

MCMMASTER

2015-16 YEAR IN REVIEW



WELCOME



Dear Marauders,

On behalf of the entire McMaster community, my sincere congratulations to all of our student-athletes who have worked so hard, achieved and exceeded their personal goals, and contributed to the University's record of athletic success over the last year.

There's no doubt that it has been another exciting and successful year. It has been a pleasure to watch

you compete with such skill, determination and enthusiasm. The spirit and camaraderie of our Marauders never fails to impress me and of course this does not happen without many hours spent training, practising and improving. I applaud you all for your personal dedication and your commitment to Marauder athletics.

Your leadership has a positive impact across the entire University community and inspires students, faculty, staff, alumni and friends of McMaster to participate in and support our sporting events throughout the year. I am extremely proud of all that you have achieved and wish you continued success.

To those of you who are graduating this year, I offer my heartfelt congratulations and very best wishes for your future.

Sincerely,

Patrick Deane
President and Vice-Chancellor
McMaster University



It has been another tremendous year for McMaster Athletics. We Marauders had tremendous success, capped by a national championship, two OUA titles, three CIS team medals, and many more team and individual accomplishments.

We use this occasion to celebrate the best of our best, those award winners who have distinguished themselves over the course of this past year. It is with much pride and gratitude that we recognize them at our 92nd annual McMaster Athletic Awards. But we should also celebrate all those other student-athletes who make up this wonderful McMaster Marauder community. I am reminded of Theodore

Roosevelt's famous quote when I think about the efforts and achievements of our athletes and coaches:

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

Over a century later, The McMaster Way speaks to the same striving, the same effort and the same passion, as every Marauder seeks to test herself/himself to reach her/his full potential. To all of those men and women who have strived in their own particular arena on behalf of McMaster University, I congratulate you and thank you for your efforts. I wish you all continued courage and commitment, as well as much success -- and even more satisfaction. You make us all proud!

Glen Grunwald
Director of Athletics and Recreation
McMaster University

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Graphic Design & Layout: Fraser Caldwell

Cover Concept & Design: Yoseif Haddad and Ben Lee

Cover Photography: Yoseif Haddad and Alistair Boulby

Editors: Bill Malley, Claire Arsenault, Mark Alfano

Photographers: Yoseif Haddad, Rick Zazulak, Fraser Caldwell, Maxine Gravina and Martin Bazyl

Contributors: Bill Malley and Fraser Caldwell

Printing: McMaster Student Union (MSU) Underground Media + Design

MAC CLAIMS FIRST CIS TITLE

Coming off McMaster's first-ever OUA Championship and a CIS silver medal in 2014, expectations were sky high for the Marauder women's rugby team in 2015. But, from the outset, the Marauders knew the path to a championship would be more difficult, as a new CIS format meant that only the OUA champion would be able to advance to the national tournament from the conference. That eliminated any margin for error that had existed in seasons prior.

When the Marauders went to Kingston to open the season and dropped a narrow 15-14 decision to Queen's, the task became even more challenging. But, rallying in fantastic fashion, the Marauders ran off four consecutive wins to finish first in the Russell Division. The playoffs saw McMaster dispatch Trent and Western, before facing arch-rival Guelph for the OUA title and a berth at the nationals.



Christine van Beest (centre) and her teammates storm the field upon winning the CIS Championship.

Having to defeat the perennial powerhouse Gryphons on their home field was a demanding mission, and it was an epic clash between the two OUA rugby titans, with McMaster rallying late to capture a 21-13 victory for its second straight title.

Entering the nationals as the second-seeded team, McMaster won its opening game handily over Lethbridge 62-14 to advance to the semifinals. A tough 14-8 semifinal win over Ottawa, who were representing the Quebec conference, put the Marauders back into the championship game for the second straight season, where they would be facing the host team from Queen's.

The final provided a certain symmetry for the McMaster squad, as it would end the 2015 season against the same opponent and on the same field where the journey had started two months previous. The Gaels were hoping to end their own Cinderella story of winning the national title at home as the tournament host. But, with memories of 2014, and the bad taste of the season-opening loss still in their minds, it was the Marauders that put forward a dominating performance to win 27-3 and bring McMaster's first national championship back to Hamilton. For the seniors on the team, it was a fitting end to their tenure as Marauders, having grown up with the program and leaving as champions.

And while it was an impressive team effort that saw several Marauders excel in conference play and during the team's playoff run, team captain Cindy Nelles was recognized as both the CIS Player of the Year and the Most Outstanding Player of the national championship tournament to cap off a dream season for the Marauder veteran and her teammates. McMaster Coach Shaun Allen also extended his championship run as a coach, adding another title to the OUA crown the team won in his first year in charge of the Marauders in 2014, to go along with the OUA title he won in 2010 as interim coach of the McMaster men's team.

WHAT MARAUDER NATION MEANS BY CHRISTINE VAN BEEST

The bond a student has with their university is special, and the bond I have with McMaster and Marauder Nation cannot be put into words. In my five years here playing varsity rugby for the University, my family and friends have grown into a community of athletes who support one another. We support each other at games, in the classroom, in the HPA, through injuries, losses and wins.

I will always remember coming home from Kingston after winning the CIS national championship and the department, other coaches, fellow athletes being there to congratulate and clap us off the bus. In that moment, my heart swelled and it's a moment I will never forget.

Through Marauder Nation, we have met new athletes, watched sports that we do not always the opportunity to see, and, most importantly, created a supportive and inclusive atmosphere that reaches beyond DBAC. Athletes supporting athletes is a pivotal part of our success here at McMaster. The rush and passion of a cheering crowd push us to new heights, and knowing that we have the support of an entire school behind us pushes us to our best and wills us to make to our school proud.

HEARTBREAK HITS MARAUDERS AT FINAL HURDLE

From the moment that their hosting rights were announced, there was but one objective on the minds of the Marauder men's volleyball team in 2015-16: a CIS national title. Three CIS medals in two different colours had come and passed for McMaster in the last three seasons, but the best of all had thus far eluded them. With the 50th anniversary of the championship tournament to be played at the Burridge Gym, all eyes were on the veteran Marauders this year.

Coach Dave Preston built a daunting non-conference calendar for his team, looking to challenge them from the outset in October, and only ramp the stakes up further as his squad prepared for the carnival atmosphere of the CIS Championship. A three-match series against the two-time defending national champions, the Alberta Golden Bears, fell 2-1 in the Marauders favour, before the team headed to Poland for a slate of matches against competition from the country's PlusLiga, a top-flight division that sends teams to the European Champions League. While results themselves were lacking, McMaster impressed on the continent, and carried a true understanding of the world's top competitors back home to the OUA.

In conference play, the Marauders slid back into their accustomed position as the standard-bearers of the OUA, and dropped just two sets before the onset of the Christmas break. Despite several injuries to traditional starters, which propelled the likes of Andrew Richards and Peter Khodkevych into the spotlight, Mac held a spotless 11-0 record, and outsider hitter Stephen Maar was in the midst of a remarkable campaign, leading the statistical charge across the OUA's offensive categories.

Another non-conference hurdle awaited the Marauders in the festive season, as they travelled to Columbus, Ohio to take on the Ohio State Buckeyes, who ranked sixth in the NCAA rankings at the time of their meeting and have since risen to the top spot in the United States. After falling behind two sets to none in the teams' opening match on New Year's Eve, McMaster won six of the next seven sets played, to sweep the doubleheader in Columbus and send tremors through the North American volleyball community.



OUA MVP Stephen Maar (7) celebrates a point during the OUA Championship.



Danny Demyanenko (9) was named as a First Team All-Canadian in 2016.

Returning to conference play with a young roster that allowed Preston's rookie class to test its mettle, the Marauders endured a bumpier ride in the second half of their OUA regular season, suffering two losses to close out the campaign at 18-2 with the right to host the OUA Final Four squared away.

Maar was recognized for his excellence, which saw him finish the regular season as the OUA leader in kills per set, points per set and hitting percentage, by being named as the third consecutive Marauder to hold the honour of OUA Most Valuable Player. He naturally occupied a place as an OUA First Team All-Star, alongside teammates Danny Demyanenko and Andrew Kocur, while libero Pawel Jedrzejewski was named to the second team and the duo of Craig Ireland and Matt Passalent graced the OUA All-Rookie Team.

Two weeks of training and scoreboard watching led McMaster to the Final Four, where they faced a semifinal encounter with a familiar foe, the Waterloo Warriors. Sweeping the team that had pushed them to five in the opening match of the regular season, Mac barrelled into their fourth consecutive home final, where they met the Ryerson Rams. The Marauders handed the Rams a straight-set defeat to claim their fourth OUA title in as many years, and equal the longest championship streak in OUA men's volleyball history. Mac has now won the conference banner in seven of the last nine seasons.

Their OUA successes set the table perfectly for the CIS Championship, where McMaster was awarded the top seed and faced a fourth match against the Waterloo Warriors, this time in a national quarterfinal. Before hostilities could be renewed, the Marauders were honoured with three spots on the CIS All-Canadian rosters, as Maar and Demyanenko were included on the first team and Kocur was named to the second.

Opening their account at the CIS tournament in front of a raucous Burrigge Gym crowd, the Marauders dealt another sweep to the Warriors to advance to a national semifinal for the fourth consecutive season, where the Saskatchewan Huskies lay in wait. Having played the Huskies at the national stage a year ago, the Marauders entered 2016's encounter with confidence, and navigated a tough three-set challenge to book the dream match: a national final on home court.

Unfortunately for McMaster and the over 2000 fans who packed the sold-out Burrigge to the rafters, the Marauders came up against 2016's team of destiny in the championship match. The Trinity Western Spartans, having overhauled their conference season to storm to a Canada West championship, withstood a first-set onslaught from the Marauders before rebounding to win the next three frames and the national banner.

It was another heartbreaking moment for the Marauders, who were agonizingly close once again to claiming the first CIS title in their history and becoming the first OUA team to win the Tantramar Trophy.

But, dimmed as it may have been by the final result, McMaster's season remained a towering achievement, and a testament to the dynasty that Preston and his Marauders have built in the OUA and beyond.

A CHAMPIONSHIP EXPERIENCE BY ALEX ELLIOTT

Knowing that the CIS championship was coming to Mac brought nothing but excitement for the year leading up to it. As the event got closer, I kept thinking about how loud the crowd would be and wondered how it would impact us. As I set foot on the floor for the first time with the crowd roaring it brought chills through my body. I was in awe being surrounded by a sea of maroon yelling and chanting and blaring their horns.

In the past, being in a similar environment but on the road, the crowd almost takes energy away from you and it takes so much more out of you to play. But this time, it was different. This crowd was different. The crowd was giving us energy point by point, growing the excitement in the gym and feeding off of it. One of the most amazing memories was when Steve Maar bounced a ball in the quarterfinal and came down celebrating with veins popping out of his entire body, and the crowd was brought to their feet in the shock and awe of the moment.

This was the most enjoyment I have ever had playing. Another memory that shines was the atmosphere in the gym – I recall walking back to the service line and having the crowd noise dim and become more silent, and then just zoning into the game. But when the other team was serving, the loud, rambunctious noise had them scared.



Alex Elliott (5) played his final match as a Marauder in front of a sold out crowd at the Burrigge Gym.

It was a pleasure to be a part of the Marauder Nation. It's amazing when you're on the floor to see that the fans that are yelling and cheering the loudest are the other Mac athletes that you see competing in their own sport or in the weight room. Feeling the support of the other Mac athletes as they come on the ride with you, trying to will you to a championship, is an amazing experience. I hope all of our teams understand how much it meant to all of us when the other teams came out and supported us the way they did, and I hope that the Marauder Nation continues to support each other in that same way in years to come.

PENALTY SPOT PROVES CRUEL TO MAC

McMaster found out the hard way in October that there is only so much penalty magic to go around. A year after riding a pair of dramatic shootout victories to a berth in the CIS final, the Marauders saw their fortunes reversed in 2015, as they narrowly lost out 4-3 on penalties in at the quarterfinal hurdle, before recovering to finish fifth on the national stage.

That finish was a bitter pill for the team to swallow, but did little to diminish yet another strong OUA campaign from the perennial contenders, who finished as conference runners up for the second consecutive season.

A veteran-laden Marauder team cruised to an 11-5 record in regular season play, with their only losses coming to the upper echelon of the OUA West, including York, Guelph and Windsor. Their conference mark earned them the third seed in the division, and the Marauders regrouped well from a season-ending loss to the Gryphons to storm into the playoffs.



Yunus Mollayev is one of several returning stars who will be counted upon to provide leadership for Mac in 2016.

Recognition of Mac's strong year came in the form of three divisional all-star nods, as captain Nic Vecchi was named as an OUA West First Team All-Star for the third consecutive season, while the pair of Ryan Garnett and Marco Gennaccaro were named to the second team. Ross Genovese, meanwhile, was honoured for his outreach work with the OUA Community Service Award.

Entering the postseason in style, the Marauders dealt a 2-0 defeat to the Laurier Golden Hawks in the first round of the OUA playoffs, fighting through the conditions at a water-logged Ron Joyce Stadium, and earning a quarterfinal trip to Windsor to rematch their fiery rivalry with the Lancers.

