

Fraser Valley Cascades (M) (8-6) -vs- Mount Royal Cougars (M) (3-12)
01/24/20 at Kenyon Court

Date: 01/24/20
Time: 8:00 pm
Attendance: 279
Site: Kenyon Court

Score By Period	1	2	3	4	Total
Fraser Valley Cascades (M)	22	23	18	23	86
Mount Royal Cougars (M)	28	15	20	19	82

Fraser Valley Cascades (M) 86

#	Player	GS	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
05	Bains,Sukhjot	*	37	11-18	3-7	1-3	2-12	14	3	1	5	2	2	26
03	Bains,Parm	*	38	5-18	1-11	5-5	0-3	3	1	6	1	0	1	16
02	Toor,Vick	*	34	7-11	1-1	1-4	0-10	10	3	3	0	0	0	16
11	Adediran,Daniel	*	24	7-10	0-0	1-3	4-6	10	2	0	0	1	0	15
04	Cooley,Matt	*	15	1-5	0-0	1-2	1-3	4	2	3	1	1	1	3
08	Bajwa,Jaskarn		15	2-8	0-4	0-0	0-1	1	0	0	0	0	2	4
14	Bains,Sukhraj		9	2-3	0-0	0-2	1-2	3	2	1	0	0	1	4
09	Mihaila,Vlad		11	1-2	0-1	0-0	0-1	1	0	0	0	0	0	2
06	Sekhon,Jordyn		13	0-1	0-0	0-0	0-1	1	1	0	0	1	1	0
07	Hadzovic,Kenan		4	0-1	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM		0	0-0	0-0	0-0	1-0	1	0	0	0	0	0	0
Totals		-	200	36-77	5-24	9-19	9-39	48	14	14	7	5	8	86

Team Summary	FG		3PT		FT	
1st Quarter	9-20	45.00 %	2-8	25.00 %	2-3	66.67 %
2nd Quarter	9-18	50.00 %	2-4	50.00 %	3-7	42.86 %
3rd Quarter	8-22	36.36 %	1-8	12.50 %	1-2	50.00 %
4th Quarter	10-17	58.82 %	0-4	0.00 %	3-7	42.86 %
Total	36-77	46.8 %	5-24	20.8 %	9-19	47.4 %

Technical Fouls: none **Second Chance Points:** 9 **Scores Tied:** 8 times(s) **Points in the Paint:** 58 **Fast Break Points:** 11
Lead Changed: 5 times(s) **Points off Turnovers:** 10 **Bench Points:** 10 **Largest Lead:** 0 0

Mount Royal Cougars (M) 82

#	Player	GS	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
12	Pahl,Adam	*	32	5-13	3-7	2-2	2-4	6	1	3	2	0	0	15
07	Taylor,Quinn	*	25	4-9	1-1	0-0	0-5	5	2	0	2	0	0	9
24	Anderson,Lincoln	*	9	4-7	1-2	0-0	2-2	4	3	0	0	0	1	9
08	Tomie,Holt	*	28	3-9	0-2	1-2	1-4	5	2	6	2	0	1	7
23	Guinto,Matthew	*	17	2-10	1-6	0-0	1-2	3	1	3	2	0	0	5
05	Petrone,Nate		23	6-12	1-2	1-2	1-3	4	3	2	0	0	1	14
01	Amadou,Moreau		20	4-9	2-5	2-4	0-5	5	1	0	0	0	0	12
09	Lutes,Dylan		26	3-9	0-1	0-0	3-6	9	2	1	1	0	1	6
34	Mawien,Mawien		8	1-3	0-1	1-1	0-0	0	1	0	0	3	0	3
02	Fullerton,Matthew		12	1-4	0-1	0-0	0-1	1	1	1	0	0	0	2
TM	TEAM		0	0-0	0-0	0-0	5-5	10	0	0	0	0	0	0
Totals		-	200	33-85	9-28	7-11	15-37	52	17	16	9	3	4	82

Team Summary	FG		3PT		FT	
1st Quarter	10-23	43.48 %	6-12	50.00 %	2-4	50.00 %
2nd Quarter	7-22	31.82 %	0-4	0.00 %	1-2	50.00 %
3rd Quarter	8-21	38.10 %	2-7	28.57 %	2-2	100.00 %
4th Quarter	8-19	42.11 %	1-5	20.00 %	2-3	66.67 %
Total	33-85	38.8 %	9-28	32.1 %	7-11	63.6 %

Technical Fouls: (1)
Taylor,Quinn **Second Chance Points:** 16 **Scores Tied:** 8 times(s) **Points in the Paint:** 34 **Fast Break Points:** 15
Lead Changed: 5 times(s) **Points off Turnovers:** 5 **Bench Points:** 37 **Largest Lead:** 0 0

