

2024 MAC CONFERENCE XC CHAMPIONSHIPS

Host: Messiah - Dale Fogelsanger Timing: Pioneer Timing, LLC
Saturday, November 2, 2024



OFFICIAL MEET REPORT
printed: 11/2/2024 2:03 PM

Race #1
WOMEN • 6 Kilometers (3.73 Miles)

Final Results

RACE SUMMARY

Start Time: 11:00 am Conditions: Mostly Sunny Temp: 50 F Winds: 5 S

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Misericordia	50	2-4-9-13-22(23)(25)	1:57:27	23:30	2:02.1
2 Widener	73	1-5-20-21-26(31)(72)	1:59:14	23:51	2:11.2
3 Lebanon Valley	90	7-8-17-28-30(41)(47)	2:00:20	24:04	1:48.5
4 Messiah	121	14-16-24-27-40(46)(52)	2:03:23	24:41	1:26.1
5 Stevens	125	15-18-19-36-37(44)(45)	2:04:00	24:48	1:15.6
6 DeSales	169	3-10-42-54-60(69)(76)	2:05:51	25:11	4:16.4
7 York (Pa.)	211	32-33-38-51-57(59)(67)	2:08:57	25:48	1:46.3
8 Eastern	221	11-43-50-56-61(74)(75)	2:09:46	25:58	3:30.2
9 Hood	255	6-55-63-65-66(79)(80)	2:12:13	26:27	4:29.7
10 Stevenson	258	12-48-53-68-77(83)	2:12:59	26:36	4:41.1
11 Arcadia	261	29-35-62-64-71(81)(82)	2:12:47	26:34	2:56.1
12 Delaware Valley	325	39-58-70-73-85	2:17:55	27:35	4:14.3
13 Alvernia	331	34-49-78-84-86(87)	2:20:33	28:07	5:45.7

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1Mile	2.4mile
1 NYE, Gabriella	SR	388	Widener (1)	1	22:33.5	---	6:02.9	3:45.6	6:05.3	15:05.4
2 GALLAGHER, Grace	JR	319	Misericordia (1)	2	22:38.4	4.9	6:04.2	3:46.4	6:06.0	15:05.6
3 KOZICH, Ellie	FR	179	DeSales (1)	3	22:47.4	13.9	6:06.6	3:47.9	6:14.6	15:21.0
4 WAGNER, Brianna	SR	326	Misericordia (2)	4	22:49.8	16.3	6:07.2	3:48.3	5:58.2	15:05.1
5 LONG, Kathryn	SO	387	Widener (2)	5	22:55.9	22.4	6:08.8	3:49.3	6:05.4	15:14.7
6 NOY, Aylene	JR	226	Hood (1)	6	23:01.5	28.0	6:10.4	3:50.2	6:11.5	15:28.3
7 BARTHOLOMEW, Coyla	JR	261	Lebanon Valley (1)	7	23:05.4	31.9	6:11.4	3:50.9	6:11.7	15:27.9
8 GARGES, Autumn	JR	265	Lebanon Valley (2)	8	23:16.2	42.7	6:14.3	3:52.7	6:14.1	15:35.5
9 KAMMER, Madison	JR	321	Misericordia (3)	9	23:17.1	43.6	6:14.5	3:52.8	6:11.9	15:31.6
10 ESTUS, Haley	SR	174	DeSales (2)	10	23:31.6	58.1	6:18.4	3:55.3	6:14.5	15:32.9
11 SHREFFLER, Hailey	SR	202	Eastern (1)	11	23:45.5	1:12.0	6:22.2	3:57.6	6:13.6	15:42.2
12 GOFFENA, Lyla	FR	368	Stevenson (1)	12	23:52.6	1:19.1	6:24.1	3:58.8	6:14.2	15:51.4
13 MORNINGSTAR, Grace	SO	323	Misericordia (4)	13	24:00.5	1:27.0	6:26.2	4:00.1	6:12.8	16:00.8
14 SWAYNE, Ella	SO	300	Messiah (1)	14	24:06.6	1:33.1	6:27.8	4:01.1	6:36.2	16:12.0
15 ADAMS, Kaitlyn	SO	343	Stevens (1)	15	24:14.0	1:39.5	6:29.8	4:02.3	6:43.4	16:22.9
16 KIMMEL, Madison	SO	291	Messiah (2)	16	24:15.9	1:42.4	6:30.3	4:02.6	6:37.7	16:15.8
17 HUNT, Abigail	JR	267	Lebanon Valley (3)	17	24:17.4	1:43.9	6:30.7	4:02.9	6:19.7	16:12.0
18 FEERICK, Fionna	SR	350	Stevens (2)	18	24:21.9	1:48.4	6:31.9	4:03.7	6:22.7	16:12.7
19 GABAY, Isabella	FR	351	Stevens (3)	19	24:25.7	1:52.2	6:32.9	4:04.3	6:27.3	16:20.8
20 PFEIFER, Shannon	SO	391	Widener (3)	20	24:29.2	1:55.7	6:33.9	4:04.9	6:22.0	16:17.3
21 SWEELY, Jaden	SR	392	Widener (4)	21	24:30.1	1:56.6	6:34.1	4:05.0	6:32.1	16:19.6
22 ULRICH, Rachel	JR	325	Misericordia (5)	22	24:40.5	2:07.0	6:36.9	4:06.7	6:26.9	16:31.2
23 BEEBE, Kayla	FR	315	Misericordia (6)	(23)	24:41.2	2:07.7	6:37.1	4:06.9	6:31.5	16:22.6
24 TURK, Delaney	FR	301	Messiah (3)	24	24:42.6	2:09.1	6:37.5	4:07.1	6:46.9	16:34.6

