

2024 Len Paddock - 4/27/2024**4/27/2024****Results****Women 100 Meter****Top 9 Advance by Time**

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Hankins, Taryn	Michigan State	11.63q	3.1	1
2 Stafford, Ayanna	Akron	11.92q	2.9	2
3 Oloye, Josephine	Eastern Michigan	12.05q	3.1	1
4 Jones, Khamani	Toledo	12.17q	2.9	2
5 Johnson, Jenna-Ann	Siena Heights	12.22q	3.1	1
6 Davis, Josephine	Akron	12.35q	3.1	1
7 Cage, Taiyanna	Akron	12.38q	2.9	2
8 Ragland, Jimesha	Toledo	12.67q	2.9	2
9 Denny, Isabelle	Toledo	12.84q	2.9	2
10 Berney, Brooke	Northwood	13.11	3.1	1
11 Hoonhorst, Rebecca	Northwood	13.41	2.9	2

Women 100 Meter

Name	Year School	Finals	Wind
Finals			
1 Hankins, Taryn	Michigan State	11.60	2.5
2 Jones, Khamani	Toledo	12.05	2.5
3 Oloye, Josephine	Eastern Michigan	12.10	2.5
4 Johnson, Jenna-Ann	Siena Heights	12.18	2.5
5 Cage, Taiyanna	Akron	12.32	2.5
6 Davis, Josephine	Akron	12.46	2.5
7 Ragland, Jimesha	Toledo	12.56	2.5
8 Denny, Isabelle	Toledo	12.82	2.5

Women 200 Meter

Name	Year School	Finals	Wind	H#
1 Nwokike, Joy	Akron	23.11	6.2	1
2 Walkes, Saraiah	Eastern Michigan	23.67	6.2	1
3 Isom, Sophie	Michigan	23.94	6.2	1
4 Horn, Vanessa	Akron	23.99	6.2	1
5 Oloye, Josephine	Eastern Michigan	24.32	6.2	1
6 Henderson, Trinity	Michigan	24.46	6.2	1
7 Jones, Khamani	Toledo	24.69	3.2	2
8 Bansbach, Susan	Michigan	24.76	6.2	1
9 Bass, Janay	Akron	25.10	3.2	2
10 Davis, Josephine	Akron	25.17	3.2	2
11 Worthy, Laryah	Toledo	25.29	3.2	2
12 Rios-Smith, Rahzia	Toledo	25.59	3.2	2
13 Lewis, Sade	Akron	25.65	3.2	2
14 Johnson, Jenna-Ann	Siena Heights	26.05	3.2	2
15 Coleman, Nehemiah	Toledo	26.87	3.1	3
16 Scott, Maleah	Eastern Michigan	27.14	3.1	3
17 Frankart, Izabella	Toledo	28.60	3.1	3

2024 Len Paddock - 4/27/2024**4/27/2024****Results****Women 400 Meter**

Name	Year	School	Finals	H#
1 Horn, Vanessa		Akron	54.98	1
2 Worthy, Makiya		Eastern Michigan	55.40	1
3 Bass, Janay		Akron	56.70	1
4 Gall, Amber		Michigan	58.30	1
5 Rios-Smith, Rahzia		Toledo	58.62	1
6 McNitt, McKenzie		Detroit Mercy	59.52	2
7 Worthy, Laryah		Toledo	1:00.36	1
8 Houdek, Jenna		Unattached	1:01.43	2
9 Johnson, Shianne		Toledo	1:01.55	1
10 Lewis, Sade		Akron	1:01.58	1
11 Sanocki, Nava		Northwood	1:01.82	2
12 Kitson, Molly		Northwood	1:01.99	2
13 Caddell, Sydney		Toledo	1:06.40	2
14 Frankart, Izabella		Toledo	1:07.36	2

Women 800 Meter

Name	Year	School	Finals	H#
1 Lewis, Alyna		Unattached	2:09.81	2
1:03.067 (1:03.067)	2:09.807 (1:06.740)			
2 Munga, Mary		Akron	2:11.37	1
1:06.119 (1:06.119)	2:11.370 (1:05.252)			
3 Clark, Krystal		Toledo	2:11.82	1
1:06.115 (1:06.115)	2:11.819 (1:05.705)			
4 Long, Hannah		Unattached	2:12.16	1
1:06.044 (1:06.044)	2:12.151 (1:06.108)			
5 Petee, Lucy		Michigan	2:12.86	2
1:03.188 (1:03.188)	2:12.859 (1:09.671)			
6 Bauer, Alex		Toledo	2:14.28	1
1:06.585 (1:06.585)	2:14.274 (1:07.690)			
7 Heimlich, Makenna		Akron	2:15.06	1
1:06.334 (1:06.334)	2:15.058 (1:08.724)			
8 Heimlich, Maddie		Akron	2:15.22	1
1:06.520 (1:06.520)	2:15.212 (1:08.692)			
9 Watt, Margrett		Toledo	2:15.92	2
1:07.032 (1:07.032)	2:15.914 (1:08.883)			
10 Hamilton, Lauren		Madonna	2:17.23	3
1:07.539 (1:07.539)	2:17.224 (1:09.685)			
11 Gonzalez, Nathia		Colombia	2:17.52	1
1:05.924 (1:05.924)	2:17.513 (1:11.590)			
12 Venhuizen, Kathleen		Unattached	2:17.85	2
1:07.383 (1:07.383)	2:17.848 (1:10.466)			
13 Burkholder, Mackenna		Unattached	2:19.51	2
1:05.635 (1:05.635)	2:19.501 (1:13.866)			
14 Shact, Analeise		Unattached	2:20.94	3
1:07.913 (1:07.913)	2:20.931 (1:13.019)			
15 Christie, Cadence		Toledo	2:20.97	2
1:07.569 (1:07.569)	2:20.965 (1:13.396)			
16 Koselka, Catrin		Michigan	2:21.78	3
1:07.250 (1:07.250)	2:21.773 (1:14.524)			
17 Genetin, Laura		Akron	2:22.10	2
1:07.916 (1:07.916)	2:22.100 (1:14.185)			