1st Play By Play

VISITORS: Fraser Valley Cascades (M)	Time	Score	Margin	HOME TEAM: Mount Royal Cougars (M)
	09:52	0-3	H 3	GOOD 3PTR by PAHL,ADAM
	--			ASSIST by GUINTO,MATTHEW
GOOD LAYUP by ADEDIRAN,DANIEL(in the paint)	09:29	2-3	H 1	
ASSIST by COOLEY,MATT	--			
	09:07	2-5	H 3	GOOD LAYUP by ANDERSON,LINCOLN(in the paint)
	08:43			FOUL by ANDERSON,LINCOLN
MISS FT by TOOR,VICK	08:43			
REBOUND DEADB by TEAM	--			
GOOD FT by TOOR,VICK	08:43	3-5	H 2	
	08:36			MISS 3PTR by PAHL,ADAM
REBOUND DEF by TOOR,VICK	--			
GOOD LAYUP by ADEDIRAN,DANIEL(in the paint)	08:25	5-5		
ASSIST by TOOR,VICK	--			
	08:13			MISS LAYUP by TAYLOR,QUINN(in the paint)
REBOUND DEF by ADEDIRAN,DANIEL	--			
MISS 3PTR by BAINS,SUKHJOT	08:01			
	--			REBOUND DEF by TEAM
	07:39	5-8	H 3	GOOD 3PTR by PAHL,ADAM
	--			ASSIST by TOMIE,HOLT
TURNOVER by COOLEY,MATT	07:23			
	07:23			STEAL by ANDERSON,LINCOLN
	07:18			MISS DUNK by ANDERSON,LINCOLN(in the paint)
REBOUND DEF by TOOR,VICK	--			
	07:15			FOUL by TOMIE,HOLT
	07:15			SUB OUT by ANDERSON,LINCOLN
	07:15			SUB IN by AMADOU,MOREAU
MISS 3PTR by BAINS,PARM	07:11			
	--			REBOUND DEF by AMADOU,MOREAU
	07:02	5-11	H 6	GOOD 3PTR by TAYLOR,QUINN
	--			ASSIST by GUINTO,MATTHEW
GOOD JUMPER by BAINS,SUKHJOT(in the paint)	06:46	7-11	H 4	
	06:33			MISS 3PTR by PAHL,ADAM
REBOUND DEF by TOOR,VICK	--			
GOOD JUMPER by TOOR,VICK(in the paint)	06:22	9-11	H 2	
FOUL by ADEDIRAN,DANIEL	06:09			
SUB OUT by COOLEY,MATT	06:09			
SUB IN by BAJWA,JASKARN	06:09			
	06:09			MISS FT by AMADOU,MOREAU
	--			REBOUND DEADB by TEAM
	06:09	9-12	H 3	GOOD FT by AMADOU,MOREAU
TURNOVER by BAINS,SUKHJOT	05:57			
	05:57			STEAL by TOMIE,HOLT
	05:53			MISS JUMPER by PAHL,ADAM(in the paint)
	--			REBOUND OFF by PAHL,ADAM
	05:53			MISS 3PTR by GUINTO,MATTHEW
REBOUND DEF by ADEDIRAN,DANIEL	--			
GOOD LAYUP by ADEDIRAN,DANIEL(in the paint)	05:49	11-12	H 1	
	05:42			FOUL by AMADOU,MOREAU
GOOD FT by ADEDIRAN,DANIEL	05:20	12-12		
	05:14	12-15	H 3	GOOD 3PTR by GUINTO,MATTHEW
	--			ASSIST by TOMIE,HOLT
MISS LAYUP by BAINS,PARM(in the paint)	05:01			
	--			REBOUND DEF by PAHL,ADAM
	04:55	12-17	H 5	GOOD LAYUP by AMADOU,MOREAU(fastbreak)(in the paint)
	--			ASSIST by TOMIE,HOLT
FOUL by BAINS,SUKHJOT	04:55			
TIMEOUT TEAM by TEAM	04:55			
SUB OUT by TOOR,VICK	04:55			