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Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1Mile	2.4mile
25 MORROW, Madison	SR	324	Misericordia (7)	(25)	24:43.0	2:08.5	6:37.6	4:07.2	6:28.0	16:23.5
26 EGAN, Liz	SR	385	Widener (5)	26	24:44.7	2:11.2	6:38.0	4:07.4	6:37.1	16:38.5
27 SHIRK, Ava	FR	297	Messiah (4)	27	24:45.3	2:11.8	6:38.2	4:07.6	6:39.0	16:35.9
28 KURTZ, Charlee	SO	269	Lebanon Valley (4)	28	24:47.3	2:13.8	6:38.7	4:07.9	6:29.2	16:28.3
29 BROWNE, April	SR	134	Arcadia (1)	29	24:51.9	2:18.4	6:40.0	4:08.6	6:27.9	16:34.4
30 SENGLAR, Kaylee	FR	271	Lebanon Valley (5)	30	24:53.9	2:20.4	6:40.5	4:09.0	6:49.3	16:44.5
31 GOLEMBIEWSKI, Lorelei	FR	386	Widener (6)	(31)	25:04.4	2:30.9	6:43.3	4:10.7	6:26.6	16:30.5
32 TENNEY, Isabel	SO	410	York (Pa.) (1)	32	25:04.9	2:31.4	6:43.5	4:10.8	6:40.0	16:47.4
33 FRY, Lindsay	SR	406	York (Pa.) (2)	33	25:07.6	2:34.1	6:44.2	4:11.3	6:40.0	16:43.7
34 MCCLINTOCK, Ashley	SO	123	Alvernia (1)	34	25:08.3	2:34.8	6:44.4	4:11.4	6:50.2	16:59.7
35 CURNOW, Grace	JR	136	Arcadia (2)	35	25:25.1	2:51.6	6:48.8	4:14.2	6:30.9	16:41.0
36 LULAJ, Jacqueline	SR	352	Stevens (4)	36	25:28.5	2:55.0	6:49.8	4:14.7	6:45.8	16:51.1
37 BURDEN, Nina	SR	346	Stevens (5)	37	25:29.5	2:56.0	6:50.1	4:14.9	6:43.5	16:57.2
38 REIDENBAUGH, Kayla	FR	408	York (Pa.) (3)	38	25:30.0	2:55.5	6:50.2	4:15.0	6:51.3	16:56.1
39 EAST, Emma	SO	150	Delaware Valley (1)	39	25:31.1	2:57.6	6:50.5	4:15.2	6:35.8	17:02.2
40 YEAGER, Aubrey	FR	302	Messiah (5)	40	25:32.7	2:59.2	6:50.9	4:15.5	6:55.6	17:03.2
41 KAPCSOS, Sierra	JR	268	Lebanon Valley (6)	(41)	25:35.7	3:02.2	6:51.7	4:15.9	6:52.9	17:14.3
42 VIGLIANTI, Nina	SR	182	DeSales (3)	42	25:40.2	3:06.7	6:52.9	4:16.7	6:53.4	17:13.2
43 WADE, Julia	FR	204	Eastern (2)	43	25:45.1	3:11.6	6:54.2	4:17.5	6:37.4	17:14.3
44 SADOWSKI, Anya	FR	354	Stevens (6)	(44)	25:47.1	3:13.6	6:54.8	4:17.8	6:55.0	17:03.9
45 BENDER, Madeline	FR	344	Stevens (7)	(45)	25:47.2	3:13.7	6:54.8	4:17.9	6:47.4	17:04.1
46 ROZEK, Samantha	SR	353	Stevens	-	25:49.0	3:14.5	6:55.3	4:18.2	6:54.9	17:16.5
47 PINEDA, Elana	FR	295	Messiah (6)	(46)	25:58.3	3:24.8	6:57.8	4:19.7	6:44.4	17:12.5
48 WAGNER, Christine	FR	272	Lebanon Valley (7)	(47)	26:00.6	3:27.1	6:58.4	4:20.1	6:51.5	17:29.2
49 LACEY, Savannah	SO	370	Stevenson (2)	48	26:06.3	3:32.8	6:59.9	4:21.0	6:49.7	17:23.7
50 JERRAHIAN, Paige	SO	122	Alvernia (2)	49	26:08.1	3:34.6	7:00.4	4:21.3	6:48.1	17:24.0
51 HOFFMAN, Aleah	JR	266	Lebanon Valley	-	26:08.4	3:34.9	7:00.5	4:21.4	6:52.5	17:09.7
52 SIDER-ROSE, Anastasia	JR	203	Eastern (3)	50	26:08.6	3:35.1	7:00.5	4:21.4	7:17.5	17:40.1
53 CHIPRIANO, Cecilia	JR	241	King's (Pa.)	-	26:09.9	3:36.4	7:00.9	4:21.6	6:49.7	17:25.9
54 BORLEIS, Caroline	SO	262	Lebanon Valley	-	26:15.4	3:41.9	7:02.3	4:22.6	7:05.5	17:39.7
55 HAMMOND, Angelina	FR	407	York (Pa.) (4)	51	26:23.0	3:48.5	7:04.4	4:23.8	6:52.3	17:31.3
56 ENES, Taylor	JR	349	Stevens	-	26:24.4	3:50.9	7:04.8	4:24.1	7:02.3	17:45.2
57 KELLER, Allison	JR	289	Messiah (7)	(52)	26:25.3	3:51.8	7:05.0	4:24.2	7:00.1	17:44.8
58 BAGNATO, Briella	FR	212	FDU-Florham	-	26:29.0	3:54.5	7:06.0	4:24.8	6:50.9	17:35.9
59 FETTEROFF, Danielle	JR	264	Lebanon Valley	-	26:30.6	3:57.1	7:06.4	4:25.1	7:06.6	17:43.1
60 FLESCHUT, Madison	SO	318	Misericordia	-	26:37.8	4:04.3	7:08.3	4:26.3	6:42.4	17:30.8
61 DAVIS, Meghan	FR	366	Stevenson (3)	53	26:43.9	4:10.4	7:10.0	4:27.3	6:57.9	17:51.0
62 HOLLANDER, Andie	SO	176	DeSales (4)	54	26:48.2	4:14.7	7:11.1	4:28.0	6:52.1	17:45.3
63 MYNIO, Samantha	SO	293	Messiah	-	26:48.8	4:15.3	7:11.3	4:28.1	7:08.6	17:55.2
64 GREEN, Promise	FR	224	Hood (2)	55	26:49.0	4:15.5	7:11.4	4:28.2	7:15.3	18:03.8
65 KIPNIS, Chelsea	FR	198	Eastern (4)	56	26:50.4	4:16.9	7:11.7	4:28.4	7:06.9	18:06.6
66 WICKARD, Taylor	SO	412	York (Pa.) (5)	57	26:51.2	4:17.7	7:11.9	4:28.5	7:18.6	17:55.4
67 TAYLOR, Lindsay	SO	155	Delaware Valley (2)	58	26:53.5	4:20.0	7:12.6	4:28.9	6:57.4	18:02.9
68 BONDI, Catherine	FR	345	Stevens	-	26:54.3	4:20.8	7:12.8	4:29.0	7:00.5	17:45.7
69 BARNER, Amiah	FR	405	York (Pa.) (6)	(59)	26:55.7	4:22.2	7:13.2	4:29.3	7:18.1	18:05.3
70 MILOSEVIC, Nina	FR	270	Lebanon Valley	-	27:00.4	4:26.9	7:14.4	4:30.1	7:05.9	17:54.2