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Women 800 Meter**

-- Orr, Danielle Akron DNF 3
1:13.887 (1:13.887)

Women 1500 Meter

Name	Year	School	Finals
1 Hipple, Megan		Akron	4:37.22
52.460 (52.460)	2:05.765 (1:13.305)	3:21.280 (1:15.515)	4:37.218 (1:15.939)
2 Sessa, Rachel		Northwestern	4:38.41
53.032 (53.032)	2:08.276 (1:15.244)	3:24.235 (1:15.960)	4:38.410 (1:14.175)
3 Chepchirchir, Sharon		Akron	4:40.33
53.932 (53.932)	2:08.821 (1:14.889)	3:26.127 (1:17.307)	4:40.322 (1:14.196)
4 McGill, Michaela		Toledo	4:41.27
55.016 (55.016)	2:09.522 (1:14.507)	3:24.788 (1:15.266)	4:41.261 (1:16.473)
5 Hart, Katelynne		Michigan	4:41.95
52.793 (52.793)	2:07.990 (1:15.197)	3:24.155 (1:16.165)	4:41.950 (1:17.795)
6 Honaker, Danielle		Akron	4:50.72
53.246 (53.246)	2:09.256 (1:16.010)	3:28.738 (1:19.482)	4:50.716 (1:21.978)
7 Henderson, Grace		Akron	4:54.05
52.688 (52.688)	2:09.452 (1:16.765)	3:32.048 (1:22.596)	4:54.043 (1:21.995)
8 Embaugh, Paige		Toledo	4:56.28
52.216 (52.216)	2:09.078 (1:16.863)	3:31.763 (1:22.685)	4:56.276 (1:24.514)
9 Jones, Colleen		Unattached	4:57.18
54.801 (54.801)	2:12.500 (1:17.699)	3:35.384 (1:22.885)	4:57.175 (1:21.791)
10 Duhaime, Aubrey		Toledo	5:01.20
55.938 (55.938)	2:15.219 (1:19.281)	3:38.376 (1:23.158)	5:01.191 (1:22.815)
11 Sucharski, Kayla		Akron	5:02.68
54.385 (54.385)	2:15.245 (1:20.860)	3:38.046 (1:22.801)	5:02.676 (1:24.630)
12 Kerr, Hannah		Akron	5:26.38
57.868 (57.868)	2:23.528 (1:25.661)	3:54.654 (1:31.126)	5:26.376 (1:31.723)

Women 3000 Meter

Name	Year	School	Finals
1 Magaud, Adele		Northwestern	10:05.05
38.236 (38.236)	1:56.594 (1:18.359)	3:15.615 (1:19.021)	4:37.965 (1:22.350)
5:59.943 (1:21.978)	7:23.739 (1:23.796)	8:45.603 (1:21.865)	10:05.047 (1:19.445)
2 Munga, Mary		Akron	10:07.54
36.268 (36.268)	1:53.936 (1:17.669)	3:11.797 (1:17.861)	4:31.033 (1:19.236)
5:52.126 (1:21.094)	7:18.329 (1:26.203)	8:45.546 (1:27.218)	10:07.534 (1:21.989)
3 Michael, Gabrielle		Michigan	10:12.06
39.074 (39.074)	1:57.447 (1:18.373)	3:16.603 (1:19.156)	4:41.352 (1:24.750)
6:05.664 (1:24.312)	7:31.255 (1:25.592)	8:55.584 (1:24.329)	10:12.055 (1:16.472)
4 Hill, Leah		Michigan	10:14.40
37.989 (37.989)	1:56.413 (1:18.424)	3:15.374 (1:18.961)	4:37.802 (1:22.429)
6:00.191 (1:22.390)	7:24.195 (1:24.004)	8:50.283 (1:26.088)	10:14.399 (1:24.116)
5 Luecke, Lisa		Michigan	10:14.78
39.318 (39.318)	1:58.136 (1:18.819)	3:17.327 (1:19.191)	4:41.783 (1:24.456)
6:05.872 (1:24.090)	7:23.989 (1:18.117)	8:55.400 (1:31.412)	10:14.780 (1:19.380)
6 Zdanavage, Jady		Unattached	10:17.39
38.881 (38.881)	1:57.918 (1:19.037)	3:16.882 (1:18.965)	4:41.603 (1:24.721)
6:05.934 (1:24.331)	7:31.484 (1:25.550)	8:55.979 (1:24.496)	10:17.384 (1:21.405)

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Women 3000 Meter**

7 Ellis, Skye	Northwestern	10:23.42		
37.741 (37.741)	1:56.167 (1:18.426)	3:15.122 (1:18.955)	4:38.594 (1:23.473)	
6:05.757 (1:27.163)	7:32.264 (1:26.508)	9:01.199 (1:28.935)	10:23.417 (1:22.218)	
8 Bonnema, Abigail	Michigan	10:29.39		
38.726 (38.726)	1:57.211 (1:18.485)	3:17.125 (1:19.915)	4:41.826 (1:24.701)	
6:06.154 (1:24.328)	7:31.565 (1:25.412)	9:01.505 (1:29.940)	10:29.382 (1:27.877)	
9 Casaclang, Emily	Northwestern	10:31.49		
37.786 (37.786)	1:55.917 (1:18.131)	3:15.402 (1:19.485)	4:38.334 (1:22.932)	
6:04.877 (1:26.544)	7:34.668 (1:29.792)	9:06.357 (1:31.689)	10:31.486 (1:25.130)	
10 Workman, Ainsley	Michigan	10:37.43		
38.481 (38.481)	1:56.893 (1:18.412)	3:16.329 (1:19.437)	4:42.238 (1:25.909)	
6:11.426 (1:29.189)	7:42.359 (1:30.933)	9:12.367 (1:30.008)	10:37.424 (1:25.057)	
-- DeSarbo, Natalie	Michigan	DNF		
39.069 (39.069)	1:57.688 (1:18.619)	3:17.587 (1:19.900)	4:42.863 (1:25.276)	
-- Sessa, Rachel	Northwestern	DNF		
37.534 (37.534)	1:56.157 (1:18.623)	3:14.698 (1:18.541)	4:35.945 (1:21.248)	
11:16.428 (6:40.483)	11:46.785 (30.357)			

