

# MSOE ATHLETICS



# 2017-18 STUDENT-ATHLETE HANDBOOK

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### **DIVISION III PHILOSOPHY STATEMENT**

Colleges and universities in Division III place highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs. They seek to establish and maintain an environment in which a student-athlete's athletic activities are conducted as an integral part of the educational experience. They also seek to establish and maintain an environment that values cultural diversity and gender equity among their student-athletes and athletics staff.

To achieve this end, Division III institutions:

1. Place special importance on the impact of athletics on the participants rather than on the spectators, and place greater emphasis on internal constituencies (students, alumni, institutional personnel) than on the general public and its entertainment needs.
2. Award no athletically-related financial aid to any student.
3. Encourage the development of sportsmanship and positive societal attitudes in all constituents, including student-athletes, coaches, administrative personnel and spectators.
4. Encourage participation by maximizing the number and variety of athletics opportunities for their students.
5. Assure that the actions of coaches and administrators exhibit fairness, openness and honesty in their relationships with student-athletes.
6. Assure that athletics participants are not treated differently from other members of the student body.

7. Assure that athletics programs support the institution's educational mission by financing, staffing and controlling the programs through the same general procedures as other departments of the institution.
8. Provide equitable athletics opportunities for men and women, and give equal emphasis to men's and women's sports.
9. Give primary emphasis to regional in-season competition and conference championships.
10. Support student-athletes in their efforts to reach high levels of athletics performance, which may include opportunities for participation in national championships, by providing all teams with adequate facilities, competent coaching and appropriate competitive opportunities.

The purpose of the NCAA is to assist its members in developing the basis for consistent, equitable competition while minimizing infringement on the freedom of individual institutions to determine their own special objectives and programs. The philosophy statement articulates principles that represent a commitment to Division III membership and shall serve as a guide for the preparation of legislation by the division, and for the planning and implementation of programs by institutions and conferences.

### **COMPLIANCE FORMS**

#### **Mandatory Physical Examination and Medical Forms**

As required by NCAA and MSOE, all student-athletes in their initial year of athletic eligibility (**includes freshmen, transfers, and first-time MSOE student-athletes**) are required to have a complete physical examination that positively determines readiness for intercollegiate athletic participation. Examination dates will be held at the Kern Center prior to winter and spring sports seasons in the month of September, and there will be no charge for this examination. The MSOE free examination dates are determined during the summer, and the information is provided to the coaches and Athletics Department administrative personnel. MSOE Sports Medicine recommends that you obtain a physical with your primary care physician. Your primary care physician knows your health history best. Visits to personal physicians will be at the athlete's own expense. Physical examinations must be on MSOE Sports Medicine forms, **and signed by physician (MD or DO)**. You may receive a physical exam with MSOE Health Services as well.

All athletes must complete annual forms on our electronic medical record system called the Athletic Trainer System (ATS).

Details and instructions on how to access and complete this process can be found on our website at: [http://www.go-raiders.com/inside/sports\\_medicine/index](http://www.go-raiders.com/inside/sports_medicine/index)

**\*\*No athlete may practice or compete until this requirement is completed.**

#### **General Release of Liability**

A General Release of Liability form must be completed prior to practice or competition. This form is also available on the ATS system (see above). No athlete may participate in practices or contests until this form is

submitted.

## **NCAA Forms**

Every intercollegiate athlete must fill out NCAA forms, including the Student-Athlete Statement Concerning Eligibility, Buckley Amendment Consent, and Drug Testing Consent, at the beginning of each participating year. No athlete may practice or play before completing and submitting these forms. These must be filled out in the presence of the Athletics Director or his designated representative.

## **TRAINING RULES**

The MSOE Athletic Department, its coaching personnel, physician, athletic trainers, and administration strongly believe that the abuse of alcohol and illicit use of drugs can be detrimental to the physical and mental well-being of student-athletes, no matter when such use should occur during the year. Additionally, use or abuse of alcohol and use of drugs can seriously interfere with the performance of individuals as students and as athletes, and can be injurious to student-athletes and their teammates, particularly when participating in athletic competition. Furthermore, because athletes are so often in the public eye, alcohol/drug related activity on their part is cause for adverse attention.