Coming out on the winning end of a closely-contested game, Mac edged Windsor on the strength of a penalty from veteran winger Gersi Xhuti, and booked their place in the OUA Final Four for the second straight season. Their path from there looked familiar, as they faced their semifinal opponents of the prior year, the Ryerson Rams, in Toronto.

The Marauders withstood serious pressure in the first half of that encounter, before Sasha Ricciuti provided the lethal touch in the 57th minute and Mac overcame Ryerson 1-0 to return to the conference final against another well-known foe: the York Lions. There, the team got a taste of the cruelty that would follow them to the national tournament, as the Marauders watched a first half lead evaporate and the Lions score a dramatic winner in the 90th minute to snatch the OUA title.

Plenty of change is due for Dino Perri and his Marauders, who boasted seven fifth-year seniors in 2015, including the likes of Vecchi, goalkeeper Angelo Cavalluzzo, Garnett and Xhuti. But there were encouraging signs from the younger core that will step into the leadership void in 2016, and they will be hungry to return to the national stage yet again.



McMaster's second-leading scorer in 2015, Gersi Xhuti is one of seven graduating seniors.

MARAUDERS CLINCH DOUBLE SILVER



The McMaster men's wrestling team carries a long championship legacy after so many successful seasons under Coach Nick Cipriano. In 2015-16, the team also carried the potential to repeat as OUA champions and make a run at the third national title in team history.

With a veteran core returning, the Marauders were well positioned to challenge OUA rival Brock, which has an outstanding wrestling tradition of its own. In 2014-15, McMaster edged out Brock for the OUA Championship, before Brock rebounded to win the national title.

The season was a grind for the Marauders, as several team members were fighting various injuries through the year. Getting healthy in time to compete at full strength at the OUA and CIS finals was a challenge.

For the first time ever, Algoma University in Sault Ste. Marie played host to the OUA Championships, and the McMaster men were among the favourites heading into the competition. The Marauders had a strong OUA meet, and actually scored the same point total (81) that had secured the OUA title the season before.

Rookie Brad MaGarrey won silver in the 76kg division at his first OUA Championship tournament.

But, in 2016, that total was only good enough to capture the overall silver medal, as Brock reclaimed the OUA men's banner.

McMaster got gold medal winning performances from Jason Buckle (61kg), Ahmed Shamiya (72kg) and Omar Ahmed (65kg), with silver medals coming from veterans Joban Phulka (82kg) and Kevin Barret (90kg) and rookie Brad MaGarrey (76kg). The trio of Robert Smith (54kg), Chris Garneau (68kg) and Ameen Aghamirian (100kg) took bronze. Buckle completed his exceptional McMaster career by being named as the Outstanding Male Wrestler of the OUA Championship for the third time in his varsity tenure.

Two weeks later, the team results repeated themselves at the CIS Championships held at Brock. The Badgers showed tremendous team depth and took the national crown on home turf, with McMaster having to settle for the team silver. The 1-2 finish by Brock and McMaster on the national level showed the strength of wrestling competition in the OUA.



At the nationals, Ahmed Shamiya was able to repeat his OUA win and took home the gold medal at 72kg to defend his status as a national champion. Jason Buckle (61kg) brought home silver, while Omar Ahmed (65kg) and Joban Phulka (82kg) were bronze medalists.

While the Mac team will miss graduating grapplers Buckle, Barret and Garneau, there is a solid group of veterans returning on the men's team, which should keep the Marauders in contention for years to come.

The Marauder women's wrestling team showed improvement this season and moved up to sixth place in the OUA team standings, with veterans Nicole Roach (silver at 63kg) and Monica Wood (bronze at 48kg) making it onto the podium.

HASTINGS LEADS ASSAULT ON THE RECORD BOOKS

The McMaster football team spent the 2015 season rewriting the team record book, and making some history in both the OUA and CIS. The Marauder gridiron gang entered the season with several question marks, as numerous veterans who helped the team to three Vanier Cup appearances had completed their varsity careers. Little did anyone outside of Hamilton suspect that new names would emerge as impact players, and that McMaster football would continue in the role of OUA contender.

The unveiling of a new quarterback had Marauder fans curious about team fortunes at the start of the year, but it only took one game to foreshadow the sensational season that Asher Hastings would put on display. Hastings threw for five touchdowns in an opening 55-33 win at Toronto. Receiver Danny Vandervoort caught four of those scoring tosses to tie an OUA single-game record, which was just the first standard that would be reached or surpassed by Mac in 2015.

In game two versus Ottawa, Hastings again threw for five touchdowns, and it became obvious that McMaster had something pretty special happening with the passing game.

The Marauders remained in contention for first-place in the standings until the final league game, but had to settle for a 6 and 2 record and third-place in the OUA. An earlier than expected playoff exit was disappointing for the program and its supporters, but the foundation had been laid for future success and the proof of that was very evident.

Asher Hastings set a CIS single-season record with 31 touchdown passes, and took over top spot in four passing categories in the McMaster record book. His two primary targets were also record breakers, as Danny Vandervoort became the single season (10) and career (24) record-holder for touchdown receptions, while Dan Petermann broke the McMaster single-season record (61) for receptions. Two other Mac pass-catchers, Max Cameron and Josh Vandeweerd, moved onto the list for career receptions, as the Marauder air show featured multiple targets.

On defence, the Marauders fought to create an identity and by the end of the year, that unit led the OUA in fewest yards allowed, while the rebuilt secondary allowed the fewest passing yards. Two of the new defensive backs, Robbie Yochim and Adam Poole, were OUA All-Rookie picks with Yochim also making the OUA All-Star team. The success of the young defence bodes very well for the team's future.

With most of the team eligible to return in 2016, Marauder football expects to be back in the race for the Yates Cup, and back among those teams that fans consider when Vanier Cup contenders are discussed. The standards for success are high, but McMaster football always shoots for the top.

THE STUDENT BECOMES THE TEACHER BY MARK MILAN



Associate Dean of Social Sciences James Gillett (left) and kicker Mark Milan.

As a student, it's a strange feeling to think about teaching someone older than you, especially someone of importance in your faculty. James Gillett, the Associate Dean of Social Sciences, wanted to learn something that I have practiced thousands of times before: how to kick a field goal.

I had to put myself in his shoes and imagine the ways James would teach new concepts to students, thinking about what prior knowledge he may have and remembering what worked for me when I first started.

At the beginning it seemed like I would have to explain every little technique to get this ball through the uprights from thirty yards. It was frustrating for me to watch someone struggle because, it's something I knew he could do. It taught me not to throw a lot of information his way and instead just take small steps to improve every kick. After some reminders about the positioning of his foot, the angle of the ball and the follow-through, a few started going through. You could

tell he was getting excited with each kick that was successful, and I was relieved that my teaching had worked for the most part. He was becoming more consistent, even the ones he missed were better than just twenty minutes before.

Overall, the role reversal of teaching an Associate Dean was positive. I don't usually get to interact with those farther up the ladder in my school than the professors, so seeing that James was so open to being taught by a student gives me the confidence to interact more and to not shy away from opportunities to share the knowledge I have.

MAC ACHIEVES BEST EVER OUA FINISH



Their silver medal was McMaster's best ever finish at the OUA Championship, and it was achieved on home court.

Despite a sluggish start in the opening match of the tournament, which saw McMaster concede three head-to-heads against the Queen's Gaels, the Marauders took the overall victory 7-3 by sweeping the women's singles and doubles and the mixed doubles matches. The hosts rolled to their second victory of the weekend in the Friday night session, blanking the Carleton Ravens 10-0 to put themselves in prime position on Day 2.

Another dominant win the morning session of the second day saw McMaster shutout Ryerson 10-0, before the Marauders came up against their toughest test yet in the form of the Western Mustangs. First blood went the way of the Mustangs, who swept the mixed doubles and led 3-0 overall, before McMaster reeled off six of the next seven matches to dramatically overhaul the contest. Wins from Sommer Chou and Jolletta Cheung swept the women's singles for Mac, and the teams of Chou and Caitlin Sherry and Cheung and Sashini Senarath similarly swept the women's doubles to clinch the 6-4 overall win.

With the victory, Mac claimed the top spot in Pool B and a bye to the semifinal round, where they encountered the defending OUA champions, the Waterloo Warriors. A fierce battle ensued on Day 3, as Waterloo took an early lead by sweeping the mixed doubles event, before defending OUA MVP Jacob Kao provided the Marauders first win by out-dueling Nathan Leung in the men's singles. Once again, Mac's women were the decisive factor, as Chou and Cheung swept the singles and the familiar women's doubles teams also swept their competition to give Mac the 6-4 victory and a spot in the OUA final.

There, they were overwhelmed by the exceedingly strong Toronto Varsity Blues, who won the conference title 6-1, with Mac's only victory coming courtesy Jason Sun in the men's singles. But silver was hardly a bitter pill for the Marauders to swallow, standing as their best-ever result at the conference event.



Jolletta Cheung sprawls out to retrieve the shuttle in a match against the Waterloo Warriors at the OUA Championship.

For their efforts, Chou and Sun were both named as OUA All-Stars, and will both feature again for the Marauders in the years to come.

MARAUDERS SEAL BEST RESULT SINCE 2007 AT HOME



Springing an opening-round upset against the Ottawa Gee Gees, the Marauder women reached their best finish at the OUA Championships since 2007.

Making the most of their status as hosts, the Marauder women's water polo team enjoyed their best showing at the OUA Championships since 2007, advancing to the conference final in their home pool at the Ivor Wynne Centre. Their male counterparts in maroon and grey also did their part to keep the home fans engaged, advancing to the bronze medal match on championship Sunday before ultimately finishing fourth.

Both teams boasted young rosters, and were pegged as programs on the build before the tournament got underway. But the Marauder women served an early indication that they meant to contend, as they upset the no. 2-seeded Ottawa Gee Gees in a back-and-forth, 13-11 showdown in the second match of the tournament.

Holding a 6-1 lead after the opening quarter, McMaster saw Ottawa eat into their advantage steadily over the next two periods, and had only a two-goal cushion entering the final quarter at 11-9. But the stout goaltending of Betty Spurgeon and organized defence surrounding her ensured victory for the home side, and earned them a place in the Sunday final.

There, McMaster came up against the perennial powerhouse Toronto Varsity Blues, and saw their Cinderella run end with an 11-6 loss, despite standout offensive performances from Jordan Brydges, who potted four goals, and rookie Jill Stringer, who added two of her own.



Rookie Jill Stringer winds up for a shot at goal in the OUA final against Toronto.

Leading his young team to silver, Mac coach Andy Duffield was named as the OUA's Coach of the Year, while Brydges and Spurgeon were named as OUA All-Stars. The budding second-year star of the Marauder men's team, Colin Colterjohn also earned an OUA All-Star nod after his team's furious comeback attempt fell just short against the Gee Gees in the bronze medal match.

Serving as a showcase of what high-level water polo has to offer, the championships were a valuable building block for the Marauder coaches, who continue to work to grow the sport in Hamilton, at the club and varsity levels.

RUNNERS NAB DOUBLE BRONZE

This year marked the swan song for several key Marauder veterans, and they did justice to their decorated careers in Maroon and Grey with another strong season on the trails and the track.

Both teams climbed the podium at the fall's OUA Cross Country Championships, as Mac's women defied their national ranking to match the men's bronze. That result followed a successful lead-up campaign that included victory on the women's side at the Western International, and at the Queen's Open on the men's.

Getting her last year as a Marauder underway in style, Maddy McDonald led the way in London by finishing fourth overall and just a second back of the bronze medalist, to provide the low post for McMaster in the team victory. The men were denied the overall gold by the narrowest of margins, losing out on a tiebreaker against the Windsor Lancers.

They found that elusive title a few weeks later, claiming the win at the Queen's Open as the duo of Connor Darlington and Blair Morgan crossed the line consecutively in third and fourth position. It was the women's turn to be denied gold, as McDonald again led by scoring third.



Maddy McDonald was recognized for her outreach work with the CIS Community Service Award in 2015.

When the OUA Championships arrived on Halloween, McMaster justified their rising places in the national rankings by winning double bronze, as the Mac men won their third consecutive medal at the conference meet. Morgan was the low post in sixth, and was named as an OUA First Team All-Star for his effort, while Darlington (8th) and Taylor Forbes (9th) earned spots on the second team. Upsetting the higher-ranked Toronto Varsity Blues, the Marauder women nabbed a podium place with McDonald finishing 16th.



Blair Morgan was once again Mac's reliable low scorer, finishing sixth at the OUA Championships to lead his team to bronze.

The usual suspects remained at top form two weeks later at the CIS Championships, where Morgan and Darlington led the Marauder men to a fourth-placed finish by scoring seventh and 12th respectively to earn Second Team All-Canadian nods. While she led the Mac women again, this time to a sixth-placed finish, Maddy McDonald was also awarded with the CIS Community Service Award, in recognition of her myriad outreach efforts.

McMaster's distance runners continued to excel as the season turned to the track, with the team claiming three bronze medals at the OUA Championships through Jeff Tweedle's effort in the 1000m event and the pair of Marauder 4x800m relay teams.

Capping his exceptional season, Blair Morgan travelled to Casino, Italy in March to take part in the FISU World Cross Country Championships, where he helped Canada to an eighth-placed finish as a team while working alongside coach Paula Schurr, who was an assistant with the Canadian delegation.

