

STUDENT-ATHLETE HANDBOOK 2024-2025

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MASSACHUSETTS INSTITUTE OF TECHNOLOGY Department of Athletics, Physical Education, and Recreation

Dear MIT Engineers,

Welcome to the MIT Department of Athletics, Physical Education, and Recreation (DAPER)! For those of you joining us for your first year as a MIT student-athlete, we hope you will find your experience to be one of both great challenge and success. For our returning student-athletes, I admire your remarkable accomplishments in both your academic and athletic pursuits, which allowed DAPER to have an outstanding last year. Heading into the 2024-25 academic year, we look forward to another rewarding year with a talented and resilient group of student-athletes.

DAPER is committed to the pursuit of excellence in creating an environment that develops community; provides education; inspires leadership; and promotes wellness. Our teams are nationally competitive, finishing near the top of the Division III LEARFIELD Director's Cup standings every year, all without sacrificing our academic commitments.

MIT Athletics continues to be recognized as one of the top programs in Division III, finishing seventh overall in the Learfield Cup standings in 2023-24, marking the ninth time MIT ranked in the top ten! Our program success was highlighted by nine NCAA individual National Championships, five top-10 NCAA finishes and a single-season record of 141 All-American performers. At the conference level, the Engineers claimed the NEWMAC Women's Presidents Cup for the ninth straight year and earned 11 NEWMAC team championships. Over the past year, our department continued to be recognized for our incredible accomplishments, with 25 student-athletes earning College Sports Communicators Academic All-America honors and one winning a NCAA Elite 90 award, along with MIT women's fencing student-athlete Kristen Palmer being honored as a finalist for the NCAA Woman of the Year award.

I encourage you to thoroughly read this student-athlete handbook and familiarize yourself with all the resources and information. As a representative of the Institute and our department, the expectations placed upon you are outlined inside. Department policies, rules, and resources are also included. Should you find yourself in need of advice or guidance, many options are listed to guide you. Beyond the information provided, know that our coaches and administrators' doors are always open to you.

You are now an MIT Engineer and we are proud to have you represent our department and the Institute. My hope is that during your time here, you will take full advantage of the opportunities for growth and that you will experience great success both athletically and in the classroom.

Roll Tech!

G. Anthony Grant, Ph.D.

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Director of Athletics/Department Head - DAPER



MASSACHUSETTS INSTITUTE OF TECHNOLOGY Department of Athletics, Physical Education, and Recreation

SHARED PURPOSE STATEMENT

DAPER's shared purpose is to bring the MIT community together in educational activities that promote wellness, a diverse and inclusive environment, leadership, teamwork, and the pursuit of excellence through competition, physical activity and recreation.

SHARED VALUES STATEMENTS

DAPER is committed to the pursuit of *Excellence* in creating an environment that:

- Develops *Community* by embracing the uniqueness of each person, working cooperatively and providing courtesy, respect, and gratitude in all interactions.
- Provides *Education* that instills an appreciation for lifelong learning through the development of knowledge, skills, abilities, social and emotional growth, responsibility and sportsmanship.
- Inspires *Leadership* by demonstrating vision, knowledge, integrity, loyalty, pride, passion and service through the delivery of quality programs and opportunities.
- Promotes Wellness by fostering an environment that values and practices healthy lifestyles and encourages personal growth and enjoyment, through physical and social activities.

GENERAL INFORMATION

Mailing Address:

Massachusetts Institute of Technology 120 Vassar Street Cambridge, MA 02139-7404

Phone Numbers:

Athletic Department Main Number: 617-253-4498

Athletic Department Fax: 617-258-7343



DAPER DIVERSITY, EQUITY & INCLUSION STATEMENT

Serving as the anchor of our **Shared Purpose**, DAPER is devoted to cultivating a sense of belonging within the MIT community. We will accomplish it by fostering a culture that is diverse, inclusive, and provides equitable opportunities for all.