Women 100 Meter Hurdles**Top 9 Advance by Time**

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Wakefield, Isabel	Unattached	13.17q	1.5	1
2 Antoniadi, Nikol	Eastern Michigan	14.02q	1.5	1
3 Nwokike, Adaeze	Akron	14.21q	3.1	2
4 Jackson, Faith	Siena Heights	14.23q	3.1	2
5 Manson, Mia	Michigan	14.49q	3.1	2
6 Krauth, Alexa	Detroit Mercy	14.83q	3.1	2
7 Scott, Maleah	Eastern Michigan	15.73q	1.5	1
8 Gashaj, Gabriela	Detroit Mercy	16.38q	1.5	1
9 Allen, Kayla	Akron	17.09q	1.5	1
10 Morris, Zoe	Detroit Mercy	17.46	3.1	2
-- Englund, Makenna	Toledo	FS	1.5	1

Women 100 Meter Hurdles

Name	Year School	Finals	Wind
Finals			
1 Wakefield, Isabel	Unattached	13.10	3.5
2 Nwokike, Adaeze	Akron	13.94	3.5
3 Antoniadi, Nikol	Eastern Michigan	14.01	3.5
4 Jackson, Faith	Siena Heights	14.14	3.5
5 Krauth, Alexa	Detroit Mercy	14.89	3.5
6 Scott, Maleah	Eastern Michigan	15.78	3.5
7 Gashaj, Gabriela	Detroit Mercy	16.30	3.5
8 Allen, Kayla	Akron	17.15	3.5

Women 400 Meter Hurdles

Name	Year School	Finals	H#
1 Nwokike, Adaeze	Akron	1:01.62	1

2024 Len Paddock - 4/27/2024

4/27/2024

Results

....Women 400 Meter Hurdles

2	Macias, Melanie	Michigan State	1:02.88	1
3	Soule, Meredith	Michigan	1:03.31	1
4	Jones, Gabby	Northwood	1:05.76	1
5	Peebles, Gracelyn	Detroit Mercy	1:06.20	1
6	Gashaj, Gabriela	Detroit Mercy	1:06.90	2
7	Gaul, Jenna	Northwood	1:07.24	2
8	Johnson, Kennedy	Michigan	1:09.14	2
9	Allen, Kayla	Akron	1:12.93	2
10	Patterson, Mackenzie	Detroit Mercy	1:13.32	2
11	Orlich, Eva	Eastern Michigan	1:14.25	2
12	Granata, Hailey	Northwood	1:15.02	2

Women 4x100 Meter Relay

School		Finals
1	Akron 'A'	45.84
	1) Stafford, Ayanna	2) Davis, Jamari
	3) Cage, Taiyanna	4) Nwokike, Joy
2	Siena Heights 'A'	47.87
	1) Jackson, Faith	2) Berry, Jocie
	3) Richards, Linnearia	4) Johnson, Jenna-Ann
3	Detroit Mercy 'A'	49.61
	1) Krauth, Alexa	2) Clark, Jada
	3) Peebles, Gracelyn	4) Gashaj, Gabriela

Women 4x400 Meter Relay

School		Finals
1	Akron 'A'	3:57.43
	1) Nwokike, Adaeze	2) Heimlich, Maddie
	3) Lewis, Sade	4) Heimlich, Makenna
	1:55.445 (1:55.445) 2:58.078 (1:02.634) 3:57.425 (59.347)	
2	Northwood 'A'	4:06.77
	1) Johnson, Keiyera	2) Warner, Ariel
	3) Haupt, Katherine	4) Locke, Kaylee
	2:02.597 (2:02.597) 3:03.597 (1:01.000) 4:06.765 (1:03.169)	

Women High Jump

Name		Year School	Finals
1	Martin, Micah	Eastern Michigan	1.75m
	1.65 1.70 1.75 1.77		
	XXO O XXO XXX		
2	Valentine, Emma	Siena Heights	1.70m
	1.60 1.65 1.70 1.75		
	O O O XXX		
3	Newman, Gabriella	Michigan	1.65m
	1.55 1.60 1.65 1.70		
	O XO XO XXX		

2024 Len Paddock - 4/27/2024
4/27/2024
Results

....Women High Jump

4	Lutton, Morgan	Siena Heights	1.60m
	1.50 1.55 1.60 1.65		
	O O XO XXX		
5	Manson, Mia	Michigan	1.55m
	1.50 1.55 1.60		
	O O XXX		
6	Morris, Zoe	Detroit Mercy	J1.55m
	1.50 1.55 1.60		
	O XO XXX		
7	Plott, Alexa	Toledo	J1.55m
	1.55 1.60		
	XXO XXX		
7	Webb, Ruth	Akron	J1.55m
	1.50 1.55 1.60		
	O XXO XXX		
9	Clark, Jada	Detroit Mercy	J1.55m
	1.50 1.55 1.60		
	XO XXO XXX		
--	Englund, Makenna	Toledo	NH
	1.55		
	XXX		