SUB OUT by ADEDIRAN,DANIEL	04:55				
SUB IN by MIHAILA,VLAD	04:55				
SUB IN by BAINS,SUKHRAJ	04:55				
	04:55				MISS FT by AMADOU,MOREAU(fastbreak)
REBOUND DEF by BAINS,SUKHRAJ	--				
GOOD JUMPER by BAINS,SUKHJOT(in the paint)	04:42	14-17	H 3		
	04:26				MISS 3PTR by GUINTO,MATTHEW
	--				REBOUND OFF by GUINTO,MATTHEW
	04:21	14-19	H 5		GOOD LAYUP by GUINTO,MATTHEW(in the paint)
MISS LAYUP by BAINS,SUKHRAJ(in the paint)	04:11				
REBOUND OFF by BAINS,SUKHRAJ	--				
GOOD 3PTR by BAINS,PARM	04:06	17-19	H 2		
ASSIST by BAINS,SUKHRAJ	--				
	03:51	17-22	H 5		GOOD 3PTR by AMADOU,MOREAU
	--				ASSIST by GUINTO,MATTHEW
GOOD 3PTR by BAINS,SUKHJOT	03:39	20-22	H 2		
ASSIST by BAINS,PARM	--				
	03:20				MISS JUMPER by GUINTO,MATTHEW
REBOUND DEF by BAINS,SUKHRAJ	--				
MISS 3PTR by MIHAILA,VLAD	03:03				
	--				REBOUND DEF by AMADOU,MOREAU
	02:57				TURNOVER by TOMIE,HOLT
STEAL by BAINS,SUKHJOT	02:57				
MISS 3PTR by BAJWA,JASKARN	02:51				
	--				REBOUND DEF by TAYLOR,QUINN
	02:35				TURNOVER by GUINTO,MATTHEW
STEAL by BAJWA,JASKARN	02:35				
MISS LAYUP by BAJWA,JASKARN(in the paint)	02:30				
	--				REBOUND DEF by TEAM
	02:28				SUB OUT by TAYLOR,QUINN
	02:28				SUB OUT by TOMIE,HOLT
	02:28				SUB OUT by GUINTO,MATTHEW
	02:28				SUB IN by FULLERTON,MATTHEW
	02:28				SUB IN by PETRONE,NATE
	02:28				SUB IN by LUTES,DYLAN
SUB OUT by BAJWA,JASKARN	02:28				
SUB OUT by BAINS,SUKHRAJ	02:28				
SUB IN by COOLEY,MATT	02:28				
SUB IN by SEKHON,JORDYN	02:28				
	02:26				MISS LAYUP by AMADOU,MOREAU(in the paint)
REBOUND DEF by COOLEY,MATT	--				
MISS 3PTR by BAINS,PARM	02:17				
	--				REBOUND DEF by AMADOU,MOREAU
	02:10	20-24	H 4		GOOD LAYUP by AMADOU,MOREAU(fastbreak)(in the paint)
FOUL by COOLEY,MATT	02:10				
	02:10				SUB OUT by PAHL,ADAM
	02:10				SUB IN by MAWIEN,MAWIEN
SUB OUT by BAINS,PARM	02:10				
SUB IN by TOOR,VICK	02:10				
	02:10	20-25	H 5		GOOD FT by AMADOU,MOREAU(fastbreak)
GOOD LAYUP by BAINS,SUKHJOT(in the paint)	01:52	22-25	H 3		
	01:39				MISS 3PTR by FULLERTON,MATTHEW
	--				REBOUND OFF by LUTES,DYLAN
	01:27				MISS 3PTR by MAWIEN,MAWIEN
REBOUND DEF by TOOR,VICK	--				
MISS 3PTR by BAINS,SUKHJOT	01:12				
	--				REBOUND DEF by AMADOU,MOREAU
	01:02	22-28	H 6		GOOD 3PTR by AMADOU,MOREAU
	--				ASSIST by LUTES,DYLAN
MISS LAYUP by COOLEY,MATT(in the paint)	00:44				
	00:44				BLOCK by MAWIEN,MAWIEN
	--				REBOUND DEF by AMADOU,MOREAU

	00:36	MISS LAYUP by MAWIEN,MAWIEN(in the paint)
BLOCK by SEKHON,JORDYN	00:36	
REBOUND DEF by COOLEY,MATT	--	
MISS JUMPER by TOOR,VICK	00:28	
	--	REBOUND DEF by LUTES,DYLAN
	00:05	MISS JUMPER by PETRONE,NATE(in the paint)
REBOUND DEF by SEKHON,JORDYN	--	