The following MSOE Athletic Training Rules will be in effect for all athletes. Each head coach has the option of imposing additional training rules for his/her sport.

- Drug use by athletes will be deemed a violation of team rules.
- Violation of state alcohol laws is a *criminal misdemeanor* and any athlete who violates state alcohol laws is subject to prosecution. Legal-aged athletes may not consume alcohol within two nights (or 48 hours) prior to an athletic contest, or while on road trips.
- MSOE does not condone the use of tobacco. The use of tobacco is prohibited in connection with any intercollegiate team function. Effective August 1994, NCAA legislation prohibits the use of tobacco products.
- The athletic department encourages student-athletes to live life in moderation. Any excessive action is usually detrimental to the individual student-athlete, and to his/her team.

## **GENERAL SPORTS MEDICINE POLICIES**

### **Sports Medicine Staff and Team Physician**

- MSOE Sports Medicine staff consists of four certified athletic trainers, Dave Bugalski, Danielle Olson, Jarrod Dominiak, and Mike Houte.
- MSOE Team Physician is Dr. Jamie Edwards of the Orthopedic Institute of WI.
- MSOE Team Physician's Assistant is Ryan Schrader of the Orthopedic Institute of WI.
- Team Physician will see athletes in his clinic, and are scheduled through the Director of Sports Medicine.

### **Sports Medicine Room Access and Hours**

- Weekday Sports Medicine room hours will be posted weekly outside each entrance to the room.

- Weekend hours are for competitions and multiple practice sessions for in-season teams.
- Access to the Sports Medicine room will only be allowed under supervision of and by arrangement with the Director of Sports Medicine.

### **Sports Medicine General Rules**

- The athletic training room is a professional area, please treat it as such.
- All bags should be left in the locker room or outside in the hall.
- No profanity or inappropriate language.
- You must log into the ATS Kiosk every time you enter the athletic training room.

### **Injury Reporting**

- The student-athlete assumes the direct responsibility for reporting all injuries and illnesses to the MSOE Sports Medicine staff as soon as possible.
- The student-athlete should be seen by MSOE Sports Medicine staff for athletically related injuries prior to seeing someone else (unless it is an emergency).
- Student-athletes are responsible for full disclosure of any prior and future medical conditions to the Sports Medicine staff, including symptoms of a head injury/concussion.

### **Treatments and Rehabilitation, and Adherence**

- All ongoing rehabilitations and out-of-competition-season injury treatments will be completed prior to 3 pm. Priority will be given to athletes whose teams are currently in their competition season.
- If your schedule does not allow this, please bring in a copy of your schedule and we will attempt to make other arrangements.
- Consistency with rehab is extremely important to the outcomes.
- If not seen for treatment for 10 days without contact with MSOE Sports Medicine, injuries are closed and considered resolved.
- Home exercise programs are important to the outcome of each injury.

### **Return to Activity**

The MSOE Sports Medicine staff has the final determination in return to activity, even if another physician (outside of the MSOE Team MD) “clears” the athlete for practice or competition. Clearance to participate decisions will require clearance in writing. The Sports Medicine staff may require further diagnostics, rehabilitation, or process, prior to an MSOE provider determining status for participation.

### **Medication Reporting**

- Effective August 2009, the NCAA requires documentation that demonstrates the student-athlete has undergone a clinical assessment to diagnose ADHD, and is being routinely prescribed and monitored for the use of a stimulant medication, in order to receive exemption from the banned drug policy.
- If on ADHD medication, this information is to be kept on file with the MSOE Sports Medicine Department.
- Prescription rescue medications for known allergies or asthma must be arranged with Sports Medicine and the coaching staff prior to participation, to properly integrate into the emergency action plan.

## Confidentiality/Documentation

- In compliance with the Health Insurance Portability and Accountability Act (HIPAA) of 1996, all information and documents relating to the evaluation and treatment of MSOE athletes is considered confidential.
- General information as mentioned above may be shared with parents, teammates, faculty, coaching staff, administration, or even other health care providers, in order to provide the best plan of care.
- Release to discuss Protected Health Information (PHI) with designated personnel is given in the Consent to Treat and HIPAA Authorization form, which is voluntarily signed at the beginning of each school year.