DIVISION OF STUDENT LIFE DIVERSITY & INCLUSION STATEMENT

Diversity and Inclusion: As a division that is here for our students, our mission is to attract, hire, and retain talented staff members who represent the diversity of the MIT student body. We strive to provide all DSL staff members with the skills, tools, and support to create and maintain a respectful and responsive environment for living, teaching, and learning. We achieve this by:

- Creating a climate of inclusion that reflects our division's values and promotes an open exchange of ideas where each voice is heard
- Advancing DSL's policies, practices, and programming for diversity, inclusion, and equity
- Promoting DSL staff equality of access, opportunity, representation, and participation within the division and beyond
- Enhancing the awareness, knowledge, and skill of MIT community members through our work across campus



MIT NONDISCRIMINATION & HARASSMENT POLICY

The Massachusetts Institute of Technology is committed to the principle of equal opportunity in education and employment. The Institute does not discriminate against individuals on the basis of race, color, sex, sexual orientation, gender identity, religion, disability, age, genetic information, veteran status, ancestry, or national or ethnic origin in the administration of its educational policies, admissions policies, employment policies, scholarship and loan programs, and other Institute administered programs and activities, but may favor US citizens or residents in admissions and financial aid.

Gender-based discrimination, including sexual misconduct (a term used to describe a range of behaviors including sexual harassment, non-consensual sexual contact/sexual assault, non-consensual sexual penetration/rape, and sexual exploitation), intimate partner violence, and stalking committed by MIT students, staff, or faculty will not be tolerated. This applies to academic, educational, athletic, residential, and other Institute operated programs.

For access to the full Institute policy, please see the MIT Institute Discrimination and Harassment Response Office (IDHR) website.

Harassment is defined as unwelcome conduct of a verbal, nonverbal or physical nature that is sufficiently severe or pervasive to create a work or academic environment that a reasonable person would consider intimidating, hostile or abusive and that adversely affects an individual's educational, work, or living environment.

For information on how to file complaints of discriminatory harassment, see MIT's Institute Discrimination and Harassment Response Office **website**.



NEWMAC STUDENT-ATHLETE SPORTSMANSHIP STATEMENT

The NEWMAC Student-Athlete Advisory Committee asks all participants and fans to support our shared goal of promoting positive sportsmanship and cultivating an enjoyable sporting environment. We ask that you do not make disparaging remarks or negatively single out anyone by name or number. We compete with honor and integrity and we take pride in these values. Thank you for respecting our hard work and dedication to the spirit of Division III and NEWMAC athletics.



PATRIOT LEAGUE SPORTSMANSHIP STATEMENT

The Patriot League was founded upon the principles of fairness, equality and excellence in academics as well as in athletic participation. It strongly supports the NCAA's core principle: promoting character development of participants and fundamental values such as respect, fairness, civility, honesty and responsibility. The Patriot League member institutions will ensure that their athletic programs promote and require the highest standards of sporting behavior and ethical conduct by all participants (student-athletes, coaches, staff and faculty). Additionally, the member institutions will require and demand the highest standards from all supporters (bands, cheerleaders, spirit groups, student bodies and spectators).



NCAA MISSION & PRIORITIES

The NCAA is a member-led organization focused on cultivating an environment that emphasizes academics, fairness and well-being across college sports.

Academics

To get the most out of college, student-athletes have to suc-ceed on the court and in the classroom. The NCAA provides opportunities to learn, compete and grow on and off the field. The ultimate goal of the college experience is graduation, and college athletes are graduating at rates that are higher than ever.

Fairness

With so much changing in college sports, rule changes are focused on improving the studentath-lete experience. The NCAA is committed to providing a fair, inclusive and fulfilling environment for student-athletes and giving them a voice in the decision-making process.

Well-Being

In 1906, the NCAA was founded to keep college athletes safe. The Association is still working hard to protect them physically and mentally. Through its Sport Science Institute, the NCAA provides recommendations and guidelines to ensure college athletes are getting the best care possible.

NCAA SPORTSMANSHIP STATEMENT

For intercollegiate athletics to promote the character development of participants, to enhance the integrity of higher education and to promote civility in society, student-athletes, coaches, and all others associated with these athletics programs and events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values should be manifest not only in athletics participation but also in the broad spectrum of activities affecting the athletics program.

STUDENT-ATHLETE CONFLICT CONCERNS

Conflict Resolution

The Department of Athletics, Physical Education and Recreation (DAPER) is committed to ensuring all athletic department constituents (coaches, varsity student-athletes, staff and volunteers) represent the Institute with integrity, emphasizing equity, inclusiveness and compliance. To this end, DAPER will operate as an inclusive community that both values the expression of differences and promotes excellence in instruction, personal development, and institutional success.

DAPER is supportive of the Institute's processes for voicing grievance in both academic and non-academic issues related to violations of the conduct regulations. Moreover, in the event of accusations, the department is committed to providing the environment of fairness where varsity student-athletes have the opportunity to participate in the enforcement of procedures.

