

2023 Messiah Invite - 4/13/2023 to 4/15/2023

Messiah College

Results - Friday, Apr 13

Women 10000 Meter Run

Starry Field: 35:08.56 2015 Hagley

Messiah Inv: 35:08.56 2015 Hagley

Name	Yr	School	Finals
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Finals

1	Howland, Kirsten	SO	Messiah	45:27.26	10
2	Prothero, Kate		S.W.I.F.T. r	49:34.30	8

Women Discus Throw

Starry Field: 145-03 1998 Musser

Messiah Inv: 145-03 1998 Musser

Name	Yr	School	Finals
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Finals

1	Meckes, Isabelle	SR	DeSales	43.33m	10
2	Forbes, Sarayne	SO	Dickinson	38.91m	8
3	Cottrill, Addy	FR	Frostburg St	38.55m	6
4	Soto, Trinity	SR	Elizabethtow	37.99m	5
5	Karnish, Brenna	SR	Misericordia	37.73m	4
6	Renno, DaniRae	SO	Elizabethtow	36.84m	3
7	Spence, Makenze	JR	Lebanon Vall	36.72m	2
8	Everett, Abby	JR	Dickinson	35.52m	1
9	Hawley, Alexis	FR	Misericordia	35.21m	
10	Betz, Alyssa	SO	Lebanon Vall	34.89m	
11	Bradburn, Alexa	SR	Frostburg St	34.57m	
12	Neidig, Mylea	JR	Elizabethtow	33.52m	
13	Weber, Emily	JR	Psu-Harrisbu	33.39m	
14	Westry, Makayla	SR	Frostburg St	33.31m	
15	Salzmann, Rita	SO	DeSales	32.02m	
16	Reed, Caroline	JR	Lebanon Vall	31.66m	
17	Borbi, Erica	SO	Muhlenberg	29.32m	
18	Best, Rebecca	FR	Lancaster Bi	28.97m	
19	Vaughns, Makayla	SR	Stevenson	28.89m	
20	Williams, Margaret	FR	Albright	28.78m	
21	Bussey, Meghan	FR	Lebanon Vall	28.17m	
22	Agbemble, Kyras	FR	Stevenson	27.77m	
23	Coolidge, Emma	FR	Juniata	27.57m	
24	Palmer, Madison	JR	Alfred	27.15m	
25	Hand, Madeline	SO	Misericordia	25.64m	
26	Deep, Jenna	FR	Dickinson	24.89m	
27	Hatch, Carolina	SO	Messiah	24.00m	
28	Smith, Mikayla	FR	McDaniel	23.96m	
29	Marr, Emily	JR	Muhlenberg	23.20m	
30	Shearer, Claire	JR	Dickinson	23.10m	
31	Goodhile, Lila		S.W.I.F.T. r	22.96m	
32	Greenberg, Kaitlyn	FR	Alfred	22.08m	
33	Principio, Kate	FR	McDaniel	22.03m	
34	Wilsey, Erin	SO	Lancaster Bi	21.60m	
35	Williams, Tristen	FR	Elizabethtow	19.54m	
36	Guagenti, Cara	FR	Stevenson	18.94m	
37	Ulmer, Kiersten	SO	Pitt.-Johnst	16.38m	

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
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Finals

1	Bruncaj, Eliza	SO	TCNJ	2:18.56	843
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2	Meyer, Liana	JR	Stevens	2:27.37	726
3	Hamlen, Natalie	SO	Messiah	2:34.87	633
4	Uncapher, Jenna	SR	Clarion	2:37.27	605
5	Zabackis, Sabela	SO	Millersville	2:37.38	603
6	Keith, Gwyn	SR	Pitt.-Johnst	2:37.54	601
7	Durso, Bianca	JR	Alfred	2:37.59	601
8	O'Neill, Megan	JR	McDaniel	2:37.98	596
9	Perry, Leah	SO	Clarion	2:42.65	543
10	Spila, Anne	SO	Alfred	2:42.84	541
11	Acosta, Alicia	FR	Scranton	2:44.99	517
12	Mercer, Georgia	FR	Gettysburg	2:47.33	492
13	Haviland, Erin	JR	Frostburg St	2:47.79	487
14	Carroll, Jada	JR	Felician	2:48.04	484
15	Dupre, Renee	JR	McDaniel	2:50.44	459
16	Rohn, Emma	SO	Lancaster Bi	2:54.84	415
17	Leithner, Brooke	SR	Pitt.-Johnst	2:56.56	398
18	Stebila, Madison	SO	Millersville	3:00.96	356
19	Tsu, Jessica	JR	Scranton	3:08.60	289
20	Maniscalco, Ally	SR	Scranton	3:15.99	231
21	Wegman, Carolina	FR	Lebanon Vall	3:17.05	223
22	Osei, Nicole	SR	Stevenson	3:33.17	119