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Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1Mile	2.4mile
71 KLEIN, Angelina	SO	178	DeSales (5)	60	27:03.7	4:30.2	7:15.3	4:30.6	6:56.2	18:09.2
72 SAFER, Juliette	SR	296	Messiah	-	27:11.1	4:37.6	7:17.3	4:31.8	7:03.4	18:04.4
73 HILL, Tierra	FR	196	Eastern (5)	61	27:15.7	4:42.2	7:18.5	4:32.6	7:18.3	18:17.6
74 ENGLER, Jacqueline	SR	138	Arcadia (3)	62	27:18.2	4:44.7	7:19.2	4:33.0	6:59.6	18:05.2
75 SMITH, Samantha	FR	229	Hood (3)	63	27:20.2	4:46.7	7:19.7	4:33.4	7:15.5	18:10.8
76 LEISTER, Tia	SO	140	Arcadia (4)	64	27:23.5	4:50.0	7:20.6	4:33.9	7:11.3	18:14.0
77 DEVRIES, Kayra	SO	288	Messiah	-	27:23.5	4:50.0	7:20.6	4:33.9	7:00.1	18:01.9
78 MILLER, Olivia	FR	292	Messiah	-	27:24.9	4:51.4	7:21.0	4:34.1	7:12.3	18:17.2
79 MULHOLLAND, Megan	JR	225	Hood (4)	65	27:30.5	4:57.0	7:22.5	4:35.1	7:19.2	18:30.1
80 OLIVAR, Rosa	FR	227	Hood (5)	66	27:31.1	4:57.6	7:22.7	4:35.2	7:17.8	18:30.7
81 THOMAS, Jayde	SO	411	York (Pa.) (7)	(67)	27:33.3	4:59.8	7:23.2	4:35.5	7:17.1	18:16.8
82 AGREDA, Amy	SR	364	Stevenson (4)	68	27:42.6	5:09.1	7:25.7	4:37.1	7:09.0	18:21.8
83 CEN, Kate	SO	348	Stevens	-	27:43.5	5:10.0	7:26.0	4:37.3	7:26.7	18:38.6
84 KIME, Meagan	FR	290	Messiah	-	27:43.9	5:10.4	7:26.1	4:37.3	7:08.8	18:14.6
85 CHIDESTER, Elizabeth	SR	171	DeSales (6)	(69)	27:44.2	5:10.7	7:26.2	4:37.4	7:18.3	18:30.5
86 HERRERA, Eva	SO	152	Delaware Valley (3)	70	27:47.3	5:13.8	7:27.0	4:37.9	6:58.9	18:31.2
87 WEAVER, Maren	SO	141	Arcadia (5)	71	27:48.0	5:13.5	7:27.2	4:38.0	6:49.2	18:06.3
88 PAULIN, Sarah	SO	390	Widener (7)	(72)	27:50.0	5:15.5	7:27.7	4:38.3	7:15.9	18:31.7
89 SWEARINGEN, Samantha	SO	154	Delaware Valley (4)	73	27:57.9	5:24.4	7:29.8	4:39.6	7:08.0	18:44.2
90 NEWSOME, Kayleigh	FR	201	Eastern (6)	(74)	27:59.2	5:25.7	7:30.2	4:39.9	7:20.7	18:34.1
91 CROGE, Gisella	FR	194	Eastern (7)	(75)	28:04.5	5:31.0	7:31.6	4:40.7	7:20.4	18:53.1
92 LEWIS, Erica	FR	199	Eastern	-	28:05.0	5:30.5	7:31.7	4:40.8	7:20.5	18:46.8
93 SEYMOUR, Lexi	FR	409	York (Pa.)	-	28:08.6	5:35.1	7:32.7	4:41.4	7:19.0	18:42.9
94 FERRARA, Jessica	FR	195	Eastern	-	28:11.2	5:37.7	7:33.4	4:41.9	7:35.5	18:59.9
95 TOMPKINS, Adia	SO	181	DeSales (7)	(76)	28:15.6	5:42.1	7:34.6	4:42.6	7:08.0	18:40.7
96 EYER, Lindsey	FR	242	King's (Pa.)	-	28:21.4	5:47.9	7:36.1	4:43.6	7:21.3	18:53.0
97 EAGLE, Malee	JR	367	Stevenson (5)	77	28:33.7	6:00.2	7:39.4	4:45.6	7:28.3	18:59.7
98 EROH, Madison	FR	263	Lebanon Valley	-	28:35.6	6:02.1	7:39.9	4:45.9	7:10.6	18:40.9
99 STERNBERG, Caitlin	SR	126	Alvernia (3)	78	28:43.9	6:10.4	7:42.2	4:47.3	7:22.0	18:51.6
100 SCHLOSSBERG, Jenny	FR	228	Hood (6)	(79)	28:45.5	6:12.0	7:42.6	4:47.6	7:34.4	19:05.7
101 BARTMAN, Marin	JR	223	Hood (7)	(80)	28:47.5	6:14.0	7:43.1	4:47.9	7:30.7	19:07.1
102 DURBANO, Abby	JR	173	DeSales	-	28:52.6	6:19.1	7:44.5	4:48.8	7:28.3	19:21.9
103 RYAN, Mara	SO	244	King's (Pa.)	-	29:00.9	6:27.4	7:46.7	4:50.2	7:40.7	19:32.6
104 HEFFERNAN, Sarah	FR	139	Arcadia (6)	(81)	29:03.9	6:30.4	7:47.5	4:50.6	7:23.3	19:31.9
105 DAWSON, Bryce	FR	137	Arcadia (7)	(82)	29:06.7	6:33.2	7:48.3	4:51.1	7:19.7	19:12.7
106 ADAMO, Gianna	SO	342	Stevens	-	29:08.9	6:35.4	7:48.9	4:51.5	7:55.7	19:36.2
107 CONNORS, Sydney	SR	135	Arcadia	-	29:20.5	6:47.0	7:52.0	4:53.4	7:09.8	19:29.6
108 GRIMES, Olivia	SO	369	Stevenson (6)	(83)	29:30.9	6:57.4	7:54.8	4:55.1	7:33.2	19:40.4
109 TIGHE, Eren	JR	111	Albright	-	29:31.3	6:57.8	7:54.9	4:55.2	7:29.6	19:30.3
110 MURPHY, Eileen	JR	180	DeSales	-	29:35.2	7:01.7	7:55.9	4:55.9	7:59.9	20:04.1
111 POLASKI, Julia	FR	124	Alvernia (4)	84	29:38.3	7:04.8	7:56.8	4:56.4	7:36.3	19:39.4
112 GECHTER, Kamella	SO	151	Delaware Valley (5)	85	29:45.3	7:11.8	7:58.6	4:57.6	7:25.8	19:43.6
113 MOYLAN, Madison	SR	200	Eastern	-	30:32.8	7:59.3	8:11.4	5:05.5	8:07.2	20:19.6
114 ST. PIERRE, Mackenzie	SR	125	Alvernia (5)	86	30:54.0	8:19.5	8:17.0	5:09.0	7:33.9	20:34.0
115 COOK, Mary	FR	172	DeSales	-	31:04.0	8:29.5	8:19.7	5:10.7	8:05.9	21:01.8
116 PURSE, Mai	SO	215	FDU-Florham	-	31:17.2	8:43.7	8:23.3	5:12.9	8:05.3	20:44.2

