recent success of the MState men's cross country program. This past cross country season, the Bulldogs finished sixth at the Southeastern Conference Cross Country Championship - the best placement by the men's squad since the 1981 season and the best finish since the program was revived in 2003. Working alongside men's head cross country coach Steve Dudley, Franks helped the squad to a season-opening meet win at the Sewanee Invite. The 2005 team also finished second at the Crimson Classic. The men finalized the 2005 slate with an eighth-place spot at the NCAA South Regional.

Prior to returning to Starkville, Franks spent five years at Southwest Missouri State University (now Missouri State University). While at SMS, Franks served as head cross country coach for the Bears. While there, he won three Missouri Valley Conference women's titles. His women's teams finished in the top four at the NCAA Midwest Regionals during his last three years and his men's squads finished in the top half of the conference during all five seasons. During the track and field season, the Bears captured three indoor and outdoor league championships on the women's side.

Franks was a three-time MVC Coach of the Year in women's cross country. During the 2002-03 season, he was also a part of the first SMS squad since 1993-94 to win the league's coveted Triple Crown championships in cross country and both indoor and outdoor track and field.

Franks was also a graduate assistant at MSU under Al Schmidt during the 1998-99 season. While an assistant, he developed training programs for distance runners and coordinated team travel, recruiting and meet administration.

While running for the Maroon and White, Franks was considered MSU's top distance runner and was named to the Southeastern Conference's Academic Honor Roll three times. He currently ranks second on MState's all-time list in the indoor 3000-meter run and fourth in the outdoor 10,000-meter run.

Franks is a 1998 MSU graduate with a teaching and coaching degree. He received his master's degree in sports administration from MSU in August 1999.

The Tupelo, Miss. native was a four-year letterwinner at Tupelo High School and was named an all-American in cross country his senior season. A state champion in both cross country and the two-mile run, he was also named an all-State selection three times during his track and field career at THS.



KAREN ILLIAN

ASSISTANT COACH

Combined Events, Throws

Third Season • Florida State, 2002

Former Florida State University standout Karen Rademeyer joined the MSU staff during the 2004-05 season. Her primary responsibilities at MSU are coaching throwers and combined event athletes.

In 2006, she guided freshmen Emily Sanders into the MState freshmen record books in the discus and hammer competitions. Sanders mark of 172 feet, two inches was also good for a spot in the USATF Junior Outdoor Championships. Under her guidance, a total of six athletes garnered all-Southeastern Conference status and three Lady Bulldogs set new all-time outdoor superlatives in the hammer competition since the 2005 slate. Junior Christina Hernandez earned a regional qualifying mark in the discus competition. Her mark of 156 not only earned her spot in the postseason event, but also claimed the top spot at the Jace Lacoste Invitational. In the shot put, Illian tutored junior Nicola Wilson to a school record 50 feet, one inch and three quarters attempt to earn her a regional qualifying mark. She coached Marrison Haris to a new school record in the 100-hurdles (13:52). She tutored Lauren Johnson to all-SEC honors in the pentathlon and heptathlon. On the men's side, Joseph Queen and Darryl Brady each captured all-SEC awards in the decathlon.

During the 2003-04 season, Illian served as an assistant coach at McNeese State University in Lake Charles, La. While there, Illian was responsible for throwers, combined events and the program's strength and conditioning training. Under Illian, several McNeese State athletes qualified for the NCAA Regionals in the shot put, discus and javelin.

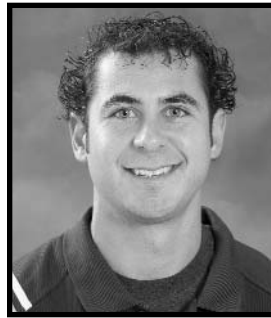
At Jacksonville University in Jacksonville, Fla. during the 2002-03 season, Illian was in charge of the throws and multi-events, including helping Andrea Pressley to the NCAA and USA Championships.

A 2002 graduate of FSU, Illian was an NCAA qualifier in the javelin her final season. She also finished her junior year ranked among the nation's top 35 javelin throwers. During her Atlantic Coast Conference career, Illian finished ranked in the top 10 in the javelin, hammer throw and heptathlon in three seasons of competition.

During her senior season, Illian completed conference competition ranked eighth in both the heptathlon and hammer throw and second in the javelin. In 2001, she finished second in the ACC in the heptathlon and third in the javelin. At the conclusion of the 2000 season, Illian finished ranked fifth in the heptathlon, fourth in the javelin throw, eighth in the hammer throw and helped lead the Seminoles to the ACC team title. Currently, she ranks fourth in the javelin throw on the FSU all-Time list and fifth in the hammer throw. She also ranks eighth on the list in the heptathlon.

Illian graduated magna cum laude with a bachelor's degree in English education. She received her master's in exercise physiology from McNeese State in May 2004. She has received her Level I and Level II certifications in throws from USA Track.

This past summer, she married MSU assistant strength and conditioning coach Travis Illian. He works directly with MSU football, softball and women's tennis programs.



KURT THOMAS

ASSISTANT COACH

Horizontal Jumps, Hurdles, Sprints

Seventh Season • Mississippi State, 1995

Kurt Thomas joined the Mississippi State staff in 2004 as a graduate assistant, and in 2005, was promoted to assistant coach. His primary responsibilities are coaching hurdlers, jumpers and women's sprints.

This past season Thomas directed the women's 4X800-meter relay team that includes Jen McPherson, Andrea Wahlin, Liz Grube, and Zita Magloire. They set a Mississippi State school record with 8 minutes, 47.84 seconds, and finished second only behind No. 1 nationally ranked Texas at the Texas Relays, and also went on to win the LSU Tiger Relays and the Alabama Relays. In the Distance Medley, McPherson, Wahlin, Magloire, and Antrese Banks won both the LSU Tiger Relays, Alabama Relays, finished second at the Texas Relays, and seventh at the Penn Relays. With Thomas's assistance Marrison Harris finished in the top 5 of all six of her 100-meter hurdle events, including a first place finish at the Jace Lacoste Invitational. In conclusion to the year Thomas helped guide four Mississippi State Outdoor Track and Field records to be broken including the 100-meter hurdlers by Harris, 13.52, 4X800-meter relay, and the High Jump by Jasmine Walls with a five feet, 10-and-three-quarter inches jump. Also, three freshman records were broken including the 100-meter hurdles by Harris, High Jump by Dot Youmans with 5-07, and the Triple Jump by Janelle Finley with 39-08. In addition, Thomas oversaw 19 personal best marks achieved by the women's team in sprints, hurdles, and jumps. Thomas also assisted in leading the men's team to 14-personal best marks in the hurdles and jumps for the 2006 year, and assisted Allen Cassell to a 5th place SEC finish in the high jump finishing with 6-08 ¾ jump.

Prior to coming to Starkville, Thomas was a student assistant with the University of Tennessee men's program. Under Vince Anderson, he aided in the training and development of athletes, as well as meet and administration management. He was also a part of two Southeastern Conference championship teams and two NCAA national championship squads.

Thomas worked with numerous all-Americans and SEC champions in all events and worked with professional athletes, including world champion and Olympic gold medalist Justin Gatlin, Leonard Scott, Tom Pappas, Gary Kikaya, Jabari Greer and Stephan Harris.

Thomas also assisted with the UT Championship Track and Field Camp for three summers. He instructed athletes from ages 8-18 in areas of correct warm-up procedures, as well as instruction in sprints and sprint starts, long jump, basic track and field techniques and proper nutrition.

In addition to his collegiate coaching experience, Thomas coached the Knoxville (Tenn.) Track Club. His primary area of interest was among 7-18 year olds competing in sprints, hurdles and relays. One of his athletes qualified for the Amateur Athletic Union national trials in the boys' 100-meter dash.

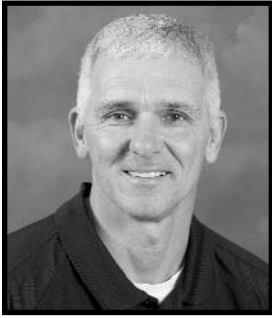
As an undergraduate at the University of New Mexico, Thomas scored at the Western Athletic Conference indoor meet in the 60-meter dash and 4x400-meter relay. He also participated in the WAC outdoor meet in the 100-meter dash and 4x100-meter relay.

As a high school athlete, Thomas was an all-State performer in the 4x100-, 4x200- and 4x400-meter relays at Hobbs (N.M.) High School. He was a three time all-District selection in the 100 and 200-meter dashes, 4x100-, 4x200- and 4x400-meter relays and district champion in all three relay events.

Thomas received his Bachelor of Arts degree in history from the University of Tennessee in 2004, and is currently pursuing a master's degree in kinesiology from Mississippi State. He has two USATF Level II certifications, the first in sprint, hurdles and relays and the second in combined events.



COACHING STAFF/SUPPORT STAFF



JOE GANT

ASSISTANT COACH

Vertical Jumps

Second Season • Mississippi State, 1975

Entering his second season assisting with the MState Track and Field program is Joe Gant. Gant, a former two-year letterwinner on the Bulldog track squad in 1974 and 1975, works daily with the vertical jumps. The Vaiden, Miss.-native came to State in 1974 after a two-year stint in the junior college ranks in Mississippi. He turned in a personal-best 15 feet, six inches in the pole vault competition and placed second in the Southeastern Conference decathlon with 7,041 points. His point total in the event is a school record (old javelin).

After his collegiate days, Gant remained in the state of Mississippi in the high school football coaching ranks at Weir High School in Choctaw County, Miss. While at WHS, Gant led the Lions to five Class 1A State Championships. His quintet of state titles is second all-time in the Mississippi High School Athletic Association's coaching laurels. He is the only coach in Mississippi to have won that many at one school.

His nephew, Jamie Gant, played two seasons for the MSU Diamond Dogs from 2003-04.



TIFFANY McWILLIAMS

VOLUNTEER ASSISTANT COACH

Distance

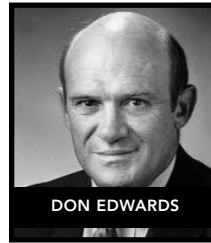
The most decorated female athlete in the history of Mississippi State track and field returns to the program as a volunteer assistant coach for the 2007 season. Tiffany McWilliams, a three-year letterwinner for the Lady Bulldogs will assist with the distance runners this season under head coach Al Schmidt.

McWilliams, a three-time NCAA Champion and all-American at MSU, she established herself as one of the top middle distance runners in the NCAA and is now one of the best in the United States. She captured her first NCAA crown at the 2003 outdoor championships in the 1,500-meter run. The Red Bay, Ala.-native won six Southeastern Conference titles during her time in the Maroon and White. McWilliams registered SEC crowns in the indoor milerun in 2003 and 2004 and captured the 2003 and 2004 800-meter run and 1500-meter run events. She was named the SEC's Runner of the Year in 2004 and was tabbed as the conference's Athlete of the Week three times in track and once in cross country. She holds three MSU records in indoor track and owns three in outdoor competitions.

In cross country, she was a back-to-back all-Region honoree in 2002 and 2003. She finished 19th at the NCAA South Regional in 2002 and runner-up in the 2003 edition of the NCAA South Regional.

Her professional resume' includes a runner-up spot at the 2006 USA Indoor Championships and won the mile event at the Tyson Invitational (4:30.60). McWilliams ranks fifth in the United States by *Track and Field News*.

ADMINISTRATION



DON EDWARDS

Game Management



TYLER HILL

Officials Coordinator



MICHELLE SCRIVENER

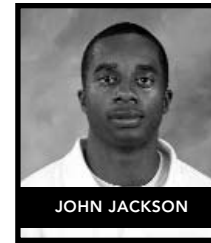
Administrative Assistant

TRAINERS



KELLY BACHUS

Athletic Trainer



JOHN JACKSON

Graduate Assistant Trainer



MEAGEN CARIKER

Student Trainer



ALLISON MEYER

Student Trainer

MANAGERS



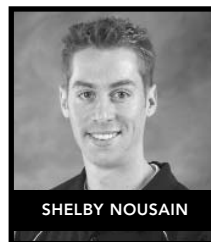
CAITLIN BARRETT



SAVANNAH COTTRELL



MATT GREAR



SHELBY NOUSAIN



CHAD SWIMS



KILEY AGUAR

Sophomore • 6-5 • Athens, Ga.
Cedar Shoals HS
Major: Biology
Events: Throws

2006 OUTDOOR

Posted a personal best hammer throw of 139-00 at the Jace Lacoste Invitational.

HIGH SCHOOL

Competed in track at Cedar Shoals (Ga.) High School as a senior... Advanced to the city championships in the discus... Also participated in basketball and football... Basketball team advanced to state semifinals all four years... Member of the Fellowship of Christian Athletes and Jobs for Georgia Graduates.

PERSONAL

Born Kiley Aguar on Nov. 13, 1985 in Athens, Ga.... Son of Dave Aguar and Erin Sullivan... Majoring in biology.



JOHN BAILEY

Sophomore • 6-10 • Terry, Miss.
Terry HS
Major: Chemical Engineering
Events: Sprints

2006 OUTDOOR

Finished 22nd in the 100-meter dash at the SEC Championships after running a personal best 10.93... Also finished 23rd in the 200-meter dash, running 22.13... Clocked a personal best in the 200 (21.87) and 110-meter hurdles (16.95) at the Jace Lacoste Invitational... Ran second leg of third-place 4x110-meter shuttle hurdle relay at the Alabama Relays (1:09.71).

HIGH SCHOOL

Competed at Terry (Miss.) High School for head coach Paul Anderson... South State champion in the 300-meter hurdles... State runner-up in 300 hurdles... Voted team captain of team... Also participated in Football... Named team captain... Earned Most Improved Award... Member of Entourage Modeling.

PERSONAL

Born John Kendarryl Kurt Bailey on Feb. 27, 1987 in Jackson, Miss.... Son of Virginia and Kenneth Bailey... Uncle Tony Jackson attended MSU... Majoring in chemical engineering.



TYSON BONNER

FRESHMAN • 5-10 • MORROW, GA.
MORROW HS
MAJOR: MECHANICAL ENGINEERING
EVENTS: DISTANCE

2006 OUTDOOR

Did not compete during the 2006 season.

HIGH SCHOOL

Clayton County (Ga.) and Region Champion in track and cross country in 2004 and 2005... Best times include 1:55 in the 800-meter, 4:08 in the 1500-meter and clocked a 16:20 in high school cross country... Named Georgia Athlete of the Year by the Atlanta-Journal Constitution in 2004... Ran for the Quicksilver Track Club in Georgia.

PERSONAL

Born Tyson Bonner on Nov. 20, 1986... Son of Lisa and Will Cameron ... Majoring in mechanical engineering .



DARRYL BRADY

Sophomore • 6-5 • Vancleave, Miss.
Vancleave HS
Major: Sports Communication
Events: Combined Events

2006 OUTDOOR

Scored for the Bulldogs at his first SEC Championships, placing eighth in the decathlon with a personal-best 6,253 points... Set several personal bests during competition, including 11.65 in the 100-meter dash... 51.92 in the 400-meter dash, 4:55.51 in the 1500-meter run, 17.46 in the 110-meter hurdles, 14-01 1/4 in the pole vault, 21-02 3/4 in the long jump and 102-11 in the discus throw... Finished tied for second in the high jump at the Jace Lacoste Invitational, clearing a personal best 6-06 3/4... At the Alabama Relays, during the decathlon competition, set a personal best in the shot put (33-10 3/4)... Took fourth in the javelin throw at the Jace Lacoste Invitational, throwing a personal best 157-01... Won the high jump title during the Alabama Relays decathlon by clearing 6-06... Took second in the high jump at the SEC Championships decathlon (6-04 1/4)... Ran third leg of third-place 4x110-meter shuttle hurdle relay at the Alabama Relays (1:09.71)... Anchored 4x400-meter relay at Jace Lacoste Invitational.

HIGH SCHOOL

Competed at Vancleave (Miss.) High School for coach Mark High... Finished fifth in the high jump at the state meet as a junior with a clearing of 6-04... Also competed in football, basketball, cross country and soccer... Earned all-District honors in football (tight end) and basketball... Was a member of the Fellowship of Christian Athletes and National Honor Society.

PERSONAL

Born Darryl Ford Brady II on April 3, 1987 in Pascagoula, Miss.... Son of Dawn Lynn and Darryl Brady, Sr.... Uncle Bill Brady and cousin Amber Brady both attended MSU... Majoring in sports communication.



