

**2026 MIDDLE ATLANTIC CONFERENCE INDOOR
CHAMPIONSHIPS**

Reading, PA

Tom & Helen Flynn Complex

Host: Middle Atlantic Conference

2/27/2026 - 2/28/2026

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RESULTS**#5 Men's 60 Meters**

M	MAC Indoor Champ	6.83	Greenwood, Ni'Male	Eastern	3/1/2025	Tom & Helen
O	MAC Indoor Overall	6.81	Dereck Davis	Stevenson	2020	

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	BROWN, Jahari	FR	Eastern	6.98		10
2	RICHARD, Logan	FR	Misericordia	7.03	7.025	8
3	TIRADO, Leo	SO	Lebanon Valley	7.03	7.029	6
4	WINTERS, Colin	JR	Lebanon Valley	7.07	7.064	5
5	CSENSITS, Jack	FR	Widener	7.07	7.066	4
6	WINANT, Douglas	JR	Stevens	7.08		3
7	UGORJI, James	JR	Eastern	7.09	7.081	2
8	NDIRANGU, Erastus	SO	Widener	7.09	7.087	1

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	RICHARD, Logan	FR	Misericordia	6.97Q	6.966	1(1)
2	TIRADO, Leo	SO	Lebanon Valley	6.97Q	6.969	4(1)
3	BROWN, Jahari	FR	Eastern	6.98Q	6.974	5(1)
4	CSENSITS, Jack	FR	Widener	6.98Q	6.976	2(1)
5	UGORJI, James	JR	Eastern	7.01	q	1(2)
6	NDIRANGU, Erastus	SO	Widener	7.06	Q	3(1)
7	WINTERS, Colin	JR	Lebanon Valley	7.07	q	2(2)
8	WINANT, Douglas	JR	Stevens	7.09	q	3(2)
9	BATEMAN, Jason	JR	Eastern	7.11		1(3)
10	EVANS, Naeem	FR	Arcadia	7.12		2(3)
11	SIMMONS, Andrew	SO	Alvernia	7.13		3(3)
12	MULLERY, Jacob	JR	King's (Pa.)	7.15		5(2)
13	CURETON, Josiah	FR	Eastern	7.16		5(3)
14	DIALLO, Hamed	SO	York (Pa.)	7.17	7.162	4(2)
15	VACCHIO, Joseph	SO	Misericordia	7.17	7.168	2(4)
16	RICHARDS, Iyasu	FR	Stevens	7.17	7.169	4(3)
17	PRESLEY, Nashawn	JR	FDU-Florham	7.24		3(4)
18	FRANCIS, Chad	FR	Stevens	7.25	7.246	4(4)
19	MILCHANOWSKI, Hayden	SO	Lebanon Valley	7.25	7.248	2(5)
20	STOKES, Zion	FR	Stevenson	7.25	7.248	5(4)
21	BODDIE, Austin	JR	Eastern	7.25	7.249	4(5)
22	JACOBSON, Jack	SO	DeSales	7.26	7.257	1(4)
23	HACKETT, Tyler	JR	Stevens	7.26	7.258	5(5)
24	LAMB, Patrick	FR	Widener	7.26	7.259	2(6)
25	KOSIBA, Chase	JR	Stevens	7.29	7.281	3(5)
26	BRUNSON, Brock	FR	Eastern	7.29	7.286	1(5)
27	DUNN, Isaiah	FR	Stevenson	7.30		1(6)
28	HUMMER, Caden	FR	Misericordia	7.31		3(6)
29	MAROUN, George	JR	Stevens	7.32		4(6)
30	MORGAN, Asher	FR	Stevens	7.33		3(7)
31	OIKELOME, David	FR	Eastern	7.34		4(7)
32	JONES, Braxton	FR	Stevenson	7.54		5(6)

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RESULTS**#5 Men's 60 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
33	EVELY, Nathaniel	JR	FDU-Florham	7.62		5(7)
	BLACKWELL, Dylan	SR	Misericordia	FS		2

#22 Men's 200 Meters

M	MAC Indoor Champ	21.79	Devonte Williams	Stevenson	2/25/2017
O	MAC Indoor Overall	21.66	Devonte Williams	Stevenson	2017

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	CRUZ, Victor	SR	Delaware Valley	22.38		7(1)	10
2	TIRADO, Leo	SO	Lebanon Valley	22.62		4(1)	8
3	BROWN, Jahari	FR	Eastern	22.63		4(2)	6
4	RICHARD, Logan	FR	Misericordia	22.72		3(1)	5
5	AUZENNE, Caleb	JR	Lebanon Valley	22.75		3(2)	4
6	HUNTER, Jacob	JR	Misericordia	22.83		1(1)	3
7	BULLOCK, Micah	SO	Arcadia	22.91		7(2)	2
8	CURETON, Josiah	FR	Eastern	23.03		5(1)	1
9	GOUNDIE, Donovan	SR	Lebanon Valley	23.09		1(2)	
10	JONES, Keyon	SO	Eastern	23.14		2(1)	
11	GRIFFIN, Malachi	FR	Stevenson	23.19		1(3)	
12	RESSLER, Tyler	JR	Widener	23.21		6(1)	
13	NDIRANGU, Erastus	SO	Widener	23.25		6(2)	
14	UGORJI, James	JR	Eastern	23.32		6(3)	
15	EVANS, Naeem	FR	Arcadia	23.52		2(2)	
16	RICHARDS, Iyasu	FR	Stevens	23.53		3(3)	
17	BUCK, Zion	SO	Messiah	23.66		5(2)	
18	PRIDGEN, Tyhee	FR	Albright	23.69		3(4)	
19	BRUNSON, Brock	FR	Eastern	23.70		7(3)	
20	BARBERENA, Juan Carlos	JR	Hood	23.75		4(3)	
21	ROBINSON, Connor	SR	Stevens	23.76		6(4)	
22	KOSIBA, Chase	JR	Stevens	23.79		2(3)	
23	REMBERT JR., Beyah	SR	Albright	23.81		6(5)	
24	FRANCIS, Chad	FR	Stevens	23.95		2(4)	
25	DIALLO, Hamed	SO	York (Pa.)	23.96		4(4)	
26	VACCHIO, Joseph	SO	Misericordia	24.02		5(3)	
27	RODRIGUEZ, Ian	FR	Stevens	24.07		4(5)	
28	LAMB, Patrick	FR	Widener	24.13		5(4)	
29	STOKES, Zion	FR	Stevenson	24.21		5(5)	
30	JONES, Braxton	FR	Stevenson	24.33		3(5)	
31	HOWARD, Zachary	JR	Eastern	24.36		7(4)	
	MCCANN, Frank	SO	Stevenson	DQ		2	
	MULLERY, Jacob	JR	King's (Pa.)	DQ		7	
	KUNKLE, Trey	SO	York (Pa.)	FS		1	

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RESULTS**#18 Men's 400 Meters**

M MAC Indoor Champ 48.77 Lou Corominas DeSales 2006
 O MAC Indoor Overall 47.80 Samuel Knowles Widener 2023 NCAA Finals-4th

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	SAINT HILLIEN, Fabrice	SR	Stevenson	49.56		4(1)	10
2	CRUZ, Victor	SR	Delaware Valley	49.86		4(2)	8
3	HUNTER, Jacob	JR	Misericordia	49.90		2(1)	6
4	MCCANN, Frank	SO	Stevenson	51.16		3(1)	5
5	GOUNDIE, Donovan	SR	Lebanon Valley	51.35		1(1)	4
6	CELESTIN, Elijah	SO	Widener	51.36		3(2)	3
7	GORSKI, Alek	SO	King's (Pa.)	51.51		2(2)	2
8	ANDRADE, Lorenzo	FR	Misericordia	51.72		1(2)	1
9	BAXTER, Sean	SR	Messiah	51.80	51.791	3(3)	
10	LONGO, Steven	FR	Stevens	51.80	51.794	1(3)	
11	SCALES, Christian	FR	Eastern	52.02		4(3)	
12	BARBERENA, Juan Carlos	JR	Hood	52.18		4(4)	
13	TROY, Brody	JR	Delaware Valley	52.57		2(3)	
14	GUTHIER, Bryce	JR	DeSales	52.81		2(4)	
15	TORRES, Fransisco	JR	Misericordia	52.97		4(5)	
16	RUDD, Derek	JR	Widener	52.99		1(4)	
17	NESBETH, Xavier	FR	Widener	53.15		3(4)	
18	ROBINSON, Connor	SR	Stevens	53.66		2(5)	
19	CASTELLI, Wesley	SR	Arcadia	54.66		3(5)	

#20 Men's 800 Meters

M MAC Indoor Champ 1:54.27 Leo Harmon Widener 2/27/2016
 O MAC Indoor Overall 1:51.96 Tyler Newhook Messiah 2011

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	CONDON, John	SR	Messiah	MR 1:54.24		2(1)	10
	27.60	29.08 (56.68)	28.37 (1:25.04)	29.20 (1:54.24)			
2	SAPPE, Chris	SR	Hood	1:54.50		2(2)	8
	27.36	29.54 (56.89)	28.81 (1:25.69)	28.81 (1:54.50)			
3	MCKELL, Elijah	SR	Lebanon Valley	1:55.33		2(3)	6
	27.51	29.34 (56.85)	28.43 (1:25.27)	30.07 (1:55.33)			
4	JOHNSON, David	SO	Widener	1:57.10		2(4)	5
	28.33	29.69 (58.02)	29.34 (1:27.36)	29.75 (1:57.10)			
5	HAHN, Spencer	JR	Alvernia	1:57.32		2(5)	4
	27.73	29.49 (57.21)	29.54 (1:26.75)	30.58 (1:57.32)			
6	CALLANO, Jozef	JR	DeSales	1:57.35		2(6)	3
	27.90	29.56 (57.45)	29.19 (1:26.64)	30.72 (1:57.35)			
7	JUTRAS, Daniel	SR	Stevens	1:57.52		2(7)	2
	27.84	29.59 (57.42)	30.19 (1:27.61)	29.92 (1:57.52)			
8	KNOX-WAGNER, Joshua	FR	Eastern	1:57.85		1(1)	1
	29.04	29.04 (58.08)	29.30 (1:27.37)	30.48 (1:57.85)			
9	SMOOT, Josh	SR	York (Pa.)	1:58.13		1(2)	
	28.41	28.59 (56.99)	30.45 (1:27.44)	30.69 (1:58.13)			
10	SARKETT, Evan	JR	Messiah	1:59.26		1(3)	
	28.23	28.08 (56.30)	29.34 (1:25.64)	33.62 (1:59.26)			

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RESULTS

#20 Men's 800 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
11	HODOROWSKI, Matt		SO Stevens	1:59.60		1(4)	
	28.69 29.23 (57.92)		30.38 (1:28.29) 31.32 (1:59.60)				
12	WALTON, Robert		JR Eastern	1:59.87		2(8)	
	27.78 29.87 (57.65)		29.49 (1:27.13) 32.75 (1:59.87)				
13	KREIDER, Owen		FR Lebanon Valley	2:03.38		1(5)	
	28.46 29.59 (58.04)		31.51 (1:29.55) 33.83 (2:03.38)				
14	SATARIANO, Daniel		SO Messiah	2:04.88		1(6)	
	29.25 29.72 (58.96)		32.04 (1:30.99) 33.89 (2:04.88)				
15	GAROFANO, Christian		FR Stevens	2:05.45		1(7)	
	28.92 29.68 (58.60)		32.05 (1:30.64) 34.81 (2:05.45)				

#16 Men's 1 Mile Run

M	MAC Indoor Champ	4:13.63	Macharia Yuot	Widener	2006
O	MAC Indoor Overall	4:10.24	Russell Speiden	Elizabethtown	2011

Pl	Name	Yr	Team	Time	Note	Pts
1	FOYTACK, Owen		SR King's (Pa.)	4:18.15		10
	34.63 33.09 (1:07.72)		33.21 (1:40.92) 32.93 (2:13.85)	31.44 (2:45.28)	31.16 (3:16.44)	
	30.43 (3:46.86)		31.29 (4:18.15)			
2	KABAKJIAN, Kaleb		SO Messiah	4:19.84		8
	35.73 33.76 (1:09.48)		33.04 (1:42.52) 32.70 (2:15.22)	31.45 (2:46.66)	31.23 (3:17.89)	
	31.02 (3:48.90)		30.94 (4:19.84)			
3	MELLINGER, Ryle		SR Eastern	4:19.91		6
	34.67 33.12 (1:07.79)		33.21 (1:41.00) 32.89 (2:13.88)	31.59 (2:45.46)	31.31 (3:16.76)	
	32.27 (3:49.03)		30.89 (4:19.91)			
4	JUTRAS, Daniel		SR Stevens	4:20.70		5
	34.93 33.33 (1:08.26)		32.97 (1:41.23) 32.18 (2:13.40)	30.75 (2:44.15)	31.36 (3:15.50)	
	32.08 (3:47.57)		33.13 (4:20.70)			
5	ROTHSTEIN, Samuel		SR Lebanon Valley	4:22.89		4
	34.72 33.17 (1:07.88)		33.29 (1:41.17) 33.02 (2:14.19)	31.67 (2:45.85)	31.73 (3:17.58)	
	32.04 (3:49.61)		33.28 (4:22.89)			
6	ABBEY, David		FR Widener	4:24.54		3
	35.16 33.65 (1:08.80)		33.29 (1:42.09) 33.32 (2:15.41)	32.14 (2:47.54)	32.85 (3:20.38)	
	32.66 (3:53.04)		31.50 (4:24.54)			
7	HENNETT, Samuel		FR Messiah	4:26.27		2
	35.92 32.98 (1:08.90)		33.20 (1:42.10) 33.64 (2:15.74)	33.21 (2:48.95)	32.85 (3:21.79)	
	32.35 (3:54.13)		32.14 (4:26.27)			
8	BLYTH, Brendan		JR Arcadia	4:26.65		1
	34.40 33.05 (1:07.45)		33.21 (1:40.66) 33.44 (2:14.09)	31.89 (2:45.98)	32.91 (3:18.88)	
	33.70 (3:52.58)		34.08 (4:26.65)			
9	KLEM, Preston		SO King's (Pa.)	4:26.78		
	35.21 33.38 (1:08.59)		33.02 (1:41.61) 33.48 (2:15.09)	32.62 (2:47.70)	33.15 (3:20.85)	
	32.87 (3:53.71)		33.08 (4:26.78)			
10	BRICKER, Thomas		SR Misericordia	4:30.46		
	35.70 33.34 (1:09.04)		33.27 (1:42.30) 33.64 (2:15.94)	33.25 (2:49.18)	33.13 (3:22.30)	
	34.16 (3:56.46)		34.01 (4:30.46)			
11	PARADINE, Ryan		JR Stevens	4:31.24		

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RESULTS**#16 Men's 1 Mile Run (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
	35.09	33.74 (1:08.83)	33.29 (1:42.11)	32.52 (2:14.63)	32.17 (2:46.80)	33.18 (3:19.97)
	34.76 (3:54.72)	36.52 (4:31.24)				
12	DRUCKEMILLER, Tylor		SO York (Pa.)	4:34.38		
	34.84	33.47 (1:08.30)	33.59 (1:41.89)	34.00 (2:15.88)	34.31 (2:50.19)	34.74 (3:24.93)
	35.40 (4:00.33)	34.05 (4:34.38)				
13	COVAGE, Jacob		SO Arcadia	4:34.65		
	35.71	33.30 (1:09.01)	33.58 (1:42.58)	33.60 (2:16.17)	33.40 (2:49.56)	33.97 (3:23.53)
	35.04 (3:58.56)	36.09 (4:34.65)				
14	COGGINS, Nathaniel		JR Messiah	4:35.60		
	36.12	33.70 (1:09.81)	33.38 (1:43.18)	34.19 (2:17.37)	34.50 (2:51.86)	36.16 (3:28.02)
	35.33 (4:03.35)	32.26 (4:35.60)				
15	MEDROW, Kevin		SO Stevens	4:36.39		
	35.47	33.92 (1:09.39)	33.84 (1:43.22)	33.65 (2:16.86)	34.32 (2:51.18)	35.43 (3:26.60)
	35.12 (4:01.72)	34.68 (4:36.39)				

#24 Men's 3000 Meters

M	MAC Indoor Champ	8:33.82	Fetter, Louka	Messiah	2/28/2025	Tom & Helen
O	MAC Indoor Overall	8:13.57	Patrick Watson	Stevenson	2020	"Banked"
Pl	Name	Yr	Team	Time	Note	Pts
1	FETTER, Louka		SR Messiah	MR 8:32.78		10
	35.00	34.11 (1:09.10)	34.68 (1:43.78)	34.32 (2:18.10)	33.91 (2:52.01)	33.94 (3:25.94)
	33.84 (3:59.78)	34.95 (4:34.72)	35.24 (5:09.96)	35.28 (5:45.24)	35.54 (6:20.77)	35.43 (6:56.20)
	34.73 (7:30.93)	33.28 (8:04.21)	28.58 (8:32.78)			
2	WILSON, Joseph		JR DeSales	8:35.57		8
	34.70	34.20 (1:08.89)	34.64 (1:43.53)	34.34 (2:17.87)	33.58 (2:51.44)	33.74 (3:25.18)
	34.39 (3:59.56)	34.90 (4:34.46)	34.98 (5:09.43)	35.33 (5:44.76)	35.53 (6:20.28)	35.41 (6:55.68)
	35.03 (7:30.71)	34.15 (8:04.86)	30.72 (8:35.57)			
3	CHUKOSKIE, Joseph		SR Lebanon Valley	8:40.58		6
	34.14	33.83 (1:07.97)	35.09 (1:43.06)	34.56 (2:17.61)	34.64 (2:52.25)	34.76 (3:27.00)
	35.11 (4:02.11)	35.26 (4:37.37)	35.50 (5:12.86)	35.29 (5:48.14)	35.48 (6:23.62)	35.35 (6:58.97)
	35.18 (7:34.15)	34.58 (8:08.72)	31.86 (8:40.58)			
4	LEITZEL, Wyatt		SO Lebanon Valley	8:40.65		5
	34.45	33.74 (1:08.18)	35.10 (1:43.28)	33.89 (2:17.17)	33.47 (2:50.63)	33.64 (3:24.27)
	34.43 (3:58.69)	35.41 (4:34.09)	35.58 (5:09.66)	35.35 (5:45.01)	35.54 (6:20.55)	35.39 (6:55.93)
	35.62 (7:31.55)	35.65 (8:07.19)	33.47 (8:40.65)			
5	NAMATKA, Andrew		SO Lebanon Valley	8:48.91		4
	34.35	34.23 (1:08.57)	35.58 (1:44.15)	35.35 (2:19.50)	35.64 (2:55.13)	35.26 (3:30.39)
	35.93 (4:06.32)	35.70 (4:42.02)	35.78 (5:17.79)	35.64 (5:53.42)	35.34 (6:28.76)	35.95 (7:04.70)
	35.91 (7:40.61)	34.99 (8:15.59)	33.32 (8:48.91)			
6	FOYTACK, Owen		SR King's (Pa.)	8:52.95		3
	35.26	34.95 (1:10.21)	35.72 (1:45.92)	35.55 (2:21.47)	35.43 (2:56.89)	35.99 (3:32.88)
	36.66 (4:09.53)	36.79 (4:46.31)	36.09 (5:22.40)	36.47 (5:58.87)	37.07 (6:35.94)	36.41 (7:12.35)
	36.17 (7:48.51)	34.82 (8:23.32)	29.63 (8:52.95)			
7	WEBER, Ryan		JR Misericordia	8:52.98		2

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Pl	Name		Yr	Team	Time	Note	Pts
	36.15	35.21 (1:11.36)		35.99 (1:47.35)	35.83 (2:23.18)	35.78 (2:58.95)	35.38 (3:34.32)
	36.13 (4:10.45)	36.52 (4:46.97)		36.13 (5:23.10)	35.64 (5:58.73)	34.73 (6:33.46)	35.47 (7:08.93)
	35.50 (7:44.42)	35.42 (8:19.84)		33.15 (8:52.98)			
8	REMENTER, Zachary		SR	Widener	8:53.12		1
	35.69	35.77 (1:11.45)		35.49 (1:46.94)	35.81 (2:22.74)	35.78 (2:58.52)	35.69 (3:34.20)
	35.97 (4:10.17)	36.30 (4:46.46)		36.23 (5:22.69)	36.21 (5:58.90)	36.26 (6:35.15)	36.72 (7:11.86)
	35.89 (7:47.75)	34.01 (8:21.75)		31.37 (8:53.12)			
9	HENNETT, Samuel		FR	Messiah	8:53.36		
	35.66	35.31 (1:10.96)		35.56 (1:46.52)	35.66 (2:22.18)	35.36 (2:57.53)	35.79 (3:33.32)
	35.84 (4:09.15)	36.07 (4:45.22)		36.01 (5:21.22)	35.62 (5:56.84)	35.67 (6:32.51)	36.23 (7:08.74)
	36.06 (7:44.80)	35.26 (8:20.05)		33.32 (8:53.36)			
10	BARBI, Mick		SR	Stevens	8:55.71		
	35.77	36.16 (1:11.93)		35.86 (1:47.78)	35.61 (2:23.39)	35.34 (2:58.72)	35.09 (3:33.81)
	35.85 (4:09.66)	37.01 (4:46.67)		36.67 (5:23.33)	36.12 (5:59.45)	36.76 (6:36.20)	35.94 (7:12.14)
	35.97 (7:48.11)	35.09 (8:23.20)		32.52 (8:55.71)			
11	MELLINGER, Ryle		SR	Eastern	8:59.86		
	36.08	36.30 (1:12.37)		35.63 (1:48.00)	35.74 (2:23.74)	35.49 (2:59.23)	35.23 (3:34.46)
	36.15 (4:10.60)	36.79 (4:47.39)		36.08 (5:23.46)	36.05 (5:59.51)	35.88 (6:35.39)	36.27 (7:11.66)
	36.37 (7:48.02)	35.85 (8:23.87)		36.00 (8:59.86)			
12	CARNWATH, Josiah		JR	Messiah	9:01.30		
	37.01	36.33 (1:13.33)		35.35 (1:48.68)	36.41 (2:25.09)	35.03 (3:00.12)	36.10 (3:36.22)
	35.77 (4:11.98)	35.66 (4:47.63)		36.38 (5:24.01)	35.89 (5:59.90)	36.51 (6:36.40)	36.66 (7:13.06)
	36.51 (7:49.56)	36.53 (8:26.08)		35.22 (9:01.30)			
13	MCCLYMONT, Eli		SO	Messiah	9:05.22		
	35.48	35.25 (1:10.72)		35.64 (1:46.36)	35.72 (2:22.07)	35.15 (2:57.22)	35.42 (3:32.64)
	36.30 (4:08.93)	36.76 (4:45.69)		36.89 (5:22.58)	37.10 (5:59.67)	37.33 (6:37.00)	37.85 (7:14.85)
	38.03 (7:52.88)	37.97 (8:30.84)		34.38 (9:05.22)			
14	WILLIAMSON, Ben		SR	Arcadia	9:06.40		
	36.42	36.68 (1:13.10)		35.18 (1:48.27)	36.11 (2:24.37)	35.04 (2:59.41)	35.18 (3:34.59)
	35.53 (4:10.12)	36.77 (4:46.89)		36.71 (5:23.59)	35.53 (5:59.11)	37.00 (6:36.11)	37.89 (7:14.00)
	37.32 (7:51.31)	38.50 (8:29.81)		36.59 (9:06.40)			
15	BARRETT, Dylan		FR	Stevens	9:08.08		
	36.00	36.12 (1:12.12)		35.93 (1:48.04)	35.87 (2:23.91)	35.01 (2:58.91)	35.16 (3:34.06)
	36.03 (4:10.09)	37.23 (4:47.32)		36.31 (5:23.63)	36.49 (6:00.11)	37.24 (6:37.35)	37.91 (7:15.25)
	38.32 (7:53.57)	37.98 (8:31.54)		36.54 (9:08.08)			
16	MILLER, Donald		JR	Lebanon Valley	9:11.21		
	35.88	35.84 (1:11.72)		35.85 (1:47.57)	36.41 (2:23.98)	36.35 (3:00.32)	35.67 (3:35.99)
	36.64 (4:12.63)	37.54 (4:50.16)		36.77 (5:26.93)	36.95 (6:03.88)	38.08 (6:41.95)	38.08 (7:20.03)
	37.30 (7:57.32)	38.02 (8:35.33)		35.89 (9:11.21)			
17	TWIST, Alden		FR	DeSales	9:13.01		
	36.69	35.98 (1:12.66)		35.88 (1:48.54)	36.30 (2:24.83)	34.85 (2:59.68)	35.65 (3:35.33)
	36.53 (4:11.86)	37.60 (4:49.45)		38.61 (5:28.06)	38.46 (6:06.51)	38.59 (6:45.09)	38.81 (7:23.90)
	38.25 (8:02.14)	36.94 (8:39.08)		33.93 (9:13.01)			
18	KAO, Micah		FR	Messiah	9:13.76		

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RESULTS**#24 Men's 3000 Meters (cont'd)**

Pl Name	Yr Team		Time Note		Pts	
	35.28	35.25 (1:10.52)	35.70 (1:46.21)	35.63 (2:21.83)	34.98 (2:56.81)	36.29 (3:33.09)
	36.09 (4:09.18)	37.84 (4:47.01)	36.34 (5:23.35)	37.79 (6:01.13)	38.87 (6:40.00)	39.29 (7:19.29)
	38.97 (7:58.25)	37.90 (8:36.15)	37.61 (9:13.76)			
19 PARADINE, Ryan		JR Stevens			9:17.62	
	34.84	35.10 (1:09.94)	35.71 (1:45.64)	35.58 (2:21.21)	35.96 (2:57.17)	36.35 (3:33.51)
	36.31 (4:09.81)	37.44 (4:47.25)	37.36 (5:24.61)	37.29 (6:01.90)	38.85 (6:40.74)	39.71 (7:20.44)
	40.25 (8:00.68)	39.86 (8:40.54)	37.08 (9:17.62)			
SAHLSTROM, Jacob		FR Messiah			DNF	