Women Pole Vault

3.37, 3.52, 3.67, 3.82, 3.97, 4.07, 4.12 +5cm			
Name	Year School	Finals	
1	Visscher, Cate	Michigan	3.97m
	3.82 3.97 4.07		
	O XXO XXX		
2	Van Der Linden, Fleur	Eastern Michigan	3.82m
	3.52 3.67 3.82 3.97		
	O O XO XXX		
3	Nowell, Samantha	Siena Heights	3.67m
	3.37 3.52 3.67 3.82		
	XO O XO XXX		
4	Allen, Cassidy	Akron	3.52m
	3.52 3.67		
	O XXX		
4	Elford, Grace	Windsor	3.52m
	3.52 3.67		
	O XXX		
6	Black, Breanne	Michigan State	J3.52m
	3.37 3.52 3.67		
	XXO XO XXX		
7	Conrad, Margherita	Siena Heights	J3.52m
	3.37 3.52 3.67		
	O XXO XXX		
8	Rybitzki, Megan	Eastern Michigan	3.37m
	3.37 3.52		
	O XXX		
9	Mason, Jessica	Akron	J3.37m
	3.37 3.52		
	XO XXX		

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Women Pole Vault**

10 Wright, Jordyn	Toledo	J3.37m
3.37 3.52		
XXO XXX		
-- Sabo, Julia	Eastern Michigan	NH
3.37		
XXX		

Women Long Jump

Name	Year School	Finals	Wind
1 Richards, Linnearia	Siena Heights	5.91m	4.0
5.58m(4.7) 5.72m(3.6) 5.66m(4.0) 5.91m(4.0) 5.51m(3.5) 5.30m(3.3)			
2 Woods, Antonia	Eastern Michigan	5.76m	4.7
5.52m(2.3) FOUL(3.0) 5.71m(4.2) FOUL(4.1) 5.76m(4.7) 5.69m(3.8)			
3 Joseph-Guevara, Nyla	Eastern Michigan	5.42m	2.8
FOUL(3.4) 5.42m(2.8) 4.97m(3.7) 5.39m(6.4) FOUL(3.6) 5.40m(2.3)			
4 Johnson, Keiyera	Northwood	5.29m	3.9
5.29m(3.9) 4.78m(3.2) 5.11m(3.1) 5.24m(3.0) FOUL(6.6) FOUL(6.2)			
5 Caddell, Sydney	Toledo	5.09m	2.8
4.85m(1.8) 5.09m(2.8) 4.68m(3.7) FOUL(6.4) FOUL(3.6) FOUL(2.3)			
6 Garner, Nene	Eastern Michigan	5.07m	5.8
4.69m(2.5) 4.79m(3.9) 4.86m(1.8) 4.87m(3.1) 4.67m(2.8) 5.07m(5.8)			
6 Scott, Maleah	Eastern Michigan	5.07m	2.4
4.78m(2.3) 4.91m(3.3) 5.07m(2.4) FOUL(2.7) 4.98m(2.8) 5.07m(4.3)			
8 Coleman, Nehemiah	Toledo	4.97m	3.8
FOUL(3.6) 4.75m(2.0) 4.97m(3.8) 4.83m(5.4) FOUL(4.1) FOUL(5.4)			
9 Jones, Gabby	Northwood	4.95m	4.8
4.95m(4.8) 4.68m(4.4) 4.77m(3.0) 4.93m(5.2) FOUL(6.9) 4.81m(4.4)			
10 Hankins, Taryn	Michigan State	3.93m	3.1
FOUL(4.2) FOUL(4.6) 3.93m(3.1)			
-- Hoonhorst, Rebecca	Northwood	FOUL	
FOUL(2.9) FOUL(2.8) FOUL(4.1)			

Women Triple Jump

Name	Year School	Finals	Wind
1 Yelanska, Mariia	Eastern Michigan	12.22m	1.8
FOUL(0.8) 12.19m(0.3) 12.22m(1.8) 12.11m(2.4) FOUL(+0.0) FOUL(2.0)			
2 Woods, Antonia	Eastern Michigan	11.85m	3.3
FOUL(1.1) 11.85m(3.3) FOUL(1.5) FOUL(5.2) FOUL(2.6) FOUL(3.1)			
3 Joseph-Guevara, Nyla	Eastern Michigan	11.07m	3.2
FOUL(3.8) 11.03m(3.7) 10.41m(1.6) 10.80m(0.5) 11.07m(3.2) 10.69m(0.4)			
4 Webb, Ruth	Akron	10.53m	3.0
10.37m(2.7) 10.53m(3.0) 0.99m(2.8) 10.07m(0.9) 10.33m(3.4) 10.04m(2.4)			
5 Coleman, Nehemiah	Toledo	10.03m	3.4
FOUL(1.7) FOUL(3.0) FOUL(3.2) 10.03m(3.4) 10.03m(3.3) FOUL(1.1)			
-- Caddell, Sydney	Toledo	FOUL	
FOUL(1.6) PASS PASS PASS PASS PASS			