ALLEN CASSELL

Sophomore • 6-2 • Post Gibson, Miss.
Porter's Chapel HS
Major: Biological Sciences/Pre-Med
Events: Jumps

2006 OUTDOOR

Finished fifth in the high jump at the SEC Championships after jumping a personal best 6-08 1/4... Finished tied for second at the FSU Snowbird (6-06)... Took third on two occasions... Leaped 6-04 3/4 at the LSU Tiger Relays and Bulldog Invitational.

HIGH SCHOOL

Jumped for head coach Jim DeLaughter at Porter's Chapel (Miss.) Academy... Won three state championship titles in the high jump (2002, 2004 & 2005)... Holds the North State and Mississippi Private School Association's high jump record (6-06)... Finished third at state in 2001 and second in 2003... Cleared his personal record 6-08 at the 2004 South State meet... Has leaped personal bests of 20-08 in the long jump and 41-01 in the triple jump... Also played basketball, football, soccer and won a state title in baseball (2003)... Member of the Key Club, Student Council secretary and junior and senior class president... Named a Class Favorite, Most Athletic and Mr. Porter's Chapel Academy.

PERSONAL

Born James Allen Cassell on Dec. 11, 1986... Son of Becki Boren and Jimmy Cassell... Father attended MSU... Brother Jason played football at Copiah-Lincoln (Miss.) Community College... Majoring in biological sciences/pre-medical studies.



NATHAN DANIELS

Senior • 6-2 • New Iberia, La.
Arkansas State
Major: Fitness Management
Events: Middle Distance/Sprints

2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran anchor leg of relay most of season... At the Mideast Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... In the open 400, ran 47.35 to finish 22nd... Finished 13th in the 400-meter dash (47.33) and 10th in the 800-meter run at the SEC Championships (1:51.84)... 4x4 won Penn Relays (3:06.54) and Alabama Relays (3:16.92)... In the sprint medley relay, won LSU Tiger Relays in a season's best 3:19.57... SMR was second at the FSU Snowbird (:31.26)... Finished second in the 4x4 at Bulldog Invitational (3:08.40)...



BULLDOGS

Ran third leg of fifth-place 4x200-meter relay at the Texas Relays (1:24.50)... Ran first legs of third place 4x4's at the FSU Snowbird and Jace Lacoste Invitational.

ARKANSAS STATE

Sun Belt conference indoor and outdoor champion in the 400-meter dash... An All-Region selection in the 400... Competed at the 2005 NCAA National championships in Sacramento, Calif.

HIGH SCHOOL

Ran for Glen LeBlanc at New Iberia (La.) High School... Earned for letters in track and cross country... 2003 indoor state champion in the 800-meter run... Finished second in the outdoor 800 in 2003 and took third in 2002... An all-State selections... Named team MVP twice... Also lettered in football... Named NIHS Outstanding Receiver... Wendy's High School Heisman state finalist... Member of 4-H... Honored with the American Legion and Daughters of the American Revolution awards.

OTHER COMPETITION

Won 800 at the 2004 USA Youth Outdoor Track and Field Championships... At 2004 USATF Youth Olympics, team ran 3:15.05 in the 4x400-meter relay to qualify for the 2005 IAAF World Youth Championships... Ran the 800 at AAU Nationals in 2003 (third) and 2004 (second).

PERSONAL

Born Nathan Richard Daniels on Aug. 22, 1985 in New Iberia, La.... Son of Usula and Rickey Daniels... Majoring in fitness management.



ARTHUR DAVIS

Senior • 6-2 • Mobile, Ala.

Lille B. Williamson HS

Major: Elementary Education

Events: Sprints

2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran third leg of relay most of season... At the Midwest Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... Also ran the 400-meter dash at the regional meet, placing 24th (47.52)... Finished fifth at the SEC Championships in the 4x4 (3:10.10) and eighth in the 4x1 (41.34)... In the open 400 at the SEC meet, finished 17th (47.56)... Relay won Auburn Invitational (3:05.43), Jace Lacoste Invitational (3:07.98) and FSU Snowbird (3:09.37), all regional qualifying marks... In the 400, finished third at the Jace Lacoste Invitational (46.40) to qualify for the regional meet... Took sixth at the Texas Relays in the 4x4 (3:06.64)... Ran third leg of regional qualifying 4x100-meter relay team that won the Bulldog Invitational title (40.54)... Also ran third leg of second place 4x1 team at the Alabama Relays... In the sprint medley relay, won LSU Tiger Relays title in a season's best time of 3:19.57... Ran second leg of second-place team at the Alabama Relays (3:20.31)... In the 4x200-meter relay, ran third legs of second-place teams at Alabama (1:24.72) and LSU (1:25.18)... Ran second leg of fifth-place team at Texas Relays (1:24.50).

2005 OUTDOOR

Named an all-American in the 4x400-meter relay... Ran the second leg of the fifth place 4x400-meter relay team at the NCAA Championships... Team ran 3:01.80, setting a new MSU school record... At the Midwest Regional, ran the third leg of the 4x100-meter relay (39.57)... Finished seventh in the open 400 at the Midwest Regional (46.65)... Ran third leg of 4x200-meter relay at Penn, clocked the second fastest time in school history in the prelims, posting the top qualifying time in 1:21.31... Finished 16 in the finals in 1:21.77... In the 4x400, ran second leg that ran fastest qualifying time in 3:05.16 and third in the finals in 3:03.44, the third fastest in school history... Ran first leg of 4x100 at Penn (40.92)... Met a regional mark at the LSU Alumni Gold in the 400, finishing seventh (47.07)... Also ran the 200-meter dash... Set a regional qualifying mark in a third-place finish in the 400 (46.17) and finished second in the 200-meter dash at the Jace Lacoste Invitational... Ran third leg of winning 4x200-meter relay at Texas (1:21.62)... Ran second leg of sixth-place 4x4 relay team which ran a regional qualifying time of 3:05.45... Won the 400-meter run at the Bulldog Invitational in a regional qualifying time of 46.98... Also finished fifth in the 200-meter dash with a regional mark and personal best of 21.01... Ran first leg of 4x1 relay team that won in a regional time of 40.46... Ran third leg of winning 4x200-meter relay team at Alabama (1:21.34), a new Alabama Relays record... Ran second leg of the winning 4x400 team that set a regional qualifying mark of 3:05.84... Ran third leg of sprint medley relay team that won in 3:17.82.

2004 OUTDOOR

Named an all-American in the outdoor 4x400-meter relay... Part of team that finished third in the NCAA Championships in the 4x400-meter relay (3:03.57)... Finished 13th in the 4x100-meter relay at the NCAA Championships (39.70)... Team captured third place in the 4x4 at the at the Midwest Regional... Finished 13th in the 200-meter dash (21.09) at the Midwest Regional... In the Midwest Regional prelims, ran the 400-meter dash in 46.36... Finished eighth in the regional finals of the 400 with a time of 46.94... At the SEC Championships, 4x400-meter relay team finished second and met a regional qualifying mark (3:03.42)... Competed in the 200-meter dash at the SEC Championships, finished 17th in the prelims... Helped team win the 4x200-meter relay at both the Texas Relays (1:22.9) and Penn Relays (1:22.53)... Part of the teams that won the 4x100-meter relay at the Bulldog Invitational (40.06) and Jace Lacoste Invitational (40.67)... Earned a fifth place finish in the 200-meter dash at the Bulldog Invitational (21.06), while setting a regional qualifying mark... Placed second at the Jace Lacoste in the 200 dash (21.38)... Took second in the 400-meter dash at the Jace Lacoste Invitational, meeting a regional qualifying mark at 46.47... At the Alabama Relays, team finished second in the 4x400-meter relay (3:06.56)... Part of the winning team at the FSU Snowbird in the 4x400-meter relay (3:06.90).

HIGH SCHOOL

Earned all-American honors his junior and senior years... Named two-time Alabama Runner of the Year... Won seven Alabama High School Athletic Association Class 5A event state championships and one 5A team title while at Lillie B. Williamson High School... His senior year state titles were in the 100-meter dash (11.02), 200-meter dash (21.41) and 400-meter dash (46.80)... Broke the Alabama 5A 400-meter dash record his junior year with a time of 46.58... Named Most Valuable Performer in 2002... His time of 46.58 in the 400-meters in 2002 ranked third in the country by Dyestat.com... Earned MVP honors at the Meet of Champions... Named the 2002 Mobile Register Athlete of the Year... Named to the Mobile all-Metro team three times... Honored twice as runner of the week... Member of his high school's National Honor Society, Brain Bowl team and Honor Roll... Served as a senior class officer... Also participated in football and basketball.

PERSONAL

Arthur Lebaron Davis was born Nov. 11, 1983, in Frankfurt, Germany... The son of Rosemary and Arthur Davis, Sr... Majoring in elementary education.



BRUCE DAVIS

Senior • 6-1 • Phenix City, Ala.

Wallace State (Ala.) CC

Major: Chemical Engineering

Events: Sprints

2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran first leg of relay most of season... At the Midwest Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... In the open 400, ran 46.5 to finish 12th... Finished fifth at the SEC Championships in the 4x4 (3:10.10) and fifth in the 400 (46.61) after posting a qualifying time of 46.68... 4x4 won Auburn Invitational (3:05.43), Penn Relays (3:06.54), Jace Lacoste Invitational (3:07.98) and FSU Snowbird (3:09.37), all regional qualifying marks... Won Alabama Relays 4x4 in 3:16.92... Ran second leg of winning distance medley relay at the FSU Snowbird (10:09.13)... At the Auburn Invitational, qualified for the regional meet by finishing second in the 400 (46.45)... Also finished second in the 4x4 at Bulldog Invitational (3:08.40)... Ran third leg of second-place sprint medley relay team (3:31.26)... Anchored second-place 4x200-meter relay at the Alabama Relays (1:24.72)... Finished third in the 400 at the Bulldog Invitational (47.24)... Ran a personal best in the 200-meter dash (22.08) at the Bulldog Invitational.

WALLACE STATE (Ala.) CC

Three-time all American in the 400-meter dash and 4x400-meter relay... Member of the 2005 National Junior College Athletic Association national championship 4x400-meter relay squad (3:07.01)... Placed third in the 400-meter dash at the indoor and outdoor national meets... Tutored by Stan Narewski at WSCC

HIGH SCHOOL

Attended Central High School in Phenix City, Ala... State runner-up in the 4x800-meter relay as a junior... Finished second in the 400 as a senior... All-State selection in the decathlon... As a cross country athlete, finished third at the regional meet as a junior.

PERSONAL

Son of Patricia Davis... An education major at MSU.



AUSTIN GOLDING

Sophomore • 6-0 • Vicksburg, Miss.

St. Aloysius HS

Major: Sports Communication

Events: Throws

2006 OUTDOOR

Redshirted the season.

2005 OUTDOOR

Placed 11th in the javelin at the SEC Championships with a personal best 177-03... Set a personal best in the pole vault (14-00 1/4) at the LSU Alumni Gold meet... Cleared 14-00 in the pole vault and threw the javelin 144-11 at the Jace Lacoste Invitational... Finished fourth in the javelin at the Bulldog Invitational (154-03)... In his first meet as a Bulldog, threw the javelin at FSU (163-03), finishing ninth.

HIGH SCHOOL

Attended St. Aloysius High School in Vicksburg, Miss... Lettered in both track and football all four years... Set a Mississippi High School Activities Association Class 1A state record in the pole vault (13-06)... State champion in the pole vault his sophomore and senior seasons... In football, named Most Valuable Defensive Back, Team Captain and Most Improved Offensive Player... Named to the all-Region First Team... Received the Evans Scholarship.

PERSONAL

Born Stephen Austin Golding in Flowood, Miss. on Dec. 14, 1985... Son of Steve and Melody Golding... Father attended MSU... Uncle Scott Swaney threw the javelin at Mississippi... Majoring in sports communication.



RYAN IRWIN

Senior • 5-10 • Ballwin, Mo.
University of Arizona
Major: Computer Engineering
Events: Distance

2006 CROSS COUNTRY

Competed in three events in 2006 with his best finish coming at the Sewanne Invite... He crossed the line at 27:00.52 to place 12th in the field... Ran in the Crimson Classic (8K) and the Chili Pepper Festival (10K) in Fayetteville, Ark.

2006 OUTDOOR

At the SEC Championships, finished 25th in the 800-meter run (1:57.45) and 27th in the 1500-meter run with a personal best 4:01.33... Ran a season's best 1:53.35 in a seventh-place finish in the 800-meter run at the Auburn Invitational... Ran third leg of winning distance medley relay team at the LSU Tiger Relays with a season's best 10:09.13... Finished second in the 800-meter run (1:55.76) at the Jace Lacoste Invitational... Ran the second leg of the 4x800-meter relay at the Texas Relays (7:53.52)... Anchored second-place distance medley relay team at the FSU Snowbird. (10:32.35).

2005 CROSS COUNTRY

Ran 25:34.87 at the SEC Championships... Finished 14th at the Belmont Opener (15:25.96)... Ran 25:16 at the Auburn Invitational.

2005 OUTDOOR

Ran third leg of distance medley relay at the Penn Relays... Finished seventh in the 800-meter run at the Jace Lacoste Invitational (1:56.76)... Ran the first leg of the fourth-place 4x400-meter relay 'B' team at the Jace Lacoste... Ran third leg of 4x800-meter relay (7:40.28) and first leg of distance medley relay (10:14.94) at the Texas Relays... Ran first leg of the second-place 4x800-meter relay team (7:44.86) at Alabama... Ran third leg of winning distance medley relay team at FSU (10:06.19)... Ran 1:57.60 in the 800-meter run at the Snowbird... Also ran the second leg of the 4x400 'C' Team, which finished 10th (3:29.78).

2004 CROSS COUNTRY

Won the MSU Short Course 6K race in 19:35.37... Finished 74th at the Auburn Invitational (27:30.13)... Ran 25:47.60 to finish 64th at the SEC Championships.

2004 OUTDOOR TRACK

Finished 20th in the prelims of the 800-meter run at the SEC Championships, the 1:51.01 was a personal best... Took second place in the 1500-meter run (4:03.28) at the TCU Invitational... Part of the winning distance medley relay team at the FSU Snowbird.

2003 CROSS COUNTRY

Saw limited action during the season... Posted two 12th-place finishes at the Sewanee Invitational (27:51.20) and Bulldog Invitational (28:51).

HIGH SCHOOL

Lettered four years in track and field and three years in cross country at Marquette High School.

PERSONAL

Ryan Edward Irwin was born on April 17, 1984, in Ballwin, Mo... The son of Deborah and Jim Irwin... Majoring in computer engineering... Brother Rob and sister Kristi both competed in track and field at MSU.



EZRA JONES

Senior • 5-10 • Wildwood, Fla
Wallace State (Ala.) CC
Major: Sports Medicine
Events: Sprints

2006 OUTDOOR

Earned all-America status as a member of the seventh-place 4x400-meter relay at the NCAA Championships (3:05.00)... Team ran 3:05.20 to finish eighth in the qualifying round... Ran second leg of relay most of season... At the Midwest Regional, squad qualified for nationals after finishing third in a season's best 3:03.09, the third best time in the conference this year... In the 400-meter dash, ran 46.73 to place 10th... Finished fifth at the SEC Championships in the 4x4 (3:10.10) and eighth in the 4x100-meter relay (41.34)... Ran 47.35 to finish 14th in the 400-meter dash at the SEC meet... Won the Bulldog Invitational 400-meter dash title (46.99)... 4x4 won Auburn Invitational (3:05.43), Penn Relays (3:06.54), Jace Lacoste Invitational (3:07.98) and FSU Snowbird (3:09.37), all regional qualifying marks... Won Alabama Relays 4x4 in 3:16.92... Took second in the 4x4 at the LSU Tiger Relays (3:08.15)... Also finished second in the 4x4 at Bulldog Invitational (3:08.40)... Ran third leg of second-place sprint medley relay team (3:31.26) at FSU Snowbird and Alabama (3:20.31)... Anchored second-place 4x200-meter relay at the LSU Tiger Relays (1:25.18).

WALLACE STATE (Ala.) CC

Two-time all American... Member of the 2005 National Junior College Athletic Association national championship 4x400-meter relay squad (3:07.01)... As a freshman, ran on the second-place indoor 4x4 squad and fourth-place outdoor 4x4 squad at the national championships... Coached by Stan Narewski at WSSC.