#7 Men's 5000 Meters

M	MAC Indoor Champ	14:44.12	Patrick Watson	Stevenson	2/28/2020	
O	MAC Indoor Overall	14:18.40	Macharia Yuot	Widener	2006	
Pl Name	Yr Team		Time Note		H(Pl) Pts	
1 NAMATKA, Andrew		SO Lebanon Valley		14:47.18	2(1) 10	
	36.99	36.35 (1:13.34)	36.80 (1:50.13)	36.63 (2:26.76)	35.67 (3:02.42)	34.91 (3:37.33)
	35.13 (4:12.45)	35.58 (4:48.02)	35.83 (5:23.84)	35.95 (5:59.79)	35.47 (6:35.26)	35.34 (7:10.59)
	35.65 (7:46.24)	35.47 (8:21.70)	35.56 (8:57.26)	36.17 (9:33.43)	35.95 (10:09.37)	35.10 (10:44.47)
	35.25 (11:19.71)	36.56 (11:56.26)	35.52 (12:31.78)	35.43 (13:07.21)	35.38 (13:42.59)	34.13 (14:16.71)
	35.02 (14:51.73)					
2 CHUKOSKIE, Joseph		SR Lebanon Valley		14:49.28	2(2) 8	
	35.85	35.71 (1:11.56)	36.69 (1:48.25)	36.30 (2:24.55)	36.22 (3:00.76)	35.48 (3:36.24)
	35.53 (4:11.76)	35.67 (4:47.43)	35.75 (5:23.17)	36.05 (5:59.22)	35.37 (6:34.59)	35.34 (7:09.92)
	35.62 (7:45.54)	35.34 (8:20.88)	35.51 (8:56.38)	35.62 (9:31.99)	35.36 (10:07.35)	35.30 (10:42.64)
	35.54 (11:18.18)	35.63 (11:53.80)	35.39 (12:29.19)	35.68 (13:04.86)	35.37 (13:40.23)	34.97 (14:15.19)
	38.65 (14:53.84)					
3 FETTER, Louka		SR Messiah		14:54.30	2(3) 6	
	36.12	35.69 (1:11.80)	36.67 (1:48.47)	36.33 (2:24.80)	36.18 (3:00.97)	35.48 (3:36.45)
	35.55 (4:12.00)	35.66 (4:47.66)	35.74 (5:23.39)	36.05 (5:59.44)	35.38 (6:34.82)	35.34 (7:10.16)
	35.67 (7:45.83)	35.32 (8:21.14)	35.46 (8:56.60)	35.64 (9:32.23)	35.35 (10:07.57)	35.69 (10:43.26)
	35.61 (11:18.87)	36.51 (11:55.37)	37.21 (12:32.57)	37.04 (13:09.61)	36.60 (13:46.21)	35.03 (14:21.23)
	37.62 (14:58.85)					
4 LEITZEL, Wyatt		SO Lebanon Valley		14:58.82	2(4) 5	
	37.10	36.04 (1:13.14)	36.93 (1:50.06)	36.65 (2:26.71)	35.50 (3:02.20)	35.28 (3:37.48)
	35.20 (4:12.68)	35.67 (4:48.35)	35.76 (5:24.10)	35.91 (6:00.00)	35.48 (6:35.47)	35.34 (7:10.81)
	35.65 (7:46.46)	35.50 (8:21.96)	35.49 (8:57.45)	36.21 (9:33.65)	35.81 (10:09.46)	34.74 (10:44.19)
	35.35 (11:19.54)	36.80 (11:56.34)	37.72 (12:34.05)	37.38 (13:11.43)	37.50 (13:48.92)	35.24 (14:24.16)
	39.22 (15:03.38)					
5 WILSON, Joseph		JR DeSales		15:03.46	2(5) 4	
	35.94	36.11 (1:12.04)	36.62 (1:48.66)	40.82 (2:29.48)	36.05 (3:05.53)	31.05 (3:36.58)
	35.64 (4:12.22)	35.60 (4:47.81)	35.81 (5:23.61)	35.96 (5:59.57)	35.45 (6:35.01)	35.34 (7:10.35)
	35.68 (7:46.03)	35.40 (8:21.42)	35.58 (8:56.99)	36.19 (9:33.18)	36.50 (10:09.67)	36.42 (10:46.09)
	37.21 (11:23.30)	37.21 (12:00.51)	37.46 (12:37.96)	37.19 (13:15.15)	37.66 (13:52.81)	36.10 (14:28.90)
	39.12 (15:08.02)					
6 WALKO, Lukas		JR Lebanon Valley		15:05.68	2(6) 3	

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RESULTS

#7 Men's 5000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
	36.41	36.58 (1:12.98)	36.77 (1:49.75)	36.56 (2:26.31)	35.66 (3:01.97)	36.15 (3:38.12)	
	35.36 (4:13.47)	35.54 (4:49.01)	35.41 (5:24.41)	36.01 (6:00.42)	35.53 (6:35.95)	35.59 (7:11.53)	
	35.54 (7:47.07)	35.63 (8:22.70)	36.26 (8:58.96)	36.27 (9:35.23)	36.39 (10:11.61)	36.20 (10:47.81)	
	36.47 (11:24.28)	36.73 (12:01.01)	36.69 (12:37.69)	37.74 (13:15.42)	37.77 (13:53.19)	36.81 (14:29.99)	
	40.25 (15:10.23)						
7	REMENTER, Zachary		SR Widener	15:23.94		2(7)	2
	36.80	35.73 (1:12.52)	36.75 (1:49.27)	36.15 (2:25.41)	36.30 (3:01.71)	35.91 (3:37.61)	
	35.48 (4:13.09)	35.62 (4:48.70)	36.37 (5:25.07)	36.53 (6:01.60)	37.52 (6:39.12)	38.01 (7:17.12)	
	38.15 (7:55.27)	38.10 (8:33.36)	37.81 (9:11.17)	38.16 (9:49.33)	38.05 (10:27.37)	42.75 (11:10.12)	
	33.73 (11:43.84)	38.29 (12:22.13)	37.64 (12:59.77)	38.07 (13:37.84)	37.30 (14:15.13)	35.62 (14:50.75)	
	37.75 (15:28.49)						
8	WEBER, Ryan		JR Misericordia	15:29.56		2(8)	1
	36.43	35.77 (1:12.20)	36.79 (1:48.99)	36.24 (2:25.22)	36.24 (3:01.46)	35.64 (3:37.09)	
	35.50 (4:12.58)	35.54 (4:48.12)	35.90 (5:24.01)	36.11 (6:00.12)	36.21 (6:36.33)	35.74 (7:12.06)	
	36.44 (7:48.49)	36.84 (8:25.33)	37.40 (9:02.72)	37.88 (9:40.60)	38.80 (10:19.39)	38.04 (10:57.43)	
	38.85 (11:36.27)	39.30 (12:15.57)	38.06 (12:53.63)	39.24 (13:32.86)	39.42 (14:12.27)	38.98 (14:51.25)	
	42.87 (15:34.12)						
9	WILLIAMSON, Ben		SR Arcadia	15:43.07		2(9)	
	37.38	35.37 (1:12.75)	36.82 (1:49.56)	36.10 (2:25.66)	36.28 (3:01.93)	35.97 (3:37.90)	
	35.35 (4:13.24)	36.20 (4:49.44)	36.24 (5:25.67)	36.71 (6:02.38)	37.45 (6:39.82)	37.92 (7:17.73)	
	38.26 (7:55.99)	38.02 (8:34.01)	38.45 (9:12.45)	38.45 (9:50.90)	39.04 (10:29.93)	39.49 (11:09.42)	
	40.05 (11:49.46)	39.47 (12:28.93)	39.82 (13:08.75)	39.48 (13:48.22)	39.65 (14:27.86)	43.33 (15:11.18)	
	36.44 (15:47.62)						
10	CARNWATH, Josiah		JR Messiah	15:44.39		2(10)	
	37.20	36.37 (1:13.56)	36.80 (1:50.36)	36.67 (2:27.02)	35.37 (3:02.39)	35.98 (3:38.36)	
	35.36 (4:13.72)	35.55 (4:49.26)	36.08 (5:25.33)	36.54 (6:01.87)	37.50 (6:39.36)	37.99 (7:17.35)	
	38.25 (7:55.60)	38.00 (8:33.59)	37.99 (9:11.58)	38.39 (9:49.97)	38.71 (10:28.67)	39.65 (11:08.32)	
	40.22 (11:48.53)	39.59 (12:28.12)	39.82 (13:07.94)	39.59 (13:47.52)	39.46 (14:26.98)	43.73 (15:10.70)	
	38.25 (15:48.95)						
11	TWIST, Alden		FR DeSales	15:48.89		2(11)	
	37.64	36.71 (1:14.35)	36.62 (1:50.96)	37.13 (2:28.09)	35.87 (3:03.95)	36.30 (3:40.25)	
	37.94 (4:18.18)	38.31 (4:56.49)	38.36 (5:34.85)	37.89 (6:12.73)	38.01 (6:50.74)	38.00 (7:28.73)	
	37.92 (8:06.65)	37.97 (8:44.62)	38.22 (9:22.83)	38.94 (10:01.77)	39.40 (10:41.16)	40.23 (11:21.39)	
	39.73 (12:01.12)	38.56 (12:39.67)	38.98 (13:18.65)	39.59 (13:58.23)	39.34 (14:37.57)	42.20 (15:19.77)	
	33.68 (15:53.44)						
12	DURKIN, Ryan		FR DeSales	15:56.23		2(12)	
	38.32	1:09.92 (1:48.23)	3.45 (1:51.68)	37.53 (2:29.20)	36.34 (3:05.54)	37.31 (3:42.84)	
	37.17 (4:20.01)	37.17 (4:57.18)	37.93 (5:35.10)	37.38 (6:12.48)	38.02 (6:50.49)	38.00 (7:28.49)	
	38.50 (8:06.99)	37.97 (8:44.96)	38.45 (9:23.40)	38.72 (10:02.12)	39.32 (10:41.44)	39.62 (11:21.06)	
	40.34 (12:01.40)	38.80 (12:40.20)	40.00 (13:20.19)	41.21 (14:01.40)	40.92 (14:42.32)	43.87 (15:26.19)	
	34.60 (16:00.79)						
13	TRUMP, Davis		SR DeSales	15:56.54		1(1)	

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RESULTS**#7 Men's 5000 Meters (cont'd)**

Pl	Name		Yr	Team	Time	Note	H(Pl)	Pts
	38.72	39.53 (1:18.24)	38.76 (1:56.99)	39.33 (2:36.32)	37.31 (3:13.63)		37.58 (3:51.20)	
	38.19 (4:29.39)	37.32 (5:06.70)	36.89 (5:43.59)	37.86 (6:21.44)	38.05 (6:59.49)		38.04 (7:37.52)	
	38.69 (8:16.21)	38.50 (8:54.71)	38.52 (9:33.22)	39.01 (10:12.23)	39.13 (10:51.35)		38.91 (11:30.26)	
	39.05 (12:09.31)	39.24 (12:48.55)	39.28 (13:27.83)	39.48 (14:07.30)	39.50 (14:46.79)		37.28 (15:24.07)	
	32.48 (15:56.54)							
14	KAO, Micah			FR Messiah	15:56.79		1(2)	
	38.56	39.57 (1:18.12)	39.41 (1:57.53)	38.55 (2:36.08)	38.44 (3:14.51)		37.35 (3:51.85)	
	37.80 (4:29.65)	37.50 (5:07.14)	37.90 (5:45.04)	38.31 (6:23.35)	38.74 (7:02.08)		39.61 (7:41.69)	
	39.04 (8:20.72)	38.65 (8:59.37)	38.61 (9:37.97)	38.74 (10:16.70)	39.24 (10:55.94)		39.18 (11:35.11)	
	38.97 (12:14.08)	38.94 (12:53.02)	38.83 (13:31.85)	38.89 (14:10.73)	38.29 (14:49.02)		36.62 (15:25.64)	
	31.16 (15:56.79)							
15	KAY, Jackson			FR Messiah	16:04.09		1(3)	
	38.62	39.06 (1:17.68)	39.07 (1:56.75)	39.39 (2:36.13)	37.76 (3:13.89)		37.74 (3:51.63)	
	38.23 (4:29.86)	37.59 (5:07.44)	37.86 (5:45.30)	37.87 (6:23.16)	38.74 (7:01.90)		39.36 (7:41.25)	
	39.04 (8:20.29)	38.79 (8:59.07)	38.86 (9:37.93)	39.01 (10:16.94)	39.15 (10:56.08)		39.23 (11:35.31)	
	38.97 (12:14.27)	38.77 (12:53.04)	39.15 (13:32.19)	38.57 (14:10.75)	39.14 (14:49.89)		38.31 (15:28.19)	
	35.91 (16:04.09)							
16	BARBI, Mick			SR Stevens	16:04.64		2(13)	
	36.48	36.73 (1:13.20)	36.64 (1:49.84)	36.42 (2:26.25)	35.92 (3:02.16)		36.87 (3:39.03)	
	36.51 (4:15.54)	37.38 (4:52.91)	37.82 (5:30.73)	37.95 (6:08.67)	38.64 (6:47.31)		38.51 (7:25.82)	
	39.09 (8:04.90)	39.15 (8:44.05)	39.03 (9:23.08)	39.70 (10:02.78)	40.02 (10:42.79)		40.02 (11:22.81)	
	39.98 (12:02.79)	40.98 (12:43.76)	41.18 (13:24.94)	41.62 (14:06.55)	41.25 (14:47.79)		44.58 (15:32.37)	
	36.84 (16:09.20)							
17	RUBEN, Joseph			SO Stevens	16:12.03		2(14)	
	37.92	36.87 (1:14.78)	37.07 (1:51.85)	37.76 (2:29.60)	37.25 (3:06.84)		38.15 (3:44.98)	
	38.84 (4:23.82)	38.73 (5:02.54)	39.03 (5:41.56)	38.68 (6:20.24)	38.92 (6:59.15)		39.37 (7:38.52)	
	39.30 (8:17.81)	39.76 (8:57.57)	39.45 (9:37.01)	39.68 (10:16.69)	40.20 (10:56.88)		40.44 (11:37.32)	
	40.08 (12:17.40)	39.65 (12:57.05)	39.71 (13:36.75)	40.59 (14:17.33)	39.90 (14:57.23)		43.08 (15:40.30)	
	36.28 (16:16.58)							
18	COGGINS, Nathaniel			JR Messiah	16:16.46		2(15)	
	37.01	36.78 (1:13.79)	36.92 (1:50.71)	37.55 (2:28.26)	36.86 (3:05.11)		37.19 (3:42.30)	
	38.02 (4:20.31)	39.14 (4:59.45)	39.69 (5:39.14)	40.29 (6:19.43)	40.30 (6:59.73)		39.22 (7:38.94)	
	40.01 (8:18.95)	39.83 (8:58.77)	39.81 (9:38.58)	40.17 (10:18.75)	39.61 (10:58.35)		40.86 (11:39.20)	
	41.14 (12:20.34)	40.64 (13:00.97)	40.06 (13:41.03)	39.94 (14:20.96)	39.62 (15:00.58)		43.19 (15:43.76)	
	37.26 (16:21.01)							
19	SHIBLES, Ryan			FR Stevens	16:18.18		1(4)	
	38.83	39.12 (1:17.94)	39.26 (1:57.19)	38.97 (2:36.16)	38.06 (3:14.22)		37.77 (3:51.99)	
	38.15 (4:30.14)	37.57 (5:07.70)	37.95 (5:45.65)	37.93 (6:23.57)	38.85 (7:02.42)		39.29 (7:41.70)	
	39.16 (8:20.86)	38.86 (8:59.72)	38.97 (9:38.69)	38.92 (10:17.60)	39.01 (10:56.60)		39.94 (11:36.54)	
	40.84 (12:17.37)	40.87 (12:58.24)	40.64 (13:38.87)	40.77 (14:19.63)	41.79 (15:01.42)		40.28 (15:41.70)	
	36.49 (16:18.18)							
20	KLEMICK, Ryan			SO Messiah	16:18.40		1(5)	

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RESULTS**#7 Men's 5000 Meters (cont'd)**

Pl	Name		Yr	Team	Time	Note	H(Pl)	Pts
	39.58	38.93 (1:18.51)	39.39 (1:57.89)	39.07 (2:36.96)	38.13 (3:15.09)		38.07 (3:53.15)	
	38.40 (4:31.54)	37.80 (5:09.33)	38.74 (5:48.07)	38.98 (6:27.05)	39.31 (7:06.35)		39.31 (7:45.66)	
	39.08 (8:24.74)	39.42 (9:04.16)	39.49 (9:43.64)	40.51 (10:24.14)	40.24 (11:04.38)		39.61 (11:43.99)	
	40.19 (12:24.17)	40.21 (13:04.37)	40.07 (13:44.44)	40.05 (14:24.49)	39.64 (15:04.13)		38.54 (15:42.67)	
	35.74 (16:18.40)							
21	GOWER-HALL, Isaac			JR York (Pa.)	16:20.12		1(6)	
	39.34	38.85 (1:18.18)	39.32 (1:57.50)	39.14 (2:36.64)	38.13 (3:14.76)		38.03 (3:52.79)	
	38.48 (4:31.27)	37.71 (5:08.98)	38.22 (5:47.20)	38.90 (6:26.09)	39.03 (7:05.11)		39.17 (7:44.28)	
	39.26 (8:23.53)	40.01 (9:03.54)	40.29 (9:43.82)	40.62 (10:24.44)	40.25 (11:04.69)		39.54 (11:44.23)	
	40.43 (12:24.65)	40.32 (13:04.97)	40.58 (13:45.54)	39.88 (14:25.42)	39.60 (15:05.02)		38.75 (15:43.77)	
	36.36 (16:20.12)							
22	JEFFREY, Rahsaan			SO Misericordia	16:20.46		1(7)	
	38.68	38.84 (1:17.51)	39.34 (1:56.85)	39.13 (2:35.98)	38.33 (3:14.30)		37.90 (3:52.20)	
	37.81 (4:30.01)	37.60 (5:07.60)	37.98 (5:45.58)	38.09 (6:23.66)	38.04 (7:01.69)		39.75 (7:41.44)	
	39.07 (8:20.51)	38.96 (8:59.47)	38.92 (9:38.38)	38.57 (10:16.95)	39.33 (10:56.28)		39.46 (11:35.74)	
	39.93 (12:15.66)	41.37 (12:57.03)	42.06 (13:39.08)	42.00 (14:21.08)	41.98 (15:03.06)		39.92 (15:42.98)	
	37.49 (16:20.46)							
23	MILLER, Dylan			FR Lebanon Valley	16:23.42		1(8)	
	39.72	39.24 (1:18.96)	39.59 (1:58.55)	39.24 (2:37.79)	38.55 (3:16.33)		38.30 (3:54.63)	
	38.80 (4:33.43)	38.54 (5:11.97)	38.24 (5:50.21)	39.28 (6:29.48)	39.83 (7:09.31)		39.85 (7:49.16)	
	40.02 (8:29.17)	39.87 (9:09.04)	39.98 (9:49.01)	39.68 (10:28.69)	40.11 (11:08.79)		39.44 (11:48.22)	
	39.96 (12:28.18)	40.29 (13:08.46)	41.01 (13:49.47)	40.61 (14:30.08)	39.15 (15:09.23)		37.56 (15:46.78)	
	36.64 (16:23.42)							
24	MACCARELLI, Chad			FR York (Pa.)	16:23.68		1(9)	
	38.60	40.26 (1:18.86)	39.54 (1:58.39)	39.32 (2:37.71)	38.54 (3:16.24)		38.15 (3:54.38)	
	38.09 (4:32.47)	38.04 (5:10.50)	38.70 (5:49.19)	38.74 (6:27.93)	38.73 (7:06.66)		39.25 (7:45.91)	
	39.12 (8:25.02)	39.40 (9:04.42)	39.92 (9:44.33)	39.89 (10:24.21)	39.79 (11:04.00)		39.65 (11:43.64)	
	40.78 (12:24.42)	40.40 (13:04.82)	40.58 (13:45.39)	40.68 (14:26.06)	41.34 (15:07.39)		39.29 (15:46.68)	
	37.00 (16:23.68)							
25	PHILLIPS, Bryce			SO DeSales	16:24.03		2(16)	
	38.06	36.55 (1:14.60)	36.82 (1:51.42)	36.91 (2:28.32)	36.47 (3:04.79)		37.05 (3:41.84)	
	38.27 (4:20.10)	39.16 (4:59.26)	39.78 (5:39.04)	40.29 (6:19.33)	40.13 (6:59.45)		39.39 (7:38.84)	
	40.49 (8:19.32)	40.25 (8:59.57)	40.63 (9:40.20)	40.46 (10:20.66)	40.94 (11:01.59)		40.95 (11:42.54)	
	42.22 (12:24.75)	42.60 (13:07.35)	41.11 (13:48.45)	41.07 (14:29.52)	44.76 (15:14.28)		39.29 (15:53.56)	
	35.03 (16:28.59)							
26	SHULMAN, Ryan			SR Misericordia	16:24.82		2(17)	
	37.25	36.20 (1:13.44)	37.00 (1:50.43)	36.94 (2:27.37)	36.06 (3:03.42)		37.07 (3:40.48)	
	37.42 (4:17.90)	38.12 (4:56.01)	38.39 (5:34.40)	38.74 (6:13.13)	39.26 (6:52.39)		39.70 (7:32.09)	
	40.39 (8:12.47)	40.72 (8:53.19)	41.39 (9:34.58)	41.58 (10:16.16)	41.52 (10:57.67)		41.40 (11:39.06)	
	41.07 (12:20.13)	41.60 (13:01.73)	41.38 (13:43.10)	40.49 (14:23.59)	40.81 (15:04.40)		45.27 (15:49.67)	
	39.71 (16:29.38)							
27	KARCH, Jason			SR Eastern	16:54.69		1(10)	

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RESULTS**#7 Men's 5000 Meters (cont'd)**

Pl Name	Yr Team				Time	Note	H(Pl)	Pts
	39.25	39.30 (1:18.55)	39.56 (1:58.10)	39.33 (2:37.43)	38.51 (3:15.93)		38.55 (3:54.47)	
	38.71 (4:33.18)	38.55 (5:11.73)	39.12 (5:50.85)	39.45 (6:30.30)	39.93 (7:10.22)		39.78 (7:50.00)	
	40.31 (8:30.30)	40.85 (9:11.15)	41.40 (9:52.54)	41.90 (10:34.44)	42.48 (11:16.92)		42.46 (11:59.37)	
	42.48 (12:41.85)	43.54 (13:25.38)	42.73 (14:08.11)	42.70 (14:50.80)	42.22 (15:33.01)		41.48 (16:14.49)	
	40.20 (16:54.69)							
THORN, Max			FR Stevens		DNF		1	
BARRETT, Dylan			FR Stevens		DNF		2	

#3 Men's 60m Hurdles

M	MAC Indoor Champ	8.22	Owen Buhr	Lebanon Valley	2/26/2022	Tom & Helen
O	MAC Indoor Overall	8.19	Jerome Duncan	Lebanon Valley	2012	

Finals

Pl Name	Yr Team	Time	Note	Pts
1 HOPKINS, Ian	SO Eastern	8.49		10
2 LADD, William	SO Stevens	8.53		8
3 ANDRADE, Lorenzo	FR Misericordia	8.61		6
4 PERRIELLO, Joseph	SO Stevens	8.63		5
5 LEIDICH, Joshua	SO Lebanon Valley	8.64		4
6 WALLACE, Troy	SO Widener	8.79		3
7 CLEMENT, Fritz	SO Eastern	8.82		2
8 DIEFFENBACH, Lewis	FR Lebanon Valley	9.22		1

Prelims

Pl Name	Yr Team	Time	Note	H(Pl)
1 LADD, William	SO Stevens	8.61	Q	1(1)
2 CLEMENT, Fritz	SO Eastern	8.70	Q8.691	2(1)
3 HOPKINS, Ian	SO Eastern	8.70	Q8.694	3(1)
4 PERRIELLO, Joseph	SO Stevens	8.73	q	1(2)
5 LEIDICH, Joshua	SO Lebanon Valley	8.74	q	2(2)
6 ANDRADE, Lorenzo	FR Misericordia	8.85	q	3(2)
7 WALLACE, Troy	SO Widener	8.92	q	2(3)
8 DIEFFENBACH, Lewis	FR Lebanon Valley	8.94	q	1(3)
9 KOSEK, Richard	FR Misericordia	9.02		3(3)
10 RUDZINSKI, Matthew	FR Stevens	9.09		2(4)
11 MARCIN, Ethan	JR Alvernia	9.15		1(4)
12 MOWERY, Ryan	FR Messiah	9.17		3(4)
13 MALONE, Josh	SO King's (Pa.)	9.27		3(5)
14 GEORGIADIS, Konstantinos	FR Stevens	9.34		2(5)
15 JONES, Ethan	JR York (Pa.)	9.48		1(5)
16 PARKER, Andrew	SR Stevenson	9.81		1(6)
JONES, Keyon	SO Eastern	FS		2

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RESULTS**#9 Men's 4 x 200m Relay**

M	MAC Indoor Champ	1:29.70	R. Billings, D. Blackwell, J. Hunter, J,	Misericordia	2/28/2025	Tom & Helen
O	MAC Indoor Overall	1:29.69	R. Billings, D. Blackwell, J. Hunter, J,	Misericordia	2/28/2025	Tom & Helen

