



MEN'S & WOMEN'S SWIMMING PROGRAM RECORD BOOK

Updated through 2022-23 Season



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This record book is a publication of Messiah University Athletic Communications.

Messiah College Swimming - All-Time Versus

Men's Swimming	Opponent	Women's Swimming
4-11	Albright	10-6
8-4-1	Arcadia	11-3
1-9	Dickinson	1-10
6-0	Elizabethtown	3-3
10-0	FDU-Florham	11-0
0-1	Franklin & Marshall	0-1
0-13	Gettysburg	0-14
7-3	Hood	11-0
4-0	Immaculata	4-0
12-1	King's (Pa.)	12-2
11-0	Lebanon Valley	10-2
9-4	Lycoming	11-3
-	Millersville	0-3
7-7	Misericordia	9-6
1-0	Pace	-
2-0	PSU-Altoona	2-0
0-2	Stevens	2-0
8-0	Stevenson	9-0
1-10	Susquehanna	5-7
0-1	Washington & Lee	0-1
2-8	Widener	9-2
3-0	Wilkes	3-0
0-8	York (Pa.)	6-3
95-74-1	All-Time Record	129-60

Messiah College Swimming - Schedule Overview & Quick Facts

Men's Swimming	Item	Women's Swimming
95-74-1 (.562)	All-Time Record (Overall)	129-60 (.683)
81-42-1 (.657)	All-Time Record (Conf.)	102-26 (.797)
10 (2014-15 and 2022-23)	Most Wins in a Season (Duals)	13 (2014-15 and 2015-16)
2 (2022-23)	Least Losses in a Season (Duals)	1 (2015-16)
.833 (10-2 in 2022-23)	Best Win Percentage	.929 (13-1 in 2015-16)
9 (2021-22 into 2022-23)	Longest Win Streak (Duals)	10 (2013-14 into 2014-15)
		10 (2014-15 into 2015-16)
28 Times	Scored 150+ Points (Duals)	61 Times
Four Times	Scored 200+ Points (Duals)	Six Times
206 - 1/31/15 - (N) Pace	Highest Point Total (Duals)	219 - 11/10/12 - FDU-Florham and 10/15/23 - Immaculata
32 Times	Held Opp. to <50 Points (Duals)	27 Times
14 - 1/16/10 - at King's (Pa.)	Lowest Points Allowed (Duals)	4 - 10/22/23 - at Wilkes

Messiah College Swimming - Year-by-Year Schedules & Results

Men: 3-5, 3-3 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/18/08	at Bloomsburg Relays	3rd of 3	
10/28/08	at Lycoming*	128-71	L
11/1/08	Gettysburg	162-81	L
11/7/08	at Misericordia*	120-72	L
11/15/08	at Elizabethtown*	128-66	W
	(N) Susquehanna	106-93	L
11/22/08	at Albright*	151-98	L
1/10/09	FDU-Florham*	106-45	W
1/31/09	Lebanon Valley*	105-98	W
2/15/09	MAC Championships	5th of 10 (258)	

Men: 7-5, 6-2 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/31/09	Gettysburg	159-100	L
11/6/09	Misericordia*	112-93	L
11/11/09	Elizabethtown*	138-63	W
11/14/09	at PSU-Altoona	123-78	W
11/21/09	Albright*	123.5-78.5	L
12/9/09	at Dickinson	121-80	L
12/12/09	Lycoming*	148-113	W
1/9/10	at FDU-Florham*	128-58	W
1/15/10	at Susquehanna	155-107	L
1/16/10	King's (Pa.)*	90-14	W
	Arcadia*	72-49	W
1/30/10	at Lebanon Valley*	141-51	W
2/14/10	MAC Championships	4th of 10 (372)	

Men: 6-7, 5-3 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/30/10	at Gettysburg	145-99	L
11/10/10	at Elizabethtown*	122-83	W
11/13/10	PSU-Altoona	127-45	W
11/20/10	at Albright*	101-61	L
	(N) Washington & Lee	100-22	L
12/7/10	at Dickinson	128-68	L
12/11/10	at Lycoming*	108.5-96.5	L
1/8/11	FDU-Florham*	145-24	W
1/14/11	Susquehanna	121-66	L
1/15/11	at King's (Pa.)*	82-32	W
	(N) Arcadia*	80.5-40.5	W
1/28/11	at Misericordia*	119-64	L
1/29/11	Lebanon Valley*	117-85	W
2/13/11	MAC Championships	4th of 10 (241)	

2008-2009

2009-2010

2010-2011

Women: 1-8, 1-5 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/28/08	at Lycoming*	117-79	L
11/1/08	Gettysburg	159-89	L
11/7/08	at Misericordia*	124-70	L
11/15/08	at Elizabethtown*	116-71	L
	(N) Susquehanna	108-79	L
11/22/08	at Albright*	150-92	L
12/5/08	at Millersville	120-27	L
1/10/09	FDU-Florham*	101-100	W
1/31/09	Lebanon Valley*	119-85	L
2/15/09	MAC Championships	9th of 10 (152)	

Women: 3-9, 2-6 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/31/09	Gettysburg	190-66	L
11/6/09	Misericordia*	131-67	L
11/11/09	Elizabethtown*	118-85	L
11/14/09	at PSU-Altoona	118-84	W
11/21/09	Albright*	109-66	L
12/9/09	at Dickinson	129-66	L
12/12/09	Lycoming*	162-72	L
1/9/10	at FDU-Florham*	110.5-86.5	W
1/15/10	at Susquehanna	152-85	L
1/16/10	King's (Pa.)*	65-55	L
	Arcadia*	80-42	W
1/30/10	at Lebanon Valley*	124.5-79.5	L
2/14/10	MAC Championships	7th of 10 (196)	

Women: 5-8, 4-4 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/30/10	at Gettysburg	151-95	L
11/10/10	at Elizabethtown*	107-98	L
11/13/10	PSU-Altoona	113-79	W
11/20/10	at Albright*	97-24	L
	(N) Washington & Lee	108-14	L
12/7/10	at Dickinson	120.5-75.5	L
12/11/10	at Lycoming*	119-81	L
1/8/11	FDU-Florham*	154-39	W
1/14/11	Susquehanna	112-86	L
1/15/11	at King's (Pa.)*	76-45	W
	(N) Arcadia*	88-33	W
1/28/11	at Misericordia*	113-87	L
1/29/11	Lebanon Valley*	108-96	W
2/13/11	MAC Championships	5th of 9 (280)	

Messiah College Swimming - Year-by-Year Schedules & Results, cont...

Men: 5-6, 5-3 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/29/11	Gettysburg	172-84	L
11/12/11	at Lycoming*	145-116	L
	(N) Elizabethtown*	185-73	W
11/19/11	at Albright*	120-82	L
12/2/11	at Swarthmore Invite	6th of 9 (241)	
12/6/11	Dickinson	123-74	L
1/7/12	at FDU-Florham*	133-50	W
1/13/12	at Susquehanna	137-68	L
1/14/12	King's (Pa.)*	79-42	W
	Arcadia*	73-48	W
1/27/12	Misericordia*	141-60	L
1/28/12	at Lebanon Valley*	203-48	W
2/12/12	MAC Championships	4th of 10 (343.5)	

2011-2012

Women: 6-5, 6-2 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/29/11	Gettysburg	157-100	L
11/12/11	at Lycoming*	137-124	W
	(N) Elizabethtown*	172-89	W
11/19/11	at Albright*	123-80	L
12/2/11	at Swarthmore Invite	6th of 10 (295)	
12/6/11	Dickinson	110-95	L
1/7/12	at FDU-Florham*	157-41	W
1/13/12	at Susquehanna	116-89	L
1/14/12	King's (Pa.)*	75-46	W
	Arcadia*	81-35	W
1/27/12	Misericordia*	119-85	L
1/28/12	at Lebanon Valley*	157-104	W
2/12/12	MAC Championships	5th of 10 (339)	

Men: 7-6, 7-3 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/27/12	at Gettysburg	184-76	L
	(N) Susquehanna	172-89	L
11/10/12	Hood*	154-107	W
	Widener*	134-121	W
	FDU-Florham*	214-31	W
11/14/12	Elizabethtown*	112-69	W
11/17/12	at Albright*	157-97	L
12/4/12	at Dickinson	121-72	L
12/8/12	at Lycoming*	156-105	L
1/12/13	at King's (Pa.)*	109-81	W
	(N) Arcadia*	107-82	W
1/25/13	at Misericordia*	130-72	L
1/26/13	Lebanon Valley*	134-50	W
2/10/13	MAC Championships	5th of 11 (303.5)	

2012-2013

Women: 8-5, 8-2 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/27/12	at Gettysburg	145-116	L
	(N) Susquehanna	138.5-122.5	L
11/10/12	Hood*	177-84	W
	Widener*	136-125	L
	FDU-Florham*	219-25	W
11/14/12	Elizabethtown*	126-71	W
11/17/12	at Albright*	142-120	L
12/4/12	at Dickinson	112-93	L
12/8/12	at Lycoming*	156.5-103.5	W
1/12/13	at King's (Pa.)*	160-41	W
	(N) Arcadia*	155-43	W
1/25/13	at Misericordia*	117-87	W
1/26/13	Lebanon Valley*	152-52	W
2/10/13	MAC Championships	4th of 10 (457)	

Men: 6-7, 6-4 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/26/13	at Gettysburg	200-48	L
	(N) Susquehanna	191-61	L
11/9/13	Hood*	112-92	L
	Widener*	103-101	L
	FDU-Florham*	165-32	W
11/13/13	at Elizabethtown*	148-39	W
11/16/13	at Albright*	158-104	L
12/3/13	Dickinson	124-63	L
12/7/13	Lycoming*	148-114	W
1/11/14	Arcadia*	136-44	W
	King's (Pa.)*	127-62	W
1/25/14	at Lebanon Valley*	164-93	W
2/1/14	Misericordia*	103-101	L
2/16/14	MAC Championships	5th of 11 (334)	

2013-2014

Women: 9-4, 9-1 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/26/13	at Gettysburg	163-70	L
	(N) Susquehanna	123-110	L
11/9/13	Hood*	140-64	W
	Widener*	142-64	W
	FDU-Florham*	171-16	W
11/13/13	at Elizabethtown*	145-60	W
11/16/13	at Albright*	142.5-119.5	L
12/3/13	Dickinson	107-98	L
12/7/13	Lycoming*	171-89	W
1/11/14	Arcadia*	130-72	W
	King's (Pa.)*	133-69	W
1/25/14	at Lebanon Valley*	178-82	W
2/1/14	Misericordia*	117-87	W
2/16/14	MAC Championships	1st of 10 (555)	

Messiah College Swimming - Year-by-Year Schedules & Results, cont...

Men: 10-6, 9-2 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/25/14	Wilkes*	174-49	W
11/8/14	Hood*	108-96	W
	Widener*	103-101	L
	FDU-Florham*	165-28	W
11/12/14	York (Pa.)	120-85	L
11/15/14	at Gettysburg	173-85	L
	(N) Susquehanna	167-92	L
11/22/14	Albright*	105-100	W
12/2/14	at Dickinson	118-87	L
12/6/14	at Lycoming*	115-90	W
1/10/15	at King's (Pa.)*	154-40	W
	(N) Arcadia*	105-99	W
1/17/15	Stevenson*	67-27	W
1/24/15	Lebanon Valley*	124-66	W
1/31/15	at Misericordia*	139-116	L
	(N) Pace	206-30	W
2/15/15	MAC Championships	5th of 11 (352)	

2014-2015

Women: 13-2, 11-0 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
10/25/14	Wilkes*	182-59	W
11/8/14	Hood*	124-74	W
	Widener*	137-61	W
	FDU-Florham*	165-22	W
11/12/14	York (Pa.)	142-61	W
11/15/14	at Gettysburg	142-119	L
	(N) Susquehanna	137-124	W
11/22/14	Albright*	127-76	W
12/2/14	at Dickinson	109-96	L
12/6/14	at Lycoming*	154-51	W
1/10/15	at King's (Pa.)*	150-53	W
	(N) Arcadia*	157-44	W
1/17/15	Stevenson*	92-60	W
1/24/15	Lebanon Valley*	134-68	W
1/31/15	at Misericordia*	170-90	W
2/15/15	MAC Championships	1st of 11 (628)	

Men: 7-7, 7-3 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
11/17/15	Hood*	110-93.5	L
	Widener*	129-75	L
	FDU-Florham*	161-34	W
11/11/15	at York (Pa.)	115.5-88.5	L
11/14/15	at Gettysburg	163-95	L
	(N) Susquehanna	144-115	L
11/21/15	at Albright*	139-122	L
12/1/15	Dickinson	139-66	L
12/5/15	Lycoming*	144-118	W
1/14/16	King's (Pa.)*	188-66	W
	Arcadia*	138-122	W
1/16/16	at Stevenson*	110-50	W
1/30/16	Lebanon Valley*	188-71	W
	Misericordia*	131-121	W
2/14/16	MAC Championships	3rd of 12 (400)	

2015-2016

Women: 13-1, 10-0 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
11/17/15	Hood*	163-41	W
	Widener*	137-67	W
	FDU-Florham*	171-26	W
11/11/15	at York (Pa.)	138-67	W
11/14/15	at Gettysburg	132-129	L
	(N) Susquehanna	177-84	W
11/21/15	at Albright*	205-56	W
12/1/15	Dickinson	122-83	W
12/5/15	Lycoming*	195-67	W
1/14/16	King's (Pa.)*	205-51	W
	Arcadia*	200-61	W
1/16/16	at Stevenson*	135-63	W
1/30/16	Lebanon Valley*	199-57	W
	Misericordia*	187-70	W
2/14/16	MAC Championships	1st of 12 (832)	

Men: 6-8, 4-5 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
11/5/16	(N) Widener*	146-58	L
	(N) FDU-Florham*	153-46	W
	at Hood*	105-99	L
11/12/16	at Gettysburg	203-58	L
	(N) Susquehanna	159-101	L
11/19/16	at Lycoming*	125-118	W
11/29/16	at Dickinson	137-68	L
12/3/16	at York	150-104	L
1/13/17	at King's*	135-124	W
	(N) Arcadia*	195-66	L
1/14/17	Stevenson*	123-68	W
1/21/17	at Lebanon Valley*	144-49	W
1/28/17	Misericordia*	93-59	W
	Albright*	105-61	L
2/12/17	MAC Championships	4th of 12 (307)	

2016-2017

Women: 11-3, 8-1 Conf.

Head Coach: Nancy Luley

Date	Opponent	Score	
11/5/16	(N) Widener*	126-78	W
	(N) FDU-Florham*	162-23	W
	at Hood*	157-40	W
11/12/16	at Gettysburg	154-107	L
	(N) Susquehanna	137-124	W
11/19/16	at Lycoming*	158-85	W
11/29/16	at Dickinson	123-82	L
12/3/16	at York	147-115	W
1/13/17	at King's*	193-65	W
	(N) Arcadia*	142-119	L
1/14/17	Stevenson*	124-109	W
1/21/17	at Lebanon Valley*	168-37	W
1/28/17	Misericordia*	104-58	W
	Albright*	105-63	W
2/12/17	MAC Championships	1st of 12 (619)	

Messiah College Swimming - Year-by-Year Schedules & Results, cont...

Men: 9-6, 7-3 Conf.