2024 Len Paddock - 4/27/2024**4/27/2024****Results****Women Shot Put**

Name	Year	School	Finals
1 Franklin, Trinity		Michigan	15.27m
FOUL 14.47m FOUL 15.05m FOUL 15.27m			
2 McNamara, Clare		Michigan	14.06m
14.06m 12.43m 12.76m 12.72m 12.69m 13.51m			
3 Griffiths, Gabrielle		Akron	13.68m
13.68m FOUL 13.04m FOUL FOUL 13.34m			
4 Allen, Claire		Eastern Michigan	12.85m
11.95m FOUL FOUL FOUL 12.85m FOUL			
5 Stinson, Emily		Northwood	12.06m
11.55m 12.06m 11.73m 11.99m FOUL FOUL			
6 Carthen, Nighyah		Akron	11.95m
FOUL 11.12m 11.95m 11.44m 11.90m FOUL			
7 Cadwell, Miranda		Eastern Michigan	11.81m
FOUL 11.78m FOUL 11.42m FOUL 11.81m			
8 Strunk, Rebecca		Akron	11.79m
10.80m 11.36m 10.81m 11.21m FOUL 11.79m			
9 Lewis, Nicolette		Eastern Michigan	10.33m
10.03m 9.37m 10.33m 9.53m FOUL FOUL			
10 Steffes, Grace		Detroit Mercy	9.08m
FOUL 9.08m FOUL			
-- Hansen, Kelsey		Northwood	FOUL
FOUL FOUL FOUL			

Women Discus

Name	Year	School	Finals
1 Tapper, Elizabeth		Michigan	51.36m
46.59m FOUL FOUL 50.90m 51.36m 48.31m			
2 Allen, Claire		Eastern Michigan	44.77m
40.01m 44.77m FOUL 42.24m 41.87m FOUL			
3 Hansen, Kelsey		Northwood	43.32m
42.61m FOUL 41.03m 43.32m 40.70m 40.62m			
4 Cadwell, Miranda		Eastern Michigan	41.53m
FOUL 36.95m 41.53m 38.15m FOUL FOUL			
5 Edwards, La'Kasja		Akron	40.85m
31.71m 36.81m 35.95m 37.90m 39.36m 40.85m			
6 Edwards, Grace		Akron	40.32m
40.32m 37.92m 38.92m FOUL FOUL 39.55m			
7 Stinson, Emily		Northwood	39.86m
37.88m 39.86m 35.47m FOUL 39.47m 39.15m			
8 Hessem, Sidney		Detroit Mercy	36.28m
20.62m 36.28m FOUL 34.88m 34.92m 34.55m			
9 Steffes, Grace		Detroit Mercy	36.10m
26.82m 35.40m 34.66m 36.10m FOUL FOUL			
10 Kuol, Victoria		Akron	35.35m
35.35m FOUL FOUL			
11 Lewis, Nicolette		Eastern Michigan	26.43m
26.43m FOUL FOUL			
-- Carthen, Nighyah		Akron	FOUL
FOUL FOUL FOUL			
-- Johnson, Aleah		Eastern Michigan	FOUL
FOUL FOUL FOUL			

....Women Discus

Women Hammer

Women Javelin

Name	Year School						Finals
1 Hark, Nora	Toledo						42.20m
	39.02m	39.43m	42.20m	41.12m	FOUL	39.47m	
2 McLean, Madison	Windsor						41.80m
	41.80m	FOUL	FOUL	FOUL	39.80m		
3 King, Erica	Eastern Michigan						39.43m
	34.62m	38.63m	35.99m	39.43m	39.30m	37.84m	
4 Griffiths, Gabrielle	Akron						35.73m
	33.48m	35.73m	33.32m	FOUL	FOUL	FOUL	
5 Granata, Hailey	Northwood						29.55m
	26.70m	FOUL	29.55m	FOUL	FOUL	28.53m	
6 Gregory, Elise	Eastern Michigan						29.50m
	28.96m	27.48m	28.19m	29.50m	FOUL	28.53m	
7 Hessem, Sidny	Detroit Mercy						28.60m
	26.42m	22.14m	25.39m	FOUL	FOUL	28.60m	
8 Scott, Maleah	Eastern Michigan						27.11m
	FOUL	FOUL	23.35m	24.99m	24.01m	27.11m	

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Women Javelin**

9 Steffes, Grace Detroit Mercy 21.47m
 21.47m FOUL FOUL PASS PASS PASS

Men 100 Meter**Top 9 Advance by Time**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Phillips, Mason		Natfl	10.21q	1.9	2
2 Bassham, Dante		Michigan	10.42q	2.7	1
3 Baronette, Tysean		Akron	10.44q	1.9	2
4 Cunningham, Cortez		Madonna	10.65q	1.2	3
5 Postell, Antonio		Michigan State	10.69q	1.2	3
6 Gupta, Krish		Unattached	10.70q	1.2	3
7 Powell IV, Arthur		Northwood	10.77q	1.9	2
8 Wei, Tianhao		Michigan	10.80q	2.7	1
9 Diaz, Benny		Michigan	10.83q	2.7	1
10 Bass, Shelton		Eastern Michigan	10.92	2.7	1
11 Eding, Evan		Detroit Mercy	11.01	1.9	2
12 Braman, Andrew		Northwood	11.25	1.2	3

Men 100 Meter

Name	Year	School	Finals	Wind
Finals				
1 Phillips, Mason		Natfl	10.15	1.0
2 Cunningham, Cortez		Madonna	10.36	1.0
3 Baronette, Tysean		Akron	10.37	1.0
4 Bassham, Dante		Michigan	10.44	1.0
5 Gupta, Krish		Unattached	10.56	1.0
6 Postell, Antonio		Michigan State	10.61	1.0
7 Powell IV, Arthur		Northwood	10.70	1.0
8 Wei, Tianhao		Michigan	10.74	1.0
9 Diaz, Benny		Michigan	10.98	1.0

Men 200 Meter

Name	Year	School	Finals	Wind	H#
1 Baronette, Tysean		Akron	20.46	1.3	1
2 Sage, Noah		Michigan State	20.66	1.3	1
3 Styles, Andrew		Akron	20.76	1.3	1
4 Jordan, Aljernun (Aj)		Akron	20.89	1.3	1
5 Koerner, Jacob		Michigan	20.99	1.3	1
6 Sanders III, Charles		Akron	21.17	1.3	1
7 Lewis, Jordan		Madonna	21.25	1.3	1
8 Gupta, Krish		Unattached	21.29	1.3	1
9 Powell IV, Arthur		Northwood	21.85	4.0	2
10 Bass, Shelton		Eastern Michigan	21.93	4.0	2
11 Butler-Simpson, Nick		Michigan	21.94	4.0	2
12 John-Dunslow, Cameron		Windsor	22.18	4.0	2 22.173
13 Pulselli, Christian		Michigan	22.18	4.0	2 22.175
14 Ferguson, Michael		Detroit Mercy	22.55	1.7	3

