UNT Track & Field Recruiting Standards

WOMEN				MEN		
Target Recruit	Scholarship Standard	Invited Walk-On	EVENT	Invited Walk-On	Scholarship Standard	Target Recruit
11.4	11.6	11.8	100m	10.6	10.4	10.2
23.2	23.6	24	200m	21.2	20.9	20.65
53.3	54.2	55	400m	47.9	47	46.4
2:07	2:12	2:17	800m	1:55	1:53	1:50
4:30	4:40	4:50	1500m	4:13	3:55	3:47
4:55	5:05	5:20	1600m	4:25	4:15	4:10
10:05	10:30	11:00	3000m	9:00	8:35	8:20
10:40	11:05	11:40	3200m	9:30	9:15	8:50
13.4	13.6	14.2	100mh/110mh	14.2	13.7	13.5
41.6	42.6	43.5	300mh	38.3	37.2	36.9
57.5	1:00	1:02	400mh	53.5	51.8	50.7
6'0ft	5'8ft	5'6ft	High Jump	6'7ft	6"10ft	7'0ft
21ft	20ft	19'6	Long Jump	23ft	23'11	26ft
42ft	41ft	40ft	Triple Jump	47ft	49ft	52ft
52ft	47ft	42ft	Shot Put	52ft	58ft	63ft
169ft	155ft	130ft	Discus	145ft	170ft	200ft
155ft	145ft	130ft	Javelin	165ft	180ft	212ft
200ft	175ft	155ft	Hammer	155ft	180ft	200ft
14ft	13ft	12ft	Pole Vault	15ft	16ft	17ft
5500	4900	4500	Hep/Dec	6000	6300	7000

SCHOLARSHIPS RANGE FROM 3%-100%

Multiple Factors are considered for athletic scholarship including scholarship availability, gpa, wind legal marks, and team needs.
All Men's throws and hurdles, times and distances are based on the HS implements and HS hurdle heights.

UNT Cross Country Recruiting Standards

WOMEN				MEN		
Target Recruit	Scholarship Standard	Invited Walk-On	EVENT	Invited Walk-On	Scholarship Standard	Target Recruit
9:45	10:00	10:20	2 Mile XC	12:45	12:15	11:20
17:20	18:20	19:30	5k XC	16:30	15:30	15:00

SCHOLARSHIPS RANGE FROM 3%-100%

Multiple Factors are considered for athletic scholarship including scholarship availability, gpa, wind legal marks, and team needs. All Men's throws and hurdles, times and distances are based on the HS implements and HS hurdle heights.