Head Coach: Katie McComb

Date	Opponent	Score	
10/22/17	at York	156-104	L
	(N) Franklin & Marshall	168-92	L
11/4	at Widener*	144-117	L
	(N) Hood*	195-52	W
11/11	at Gettysburg	182-79	L
	(N) Susquehanna	150-111	W
11/18	Lycoming*	137-109	W
	Dickinson	107-98	W
12/2-3	at Wash. & Lee Invite	3rd of 6	
1/12	King's*	114-90	W
	Arcadia*	134-71	L
1/13	at Stevenson*	153-27	W
1/20	Wilkes*	125-65	W
1/27	Lebanon Valley*	135-97	W
2/3	Misericordia*	146-100	W
	Albright*	142-120	L
2/15-18	MAC Championships	3rd of 12 (449.5)	

2017-2018

Women: 9-6, 9-1 Conf.

Head Coach: Katie McComb

Date	Opponent	Score	
10/22/17	at York	147-113	L
	(N) Franklin & Marshall	133-127	L
11/4	at Widener*	138-123	W
	(N) Hood*	200-43	W
11/11	at Gettysburg	148-113	L
	(N) Susquehanna	142-119	L
11/18	Lycoming*	155-91	W
	Dickinson	106-98	L
12/2-3	at Wash. & Lee Invite	3rd of 6	
1/12	King's*	133-71	W
	Arcadia*	109-96	L
1/13	at Stevenson*	133-103	W
1/20	Wilkes*	114-46	W
1/27	Lebanon Valley*	166-82	W
2/3	Misericordia*	185-62	W
	Albright*	163-93	W
2/15-18	MAC Championships	1st of 12 (619.5)	

Men: 5-8, 4-4 Conf.

Head Coach: Katie McComb

Date	Opponent	Score	
10/27	at Lycoming*	118-83	W
11/3	at Widener*	178-80	L
	(N) Hood*	152-86	W
11/10	(N) Susquehanna	168-91	L
	at Gettysburg	161-92	L
11/27	at Dickinson	144-58	L
12/1-2	at Wash. & Lee Invite	3rd of 6 (525)	
1/12	at King's*	173-83	L
	(N) Arcadia*	172-85	L
1/18	Immaculata	140-35	W
	Stevenson*	132-32	W
1/26	at York (PA)	154-90	L
2/2	Misericordia*	131-103	W
	Albright*	202-56	L
2/14-17	MAC Championships	5th of 12 (302)	

2018-2019

Women: 10-3, 8-0 Conf.

Head Coach: Katie McComb

Date	Opponent	Score	
10/27	at Lycoming*	136-67	W
11/3	at Widener*	158-103	W
	(N) Hood*	192-58	W
11/10	(N) Susquehanna	132-128	W
	at Gettysburg	147-113	L
11/27	at Dickinson	109-96	L
12/1-2	at Wash. & Lee Invite	2nd of 6 (777.5)	
1/12	at King's*	177-85	W
	(N) Arcadia*	178-84	W
1/18	Immaculata	161-27	W
	Stevenson*	125-68	W
1/26	at York (PA)	137-124	L
2/2	Misericordia*	194-52	W
	Albright*	183-75	W
2/14-17	MAC Championships	1st of 12 (648)	

Men: 7-4-1, 6-2-1 Conf.

Head Coach: Katie McComb

Date	Opponent	Score	
11/2	Widener	147.5-113.5	L
	Hood	167-82	W
11/9	Arcadia	131-131	T
11/16	Lycoming	189-61	W
11/22	Gettysburg	134-52	L
12/6-7	at Gettysburg Invite	4th of 6 (511)	
1/11	at King's	146-107	W
1/17	Stevenson	146-27	W
	Immaculata	134-39	W
1/25	York (PA)	143-116	L
	Lebanon Valley	197-45	W
2/1	Misericordia	151-105	W
	Albright	138-122	L
2/13-16	MAC Championships	5th of 13 (839)	

2019-2020

Women: 7-5, 6-3 Conf.

Head Coach: Katie McComb

Date	Opponent	Score	
11/2	Widener	146-113	L
	Hood	155-98	W
11/9	Arcadia	142-119	W
11/16	Lycoming	153-89	W
11/22	Gettysburg	138-47	L
12/6-7	at Gettysburg Invite	4th of 7 (463)	
1/11	at King's	157-104	L
1/17	Stevenson	122-63	W
	Immaculata	144-36	W
1/25	York (PA)	171-85	L
	Lebanon Valley	173-71	W
2/1	Misericordia	170-85	L
	Albright	153-98	W
2/13-16	MAC Championships	6th of 13 (792)	

Messiah College Swimming - Year-by-Year Schedules & Results, cont...

Men: 2-0, 2-0 Conf.

Head Coach: Katie McComb

Date	Opponent	Score
3/6/21	MAC Virtual Meet	T2nd of 11 (188)
3/20	Stevenson	135-68 W
3/27	Albright	139-104 W
4/16-17	MAC Championships	4th of 14 (814)

2021

Women: 2-0, 2-0 Conf.

Head Coach: Katie McComb

Date	Opponent	Score
3/6/21	MAC Virtual Meet	1st of 11 (214)
3/20	Stevenson	152-48 W
3/27	Albright	154-73 W
4/16-17	MAC Championships	1st of 14 (1117)

Men: 6-5, 5-4 Conf.

Head Coach: Katie McComb

Date	Opponent	Score
10/30	Hood	136-64 W
10/30	Widener	120-83 L
10/30	King's	119-78 W
11/6	at Arcadia	148-108 L
11/13	at Lycoming	127-121 W
11/19	at Gettysburg	187-56 L
12/3-4	at Gettysburg Invite	7th of 7 (132)
1/14	Immaculata	128-39 W
1/15	Stevens	187-65 L
1/22	at York	160-96 L
1/29	Misericordia	129-127 W
1/29	Albright	160-82 W
2/10-13	MAC Championships	6th of 14 (651)

2021-2022

Women: 10-2, 9-1 Conf.

Head Coach: Katie McComb

Date	Opponent	Score
10/30	Hood	160-42 W
10/30	Widener	114-90 W
10/30	King's	168.5-29.5 W
11/6	at Arcadia	153-109 W
11/13	at Lycoming	190-52 W
11/19	at Gettysburg	167-76 L
12/3-4	at Gettysburg Invite	5th of 8 (335)
1/14	Immaculata	176-29 W
1/15	Stevens	172-84 W
1/22	York	191-58 W
1/22	(N) Millersville	136.5-119.5 L
1/29	Misericordia	139-122 W
1/29	Albright	164-89 W
2/10-13	MAC Championships	1st of 14 (1343.5)

Men: 10-2, 9-2 Conf.

Head Coach: Ryan Kauth

Date	Opponent	Score
10/15	Immaculata	203-32 W
10/22	at Wilkes	167-27 W
10/22	(N) FDU-Florham	157-40 W
10/29	at Widener	113-83 W
10/29	(N) Hood	135-63 W
10/29	(N) King's	154-30 W
11/5	Arcadia	132-130 W
11/18-19	at Cougar Splash	4th of 6 (305.5)
1/21	York	106-97 L
1/21	Stevens	108-91 L
1/21	Stevenson	151-41 W
1/28	Misericordia	164-97 W
1/28	Albright	203-34 W
2/9-12	MAC Championships	4th of 14 (887)

2022-2023

Women: 11-2, 10-1 Conf.

Head Coach: Ryan Kauth

Date	Opponent	Score
10/15	Immaculata	219-36 W
10/22	at Wilkes	174-4 W
10/22	(N) FDU-Florham	133-72 W
10/29	at Widener	131-72 W
10/29	(N) Hood	165-29 W
10/29	(N) King's	168-16 W
11/5	Arcadia	176-86 W
11/18-19	at Cougar Splash	1st of 5 (599.5)
1/13	Millersville	149-113 L
1/21	York	149-51 W
1/21	Stevens	131-71 W
1/21	Stevenson	172-26 W
1/28	Misericordia	134-128 L
1/28	Albright	181.5-54.5 W
2/9-12	MAC Championships	1st of 14 (1400.5)

Middle Atlantic Conference Honors - Men's Swimming

MAC Championships Summary

Season	Team Finish	Pts.	Ind. Honors	Ind. Gold	Relay Honors	Relay Gold
2008-09	5th of 10	258	1	-	5	-
2009-10	4th of 10	372	9	2	5	-
2010-11	4th of 10	241	1	-	4	-
2011-12	4th of 10	343.5	4	-	5	-
2012-13	5th of 11	303.5	5	-	5	-
2013-14	5th of 11	334	9	-	5	-
2014-15	5th of 11	352	8	2	4	-
2015-16	3rd of 12	400	10	1	4	-
2016-17	4th of 12	307	6	-	2	-
2017-18	3rd of 12	449.5	6	1	5	1
2018-19	5th of 12	302	3	-	-	-
2019-20	5th of 13	839	3	3	3	-
2020-21	4th of 14	814	2	-	1	-
2021-22	6th of 14	651	1	1	-	-
2022-23	4th of 14	887	4	2	3	1

Special Honors

Year	Rookie of the Year
2009-10	Drew Wissler
2014-15	Dakota Schmalz
2018-19	Tyler Wilkinson
2019-20	Avery Barley

All-Conference Honors

Note: Placements first through third earn First Team honors, with placements fourth through sixth earning Second Team honors (until 2017)

Note: Starting in 2018, 1st place is First Team, 2nd place is Second Team, 3rd place is Third Team.

2008-09	Event	Time	Honor (place)	
Mitchell Young	50 Freestyle	22.35	First Team (3rd)	
Zach McArdle, Anthony Addelsberger, John Haller, Mitchell Young	200 Freestyle Relay	1:29.21	Second Team (4th)	
Branden Brunner, Zach McArdle, Anthony Addelsberger, Mitchell Young	400 Freestyle Relay	3:18.93	Second Team (4th)	
Zach McArdle, Matthew Wells, John Haller, Branden Brunner	800 Freestyle Relay	7:40.23	Second Team (6th)	
John Haller, Zach McArdle, Anthony Addelsberger, Mitchell Young	200 Medley Relay	1:42.28	Second Team (5th)	
Matthew Wells, Derek Forster, Anthony Addelsberger, Mitchell Young	400 Medley Relay	3:52.67	Second Team (5th)	
2009-10	Event	Time	Honor (place)	
Drew Wissler	50 Freestyle	21.86	First Team (2nd)	
Drew Wissler	100 Freestyle	47.92	First Team (2nd)	
Dylan Holford	200 Freestyle	1:48.19	Second Team (5th)	
Branden Brunner	200 Freestyle	1:50.25	Second Team (6th)	
Dylan Holford	500 Freestyle	4:48.94	First Team (1st)	Gold
John Haller	100 Backstroke	56.46	Second Team (6th)	
Drew Wissler	100 Butterfly	52.18	First Team (1st)	Gold
Zach McArdle	100 Breaststroke	1:01.31	Second Team (4th)	
Derek Forster	200 Breaststroke	2:18.82	Second Team (4th)	

Middle Atlantic Conference Honors - Men's Swimming, cont...

2009-10 cont...	Event	Time	Honor (place)
Zach McArdle, Anthony Addlelsberger, John Haller, Drew Wissler	200 Freestyle Relay	1:27.23	Second Team (4th)
John Haller, Zach McArdle, Dylan Holford, Drew Wissler	400 Freestyle Relay	3:14.35	Second Team (4th)
Dylan Holford, Drew Wissler, Zach McArdle, Branden Brunner	800 Freestyle Relay	7:20.28	First Team (3rd)
John Haller, Derek Forster, Anthony Addlelsberger, Drew Wissler	200 Medley Relay	1:40.06	Second Team (4th)
John Haller, Derek Forster, Tim Alarcon, Zach McArdle	400 Medley Relay	3:44.29	Second Team (5th)
2010-11	Event	Time	Honor (place)
Daniel Wingert	200 Breaststroke	2:16.96	Second Team (6th)
Zachary McArdle, Joseph Hines, Matthew Wells, Tim Alarcon	400 Freestyle Relay	3:26.39	Second Team (5th)
Zachary McArdle, Tim Alarcon, Daniel Wingert, Matthew Wells	800 Freestyle Relay	7:33.48	Second Team (4th)
Spenser Warren, Daniel Wingert, Tim Alarcon, Zachary McArdle	200 Medley Relay	1:41.62	Second Team (4th)
Spenser Warren, Daniel Wingert, Tim Alarcon, Zachary McArdle	400 Medley Relay	3:44.61	Second Team (4th)
2011-12	Event	Time	Honor (place)
Nate Brown	50 Freestyle	22.09	Second Team (t-4th)
Zachary McArdle / Daniel Wingert	100 Breaststroke	1:01.64	First Team (t-3rd)
Zachary McArdle	200 Breaststroke	2:13.36	First Team (2nd)
Daniel Wingert	200 Breaststroke	2:14.32	Second Team (4th)
Nate Brown, Sam Kidd, Tim Alarcon, Zachary McArdle	200 Freestyle Relay	1:29.60	Second Team (5th)
Zachary McArdle, Sam Kidd, Tim Alarcon, Nate Brown	400 Freestyle Relay	3:21.20	Second Team (5th)
Zach McArdle, Tim Alarcon, Nate Brown, Daniel Wingert	800 Freestyle Relay	7:29.75	Second Team (4th)
Nathan Good, Daniel Wingert, Taylor Shields, Nate Brown	200 Medley Relay	1:41.53	Second Team (5th)
Luke Sagaser, Zachary McArdle, Tim Alarcon, Nate Brown	400 Medley Relay	3:43.54	Second Team (5th)

Middle Atlantic Conference Honors - Men's Swimming, cont...