HIGH SCHOOL

Ran at Wildwood (Fla.) High School for coach Khalil Tucker... State champion in the 400-meter dash as a senior (47.5)... Florida's Track Athlete of the Year as a senior... An all-District and all-State selection.

PERSONAL

Son of Avon Hambrick... Majoring in sports medicine.



PAD JUDD

Sophomore • 6-3 • Cushing, Wis
Grantsburg HS
Major: Physical Education
Events: Distance/Steeplechase

2006 CROSS COUNTRY

Finished fourth (26:18.85) at the Sewanne Invite ... Posted a season-best time of 25:33 at the Notre Dame Invite.

2006 OUTDOOR

At the SEC Championships, finished 19th in the 1500-meter run preliminaries (3:55.16) and 28th in the 5000-meter run (14:59.43)... Ran the 3000-meter run at the Bulldog Invitational with a personal-best 8:45.90... Set a personal best in the 5000-meter run at the FSU Snowbird (14:58.92).

2005 CROSS COUNTRY

Ran 25:47.64 at the SEC Championships... At the Crimson Classic, finished 19th in 26:28.20... Opened the year with a seventh-place finish at the Belmont Opener (15:11.18).

2005 OUTDOOR

Redshirted the season.

2004 CROSS COUNTRY

At his first SEC Championships, ran 26:58.79 to finish 81st... Ran 20:36.48 to finish 10th at MSU Short Course 6K race... At the Notre Dame Invitational Open Men's race, completed the course in 27:33 (44th)... In first race, ran 21:35.05 at the Memphis Twilight Classic to finish 49th.

HIGH SCHOOL

Attended Grantsburg (Wis.) High School... Earned four letters each in track and cross country... 2003 state cross country champion... 2004 two-mile champion... All-State cross country in 2004... Four-time all-Conference selection in cross country... Named all-Conference three times for the two-mile run and twice in the mile run... 2003 Scholar Athlete... Holds school record in the mile run (4:27.14), the two-mile run (9:42.70), and the 5000-meter run (15:58)... Lettered four years in basketball... Earned all-Conference honors three times... Sits atop career lists in five categories... Member of the National Honor Society, Academic Decathlon team and Big Brothers/Big Sisters program... Named to the 'A' Honor Roll four times.

PERSONAL

Born Padrick Martin Judd in Tokyo, Japan on Nov. 12, 1985... Son of Jean and Danny Judd... Majoring in physical education.



WADE MARTIN

Senior • 5-10 • Cullman, Ala.
Jacksonville State
Major: Sports Communication
Events: Distance

2006 CROSS COUNTRY

Turned in a time of 26:34.82 and an eight-place finish at the Sewanne Invite to open the season ... Led all MState competitors at the NCAA South Regional

2006 OUTDOOR

At the SEC Championships, finished 26th in the 5000-meter run (14:55.41)... Ran a personal best 14:34.16 in the 5000-meter run at the FSU Snowbird, finishing fourth... Won his first 3000-meter steeplechase, running 9:42.26 at the Jace Lacoste Invitational... At the Bulldog Invitational, took ninth in the 3000-meter run with a personal-best 8:54.70... Ran first leg of winning distance medley relay team at the LSU Tiger Relays which ran a season's best 10:09.13... In the Olympic Development 5000-meter run at the Penn Relays, ran 14:47.51... Anchored third-place distance medley relay squad at the Alabama Relays (10:25.53).

2005 CROSS COUNTRY

Earned all-South Region honors with a 23rd place finish at the NCAA South Regional... Finished 38th at the SEC Championships (24:37.08)... Earned a top 10 finish at the Auburn Invitational, running the 8K course in 24:17.62.

JACKSONVILLE (Ala.) STATE

Ran at the 2004 NCAA Cross Country South Regional (31:05, 10K)... Ran 15:12 at the 2004 Midnight Run... Finished the Auburn Invitational 8K course in 25:54.



BULLDOGS

WALLACE STATE (Ala.) CC

Finished fourth in the indoor 5000-meter run at the NJCAA national championships... Took fourth in the 5000- and 10,000-meter runs at the outdoor national meet... Personal records are 1:56 (800), 3:58 (1500), 4:26 (mile) and 9:18 (two-mile)... Member of Phi Theta Kappa.

HIGH SCHOOL

Attended Good Hope (Ala.) High School... Won eight individual state championships... Set state record in the indoor and outdoor mile and two-mile record... Top Tennessee Valley runner in cross country... Named to top 10 list for The Cullman Times' Athlete of the Year... Named all-State for indoor and outdoor track a combined 15 times.

PERSONAL

Born Alan Wade Martin on June 18, 1985 in Cullman, Ala.... Son of Wonda and Mike Martin... An architecture major.



TRAVIS McKay

Senior • 6-2 • Edmonton, Alberta

Harry Ainlay HS

Major: Marketing

Events: Distance/Steeplechase

2006 CROSS COUNTRY

Won the Sewanne Invite with a time of 26:04.30... Named the SEC Athlete of the Week for his performance... Posted three top 20 finishes during the campaign... Finished 15th at the SEC Championships (24:41.66) to lead all Bulldog runners.

2006 OUTDOOR

At the SEC Championships, scored in the steeple, taking seventh with a personal-best 8:59.42, the second-best time in school history... Also finished 16th in the 5000-meter run (14:37.63)... Won the 3000-meter run at the Bulldog Invitational, running a Maddox Track and MSU school-record 8:26.51... Took fourth in the 3000-meter steeplechase at the Texas Relays, ran a regional qualifying 9:00.35... Met an NCAA?regional qualifying mark with a win in the men's 3000-meter steeplechase at the LSU Tiger Relays (9:00.39)... Recorded the fifth-best time in school history in the 5000-meter run, posting a time of 14:25.14 in a third-place finish at the FSU Snowbird... At the Alabama Relays, ran the opening leg of the third-place distance medley relay (10:25.53) and anchored the 4x800 team (7:52.16).

2005 CROSS COUNTRY

Finished 28th at the SEC Championships (24:18.06) and NCAA South Regional (31:37.71)... Helped lead MSU to their first team title since 1996 by winning the Belmont Opener in 15:04.08... At the Crimson Classic, finished fifth in 25:20.15... Ran 24:46.93 to place 29th at the Auburn Invitational... Finished 67th at the Notre Dame Invitational, running 25:07.

2005 OUTDOOR

Finished 26th in the event at the Mideast Regional (9:18.48)... At the SEC Championships, ran 8:59.96 to finish seventh in the 3000-meter steeplechase... Finished the 3000-meter steeplechase in 9:12.24 at the Penn Relays... Won the 1500-meter run in a personal-best 3:54.41 at the Jace Lacoste Invitational... Finished sixth in the 3000-meter steeplechase at Texas with a regional-qualifying 9:02.92... Anchored distance medley relay (10:14.94)... Finished second in the 3000-meter steeplechase at the Bulldog Invitational (9:32.05)... Anchored second-place distance medley relay team at Alabama (10:11.02)... Finished seventh in the 5000-meter run at FSU (14:46.86) and 11th in the 1500-meter run (4:01.22).

2004 CROSS COUNTRY

Ran 26:06.36 to finish 68th at the SEC Championships... Placed 57th at the NCAA South Regional (32:07.41)... MSU's top finisher at the Auburn Invitational (26:19.16)... Took 13th at the MSU Short Course (15:48.87)... Opened the season with an 18th-place finish at the Memphis Twilight Classic (20:25.62).

2004 OUTDOOR

Met a regional qualifying mark in the 3000-meter steeplechase, finishing 12th at the Penn Relays (9:06.75)... Competed at the SEC Championships, running 9:37.23 (11th place)... Took first in the 1500-meter run at the Jace Lacoste Invitational with a time of 3:54.68.

2003 CROSS COUNTRY

Finished 41st at the SEC Championships (27:02.23) and 74th at the NCAA South Regional (32:48.27)... Saw the first action of his career at the Bulldog Invitational where he ran 27:30 to finish eighth... Followed with a 31st-place showing at the Crimson Classic (27:16.97)... At the Auburn Invitational, ran 26:14.25 top finish 38th... Came away with a fifth-place finish at the MSU Invitational (15:19.30).

HIGH SCHOOL

Provincial Champion in cross country as a senior at Harry Ainlay High School under the guidance of John Bole... Runner-up in the 800, 1500 and 3000-meter runs as a senior at the Provincial Championships... Won the Provincial Championships during his sophomore and junior seasons in cross country, 1500-meter run, 1500 steeplechase and 3000-meter run... Three-time member of the Honors Standings.

PERSONAL

Travis Daryn McKay was born on July 15, 1985, in Edmonton, Alberta... The son of Donna and Daryl McKay... Majoring in marketing.



PHILLIP MOORE

Senior • 5-10 • Hoover, Ala.

Hoover HS

Major: Physical Education

Events: Distance

2006 CROSS COUNTRY

Competed in four meets, with his best finish (9th) coming at the Sewanne Invite.

2006 OUTDOOR

Won the 1500-meter run at the Bulldog Invitational (3:57.23)... Ran a personal-best 15:30.26 in the 5000-meter run at the FSU Snowbird... Took second in the 1500 at the Jace Lacoste Invitational (3:56.11)... Set a personal best 800-meter run (1:57.32 at the Jace Lacoste Invitational.)

2005 CROSS COUNTRY

Wrapped up the season running 25:37.79 at the SEC Championships.

2005 OUTDOOR TRACK

Finished fourth in the 1500-meter run at the Jace Lacoste Invitational... Anchored 4x800-meter relay team at Texas (7:40.28)... Finished fifth in the 1500-meter run at the Bulldog Invitational (4:09.23)... Set a personal best in the 5000-meter run (15:49.54)... Ran second leg of 4x800 (7:44.86) and first leg of distance medley relay (10:11.02), both finished second at Alabama.

2004 CROSS COUNTRY

Finished sixth at the MSU Short Course (15:24.98).

2004 OUTDOOR TRACK

Had a career best time in the 1500-meter run (4:04.81) at the SEC Championships... Part of two fourth place teams at the Alabama Relays (4x800-meter relay, 7:49.20 and distance medley relay, 10:34.79).

2003 CROSS COUNTRY

Took eighth at the MSU Invitational (15:32.60)... Posted a top 10 finish at the Bulldog Invitational (28:09)... Started his career with a 21:21.90 run at the Memphis Twilight Classic.

HIGH SCHOOL

Prepped at Hoover (Ala.) High School... Won the State Cross Country Championships all four years of his high school career... Named 11-time all-State in track... Earned Scholar Athlete of the Week honors for the city of Hoover... Won the 800-meter run at the indoor state championship as a sophomore... Member of the 4x800 relay team that won the Alabama State Championship during his sophomore campaign.

PERSONAL

Phillip Joseph Moore was born on Jan. 22, 1985, in San Diego, Calif... Son of Kelley and Joseph Moore... Majoring in physical education.



ELLIOTT MORANT

Senior • 6-0 • Kansas City, Mo.

Grandview HS

Major: Physical Education

Events: Sprints

2006 OUTDOOR

Tied a season's best in the 100-meter dash at 10.85 after finishing 23rd in the event at the SEC Championships... Ran a personal best 14.45 to finish 17th in the 110-meter hurdles preliminaries at the SEC meet... Anchored winning and regional qualifying 4x100-meter relay at Bulldog Invitational (40.54)... Ran first leg of 4x200-meter relay teams that finished second at Alabama (1:24.72) and LSU (1:25.18)... Also ran first leg of fifth-place team at the Texas Relays (1:24.50)... Finished third in the 110-meter hurdles (14.60) and 100-meter dash (10.86) at the Jace Lacoste Invitational... Ran first leg of third-place 4x110-meter shuttle hurdle relay at the Alabama Relays (1:09.71).

2005 OUTDOOR

Ran first leg of the third-place 4x100-meter relay team at Texas which tied the MSU school record with the 39.09 time... Set a personal best in the 100-meter dash, finishing second in 10.56 at the Bulldog Invitational... Ran first leg of regionally-qualifying 4x100-meter relay team that won at Alabama (39.72)... Ran first leg of the 4x100-meter relay team that won at FSU with a regional qualifying time of 40.52.

2004 OUTDOOR

Set career best marks in the 110-meter hurdles at the FSU Snowbird (15.31) and 21.76 in the 200-meter dash.

HIGH SCHOOL

Set the Missouri 3A state record in the 300-meter hurdles with a mark of 37.50 while at Grandview High School... Earned all-Metro honors in the 300-meter hurdles... Completed his senior indoor campaign as the nation's top ranked 60-meter hurdler (7.92).

PERSONAL

Elliott Morant was born on August 1, 1984, in Kansas City, Mo... Son of Corliss Morant and Johnny Brown... Majoring in physical education.



JOSEPH QUEEN

Junior • 5-9 • Jackson, Miss.
Jackson Preparatory HS
Major: Kinesiology
Events: Combined Events

2006 OUTDOOR

Scored for the Bulldogs at the SEC Championships, posting a personal-best 6,519 points in the decathlon... Set personal bests throughout the competition, including 11.57 in the 100-meter dash, 4:35.24 in a second-place finish in the 1500-meter run, 16.98 in the 110-meter hurdles... 15-01 in a fifth-place tie in the pole vault, 20-10 3/4 in the long jump and 35-01 1/4 in the shot put... During the Alabama Relays decathlon, won the 1500-meter run (4:41.99) and tied for first in the pole vault (14-03 1/4)... Won the javelin throw at the Jace Lacoste Invitational (159-10)... Took second in the decathlon at the Alabama Relays (6,167 points)... In open pole vault competition, won the Bulldog Invitational title (14-06)... Cleared 14-07 1/4 to finish third at the Jace Lacoste Invitational... Ran third leg of third-place 4x400-meter relay at Jace Lacoste Invitational.

2005 OUTDOOR

Recorded a personal best 5,956 points to finish ninth in the decathlon at the SEC Championships... Jumped a personal best 14-09 in the pole vault at the LSU Alumni Gold... Finished second with a clearing of 14-06 in the pole vault, set a personal best in the 200-meter dash (24.22), finished seventh in the javelin throw with a personal best 148-08 and set a personal best in the long jump (18-10 3/4) at the Jace Lacoste Invitational... Cleared 14-00 to finish third in the pole vault at the Bulldog Invitational... Competed in the decathlon at Alabama, finished fifth with 5,475 points... Ran first leg of the 4x110-meter shuttle hurdle that finished third (1:11.85)... In his first meet for State, cleared 14-05 1/4 in the pole vault at FSU.

HIGH SCHOOL

Attended Jackson (Miss.) Preparatory High School... Earned a combined nine letters in track, football, and baseball... Won a total of five MPSA state titles in the pole vault, football (2), and baseball (2)... Named track MVP twice.

PERSONAL

Born Joseph Earl Queen in Jackson, Miss. on May 17, 1986... Son of Bill Queen and Corinne Sampson... Both parents attended MSU... Majoring in kinesiology.



ROBERT SCRIBNER

Sophomore • 6-0 • Tupelo, Miss.
Tupelo HS
Major: General Business Administration
Events: Distance

2006 CROSS COUNTRY

Finished sixth at the Crimson Classic with a time of 26:18.38.

2006 OUTDOOR

Redshirted the season.

2005 CROSS COUNTRY

Redshirted the season.

2005 OUTDOOR

Set a personal best in the 10,000-meter run at the Penn Relays (31:30.41)... Set a personal best in the 1500-meter run (4:15.15) at the LSU Alumni Gold meet... Ran 14:58.13 in the 5000-meter run, a personal best, at the FSU Snowbird.

2004 CROSS COUNTRY

Finished 63rd at the SEC Championships... Ran 26:26.00 at the Auburn Invitational to finish 40th... Opened his career with a 26th-place finish at the Memphis Twilight Classic (20:53.24).

HIGH SCHOOL

three letters in track and cross country at Tupelo (Miss.) High School... Won state team titles in cross country all three seasons... Three-time all-State honoree... Won the 2003 MHSAA Class 5A individual cross country title in 15:39.23... Also competed in the 1600 and 3200-meter runs... Holds Tupelo High School records in the 3200-meter run and 5K cross country run... Member of the Spanish National Honor Society... Named to the Honor Roll.

PERSONAL

Born Robert Louis Scribner in Palestine, Texas on Nov. 16, 1985... Son of Liz and Ray Scribner... Majoring in general business administration.