2nd Play By Play

VISITORS: Fraser Valley Cascades (M)	Time	Score	Margin	HOME TEAM: Mount Royal Cougars (M)
SUB OUT by BAINS,SUKHJOT	10:00			
SUB IN by BAINS,PARM	10:00			
MISS DUNK by COOLEY,MATT(in the paint)	09:52			
	--			REBOUND DEF by PETRONE,NATE
	09:43			MISS JUMPER by LUTES,DYLAN(in the paint)
	--			REBOUND OFF by TEAM
	09:36	22-30	H 8	GOOD JUMPER by PETRONE,NATE(in the paint)
	--			ASSIST by FULLERTON,MATTHEW
	09:22			FOUL by MAWIEN,MAWIEN
	09:22			SUB OUT by AMADOU,MOREAU
	09:22			SUB IN by TAYLOR,QUINN
MISS FT by TOOR,VICK	09:22			
REBOUND DEADB by TEAM	--			
MISS FT by TOOR,VICK	09:22			
	--			REBOUND DEF by TEAM
FOUL by COOLEY,MATT	09:12			
	08:57	22-32	H 10	GOOD LAYUP by LUTES,DYLAN(in the paint)
MISS LAYUP by SEKHON,JORDYN(in the paint)	08:43			
	08:43			BLOCK by MAWIEN,MAWIEN
	--			REBOUND DEF by TAYLOR,QUINN
	08:34			TURNOVER by TAYLOR,QUINN
STEAL by SEKHON,JORDYN	08:34			
MISS LAYUP by COOLEY,MATT(in the paint)	08:20			
REBOUND OFF by COOLEY,MATT	--			
GOOD LAYUP by COOLEY,MATT(in the paint)	08:17	24-32	H 8	
	08:00	24-34	H 10	GOOD JUMPER by TAYLOR,QUINN
GOOD LAYUP by MIHAILA,VLAD(in the paint)	07:43	26-34	H 8	
ASSIST by COOLEY,MATT	--			
	07:29			MISS LAYUP by PETRONE,NATE(in the paint)
BLOCK by COOLEY,MATT	07:29			
	--			REBOUND OFF by TEAM
	07:29			SUB OUT by MAWIEN,MAWIEN
	07:29			SUB IN by PAHL,ADAM
SUB OUT by SEKHON,JORDYN	07:29			
SUB OUT by MIHAILA,VLAD	07:29			
SUB IN by BAINS,SUKHJOT	07:29			
SUB IN by HADZOVIC,KENAN	07:29			
	07:20	26-36	H 10	GOOD JUMPER by LUTES,DYLAN
	--			ASSIST by PETRONE,NATE
MISS JUMPER by COOLEY,MATT	07:02			
	--			REBOUND DEF by TEAM
SUB OUT by COOLEY,MATT	07:00			
SUB IN by ADEDIRAN,DANIEL	07:00			
FOUL by BAINS,PARM	06:48			
	06:39	26-38	H 12	GOOD JUMPER by PETRONE,NATE
	--			ASSIST by PAHL,ADAM
	06:24			FOUL by FULLERTON,MATTHEW
	06:24			SUB OUT by FULLERTON,MATTHEW
	06:24			SUB IN by TOMIE,HOLT
SUB OUT by ADEDIRAN,DANIEL	06:24			

SUB IN by BAINS,SUKHRAJ	06:24			
GOOD FT by BAINS,PARM	06:24	27-38	H 11	
GOOD FT by BAINS,PARM	06:24	28-38	H 10	
	06:04			MISS LAYUP by PETRONE,NATE(in the paint)
	--			REBOUND OFF by LUTES,DYLAN
	06:00	28-40	H 12	GOOD LAYUP by LUTES,DYLAN(in the paint)
MISS JUMPER by BAINS,SUKHJOT(in the paint)	05:47			
	--			REBOUND DEF by TAYLOR,QUINN
	05:42			TURNOVER by TOMIE,HOLT
STEAL by BAINS,SUKHRAJ	05:42			
GOOD LAYUP by BAINS,SUKHRAJ(in the paint)	05:39	30-40	H 10	
	05:34			MISS JUMPER by LUTES,DYLAN(in the paint)
BLOCK by BAINS,SUKHJOT	05:34			
REBOUND DEF by TOOR,VICK	--			
	05:23			FOUL by LUTES,DYLAN
MISS FT by BAINS,SUKHJOT	05:23			
REBOUND DEADB by TEAM	--			
GOOD FT by BAINS,SUKHJOT	05:23	31-40	H 9	
	05:03			MISS JUMPER by PAHL,ADAM(in the paint)
	--			REBOUND OFF by LUTES,DYLAN
FOUL by BAINS,SUKHRAJ	05:00			
	05:00			MISS FT by PETRONE,NATE
	--			REBOUND DEADB by TEAM
	05:00	31-41	H 10	GOOD FT by PETRONE,NATE
MISS LAYUP by HADZOVIC,KENAN(in the paint)	04:49			
	--			REBOUND DEF by TOMIE,HOLT
	04:42			MISS LAYUP by TAYLOR,QUINN(in the paint)
BLOCK by BAINS,SUKHJOT	04:42			
REBOUND DEF by BAINS,SUKHJOT	--			
MISS 3PTR by BAINS,PARM	04:36			
	--			REBOUND DEF by TEAM
	04:33			SUB OUT by PETRONE,NATE
	04:33			SUB OUT by TAYLOR,QUINN
	04:33			SUB IN by AMADOU,MOREAU
	04:33			SUB IN by GUINTO,MATTHEW
SUB OUT by BAINS,SUKHRAJ	04:33			
SUB IN by ADEDIRAN,DANIEL	04:33			
	04:22			MISS LAYUP by AMADOU,MOREAU(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--			
GOOD LAYUP by TOOR,VICK(fastbreak)(in the paint)	04:16	33-41	H 8	
	03:56			MISS JUMPER by TOMIE,HOLT(in the paint)
REBOUND DEF by ADEDIRAN,DANIEL	--			
GOOD 3PTR by BAINS,SUKHJOT	03:40	36-41	H 5	
ASSIST by TOOR,VICK	--			
	03:14			MISS 3PTR by GUINTO,MATTHEW
	--			REBOUND OFF by PAHL,ADAM
SUB OUT by HADZOVIC,KENAN	03:10			
SUB IN by SEKHON,JORDYN	03:10			
	03:01			MISS LAYUP by GUINTO,MATTHEW(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--			
GOOD DUNK by ADEDIRAN,DANIEL(fastbreak)(in the paint)	02:56	38-41	H 3	
ASSIST by BAINS,SUKHJOT	--			
	02:54			TIMEOUT TEAM by TEAM
	02:40			TURNOVER by PAHL,ADAM
MISS LAYUP by TOOR,VICK(in the paint)	02:26			
	--			REBOUND DEF by PAHL,ADAM
FOUL by TOOR,VICK	02:25			
	02:06			MISS JUMPER by LUTES,DYLAN(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--			
GOOD LAYUP by BAINS,SUKHJOT(in the paint)	01:44	40-41	H 1	
	01:44			FOUL by PAHL,ADAM
MISS FT by BAINS,SUKHJOT	01:44			