MAC JUMPS ONTO OUA PODIUM

Building on the promise of their season a year ago, the Marauder figure skating program took a leap forward in 2015-16, reaching the podium at the OUA Championship in February, and nearly overtaking the defending conference champions.

McMaster finished the conference event with a team total of 65 points, matching the Western Mustangs, who edged the Marauders on the basis of the tiebreaker of first-place finishes, winning three to the Marauders two.

Their conference finish in 2016 marked a nine-point improvement from McMaster's fourth-placed position of a season ago.



McMaster's synchronized group won the team's second gold medal of the OUA Championship in its final event.

A strong start to the event saw the Marauders clinch four medals on Day 1, as Emma Yu made the team's first breakthrough in the Senior Silver Freeskate event, winning silver. Having tasted success, Mac doubled down in the next event, claiming their first event victory when Louise Hains won the Gold Starskate to take home a gold medal and earn OUA All-Star status. A pair of bronze medals closed out the day for the Marauders, as the duo of Kate Johnson and Chelsea Hidden reached the podium in the Junior Silver Similar Dance and Jennifer Pettem and Emma Bonafiglia followed with bronze in the Senior Similar Pairs.

Three more medals followed for the Marauders in the second and final day of competition. The pair of Gwendolyn Eadie and Katelynn Blowe won bronze in the Gold Creative Dance event, before Jennifer Pettem made a return trip to the podium. Skating in the Novice Short Program, Pettem clinched silver for her second medal of the championship. Closing the OUA event in style, the Marauders won the championship's final event, taking home gold in the synchronized team competition to win 15 standings points and draw into the agonizing tie with the Mustangs.

CAPPING A SWIMMING CAREER IN STYLE BY REBECCA NGU

I joined the McMaster swim team in my second year, after having taken some time off from the sport. When I started swimming with the team, I loved it right away. Everyone was welcoming and motivating, and I immediately regretted not swimming in my first year. I was always good enough to make the OUA team, but never close to qualifying for CIS. However, I didn't let that stop me from setting it as my goal, each and every year. It wasn't my outstanding point scoring that got me from a walk-on athlete to being voted team captain but rather my work ethic, positive attitude, and love for the team.

This year, my final year, I went into every meet with the saying "last one, last one" in mind, but little did I know how literal that would become. At OUAs, for the first time in my four years of competing for McMaster, I qualified for CIS in the 50m and 100m breaststroke events. If that didn't make me happy enough, then being selected to swim the breaststroke leg in both silver-medal-winning relays certainly did. It was a case of firsts all taking place at what I thought would be a time of lasts: first A-finals, first OUA medals, first Mac record (4x100 medley relay) and first CIS qualifying times.

What made my results so memorable were the people that I got to share it with. There is no feeling quite like touching the wall, qualifying for a time and having your team run up to congratulate you as you climb out of the pool.

That whole experience was more than I could have asked for. I had worked hard, consistently and patiently for four straight years, and was thrilled to watch my final season unfold that way. I'm grateful that I got to end my swimming career at CIS in Quebec City having received one more opportunity to do what I love, with the people that I love. It was especially meaningful to be coached one last time by Andrew Cole and Jacky Walter at our last meet as Marauders.

STUDENT THERAPISTS AND STRENGTH & CONDITIONING



Women's basketball player Vanessa Pickard poses with members of her team's student training staff, Cassie Santoni (left) and Teresa Ziegler (centre).

Strength and Conditioning

MARY ALLISON
NICOLE AMATRUDA
MARIO ARTUKOVIC
ERIK BERTRAM
RACHEL BIERBRIER
STEPHANIE BLACK
MADISON BORKOWSKI
EVELYN BURGESS
YUHO CHOI
SATYAM CHOUDHURI
MIRANDA COOPER
RACHEL D'ARSIE
DANIELLE DE LAAT
MARLOW DEPAUL
YUKI FUKUSHIMA
EMILY HORN
AMANDA HRONCOK
MADI JENKINS
AMANDA JONES
BRYNNA KAGAWA-VISENTIN
MARIE KORTE
ANDREW LENNIE
MAURA LESLIE
CALLUM MACLEAY
ZACK MOLL
ADRIENNE MORGAN
NATHANIEL MORRIS
JESSICA MORRIS
JEN NORMAN
JAMES ORTON
NELSON SADDLER
NOOR SAKRAN
SELENA SEGUIN
ABI SHANMUGARATNAM

WOMEN'S BASKETBALL
WOMEN'S BASKETBALL
FOOTBALL
MEN'S BASKETBALL
WOMEN'S VOLLEYBALL
MEN'S SOCCER
FOOTBALL
WOMEN'S VOLLEYBALL
MEN'S SOCCER
FOOTBALL
WOMEN'S RUGBY
WOMEN'S RUGBY
MEN'S RUGBY
FOOTBALL
FOOTBALL
WOMEN'S VOLLEYBALL
TRACK
WOMEN'S BASKETBALL
WOMEN'S VOLLEYBALL
SWIMMING
FOOTBALL
WOMEN'S VOLLEYBALL
WOMEN'S SOCCER
WOMEN'S BASKETBALL
MEN'S VOLLEYBALL
SWIMMING
MEN'S RUGBY
MEN'S VOLLEYBALL
SWIMMING
MEN'S RUGBY
MEN'S BASKETBALL
MEN'S BASKETBALL
WOMEN'S SOCCER
WOMEN'S SOCCER

ALANNAH SHERIDAN
MAC SUTTON
SARA SVOBODA
KATIE SVOBODA
MEAGHAN TOLL
TOM TRIPP
SYDNEY VALENTINO
DYLAN WHITBREAD
MIKE YORFIDO

TIFFANY VANLEISHOUT
NICK ANDRE
JOEY BACAUANU
JUSTIS BEALEY
ADRIENNE CASCIOLI
SAMMY CHOWN
KATIE CHOWN
LEYA CHUNG
JULIANA COITO
ERIN COLE
MADDIE COLTON
AMY CONNELL
RYAN COOMBER
JAMIE COTE
JOSHUA DEL GOBBO
MANNY DHILLON
DION D'MELLO
ELIZABETH EDGELY
MICHELLE FABBRO
YUKI FUKUSHIMA
MATTHEW HAN
AMANDA HRONOK
NICOLE HUGHES
DEVON JONES

FOOTBALL
MEN'S VOLLEYBALL
MEN'S VOLLEYBALL
FOOTBALL
WOMEN'S RUGBY
MEN'S SOCCER
FOOTBALL
SWIMMING
MEN'S RUGBY

FIELD COORDINATOR
FOOTBALL
BASEBALL
SWIMMING
WOMEN'S SOCCER
SWIMMING
SWIMMING
CROSS-COUNTRY
WOMEN'S LACROSSE
WOMEN'S RUGBY
MEN'S BASKETBALL
WOMEN'S HOCKEY
FOOTBALL
FOOTBALL
MEN'S HOCKEY
MEN'S SOCCER
MEN'S SOCCER
MEN'S LACROSSE
FIGURE SKATING
WOMEN'S RUGBY
BASEBALL
ROWING
WOMEN'S VOLLEYBALL
ROWING

HANNAH KEARNEY
ANDREA KLINE
DAVID KOFFMAN
TESHA KRASKZIEWICZ
JEAN-LUC KRESIC
SUNKET KULKARNI
ALYSSA LACROIX
VICKEY LAI
TANNER LECKIE
JOEL LECKIE
MARCEL LECLERC
SAM MAHONEY
MELISSA MARTINO
STEPH MCENEANEY
JORDYN MILLER-BOYKO
LARISSA NACCARATO
PATRICIA NGUYEN
EMILY PAOLUCCI
CELIA PETRUNIAK
REBECCA PICINNIN
JOANNA REGO
TREVOR RICE
CORRYN RICHARDSON
MARISSA ROCHA
NICHOLAS ROSEWARE
ETHAN SANDERS
CASSANDRA SANTONI
ALANNAH SHERIDAN
NATALIE SLOOF
LAUREN TESOLIN
AMANDA TIBBUTT
SYDNEY VALENTINO
KIMBERLY WONG
TERESA ZIEGLER
HOLLY ZITA

CHEERLEADING
WRESTLING
MEN'S RUGBY
FOOTBALL
BADMINTON
SQUASH
MEN'S BASKETBALL
WATER POLO
SWIMMING
MEN'S VOLLEYBALL
MEN'S HOCKEY
TRACK & FIELD
MEN'S RUGBY
WOMEN'S SOCCER
MEN'S LACROSSE
TENNIS
TRACK & FIELD
WOMEN'S RUGBY
FIELD HOCKEY
WRESTLING
FIELD HOCKEY
CROSS-COUNTRY
WOMEN'S LACROSSE
CHEERLEADING
WRESTLING
MEN'S VOLLEYBALL
WOMEN'S BASKETBALL
FOOTBALL
WOMEN'S VOLLEYBALL
MEN'S RUGBY
FASTPITCH
FOOTBALL
SWIMMING
WOMEN'S BASKETBALL
WOMEN'S SOCCER

Student Therapists

2015-16 PLAQUE AWARDS

The Plaque Award is presented to student-athletes who have participated on a Marauder team for four years.

ATHLETE	SPORT	ATHLETE	SPORT	ATHLETE	SPORT
Khira Adams	VOLLEYBALL	Sebastian Gladman-Saltarelli	FOOTBALL & LAX	Cole Munden	FOOTBALL
Keldyn Ahlstedt	FOOTBALL	Julien Gordon	ULTIMATE	Jonah Nadler	RUGBY
Qutaiba Al Nimer	RUGBY	Peter Gysbers	WATER POLO	Rebecca Ngu	SWIMMING
Kingsley Amankwaa	FOOTBALL	Connor Hallett	HOCKEY	Andrew Nguyen	FENCING
D'Arcy Arends	ROWING	Melissa He	FENCING	Chris Novachis	BASEBALL
Aaron Baker	FOOTBALL	Jake Heathcote	FOOTBALL	Kelsey Orlando	SOCCER
Quincy Batson	RUGBY	Heidi Henderson	RUGBY	Elliot Ormond	BASKETBALL
Jamison Batten	LACROSSE	Brett Herlehy	BASEBALL & HOCKEY	Richard Ormrod	RUGBY
Madeleine Benjamin	XC & TRACK	Rachael Holmes	BASKETBALL	Kaitlyn Pansegrau	XC & TRACK
Derek Bennett	TENNIS	Amanda Hroncok	ROWING	Nicholas Pavicic	SQUASH
Karl Bicomumpaka	SOCCER	Michael Huang	ULTIMATE	Jennifer Pettem	FIGURE SKATING
Stephanie Black	RUGBY	Sarah Hurgett	LACROSSE	Matthew Rafaelic	RUGBY
Danielle Boiagio	BASKETBALL	Kieran Hurst	RUGBY	Trevor Reade	HOCKEY
Rohan Boney	BASKETBALL	Zach Intzandt	FOOTBALL	Ali Rizk	SWIMMING
Giancarlo Bresani	SWIMMING	Alicia Jack	VOLLEYBALL	Nicole Roach	WRESTLING
Ryan Buensuceso	ULTIMATE	Kailyn Jones	RUGBY	Matthew Rutledge	SWIMMING
Brandan Burr	LACROSSE	Graham Jones	WATER POLO	Noor Sakran	SOCCER
Emma Carscadden	TENNIS	Seyar Karimi	VOLLEYBALL	Michael Salib	TENNIS
Katelyn Chan	FENCING	Mike Kashak	FOOTBALL	Ethan Sanders	RUGBY
Luke Charbonneau	XC & TRACK	Kody Kazda	SOCCER	Tristan Schram	LACROSSE
James Cherutti	GOLF	Jacob Kempt	LACROSSE	Elizabeth Seczek	GYMNASTICS
Cassandra Cheung	TENNIS	Clare Kenney	BASKETBALL	Zachary Seto	SQUASH
Jacob Chiaravalle	BASEBALL	Emma Kent	SQUASH	Ahmed Shamiya	WRESTLING
Cameron Chow	SWIMMING	Laura King	LACROSSE	Treden Simon	ROWING
Douglas Chung	FENCING	Lazar Kojovic	BASKETBALL	Lily Southcott	TENNIS
Ainslie Colterjohn	WATER POLO	Wesley Kwok	GOLF	Cody Speller	FOOTBALL
Emilie Corcoran	SQUASH	Jeremy Kyei	FOOTBALL	Taylor Stanojev	ULTIMATE
Rohan Cornelio	WRESTLING	Kendra Lange	FIGURE SKATING	Rebecca Steckle	VOLLEYBALL
Declan Cross	FOOTBALL	Lucas Lepore	LACROSSE	Ashley Stenzel	CHEERLEADING
Connor Darlington	XC & TRACK	Jamie Leveridge	RUGBY	Jeff Tweedle	TRACK
Lina Darmohray	TENNIS	Eric Lickers	RUGBY	Saskia Van Arragon	ULTIMATE
Danny Demyanenko	VOLLEYBALL	Sulayman Lyons	SOCCER	Rachel Van Fraassen	RUGBY
Sarah Duncan	WATER POLO	Stephen Maar	VOLLEYBALL	Derek Van Schepen	XC & TRACK
Elizabeth Edgley	SAILING	Conner Mackay	FOOTBALL	Josh Vandeweerd	FOOTBALL
Mohamad Eldah	SWIMMING	Lloyd Mackinnon	SWIMMING	Michael Waldock	RUGBY
Rotimi Fadiya	ULTIMATE	Maureen Mai	SOCCER	Lauren Walkden	RUGBY
Kyle Fitzsimons	FOOTBALL	Siobhan Manning	BASKETBALL	Dominic Walter	SWIMMING
Travis Flint	BASEBALL	Jayson McCarthy	VOLLEYBALL	Sara Wilkinson	FASTPITCH
Austen Forbes	XC & TRACK	Colin McCoy	GOLF	Emily Wilson	GYMNASTICS
Vincent Fumo	HOCKEY	Madeline McDonald	XC & TRACK	Kimberly Wong	CHEERLEADING
Taylor Gawlik	RUGBY	Jenna McGill	FIELD HOCKEY	Cory Woo	SWIMMING
Marco Gennaccaro	SOCCER	Bennett Megarry	FOOTBALL	Monica Wood	WRESTLING
Ross Genovese	SOCCER	Alex Miles	HOCKEY	Keith Woodcock	BASEBALL
Gabriel Ghiglione	XC & TRACK	Emma Mittermaier	SWIMMING	Max Yavitt	LACROSSE
Samantha Gillespie	CHEERLEADING	Wayne Moore	FOOTBALL	Mitchell Yemm	RUGBY
Conor Gillespie-Friesen	SWIMMING	Jonathan Morris	TENNIS	Rebecca Zachar	CHEERLEADING
Emily Giroux	GYMNASTICS	Marc Muise	SWIMMING	Karl Zimmermann	ROWING

MARAUDER SCHOLARS

These outstanding student-athletes were named as scholar-athletes for 2014-15. They achieved a minimum sessional average of 9.5 over a minimum of 24 units while competing as a student-athlete.

