

MAC Commonwealth Honors

Special Honors

Year	Player of the Year	Position
1994	Cindy Toms	Left Wing
1995	Anne Pieters	Back
1996	Cindy Toms	Forward
2001	Allison Harris	Forward
2002	Danae Chambers	Forward
2003	Danae Chambers	Forward
2004	Danae Chambers	Forward
2005	Aftan Fisher ^	Forward
2009	Julie Barton	Midfield
2010	Julie Barton ^^	Midfield
2013	Gina Kellett >> (Def.)	Defender
2013	Moriah Pfautz >> (Off.)	Forward
2017	Carissa Gehman (Off.)	Forward
2017	Shayna Landis (Def.)	Defender
2018	Kezia Loht<< (Off.)	Forward
2018	Shayna Landis (Def.)	Defender
2021	Jennie Young (Off.)	Forward
2022	Ashlyn Smith (Off.)	Forward

^ Co-POY with Mel Slessinger of Elizabethtown

^^ Co-POY with Jocelyn Novak of Lebanon Valley

> Co-ROY with Lindsey Yeiser of Lebanon Valley

< Co-ROY with Shelley Reppert of Susquehanna

<< Co-POY with Cecile Kat of Lebanon Valley

>> Beginning in 2013 the Commonwealth awarded Offensive and Defensive Players of the Year.

Year	Rookie of the Year	Position
1993	Cindy Toms	Forward
1994	Krista Ebersole	Midfield
1997	Jess Brandt >	Midfield
2001	Danae Chambers	Forward
2002	Aftan Fisher <	Forward
2005	Beth Sandowich	Defender
2008	Kourtney Ehly	Forward
2010	Gina Kellett	Defender
2011	Becky Ely	Defender
2013	Moriah Pfautz	Forward
2014	Carissa Gehman	Forward
2015	Shayna Landis	Defender
2019	Nicole Shank	Midfield
2022	Mallory Kline	Forward

Year	Coach of the Year	Conference Finish
1994	Jan Trapp	Champions
1995	Jan Trapp	Champions
1998	Jan Trapp	Champions
2001	Jan Trapp	Champions
2002	Jan Trapp	Champions
2003	Jan Trapp	Champions
2008	Jan Trapp	Champions
2009	Jan Trapp	Champions
2010	Jan Trapp	Champions
2015	Brooke Good	Champions
2016	Brooke Good	Champions
2017	Brooke Good	Champions
2018	Brooke Good	Champions
2021	Brooke Good	Champions

MAC Senior Scholar-Athlete of the Year

Year	Student-Athlete
2000	Lynn Krauss
2005	Aftan Fisher
2014	Becky Ely
2016	Lindsay Bower
2017	Carissa Gehman
2018	Shayna Landis
2020	Mackenzie Brubaker

The MAC Senior Scholar-Athlete is presented to one student-athlete of each sport across the entire "MAC" with no separation between the MAC Commonwealth and MAC Freedom conferences.

MAC Commonwealth Honors, cont...

All-Conference Honors

Messiah field hockey began receiving All-Conference honors in 1984. The Middle Atlantic Conference (MAC) was split into two divisions (Northern, Southern), with each division split into two leagues (West, East). Messiah competed within the Northern Division, Northwest League. In 1993, the MAC split into just two divisions: the Commonwealth and the Freedom. Messiah has since competed within the Commonwealth Conference, which was renamed MAC Commonwealth in 2015.

Note: Positions were not always assigned for All-Conference honorees, with position names also changing over the years. The positions listed are accurate against conference records. Also, the records from 1988 and 1990 are yet to be confirmed.