BRANDON SMITH

Junior • 6-1 • Ashland, Ala.
Clay County HS
Major: Biomedical Engineering
Events: Distance

2006 CROSS COUNTRY

Placed 15th (27:19.28) at the Sewanne Invite to open the 2006 slate.

2006 OUTDOOR

Saw limited time during the season.

2005 CROSS COUNTRY

Started the season with a personal record time in the 5K run at the Belmont Opener (15:17.51), finished ninth overall (seventh collegiately)... Ran 24:57.81 at the SEC Championships.

2005 OUTDOOR

Set a personal record in the 1500-meter run (3:59.60), finishing second at the Jace Lacoste Invitational and in the 3000-meter steeplechase, running 9:58.21 at the Bulldog Invitational... In the first meet of the season, ran the 5000-meter run at the FSU Snowbird, finishing 14th with a personal-best time of 14:59.84... Ran third leg of the second-place 4x1500-meter relay team at the Alabama Relays.

2004 CROSS COUNTRY

Finished 14th at the MSU Short Course Invitational (5K) in 16:08.87.

2005 OUTDOOR

Member of the winning distance medley relay team at the FSU Snowbird (10:15.43).

HIGH SCHOOL

Won nine individual Alabama High School Athletic Association Class 2A state titles in cross country and track during his time at Clay County High School... Won the state championships in the 1600- and 3200-meter runs as a sophomore, junior and senior... Won the state championship in the 5K as a junior and sophomore... Holds the 2A record in both the 1600 (4:19) and the 3200 (9:19)... Named the Most Valuable Performer for the 2A indoor track season his senior year... Member of the Beta Club and the student government.

PERSONAL

Won Brandon Lee Smith on May 15, 1985, in Birmingham, Ala... Son of Linda and Bob Smith... Majoring in biomedical engineering.



JERALD WILSON

Senior • 5-10 • Port Gibson, Miss.
Port Gibson HS
Major: Computer Software Engineering
Events: Jumps

2006 OUTDOOR

At the SEC Championships, leaped 22-01 3/4 to finish 16th in the long jump... Finished 15th in the triple jump (45-05 1/4)... Leaped 22-08 1/2 to finish fourth in the long jump and set a personal best at the LSU Tiger Relays... Set a personal best in the 100-meter dash (11.00)... Won the Jace Lacoste Invitational triple jump title with a leap of 47-07 3/4... Took second in the triple at the season-opening FSU Snowbird (46-05 1/4)... Posted two third-place finishes in the triple jump... Leaped 47-04 1/2 at the LSU Tiger Relays and 46-03 1/4 at the Auburn Invitational.

2005 OUTDOOR

Set a personal best in the 200-meter dash (23.10) and finished sixth in the long jump at the Jace Lacoste Invitational... Set a personal best in the long jump (22-7) and finished fourth in the triple jump (45-8) at the Bulldog Invitational... Set a personal best in the triple jump (47-8) in a fourth place finish at Alabama... Jumped 46-6 in a third-place finish at FSU... Leaped 20-21/4 in the long jump to finish 13th.

2004 OUTDOOR

Jumped 48-8 3/4 in the triple jump to finish ninth at the Southeastern Conference Championships... Won the Jace Lacoste Invitational title with a leap of 45-6 1/2.

HIGH SCHOOL

Named all-District as a junior and senior in cross country as a prep at Port Gibson (Miss.) High School... Won the 2003 South State Championship in the long and triple jumps... Member of one Mississippi High School Activities Association Class 4A state championship team... Earned the Coach's Award and Most Improved during his junior campaign... Lettered in football and basketball... Received the Academic Athlete Award... Consecutive Honor Roll student with perfect attendance... Principal's Scholar.

PERSONAL

Born Jerald Pernell Wilson on Nov. 20, 1984, in Port Gibson, Miss.... Son of Glenda Wilson and Jarl Bates... A computer software engineer major.



BULLDOGS



CHRIS WOODS

Junior • 5-9 • Atlanta, Ga.
Mays HS
Major: Kinesiology
Events: Middle Distance

2006 OUTDOOR

Competed at the NCAA Championships... Finished 26th in the 800-meter run preliminaries... At the Mideast Regional, qualified for nationals by finishing fifth in the 800 finals (1:49.14)... Qualified for the regional final in preliminaries by finishing fifth (1:49.91)... At the SEC Championships, posted a qualifying time of 1:51.19... Did not compete in the SEC final due to injury... Won the Bulldog Invitational title and qualified for the regional, running the second fastest time in the conference this season at 1:48.90... At the Auburn Invitational, ran another regional time of 1:48.94 to finish second... Clocked a personal best in the 400-meter dash (48.18) at the FSU Snowbird... Anchored winning sprint medley relay at the LSU/Tiger Relays (3:19.57)... At the Bulldog Invitational, ran second leg of second-place 4x400-meter relay team that set a regional qualifying mark (3:08.59)... Anchored second-place 4x4 team that set a regional qualifying mark (3:08.15) at LSU... Anchored second-place sprint medley relay team at Alabama (3:19.08)... Ran second leg of third-place 4x4 team at FSU (3:12.89) and third leg of the distance medley relay at FSU (10:32.35)... Ran the anchor leg of the regionally qualifying and sixth-place 4x400-meter relay at the Texas Relays (3:06.64)

2005 OUTDOOR

During the outdoor season, earned all-American status in the 4x400-meter relay as an alternate... At the Mideast Regional, ran the anchor leg of the 4x400-meter relay (3:05.99)... Squad posted fifth fastest qualifying time to advance to the national championships... At the Southeastern Conference Championships, finished eighth in the 800-meter run... Ran a personal best and regional qualifying time of 1:49.74 in the preliminaries... Ran the 800-meter run in 1:52.90 at LSU... Ran second leg of winning 4x400-meter relay team that set a regional qualifying mark with a time of 3:09.44... Ran first leg of 4x800-meter relay (7:40.28) and third leg of distance medley relay (10:14.94) at the Texas Relays... Won the 800-meter run with a time of 1:53.69 at the Bulldog Invitational... Ran second leg of the second-place distance medley relay team (10:11.02) at Alabama... Anchored the sprint medley relay team that won at the Snowbird (3:20.98)... Ran third leg of the 4x400 'B' Team that finished fourth at FSU (3:18.40).

HIGH SCHOOL

Earned three track letters while attending B.E. Mays High School in Atlanta, Ga.... Earned several awards in the 800-meter run... As a senior and junior, won Georgia's High School Man of the Year for the 800.

PERSONAL

Born on Jan. 29, 1986, in Atlanta, Ga.... Son of Cynthia Blackshear.... Majoring in kinesiology.



DANIEL ZABALDANO

Sophomore • 6-7 • Brandon, Miss.
University Christian School
Major: Computer Software Engineering
Events: Jumps

2006 OUTDOOR

At the SEC Championships, finished 21st in the discus throw (137-07) and 13th in the javelin (170-01)... Set personal bests in the discus (149-03) at the LSU Tiger Relays, javelin (171-03) at the Auburn Invitational and hammer throw (85-01) at the Jace Lacoste Invitational... Placed second in the discus at the Jace Lacoste (145-00) and javelin (159-05).

HIGH SCHOOL

Lettered all four years at University Christian School for coach Larry Capperton... Two-time Mississippi Private Schools Association in the discus (2004, 2005)... Holds MPSA North State record in the discus (167-00)... Also competed in basketball and football... Named MVP of the MPSA All-Star Basketball Game... A member of the Honor Society, the Boy Scouts, Fellowship of Christian Athletes and Catholic Youth Organization... Named to the Honor Roll all four years.

PERSONAL

Named all-District as a junior and senior in cross country as a prep at Port Gibson (Miss.) High School... Won the 2003 South State Championship in the long and triple jumps... Member of one Mississippi High School Activities Association Class 4A state championship team... Earned the Coach's Award and Most Improved during his junior campaign... Lettered in football and basketball... Received the Academic Athlete Award... Consecutive Honor Roll student with perfect attendance... Principal's Scholar.

PERSONAL

Born Daniel Ryan Zabaldano on Feb. 26, 1987 in Brandon, Miss.... Son of Paul Zabaldano... An Eagle Scout... Majoring in mechanical engineering.



ASHENAFI AREGA

Junior • 5-9 • Atlanta, Ga.
Jacksonville State University
Major: Industrial Technology
Events: Distance

2006 CROSS COUNTRY

Claimed second place at the Sewanee Invite (26:04.81)... Finished seventh at the Crimson Classic.

JACKSONVILLE STATE

Earned second team all-Ohio Valley Conference honors in cross country in 2005... Placed third at the 2005 University of the South Invitational... Posted a ninth-place spot at the 2005 Crimson Classic... Participated in the 5000-and 1500-meter runs at the 2006 Alabama Relays, recording times of 14:57.77 and 4:05.03 respectively... Won the 2003 Rhodes College Invitational in Memphis, Tenn. (26:05)... Named to the JSU Dean's List.

HIGH SCHOOL

Attended North Atlanta High School the peach state... Won the Atlanta Track Classic 3200-meter event in 2003... Named to the 2003 Georgia High School Track and Field Honor Roll in the 3200-meter run... Ranked by DiVarsity.com as the top-ranked runner in the Georgia AAAA cross country rankings in 2002... Holds NAHS school record in the mile and two mile... State champion in chess and second in the south region.

PERSONAL

Born Oct. 13, 1984 in Ethiopia... Son of Almaz Getachew... Younger brother Yibeltal is a member of the Georgia State track and field program... Majoring in industrial technology with a concentration in manufacturing and maintenance, also seeking a minor in business.



GOLDEN COACHMAN

Junior • 6-2 • Birmingham, Ala.
Wallace State (Ala.) CC
Major: Educational Psychology
Events: Sprints

WALLACE STATE (Ala.) CC

Did not compete during sophomore campaign due to military deployment to Iraq... Named an all-American in the indoor 800-meter run with a fifth-place finish at the NJCAA national meet as a freshman... During the outdoor season, finished fifth at nationals to earn all-America status in the 800-meter run... Notes personal best as 1:51.90 in the 800... Coached by Stan Narewski at WSCC

HIGH SCHOOL

Prepped at Huffman High School in Birmingham, Ala... State champion in the 4x400-meter relay as a senior... Second in the 800-meter run... Team's Most Valuable Player... Birmingham's City Track Star.

PERSONAL

Son of Colleen Minniefield... Majoring in educational psychology.



DEMETRIUS COBBINS

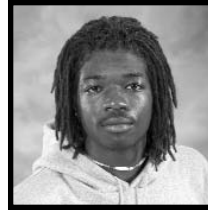
Freshman • 6-0 • North Carrollton, Miss.
J.Z. George HS
Major: Real Estate and Mortgage
Events: Sprints

HIGH SCHOOL

competed in the 110 and 300 hurdles along with the triple and long jumps competition at the prep level... A four-time all-State selection... Finished in the top-three in all of his events on the state level, posting third-place finishes in the 110-and 300-meter hurdles... Finished runner-up in the 2A state classification long jump with a jump of twenty-two feet, three-and-a-half inches... Tutored on the prep level by Steve Dudley's younger brother, Heath Dudley... Team captain and team MVP as a jauguar.

PERSONAL

Son of Myrtis and Dewitt Cobbins. ... Majoring in realestate and mortgage.



JAMIL HUBBARD

Junior • 5-9 • Atlanta, Ga.
Wallace State (Ala.) CC
Major: Criminal Justice
Events: Sprints

WALLACE STATE (Ala.) CC

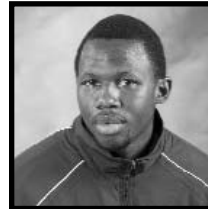
Won a junior college national championship as a member of the 4x400-meter relay team... Third at the NJCAA national championships in the 200-meter dash... Notes personal best times as 20.7 in the 200-meter dash and 47.2 in the 400-meter dash... Tutored by Stan Narewski at WSCC

HIGH SCHOOL

Ran for Alex Jaccobs at Salem High School in Atlanta, Ga... Won state title in the 400 as a senior and finished runner-up the three seasons prior... Four-time regional champion in the 200-and 400-meter dashes... Regional champion in the 4x4 on three occasions and in the long jump once... Won county titles in the 200 and 400 all four years... Four-time all-District and all-State selection... State meet qualifier in wrestling.

PERSONAL

Son of Sandra and Victor Adams... Majoring in criminal justice.



KENDALL MAY

Freshman • 5-9 • Northport, Ala.
Tuscaloosa County HS
Major: Pre-major Studies
Events: Sprints

HIGH SCHOOL

Competed at Tuscaloosa (Ala.) High School for coach Jeff McNealy... State champion in the 100-meter dash and was fourth in the 200-meter dash... Finished second in the 200 at the Meet of Champions... Notes personal best times as 10.63 in the 100 and 21.78 in the 200... Also competed in football... Finished career as second leading receiver in school history... Member of the Interact Club.

PERSONAL

Son of Constance and Roy May... Undecided on major.



DELANDUS O'NEAL

Junior • 5-4 • Carrollton, Ga.
Wallace State (Ala.) CC
Major: General Business Administration
Events: Sprints

WALLACE STATE (Ala.) CC

Honorable mention all-American in the 400-meter hurdles after finishing fourth at the national meet with a personal best time of 52.6... Coached by Stan Narewski at WSCC

HIGH SCHOOL

Ran for Craig Musselwhite at Carrollton (Ga.) High School... Team won state titles his junior and sophomore seasons... Won state title in 300-meter hurdles as a junior and freshman... Named all-Area... Also competed in football... An all-Area selection as a junior and senior... Preseason all-State nod as a senior.

PERSONAL

Son of Jackie O'Neal... Majoring in general business administration.



BULLDOG NEWCOMERS



KYLE ROBERTS

Junior • 6-1 • Hutchinson, Kan.
Hutchinson (Kan.) CC
Major: Biological Sciences
Events: Hurdles/Sprints

HUTCHINSON (Kan.) CC

During the 2006 indoor season at HCC, finished second in the pentathlon... As a freshman, he took third in the indoor pentathlon and second in the outdoor 400-meter hurdles. His personal best times include 47.77 seconds in the 400-meter dash and 52.04 in the 400-meter hurdles... He was an athletic academic all-American, named to Who's Who Among American Junior Colleges and named to the Dean's Honor Roll the past three semesters.

HIGH SCHOOL

Preped under coach Brett Eckert at Hutchinson High School, quailed for the state track and field meet all four years and was a league and regional champion as a junior and senior. His team took second overall his junior campaign and won the overall title his senior season. A two-time state champion in the 300-meter hurdles, Roberts won those titles his junior and senior seasons and took second in the 110-meter hurdles both years.

PERSONAL

Son of Jacque and Ken Roberts... Majoring in biological sciences.



JONATHAN RONO

Jr. • 5-11 • Kipkabus, Kenya
Missouri State
Major: xxx
Events: Distance

2006 CROSS COUNTRY

Made his Maroon and White debut at the Sewanee Invite, finishing ninth with a time of 27:08.59... Competed in five events in the fall session.

MISSOURI STATE

Earned all-Missouri Valley Conference honors in the 3,000-meters steeplechase... Named MVC Male Track Athlete of the Week (3/28/06)... Seventh-best time in MVC in the 800-meter (1:51.20).

ALABAMA

At Alabama, competed in the 800-meter run and 4x1,500 relay during the indoor season... Finished third at Clemson Invitational and was apart of the 4x1,500-meter relay team that won the Clemson Invitational... Placed second in the 800-meter run at the Ole Miss Invitational... Participated in the Distance Medley Relay squad that win the Alabama Relays (10:05.30).

PERSONAL

Born on May 19, 1984 in Kaptagut, Kenya... Son of Samuel Kiprono Chemisto and Agnes Jeruto Rono.



DANIEL SIMPKINS

Freshman • 5-8 • Madison, Miss.
Madison Central HS
Major: Electrical Engineering
Events: Distance

2006 CROSS COUNTRY

Made his Maroon and White debut at the Sewanee Invite, finishing ninth with a time of 27:08.59... Competed in five events in the fall session.