	--				REBOUND DEF by LUTES,DYLAN
	01:35				MISS 3PTR by AMADOU,MOREAU
REBOUND DEF by BAINS,SUKHJOT	--				
GOOD 3PTR by BAINS,SUKHJOT	01:27	43-41	V 2		
ASSIST by BAINS,PARM	--				
	01:24				TIMEOUT TEAM by TEAM
	01:24				SUB OUT by LUTES,DYLAN
	01:24				SUB IN by ANDERSON,LINCOLN
	01:11	43-43			GOOD JUMPER by PAHL,ADAM(in the paint)
GOOD LAYUP by ADEDIRAN,DANIEL(in the paint)	00:57	45-43	V 2		
ASSIST by BAINS,PARM	--				
	00:44				MISS 3PTR by AMADOU,MOREAU
REBOUND DEF by TOOR,VICK	--				
MISS 3PTR by BAINS,PARM	00:36				
	--				REBOUND DEF by TOMIE,HOLT
	00:24				MISS 3PTR by GUINTO,MATTHEW
	--				REBOUND OFF by TEAM
	00:08				MISS JUMPER by GUINTO,MATTHEW
REBOUND DEF by BAINS,SUKHJOT	--				

3rd Play By Play

VISITORS: Fraser Valley Cascades (M)	Time	Score	Margin	HOME TEAM: Mount Royal Cougars (M)	
	10:00				SUB OUT by AMADOU,MOREAU
	10:00				SUB IN by TAYLOR,QUINN
SUB OUT by SEKHON,JORDYN	10:00				
SUB IN by COOLEY,MATT	10:00				
	09:48				MISS JUMPER by ANDERSON,LINCOLN(in the paint)
BLOCK by ADEDIRAN,DANIEL	09:48				
REBOUND DEF by TOOR,VICK	--				
GOOD LAYUP by ADEDIRAN,DANIEL(in the paint)	09:31	47-43	V 4		
ASSIST by COOLEY,MATT	--				
	09:13	47-45	V 2		GOOD LAYUP by PAHL,ADAM(in the paint)
MISS 3PTR by BAINS,PARM	08:59				
	--				REBOUND DEF by GUINTO,MATTHEW
	08:52				MISS 3PTR by GUINTO,MATTHEW
REBOUND DEF by BAINS,PARM	--				
	08:47				FOUL by GUINTO,MATTHEW
MISS 3PTR by BAINS,PARM	08:42				
REBOUND OFF by ADEDIRAN,DANIEL	--				
MISS LAYUP by TOOR,VICK(in the paint)	08:32				
	--				REBOUND DEF by PAHL,ADAM
	08:24				MISS 3PTR by PAHL,ADAM
REBOUND DEF by TOOR,VICK	--				
	08:15				FOUL by ANDERSON,LINCOLN
GOOD FT by COOLEY,MATT	08:15	48-45	V 3		
MISS FT by COOLEY,MATT	08:15				
	--				REBOUND DEF by ANDERSON,LINCOLN
	08:08	48-47	V 1		GOOD JUMPER by TOMIE,HOLT
MISS LAYUP by ADEDIRAN,DANIEL(in the paint)	07:55				
	--				REBOUND DEF by TOMIE,HOLT
	07:43				MISS JUMPER by TAYLOR,QUINN
REBOUND DEF by BAINS,SUKHJOT	--				
GOOD 3PTR by TOOR,VICK	07:37	51-47	V 4		
	07:21				MISS LAYUP by TAYLOR,QUINN(in the paint)
REBOUND DEF by COOLEY,MATT	--				
MISS 3PTR by BAINS,SUKHJOT	07:12				
	--				REBOUND DEF by GUINTO,MATTHEW
	07:04	51-49	V 2		GOOD LAYUP by TOMIE,HOLT(fastbreak)(in the paint)
TURNOVER by BAINS,SUKHJOT	06:53				
	06:45				TURNOVER by GUINTO,MATTHEW

