

2024-2025 Mount Royal University Women's Basketball
Overall Statistics (as of Feb 21, 2025)

Overall Record: 11-10 Conf: 11-10 Home: 3-7 Away: 8-2 Neutral: 0-1

#	Player	GP-GS	MIN	AVG	FG		3PT		FT		Rebounds				PF	DQ	A	TO	BLK	STL	PTS	AVG
14	Luca, Nora	21-20	575	27.4	101-277	.365	20-59	.339	74-108	.685	58	134	192	9.1	45	0	62	63	11	40	296	14.1
12	Martens, Jenika	20-19	483	24.2	94-192	.490	9-35	.257	36-55	.655	60	92	152	7.6	47	0	29	67	5	30	233	11.7
3	Hooper, Maddy	21-20	533	25.4	78-214	.364	55-162	.340	12-14	.857	23	59	82	3.9	32	0	28	50	5	38	223	10.6
1	Richards, Marissa	10-1	192	19.2	15-66	.227	7-31	.226	27-42	.643	14	18	32	3.2	16	0	15	19	1	23	64	6.4
5	Lalor, Hayley	21-19	632	30.1	49-149	.329	24-95	.253	10-21	.476	27	63	90	4.3	36	0	60	48	1	39	132	6.3
10	Ramsoomair, Jenessa	20-9	376	18.8	43-122	.352	0-11	.000	22-32	.688	33	60	93	4.7	60	0	16	48	18	19	108	5.4
0	Donnelly, Asha	21-0	368	17.5	38-137	.277	29-94	.309	9-11	.818	27	28	55	2.6	25	0	19	41	2	23	114	5.4
13	Lalor, Jamie	18-16	456	25.3	31-100	.310	7-33	.212	26-44	.591	20	51	71	3.9	29	0	71	58	1	29	95	5.3
6	Ajayi, Temi	21-0	269	12.8	31-86	.360	0-1	.000	10-28	.357	20	38	58	2.8	21	0	22	25	8	19	72	3.4
15	Evans, Alexis	19-0	175	9.2	20-52	.385	0-4	.000	13-18	.722	20	28	48	2.5	8	0	9	13	1	3	53	2.8
11	Hopf, Presley	11-0	100	9.1	7-17	.412	3-7	.429	4-5	.800	3	9	12	1.1	9	0	9	9	0	7	21	1.9
9	Wellinghurst, Megan	7-1	39	5.6	2-5	.400	0-1	.000	4-4	1.000	2	3	5	0.7	2	0	2	2	0	2	8	1.1
2	Gillespie Kraft, Kayla	5-0	18	3.6	0-3	.000	0-1	.000	1-2	.500	0	2	2	0.4	0	0	2	2	0	0	1	0.2
7	Molgat, Phoebe	3-0	6	2.0	0-1	.000	0-0	.000	0-0	.000	1	0	1	0.3	0	0	0	0	0	0	0	0.0
Total		21	4222	201.0	509-1421	.358	154-534	.288	248-384	.646	340	614	954	45.4	330	0	344	469	53	272	1420	67.62
Opponents		21	4221	201.0	523-1375	.380	132-454	.291	198-328	.604	276	615	891	42.4	347	1	353	484	71	231	1376	65.52

Team Statistics	MRU	OPP
SCORING	1420	1376
Points Per Game	67.6	65.5
Scoring Margin	2.1	-
FIELD GOALS-ATT	509-1421	523-1375
Field Goal Pct	.358	.380
3 POINT FG-ATT	154-534	132-454
3PT FG Pct	.288	.291
3PT Made Per Game	7.3	6.3
FREE THROWS-ATT	248-384	198-328
FT Pct	.646	.604
FT Made Per Game	11.8	9.4
REBOUNDS	954	891
Rebounds Per Game	45.4	42.4
Rebounds Margin	3.0	-
ASSISTS	344	353
Assists Per Game	16.4	16.8
TURNOVERS	469	484
Turnovers Per Game	22.3	23.0
Turnovers Margin	0.7	-
Assist/Turnover Ratio	0.7	0.7
STEALS	272	231
Steals Per Game	13.0	11.0
BLOCKS	53	71
Blocks Per Game	2.5	3.4
ATTENDANCE	3,497	2,428
Dates/Avg Per Date	10-350	11-221
Neutral Site #/Avg	-	0-0