HIGH SCHOOL

Mississippi Premier Mile Championship Festival winner (4:29)... Three Mississippi High School Activities Association Class 5A state titles in the 1600-meter run, one in the 3200-meter run and two in cross country... Finished second in the 800-meter run as a senior... Footlocker all-South selection for age group... Three-time all-State selection in track... Five-time all-District and all-State in cross country... Notes personal best times as 2:00 (800), 4:28 (1600), 9:46 (3200) and 15:46 (5K cross country)... 2006 Mississippi PopStar award winner for cross country... Member of the Government Club, Mu Alpha Theta, the Academic Decathlon and Thespians... Wendy's High School Heisman state finalist... National Merit Finalist.

PERSONAL

Born Daniel Monroe Simpkins... Son of Monty and Mary Ann Simpkins... Mother was a cheerleader and MSU... Majoring in electrical engineering.



NEEL STEWART

Freshman • 5-10 • Pensacola, Fla.
Washington Senior HS
Major: Civil Engineering
Events: Distance

HIGH SCHOOL

Prepped at B.T Washington High School in Pensacola, Fla... Lettered all four years in track and field and cross country... A member of the 3A Cross Country Florida State Champion team in 2004... Participated in soccer his freshman and senior seasons.

PERSONAL

Troy Neel Stewart was born on Oct. 16, 1987... The son of Robert and Brenda Stewart... Majoring in civil engineering... Enjoys strumming the guitar in his spare time.



CAMERON VINCENT

Freshman • 5-7 • Ocean Springs, Miss.
Ocean Springs HS
Major: Physical Education
Events: Distance

HIGH SCHOOL

Earned five letters in cross country and four in track at Ocean Springs High School... 2005 state champion in the 3200-meter run... In 2006, claimed the 800-meter run and holds the OSHS school record for the 800-meter... A three-time all-State selection in cross country... Claimed three district championships... Lists personal times as 1:59 (800m), 4:30 (1600m) and 16:03 (5000m)... An honors graduate and a Mississippi Scholars Student.

PERSONAL

Born Cameron Jamison Vincent on May 10, 1988 in Gulfport, Miss... The son of Troy and Sheila Vincent... Majoring in physical education.



CLAYTON WALTERS

Freshman • 6-0 • Starkville, Miss.
Starkville HS
Major: Kinesiology
Events: Distance

HIGH SCHOOL

Local product from Starkville High School... Participated in cross country since junior high, lettering six seasons under head coach Bill Reeves... Garnered all-State track and field along with cross country honors from freshman year to senior year... Finished runner-up in the two-mile run on two occasions during his stint as a Yellowjacket... Lists a personal best time of 16:35 in the 5k... A four-year letterwinner on the SHS soccer squad... Named Mr. SHS his senior campaign... Other school activities included Fellowship of Christian Athletes, French Club, Anchor Club, Jr. Humane Society and Who's Who Among America's Athletes.

PERSONAL

Born Clayton Worthington Walters on March 4, 1988 in Texas... Son Suzie and Kevin Walters... Undecided major at MSU... Comes from a long line of State graduates... Brother Web Walters played football at Millsaps College in Jackson, Miss... His great grandfather also ran track at MSU... Picked the Bulldogs to continue his athletic career because he bleeds maroon.



ANTRESE BANKS

Sophomore • 5-5 • Gloster, Miss.
Amite County HS
Major: Biological Sciences/Pre-Med
Events: Sprints

2006 OUTDOOR

Finished 21st in the 200-meter dash preliminaries at the SEC Championships, tying her personal best 25.17... Also took 20th in the 400-meter dash prelims at the SEC meet with a personal best 56.22... Ran a personal best 25.17 in the 200 at the Auburn Invitational... At the Jace Lacoste Invitational, finished third in 56.87.

2006 INDOOR

Ran 25.99 to set a personal record in the 200-meter dash in a 33rd-place finish at the SEC Championships... Ran second leg of fifth-place distance medley relay at the SEC meet (11:41.77)... Time is fourth best in school history... Ran second leg of winning distance medley relay at the Clemson Invitational (11:52.90)... Opened the season setting personal best in the 60-meter dash (7.89) at the Clemson Invitational... Ran 1:00.01 in the 400-meter dash at the Bayou Bengal Invitational, a personal best... Ran second leg of third-place distance medley relay at the Tyson Invitational (11:44.82), the fifth-best time in school history... Ran first leg of 4x400-meter relay at the Clemson Invitational... Squad ran a season's best 4:00.01... Anchored fifth-place 4x4 at the Bayou Bengal Invitational (4:01.70).

HIGH SCHOOL

Prepped under Charlie Floyd at Amite County (Miss.) High School... Won six state championships... Won all-District, all-Regional and South State meets... Member of the Beta Club and Health Occupational Students of America (HOSA)... Senior class president and vice-president of the Student Council, President of Christian Fellowship Club, 2005 Prom Queen and Salutatorian of senior class.

PERSONAL

Born Trumesa Antrese Banks on June 8, 1987 in Gloster, Miss... Daughter of Mamie Banks and Ira James... Mother, Kathy Banks, ran track at Southern University Father, Ira, played football for the Bulldogs... Majoring in biological sciences.



MICHELLE CORRIGAN

Sophomore • 5-0 • Green Bay, Wis.
Pulaski HS
Major: Biological Sciences
Events: Distance

2006 CROSS COUNTRY

Notched her first MState meet win at the Sewanee Invite, crossing the line in 18:28.06... Finished fifth at the Crimson Classic (18:39.42)

2006 OUTDOOR

Competed at the SEC Championships in the 1500- and 5000-meter runs... Placed 18th in the 1500 preliminaries (4:41.97) and 24th in the 5000 (17:41.34)... Posted a personal-best in the 1500-meter run, clocking 4:39.57 at the Auburn Invitational... Set a personal best in the 5000-meter run, finishing third at the LSU/Tiger Relays (17:53.18)... At the Bulldog Invitational, scored a personal best in the 3000-meter run (10:29.22)... Ran anchor leg of third-place 4x1500-meter relay team at the Alabama Relays (19:20.99)... Finished fifth in the 1500 at the Jace Lacoste (4:43.12)... Ran 10:29.22 in the 3000-meter run at the Bulldog Invitational.

2006 INDOOR

Finished second in the 3000-meter run at the Clemson Invitational (10:09.07).

2005 CROSS COUNTRY

Finished 26th at the SEC Championships (21:04.58)... Took second at the MSU Short Course... Posted two sixth-place finishes at the Belmont Opener and Crimson Classic.

HIGH SCHOOL

Lettered in track and cross country four years at Pulaski High School in Green Bay, Wis.... Two-time state champion in the 3200-meter run (2004 & 2005)... Finished third in the 1600-meter run as a junior and second as a senior... 2004 WCCCA Female Runner of the Year... 2004 Wisconsin state cross country champion... Team finished runner-up in 2004... Finished fourth individually in 2003... Two-time all-State Cross Country selection... Member of the Leo Club and National Honor Society.

PERSONAL

Born Michelle Lynn Corrigan in Green Bay, Wis. on May 24, 1987... Daughter of Elizabeth Corrigan... Enrolled in biological studies program.



BRITTANY DETZEL

Sophomore • 5-0 • Cincinnati, Ohio
Colerain HS
Major: Animal/Dairy Sciences
Events: Distance

2006 CROSS COUNTRY

Ran in three meets during the season... Finished 21st at the Crimson Classic with a time of 19:32.98.

2006 OUTDOOR

Redshirted the season.

2006 INDOOR

Redshirted the season.

2005 CROSS COUNTRY

Crossed the finish line in 21:27.97 to finish 38th at the SEC Championships... Took fourth at the MSU Short Course (10:35.26)... Ran 19:01.40 to take 26th at the Crimson Classic... Finished 18th in her first race for the Maroon and White.

HIGH SCHOOL

Prepped at Colerain High School in Cincinnati, Ohio for head coach Ron Russo... Earned four letters each in track and cross country... Named all-Ohio in the 4x800-meter relay, 800-meter run and 1600-meter run... Team finished runner-up at the state cross country meets her junior and senior campaigns... Individually, finished third at the state meet as a junior... All-Academic Ohio Team four years... Member of Student Council, Show Choir, National Honor Society and Spanish National Honor Society.

PERSONAL

Born Brittany Lauren Detzel on April 11, 1987 in Cincinnati, Ohio... Daughter of Pam and Jim Detzel... Pursing a degree in animal/dairy sciences.



GABRIELLE DILLON

Sophomore • 5-2 • Liberty, Miss.
Amite County HS
Major: Interdisciplinary Studies
Events: Sprints

2006 OUTDOOR

Ran 24.48 to finish 17th in the preliminaries of the 200-meter dash at the Mideast Regional... At the SEC Championships, took 19th in the 100-meter dash, tying her personal best 12.03 and ran 25.03 to finish 19th in the 200... Won the 200-meter dash at the Jace Lacoste Invitational with a regional-qualifying time of 23.96... Ran a personal-best 12.03 in the 100 at the Texas Relays... Ran 12.11 to finish second in the 100 at the Jace Lacoste Invitational.

2006 INDOOR

Ran a personal-best 7.58 (c) in the 60-meter dash to finish 15th in the preliminaries at the SEC Championships... Also clocked a personal record in the 200-meter dash, finishing 26th in 25.24... Ran second leg of the fourth-place 4x400-meter relay (3:56.81).

HIGH SCHOOL

Competed at Amite County (Miss.) High School for coach Charlie Floyd... Member of Who's Who Among American High School Students.

PERSONAL

Born Gabrielle Mignon Dillon in McComb, Miss. on July 5, 1987... Daughter of Dollie and Les Patterson... Seeking an interdisciplinary studies degree in psychology and elementary education.



LADY BULLDOGS



ANNIE FALOR

Junior • 5-10 • Flagstaff, Ariz.
Flagstaff HS
Major: English
Events: Distance

2006 CROSS COUNTRY

Earned a top 10 finish at the Crimson Classic with a time of 18:39.91(9th)... Finished 24th at the SEC Championships (22:08.5).

2006 OUTDOOR

Posted a 4:39.08 time in the 1500-meter to finish 17th in the event preliminaries at the SEC Championships... Finished 15th in the 5000-meter run at the SEC meet, to record a personal best (17:10.09)... At the Penn Relays, ran the anchor leg of the school-record setting 4x1500-meter relay (18:09.43) in the Championship of America flight of the event... Ran a personal-best 4:33.07 in the 1500-meter at the Auburn Invitational... Finished second in the 1500 at the LSU Tiger Relays (4:39.08)... In a third-place finish, ran the first leg of the 4x1500-meter relay at the Alabama Relays (19:20.99).

2006 INDOOR

At the SEC Championships, ran 10:01.36 in the 3000-meter run, a personal best... Ran 10:12.66 in the 3000-meter run at the Tyson Invitational... Finished second in the 3000-meter run at the Bayou Bengal Invitational (10:16.99)... Ran the 3000-meter run at the Clemson Invitational (10:11.15).

2005 CROSS COUNTRY

Saw limited action during the season... Finished 21st at the Crimson Classic and 26th at the Belmont Opener.

2005 OUTDOOR

Ran 4:51.70 in the 1500 at the LSU Alumni Gold meet... Finished fifth in the 5000-meter run at the Bulldog Invitational (19:20.18)... Took sixth in the 5000-meter run (18:17.87) at the Alabama Relays... Anchored the 4x800-meter relay team that finished third in Tuscaloosa (9:12.82).

2004 CROSS COUNTRY

Ran 19:56.89 to place 42nd at the Auburn Invitational... Opened her career finishing 31st at the Memphis Twilight Classic (18:32.22).

HIGH SCHOOL

Attended Flagstaff (Ariz.) High School... Earned four letters in track and four in cross country... Member of the state championship cross country team all four years... Won the individual title her junior year... Member of the National Honor Society.

PERSONAL

Annie Falor was born in Hobbs, N.M. on June 28, 1986... Daughter of Sharon Welsh Falor and Zac Falor... Both parents competed in sports at Alma College... Majoring in English.



JANELLE FINLEY

Sophomore • 5-5 • Mobile, Ala.
Murphy HS
Major: Communication
Events: Jumps

2006 OUTDOOR

Finished 13th in the long jump at the SEC Championships, leaping 19-01 1/2... Qualified for the Mideast Regional by winning the Jace Lacoste Invitational long jump title with a mark of 19-11 3/4... Jump is second-best in school history... Set an MSU freshman record in the triple jump... Attempt of 39-08 captured fifth at the Jace Lacoste Invitational... Won the section 'B' long jump title at the LSU Tiger Relays (18-08 1/2)... Took third in the triple at the Auburn Invitational (38-05 1/2).

2006 INDOOR

Finished 12th in the long jump at the SEC Championships, leaping a personal-best 18-07 1/4, tied for fifth-best in school history... Set a personal record in the triple jump at the SEC meet, finishing 14th (39-03 3/4) with the third-best leap in school history... Set a personal best in the 200-meter dash at the Bayou Bengal Invitational (26.98)... Placed fifth in the triple at the Bayou Bengal Invitational (37-08 3/4).

HIGH SCHOOL

Earned three letters at Murphy High School in Mobile, Ala. for head coach Rebecca Mullins... During her senior season, finished third at the Alabama High School Athletic Association's Class 6A state meet in the triple jump... 2005 all-State selection and Mobile County all-Metro Team... Took fourth her junior campaign at the state meet... Three-time Class 6A Female Athlete of the Week and 6A all-County squad... Also lettered in cheerleading two years... Senior class vice-president... National Honor Rollé WhoO's Who Among American High School Students... A/B Honor Roll.

PERSONAL

Born Janelle Marie Finley on Aug. 25, 1987 in Mobile, Ala... Daughter of Lynda and John Finley... Cousin Edra Finley competes in track at the University of Tennessee... Majoring in communication with an emphasis in public relations.



ABBEY GRAHAM

Sophomore • 5-4 • Pontotoc, Miss.
Pontotoc HS
Major: Kinesiology
Events: Distance

2006 CROSS COUNTRY

Did not compete.

2006 OUTDOOR

Ran a personal-best 2:21.18 in the 800-meter run at the Bulldog Invitational... Clocked 2:22.21 in the 800-meter run at the Jace Lacoste... Anchored fifth-place sprint medley relay at the Alabama Relays (4:13.98).

2006 INDOOR

Finished eighth in the 800-meter run at the Bayou Bengal Invitational (2:25.74)... Set a personal best in the 800, running 2:25.16 at the Clemson Invitational.

2005 CROSS COUNTRY

Redshirted the season.

HIGH SCHOOL

Prepped at Pontotoc (Miss.) High School under head coach Mike Bain... Won 10 individual state titles in track -- two in 3200-meter run, four in the 1600-meter run and four in the 800-meter run... Two-time state cross country champion... Holds MHSAA Class 4A state record in 800 (2:17.58)... Also lettered in basketball and cheerleading... Member of the FCA, Mu Alpha Theta, Spanish Club and Beta Club... Nominated for Wendy's High School Heisman Award and Mississippi Pop Star Award.

PERSONAL

Abbey Marissa Graham on March 20, 1987 in Pontotoc, Miss.... Daughter of Angie and Anthony Graham... Brother Josh plays baseball at University of North Alabama... Majoring in kinesiology.



JOY GRIFFITH

Junior • 5-5 • Tuscaloosa, Ala.
American Christian Academy
Major: Animal/Dairy Sciences (Pre-Vet)
Events: Distance

2006 CROSS COUNTRY

Saw limited time participating in cross country.

2006 OUTDOOR

Finished third in the 3000-meter steeplechase at the SEC Championships with a regional-qualifying time of 10:43.30... Also ran the 5000-meter run at the SEC meet, finishing 21st in 17:33.97... Set an MSU school record in the 3000-meter steeplechase, running a regional-qualifying 10:35.31 at the Penn Relays... Also ran second leg of school-record setting 4x1500-meter relay (18:09.43) in a sixth-place finish of the Championship of American flight... At the Auburn Invitational, ran a personal-best 4:32.29 in a fourth-place finish in the 1500... Took second in the 3000-meter run at the Bulldog Invitational with a personal-best time of 10:13.11... Placed second in the 3000-meter steeplechase (11:02.82) at the Jace Lacoste... Finished second in the steeple at the LSU Tiger Relays, running 10:56.79... Ran 11:12.31 in the 3000-meter steeplechase at the Alabama Relays, finishing third.

2006 INDOOR

Finished sixth in the 5000-meter run at the Tyson Invitational (17:37.62)... Ran 10:31.79 to take seventh in the 5000 at the Bayou Bengal Invitational.