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117 GARRITY, Abigail	FR	320	Misericordia	-	31:35.2	9:01.7	8:28.1	5:15.9	7:42.7	21:05.2
118 FLYNN, Julia	FR	214	FDU-Florham	-	32:03.3	9:29.8	8:35.6	5:20.5	8:04.5	21:24.7
119 WHITE, Tianna	FR	230	Hood	-	34:07.6	11:34.1	9:08.9	5:41.3	9:13.7	23:52.0
120 FLATT, Briana	FR	213	FDU-Florham	-	34:11.1	11:37.6	9:09.9	5:41.8	8:32.7	22:54.8
121 KARGBO, Aminata	FR	107	Albright	-	35:29.2	12:55.7	9:30.8	5:54.9	8:32.6	23:46.2
122 HALL, Brooke	FR	121	Alvernia (6)	(87)	36:08.4	13:34.9	9:41.3	6:01.4	9:21.1	24:29.5
123 HARTZELL, Sarah	FR	243	King's (Pa.)	-	36:15.9	13:42.4	9:43.3	6:02.6	9:13.6	24:15.9
124 STANDEY, Sauveur	FR	110	Albright	-	38:32.9	15:59.4	10:20.1	6:25.5	9:58.7	26:27.8
125 CRISPELL, Quinn	JR	316	Misericordia	-	38:38.8	16:05.3	10:21.7	6:26.5	10:20.2	25:45.4
126 MUHAMMAD EL, Kenya	FR	109	Albright	-	44:00.0	21:25.5	11:47.8	7:20.0	10:56.5	29:47.2

2024 MAC CONFERENCE XC CHAMPIONSHIPS

Host: Messiah - Dale Fogelsanger Timing: Pioneer Timing, LLC
Saturday, November 2, 2024



OFFICIAL MEET REPORT
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Race #2 MEN • 8 Kilometers (4.97 Miles)

Final Results

RACE SUMMARY

Start Time: 0:00 pm Conditions: Mostly Sunny Temp: 50 F Winds: 5 S

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lebanon Valley	34	1-2-7-8-16(23)(26)	2:13:12	26:39	1:10.1
2 Misericordia	71	3-11-14-21-22(30)(67)	2:15:45	27:09	1:10.4
3 Messiah	77	5-6-17-20-29(35)(36)	2:15:50	27:10	1:19.1
4 DeSales	98	10-18-19-24-27(31)(40)	2:17:01	27:25	0:35.7
5 Stevens	165	13-28-37-43-44(46)(53)	2:20:02	28:01	1:19.0
6 Widener	168	4-25-38-45-56(60)(74)	2:19:42	27:57	2:39.8
7 York (Pa.)	190	12-41-42-47-48(50)(51)	2:21:17	28:16	1:30.6
8 Eastern	234	15-32-58-64-65(68)(69)	2:24:23	28:53	2:39.9
9 Alvernia	298	33-54-62-72-77(87)(94)	2:28:02	29:37	3:08.5
10 Arcadia	327	52-57-59-79-80	2:31:24	30:17	3:05.4
11 King's (Pa.)	330	9-61-81-84-95	2:36:49	31:22	8:28.4
12 Stevenson	340	39-70-73-75-83(89)	2:31:54	30:23	4:30.9
13 Hood	345	34-49-76-86-100	2:39:48	31:58	10:42.8
14 FDU-Florham	397	63-71-78-92-93(102)	2:41:15	32:15	5:15.8
15 Delaware Valley	411	66-82-85-88-90(91)(101)	2:43:29	32:42	4:14.5
16 Albright	445	55-96-97-98-99	2:55:42	35:09	9:02.0