If a varsity student-athlete believes an athletic department constituent is not exhibiting these principles or may be in violation of Institute policies, he/she/they should feel free to contact any MIT resources including, but not limited to:

- Office of Student Conduct and Community Standards (OSCCS),
 - OSCCS is the beginning point of all conduct and academic integrity complaints against students and student organizations and is an impartial resource for all parties in the complaint resolution process.
 - To report an incident, click <u>here.</u>
- <u>The MIT Ombuds Office</u>, The Ombuds Office serves as an independent, confidential, neutral and informal resource to the diverse MIT community, to help resolve disputes and manage conflicts.
- Human Resources, Complaint Resolution Policies and Procedures:
 http://web.mit.edu/policies/9/9.6.html, Student-Athletes may pursue grievances regarding MIT coaches/employees locally, within DAPER, through the Director of Athletics Office or the Intercollegiate Athletics Office. Disputes or complaints may also be handled by the Human Resources Officer assigned to DAPER. All participants in the informal and formal review process are expected to maintain confidentiality to protect the privacy of all involved, to the extent possible and as permitted by law.

NCAA and Conference Rules

Varsity student-athletes who have questions or concerns regarding a coach or athletic department constituent's correct application of NCAA or Conference rules and regulations should contact the eligibility officers by emailing eligibility@mit.edu. All issues will be investigated per the direction of and in accordance with the policies and procedures of the Athletics Compliance Office.

Title IX

The Institute is committed to compliance with Title IX and to preventing and responding appropriately to allegations of conduct that violates its non-discrimination policy, sexual misconduct policy or other applicable Institute policies. Any individual whose conduct violates these policies will be subject to disciplinary action in accordance with applicable Institute policies and procedures as well as Federal and State Laws.

If a student is a victim of, witness to or is aware of sexual misconduct by a member or non-member of the MIT community, the student is strongly encouraged to promptly report the alleged sexual misconduct to one of the Athletics Deputy Coordinators for Title IX Compliance. Complete information regarding the Institute's reporting protocol for sexual misconduct can be found here.

GAMBLING POLICY

The NCAA opposes all forms of legal and illegal sports wagering on college sports. NCAA rules specifically prohibit varsity student-athletes, athletics department staff members, conference office staff and NCAA national office employees from wagering on intercollegiate, amateur and professional sports in which the Association conducts championships, plus Division I's Football Bowl Subdivision. For example, NCAA student-athletes and personnel are prohibited from betting on National Basketball Association contests since the NCAA conducts championships in basketball. For more information, reference the **Don't Bet on It** website.

TOBACCO USE

The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

DRUG POLICY & DRUG TESTING

DAPER adopts the MIT policy regarding drug use. This policy can be found in the Mind & Hand Book.

In addition, varsity student-athletes must abide by the NCAA drug policy. We hold our varsity student-athletes to the highest standards and therefore all sports, regardless of division classification, are expected to abstain from any of the NCAA List of Banned Substances at all times.

For Division I student-athletes, drug testing may occur at any time. For Division III student-athletes, drug testing may occur at NCAA championship events.

NCAA Bylaw 14.1.4.1: Each academic year, a student-athlete shall sign a form prescribed by the Management Council in which the student consents to be tested for the use of drugs prohibited by NCAA legislation. Failure to complete and sign the consent form before competition shall result in the student-athlete's ineligibility for participation (i.e., practice and competition) in all intercollegiate athletics (see Constitution 3.2.4.6). Violations of this bylaw do not affect a student-athlete's eligibility if the violation occurred due to an administrative error or oversight, and the student-athlete subsequently signs the form; however, the violation shall be considered an institutional violation per Constitution 2.8.1.

NCAA Drug Testing Resources

- General Policies
- NCAA List of Banned Substances
- Medical Exemptions for Banned Substances
- Drug Testing Appeals Process

ALCOHOL POLICY

DAPER Policy: Varsity student-athletes may not consume alcohol while representing MIT at an intercollegiate event/trip. This rule is in effect for all student-athletes, regardless of age. Your athletic representation of MIT begins on your departure from campus, and concludes on your return to campus. The duration or intervals of a contest do not affect this regulation of representation.

Please keep in mind that coaches have the discretion to establish more stringent team policies regarding alcohol consumption.

<u>MIT Policy</u>: MIT observes all laws and regulations governing the sale, purchase, and serving of alcoholic beverages by all members of its community and expects these laws will be adhered to at all events associated with the Institute. This includes activities on the MIT campus, in MIT independent living groups, and at off-campus functions sponsored and supported by MIT or any of its affiliated groups.