Conf	Date	Opponent	W/L	Score	Att.
*	11/01/24	at MacEwan Griffins (W)	W	70-55	175
*	11/02/24	at MacEwan Griffins (W)	W	78-58	250
*	11/09/24	TRINITY WESTERN SPARTANS (W)	L	74-84	287
*	11/10/24	TRINITY WESTERN SPARTANS (W)	W	64-45	220
*	11/16/24	WINNIPEG WESMEN (W)	L	72-76	180
*	11/17/24	WINNIPEG WESMEN (W)	W	72-55	113
	11/23/24	at Lethbridge Pronghorns (W)	W	65-59	0
	11/24/24	at Lethbridge Pronghorns (W)	W	68-55	203
	11/28/24	REGINA COUGARS (W)	L	76-78	1,300
*	11/29/24	REGINA COUGARS (W)	W	79-45	222
	01/11/25	at Saskatchewan Huskies (W)	L	51-82	500
	01/11/25	at Saskatchewan Huskies (W)	L	55-80	900
*	01/17/25	at Brandon Bobcats (W)	W	72-67	0
*	01/18/25	at Brandon Bobcats (W)	W	87-62	0
	01/25/25	CALGARY DINOS (W)	L	56-79	0
	01/26/25	CALGARY DINOS (W)	L	41-60	579
	02/08/25	ALBERTA PANDAS	L	53-67	340
	02/09/25	ALBERTA PANDAS	L	59-67	256
*	02/14/25	at Manitoba	W	76-57	0
*	02/15/25	at Manitoba	W	90-78	300
	02/21/25	at Trinity Western Spartans (W)	L	62-67	100

* = Conference game

Score by Periods	1st	2nd	3rd	4th	OT	Total
Mount Royal Cougars (W)	392	325	360	340	3	1420
Opponents	339	322	337	365	13	1376

2024-2025 Mount Royal University Women's Basketball
Overall Statistics (as of Feb 21, 2025)