2012-13	Event	Time	Honor (place)
Nate Brown	50 Freestyle	22.02	Second Team (t-6th)
Aaron Eckman	1650 Freestyle	16:44.67	First Team (3rd)
Daniel Wingert	100 Breaststroke	1:01.56	First Team (3rd)
Daniel Wingert	200 Breaststroke	2:14.92	First Team (3rd)
Tim Alarcon	200 IM	2:01.53	Second Team (5th)
Taylor Shields, David Whiting, Sam Kidd, Nate Brown	200 Freestyle Relay	1:30.14	Second Team (5th)
Nate Brown, Joseph Cornelius, Tim Alarcon, Aaron Eckman	400 Freestyle Relay	3:17.94	Second Team (6th)
Tim Alarcon, Joseph Cornelius, Nate Brown, Aaron Eckman	800 Freestyle Relay	7:21.78	First Team (3rd)
Luke Sagaser, Daniel Wingert, Tim Alarcon, Nate Brown	200 Medley Relay	1:39.68	Second Team (5th)
Luke Sagaser, Daniel Wingert, Tim Alarcon, Nate Brown	400 Medley Relay	3:40.44	Second Team (6th)
2013-14	Event	Time	Honor (place)
Nate Brown	50 Freestyle	21.60	Second Team (5th)
Nate Brown	100 Freestyle	48.16	Second Team (5th)
Nick Wieder	500 Freestyle	4:49.90	First Team (3rd)
Aaron Eckman	500 Freestyle	4:52.43	Second Team (4th)
Aaron Eckman	1650 Freestyle	16:57.00	Second Team (4th)
Nick Wieder	200 Butterfly	1:56.14	First Team (2nd)
Daniel Wingert	100 Breaststroke	1:01.50	Second Team (6th)
Daniel Wingert	200 Breaststroke	2:13.59	Second Team (5th)
Nick Wieder	400 IM	4:19.22	Second Team (4th)
Daniel Jessen, Phil Rodo, Taylor Shields, Nate Brown	200 Freestyle Relay	1:28.40	Second Team (6th)
Joe Cornelius, Daniel Jessen, Nick Wieder, Nate Brown	400 Freestyle Relay	3:17.41	Second Team (6th)
Nick Wieder, Nate Brown, Daniel Jessen, Aaron Eckman	800 Freestyle Relay	7:17.99	Second Team (5th)
Luke Sagaser, Daniel Wingert, Taylor Shields, Nate Brown	200 Medley Relay	1:38.33	Second Team (6th)
Daniel Jessen, Daniel Wingert, Nick Wieder, Nate Brown	400 Medley Relay	3:35.67	Second Team (4th)
2014-15	Event	Time	Honor (place)
Nate Brown	50 Freestyle	21.64	Second Team (6th)
Aaron Eckman	500 Freestyle	4:49.36	Second Team (4th)
Aaron Eckman	1650 Freestyle	16:49.79	First Team (3rd)
Nick Wieder	200 Butterfly	1:59.31	Second Team (6th)
Dakota Schmalz	200 Butterfly	1:55.17	First Team (1st) Gold
Dakota Schmalz	200 IM	1:56.51	Second Team (4th)
Dakota Schmalz	400 IM	4:10.95	First Team (1st) Gold
Nick Wieder	400 IM	4:23.62	Second Team (6th)

Middle Atlantic Conference Honors - Men's Swimming, cont...

2014-15 cont...	Event	Time	Honor (place)
Daniel Jessen, Phil Rodo, Dakota Schmalz, Nate Brown	200 Freestyle Relay	1:28.28	Second Team (5th)
Joseph Cornelius, Daniel Jessen, Dakota Schmalz, Nate Brown	400 Freestyle Relay	3:13.55	Second Team (6th)
Aaron Eckman, Nolan McArdle, Joseph Cornelius, Dakota Schmalz	800 Freestyle Relay	7:08.98	Second Team (5th)
Daniel Jessen, Nolan McArdle, Phil Rodo, Nate Brown	200 Medley Relay	1:37.10	Second Team (6th)
2015-16	Event	Time	Honor (place)
Jeremy Wakeley	500 Freestyle	4:51.84	Second Team (4th)
Aaron Eckman	500 Freestyle	4:55.06	Second Team (5th)
Jeremy Wakeley	1650 Freestyle	16:44.39	First Team (3rd)
Aaron Eckman	1650 Freestyle	16:49.64	Second Team (4th)
Nolan McArdle	100 Backstroke	52.99	Second Team (4th)
Kurtis Platteel	100 Backstroke	53.71	Second Team (6th)
Kurtis Platteel	200 Backstroke	1:58.23	Second Team (6th)
Dakota Schmalz	200 Butterfly	1:54.64	First Team (2nd)
Nolan McArdle	200 IM	1:58.39	Second Team (5th)
Dakota Schmalz	400 IM	4:11.82	First Team (1st) Gold
Daniel Jessen, Joseph Cornelius, Jeremy Wakeley, Nolan McArdle	200 Freestyle Relay	1:28.73	Second Team (5th)
Aaron Eckman, Nick Wieder, Jeremy Wakeley, Dakota Schmalz	800 Freestyle Relay	7:13.63	Second Team (5th)
Nolan McArdle, David Patawaran, Joseph Cornelius, Jeremy Wakeley	200 Medley Relay	1:37.68	Second Team (5th)
Nolan McArdle, David Patawaran, Dakota Schmalz, Joseph Cornelius	400 Medley Relay	3:33.70	Second Team (5th)
2016-17	Event	Time	Honor (place)
Drew Wolfe	200 Freestyle	1:42.92	First Team (2nd)
Drew Wolfe	500 Freestyle	4:42.79	First Team (3rd)
Nolan McArdle	100 Backstroke	52.47	Second Team (4th)
Nick Wieder	200 Butterfly	1:59.18	Second Team (5th)
Andre Leeper, Nolan McArdle, Daniel Jessen, Drew Wolfe	400 Freestyle Relay	3:11.91	Second Team (4th)
Drew Wolfe, Nick Wieder, Jeremy Wakeley, Andrew Leeper	800 Freestyle Relay	7:14.20	Second Team (5th)

Middle Atlantic Conference Honors - Men's Swimming, cont...

2017-18	Event	Time	Honor (place)
Drew Wolfe	100 Freestyle	46.77	Third Team (3rd)
Drew Wolfe	200 Freestyle	1:41.40	First Team (1st)
Nolan McArdle	200 IM	1:56.52	Third Team (3rd)
Nolan McArdle	200 Breaststroke	2:07.71	Third Team (3rd)
Nolan McArdle	100 Backstroke	52.21	Second Team (2nd)
Ridge Hagar	100 Backstroke	52.59	Third Team (3rd)
Ridge Hagar, Nolan McArdle, Anthony Pompei, Andrew Leeper	200 Medley Relay	1:36.05	Third Team (3rd)
Daniel Logan, Nolan McArdle, Anthony Pompei, Andrew Leep	800 Freestyle Relay	6:58.78	Second Team (2nd)
Ridge Hagar, Nolan McArdle, Anthony Pompei, Drew Wolfe	400 Medley Relay	3:30.68	Third Team (3rd)
Daniel Logan, Nolan McArdle, Anthony Pompei, Andrew Leeper	200 Freestyle Relay	1:25.36	First Team (1st)
Ridge Hagar, Daniel Logan, Andrew Leeper, Drew Wolfe	400 Freestyle Relay	3:10.79	Third Team (3rd)
2018-19	Event	Time	Honor (place)
Tyler Wilkinson	500 Freestyle	4:44.37	Third Team (3rd)
Tyler Wilkinson	200 Freestyle	1:43.22	Second Team (2nd)
Tyler Wilkinson	200 Backstroke	1:55.92	Third Team (3rd)
2019-20	Event	Time	Honor (place)
Avery Barley	100 Butterfly	49.61	First Team (1st) Gold
Avery Barley	100 Backstroke	49.80	First Team (1st) Gold
Avery Barley	200 Backstroke	1:50.42	First Team (1st) Gold
Avery Barley, Isaac McCabe, Ridge Hagar, Andrew Leeper	200 Medley Relay	1:34.93	Third Team (3rd)
Avery Barley, Andrew Leeper, Ridge Hagar, Tyler Wilkinson	200 Freestyle Relay	1:24.98	Second Team (2nd)
Daniel Logan, Ridge Hagar, Tyler Wilkinson, Avery Barley	800 Freestyle Relay	6:56.38	Third Team (3rd)
2020-21	Event	Time	Honor (place)
Isaac McCabe	100 Breaststroke	1:00.35	Third Team (3rd)
Isaac McCabe	200 Breaststroke	2:12.79	Third Team (3rd)
Andrew Leeper, Jacob Whipple, Brennen Puckett, Mark Lukens	200 Freestyle Relay	1:27.31	Second Team (2nd)
2021-22	Event	Time	Honor (place)
PJ Cronauer	1650 Freestyle	16:39.64	First Team (1st) Gold

Middle Atlantic Conference Honors - Men's Swimming, cont...

2022-23	Event	Time	Honor (place)	
Avery Barley	100 Backstroke	49.75	First Team (1st)	Gold
Isaac McCabe	100 Breaststroke	58.60	Third Team (3rd)	
PJ Cronauer	1650 Freestyle	16:37.97	First Team (1st)	Gold
Avery Barley	200 Backstroke	1:50.45	Second Team (2nd)	
Avery Barley, Isaac McCabe, Aedan Wilkinson, Mark Lukens	200 Medley Relay	1:33.73	First Team (1st)	Gold
Mark Lukens, Avery Barley, Aedan Wilkinson, Sage Sobeck	200 Freestyle Relay	1:25.77	Third Team (3rd)	
Avery Barley, Isaac McCabe, Aedan Wilkinson, Mark Lukens	400 Medley Relay	3:26.41	Second Team (2nd)	

Middle Atlantic Conference Honors - Women's Swimming

MAC Championships Summary

Season	Team Finish	Pts.	Ind. Honors	Ind. Gold	Relay Honors	Relay Gold
2008-09	9th of 10	152	-	-	1	-
2009-10	7th of 10	196	2	-	3	-
2010-11	5th of 9	280	4	3	4	-
2011-12	5th of 10	339	7	1	5	-
2012-13	4th of 10	457	10	1	5	-
2013-14	1st of 10	555	17	2	5	3
2014-15	1st of 11	628	18	4	5	3
2015-16	1st of 12	832	30	7	5	5
2016-17	1st of 12	619	18	5	5	4
2017-18	1st of 12	619.5	9	6	4	4
2018-19	1st of 12	648	13	7	5	4
2019-20	6th of 13	792	5	1	1	-
2020-21	1st of 14	1117	10	5	3	2
2021-22	1st of 14	1343.5	14	4	5	3
2022-23	1st of 14	1400.5	13	2	5	4

Special Honors

Swimmer of the Year

2015-16	Emily Reale
2016-17	Kaitlin Wingert
2017-18	Kaitlin Wingert
2018-19	Kaylee Hollenbach

Rookie of the Year

2013-14	Tara Freeman
2014-15	Katie Wingert
2015-16	Cassie Cotton
2017-18	Kaylee Hollenbach
2018-19	Nancie Ziegler
2019-20	Katelyn Boyce
2020-21	Sophie Schulze

Women's Coach of the Year

2013-14	Nancy Luley
2014-15	Nancy Luley
2015-16	Nancy Luley
2017-18	Kaite McComb
2020-21	Katie McComb
2021-22	Katie McComb
2022-23	Ryan Kauth

Middle Atlantic Conference Honors - Women's Swimming, cont...

All-Conference Honors

Note: Placements first through third earn First Team honors, with placements fourth through sixth earning Second Team honors (until 2017) Note: Starting in 2018, 1st place is First Team, 2nd place is Second Team, 3rd place is Third Team

2008-09	Event	Time	Honor (place)	
Keren deRouville, Kara Geiman, Hannah Kurtz, Ashley Bell	400 Freestyle Relay	3:55.32	Second Team (6th)	
2009-10	Event	Time	Honor (place)	
Molly Handley	200 Butterfly	2:27.84	Second Team (6th)	
Angela Klaczak	100 Breaststroke	1:13.48	Second Team (6th)	
Jean Cho, Molly Handley, Stephanie Jury, Ashley Bell	200 Freestyle Relay	1:48.49	Second Team (6th)	
Ashley Bell, Angela Klaczak, Molly Handley, Aimee West	400 Medley Relay	4:27.31	Second Team (5th)	
Angela Klaczak, Aimee West, Jean Cho, Stephanie Jury	200 Medley Relay	2:02.44	Second Team (6th)	
2010-11	Event	Time	Honor (place)	
Hanna Schaffer	50 Freestyle	25.42	Second Team (6th)	
Katelynn Sagaser	100 Backstroke	58.74	First Team (1st)	Gold
Katelynn Sagaser	200 Backstroke	2:08.97	First Team (1st)	Gold
Katelynn Sagaser	200 IM	2:12.14	First Team (1st)	Gold
Katelynn Sagaser, Angela Klaczak, Molly Handley, Hanna Schaffer	400 Medley Relay	4:10.94	Second Team (5th)	
Katelynn Sagaser, Angela Klaczak, Molly Handley, Hanna Schaffer	200 Medley Relay	1:54.66	Second Team (5th)	
Katelynn Sagaser, Molly Handley, Aubrey Krueger, Hanna Schaffer	400 Freestyle Relay	3:47.91	Second Team (4th)	
Katelynn Sagaser, Molly Handley, Aubrey Krueger, Hanna Schaffer	200 Freestyle Relay	1:42.63	First Team (3rd)	
2011-12	Event	Time	Honor (place)	
Hanna Schaffer	50 Freestyle	25.43	Second Team (5th)	
Lauren Clune	200 Freestyle	2:01.74	Second Team (6th)	
Lauren Clune	1650 Freestyle	18:35.39	Second Team (4th)	
Katelynn Sagaser	100 Backstroke	58.92	First Team (1st)	Gold
Katelynn Sagaser	200 Backstroke	2:08.48	First Team (2nd)	
Laura Penwell	100 Butterfly	1:01.52	Second Team (5th)	
Katelynn Sagaser	200 IM	2:12.50	First Team (2nd)	
Lauren Clune, Nicole Barberides, Cassie Forman, Hannah Teklits	400 Freestyle Relay	3:50.41	Second Team (6th)	
Laura Penwell, Molly Handley, Katelynn Sagaser, Hanna Schaffer	200 Freestyle Relay	1:40.70	First Team (3rd)	
Katelynn Sagaser, Lauren Clune, Laura Penwell, Hanna Schaffer	400 Medley Relay	4:08.39	Second Team (4th)	
Katelynn Sagaser, Lauren Clune, Laura Penwell, Hanna Schaffer	200 Medley Relay	1:52.63	Second Team (4th)	
Lauren Clune, Laura Penwell, Katelynn Sagaser, Hanna Schaffer	800 Freestyle Relay	8:11.22	Second Team (4th)	

Middle Atlantic Conference Honors - Women's Swimming, cont...