HAZING POLICY

DAPER Policy: No team, student-athlete, student, staff, coach, administrator or alumnus shall conduct or condone hazing activities.

MIT considers hazing a very serious violation of Federal and State regulations, and MIT policy. Each varsity student-athlete signs an acknowledgment agreeing not to haze and to report hazing if observed. All incidents of noncompliance will be aggressively pursued by MIT Senior Administration, the Office of the General Counsel, and MIT Police. If you have any questions about hazing or want to discuss it, please contact your coach or the athletics administrator assigned to your team. Full policy information can be found in the Mind and Hand Book.

SOCIAL NETWORKING

Participation in intercollegiate athletics at MIT is a privilege, not a right. As a result, student-athletes' behavior shall reflect the high standards of honor and respect that characterize participation in competitive sports at the Institute. While DAPER does not prohibit varsity student-athlete involvement with Internet based social networking communities, this high standard of honor and dignity encompasses comments and postings made to Internet sites.

MIT takes free expression seriously and goes to great lengths to protect that right. Social networks such as Facebook and sites such as Twitter have expanded your opportunities to express yourself, connect with friends, and to build your network. There are several responsibilities to consider when you create your personal and post messages online. Consider the following best practices:

- 1. Be transparent
- 2. Think carefully before you "friend," "like," or "follow" someone
- 3. Don't be in a rush think before you post
- 4. Encourage conversation
- 5. Don't tell secrets
- 6. Respect the privacy of others
- 7. Respect the intellectual property of others
- 8. Respect your audience, MIT, and your colleagues
- 9. Take ownership for your mistakes
- 10. Comply with terms of service of third-party entities

For more information on social networking, read MIT's Social Media Guidelines.

DAPER ADMINISTRATIVE CONTACT INFORMATION

For the most updated DAPER staff directory, please refer to the MIT Athletics website.

STUDENT-ATHLETE WELL-BEING

Below are some resources to support and promote your academic development, physical, emotional and mental health. You will find more information about each resource on each of the linked sites:

- <u>DSL (Division of Student Life)</u>: The Division of Student Life (DSL) is here for students. DSL partner with students, faculty, and staff to develop enriching environments and experiences that promote students' knowledge, wellbeing, independence, and accountability.
- OFY (Office of the First Year): The mission of the OFY is to provide excellent services and programs to catalyze student exploration and access to opportunity, and promote the academic success and personal development of undergraduates.
- MIT Medical: MIT Medical delivers integrated medical, psychological, and preventative
 care and promotes healthful living in support of learning and research for the Institute
 community.
- <u>DoingWell</u>: DoingWell was developed to empower students to prioritize their wellbeing.
 Prioritizing your wellbeing is a journey that looks different for everyone and what works for you one day might need to change another day.
- <u>CAPD (Career Advising & Professional Development)</u>: CAPD empowers students, postdocs and alumni to explore their life and career goals by helping them to develop core competencies and build professional networks.
- PKG Center (Priscilla King Gray Public Service Center): The PKG Center is the epicenter
 of public service at MIT. Public service is a springboard to take your learning beyond the
 classroom and into communities around the world through internships, fellowships, and
 public service projects. The PKG Center helps students harness their unique abilities to
 advance social good.
- MIT Alumnae Association Infinite Connection: This online portal provides a hub for alumni, students, postdocs, and associate members to get the most out of their experience. Your journey to accessing all of your benefits and offerings begins with your Infinite Connection (IC) account.

LEVITCH LEADERSHIP LABORATORY (L^3)

The Levitch Leadership Laboratory (L^3), MIT's student-athlete leadership program, has been designed to support DAPER core values and to equip MIT student-athletes with the tools to become successful leaders on their teams, in the classroom, in the community and in their professional careers following graduation. Through a comprehensive and interactive approach, students will discover what their own leadership style is and how it adds value to their respective teams. The program will enhance the concepts that are taught in the classroom and allow student-athletes practical application of leadership skills. Student-athletes will learn from personal assessment, guest speakers and each other about the importance of motivation and collaboration. This program is designed for rising leaders and captains for varsity and club student-athletes.

To learn more about the program's three tiers and learning outcomes, visit the <u>website</u>, **or contact:**

NAME	PHONE	EMAIL
BRITTANY BRESLEY	617-253-5253	bresley@mit.edu

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

The <u>Student-Athlete Advisory Committee (SAAC)</u> is a NCAA mandated committee comprised of varsity student-athletes to provide insight on the varsity student-athlete experience. The SAAC also offers input on the rules, regulations and policies that affect student-athlete's lives on all NCAA member institution campuses.