Pl	Team	Time	Note	H(Pl)	Pts
1	Lebanon Valley (A)	1:30.72		3(1)	10
	1) GOUNDIE, Donovan SR 21.07	2) TIRADO, Leo SO 24.02 (45.09)			
	3) AUZENNE, Caleb JR 22.53 (1:07.61)	4) SMITH, Braden FR 23.11 (1:30.72)			
2	Delaware Valley (A)	1:31.90		1(1)	8
	1) GRUNWALD, Dylan JR	2) TROY, Brody JR			
	3) ROBINSON, Jamar FR	4) CRUZ, Victor SR			
3	Arcadia (A)	1:31.91		3(2)	6
	1) EVANS, Naeem FR 23.36	2) ANDERSON, Ryan SO 23.18 (46.53)			
	3) CASTELLI, Wesley SR 23.32 (1:09.85)	4) BULLOCK, Micah SO 22.07 (1:31.91)			
4	King's (Pa.) (A)	1:32.87		2(1)	5
	1) MULLERY, Jacob JR 22.02	2) JONES, Jordan SO 24.40 (46.41)			
	3) CLARKE, Kivaleon SO 23.58 (1:09.99)	4) GORSKI, Alek SO 22.88 (1:32.87)			
5	Stevenson (A)	1:32.98		1(2)	4
	1) STOKES, Zion FR	2) MCCANN, Frank SO			
	3) GRIFFIN, Malachi FR	4) DUNN, Isaiah FR			
6	Stevens (A)	1:33.37		2(2)	3
	1) HACKETT, Tyler JR 22.06	2) ROBINSON, Connor SR 24.84 (46.90)			
	3) RICHARDS, Iyasu FR 23.36 (1:10.26)	4) KOSIBA, Chase JR 23.12 (1:33.37)			
7	Widener (A)	1:33.55		2(3)	2
	1) RESSLER, Tyler JR 22.18	2) CELESTIN, Elijah SO 23.88 (46.06)			
	3) NDIRANGU, Erastus SO 23.13 (1:09.18)	4) LAMB, Patrick FR 24.37 (1:33.55)			
8	Messiah (A)	1:34.53		2(4)	1
	1) SCHWARTZ, Zach FR 22.86	2) SHRUM-GROFF, Valen FR 23.99 (46.85)			
	3) LEWIS, Dominic FR 24.20 (1:11.04)	4) SAFER, Jack FR 23.49 (1:34.53)			
9	FDU-Florham (A)	1:35.21		2(5)	
	1) PERRELLI, Nathaniel JR 24.21	2) COLLIER, Anthony SO 23.74 (47.94)			
	3) COLES, Alexander SO 23.69 (1:11.63)	4) PRESLEY, Nashawn JR 23.59 (1:35.21)			
10	Misericordia (A)	1:35.25		3(3)	
	1) ANDRADE, Lorenzo FR 22.03	2) BLACKWELL, Dylan SR 24.28 (46.31)			
	3) RICHARD, Logan FR 22.46 (1:08.76)	4) HUNTER, Jacob JR 26.49 (1:35.25)			

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RESULTS**#9 Men's 4 x 200m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
11	DeSales (A)	1:36.28		1(3)	
	1) STUTZ, Cooper SO		2) GUTHIER, Bryce JR		
	3) ALFARO, Sean FR		4) JACOBSON, Jack SO		
12	Alvernia (A)	1:36.91		1(4)	
	1) SIMMONS, Andrew SO		2) WASHINGTON, Joseph SO		
	3) CAMACHO, Heriberto FR		4) PEREZ, Connor SO		
13	Albright (A)	1:37.89		1(5)	
	1) PRIDGEN, Tyhee FR		2) MYERS, Cameron SO		
	3) REMBERT JR., Beyah SR		4) LEO, Jamari FR		
14	York (Pa.) (A)	1:38.67		3(4)	
	1) KUNKLE, Trey SO		2) DIALLO, Hamed SO		
	22.97		23.77 (46.74)		
	3) MOORE, Hunter SO		4) APSLEY, Shaun JR		
	28.31 (1:15.04)		23.64 (1:38.67)		
	Eastern (A)	DNF		3	
	1) BROWN, Jahari FR		2) JONES, Keyon SO		
	3) CURETON, Josiah FR		4) UGORJI, James JR		

#28 Men's 4 x 400m Relay

M	MAC Indoor Champ	3:22.02	H Freeland, N Sites, L Harmon, J Tupper	Widener	2/27/2016
O	MAC Indoor Overall	3:18.33	R. Crooms, W. Brownback, M. Pena, T.	Widener	2000
Pl	Team	Time	Note	H(Pl)	Pts
1	Misericordia (A)	3:28.10		3(1)	10
	1) ANDRADE, Lorenzo FR		2) BLACKWELL, Dylan SR		
	52.57		53.27 (1:45.83)		
	3) RICHARD, Logan FR		4) HUNTER, Jacob JR		
	51.57 (2:37.40)		50.70 (3:28.10)		
2	Widener (A)	3:29.06		3(2)	8
	1) NESBETH, Xavier FR		2) RESSLER, Tyler JR		
	52.81		52.64 (1:45.45)		
	3) JOHNSON, David SO		4) CELESTIN, Elijah SO		
	52.41 (2:37.85)		51.21 (3:29.06)		
3	Eastern (A)	3:29.66		3(3)	6
	1) UGORJI, James JR		2) DAVIS, Shamar JR		
	52.51		53.09 (1:45.60)		
	3) JONES, Keyon SO		4) SCALES, Christian FR		
	51.90 (2:37.49)		52.17 (3:29.66)		
4	Lebanon Valley (A)	3:30.34		3(4)	5
	1) GOUNDIE, Donovan SR		2) MILCHANOWSKI, Hayden SO		
	52.22		53.56 (1:45.78)		
	3) SMITH, Braden FR		4) MACCHIONE, Luke SO		
	52.79 (2:38.57)		51.78 (3:30.34)		
5	Messiah (A)	3:30.88		3(5)	4
	1) SHRUM-GROFF, Valen FR		2) XENAKIS, Will SO		
	53.64		52.05 (1:45.69)		
	3) SARKETT, Evan JR		4) CONDON, John SR		
	53.65 (2:39.33)		51.56 (3:30.88)		

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RESULTS**#28 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
6	Stevenson (A)	3:32.67		2(1)	3
	1) SAINT HILLIEN, Fabrice SR 52.02	2) GRIFFIN, Malachi FR 51.49 (1:43.50)			
	3) STOKES, Zion FR 54.83 (2:38.33)	4) HARRIS, Joshua FR 54.34 (3:32.67)			
7	Stevens (A)	3:34.18		2(2)	2
	1) NETO, Eduardo FR 53.34	2) AMEZQUITA, Luis Emilio FR 53.43 (1:46.76)			
	3) ROBINSON, Connor SR 55.12 (2:41.87)	4) RODRIGUEZ, Ian FR 52.31 (3:34.18)			
8	Arcadia (A)	3:34.97		2(3)	1
	1) CARROLL, Bryan JR 54.97	2) ANDERSON, Ryan SO 53.03 (1:47.99)			
	3) CHAUHAN, Dylan SO 53.57 (2:41.55)	4) CASTELLI, Wesley SR 53.42 (3:34.97)			
9	York (Pa.) (A)	3:38.67		3(6)	
	1) KUNKLE, Trey SO 55.21	2) SMOOT, Josh SR 54.64 (1:49.85)			
	3) FRIEND, Kyle JR 55.51 (2:45.36)	4) MOORE, Hunter SO 53.31 (3:38.67)			
10	DeSales (A)	3:42.11		2(4)	
	1) ALFARO, Sean FR 54.47	2) CALLANO, Jozef JR 54.39 (1:48.85)			
	3) DUBE, Keegan FR 57.25 (2:46.10)	4) DOSKOCIL, Cody FR 56.02 (3:42.11)			
11	FDU-Florham (A)	3:46.39		2(5)	
	1) PERRELLI, Nathaniel JR 56.43	2) TORODE, Emmanuel SR 58.42 (1:54.85)			
	3) SORRENTINO, Lucas SO 56.61 (2:51.45)	4) PASSARELLI, Luke JR 54.94 (3:46.39)			
12	Albright (A)	3:58.39		1(1)	
	1) REMBERT JR., Beyah SR 52.83	2) PRIDGEN, Tyhee FR 56.15 (1:48.97)			
	3) LEO, Jamari FR 58.89 (2:47.85)	4) EISENHARDT, Evan FR 1:10.54 (3:58.39)			
	King's (Pa.) (A)	DNF		2	
	1) MULLERY, Jacob JR	2) JONES, Jordan SO			
	3) GORSKI, Alek SO	4) FOYTACK, Owen SR			
	Alvernia (A)	DQ		1	
	1) CAMACHO, Heriberto FR	2) HARTLINE, Justin FR			
	3) MARCIN, Ethan JR	4) PEREZ, Connor SO			

#26 Men's 4 x 800m Relay

M	MAC Indoor Champ	7:56.65	M. Rever, M. Weber, J. Blanton, R.	Elizabethtown	2012
O	MAC Indoor Overall	7:54.12	J. Buck, S. Luzzi, E. Deignan, M. Hause	Misericordia	2016

Pl	Team	Time	Note	Pts
1	Messiah (A)	MR 7:55.44		10
	1) KABAKJIAN, Kaleb SO 2:01.93	2) STEEN, Nathan FR 1:59.16 (4:01.09)		
	3) BAXTER, Sean SR 1:57.80 (5:58.89)	4) CONDON, John SR 1:56.55 (7:55.44)		

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RESULTS**#26 Men's 4 x 800m Relay (cont'd)**

Pl	Team	Time	Note	Pts
2	Stevens (A)	7:57.38		8
	1) SOENNICHSEN, Markus FR 2:00.31	2) PARRELLA, Enrico SO 2:00.02 (4:00.32)		
	3) REYES, Christopher FR 2:00.56 (6:00.88)	4) JUTRAS, Daniel SR 1:56.50 (7:57.38)		
3	Lebanon Valley (A)	8:03.15		6
	1) ROTHSTEIN, Samuel SR 2:00.58	2) WALKO, Lukas JR 2:00.09 (4:00.66)		
	3) BELL, Caden SO 2:00.89 (6:01.55)	4) MCKELL, Elijah SR 2:01.61 (8:03.15)		
4	DeSales (A)	8:10.02		5
	1) PORAMBO, Alex SO 2:04.33	2) DUBE, Keegan FR 2:02.15 (4:06.48)		
	3) DOSKOCIL, Cody FR 2:01.39 (6:07.86)	4) CALLANO, Jozef JR 2:02.16 (8:10.02)		
5	York (Pa.) (A)	8:12.38		4
	1) DRUCKEMILLER, Tylor SO 2:02.80	2) TOPFER, Seth JR 2:04.96 (4:07.75)		
	3) ALTMAN, Jake FR 2:04.46 (6:12.21)	4) SMOOT, Josh SR 2:00.18 (8:12.38)		
6	King's (Pa.) (A)	8:19.76		3
	1) WNUK, Ben FR 2:06.76	2) BAXTER, Ryan FR 2:03.50 (4:10.26)		
	3) GLAUDE, Casimir FR 2:10.37 (6:20.62)	4) KLEM, Preston SO 1:59.14 (8:19.76)		
7	Misericordia (A)	8:20.54		2
	1) BRICKER, Thomas SR 2:05.22	2) LUKAVITCH, Tyler FR 2:05.07 (4:10.28)		
	3) HORN, Nathan JR 2:06.89 (6:17.17)	4) KARWACKI, Austin SR 2:03.37 (8:20.54)		
8	Stevenson (A)	8:21.37		1
	1) HARRIS, Joshua FR 2:04.09	2) PETRAGLIA, Aidan FR 2:02.15 (4:06.24)		
	3) CRAWLEY, Ja'Naz SO 2:06.86 (6:13.09)	4) KLEINER, Sam FR 2:08.28 (8:21.37)		
9	Widener (A)	8:23.42		
	1) ABBEY, David FR 2:04.86	2) RAY, Ashton JR 2:02.94 (4:07.79)		
	3) KELLY, Gavin SR 2:06.56 (6:14.35)	4) CAROLAN, Michael SR 2:09.08 (8:23.42)		
10	Hood (A)	8:27.10		
	1) BARBERENA, Juan Carlos JR 2:09.18	2) SAPPE, Chris SR 2:04.32 (4:13.50)		
	3) MILES, Alonzo FR 2:06.57 (6:20.06)	4) SESKAR, Alex SR 2:07.04 (8:27.10)		
11	Arcadia (A)	8:27.97		
	1) CHAUHAN, Dylan SO 2:08.32	2) COVAGE, Jacob SO 2:07.43 (4:15.74)		
	3) GENTILE-ADAMSON, Landon JR 2:09.13 (6:24.86)	4) BLYTH, Brendan JR 2:03.11 (8:27.97)		

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RESULTS**#26 Men's 4 x 800m Relay (cont'd)**

Pl	Team	Time	Note	Pts
12	FDU-Florham (A)	8:53.10		
	1) SORRENTINO, Lucas SO 2:12.70	2) MCGINNITY, Evan SO 2:18.16 (4:30.85)		
	3) TORODE, Emmanuel SR 2:14.15 (6:44.99)	4) PASSARELLI, Luke JR 2:08.11 (8:53.10)		
13	Delaware Valley (A)	8:59.34		
	1) SKIKUS, Matthew SR 2:10.45	2) BISIGNANO, Jack JR 2:18.83 (4:29.28)		
	3) CAMMAROTA, Jake SR 2:16.75 (6:46.02)	4) FORMAN, Brendan FR 2:13.32 (8:59.34)		
14	Alvernia (A)	9:12.23		
	1) HENRY, James SR 2:08.64	2) MARTINEZ, Samuel JR 2:21.75 (4:30.39)		
	3) DENNISON, Ryan SR 2:26.04 (6:56.42)	4) HAHN, Spencer JR 2:15.81 (9:12.23)		
	Eastern (A)	DQ		
	1) WILSON, Malachi FR	2) WALTON, Robert JR		
	3) LONG, Tyler SO	4) KNOX-WAGNER, Joshua FR		

#1 Men's 4000m DMR

M	MAC Indoor Champ	10:16.45	K. Kabakjian, A. Hostetler, E. Sarkett, J. Messiah	2/28/2025	Tom & Helen
O	MAC Indoor Overall	9:56.80	A. Focht, C. Niles, M. Rever, R. Speiden	2012	Elizabethtown

Pl	Team	Time	Note	Pts
1	Eastern (A)	MR 10:14.98		10
	1) WALTON, Robert JR 3:12.04	2) SCALES, Christian FR 51.34 (4:03.38)		
	3) KNOX-WAGNER, Joshua FR 1:58.25 (6:01.62)	4) MELLINGER, Ryle SR 4:13.36 (10:14.98)		
2	King's (Pa.) (A)	10:17.62		8
	1) KLEM, Preston SO 3:09.48	2) GORSKI, Alek SO 51.22 (4:00.70)		
	3) WNUK, Ben FR 2:02.60 (6:03.30)	4) FOYTACK, Owen SR 4:14.33 (10:17.62)		
3	Messiah (A)	10:27.72		6
	1) SARKETT, Evan JR 3:11.15	2) XENAKIS, Will SO 53.26 (4:04.41)		
	3) BAXTER, Sean SR 1:56.87 (6:01.28)	4) KABAKJIAN, Kaleb SO 4:26.44 (10:27.72)		
4	Stevens (A)	10:33.86		5
	1) PARRELLA, Enrico SO 3:11.21	2) REYES, Christopher FR 52.54 (4:03.75)		
	3) SOENNICHSEN, Markus FR 1:58.82 (6:02.56)	4) PARADINE, Ryan JR 4:31.30 (10:33.86)		
5	DeSales (A)	10:36.19		4
	1) DUBE, Keegan FR 3:18.06	2) GUTHIER, Bryce JR 52.18 (4:10.24)		
	3) PORAMBO, Alex SO 2:03.47 (6:13.70)	4) CALLANO, Jozef JR 4:22.50 (10:36.19)		

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#1 Men's 4000m DMR (cont'd)

Pl	Team	Time	Note	Pts
6	Widener (A)	10:41.69		3
	1) ABBEY, David FR 3:14.09	2) RUDD, Derek JR 52.90 (4:06.98)		
	3) JOHNSON, David SO 2:02.14 (6:09.12)	4) KELLY, Gavin SR 4:32.57 (10:41.69)		
7	Arcadia (A)	10:42.67		2
	1) BLYTH, Brendan JR 3:13.53	2) ANDERSON, Ryan SO 51.60 (4:05.13)		
	3) CHAUHAN, Dylan SO 2:05.17 (6:10.30)	4) COVAGE, Jacob SO 4:32.38 (10:42.67)		
8	York (Pa.) (A)	10:45.13		1
	1) MAYBERRY, William FR 3:20.95	2) APSLEY, Shaun JR 53.25 (4:14.19)		
	3) SMOOT, Josh SR 1:58.55 (6:12.74)	4) DRUCKEMILLER, Tylor SO 4:32.40 (10:45.13)		
9	Lebanon Valley (A)	10:45.25		
	1) KELLER, Chad FR 3:16.66	2) MACCHIONE, Luke SO 51.87 (4:08.52)		
	3) KREIDER, Owen FR 2:03.37 (6:11.88)	4) MILLER, Donald JR 4:33.37 (10:45.25)		
10	Misericordia (A)	10:56.44		
	1) O'KEEFE, Daniel SO 3:21.22	2) TORRES, Fransisco JR 53.51 (4:14.73)		
	3) KARWACKI, Austin SR 2:07.00 (6:21.72)	4) BRICKER, Thomas SR 4:34.73 (10:56.44)		
11	Stevenson (A)	11:04.73		
	1) CRAWLEY, Ja'Naz SO 3:27.14	2) REIMERT, Alexander SR 54.16 (4:21.30)		
	3) HARRIS, Joshua FR 2:03.53 (6:24.82)	4) PETRAGLIA, Aidan FR 4:39.91 (11:04.73)		
12	Alvernia (A)	11:13.67		
	1) HAHN, Spencer JR 3:12.18	2) PEREZ, Connor SO 53.52 (4:05.70)		
	3) DENNISON, Ryan SR 2:18.35 (6:24.04)	4) MARTINEZ, Samuel JR 4:49.63 (11:13.67)		
13	Delaware Valley (A)	11:48.36		
	1) FORMAN, Brendan FR 4:07.12	2) BISIGNANO, Jack JR 30.84 (4:37.96)		
	3) CAMMAROTA, Jake SR 2:18.17 (6:56.12)	4) SKIKUS, Matthew SR 4:52.24 (11:48.36)		
14	Albright (A)	12:30.70		
	1) EISENHARDT, Evan FR 3:58.48	2) LEO, Jamari FR 1:03.01 (5:01.49)		
	3) PRIDGEN, Tyhee FR 2:42.18 (7:43.66)	4) PATTON, Jordan SR 4:47.05 (12:30.70)		

#35 Men's High Jump

M	MAC Indoor Champ	2.07m	Valiant McKee	Widener	2/24/2018										
O	MAC Indoor Overall	2.07m	Valiant McKee	Widener	2/29/2020										
Pl	Name	Yr	Team	Mark	1.63	1.68	1.73	1.78	1.83	1.88	1.91	1.94	1.97	2.00	Pts
1	MCGRAW, Matayo		JR Widener	1.97m	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	XO	XXX	10
2	TIRADO, Leo		SO Lebanon Vall	1.94m	PPP	PPP	PPP	O	O	XXO	O	O	XXX		8

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#35 Men's High Jump (cont'd)

Pl	Name	Yr Team	Mark	1.63	1.68	1.73	1.78	1.83	1.88	1.91	1.94	1.97	2.00	Pts
3	JONES, Keyon	SO Eastern	1.94m	PPP	PPP	PPP	PPP	O	O	O	XO	XXX		6
4	MICHAJLUK, Graison	JR Lebanon Vall	1.91m	PPP	PPP	PPP	PPP	PPP	PPP	O	XXX			5
5	MORDI, Jonathan	FR Stevens	1.91m	PPP	PPP	PPP	PPP	XO	O	O	XXX			4
6	TIMMONS, Julius	FR Alvernia	1.91m	PPP	PPP	O	O	XO	XO	XO	XXX			2.5
6	LADD, William	SO Stevens	1.91m	PPP	PPP	PPP	PPP	XXO	O	XO	XXX			2.5
8	COLLIER, Anthony	SO FDU-Florham	1.88m	PPP	PPP	O	O	O	O	XXX				1
9	DAY, Lawrence	SO Eastern	1.88m	PPP	PPP	PPP	PPP	XO	XO	XXX				
10	MILLER, Cody	SO King's (Pa.)	1.83m	PPP	PPP	PPP	PPP	XXO	XXX					
11	COLES, Alexander	SO FDU-Florham	1.78m	PPP	PPP	PPP	O	XXX						
11	CORNETTE, Leroy	FR Eastern	1.78m	PPP	PPP	O	O	XXX						
11	TURNER, Darnell	FR Albright	1.78m	PPP	PPP	PPP	O	XXX						
14	SANTOS, Robert	FR King's (Pa.)	1.78m	PPP	PPP	PPP	XO	XXX						
15	SANTANA-FERRO, Bruno	SO Stevens	1.73m	PPP	O	O	XXX							
16	JAMES, Kai	JR FDU-Florham	1.73m	PPP	XXO	XXO	XXX							
17	DONOUGH, Evan	FR Lebanon Vall	1.68m	PPP	XO	XXX								
18	CSENSITS, Jack	FR Widener	1.68m	XO	XO	XXX								
19	LECLAIR, Andrew	SO Alvernia	1.68m	PPP	XXO	XXX								
20	TORRADO, Gabriel	FR Messiah	1.63m	O	XXX									
	ODEN, Philliph	SO King's (Pa.)	NM	PPP	PPP	XXX								
	MOORE, Edwin	FR Albright	NM											

#36 Men's Pole Vault

M	MAC Indoor Champ	5.13m	Tim Moses	Messiah	2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	Messiah	2015

Pl	Name	Yr Team	Mark	3.64	3.79	3.94	4.09	4.14	4.19	4.24	4.29	4.34	4.35	Pts
1	ARNOLD, Jonah	SO York (Pa.)	4.29m	PPP	PPP	O	O	XO	O	O	XXO	XXX		10
2	SCHUTZ, Matthew	JR Arcadia	4.24m	PPP	PPP	XO	XXO	O	XO	XO	XXX			8
3	WEACHTER, Brody	SO York (Pa.)	4.09m	PPP	PPP	O	O	XXX						6
4	SOMMER, Gregory	JR Delaware Vall	3.94m	XO	O	O	XXX							5
5	SZYMANIK, Alexander	SO Widener	3.94m	PPP	XXO	O	XXX							4
6	SMITH, Grant	JR Lebanon Vall	3.94m	PPP	O	XO	XXX							2.5
6	BEST, Emory	FR York (Pa.)	3.94m	PPP	PPP	XO	XXX							2.5
8	MILLER, Kyle	SR Stevens	3.94m	PPP	XO	XO	XXX							1
9	WILSON, Aidan	SR Widener	3.94m	PPP	XXO	XO	XXX							
10	PRINGLE, Brennan	SO Widener	3.94m	XXO	XO	XXO	XXX							
11	HOCHEGGER, Marcus	FR Stevens	3.79m	PPP	O	XXX								
11	JACOBSON, Jack	SO DeSales	3.79m	PPP	O	XXX								
11	ZOOK, Ezra	FR Messiah	3.79m	PPP	O	XXX								
14	PERSICO, Christopher	JR Stevens	3.79m	PPP	XO	XXX								
15	PETERSON, Teddy	JR York (Pa.)	3.49m	XXX										
	DUNCAN, Dylan	FR Lebanon Vall	NM	XXX										
	ADAMSON, Isaiah	FR York (Pa.)	NM	PPP	PPP	PXX	X							
	NAIMAN, Carter	SO Hood	NM	XXX										
	DAO, Michael	SO Stevens	NM	PPP	XXX									
	WEIGEL, Parker	JR Stevenson	NM	PPP	XXX									

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#36 Men's Pole Vault (cont'd)

Pl	Name	Yr	Team	Mark	3.34	3.49	Pts
15	PETERSON, Teddy	JR	York (Pa.)	3.49m	O	O	

#14 Men's Long Jump

M	MAC Indoor Champ	7.30m	Xavier Phoenix	DeSales	2/24/2023	Tom & Helen
O	MAC Indoor Overall	7.38m	Joe Moore	Moravian	2003	

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	CSENSITS, Jack	FR	Widener	7.10m	6.56	6.61	6.62	6.17	6.80	7.10	2(1)	10
2	MCGRAW, Matayo	JR	Widener	7.01m	6.80	6.71	5.88	6.66	6.72	7.01	2(2)	8
3	MCCULLOUGH, Elijah	JR	Eastern	6.93m	FOUL	6.72	6.67	6.55	5.96	6.93	2(3)	6
4	GROSSMAN, Jacob	SR	Widener	6.84m	6.84	6.70	6.76	6.82	6.68	6.60	2(4)	5
5	BROWN, Alex	SO	Lebanon Vall	6.74m	6.74	6.40	6.34	6.54	6.45	6.38	2(5)	4
6	MORDI, Jonathan	FR	Stevens	6.73m	6.55	6.30	6.18	6.36	6.05	6.73	1(1)	3
7	SIMAK, Weston	JR	DeSales	6.68m	FOUL	6.55	6.37	6.56	6.58	6.68	2(6)	2
8	CASTRONOVO, Jonathan	SO	DeSales	6.66m	6.49	FOUL	6.52	6.66	6.61	6.62	2(7)	1
9	LEWIS, Jeric	SO	Eastern	6.61m	FOUL	6.58	6.61	6.24	6.03	6.60	2(8)	
10	WALLACE, Troy	SO	Widener	6.50m	6.25	6.06	6.50				2(9)	
11	BUCK, Zion	SO	Messiah	6.47m	6.47	5.97	6.09				2(10)	
12	JONES, Jordan	SO	King's (Pa.)	6.42m	FOUL	FOUL	6.42				2(11)	
13	CLARKE, Kivaleon	SO	King's (Pa.)	6.33m	5.97	6.21	6.33				1(2)	
14	PERRIELLO, Joseph	SO	Stevens	6.21m	6.21	4.45	PASS				1(3)	
15	ODEN, Phillip	SO	King's (Pa.)	6.09m	5.95	6.09	5.93				1(4)	
16	THOMAS, Joel	SO	Alvernia	6.00m	5.64	6.00	5.71				1(5)	
17	MOORE, Zac	SO	Stevenson	5.98m	5.89	5.90	5.98				2(12)	
18	SCOTT, Kedar	FR	Eastern	5.96m	5.72	5.66	5.96				1(6)	
19	COLLIER, Anthony	SO	FDU-Florham	5.91m	5.88	5.91	5.72				1(7)	
20	LECLAIR, Andrew	SO	Alvernia	5.87m	5.80	5.87	5.80				1(8)	
21	TIDWELL, Joshua	FR	Stevenson	5.83m	FOUL	FOUL	5.83				1(9)	
22	GAJEWSKI, Justin	JR	Stevens	5.73m	5.73	FOUL	FOUL				1(10)	
23	SANTANA-FERRO, Bruno	SO	Stevens	5.62m	5.62	5.59	5.46				1(11)	

