



Schedule of Events

We will not go more than 15 mins ahead of schedule

Field Events

1:00	Women's Long Jump (Triple Jump Follows)	3:50	Men's Shot Put Flight 2
1:00	Men's Long Jump (Triple Jumps Follows)	Following MSP Final	Women's Weight Throw Flight 1
1:00	Women's Pole Vault (Men's Follows)		Women's Weight Throw Flight 2
1:00	Women's Shot Put (Flights 1 - 2nd circle)	Following WWT Final	Men's Weight Throw Flight 1
1:00	Women's Shot Put (Flights 2)		Men's Weight Throw Flight 2
2:50	2:50 Men's Shot Put Flight 1	Following 60M Final	Women's High Jump/Men's High Jump (2 pits)

Track Events

1:00 PM	Women's 5000 Meters - 1 heat		
1:25	Men's 5000 Meters - 1 heat		
1:45	Women's 400 Meters-Section 1	1:46	Women's 60m HH Trials -Heat 1
1:49	Women's 400 Meters-Section 2	1:48	Women's 60m HH Trials -Heat 2
1:52	Women's 400 Meters-Section 3	1:51	Women's 60m HH Trials -Heat 3
1:56	Women's 400 Meters-Section 4	1:53	Women's 60m HH Trials -Heat 4
1:58	Women's 400 Meters-Section 5	1:56	Women's 60m HH - UNSEDED Heat 1
2:01	Women's 400 Meters-Section 6	1:58	Men's 60M HH Trials-Heat 1
2:03	Women's 400 Meters-Section 7	2:01	Men's 60M HH Trials-Heat 2
2:06	Women's 400 Meters-Section 8	2:03	Men's 60M HH Trials-Heat 3
2:08	Women's 400 Meters-Section 9	2:06	Men's 60M HH Trials-Heat 4
2:11	Women's 400 Meters-Section 10	2:08	Men's 60M HH - UNSEDED Heat 1
2:13	Women's 400 Meters-Section 11	2:11	Women's 60M Dash Trials-Heat 1
2:16	Women's 400 Meters-Section 12	2:13	Women's 60M Dash Trials-Heat 2
2:18	Women's 400 Meters-Section 13	2:16	Women's 60M Dash Trials-Heat 3
2:21	Women's 400 Meters-Section 14	2:18	Women's 60M Dash Trials-Heat 4
2:23	Men's 400 Meters-Section 1	2:21	Women's 60M Dash - UNSEDED Heat 1
2:26	Men's 400 Meters-Section 2	2:23	Women's 60M Dash - UNSEDED Heat 2
2:28	Men's 400 Meters-Section 3	2:26	Women's 60M Dash - UNSEDED Heat 3
2:31	Men's 400 Meters-Section 4	2:28	Women's 60M Dash - UNSEDED Heat 4
2:33	Men's 400 Meters-Section 5	2:31	Women's 60M Dash - UNSEDED Heat 5
2:36	Men's 400 Meters-Section 6	2:33	Men's 60M Dash Trials -Heat 1
2:38	Men's 400 Meters-Section 7	2:36	Men's 60M Dash Trials -Heat 2
2:41	Men's 400 Meters-Section 8	2:38	Men's 60M Dash Trials -Heat 3
2:43	Men's 400 Meters-Section 9	2:41	Men's 60M Dash Trials -Heat 4
2:46	Men's 400 Meters-Section 10	2:43	Men's 60M Dash - UNSEDED Heat 1
2:48	Men's 400 Meters-Section 11	2:46	Men's 60M Dash - UNSEDED Heat 2
2:51	Men's 400 Meters-Section 12	2:48	Men's 60M Dash - UNSEDED Heat 3
2:53	Men's 400 Meters-Section 13	2:51	Men's 60M Dash - UNSEDED Heat 4
2:56	Men's 400 Meters-Section 14	2:53	Men's 60M Dash - UNSEDED Heat 5
2:58	Men's 400 Meters-Section 15		
3:01	Men's 400 Meters-Section 16		
3:03	Men's 400 Meters-Section 17		
3:06	Men's 400 Meters-Section 18		
3:10	Women's Mile		
3:45	Men's Mile		
4:15	Men's 60-Meter HHs Finals		
4:20	Women's 60-Meter HHs Finals		
4:25	Women's 60-Meter Dash Finals		
4:30	Men's 60-Meter Dash Finals		
4:35	Women's 800 Meters		
5:05	Men's 800 Meters		
5:35	Women's 3000 Meters		
6:05	Men's 3000 Meters		
6:30	Women's 200 Meters		
7:05	Men's 200 Meters		
7:40	Women's DMR		
8:00	Men's DMR		
8:15	Women's 4x400 Meter Relay		
8:35	Men's 4x400 Meter Relay		