## Insurance

- The NCAA and MSOE require all MSOE student-athletes to provide evidence of primary insurance that covers injuries that occur during participation in intercollegiate athletics, with a maximum coverage limit of at least \$90,000.
- MSOE Athletics does not provide any other form of insurance and assumes no responsibility whatsoever for the payment of, or authorization to pay, medical expenses resulting in injuries that occur while participating in intercollegiate athletics at MSOE.
- You must receive services at a medical facility in which your primary insurance will authorize payment for medical services.
- Annually you must complete the following tasks regarding insurance:
  - You must complete/verify the insurance information annually on the Athletic Trainer System.
  - Upload a current copy of the front and back of your insurance card.
  - Update MSOE Sports Medicine if there are any changes.
- If your primary insurance is an HMO or does not allow services in this area, we suggest you obtain a rider from your insurance company to allow services in the area, or you will be required to return home for services.

## Concussion & Traumatic Brain Injury (TBI) Management

Concussion Definition – is a brain injury that can change the way the brain normally works. They can range from mild to severe, present differently in each athlete/occurrence, and can happen in practices or games in any sport. Concussions can be caused by a blow to the head or body from contact with another player, the ground, ice, or floor, or by being hit by a piece of equipment.

Symptoms – symptoms may be noticeable immediately, or can be delayed. They include:

Amnesia	Nausea
Confusion	Feeling sluggish, foggy, or groggy
Headache	Feeling unusually irritable
Loss of consciousness	Balance problems or dizziness
Double or fuzzy vision	Slowed reaction time
Sensitivity to light or noise	Concentration/memory problems

- If you think you may have a concussion, report it, get checked out, take time to recover, and do not hide it.

- Return to Play – return to play progression will occur only after the patient is asymptomatic with normal neurological assessment at rest and with exertion, and all post-injury testing scores have returned to baseline levels. The progression of return to play consists of gradual increase in physical activity over the course of one week. This remains the same no matter the severity of the concussion.
- All student-athletes are required to complete a Concussion Acknowledgement form each year, before athletic participation begins.

More information and the NCAA Concussion Fact Sheet can be found at [http://www.go-raiders.com/inside/sports\\_medicine/index](http://www.go-raiders.com/inside/sports_medicine/index)

### **Sickle Cell Trait**

Sickle cell trait is the inheritance of one gene for normal oxygen-carrying protein (hemoglobin), and one for sickle hemoglobin in red blood cells. During high intensity exercise, the red blood cells sickle (shape of a quarter moon) and can create a “logjam” in blood vessels, decreasing blood flow and oxygen to the body’s tissues and muscles. The result typically presents as fatigue, ischemic muscle pain, muscle weakness, and even collapse. Sickle cell trait has been associated with a condition known as exertional rhabdomyolysis, renal failure and death. Heat, dehydration, altitude, and asthma increase the risk in athletes with sickle cell trait, and worsen complications even in non-intense exercise. High risk athletes have ancestry from Africa, South and Central America, Caribbean, Mediterranean countries, India, and Saudi Arabia. Sickle cell trait occurs in about 8 percent of the U.S. African American population.

Beginning 2013, the NCAA requires that all incoming student-athletes complete one of the following options:

- Provide documentation results of a sickle cell trait test
- Perform a current sickle cell solubility test
- Sign a waiver declining a current blood test

All students are required to complete a Sickle Cell Trait Testing Information, Declaration, and Waiver Form prior to practicing or competing in their first year of participation.

More information and the Sickle Cell Trait Fact Sheet can be found at [https://www.go-raiders.com/inside/sports\\_medicine/index](https://www.go-raiders.com/inside/sports_medicine/index)

## **TRANSPORTATION**

Transportation to all away games will be provided by MSOE and must be used by all athletes. No one may travel in a private vehicle. Most transportation will be via coach buses, Athletics Department vans, and a 24-passenger vehicle. When shortages occur, additional vans will be rented by the Athletics Department. In some cases, school buses, and occasionally airplanes, will be used.