#33 Men's Triple Jump

M	MAC Indoor Champ	15.12m	Matayo McGraw	Widener	2/28/2025	Tom & Helen
O	MAC Indoor Overall	15.62m	Matayo McGraw	Wideneer	2026	

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	MCGRAW, Matayo	JR	Widener	14.79m	FOUL	FOUL	14.79	PASS	PASS	PASS	2(1)	10
2	LEWIS, Jeric	SO	Eastern	14.25m	FOUL	14.25	FOUL	PASS	PASS	PASS	2(2)	8
3	MORDI, Jonathan	FR	Stevens	14.02m	14.02	13.87	FOUL	13.67	13.87	13.30	2(3)	6
4	JOHNSON, Taeshaun	SO	Arcadia	13.81m	13.77	13.78	13.81	13.25	FOUL	FOUL	2(4)	5
5	SIMAK, Weston	JR	DeSales	13.61m	FOUL	13.57	13.24	13.37	13.61	13.24	2(5)	4
6	GROSSMAN, Jacob	SR	Widener	13.55m	13.25	FOUL	13.26	13.55	13.10	13.42	2(6)	3
7	BUCK, Zion	SO	Messiah	13.42m	13.42	PASS	PASS	PASS	PASS	PASS	2(7)	2
8	MCCULLOUGH, Elijah	JR	Eastern	13.38m	FOUL	FOUL	13.38	FOUL	12.80	FOUL	2(8)	1
9	CLARKE, Kivaleon	SO	King's (Pa.)	13.36m	13.10	13.36	13.12	FOUL	FOUL	11.87	2(9)	
10	HOWARD, Zachary	JR	Eastern	12.87m	12.41	FOUL	12.87				2(10)	
11	THOMAS, Joel	SO	Alvernia	12.80m	12.80	12.26	FOUL				1(1)	

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#33 Men's Triple Jump (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
12	GEORGIADIS, Konstantinos	FR Stevens	12.75m	12.68	12.75	12.68				2(11)	
13	BROWN, Alex	SO Lebanon Vall	12.63m	12.20	12.63	12.27				1(2)	
14	SCOTT, Kedar	FR Eastern	12.63m	FOUL	FOUL	12.63				2(12)	
15	TIDWELL, Joshua	FR Stevenson	12.39m	FOUL	11.72	12.39				1(3)	
16	EFINGER, Connor	SO Stevens	12.37m	12.35	12.11	12.37				1(4)	
17	GAJEWSKI, Justin	JR Stevens	12.35m	FOUL	12.05	12.35				1(5)	
18	HARTER, Quinn	JR Alvernia	12.34m	FOUL	FOUL	12.34				1(6)	
19	THOMAS, Jalen	SO Stevenson	12.15m	12.15	12.06	12.05				1(7)	
20	DONOUGH, Evan	FR Lebanon Vall	11.83m	FOUL	11.49	11.83				1(8)	
21	DUNBAR, Joseph	FR Messiah	11.82m	11.82	11.78	11.70				1(9)	
22	MOORE, Zac	SO Stevenson	11.75m	FOUL	FOUL	11.75				1(10)	
23	BEAM, Jonathan	FR Delaware Vall	11.74m	11.74	FOUL	11.67				2(13)	
24	ABREU, Jaden	JR Arcadia	11.71m	11.71	FOUL	11.45				1(11)	
25	BROWN, Tajay	SR Lebanon Vall	11.39m	FOUL	11.39	FOUL				1(12)	
	JONES, Jordan	SO King's (Pa.)	NM	FOUL	FOUL	FOUL				1	
	HEIMANN, Luke	FR DeSales	NM	FOUL	PASS	PASS				1	
	TIMMONS, Julius	FR Alvernia	NM	PASS						2	

#31 Men's Shot Put

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
M	MAC Indoor Champ	17.52m	Fred Fulton			Messiah				2/23/2013	
O	MAC Indoor Overall	17.86m	Fred Fulton			Messiah				2013	
1	BOWMAN, Nathan	SO Messiah	16.27m	FOUL	15.38	15.22	15.66	14.67	16.27	2(1)	10
2	BROWN, Brayden	JR Misericordia	15.04m	13.75	14.79	15.02	14.42	14.28	15.04	2(2)	8
3	LECHTHALER, Ted	JR Messiah	14.72m	13.91	14.03	14.72	14.07	14.06	14.67	2(3)	6
4	MEDINA, Christian	FR Alvernia	14.66m	13.79	14.20	FOUL	13.95	14.66	14.01	2(4)	5
5	PERRY, Kane	FR Stevens	14.46m	13.15	13.95	14.28	FOUL	13.83	14.46	2(5)	4
6	BROWN, Evan	FR Delaware Vall	14.16m	FOUL	13.39	13.40	14.16	14.02	13.65	2(6)	3
7	BOSMA, Luke	JR Messiah	14.15m	11.72	14.15	14.14	12.78	FOUL	FOUL	2(7)	2
8	EVANICK, G. Aonghas	JR Lebanon Vall	14.04m	14.04	13.62	13.49	FOUL	13.33	13.36	2(8)	1
9	MANNING, Andrew	SO York (Pa.)	13.66m	13.05	13.66	12.89	13.10	13.15	12.81	2(9)	
10	GIHR, Stephen	SR Misericordia	13.29m	11.95	11.04	13.29				2(10)	
11	ROBBINS, Jeffrey	FR Eastern	13.21m	11.44	13.21	12.75				2(11)	
12	BORDOVSKY, Nick	JR York (Pa.)	13.20m	13.03	12.77	13.20				2(12)	
13	AMORETTI, John	FR DeSales	12.63m	FOUL	12.63	FOUL				1(1)	
14	BRYANT, Joseph	FR York (Pa.)	12.61m	FOUL	FOUL	12.61				2(13)	
15	AVALON, Elliott	SO Delaware Vall	12.50m	11.99	12.50	12.36				1(2)	
16	CHASE, Andrew	FR Misericordia	12.40m	12.05	12.30	12.40				2(14)	
17	HOLLAND, Jake	SO Messiah	12.29m	12.11	11.71	12.29				1(3)	
18	WHEELER, Robert	SO Lebanon Vall	12.28m	12.28	10.31	FOUL				1(4)	
19	FUHRMAN, David	SO Widener	12.14m	FOUL	10.83	12.14				1(5)	
20	KINSLEY, Cooper	SR Stevens	12.10m	11.73	11.59	12.10				1(6)	
21	SHARP, Grant	JR Alvernia	12.06m	11.49	12.06	FOUL				1(7)	
22	RUSSO, Anthony	SO Messiah	12.04m	FOUL	FOUL	12.04				1(8)	
23	TOLIVER, Tytus	SR FDU-Florham	12.02m	10.41	12.02	11.83				1(9)	
24	SCHWEITZER, David	SO York (Pa.)	11.96m	11.70	11.96	11.96				1(10)	

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#31 Men's Shot Put (cont'd)

PI	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
25	MARRERO, Christian		SO Eastern	11.81m	11.16	11.19	11.81				1(11)	
26	MATTEY, Daniel		SO King's (Pa.)	11.60m	11.60	11.08	11.22				1(12)	
	PARKER, Ayden		SO Eastern	NM	FOUL	FOUL	FOUL				1	

#12 Men's Weight Throw

M MAC Indoor Champ 19.42m Alex Kristeller Widener 2/24/2023 Tom & Helen
O MAC Indoor Overall 20.94m Nathan Williams Stevenson 2024 AARTFC

PI	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1	GIHR, Stephen		SR Misericordia	17.04m	15.83	16.70	15.74	16.68	17.04	16.79	3(1)	10
2	ROLLINSON, Aidan		SR York (Pa.)	16.97m	FOUL	16.51	FOUL	16.49	16.97	15.95	3(2)	8
3	MANNING, Andrew		SO York (Pa.)	16.72m	FOUL	15.75	16.72	FOUL	14.99	FOUL	3(3)	6
4	EVANICK, G. Aonghas		JR Lebanon Vall	16.38m	16.38	15.82	FOUL	15.85	FOUL	15.44	3(4)	5
5	LECHTHALER, Hoyt		SR Messiah	16.00m	15.65	15.04	15.92	16.00	15.26	15.68	3(5)	4
6	PERRY, Kane		FR Stevens	15.46m	14.81	15.32	FOUL	14.95	15.46	15.05	3(6)	3
7	FORBES, Alexander		JR York (Pa.)	15.33m	15.33	FOUL	14.20	FOUL	13.68	14.59	3(7)	2
8	WELLINGTON, Giovanni		SR DeSales	14.51m	14.51	FOUL	14.29	FOUL	12.72	13.94	3(8)	1
9	WILLIAMS, Kevin		FR Widener	14.45m	FOUL	13.18	14.45	14.05	FOUL	FOUL	3(9)	
10	KODACK, John		SR Widener	14.38m	14.38	14.11	14.30				3(10)	
11	KLINGER, Jordan		FR Lebanon Vall	14.35m	FOUL	FOUL	14.35				3(11)	
12	KINSLEY, Cooper		SR Stevens	13.95m	13.95	FOUL	FOUL				2(1)	
13	FUHRMAN, David		SO Widener	13.70m	13.70	FOUL	FOUL				2(2)	
14	VEGA, Emmanuel		SR Stevens	13.69m	12.88	13.14	13.69				2(3)	
15	EUDJA, Jonathan		SR DeSales	13.61m	13.61	FOUL	12.93				3(12)	
16	LINSENBIGLER, Beau		JR York (Pa.)	13.50m	13.50	12.74	13.41				2(4)	
17	RUTKOSKI, Brady		SO King's (Pa.)	13.47m	FOUL	13.41	13.47				2(5)	
18	BROWN, Ashton		FR Widener	13.39m	13.39	12.12	9.95				2(6)	
19	MARTINEZ, Jacob		SO King's (Pa.)	13.24m	13.12	FOUL	13.24				2(7)	
20	LEMONS, Aaron		SO Arcadia	13.12m	13.08	12.30	13.12				1(1)	
21	SHARP, Grant		JR Alvernia	13.10m	FOUL	13.10	FOUL				2(8)	
22	LECHTHALER, Ted		JR Messiah	12.91m	12.46	12.39	12.91				2(9)	
23	RODRIGUEZ, Ryan		FR DeSales	12.90m	12.90	11.56	12.22				2(10)	
24	ROBBINS, Jeffrey		FR Eastern	12.71m	12.68	12.71	12.67				1(2)	
25	PERDE, Gamaliel		FR Messiah	12.27m	12.01	11.21	12.27				2(11)	
26	SCHWEITZER, David		SO York (Pa.)	12.25m	12.25	FOUL	FOUL				1(3)	
27	MATTEY, Daniel		SO King's (Pa.)	12.23m	FOUL	12.23	11.98				1(4)	
28	COX, Lloyd		FR Stevenson	12.22m	12.22	11.92	12.18				1(5)	
29	ARNOLD, Aidan		FR Alvernia	12.06m	FOUL	FOUL	12.06				2(12)	
30	SCHNEIDER, Joseph		SO King's (Pa.)	12.05m	11.80	12.05	11.12				1(6)	
31	MOORE, Josiah		SO York (Pa.)	11.90m	11.60	11.74	11.90				1(7)	
32	ROCKEY, Shawn		SO Stevenson	11.76m	FOUL	11.76	11.06				1(8)	
33	CHASE, Andrew		FR Misericordia	11.51m	11.51	10.41	FOUL				1(9)	
34	HOLLAND, Jake		SO Messiah	11.46m	11.28	11.46	10.73				1(10)	
35	DIXON, Jeffrey		SR Eastern	10.96m	10.82	FOUL	10.96				1(11)	
36	COTE, Keaghan		JR Arcadia	10.41m	9.87	10.41	FOUL				1(12)	
	KOROMA, Foday		JR Eastern	NM	FOUL	FOUL	FOUL				3	

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#37 Men's Indoor Heptathlon

Pl	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
1	KIEFER, Brandon Stevens	4537	7.29	6.41m	11.74m	1.77m	9.63	4.20m	3:06.85
	Team Points: 10		782	677	591	602	613	673	599
2	MARTIN, Matthew York (Pa.)	4366	7.46	6.07m	11.70m	1.80m	9.68	3.70m	2:57.91
	Team Points: 8		726	602	588	627	603	535	685
3	MICHAJLUK, Graiso Lebanon Valley	4309	7.49	6.04m	12.14m	1.89m	9.76	3.70m	3:11.46
	Team Points: 6		716	595	615	705	587	535	556
4	MCGOVERN, Liam Messiah	4247	7.49	6.25m	10.50m	1.77m	9.38	3.50m	3:04.00
	Team Points: 5		716	641	516	602	664	482	626
5	COLYER, Jed Messiah	4063	7.49	5.98m	11.26m	1.68m	9.76	3.50m	3:06.05
	Team Points: 4		716	582	562	528	587	482	606
6	SKINNER, Donovan Eastern	4000	7.50	6.05m	8.73m	1.65m	9.05	3.40m	3:08.48
	Team Points: 3		713	597	410	504	735	457	584
7	CASTRONOVO, Jo DeSales	3998	7.30	6.60m	7.82m	1.80m	9.38	3.10m	3:21.12
	Team Points: 2		778	720	356	627	664	381	472
8	ADAMSON, Isaiah York (Pa.)	3979	7.17	6.21m	10.27m	1.83m	10.96	3.60m	3:19.54
	Team Points: 1		823	632	502	653	374	509	486
9	MALONE, Josh King's (Pa.)	3822	7.35	5.49m	9.27m	1.62m	8.96	2.90m	3:09.83
			762	479	442	480	755	333	571
10	GIBSON, Calvin Stevens	3810	7.74	6.22m	10.32m	1.65m	9.45	2.70m	3:07.50
			637	635	505	504	650	286	593
11	RUSH, Ethan Lebanon Valley	3710	7.72	5.55m	9.71m	1.65m	9.28	3.10m	3:13.63
			643	492	468	504	685	381	537
12	CLOIDT, Tyler DeSales	3218	7.71	5.79m	9.19m	1.56m	11.50	3.50m	3:32.20
			646	542	437	434	293	482	384
13	PEREZ, Marlon Lebanon Valley	3088	7.82	5.23m	11.04m	1.62m	10.59	NM	3:08.30
			613	427	548	480	435		585

#37-1 Men's Indoor Heptathlon 60 Meters

M	MAC Indoor Champ	6.83	Greenwood, Ni	Male	Eastern	3/1/2025	Tom & Helen
O	MAC Indoor Overall	6.81	Dereck Davis		Stevenson	2020	

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	ADAMSON, Isaiah		FR York (Pa.)	7.17		1(1)	823
2	KIEFER, Brandon		SR Stevens	7.29		1(2)	782

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#37-1 Men's Indoor Heptathlon 60 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
3	CASTRONOVO, Jonathan		SO DeSales	7.30		1(3)	778
4	MALONE, Josh		SO King's (Pa.)	7.35		1(4)	762
5	MARTIN, Matthew		SR York (Pa.)	7.46		1(5)	726
6	MICHAJLUK, Graison		JR Lebanon Valley	7.49	7.482	1(6)	716
7	COLYER, Jed		SO Messiah	7.49	7.484	2(1)	716
8	MCGOVERN, Liam		SR Messiah	7.49	7.485	1(7)	716
9	SKINNER, Donovan		JR Eastern	7.50		2(2)	713
10	CLOIDT, Tyler		FR DeSales	7.71		2(3)	646
11	RUSH, Ethan		SO Lebanon Valley	7.72		2(4)	643
12	GIBSON, Calvin		SO Stevens	7.74		2(5)	637
13	PEREZ, Marlon		FR Lebanon Valley	7.82		2(6)	613

Men's Indoor Heptathlon After 1 Events

Pl	Athlete	Yr	Team	Points
1	ADAMSON, Isaiah	FR	York (Pa.)	823
2	KIEFER, Brandon	SR	Stevens	782
3	CASTRONOVO, Jo	SO	DeSales	778
4	MALONE, Josh	SO	King's (Pa.)	762
5	MARTIN, Matthew	SR	York (Pa.)	726
6	MICHAJLUK, Graiso	JR	Lebanon Valley	716
6	COLYER, Jed	SO	Messiah	716
6	MCGOVERN, Liam	SR	Messiah	716
9	SKINNER, Donovan	JR	Eastern	713
10	CLOIDT, Tyler	FR	DeSales	646
11	RUSH, Ethan	SO	Lebanon Valley	643
12	GIBSON, Calvin	SO	Stevens	637
13	PEREZ, Marlon	FR	Lebanon Valley	613

#37-2 Men's Indoor Heptathlon Long Jump

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	CASTRONOVO, Jonathan		SO DeSales	6.60m	6.38	6.45	6.60				720
2	KIEFER, Brandon		SR Stevens	6.41m	6.13	6.41	6.37				677
3	MCGOVERN, Liam		SR Messiah	6.25m	FOUL	6.25	6.05				641
4	GIBSON, Calvin		SO Stevens	6.22m	FOUL	6.22	FOUL				635
5	ADAMSON, Isaiah		FR York (Pa.)	6.21m	5.78	6.02	6.21				632
6	MARTIN, Matthew		SR York (Pa.)	6.07m	6.07	5.69	6.03				602
7	SKINNER, Donovan		JR Eastern	6.05m	5.63	6.01	6.05				597
8	MICHAJLUK, Graison		JR Lebanon Vall	6.04m	5.86	6.04	5.84				595
9	COLYER, Jed		SO Messiah	5.98m	5.74	5.98	5.71				582
10	CLOIDT, Tyler		FR DeSales	5.79m	FOUL	5.79	FOUL				542
11	RUSH, Ethan		SO Lebanon Vall	5.55m	4.94	5.16	5.55				492
12	MALONE, Josh		SO King's (Pa.)	5.49m	5.32	5.49	FOUL				479
13	PEREZ, Marlon		FR Lebanon Vall	5.23m	5.19	5.11	5.23				427

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RESULTS**Men's Indoor Heptathlon After 2 Events**

Pl	Athlete	Yr	Team	Points
1	CASTRONOVO, Jo	SO	DeSales	1498
2	KIEFER, Brandon	SR	Stevens	1459
3	ADAMSON, Isaiah	FR	York (Pa.)	1455
4	MCGOVERN, Liam	SR	Messiah	1357
5	MARTIN, Matthew	SR	York (Pa.)	1328
6	MICHAJLUK, Graiso	JR	Lebanon Valley	1311
7	SKINNER, Donovan	JR	Eastern	1310
8	COLYER, Jed	SO	Messiah	1298
9	GIBSON, Calvin	SO	Stevens	1272
10	MALONE, Josh	SO	King's (Pa.)	1241
11	CLOIDT, Tyler	FR	DeSales	1188
12	RUSH, Ethan	SO	Lebanon Valley	1135
13	PEREZ, Marlon	FR	Lebanon Valley	1040

#37-3 Men's Indoor Heptathlon Shot Put

M	MAC Indoor Champ	17.52m	Fred Fulton	Messiah	2/23/2013
O	MAC Indoor Overall	17.86m	Fred Fulton	Messiah	2013

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MICHAJLUK, Graison	JR	Lebanon Vall	12.14m	FOUL	11.79	12.14				615
2	KIEFER, Brandon	SR	Stevens	11.74m	11.74	11.36	11.45				591
3	MARTIN, Matthew	SR	York (Pa.)	11.70m	11.13	11.70	11.36				588
4	COLYER, Jed	SO	Messiah	11.26m	11.04	11.00	11.26				562
5	PEREZ, Marlon	FR	Lebanon Vall	11.04m	10.50	11.04	10.80				548
6	MCGOVERN, Liam	SR	Messiah	10.50m	10.50	9.13	10.15				516
7	GIBSON, Calvin	SO	Stevens	10.32m	10.32	9.88	9.56				505
8	ADAMSON, Isaiah	FR	York (Pa.)	10.27m	9.70	8.81	10.27				502
9	RUSH, Ethan	SO	Lebanon Vall	9.71m	9.40	9.71	9.70				468
10	MALONE, Josh	SO	King's (Pa.)	9.27m	8.76	FOUL	9.27				442
11	CLOIDT, Tyler	FR	DeSales	9.19m	8.49	8.67	9.19				437
12	SKINNER, Donovan	JR	Eastern	8.73m	8.73	FOUL	7.92				410
13	CASTRONOVO, Jonathan	SO	DeSales	7.82m	FOUL	7.71	7.82				356

Men's Indoor Heptathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SR	Stevens	2050
2	ADAMSON, Isaiah	FR	York (Pa.)	1957
3	MICHAJLUK, Graiso	JR	Lebanon Valley	1926
4	MARTIN, Matthew	SR	York (Pa.)	1916
5	MCGOVERN, Liam	SR	Messiah	1873
6	COLYER, Jed	SO	Messiah	1860
7	CASTRONOVO, Jo	SO	DeSales	1854
8	GIBSON, Calvin	SO	Stevens	1777
9	SKINNER, Donovan	JR	Eastern	1720
10	MALONE, Josh	SO	King's (Pa.)	1683
11	CLOIDT, Tyler	FR	DeSales	1625
12	RUSH, Ethan	SO	Lebanon Valley	1603

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Men's Indoor Heptathlon After 3 Events (cont'd)

Pl	Athlete	Yr	Team	Points
13	PEREZ, Marlon	FR	Lebanon Valley	1588

#37-4 Men's Indoor Heptathlon High Jump

M	MAC Indoor Champ	2.07m	Valiant McKee	Widener	2/24/2018
O	MAC Indoor Overall	2.07m	Valiant McKee	Widener	2/29/2020

Pl	Name	Yr	Team	Mark	1.65	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	Pts
1	MICHAJLUK, Graison	JR	Lebanon Vall	1.89m	PPP	PPP	PPP	O	PPP	O	PPP	XXO	O	XXX	705
2	ADAMSON, Isaiah	FR	York (Pa.)	1.83m	PPP	O	PPP	XO	XO	XO	XO	XXX			653
3	MARTIN, Matthew	SR	York (Pa.)	1.80m	O	O	O	XO	O	O	XXX				627
4	CASTRONOVO, Jonathan	SO	DeSales	1.80m	O	PPP	O	XO	XXO	XO	XXX				627
5	MCGOVERN, Liam	SR	Messiah	1.77m	O	O	XXO	XXO	O	XXX					602
6	KIEFER, Brandon	SR	Stevens	1.77m	O	O	XXO	XO	XXO	XXX					602
7	COLYER, Jed	SO	Messiah	1.68m	O	O	XXX								528
8	GIBSON, Calvin	SO	Stevens	1.65m	O	XXX									504
9	RUSH, Ethan	SO	Lebanon Vall	1.65m	O	XXX									504
10	SKINNER, Donovan	JR	Eastern	1.65m	XO	XXX									504
11	MALONE, Josh	SO	King's (Pa.)	1.62m	XXX										480
12	PEREZ, Marlon	FR	Lebanon Vall	1.62m	XXX										480

Pl	Name	Yr	Team	Mark	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	Pts
2	ADAMSON, Isaiah	FR	York (Pa.)	(cont'd)	PPP	O	653						
3	MARTIN, Matthew	SR	York (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	XO	O	O	627
5	MCGOVERN, Liam	SR	Messiah	(cont'd)	PPP	O	602						
7	COLYER, Jed	SO	Messiah	(cont'd)	PPP	PPP	O	PPP	O	O	O	XO	528
8	GIBSON, Calvin	SO	Stevens	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	XO	O	504
9	RUSH, Ethan	SO	Lebanon Vall	(cont'd)	PPP	PPP	O	PPP	O	O	O	XXO	504
10	SKINNER, Donovan	JR	Eastern	(cont'd)	PPP	PPP	XO	PPP	O	O	O	O	504
11	MALONE, Josh	SO	King's (Pa.)	1.62m	PPP	PPP	PPP	PPP	XO	O	O	O	480
12	PEREZ, Marlon	FR	Lebanon Vall	1.62m	PPP	O	O	XO	O	XO	O	XO	480
13	CLOIDT, Tyler	FR	DeSales	1.56m	O	O	O	XXO	O	XO	XXX		434

Men's Indoor Heptathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SR	Stevens	2652
2	MICHAJLUK, Graiso	JR	Lebanon Valley	2631
3	ADAMSON, Isaiah	FR	York (Pa.)	2610
4	MARTIN, Matthew	SR	York (Pa.)	2543
5	CASTRONOVO, Jo	SO	DeSales	2481
6	MCGOVERN, Liam	SR	Messiah	2475
7	COLYER, Jed	SO	Messiah	2388
8	GIBSON, Calvin	SO	Stevens	2281
9	SKINNER, Donovan	JR	Eastern	2224
10	MALONE, Josh	SO	King's (Pa.)	2163
11	RUSH, Ethan	SO	Lebanon Valley	2107
12	PEREZ, Marlon	FR	Lebanon Valley	2068
13	CLOIDT, Tyler	FR	DeSales	2059

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#37-5 Men's Indoor Heptathlon 60m Hurdles

M MAC Indoor Champ 8.22 Owen Buhr Lebanon Valley 2/26/2022 Tom & Helen
O MAC Indoor Overall 8.19 Jerome Duncan Lebanon Valley 2012

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	MALONE, Josh		SO King's (Pa.)	8.96		1(1)	755
2	SKINNER, Donovan		JR Eastern	9.05		1(2)	735
3	RUSH, Ethan		SO Lebanon Valley	9.28		2(1)	685
4	CASTRONOVO, Jonathan		SO DeSales	9.38	9.371	2(2)	664
5	MCGOVERN, Liam		SR Messiah	9.38	9.379	1(3)	664
6	GIBSON, Calvin		SO Stevens	9.45		2(3)	650
7	KIEFER, Brandon		SR Stevens	9.63		1(4)	613
8	MARTIN, Matthew		SR York (Pa.)	9.68		2(4)	603
9	MICHAJLUK, Graison		JR Lebanon Valley	9.76	9.755	3(1)	587
10	COLYER, Jed		SO Messiah	9.76	9.758	3(2)	587
11	PEREZ, Marlon		FR Lebanon Valley	10.59		3(3)	435
12	ADAMSON, Isaiah		FR York (Pa.)	10.96		4(1)	374
13	CLOIDT, Tyler		FR DeSales	11.50		4(2)	293