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1mile	2.4mile	6km
1 LIEBERMAN, Rory	SO	253	Lebanon Valley (1)	1	26:05.6	---	5:15.0	3:15.7	5:13.6	12:46.9	19:17.5
2 SANTANA, Matthew	SO	258	Lebanon Valley (2)	2	26:11.1	5.5	5:16.1	3:16.4	5:13.4	12:48.2	19:20.4
3 ROWLEY, Stephen	SR	312	Misericordia (1)	3	26:22.6	17.0	5:18.4	3:17.8	5:13.9	12:51.8	19:29.0
4 FLEAR, Thomas	JR	375	Widener (1)	4	26:24.9	19.3	5:18.9	3:18.1	5:15.3	13:00.3	19:31.8
5 FETTER, Louka	JR	280	Messiah (1)	5	26:32.6	27.0	5:20.4	3:19.1	5:16.9	13:03.6	19:44.0
6 CONDON, John	JR	278	Messiah (2)	6	26:37.9	32.3	5:21.5	3:19.7	5:12.8	13:01.5	19:49.6
7 CHUKOSKIE, Joseph	JR	248	Lebanon Valley (3)	7	26:48.5	42.9	5:23.6	3:21.1	5:18.1	13:12.5	19:51.2
8 SHELTON, Eric	JR	259	Lebanon Valley (4)	8	26:51.1	45.5	5:24.2	3:21.4	5:23.0	13:14.6	19:57.7
9 FOYTACK, Owen	SR	231	King's (Pa.) (1)	9	26:52.3	46.7	5:24.4	3:21.5	5:18.5	13:14.8	20:03.4
10 WILSON, Joey	SO	170	DeSales (1)	10	27:03.2	57.6	5:26.6	3:22.9	5:15.9	13:08.7	20:02.4
11 BRICKER, Thomas	JR	305	Misericordia (2)	11	27:04.1	58.5	5:26.8	3:23.0	5:22.9	13:12.6	19:56.6
12 HUNT, Tyler	SR	397	York (Pa.) (1)	12	27:10.3	1:04.7	5:28.0	3:23.8	5:23.7	13:26.4	20:15.9
13 CONCANNON, Liam	SR	330	Stevens (1)	13	27:13.0	1:06.4	5:28.6	3:24.1	5:13.3	12:51.4	19:55.3
14 MCKENNA, Tavian	SR	308	Misericordia (3)	14	27:14.7	1:09.1	5:28.9	3:24.3	5:23.4	13:14.0	20:05.6
15 MELLINGER, Ryle	JR	189	Eastern (1)	15	27:15.3	1:09.7	5:29.0	3:24.4	5:29.8	13:22.5	20:13.0
16 NAMATKA, Andrew	FR	256	Lebanon Valley (5)	16	27:15.7	1:10.1	5:29.1	3:24.5	5:28.8	13:27.2	20:18.1
17 COSTELLO, Kyle	JR	279	Messiah (3)	17	27:20.1	1:14.5	5:30.0	3:25.0	5:22.6	13:20.9	20:13.0
18 TRUMP, Davis	JR	168	DeSales (2)	18	27:22.2	1:16.6	5:30.4	3:25.3	5:25.6	13:23.2	20:18.6
19 DEREMER, Josh	SR	160	DeSales (3)	19	27:22.9	1:17.3	5:30.6	3:25.4	5:25.4	13:21.7	20:17.9
20 KABAKJIAN, Kaleb	FR	281	Messiah (4)	20	27:27.5	1:21.9	5:31.5	3:25.9	5:27.6	13:24.3	20:18.4