2012-13	Event	Time	Honor (place)	
Hanna Schaffer	50 Freestyle	25.10	Second Team (4th)	
Anna McArdle	50 Freestyle	25.12	Second Team (5th)	
Hanna Schaffer	100 Freestyle	54.66	Second Team (4th)	
Lauren Clune	1650 Freestyle	18:29.31	Second Team (6th)	
Caitlin Magaw	100 Backstroke	1:02.31	Second Team (6th)	
Katelynn Sagaser	100 Butterfly	59.13	First Team (3rd)	
Laura Penwell	100 Butterfly	1:00.34	Second Team (6th)	
Katelynn Sagaser	200 Butterfly	2:09.48	First Team (1st)	Gold
Anna McArdle	200 Breaststroke	2:31.64	Second Team (4th)	
Katelynn Sagaser	200 IM	2:12.95	First Team (3rd)	
Anna McArdle, Caitlin Magaw, Katelynn Sagaser, Hanna Schaffer	400 Freestyle Relay	3:38.96	First Team (3rd)	
Anna McArdle, Laura Penwell, Katelynn Sagaser, Hanna Schaffer	200 Freestyle Relay	1:40.49	Second Team (4th)	
Caitlin Magaw, Angela Klaczak, Laura Penwell, Hanna Schaffer	400 Medley Relay	4:09.85	Second Team (5th)	
Katelynn Sagaser, Anna McArdle, Laura Penwell, Hanna Schaffer	200 Medley Relay	1:50.51	Second Team (4th)	
Anna McArdle, Caitlin Magaw, Lauren Clune, Katelynn Sagaser	800 Freestyle Relay	8:00.23	First Team (2nd)	
2013-14	Event	Time	Honor (place)	
Tara Freeman	50 Freestyle	24.22	First Team (1st)	Gold
Hanna Schaffer	50 Freestyle	24.66	Second Team (4th)	
Tara Freeman	100 Freestyle	53.22	First Team (3rd)	
Hanna Schaffer	100 Freestyle	54.33	Second Team (5th)	
Tara Freeman	200 Freestyle	1:57.05	First Team (2nd)	
Anna McArdle	200 Freestyle	1:59.23	First Team (3rd)	
Lauren Clune	500 Freestyle	5:20.52	Second Team (4th)	
Emily Reale	1650 Freestyle	17:52.25	First Team (1st)	Gold
Lauren Clune	1650 Freestyle	18:24.89	Second Team (6th)	
Caitlin Magaw	200 Backstroke	2:12.21	Second Team (5th)	
Renee Ormond	100 Butterfly	59.74	Second Team (5th)	
Laura Penwell	100 Butterfly	1:00.64	Second Team (6th)	
Renee Ormond	200 Butterfly	2:13.68	First Team (3rd)	
Emily Reale	100 Breaststroke	1:09.48	First Team (3rd)	
Anna McArdle	200 Breaststroke	2:34.71	Second Team (6th)	
Emily Reale	200 IM	2:13.89	First Team (3rd)	
Anna McArdle	200 IM	2:14.46	Second Team (4th)	
Laura Penwell, Anna McArdle, Tara Freeman, Hanna Schaffer	200 Freestyle Relay	1:38.87	First Team (1st)	Gold
Laura Penwell, Emily Reale, Tara Freeman, Hanna Schaffer	400 Freestyle Relay	3:36.38	First Team (1st)	Gold
Anna McArdle, Lauren Clune, Emily Reale, Tara Freeman	800 Freestyle Relay	7:55.16	First Team (2nd)	
Caitlin Magaw, Gaby Brubaker, Tara Freeman, Hanna Schaffer	200 Medley Relay	1:48.35	First Team (1st)	Gold
Caitlin Magaw, Emily Reale, Laura Penwell, Hanna Schaffer	400 Medley Relay	4:02.79	First Team (2nd)	

Middle Atlantic Conference Honors - Women's Swimming, cont...

2014-15	Event	Time	Honor (place)	
Tara Freeman	50 Freestyle	24.42	First Team (1st))	Gold
Katie Wingert	100 Freestyle	52.63	First Team (2nd)	
Tara Freeman	100 Freestyle	53.91	First Team (3rd)	
Katie Wingert	200 Freestyle	1:55.45	First Team (1st)	Gold
Emily Reale	500 Freestyle	5:10.34	First Team (2nd)	
Lauren Clune	500 Freestyle	5:16.95	First Team (3rd)	
Emily Reale	1650 Freestyle	17:42.72	First Team (1st))	Gold
Lauren Clune	1650 Freestyle	18:01.36	First Team (3rd)	
Tara Freeman	100 Butterfly	58.12	First Team (2nd)	
Lydia Ellsworth	100 Butterfly	1:00.11	Second Team (5th)	
Lydia Ellsworth	200 Butterfly	2:16.28	Second Team (6th)	
Emily Reale	100 Breaststroke	1:08.15	First Team (3rd)	
Gaby Brubaker	100 Breaststroke	1:10.94	Second Team (4th)	
Anna McArdle	200 Breaststroke	2:33.40	First Team (3rd)	
Katie Wingert	200 IM	2:11.27	First Team (1st))	Gold
Anna McArdle	200 IM	2:15.85	Second Team (5th)	
Anna McArdle	400 IM	4:51.17	Second Team (4th)	
Katie Reiter	400 IM	4:53.70	Second Team (5th)	
Laura Penwell, Emily Reale, Katie Wingert, Tara Freeman	200 Freestyle Relay	1:37.98	First Team (1st))	Gold
Tara Freeman, Anna McArdle, Emily Reale, Katie Wingert	400 Freestyle Relay	3:34.17	First Team (1st))	Gold
Lauren Clune, Emily Reale, Tara Freeman, Katie Wingert	800 Freestyle Relay	7:50.14	First Team (1st)	Gold
Caitlin Magaw, Gaby Brubaker, Laura Penwell, Katie Wingert	200 Medley Relay	1:50.50	First Team (3rd)	
Caitlin Magaw, Emily Reale, Renee Ormond, Tara Freeman	400 Medley Relay	4:04.35	Second Team (4th)	

Middle Atlantic Conference Honors - Women's Swimming, cont...

2015-16	Event	Time	Honor (place)	
Tara Freeman / Cassie Cotton	50 Freestyle	24.33	Second Team (t-2nd)	
Katie Wingert	100 Freestyle	51.97	First Team (1st)	Gold
Tara Freeman	100 Freestyle	53.12	First Team (2nd)	
Brittany Pond	100 Freestyle	53.54	Second Team (4th)	
Katie Wingert	200 Freestyle	1:54.07	First Team (1st)	Gold
Brittany Pond	200 Freestyle	1:57.86	Second Team (4th)	
Emily Reale	500 Freestyle	5:06.36	First Team (1st)	Gold
Britta Heath	500 Freestyle	5:16.37	First Team (2nd)	
Caitlin Magaw	500 Freestyle	5:21.79	Second Team (6th)	
Emily Reale	1650 Freestyle	17:30.36	First Team (1st)	Gold
Britta Heath	1650 Freestyle	18:05.51	Second Team (4th)	
Joelle Williamson	100 Backstroke	1:00.55	First Team (1st)	Gold
Molly Martin	200 Backstroke	2:12.67	First Team (2nd)	
Joelle Williamson	200 Backstroke	2:14.21	First Team (3rd)	
Cassie Cotton	100 Butterfly	57.45	First Team (2nd)	
Tara Freeman	100 Butterfly	57.56	First Team (3rd)	
Lydia Ellsworth	100 Butterfly	1:00.11	Second Team (4th)	
Renee Ormond	100 Butterfly	1:00.52	Second Team (5th)	
Cassie Cotton	200 Butterfly	2:10.60	First Team (2nd)	
Renee Ormond	200 Butterfly	2:15.39	Second Team (4th)	
Lydia Ellsworth	200 Butterfly	2:17.15	Second Team (5th)	
Gaby Brubaker	100 Breaststroke	1:08.51	First Team (3rd)	
Katie Wingert	200 IM	2:10.36	First Team (1st)	Gold
Brittany Pond	200 IM	2:13.37	Second Team (4th)	
Renee Ormond	200 IM	2:15.10	Second Team (6th)	
Emily Reale	400 IM	4:36.41	First Team (1st)	Gold
Britta Heath	400 IM	4:46.13	First Team (3rd)	
Molly Martin	400 IM	4:50.90	Second Team (5th)	
Izzy Ramsland	400 IM	4:56.34	Second Team (6th)	
Joelle Williamson, Gaby Brubaker, Cassie Cotton, Tara Freeman	200 Medley Relay	1:48.57	First Team (1st)	Gold
Tara Freeman, Cassie Cotton, Emily Reale, Katie Wingert	200 Freestyle Relay	1:36.29	First Team (1st)	Gold
Joelle Williamson, Emily Reale, Cassie Cotton, Katie Wingert	400 Medley Relay	3:57.91	First Team (1st)	Gold
Brittany Pond, Tara Freeman, Emily Reale, Katie Wingert	400 Freestyle Relay	3:31.43	First Team (1st)	Gold
Cassie Cotton, Tara Freeman, Emily Reale, Katie Wingert	800 Freestyle Relay	7:45.99	First Team (1st)	Gold

Middle Atlantic Conference Honors - Women's Swimming, cont...

2016-17	Event	Time	Honor (place)	
Cassie Cotton	50 Freestyle	23.95	First Team (1st)	Gold
Tara Freeman	50 Freestyle	24.22	First Team (3rd)	
Katie Wingert	100 Freestyle	51.36	First Team (1st)	Gold
Tara Freeman	100 Freestyle	52.96	First Team (3rd)	
Katie Wingert	200 Freestyle	1:53.20	First Team (1st)	Gold
Brittany Pond	200 Freestyle	1:59.83	Second Team (6th)	
Emily Reale	500 Freestyle	5:15.16	First Team (2nd)	
Emily Reale	1650 Freestyle	17:58.70	First Team (3rd)	
Joelle Williamson	100 Backstroke	1:00.18	First Team (3rd)	
Cassie Cotton	100 Butterfly	57.43	First Team (1st)	Gold
Tara Freeman	100 Butterfly	58.96	First Team (4th)	
Lydia Ellsworth	100 Butterfly	59.49	Second Team (6th)	
Cassie Cotton	200 Butterfly	2:13.51	Second Team (4th)	
Leah Williamson	200 Butterfly	2:15.26	Second Team (6th)	
Gaby Brubaker	200 Breaststroke	2:33.70	Second Team (5th)	
Katie Wingert	200 IM	2:07.90	First Team (1st)	Gold
Emily Reale	400 IM	4:42.43	First Team (3rd)	
Britta Heath	400 IM	4:48.03	Second Team (4th)	
Joelle Williamson, Megan Freeman, 200 Medley Relay Cassie Cotton, Tara Freeman		1:47.95	First Team (1st)	Gold
Cassie Cotton, Emily Reale, 200 Freestyle Relay Tara Freeman, Katie Wingert		1:36.92	First Team (1st)	Gold
Joelle Williamson, Emily Reale, 400 Medley Relay Cassie Cotton, Katie Wingert		3:57.83	First Team (1st)	Gold
Tara Freeman, Emily Reale 400 Freestyle Relay Brittany Pond, Katie Wingert		3:33.83	First Team (2nd)	
Cassie Cotton, Tara Freeman, 800 Freestyle Relay Emily Reale, Katie Wingert		7:45.38	First Team (1st)	Gold
2017-18	Event	Time	Hono (place)	
Kaitlin Wingert	50 Freestyle	23.57	First Team (1st)	Gold
Cassie Cotton	50 Freestyle	23.78	Second Team (2nd)	
Katie Wingert	100 Freestyle	50.65	First Team (1st)	Gold
Cassie Cotton	100 Freestyle	52.62	Second Team (2nd)	
Katie Wingert	200 Freestyle	1:53.73	First Team (1st)	Gold
Kaylee Hollenbach	100 Backstroke	57.25	First Team (1st)	Gold
Kaylee Hollenbach	200 Backstroke	2:03.53	First Team (2nd)	
Cassie Cotton	100 Butterfly	56.33	First Team (1st)	Gold
Kaylee Hollenbach	200 IM	2:10.69	Second Team (2nd)	
Kaylee Hollenbach, Nicea McCabe, 200 Medley Relay Cassie Cotton, Kaitlin Wingert		1:46.93	First Team (1st)	Gold
Kaylee Hollenbach, Brittnay Pond, 200 Freestyle Relay Cassie Cotton, Kaitlin Wingert		1:35.77	First Team (1st)	Gold
Kaylee Hollenbach, Shannon Hogan, 400 Medley Relay Cassie Cotton, Kaitlin Wingert		3:55.02	First Team (1st)	Gold
Cassie Cotton, Brittany Pond, 400 Freestyle Relay Kaylee Hollenbach, Kaitlin Wingert		3:39.80	First Team (2nd)	Gold

Middle Atlantic Conference Honors - Women's Swimming, cont...

2018-19	Event	Time	Honor (place)	
Nancie Ziegler	500 Freestyle	5:06.27	First Team (1st)	Gold
Kaylee Hollenbach	200 IM	2:09.17	Second Team (2nd)	
Cassie Cotton	50 Freestyle	24.20	First Team (1st)	Gold
Emily Decker	50 Freestyle	24.43	Second Team (2nd)	
Maelyn Elder	400 IM	4:42.96	Second Team (2nd)	
Britta Heath	400 IM	4:46.00	Third Team (3rd)	
Cassie Cotton	100 Butterfly	56.85	Second Team (2nd)	
Nancie Ziegler	200 Freestyle	1:54.61	First Team (1st)	Gold
Alley Sell	100 Breaststroke	1:06.31	First Team (1st)	Gold
Kaylee Hollenbach	100 Backstroke	56.89	First Team (1st)	Gold
Nancie Ziegler	1650 Freestyle	17:48.25	Second Team (2nd)	
Kaylee Hollenbach	200 Backstroke	2:04.22	First Team (1st)	Gold
Cassie Cotton	100 Freestyle	52.41	First Team (1st)	Gold
Kaylee Hollenbach, Alley Sell, Maelyn Elder, Cassie Cotton	200 Medley Relay	1:48.09	Second Team (2nd)	
Britta Heath, Maelyn Elder, Brittany Pond, Nancie Ziegler	800 Free Relay	7:50.21	First Team (1st)	Gold
Cassie Cotton, Emily Decker, Nicea McCabe, Kaylee Hollenbach	200 Free Relay	1:37.12	First Team (1st)	Gold
Kaylee Hollenbach, Alley Sell, Cassie Cotton, Nancie Ziegler	400 Medley Relay	3:54.67	First Team (1st)	Gold
Cassie Cotton, Brittany Pond, Nancie Ziegler, Kaylee Hollenbach	400 Free Relay	3:32.92	First Team (1st)	Gold
2019-20	Event	Time	Honor (place)	
Katelyn Boyce	400 IM	4:37.62	First Team (1st)	Gold
Nancie Ziegler	200 Freestyle	1:56.64	Third Team (3rd)	
Alley Sell	100 Breaststroke	1:06.82	Third Team (3rd)	
Nancie Ziegler	1650 Freestyle	17:47.92	Second Team (2nd)	
Alley Sell	200 Breaststroke	2:27.08	Third Team (3rd)	
Maelyn Elder, Alley Sell, Katelyn Boyce, Nicea McCabe	200 Medley Relay	1:51.36	Third Team (3rd)	
2020-21	Event	Time	Honor (place)	
Sophie Schulze	500 Freestyle	5:32.13	First Team (1st)	Gold
Katelyn Boyce	200 Yard IM	2:13.57	First Team (1st)	Gold
Katelyn Boyce	400 Yard IM	4:44.17	First Team (1st)	Gold
Lainey Flanagan	200 Yard Freestyle	2:00.61	Third Team (3rd)	
Sophie Schulze	100 Yard Backstroke	59.82	First Team (1st)	Gold
Abigail Soerens	100 Yard Breaststroke	1:05.39	Second Team (2nd)	
Sophie Schulze	1650 Yard Freestyle	18:12.64	First Team (1st)	Gold
Maelyn Elder	200 Yard Backstroke	2:11.33	Third Team (3rd)	
Evangeline Soerens	200 Yard Breaststroke	2:24.86	Second Team (2nd)	
Katelyn Boyce	200 Yard Butterfly	2:14.94	Third Team (3rd)	
Sophie Schulze, Abigail Soerens, Katelyn Boyce, Lainey Flanagan	400 Yard Medley Relay	4:04.08	First Team (1st)	Gold
Sophie Schulze, Abigail Soerens, Maelyn Elder, Lainey Flanagan	200 Yard Medley Relay	1:50.84	Second Team (2nd)	
Sophie Schulze, Rachel Bruns, Katelyn Boyce, Lainey Flanagan	800 Yard Freestyle Relay	8:05.87	First Team (1st)	Gold

Middle Atlantic Conference Honors - Women's Swimming, cont...