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Men 200 Meter**

15 Shamsa, El Hussain	Unattached	22.80	1.7	3
16 Monger, Benjamin	Northwood	23.09	1.7	3
17 Baumchen, Gabriel	Detroit Mercy	23.50	1.7	3
-- Roberts, Tajay	Eastern Michigan	FS	4.0	2

Men 400 Meter

Name	Year School	Finals	H#
1 Farrington, Braylyn	Akron	48.84	2
2 Lewis, Jordan	Madonna	49.08	1
3 Roberts, Tajay	Eastern Michigan	49.18	1
4 Pulselli, Christian	Michigan	49.21	2
5 Flake, Josh	Eastern Michigan	50.62	2
6 Rutman, Amit	Michigan	50.91	3
7 Ferguson, Michael	Detroit Mercy	51.77	3
8 Buchanan, Jacob	Siena Heights	51.98	3
9 Birdwell, Payton	Northwood	52.81	3
10 Shamsa, El Hussain	Unattached	52.94	3

Men 800 Meter

Name	Year School	Finals
1 Cornelius, Lachlan	Eastern Michigan	1:53.92
56.062 (56.062)	1:53.915 (57.853)	
2 Dailey, Tyler	Eastern Michigan	1:54.01
56.580 (56.580)	1:54.008 (57.429)	
3 Dieuvil, Jean	Akron	1:55.17
56.969 (56.969)	1:55.169 (58.200)	
4 Berg, Daniel	Michigan Run	1:55.90
57.232 (57.232)	1:55.893 (58.661)	
5 Abuaun, Majid	Akron	1:57.34
55.851 (55.851)	1:57.338 (1:01.488)	
6 Schroeder, Blake	Siena Heights	1:57.61
56.704 (56.704)	1:57.604 (1:00.900)	
7 Frederick, Henry	Siena Heights	2:00.90
57.647 (57.647)	2:00.899 (1:03.253)	
8 Messer, Brady	Eastern Michigan	2:02.09
57.482 (57.482)	2:02.082 (1:04.600)	

Men 1500 Meter

Name	Year School	Finals
1 Sullivan, Aiden	Unattached	3:58.25
47.927 (47.927)	1:53.450 (1:05.524)	2:58.574 (1:05.125)
		3:58.246 (59.672)
2 Mirabell, Jacob	Unattached	4:02.12
47.425 (47.425)	1:52.891 (1:05.466)	2:58.358 (1:05.468)
		4:02.120 (1:03.762)
3 Hill, Brian	Shore AC	4:02.30
48.150 (48.150)	1:53.703 (1:05.554)	2:58.814 (1:05.111)
		4:02.293 (1:03.480)
4 Christiansen, Henry	Unattached	4:04.39
48.155 (48.155)	1:53.952 (1:05.797)	3:00.205 (1:06.254)
		4:04.388 (1:04.184)
5 Liss-Riordan, Myles	Michigan	4:06.04
47.187 (47.187)	1:52.708 (1:05.522)	2:59.960 (1:07.252)
		4:06.038 (1:06.078)

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Men 1500 Meter**

-- Furlong, Joey Eastern Michigan DNF
 47.684 (47.684) 1:53.238 (1:05.554) 3:00.823 (1:07.586)

Men 3000 Meter

Name	Year	School	Finals
1 McAllister, Heath		Unattached	8:26.18
37.518 (37.518)	1:46.544 (1:09.026)	2:55.463 (1:08.920)	4:02.373 (1:06.910)
5:12.052 (1:09.679)	6:19.950 (1:07.899)	7:25.407 (1:05.458)	8:26.172 (1:00.765)
2 Lopez, Nathan		Unattached	8:29.23
37.348 (37.348)	1:46.807 (1:09.460)	2:55.213 (1:08.406)	4:02.616 (1:07.403)
5:11.781 (1:09.165)	6:19.530 (1:07.750)	7:25.664 (1:06.135)	8:29.227 (1:03.563)
3 Clark, Nolan		Unattached	8:48.30
37.891 (37.891)	1:47.320 (1:09.429)	2:55.757 (1:08.437)	4:04.471 (1:08.715)
5:16.904 (1:12.434)	6:28.874 (1:11.970)	7:40.795 (1:11.922)	8:48.300 (1:07.505)
4 DeMuelenaere, Matthew		Unattached	8:54.52
38.512 (38.512)	1:48.221 (1:09.709)	2:57.383 (1:09.163)	4:07.708 (1:10.325)
5:20.790 (1:13.082)	6:33.200 (1:12.410)	7:45.392 (1:12.192)	8:54.518 (1:09.127)
5 White, Carson		Unattached	8:59.11
37.607 (37.607)	1:47.083 (1:09.477)	2:56.040 (1:08.957)	4:06.802 (1:10.762)
5:20.377 (1:13.575)	6:33.463 (1:13.087)	7:47.140 (1:13.677)	8:59.109 (1:11.970)
6 Stober, Kyle		Akron	9:05.52
38.135 (38.135)	1:47.899 (1:09.765)	2:56.930 (1:09.031)	4:09.177 (1:12.247)
5:22.683 (1:13.507)	6:35.904 (1:13.221)	7:51.007 (1:15.103)	9:05.520 (1:14.514)
7 Parekh, Akili		Unattached	9:24.11
37.758 (37.758)	1:47.581 (1:09.823)	2:55.955 (1:08.375)	4:06.284 (1:10.330)
5:20.672 (1:14.388)	6:38.999 (1:18.328)	8:02.353 (1:23.355)	9:24.104 (1:21.751)
-- Mirabell, Jacob		Unattached	DNF
38.102 (38.102)	1:48.945 (1:10.844)	2:59.710 (1:10.765)	4:15.300 (1:15.590)
-- Harrison, James		Unattached	DNF
37.985 (37.985)	1:48.452 (1:10.468)	2:58.067 (1:09.615)	4:12.492 (1:14.426)