Men's Indoor Heptathlon After 5 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SR	Stevens	3265
2	MICHAJLUK, Graiso	JR	Lebanon Valley	3218
3	MARTIN, Matthew	SR	York (Pa.)	3146
4	CASTRONOVO, Jo	SO	DeSales	3145
5	MCGOVERN, Liam	SR	Messiah	3139
6	ADAMSON, Isaiah	FR	York (Pa.)	2984
7	COLYER, Jed	SO	Messiah	2975
8	SKINNER, Donovan	JR	Eastern	2959
9	GIBSON, Calvin	SO	Stevens	2931
10	MALONE, Josh	SO	King's (Pa.)	2918
11	RUSH, Ethan	SO	Lebanon Valley	2792
12	PEREZ, Marlon	FR	Lebanon Valley	2503
13	CLOIDT, Tyler	FR	DeSales	2352

#37-6 Men's Indoor Heptathlon Pole Vault

M MAC Indoor Champ 5.13m Tim Moses Messiah 2/27/2016
O MAC Indoor Overall 5.25m Tim Moses Messiah 2015

Pl	Name	Yr	Team	Mark	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	Pts
1	KIEFER, Brandon		SR Stevens	4.20m	PPP	PPP	O	PPP	O	XXO	XXO	O	O	XXX	673
2	MICHAJLUK, Graison		JR Lebanon Vall	3.70m	O	O	XXO	O	XXX						535
3	MARTIN, Matthew		SR York (Pa.)	3.70m	O	PPP	XO	XXO	XXX						535
4	ADAMSON, Isaiah		FR York (Pa.)	3.60m	PPP	PPP	XO	PPP	PPP	XXX					509
5	CLOIDT, Tyler		FR DeSales	3.50m	O	O	XXX								482
6	COLYER, Jed		SO Messiah	3.50m	O	XO	XXX								482
7	MCGOVERN, Liam		SR Messiah	3.50m	XXO	XXO	XXX								482
8	SKINNER, Donovan		JR Eastern	3.40m	O	XXX									457
Pl	Name	Yr	Team	Mark	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	Pts
2	MICHAJLUK, Graison		JR Lebanon Vall	(cont'd)	PPP	PPP	PPP	PPP	O	PPP	O	O	O	O	535

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#37-6 Men's Indoor Heptathlon Pole Vault (cont'd)

3	MARTIN, Matthew	SR York (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	PPP	535
5	CLOIDT, Tyler	FR DeSales	(cont'd)	PPP	O	O	O	482						
6	COLYER, Jed	SO Messiah	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	PPP	O	482
7	MCGOVERN, Liam	SR Messiah	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	PPP	O	PPP	O	482
8	SKINNER, Donovan	JR Eastern	(cont'd)	PPP	O	PPP	O	PPP	O	XO	O	O	O	457
9	RUSH, Ethan	SO Lebanon Vall	3.10m	PPP	O	PPP	O	PPP	O	O	XO	XXX		381
10	CASTRONOVO, Jonathan	SO DeSales	3.10m	PPP	PPP	XO	O	O	O	XO	XO	XXX		381
11	MALONE, Josh	SO King's (Pa.)	2.90m	PPP	PPP	PPP	XO	XO	O		XXX			333
12	GIBSON, Calvin	SO Stevens	2.70m	PPP	PPP	O	XO	XXX						286

PI	Name	Yr Team	Mark	2.30	Pts
5	CLOIDT, Tyler	FR DeSales	(cont'd)	O	482
10	CASTRONOVO, Jonathan	SO DeSales	(cont'd)	XO	381
	PEREZ, Marlon	FR Lebanon Vall	NM	XXX	

Men's Indoor Heptathlon After 6 Events

PI	Athlete	Yr Team	Points
1	KIEFER, Brandon	SR Stevens	3938
2	MICHAJLUK, Graiso	JR Lebanon Valley	3753
3	MARTIN, Matthew	SR York (Pa.)	3681
4	MCGOVERN, Liam	SR Messiah	3621
5	CASTRONOVO, Jo	SO DeSales	3526
6	ADAMSON, Isaiah	FR York (Pa.)	3493
7	COLYER, Jed	SO Messiah	3457
8	SKINNER, Donovan	JR Eastern	3416
9	MALONE, Josh	SO King's (Pa.)	3251
10	GIBSON, Calvin	SO Stevens	3217
11	RUSH, Ethan	SO Lebanon Valley	3173
12	CLOIDT, Tyler	FR DeSales	2834
13	PEREZ, Marlon	FR Lebanon Valley	2503

#37-7 Men's Indoor Heptathlon 1000 Meters

PI	Name	Yr Team	Time	Note	Pts
1	MARTIN, Matthew	SR York (Pa.)	2:57.91		685
			35.62	37.48 (1:13.10)	
			38.36 (1:51.45)	35.38 (2:26.83)	
				31.09 (2:57.91)	
2	MCGOVERN, Liam	SR Messiah	3:04.00		626
			37.09	36.31 (1:13.40)	
				37.71 (1:51.10)	
				36.58 (2:27.68)	
				36.32 (3:04.00)	
3	COLYER, Jed	SO Messiah	3:06.05		606
			37.40	37.29 (1:14.68)	
				38.55 (1:53.23)	
				37.65 (2:30.88)	
				35.18 (3:06.05)	
4	KIEFER, Brandon	SR Stevens	3:06.85		599
			36.56	38.02 (1:14.57)	
				39.93 (1:54.50)	
				39.38 (2:33.88)	
				32.98 (3:06.85)	
5	GIBSON, Calvin	SO Stevens	3:07.50		593
			32.64	37.02 (1:09.66)	
				39.49 (1:49.15)	
				40.70 (2:29.84)	
				37.66 (3:07.50)	
6	PEREZ, Marlon	FR Lebanon Valley	3:08.30		585
			35.18	38.86 (1:14.04)	
				39.94 (1:53.98)	
				39.38 (2:33.35)	
				34.95 (3:08.30)	
7	SKINNER, Donovan	JR Eastern	3:08.48		584
			35.72	38.20 (1:13.91)	
				39.37 (1:53.28)	
				40.14 (2:33.42)	
				35.06 (3:08.48)	
8	MALONE, Josh	SO King's (Pa.)	3:09.83		571

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RESULTS**#37-7 Men's Indoor Heptathlon 1000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
	35.95	38.28 (1:14.23)	39.36 (1:53.59)	39.48 (2:33.06)	36.77 (3:09.83)	
9	MICHAJLUK, Graison		JR Lebanon Valley	3:11.46		556
	38.52	39.07 (1:17.58)	40.08 (1:57.65)	39.43 (2:37.08)	34.39 (3:11.46)	
10	RUSH, Ethan		SO Lebanon Valley	3:13.63		537
	38.64	39.43 (1:18.07)	40.02 (1:58.08)	39.49 (2:37.57)	36.06 (3:13.63)	
11	ADAMSON, Isaiah		FR York (Pa.)	3:19.54		486
	39.60	39.53 (1:19.13)	40.05 (1:59.18)	41.47 (2:40.64)	38.90 (3:19.54)	
12	CASTRONOVO, Jonathan		SO DeSales	3:21.12		472
	40.37	41.52 (1:21.89)	41.41 (2:03.29)	41.98 (2:45.27)	35.86 (3:21.12)	
13	CLOIDT, Tyler		FR DeSales	3:32.20		384
	39.41	40.42 (1:19.83)	42.84 (2:02.66)	45.25 (2:47.91)	44.30 (3:32.20)	

Men's Indoor Heptathlon After 7 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SR	Stevens	4537
2	MARTIN, Matthew	SR	York (Pa.)	4366
3	MICHAJLUK, Graiso	JR	Lebanon Valley	4309
4	MCGOVERN, Liam	SR	Messiah	4247
5	COLYER, Jed	SO	Messiah	4063
6	SKINNER, Donovan	JR	Eastern	4000
7	CASTRONOVO, Jo	SO	DeSales	3998
8	ADAMSON, Isaiah	FR	York (Pa.)	3979
9	MALONE, Josh	SO	King's (Pa.)	3822
10	GIBSON, Calvin	SO	Stevens	3810
11	RUSH, Ethan	SO	Lebanon Valley	3710
12	CLOIDT, Tyler	FR	DeSales	3218
13	PEREZ, Marlon	FR	Lebanon Valley	3088

#6 Women's 60 Meters

M	MAC Indoor Champ	7.63	Maria Muzzarelli	Widener	2/23/2024	Tom & Helen
M	MAC Indoor Champ	7.63	Oniesha Clarke	Misericordia	2/25/2017	
O	MAC Indoor Overall	7.63	Oniesha Clark	Misericordia	2017	
O	MAC Indoor Overall	7.63	Maria Muzzarelli	Widener	2/23/2024	Tom & Helen

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	NUSE, Angela		JR York (Pa.)	7.90		10
2	NUGENT, Sadie		FR Arcadia	7.97		8
3	MATTER, Ava		SO Lebanon Valley	7.99		6
4	SNOWDEN, Ziraya		FR Widener	8.04		5
5	GORE, Jayla		SR Widener	8.07		4
6	WELTER, Gabby		FR Lebanon Valley	8.08		3
7	SIGNORELLA, Brooke		SO DeSales	8.13		2
8	FOWLER, Dallas		SO Stevenson	8.16		1

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	NUGENT, Sadie		FR Arcadia	7.95q		4(1)

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RESULTS**#6 Women's 60 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
2	NUSE, Angela	JR	York (Pa.)	7.96Q		2(1)
3	MATTER, Ava	SO	Lebanon Valley	7.97Q		1(1)
4	GORE, Jayla	SR	Widener	8.04Q		3(1)
5	FOWLER, Dallas	SO	Stevenson	8.08q		1(2)
6	WELTER, Gabby	FR	Lebanon Valley	8.09q		3(2)
7	SIGNORELLA, Brooke	SO	DeSales	8.11q		3(3)
8	SNOWDEN, Ziraya	FR	Widener	8.12q		2(2)
9	BUTCHER, Ali	FR	King's (Pa.)	8.17		2(3)
10	SIMMONS, Tirzah	FR	Widener	8.20		4(2)
11	HEFFNER, Kaliyah	FR	Stevenson	8.22		4(3)
12	GRUENWALD, Arwyn	SR	Messiah	8.24		2(4)
13	GEORGE, Tyana	FR	York (Pa.)	8.29		4(4)
14	JONES, Emma Mae	SR	Arcadia	8.30	8.291	4(5)
15	CARRIER, Ashley	SO	DeSales	8.30	8.296	1(3)
16	KRONIMUS, Julia	FR	Arcadia	8.32		1(4)
17	LOPEZ, Juliana	SO	York (Pa.)	8.43		3(4)
18	GARLICK, Meaghan	FR	DeSales	8.44		2(5)
19	FENDERSON, Brianna	SO	FDU-Florham	8.45		4(6)
20	KOVATCH, Caitlyn	FR	Lebanon Valley	8.48		3(5)
21	HOPE, Sarah	FR	DeSales	8.49		2(6)
22	KEPLER, Hannah	SR	Stevenson	8.50		1(5)
23	MAJETT, Desirae	SO	Eastern	8.51	8.505	4(7)
24	STEPHENS, Destiny	JR	Stevenson	8.51	8.509	1(6)
25	AGNEW, Paige	SO	Arcadia	8.61		3(6)

#23 Women's 200 Meters

M	MAC Indoor Champ	24.96	Mathews, Laura	Stevens	2/23/2024	Tom & Helen
O	MAC Indoor Overall	24.22	Laura Mathews	Stevens	2024	NCAA Finals

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	MATTER, Ava	SO	Lebanon Valley	26.11		4(1)	10
2	BURKE, Bianca	SR	FDU-Florham	26.43		3(1)	8
3	KREVEY, Emily	SO	Misericordia	26.51		2(1)	6
4	NUGENT, Sadie	FR	Arcadia	26.58		4(2)	5
5	SHANLEY, Isabella	JR	Stevens	27.05		3(2)	4
6	SIMMONS, Zahara	SO	Widener	27.09		1(1)	3
7	GRUENWALD, Arwyn	SR	Messiah	27.11		2(2)	2
8	BUTCHER, Ali	FR	King's (Pa.)	27.18		4(3)	1
9	DREW, De'Nair	SO	Eastern	27.19		1(2)	
10	FOWLER, Dallas	SO	Stevenson	27.31		1(3)	
11	SNOWDEN, Ziraya	FR	Widener	27.35		3(3)	
12	BATISTA, Trinity	FR	York (Pa.)	27.45		2(3)	
13	HEFFNER, Kaliyah	FR	Stevenson	27.59		4(4)	
14	THOMAS, Erica	JR	Widener	27.63		2(4)	
15	KRONIMUS, Julia	FR	Arcadia	27.79		3(4)	
16	GREENE, Zion	FR	Eastern	27.83		3(5)	

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RESULTS**#23 Women's 200 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
17	SIMMONS, Tirzah	FR	Widener	27.98		1(4)	
18	JONES, Emma Mae	SR	Arcadia	28.04		4(5)	

#19 Women's 400 Meters

M	MAC Indoor Champ	57.49	Gina Dello Russo	Stevens Institute of	2/29/2020		
O	MAC Indoor Overall	56.79	Gina Dello Russo	Stevens	2020		"Banked"

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	BURKE, Bianca	SR	FDU-Florham	58.79		4(1)	10
2	BUTCHER, Ava	JR	King's (Pa.)	58.87		3(1)	8
3	SHANLEY, Isabella	JR	Stevens	58.97		4(2)	6
4	KREVEY, Emily	SO	Misericordia	59.40		2(1)	5
5	WISCOUNT, Kay	SO	DeSales	59.64		3(2)	4
6	SMITH, Katherine	SO	King's (Pa.)	1:01.36		1(1)	3
7	ALLEY, Lauren	SO	Stevens	1:01.63		2(2)	2
8	FORNWALT, Megan	FR	DeSales	1:02.00		1(2)	1
9	EAST, Emma	JR	Delaware Valley	1:02.31		4(3)	
10	DOYLE, Cara	SO	Misericordia	1:02.56		4(4)	
11	LATONA, Ava	FR	Delaware Valley	1:03.05		3(3)	
12	WILLIAMS, Camille	FR	York (Pa.)	1:03.38		3(4)	
13	KOLIMAGA, Alyssa	JR	Widener	1:04.22		2(3)	
14	ASHCRAFT, Veronica	FR	Widener	1:05.19		1(3)	
15	FOX, Katelyn	FR	Widener	1:06.08		2(4)	
16	ALYSSA, Devita	SR	Albright	1:07.25		1(4)	

#21 Women's 800 Meters

M	MAC Indoor Champ	2:11.80	Esther Seeland	Messiah	2/25/2022	Tom & Helen
O	MAC Indoor Overall	2:05.39	Esther Seeland	Messiah	2022	NCAA DIII Record

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	WISCOUNT, Kay	SO	DeSales	2:16.34		2(1)	10
				34.28	34.57 (1:08.85)	33.88 (1:42.72)	33.62 (2:16.34)
2	PINEDA, Elana	SO	Messiah	2:19.49		2(2)	8
				34.60	34.48 (1:09.08)	34.54 (1:43.62)	35.88 (2:19.49)
3	MORNINGSTAR, Grace	JR	Misericordia	2:20.91		2(3)	6
				35.30	33.41 (1:08.71)	34.82 (1:43.52)	37.39 (2:20.91)
4	LEBO, Kerrigan	SR	Messiah	2:20.98		2(4)	5
				35.58	34.68 (1:10.26)	35.32 (1:45.58)	35.41 (2:20.98)
5	GARGES, Autumn	SR	Lebanon Valley	2:22.34		2(5)	4
				35.74	34.37 (1:10.11)	36.14 (1:46.25)	36.10 (2:22.34)
6	VOGEL, Isabel	SR	Stevens	2:22.52		1(1)	3
				34.96	35.80 (1:10.76)	36.98 (1:47.73)	34.80 (2:22.52)
7	SADOWSKI, Anya	SO	Stevens	2:22.65		2(6)	2
				36.16	34.54 (1:10.69)	36.52 (1:47.21)	35.44 (2:22.65)
8	KAPCSOS, Sierra	SR	Lebanon Valley	2:22.93		2(7)	1
				35.90	34.44 (1:10.34)	36.17 (1:46.51)	36.43 (2:22.93)
9	JERRAHIAN, Paige	JR	Alvernia	2:23.19		1(2)	
				34.54	34.87 (1:09.41)	37.23 (1:46.63)	36.56 (2:23.19)

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Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
10	TENNEY, Isabel		JR York (Pa.)	2:24.39		1(3)	
	34.36	34.77 (1:09.13)	37.23 (1:46.36)	38.04 (2:24.39)			
11	CURNOW, Grace		SR Arcadia	2:26.18		2(8)	
	33.70	35.30 (1:09.00)	37.73 (1:46.72)	39.46 (2:26.18)			
12	ENES, Taylor		SR Stevens	2:27.81		1(4)	
	34.80	35.76 (1:10.55)	38.16 (1:48.71)	39.10 (2:27.81)			
13	ENGLER, Jacqueline		SR Arcadia	2:28.38		1(5)	
	34.66	35.13 (1:09.79)	38.59 (1:48.37)	40.01 (2:28.38)			
14	ARNOLD, Lily		FR York (Pa.)	2:28.44		1(6)	
	36.00	35.41 (1:11.40)	37.60 (1:49.00)	39.44 (2:28.44)			
15	REIDENBAUGH, Kayla		SO York (Pa.)	2:30.64		1(7)	
	35.70	35.81 (1:11.50)	39.01 (1:50.50)	40.14 (2:30.64)			
16	BLAKER, Sierra		FR York (Pa.)	2:34.27		1(8)	
	35.93	36.12 (1:12.04)	39.62 (1:51.66)	42.62 (2:34.27)			
17	WIKER, Kenzee		FR Messiah	2:38.06		1(9)	
	33.07	35.97 (1:09.04)	42.27 (1:51.31)	46.76 (2:38.06)			

#17 Women's 1 Mile Run

M MAC Indoor Champ 5:01.06 Esther Seeland Messiah 2/23/2019
 O MAC Indoor Overall 4:52.25 Esther Seeland Messiah 2022

Pl	Name	Yr	Team	Time	Note	Pts
1	NYE, Gabriella		SR Widener	MR 4:57.07		10
	36.36	36.17 (1:12.53)	38.35 (1:50.87)	37.91 (2:28.78)	37.70 (3:06.48)	37.58 (3:44.05)
	36.46 (4:20.51)	36.57 (4:57.07)				
2	HEDGLIN, Madison		FR Misericordia	5:01.35		8
	36.64	36.16 (1:12.80)	38.29 (1:51.09)	38.08 (2:29.17)	37.74 (3:06.91)	38.47 (3:45.38)
	38.55 (4:23.93)	37.43 (5:01.35)				
3	GARGES, Autumn		SR Lebanon Valley	5:08.87		6
	37.24	37.44 (1:14.68)	37.90 (1:52.58)	38.24 (2:30.81)	38.36 (3:09.17)	39.15 (3:48.32)
	40.19 (4:28.51)	40.37 (5:08.87)				
4	GOLEMBIEWSKI, Lorelei		SO Widener	5:10.66		5
	38.04	37.75 (1:15.78)	37.72 (1:53.50)	38.82 (2:32.31)	39.67 (3:11.98)	41.19 (3:53.17)
	40.59 (4:33.76)	36.91 (5:10.66)				
5	KAMMER, Madison		SR Misericordia	5:11.93		4
	38.12	37.34 (1:15.45)	37.43 (1:52.88)	38.11 (2:30.99)	38.99 (3:09.97)	40.83 (3:50.80)
	41.50 (4:32.30)	39.64 (5:11.93)				
6	HUNT, Abigail		SR Lebanon Valley	5:13.26		3
	38.30	39.01 (1:17.30)	40.35 (1:57.65)	40.10 (2:37.74)	41.11 (3:18.84)	40.54 (3:59.38)
	38.94 (4:38.31)	34.96 (5:13.26)				
7	KIMMEL, Madison		JR Messiah	5:17.16		2
	41.28	38.78 (1:20.06)	39.91 (1:59.97)	39.67 (2:39.63)	39.29 (3:18.92)	40.21 (3:59.12)
	39.32 (4:38.44)	38.72 (5:17.16)				
8	GABAY, Isabella		SO Stevens	5:17.75		1
	40.63	36.97 (1:17.60)	39.55 (1:57.14)	40.09 (2:37.23)	41.78 (3:19.00)	41.11 (4:00.11)
	39.31 (4:39.41)	38.34 (5:17.75)				
9	FRABLE, Brielle		FR Misericordia	5:21.41		

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#17 Women's 1 Mile Run (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
	40.60	38.48 (1:19.07)	39.91 (1:58.98)	40.09 (2:39.06)	40.25 (3:19.31)	40.60 (3:59.90)
	39.83 (4:39.72)	41.69 (5:21.41)				
10	WIKER, Kenzee	FR	Messiah	5:31.40		
	41.17	39.03 (1:20.19)	40.09 (2:00.28)	40.63 (2:40.91)	42.33 (3:23.23)	43.36 (4:06.59)
	42.97 (4:49.55)	41.85 (5:31.40)				
11	MCDONOUGH, Addison	FR	Misericordia	5:33.03		
	40.91	38.47 (1:19.38)	39.91 (1:59.29)	40.17 (2:39.45)	43.01 (3:22.45)	43.90 (4:06.34)
	45.20 (4:51.54)	41.49 (5:33.03)				
12	BENDER, Madeline	SO	Stevens	5:45.00		
	41.40	38.94 (1:20.34)	40.17 (2:00.51)	40.95 (2:41.45)	44.04 (3:25.49)	45.89 (4:11.37)
	46.73 (4:58.10)	46.91 (5:45.00)				

#25 Women's 3000 Meters

M	MAC Indoor Champ	10:02.53	Veronica Wheeler	DeSales	2/24/2018	
O	MAC Indoor Overall	9:47.41	Esther Seeland	Messiah	2022	NCAA 7th Place
Pl	Name	Yr	Team	Time	Note	H(Pl) Pts
1	NYE, Gabriella	SR	Widener	MR 9:54.29		2(1) 10
	38.80	41.08 (1:19.87)	40.79 (2:00.66)	40.53 (2:41.18)	41.01 (3:22.19)	40.71 (4:02.89)
	41.08 (4:43.97)	41.19 (5:25.16)	41.28 (6:06.44)	41.31 (6:47.75)	39.32 (7:27.07)	38.10 (8:05.16)
	37.77 (8:42.92)	37.97 (9:20.89)	33.41 (9:54.29)			
2	KOZICH, Ellie	SO	DeSales	10:06.41		2(2) 8
	40.29	40.18 (1:20.46)	40.23 (2:00.69)	40.52 (2:41.20)	40.89 (3:22.09)	40.67 (4:02.75)
	41.09 (4:43.84)	41.21 (5:25.04)	41.19 (6:06.22)	41.23 (6:47.45)	40.02 (7:27.46)	39.51 (8:06.97)
	39.66 (8:46.63)	40.13 (9:26.76)	39.65 (10:06.41)			
3	HEDGLIN, Madison	FR	Misericordia	10:10.98		2(3) 6
	38.49	41.07 (1:19.55)	40.85 (2:00.40)	40.56 (2:40.96)	40.97 (3:21.92)	40.73 (4:02.64)
	41.06 (4:43.70)	41.19 (5:24.88)	41.31 (6:06.18)	41.34 (6:47.52)	40.30 (7:27.81)	40.83 (8:08.64)
	41.24 (8:49.87)	40.57 (9:30.43)	40.55 (10:10.98)			
4	LONG, Kathryn	SR	Widener	10:17.30		2(4) 5
	39.47	41.61 (1:21.08)	40.11 (2:01.18)	41.20 (2:42.38)	40.85 (3:23.23)	40.70 (4:03.92)
	40.98 (4:44.90)	40.59 (5:25.48)	41.44 (6:06.92)	41.55 (6:48.47)	42.01 (7:30.47)	42.05 (8:12.52)
	42.34 (8:54.86)	42.40 (9:37.26)	40.05 (10:17.30)			
5	GOLEMBIEWSKI, Lorelei	SO	Widener	10:20.50		2(5) 4
	40.89	41.67 (1:22.55)	42.12 (2:04.67)	41.49 (2:46.16)	42.05 (3:28.20)	43.46 (4:11.66)
	42.58 (4:54.24)	41.90 (5:36.13)	42.04 (6:18.17)	42.60 (7:00.77)	41.43 (7:42.19)	40.92 (8:23.10)
	40.54 (9:03.64)	39.68 (9:43.32)	37.19 (10:20.50)			
6	TURK, Delaney	SO	Messiah	10:27.13		2(6) 3
	40.90	41.39 (1:22.29)	42.11 (2:04.40)	41.67 (2:46.07)	42.48 (3:28.55)	42.78 (4:11.32)
	42.52 (4:53.83)	42.22 (5:36.04)	42.23 (6:18.27)	41.98 (7:00.25)	42.75 (7:42.99)	41.96 (8:24.95)
	41.70 (9:06.65)	41.20 (9:47.84)	39.29 (10:27.13)			
7	NOY, Aylene	SR	Hood	10:29.29		2(7) 2
	39.68	41.60 (1:21.28)	41.79 (2:03.07)	42.96 (2:46.02)	42.15 (3:28.17)	43.44 (4:11.61)
	42.81 (4:54.42)	42.02 (5:36.43)	42.12 (6:18.55)	42.06 (7:00.60)	42.00 (7:42.60)	41.36 (8:23.96)
	41.58 (9:05.54)	42.72 (9:48.26)	41.04 (10:29.29)			
8	KAMMER, Madison	SR	Misericordia	10:38.63		2(8) 1

**2026 MIDDLE ATLANTIC CONFERENCE INDOOR
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RESULTS**#25 Women's 3000 Meters (cont'd)**