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1mile	2.4mile	6km
21 WEBER, Ryan	SO	314	Misericordia (4)	21	27:30.3	1:24.7	5:32.1	3:26.3	5:24.3	13:21.2	20:16.3
22 RHINEHART, Trey	JR	311	Misericordia (5)	22	27:32.9	1:27.3	5:32.6	3:26.6	5:17.2	13:04.4	19:46.6
23 ROTHSTEIN, Samuel	JR	257	Lebanon Valley (6)	(23)	27:33.7	1:28.1	5:32.7	3:26.7	5:16.6	13:16.8	20:17.0
24 RICCO, Eric	SR	164	DeSales (4)	24	27:34.0	1:27.4	5:32.8	3:26.7	5:26.4	13:27.2	20:25.7
25 NESCIO, Joseph	SR	380	Widener (2)	25	27:34.2	1:28.6	5:32.8	3:26.8	5:16.2	13:09.0	20:08.9
26 LENHART, Dylan	SO	252	Lebanon Valley (7)	(26)	27:35.0	1:28.4	5:33.0	3:26.9	5:45.1	13:44.7	20:33.5
27 CALLANO, Jozef	SO	157	DeSales (5)	27	27:38.9	1:33.3	5:33.8	3:27.4	5:30.2	13:32.9	20:26.0
28 AYLMEER, Jake	SR	328	Stevens (2)	28	27:45.9	1:40.3	5:35.2	3:28.2	5:14.2	13:08.3	20:25.5
29 MILLER, Donald	JR	255	Lebanon Valley	-	27:46.4	1:40.8	5:35.3	3:28.3	5:31.9	13:38.5	20:33.5
30 KAY, Jackson	FR	283	Messiah (5)	29	27:51.6	1:46.0	5:36.3	3:28.9	5:36.3	13:45.8	20:45.9
31 SHULMAN, Ryan	JR	313	Misericordia (6)	(30)	27:52.2	1:46.6	5:36.4	3:29.0	5:24.0	13:22.7	20:24.9
32 PHILLIPS, Bryce	FR	163	DeSales (6)	(31)	27:54.6	1:49.0	5:36.9	3:29.3	5:27.1	13:31.4	20:41.9
33 WALTON, Robert	SO	191	Eastern (2)	32	27:56.5	1:50.9	5:37.3	3:29.6	5:29.4	13:25.8	20:44.4
34 HAHN, Spencer	SO	114	Alvernia (1)	33	27:56.6	1:51.0	5:37.3	3:29.6	5:25.0	13:22.3	20:27.3
35 SAPPE, Chris	JR	220	Hood (1)	34	27:58.0	1:51.4	5:37.6	3:29.7	5:29.4	13:40.0	20:44.3
36 BILLET, Tyler	JR	275	Messiah (6)	(35)	27:59.1	1:53.5	5:37.8	3:29.9	5:35.2	13:44.3	20:46.1
37 COGGINS, Nathaniel	JR	276	Messiah (7)	(36)	27:59.9	1:54.3	5:38.0	3:30.0	5:40.9	13:46.6	20:49.9
38 ONODY, Bryan	SR	336	Stevens (3)	37	28:00.3	1:54.7	5:38.1	3:30.0	5:24.8	13:31.6	20:38.3
39 REMENTER, Zachary	JR	384	Widener (3)	38	28:04.1	1:58.5	5:38.8	3:30.5	5:35.4	13:43.7	20:46.8
40 SCHINDLER, Hayden	SR	362	Stevenson (1)	39	28:06.6	2:01.0	5:39.4	3:30.8	5:16.4	13:33.7	20:34.0
41 BAUMAN, Josh	SR	273	Messiah	-	28:07.4	2:01.8	5:39.5	3:30.9	5:40.3	13:46.3	20:50.6
42 MCKELL, Elijah	JR	254	Lebanon Valley	-	28:10.7	2:05.1	5:40.2	3:31.3	5:28.2	13:27.8	20:38.7
43 SMITH, Jordan	FR	167	DeSales (7)	(40)	28:12.8	2:07.2	5:40.6	3:31.6	5:29.4	13:41.6	20:55.6
44 WALKO, Lukas	SO	260	Lebanon Valley	-	28:20.0	2:13.4	5:42.0	3:32.5	5:32.0	13:44.9	20:48.8
45 HERMAN, James	SR	396	York (Pa.) (2)	41	28:23.8	2:18.2	5:42.8	3:33.0	5:34.5	14:00.4	21:07.7
46 SMOOT, Josh	JR	404	York (Pa.) (3)	42	28:26.9	2:21.3	5:43.4	3:33.4	5:45.8	14:16.7	21:25.9
47 JUTRAS, Daniel	JR	334	Stevens (4)	43	28:30.8	2:25.2	5:44.2	3:33.8	5:34.9	13:43.0	20:56.8
48 PORCO, Jake	SR	340	Stevens (5)	44	28:31.9	2:26.3	5:44.4	3:34.0	5:43.9	14:00.6	21:10.1
49 CONNELL, Tim	SR	158	DeSales	-	28:32.7	2:27.1	5:44.6	3:34.1	5:30.9	13:50.9	21:08.4
50 CAROLAN, Michael	JR	373	Widener (4)	45	28:34.1	2:28.5	5:44.9	3:34.3	5:42.5	13:51.8	21:04.6
51 DI CESARE, Alec	JR	250	Lebanon Valley	-	28:34.2	2:28.6	5:44.9	3:34.3	5:46.6	14:06.6	21:21.9
52 ORLANDO, Frank	SR	337	Stevens (6)	(46)	28:34.4	2:28.8	5:44.9	3:34.3	5:28.2	13:43.9	21:01.5
53 SMITH, Sean	SR	403	York (Pa.) (4)	47	28:34.4	2:28.8	5:44.9	3:34.3	5:43.3	14:07.4	21:16.0
54 GOWER-HALL, Isaac	SO	395	York (Pa.) (5)	48	28:40.9	2:35.3	5:46.2	3:35.1	5:33.8	13:52.2	21:10.5
55 SESKAR, Alex	JR	221	Hood (2)	49	28:43.5	2:37.9	5:46.8	3:35.4	5:30.5	13:58.2	21:12.6
56 NOLAN, Pierce	SR	399	York (Pa.) (6)	(50)	28:43.5	2:37.9	5:46.8	3:35.4	5:33.3	13:54.4	21:11.9
57 ALLEN, Liam	SO	246	Lebanon Valley	-	28:44.6	2:39.0	5:47.0	3:35.6	5:46.3	14:06.8	21:17.5
58 SMITH, cody	SR	166	DeSales	-	28:46.9	2:41.3	5:47.5	3:35.9	5:35.7	14:03.0	21:19.5
59 DOSKOCIL, Dylan	SO	161	DeSales	-	28:50.3	2:44.7	5:48.1	3:36.3	5:33.1	13:55.4	21:17.7
60 PRICE, Neal	FR	401	York (Pa.) (7)	(51)	28:51.6	2:46.0	5:48.4	3:36.4	5:43.4	14:11.5	21:28.7
61 WILLIAMSON, Ben	JR	133	Arcadia (1)	52	28:54.2	2:48.6	5:48.9	3:36.8	5:31.0	13:57.8	21:21.9
62 STEPHEN, Caleb	JR	341	Stevens (7)	(53)	28:54.5	2:48.9	5:49.0	3:36.8	5:26.6	13:44.1	21:19.7
63 WENDEL, Zackary	JR	120	Alvernia (2)	54	28:55.0	2:48.4	5:49.1	3:36.9	5:50.5	14:22.3	21:35.0
64 KAUFFMAN, Lance	SR	282	Messiah	-	28:55.7	2:50.1	5:49.2	3:37.0	5:45.6	14:04.8	21:28.5
65 ZAMICHEL, Dante	SR	106	Albright (1)	55	28:56.9	2:51.3	5:49.5	3:37.1	5:29.8	13:53.0	21:23.7
66 NG, Ethan	SO	381	Widener (5)	56	29:04.7	2:59.1	5:51.0	3:38.1	5:45.2	14:11.2	21:37.0