Conference Games Only

Conf: 11-10 Home: 3-7 Away: 8-2 Neutral: 0-1

#	Player	GP-GS	MIN	AVG	FG		3PT		FT		Rebounds				PF	DQ	A	TO	BLK	STL	PTS	AVG
					FG-FGA	FG%	3FG-FGA	3FG%	FT-FTA	FT%	OFF	DEF	TOT	AVG								
14	Luca, Nora	11-11	292	26.5	61-156	.391	10-29	.345	48-64	.750	32	76	108	9.8	22	0	36	18	9	27	180	16.4
3	Hooper, Maddy	11-10	282	25.6	49-124	.395	36-92	.391	10-11	.909	16	33	49	4.5	18	0	18	24	2	26	144	13.1
12	Martens, Jenika	10-10	222	22.2	50-91	.549	4-14	.286	27-41	.659	35	52	87	8.7	28	0	16	32	2	14	131	13.1
13	Lalor, Jamie	9-8	220	24.4	20-53	.377	6-19	.316	15-28	.536	14	30	44	4.9	18	0	45	25	1	17	61	6.8
1	Richards, Marissa	7-1	139	19.9	9-46	.196	5-23	.217	23-35	.657	12	12	24	3.4	7	0	13	14	1	15	46	6.6
9	Wellinghurst, Megan	1-0	9	9.0	1-1	1.000	0-0	.000	4-4	1.000	1	0	1	1.0	1	0	0	0	0	1	6	6.0
0	Donnelly, Asha	11-0	229	20.8	21-92	.228	14-57	.246	6-8	.750	19	19	38	3.5	16	0	14	24	2	15	62	5.6
10	Ramsoomair, Jenessa	11-5	194	17.6	23-64	.359	0-8	.000	11-16	.688	22	30	52	4.7	27	0	6	28	10	14	57	5.2
5	Lalor, Hayley	11-10	330	30.0	19-73	.260	11-50	.220	7-16	.438	18	37	55	5.0	16	0	34	21	1	20	56	5.1
11	Hopf, Presley	5-0	52	10.4	6-13	.462	3-7	.429	4-5	.800	2	4	6	1.2	7	0	5	5	0	2	19	3.8
6	Ajayi, Temi	11-0	135	12.3	19-49	.388	0-0	.000	3-10	.300	11	20	31	2.8	16	0	12	14	4	7	41	3.7
15	Evans, Alexis	11-0	103	9.4	13-30	.433	0-3	.000	5-7	.714	13	18	31	2.8	3	0	8	8	1	1	31	2.8
2	Gillespie Kraft, Kayla	2-0	13	6.5	0-2	.000	0-1	.000	0-0	.000	0	2	2	1.0	0	0	2	2	0	0	0	0.0
7	Molgat, Phoebe	2-0	4	2.0	0-0	.000	0-0	.000	0-0	.000	1	0	1	0.5	0	0	0	0	0	0	0	0.0
Total		11	2224	202.2	291-794	.366	89-303	.294	163-245	.665	211	346	557	50.6	179	0	209	226	33	159	834	75.82
Opponents		11	2224	202.2	252-717	.351	67-239	.280	111-177	.627	137	324	461	41.9	206	1	171	272	34	109	682	62.00

Team Statistics			MRU	OPP	Date	Opponent	W/L	Score	Att.
SCORING			834	682	11/01/24	at MacEwan Griffins (W)	W	70-55	175
Points Per Game			75.8	62.0	11/02/24	at MacEwan Griffins (W)	W	78-58	250
Scoring Margin			13.8	-	11/09/24	TRINITY WESTERN SPARTANS (W)	L	74-84	287
FIELD GOALS-ATT			291-794	252-717	11/10/24	TRINITY WESTERN SPARTANS (W)	W	64-45	220
Field Goal Pct			.366	.351	11/16/24	WINNIPEG WESMEN (W)	L	72-76	180
3 POINT FG-ATT			89-303	67-239	11/17/24	WINNIPEG WESMEN (W)	W	72-55	113
3PT FG Pct			.294	.280	11/29/24	REGINA COUGARS (W)	W	79-45	222
3PT Made Per Game			8.1	6.1	01/17/25	at Brandon Bobcats (W)	W	72-67	0
FREE THROWS-ATT			163-245	111-177	01/18/25	at Brandon Bobcats (W)	W	87-62	0
FT Pct			.665	.627	02/14/25	at Manitoba	W	76-57	0
FT Made Per Game			14.8	10.1	02/15/25	at Manitoba	W	90-78	300
REBOUNDS			557	461					
Rebounds Per Game			50.6	41.9					
Rebounds Margin			8.7	-					
ASSISTS			209	171					
Assists Per Game			19.0	15.5					
TURNOVERS			226	272					
Turnovers Per Game			20.5	24.7					
Turnovers Margin			4.2	-					
Assist/Turnover Ratio			0.9	0.6					
STEALS			159	109					
Steals Per Game			14.5	9.9					
BLOCKS			33	34					
Blocks Per Game			3.0	3.1					
ATTENDANCE			1,022	725					
Dates-Avg Per Date			5-204	6-121					
Neutral Site #-Avg			-	0-0					

Score by Periods	1st	2nd	3rd	4th	OT	Total
Mount Royal Cougars (W)	241	182	223	185	3	834
Opponents	180	158	148	183	13	682