Pl	Name		Yr	Team	Time	Note	H(Pl)	Pts	
		39.96			41.43 (1:21.39)	41.78 (2:03.16)	42.64 (2:45.80)	42.08 (3:27.87)	42.95 (4:10.82)
		42.75 (4:53.57)			42.15 (5:35.71)	42.18 (6:17.89)	43.12 (7:01.01)	43.19 (7:44.19)	43.59 (8:27.78)
		44.37 (9:12.14)			44.38 (9:56.52)	42.11 (10:38.63)			
9	BARTHOLOMEW, Coyla			SR Lebanon Valley	10:40.20		2(9)		
		39.35			41.66 (1:21.01)	41.79 (2:02.79)	42.97 (2:45.75)	42.00 (3:27.75)	43.64 (4:11.38)
		43.50 (4:54.88)			43.20 (5:38.07)	43.92 (6:21.99)	44.11 (7:06.10)	44.09 (7:50.18)	44.83 (8:35.00)
		44.67 (9:19.67)			42.82 (10:02.49)	37.71 (10:40.20)			
10	ADAMS, Kaitlyn			JR Stevens	10:41.98		2(10)		
		41.15			42.11 (1:23.25)	42.85 (2:06.10)	42.28 (2:48.37)	43.11 (3:31.47)	43.80 (4:15.27)
		44.32 (4:59.58)			44.13 (5:43.70)	44.00 (6:27.70)	43.63 (7:11.33)	44.11 (7:55.43)	43.92 (8:39.35)
		43.55 (9:22.89)			42.88 (10:05.76)	36.22 (10:41.98)			
11	SWAYNE, Ella			JR Messiah	10:44.71		2(11)		
		41.63			41.93 (1:23.55)	42.84 (2:06.39)	42.33 (2:48.71)	43.07 (3:31.78)	43.76 (4:15.54)
		44.30 (4:59.84)			44.09 (5:43.92)	43.38 (6:27.29)	43.76 (7:11.05)	44.03 (7:55.08)	43.97 (8:39.05)
		43.59 (9:22.63)			42.93 (10:05.55)	39.16 (10:44.71)			
12	KURTZ, Charlee			JR Lebanon Valley	10:53.57		2(12)		
		42.13			41.86 (1:23.99)	43.09 (2:07.08)	43.41 (2:50.48)	43.39 (3:33.87)	43.21 (4:17.07)
		43.95 (5:01.01)			44.33 (5:45.34)	44.46 (6:29.80)	44.37 (7:14.16)	44.11 (7:58.27)	44.92 (8:43.19)
		44.93 (9:28.11)			44.03 (10:12.14)	41.44 (10:53.57)			
13	BURT, Cassandra			FR Misericordia	10:57.52		2(13)		
		41.18			41.95 (1:23.13)	42.46 (2:05.58)	42.13 (2:47.71)	43.46 (3:31.17)	43.85 (4:15.01)
		44.35 (4:59.35)			44.27 (5:43.62)	44.85 (6:28.47)	45.06 (7:13.52)	45.81 (7:59.32)	46.02 (8:45.33)
		45.92 (9:31.25)			45.50 (10:16.75)	40.78 (10:57.52)			
14	WEAVER, Maren			SO Arcadia	11:00.76		1(1)		
		41.23			42.60 (1:23.83)	44.67 (2:08.49)	44.47 (2:52.95)	45.27 (3:38.22)	44.64 (4:22.86)
		45.50 (5:08.35)			45.24 (5:53.58)	44.85 (6:38.43)	44.88 (7:23.31)	45.03 (8:08.33)	44.51 (8:52.84)
		45.00 (9:37.84)			43.56 (10:21.39)	39.37 (11:00.76)			
15	BATTERSBY, Emmie			FR Messiah	11:01.06		1(2)		
		42.38			44.23 (1:26.60)	45.23 (2:11.83)	44.26 (2:56.08)	44.43 (3:40.51)	44.84 (4:25.34)
		44.70 (5:10.03)			44.87 (5:54.90)	44.50 (6:39.40)	44.47 (7:23.86)	44.85 (8:08.71)	44.55 (8:53.26)
		44.69 (9:37.94)			43.74 (10:21.68)	39.39 (11:01.06)			
16	BITLER, Ashley			FR Eastern	11:05.15		2(14)		
		40.86			42.14 (1:22.99)	43.85 (2:06.84)	43.41 (2:50.25)	43.87 (3:34.12)	43.88 (4:17.99)
		44.60 (5:02.58)			44.75 (5:47.33)	44.89 (6:32.22)	45.86 (7:18.07)	46.43 (8:04.50)	46.21 (8:50.70)
		45.65 (9:36.35)			45.15 (10:21.49)	43.66 (11:05.15)			
17	CAREY, Maya			FR Hood	11:05.49		1(3)		
		41.01			42.55 (1:23.55)	44.59 (2:08.14)	45.18 (2:53.31)	45.29 (3:38.59)	44.94 (4:23.53)
		45.66 (5:09.19)			44.78 (5:53.97)	44.97 (6:38.93)	44.82 (7:23.75)	45.07 (8:08.81)	45.74 (8:54.54)
		44.92 (9:39.46)			44.84 (10:24.29)	41.20 (11:05.49)			
18	ULRICH, Rachel			SR Misericordia	11:13.13		2(15)		
		41.85			42.63 (1:24.48)	43.48 (2:07.95)	43.47 (2:51.42)	42.43 (3:33.84)	45.61 (4:19.44)
		45.02 (5:04.46)			45.24 (5:49.69)	46.14 (6:35.83)	46.33 (7:22.16)	46.65 (8:08.80)	46.74 (8:55.54)
		46.54 (9:42.07)			45.92 (10:27.99)	45.14 (11:13.13)			
19	LEISTER, Tia			JR Arcadia	11:18.84		1(4)		

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RESULTS

#25 Women's 3000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
	42.42	44.53 (1:26.95)	45.37 (2:12.31)	44.11 (2:56.42)	44.38 (3:40.80)	44.86 (4:25.65)	
	44.86 (5:10.51)	45.10 (5:55.60)	45.09 (6:40.69)	45.98 (7:26.66)	47.07 (8:13.73)	47.65 (9:01.37)	
	47.98 (9:49.35)	47.05 (10:36.40)	42.45 (11:18.84)				
20	BEEBE, Kayla		JR Misericordia	11:21.05		1(5)	
	41.83	44.06 (1:25.89)	45.45 (2:11.33)	44.56 (2:55.88)	44.79 (3:40.67)	45.29 (4:25.95)	
	44.91 (5:10.85)	45.06 (5:55.91)	45.31 (6:41.22)	45.78 (7:26.99)	47.08 (8:14.07)	48.38 (9:02.45)	
	47.61 (9:50.05)	46.27 (10:36.32)	44.74 (11:21.05)				
21	SHIRK, Ava		SO Messiah	11:34.49		1(6)	
	40.64	42.31 (1:22.94)	44.65 (2:07.59)	44.39 (2:51.98)	45.24 (3:37.21)	45.52 (4:22.73)	
	46.08 (5:08.81)	47.24 (5:56.04)	47.14 (6:43.18)	49.48 (7:32.65)	48.93 (8:21.58)	49.56 (9:11.14)	
	50.55 (10:01.68)	48.02 (10:49.70)	44.80 (11:34.49)				
	YEAGER, Aubrey		JR Messiah	DNS		1	

#8 Women's 5000 Meters

M	MAC Indoor Champ	17:32.05	Clare Schoen	Misericordia	2/22/2019	
O	MAC Indoor Overall	17:07.52	Clare Schoen	Misericordia	2018	"Banked"
Pl	Name	Yr	Team	Time	Note	Pts
1	KOZICH, Ellie		SO DeSales	MR 17:12.98		10
	40.45	40.28 (1:20.73)	40.74 (2:01.46)	41.20 (2:42.66)	40.89 (3:23.54)	40.79 (4:04.33)
	40.85 (4:45.17)	40.80 (5:25.97)	40.96 (6:06.93)	41.29 (6:48.22)	40.93 (7:29.15)	41.23 (8:10.38)
	42.10 (8:52.47)	41.86 (9:34.33)	41.72 (10:16.05)	41.66 (10:57.70)	41.50 (11:39.20)	41.24 (12:20.44)
	41.75 (13:02.18)	41.72 (13:43.89)	41.39 (14:25.28)	42.06 (15:07.33)	42.40 (15:49.73)	42.63 (16:32.36)
	40.62 (17:12.98)					
2	LONG, Kathryn		SR Widener	17:51.64		8
	41.06	40.79 (1:21.85)	42.46 (2:04.31)	41.94 (2:46.24)	41.97 (3:28.21)	41.86 (4:10.07)
	42.16 (4:52.22)	42.14 (5:34.35)	42.66 (6:17.01)	42.41 (6:59.41)	43.57 (7:42.97)	44.51 (8:27.48)
	43.57 (9:11.04)	42.38 (9:53.42)	43.60 (10:37.02)	43.54 (11:20.55)	43.84 (12:04.39)	43.23 (12:47.62)
	43.52 (13:31.13)	43.78 (14:14.90)	43.76 (14:58.66)	43.62 (15:42.28)	44.02 (16:26.30)	42.78 (17:09.08)
	42.57 (17:51.64)					
3	TURK, Delaney		SO Messiah	18:07.87		6
	42.00	42.17 (1:24.16)	43.54 (2:07.70)	42.96 (2:50.65)	42.60 (3:33.25)	44.19 (4:17.44)
	43.27 (5:00.70)	42.77 (5:43.47)	44.18 (6:27.64)	43.66 (7:11.30)	43.24 (7:54.53)	43.99 (8:38.52)
	43.65 (9:22.16)	44.36 (10:06.52)	44.20 (10:50.71)	43.97 (11:34.68)	44.13 (12:18.81)	44.65 (13:03.46)
	44.24 (13:47.70)	43.73 (14:31.42)	45.05 (15:16.47)	44.67 (16:01.14)	43.98 (16:45.12)	42.43 (17:27.54)
	40.33 (18:07.87)					
4	NOY, Aylene		SR Hood	18:13.14		5
	41.38	41.83 (1:23.21)	42.07 (2:05.28)	42.62 (2:47.89)	43.31 (3:31.20)	43.36 (4:14.55)
	43.88 (4:58.43)	44.02 (5:42.45)	43.97 (6:26.41)	43.78 (7:10.19)	43.98 (7:54.16)	44.64 (8:38.80)
	43.72 (9:22.52)	44.41 (10:06.93)	44.21 (10:51.14)	44.13 (11:35.26)	44.02 (12:19.28)	44.72 (13:03.99)
	44.13 (13:48.12)	44.31 (14:32.43)	44.83 (15:17.26)	44.74 (16:01.99)	44.11 (16:46.10)	44.37 (17:30.46)
	42.69 (18:13.14)					
5	ADAMS, Kaitlyn		JR Stevens	18:31.81		4

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RESULTS**#8 Women's 5000 Meters (cont'd)**

Pl	Name		Yr	Team	Time	Note	Pts
	42.76	44.70 (1:27.46)	45.07 (2:12.52)	44.22 (2:56.74)	44.04 (3:40.77)	44.02 (4:24.78)	
	44.40 (5:09.18)	44.88 (5:54.06)	45.15 (6:39.21)	45.26 (7:24.47)	44.98 (8:09.44)	45.13 (8:54.57)	
	44.94 (9:39.50)	45.13 (10:24.63)	45.80 (11:10.42)	45.70 (11:56.12)	45.89 (12:42.00)	45.62 (13:27.62)	
	45.23 (14:12.85)	44.87 (14:57.71)	44.21 (15:41.92)	44.82 (16:26.73)	43.98 (17:10.71)	43.22 (17:53.92)	
	37.89 (18:31.81)						
6	KURTZ, Charlee			JR Lebanon Valley	18:35.09		3
	43.11	44.72 (1:27.82)	44.13 (2:11.95)	44.33 (2:56.27)	44.08 (3:40.35)	44.75 (4:25.09)	
	44.29 (5:09.38)	44.90 (5:54.28)	45.14 (6:39.42)	45.26 (7:24.67)	45.01 (8:09.68)	45.07 (8:54.75)	
	45.68 (9:40.43)	45.13 (10:25.55)	45.13 (11:10.68)	45.81 (11:56.48)	44.99 (12:41.47)	44.57 (13:26.04)	
	45.17 (14:11.21)	45.31 (14:56.52)	44.71 (15:41.22)	44.79 (16:26.01)	44.53 (17:10.53)	43.38 (17:53.90)	
	41.19 (18:35.09)						
7	SWAYNE, Ella			JR Messiah	18:43.65		2
	43.28	44.70 (1:27.98)	44.22 (2:12.19)	44.34 (2:56.52)	44.09 (3:40.61)	44.06 (4:24.66)	
	44.44 (5:09.10)	44.87 (5:53.97)	45.11 (6:39.08)	45.27 (7:24.35)	45.01 (8:09.36)	45.09 (8:54.44)	
	44.57 (9:39.01)	45.49 (10:24.49)	45.71 (11:10.20)	46.12 (11:56.32)	45.46 (12:41.77)	46.22 (13:27.99)	
	45.64 (14:13.62)	46.15 (14:59.76)	45.94 (15:45.70)	46.23 (16:31.92)	46.18 (17:18.10)	46.06 (18:04.16)	
	39.49 (18:43.65)						
8	GALLAGHER, Grace			SR Misericordia	18:47.46		1
	42.94	44.61 (1:27.55)	44.12 (2:11.67)	44.30 (2:55.97)	44.11 (3:40.07)	44.32 (4:24.38)	
	44.52 (5:08.89)	44.87 (5:53.76)	45.13 (6:38.89)	45.30 (7:24.18)	44.98 (8:09.16)	45.10 (8:54.25)	
	45.94 (9:40.18)	46.27 (10:26.45)	45.83 (11:12.28)	45.86 (11:58.14)	45.68 (12:43.81)	46.11 (13:29.92)	
	45.57 (14:15.48)	46.05 (15:01.52)	45.87 (15:47.39)	45.98 (16:33.37)	45.38 (17:18.75)	45.27 (18:04.02)	
	43.45 (18:47.46)						
9	WEAVER, Maren			SO Arcadia	19:04.04		
	43.47	44.76 (1:28.22)	44.71 (2:12.92)	44.06 (2:56.98)	43.98 (3:40.95)	44.47 (4:25.41)	
	44.37 (5:09.77)	44.75 (5:54.52)	45.12 (6:39.64)	45.21 (7:24.84)	45.08 (8:09.92)	45.07 (8:54.98)	
	45.87 (9:40.85)	46.02 (10:26.87)	46.37 (11:13.24)	46.40 (11:59.63)	47.35 (12:46.98)	45.75 (13:32.73)	
	47.91 (14:20.63)	48.15 (15:08.77)	48.21 (15:56.98)	48.42 (16:45.40)	47.93 (17:33.32)	47.25 (18:20.56)	
	43.48 (19:04.04)						
10	ULRICH, Rachel			SR Misericordia	19:10.39		
	44.11	44.80 (1:28.91)	46.21 (2:15.12)	45.26 (3:00.38)	45.62 (3:45.99)	45.99 (4:31.98)	
	45.76 (5:17.73)	45.87 (6:03.59)	46.09 (6:49.68)	46.09 (7:35.76)	46.61 (8:22.37)	46.70 (9:09.07)	
	46.24 (9:55.31)	46.28 (10:41.58)	46.67 (11:28.25)	47.18 (12:15.43)	47.12 (13:02.55)	46.13 (13:48.68)	
	46.31 (14:34.98)	46.09 (15:21.07)	46.64 (16:07.71)	46.70 (16:54.40)	46.91 (17:41.31)	45.16 (18:26.47)	
	43.93 (19:10.39)						
11	CAREY, Maya			FR Hood	19:16.49		
	42.23	44.89 (1:27.11)	47.01 (2:14.12)	45.94 (3:00.06)	45.38 (3:45.43)	46.37 (4:31.79)	
	46.29 (5:18.08)	45.97 (6:04.04)	45.99 (6:50.03)	46.20 (7:36.23)	46.90 (8:23.13)	47.26 (9:10.38)	
	46.23 (9:56.60)	46.70 (10:43.29)	46.74 (11:30.03)	46.64 (12:16.67)	46.93 (13:03.60)	47.94 (13:51.53)	
	47.37 (14:38.90)	46.77 (15:25.67)	48.20 (16:13.86)	47.87 (17:01.72)	46.16 (17:47.88)	46.84 (18:34.72)	
	41.78 (19:16.49)						
12	BURT, Cassandra			FR Misericordia	19:16.69		

**2026 MIDDLE ATLANTIC CONFERENCE INDOOR
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RESULTS**#8 Women's 5000 Meters (cont'd)**

Pl	Name		Yr	Team	Time	Note	Pts
	44.01	44.70 (1:28.70)	46.15 (2:14.84)	45.72 (3:00.55)	45.65 (3:46.19)	46.03 (4:32.22)	
	45.66 (5:17.88)	45.89 (6:03.76)	46.02 (6:49.77)	46.16 (7:35.93)	46.89 (8:22.81)	46.83 (9:09.63)	
	46.51 (9:56.14)	46.70 (10:42.84)	46.86 (11:29.70)	47.74 (12:17.44)	46.71 (13:04.14)	47.08 (13:51.21)	
	47.22 (14:38.43)	46.71 (15:25.13)	49.06 (16:14.19)	47.79 (17:01.97)	46.07 (17:48.04)	47.47 (18:35.51)	
	41.19 (19:16.69)						
13	BATTERSBY, Emmie		FR	Messiah	19:24.79		
	44.93	45.18 (1:30.10)	46.13 (2:16.22)	45.58 (3:01.80)	45.29 (3:47.09)	45.57 (4:32.65)	
	45.70 (5:18.35)	46.13 (6:04.47)	45.81 (6:50.28)	46.36 (7:36.64)	46.46 (8:23.09)	46.07 (9:09.16)	
	46.28 (9:55.43)	46.27 (10:41.70)	46.85 (11:28.55)	47.12 (12:15.67)	47.14 (13:02.81)	46.85 (13:49.65)	
	47.59 (14:37.24)	47.92 (15:25.16)	48.38 (16:13.53)	48.65 (17:02.18)	48.78 (17:50.95)	48.20 (18:39.15)	
	45.65 (19:24.79)						
14	HARRINGTON, Emily		FR	DeSales	19:37.85		
	45.15	45.22 (1:30.36)	45.53 (2:15.88)	44.97 (3:00.85)	45.58 (3:46.43)	45.83 (4:32.25)	
	45.92 (5:18.17)	46.11 (6:04.27)	46.09 (6:50.36)	46.18 (7:36.53)	46.93 (8:23.46)	46.62 (9:10.08)	
	46.86 (9:56.94)	47.15 (10:44.08)	47.88 (11:31.96)	48.30 (12:20.26)	48.29 (13:08.55)	48.48 (13:57.03)	
	49.20 (14:46.22)	49.63 (15:35.85)	49.83 (16:25.67)	49.98 (17:15.65)	49.05 (18:04.69)	48.00 (18:52.68)	
	45.17 (19:37.85)						
15	PAULIN, Sarah		SO	Widener	19:56.99		
	41.80	44.99 (1:26.78)	47.55 (2:14.33)	46.57 (3:00.90)	46.41 (3:47.31)	46.79 (4:34.09)	
	47.63 (5:21.72)	48.12 (6:09.83)	48.05 (6:57.88)	48.90 (7:46.78)	48.95 (8:35.72)	48.95 (9:24.67)	
	49.39 (10:14.06)	48.84 (11:02.89)	49.46 (11:52.35)	50.01 (12:42.35)	49.40 (13:31.75)	49.21 (14:20.95)	
	49.22 (15:10.17)	49.61 (15:59.78)	49.08 (16:48.86)	50.12 (17:38.97)	49.55 (18:28.52)	47.03 (19:15.55)	
	41.45 (19:56.99)						
16	BORLEIS, Caroline		JR	Lebanon Valley	20:03.96		
	46.27	45.94 (1:32.21)	46.91 (2:19.12)	47.48 (3:06.59)	47.54 (3:54.13)	48.04 (4:42.16)	
	49.22 (5:31.37)	48.60 (6:19.97)	48.30 (7:08.27)	47.92 (7:56.18)	47.97 (8:44.15)	48.78 (9:32.92)	
	48.71 (10:21.63)	48.85 (11:10.47)	48.33 (11:58.79)	48.99 (12:47.78)	49.09 (13:36.86)	49.59 (14:26.45)	
	49.31 (15:15.76)	49.24 (16:04.99)	49.77 (16:54.75)	49.06 (17:43.81)	48.25 (18:32.06)	47.48 (19:19.53)	
	44.43 (20:03.96)						
17	MARSHALL, Amber		FR	Hood	20:04.27		
	42.11	45.29 (1:27.40)	47.01 (2:14.40)	46.20 (3:00.60)	46.36 (3:46.95)	46.83 (4:33.77)	
	47.62 (5:21.39)	48.04 (6:09.43)	48.02 (6:57.45)	48.97 (7:46.41)	48.99 (8:35.40)	48.42 (9:23.81)	
	49.49 (10:13.30)	49.29 (11:02.58)	49.42 (11:52.00)	49.61 (12:41.61)	49.79 (13:31.40)	48.98 (14:20.37)	
	49.46 (15:09.83)	49.34 (15:59.16)	50.21 (16:49.36)	49.76 (17:39.12)	50.03 (18:29.15)	49.11 (19:18.26)	
	46.02 (20:04.27)						
18	YEAGER, Aubrey		JR	Messiah	20:17.23		
	46.25	46.14 (1:32.38)	47.07 (2:19.44)	47.49 (3:06.93)	46.80 (3:53.72)	46.80 (4:40.51)	
	47.02 (5:27.53)	46.88 (6:14.40)	47.41 (7:01.81)	47.38 (7:49.18)	47.57 (8:36.75)	47.42 (9:24.17)	
	48.08 (10:12.25)	48.58 (11:00.82)	49.37 (11:50.19)	49.71 (12:39.89)	50.29 (13:30.18)	50.74 (14:20.92)	
	54.20 (15:15.11)	52.65 (16:07.76)	52.04 (16:59.79)	51.60 (17:51.39)	48.15 (18:39.53)	48.02 (19:27.55)	
	49.68 (20:17.23)						
19	LEISTER, Tia		JR	Arcadia	20:38.63		

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RESULTS

#8 Women's 5000 Meters (cont'd)

Pl	Name		Yr	Team	Time	Note	Pts
	45.39	45.10 (1:30.49)		46.22 (2:16.70)	46.62 (3:03.32)	45.69 (3:49.00)	45.79 (4:34.79)
	47.29 (5:22.08)	47.63 (6:09.71)		47.86 (6:57.56)	48.79 (7:46.35)	48.81 (8:35.15)	49.24 (9:24.39)
	49.38 (10:13.76)	49.48 (11:03.24)		49.30 (11:52.53)	49.30 (12:41.83)	51.21 (13:33.04)	52.14 (14:25.17)
	53.33 (15:18.50)	53.14 (16:11.63)		53.61 (17:05.24)	54.17 (17:59.41)	54.29 (18:53.69)	53.71 (19:47.40)
	51.24 (20:38.63)						
20	FETTEROLF, Danielle		SR	Lebanon Valley	20:44.04		
	45.99	45.60 (1:31.59)		47.28 (2:18.87)	47.48 (3:06.34)	47.41 (3:53.75)	48.40 (4:42.15)
	49.18 (5:31.33)	49.09 (6:20.42)		48.38 (7:08.79)	49.61 (7:58.39)	49.99 (8:48.38)	52.46 (9:40.84)
	51.54 (10:32.37)	50.64 (11:23.01)		50.95 (12:13.96)	51.55 (13:05.50)	52.16 (13:57.66)	50.83 (14:48.48)
	51.57 (15:40.05)	50.88 (16:30.92)		51.25 (17:22.17)	51.35 (18:13.51)	50.83 (19:04.33)	50.87 (19:55.19)
	48.85 (20:44.04)						
21	MOORE, Madison		FR	Misericordia	20:46.06		
	44.60	44.96 (1:29.56)		46.94 (2:16.50)	47.05 (3:03.55)	47.25 (3:50.79)	47.97 (4:38.75)
	48.08 (5:26.82)	48.10 (6:14.92)		48.70 (7:03.62)	49.67 (7:53.28)	49.79 (8:43.07)	51.19 (9:34.25)
	51.17 (10:25.41)	51.45 (11:16.86)		51.38 (12:08.24)	52.68 (13:00.92)	51.97 (13:52.88)	51.86 (14:44.74)
	51.79 (15:36.52)	51.68 (16:28.20)		51.20 (17:19.40)	51.60 (18:11.00)	52.23 (19:03.22)	50.85 (19:54.07)
	52.00 (20:46.06)						
22	KELLER, Allison		SR	Messiah	20:50.57		
	45.44	46.11 (1:31.55)		47.61 (2:19.15)	48.29 (3:07.43)	48.23 (3:55.66)	46.56 (4:42.22)
	49.63 (5:31.84)	49.88 (6:21.72)		49.74 (7:11.45)	49.98 (8:01.43)	51.40 (8:52.82)	51.23 (9:44.04)
	51.88 (10:35.92)	52.24 (11:28.16)		52.60 (12:20.75)	52.55 (13:13.30)	52.73 (14:06.02)	52.62 (14:58.63)
	52.94 (15:51.56)	51.64 (16:43.20)		52.14 (17:35.34)	50.17 (18:25.50)	50.38 (19:15.88)	51.51 (20:07.39)
	43.19 (20:50.57)						
23	AIKEY, Maizy		JR	Albright	20:50.79		
	45.65	45.15 (1:30.79)		45.96 (2:16.74)	45.55 (3:02.29)	46.22 (3:48.51)	46.83 (4:35.33)
	47.55 (5:22.87)	49.17 (6:12.04)		50.71 (7:02.74)	51.71 (7:54.45)	50.88 (8:45.32)	51.68 (9:37.00)
	51.56 (10:28.56)	52.85 (11:21.40)		52.87 (12:14.27)	51.75 (13:06.02)	51.57 (13:57.58)	51.25 (14:48.82)
	51.75 (15:40.57)	51.71 (16:32.28)		52.67 (17:24.94)	52.68 (18:17.62)	52.32 (19:09.93)	51.51 (20:01.43)
	49.36 (20:50.79)						
	BAGNATO, Briella		JR	FDU-Florham	DNS		