2021-22	Event	Time	Honor (place)	
Sophie Schulze	500 Freestyle	5:11.98	First Team (1st)	Gold
Nancie Ziegler	500 Freestyle	5:14.85	Third Team (3rd)	
Katelyn Boyce	400 IM	4:46.93	First Team (1st)	Gold
Lauren Cotton	400 IM	4:50.09	Third Team (3rd)	
Erin Goudie	100 Butterfly	58.31	Second Team (2nd)	
Lauren Mock	200 Freestyle	1:57.95	First Team (1st)	Gold
Lainey Flanagan	200 Freestyle	1:58.20	Second Team (2nd)	
Erin Goudie	200 Butterfly	2:11.78	Third Team (3rd)	
Abigail Soerens	100 Breaststroke	1:07.13	Second Team (2nd)	
Nancie Ziegler	1650 Freestyle	17:54.50	First Team (1st)	Gold
Sophie Schulze	1650 Freestyle	18:07.05	Second Team (2nd)	
Lainey Flanagan	100 Freestyle	54.66	Third Team (3rd)	
Evangeline Soerens	200 Breaststroke	2:25.31	Second Team (2nd)	
Abigail Soerens	200 Breaststroke	2:28.37	Third Team (3rd)	
Sophie Schulze, Abigail Soerens, Erin Goudie, Lainey Flanagan	200 Medley Relay	1:50.72	Third Team (3rd)	
Rachel Bruns, Marie Hagemaster, Erin Goudie, Abigail Soerens	200 Freestyle Relay	1:41.43	Third Team (3rd)	
Sophie Schulze, Abigail Soerens, Erin Goudie, Lauren Mock	400 Medley Relay	4:00.97	First Team (1st)	Gold
Sophie Schulze, Nancie Ziegler, Lainey Flanagan, Lauren Mock	800 Freestyle Relay	7:54.74	First Team (1st)	Gold
Abigail Soerens, Lainey Flanagan, Marie Hagemaster, Sophie Schulze	400 Freestyle Relay	3:38.97	First Team (1st)	Gold
2022-23	Event	Time	Honor (place)	
Marie Hagemaster	200 Freestyle	1:55.94	Second Team (2nd)	
Sophie Schulze	200 Freestyle	1:57.11	Third Team (3rd)	
Marie Hagemaster	500 Freestyle	5:12.54	Second Team (2nd)	
Caitlin Ross	500 Freestyle	5:21.09	Third Team (3rd)	
Erin Goudie	100 Butterfly	58.78	Second Team (2nd)	
Erin Goudie	200 Butterfly	2:10.57	Second Team (2nd)	
Grace Schad	100 Backstroke	59.24	First Team (1st)	Gold
Abigail Soerens	100 Breaststroke	1:05.57	Second Team (2nd)	
Evangeline Soerens	100 Breaststroke	1:06.13	Third Team (3rd)	
Marie Hagemaster	1650 Freestyle	18:23.63	Third Team (3rd)	
Evangeline Soerens	200 Breaststroke	2:22.42	First Team (1st)	Gold
Abigail Soerens	200 Breaststroke	2:22.75	Second Team (2nd)	
Lexi Lovern	200 Breaststroke	2:25.67	Third Team (3rd)	
Sophie Schulze, Caitlin Ross, Abigail Soerens, Lainey Flanagan	200 Free Relay	1:38.12	First Team (1st)	Gold
Grace Schad, Evangeline Soerens, Erin Goudie, Sophie Schulze	200 Medley Relay	1:48.39	Second Team (2nd)	
Grace Schad, Abigail Soerens, Erin Goudie, Marie Hagemaster	400 Medley Relay	3:54.93	First Team (1st)	Gold
Lauren Mock, Sophie Schulze, Lainey Flanagan, Marie Hagemaster	800 Freestyle Relay	7:52.43	First Team (1st)	Gold
Sophie Schulze, Lauren Mock, Marie Hagemaster, Lainey Flanagan	400 Freestyle Relay	3:36.50	First Team (1st)	Gold

Messiah Swimming - Year-by-Year Best Times

Men's Swimming	Time	2008-09 Season	Time	Women's Swimming
Mitchell Young	22.12	50 Free	26.83	Keren deRouville
Mitchell Young	49.72	100 Free	57.10	Sara Steinnagel
Branden Brunner	1:50.70	200 Free	2:06.42	Ashley Bell
Branden Brunner	5:06.09	500 Free	5:56.70	Ashley Bell
Branden Brunner	11:05.32	1000 Free	12:58.63	Kara Geiman
-	-	1650 Free	-	-
John Haller	59.06	100 Back	1:04.48	Ashley Bell
John Haller	2:13.60	200 Back	2:21.85	Ashley Bell
John Haller	57.54	100 Fly	1:07.52	Sara Steinnagel
John Haller	2:31.85	200 Fly	2:40.21	Kara Geiman
Derek Forster	1:04.35	100 Breast	1:13.04	Sara Steinnagel
Zach McArdle	2:21.74	200 Breast	2:47.45	Sara Steinnagel
Branden Brunner	2:11.29	200 IM	2:22.43	Sara Steinnagel
Branden Brunner	4:48.24	400 IM	-	-
Z. McArdle, A. Addlelsberger, J. Haller, Mitchell Young	1:29.21	200 Free Relay	1:46.97	K. deRouville, K. Geiman, H. Kurtz, A. Bell
B. Brunner, Z. McArdle, A. Addlelsberger, M. Young	3:18.93	400 Free Relay	3:55.32	K. deRouville, K. Geiman, H. Kurtz, A. Bell
Z. McArdle, M. Wells, J. Haller, B. Brunner	7:40.23	800 Free Relay	9:02.05	K. deRouville, K. Geiman, S. Steinnagel, A. Bell
J. Haller, Z. McArdle Z. Addlelsberger, M. Young	1:42.28	200 Medley Relay	1:59.85	A. Bell, S. Steinnagel, K. Geiman, K. deRouville
M. Wells, D. Forster, A. Addlelsberger, M. Young	3:52.67	400 Medley Relay	4:25.64	A. Bell, S. Steinnagel, K. Geiman, K. deRouville
Men's Swimming	Time	2009-10 Season	Time	Women's Swimming
Drew Wissler	21.86	50 Free	26.54	Molly Handley
Drew Wissler	47.92	100 Free	59.63	Ashley Bell
Dylan Holford	1:48.03	200 Free	2:10.53	Ashley Bell
Dylan Holford	4:48.94	500 Free	5:55.95	Aimee West
Dylan Holford	10:19.17	1000 Free	12:25.06	Stephanie Jury
Dylan Holford	17:13.15	1650 Free	21:00.82	Stephanie Jury
John Haller	55.92	100 Back	1:07.02	Ashley Bell
Spenser Warren	2:08.74	200 Back	2:27.41	Ashley Bell
Drew Wissler	52.18	100 Fly	1:03.86	Molly Handley
Drew Wissler	2:07.79	200 Fly	2:27.07	Molly Handley
Zach McArdle	1:01.31	100 Breast	1:13.48	Angela Klaczak
Derek Forster	2:18.82	200 Breast	2:41.83	Angela Klaczak
Tim Alarcon	2:05.99	200 IM	2:29.39	Aimee West
Branden Brunner	4:40.45	400 IM	5:26.08	Molly Handley
Z. McArdle, A. Addlelsberger, J. Haller, D. Wissler	1:27.23	200 Free Relay	1:48.13	J. Cho, M. Handley, S. Jury, A. Bell
J. Haller, Z. McArdle, D. Holford, D. Wissler	3:14.35	400 Free Relay	4:00.03	A. West, S. Jury, M. Handley, A. Bell
D. Holford, D. Wissler, Z. McArdle, B. Brunner	7:20.28	800 Free Relay	8:48.15	A. West, S. Jury, M. Handley, A. Bell
J. Haller, D. Forster, A. Addlelsberger, D. Wissler	1:40.06	200 Medley Relay	2:01.98	A. Bell, A. Klaczak, M. Handley, A. West
J. Haller, D. Forster, D. Holford, D. Wissler	3:44.29	400 Medley Relay	4:27.31	A. Bell, A. Klaczak, M. Handley, A. West

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2010-11 Season	Time	Women's Swimming
Zachary McArdle	22.45	50 Free	25.42	Hanna Schaffer
Zachary McArdle	50.57	100 Free	55.40	Katelynn Sagaser
Zachary McArdle	1:49.08	200 Free	2:00.35	Katelynn Sagaser
Daniel Wingert	5:11.06	500 Free	5:27.32	Katelynn Sagaser
Daniel Wingert	11:10.92	1000 Free	12:10.36	Aimee West
Evan Jewell	20:35.70	1650 Free	20:08.96	Aimee West
Spenser Warren	58.06	100 Back	58.74	Katelynn Sagaser
Spenser Warren	2:09.42	200 Back	2:08.97	Katelynn Sagaser
Tim Alarcon	55.61	100 Fly	1:03.15	Katelynn Sagaser
Tim Alarcon	2:10.98	200 Fly	2:30.69	Molly Handley
Zachary McArdle	1:02.43	100 Breast	1:11.09	Angela Klaczak
Zachary McArdle	2:15.10	200 Breast	2:37.57	Angela Klaczak
Tim Alarcon	2:06.73	200 IM	2:12.14	Katelynn Sagaser
Tim Alarcon	4:49.71	400 IM	5:25.23	Krista Palmer
M. Wells, K. Myers, T. Alarcon, Z. McArdle	1:34.41	200 Free Relay	1:42.63	K. Sagaser, M. Handley, A. Krueger, H. Schaffer
Z. McArdle, J. Hines, M. Wells, T. Alarcon	3:26.39	400 Free Relay	3:47.91	K. Sagaser, M. Handley, A. Krueger, H. Schaffer
Z. McArdle, T. Alarcon, D. Wingert, M. Wells	7:33.48	800 Free Relay	8:50.11	A. Bell, C. Forman, A. White, A. Krueger
S. Warren, D. Wingert, T. Alarcon, Z. McArdle	1:41.62	200 Medley Relay	1:54.66	K. Sagaser, A. Klaczak, M. Handley, H. Schaffer
S. Warren, D. Wingert, Tim Alarcon, Z. McArdle	3:44.61	400 Medley Relay	3:47.91	K. Sagaser, M. Handley, A. Krueger, H. Schaffer
Men's Swimming	Time	2011-12 Season	Time	Women's Swimming
Nathan Brown	22.09	50 Free	25.25	Hanna Schaffer
Nathan Brown	49.40	100 Free	55.25	Hanna Schaffer
Zachary McArdle	1:49.02	200 Free	2:01.74	Lauren Clune
Zachary McArdle	4:56.53	500 Free	5:25.24	Lauren Clune
Daniel Wingert	11:14.90	1000 Free	11:11.75	Lauren Clune
Timothy Hartzell	19:16.52	1650 Free	18:35.39	Lauren Clune
Luke Sagaser	58.81	100 Back	58.92	Katelynn Sagaser
Luke Sagaser	2:07.86	200 Back	2:08.48	Katelynn Sagaser
Tim Alarcon	55.96	100 Fly	1:00.91	Katelynn Sagaser
Tim Alarcon	2:06.88	200 Fly	2:17.37	Katelynn Sagaser
Daniel Wingert	1:01.64	100 Breast	1:13.84	Lauren Clune
Zachary McArdle	2:13.36	200 Breast	2:43.74	Amanda White
Tim Alarcon	2:03.89	200 IM	2:12.50	Katelynn Sagaser
Adam Vogel	4:38.48	400 IM	4:56.99	Katelynn Sagaser
N. Brown, S. Kidd, T. Alarcon, Z. McArdle	1:29.60	200 Free Relay	1:40.70	L. Penwell, M. Handley, K. Sagaser, H. Schaffer
A. McArdle, S. Kidd, T. Alarcon, N. Brown	3:21.20	400 Free Relay	3:46.82	L. Penwell, L. Clune, K. Sagaser, H. Schaffer
Z. McArdle, T. Alarcon, N. Brown, D. Wingert	7:29.75	800 Free Relay	8:11.22	L. Clune, L. Penwell, K. Sagaser, H. Schaffer
N. Good, D. Wingert, T. Shields, N. Brown	1:41.53	200 Medley Relay	1:52.63	K. Sagaser, L. Clune, L. Penwell, H. Schaffer
L. Sagaser, Z. McArdle, T. Alarcon, N. Brownw	3:43.54	400 Medley Relay	4:08.39	K. Sagaser, L. Clune, L. Penwell, H. Schaffer

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2012-13 Season	Time	Women's Swimming
Malcolm McDermond	21.86	50 Free	25.04	Hanna Schaffer
Nathan Brown	49.17	100 Free	54.66	Hanna Schaffer
Tim Alarcon	1:48.96	200 Free	1:59.82	Anna McArdle
Aaron Eckman	4:54.01	500 Free	5:23.88	Lauren Clune
Aaron Eckman	10:06.37	1000 Free	11:10.42	Lauren Clune
Aaron Eckman	16:44.67	1650 Free	18:29.60	Lauren Clune
Luke Sagaser	56.50	100 Back	1:01.41	Katelynn Sagaser
Luke Sagaser	2:03.15	200 Back	2:14.97	C. Magaw / K. Sagaser
Tim Alarcon	54.80	100 Fly	59.13	Katelynn Sagaser
Nick Wieder	2:01.49	200 Fly	2:09.48	Katelynn Sagaser
Daniel Wingert	1:01.56	100 Breast	1:11.54	Gaby Brubaker
Daniel Wingert	2:14.92	200 Breast	2:31.64	Anna McArdle
Tim Alarcon	2:01.53	200 IM	2:12.95	Katelynn Sagaser
Aaron Eckman	4:29.12	400 IM	5:05.70	Katherine Reiter
T. Shields, D. Whiting, S. Kidd, N. Brown	1:30.14	200 Free Relay	1:40.49	A. McArdle, L. Penwell, K. Sagaser, H. Schaffer
N. Brown, J. Cornelius, T. Alarcon, A. Eckman	3:17.94	400 Free Relay	3:38.96	A. McArdle, C. Magaw, K. Sagaser, H. Schaffer
T. Alarcon, J. Cornelius, N. Brown, A. Eckman	7:21.78	800 Free Relay	8:00.23	A. McArdle, C. Magaw, L. Clune, K. Sagaser
L. Sagaser, D. Wingert, T. Alarcon, N. Brown	1:39.68	200 Medley Relay	1:50.51	K. Sagaser, A. McArdle, L. Penwell, H. Schaffer
L. Sagaser, D. Wingert, T. Alarcon, N. Brown	3:40.44	400 Medley Relay	4:09.85	C. Magaw, A. Klaczak, L. Penwell, H. Schaffer
Men's Swimming	Time	2013-14 Season	Time	Women's Swimming
Nathan Brown	21.47	50 Free	24.22	Tara Freeman
Nathan Brown	48.16	100 Free	53.22	Tara Freeman
Aaron Eckman	1:48.54	200 Free	1:57.00	Tara Freeman
Aaron Eckman	4:48.83	500 Free	5:20.52	Lauren Clune
Nick Wieder	10:34.58	1000 Free	10:53.95	Emily Reale
Aaron Eckman	16:57.00	1650 Free	17:52.25	Emily Reale
Daniel Jessen	54.80	100 Back	1:01.18	Caitlin Magaw
Luke Sagaser	2:02.28	200 Back	2:12.21	Caitlin Magaw
Taylor Shields	54.73	100 Fly	59.74	Renee Ormond
Nick Wieder	1:56.14	200 Fly	2:13.68	Renee Ormond
Daniel Wingert	1:01.50	100 Breast	1:09.48	Emily Reale
Daniel Wingert	2:13.59	200 Breast	2:34.71	Anna McArdle
Nick Wieder	1:56.14	200 IM	2:13.89	Emily Reale
Nick Wieder	4:19.22	400 IM	4:53.67	Katherine Reiter
D. Jessen, P. Rodo, T. Shields, N. Brown	1:28.40	200 Free Relay	1:38.87	L. Penwell, A. McArdle, T. Freeman, H. Schaffer
J. Cornelius, D. Jessen, N. Wieder, N. Brown	3:17.41	400 Free Relay	3:36.38	L. Penwell, E. Reale, T. Freeman, H. Schaffer
N. Wieder, N. Brown, D. Jessen, A. Eckman	7:17.99	800 Free Relay	7:55:16	A. McArdle, L. Clune, E. Reale, T. Freeman
L. Sagaser, D. Wingert, T. Shields, N. Brown	1:38.33	200 Medley Relay	1:48.35	C. Magaw, G. Brubaker, T. Freeman, H. Schaffer
D. Jessen, D. Wingert, N. Wieder, N. Brown	3:35.67	400 Medley Relay	4:02.79	C. Magaw, E. Reale, L. Penwell, H. Schaffer