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
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Finals

1	Carroll, Jada	JR	Felician	5.29m	640
2	Meyer, Liana	JR	Stevens	5.24m	626
3	Bruncaj, Eliza	SO	TCNJ	5.19m	612
4	Perry, Leah	SO	Clarion	5.11m	589
5	Haviland, Erin	JR	Frostburg St	5.06m	576
6	Spila, Anne	SO	Alfred	5.04m	570
7	Leithner, Brooke	SR	Pitt.-Johnst	5.02m	565
7	Uncapher, Jenna	SR	Clarion	5.02m	565
9	Durso, Bianca	JR	Alfred	5.00m	559
10	Hamlen, Natalie	SO	Messiah	4.74m	490
11	Dupre, Renee	JR	McDaniel	4.73m	487
12	Mercer, Georgia	FR	Gettysburg	4.63m	461
13	Tsu, Jessica	JR	Scranton	4.59m	451
14	Zabackis, Sabela	SO	Millersville	4.58m	448
15	Osei, Nicole	SR	Stevenson	4.44m	413
16	Maniscalco, Ally	SR	Scranton	4.42m	408
17	Stebila, Madison	SO	Millersville	4.33m	386
18	Rohn, Emma	SO	Lancaster Bi	4.28m	374
19	Acosta, Alicia	FR	Scranton	4.15m	343
20	George, Susan	JR	Stevens	4.12m	336
21	O'Neill, Megan	JR	McDaniel	4.11m	333
22	Wegman, Carolina	FR	Lebanon Vall	4.05m	319
23	Keith, Gwyn	SR	Pitt.-Johnst	4.03m	315

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
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Finals

1	Leithner, Brooke	SR	Pitt.-Johnst	32.62m	526
2	Carroll, Jada	JR	Felician	29.90m	475
3	Uncapher, Jenna	SR	Clarion	29.61m	469
4	George, Susan	JR	Stevens	28.30m	444

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Finals ... (Heptathlon: #6 Women Javelin Throw Heptathlon)

Name	Yr	School	Finals
5 Meyer, Liana	JR	Stevens	27.68m 433
6 Dupre, Renee	JR	McDaniel	26.82m 417
7 Hamlen, Natalie	SO	Messiah	24.04m 364
8 Keith, Gwyn	SR	Pitt.-Johnst	23.44m 353
9 Stebila, Madison	SO	Millersville	23.30m 350
10 Bruncaj, Eliza	SO	TCNJ	22.47m 335
11 Perry, Leah	SO	Clarion	21.80m 322
12 Durso, Bianca	JR	Alfred	21.76m 322
13 Spila, Anne	SO	Alfred	21.72m 321
14 Haviland, Erin	JR	Frostburg St	21.30m 313
15 Maniscalco, Ally	SR	Scranton	19.63m 282
16 Rohn, Emma	SO	Lancaster Bi	18.86m 268
17 Wegman, Carolina	FR	Lebanon Vall	17.74m 247
18 Mercer, Georgia	FR	Gettysburg	16.74m 229
19 Zablackis, Sabela	SO	Millersville	16.50m 224
20 Tsu, Jessica	JR	Scranton	15.84m 212
21 Acosta, Alicia	FR	Scranton	15.63m 208
22 Osei, Nicole	SR	Stevenson	14.40m 186
23 O'Neill, Megan	JR	McDaniel	13.62m 171

Men 10000 Meter Run

Starry Field: 30:51.0h 1980 Sheely

Messiah Inv: 30:51.0h 1980 Sheely

Name	Yr	School	Finals
Finals			
1 Gray, Mitchell	JR	Lancaster Bi	32:51.36 10
2 Elliott, Connor	SR	Gettysburg	33:13.82 8
3 Mummert, Kirk		S.W.I.F.T. r	34:07.44 6
4 Halvorsen, Matthew	SO	Stevens	34:16.06 5
5 Cole, Spencer	JR	Stevenson	34:25.47 4
6 Walter, Kevin	SR	Arcadia	36:45.63 3
7 Lefko, Daniel	SO	Lancaster Bi	37:16.50 2
8 Kline, Ellis	JR	Juniata	37:53.01 1
9 McWilliams, Alex	JR	Lancaster Bi	38:41.18