Only certified drivers may drive athletic vans. Drivers must have a good driving record and must pass a defensive driving class, consisting of one classroom session and one on-the-road session. All drivers must exercise extreme caution when driving vans.

Tickets for on-the-road violations, including parking tickets, *are the responsibility of the driver.*

Some teams practice and play home games away from campus. Most of the time, transportation will be provided. Athletes are encouraged to use this transportation whenever possible.

Students must treat the athletic vans with respect. All vans will be inspected upon departure and return. Vandalism will not be tolerated, and individuals and teams will be held responsible.

### **TIME MANAGEMENT**

All freshman athletes must complete a mandatory time-management seminar during freshman orientation. Participation in contests will not be allowed until this requirement is fulfilled.

### **FUND RAISING**

Athletic teams are funded by the university. However, teams raise money for special needs such as longer trips during break time, special apparel, etc.

Some methods of fund raising have included sports camps, parking cars in university lots during special events, raffles, special sales, etc.

Students are reminded that although participation in these projects is expected, no special privileges are gained by each individual. For example, if jackets are purchased through organized team fund raising activities, they are the property of the university, not the individual.

### **STUDENT ATHLETIC ADVISORY COMMITTEE (SAAC)**

The primary purpose of SAAC is to provide the MSOE intercollegiate athletic teams with student representation to the Athletics Department. This is intended to develop a greater communication link between the athletes and the university on issues of policy, academics, and operation. Secondly, the SAAC serves as a means to generate student support and excitement for athletics, for athletic outreach into the community, and for the fulfillment of the mission of the MSOE Athletics Department.

Membership consists of all MSOE athletes. Each intercollegiate team recognized by MSOE shall appoint two members to attend monthly SAAC meetings. Athletes appointed must be academically eligible to participate on a team and be a member of the particular team they are representing.

### **ATHLETIC AWARDS**

All students who complete a sport season will receive a certificate of participation, or an award according to how many varsity letters they have earned.

Athletic awards will be distributed by the coaches, usually at the end of season banquet. Although student-athletes may participate in numerous sports, they may not receive duplicate awards. Student-athletes are eligible to receive only one of each award during their athletic career. All awards must be claimed by the student-athlete during the year the award was earned. Awards earned for sports in previous years cannot be claimed.

Each year, a senior male and female student will be chosen as a Scholar-Athlete of the Year. Criteria for this award will be: cumulative grade point average, athletic accomplishments achieved at MSOE, leadership positions held with their team or the Athletics Department. There will also be a Senior Athlete award given to a male and female student. Winners will be selected based strictly on athletic achievement at MSOE. The names

of the recipients will be engraved on a permanent plaque.

Many coaches also have team awards (MVP, Spirit, etc), and athletes are eligible for national, regional, conference, and tournament awards.

## HAZING

Hazing of team members by anyone is not permitted, nor will it be tolerated. Hazing is defined as any action taken or situation created intentionally, whether on or off campus, to produce mental or physical discomfort, embarrassment, harassment or ridicule. Acts of hazing can range from running errands for another member or leader of a group, to dangerous activities that can lead to serious physical harm, such as binge drinking. Remember that you don't have to do anything you don't want to do. If you feel like you might be experiencing any form of hazing or pressure to do something you're uncomfortable with, talk with your coach or Counseling Services.

### HAZING vs TEAM BUILDING

<u>Hazing</u>	<u>Team Building</u>
Humiliates and degrades	Promotes respect and dignity
Tears down individuals	Supports and empowers
Creates division	Creates real teamwork
Lifelong nightmares	Lifelong memories
Shame and secrecy	Pride and integrity
A power trip	A shared positive experience

## SEXUAL MISCONDUCT

Members of the MSOE community, including students, faculty, staff, and other employees, as well as guests and visitors (i.e., third parties), have the right to be free from sexual misconduct, including sexual harassment, sexual exploitation, non-consensual sexual contact or intercourse, and sexual violence. MSOE supports a zero-tolerance policy for gender-based misconduct. The University does not discriminate on the basis of sex in its education programs and activities. When an allegation of misconduct is brought to an appropriate administrator's attention, and a respondent is found to have violated this policy, serious sanctions will be used to reasonably ensure that such actions are never repeated.