Year	Name	Position	Honor	Year	Name	Position	Honor
1989	Cheri Kolb	UA	First Team	2001	Allison Harris	Forward	First Team
1989	Jenny Lapp	UA	First Team	2001	Brooke Good	Midfield	First Team
1989	Laurie Hooper	UA	First Team	2001	Danae Chambers	Forward	First Team
1990	Jen Lapp-Balmer	Forward	First Team	2001	Alison Reber	Forward	Second Team
1990	Laurie Hooper	Forward	First Team	2001	Jenny Haverstick	Midfield	Second Team
1990	Sheila Lerew	Forward	First Team	2002	Aftan Fisher	Forward	First Team
1990	Carrie Brown	Goalkeeper	First Team	2002	Brooke Good	Midfield	First Team
1991	Julie Leister	Center Back	First Team	2002	Danae Chambers	Forward	First Team
1991	Laurie Hooper	Right Wing	First Team	2002	Erica Nelson	Goalkeeper	Second Team
1991	Sonya Weber	Left Midfield	First Team	2002	Kelly Stanwell	Forward	Second Team
1992	Jen Woodcock	Forward	First Team	2003	Aftan Fisher	Midfield	First Team
1992	Krista Brubaker	Midfielder	First Team	2003	Danae Chambers	Forward	First Team
1992	Traci Schoffstall	Goalkeeper	First Team	2003	Erica Nelson	Goalkeeper	First Team
1993	Janelle Miller	Midfielder	First Team	2003	Heather Kresge	Midfield	First Team
1993	Jen Woodcock	Forward	First Team	2003	Beth Fulton	Defender	Second Team
1993	Traci Schoffstall	Goalkeeper	First Team	2003	Jenny Haverstick	Defender	Second Team
1994	Anne Pieters	Center Back	First Team	2004	Aftan Fisher	Forward	First Team
1994	Beth Baggett	Goalkeeper	First Team	2004	Danae Chambers	Forward	First Team
1994	Cindy Toms	Left Wing	First Team	2004	Ashley Lobach	Midfield	Second Team
1994	Becky Leatherman	Center Link	Second Team	2004	Erica Nelson	Goalkeeper	Second Team
1994	Bree Arbogast	Left Midfield	Second Team	2004	Heather Kresge	Defender	Second Team
1994	Krista Ebersole	Right Midfield	Second Team	2004	Jenna Schwind	Forward	Second Team
1995	Christy Davis	Forward	First Team	2005	Aftan Fisher	Forward	First Team
1995	Cindy Toms	Forward	First Team	2005	Ashley Lobach	Defense	First Team
1995	Beth Baggett	Goalkeeper	Second Team	2005	Jenna Schwind	Forward	First Team
1995	Bree Arbogast	Midfielder	Second Team	2005	Rebecca Dulillio	Midfield	Second Team
1995	Kim Weaver	Forward	Second Team	2006	Beth Sandowich	Defender	First Team
1995	Renee Groff	Sweeper	Second Team	2006	Lindsay Hunter	Forward	First Team
1996	Beth Baggett	Goalkeeper	First Team	2006	Emily Sauder	Midfield	Second Team
1996	Christy Davis	Forward	First Team	2006	Lynn Sandowich	Midfield	Second Team
1996	Kim Weaver	Back	First Team	2007	Beth Sandowich	Defender	First Team
1997	Erica Abrams	Offense	First Team	2007	Emily Sauder	Midfield	First Team
1997	Kim Weaver	Defense	First Team	2007	Lindsay Hunter	Forward	First Team
1997	Kate Oostdyk	Offense	Second Team	2007	Ashley Mowrey	Goalkeeper	Second Team
1997	Lindsay Nelson	Midfield	Second Team	2007	Katie Love	Forward	Second Team
1997	Marci Ginder	Defense	Second Team	2008	Brittany Godshall	Defender	First Team
1998	Erica Abrams	Offense	First Team	2008	Julie Barton	Midfield	First Team
1998	Kristi Schoffstall	Goalkeeper	First Team	2008	Liz Ziegler	Midfield	First Team
1998	Marci Ginder	Defense	First Team	2008	Nikki Bailey	Forward	First Team
1998	Lindsay Nelson	Left Link	Second Team	2008	Ashley Mowrey	Goalkeeper	Second Team
1998	Lynn Krauss	Forward	Second Team	2008	Beth Sandowich	Defender	Second Team
1999	Jess Chambers	Right Midfield	First Team	2008	Kourtney Ehly	Forward	Second Team
1999	Kate Oostdyk	Right Wing	Second Team	2008	Lauren Tennis	Forward	Second Team
1999	Lindsay Nelson	Left Link	Second Team	2009	Ashley Mowrey	Goalkeeper	First Team
2000	Allison Harris	Forward	First Team	2009	Julie Barton	Midfield	First Team
2000	Jess Brandt	Midfielder	First Team	2009	Katie Love	Forward	First Team
2000	Lynn Krauss	Forward	First Team	2009	Kourtney Ehly	Forward	First Team
2000	Brooke Good	Back	Second Team	2009	Liz Ziegler	Midfield	First Team

MAC Commonwealth Honors, cont...