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
Finals			
1 Miske, Charlie	SR	Dickinson	4:26.24 769
2 Engler, Jason	SR	TCNJ	4:41.92 668
3 Burks, Marquise	SO	Frostburg St	4:54.47 592
4 Sutura, Michael	JR	Gettysburg	5:05.20 530
5 Hall, Jackson	JR	Stevenson	5:12.94 488
6 Dunkerton, Gavin	SO	Messiah	5:21.32 443
7 Arcara, Brendon	SO	Scranton	5:24.24 428
8 McGovern, Liam	FR	Messiah	5:27.94 410
9 Battle, Jeremiah	JR	Stevenson	5:34.47 378
10 Sabo, Alex	SO	Lebanon Vall	5:58.34 271

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 Engler, Jason	SR	TCNJ	15.11 836
2 Burks, Marquise	SO	Frostburg St	15.14 833

3 Battle, Jeremiah	JR	Stevenson	17.20 604
4 Dunkerton, Gavin	SO	Messiah	17.23 600
5 Arcara, Brendon	SO	Scranton	17.33 590
6 Power, Ben	SR	Dickinson	17.41 582
7 Miske, Charlie	SR	Dickinson	18.35 491
8 McGovern, Liam	FR	Messiah	19.38 400
9 Hall, Jackson	JR	Stevenson	19.68 375
10 Sutura, Michael	JR	Gettysburg	19.80 365
11 Sabo, Alex	SO	Lebanon Vall	22.03 207
--- Brown, Alex	FR	McDaniel	DNF 0.6
--- Kiefer, Brandon	FR	Stevens	DNF +0.0

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 Burks, Marquise	SO	Frostburg St	4.00m 617
2 Sutura, Michael	JR	Gettysburg	3.40m 457
3 Engler, Jason	SR	TCNJ	3.30m 431
3 Miske, Charlie	SR	Dickinson	3.30m 431
5 Battle, Jeremiah	JR	Stevenson	3.20m 406
6 Dunkerton, Gavin	SO	Messiah	3.00m 357
7 McGovern, Liam	FR	Messiah	2.90m 333
7 Sabo, Alex	SO	Lebanon Vall	2.90m 333
7 Power, Ben	SR	Dickinson	2.90m 333
10 Arcara, Brendon	SO	Scranton	2.80m 309
11 Hall, Jackson	JR	Stevenson	2.50m 242
--- Brown, Alex	FR	McDaniel	DNF
--- Kiefer, Brandon	FR	Stevens	DNF

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Burks, Marquise	SO	Frostburg St	38.35m 631
2 McGovern, Liam	FR	Messiah	32.38m 511
3 Dunkerton, Gavin	SO	Messiah	32.12m 506
4 Engler, Jason	SR	TCNJ	30.91m 482
5 Sabo, Alex	SO	Lebanon Vall	28.81m 441
6 Battle, Jeremiah	JR	Stevenson	26.12m 389
7 Miske, Charlie	SR	Dickinson	25.13m 370
8 Power, Ben	SR	Dickinson	25.12m 369
9 Hall, Jackson	JR	Stevenson	24.84m 364
10 Arcara, Brendon	SO	Scranton	19.95m 271
11 Sutura, Michael	JR	Gettysburg	19.61m 265

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Dunkerton, Gavin	SO	Messiah	47.90m 558
2 Sabo, Alex	SO	Lebanon Vall	42.13m 473
3 Miske, Charlie	SR	Dickinson	41.41m 463
4 Burks, Marquise	SO	Frostburg St	40.73m 453
5 Battle, Jeremiah	JR	Stevenson	39.89m 441
6 Engler, Jason	SR	TCNJ	36.03m 385
7 Hall, Jackson	JR	Stevenson	34.76m 367
8 McGovern, Liam	FR	Messiah	33.29m 346
9 Arcara, Brendon	SO	Scranton	32.95m 341

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Finals ... (Decathlon: #9 Men Javelin Throw Decathlon)				
Name		Yr	School	Finals
10	Sutera, Michael	JR	Gettysburg	25.54m 237