ATHLETE	SPORT	ATHLETE	SPORT	ATHLETE	SPORT
Benjamin Anthony	Rowing	Rebecca Englert	Field Hockey	Briony Lago	Swimming
David Allamby	Squash	Eren Erinc	Fencing	Andrea Lam	Badminton
Keon Allen	Fencing	Kayla Esser	Synchro Swim	Cheong Lam	Curling
Nicholas Andre	Football	Rotimi Fadiya	Ultimate	Jacob Lamb	Fencing
D'arcy Arends	Rowing	Emily Farquharson	Field Hockey	Darius Lameire	Football
Christopher Arkless	Sailing	Rachel Feist	Water Polo	Daniella Lato	Synchro Swim
Kristian Ashali	Fencing	Nicholas Fernandes	Rowing	Claire Layton	Field Hockey
Kaushik Baliga	Fencing	Eric Ferreira	Baseball	Heather Leahey	Field Hockey
Ryan Balsam	Rowing	Maureen Fitzpatrick	Squash	Karen Legg	Sailing
Rachael Barnett	Tennis	Gabrielle Foran	XC & Track	Alexandra Leonardelli	Soccer
Eric Barry	Track	Richard (Taylor) Forbes	XC & Track	Cole Lewis	Baseball
Nicole Bauman	Fast Pitch	Britni French	Rugby	Kieran Liew	Swimming
Amanda Baxter	Rowing	Yukino Fukushima	Rugby	Yi Liu	Swimming
Andrew Beardsall	Cross-Country	Matthew Galli	Tennis	Amy Lloyd	Badminton
Robyn Beckett	Gymnastics	Sean Garcia	Water Polo	Lauren Locco	Hockey
Madeleine Benjamin	XC & Track	Nicolette Garcia	Field Hockey	William Luders	XC & Track
Nadine Bennett	Lacrosse	Mahyar Garmsiri	Fencing	Sulayman Lyons	Rowing
Zoe Bernstein	Water Polo	Ryan Garnett	Soccer	Elena Ma	Soccer
Michelle Biehl	Hockey	Allison Gemmill	Cheerleading	Alexander Mackenzie	Badminton
Rachel Bierbrier	Hockey	Ross Genovese	Soccer	Mark Mackie	Fencing
Stephanie Black	Rugby	Victoria Giglio	Swimming	Lloyd Mackinnon	Football
Matthew Boroditsky	Hockey	Julian Gilmore	Fencing	Chelsea Mackinnon	Swimming
David Bowman	Rowing	Liana Glass	Ultimate	Richard Magony	XC & Track
Alexandra Brady	Lacrosse	Robert Godfrey	Ultimate	Jeffrey Mah	Hockey
Emma Bridgewater	Fencing	Nicole Goricanec	Volleyball	Julia Maiolino	Track
Jordan Brydges	Water Polo	Marko Grahovac	Basketball	Deepsee Malhotra	Soccer
Alexis Bullock	Rowing	Elena Grbac	Field Hockey	Siobhan Manning	Fencing
Brandon Burr	Lacrosse	Adam Grottoli	Rowing	Myles Marin	Basketball
Johnathon Butler	Rowing	Brandon Gutierrez	Soccer	Matthew Mascola	Hockey
Emma Carscadden	Tennis	Christopher Hanna	Fencing	Erin Mawhinney	Gymnastics
Alexandra Cernat	Fencing	Brynley Hanson-Wright	Rowing	Nicole Mazara	XC & Track
Katelyn Chan	Fencing	Linnaea Harper	Basketball	Katherine Mazereeuw	Wrestling
Luke Charbonneau	XC & Track	Adrienne Harrison	Soccer	Michelle McDonald	Ultimate
Gregory Chen	Fencing	Derrick Hastings	Lacrosse	Madeline McDonald	Synchro Swim
Jennifer Cheng	Fencing	Angela Hauffer	Rowing	Katie McGurk	Cross-Country
Joletta Cheung	Badminton	Colleen Haughey	Synchro Swim	Ivan Meiszingger	Rowing
Everett Childs	Cross-Country	Leah Hayward	Rowing	Adam Milko	Track
Jasmine Choi	Ultimate	Melissa He	Fencing	Cameron Miller	Ultimate
Yu Ho Choi	Rugby	Anastasia Hepburn	Rowing	Jacqueline Mills	Baseball
Cameron Chow	Swimming	Alice Herbert	Rowing	Jay Mitchell	Ultimate
Douglas Chung	Fencing	Lydia Hicks	Rugby	Emma Mittermaier	Swimming
Adam Clark	Rowing	Elizabeth Hodgson	Track	Janine Moloney	Gymnastics
Carolyn Cleland	Gymnastics	Matthew Holland	Tennis	Tristan Montocchio	Rugby
Sydney Corcoran	Cheerleading	Rachael Holmes	Basketball	Kira Moor	Curling
Michael Cox	Lacrosse	Kylie Hopkins	Track	Blair Morgan	XC & Track
Tyler Crapigna	Football	Christine Horner	Synchro Swim	Adrienne Morgan	Cross-Country
Micayley Cromwell	Swimming	Amanda Hroncok	Rowing	Jonathan Morris	Tennis
Rachel D'Agostino	Synchro Swim	Rachel Hung	Tennis	Laura Morrison	Rugby
Rachel D'arsie	Rowing	Kieran Hurst	Rugby	Eva Mueller	Tennis
Brandon Da Silva	Baseball	Mei-Hua Hwang	Fencing	Sarah Muir	Fencing
Cecilia Dai	Badminton	Garrett Ince	Hockey	Kristen Munro	Figure Skating
Connor Darlington	XC & Track	Kylee Innes	Rugby	John Murphy	Golf
Stephanie Davis	Soccer	Elizabeth Jenkins	Rugby	Charlotte Mussells	Ultimate
Taylor Davis	Soccer	Kathleen Johnson	Squash	Matthew Napier	Track
Danny Demyanenko	Volleyball	Devon Jones	Rowing	Cindy Nelles	Rugby
Terin Dhadda	Lacrosse	Alina Kaas	Tennis	Rebecca Ngu	Swimming
Giorelle Timothy Diokno	Gymnastics	Seoyeon Kang	Cheerleading	Matthew Nicol	Rugby
Kristin Dosen	Fencing	Serena Karmally	Tennis	Dominik Nowak	Tennis
Jeffrey Driediger	Volleyball	Samantha Karvanis	Gymnastics	Emily Nowak	Track
Linda Duemo	Fencing	Kody Kazda	Soccer	Myriam Okudarayfuse	Rowing
Cleo Duffy	Lax & Cheer	Emma Kent	Squash	Isabel Ormond	Basketball
Sydney Duggan	Wrestling	Petro Khodkevych	Volleyball	Alana Page	Water Polo
Heather Dumitru	Water Polo	Samuel Kim	Ultimate	Jason Panthaky	Fencing
Dominique Dupont-Jillings	Gymnastics	Kate Kim	Cheerleading	Manasi Parikh	Rowing
Taylor Dysart	Squash	Kayla King	Fast Pitch	Cheolju Park	Fencing
Elizabeth Edgley	Sailing	Molly Kojder	Ultimate	David Pearo	Cross-Country
Victoria Edwards	Fencing	Elizabeth Krock	Sailing	Andrew Perrella	Fencing
Enis Elhamed	Cheerleading	Mira Krunic	Volleyball	Jobanjit Phulka	Wrestling

ATHLETE	SPORT	ATHLETE	SPORT	ATHLETE	SPORT
Alexandra Pittiglio	Squash	Kyle Stewart	Lacrosse	Jacqueline Watt	Rowing
Myfannwy Pope	Ultimate	Sara Stonehouse	Fencing	Shelby Wiersma	Water Polo
Bethan Pulla	Figure Skating	Natasha Strass-Hundal	Swimming	Taylor Wilkins	Figure Skating
Sadaf Rahmanian	Gymnastics	Benjamin Stubbs	Swimming	Sara Wilkinson	Fast Pitch
Madeline Rawlins	Rowing	Andrew Surya	Football	Erica Wilson	Fencing
Spencer Robitaille	Squash	Jessica Tan	Fencing	Emily Wilson	Gymnastics
Hannah Roche	Field Hockey	Jiaqiao Tang	Water Polo	Kimberly Wong	Cheerleading
Joshua Ruf	Ultimate	Shanika Thomas	Water Polo	Cory Woo	Swimming
Enrico Rullo	Water Polo	Michael Tiberio	Ultimate	Courtenay Wood	Gymnastics
Chaneesa Ryan	Water Polo	Damian Tran	Fencing	Monica Wood	Wrestling
Noor Sakran	Soccer	Keegan Travis	Rowing	Rachael Wright	Golf
Magy Salib	Tennis	Christian Truyen	Soccer	Sasha Wright	Golf
Mitchell Salisbury	Rugby	Longyin Tse	Ultimate	Nancy Wu	Badminton
Ethan Sanders	Rugby	Morganna Turner	Ultimate	Max Yavitt	Lacrosse
Harman Sandhu	Rugby	Jeffrey Tweedle	XC & Track	Jessica Yeung	Tennis
Ronald Savas	Ultimate	Evan Ubene	Cross-Country	Kun (Alice) Yi	Fencing
Evan Schnarr	Hockey	Saskia Van Arragon	Ultimate	Sophia Ykema	Soccer
Allyson Schweitzer	Basketball	Christine Van Beest	Rugby	Daniel Younan	Football
Sashini Senarath	Badminton	Rachel Van Fraassen	Rugby	Taylor Young	Field Hockey
David Serafini	Soccer	Carly Van Kessel	Figure Skating	Kendra Young	Hockey
Ahmed Shamiya	Wrestling	Gregory Vandenberg	Rugby	Michele Zaman	Rowing
Melissa Sieradzki-Jones	Figure Skating	Josh Vandeweerd	Football	Jim Zeng	Badminton
Andrew Sinclair	Wrestling	Annemarie Vanhalteren	Rowing	Chris Zhang	Fencing
Allison Sinha	Cheerleading	Nina Varah	Swimming	Eliya Zhao	Badminton
Zachary Smith	Fencing	Nicholas Vecchi	Soccer	Sarah Zhou	Rowing
Emily Smolej	Rowing	Ryan Veldhuizen	Gymnastics	Calvin Zhu	Fencing
Caitlin Smyth	Fencing	Dominic Ventresca	Hockey	Karl Zimmermann	Rowing
Varun Srivatsav	Fencing	Alyssa Vogelzang	Rowing	Vito Zou	Swimming
Taylor Stanojev	Ultimate	Adam Wadevallance	Sailing	Katherine Zutaugas	Volleyball
Rebecca Steckle	Volleyball	Sarah Walji	Fencing	Nicolas Zwicewicz	Fencing
Paul Steneker	Rowing	Christine Wang	Figure Skating		

DR. MARY KEYES AND DR. JACK KENNEDY AWARDS

The Marauder Scholar event also saw the presentation of the Dr. Mary E. Keyes Award and the Dr. Jack Kennedy Award, which are presented annually to one female and one male student that best combines outstanding academic achievement and athletic excellence. Candidates exemplify the high ideals of Dr. Keyes and Dr. Kennedy, including the qualities of excellence, integrity, community involvement and the development of the whole student-athlete.

Blair Morgan Cross Country & Track

A four-time Dean's Honour List and Marauder Scholar, Morgan is finishing up his fifth and final year of his Chemical Engineering & Bioengineering degree this year. Last year, he received a University Senate Scholarship, which is awarded to students that are within the top 10% academically of their faculty.