STEAL by BAINS,SUKHJOT	06:45		
GOOD LAYUP by TOOR,VICK(fastbreak)(in the paint)	06:40	53-49	V 4
SUB OUT by COOLEY,MATT	06:30		
SUB IN by BAJWA,JASKARN	06:30		
	06:28		MISS 3PTR by ANDERSON,LINCOLN
REBOUND DEF by ADEDIRAN,DANIEL	--		
GOOD LAYUP by TOOR,VICK(fastbreak)(in the paint)	06:20	55-49	V 6
	06:18		TIMEOUT TEAM by TEAM
	06:18		SUB OUT by GUINTO,MATTHEW
	06:18		SUB IN by PETRONE,NATE
	05:57		SUB OUT by ANDERSON,LINCOLN
	05:57		SUB IN by LUTES,DYLAN
	05:51		MISS JUMPER by PETRONE,NATE
REBOUND DEF by ADEDIRAN,DANIEL	--		
GOOD JUMPER by BAJWA,JASKARN(in the paint)	05:42	57-49	V 8
ASSIST by TOOR,VICK	--		
	05:32		MISS JUMPER by TOMIE,HOLT(in the paint)
	--		REBOUND OFF by TOMIE,HOLT
	05:27		MISS JUMPER by TOMIE,HOLT(in the paint)
REBOUND DEF by ADEDIRAN,DANIEL	--		
MISS 3PTR by BAINS,PARM	05:19		
	--		REBOUND DEF by TOMIE,HOLT
	05:11	57-52	V 5
	--		GOOD 3PTR by PETRONE,NATE(fastbreak)
	--		ASSIST by TOMIE,HOLT
MISS JUMPER by ADEDIRAN,DANIEL(in the paint)	04:52		
	--		REBOUND DEF by TAYLOR,QUINN
	04:42		MISS LAYUP by TAYLOR,QUINN(in the paint)
REBOUND DEF by TOOR,VICK	--		
	04:38		FOUL by PETRONE,NATE
FOUL by BAINS,SUKHJOT	04:32		
TURNOVER by BAINS,SUKHJOT	04:32		
	04:32		SUB OUT by TAYLOR,QUINN
	04:32		SUB IN by AMADOU,MOREAU
	04:18		TURNOVER by PAHL,ADAM
STEAL by BAINS,PARM	04:18		
MISS 3PTR by BAJWA,JASKARN	04:13		
REBOUND OFF by ADEDIRAN,DANIEL	--		
FOUL by BAINS,SUKHJOT	04:02		
TURNOVER by BAINS,SUKHJOT	04:02		
FOUL by TOOR,VICK	03:50		
	03:47	57-54	V 3
	--		GOOD LAYUP by TOMIE,HOLT(in the paint)
	--		ASSIST by PAHL,ADAM
MISS 3PTR by BAINS,SUKHJOT	03:33		
REBOUND OFF by ADEDIRAN,DANIEL	--		
MISS LAYUP by ADEDIRAN,DANIEL(in the paint)	03:28		
	--		REBOUND DEF by PETRONE,NATE
	03:15		MISS LAYUP by LUTES,DYLAN(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--		
MISS LAYUP by TOOR,VICK(in the paint)	03:08		
REBOUND OFF by ADEDIRAN,DANIEL	--		
MISS JUMPER by BAINS,PARM	02:57		
	--		REBOUND DEF by LUTES,DYLAN
	02:45		MISS 3PTR by TOMIE,HOLT
	--		REBOUND OFF by PETRONE,NATE
	02:38	57-57	
	--		GOOD 3PTR by PAHL,ADAM
	--		ASSIST by TOMIE,HOLT
TIMEOUT TEAM by TEAM	02:34		
	02:34		SUB OUT by TOMIE,HOLT
	02:34		SUB IN by FULLERTON,MATTHEW
SUB OUT by TOOR,VICK	02:34		
SUB OUT by BAJWA,JASKARN	02:34		
SUB OUT by ADEDIRAN,DANIEL	02:34		