Men 110 Meter Hurdles**Top 9 Advance by Time**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Morrison, Matheu		Northwood	14.03q	1.2	2
2 Diaz, Benny		Michigan	14.09q	1.6	1
3 Vier, Blake		Northwood	14.20q	1.2	2
4 Mabin, Kayenn		Eastern Michigan	14.59q	1.6	1
5 Wright, Adam		Michigan	14.93q	1.2	2
6 Lawrence, Regan		Michigan State	14.95q	1.2	2
7 Baumchen, Gabriel		Detroit Mercy	15.85q	1.6	1
8 Jeffery, Samuel		Eastern Michigan	15.91q	1.6	1
9 Neary, Josh		Detroit Mercy	16.81q	1.6	1
10 Durant, Logan		Northwood	17.03	1.2	2

2024 Len Paddock - 4/27/2024**4/27/2024****Results****Men 110 Meter Hurdles**

Name	Year School	Finals	Wind
------	-------------	--------	------

Finals

1	Morrison, Matheu	Northwood	13.98	2.8
2	Diaz, Benny	Michigan	14.10	2.8
3	Mabin, Kayenn	Eastern Michigan	14.14	2.8
4	Vier, Blake	Northwood	14.43	2.8
5	Lawrence, Regan	Michigan State	14.51	2.8
6	Wright, Adam	Michigan	14.73	2.8
7	Jeffery, Samuel	Eastern Michigan	15.70	2.8
8	Baumchen, Gabriel	Detroit Mercy	16.09	2.8
9	Neary, Josh	Detroit Mercy	16.50	2.8

Men 400 Meter Hurdles

Name	Year School	Finals
------	-------------	--------

1	Harkelroad, Jimmy	Akron	52.55
2	Singh, Gabriel	Eastern Michigan	54.59
3	Thompson, Logan	Akron	55.01
4	Dawson, Caden	Akron	55.48
5	McKnight, Matt	Eastern Michigan	58.26
6	Mabin, Kayenn	Eastern Michigan	58.68
7	Neary, Josh	Detroit Mercy	1:00.89

Men 4x400 Meter Relay

School	Finals
--------	--------

1	Akron 'B'	3:21.19
	1) Baronette, Tysean	2) Dieuvil, Jean
	3) Abuaun, Majid	4) Woodall, Quentin
	1:40.407 (1:40.407)	2:31.641 (51.235)
2	Northwood 'A'	3:32.51
	1) Morrison, Matheu	2) Heslip, Thomas
	3) Meszaros, Alex	4) Earl, Preston
	1:48.753 (1:48.753)	2:41.506 (52.753)

Men High Jump

1.76, 1.81, 1.86, 1.91, 1.96, 2.01, 2.06, 2.11, 2.14 +3cm

Name	Year School	Finals
------	-------------	--------

1	Birch, Mason	Akron	1.86m
	1.81 1.86 1.91		
	XO O XXX		
2	Tyler, Savion	Siena Heights	1.86m
	1.86 1.91		
	XO XXX		
3	Thompson-Seay, Jordan	Akron	1.81m
	1.81 1.86		
	XO XXX		
4	Wolcott, Garrett	Northwood	1.76m
	1.76 1.81		
	XO XXX		

2024 Len Paddock - 4/27/2024**4/27/2024****Results****....Men High Jump**

-- Kimmons, Elijah	Siena Heights	NH
1.86		
XXX		
-- Bartlett, Cody	Detroit Mercy	NH
1.91		
XXX		
-- Kamara, Ousman	Eastern Michigan	NH
2.01		
XXX		

Men Pole Vault

4.45, 4.60, 4.75, 4.90, 5.00, 5.10 +10cm					
Name	Year	School			Finals
1 Garretson, Hunter		Akron			5.50m
5.33 5.50 5.67					
XO O XXX					
2 Artrip, Robert		Akron			4.75m
4.75 4.90					
XO XXX					
3 Alston, Alan		Siena Heights			4.60m
4.45 4.60 4.75					
O XO XXX					
3 Sheldon, Cole		Michigan			4.60m
4.60 4.75					
XO XXX					
-- Parker, Nojah		Windsor			NH
4.45					
X					
-- Patterson, Davis		Akron			NH
4.45					
XXX					
-- Niedzwiecki, Jacob		Eastern Michigan			NH
4.60					
XXX					

Men Long Jump

Name	Year	School	Finals	Wind
1 Wall, Jake		Michigan	7.57m	2.8
7.41m(3.3) 7.57m(2.8) PASS		FOUL(3.9)		
2 Haddock Jr., Eric		Eastern Michigan	7.50m	4.6
7.02m(5.3) 7.39m(NWI) FOUL(4.1) 7.30m(4.4) 7.50m(4.6) 7.35m(3.0)				
3 Lopes Ribeiro, Yvan		Eastern Michigan	7.36m	2.5
FOUL(4.5) 7.36m(2.5) FOUL(5.1)				
4 Hart, Cameron		Unattached	7.25m	6.3
6.97m(4.0) 7.21m(4.8) FOUL(3.6) 5.68m(4.6) 7.25m(6.3) FOUL				
5 Eding, Evan		Detroit Mercy	6.27m	3.0
FOUL FOUL(3.8) 5.95m(2.3) 6.03m(2.9) 6.27m(3.0) FOUL(4.5)				
6 Doolittle, Cason		Eastern Michigan	6.15m	6.0
6.06m(5.0) FOUL(3.9) 6.15m(6.0) 6.10m(4.2) FOUL(3.6) FOUL(2.7)				