The Faculty of Engineering put Morgan forward as their Chancellor's Gold Medal Nomination for last year. The nomination is a strong indicator of how fond Engineering is of him, as the award is given to students who rank highest in scholarship, leadership and influence.

Athletically, the two-time captain has played a large role in the men's cross-country team's success over the last few years, which has included three consecutive OUA team medals. In 2014, Morgan was the first Marauder to cross the finish line in two meets in which the Marauders claimed the men's team title, including their first-ever win at the Western International competition. His 1500m and 3000m track times posted in 2014-15 are in the top 6 of McMaster history.



Mary Keyes and McMaster Director of Athletics and Recreation Glen Grunwald presented McDonald and Morgan with their awards at the Marauder Scholar event in January.

Maddy McDonald Cross Country & Track

A student of McMaster's reputable Kinesiology undergraduate program, McDonald has collected her fair share of awards and accolades both academically and athletically. In fact, she started her academic career at McMaster on the Provost's Honour Roll, one of 84 students that achieved straight 12s over 30 units.

A three-time Marauder Scholar and Academic All-Canadian, McDonald has worked as a research assistant with Dr. Brian Timmons in the Child Health & Exercise Medicine Program, and has applied Kinesiology knowledge by volunteering in the David Braley Sport Medicine Clinic as a physiotherapy assistant.

It is McDonald's community involvement that sets her apart from her peers. A Mac Athletes Care executive member in charge of the Boys & Girls Club of Hamilton, McDonald coordinates and leads two-hour weekly visits of McMaster student-athletes to the local Kiwanis community centre. In September 2014, she began coordinating MacMentoring, a program for at-risk young girls.

McDonald was the cross-country team's leading runner in 2014 at both the OUA and CIS championship, finishing 17th at the OUA cross-country championship.

McMASTER ATHLETES CARE



Women's rugby player Colleen Irowa lets her tired team member take a rest during the 2015 Steel City Amazing Race.

EXECUTIVE

LAUREN SKELLY
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RINA CHARALAMPIS
PHOEBE CSERESNYES
YUKI FUKUSHIMA
ROSS GENOVESE
VICTORIA GIGLIO
LAURA KING
MADELINE MCDONALD
JAKE MORRIS
EMMA OHORI

ADMINISTRATION COORDINATOR
KIDS TO CAMPUS & COMMUNICATIONS COORDINATOR
MARAUDER MVP COORDINATOR
CLOTHING DRIVE COORDINATOR
LIVING ROCK COORDINATOR
MARAUDERS AT MAC & COMMUNICATIONS COORDINATOR
HOSPITAL VISIT COORDINATOR
24 HOURS OF SPORT & COMMUNICATIONS COORDINATOR
W.A.V.E. COORDINATOR
BOYS & GIRLS CLUB COORDINATOR
EVA ROTHWELL COORDINATOR
THINK PINK & COMMUNICATIONS COORDINATOR

SPORT REPRESENTATIVES

YASMYN BELLE
MICHELLE BIEHL
GIANCARLO BRESANI
MICHAEL CAMPAGNOLO
YUHO CHOI
CLAUDIA CONTINENZA
MICHAEL COX
KASEAN DAVIS-REYNOLDS
AMELIA DIXON
KRISTIN DOSEN
KIERAN DOYLE-DAVIS
ALEX ELLIOTT
EMILY FUNG
GABE GHIGLIONE
CONNOR GILMORE
ELENA GRBAC
PRITI GUHADHUR
BRANDON GUTIERREZ
HILARY HANAKA
LEAH HAYWARD
LYDIA HICKS
PETER KHODKEYVCH

CHEERLEADING
WOMEN'S HOCKEY
SWIMMING
BASEBALL
MEN'S RUGBY
WOMEN'S SOCCER
MEN'S LACROSSE
FOOTBALL
CHEERLEADING
WOMEN'S FENCING
MEN'S SOCCER
MEN'S VOLLEYBALL
SWIMMING
XC & TRACK
MEN'S BASKETBALL
FIELD HOCKEY
WOMEN'S TENNIS
MEN'S SOCCER
WOMEN'S BASKETBALL
ROWING
WOMEN'S RUGBY
MEN'S VOLLEYBALL

MARIE KORTE
JENNA LEHOUX
SYDNEY LESLIE
TONY LI
CONNIE MAC
COLIN MCCOY
DAVID MCCULLOCH
STEPHANIE MCNEANEY
JACQUELINE MILLS
NOELLA NORONHA
DOMINIK NOWAK
EMILY NOWAK
INA ONAT
JOBAN PHULKA
ETHAN SANDERS
SABRINA SCHINDEL
VARUN SRIVATSAV
ERIC TELFORD
CHARLOTTE TOUSAW
GREG VANDENBERG
LUKE YAEGER
CAITLYN ZAVITZ

STRENGTH & CONDITIONING
FASTPITCH
WOMEN'S SQUASH
MEN'S SOCCER
WOMEN'S TENNIS
MEN'S GOLF
MEN'S BASKETBALL
WOMEN'S FOOTBALL
ULTIMATE
WOMEN'S LACROSSE
MEN'S TENNIS
XC & TRACK
WOMEN'S VOLLEYBALL
WRESTLING
MEN'S RUGBY
WOMEN'S LACROSSE
MEN'S FENCING
BASEBALL
WOMEN'S CURLING
MEN'S RUGBY
TRACK
FIGURE SKATING

TEAM CAPSULES

MEN'S BADMINTON

HEAD COACH: Xingnan Xu
ASSISTANT COACHES: Jacky Ng, Steve Li
MVP: Jason Sun
TEAM AWARD: OUA Silver

Jacob Kao: OUA All-Star, McMaster
 Athlete of the Week (Feb. 15-21)



Jason Sun

WOMEN'S BADMINTON

HEAD COACH: Xingnan Xu
ASSISTANT COACHES: Jacky Ng, Steve Li
MVP: Sashini Senarath
TEAM AWARD: OUA Silver

Sommer Chou: OUA All-Star, McMaster
 Athlete of the Week (Feb. 15-21)



Sashini Senarath

BASEBALL

HEAD COACH: Adam Strongman
ASSISTANT COACHES: Dave Huctwith, Ray Rutgers,
 Geoff Dunn, Kiko Acevedo
MVP: Keith Woodcock



Keith Woodcock

MEN'S BASKETBALL

HEAD COACH: Amos Connolly
ASSISTANT COACHES: Rod Bynum, Seth Wearing, Scott Hastie,
 Morgan Brown, Ray Kybartas, Joe Jones, Tom McChesney
MVP: Troy Joseph

Leon Alexander: OUA First Team All-Star
 Troy Joseph: OUA Second Team All-Star
 Connor Gilmore: McMaster Athlete of the Week (Jan.
 11-17)



Troy Joseph

WOMEN'S BASKETBALL

HEAD COACH: Theresa Burns
ASSISTANT COACHES: Anne Marie Thus, Ed Grosel, Andrew
 Baillie, Kelly Dunham, Carrie Zettel
MVP: Danielle Boiago

Danielle Boiago: CIS First Team All-Canadian, OUA
 First Team All-Star, McMaster Athlete of the Week
 (Oct. 12-18, Feb. 8-14)
 Clare Kenney: OUA Second Team All-Star
 Linnaea Harper: McMaster Athlete of the Week
 (Nov. 9-15)
 Hilary Hanaka: McMaster Athlete of the Week (Jan.
 25-31)



Danielle Boiago

MEN'S CROSS COUNTRY

HEAD COACH: Paula Schnurr
ASSISTANT COACH: Peter Self
MVP: Blair Morgan
TEAM AWARD: OUA Bronze

Blair Morgan: CIS Second Team All-Canadian, OUA
 First Team All-Star, McMaster Athlete of the Week
 (Nov. 9-15)
 Connor Darlington: CIS Second Team All-Canadian,
 OUA Second Team All-Star
 Taylor Forbes: OUA Second Team All-Star



Blair Morgan

WOMEN'S CROSS COUNTRY

HEAD COACH: Paula Schnurr
ASSISTANT COACH: Peter Self
MVP: Maddy McDonald

Maddy McDonald: CIS Women's XC Community Service Award, OUA Women's XC Community Service Award, McMaster Athlete of the Week (Sept. 21-27)



Maddy McDonald

CHEERLEADING

HEAD COACH: Christa Kocho
ASSISTANT COACHES: Madison Murdoch, Amanda Santana
CLUB PRESIDENT: Kimberly Wong
MVP: Samantha Gillespie



Samantha Gillespie

MEN'S CURLING

HEAD COACH: Jason Stahl
ASSISTANT COACH: Brandon Corbett
CLUB PRESIDENTS: Peter Sinclair and Cameron McLaughlin
MVP: Derek Hambly



Derek Hambly

WOMEN'S CURLING

HEAD COACH: Mike Oda
ASSISTANT COACHES: Lauren Brady and Craig Malis
CLUB PRESIDENTS: Charlotte Tousaw and Emily Lloyd
MVP: Megan Watson



Megan Watson

FAST PITCH

HEAD COACH: Ken Oda
ASSISTANT COACHES: Manny Amaro, Stephanie Sutton
MVP: Alexandra Oliver

Jenna Lehoux: OIWFA All-Star
Nicole Bauman: OIWFA All-Star



Alexandra Oliver

FENCING

HEAD COACH: Dave O'Donnell
ASSISTANT COACHES: Ryan Duwyn, Allan Fein, Angela Rose, Dan Manolescu
MEN'S MVP: Andrew Nguyen
WOMEN'S MVP: Jennifer Akerman

Men's Sabre: OUA Silver
Jennifer Akerman: OUA Bronze - Women's Foil



Andrew Nguyen



Jennifer Akerman

FIELD HOCKEY

HEAD COACH: Krissy Wishart
CLUB PRESIDENTS: Summer-Jane Chowen & Jenna McGill
MVP: Stefanie Rasquin



Stefanie Rasquin

FIGURE SKATING

HEAD COACH: Tara Wilkins
CLUB PRESIDENT: Alyssa Lacroix
ASSISTANT COACHES: Kirsten Jensen, Caitlin Ogino
MVPs: Jennifer Pettem
TEAM AWARD: OUA Bronze

Team: OUA Gold - Team Synchro Event
Emma Yu: OUA Silver - Senior Silver Freeskate
Louise Hans: OUA Gold - Gold Starskate
Kate Johnson & Chelsea Hidden: OUA Bronze - Junior Silver Similar Dance
Jennifer Pettem & Emma Bonafiglia: OUA Bronze - Senior Similar Pairs
Gwendolyn Eadie & Katelynn Blowe: OUA Bronze - Gold Creative Dance
Jennifer Pettem: OUA Silver - Novice Short Program



Jennifer Pettem

FOOTBALL

HEAD COACH: Stefan Ptaszek
ASSISTANT COACHES: Jon Behie, Joe Sardo, Jason Riley, Brian Brock, Mike Warner, Adam Archibald, Al Anonech, Ryan Loveday, Mark Forsyth, Stu Smith, Frank Gesztesi, Carm Genovese, Jeff Robertshaw, Dana Seguin, Rob Underhill, Anthony Allwood, Ralph Kollars, Scott Donaldson, Eric Boyd
MVP - OFFENCE: Asher Hastings
MVP - DEFENCE: Jake Heathcote

Danny Vandervoort: CIS First Team All-Canadian, OUA First Team All-Star, OUA Offensive Player of the Week (Aug. 24-30)
Jake Heathcote: CIS Second Team All-Canadian, OUA First Team All-Star, OUA Defensive Player of the Week (Sept. 21-27), McMaster Athlete of the Week (Sept. 21-27)
Asher Hastings: OUA Second Team All-Star, OUA Offensive Player of the Week (Sept. 7-13)
Dan Petermann: OUA Second Team All-Star, McMaster Athlete of the Week (Oct. 12-18)
Mike Kashak: OUA First Team All-Star
Zach Intzandt: OUA First Team All-Star
Sean Smith: OUA Second Team All-Star
Kevin Aleinik: OUA Second Team All-Star
Mark Mackie: OUA Second Team All-Star
Robbie Yochim: OUA Second Team All-Star, OUA All-Rookie Team
Mitch O'Connor: OUA Second Team All-Star
Jordan Lyons: OUA All-Rookie Team
Adam Poole: OUA All-Rookie Team



Asher Hastings



Jake Heathcote

GOLF

HEAD COACH: Patrick O'Neill
MVP: John MacPherson



John MacPherson

MEN'S HOCKEY

HEAD COACH: Rob Wilkinson
ASSISTANT COACHES: Colin Robinson, John Kalotinis
CLUB PRESIDENT: Alex Miles and Mitch Lowry
MVPs: Mitch Lowry, Matt Papuga



Mitch Lowry



Matt Papuga

WOMEN'S HOCKEY

HEAD COACH: Henry DePellegrin
ASSISTANT COACH: John Bertling
CLUB PRESIDENT: Kristen Demik
MVP: Kristen Demik



Kristen Demik

MEN'S LACROSSE

HEAD COACH: Jason Tallevi
ASSISTANT COACHES: Brendan Sweeney, Kiel Matisz, Mark Phillips,
MVP: Max Yavitt

Ryan Adams: McMaster Athlete of the Week (Oct. 19-25)