SUB IN by SEKHON,JORDYN	02:34			
SUB IN by MIHAILA,VLAD	02:34			
SUB IN by BAINS,SUKHRAJ	02:34			
GOOD LAYUP by BAINS,SUKHRAJ(in the paint)	02:24	59-57	V 2	
ASSIST by BAINS,PARM	--			
	02:05	59-59		GOOD JUMPER by PETRONE,NATE
TURNOVER by BAINS,PARM	01:51			
	01:51			STEAL by PETRONE,NATE
FOUL by SEKHON,JORDYN	01:47			
	01:47	59-60	H 1	GOOD FT by PAHL,ADAM(fastbreak)
	01:47	59-61	H 2	GOOD FT by PAHL,ADAM(fastbreak)
MISS JUMPER by BAINS,SUKHJOT(in the paint)	01:33			
REBOUND OFF by BAINS,SUKHJOT	--			
MISS 3PTR by BAINS,PARM	01:24			
	--			REBOUND DEF by PAHL,ADAM
	00:55	59-63	H 4	GOOD JUMPER by FULLERTON,MATTHEW
GOOD LAYUP by BAINS,PARM(in the paint)	00:34	61-63	H 2	
	00:20			MISS 3PTR by LUTES,DYLAN
REBOUND DEF by MIHAILA,VLAD	--			
GOOD JUMPER by BAINS,PARM	00:01	63-63		

4th Play By Play

VISITORS: Fraser Valley Cascades (M)	Time	Score	Margin	HOME TEAM: Mount Royal Cougars (M)
	10:00			SUB OUT by PAHL,ADAM
	10:00			SUB IN by MAWIEN,MAWIEN
SUB OUT by SEKHON,JORDYN	10:00			
SUB OUT by MIHAILA,VLAD	10:00			
SUB IN by TOOR,VICK	10:00			
SUB IN by ADEDIRAN,DANIEL	10:00			
GOOD LAYUP by BAINS,SUKHJOT(in the paint)	09:44	65-63	V 2	
FOUL by TOOR,VICK	09:27			
	09:14	65-65		GOOD LAYUP by MAWIEN,MAWIEN(in the paint)
	--			ASSIST by PETRONE,NATE
FOUL by BAINS,SUKHRAJ	09:13			
	09:13	65-66	H 1	GOOD FT by MAWIEN,MAWIEN
MISS 3PTR by BAINS,PARM	09:05			
	--			REBOUND DEF by FULLERTON,MATTHEW
	08:44	65-68	H 3	GOOD JUMPER by PETRONE,NATE(in the paint)
	08:27			FOUL by LUTES,DYLAN
MISS FT by BAINS,SUKHRAJ	08:27			
REBOUND DEADB by TEAM	--			
MISS FT by BAINS,SUKHRAJ	08:27			
	--			REBOUND DEF by LUTES,DYLAN
	08:16			MISS JUMPER by PETRONE,NATE
REBOUND DEF by BAINS,PARM	--			
GOOD JUMPER by BAINS,PARM	08:06	67-68	H 1	
SUB OUT by ADEDIRAN,DANIEL	07:48			
SUB OUT by BAINS,SUKHRAJ	07:48			
SUB IN by COOLEY,MATT	07:48			
SUB IN by BAJWA,JASKARN	07:48			
	07:45			MISS JUMPER by FULLERTON,MATTHEW
REBOUND DEF by BAINS,SUKHJOT	--			
MISS JUMPER by BAJWA,JASKARN	07:30			
	--			REBOUND DEF by LUTES,DYLAN
	07:14			MISS 3PTR by AMADOU,MOREAU
REBOUND DEF by TOOR,VICK	--			
MISS LAYUP by BAINS,PARM(in the paint)	07:03			
	07:03			BLOCK by MAWIEN,MAWIEN
REBOUND OFF by TEAM	--			
	07:03			SUB OUT by AMADOU,MOREAU

