



ENTRY INFORMATION

AS OF October 17, 2023

FACILITY LOCATION

2540 South State Street, Ann Arbor, MI 48104

TEAMS TO PARTICIPATE:

TBD

ENTRY DATES

- *Direct Athletics Entries Open:* 12:00 pm ET on Tuesday, January 9, 2024
- *Unattached Entries Close:* 5:00 pm on Sunday, January 21, 2024
- *Direct Athletics Entries Close:* 3:00 pm ET on Tuesday, January 23, 2024

ENTRY PROCEDURES

- Online ONLY at Direct Athletics.
- Entry marks must have been achieved during the 2020-21 or 2021-22, 2022-23 seasons (indoor or outdoor) and recorded through TFRRS.
- In cases where no TFRRS mark is available, a verifiable high school mark (i.e. Milesplit/Athletic. net) for first-year collegians may be considered by meet management.
- If no mark is submitted or verifiable from 2020-21 or 2021-22, 2022-23 an entry of NT/NM will be used

ENTRY RESTRICTIONS

- Four (4) individuals per event
- Two (2) entries per institution for 4x400m
- Throwing Event field sizes will be determined by meet management
- Additional team entries may be considered at the discretion of meet management. Please contact Bailey Baker (Bakerba@umich.edu) directly with these requests.

UNATTACHED ENTRIES

- Please follow the instructions on the following form to request an unattached entry
 - [Unattached Entry Registration Information](#)
- A limited number of unattached athletes will be allowed to enter the meet, at the meet director's discretion. All unattached entry requests will be reviewed and a member of U-M meet management will reach out to you regarding the final status of your entry.
- Please note: The entry deadline for unattached entries BEFORE the team entry deadline. **No unattached entry requests will be accepted after Sunday, January 21st at 5:00 pm**



ENTRY INFORMATION (CONT.)

AS OF October 17, 2023

ENTRY FEES

- \$500 per team per gender or \$1000 for both gender's teams (All fees must be paid on Direct Athletics, no exceptions)
- \$35 per athlete for teams with less than 14 athletes competing
- A limited number of unattached athletes will be allowed to enter the meet, at the meet director's discretion.
 - Unattached entries will pay a \$35 entry fee once accepted into the meet.
 - Please follow the linked instructions in the "Unattached Entries" section to request entry.
- University of Michigan Student's with a valid MCard and proof of performance can be accepted into the
- competition at no cost
- Please contact Bailey Baker at Bakerba@umich.edu with any questions.

PACKET PICK-UP

- Available inside the WEST DOOR at team drop-off, you may pick up your packet when the facility is available. They will include Coach, Trainer and Athlete wristbands. Wristbands will be issued to competing athletes for access to warm-up area, team seating, and trainers' area. Each team will receive 8 coaches and trainers credentials.



COMPETITION INFORMATION

AS OF October 17, 2023

ADVANCEMENT PROCEDURE

- Field Events - Top nine (9) performances advance to final
- 60m / 60m hurdles - Eight-person final will be comprised of heat winners and next-fastest times
- All other events will be contested as seeded sections against time

LANES

- For the 60m Dash and 60m Hurdles, lanes 1-8 will be used.
- For the 200m, 400m, 600m dashes and 4x400m relays, lanes 3-6 will be used.
- Preferred Lanes:
 - 60m / 60m hurdles..... 5-4-6-3-2-7-8-1
 - 200m 5-6-4-3-2-1
 - 400m & 600m 5-6-4-3-2-1

OPENING HEIGHTS

- Final opening heights will be determined by entries and projected NCAA qualifying standards.

FACILITY AVAILABILITY

- Thursday, January 25th: 5:00 - 7:00 pm
- Friday, January 26th:
 - 9:00 am - 11:00 am - Full Facility Available
 - 1:00 pm - 3:00 pm - Track open on backstretch for 200m bank and west warmup lanes of 300m track
 - No Field Event Availability after 11:00 am

FACILITY RULES AND RESTRICTIONS

- Only white athletic tape may be used on runways. The use of chalk and cones is not permitted.
- Only water is permitted in the competition venue or any location with track surfacing. No food or beverages other than water are allowed in those areas.