The University's response to instances of sexual misconduct is detailed in the Sexual Misconduct Policy, and features definitions of offenses, including definitions of important related concepts in adjudication (e.g., "consent"), reporting options, guidance in the event of violent sexual misconduct, formal and informal sexual misconduct complaint and grievance processes, adjudication processes and procedures, as well as remedies. The policy is available online at [msoe.edu/docs/DOC-1607](http://msoe.edu/docs/DOC-1607)

## SPORTSMANSHIP

It is the duty of all MSOE athletes to promote sportsmanlike and ethical conduct at all times. Participants must act in a manner which represents the highest level of honor, dignity, and fair play. At no time will MSOE athletes engage in verbal or physical abuse of anyone. This includes taunting, the use of obscene gestures, profanity, or unduly provocative language toward officials, opponents or spectators.

## MSOE/NACC STUDENT-ATHLETE ELIGIBILITY

### Section 1: Academic Standards.

- a. MSOE and the Northern Athletic Collegiate Conference (NACC) will follow NCAA rules and regulations. The NACC standards are the accepted and recognized minimums. Each NACC institution may have standards higher than those minimums.
  - 1a) MSOE standards of satisfactory progress (via NCAA 14.4.1) sets precedent. University determination of student satisfactory progress, probation or suspension is key determinate in student-athlete athletic eligibility.
- b. First-year students. During the student's first term, each first-year student-athlete must be enrolled as a full-time student. MSOE defines a full-time student as an enrolled person with a minimum of 12 credits per tri-mester/quarter. At the beginning of the succeeding term, each student-athlete must have passed 36 credit hours or its equivalent of each trimester/quarter works as defined by current NCAA rules.
  - 1b) MSOE defines term as 1 year. (Succeeding term, defined as next year of enrollment).
- c. Minimum Grade Point Average. The following scale of grade point averages (GPA) shall be required of all student-athletes representing conference schools in intercollegiate competition:
  - 1) **First Term of Enrollment.** To participate as a first-year student after the first trimester/quarter of enrollment: a 1.75 or higher cumulative GPA and a minimum of 9 credits earned in first trimester/quarter, must be attained by the start of the succeeding trimesters/quarters\*.

\*MSOE requires a 2.0 or higher cumulative GPA in the next trimester/quarter to remain in satisfactory progress status.
  - 2) **Second Year of Enrollment.** To participate in a sport after she or he has earned 24 semester hours or **36** trimester/quarter hours or its equivalent toward graduation: a 2.00 or higher cumulative GPA must be attained by the start of the succeeding term.
  - 3) **Third Year of Enrollment.** To participate in a sport after she or he has earned 48 semester hours or **72** trimester/quarter hours or its equivalent toward graduation: a 2.00 or higher cumulative GPA must be attained by the start of the succeeding term.
  - 4) **Fourth Year of Enrollment.** To participate in a sport after she or he has earned 72 semester hours or **108** trimester/quarter hours or its equivalent toward graduation: a 2.00 or higher cumulative GPA must be attained by the start of the succeeding term.

### Section 2: Transfers.

- a. The MSOE and the NACC will follow NCAA rules and regulations for transfers.
- b. Academic eligibility for transfers. Transfer students are subject to the same academic eligibility standards as existing enrolled students, as described above. The GPA from the previous institution will not be included, assuming that the previous institution determined the student-athlete academically eligible, had she/he remained at that institution (verified by registrar's office and conference tracer reports).

### Section 3: Certification of Eligibility.

- a. **Eligibility Lists.** Properly certified athletic eligibility lists in each conference sport shall be retained on file by each school and one copy sent to the Commissioner. Responsibility rests with the athletics

director. These lists must be signed by the registrar, faculty athletic representative, the head coach, and the athletics director; should include the date of certification; and be completed and submitted to the conference office prior to the first competition, including scrimmages.

- b. **Final Term.** Athletes that fall under the NCAA “Final Semester/Quarter” exception should be noted on the eligibility form.

**Section 4: Seasons of Participation.** Each student-athlete is permitted four seasons of participation per sport, as outlined by NCAA regulations.