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2014-15 Season	Time	Women's Swimming
Nathan Brown	21.63	50 Free	24.42	Tara Freeman
Nathan Brown	48.19	100 Free	52.63	Katie Wingert
Aaron Eckman	1:48.43	200 Free	1:55.45	Katie Wingert
Aaron Eckman	4:46.19	500 Free	5:10.34	Emily Reale
Aaron Eckman	10:25.28	1000 Free	10:48.03	Emily Reale
Aaron Eckman	16:49.79	1650 Free	17:42.72	Emily Reale
Nolan McArdle	55.64	100 Back	1:02.26	Laura Penwell
Dakota Schmalz	2:05.37	200 Back	2:13.38	Katherine Reiter
Dakota Schmalz	53.79	100 Fly	58.12	Tara Freeman
Dakota Schmalz	1:55.17	200 Fly	2:16.28	Lydia Ellsworth
David Patawaran	1:01.97	100 Breast	1:08.15	Emily Reale
Jordan Frank	2:19.30	200 Breast	2:33.40	Anna McArdle
Dakota Schmalz	1:56.51	200 IM	2:11.27	Katie Wingert
Dakota Schmalz	4:10.95	400 IM	4:51.17	Anna McArdle
D. Jessen, P. Rodo, D. Schmalz, N. Brown	1:28.28	200 Free Relay	1:37.98	L. Penwell, E. Reale, K. Wingert, T. Freeman
J. Cornelius, D. Jessen, D. Schmalz, N. Brown	3:13.55	400 Free Relay	3:34.17	T. Freeman, A. McArdle, E. Reale, K. Wingert
A. Eckman, N. McArdle, J. Cornelius, D. Schmalz	7:08.98	800 Free Relay	7:50.14	L. Clune, E. Reale, T. Freeman, K. Wingert
D. Jessen, N. McArdle, P. Rodo, N. Brown	1:37.10	200 Medley Relay	1:50.50	C. Magaw, G. Brubaker, L. Penwell, K. Wingert
N. McArdle, D. Patawaran, D. Schmalz, N. Brown	3:36.34	400 Medley Relay	4:04.35	C. Magaw, E. Reale, R. Ormond, T. Freeman
Men's Swimming	Time	2015-16 Season	Time	Women's Swimming
Daniel Jessen	22.39	50 Free	24.24	Tara Freeman
Joseph Cornelius	49.14	100 Free	51.97	Katie Wingert
Joseph Cornelius	1:47.69	200 Free	1:54.07	Katie Wingert
Aaron Eckman	4:51.53	500 Free	5:06.36	Emily Reale
Aaron Eckman	10:29.60	1000 Free	11:11.58	Emily Reale
Jeremy Wakeley	16:44.39	1650 Free	17:30.36	Emily Reale
Nolan McArdle	52.99	100 Back	1:00.55	Joelle Williamson
Kurtiz Platteel	1:58.23	200 Back	2:12.67	Molly Martin
Dakota Schmalz	53.95	100 Fly	57.45	Cassie Cotton
Dakota Schmalz	1:54.64	200 Fly	2:10.60	Cassie Cotton
David Patawaran	1:01.24	100 Breast	1:08.51	Gaby Brubaker
David Patawaran	2:17.98	200 Breast	2:32.36	Emily Reale
Nolan McArdle	1:58.06	200 IM	2:10.36	Katie Wingert
Dakota Schmalz	4:11.82	400 IM	4:36.41	Emily Reale
D. Jessen, J. Cornelius, J. Wakeley, N. McArdle	1:28.73	200 Free Relay	1:36.29	T. Freeman, C. Cotton, E. Reale, K. Wingert
N. McArdle, J. Maccannon, D. Schmalz, J. Cornelius	3:17.85	400 Free Relay	3:31.43	B. Pond, T. Freeman, E. Reale, K. Wingert
A. Eckman, N. Wieder, J. Wakeley, D. Schmalz	7:13.63	800 Free Relay	7:45.99	C. Cotton, T. Freeman, E. Reale, K. Wingert
N. McArdle, D. Patawaran, J. Cornelius, J. Wakeley	1:37.68	200 Medley Relay	1:48.57	J. Williamson, G. Brubaker, C. Cotton, T. Freeman
K. Platteel, D. Patawaran, D. Schmalz, J. Cornelius	3:33.70	400 Medley Relay	3:57.91	J. Williamson, E. Reale, C. Cotton, K. Wingert

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2016-17 Season	Time	Women's Swimming
Daniel Jessen	22.03	50 Free	23.95	Cassie Cotton
Drew Wolfe	47.84	100 Free	51.36	Kaitlin Wingert
Drew Wolfe	1:42.92	200 Free	1:53.20	Kaitlin Wingert
Drew Wolfe	4:42.79	500 Free	5:15.16	Emily Reale
Jeremy Wakeley	10:27.32	1000 Free	11:21.30	Emily Reale
Jeremy Wakeley	16:57.61	1650 Free	18:05.56	Emily Reale
Nolan McArdle	52.47	100 Back	1:00.18	Joelle Williamson
Nolan McArdle	1:58.74	200 Back	2:12.78	Molly Martin
Anthony Pompei	55.10	100 Fly	57.43	Cassie Cotton
Nicholas Wieder	1:59.18	200 Fly	2:13.51	Cassie Cotton
Nolan McArdle	1:03.23	100 Breast	1:11.24	Sarah Woods
Jason Maccannon	2:24.02	200 Breast	2:33.70	Sarah Woods
Nolan McArdle	1:58.44	200 IM	2:07.90	Kaitlin Wingert
Nicholas Wieder	4:21.77	400 IM	4:42.53	Emily Reale
N. McArdle, D. Jessen A. Leeper, D. Wolfe	1:26.86	200 Free Relay	1:36.92	C. Cotton, E. Reale, T. Freeman, K. Wingert
A. Leeper, N. McArdle, D. Jessen, D. Wolfe	3:11.91	400 Free Relay	3:33.83	T. Freeman, E. Reale, B. Pond, K. Wingert
D. Wolfe, N. Wieder, J. Wakeley, A. Leeper	7:14.20	800 Free Relay	7:45.38	C. Cotton, T. Freeman, E. Reale, K. Wingert
N. McArdle, J. Maccannon, A. Pompei, D. Wolfe	1:38.40	200 Medley Relay	1:47.95	J. Williamson, M. Freeman, C. Cotton, T. Freeman
D. Jessen, N. McArdle, N. Wieder, A. Leeper	3:38.23	400 Medley Relay	3:57.83	J. Williamson, E. Reale, C. Cotton, K. Wingert
Men's Swimming	Time	2017-18 Season	Time	Women's Swimming
Andrew Leeper	21.53	50 Free	23.57	Katie Wingert
Drew Wolfe	46.56	100 Free	50.65	Kaitlin Wingert
Drew Wolfe	1:41.40	200 Free	1:53.13	Kaitlin Wingert
Daniel Logan	4:42.36	500 Free	5:21.54	Britta Heath
Ridge Hagar	10:18.76	1000 Free	11:20.00	Maelyn Elder
Jeremy Wakeley	17:35.24	1650 Free	19:06.80	Britta Heath
Nolan McArdle	52.21	100 Back	57.25	Kaylee Hollenbach
Ridge Hagar	1:56.22	200 Back	2:03.53	Kaylee Hollenbach
Anthony Pompei	54.85	100 Fly	56.06	Cassie Cotton
Ridge Hagar	2:03.65	200 Fly	2:13.28	Cassie Cotton
Jeffrey Gao	59.71	100 Breast	1:09.89	Nicea McCabe
Nolan McArdle	2:07.71	200 Breast	2:34.38	Sarah Woods
Nolan McArdle	1:56.52	200 IM	2:10.68	Kaylee Hollenbach
Nolan McArdle	4:34.52	400 IM	4:45.79	Maelyn Elder
A. Leeper, N. McArdle D. Logan, D. Wolfe	1:25.36	200 Free Relay	1:35.77	K. Hollenbach, B. Pond, C. Cotton, K. Wingert
R. Hagar, D. Logan A. Leeper, D. Wolfe	3:10.79	400 Free Relay	3:29.80	C. Cotton, B. Pond, K. Hollenbach, K. Wingert
D. Logan, N. McArdle, R. Hagar, D. Wolfe	6:58.78	800 Free Relay	8:03.46	B. Heath, B. Pond, J. Williamson, M. Elder
R. Hagar, N. McArdle, A. Pompei, A. Leeper	1:36.05	200 Medley Relay	1:49.93	K. Hollenbach, N. McCabe, C. Cotton, K. Wingert
D. Jessen, N. McArdle N. Wieder, A. Leeper	3:30.68	400 Medley Relay	3:55.02	K. Hollenbach, S. Hogan, C. Cotton, K. Wingert

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2018-19 Season	Time	Women's Swimming
Ridge Hagar	21.76	50 Free	24.20	Cassie Cotton
Daniel Logan	48.09	100 Free	52.41	Cassie Cotton
Tyler Wilkinson	1:43.22	200 Free	1:54.61	Nancie Ziegler
Tyler Wilkinson	4:44.37	500 Free	5:06.27	Nancie Ziegler
Mason Kennedy	10:17.95	1000 Free	10:47.17	Nancie Ziegler
Mason Kennedy	17:06.28	1650 Free	17:48.25	Nancie Ziegler
Ridge Hagar	52.65	100 Back	56.89	Kaylee Hollenbach
Tyler Wilkinson	1:55.92	200 Back	2:04.22	Kaylee Hollenbach
Ridge Hagar	53.58	100 Fly	56.85	Cassie Cotton
Anthony Pompei	2:03.63	200 Fly	2:15.17	Maelyn Elder
Anthony Pompei	1:04.08	100 Breast	1:06.23	Alley Sell
Jake Valentine	2:23.75	200 Breast	2:28.70	Alley Sell
Ridge Hagar	2:01.27	200 IM	2:09.17	Kaylee Hollenbach
Mason Kennedy	4:24.35	400 IM	4:42.96	Maelyn Elder
R. Hagar, D. Logan, A. Pompei, T. Wilkinson	1:27.34	200 Free Relay	1:37.12	C. Cotton, E. Decker, N. McCabe, K. Hollenbach
R. Hagar, D. Welch, D. Logan, T. Wilkinson	3:13.62	400 Free Relay	3:32.92	C. Cotton, B. Pond, N. Ziegler, K. Hollenbach
T. Wilkinson, M. Kennedy, R. Hagar, D. Logan	7:03.65	800 Free Relay	7:50.21	B. Heath, M. Elder, B. Pond, N. Ziegler
T. Wilkinson, A. Pompei, R. Hagar, D. Logan	1:37.52	200 Medley Relay	1:48.09	K. Hollenbach, A. Sell, M. Elder, C. Cotton
R. Hagar, A. Pompei, D. Logan, D. Welch	3:43.13	400 Medley Relay	3:54.67	K. Hollenbach, A. Sell, C. Cotton, N. Ziegler
Men's Swimming	Time	2019-20 Season	Time	Women's Swimming
Avery Barley	20.95	50 Free	24.64	Nicea McCabe
Avery Barley	47.25	100 Free	55.77	Katelyn Boyce
Tyler Wilkinson	1:43.09	200 Free	1:56.64	Nancie Ziegler
Tyler Wilkinson	4:43.61	500 Free	5:09.23	Nancie Ziegler
Mason Kennedy	10:08.75	1000 Free	10:46.78	Nancie Ziegler
Mason Kennedy	16:59.42	1650 Free	17:47.92	Nancie Ziegler
Avery Barley	49.80	100 Back	1:01.20	Maelyn Elder
Avery Barley	1:50.42	200 Back	2:11.97	Maelyn Elder
Avery Barley	49.61	100 Fly	1:01.16	Maelyn Elder
Ridge Hagar	1:57.65	200 Fly	2:12.98	Katelyn Boyce
Isaac McCabe	1:01.27	100 Breast	1:06.82	Alison Sell
Isaac McCabe	2:14.73	200 Breast	2:27.08	Alison Sell
Ridge Hagar	1:56.01	200 IM	2:12.11	Katelyn Boyce
Ridge Hagar	4:13.02	400 IM	4:37.62	Katelyn Boyce
A. Barley, A. Leeper, R. Hagar, T. Wilkinson	1:24.98	200 Free Relay	1:42.56	R. Bruns, E. Griesemer, N. Ziegler, N. McCabe
A. Barley, D. Logan, A. Leeper, T. Wilkinson	3:10.26	400 Free Relay	3:43.66	K. Boyce, M. Elder, R. Bruns, N. Ziegler
D. Logan, R. Hagar, T. Wilkinson, A. Barley	6:56.38	800 Free Relay	8:03.47	M. Elder, R. Bruns, K. Boyce, N. Ziegler
A. Barley, I. McCabe, R. Hagar, A. Leeper	1:34.93	200 Medley Relay	1:51.36	M. Elder, A. Sell, K. Boyce, N. McCabe
T. Wilkinson, I. McCabe, R. Hagar, A. Leeper	3:34.09	400 Medley Relay	4:03.10	M. Elder, A. Sell, K. Boyce, N. Ziegler