SPIKES RULES AND RESTRICTIONS

- The use of only 1/4" spikes will be strictly enforced. High jump spikes with a recessed spike element will be allowed to use 3/8" spikes.
- No NEEDLE spikes allowed
- Athletes will not be permitted to compete if not in compliance with spike policy
- Spikes will be checked at last call in the Clerk Area and prior to getting on track



COMPETITION INFORMATION (CONT.)

AS OF October 17, 2023

ATHLETE CHECK-IN PROCEDURE

- **Track athletes:** Check in 30 minutes prior to the event at the HIP NUMBERS table located in the southeast corner of the facility. 15 minutes prior to the event all athletes must report back to the clerking area in the southeast corner of the building. Athletes will then be escorted from the clerking area to the start of their event.
- **Throwers & horizontal jumpers:** Report to the head event official prior to the START of your flight.
- **High jumpers:** Report to the head event official 60 minutes prior to the START of your event.
- **Pole vaulters:** Report to the head event official 90 minutes prior to the START of your event.

IMPLEMENT CERTIFICATION

- The implement room is located at the southwest corner of the facility near the 35-pound weight throw sector. Implements can be checked in two (2) hours prior to the start of the day's first competitions and as late as 30 minutes prior to the start of the event. Weights must meet rule NCAA 2-11.1.b and shot must meet rule NCAA 2-8.1 in order to be eligible for competition.
- Please do not bring implements to the inspection table before check-in time
- The implement room will be closed 45 minutes after the completion of the last throwing event of the day.

COMPETITION WARM-UP PROCEDURES AND RESTRICTIONS

- There will be NO WARM-UP on the competition track.
- General and Sprint specific warm-ups
 - There will be multiple designated warm-up areas, as well as specified lanes for the 60m dash and 60m hurdles warmups/starts.
 - Please be aware of the meet time schedule in order to get from the concourse to your event area for check in ON TIME.
- Field event warm-ups will be conducted per the NCAA rules.
 - Exception: Pole Vault Warm-up will begin 60 minutes prior to the start of the event

COACHING BOXES

- Coaching boxes will be clearly marked around the perimeter. (See facility map)
- No athletes are allowed on the infield except those competing in an in-progress field event
- All coaching boxes will be open to credentialed coaches only



ADDITIONAL INFORMATION

AS OF October 17, 2023

PROTESTS

- Rule 4-1.15a: Protests relating to singular matters that develop during the conduct of the meet should be made at once and shall not be later than 15 minutes after the results have been announced or posted for the section involving the protest. Protest table will be located at the northeast corner of the track.

RESULTS

- Live results can be accessed during the meet at:
 - <http://mgoblue.com>
 - <http://results.deltatiming.com/>
 - Printed results will be posted in the facility

TEAM DROP-OFF AND PARKING

- Bus and van drop-off is located on the west side of facility (see map), which will also serve as the location of packet pick-up
- Bus Parking will be in the Commuter Lot north of the Sports Performance Center (see map)
- Team Vans/Cars will park in spectator parking areas, located on both the northwest and south sides of the Sports Performance Center. No special parking pass is required.

TEAM CAMP/SEATING

- Team camp/seating area will be designated by meet management

TRAINING ROOM

- Please contact Melissa Bown, ATC, bownm@umich.edu with questions

WEIGHT ROOM ACCOMMODATIONS

- Please contact Katlyn Haycock, Head Coach for Strength & Conditioning, for Sports Performance Center (SPC) Weight Room: kannahay@umich.edu

POLE VAULT SHIPPING ADDRESS

- University of Michigan Track, 2530 S State St, Ann Arbor, MI 48104



CONTACT INFORMATION

AS OF October 17, 2023

MEDIA & PRESS ACCOMMODATIONS

- Please contact Jordan Manning, Sports Information Director TF/CC: jlmannin@umich.edu