Max Yavitt

WOMEN'S LACROSSE

HEAD COACH: Timm Stephenson
ASSISTANT COACHES: Jill Dixon, Eryn Matisz
MVP: Sarah Langdon

Emma Ohori: OUA Second Team All-Star
Sabrina Schindel: OUA Second Team All-Star



Sarah Langdon

ROWING

HEAD COACH: Steffan Wagner
ASSISTANT COACHES: Jake Thomasen and Karly Dee
CLUB PRESIDENT: Leah Hayward
MVPs: Karl Zimmermann and D'Arcy Arends

Karl Zimmermann: CURC Gold - Heavyweight Men's Single
Karl Zimmermann & Aubrey Oldham: OUA Bronze - Heavyweight Double
Heavyweight Men's Eight: OUA Bronze



Karl Zimmermann



D'Arcy Arends

MEN'S RUGBY

HEAD COACH: Dan Pletch

ASSISTANT COACHES: Cal Stafford, Alan Hamilton, Spencer Fullerton

MVP: Jamie Leveridge

Aaron Mabbott: OUA All-Star

Mitch Salisbury: OUA All-Star

Mitch Richardson: OUA All-Star

Jamie Leveridge: OUA All-Star

Ethan Sanders: OUA Community Service Award



Jamie Leveridge

WOMEN'S RUGBY

HEAD COACH: Shaun Allen

ASSISTANT COACHES: Tim Doucette, Amber Purins, Dan Valley

MVP: Cindy Nelles

TEAM AWARDS: CIS Champions, OUA Champions

Cindy Nelles: CIS Player of the Year, CIS First Team All-Canadian, CIS Championship Tournament MVP, CIS Championship Tournament All-Star, OUA Russell Division MVP, OUA Russell Division All-Star, CIS/OUA/McMaster Athlete of the Week (Nov. 2-8)

Colleen Irowa: CIS Championship Tournament All-Star, OUA Russell Division All-Star, McMaster Athlete of the Week (Sept. 14-20)

Katie Svoboda: CIS Second Team All-Canadian, OUA Russell Division All-Star

Abi Moody: OUA Russell Division All-Star

Emily Ricketts: OUA Russell Division All-Star

Rina Charalampis: OUA Russell Division Community Service Award

Ashley Gordon: McMaster Athlete of the Week (Oct. 19-25)



Cindy Nelles

SAILING

HEAD COACH: Cam Lymburner

CLUB PRESIDENT: Ross Murdoch

MVP: Emma Blackburn



Emma Blackburn

MEN'S SOCCER

HEAD COACH: Dino Perri

ASSISTANT COACHES: Joe Valvasori, Anthony Costa, Angelo Pilla

MVP: Nic Vecchi

TEAM AWARDS: OUA Silver

Nic Vecchi: OUA West Division First Team All-Star

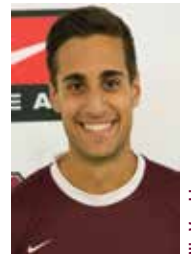
Marco Gennaccaro: OUA West Division Second Team All-Star

Ryan Garnett: OUA West Division Second Team All-Star

Ross Genovese: OUA West Division Community Service Award

Angelo Cavalluzzo: McMaster Athlete of the Week (Sept. 14-20)

Stefan Scholz: McMaster Athlete of the Week (Nov. 2-8)



Nic Vecchi

WOMEN'S SOCCER

HEAD COACH: Brett Mosen

ASSISTANT COACHES: Mackenzie Wilde, John Yacou, Brittany Duffey, Natalie Bukovec

MVP: Jessie Faber

Jessie Faber: McMaster Athlete of the Week (Sept. 28-Oct. 4)



Jessie Faber

MEN'S SQUASH

HEAD COACH: Chris Robitaille

MVP: Patrick Morkus

Patrick Morkus: OUA All-Star



Patrick Morkus

WOMEN'S SQUASH

HEAD COACH: Doug Hamilton
MVP: Emma Kent



Emma Kent

MEN'S SWIMMING

HEAD COACH: Andrew Cole
ASSISTANT COACHES: Jacqueline Beckford, Alison Russell, Gabriel Gyulay
MVP: Dominic Walter
TEAM AWARDS: OUA Bronze
RELAYS: OUA Silver - 200m Medley Relay, OUA Silver 200m Free Relay, OUA Bronze 800m Free Relay

Kenny MacKenzie: OUA Gold - 50m Breaststroke
Dominic Walter: OUA Silver - 400m Free, OUA Bronze - 200m Free



Dominic Walter

WOMEN'S SWIMMING

HEAD COACH: Andrew Cole
ASSISTANT COACHES: Jacqueline Beckford, Alison Russell, Gabriel Gyulay
MVP: Emma Mittermaier
RELAYS: OUA Silver - 200m Medley, OUA Silver - 400m Medley, OUA Bronze 200m Free, OUA Bronze - 400m Free

Emma Mittermaier: OUA Bronze - 100m Free



Emma Mittermaier

SYNCHRONIZED SWIMMING

COACHES: Nicole Maffey, Abbie Asunmaa, Olga Skarina
CLUB PRESIDENT: Daniella Lato
MVP: Daniella Lato



Daniella Lato

MEN'S TENNIS

HEAD COACH: Rasim Sehovic
ASSISTANT COACHES: Doug Ho
MVP: Derek Bennett



Derek Bennett

WOMEN'S TENNIS

HEAD COACH: Peter Patiakas
MVP: Lily Southcott



Lily Southcott

MEN'S TRACK

HEAD COACH: Paula Schnurr
ASSISTANT COACHES: Pete Self, Tony Giannikouris
MVP: Jeff Tweedle
RELAY: OUA Bronze - 4x800m

Jeff Tweedle: OUA Bronze - 1000m
Patrick Deane: McMaster Athlete of the Week
(Feb. 1-7)



Jeff Tweedle

WOMEN'S TRACK

HEAD COACH: Paula Schnurr
ASSISTANT COACHES: Pete Self, Tony Giannikouris
MVP: Chelsea Mackinnon
RELAY: OUA Bronze - 4x800m

Kaitlyn Pansegrau: McMaster Athlete of the Week
(Jan. 11-17)



Chelsea Mackinnon

MEN'S VOLLEYBALL

HEAD COACH: Dave Preston
ASSISTANT COACHES: Nathan Janzen, Mo Ibrahim, Dan Russell, Peter Eglitis, Steve Brinkman
MVP: Stephen Maar
TEAM: CIS Silver, OUA Champions

Stephen Maar: CIS First Team All-Canadian, CIS Championship Tournament All-Star, OUA Player of the Year, OUA First Team All-Star, McMaster Athlete of the Week (Sept. 28-Oct.4, Nov. 16-22)
Danny Demyanenko: CIS First Team All-Canadian, CIS Championship Tournament All-Star, OUA First Team All-Star
Andrew Kocur: CIS Second Team All-Canadian, OUA First Team All-Star
Pawel Jedrzejewski: OUA Second Team All-Star
Craig Ireland: OUA All-Rookie Team
Matt Passalent: OUA All-Rookie Team



Stephen Maar

WOMEN'S VOLLEYBALL

HEAD COACH: Tim Louks
ASSISTANT COACHES: Nathan Janzen, Brandon Cleland, Sarah Clinton, Michael Hall, Greg Mills
MVP: Taylor Brisebois

Michelle Chelladurai: CIS All-Rookie Team, OUA West Rookie of the Year, OUA West All-Rookie Team
Joanna Jedrzejewska: OUA West First Team All-Star, McMaster Athlete of the Week (Nov. 16-22)
Taylor Brisebois: OUA West Second Team All-Star, McMaster Athlete of the Week (Jan. 18-24)
Maicee Sorensen: OUA West Second Team All-Star
Rebecca Steckle: OUA West Award of Merit, McMaster Athlete of the Week (Feb. 1-7, Feb. 22-28)



Taylor Brisebois

MEN'S WATER POLO

HEAD COACH: Quinn Fairley
MVP: Graham Jones

Colin Colterjohn: OUA All-Star
Nick Davies: McMaster Athlete of the Week
(Nov. 23-29)



Graham Jones

WOMEN'S WATER POLO

HEAD COACH: Andy Duffield
MVP: Jordan Brydges
TEAM AWARD: OUA Silver

Andy Duffield: OUA Coach of the Year
Jordan Brydges: OUA All-Star, McMaster Athlete of the Week (Nov. 23-29)
Betty Spurgeon: OUA All-Star



Jordan Brydges

MEN'S WRESTLING

HEAD COACH: Nick Cipriano
ASSISTANT COACHES: Robert Betz, Chris Fraser
MVP: Ahmed Shamiya
TEAM: CIS Silver, OUA Silver

Ahmed Shamiya: CIS Gold - 72kg, OUA Gold - 72kg, McMaster Athlete of the Week (Jan. 18-24, Feb. 22-28)
Jason Buckle: CIS Silver - 61kg, OUA Outstanding Wrestler, OUA Gold - 61kg, McMaster Athlete of the Week (Feb. 8-14)
Omar Ahmed: CIS Bronze - 65kg, OUA Gold - 65kg, McMaster Athlete of the Week (Jan. 25-31)
Chris Garneau: CIS Bronze - 68kg, OUA Bronze - 68kg
Brad MaGarrey: OUA Silver - 76kg
Joban Phulka: CIS Bronze - 82kg, OUA Silver - 82kg
Kevin Barret: OUA Silver - 90kg
Robbie Smith: OUA Bronze - 54kg
Ameen Aghamirian: OUA Bronze - 100kg



Ahmed Shamiya

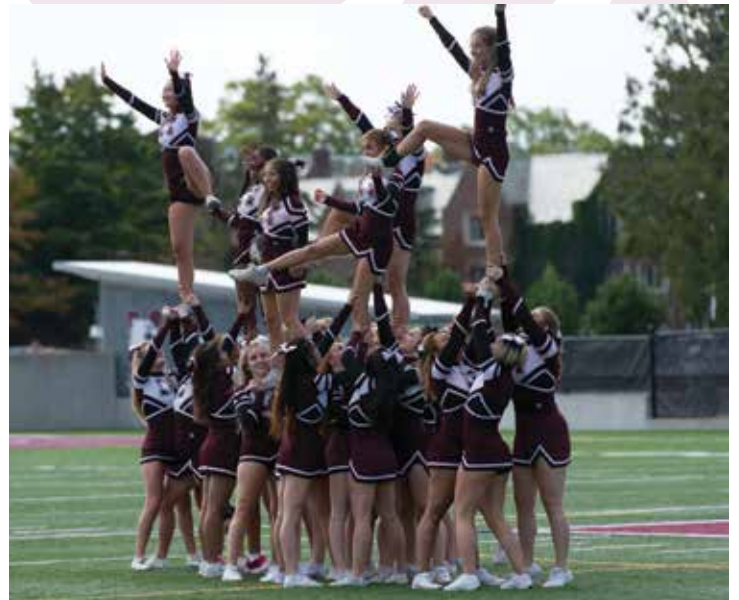
WOMEN'S WRESTLING

HEAD COACH: Nick Cipriano
ASSISTANT COACHES: Robert Betz, Chris Fraser
MVP: Monica Wood

Nicole Roach: OUA Silver - 63kg
Monica Wood: OUA Bronze - 48kg



Monica Wood



JOYCE WIGNALL AWARD

The Joyce Wignall Award was first presented in 2002-03 to honour Joyce's tireless dedication to student-athletes, the McMaster Athletic Council and the Department of Athletics and Recreation. During her 39-year tenure at McMaster, Joyce embodied the values of the McMaster Athletic Council Outreach program of teamwork, friendship, loyalty and community involvement. The team recipient will have extensive community involvement and a strong sense of civic ownership.



Women's Ice Hockey

This season marks the second straight that the women's hockey team is recognized with the Joyce Wignall Award. The team was recognized by the City of Hamilton for outstanding generosity and dedication to community service for its work with the Kiwanis Boys and Girls Clubs of Hamilton, through the Skate the Dream program that teaches beginner hockey skills to Hamilton youth in a safe and inclusive environment. The team members embrace the mission to reach into the local community and offer assistance to those in need. McMaster women's hockey also promotes fair play and sportsmanship, and has worked with the Ontario Women's Hockey Association and International Ice Hockey Federation to play an annual game with the Chinese Olympic Ice Hockey team.

AWARD FINALISTS

Football

An active supporter of McMaster community outreach efforts, the football team always provides players for McMaster Athletes Care visits to work with inner city kids. The team mobilized to participate in Think Pink initiatives in support of fundraising in the fight against breast cancer. On their own initiative, team members participate in visits to the McMaster Children's Hospital to engage with patients and in the School Visits program, which entails visiting elementary schools to discuss teamwork, academics, and other lessons learned through sport.

Women's Rugby

One of the biggest supporters of McMaster Athletes Care, the women's rugby team takes pride in helping execute programs like the weekly visits to the Boys and Girls Clubs of Hamilton. Team members have also enthusiastically participated in the School Visits program, which sends varsity athletes to speak to elementary and secondary school students about the university student-athlete experience and the decisions faced by varsity athletes as they strive to compete in their sport and represent their school.

