

THE WAR HAWK PACT

As McMurry University plans for a safe return to campus for the Fall 20 semester, we realize that COVID-19 presents us with an opportunity to reinforce our commitment to the safety not only of ourselves, but also of everyone in our campus community. Therefore, we are asking all students, faculty, and staff to agree to this campus pledge, the War Hawk Pact. This Pact is a way to let friends, fellow students, and colleagues know that you are committed to doing your part to help keep the McMurry community safe during this time.

Safety Practices:

In order to assure as safe a campus as possible, I pledge to the following:

- Daily health screenings
 - Complete screenings before reporting to work or class.
 - Contact Health Services if any signs/symptoms on screenings are answered yes.
 - Students, faculty, and staff are asked to stay in their room or at home if they are sick.
- Social Distancing*
 - Maintain a social distance of six feet (6') between yourself and others.*
- Wearing a Mask or Face Covering*
 - Mask or face covering is required on campus when in common areas and in the presence of others. This includes all students and professors wearing face covering throughout the face-to-face classes and research activities.*
 - Masks are required when you are within six feet (6') of another person or while inside all campus buildings, including residence halls.*
- Regularly washing or sanitizing your hands.
- Disinfect personal items and sanitation in shared areas, offices, etc.
 - Backpacks, water bottles, food – take careful consideration when taking personal items into shared spaces.
 - Wash surfaces often in shared spaces before and after use.
 - Sanitation kit available in each residence hall.
- Meetings (other than classes and special University assemblies)*
 - Groups should be limited to 10 or less (subject to change based on required protocol revisions).*
 - Masks are required for small group work, private conversations, or board work that requires being closer than the social distancing guidelines.*
- Remain diligent in adhering to safety consideration if you must move around the community.
 - Always use your best judgement to avoid places that could become crowded or overpopulated and risk being in compliance with the capacity requirements.

** Scholar-athletes will conform to this Pact when they are not participating in NCAA competition or practice. During those time periods, they will follow NCAA guidelines.*

As a member of the McMurry University community, I recognize my responsibility for keeping myself and our community safe during the COVID-19 pandemic. I also recognize that we must all support our most vulnerable community members, especially those whose health and well-being may be affected by COVID-19.

I pledge to remain vigilant in following the safety practices outlined above.

I pledge to extend grace, love and care to myself and others.

By signing this pledge, I acknowledge my personal responsibility in keeping the McMurry campus community safe and limiting the spread of the COVID-19 virus.

Signature

Print Name

Date: _____



SYMPTOMS OF COVID-19

Source: *The Centers for Disease Control and Prevention*

What you need to know

- Anyone can have mild to severe symptoms.
- Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

Watch for Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear **2-14 days** after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Note: *This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.*

EMERGENCY WARNING SIGNS – CALL 911

If someone is showing any of these signs, seek immediate medical care. Notify the operator that you are seeking care for COVID-19. This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Acknowledgement:

I have reviewed the symptoms and will commit to self-monitoring. Should I experience any of the symptoms, I will immediately contact McMurry Health Services to make them aware and wait for guidance on next steps for care.

Initials



WHERE **REAL** HAPPENS