At MIT, the SAAC's mission is to communicate the student-athlete perspective, promote varsity athletics, and actively participate in community service. An executive group meets regularly with DAPER administration to provide insight into issues affecting all varsity student-athletes. To voice concerns and offer solutions that are common among teams, SAAC seeks active members from all teams. For more information regarding your team's representation on SAAC, please contact:

NAME	PHONE	EMAIL
MISSY KUBIK	617-253-4497	marisaku@mit.edu

DEVELOPING A SENSE OF SELF

Many students find that the most important challenge they face in college is learning who they are, how others see them and how they see themselves in relation to others. MIT provides many resources to help with issues of identity and community:

Identity and Community Resources

- Missy Kubik: DAPER Liaison for LGBTQ+
- <u>LBGTQ@MIT</u>: An intercultural campus resource for diverse gender, romantic, and sexual identities. With a primary focus on students, LBGTQ@MIT's mission is to ensure a safe and supportive campus-wide community where students of diverse gender, romantic, and sexual identities are all welcomed as equals.
- OMP (Office of Multicultural Programs): The OMP provides support, advocacy; and
 celebrates our diverse undergraduate and graduate student populations by providing a
 myriad of educational and social opportunities. We help create a brave space for
 students to learn more about their own personal identity while valuing and respecting
 others'.
- <u>ISO (International Students' Office)</u>: The mission of the ISO is to provide high quality advising on immigration regulations, aid in the maintenance of legal status, assist international students in their transition to life in the United States at MIT, promote interactions between international populations and the U.S. and advocate on behalf of the international student population.
- MIT Women's League: A vibrant social and service-based organization for all women at MIT founded to foster connections among the women at MIT.
- OME (Office of Minority Education): Promotes academic excellence, build strong communities, and develop professional mindsets among students of underrepresented minority groups, with the ultimate goal of developing leaders in the academy, industry, and society.
- ORSEL (Office of Religious, Spiritual, and Ethical Life) representing many of the world's religions, serve both their own religious communities, as well as the MIT community at large. Chaplains are available for counseling, private talks, and program development. In addition, more than thirty student religious groups, recognized by the Association of Student Activities (ASA) are active on campus.

Mental Health

- <u>MIT Student Support Services (s³)</u>: Provides a safe place where students can have confidential conversations with counseling deans about just about any issue, from academic challenges to relationship issues or problems at home.
- Student Mental Health & Counseling: MIT Medical's Student Mental Health and Counseling Services works with students to identify, understand, and solve problems, and to help transform that understanding into positive action. For emergencies, they can be reached 24/7 at 617-253-2916 (days), 617-253-4481 (nights and weekends).

 AODS (Alcohol and Other Drug Services): AODS provides effective education, prevention, and intervention programs to reduce the negative impact of alcohol and other drug abuse on the MIT community.

COMPLIANCE & ELIGIBILITY

The Compliance Office is a subdivision of the MIT Intercollegiate Support Services. Compliance Services supports the mission of the MIT DAPER by educating the institution, departmental staff and faculty, varsity student-athletes, and other constituents of NCAA and conference regulations.

The <u>Compliance and Eligibility</u> resources page is a good starting point for information on eligibility, playing and practice seasons, benefits, recruiting, and amateurism. If you have questions regarding this topic, you may reach the eligibility officers by emailing <u>eligibility@mit.edu</u>.

ACADEMIC CALENDARS

For MIT's Academic Calendar, please visit the Office of the Registrar website.

PRACTICE POLICIES

- Mandatory practices may not be scheduled in conflict with classes, and the total number of mandatory practice hours may not exceed NCAA limits.
- Varsity student-athletes must take their contest schedule to their professors, identifying any conflicts ahead of the scheduled competition.
- Professors may require attendance at quizzes and tests if they occur during regular class time.
 - Professors are required to offer alternative dates/times for tests if the tests occur outside regular class time.
- MIT expects varsity student-athletes to manage the missed class time aspect of their academic life on their own.
- As of Fall 2023, each sport has a specific number of <u>days</u> to practice and compete (known as the declared playing and practice season).
 - Your coach will provide the dates of your playing and practice season.
 - For more information, visit <u>this website</u> to view the DIII Playing Season Resources in the bottom right hand corner of the page.
- If a team conducts required practices outside the declared playing and practice season, it will trigger a violation that may affect a student-athlete's eligibility.
- Captains Practices Voluntary Athletically Related Activities: Varsity student-athletes can
 gather and workout outside their playing and practice season but those activities cannot be
 required nor a condition of team membership and attendance cannot be tracked or
 reported back to the coaching staff.