#4 Women's 60m Hurdles

M	MAC Indoor Champ	8.59	Mathews, Laura	Stevens	2/23/2024	Tom & Helen
O	MAC Indoor Overall	8.45	Mathews, Laura	Stevens	2/25/2022	NCAA Prelims

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	VITTOR, Sperra		FR York (Pa.)	9.09		10
2	DREW, DeNair		SO Eastern	9.33		8
3	HOYSAN, Emily		FR DeSales	9.40		6
4	SIMMONS, Zahara		SO Widener	9.46		5
5	SAWICKI, Anna		SO Lebanon Valley	9.49		4
6	SHANLEY, Isabella		JR Stevens	9.52		3
7	KROEDEL, Sarah		SR Stevenson	9.65		2
8	MITCHELL, Mikayla		JR Lebanon Valley	9.84		1

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RESULTS**#4 Women's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Yr Team	Time Note	H(Pl)
1	VITTOR, Sperra	FR York (Pa.)	9.03Q	3(1)
2	SAWICKI, Anna	SO Lebanon Valley	9.38Q	1(1)
3	HOYSAN, Emily	FR DeSales	9.44q 9.431	1(2)
4	DREW, De'Nair	SO Eastern	9.44q 9.432	3(2)
5	MITCHELL, Mikayla	JR Lebanon Valley	9.47q	3(3)
6	KROEDEL, Sarah	SR Stevenson	9.51q 9.503	1(3)
7	SIMMONS, Zahara	SO Widener	9.51Q 9.505	2(1)
8	SHANLEY, Isabella	JR Stevens	9.57q	1(4)
9	BROWN, Kara	SR Messiah	9.60	2(2)
10	ALLEY, Lauren	SO Stevens	9.96	3(4)
11	TALLEY, Laylah	FR Stevenson	10.06	3(5)
12	KREINBERG, Meghan	SO FDU-Florham	10.26	2(3)
13	NAGY, Sarah	FR Lebanon Valley	10.37	1(5)
14	CEPEDA, Hailey	FR Misericordia	10.54	1(6)
15	SMITH, Kathelynn	FR Misericordia	10.60	3(6)
16	ORIO, Alyssa	SO FDU-Florham	10.86	3(7)
17	HALL, Brooke	SO Alvernia	11.00	2(4)
18	AUNKST, Lauryn	FR Misericordia	11.28	2(5)
19	DOYLE, Cara	SO Misericordia	41.57	2(6)
	DOUGHER, Marissa	SR Arcadia	DNS	2

#10 Women's 4 x 200m Relay

M	MAC Indoor Champ	1:44.93	M.Muzzarelli, E.Thomas, a. Kolimaga, M. Widener	2/28/2025	Tom & Helen
O	MAC Indoor Overall	1:44.70	H. Norris, S. Perkins, J. Dunn, S. Grow	2013	Misericordia

Pl	Team	Time Note	H(Pl)	Pts
1	Lebanon Valley (A)	1:46.63	3(1)	10
	1) MATTER, Ava SO 24.42	2) WELTER, Gabby FR 28.56 (52.97)		
	3) MITCHELL, Mikayla JR 27.43 (1:20.39)	4) SAWICKI, Anna SO 26.24 (1:46.63)		
2	King's (Pa.) (A)	1:47.88	3(2)	8
	1) BUTCHER, Ali FR 25.81	2) SMITH, Katherine SO 28.40 (54.21)		
	3) MCLEAN, Erin FR 27.96 (1:22.17)	4) BUTCHER, Ava JR 25.72 (1:47.88)		
3	Arcadia (A)	1:49.21	2(1)	6
	1) NUGENT, Sadie FR 24.94	2) KRONIMUS, Julia FR 28.87 (53.80)		
	3) SCHOTT, Olivia JR 28.40 (1:22.20)	4) JONES, Emma Mae SR 27.02 (1:49.21)		
4	Stevenson (A)	1:49.22	2(2)	5
	1) HEFFNER, Kaliyah FR 25.71	2) FOWLER, Dallas SO 28.39 (54.09)		
	3) STANARD, Camryn FR 27.44 (1:21.52)	4) STEPHENS, Destiny JR 27.71 (1:49.22)		

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RESULTS**#10 Women's 4 x 200m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
5	York (Pa.) (A)	1:49.34		3(3)	4
	1) BATISTA, Trinity FR 26.87	2) VITTOR, Sperra FR 28.11 (54.98)			
	3) GEORGE, Tyana FR 28.08 (1:23.06)	4) NUSE, Angela JR 26.28 (1:49.34)			
6	Eastern (A)	1:50.16		3(4)	3
	1) GREENE, Zion FR 26.66	2) MAJETT, Desirae SO 29.33 (55.98)			
	3) HERNANDEZ-ALBINO, Janitza JR 27.40 (1:23.37)	4) DREW, De'Nair SO 26.79 (1:50.16)			
7	Widener (A)	1:50.19		3(5)	2
	1) SIMMONS, Zahara SO 24.68	2) THOMAS, Erica JR 29.77 (54.45)			
	3) HAKES, Allyson SO 28.26 (1:22.70)	4) SNOWDEN, Ziraya FR 27.49 (1:50.19)			
8	Stevens (A)	1:50.38		1(1)	1
	1) SHANLEY, Isabella JR 24.69	2) RYAZANOVA, Stephanie SR 28.83 (53.51)			
	3) ADAMCHUK, Caitlyn FR 29.95 (1:23.45)	4) ALLEY, Lauren SO 26.93 (1:50.38)			
9	DeSales (A)	1:51.32		1(2)	
	1) PELUSZAK, Avery JR 27.01	2) HOYSAN, Emily FR 29.84 (56.84)			
	3) CARRIER, Ashley SO 27.81 (1:24.64)	4) FORNWALT, Megan FR 26.68 (1:51.32)			
10	Messiah (A)	1:51.43		2(3)	
	1) GRUENWALD, Arwyn SR 26.45	2) ALBRECHT, Kaitlyn FR 29.19 (55.64)			
	3) BATCHLER, Dajea FR 28.41 (1:24.05)	4) SCHEETZ, Lily FR 27.39 (1:51.43)			
11	Misericordia (A)	1:54.78		2(4)	
	1) GRASSO, Mary SO 26.75	2) CEPEDA, Hailey FR 31.04 (57.78)			
	3) DALTON, Gracie FR 28.22 (1:25.99)	4) HILL, Catherine FR 28.79 (1:54.78)			
12	Albright (A)	1:59.04		2(5)	
	1) REYNOLDS, Yonique JR 28.71	2) ALYSSA, Devita SR 30.68 (59.39)			
	3) RAMLOCHAN, Ava FR 29.79 (1:29.18)	4) SAUVEUR, Standey SO 29.86 (1:59.04)			
13	Delaware Valley (A)	2:00.45		1(3)	
	1) LUTZ, Jordan FR 27.71	2) REDMOND, Mariah FR 33.33 (1:01.04)			
	3) BINGAMAN, Alyson FR 30.23 (1:31.27)	4) LATONA, Ava FR 29.19 (2:00.45)			
	FDU-Florham (A)	DQ			1
	1) FENDERSON, Brianna SO	2) CASTELLANO, Samantha JR			
	3) ORIO, Alyssa SO	4) CALDWELL, Khajera FR			

2026 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS

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RESULTS**#29 Women's 4 x 400m Relay**

Pl	Team	Time	Note	H(Pl)	Pts
M	MAC Indoor Champ	4:02.90			
O	MAC Indoor Overall	3:53.00			
	M Fairchild, K Fairchild, M Fry, A Viti		Misericordia	2/28/2015	
	M. Fairchild, M. Fry, K. Fairchild, A. Viti		Misericordia	2015	
1	Lebanon Valley (A)	4:08.62		2(1)	10
	1) MATTER, Ava SO 1:02.40		2) WELTER, Gabby FR 1:02.77 (2:05.17)		
	3) REED, Abigail JR 1:01.96 (3:07.13)		4) MITCHELL, Mikayla JR 1:01.49 (4:08.62)		
2	King's (Pa.) (A)	4:10.45		2(2)	8
	1) BUTCHER, Ali FR 1:02.33		2) HARTZELL, Sarah SO 1:07.39 (2:09.71)		
	3) SMITH, Katherine SO 1:02.11 (3:11.81)		4) BUTCHER, Ava JR 58.64 (4:10.45)		
3	Misericordia (A)	4:12.35		2(3)	6
	1) KREVEY, Emily SO 1:01.48		2) DOYLE, Cara SO 1:03.01 (2:04.48)		
	3) CEPEDA, Hailey FR 1:05.24 (3:09.71)		4) HEDGLIN, Madison FR 1:02.64 (4:12.35)		
4	Stevens (A)	4:14.36		2(4)	5
	1) ALLEY, Lauren SO 1:03.48		2) ADAMCHUK, Caitlyn FR 1:03.69 (2:07.17)		
	3) SADOWSKI, Anya SO 1:06.83 (3:14.00)		4) SHANLEY, Isabella JR 1:00.36 (4:14.36)		
5	Stevenson (A)	4:16.58		1(1)	4
	1) FOWLER, Dallas SO 1:03.21		2) HEFFNER, Kaliyah FR 1:03.22 (2:06.43)		
	3) STEPHENS, Destiny JR 1:06.75 (3:13.18)		4) STANARD, Camryn FR 1:03.41 (4:16.58)		
6	Widener (A)	4:17.59		2(5)	3
	1) KOLIMAGA, Alyssa JR 1:04.88		2) FOX, Katelyn FR 1:03.76 (2:08.63)		
	3) HAKES, Allyson SO 1:04.32 (3:12.95)		4) ASHCRAFT, Veronica FR 1:04.65 (4:17.59)		
7	Arcadia (A)	4:17.66		1(2)	2
	1) NUGENT, Sadie FR 1:01.85		2) KRONIMUS, Julia FR 1:06.31 (2:08.16)		
	3) ENGLER, Jacqueline SR 1:05.85 (3:14.00)		4) CURNOW, Grace SR 1:03.66 (4:17.66)		
8	York (Pa.) (A)	4:19.09		1(3)	1
	1) VITTOR, Sperra FR 1:05.25		2) WILLIAMS, Camille FR 1:02.94 (2:08.18)		
	3) FIQUE, Megan SR 1:06.63 (3:14.81)		4) BOYCE, Keziah SR 1:04.28 (4:19.09)		
9	Messiah (A)	4:20.29		2(6)	
	1) SCHEETZ, Lily FR 1:05.53		2) BIEHL, Elizabeth FR 1:05.31 (2:10.84)		
	3) DILLON, Kyra FR 1:04.47 (3:15.30)		4) KIME, Meagan SO 1:04.99 (4:20.29)		
10	DeSales (A)	4:22.70		1(4)	
	1) CARRIER, Ashley SO 1:05.35		2) CASTILLA, Mariana FR 1:06.91 (2:12.26)		
	3) FORNWALT, Megan FR 1:03.76 (3:16.01)		4) HOYSAN, Emily FR 1:06.69 (4:22.70)		

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RESULTS**#29 Women's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
11	Albright (A)	4:42.38		1(5)	
	1) ALYSSA, Devita SR 1:07.29	2) DAVIS, Aniya FR 1:09.16 (2:16.45)			
	3) SAUVEUR, Standey SO 1:14.38 (3:30.82)	4) RAMLOCHAN, Ava FR 1:11.57 (4:42.38)			
12	Delaware Valley (A)	4:47.10		1(6)	
	1) LATONA, Ava FR 1:07.19	2) SWEARINGEN, Samantha JR 1:12.38 (2:19.57)			
	3) REDMOND, Mariah FR 1:11.65 (3:31.22)	4) PERKINS, Alannah JR 1:15.88 (4:47.10)			

#27 Women's 4 x 800m Relay

M	MAC Indoor Champ	9:38.42	M Landis, B Hess, M Lewin, E Seeland	Messiah	2/23/2019
O	MAC Indoor Overall	9:37.23	M. Cusatis, K. Cameron, B. Comiskey,	Misericordia	2011
Pl	Team	Time	Note	Pts	
1	Messiah (A)	9:40.66		10	
	1) GLENN, Alleha FR 2:26.05	2) KIMMEL, Madison JR 2:25.75 (4:51.80)			
	3) PINEDA, Elana SO 2:23.98 (7:15.78)	4) LEBO, Kerrigan SR 2:24.89 (9:40.66)			
2	Lebanon Valley (A)	9:48.81		8	
	1) KAPCSOS, Sierra SR 2:26.74	2) SENGLAR, Kaylee SO 2:25.15 (4:51.88)			
	3) GARGES, Autumn SR 2:30.28 (7:22.16)	4) HUNT, Abigail SR 2:26.65 (9:48.81)			
3	Misericordia (A)	9:50.21		6	
	1) FRABLE, Brielle FR 2:28.32	2) MCDONOUGH, Addison FR 2:32.28 (5:00.59)			
	3) KAMMER, Madison SR 2:26.87 (7:27.46)	4) MORNINGSTAR, Grace JR 2:22.75 (9:50.21)			
4	Stevens (A)	10:08.75		5	
	1) SADOWSKI, Anya SO 2:37.04	2) GABAY, Isabella SO 2:29.10 (5:06.13)			
	3) ENES, Taylor SR 2:35.04 (7:41.17)	4) VOGEL, Isabel SR 2:27.59 (10:08.75)			
5	York (Pa.) (A)	10:11.80		4	
	1) ARNOLD, Lily FR 2:34.43	2) BLAKER, Sierra FR 2:33.66 (5:08.09)			
	3) REIDENBAUGH, Kayla SO 2:35.30 (7:43.39)	4) TENNEY, Isabel JR 2:28.41 (10:11.80)			
6	Eastern (A)	10:20.43		3	
	1) CADENA, Mya SO 2:31.63	2) STOFFEL, Helena FR 2:40.82 (5:12.44)			
	3) CROGE, Gisella SO 2:29.83 (7:42.27)	4) FOGEL, Talia FR 2:38.17 (10:20.43)			
7	DeSales (A)	10:26.14		2	
	1) MILLER, Hannah FR 2:30.95	2) HARRINGTON, Emily FR 2:40.95 (5:11.90)			
	3) CROWLEY, Angela FR 2:37.85 (7:49.74)	4) BOLAND, Danielle FR 2:36.41 (10:26.14)			

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Pl	Team	Time	Note	Pts
8	Delaware Valley (A)	10:32.74		1
	1) HASHWAY, Ayla FR 2:34.00	2) TAYLOR, Lindsay JR 2:42.90 (5:16.90)		
	3) EAST, Emma JR 2:41.82 (7:58.71)	4) HAAS, Emma FR 2:34.03 (10:32.74)		
9	Arcadia (A)	10:55.37		
	1) SUBE, Gianna SR 2:39.46	2) JACOBSON, Bridget JR 2:47.51 (5:26.97)		
	3) AGNEW, Sarah SO 2:47.45 (8:14.42)	4) CLAUSON, Madeline FR 2:40.96 (10:55.37)		
10	King's (Pa.) (A)	11:05.75		
	1) CHIPRIANO, Cecilia SR 2:33.45	2) ADAMS, Samantha SO 2:53.30 (5:26.75)		
	3) MCLEAN, Erin FR 2:45.33 (8:12.07)	4) RYAN, Mara JR 2:53.68 (11:05.75)		
11	Alvernia (A)	11:37.05		
	1) JERRAHIAN, Paige JR 2:30.03	2) POLASKI, Julia FR 2:58.79 (5:28.81)		
	3) MCCLUNE, Cassidy FR 3:12.43 (8:41.24)	4) HALL, Brooke SO 2:55.81 (11:37.05)		

#2 Women's 4000m DMR

M	MAC Indoor Champ	12:14.01	T. Barlow, L. McGarrity, S. Bulter, G.	DeSales	2005
O	MAC Indoor Overall	11:59.22	A. Viti, M. Fairchild, K. Fairchild, B.	Misericordia	2016

Pl	Team	Time	Note	Pts
1	Misericordia (A)	MR 12:08.89		10
	1) KAMMER, Madison SR 3:45.68	2) KREVEY, Emily SO 59.38 (4:45.06)		
	3) MORNINGSTAR, Grace JR 2:21.63 (7:06.68)	4) HEDGLIN, Madison FR 5:02.21 (12:08.89)		
2	Lebanon Valley (A)	12:27.63		8
	1) SENGLAR, Kaylee SO 3:47.72	2) REED, Abigail JR 1:02.56 (4:50.28)		
	3) KAPCSOS, Sierra SR 2:24.29 (7:14.57)	4) HUNT, Abigail SR 5:13.06 (12:27.63)		
3	Messiah (A)	12:28.09		6
	1) PINEDA, Elana SO 3:44.59	2) GLENN, Alleha FR 1:02.30 (4:46.89)		
	3) LEBO, Kerrigan SR 2:24.44 (7:11.33)	4) KIMMEL, Madison JR 5:16.77 (12:28.09)		
4	Stevens (A)	13:03.68		5
	1) SADOWSKI, Anya SO 3:59.68	2) ENES, Taylor SR 1:05.82 (5:05.49)		
	3) VOGEL, Isabel SR 2:34.58 (7:40.07)	4) GABAY, Isabella SO 5:23.61 (13:03.68)		
5	York (Pa.) (A)	13:05.45		4
	1) ARNOLD, Lily FR 4:01.27	2) WILLIAMS, Camille FR 1:02.95 (5:04.22)		
	3) TENNEY, Isabel JR 2:26.00 (7:30.22)	4) REIDENBAUGH, Kayla SO 5:35.23 (13:05.45)		

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#2 Women's 4000m DMR (cont'd)

Pl	Team	Time	Note	Pts
6	Arcadia (A)	13:12.71		3
	1) CURNOW, Grace SR 3:58.50	2) CLAUSON, Madeline FR 1:06.05 (5:04.55)		
	3) ENGLER, Jacqueline SR 2:31.49 (7:36.03)	4) WEAVER, Maren SO 5:36.68 (13:12.71)		
7	Eastern (A)	13:26.16		2
	1) CROGE, Gisella SO 4:10.51	2) GREENE, Zion FR 1:03.68 (5:14.18)		
	3) CADENA, Mya SO 2:32.95 (7:47.13)	4) BITLER, Ashley FR 5:39.03 (13:26.16)		
8	DeSales (A)	13:32.95		1
	1) CROWLEY, Angela FR 4:12.28	2) CASTILLA, Mariana FR 1:07.67 (5:19.95)		
	3) BOLAND, Danielle FR 2:34.97 (7:54.92)	4) MILLER, Hannah FR 5:38.03 (13:32.95)		
9	Delaware Valley (A)	13:43.80		
	1) HAAS, Emma FR 4:15.67	2) HASHWAY, Ayla FR 1:03.35 (5:19.02)		
	3) LATONA, Ava FR 2:43.05 (8:02.06)	4) EAST, Emma JR 5:41.74 (13:43.80)		
10	King's (Pa.) (A)	13:53.97		
	1) HARTZELL, Sarah SO 4:21.77	2) ADAMS, Samantha SO 1:10.01 (5:31.78)		
	3) SMITH, Katherine SO 2:31.63 (8:03.40)	4) CHIPRIANO, Cecilia SR 5:50.57 (13:53.97)		
11	Albright (A)	14:01.21		
	1) ALYSSA, Devita SR 4:10.40	2) SAUVEUR, Standey SO 1:14.35 (5:24.74)		
	3) DAVIS, Aniya FR 2:46.17 (8:10.91)	4) AIKEY, Maizy JR 5:50.30 (14:01.21)		
12	Stevenson (A)	14:15.86		
	1) BORCHERS, Mackenzie FR 4:30.88	2) STANARD, Camryn FR 1:07.89 (5:38.77)		
	3) JONES, Aryanna FR 3:10.15 (8:48.92)	4) O'HALLORAN, Shae FR 5:26.95 (14:15.86)		
	Widener (A)	DNS		
	1) ASHCRAFT, Veronica FR	2) BAUKAL, Anna JR		
	3) FLEMING, Mia JR	4) FOX, Katelyn FR		

#34 Women's High Jump

M	MAC Indoor Champ	1.71m	Taylor Wiederrecht	Messiah	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward	Misericordia	2014

Pl	Name	Yr	Team	Mark	1.27	1.32	1.37	1.42	1.47	1.50	1.53	1.56	1.59	1.62	Pts
1	PREVIGLIAN, Maggie		SR Stevens	1.59m	PPP	PPP	PPP	PPP	PPP	PPP	XO	O	XO	XXX	10
2	BATISTA, Trinity		FR York (Pa.)	1.56m	PPP	PPP	PPP	PPP	PPP	O	XO	O	XXX		8
3	ANYIA, Britney		SO Alvernia	1.50m	PPP	PPP	PPP	PPP	O	O	XXX				6
4	BROWN, Kara		SR Messiah	1.50m	PPP	PPP	O	O	O	XO	XXX				5
5	LAPINSKI, Maya		SO Stevens	1.50m	PPP	PPP	PPP	PPP	XXO	XO	XXX				4
6	KOSLOSKI, Avery		FR King's (Pa.)	1.47m	PPP	PPP	O	O	XO	XXX					2
6	SILFIES, Norah		FR Misericordia	1.47m	PPP	PPP	O	O	XO	XXX					2

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#34 Women's High Jump (cont'd)

6	THOMPSON, Abigail	SO King's (Pa.)	1.47m	PPP	PPP	O	O	XO	XXX								2
9	SIGNORELLA, Brooke	SO DeSales	1.47m	PPP	PPP	XO	O	XO	XXX								
10	ALBRECHT, Kaitlyn	FR Messiah	1.47m	PPP	PPP	XO	O	XXO	XXX								
11	RODRIGUEZ, Angelise	SO Alvernia	1.42m	PPP	PPP	XO	XO	XXX									
12	BLEAM, Brooke	FR DeSales	1.37m	PPP	O	O	XXX										
13	REYNOLDS, Yonique	JR Albright	1.37m	O	O	XO	XXX										
13	GAIZICK, Kasandra	FR York (Pa.)	1.37m	PPP	PPP	XO	XXX										

#13 Women's Pole Vault

M	MAC Indoor Champ	3.82m	Melissa Fellenbaum	Alvernia	2/23/2013
O	MAC Indoor Overall	3.90m	Melissa Fellenbaum	Alvernia	2013

PI	Name	Yr	Team	Mark	2.85	2.95	3.05	3.15	3.20	3.25	3.30	3.35	3.40	3.45	Pts
1	PARAGON, Alita		SO York (Pa.)	3.40m	PPP	PPP	O	O	O	O	PPP	PPP	XO	XXX	10
2	MEROLA, Alexis		SR Stevens	3.20m	PPP	O	O	O	O	XXX					8
3	RYAZANOVA, Stephanie		SR Stevens	3.05m	O	O	O	XXX							6
4	BINGAMAN, Alyson		FR Delaware Vall	2.95m	O	O	XXX								5
5	RITENOUR, Alivia		FR Messiah	2.85m	O	XXX									4
6	NEUTZEL, Madelyn		SR York (Pa.)	2.85m	XXO	XXX									3
	POLANCO, Luisanna		JR Lebanon Vall	NM	PPP	PPP	XXX								
	HEIE, Taylor		JR York (Pa.)	NM	PPP	PPP	PPP	XXX							
PI	Name	Yr	Team	Mark	2.25	2.35	2.45	2.55	2.65	2.75					Pts
3	RYAZANOVA, Stephanie		SR Stevens	(cont'd)	PPP	PPP	PPP	PPP	PPP	O					6
5	RITENOUR, Alivia		FR Messiah	(cont'd)	PPP	PPP	PPP	XXO	XO	O					4
6	NEUTZEL, Madelyn		SR York (Pa.)	(cont'd)	PPP	PPP	PPP	O	O	O					3
7	HORSBURGH, Lennix		SO Delaware Vall	2.65m	PPP	PPP	PPP	O	O	XXX					2
8	LYSAK, Elizabeth		SO Widener	2.65m	XX	O	XO	XXO	O	XXX					1
9	EVANS, Emma		SO Lebanon Vall	2.65m	PPP	PPP	PPP	PPP	XO	XXX					

#15 Women's Long Jump

M	MAC Indoor Champ	5.80m	Nicole Weenink	Eastern	2/28/2020
M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	Lebanon Valley	2/25/2017
O	MAC Indoor Overall	5.80m	Nicole Weenink	Eastern	2020
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	Lebanon Valley	2017
O	MAC Indoor Overall	5.80m	Oniesha Clarke	Misericordia	2017

PI	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1	ANYIA, Britney		SO Alvernia	5.50m	5.41	FOUL	5.30	5.39	FOUL	5.50	2(1)	10
2	SIGNORELLA, Brooke		SO DeSales	5.48m	5.36	5.18	5.36	5.09	5.36	5.48	2(2)	8
3	HERNANDEZ-ALBINO, Janitza		JR Eastern	5.33m	5.33	5.10	4.98	FOUL	FOUL	FOUL	1(1)	6
4	SIMMONS, Tirzah		FR Widener	5.29m	5.20	FOUL	5.27	5.26	5.29	FOUL	2(3)	5
5	CALDERON, Mileyshka		JR Lebanon Vall	5.29m	5.17	FOUL	5.27	5.29	FOUL	5.15	2(4)	4
6	OYINKOLADE, Omotola		SO Lebanon Vall	5.29m	5.22	5.17	5.25	5.25	FOUL	5.29	2(5)	3
7	GRADY, Chloe		JR Lebanon Vall	5.25m	5.01	5.08	5.02	5.01	5.20	5.25	2(6)	2
8	MYERS, Hailey		SO Lebanon Vall	5.17m	4.88	5.13	5.03	4.89	5.17	4.90	2(7)	1
9	COOPER, Tyla		SO Eastern	5.13m	4.66	5.05	5.13	4.72	4.84	4.83	1(2)	
10	FLEMING, Mia		JR Widener	5.02m	FOUL	5.02	4.85				2(8)	
11	BUNNELL, Madison		FR Eastern	4.99m	4.99	4.73	4.77				1(3)	