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1mile	2.4mile	6km
67 BARBI, Mick	JR	329	Stevens	-	29:07.4	3:01.8	5:51.6	3:38.4	5:43.9	13:59.9	21:38.8
68 OAKES, Jose	FR	400	York (Pa.)	-	29:07.4	3:01.8	5:51.6	3:38.4	5:46.4	14:18.2	21:30.6
69 MEDROW, Kevin	FR	335	Stevens	-	29:08.0	3:01.4	5:51.7	3:38.5	5:45.9	14:18.0	21:45.5
70 GRIFFIN, Cillian	FR	332	Stevens	-	29:15.3	3:09.7	5:53.2	3:39.4	5:43.9	14:05.4	21:34.8
71 COVAGE, Jacob	FR	130	Arcadia (2)	57	29:15.5	3:09.9	5:53.2	3:39.4	5:38.7	14:08.6	21:38.5
72 PARADINE, Ryan	SO	338	Stevens	-	29:24.2	3:18.6	5:55.0	3:40.5	5:43.8	14:05.7	21:34.0
73 ZAMICHEL, Anthony	FR	193	Eastern (3)	58	29:24.2	3:18.6	5:55.0	3:40.5	5:42.6	14:09.8	21:49.6
74 FRY, Logan	SR	394	York (Pa.)	-	29:25.5	3:19.9	5:55.2	3:40.7	5:54.9	14:39.3	22:02.8
75 BLYTH, Brendan	SO	127	Arcadia (3)	59	29:30.2	3:24.6	5:56.2	3:41.3	5:18.9	13:11.7	20:39.8
76 BAXTER, Sean	JR	274	Messiah	-	29:33.4	3:27.8	5:56.8	3:41.7	5:41.2	13:54.0	21:44.5
77 KELLY, Gavin	JR	378	Widener (6)	(60)	29:34.5	3:28.9	5:57.0	3:41.8	5:39.7	14:05.2	21:37.8
78 SARKETT, Evan	SO	287	Messiah	-	29:37.4	3:31.8	5:57.6	3:42.2	5:13.5	14:01.1	21:48.7
79 SIDORSKI, Andrew	SO	165	DeSales	-	29:38.2	3:32.6	5:57.8	3:42.3	5:34.7	14:18.0	21:58.1
80 COOK, James	JR	159	DeSales	-	29:42.6	3:37.0	5:58.7	3:42.8	5:41.4	14:19.8	21:53.1
81 ROSSI, Joey	FR	238	King's (Pa.) (2)	61	29:45.1	3:39.5	5:59.2	3:43.1	5:49.3	14:39.1	22:13.9
82 MARTINEZ, Samuel	SO	116	Alvernia (3)	62	29:46.7	3:41.1	5:59.5	3:43.3	5:48.0	14:23.8	21:58.1
83 TORODE, Emmanuel	JR	211	FDU-Florham (1)	63	29:49.7	3:44.1	6:00.1	3:43.7	5:41.9	14:16.5	21:52.2
84 ROSEBOOM, Jack	SR	402	York (Pa.)	-	29:51.5	3:45.9	6:00.5	3:43.9	5:34.0	13:59.3	21:47.2
85 WEIR, Levi	SO	192	Eastern (4)	64	29:51.6	3:46.0	6:00.5	3:43.9	5:53.0	14:29.1	22:04.4
86 DANIEL, Astin	JR	186	Eastern (5)	65	29:55.1	3:49.5	6:01.2	3:44.4	5:53.2	14:35.7	22:15.6
87 SKIKUS, Matthew	JR	149	Delaware Valley (1)	66	29:55.7	3:50.1	6:01.3	3:44.5	5:32.5	14:14.4	21:58.8
88 DRUCKEMILLER, Tylor	FR	393	York (Pa.)	-	29:58.6	3:53.0	6:01.9	3:44.8	5:56.8	14:43.3	22:21.6
89 MEDVETZ, Weston	SO	309	Misericordia (7)	(67)	30:01.1	3:55.5	6:02.4	3:45.1	5:47.5	14:32.9	22:10.3
90 BELTRAN-GARCIA, Jonatha	FR	185	Eastern (6)	(68)	30:02.6	3:57.0	6:02.7	3:45.3	5:51.8	14:39.8	22:14.4
91 KARCH, Jason	JR	187	Eastern (7)	(69)	30:03.0	3:56.4	6:02.8	3:45.4	5:53.4	14:46.8	22:22.7
92 JEFFREY, Rashaun	FR	306	Misericordia	-	30:10.9	4:05.3	6:04.3	3:46.4	5:47.2	14:34.7	22:10.4
93 HAGAN, Anthony	SO	357	Stevenson (2)	70	30:12.5	4:06.9	6:04.7	3:46.6	5:42.3	14:32.4	22:17.0
94 MCGINNITY, Evan	FR	207	FDU-Florham (2)	71	30:13.1	4:07.5	6:04.8	3:46.6	5:42.9	14:35.6	22:22.1
95 SMELTZ, Nathan	FR	119	Alvernia (4)	72	30:18.8	4:13.2	6:05.9	3:47.3	5:50.9	14:36.2	22:20.4
96 PAGLIA, Julian	SO	361	Stevenson (3)	73	30:22.4	4:16.8	6:06.7	3:47.8	5:44.5	14:32.3	22:25.5
97 KILHEENEY, Drew	SR	398	York (Pa.)	-	30:25.2	4:19.6	6:07.2	3:48.2	5:44.5	14:31.9	22:16.0
98 RAY, Ashton	SO	383	Widener (7)	(74)	30:28.2	4:22.6	6:07.8	3:48.5	5:52.7	14:46.1	22:37.2
99 O'KEEFE, Daniel	FR	310	Misericordia	-	30:31.9	4:26.3	6:08.6	3:49.0	5:55.3	14:42.5	22:25.2
100 LONG, Tyler	FR	188	Eastern	-	30:32.4	4:26.8	6:08.7	3:49.0	5:44.7	14:38.2	22:26.6
101 HALLEY, Isaiah	SR	358	Stevenson (4)	75	30:34.6	4:29.0	6:09.1	3:49.3	5:37.0	14:22.0	22:25.4
102 KREIDER, Bradley	FR	285	Messiah	-	30:40.1	4:34.5	6:10.2	3:50.0	5:44.9	14:36.3	22:23.3
103 SCHILLING, Matthew	FR	190	Eastern	-	30:46.6	4:41.0	6:11.5	3:50.8	5:51.5	14:40.0	22:35.0
104 HERSH, Warren	SO	218	Hood (3)	76	30:47.7	4:42.1	6:11.8	3:51.0	5:50.2	14:34.7	22:35.7
105 AMATO, Owen	FR	303	Misericordia	-	31:02.9	4:57.3	6:14.8	3:52.9	5:47.0	14:44.9	22:45.2
106 BITERA, Cholo	SR	304	Misericordia	-	31:03.3	4:57.7	6:14.9	3:52.9	5:56.6	14:56.1	22:54.0
107 DENNISON, Ryan	JR	113	Alvernia (5)	77	31:05.0	4:58.4	6:15.2	3:53.1	5:59.6	15:02.9	22:52.7
108 PASSARELLI, Luke	FR	209	FDU-Florham (3)	78	31:20.5	5:14.9	6:18.4	3:55.1	5:55.8	15:25.6	23:18.6
109 BAISDEN, Christopher	FR	184	Eastern	-	31:27.3	5:21.7	6:19.7	3:55.9	5:54.4	14:45.2	22:53.3
110 CHAUHAN, Dylan	FR	128	Arcadia (4)	79	31:44.2	5:38.6	6:23.1	3:58.0	5:59.0	15:30.4	23:49.5
111 GENTILE-ADAMSON, Lando	FR	131	Arcadia (5)	80	31:59.6	5:54.0	6:26.2	3:59.9	5:50.2	15:30.3	23:49.5
112 LANE, Travis	SR	234	King's (Pa.) (3)	81	32:02.2	5:56.6	6:26.8	4:00.3	6:15.4	15:38.1	23:49.1