2005 CROSS COUNTRY

Ran 21:24.53 to finish 34th at the SEC Championships... Finished the MSU Short Course in 11:18.70 to finish 11th... Opened the season with a 20th place finish at the Belmont Opener (15:13.67).

2005 INDOOR & OUTDOOR

Redshirted the season.

2004 INDOOR

During the indoor season, recorded her personal best in three events -- the mile run, the 3000-meter run (10:14.75), and the 5000-meter run (17:10.29).

2003 CROSS COUNTRY

Earned all-South Region honors with a 16th-place finish (21:32.33) at the NCAA South Regional... Finished 24th at the SEC Championships (23:21.39)... Top collegiate finisher at the MSU Invitational (10:12.10)... At the Auburn Invitational, ran 18:40.19 to finish 14th... Ran 19:20.45 to finish 20th at the Crimson Classic... Placed second at the Bulldog Invitational (17:39)... Opened her career with a fifth-place finish at the Memphis Twilight Classic (11:39.40).



HIGH SCHOOL

Four-time 3200-meter run state champion in Alabama High School Athletic Association Class 1A... Three-time state champion in the 1600-meter run... Won the state title in the 800-meter run once... Holds state championships in the indoor 800, 1600 and 3200... Female Athlete of the Year... Received all-State honors three years in a row... Voted team captain her senior season at the American Christian Academy... Three-time MVP... Received the Most Improved award twice and the Best Attitude award three-times for the Patriots track team... Valedictorian of her graduating class.

PERSONAL

Joy Elizabeth Griffith was born on Nov. 27, 1984, in Birmingham, Ala... The daughter of Susan and Robert Griffith... Majoring in animal and dairy science (pre-veterinary medicine)... Cousin Drew Johnson played football at William and Mary... Grandfather ran cross country and track at Auburn University.



LIZ GRUBE

Senior • 5-8 • Sherwood, Wis.

Kaukauna HS

Major: Interior Design

Events: Distance

2006 CROSS COUNTRY

Finished sixth at the Sewanee Invite (18:54.85)... Carded a time of 18:49.58 at the Crimson Classic.

2006 OUTDOOR

Ran 4:36.31 in the 1500-meter run at the Texas Relays... Ran 4:37.56 at the Bulldog Invitational... Ran the third leg of the school-record setting 4x800-meter relay at the Texas Relays (8:47.84)... Won the 1500-meter run at the LSU Tiger Relays, running 4:36.53... Ran a personal-best 2:15.86 in the 800-meter run at the Auburn Invitational... Posted a personal best in the 1500-meter run, clocking 4:36.31 at the Texas Relays... In the 4x800-meter relay, ran third leg of winning team at the LSU Tiger Relays (8:51.12)... Ran third leg of the winning 4x800-meter relay team at the Alabama Relays (8:59.30)... At the Penn Relays, ran third leg of 4x800-meter relay team that finished sixth after running 8:48.59 in the Championship of America flight... Took second in the 1500 at the Bulldog Invitational (4:37.56)... Posted a time of 4:38.53 to finish third in the 1500 at the Jace Lacoste Invitational.

2006 INDOOR

Posted a personal best time in the mile run at the SEC Championships (5:00.72)... Ran 5:01.66 in the mile run at the Tyson Invitational... Anchored third-place distance medley relay squad (11:44.82)... Finished second in the mile at the Bayou Bengal Invitational (5:08.09)... Took eighth in the mile at the Clemson Invitational (5:08.92).

2005 CROSS COUNTRY

Best finish of season was recorded at the Auburn Invitational (18:02.16)... Finished seventh overall at the MSU Short Course (10:47.22)... At the Crimson Classic, placed 28th overall (19:11.69).

2005 OUTDOOR & INDOOR

Redshirted the season.

2004 INDOOR

Notched a personal best mark in the 800-meter run at 2:19.83 at the Rod McCravy Invitational... Placed seventh in the 800-meter run (2:22.31) at the Arkansas Invitational.

2003 CROSS COUNTRY

Opened her career with a 17th-place finish at the Memphis Twilight Classic... Came in sixth at the Bulldog Invitational (18:42)... Seventh collegiate finisher at the MSU Invitational (10:40.00).

HIGH SCHOOL

Received all-State and academic all-State honors in track all four years at Kaukauna (Wis.) High School... Received the same honors three years for cross country... Member of the 2001 and 2002 state champion 4x800-meter relay team... Earned first team all-Conference, all-State and all-Area honors as a senior... Voted team captain her final season at KHS... Named all-State as a junior and second team all-Conference as a junior and sophomore... Lettered four years in cross country... Named three-time all-State and all-Conference as a member of the Galloping Ghosts cross country team... Earned high school all-American honors as a part of the 2001 team... Finished third in the state cross country meet as a senior... Named Athlete of the Week by the Appleton (Wis.) Post Crescent... Selected Student of the Month (Sept. 2002) by the Kaukauna Rotary Club... Recognized as one of the top 10 students from KHS by the Kaukauna Elks Club... Named 2003 Scholar Athlete... Member of the National Honor Society and Outdoors Club... Volunteered at the Harbor House domestic abuse shelter and Salvation Army.

PERSONAL

Elizabeth Megan Grube was born on April 26, 1985, in Appleton, Wis... Daughter of Paul and Leigh Grube... Majoring in interior design.



MARRISSA HARRIS

Sophomore • 5-7 • Memphis, Tenn.

Central HS

Major: Physical Education

Events: Combined Events

2006 OUTDOOR

Took 24th in the 100-meter hurdles preliminaries at the Mideast Regional (13.94)... Also at the regional meet, finished 23rd in the long jump competition (18-06 1/2)... Scored a freshman record 5,112 points in the heptathlon at the SEC Championships... Led competition after first day and point total is second-best in school history... Shattered MSU school record in the 100-meter hurdles, running 13.52 during the heptathlon... Took third in the 200-meter dash (24.80)... Set a personal best in the shot put, throwing 35-08 1/2 to finish third... In the open long jump competition, scored for State after taking seventh with a leap of 19-09 3/4... Mark is a personal best and third-best in school history... Set personal bests in the 800-meter run (2:32.98), high jump (5-01 3/4) and javelin (101-04) during the SEC heptathlon competition... Ran regional qualifying times in the 100-meter hurdles on two occasions... At the Texas Relays, posted a time of 13.90 and at the Bulldog Invitational, finished second in 13.92... Won the 100 hurdles time at the Jace Lacoste Invitational (13.97)... Took third in the long jump at the Bulldog Invitational (18-06).

2006 INDOOR

At her first SEC Championships, finished 12th in the pentathlon, scoring a personal best 3,450 points, the fourth-most in school history... Ran 8.74 (c) at the SEC Championships to finish eighth in the pentathlon 60-meter hurdles, the fifth-best time in school history... Leaped 18-03 3/4 to finish seventh in the pentathlon competition and set a personal best... Set a personal best in the 800-meter run, running 2:42.13 and in the shot put (32-05), both during the SEC pentathlon... Ran anchor leg of fourth-place 4x400-meter relay at the SEC Championships (3:56.81)... In the open 60-meter hurdles, finished 16th in the preliminaries at the SEC meet (9.10, c)... Opened the year clearing a personal best 5-01 in the jump at the Clemson Invitational.

HIGH SCHOOL

Prepped under John Roberts and Camille Mitchell at Memphis (Tenn.) Central High School... State champion in 100-meter hurdles (sophomore and junior) and 300-meter hurdles (ninth-12th)... Named all-Metro... 2005 Memphis Best of Preps winner... Team Most Valuable Player four years... Also lettered in basketball and cross country... Member of the National Honor Society, Latin Club and 4-H... Named to the National Honor Roll... Scholar Athlete... William H. Sweet honoree.

PERSONAL

Born Marissa Maria Harris on March 12, 1987 in Memphis, Tenn... Daughter of Mary J. and Morris Harris, Sr... Cousins Seneca Edwards and Sheila Hayes-Lloyd attended MSU... Sister Maronda competed in track at Middle Tennessee State... Majoring in physical education.



CHRISTINA HERNANDEZ

Senior • 5-9 • Asheville, N.C.

A.C. Reynolds HS

Major: Communication

Events: Throws

2006 OUTDOOR

Finished 16th in the discus throw at the Mideast Regional (144-09)... In the discus throw, placed 11th at the SEC Championships (146-05) and 14th in the shot put (41-01 3/4)... Qualified for the Mideast Regional by winning the discus title at the Jace Lacoste Invitational (156-00)... Also won the shot put title at the Jace Lacoste (41-09 3/4)... Took second in the discus at the Bulldog Invitational (152-04) and Alabama Relays (147-09)... Finished third at the Auburn Invitational (145-00)... Took third in the hammer (164-00) at the Jace Lacoste, a personal best.

2006 INDOOR

Finished 10th at the SEC Championships in the shot put with a personal best throw of 43-05 1/4... Placed 19th in the 20-pound weight throw (47-05).

2005 OUTDOOR

Scored at the SEC meet, finishing eighth in the discus with a personal best throw of 152-07... Placed 12th at the SEC Championships in the shot put (46-06 3/4)... Finished fourth in the shot put at the Jace Lacoste Invitational.

2005 INDOOR

Finished fourth in the 20-lb. weight throw at the Bayou Bengal Invitational with a personal best throw of 49-05 3/4.

2004 OUTDOOR

Placed 21st in the hammer throw with a throw of 142-02 at the SEC Championships... Finished third at the Alabama Relays in the discus (139-09 1/4)... Finished second at the Bulldog Invitational (143-11)... Finished third in the discus at the Jace Lacoste Invitational (142-07).

2004 INDOOR

Finished 26th at the SEC Championships in the 20-lb. weight throw (47-01 1/2)... Placed fifth in the shot put at the Arkansas Invitational with a throw of 41-03 1/4.



LADY BULLDOGS

HIGH SCHOOL

Six-time state champion while at A.C. Reynolds HS in Asheville, N.C.... 4A State indoor championship in the shot put as a junior and senior... Won the 4A State outdoor championship in the discus in 2001, 2002 and 2003... Won the 4A State outdoor championship in the shot put during her final season... Finished seventh in both the shot and discus at the 2002 adidas Outdoor Championships... Three-time MVP of her team... Served for three seasons as co-captain of the track team... Named to the all-Western North Carolina team as a sophomore... Received the 2002 Asheville Citizen-Times Female Track Athlete of the Year... Member of the Future Farmers of America and the Sign Language Club... Named to the honor roll three times.

PERSONAL

Christina Hernandez was born on Feb. 15, 1985, in Asheville, N.C.... The daughter of Ed and Pam Hernandez... Majoring in communication with an emphasis in journalism.



JEN McPHERSON

Senior • 6-0 • Nampa, Idaho

Skyview HS

Major: Communication

Events: Distance

2006 CROSS COUNTRY

Earned a trip to the NCAA Championships after finishing 16th at the South Regional... Tabbed to the all-Region squad... Led the Lady Bulldogs in four meets... Opened the season with second and third place finishes at Sewanee and the Crimson Classic.

2006 OUTDOOR

Rebounded from an Achilles heel injury with a sensational year... Received an at-large bid to the 2006 NCAA National Championships... Finished 22nd in the preliminaries at nationals (4:25.13)... At the Mideast Regional, finished eighth in the 1500 finals (4:27.18) and preliminaries (4:30.26)... Posted an eighth-place finish in the 1500 at the SEC Championships (4:32.24) after recording the top qualifying time in the event (4:25.75)... Took ninth in the 800-meter preliminaries with a personal-best 2:08.51 and finish eighth in the final (2:09.31)... Ran second leg of 10th-place 4x400-meter relay at the SEC meet, running a season's best 3:51.02... Qualified for the Mideast Regional by winning the 1500-meter run in a regional qualifying 4:22.26, the second-best time in the conference during the season... At the Penn Relays, ran the first leg of the 4x800-meter relay team that finished sixth in the Championship of America event (8:48.59), ran first leg of school-record setting 4x1500 squad, which also ran in the Championship of America section (18:09.43) and ran first leg of sixth-place Championship of America distance medley relay team that ran a season's best 11:22.29, the second-best time in school history... Ran the first leg of the school-record setting 4x800-meter relay at the Texas Relays (8:47.84)... Ran first legs winning 4x800-meter (8:51.12) and distance medley relay (11:36.86) at the LSU Tiger Relays and at the Alabama Relays (8:59.30) and (11:49.39, DMR)... At the Texas Relays, ran the first leg of the second-place distance medley relay (11:29.63)... Won the 1500 at the Jace Lacoste Invitational (4:28.11).

2006 INDOOR

Took fourth in the mile run (4:50.60) at the SEC Championships... Ran 4:51.20 in the preliminaries... Ran first leg of 10th-place distance medley relay squad (11:43.77)... Posted a 4:49.69 to finish fifth in the mile run championship at the Tyson Invitational... Ran first leg of third-place distance medley relay squad at Tyson (11:44.82)... Finished sixth at in the mile at the Boston University Terrier Classic (4:55.51)... Ran first leg of winning distance medley relay at Clemson (11:52.90).

2005 CROSS COUNTRY

Redshirted the season.

2005 OUTDOOR

Hampered by an Achilles heel injury throughout the latter part of the season... Finished 16th in the preliminaries of the mile run at the NCAA Championships, running 5:01.24 on the injured foot... Finished third at the SEC Championships... Set a personal best and NCAA provisional qualifying mark at the Terrier Classic, finishing second in 4:42.79... Won the Clemson Invite mile title in 4:49.10... In the 800-meter run, set a personal record by finishing second (top collegiate finisher) at the Purple Tiger Invite... Won the Clemson Invite title in 2:12.34.

2004 CROSS COUNTRY

Ran 21:46.71 to earn all-South Region honors at the NCAA South Regional... Second at the MSU Short Course (10:26.75)... Crossed the finish line at the Notre Dame Invite in 17:38 to finish 35th... MSU's top finisher at the Auburn Invitational (fifth, 18:29.44)... Opened the year with a 10th place finish at the Memphis Twilight Classic (17:34.27).

2004 OUTDOOR

Finished 24th at the NCAA Championships in the 1500-meters (4:34.09)... At the Mideast Regional, finished ninth in the 1500-meters (4:32.25)... Placed 11th in the SEC Championships in the 1500-meters with 4:26.60... Ran 2:12.21 in the 800 taking second place at the TCU Invitational... Part of the team that won the distance medley relay at the Texas Relays and set a new school record in the event at 11:10.06... Won the 1500-meter run (4:28.69) at the Bulldog Invitational... Best time of the season in the 1500-meter run was 4:20.8 which came at the Jace Lacoste Invitational.

2004 INDOOR

Ran on the 4x400-meter relay team that yielded a first-place finish at the Rod McCravy Memorial (3:53.97)... At the SEC Indoor Championships, member of the distance medley relay team that finished second (11:27.54)... In the mile run, met an NCAA provisional qualifying mark, finishing 11th in the prelims at the SEC Indoor Championships (4:55.52).

2003 CROSS COUNTRY

Finished among the top 50 at the SEC meet... Ran 11:29.50 to finish second at the Memphis Twilight Classic... Came in 20th at the Crimson Classic (19:15.73)... At the Auburn Invitational, ran 18:40.45 to finish 15th... On the MSU Invitational 3K course, finished ninth (10:32.40).

2003 OUTDOOR

Finished in 11th in the 1500 in the preliminaries of the SEC Outdoor Championships in a time of 4:36.58... Ran the first leg of the outdoor distance medley relay team that won at the Texas Relays... Set best time in the 800 at the SEC Quad in 2:17.20, finishing fourth... Won the 1500 at the Ole Miss Open (4:34.24)... Runner-up in the 5000-meter run at the Jace Lacoste in 17:41.74... Recorded top time in the 4x400m relay winning the Jace Lacoste in 3:49.41... Took third at the SEC Quad in the mile run at the SEC-meter run in 4:37.16 and fifth at the TCU Invitational (4:37.12)... Won the 1500 at the Bulldog Invitational in 4:41.61.

2003 INDOOR

Won the SEC Indoor Championship in the distance medley relay (11:26.39), only relay team in school history to win an SEC Championship... Recorded a 5:06.24 in the mile at the SEC Indoor Championships with a 12th place finish in the preliminaries... Ran the first leg of the distance medley relay team that won the Rod McCravy Memorial with their time of 11:18.04, an NCAA automatic qualifying mark... Set top time in the 800-meter run at the Arkansas State Invitational in 2:14.75, taking fifth... Finished fifth at the Rod McCravy Memorial, running 4:53.94... Finished third in the mile run at the SEC West Challenge in 5:00.65... Won the distance medley relay at the Arkansas State Invitational and Rod McCravy Memorial, running the first leg in both races.

