



2015 General Camp Information

- 7:1 player to coach ratio to maximize individual instruction
- Excellent coaching staff consisting of highly experienced college coaches and college players
- Focus is on skills and practice ideas that can help players improve after they leave camp
- Enrollment is based on what grade the camper will be entering in the fall of 2015.



2015 Griffon Volleyball Camps

Griffon Gold Camp - June 3 - 5
***Grades 9 - 12**

Griffon Black Camp - June 5 - 7
***Grades 4 - 8**

@ Missouri Western State University, Looney Complex

Griffon GOLD CAMP

- Designed for participants entering grades 9-12
- We recommend at least one year of club volleyball experience, but it's not required
- Camp sessions will focus on advanced skills for all positions
- Specific positional training occurs on Days 2 and 3

Griffon BLACK CAMP

- Designed for participants entering grades 4-8
- No prior volleyball experience needed
- Skills will be taught at both beginner and intermediate levels
- Players will learn the fundamentals of all positions while playing a variety of fun, cooperative games!



2015 Volleyball Camp

**Camp Dates: June 3 – 5
& June 5 – 7**

**Missouri Western State University
4525 Downs Drive, St. Joseph, MO 64507**

Missouri Western Volleyball Camp

Camp Director: Marian Carbin, Head Volleyball Coach MWSU

E-mail: mcarbin@missouriwestern.edu



Camp Itinerary

G O L D	<u>June 3</u>	12:30 pm Check-in	<u>June 4</u>	8:30 am Camp Session #3	<u>June 5</u>	8:30 am Camp Session #6
		2:00 pm Camp Session #1		11:30 pm Lunch Break		11:30 am Check-out
		4:30 pm Dinner		1:00 pm Camp Session #4		
		6:30 pm Camp Session #2		4:30 pm Dinner Break		
	9:00 pm End of Day 1		6:30 pm Camp Session #5			
			9:00 pm End of Day 2			
B L A C K	<u>June 5</u>	6:00 pm Check-in	<u>June 6</u>	8:30 am Camp Session #2	<u>June 7</u>	8:30 am Camp Session #4
		7:00 pm Camp Session #1		11:30 pm Lunch Break		11:30 pm Lunch Break
		9:00 pm End of Day 1		1:00 pm Camp Session #3		1:00 pm Camp Session #5
				4:30 pm Dinner Break		3:00 pm Check-Out
			6:30 pm Pool/Movie			
			9:00 pm End of Day 2			

Registration Information

Thank you for considering our 2015 Griffon Volleyball Camp. We are looking forward to a full camp again this year so please get your registration in early to confirm your spot.

Camp Options: All prices include a camp t-shirt and 6 training sessions
Please choose one of the following.

Commuter Camper:
 Early Bird Price (before May 1) - \$125
 Regular Price (on or after May 1) - \$140

Commuter + Meals: Includes meals that occur between sessions, 3 total meals
 Early Bird Price (before May 1) - \$155
 Regular Price (on or after May 1) - \$170

Residential Camper: Includes 2 nights in the dorms and all meals
 Early Bird Price (before May 1) - \$250
 Regular Price (on or after May 1) - \$265

Name _____

E-mail _____

Address _____

C/S/Z _____

Phone _____

Grade (Fall of 2015) _____

Shirt Size (circle) Adult: S M L XL
 Youth: M (10/12) L (14/16)

Camp Attending (Circle): Gold/Black
 *If Black, circle: Beginner/Intermediate

Emergency Contact Information:

Name _____

Phone _____

Insurance Co. _____

Policy # _____

In consideration of enrollment in this Griffon Volleyball Camp, I agree, on behalf of myself, my assigns, executors, and heirs, to release and hold harmless the Missouri Western State University administration and their trustees, officers, employees, and agents from any and all liability, damage, or claims of any nature whatsoever arising out of my child's participation.

By signing this application, the undersigned understands and agrees that they are responsible for any medical expenses or damages and that the University has no liability for injuries to the participant.

Participant Signature (if participant is under 18 years of age, this form must be signed by a parent or legal guardian on the line below)

Signature: _____

Make Checks Payable to: Marian Carbin

Mail to: Marian Carbin - MWSU Volleyball
 4525 Downs Drive, St. Joseph, MO, 64507