2024 Len Paddock - 4/27/2024**4/27/2024****Results****Men Triple Jump**

Name	Year	School	Finals	Wind
1 Novakovic, Dimitrije		Akron	14.88m	4.1
13.57m(2.6) 14.88m(4.1) FOUL(2.4) PASS PASS			PASS	
2 Ajala, Bera		Michigan	14.80m	2.5
14.80m(2.5) 14.33m(1.6) PASS PASS PASS			PASS	
3 Birch, Mason		Akron	12.69m	4.5
12.69m(4.5) PASS PASS PASS PASS			PASS	
-- Haddock Jr., Eric		Eastern Michigan	FOUL	
FOUL(4.2) FOUL(2.8) FOUL(4.3) FOUL(2.4) PASS			PASS	

Men Shot Put

Name	Year	School	Finals
1 Petki, Zach		Unattached	17.62m
FOUL 16.83m 17.43m 17.30m FOUL 17.62m			
2 Wendl, Owen		Akron	17.17m
16.20m 17.17m 17.13m FOUL 16.75m FOUL			
3 Cox, Josiah		Akron	16.97m
FOUL 16.16m FOUL 16.41m FOUL 16.97m			
4 Forist, Zane		Michigan	16.79m
16.60m FOUL 16.67m 16.79m FOUL 16.53m			
5 Eros, Luke		Northwood	15.05m
FOUL 14.75m FOUL FOUL 15.05m FOUL			
6 Johnson, Ryan		Eastern Michigan	14.25m
14.25m FOUL FOUL FOUL FOUL FOUL			

Men Discus

Name	Year	School	Finals
1 Evans, Andrew		Unattached	68.09m
65.44m 65.50m 68.09m FOUL 64.84m 66.42m			
2 Forist, Zane		Michigan	57.34m
FOUL 53.56m 51.62m 55.59m FOUL 57.34m			
3 Wendl, Owen		Akron	54.36m
53.29m 54.36m 49.93m FOUL 52.28m FOUL			
4 Hedrick, Davis		Akron	53.98m
52.87m 51.63m FOUL 52.50m 53.04m 53.98m			
5 Cox, Josiah		Akron	48.28m
47.61m 48.28m 46.69m 47.63m FOUL FOUL			
6 Eros, Luke		Northwood	46.75m
46.75m FOUL FOUL FOUL FOUL 45.36m			
7 McEachern, Jake		Eastern Michigan	46.25m
45.79m 45.32m 46.25m FOUL FOUL FOUL			
8 Johnson, Ryan		Eastern Michigan	45.56m
FOUL FOUL 39.90m FOUL 44.56m 45.56m			
9 Glavickas, Jacob		Akron	23.84m
21.99m 23.45m FOUL FOUL 21.96m 23.84m			
-- Robinson, Jamerie		Akron	FOUL
FOUL FOUL FOUL			

2024 Len Paddock - 4/27/2024**4/27/2024****Results****Men Hammer**

Name	Year	School	Finals
1 Tesch, Sebastian		Northwood	64.34m
FOUL 59.39m 61.57m FOUL 59.90m 64.34m			
2 Johnson, Ryan		Eastern Michigan	63.87m
62.20m 62.51m 62.80m FOUL 62.21m 63.87m			
3 Neal-Jackson, Jabari		Akron	62.56m
59.30m 28.89m 61.19m 61.62m 62.56m FOUL			
4 Winter, Eli		Michigan	62.16m
FOUL 59.71m 62.16m FOUL FOUL 61.47m			
5 Graham, Lane		Akron	58.89m
FOUL 57.36m 58.89m 58.78m FOUL FOUL			
6 McEachern, Jake		Eastern Michigan	57.45m
FOUL 57.45m 56.05m FOUL FOUL 57.31m			
7 Steslicki, Jake		Michigan	56.64m
56.34m 55.71m FOUL FOUL FOUL 56.64m			
8 condrin, Ben		Unattached	55.82m
FOUL 47.54m 52.48m 55.82m FOUL 55.38m			
9 Eros, Luke		Northwood	51.20m
51.20m FOUL FOUL FOUL FOUL FOUL			
10 Middleton, Bryce		Northwood	49.54m
FOUL FOUL 49.54m			
11 Hedrick, Davis		Akron	48.56m
48.03m FOUL 48.56m			
12 Robinson, Jamerie		Akron	47.82m
47.82m FOUL FOUL			
13 Stanat, AJ		Windsor	47.29m
47.29m FOUL FOUL			
14 Whitehead, Chris		Northwood	45.77m
42.97m FOUL 45.77m			
15 Pierce, Jacob		Northwood	36.34m
35.03m 36.34m FOUL			

Men Javelin

Name	Year	School	Finals
1 Keenan, John		Unattached	69.08m
FOUL FOUL 69.08m FOUL FOUL FOUL			
2 Artrip, Robert		Akron	49.69m
40.59m PASS PASS 44.92m 49.69m 48.47m			
3 Pierce, Jacob		Northwood	47.17m
FOUL FOUL 45.84m 44.06m 45.48m 47.17m			
4 Glavickas, Jacob		Akron	46.42m
46.42m 44.81m 46.38m 45.16m FOUL 42.36m			
5 Jeffery, Samuel		Eastern Michigan	43.19m
FOUL 39.53m FOUL 43.19m 42.63m FOUL			