2002 CROSS COUNTRY

Started her MSU career with a fourth-place finish at the Sewanee Invitational, running 19:20.26... At the Seminole Cross Country Invitational, finished 14th in 19:00.00... Ran 19:20 at the Notre Dame Invitational to finish 119th.

HIGH SCHOOL

Lettered four years in track and cross country for Al Stout at Skyview High School... Won her cross country team's MVP award all four years... Named Athlete of the Year at Skyview her senior year... Won the Iron Hawk award her junior and senior seasons... Honored as the most valuable distance runner all four years of high school... Earned a letter in basketball... Named captain of the cross country team two years and of the track team her senior season... Took the Top Scholar Award as a junior... Valedictorian of her graduating class.

PERSONAL

Jennifer Lynn McPherson was born Aug. 28, 1983, in Ashland, Ohio... The daughter of Steve and Beth McPherson... Majoring in communication... Engaged to Michael Landry.



SARAH MILAM

Senior • 5-5 • Tullahoma, Tenn.

Tullahoma HS

Major: Biological Sciences

Events: Distance

2006 CROSS COUNTRY

Competed in four meets during the season... Finished 66th at the Crimson Classic with a season-best time of 21:09.73.

2006 OUTDOOR

Ran a personal-best 21:12.15 in the 5000-meter run at the Jace Lacoste Invitational.

2006 INDOOR

Redshirted the season.

2005 CROSS COUNTRY

Saw limited action during the season.

HIGH SCHOOL

An all-Region selection in cross country at Tullahoma (Tenn.) High School... Team won mid-State and regional titles... A top 10 miler in the sectional... Also lettered in basketball for two years... Member of the National Honor Society, Barrett-Browning English Honor Society and Mu Alpha Theta... An all-American Scholar.

PERSONAL

Born Sarah Ann Milam on Nov. 14, 1983 in Winchester, Tenn... Daughter of Terri and Bill Milam... Majoring in biological sciences.



ANGELICA PHILLIPS

Junior • 5-6 • Coldwater, Miss.
Coldwater HS
Major: Criminal Justice
Events: Sprints

2006 OUTDOOR

Ran a personal best in the 100-meter dash, clocking 12.64 at the Bulldog Invitational... Ran a personal best in the 200-meter dash at the Jace Lacoste Invitational (25.49).

2006 INDOOR

Opened the year running a personal best in the 60-meter dash (8.22) at the Clemson Invitational.

2005 OUTDOOR

Competed in the 100- and 200-meters at the Jace Lacoste Invitational and the LSU Alumni Gold meet... In her first action for the Maroon and White, competed in the 100- and 200-meter dashes at the Bulldog Invitational... Ran third leg of second-place 4x100-meter relay team (48.35).

2005 INDOOR

Set a personal record in the 60-meter dash at the Bayou Bengal Invitational (8.38)... Ran a personal best in the 200-meter dash (26.27) at the SEC Championships... Finished 29th in the 400-meter dash at the SEC Championships (1:01.23).

HIGH SCHOOL

Attended Coldwater (Miss.) High School... Team captain from 2002-04... Named all-State from 1998-2004... Member of two state championship teams (2000 & 2002)... Earned six letters in track... Also lettered in basketball and softball.

PERSONAL

Born Angelica Gerneque Phillips in Senatobia, Miss. on May 20, 1986... Sister of former MSU all-American LaChristopher Lewis... Daughter of Patricia Hill and Jessie Williams... Studying criminal justice.



NICOLE ROSETTI

Sophomore • 5-9 • Biloxi, Miss.
Mercy Cross HS
Major: Education
Events: Distance

2006 CROSS COUNTRY

Competed in all six meets during the season... Placed 14th at the Sewanee Invite with a time of 19:47.87.

2006 OUTDOOR

Set a personal best in the 5000-meter run with a sixth-place finish at the Alabama Relays (18:27.51)... Posted a 19:00.27 in the 5000-meter run at the Jace Lacoste Invitational... Ran 18:44.52 in the 5000 at the LSU Tiger Relays.

2006 INDOOR

Ran a personal best in the 3000-meter run (11:03.69)... Posted a personal best in the 5000-meter run at Clemson (18:55.98).

2005 CROSS COUNTRY

Competed at the SEC Championships, finishing 54th... Best finish of the season came at the MSU Short Course (eighth)... Posted two other top 50 finishes at Belmont and the Crimson Classic.

HIGH SCHOOL

Ran for Loretta Bond at Mercy Cross (Miss.) High School... Mississippi High School Activities Association state champion in the 3200-meter run (2001, 2003, 2004 & 2005)... Class 2A state champion in the 1600-meter run (2003 & 2004)... Won two Class 2A cross country titles in the 4K race (2002 & 2004)... Finished second in 2003... Member of the Key Club, Interact Club, Drama Club, Science Club, FCA, National Honor Society... Catholic Youth Organization... Named to the Honor Roll all four years of high school.

PERSONAL

Born Nicole Elizabeth Rosetti on Feb. 25, 1987 in Ocean Springs, Miss.... Daughter of Pam and Nick Rosetti... Uncle, Clell Rosetti, played football at Southeastern Louisiana... Majoring in education.



EMILY SANDERS

Sophomore • 5-10 • Woodstock, Ga.
Sequoyah HS
Major: Psychology
Events: Throws

2006 OUTDOOR

Took 10th in the javelin throw at the SEC Championships (132-03)... Finished 18th in the hammer throw (160-00)... Set MSU freshmen records in two events... At the Penn Relays, threw 133-07 in the javelin and at the Jace Lacoste Invitational, threw 172-02 in a hammer throw win... Set a personal best in the shot put, throwing 40-07 1/2 at the LSU Tiger Relays... Won the hammer throw at the LSU Tiger Relays (165-03)... Posted second-place finishes at the Jace Lacoste Invitational (javelin, 124-04) and Auburn Invitational (hammer, 162-07)... Placed third in the javelin at Auburn (130-11) and hammer at the Bulldog Invitational (172-01).

2006 INDOOR

Placed 12th in the shot put (43-04 1/4) and 17th in the 20-lb. weight throw (51-03 1/2) at the SEC Championships... Set a personal best in the weight throw by winning the Bayou Bengal Invitational title (51-05 1/2), the fourth-best mark in school history.

HIGH SCHOOL

Earned High School all-America honors in the weight throw (2004 & 2005) and hammer throw (2004)... Four year letterwinner at Sequoyah HS under Lolita Smith... Two-time state champion in the shot put... Personal records are 44-03 (shot put), 139-06 (discus), 127-09 (javelin), 155-08 (hammer) and 53-0 (weight throw)... Earned two letters in basketball... Member of FCA, SHS Drumline and Prom committee... Named to the Honor Roll.

PERSONAL

Born Emily Kathleen Sanders on Jan. 10, 1987 in Jacksonville, Fla.... Daughter of Mary and Emory Sanders... Majoring in psychology.



MINA THORSTENSON

Senior • 5-4 • Okauchee, Wis.
Catholic Memorial HS
Major: Microbiology
Events: Distance

2006 CROSS COUNTRY

Ran in all six meets of the season... Finished fifth (18:38.89) and sixth (18:38.36) respectively at the Sewanee Invite and the Crimson Classic.

2006 OUTDOOR

At the SEC Championships, finished 26th in the 5000-meter run (17:47.84) and 21st in the 1500-meter run preliminaries (4:45.62)... Clocking a personal-best 4:39.40 in the 1500-meter run at the Jace Lacoste Invitational... Ran 10:21.11 in the 3000-meter run at the Bulldog Invitational, also a personal best... Finished fourth in the 5000-meter run at the LSU Tiger Relays (18:05.29)... Ran third leg of third-place 4x1500-meter relay at the Alabama Relays (19:20.99).

2006 INDOOR

Ran a personal best 17:32.42 in the 5000-meter run, finishing fifth at the Tyson Invitational... Won the mile run at the Bayou Bengal, running a personal best 5:07.37... At the Clemson Invitational, won the 5000-meter run in 18:06.02.

2005 CROSS COUNTRY

In her only meet of the year, finished 29th (19:15.32) at the Crimson Classic.

2005 INDOOR & OUTDOOR

Redshirted the season.

2004 CROSS COUNTRY

Ran 19:41.22 in a 33rd place finish at the Auburn Invitational... Opened the season at the Memphis Twilight Classic, finishing 29th in 18:31.07.

2004 OUTDOOR

Placed second in the 5000-meter run (18:19.10) at the Jace Lacoste Invitational.

2004 INDOOR

Finished 14th at the Rod McCravy Memorial in the mile run (5:15.83).

2003 CROSS COUNTRY

In her first SEC meet, finished 52nd (24:19.76)... Ran 22:57.53 to finish 78th at her first NCAA South Regional... At the Memphis Twilight Classic, finished third in 17:58... Crimson Classic marked with a 15th place finish (18:59.63)... Placed seventh at the MSU Invitational (14:42.00).



LADY BULLDOGS

2003 OUTDOOR

Won the 5000-meter run at the SEC Quadrangular in 17:45.27... Runner-up at the Jace Lacoste Invitational in the 1500-meter run in 4:45.45... Set top time in the 800-meter run at the Jace Lacoste Invitational in 2:22.18, finishing in fifth... Took 10th in the 10,000-meter run at the SEC Outdoor Championships (38:36.54)... Won the 5000 at the Bulldog Invitational in 18:00.70... Took third at the Ole Miss Open in the 1500 (4:52.43)... Ranked third on the squad in the 3000-meter run with a time of 10:27.60 recorded at the Arkansas State Invitational... Took fifth at the SEC West Challenge in the 3000 in 10:38.36.

2003 INDOOR

Track: Recorded a time of 10:28.10 at the Rod McCravy Memorial in the 3000... Took 10th at the Tyson Invitational in 10:34.68 in the 3000.

2003 CROSS COUNTRY

Opened the year with a sixth-place finish at the Sewanee Invite... Finished 15th among collegiate competitors at the FSU Invitational... Finished in the top 50 at her first SEC meet.

HIGH SCHOOL

Lettered four years in track and cross country at Catholic Memorial HS... Named to the all-State second team in cross country her junior and senior seasons... Holds the school record in the 3200-meter run with a time of 11:11... Won the WISAA championship in the two-mile run as a sophomore... Part of the 4x800-meter relay team that set the school record as a sophomore... Earned four letters in cross country skiing... Named a National Photography portfolio finalist... National Honor Society member.

PERSONAL

Mina Marie Thorstenson was born Jan. 29, 1984, in San Jose, Calif... The daughter of Mary and Eric Thorstenson... Majoring in microbiology.



ANDREA WAHLIN

Junior • 5-9 • Cold Springs, Minn.

Rocori HS

Major: Food and Nutrition

Events: Middle Distance/Sprints

2006 OUTDOOR

At the SEC Championships, finished 23rd in the 800-meter run preliminaries (2:16.41)... Ran a personal best 2:13.32 in the 800-meter run at the Auburn Invitational... Ran 2:14.20 to take second at the Bulldog Invitational.

2006 INDOOR

Set a personal best in the 800-meter run at the SEC Championships, finishing 15th in 2:15.21... Ran third leg of fifth-place distance medley relay team (11:39.77), fourth-best time in school history... Also ran third legs of DMR at Tyson (11:44.82), fifth-best time on all-time list and third place finish and winning team at Clemson (11:52.90)... Ran 2:17.96 to finish second in the 800 at the Bayou Bengal Invitational... Placed fifth in the 800-meter run at the Clemson Invitational (2:20.44).

2005 OUTDOOR

Finished 10th in the 800-meter run at Alabama (2:18.63)... Ran second leg of both 4x800 (9:12.82) and distance medley relay (12:00.43) teams that finished third.

2005 INDOOR

Ran third leg of distance medley relay... Squad finished fifth at the Clemson Invite (12:10.10) and 11th at the SEC Championships (12:12.25).

HIGH SCHOOL

Earned six letters in both track and cross country at Ricori (Minn.) High School... Three-time Minnesota state champion in the 800-meter run... Named an all-State selection in the 800 four times... Received 16 all-Conference honors in various events... Holds Rocori records in the 800-meter run, 4x200-meter relay, 4x400-meter relay, and 1600-meter run... Also lettered in basketball... Member of the National Honor Society and Student Senate president... Named to the Honor Roll.

PERSONAL

Born Andrea Elizabeth Wahlin in St. Cloud, Minnesota on Dec. 18, 1985... Daughter of Jane and Jerry Wahlin... A food and nutrition major.



NICOLA WILSON

Senior • 5-11 • Trenton, N.J.

Trenton Central HS

Major: Sociology

Events: Throws

2006 OUTDOOR

Threw 47-02 1/4 in the shot put at the Mideast Regional... At the SEC Championships, scored for the Lady Bulldogs by finishing eighth in the shot (47-08)... Set the MSU school record in the shot put on two occasions... Threw 50-01 3/4 at the Alabama and Texas Relays... Set a personal best in the discus throw at the LSU Tiger Relays (141-08)... Won the shot title at the LSU Tiger Relays (49-10 1/2) and Auburn Invitational (49-05)... Finished third in the shot at the Bulldog Invitational (47-07 3/4).

2006 INDOOR

Set the MSU school record in the shot put, throwing 49-01 3/4 to finish fifth at the SEC Championships... Won the Bayou Bengal Invitational title (48-00 3/4)... Opened the season with a fourth-place finish at the Clemson Invitational (44-07).

2005 OUTDOOR

Took ninth in the shot put at the Penn Relays... Finished sixth in the shot put at LSU (41-5)... Set personal best in the shot put (46-63/4), discus (135-2) and hammer (119-9) at the Jace Lacoste Invitational... Competed in the shot put at the Bulldog Invitational, finishing fifth (45-5)... Finished 10th in the shot put at the SEC Championships.

2005 INDOOR

Threw a team-best 45-01 3/4 in the shot put at the SEC Championships, finishing 10th... Finished sixth (43-09 3/4) at the Bayou Bengal Invitational and seventh (44-06) at the Clemson Invitational.

2004 OUTDOOR

Took third place at the Alabama Relays with a toss of 44-11 1/2... Won the shot put at the Bulldog Invitational, posting a personal best throw of 46-5 1/2... Placed second at the Jace Lacoste Invitational (45-7)... Competed at the SEC Outdoor Championships, finished 16th (43-2 1/4).

2004 INDOOR

Her 44-10 3/4 throw at the Arkansas Invitational was good enough for third place... At the Rod McCravy Memorial set another personal best in the 20-pound weight throw (45-6 1/4)... Competed at the SEC Indoor Championships, finishing 30th (39-10 3/4).

2003 INDOOR & OUTDOOR

Did not compete during the season.

HIGH SCHOOL

Earned four letters in track for Trenton Central (N.J.) HS... Ninth-ranked thrower in the country according to Track & Field News... Took first at the New Jersey State Outdoor Championships as a senior while placing second in the discus... Finished fifth in the high school championship section of the shot put at the Penn Relays as a senior... Also took fifth at the 2002 Nike Indoor Classic in the shot... Member of TCHS's honor roll and Honor society... Earned citizenship, sportsmanship, environmental and Governor's honors.

PERSONAL

Nicola K. Wilson was born on July 31, 1983, in St. Ann, Jamaica... Daughter of Wesley Wilson and Sonia Morris... Majoring in sociology.



DOT YOUMANS

Sophomore • 5-10 • Poplarville, Miss.

Poplarville HS

Major: International Business

Events: Combined Events

2006 OUTDOOR

Set an MSU freshman record and personal best in the high jump by finishing second and clearing 5-07 at the Jace Lacoste Invitational.

2006 INDOOR

Competed in the pentathlon, finishing 16th overall with a personal best 3,260 points... During the pentathlon, let personal bests in the 60-meter hurdles (9.92, c), 800-meter run (2:25.87), long jump (15-08 1/4) and shot put (32-07 1/2)... Cleared a personal-best 5-06 in the high jump at the Bayou Bengal Invitational to win the meet title... Opened career setting a personal best in the 60-meter dash (8.39) at the Clemson Invitational.

