

**ROGER HAYNES INVITATIONAL**  
Hosted by Monmouth College  
**SATURDAY, FEBRUARY 11, 2023**  
Beloit College-Illinois College-Mt Mercy-  
Monmouth-William Wood  
(this is an invitation only meet)

**Brian Woodard Monmouth College Office#: (309)457-2179 Email: bwoodard@monmouthcollege.edu**

**FACILITY-** 200m MONDO surface, 8 42” lanes on the straight, 6- 36” lanes on the track  
Results will be produced by Adkins Track Timing.  
There will be a scoreboard displaying event results as they are completed.  
Results will also be posted on the west wall of the Huff Center.

**MEET-** Unlimited individual and relay entries. No Unattached entries.  
Event Champion t-shirts for each event winner.  
Long Jump and Triple jump and 200m limited to **4 competitors per school**.  
Roger Haynes Invitational meet t-shirt will be available through this link:

**ENTRIES-** Entries are due by **7 pm Thursday February 9th, 2022**.  
The link for online entries is available at: **Direct Athletics**  
**You will need to register in advance:**  
**Marchan Adkins [marchan@adkinstrak.com](mailto:marchan@adkinstrak.com)**  
Please select the Fighting Scot Invite tab to enter.

**ENTRY FEE-** \$250 each men and women. \$500.00 per school, or \$20 per athlete entered.

**SCRATCHES-** Scratches for running events only should be made by coaches at the 10:15 am coaches meeting in the Kane Team Room. Field event scratches will be done on site.

**MEET CONDUCT-** 1. Running event athletes must be checked in based on the clerking time Schedule or they will be scratched from the meet.  
2. Places will be determined on a timed basis if more than one heat.  
3. One final will be run in the 60m dash and 60m high hurdles.  
4. Please submit accurate seed performances for athletes from this indoor season.  
5. 3 attempts will be allowed in all field events with 9 qualifying for the final.  
6. Fast Heats will run first in all running events.  
7. Coaches Packets, including wristbands, can be picked up and entry fee can be submitted in Glennie Gym. Wristbands will be provided for your roster number and coaching staff only.  
8. Only coaches and athletes with wristbands will be allowed on the Huff Center Floor.

**ATHLETE DROPOFF-** Please refer to the campus map available online  
@ <https://www.monmouthcollege.edu/welcome-home/location-directions/campus-map/>  
Use North 6<sup>th</sup> street to Clinton Avenue entrance to the Huff Center located on the north side of the building.

1. There is a large bus-drop off/turnaround between buildings #6 Fulton Hall and #7 HT Science center.
2. DO NOT use the South Entrance to the Huff Center on North 7<sup>th</sup> street. This is now a very narrow dead end street.

**BUS PARKING-** We ask that your drivers use the large parking lot at the corner of Euclid and 5<sup>th</sup> Streets.  
**DO NOT** have the buses park in the circle drive drop off area or on the campus side streets. You can reload in the circle drive at the conclusion of the meet.

**WEIGH IN-** We will weigh all throwing implements from 9:15am-9:45am near the stairs opposite of the entrance to the track. Any implement not measuring in will be impounded until the event is over.

**ENTRY DOORS-** Doors to the Huff Center will be closed for safety during the lane sprint races. Coaches and athletes should consider this during the events.

**TIME SCHEDULE-** We will run a rolling time schedule for this meet. **We will use a declaration process for each track race. Athletes must be declared entered (on time) at the clerks table near the finish line of the Huff Center or they will be scratched from that individual event.**

**MEET RESULTS-** Meet results will be posted on the scoreboard and west wall of the Huff Center throughout the meet. Results will also be posted on the Monmouth College website. [www.monmouthscots.edu](http://www.monmouthscots.edu)

**LIVE RESULTS-** Will be available on <https://www.monmouthscots.edu>

**SPIKES-** 1/4" or less PYRAMID spikes only will be allowed. NO CHRISTMAS TREE OR PIN SPIKES. Spikes will be checked in the clerking area.

**HIP #'s-** will be issued for athlete identification in all races. These will be distributed in the clerking area near the finish line and distributed according to the check in schedule.

**TRAINING ROOM-** a certified trainer will be on site. Please contact Bob Foster- Head ATC Monmouth College if any modalities will be required prior to the meet. (309-457-2180)

**LOCKER ROOMS/SHOWERS-** Locker rooms will be available for teams during/after the meet in the swimming locker area.

**TEAM CAMPS-** ALL team camps will be in the Glennie Gym. Please keep food and drinks in the stands and upstairs on the main concourse. No food and only water is allowed in the competition areas.

**COACHES MEETING-** A brief coaches meeting will take place in the Kane Team Room at 10:45am.

# ROGER HAYNES INVITATIONAL

SATURDAY FEBRUARY 11, 2023

## FIELD EVENTS:

10:45am Shot Put- Women men to follow (North Ring)  
10:45am Weight Throw- Men women to follow (South Ring)  
10:45am Long Jump-Men, Women to follow  
10:45am High Jump- Men, Women to follow  
10:45am Pole Vault- Women, Men to follow  
\*\*\* Triple Jump-Men, Women to follow (Following the Women's LJ)

11:45am- National Anthem  
Recognition of Coach Haynes and Alumni welcome

## TRACK EVENTS:

12:00pm 5000m-(Women-Men)  
DMR-(Women-Men)  
60m Hurdle Trials- (Women-Men)  
60m Dash Trials- (Women-Men)  
4x200m Relay- (Women-Men) (3 turn stagger-non fly in zones) (lanes 2-6 only)  
Mile- (Women-Men)  
60m Hurdle Final-(Women-Men) Finals  
60m Dash Final- (Women-Men) Finals  
400m Final- (Women-Men) (lanes 2-6 only)  
800m Final- (Women-Men)  
200m Final- (Women-Men) (lanes 2-6 only)  
3000m- (Women-Men)  
4x400m Relay- (Women-Men)

Event	Clerking Check in deadline
5000m	11:30am
DMR	Before 5000
60h trials	Before DMR
60m trials	Before DMR
4x200	Before 60 h trials begin
Mile	Before 60 Dash trials begin
60h final	Before mile begins
60m final	Before mile begins
400m	Before mile begins
800m	Before 60h final begins
200m	Before 60 m final
3000m	Before 800m begins
4x400	Before 3000m begins