ATHLETIC MEDICINE ACCOMMODATIONS

- Please contact Melissa Bown, Michigan TF/CC ATC: bownm@umich.edu

MEET MANAGEMENT QUESTIONS

- Please contact Brad Hayes, Michigan Home Meet Director:
bhayes@umich.edu

FACILITY MANAGEMENT QUESTIONS

- Please contact Trevor Nutt, Ross Athletic Campus Facility Manager:
tnutt@umich.edu

WEIGHT ROOM ACCOMMODATIONS

- Please contact Katlyn Haycock, Head Coach for Strength & Conditioning, for Sports Performance Center (SPC)
Weight Room: kannahay@umich.edu



FINAL SCHEDULE OF EVENTS

FRIDAY, JANUARY 26TH

COMBINED EVENTS

12:00 PM	M	60m Dash	Heptathlon
TBD	M	Long Jump	Heptathlon
TBD	M	Shot Put	Heptathlon
TBD	M	High Jump	Heptathlon
12:30 PM	W	60m Hurdles	Pentathlon
TBD	W	High Jump	Pentathlon
TBD	W	Shot Put	Pentathlon
TBD	W	Long Jump	Pentathlon
5:45 PM	W	800m	Pentathlon

RUNNING EVENTS

5:00 PM	W	60 m Hurdles	Prelims
5:05 PM	M	60 m Hurdles	Prelims
5:10 PM	W	60 m Dash	Prelims
5:15 PM	M	60 m Dash	Prelims
5:45 PM	W	800 m Run	Pentathlon
5:50 PM	W	5000 m Run	Final
6:10 PM	M	5000 m Run	Final
6:30 PM	W	600 m Run	Sections vs. Time
6:35 PM	M	600 m Run	Sections vs. Time

FIELD EVENTS

2:15 PM	M	Long Jump	Trials & Finals
3:45 PM	W	Weight Throw	Trials & Finals
4:00 PM	M	Pole Vault	Final
4:15 PM	W	Long Jump	Trials & Finals
5:30 PM	M	Weight Throw	Trials & Finals



FINAL SCHEDULE OF EVENTS

SATURDAY, JANUARY 27TH

COMBINED EVENTS

11:00 AM	M	60m Hurdles	Heptathlon
TBD	M	Pole Vault	Heptathlon
2:05 PM	M	1,000 m Run	Heptathlon

FIELD EVENTS

12:00 PM	W	High Jump	Final
12:00 PM	W	Shot Put	Trials & Final
12:00 PM	M	Triple Jump	Trials & Final
1:30 PM	M	Shot Put	Trials & Final
2:00 PM	M	High Jump	Final
2:00 PM	W	Triple Jump	Trials & Final
2:30 PM	W	Pole Vault	Final

RUNNING EVENTS

12:00 PM	W	60 m Hurdles	Final
12:05 PM	M	60 m Hurdles	Final
12:10 PM	W	60 m Dash	Final
12:15 PM	M	60 m Dash	Final
12:35PM	W	Mile	Sections vs. Time
1:05 PM	M	Mile	Sections vs. Time
1:35 PM	W	400 m Dash	Sections vs. Time
1:50 PM	M	400 m Dash	Sections vs. Time
2:05 PM	M	1,000m Run	Heptathlon
2:10 PM	W	800 m Run	Sections vs. Time
2:25 PM	M	800 m Run	Sections vs. Time
2:40 PM	W	200 m Dash	Sections vs. Time
2:55 PM	M	200 m Dash	Sections vs. Time
3:10 PM	W	3000m Run	Final
3:40 PM	M	3000m Run	Final
4:25 PM	W	4x400 m Relay	Sections vs. Time
4:40 PM	M	4x400 m Relay	Sections vs. Time



TRACK & FIELD

UNIVERSITY OF MICHIGAN