2024 MAC CONFERENCE XC CHAMPIONSHIPS

Host: Messiah - Dale Fogelsanger Timing: Pioneer Timing, LLC
Saturday, November 2, 2024



OFFICIAL MEET REPORT
printed: 11/2/2024 2:03 PM

Race #2 MEN • 8 Kilometers (4.97 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1mile	2.4mile	6km
113 MESSENGER, Caleb	SO	148	Delaware Valley (2)	82	32:12.3	6:06.7	6:28.8	4:01.5	5:54.0	15:26.4	23:52.2
114 FRAZEE, Logan	FR	356	Stevenson (5)	83	32:37.5	6:31.9	6:33.8	4:04.7	5:52.6	15:34.5	24:04.1
115 NOVROCKI, Andrew	SR	236	King's (Pa.) (4)	84	32:48.8	6:43.2	6:36.1	4:06.1	6:15.3	15:44.1	24:21.3
116 PLUNKETT, James	FR	382	Widener	-	32:54.5	6:48.9	6:37.3	4:06.8	6:12.9	16:05.6	24:27.6
117 DEL COLLO, Colton	SO	144	Delaware Valley (3)	85	33:11.4	7:05.8	6:40.7	4:08.9	5:49.2	15:34.2	24:17.8
118 YOHANNES, Leule	JR	222	Hood (4)	86	33:37.4	7:31.8	6:45.9	4:12.2	6:26.8	16:19.0	24:51.8
119 KARWACKI, Austin	JR	307	Misericordia	-	33:41.9	7:36.3	6:46.8	4:12.7	5:56.2	16:06.5	24:56.8
120 NAIMI, Younes	JR	117	Alvernia (6)	(87)	33:45.5	7:39.9	6:47.5	4:13.2	6:36.1	16:41.5	25:11.5
121 CAMMAROTA, Jake	FR	143	Delaware Valley (4)	88	33:58.7	7:53.1	6:50.2	4:14.8	6:23.8	16:35.5	25:19.3
122 SMITH, Cole	FR	363	Stevenson (6)	(89)	34:02.3	7:56.7	6:50.9	4:15.3	6:26.0	16:27.3	25:05.7
123 BOYER, Isaac	FR	142	Delaware Valley (5)	90	34:10.2	8:04.6	6:52.5	4:16.3	6:25.8	16:33.9	25:18.7
124 IZUKA, Matthew	FR	147	Delaware Valley (6)	(91)	34:11.5	8:05.9	6:52.8	4:16.4	6:34.0	16:35.4	25:21.3
125 ATKINSON, Bradley	SO	183	Eastern	-	34:15.3	8:09.7	6:53.5	4:16.9	6:30.6	16:38.6	25:22.7
126 BURCAT, Beckett	SO	206	FDU-Florham (4)	92	34:45.6	8:40.0	6:59.6	4:20.7	6:12.1	16:30.8	25:30.1
127 BREEDLOVE, Shane	FR	205	FDU-Florham (5)	93	35:05.4	8:59.8	7:03.6	4:23.2	6:22.0	16:53.0	25:58.9
128 SCHODOWSKI, Esteban	FR	118	Alvernia (7)	(94)	35:06.0	8:59.4	7:03.7	4:23.2	6:37.6	17:09.0	26:04.7
129 GORSKI, Alek	FR	232	King's (Pa.) (5)	95	35:20.6	9:15.0	7:06.7	4:25.1	6:52.0	17:18.6	26:20.9
130 ALVERADO, Chris	SR	101	Albright (2)	96	35:56.2	9:50.6	7:13.8	4:29.5	6:18.2	17:00.1	26:21.1
131 PATTON, Jordan	JR	104	Albright (3)	97	35:56.4	9:50.8	7:13.9	4:29.5	6:34.9	17:15.1	26:35.9
132 POLEN, Chade	SR	105	Albright (4)	98	36:53.9	10:48.3	7:25.4	4:36.7	6:54.8	18:07.7	27:21.3
133 MCCLAIN, Charles	FR	103	Albright (5)	99	37:58.8	11:53.2	7:38.5	4:44.8	6:29.0	17:33.5	27:37.7
134 KASANICKY, Thomas	JR	219	Hood (5)	100	38:40.8	12:35.2	7:46.9	4:50.1	7:02.8	18:40.8	28:38.1
135 HALE, William	SO	146	Delaware Valley (7)	(101)	40:07.9	14:02.3	8:04.5	5:01.0	7:07.3	18:59.2	29:16.7
136 GALLAGHER, Aidan	FR	145	Delaware Valley	-	40:44.0	14:37.4	8:11.7	5:05.5	7:20.5	19:24.2	29:56.3
137 NONNENMACHER, Jason	FR	208	FDU-Florham (6)	(102)	41:19.3	15:13.7	8:18.9	5:09.9	7:34.9	19:44.8	30:16.1
-- PARRELLA, Enrico	FR	339	Stevens	-	DNF		---	---	5:49.1	14:58.9	
-- HENRY, James	JR	115	Alvernia	-	DNF		---	---	5:58.7	17:44.1	