Men's Rugby

Another squad that is very active in McMaster Athletes Care, the men's rugby team also raised over \$3,000 through its Movember campaign in support of men's health issues. The team also runs a high school skills clinic to promote rugby and help develop the sport at the grassroots level. Men's rugby supports Gainline Africa, an international organization that uses rugby as a development tool in African post-conflict communities.

BRUCE COCHRANE AWARD

The Bruce Cochrane Award was first presented in 1995 to honour Bruce Cochrane on his retirement from McMaster University. Bruce dedicated 25 years of unwavering service to the athletics program. Candidates for the award have held a position within the Department of Athletics and Recreation as one or all of the following: team manager; student-therapist; assistant coach; event management staff; or athletics administrative assistance. They have shown unwavering dedication and service, while providing positive contributions to their group or team, which in turn have had a direct impact on results.



Ethan Sanders, Student Therapist & Strength and Conditioning

Bringing drive and dedication to every aspect of his life at McMaster, Sanders is a true embodiment of excellence and versatility. A four-year member of the Marauder men's rugby team and regular starter, Sanders was the team's delegate to McMaster Athletes Care and was awarded the OUA Community Service Award in his sport as a result. For the past two seasons, he has operated as a joint strength and conditioning and athletic therapy volunteer for the men's volleyball program, and has routinely exceeded the requirements of his position, becoming a vital friend, confidant and pillar of support for the players and staff of the CIS silver medalists. His success stretches to the classroom, where Sanders has received Marauder Scholar status and achieved an MCAT score in the 98th percentile, with his sights set firmly on a career in medicine.

1994-95	Chad Taylor	2002-03	Bridget Sheahan		Mary Tam
1995-96	Trish Chant	2003-04	Matt Wood	2010-11	Ryan Loveday
1996-97	Tetsuya Maeno	2004-05	Chris Adachi		Laura Rietmuller
1997-98	Rodger Shortt	2005-06	Candis Kokoski	2011-12	Scott Laws
1998-99	Cameron Dunlop	2006-07	Megan Deffett	2012-13	Mark Zimmerman
1999-2000	Marc Klimstra	2007-08	Stefan Kegel	2013-14	Bowen Lin
	David Lightfoot		Dan Russell	2014-15	Jason Erlich
2000-01	David Goodwin	2008-09	Marie Picard		
2001-02	Tracey Blake	2009-10	Dan Russell		

AWARD FINALISTS



Eric Boyd, Football

A Master's of Labour Studies student, Boyd has become an invaluable fixture of the McMaster football program. He has the crucial job of managing the team's film, ensuring that practices and games are properly cut for study, that tape exchanges are successfully made, and working with players and coaches to highlight them for potential transitions to the pros. Interacting constantly with coaches to ensure that team meetings and practices run efficiently, Boyd contributes a minimum of 30 hours a week to the program, all while pursuing his Master's and serving as a teaching assistant. In the offseason, he meets with CFL teams to compare processes, and worked as a video assistant for the Calgary Stampeders through their 2015 training camp.



Kristen Demik, Hockey

McMaster's club teams could not operate without a dedicated core of players willing to go above and beyond the call of competition. For the Marauder women's hockey club, that woman is undoubtedly Kristen Demik. Twice the team's MVP, Demik currently leads her squad in goals and assists, and is eager to pass her knowledge of the game on to her teammates. Off ice, she serves as the club president, overseeing day-to-day administrative duties including budget maintenance, the hiring of coaching staff and the planning of travel and ice bookings, while presiding over the development of a yearly game between the Marauders and the Chinese national team. Demik has also been the key point of contact with the Hamilton Bulldogs in organizing employment opportunities for her teammates as members of the club's ice crew.



Alison Russell, Swimming

A constant presence for the Marauder swimming program since her appointment as Team Manager in January of 2015, Russell provides the administrative glue that holds the program's many facets together. She serves as the organizer of the team's events, including dual meets against OUA competition, the yearly training camp, which took place in Jamaica this season, the program's triathlon training clinics, and McMaster's high school swim meets, in which she stands as the Assistant Meet Director. Taking the lead on the scheduling of athletic trainers for the program, and taking part in the group's community outreach, Russell donated her time to McMaster Athletes Care and the team's fundraiser for the Kidney Foundation of Canada.

LES PRINCE AWARD

The Les Prince Award was first presented in 1996 in memory of the late Les Prince, who was a founding board member of the Athletes Helping Athletes Program. His passion for sport transcended his involvement within the department and entered our community, where his enthusiasm for giving back to sport was notable. The award is presented annually to the student-athlete who demonstrates leadership and outstanding community service through participation in an outreach program.



Gabe Ghiglione, Cross Country & Track

Stretching the limits of his day to the utmost, Ghiglione is involved in a dizzying array of outreach efforts while contributing as a consistent scorer for the OUA bronze-medal-winning Marauder men's cross country team. He attended over 20 of McMaster Athletes Care's weekly visits, the highest number among any student-athlete, and visited at least one community partner each week. Ghiglione has been a part of every major programming effort put forward by MAC this year, and participated in the recently-launched Succeed Clean initiative through the Canadian Centre for Ethics in Sport. He is the president of the ALS Society at McMaster, and created an outreach program in that role which sees members visit patients in the Hamilton area and assist them with everyday tasks and provide welcome companionship.

1995-96	Sean Neeb	2002-03	Carla Cupido	2009-10	Lara Pilutti
1996-97	Tom Pain	2003-04	Katrina Cox	2010-11	Kevin McLellan
1997-98	Kevin Goode	2004-05	Deb Van Bolderen		Hailey Milligan
1998-99	Katie Frauts	2005-06	Ben Katz	2011-12	Lauren Hurst
1999-2000	Carla DiFilippo	2006-07	Shawn Benninger	2012-13	Graham McKelvie
2000-01	Carla DiFilippo	2007-08	Stephanie Carty	2013-14	Chris Griffiths
2001-02	Carla Cupido	2008-09	Cathy Conlin	2014-15	Isabel Ormond

AWARD FINALISTS



Ross Genovese, Soccer

Genovese signaled his commitment to volunteerism from day one of his Marauder career, serving as the men's soccer team's delegate to McMaster Athletes Care since his first year in 2012. His dedication to the organization saw him elevated to the executive board this season, where he serves as the coordinator of athlete visits to the McMaster Children's Hospital. Playing a pivotal role in his team's fundraising efforts, Genovese has volunteered each season to assist in the operation of McMaster's series of summer soccer tournaments, officiating games, and overseeing registration and tournament set up. Outside the confines of McMaster, he has served as a mentor with the Riverdale Community Centre's Changing the World Through Literacy Program, a volunteer with his church and local chapter of the Knights of Columbus and U8 head coach at the Hamilton Sparta Soccer Club.



Victoria Giglio, Swimming

A third-year member of the Marauder swim program, Giglio has become a shining example of community service, while serving as an important contributor in the pool. Beginning as a team representative for McMaster Athletes Care and organizing outreach events with her teammates, Giglio moved on to the executive board this year as the coordinator of the 24 Hours of Sport event and a member of the staff for the Steel City Amazing Race. She began coaching with the Dundas Seahawks Special Olympics swimming program in September, and assisted her program by volunteering at McMaster's high school meets and triathlon clinics. During the CIS Men's Volleyball Championship, Giglio served as a team host for the New Brunswick Varsity Reds, assisting them at practice and operating as their guide throughout their stay in Hamilton.

MEL AND MARILYN HAWKRIGG OUTSTANDING ROOKIE AWARD (FEMALE)

The Mel and Marilyn Hawkrigg Outstanding Rookie Award was first presented in 2009-10 to honour Mel and Marilyn Hawkrigg, who are life-long supporters of McMaster Athletics. Candidates will have distinguished themselves at the highest level of performance while representing McMaster University in their first year of post-secondary interuniversity competition. The recipient(s) should exhibit outstanding athletic ability both at the provincial and national level of competition. Overall, the recipient(s) will have exhibited superior athletic ability during intercollegiate competition this season.



Michelle Chelladurai, Volleyball

Chelladurai stepped into a veteran lineup and performed exceptionally well at the vital setter position. Her efforts contributed to McMaster finishing conference play with a 15-3 record in the OUA West Division and advancing to the OUA Final Four. A first-year Kinesiology student, Chelladurai was recognized as the OUA West Division Rookie of the Year and as a member of the OUA All-Rookie team, before being further honoured with selection to the CIS All-Rookie team.

2006-07
2007-08
2008-09
2009-10

Stephanie Sun*
Rachel Hart*
Stephanie Sun*
Sarah Taylor

.....

2010-11
2011-12
2012-13
2013-14

Erin MacFadyen
Cindy Nelles
Danielle Boiago
Sophie Bukovec

.....

2014-15

Sara Svoboda

* Mel and Marilyn Hawkrigg Outstanding Sportsmanship Award

AWARD FINALISTS



Sommer Chou, Badminton

Chou had a major influence on the badminton team as a first-year athlete. Playing singles, doubles, and mixed doubles, she won 10 of 11 matches at the OUA Championship hosted at McMaster to help the Marauders win the silver medal, which was the highest finish in team history. Chou was recognized as an OUA all-star for her performance at the conference finals. Outside of her varsity exploits, she has twice qualified to compete at the Junior World Championships and Junior Pan American Games.



Britni French, Rugby

French rebounded from missing the previous season due to injury to become a regular starter at outside centre on a Marauder team that won its second straight OUA championship and its first CIS national title. She displayed a nose for the touch line and was a force in the McMaster scrum during this championship season. French played for Canada in 2015 with the U20 team, is a former provincial team player and also won an Ontario Women's League championship as a member of the Aurora Barbarians.



Jill Stringer, Water Polo

A first-year Life Science student, Stringer was a major contributor for the Marauders as a first-year player. She played a key role in Mac taking the silver medal in the OUA Water Polo Championships, which were hosted at McMaster. A precise shooter and passer, Stringer was a vital part of all the structured plays that the team used, and finished the season as the squad's second-leading scorer.

MEL AND MARILYN HAWKRIGG OUTSTANDING ROOKIE AWARD (MALE)

The Mel and Marilyn Hawkrigg Outstanding Rookie Award was first presented in 2009-10 to honour Mel and Marilyn Hawkrigg, who are life-long supporters of McMaster Athletics. Candidates will have distinguished themselves at the highest level of performance while representing McMaster University in their first year of post-secondary interuniversity competition. The recipient(s) should exhibit outstanding athletic ability both at the provincial and national level of competition. Overall, the recipient(s) will have exhibited superior athletic ability during intercollegiate competition this season.



Brad MaGarrey, Wrestling

Entering a star-studded group of Marauder wrestlers, Brad MaGarrey hardly looked out of place this season. The Hamilton product slid into the 76kg division for McMaster, and instantly became a dependable contributor for the 2015 OUA champions. He won silver at the conference championship tournament in February, matching his team's overall achievement, just two weeks removed from competing at 84kg and winning bronze at the Ontario Junior Provincial Championships. Narrowly missing the national podium with a fourth-placed finish at the CIS Championships, MaGarrey once again moved up to 84kg to finish fourth at the Canadian Junior Championships in New Brunswick in March.

2006-07
2007-08
2008-09
2009-10

Mike Matunin*
Parrish Offer*
Alex "Simba" Sithole*
Carter Williams

2010-11
2011-12
2012-13

Andrew Ferguson
Jason Buckle
Adam Presutti
Danny Demyanenko

2013-14
2014-15

Dan Vandervoort
Dan Petermann

* Mel and Marilyn Hawkrigg Outstanding Sportsmanship Award

AWARD FINALISTS



Kenny Mackenzie, Swimming

A strong presence in the breaststroke has been a tradition of the Marauder swim program in recent years, and with the graduation of Konrad Bald, his torch was passed convincingly this season to Kenny Mackenzie. The first-year Engineering major not only embraced OUA competition, he emerged as McMaster's leading light at the conference championships, winning Mac's only gold medal with a 28.17 performance in the 50m breaststroke that shaved over a second off his personal best. He followed by topping the B Final in the 100m event, before helping Mac's 200m medley relay to a silver medal. In his first CIS Championship meet, Mackenzie finished sixth in the 50m breaststroke and was part of the Marauders 400m medley relay that finished fifth, both in the long course configuration.



Jordan Lyons, Football

Operating in a crowded backfield, Jordan Lyons made the most of his touches in 2015 and gave Coach Ptaszek and the Marauder football program reassurance that the future of the running back position is in good hands. Finishing with 417 all-purpose yards, and ranking fifth among Marauders in that category despite limited playing time, Lyons was named to the OUA All-Rookie Team and was recognized as the program's Rookie of the Year. He put his versatility on display by running, catching out of the backfield and returning kicks, and scored a total of five touchdowns in 2015, with at least one coming from each category.



Mitch Richardson, Rugby

Hinting at his vast potential, fly half Mitch Richardson made the transition to the varsity game in a flash this season for the men's rugby program. He was a regular starter for the Marauders and helped propel them to 5-3 regular season record and a fourth-placed finish in the OUA. Showing confidence as a young player, Richardson often led line breaks for his team, and was a stabilizing force on the defensive side of the ball. He was twice named as McMaster's Man of the Match, and was rewarded for his fine play with a spot on the OUA All-Star Team. In addition, Richardson is a member of the Canadian U20 National Team, and has spent much of the winter term training and competing at the national training centre in BC, most recently playing in the World U20 Rugby Trophy tournament in Austin, Texas in February.