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2020-21 Season	Time	Women's Swimming
Andrew Leeper	21.85	50 Free	25.05	Abigail Soerens
Andrew Leeper	49.03	100 Free	54.67	Lainey Flanagan
Mark Lukens	1:53.09	200 Free	1:58.22	Sophie Schulze
Francesco Salvi	5:07.64	500 Free	5:14.53	Sophie Schulze
Francesco Salvi	11:08.00	1000 Free	11:02.68	Sophie Schulze
-	-	1650 Free	18:12.64	Sophie Schulze
Andrew Leeper	53.12	100 Back	59.82	Sophie Schulze
Andrew Leeper	2:00.20	200 Back	2:11.33	Maelyn Elder
Andrew Leeper	53.86	100 Fly	1:02.03	Maelyn Elder
Andrew Roberti	2:06.39	200 Fly	2:14.94	Katelyn Boyce
Isaac McCabe	1:00.35	100 Breast	1:05.39	Abigail Soerens
Isaac McCabe	2:12.79	200 Breast	2:24.86	Evangeline Soerens
Isaac McCabe	2:02.75	200 IM	2:13.57	Katelyn Boyce
Brett Gaff	4:33.52	400 IM	4:44.17	Katelyn Boyce
A. Leeper, J. Whipple, B. Puckett, M. Lukens	1:27.31	200 Free Relay	1:42.98	K. Bruns, L. Gorske, M. Elspas, A. Soerens
A. Leeper, J. Whipple, B. Puckett, M. Lukens	3:18.80	400 Free Relay	3:44.07	L. Flanagan, C. Ross, S. Schulze, A. Soerens
J. Whipple, F. Salvi, J. McGillen, I. McCabe	7:39.93	800 Free Relay	8:05.87	S. Schulze, R. Bruns, K. Boyce, L. Flanagan
A. Leeper, I. McCabe, B. Puckett, M. Lukens	1:38.99	200 Medley Relay	1:50.84	S. Schulze, A. Soerens, M. Elder, L. Flanagan
A. Leeper, I. McCabe, B. Puckett, M. Lukens	3:36.71	400 Medley Relay	4:04.08	S. Schulze, A. Soerens, K. Boyce, L. Flanagan
Men's Swimming	Time	2021-22 Season	Time	Women's Swimming
Mark Lukens	21.95	50 Free	25.19	Abigail Soerens
Mark Lukens	49.10	100 Free	54.66	Lainey Flanagan
Sage Sobek	1:48.57	200 Free	1:57.40	Sophie Schulze
PJ Cronauer	4:49.95	500 Free	5:11.98	Sophie Schulze
PJ Cronauer	10:01.70	1000 Free	10:53.48	Nancie Ziegler
PJ Cronauer	16:39.64	1650 Free	17:54.50	Nancie Ziegler
Johnathon Lacayo	56.92	100 Back	1:01.16	Sophie Schulze
Johnathon Lacayo	2:05.31	200 Back	2:16.81	Sophie Schulze
Johnathon Lacayo	53.92	100 Fly	58.31	Erin Goudie
PJ Cronauer	2:02.96	200 Fly	2:11.78	Erin Goudie
Isaac McCabe	1:00.44	100 Breast	1:06.78	Abigail Soerens
Isaac McCabe	2:11.76	200 Breast	2:25.31	Evangeline Soerens
Isaac McCabe	2:01.06	200 IM	2:13.97	Katelyn Boyce
Mason Kennedy	4:26.88	400 IM	4:46.21	Katelyn Boyce
J. Whipple, I. McCabe S. Sobek, M. Lukens	1:28.64	200 Free Relay	1:41.43	R. Bruns, M. Hagemaster, E. Goudie, A. Soerens
PJ Cronauer, J. Whipple, I. McCabe, M. Lukens	3:19.18	400 Free Relay	3:38.97	A. Soerens, L. Flanagan, M. Hagemaster, S. Schulze
M. Lukens, S. Sobek, M. Kennedy, PJ Cronauer	7:19.30	800 Free Relay	7:54.74	S. Schulze, N. Ziegler, L. Flanagan, L. Mock
J. Lacayo, I. McCabe, A. Roberti, M. Lukens	1:40.09	200 Medley Relay	1:50.72	S. Schulze, A. Soerens, E. Goudie, L. Flanagan
J. Lacayo, I. McCabe, A. Roberti, M. Lukens	3:39.32	400 Medley Relay	4:00.97	S. Schulze, A. Soerens, E. Goudie, L. Mock

Messiah Swimming - Year-by-Year Best Times, cont...

Men's Swimming	Time	2022-23 Season	Time	Women's Swimming
Aedan Wilkinson	21.58	50 Free	24.63	Sophie Schulze
Aedan Wilkinson	46.90	100 Free	54.24	Lainey Flanagan
PJ Cronauer	1:45.94	200 Free	1:55.94	Marie Hagemaster
PJ Cronauer	4:47.43	500 Free	5:12.54	Marie Hagemaster
PJ Cronauer	10:06.85	1000 Free	11:11.84	Marie Hagemaster
PJ Cronauer	16:37.97	1650 Free	18:23.63	Marie Hagemaster
Avery Barley	49.75	100 Back	58.84	Grace Schad
Avery Barley	1:50.45	200 Back	2:10.97	Grace Schad
Noah Siegrist	52.10	100 Fly	58.78	Erin Goudie
Dylan Yellets	1:56.74	200 Fly	2:10.52	Erin Goudie
Isaac McCabe	58.60	100 Breast	1:05.36	Abigail Soerens
Isaac McCabe	2:09.15	200 Breast	2:22.42	Evangeline Soerens
Avery Barley	1:55.81	200 IM	2:12.80	Lauren Cotten
Isaac McCabe	4:26.87	400 IM	4:45.72	Katelyn Boyce
M. Lukens, A. Barley, A. Wilkinson, S. Sobek	1:25.77	200 Free Relay	1:38.12	S. Schulze, C. Ross, A. Soerens, L. Flanagan
A. Wilkinson, S. Sobek, M. Lukens, A. Barley	3:09.80	400 Free Relay	3:36.50	S. Schulze, L. Mock, M. Hagemaster, L. Flanagan
PJ Cronauer, D. Yellets, B. Clarke, S. Sobek	7:15.75	800 Free Relay	7:52.43	L. Mock, S. Schulze, L. Flanagan, M. Hagemaster
A. Barley, I. McCabe, A. Wilkinson, M. Lukens	1:33.73	200 Medley Relay	1:48.39	G. Schad, E. Soerens, E. Goudie, S. Schulze
A. Barley, I. McCabe, A. Wilkinson, M. Lukens	3:26.41	400 Medley Relay	3:54.93	G. Schad, A. Soerens, E. Goudie, M. Hagemaster

Messiah Swimming - All-Time Top Times

Venue Key

* MAC Championships event in York, Pa.

** MAC Championships event in Wilkes-Barre, Pa.

^ NCAA Division III Championships in Shenandoah, Texas

^^ NCAA Division III Championships in Indianapolis, Indiana

Note: Each swimmer's best time is listed.

Messiah Men's Swimming

50 Free

Time	Competitor	Season	Location
20.95	Avery Barley	2019-20	Graham Aquatics Ctr.*
21.47	Nathan Brown	2013-14	Graham Aquatics Ctr.*
21.53	Andrew Leeper	2017-18	Graham Aquatics Ctr.*
21.58	Aedan Wilkinson	2022-23	Graham Aquatics Ctr.*
21.60	Mark Lukens	2022-23	Graham Aquatics Ctr.*

100 Free

Time	Competitor	Season	Location
46.56	Drew Wolfe	2017-18	Graham Aquatics Ctr.*
46.90	Aedan Wilkinson	2022-23	Graham Aquatics Ctr.*
47.25	Avery Barley	2019-20	Graham Aquatics Ctr.*
47.92	Drew Wissler	2009-10	Catholic Youth Center**
47.96	Daniel Logan	2017-18	Graham Aquatics Ctr.*

200 Free

Time	Competitor	Season	Location
1:41.40	Drew Wolfe	2017-18	Graham Aquatics Ctr.*
1:43.09	Tyler Wilkinson	2019-20	Graham Aquatics Ctr.*
1:43.46	Daniel Logan	2019-20	Graham Aquatics Ctr.*
1:45.94	PJ Cronauer	2022-23	Dallas, Pa.
1:46.98	Ridge Hagar	2017-18	York, Pa.

500 Free

Time	Competitor	Season	Location
4:42.36	Daniel Logan	2017-18	Graham Aquatics Ctr.*
4:42.79	Drew Wolfe	2016-17	Graham Aquatics Ctr.*
4:43.67	Tyler Wilkinson	2019-20	Graham Aquatics Ctr.*
4:46.19	Aaron Eckman	2014-15	Graham Aquatics Ctr.*
4:47.43	PJ Cronauer	2022-23	Graham Aquatics Ctr.*

1000 Free

Time	Competitor	Season	Location
10:01.70	PJ Cronauer	2021-22	Graham Aquatics Ctr.*
10:06.37	Aaron Eckman	2012-13	Catholic Youth Center**
10:08.75	Mason Kennedy	2019-20	Graham Aquatics Ctr.*
10:18.76	Ridge Hagar	2017-18	Grantham, Pa.
10:19.17	Dylan Holford	2009-10	Grantham, Pa.

1650 Free

Time	Competitor	Season	Location
16:37.97	PJ Cronauer	2022-23	Graham Aquatics Ctr.*
16:44.39	Jeremy Wakeley	2015-16	Graham Aquatics Ctr.*
16:44.67	Aaron Eckman	2012-13	Catholic Youth Center**
16:59.42	Mason Kennedy	2019-20	Graham Aquatics Ctr.*
17:13.15	Dylan Holford	2009-10	Grantham, Pa.

Messiah Women's Swimming

50 Free

Time	Competitor	Season	Location
23.57	Katie Wingert	2017-18	Graham Aquatics Ctr.*
23.78	Cassie Cotton	2017-18	Graham Aquatics Ctr.*
24.22	Tara Freeman	2013-14	Graham Aquatics Ctr.*
24.34	Kaylee Hollenbach	2017-18	Graham Aquatics Ctr.*
24.43	Emily Decker	2018-19	Graham Aquatics Ctr.*

100 Free

Time	Competitor	Season	Location
50.65	Katie Wingert	2017-18	Graham Aquatics Ctr.*
51.37	Cassie Cotton	2017-18	Graham Aquatics Ctr.*
52.96	Tara Freeman	2016-17	Graham Aquatics Ctr.*
54.03	Brittany Pond	2017-18	Graham Aquatics Ctr.*
54.13	Kaylee Hollenbach	2018-19	Wash. & Lee Invite

200 Free

Time	Competitor	Season	Location
1:53.13	Katie Wingert	2017-18	Indiana Univ. Natatorium^^
1:54.61	Nancie Ziegler	2018-19	Graham Aquatics Ctr.*
1:55.94	Marie Hagemaster	2022-23	Graham Aquatics Ctr.*
1:56.51	Sophie Schulze	2022-23	Graham Aquatics Ctr.*
1:57.00	Tara Freeman	2013-14	Graham Aquatics Ctr.*

500 Free

Time	Competitor	Season	Location
5:06.27	Nancie Ziegler	2018-19	Graham Aquatics Ctr.*
5:06.36	Emily Reale	2015-16	Graham Aquatics Ctr.*
5:11.98	Sophie Schulze	2021-22	Graham Aquatics Ctr.*
5:12.54	Marie Hagemaster	2022-23	Graham Aquatics Ctr.*
5:13.29	Britta Heath	2018-19	Graham Aquatics Ctr.*

1000 Free

Time	Competitor	Season	Location
10:38.09	Emily Reale	2014-15	Graham Aquatics Ctr.*
10:46.78	Nancie Ziegler	2019-20	Graham Aquatics Ctr.*
10:53.34	Lauren Clune	2014-15	Graham Aquatics Ctr.*
10:54.03	Sophie Schulze	2021-22	Graham Aquatics Ctr.*
10:58.65	Britta Heath	2018-19	Graham Aquatics Ctr.*

1650 Free

Time	Competitor	Season	Location
17:30.36	Emily Reale	2015-16	Graham Aquatics Ctr.*
17:47.98	Nancie Ziegler	2019-20	Graham Aquatics Ctr.*
18:01.36	Lauren Clune	2014-15	Graham Aquatics Ctr.*
18:05.51	Britta Heath	2015-16	Graham Aquatics Ctr.*
18:07.05	Sophie Schulze	2021-22	Graham Aquatics Ctr.*

Messiah Swimming - All-Time Top Times, cont...

Messiah Men's Swimming

50 Back

Time	Competitor	Season	Location
22.46	Avery Barley	2019-20	Graham Aquatics Ctr.*
24.47	Ridge Hagar	2017-18	Graham Aquatics Ctr.*
24.66	Tyler Wilkinson	2018-19	Graham Aquatics Ctr.*
25.01	Andrew Leeper	2021	Grantham, Pa.
25.35	Daniel Jessen	2014-15	Graham Aquatics Ctr.*
25.35	Nolan McArdle	2016-17	at Lebanon Valley

100 Back

Time	Competitor	Season	Location
49.75	Avery Barley	2022-23	Graham Aquatics Ctr.*
52.21	Nolan McArdle	2017-18	Graham Aquatics Ctr.*
52.22	Ridge Hagar	2017-18	Washington & Lee
53.12	Andrew Leeper	2021	Grantham, Pa.
53.25	Kurtis Platteel	2017-18	Graham Aquatics Ctr.*

200 Back

Time	Competitor	Season	Location
1:50.42	Avery Barley	2019-20	Graham Aquatics Ctr.*
1:55.92	Tyler Wilkinson	2018-19	Graham Aquatics Ctr.*
1:56.22	Ridge Hagar	2017-18	Graham Aquatics Ctr.*
1:57.53	Kurtis Platteel	2017-18	Graham Aquatics Ctr.*
2:00.00	Nolan McArdle	2015-16	Graham Aquatics Ctr.*

50 Breast

Time	Competitor	Season	Location
27.11	Isaac McCabe	2022-23	Graham Aquatics Ctr.*
28.16	Zachary McArdle	2011-12	Catholic Youth Center**
28.46	Nathan Book	2022-23	Graham Aquatics Ctr.*
28.81	Michael Lacson	2011-12	Grantham, Pa.
29.00	Daniel Wingert	2012-13	Catholic Youth Center**

100 Breast

Time	Competitor	Season	Location
58.60	Isaac McCabe	2022-23	Graham Aquatics Ctr.*
59.71	Jeffrey Gao	2017-18	Graham Aquatics Ctr.*
1:01.24	David Patawaran	2015-16	Graham Aquatics Ctr.*
1:01.31	Zachary McArdle	2009-10	Catholic Youth Center**
1:01.42	Michael Shoul	2021	Grantham, Pa.

200 Breast

Time	Competitor	Season	Location
2:07.71	Nolan McArdle	2017-18	Graham Aquatics Ctr.*
2:09.15	Isaac McCabe	2022-23	Graham Aquatics Ctr.*
2:10.34	Jeffrey Gao	2017-18	Graham Aquatics Ctr.*
2:13.36	Zachary McArdle	2011-12	Catholic Youth Center**
2:13.59	Daniel Wingert	2013-14	Graham Aquatics Ctr.*

Messiah Women's Swimming

50 Back

Time	Competitor	Season	Location
26.89	Kaylee Hollenbach	2018-19	Graham Aquatics Ctr.*
27.68	Katelynn Sagaser	2011-12	Catholic Youth Center**
27.78	Grace Schad	2022-23	Graham Aquatics Ctr.*
28.52	Caitlin Magaw	2013-14	Graham Aquatics Ctr.*
28.34	Joelle Williamson	2016-17	Wash. & Lee Invite

100 Back

Time	Competitor	Season	Location
56.89	Kaylee Hollenbach	2018-19	Graham Aquatics Ctr.*
58.74	Katelynn Sagaser	2010-11	Catholic Youth Center**
58.84	Grace Schad	2022-23	Graham Aquatics Ctr.*
58.88	Joelle Williamson	2017-18	Graham Aquatics Ctr.*
59.82	Sophie Schulze	2021	Grantham, Pa.