HIGH SCHOOL

Two-time state champion in the high jump (sophomore and junior) at Poplarville (Miss.) High School... Finished second in the high jump as a freshman and senior and in the 300 hurdles as a senior... As a junior, took third in the 300 hurdles... South State champion in the high jump as a freshman and junior... Regional and district champion in the high jump and 300-meter hurdles all four years of high school... District and regional winner in the discus as a junior... State qualifier in the discus... Scholar Athlete... Also played basketball for the Lady Hornets... Member of the FCA and Spanish and Art Clubs.

PERSONAL

Born Dorothy Annadeus Youmans on Nov. 11, 1986 in Ocean Springs, Miss... Daughter of Alice and Earnest Smith... Cousins Kira Tillman (North Carolina A&T) and Melanie Raine (Jackson State) played basketball collegiately... Seeking a dual degree in international business and biological sciences.

LADY BULLDOG NEWCOMERS



LAQUINTA AARON

Freshman • 5-4 • Tuscaloosa, Ala.
Northridge HS
Major: Biological Sciences
Events: Sprints

HIGH SCHOOL

Competed at Northridge High School in Tuscaloosa, Ala. for head coach Jeff Sparks... Won a combined 15 state titles in the 55-meter dash, 55-meter hurdles, indoor and outdoor long jump, indoor and outdoor 400-meter dash, 100-meter dash, outdoor 200-meter dash, 300-meter hurdles, 4x100- and 4x400-meter relays and heptathlon... During her five years, NHS has won two indoor state titles and three outdoor... Named Most Valuable Player of the AHSA Class 5A state indoor meet... Named Outstanding Performer... Broke four indoor and two outdoor Class 5A record... Named Paul Bryant Invitational MVP... Member of the Spanish Club... Named to the Honor Roll and received the Most Distinguished Senior award.

PERSONAL

Daughter of Rachael Washington... Majoring in biological sciences.



WENDY COPELAND

Freshman • 5-8 • Tupelo, Miss.
Tupelo HS
Major: Biological Sciences
Events: Sprints

HIGH SCHOOL

Prepped under Chris McCrae at Tupelo (Miss.) High School... 2005 Mississippi Track and Field Gatorade Player of the Year... Won MHSAA Class 5A state titles in the long and triple jumps... As a sophomore and junior, a district, regional and North State champion in both events... Notes personal best times 19-01 in the long jump and 39-00 3/4 in the triple... Recognized as THS' Outstanding Field Event athlete the past two seasons... PopStar award nominee... Also played basketball for the Lady Golden Wave... Earned the Hustle Award and Heart of a Champion award... Member of the National Honor Society and Anchor Club.

PERSONAL

Daughter of Velma Bowdry... Majoring in biological sciences.



LATISHA ROGERS

Freshman • 5-11 • Brantley, Ala.
Brantley HS
Major: Furniture Management
Events: Throws

HIGH SCHOOL

Played softball at Brantley High School... Played first base and centerfield... Kept the official book for the BHS men's and women's basketball programs... Participated in the band.

PERSONAL

Latisha Sarah Rodgers was born on Jan. 24, 1987 in Bronx, NY... Daughter of Mary and Kenneth McPherson and Bruce Harris... Majoring in furniture management.



BRIDGETTE ROSE

Freshman • 5-4 • Leeds, Ala.
Leeds HS
Major: Accounting
Events: Sprints

HIGH SCHOOL

As a prep at Leeds High School, Rose won the Alabama High School Athletic Association's Class 3A state championship in the 300-meter hurdles as a sophomore and junior, the 100-meter dash title as a junior and the pole vault as a junior... Awarded the Best Performance Award for indoor track and the Most Valuable Player award as a junior... An all-county selection... Personal records are all state records in their respective events - 100-meter hurdles (14.23), 300-meter hurdles (44.71), 100-meter dash (11.93) and pole vault (9-6)... At the 2005 Nike Nationals competed in the 100-meter hurdles and 100- and 200-meter dashes... In 2004, she ran the 100- and 400-meter hurdles and 4x400-meter relay at the Amateur Athletic Union's National Club Championships... A three-year member of the volleyball team where she served as team captain. She was named MVP of the squad her senior season... A member of the Student Government Association, she volunteered with various community service projects... The most recent service project she participated in was "Jeans for Teens" designed to collect jeans and clothing items for victims of Hurricane Katrina.

PERSONAL

The daughter of Ayanna and Terrence Rose... Majoring in accounting.



MEN'S PERSONAL RECORDS

KILEY AGUAR	
Hammer	
139-00	.2006 Jace Lacoste Invitational

JOHN BAILEY	
100-meter dash	
10.93	.2006 SEC Championships
200-meter dash	
21.87	.2006 Jace Lacoste Invitational
110-meter hurdles	
16.95	.2006 Jace Lacoste Invitational

DARYL BRADY	
100-meter dash	
11.65	.2006 SEC Championships
400-meter dash	
51.92	.2006 SEC Championships
1500-meter run	
4:55.51	.2006 SEC Championships
110-meter hurdles	
17.46	.2006 SEC Championships
High Jump	
6-06 ^{3/4}	.2006 Jace Lacoste Invitational
Pole Vault	
14-01	.2006 SEC Championships
Long Jump	
21-02 ^{3/4}	.2006 SEC Championships
Shot Put	
33-10 ^{3/4}	.2006 Alabama Relays
Discus	
102-11	.2006 SEC Championships
Javelin	
157-01	.2006 Jace Lacoste Invitational
Decathlon	
6,253 pts	.2006 SEC Championships

ALLEN CASSELL	
High Jump	
6-08 ^{1/4}	.2006 SEC Championships

NATHAN DANIELS	
400-meter dash	
47.03	.2006 Auburn Invitational
800-meter run	
1:51.84	.2006 SEC Championships

ARTHUR DAVIS	
200-meter dash	
21.01	.2005 Jace Lacoste Invitational
400-meter dash	
46.17	.2005 Jace Lacoste Invitational

BRUCE DAVIS	
200-meter dash	
22.08	.2006 Bulldog Invitational
400-meter dash	
46.45	.2006 Auburn Invitational

AUSTIN GOLDING	
Javelin	
177-3	.2005 SEC Championships
Pole Vault	
14-1 ^{1/4}	.2005 LSU Alumni Gold

RYAN IRWIN	
800-meter run	
1:51.01	.2004 SEC Championships
1500-meter run	
4:01.33	.2006 SEC Championships

EZRA JONES	
200-meter dash	
21.95	.2006 Bulldog Invitational
400-meter dash	
46.73	.2006 Mideast Regional

PAD JUDD	
1500-meter run	
3:55.16	.2006 SEC Championships
3000-meter run	
8:45.90	.2006 Bulldog Invitational
5000-meter run	
14:58.92	.2006 FSU Snowbird

WADE MARTIN	
3000-meter run	
8:54.70	.2006 Bulldog Invitational
3000-meter steeplechase	
9:42.26	.2006 Jace Lacoste Invitational
5000-meter run	
14:34.16	.2006 FSU Snowbird

TRAVIS McKAY	
1500-meter run	
3:54.41	.2005 Jace Lacoste Invitational
3000-meter run	
8:26.51	.2006 Bulldog Invitational
3000-meter steeplechase	
8:59.42	.2006 SEC Championships
5000-meter run	
14:25.14	.2006 FSU Snowbird

PHILLIP MOORE	
800-meter run	
1:57.32	.2005 Jace Lacoste Invitational
1500-meter run	
3:56.11	.2005 Jace Lacoste Invitational
5000-meter run	
15:30.26	.2006 FSU Snowbird
Javelin	
105-08	.2006 Jace Lacoste Invitational

MEN'S PERSONAL RECORDS



ELIOTT MORANT

100-meter dash	10.56	.2005 Bulldog Invitational
200-meter dash	21:76	.2004 Bulldog Invitational
110-meter hurdles	14:45	.2006 SEC Championships

CHRIS WOODS

400-meter dash	48.18	.2006 FSU Snowbird
800-meter run	1:48.90	.2006 Bulldog Invitational
400-meter hurdles	56.02	.2005 SEC Championships

JOSEPH QUEEN

100-meter dash	11.57	.2006 SEC Championships
200-meter dash	24:22	.2005 Jace Lacoste Invitational
400-meter dash	50.93	.2006 SEC Championships
1500-meter run	4:35.24	.2006 SEC Championships
110-meter hurdles	16.98	.2006 SEC Championships
High Jump	5-09 ^{3/4}	.2006 Alabama Relays
Pole Vault	15-01	.2006 SEC Championships
Long Jump	20-10 ^{3/4}	.2006 SEC Championships
Shot Put	35-01 ^{1/4}	.2006 SEC Championships
Discus	110-00	.2005 SEC Championships
Javelin	162-02	.2006 LSU Tiger Relays
Decathalon	6,519 pts	.2006 SEC Championships

DANIEL ZABALDANO

Discus	149-03	.2006 LSU Tiger Relays
Javelin	171-03	.2006 Auburn Invitational
Hammer	85-01	.2006 SEC Jace Lacoste Invitational

ROBERT SCRIBNER

1500-meter run	4:16.34	.2005 Alabama Relays
5000-meter run	14:58.13	.2005 FSU Snowbird
10,000-meter run	31:30.41	.2005 Penn Relays

BRANDON SMITH

1500-meter run	3:59.60	.2005 Jace Lacoste Invitational
5000-meter run	14:59.84	.2005 FSU Snowbird

JERALD WILSON

100-meter dash	11.00	.2006 Bulldog Invitational
200-meter dash	23.10	.2005 Jace Lacoste Invitational
Long Jump	22-08 ^{1/2}	.2006 LSU Tiger Relays
Triple Jump	46-10 ^{1/4}	.2005 Alabama Relays



WOMEN'S PERSONAL RECORDS

ANTRESE BANKS**OUTDOOR**

200-meter dash
25:172006 SEC Championships/Auburn Invitational
400-meter dash
56:222006 SEC Championships

INDOOR

60-meter dash
7.892006 Clemson Invitational
200-meter dash
25.992006 SEC Championships
400-meter dash
1:00.012006 Bayou Bengal Invite

JANELLE FINLEY**OUTDOOR**

100-meter dash
12.602006 Bulldog Invitational
Long Jump
19-11^{3/4}2006 Jace Lacoste Invitational
Triple Jump
39082006 Jace Lacoste Invitational

INDOOR

200-meter dash
26.982006 Bayou Bengal Invite
Long Jump
18-07^{1/4}2006 SEC Championships
Triple Jump
39-03^{3/4}2006 SEC Championships

MICHELLE CORRIGAN**OUTDOOR**

1500-meter run
4:39.402006 Auburn Invitational
3000-meter run
10:29.222006 Bulldog Invitational
5000-meter run
17:53.182006 LSU Tiger Relays

INDOOR

3000-meter run
10:09.072006 Clemson Invitational

ABBEY GRAHAM**OUTDOOR**

800-meter run
2:21.182006 Bulldog Invitational

INDOOR

800-meter run
2:25.162006 Clemson Invitational

GABRIELLE DILLON**OUTDOOR**

100-meter dash
12:032006 SEC Championship/Texas Relays
200-meter dash
23.962006 Jace Lacoste Invitational

INDOOR

60-meter dash
7.58 (c)2006 SEC Championships
200-meter dash
25.242006 SEC Championships

JOY GRIFFITH**OUTDOOR**

1500-meter run
4:32.292006 Auburn Invitational
3000-meter run
10:13.112006 Bulldog Invitational
3000-meter steeplechase
10:35.312006 Penn Relays
5000-meter run
17:26.102004 Penn Relays
10,000-meter run
36:43.842004 SEC Championships

INDOOR

3000-meter run
10:14.752004 Rod McCravy Memorial
5000-meter run
17:26.102004 Penn Relays
Mile Run
5:21.312004 Arkansas Invitational

ANNIE FALOR**OUTDOOR**

1500-meter run
4:33.072006 Auburn Invitational
5000-meter run
17:10.092006 SEC Championships

INDOOR

3000-meter run
10:01.462006 SEC Championships

WOMEN'S PERSONAL RECORDS



LIZ GRUBE	
OUTDOOR	
800-meter run	2:15.862006 Auburn Invitational
1500-meter run	4:36.312006 Texas Relays
INDOOR	
800-meter run	2:19.832004 Rod McCravy Memorial
Mile Run	5:00.722006 SEC Championships

JEN McPHERSON	
OUTDOOR	
800-meter run	2:08.512006 SEC Championships
1500-meter run	4:20.802004 Jace Lacoste Invitational
INDOOR	
800-meter run	2:10.692005 Purple Tiger Invitational
Mile Run	4:42.792005 Terrier Classic

MARRISSA HARRIS	
OUTDOOR	
200-meter dash	24.462006 Jace Lacoste Invitational
800-meter run	2:32.982006 SEC Championships
100-meter hurdles	13.522006 SEC Championships
High Jump	5-01 ^{3/4}2006 SEC Championships
Long Jump	19-09 ^{3/4}2006 SEC Championships
Shot Put	35-08 ^{1/2}2006 SEC Championships
Javelin	101-042006 SEC Championships
Heptathlon	5,112 pts.2006 SEC Championships
INDOOR	
60-meter hurdles	8.74 (c)2006 SEC Championships
800-meter run	2:42.132006 SEC Championships
High Jump	5-012006 Clemson Invitational
Long Jump	18-03 ^{3/4}2006 SEC Championships
Shot Put	32-052006 SEC Championships
Pentathlon	3,450 pts.2006 SEC Championships

SARAH MILAM	
OUTDOOR	
5000-meter run	21:12.152006 Jace Lacoste Invitational

ANGELICA PHILLIPS	
OUTDOOR	
100-meter dash	12.642006 Bulldog Invitational
200-meter dash	25.492006 Jace Lacoste Invitational
INDOOR	
60-meter dash	8.222006 Clemson Invitational
200-meter dash	26.272005 SEC Championships
400-meter dash	1:01.232005 SEC Championships

NICOLE ROSETTI	
OUTDOOR	
5000-meter run	18:27.512006 Alabama Relays
INDOOR	
3000-meter run	11:03.692006 Bayou Bengal Invite
5000-meter run	18:55.982006 Clemson Invitational

CHRISTINA HERNANDEZ	
OUTDOOR	
Shot Put	44-00 ^{3/4}2006 Bulldog Invitational
Discus	156-002006 Jace Lacoste Invitational
Hammer	164-002006 Jace Lacoste Invitational
INDOOR	
Shot Put	43-05 ^{1/4}2006 SEC Championships
20-lb Weight Throw	49-05 ^{3/4}2005 Bayou Bengal Invite

EMILY SANDERS	
OUTDOOR	
Shot Put	40-07 ^{1/2}2006 LSU Tiger Relays
Javelin	133-072006 Penn Relays
Hammer	172-022006 Jace Lacoste Invitational
INDOOR	
Shot Put	43-04 ^{1/4}2006 SEC Championships
20-lb Weight Throw	51-05 ^{1/2}2006 Bayou Bengal Invite



WOMEN'S PERSONAL RECORDS

MINA THORSTENSON

OUTDOOR

1500-meter run
4:39.402006 Jace Lacoste Invitational
3000-meter run
10:21.112006 Bulldog Invitational
5000-meter run
17:45.272003 SEC Quadrangular

INDOOR

Mile Run
5:07.372006 Bayou Bengal Invite
3000-meter run
10:27.602003 Arkansas State Invitational

ANDREA WAHLIN

OUTDOOR

800-meter run
2:13.322006 Auburn Invitational

INDOOR

800-meter run
2:15.212006 SEC Championships

NICOLA WILSON

OUTDOOR

Shot Put
50-01^{3/4}2006 LSU Tiger Relays
Discus
141-082006 LSU Tiger Relays

INDOOR

Shot Put
49-01^{3/4}2006 SEC Championships
20-lb Weight Throw
45-06^{1/4}2004 Rod McCravy Memorial

DOT YOUMANS

OUTDOOR

High Jump
5-072006 Jace Lacoste Invitational

INDOOR

60-meter dash
8.392006 Clemson Invitational
60-meter hurdles
9.922006 SEC Championships
800-meter run
2:25.872006 SEC Championships
High Jump
5-062006 Bayou Bengal Invite
Long Jump
15-08^{1/4}2006 SEC Championships
Shot Put
32-07^{1/2}2006 SEC Championships
Pentathlon
3,260 pts2006 SEC Championships