

Gettysburg College
Mason-Dixon Track & Field Invitational
Saturday, April 23, 2022

TRACK EVENTS: We will run no more than 10 minutes ahead

10:00 10,000m Run (M+W) combined
10:50 400m Relay (Women)
11:00 400m Relay (Men)
11:15 3000m Steeplechase (Women)
11:35 3000m Steeplechase (Men)
11:55 100m Hurdles (Women)
12:10 110m Hurdles (Men)
12:20 1500m run (Women)
12:35 1500m Run (Men)
12:50 100m dash (Women)
1:00 100m dash (Men)
1:15 400m dash (Women)
1:25 400m dash (Men)
1:40 800m run (Women)
2:05 800m run (Men)
2:25 400m hurdles (Women)
2:35 400m hurdles (Men)
2:45 200m dash (Women)
3:00 200m dash (Men)
3:15 5000m run (Women)
3:40 5000m run (Men)
4:00 Senior Recognition Ceremony
4:10 1600m relay (Women)
4:20 1600m relay (Men)

FIELD EVENTS:

9:00 AM

Hammer Throw (Women/Men)
Discus Throw (Women/Men) to follow HT

1:00 PM

Javelin Throw (Men/Women)

10:00 AM

Long Jump (Women/Men)
Triple Jump (Women/Men) to follow LJ
Shot Put (Men/Women)

11:00 AM

Pole Vault (Women/Men)
High Jump (Men/Women)

Weigh-Ins:

7:30 -9:00 am