	07:03			SUB IN by TAYLOR,QUINN
GOOD LAYUP by TOOR,VICK(in the paint)	06:56	69-68	V 1	
	06:35			MISS JUMPER by FULLERTON,MATTHEW(in the paint)
	--			REBOUND OFF by TEAM
	06:34			SUB OUT by FULLERTON,MATTHEW
	06:34			SUB OUT by MAWIEN,MAWIEN
	06:34			SUB IN by TOMIE,HOLT
	06:34			SUB IN by PAHL,ADAM
	06:29			TURNOVER by TAYLOR,QUINN
STEAL by COOLEY,MATT	06:29			
GOOD LAYUP by TOOR,VICK(in the paint)	06:20	71-68	V 3	
ASSIST by BAINS,PARM	--			
	06:03			MISS LAYUP by PAHL,ADAM(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--			
MISS JUMPER by BAINS,SUKHJOT(in the paint)	05:45			
REBOUND OFF by BAINS,SUKHJOT	--			
GOOD JUMPER by BAJWA,JASKARN(in the paint)	05:34	73-68	V 5	
	05:20			MISS JUMPER by PAHL,ADAM
REBOUND DEF by BAINS,PARM	--			
GOOD LAYUP by BAINS,SUKHJOT(in the paint)	05:07	75-68	V 7	
	05:06			TIMEOUT TEAM by TEAM
SUB OUT by COOLEY,MATT	05:06			
SUB IN by ADEDIRAN,DANIEL	05:06			
	04:53	75-70	V 5	GOOD LAYUP by TAYLOR,QUINN(in the paint)
GOOD LAYUP by BAINS,PARM(in the paint)	04:41	77-70	V 7	
	04:25	77-72	V 5	GOOD JUMPER by TAYLOR,QUINN(in the paint)
GOOD LAYUP by BAINS,SUKHJOT(in the paint)	04:07	79-72	V 7	
	03:54			MISS LAYUP by LUTES,DYLAN(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--			
MISS 3PTR by BAJWA,JASKARN	03:38			
	--			REBOUND DEF by PETRONE,NATE
	03:25	79-74	V 5	GOOD JUMPER by PETRONE,NATE
	--			ASSIST by PAHL,ADAM
MISS 3PTR by BAINS,PARM	03:14			
	--			REBOUND DEF by LUTES,DYLAN
	03:03			MISS LAYUP by TOMIE,HOLT(in the paint)
REBOUND DEF by BAINS,SUKHJOT	--			
MISS 3PTR by BAJWA,JASKARN	02:41			
	--			REBOUND DEF by TAYLOR,QUINN
	02:18			TURNOVER by LUTES,DYLAN
STEAL by BAJWA,JASKARN	02:18			
GOOD LAYUP by BAINS,SUKHJOT(in the paint)	02:04	81-74	V 7	
	01:53			MISS 3PTR by PAHL,ADAM
REBOUND DEF by BAJWA,JASKARN	--			
TURNOVER by BAINS,SUKHJOT	01:33			
	01:33			STEAL by LUTES,DYLAN
FOUL by ADEDIRAN,DANIEL	01:15			
	01:15			SUB OUT by LUTES,DYLAN
	01:15			SUB IN by ANDERSON,LINCOLN
SUB OUT by BAJWA,JASKARN	01:15			
SUB IN by SEKHON,JORDYN	01:15			
	01:15	81-75	V 6	GOOD FT by TOMIE,HOLT
	01:15			MISS FT by TOMIE,HOLT
	--			REBOUND OFF by ANDERSON,LINCOLN
	01:14	81-77	V 4	GOOD LAYUP by ANDERSON,LINCOLN(in the paint)
GOOD DUNK by ADEDIRAN,DANIEL(in the paint)	00:50	83-77	V 6	
ASSIST by BAINS,PARM	--			
	00:38			MISS 3PTR by PETRONE,NATE
	--			REBOUND OFF by ANDERSON,LINCOLN
	00:33	83-79	V 4	GOOD LAYUP by ANDERSON,LINCOLN(in the paint)
	00:21			FOUL by TOMIE,HOLT
	00:20			FOUL by ANDERSON,LINCOLN

	00:15			FOUL by TAYLOR,QUINN
	00:14			FOUL by PETRONE,NATE
MISS FT by ADEDIRAN,DANIEL	00:14			
REBOUND DEADB by TEAM	--			
MISS FT by ADEDIRAN,DANIEL	00:14			
	--			REBOUND DEF by ANDERSON,LINCOLN
	00:09	83-82	V 1	GOOD 3PTR by ANDERSON,LINCOLN(fastbreak)
	--			ASSIST by TOMIE,HOLT
	00:05			FOUL TECH by TAYLOR,QUINN
TIMEOUT TEAM by TEAM	00:05			
GOOD FT by BAINS,PARM(fastbreak)	00:05	84-82	V 2	
	00:05			FOUL by PETRONE,NATE
GOOD FT by BAINS,PARM(fastbreak)	00:05	85-82	V 3	
GOOD FT by BAINS,PARM(fastbreak)	00:05	86-82	V 4	
	00:05			TIMEOUT TEAM by TEAM
	00:05			MISS 3PTR by TOMIE,HOLT
	--			REBOUND OFF by TEAM