**Section 5: Appeals.** Hardship appeals only.

**Section 6: Practicing while academically ineligible.**

- a. Student-Athlete meets with head coach to request an appeal to practice
  - 1. Coordinate with MSOE Wellness Center to ensure the student-athlete is complying with probationary protocol.
  - 2. Student support service within MSOE Wellness Center will act as liaison to student-athlete and coach.
- b. Head coach appeals to the Director of Athletics and/or Assistant Director of Athletics for Compliance

#### **CLASS ABSENCE POLICY**

MSOE is a member of the Northern Athletics Collegiate Conference (NACC), the Northern Collegiate Hockey Association (NCHA), the Midwest Lacrosse Conference (MLC), the College Conference of Illinois & Wisconsin (CCIW), and competes as an independent in men’s rowing. MSOE competes in the NCAA Division III in 21 intercollegiate sports for men and women. The nature of conference and NCAA scheduling often necessitates competitions to be held mid-week and mid-afternoon, particularly in the sports of men’s golf, baseball, women’s softball, and men’s and women’s tennis. Although most other sports are conducted in the evening, travel arrangements sometimes require participants to leave earlier in the day. Thus, participation in a varsity sport may, at times, require a student-athlete to miss class for competition.

While emphasizing that it is the student’s responsibility to balance academic and athletic endeavors, the university’s administration and faculty recognize the commitment of MSOE’s student-athletes, and wish to facilitate as far as possible their participation in intercollegiate athletic programs. Accordingly, the university has adopted the following guidelines and procedures regarding student-athletes’ absence from class:

1. At the beginning of each academic quarter, the athletic department will provide to all faculty, a list of all students participating in varsity sports programs during that quarter, as well as a schedule of athletic events that may necessitate absence from class.
2. Each student affected will personally notify his/her instructor no less than two (2) weeks in advance of any class or laboratory session that may be missed due to athletic participation, and will ask to make arrangements for make-up of missed work. While it is the intention of these guidelines that such requests will be granted whenever possible, there exists certain cases where tests, assignments, or lab sessions cannot readily or fairly be made up or rescheduled, and in such cases the instructor reserves the right to deny the request. (Such cases may include unsatisfactory academic performance in a class, or laboratory sessions that are held off-campus, or lab work which requires an entire class’ participation –

e.g. surveying.) In other cases where a request is denied, the student may appeal the denial to the chairman of the department offering the course, in consultation with the Faculty Athletic Representative. The decision of the department chairman shall be final.

3. Student-athletes excused from class in accordance with these procedures will not be penalized for their absence as long as they fully comply with the terms of the agreed upon arrangement for makeup of missed work. Student-athletes who fail to do so may be subject to academic penalty at the instructor's discretion.

## **ACADEMICS AND ATHLETICS**

It is the intent of the MSOE staff to do all in its power to see that student-athletes successfully complete their degree. MSOE believes there is a direct relationship between good academic effort and athletic performance. The effort one makes in the classroom will be a direct reflection to the athletic program.

MSOE coaches encourage students to use the Learning Resource Center to improve study habits and classroom performance, and to take advantage of the workshops offered that include techniques on time management, note taking, and test taking skills.

MSOE athletic programs give more than lip service to the term student-athlete. They use tangible, goal-oriented methods to help athletes succeed in the classroom, and eventually in their chosen career field.

## **GENDER EQUITY**

Gender equity in intercollegiate athletics describes an environment in which fair and equitable distribution of overall athletic opportunities, benefits and resources are available to women and men. Student-athletes, coaches and athletic administrators will not be subjected to gender based discrimination.

MSOE affords equitable treatment for male and female student-athletes in the following areas:

- Provision of equipment and supplies
- Scheduling of games and practice times
- Travel and per diem allowances
- Opportunity to receive coaching and academic support services
- Assignment and compensation of coaches and tutors
- Provision of locker rooms, practice and competitive facilities
- Provision of housing and dining facilities and services
- Provision of medical and training facilities and services
- Publicity, promotions and marketing
- Recruiting
- Support services
- Admission and financial aid

## **NCAA INCLUSION OF TRANSGENDER STUDENT-ATHLETES**

As a core value, the NCAA believes in and is committed to diversity, inclusion and gender equity among its student-athletes, coaches and administrators. We seek to establish and maintain

an inclusive culture that fosters equitable participation for student-athletes and career opportunities for coaches and administrators from diverse backgrounds. Diversity and inclusion improve the learning environment for all student-athletes and enhance excellence within the Association.