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#15 Women's Long Jump (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
12	DELUCY, Soyer	FR	King's (Pa.)	4.96m	4.90	4.96	4.79				1(4)	
13	HESS, Kaitlyn	SR	Stevenson	4.93m	4.87	4.82	4.93				1(5)	
14	LAPINSKI, Maya	SO	Stevens	4.90m	4.90	4.74	4.78				2(9)	
15	CASTILLO, Mylina	SR	Alvernia	4.84m	4.75	4.84	4.52				1(6)	
16	CRAMPTON, Catherine	JR	DeSales	4.82m	FOUL	4.81	4.82				1(7)	
17	GARLICK, Meaghan	FR	DeSales	4.78m	4.75	4.78	4.02				2(10)	
18	VITTOR, Sperra	FR	York (Pa.)	4.78m	4.78	FOUL	4.64				2(11)	
19	HOPE, Sarah	FR	DeSales	4.52m	FOUL	FOUL	4.52				1(8)	
20	CONTI, Abigail	JR	Misericordia	4.43m	4.43	4.29	4.41				1(9)	
21	SILFIES, Norah	FR	Misericordia	4.42m	FOUL	4.42	FOUL				1(10)	

#32 Women's Triple Jump

M MAC Indoor Champ 12.22m Felix, Shinelle Alvernia 2/23/2024 Tom & Helen
O MAC Indoor Overall 12.67m Shinelle Felix Alvernia 2024

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SIGNORELLA, Brooke	SO	DeSales	11.41m	10.84	11.21	FOUL	11.24	11.07	11.41	10
2	FLEMING, Mia	JR	Widener	11.14m	10.99	11.07	11.14	10.90	10.85	11.00	8
3	CASTILLO, Mylina	SR	Alvernia	10.87m	10.59	10.70	10.87	10.34	10.53	10.71	6
4	OYINKOLADE, Omotola	SO	Lebanon Vall	10.70m	FOUL	10.70	10.23	FOUL	FOUL	FOUL	5
5	CRAMPTON, Catherine	JR	DeSales	10.68m	10.30	FOUL	10.56	10.39	10.05	10.68	4
6	GRADY, Chloe	JR	Lebanon Vall	10.67m	10.55	10.59	FOUL	10.51	10.51	10.67	3
7	MYERS, Hailey	SO	Lebanon Vall	10.66m	10.39	10.47	10.61	FOUL	10.08	10.66	2
8	SCHOTT, Olivia	JR	Arcadia	10.61m	10.04	10.26	FOUL	9.81	10.24	10.61	1
9	RODRIGUEZ, Angelise	SO	Alvernia	10.47m	9.69	9.99	FOUL	FOUL	10.01	10.47	
10	BAXTER, Chelsea	FR	Stevens	9.88m	FOUL	9.86	9.88				
11	HOPE, Sarah	FR	DeSales	9.79m	9.63	9.79	FOUL				
12	DELUCY, Soyer	FR	King's (Pa.)	9.77m	9.69	9.77	9.50				
13	AARON, Megan	SR	Misericordia	9.77m	FOUL	FOUL	9.77				
	BANNON, Mckenzie	FR	King's (Pa.)	NM	FOUL	FOUL	FOUL				
	HESS, Kaitlyn	SR	Stevenson	NM	FOUL	FOUL	FOUL				

#30 Women's Shot Put

M MAC Indoor Champ 14.65m Lauren Lucci Widener 2008
O MAC Indoor Overall 14.65m Lauren Lucci Widener 2008

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	VARNER, Brandy	SR	King's (Pa.)	13.65m	11.08	13.20	12.94	12.91	13.65	12.10	2(1)	10
2	DODD, Savana	JR	Eastern	13.42m	12.32	11.65	12.87	12.76	13.18	13.42	2(2)	8
3	BAXTER, Donya	SR	Arcadia	12.74m	12.74	12.22	FOUL	11.98	12.10	12.14	2(3)	6
4	MARINE, Zada	SO	York (Pa.)	12.04m	11.44	11.71	FOUL	11.28	11.27	12.04	2(4)	5
5	COLYER, Lucy	FR	Messiah	11.50m	11.10	11.42	10.31	11.23	11.50	10.82	2(5)	4
6	KREINBERG, Meghan	SO	FDU-Florham	11.22m	10.77	11.05	10.80	11.22	11.09	11.11	2(6)	3
7	MOLIERE, Nayeli	FR	King's (Pa.)	11.05m	10.84	10.49	10.59	10.03	11.05	10.92	2(7)	2
8	ROBINSON, Seanna	SO	Arcadia	10.93m	10.93	10.74	10.56	10.60	FOUL	10.61	2(8)	1
9	KIRK, Caitlin	JR	King's (Pa.)	10.74m	10.35	10.54	10.64	10.46	10.74	10.47	2(9)	
10	AXTELL, Ella	SO	Messiah	10.48m	10.48	10.00	10.19				1(1)	

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#30 Women's Shot Put (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
11	HENRITZY, Ella		SO Arcadia	10.35m	9.79	10.35	FOUL				1(2)	
12	OKENGE, Elisee		FR York (Pa.)	10.21m	9.95	10.21	FOUL				1(3)	
13	FENSTERMAKER, Sadie		SO DeSales	10.15m	9.99	FOUL	10.15				2(10)	
14	WASHINGTON, Aisosa		FR Widener	9.74m	FOUL	FOUL	9.74				2(11)	
15	KEATING, Megan		SO Eastern	9.72m	9.72	9.00	FOUL				1(4)	
16	GAUDET, Heron		FR Widener	9.70m	9.70	9.62	9.11				1(5)	
17	HAMLIN, Sani		FR Widener	9.48m	9.45	9.37	9.48				1(6)	
18	RITZMAN, Leah		SO Messiah	9.42m	9.27	9.42	8.78				1(7)	
19	PITTSMAN, Elizabeth		SO Misericordia	9.40m	9.00	9.40	9.34				1(8)	
20	KLINE, Emma		JR Eastern	9.18m	8.86	9.18	8.38				1(9)	
21	AMORETTI, Sophia		SO DeSales	9.03m	FOUL	9.03	FOUL				1(10)	
22	CONNOLLY, Josephine		SO Lebanon Vall	8.82m	8.82	8.69	8.10				1(11)	

#11 Women's Weight Throw

M MAC Indoor Champ 17.32m Brenna Karnish Misericordia 2/25/2022 Tom & Helen
 O MAC Indoor Overall 17.83m Danika Ani Stevenson 2020

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	VARNER, Brandy		SR King's (Pa.)	17.12m	17.12	15.37	16.96	16.25	16.73	16.16	3(1)	10
2	KIRK, Caitlin		JR King's (Pa.)	16.39m	16.15	15.58	FOUL	16.39	FOUL	15.43	3(2)	8
3	DODD, Savana		JR Eastern	16.17m	16.17	15.27	16.16	14.87	15.53	FOUL	3(3)	6
4	RODRIGUEZ, Isabel		SR Widener	14.50m	14.47	14.43	13.11	13.56	14.30	14.50	3(4)	5
5	BOCHICCHIO, Izabella		JR Misericordia	14.34m	13.73	13.87	14.34	13.93	FOUL	13.28	3(5)	4
6	SHOEMAKER, Katelyn		SR King's (Pa.)	14.16m	14.16	13.26	12.23	13.69	FOUL	13.29	3(6)	3
7	STEENSTRA, Jaclyn		JR Messiah	13.87m	13.87	12.31	12.73	12.79	12.38	FOUL	3(7)	2
8	MARINE, Zada		SO York (Pa.)	13.82m	13.47	FOUL	11.76	13.82	FOUL	FOUL	3(8)	1
9	ROBINSON, Seanna		SO Arcadia	13.08m	FOUL	12.41	13.08	FOUL	12.41	12.54	3(9)	
10	FENSTERMAKER, Sadie		SO DeSales	13.08m	13.08	FOUL	FOUL				3(10)	
11	COLYER, Lucy		FR Messiah	13.02m	10.40	12.37	13.02				2(1)	
12	AMORETTI, Sophia		SO DeSales	13.01m	11.69	13.01	11.61				3(11)	
13	AGBEMBLE, Kyrah		JR Stevenson	12.97m	FOUL	12.97	12.93				3(12)	
14	BAXTER, Donya		SR Arcadia	12.97m	11.63	12.97	FOUL				2(2)	
15	PIZZUTA, Breona		JR Stevens	12.90m	12.90	11.53	12.17				2(3)	
16	OKENGE, Elisee		FR York (Pa.)	12.89m	FOUL	12.89	12.31				2(4)	
17	DEATRICK, Claire		JR Stevens	12.28m	11.81	11.56	12.28				2(5)	
18	MANIDIS, Sophia		JR DeSales	12.02m	11.76	12.02	11.88				2(6)	
19	VENTURA, Anacarolina		JR Stevens	11.96m	11.25	FOUL	11.96				2(7)	
20	OSEAGULU, Nneoma		JR Stevenson	11.96m	FOUL	10.70	11.96				2(9)	
21	MOLIERE, Nayeli		FR King's (Pa.)	11.90m	11.90	11.83	FOUL				1(1)	
22	DAVIS, Kindal		JR Hood	11.63m	11.63	FOUL	FOUL				2(9)	
23	KING, Kaitlin		SR York (Pa.)	11.52m	11.03	11.52	FOUL				1(2)	
24	BAUKAL, Anna		JR Widener	11.44m	11.38	11.34	11.44				2(10)	
25	KLINE, Emma		JR Eastern	11.31m	11.00	11.31	11.09				1(3)	
26	AXTELL, Ella		SO Messiah	11.24m	11.24	FOUL	11.23				1(4)	
27	BURGHART, Theresa		SO DeSales	11.16m	11.16	10.58	10.02				1(5)	
28	KUJAWA, Karissa		SR Arcadia	10.96m	10.96	10.55	10.70				1(6)	
29	AVERS, Sidney		SO Messiah	10.81m	10.81	9.17	FOUL				1(7)	

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RESULTS

#11 Women's Weight Throw (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
30	NETO, Emily	FR York (Pa.)	10.49m	9.76	FOUL	10.49					1(8)
31	WALKER, Jillian	JR Widener	10.47m	10.47	FOUL	10.19					2(11)
32	KEATING, Megan	SO Eastern	10.42m	FOUL	FOUL	10.42					1(9)
33	GAUDET, Heron	FR Widener	10.21m	9.07	10.21	FOUL					1(10)
34	GRONAU, Brooke	SO Misericordia	9.96m	9.64	9.96	FOUL					1(11)
35	SKULSKI, Maria	JR Alvernia	9.65m	9.65	9.63	8.16					1(12)
	PERRY, Faith	FR Arcadia	NM								2

#38 Women's Indoor Pentathlon

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
1	SAWICKI, Anna Lebanon Valley Team Points: 10	3459	9.63	1.63m	11.00m	5.28m	2:31.63
			783	771	595	637	673
2	ANYIA, Britney Alvernia Team Points: 8	2852	10.13	1.60m	6.55m	5.15m	2:44.65
			688	736	306	601	521
3	HERNANDEZ-ALBI Eastern Team Points: 6	2704	9.80	1.45m	7.65m	4.78m	2:45.54
			750	566	377	500	511
4	RYAZANOVA, Step Stevens Team Points: 5	2396	9.96	1.36m	6.39m	4.89m	2:58.40
			720	470	296	530	380
5	SCHOTT, Olivia Arcadia Team Points: 4	2325	10.68	1.27m	5.92m	4.84m	2:39.92
			590	379	266	516	574
6	O'BRIEN, Madie York (Pa.) Team Points: 3	2235	11.47	1.39m	8.15m	4.24m	2:46.78
			462	502	409	364	498
7	RIMSKY, Dani King's (Pa.) Team Points: 2	2092	11.56	1.48m	7.53m	4.16m	3:03.81
			448	599	369	345	331
8	GIBSON, Giovanni Alvernia Team Points: 1	2067	10.45	1.36m	6.72m	3.06m	2:43.55
			630	470	317	117	533
9	GAIZICK, Kasandra York (Pa.)	1944	11.93	1.42m	6.79m	4.32m	3:06.21
			394	534	322	384	310
10	BARTHOLD, Dekota Delaware Valley	1722	11.08	1.15m	7.65m	3.62m	3:03.76
			523	266	377	225	331
	KREINBERG, Megh FDU-Florham	NP	DNF	1.21m	10.57m	NM	DNS
				321	567		

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#38-1 Women's Indoor Pentathlon 60m Hurdles

M	MAC Indoor Champ	8.59	Mathews, Laura	Stevens	2/23/2024	Tom & Helen
O	MAC Indoor Overall	8.45	Mathews, Laura	Stevens	2/25/2022	NCAA Prelims
Pl	Name	Yr	Team	Time	Note	H(Pl) Pts
1	SAWICKI, Anna		SO Lebanon Valley	9.63		1(1) 783
2	HERNANDEZ-ALBINO, Janitza		JR Eastern	9.80		1(2) 750
3	RYAZANOVA, Stephanie		SR Stevens	9.96		1(3) 720
4	ANYIA, Britney		SO Alvernia	10.13		3(1) 688
5	GIBSON, Giavanni		JR Alvernia	10.45		2(1) 630
6	SCHOTT, Olivia		JR Arcadia	10.68		2(2) 590
7	BARTHOLD, Dekota		FR Delaware Valley	11.08		2(3) 523
8	O'BRIEN, Madie		SO York (Pa.)	11.47		2(4) 462
9	RIMSKY, Dani		SO King's (Pa.)	11.56		3(2) 448
10	GAIZICK, Kasandra		FR York (Pa.)	11.93		3(3) 394
	KREINBERG, Meghan		SO FDU-Florham	DNF		1

Women's Indoor Pentathlon After 1 Events

Pl	Athlete	Yr	Team	Points
1	SAWICKI, Anna		SO Lebanon Valley	783
2	HERNANDEZ-ALBI		JR Eastern	750
3	RYAZANOVA, Step		SR Stevens	720
4	ANYIA, Britney		SO Alvernia	688
5	GIBSON, Giavanni		JR Alvernia	630
6	SCHOTT, Olivia		JR Arcadia	590
7	BARTHOLD, Dekota		FR Delaware Valley	523
8	O'BRIEN, Madie		SO York (Pa.)	462
9	RIMSKY, Dani		SO King's (Pa.)	448
10	GAIZICK, Kasandra		FR York (Pa.)	394
11	KREINBERG, Megh		SO FDU-Florham	

#38-2 Women's Indoor Pentathlon High Jump

M	MAC Indoor Champ	1.71m	Taylor Wiederrecht	Messiah	2/23/2019										
O	MAC Indoor Overall	1.76m	Ashlee Ward	Misericordia	2014										
Pl	Name	Yr	Team	Mark	1.39	1.42	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	Pts
1	SAWICKI, Anna		SO Lebanon Vall	1.63m	PPP	PPP	O	PPP	O	O	O	XO	XO	XXX	771
2	ANYIA, Britney		SO Alvernia	1.60m	PPP	O	PPP	XO	O	O	O	O	XXX		736
3	RIMSKY, Dani		SO King's (Pa.)	1.48m	XO	O	XXO	O	XXX						599
4	HERNANDEZ-ALBINO, Janitza		JR Eastern	1.45m	O	XO	XO	XXX							566
5	GAIZICK, Kasandra		FR York (Pa.)	1.42m	XO	XXO	XXX								534
6	O'BRIEN, Madie		SO York (Pa.)	1.39m	XO	XXX									502
7	GIBSON, Giavanni		JR Alvernia	1.36m	XXX										470
8	RYAZANOVA, Stephanie		SR Stevens	1.36m	XXX										470
Pl	Name	Yr	Team	Mark	1.15	1.18	1.21	1.24	1.27	1.30	1.33	1.36		Pts	
2	ANYIA, Britney		SO Alvernia	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO		736	
3	RIMSKY, Dani		SO King's (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O		599	
4	HERNANDEZ-ALBINO, Janitza		JR Eastern	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O	O		566	
5	GAIZICK, Kasandra		FR York (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	O	O		534	
6	O'BRIEN, Madie		SO York (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	O	O		502	

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#38-2 Women's Indoor Pentathlon High Jump (cont'd)

7	GIBSON, Giavanni	JR Alvernia	1.36m	PPP	PPP	PPP	PPP	PPP	PPP	XXO	O	470
8	RYAZANOVA, Stephanie	SR Stevens	1.36m	PPP	PPP	O	PPP	O	PPP	O	XO	470
9	SCHOTT, Olivia	JR Arcadia	1.27m	PPP	PPP	PPP	O	O	XXX			379
10	KREINBERG, Meghan	SO FDU-Florham	1.21m	PPP	PPP	O	XXX					321
11	BARTHOLD, Dekota	FR Delaware Vall	1.15m	XXO	XXX							266

Women's Indoor Pentathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	SAWICKI, Anna	SO	Lebanon Valley	1554
2	ANYIA, Britney	SO	Alvernia	1424
3	HERNANDEZ-ALBI	JR	Eastern	1316
4	RYAZANOVA, Step	SR	Stevens	1190
5	GIBSON, Giavanni	JR	Alvernia	1100
6	RIMSKY, Dani	SO	King's (Pa.)	1047
7	SCHOTT, Olivia	JR	Arcadia	969
8	O'BRIEN, Madie	SO	York (Pa.)	964
9	GAIZICK, Kasandra	FR	York (Pa.)	928
10	BARTHOLD, Dekota	FR	Delaware Valley	789
11	KREINBERG, Megh	SO	FDU-Florham	321

#38-3 Women's Indoor Pentathlon Shot Put

M	MAC Indoor Champ	14.65m	Lauren Lucci	Widener	2008
O	MAC Indoor Overall	14.65m	Lauren Lucci	Widener	2008

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SAWICKI, Anna	SO	Lebanon Vall	11.00m	10.92	10.76	11.00				595
2	KREINBERG, Meghan	SO	FDU-Florham	10.57m	10.57	10.37	9.88				567
3	O'BRIEN, Madie	SO	York (Pa.)	8.15m	8.15	8.09	7.87				409
4	HERNANDEZ-ALBINO, Janitza	JR	Eastern	7.65m	7.17	7.65	7.51				377
5	BARTHOLD, Dekota	FR	Delaware Vall	7.65m	7.44	FOUL	7.65				377
6	RIMSKY, Dani	SO	King's (Pa.)	7.53m	7.53	7.03	FOUL				369
7	GAIZICK, Kasandra	FR	York (Pa.)	6.79m	6.79	FOUL	6.55				322
8	GIBSON, Giavanni	JR	Alvernia	6.72m	6.72	6.39	6.42				317
9	ANYIA, Britney	SO	Alvernia	6.55m	6.27	6.55	6.29				306
10	RYAZANOVA, Stephanie	SR	Stevens	6.39m	5.47	5.67	6.39				296
11	SCHOTT, Olivia	JR	Arcadia	5.92m	5.70	5.92	4.44				266

Women's Indoor Pentathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	SAWICKI, Anna	SO	Lebanon Valley	2149
2	ANYIA, Britney	SO	Alvernia	1730
3	HERNANDEZ-ALBI	JR	Eastern	1693
4	RYAZANOVA, Step	SR	Stevens	1486
5	GIBSON, Giavanni	JR	Alvernia	1417
6	RIMSKY, Dani	SO	King's (Pa.)	1416
7	O'BRIEN, Madie	SO	York (Pa.)	1373
8	GAIZICK, Kasandra	FR	York (Pa.)	1250
9	SCHOTT, Olivia	JR	Arcadia	1235

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Women's Indoor Pentathlon After 3 Events (cont'd)

Pl	Athlete	Yr	Team	Points
10	BARTHOLD, Dekota	FR	Delaware Valley	1166
11	KREINBERG, Megh	SO	FDU-Florham	888

#38-4 Women's Indoor Pentathlon Long Jump

M	MAC Indoor Champ	5.80m	Nicole Weenink	Eastern	2/28/2020
M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	Lebanon Valley	2/25/2017
O	MAC Indoor Overall	5.80m	Nicole Weenink	Eastern	2020
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	Lebanon Valley	2017
O	MAC Indoor Overall	5.80m	Oniesha Clarke	Misericordia	2017

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SAWICKI, Anna		SO Lebanon Vall	5.28m	4.89	5.13	5.28				637
2	ANYIA, Britney		SO Alvernia	5.15m	FOUL	5.15	5.02				601
3	RYAZANOVA, Stephanie		SR Stevens	4.89m	4.77	4.89	4.76				530
4	SCHOTT, Olivia		JR Arcadia	4.84m	4.84	FOUL	4.83				516
5	HERNANDEZ-ALBINO, Janitza		JR Eastern	4.78m	FOUL	4.78	4.76				500
6	GAIZICK, Kasandra		FR York (Pa.)	4.32m	4.29	4.32	4.31				384
7	O'BRIEN, Madie		SO York (Pa.)	4.24m	4.00	4.20	4.24				364
8	RIMSKY, Dani		SO King's (Pa.)	4.16m	3.94	3.99	4.16				345
9	BARTHOLD, Dekota		FR Delaware Vall	3.62m	3.62	FOUL	FOUL				225
10	GIBSON, Giavanni		JR Alvernia	3.06m	FOUL	FOUL	3.06				117
	KREINBERG, Meghan		SO FDU-Florham	NM							

Women's Indoor Pentathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	SAWICKI, Anna	SO	Lebanon Valley	2786
2	ANYIA, Britney	SO	Alvernia	2331
3	HERNANDEZ-ALBI	JR	Eastern	2193
4	RYAZANOVA, Step	SR	Stevens	2016
5	RIMSKY, Dani	SO	King's (Pa.)	1761
6	SCHOTT, Olivia	JR	Arcadia	1751
7	O'BRIEN, Madie	SO	York (Pa.)	1737
8	GAIZICK, Kasandra	FR	York (Pa.)	1634
9	GIBSON, Giavanni	JR	Alvernia	1534
10	BARTHOLD, Dekota	FR	Delaware Valley	1391
11	KREINBERG, Megh	SO	FDU-Florham	888

#38-5 Women's Indoor Pentathlon 800 Meters

M	MAC Indoor Champ	2:11.80	Esther Seeland	Messiah	2/25/2022	Tom & Helen
O	MAC Indoor Overall	2:05.39	Esther Seeland	Messiah	2022	NCAA DIII Record

Pl	Name	Yr	Team	Time	Note	Pts
1	SAWICKI, Anna		SO Lebanon Valley	2:31.63		673
		36.23	37.24 (1:13.46)	39.78 (1:53.24)	38.40 (2:31.63)	
2	SCHOTT, Olivia		JR Arcadia	2:39.92		574
		37.16	40.27 (1:17.42)	43.39 (2:00.81)	39.12 (2:39.92)	
3	GIBSON, Giavanni		JR Alvernia	2:43.55		533
		38.53	40.81 (1:19.34)	44.79 (2:04.13)	39.42 (2:43.55)	
4	ANYIA, Britney		SO Alvernia	2:44.65		521

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RESULTS**#38-5 Women's Indoor Pentathlon 800 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
	38.77	41.24 (1:20.01)	44.33 (2:04.33)	40.32 (2:44.65)		
5	HERNANDEZ-ALBINO, Janitza		JR Eastern	2:45.54		511
	38.26	40.79 (1:19.04)	44.74 (2:03.78)	41.77 (2:45.54)		
6	O'BRIEN, Madie		SO York (Pa.)	2:46.78		498
	39.04	41.60 (1:20.63)	42.51 (2:03.13)	43.65 (2:46.78)		
7	RYAZANOVA, Stephanie		SR Stevens	2:58.40		380
	40.87	46.11 (1:26.98)	48.53 (2:15.51)	42.89 (2:58.40)		
8	BARTHOLD, Dekota		FR Delaware Valley	3:03.76		331
	42.07	46.06 (1:28.12)	48.26 (2:16.38)	47.39 (3:03.76)		
9	RIMSKY, Dani		SO King's (Pa.)	3:03.81		331
	41.32	46.30 (1:27.61)	49.88 (2:17.48)	46.33 (3:03.81)		
10	GAIZICK, Kasandra		FR York (Pa.)	3:06.21		310
	43.57	46.55 (1:30.12)	49.04 (2:19.15)	47.06 (3:06.21)		
	KREINBERG, Meghan		SO FDU-Florham	DNS		

Women's Indoor Pentathlon After 5 Events

Pl	Athlete	Yr	Team	Points
1	SAWICKI, Anna	SO	Lebanon Valley	3459
2	ANYIA, Britney	SO	Alvernia	2852
3	HERNANDEZ-ALBI	JR	Eastern	2704
4	RYAZANOVA, Step	SR	Stevens	2396
5	SCHOTT, Olivia	JR	Arcadia	2325
6	O'BRIEN, Madie	SO	York (Pa.)	2235
7	RIMSKY, Dani	SO	King's (Pa.)	2092
8	GIBSON, Giovanni	JR	Alvernia	2067
9	GAIZICK, Kasandra	FR	York (Pa.)	1944
10	BARTHOLD, Dekota	FR	Delaware Valley	1722

Men's Scores

Pl	Team	Code	Score
1	Lebanon Valley	LEBA	135.5
2	Messiah	MESS	90
3	Widener	WIDE	85
4	Eastern	EAPA	78
5	Stevens	STEV	74.5
6	Misericordia	MISE	62
7	York (Pa.)	YOPA	48.5
8	DeSales	DESA	34
8	Delaware Valley	DEVA	34
10	King's (Pa.)	KING	31
11	Arcadia	ARCA	25
12	Stevenson	STMD	23
13	Alvernia	ALVE	11.5
14	Hood	HOOD	8
15	FDU-Florham	FDUF	1

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Women's Scores

Pl	Team	Code	Score
1	Lebanon Valley	LEBA	107
2	Widener	WIDE	83
3	Stevens	STEV	74
4	King's (Pa.)	KING	67
5	DeSales	DESA	66
6	Misericordia	MISE	65
7	York (Pa.)	YOPA	63
8	Messiah	MESS	59
9	Eastern	EAPA	42
10	Arcadia	ARCA	36
11	Alvernia	ALVE	31
12	FDU-Florham	FDUF	21
13	Stevenson	STMD	12
14	Delaware Valley	DEVA	8
15	Hood	HOOD	7