TEAM TRAVEL POLICIES

Meals

- Breakfast is provided if your team is on the road by 7:00 AM
- Lunch is provided if your team is on the road by 12:00 PM
- Dinner is provided if your team is on the road by 7:00 PM

Please note: These are basic guidelines provided by the Department of Athletics, but coaches do have discretion on how to best utilize per diem for the needs of team.

Travel with Team

Only certified student-athletes are eligible to travel with the team. Student-athletes who wish to travel to a contest separately must be 18 years or older, will need coach approval, and must sign the *Informed Risk* document available from your coach.

SERVING AS A STUDENT HOST

Acting as a student host is an important service to MIT and thus appropriate conduct is expected of you by MIT and NCAA standards. You, as well as the prospect you are hosting must observe the laws of the Commonwealth of Massachusetts, the rules of MIT and the following NCAA regulations. You must also account for any money spent by turning in all receipts as well as unused money to your coach.

- 1. You are responsible for keeping your prospect on time for all appointments and reporting his/her visit to your MIT Housing contact.
- 2. Individuals involved in the recruit's visit will act in a responsible manner and are expected to abide by the law. (Do not take a prospect to a bar or club which allows admittance only to those 21 years of age or older).
- 3. The use of alcohol, drugs, sex or any illegal activity in recruiting will not be tolerated and will result in disciplinary action.
- 4. NCAA rules must be abided by in all situations.
- 5. Have a plan for entertaining the recruit and review with your head coach. Advise the head coach in advance of any changes to the plan.
- 6. If your prospect acts in a manner detrimental to MIT, report this to your head coach immediately.

If you have any questions about your responsibilities as a prospect host/hostess, please do not hesitate to contact your coach or the Compliance Office.

SPORTS MEDICINE

The Massachusetts Institute of Technology's **Sports Medicine Department** is committed to providing the highest quality healthcare possible. The unit's expertise focuses on the prevention, treatment, evaluation, rehabilitation, and emergency care for all athletic related injuries and illnesses. The athletic training staff is certified by the Board of Certification and licensed by the Commonwealth of Massachusetts Board of Registration in Allied Health.

In order to provide quality care we work under the direction and supervision of our team physicians and in conjunction with the providers from MIT Medical. Our team physician's background is in Family Medicine with a specialization in Sports Medicine.

ATHLETICS COMMUNICATIONS, PROMOTIONS & MARKETING

Athletics Communications, Promotions and Marketing Office coordinates a comprehensive communications strategy for publicizing of the Institute's 33 intercollegiate sports. The CPM staff play an integral role in developing and maintaining the web presence for MIT Athletics and DAPER. The unit manages the photo needs for the department, enforces proper usage of the MIT Athletics brand internally and with outside vendors, and coordinates all media requests and interviews. They also write press releases for the Department, coordinate the department's social media pages, and manage the webcasting and online store.

COMMUNICATIONS, PROMOTIONS AND MARKETING STAFF						
NAME	PHONE	EXTENSION	EMAIL			
MILES ROBERTS	617-258-5265	8-5265	mhrob@mit.edu			
MINDY BRAUER	617-253-7946	3-7946	mbrauer@mit.edu			
LAUREN DELLIPOALI	617-258-8644	8-8644	<u>lcdellip@mit.edu</u>			

VARSITY EQUIPMENT ROOM

Our goal in the Varsity Equipment Room is to better serve coaches and varsity student-athletes this year. At the conclusion of each school year, we review the varsity student-athlete evaluations of our department and take them into consideration when reviewing our policies and procedures for the following year. This **information** outlines the policies and procedures.

Equipment Room Contact Information

Johnson Main Line: 617-452-2250 Johnson Additional Line: 617-253-9613

VARSITY STRENGTH & CONDITIONING PROGRAM

The Massachusetts Institute of Technology's **Sport Performance** coaches design and implement training programs for Varsity Athletic teams. The certified strength and conditioning coaches are permitted to design and conduct strength and conditioning practices with varsity student-athletes both in and out of season throughout the academic year. Strength and conditioning coaches are not permitted to conduct practices outside the academic year.