The Office of Inclusion will provide or enable programming and education, which sustains foundations of a diverse and inclusive culture across dimensions of diversity including, but not limited to age, race, sex, national origin, class, creed, educational background, disability, gender expression, geographical location, income, marital status, parental status, sexual orientation and work experiences.

*Adopted by the NCAA Executive Committee, April 2010*

It is MSOE Athletics policy to follow the guidelines set forth by the NCAA as to the policies and procedures outlined for competition with regards to transgender student athletes.

### **EQUIPMENT AND UNIFORM CHECKOUT**

All uniforms and equipment are the property of MSOE. The equipment room will check out all uniforms and equipment using the appropriate forms. They must be returned at the end of the season. Players failing to return school property in a timely manner, will be billed on their student account, will have their grades or transcripts held, and will be prevented from registering.

### **TRADITIONAL AND NON-TRADITIONAL SEASON**

NCAA rules allow for 18 or 19 weeks of competition or practice in most sports. Fall and spring sports have a total of 18 weeks of participation. They generally use about 12 weeks in their championship seasons. That leaves approximately six weeks for off-season practice that must be used consecutively. Teams may have no more than 16 off-season practices according to NCAA rules. One of the 16 dates may be for competition. Winter sports use their 19 weeks consecutively, with no opportunity for off-season practice.

At MSOE, baseball, lacrosse, soccer, softball and volleyball usually have non-traditional season practice.

### **END OF SEASON COACHES EVALUATIONS**

Each athlete will have an opportunity to complete an end of season evaluation of his or her coach. The purpose of this exercise is overall improvement in the team's performance. It does not have a direct bearing on the Athletics Department's evaluation of the coach.

### **GAMBLING**

It is a violation of NCAA rules for student-athletes to engage in any form of gambling on sports activities.

## **GRIEVANCES**

Grievances against a head coach should be brought to the attention of the Athletic Director. Grievances against the Athletic Department or its policies should be filed with the Athletic Director, and may be brought to the attention of the Vice President of Enrollment.

### **SOCIAL NETWORKING (Facebook, My Space, Twitter, etc)**

Each athlete is responsible for the content of his/her electronic transmissions. MSOE expects that all student-athletes will adhere to the code of ethics regarding all transmissions. Failure to comply could result in suspension and/or dismissal from athletic participation. In addition, activities with respect to social media, online conduct, and technology are subject to the MSOE Sexual Misconduct Policy (available online at <http://www.msoe.edu/docs/DOC-1607>) and the MSOE Student Conduct Code (available at <http://www.msoe.edu/docs/DOC-2365>)

## **CODE OF ETHICS FOR STUDENT-ATHLETES**

The purpose of intercollegiate athletics is to provide an opportunity for the participant to develop his/her potential as a skilled performer in an educational setting. Just as an education provides ways in which a student may know himself/herself and grow emotionally, socially, and intellectually, so does intercollegiate athletics. In addition, the participant has the opportunity to travel, represent his/her university and learn the art of being a team member. All this gain is not without sacrifice, for the athlete may lose some individual rights and privileges as one accepts the policies of the program when he/she becomes a member of the team.

Considerations for the athlete include:

1. Maintain personal habits which enhance healthful living.
2. Refrain from partaking of alcohol and drugs.
3. Objectively acknowledge one's own strengths and weaknesses – praise the strengths, and help to strengthen the weaknesses.
4. Value one's personal integrity.
5. Respect and value diversity among teammates, coaches, opponents and fans.
6. Strive for the highest degree of excellence.
7. Willfully abide by the spirit of the rules, as well as the letter of the rules, throughout all competition and practices.
8. Treat all individuals with respect and courtesy.
9. Accept victory or defeat without undue emotion.
10. Graciously accept constructive feedback.
11. Respect and accept the decisions of the coach. When ethical decisions are questionable, the participant should direct his/her questions to the coach in private, and follow appropriate channels to voice concerns.