200 Back

Time	Competitor	Season	Location
2:03.53	Kaylee Hollenbach	2017-18	Graham Aquatics Ctr.*
2:08.48	Katelynn Sagaser	2011-12	Catholic Youth Center**
2:10.97	Grace Schad	2022-23	Graham Aquatics Ctr.*
2:11.33	Maelyn Elder	2021	Grantham, Pa.
2:12.21	Caitlin Magaw	2013-14	Graham Aquatics Ctr.*

50 Breast

Time	Competitor	Season	Location
30.25	Abigail Soerens	2022-23	Graham Aquatics Ctr.*
30.81	Evangelina Soerens	2022-23	Graham Aquatics Ctr.*
31.15	Alley Sell	2018-19	Graham Aquatics Ctr.*
32.02	Emily Reale	2014-15	Graham Aquatics Ctr.*
32.06	Rachel Bruns	2021-22	Graham Aquatics Ctr.*

100 Breast

Time	Competitor	Season	Location
1:05.36	Abigail Soerens	2022-23	Graham Aquatics Ctr.*
1:05.57	Evangelina Soerens	2022-23	Graham Aquatics Ctr.*
1:06.23	Alley Sell	2018-19	Wash. & Lee Invite
1:07.93	Lauren Cotton	2021-22	Graham Aquatics Ctr.*
1:08.15	Emily Reale	2014-15	Graham Aquatics Ctr.*

200 Breast

Time	Competitor	Season	Location
2:22.42	Evangelina Soerens	2022-23	Graham Aquatics Ctr.*
2:22.75	Abigail Soerens	2022-23	Graham Aquatics Ctr.*
2:25.67	Lexi Lovern	2022-23	Graham Aquatics Ctr.*
2:27.08	Alley Sell	2019-20	Graham Aquatics Ctr.*
2:29.17	Lauren Cotton	2021-22	Graham Aquatics Ctr.*

Messiah Swimming - All-Time Top Times, cont...

Messiah Men's Swimming

50 Fly

Time	Competitor	Season	Location
22.95	Avery Barley	2019-20	Graham Aquatics Ctr.*
23.84	Aedan Wilkinson	2022-23	Graham Aquatics Ctr.*
24.60	Drew Wissler	2009-10	Grantham, Pa.
24.72	Andrew Leeper	2017-18	York, Pa.
24.73	Ridge Hagar	2019-20	Gettysburg Invite

100 Fly

Time	Competitor	Season	Location
49.61	Avery Barley	2019-20	Graham Aquatics Ctr.*
52.10	Noah Siegrist	2022-23	Graham Aquatics Ctr.*
52.14	Aedan Wilkinson	2022-23	Graham Aquatics Ctr.*
52.18	Drew Wissler	2009-10	Catholic Youth Center**
52.95	Dylan Yellets	2022-23	Graham Aquatics Ctr.*

200 Fly

Time	Competitor	Season	Location
1:54.64	Dakota Schmalz	2015-16	Graham Aquatics Ctr.*
1:56.14	Nick Wieder	2013-14	Graham Aquatics Ctr.*
1:56.74	Dylan Yellets	2022-23	Graham Aquatics Ctr.*
1:57.65	Ridge Hagar	2019-20	Graham Aquatics Ctr.*
2:00.76	Noah Siegrist	2022-23	Graham Aquatics Ctr.*

100 IM

Time	Competitor	Season	Location
55.14	Nolan McArdle	2016-17	at Hood
57.37	Isaac McCabe	2021-22	at Gettysburg
57.74	Daniel Logan	2017-18	Grantham, Pa.
58.88	Michael Lacson	2011-12	at Lebanon Valley
58.43	Jason Maccannon	2016-17	at Hood

200 IM

Time	Competitor	Season	Location
1:55.81	Avery Barley	2022-23	Graham Aquatics Ctr.*
1:56.01	Ridge Hagar	2019-20	Graham Aquatics Ctr.*
1:56.51	Dakota Schmalz	2014-15	Graham Aquatics Ctr.*
1:56.52	Nolan McArdle	2017-18	Graham Aquatics Ctr.*
1:58.37	Isaac McCabe	2022-23	Graham Aquatics Ctr.*

400 IM

Time	Competitor	Season	Location
4:10.95	Dakota Schmalz	2014-15	Graham Aquatics Ctr.*
4:13.02	Ridge Hagar	2019-20	Graham Aquatics Ctr.*
4:19.22	Nick Wieder	2013-14	Graham Aquatics Ctr.*
4:23.32	Mason Kennedy	2019-20	Graham Aquatics Ctr.*
4:26.87	Isaac McCabe	2022-23	Grantham, Pa.

Messiah Women's Swimming

50 Fly

Time	Competitor	Season	Location
26.22	Cassie Cotton	2018-19	Graham Aquatics Ctr.*
27.51	Tara Freeman	2012-13	at Lebanon Valley
27.54	Laura Penwell	2012-13	Grantham, Pa.
27.57	Katie Wingert	2014-15	Grantham, Pa.
27.58	Erin Goudie	2021-22	Graham Aquatics Ctr.*

100 Fly

Time	Competitor	Season	Location
56.06	Cassie Cotton	2017-18	Indiana Univ. Natatorium^^
57.46	Katie Wingert	2016-17	Conroe ISD Natatorium
57.56	Tara Freeman	2015-16	Graham Aquatics Ctr.*
58.31	Erin Goudie	2021-22	Graham Aquatics Ctr.*
59.13	Katelynn Sagaser	2012-13	Catholic Youth Center**

200 Fly

Time	Competitor	Season	Location
2:09.48	Katelynn Sagaser	2012-13	Catholic Youth Center**
2:10.52	Erin Goudie	2022-23	Graham Aquatics Ctr.*
2:10.60	Cassie Cotton	2015-16	Graham Aquatics Ctr.*
2:12.98	Katelyn Boyce	2019-20	Graham Aquatics Ctr.*
2:13.28	Maelyn Elder	2017-18	Gettysburg, Pa.

100 IM

Time	Competitor	Season	Location
1:02.89	Katie Wingert	2015-16	Grantham, Pa.
1:04.09	Lauren Cotton	2021-22	at Gettysburg
1:04.14	Abigail Soerens	2021-22	at Gettysburg
1:04.44	Marie Hagemaster	2021-22	at Gettysburg
1:04.57	Maelyn Elder	2018-19	Carlisle, Pa.

200 IM

Time	Competitor	Season	Location
2:07.90	Katie Wingert	2016-17	Graham Aquatics Ctr.*
2:09.17	Kaylee Hollenbach	2018-19	Graham Aquatics Ctr.*
2:12.11	Katelyn Boyce	2019-20	Gettysburg Invite
2:12.14	Katelynn Sagaser	2010-11	Catholic Youth Center**
2:13.89	Lauren Cotton	2022-23	Graham Aquatics Ctr.*

400 IM

Time	Competitor	Season	Location
4:36.41	Emily Reale	2015-16	Graham Aquatics Ctr.*
4:37.62	Katelyn Boyce	2019-20	Graham Aquatics Ctr.*
4:42.96	Maelyn Elder	2018-19	Graham Aquatics Ctr.*
4:46.00	Britta Heath	2018-19	Graham Aquatics Ctr.*
4:46.59	Lexi Lovern	2022-23	Graham Aquatics Ctr.*

Messiah Swimming - All-Time Top Times, cont...

Messiah Men's Swimming

200 Free Relay

Time	Competitors	Season	Location
1:24.98	Avery Barley Andrew Leeper Ridge Hagar Tyler Wilkinson	2019-20	Graham Aquatics Ctr.*
1:25.36	Andrew Leeper Nolan McArdle Daniel Logan Drew Wolfe	2017-18	Graham Aquatics Ctr.*
1:25.77	Mark Lukens Avery Barley Aedan Wilkinson Sage Sobek	2022-23	Graham Aquatics Ctr.*

200 Medley Relay

Time	Competitors	Season	Location
1:33.73	Avery Barley Isaac McCabe Aedan Wilkinson Mark Lukens	2022-23	Graham Aquatics Ctr.*
1:34.93	Avery Barley Isaac McCabe Ridge Hagar Andrew Leeper	2019-20	Graham Aquatics Ctr.*
1:36.05	Ridge Hagar Nolan McArdle Anthony Pompei Andrew Leeper	2017-18	Graham Aquatics Ctr.*

400 Free Relay

Time	Competitors	Season	Location
3:09.80	Aedan Wilkinson Sage Sobek Mark Lukens Avery Barley	2022-23	Graham Aquatics Ctr.*
3:10.26	Avery Barley Daniel Logan Andrew Leeper Tyler Wilkinson	2019-20	Graham Aquatics Ctr.*
3:10.79	Ridge Hagar Daniel Logan Andrew Leeper Drew Wolfe	2017-18	Graham Aquatics Ctr.*

Messiah Women's Swimming

200 Free Relay

Time	Competitors	Season	Location
1:35.77	Kaylee Hollenbach Brittany Pond Cassie Cotton Kaitlin Wingert	2017-18	Graham Aquatics Ctr.*
1:36.29	Tara Freeman Cassie Cotton Emily Reale Katie Wingert	2015-16	Graham Aquatics Ctr.*
1:37.12	Cassie Cotton Emily Decker Nicea McCabe Kaylee Hollenbach	2018-19	Graham Aquatics Ctr.*

200 Medley Relay

Time	Competitors	Season	Location
1:46.93	Kaylee Hollenbach Nicea McCabe Cassie Cotton Kaitlin Wingert	2017-18	Graham Aquatics Ctr.*
1:47.95	Joelle Williamson Megan Freeman Cassie Cotton Tara Freeman	2016-17	Graham Aquatics Ctr.*
1:48.09	Kaylee Hollenbach Alley Sell Maelyn Elder Cassie Cotton	2018-19	Graham Aquatics Ctr.*

400 Free Relay

Time	Competitors	Season	Location
3:29.80	Cassie Cotton Brittany Pond Kaylee Hollenbach Kaitlin Wingert	2017-18	Graham Aquatics Ctr.*
3:31.43	Brittany Pond Tara Freeman Emily Reale Katie Wingert	2014-15	Graham Aquatics Ctr.*
3:32.92	Cassie Cotton Brittany Pond Nancie Ziegler Kaylee Hollenbach	2018-19	Graham Aquatics Ctr.*

Messiah Swimming - All-Time Top Times, cont...

Messiah Men's Swimming

400 Medley Relay

Time	Competitors	Season	Location
3:26.41	Avery Barley Isaac McCabe Aedan Wilkinson Mark Lukens	2022-23	Graham Aquatics Ctr.*
3:30.68	Ridge Hagar Nolan McArdle Anthony Pompei Drew Wolfe	2017-18	Graham Aquatics Ctr.*
3:33.70	Nolan McArdle David Patawaran Dakota Schmalz Joseph Cornelius	2015-16	Graham Aquatics Ctr.*

800 Free Relay

Time	Competitors	Season	Location
6:56.38	Daniel Logan Ridge Hagar Tyler Wilkinson Avery Barley	2019-20	Graham Aquatics Ctr.*
6:58.78	Daniel Logan Nolan McArdle Ridge Hagar Drew Wolfe	2017-18	Graham Aquatics Ctr.*
7:03.65	Tyler Wilkinson Mason Kennedy Ridge Hagar Daniel Logan	2018-19	Graham Aquatics Ctr.*

Messiah Women's Swimming

400 Medley Relay

Time	Competitors	Season	Location
3:54.67	Kaylee Hollenbach Alley Sell Cassie Cotton Nancie Ziegler	2018-19	Graham Aquatics Ctr.*
3:54.93	Grace Schad Abigail Soerens Erin Goudie Marie Hagemaster	2022-23	Graham Aquatics Ctr.*
3:55.02	Kaylee Hollenbach Shannon Hogan Cassie Cotton Kaitlin Wingert	2017-18	Graham Aquatics Ctr.*

800 Free Relay

Time	Competitors	Season	Location
7:45.38	Cassie Cotton Tara Freeman Emily Reale Katie Wingert	2016-17	Graham Aquatics Ctr.*
7:50.14	Lauren Clune Emily Reale Tara Freeman Katie Wingert	2014-15	Graham Aquatics Ctr.*
7:50.21	Britta Heath Maelyn Elder Brittany Pond Nancie Ziegler	2018-19	Graham Aquatics Ctr.*

Messiah Swimming - Fredericksen Natatorium Pool Records

Men's Swimming	Time	Date	Event	Time	Date	Women's Swimming
Ian Gaynor Widener University	20.92	11/8/14	50 Free	24.55	2014	Adriana Grabski SUNY
Ian Gaynor Widener University	46.20	11/8/14	100 Free	52.95	2014	Rebecca Luft Northern High School
Andrew Nesbitt SVY	1:44.55	11/4/12	200 Free	1:53.85	11/4/11	Madeline Hoch WSY
Evert Albert DSCY	4:43.64	1/28/12	500 Free	5:04.31	1/25/11	Caroline Finkbeiner Trinity High School
Arthur Markely LAC	9:38.62	11/16/15	1000 Free	10:24.39	2/5/12	Madeline Hoch WSY
Cameron Rogers Hood College	16:54.97	11/9/13	1650 Free	18:12.64	4/17/21	Sophie Schulze Messiah University
Dylan Sali SVY	52.15	11/4/12	100 Back	59.18	11/3/12	Madeline Hoch WSY
Victor Luo SVY	1:55.82	11/5/11	200 Back	2:07.52	11/3/13	Lindsay Temple SVY
Bryce Schaffer Albright College	51.21	2/1/20	100 Fly	58.67	2014	Rebecca Luft NYAC
Bryce Schaffer Albright College	1:54.33	2/2/19	200 Fly	2:13.55	11/5/11	Caroline Finkbeiner West Shore YMCA
Logan Smith WSY	1:00.34	2018	100 Breast	1:05.39	4/17/21	Abigail Soerens Messiah University
Victor Luo SVY	2:06.76	11/3/12	200 Breast	2:24.86	4/17/21	Evangeline Soerens Messiah University
Joshua Clarke Northern High School	1:58.65	2015	200 IM	2:08.14	11/3/12	Madeline Hoch WSY
Will Drexler SVY	4:13.44	2014	400 IM	4:30.97	2/5/12	Madeline Hoch WSY
A. Leeper, J. Whipple, B. Puckett, M. Lukens Messiah University	1:27.31	4/16/21	200 Free Relay	1:42.57	1/22/12	Friery, Grazio Saloky, Grabski Sunbury Y
Louie, Nesbitt, Chung, Zdroik SVY	3:15.58	11/3/12	400 Free Relay	3:39.27	11/5/11	Finkbeiner, Cook Shirliff, Hoch WSY
J. Whipple, F. Salvi, J. McGillen, I. McCabe Messiah University	7:39.93	4/17/21	800 Free Relay	8:05.87	4/17/21	S. Schulze, K. Bruns, K. Boyce, L. Flanagan Messiah University
Guilian, Hausler, Schaffer, Laite Albright	1:38.17	2/1/20	200 Medley Relay	1:50.84	4/17/21	S. Schulze, A. Soerens, M. Elder, L. Flanagan Messiah University
Harmon, Nawrocki, Libby, Leyens Gettysburg Collge	3:33.94	10/29/11	400 Medley Relay	4:02.98	11/4/12	Hoch, Burkett Luft, Shirliff WSY