Year	Name	Position	Honor	Year	Name	Position	Honor
2009	Brittany Godshall	Defender	Second Team	2019	Jennie Young	Forward	Hon. Mention
2009	Emily Sauder	Midfield	Second Team	2021	Jennie Young	Forward	First Team
2009	Nicole Carroll	Defender	Second Team	2021	Ashlyn Smith	Forward	First Team
2010	Gina Kellett	Defender	First Team	2021	Nicole Shank	Defender	First Team
2010	Julie Barton	Midfield	First Team	2021	Catie Brubaker	Goalie	Second Team
2010	Kourtney Ehly	Forward	First Team	2021	Makayla Malcolm	Forward	Hon. Mention
2010	Amber Philpot-Good	Forward	Second Team	2021	Lauren Seubert	Midfielder	Hon. Mention
2011	Gina Kellett	Defender	First Team	2021	Claire Myers	Defender	Hon. Mention
2011	Juliana Hershey	Forward	First Team	2022	Ashlyn Smith	Forward	First Team
2011	Kelly Martin	Midfield	First Team	2022	Lauren Seubert	Defender	First Team
2011	Kourtney Ehly	Forward	First Team	2022	Mallory Kline	Forward	Second Team
2011	Natalie Ziegler	Midfield	First Team	2022	Leah Bryner	Midfielder	Second Team
2011	Erica Cann	Defender	Second Team	2022	Catie Brubaker	Goalkeeper	Second Team
2011	Kayleigh Stewart	Goalkeeper	Second Team	2022	Allie Mast	Defender	Hon. Mention
2012	Becky Ely	Defender	First Team				
2012	Gina Kellett	Defender	First Team				
2012	Juliana Hershey	Forward	First Team				
2012	Molly Gebrosky	Goalkeeper	First Team				
2012	Natalie Ziegler	Midfield	First Team				
2012	Emily Hursh	Forward	Second Team				
2012	Kelly Martin	Midfield	Second Team				
2013	Gina Kellett	Midfield	First Team				
2013	Moriah Pfautz	Forward	First Team				
2013	Becky Ely	Defender	First Team				
2013	Brooke Sands	Midfield	Second Team				
2013	Molly Gebrosky	Goalkeeper	Hon. Mention				
2013	Caroline Wulf	Midfield	Hon. Mention				
2014	Carissa Gehman	Forward	First Team				
2014	Becky Ely	Defender	First Team				
2014	Lindsay Bower	Midfield	Second Team				
2014	Moriah Pfautz	Forward	Second Team				
2015	Carissa Gehman	Forward	First Team				
2015	Lindsay Bower	Midfield	First Team				
2015	Hannah Roland	Defender	First Team				
2015	Shelby Landes	Goalkeeper	Second Team				
2015	Taylor Holt	Forward	Hon. Mention				
2015	Shayna Landis	Defender	Hon. Mention				
2015	Nicole Wilkerson	Midfield	Hon. Mention				
2016	Carissa Gehman	Forward	First Team				
2016	Moriah Pfautz	Forward	First Team				
2016	Lindsay Bower	Midfielder	First Team				
2016	Kristin Donohue	Midfielder	First Team				
2016	Hannah Roland	Defender	First Team				
2016	Sara Brooks	Defender	Second Team				
2016	Shelby Landes	Goalkeeper	Second Team				
2016	Taylor Holt	Forward	Hon. Mention				
2016	Nicole Wilkerson	Midfielder	Hon. Mention				
2017	Carissa Gehman	Forward	First Team				
2017	Kristin Donohue	Midfielder	First Team				
2017	Shayna Landis	Defender	First Team				
2017	Shelby Landes	Goalkeeper	First Team				
2017	Taylor Holt	Forward	Hon. Mention				
2018	Shayna Landis	Defense	First Team				
2018	Kezia Loht	Forward	First Team				
2018	Megan Wetzel	Midfield	First Team				
2018	Shelby Landes	Goalie	Second Team				
2018	Kaylor Rosenberry	Midfield	Second Team				
2019	Hannah Palm	Forward	First Team				
2019	Mackenzie Brubaker	Midfield	First Team				
2019	Nicole Shank	Midfield	Second Team				
2019	Claire Myers	Defender	Second Team				
2019	Kristen Musser	Midfielder	Hon. Mention				