12. Be willing to train in order to achieve one's full potential.
13. Respect the achievements of the opponent.
14. Extend appreciation to those who have made the contest possible.
15. Be grateful for the opportunity afforded by the intercollegiate program, and be willing to assist in program tasks as evidence of this gratefulness.
16. Assist in promoting positive relations among all participants who are striving to achieve athletic excellence.
17. Exhibit dignity in manner and dress when representing one's school, both on and off the court or playing field.
18. Expect fans to treat officials, coaches, and players with respect.
19. Recognize and value the contribution of one's teammates.
20. Keep personal disagreements away from practices and contests.
21. Keep the importance of winning in perspective, with regard to other objectives.
22. Contribute to the effort to make each practice a success.
23. Exert maximum effort in all games and practices.
24. Seek to know and understand one's teammates.
25. Place primary responsibility to the team, rather than to self.

### **WINNING IN THE CLASSROOM**

1. Never miss class. When traveling with your team, make arrangements with your professor before you miss the class.
2. Be on time for class and appointments with professors.
3. Turn in assignments on time. Don't ask for special favors because you are an athlete.
4. Know your professors and the course requirements. Read the syllabus and know what is expected of you.
5. Get your textbooks on time.
6. Keep up with the reading assignments.
7. Use the resources available in the Learning Resource Center.
8. If you think you are having problems, request a tutor immediately.

### **MSOE FACTS**

#### **Colors**

MSOE colors are red and white. Black trim may be used on some uniforms. Red represents power. It is associated with energy, passion, desire, power and aggression. It also denotes intensity. These are all characteristics of an MSOE athlete. White sends a message of simplicity, cleanliness, precision and goodness. Again, this is the image of MSOE athletes. Black represents command and authority, as well as drama. MSOE athletes exhibit command and authority, and MSOE events evoke drama.

#### **Origin of the Raider**

In 1984 the MSOE men's basketball team, coached by Bob Peterson, viewed the film "Raiders of the Lost Ark". They were so thrilled by the movie and its heroes that they wrote to Hollywood director Steven Spielberg, asking permission to adopt the name "Raiders" as their team nickname. Spielberg wrote back, granting permission. Previously, MSOE teams had carried the nickname "Pats" for St. Patrick, the patron saint of engineers. Since 1984, they have been known as the Raiders.

### **Rowdy Raiders**

In 1996-97, the second year of Dan Harris' administration as Director of Athletics, SAAC Chairman and baseball pitcher Greg Beskow dubbed MSOE fans the "Rowdy Raiders". The name caught on, and has been around ever since. In 2004 when the Kern Center opened, Harris designated Student Section C where the Rowdy Raiders were seated as the "Red Sea". All students in that section traditionally wear the color red. Again, red denotes energy, passion, desire, power and aggression.

### **Roscoe Raider**

SAAC students in 1997 sponsored a contest to name the new Raider mascot. The caricature for the Raider was developed by the MSOE Marketing Department, and Olympus Sign Company of Milwaukee created the costume. The name "Roscoe", submitted by students Sarah Alt and Greg Beskow, emerged as the winning choice. Since that time, the MSOE mascot has been known as "Roscoe Raider". Many different students have played the role of "Roscoe" over the years. Some brought certain flair to the role, and so it remains a desired position among today's student body.

### **MSOE Fight Song**

The MSOE Fight Song was written by members of the MSOE Sound Engineers Pep Band, and was first played at the groundbreaking ceremony for the Kern Center in the spring of 2003. It is played whenever MSOE basketball or hockey teams enter the arena.

### **"On Broadway"**

A rock and roll tune originally recorded by the Drifters. Since the Kern Center is on Broadway (1245 N. Broadway), the song is played at hockey games when the Raiders win.

### **"Up on the Roof"**

A rock and roll tune, also originally recorded by the Drifters. It is played at home soccer and lacrosse games at Viets Field, which is "up on the roof" of a campus parking structure.