DR. EDNA GUEST AWARD

The Dr. Edna Guest Award was first presented in 1931. Dr. Guest, who was at that time the medical advisor for women at McMaster, donated the cup. The original criterion of health through sport was added to in the early 1960's to reflect outstanding athletic ability and the "Spirit of McMaster." Today these criteria remain. The recipient will be a graduating athlete, who has participated in varsity sport each year while at McMaster University. They will have a positive attitude, which is reflected in their leadership and service to others. Additionally, recipients will be involved in a variety of volunteer and McMaster athletics activities, while exhibiting noteworthy athletic ability as indicated by their performance during the current season. Overall, they must demonstrate leadership ability on their teams and within our community while radiating the "Spirit of McMaster".



Maddy McDonald, Cross Country & Track

Maddy McDonald has been a champion over her time at McMaster in many fields of endeavour. Over her varsity tenure, she has been an OUA All-Star (2012) and a CIS All-Canadian (2012), while helping her team to OUA silver (2012) and bronze (2015) medals and a CIS silver medal (2012). She has consistently been the top Marauder finisher in cross country, and was the team MVP in 2013 and team captain this season. She is a four-time CIS Academic All-Canadian and Marauder Scholar, and was the 2015 recipient of the Dr. Mary Keyes award for outstanding academic performance. Her community service efforts are too numerous to list, but have seen her recognized twice (2013, 2015) with the OUA Community Service Award for women's cross country. Her leadership within programs such as McMaster Athletes Care and MacMentoring has been inspirational.

1930-31	Reta Smith (Stainton)	1957-58	Janet Lee (Davis)	1989-90	Diane Allen
1931-32	Grete Haeberlin (Aeaberli)	1958-59	Irene Tomko (Brusch)	1990-91	Lauren Crich (Crosby)
1932-33	Kay McGowan (Bancroft)	1959-60	Catherine Lee (Naylor)	1991-92	Maxine Monkman (Scott)
1933-34	Doris Brodie (McKay)	1961-62	Norma Dickinson (Robertson)	1992-93	Kira Leskew (Fraser)
1934-35	Florence Nichols	1962-63	Barbara Langs (Hall)	1993-94	Lisa Thomaidis
1935-36	Kay Sturt (Walker)	1963-64	Sue Browne (Burke)	1994-95	Nikki Flaser (Palmer)
1936-37	Helen Norma Hardy (Kirkwood)		Nancy Quartermain (Westaway)	1995-96	Frances Jakopin (McCormick)
1937-38	Margaret Hubbard (Ewart)	1964-65	Elizabeth Florence (Baird)		Shelly Vanderbeld
1938-39	Helen Bryce (Lee)	1966-67	Heather Cowan	1996-97	Jenn Seglins (Turner)
1939-40	Hope Gray (Moore)	1967-68	Terry Hirano (Thorsen)	1997-98	Jen Appgar
1940-41	M. Isabel Blume (Pratt)	1970-71	Irene D. Care (Spencer)	1998-99	Jen Zongor
1941-42	Dorothy Dawson (Morrison)	1971-72	Jane M.R. Kirby (Wilson)	1999-2000	Jen Cole
1942-43	Jean H. Ramsay (Colburn)	1972-73	Bonnie McNicol (Blunt)	2000-01	Sarah Dickson
1943-44	Jean Moyle (Wright)	1974-75	Barbara Woodley (Prysnuk)	2001-02	Amy Seiling (Fischer)
1944-45	Myra Rickard (Atkin)	1975-76	Andrea M. Mann	2002-03	Katie Coulson
1946-47	Jean Isard (MacDonald)	1976-77	Marianne McKeen (Beausejour)	2003-04	Deborah Van Bolderen
1947-48	Monica Lawless (Miller)		Lois Cole	2004-05	Katie McIntyre
1948-49	Stella Johnston (Wilkinson)	1977-78	Mary-Rose Stanga	2005-06	Colleen George
1949-50	Donna Wallace (Peacock)	1978-79	Karen E. Danylchuk		Liz Moss
	Jean Price	1980-81	Leslie C. Stewart	2006-07	Jane Wilkinson
	Erica Throne (Thompson)	1981-82	Virginia G. Jackson (Jackson-Neville)	2007-08	Leah Henderson
1950-51	Elva Carrol		Lisa C. Timpf	2008-09	Nora Griffiths
1951-52	Dorothy Burton	1982-83	Elizabeth A. Harrison (Steel)	2009-10	Shannon Galea
1952-53	Evelyn Veale		Leslie McKay (Thornley)	2010-11	Larissa Puhach
1953-54	Joan Helen Maguire (Bennett)	1983-84	Michele Barresi (May)		Kaley Veerman
1954-55	Evelyn H. Macaluso (Chapman)	1984-85	Linda de Jeu	2011-12	Meagan Nederveen
1955-56	Jean McAuley (Currie)	1985-86	Susan Porter (Northey)	2012-13	Maggie Cogger-Orr
	Donna Clark	1986-87	Kathleen Gilmour	2013-14	Amanda Weldon
1956-57	Donna Weir (Madden)	1987-88		2014-15	Riley Allison

*married name in brackets

AWARD FINALISTS



Rina Charalampis, Rugby

A stalwart for the women's rugby team over her varsity career, Charalampis was the starting fullback for the 2015 OUA and CIS Championship squad. In 2015, she used her speed and open field running to score six tries for the Marauders, which was among OUA league leaders. Charalampis also assumed a leadership role within McMaster Athletes Care, spending two years on the executive and coordinating weekly visits by Mac athletes to work with inner city youth groups. She also helped organize the annual clothing drive in support of the Eva Rothwell Centre and the Hamilton Urban Core Community Health Centre. Rina served as the event coordinator for the 2015 Steel City Amazing Race, and was named as the OUA nominee for the CIS women's rugby community service award.



Kristen Demik, Hockey

A five-year veteran of the women's hockey team, Demik has been a key player for the Marauders and is the team leader in goals, assists and total points. She has been named the team MVP twice over her playing career, while serving as captain and club president. In addition to her responsibilities as club president, Demik has assumed leadership roles through many volunteer opportunities. For the last three years, she has organized an annual game with China's Women's National Team, helping to foster relations between McMaster, the Ontario Women's Hockey Association and the International Ice Hockey Federation. Demik was also recognized by the City of Hamilton for her community service work with the Kiwanis Boys and Girls Clubs of Hamilton.



Rebecca Steckle, Volleyball

Steckle emerged as a dangerous offensive threat for the Marauders this season, and was a key contributor as her team achieved a record of 15-3, earning a spot in the CIS top ten rankings, and advancing to the OUA Final Four. A four-time CIS Academic All-Canadian, Steckle also contributed her time to McMaster Athletes Care and the MacMentoring program. Her generosity saw Rebecca use her athlete meal allowance to purchase food for the homeless and less fortunate in Hamilton. She also worked with the Abide Family Centre to raise funds for vulnerable families in Uganda, to help keep families together rather than see children sent to orphanages or trafficked through adoption agencies.

DR. RAY JOHNSON AWARD

The Dr. Ray Johnson Award was first presented in 1993 to honour Dr. Johnson on his retirement from McMaster University, after a distinguished career as an athletic administrator, coach and faculty member. The award was named by the 1993-94 Men's Athletic Council of McMaster University to recognize Dr. Johnson's untiring support of Men's Interuniversity Athletics. In his years of service, his dedication to fair play, sportsmanship, and leadership were always apparent. The recipient will be a graduating athlete, who has participated in varsity sport each year while at McMaster University. They will have a positive attitude, which is reflected in their leadership and service to others. Additionally, recipients will be involved in a variety of volunteer and McMaster athletics activities, while exhibiting noteworthy athletic ability as indicated by their performance during the current season. Overall, they must demonstrate leadership ability on their teams and within our community while radiating the "Spirit of McMaster".



Alex Elliott, Volleyball

The leader of a team chalked full of exceptional characters, Alex Elliott undoubtedly leaves McMaster volleyball better than he found it. The fifth-year middle has spent four seasons as a member of the Marauders leadership council, while excelling on court since being named as the OUA's Rookie of the Year in 2012. Elliott was named as a Second Team OUA All-Star in his second year, and his constant contributions culminated in his recognition as McMaster's Player of the Game in this year's CIS final. Off court, Elliott has remained reliably involved in all that McMaster has to offer, serving as his team's delegate to McMaster Athletes Care, a member of the Right to Play at McMaster executive board, the coordinator of his program's yearly high school tournaments and a member of the game day event staff. He graduates McMaster as one of the finest role models that Dave Preston's team has ever boasted.

1992-93
1993-94
1994-95
1995-96
1996-97
1997-98

1998-99
1999-2000

Tim Ormond
J.J. Neely
Ramon Chan-A-Sue
David Palmer
Tom Pain
Drew Dundas
Norm Litchfield
Chris Dorrington
Fred Said

2000-01
2001-02
2002-03
2003-04
2004-05
2005-06
2006-07
2007-08
2008-09

Ben Chapdelaine
David Goodwin
Kipp Kaufman
Harry Cheung
Jon Little
Jon Behie
Adam Steiner
Parrish Offer
Simon Binder

2009-10
2010-11
2011-12
2012-13
2013-14
2014-15

Peter Hrkal
Andrew Lombard
Nathan Cox
Anthony Costa
Chris Pickard
Vincent Wu
Austin Champion-Smith
Steven Ventresca

AWARD FINALISTS



Zach Intzandt, Football

Approaching the field, the classroom and the community with a willingness to learn, adapt and serve, Zach Intzandt has grown into an exceptional ambassador of the Marauder football program. Entering his rookie season as a defensive lineman, Intzandt started for the Yates Cup champions and Vanier Cup runners up in 2012, before agreeing to cross the trenches when injuries hit the offensive line the following year. In a year, he had mastered the switch, and was playing on both sides of the ball, developing into a two-time OUA All-Star and a team captain. He appeared in the CIS East-West Bowl in 2015 and the CFL Combine in March, and is a likely selection in the upcoming draft, although he has his sights set on law school. A leader of the football program's community outreach events, Intzandt also freely donates his time to assist his coaching staff with team activities such as campus tours and recruit hosting.



Cam Chow, Swimming

A reliable performer in the pool, both individually and as a member of McMaster's medley relays, Chow has also built an accomplished resume outside of it. The backstroke specialist helped the Marauders to silver in the 200m medley relay at the OUA Championships this season, and qualified for April's Canadian Olympic Trials. Putting his swimming expertise to wider use, Chow has served as a coach of the Dundas Seahawks Special Olympics swimming program since 2013, while volunteering with McMaster Athletes Care, the Mac Seniors and MacWheelers exercise programs, the Student Walk Home Attendant Team, and therapy work with local Parkinson's patients. He has also given back to his program by serving as a volunteer official at McMaster's yearly high school meet and coach of the program's regular triathlon clinics.

THÉRÈSE A. QUIGLEY AWARD

The Female Athlete of the Year Award was first presented in 1984-85. In 2009, the award was renamed in honour of Thérèse Quigley who first arrived at McMaster in 1984-85 as head coach of the women's volleyball team and lecturer in the School of Physical Education and Athletics and later serving as the Director of Athletics and Recreation from 1990-2009. This award recognizes the student-athlete who has distinguished herself to the highest level of performance while representing McMaster University in intercollegiate competition. The criteria requires the candidate to have demonstrated superior athletic performance while representing McMaster. The candidate may be in any year of university.



Cindy Nelles, Rugby

Cindy Nelles completed a fantastic 2015 season that was capped off by her helping McMaster win its first CIS women's rugby championship. Along with her team's success, Nelles was the recipient of many individual accolades, including being named an OUA All-Star and Russell Division MVP, as McMaster captured its second straight OUA crown. She was named a CIS All-Canadian for the third time in her career and was also recognized as 2015 CIS Player of the Year. Scoring four tries in three games at the CIS Championship tournament, and leading McMaster to the title, Nelles was further honoured as a CIS Tournament All-Star and the Most Outstanding Player.

1984-85	Paula Schnurr Sheila De Zeeuw	1993-94	Sarah Bruce	2008-09	Carly Cermak <i>Team Sport</i>
1985-86	Paula Schnurr	1994-95	Joanne Malar		Lindsay DeGroot <i>Individual Sport</i>
1986-87	Margot Verlaan (Page) Paula Schnurr	1995-96	Joanne Malar		Jillian Wyman <i>Team Sport</i>
1987-88	Paula Schnurr	1996-97	Sarah Laudenbach		Jenn Holt
1988-89	Colleen Cupido Gloria Tomasevic (White)	1997-98	Jen Richardson (Pain)		Jessica Pearo Sarah Taylor
1989-90	Lydia Vamos	1998-99	Janet Cook		Jessica Pearo
1990-91	Heather MacKay	1999-2000	Janet Cook		Katie Anderson
1991-92	Lydia Vamos	2000-01	Dani Everitt		Victoria Coates
1992-93	Nicole Heckendorf Mary-Elaine Mota (McKnight)	2001-02	Kirsten Matthews		Hailey Milligan
		2002-03	Pam Wilson		Danielle Boiago
		2003-04	Pam Wilson		
		2004-05	Ellen Macro		
		2005-06	Stefanie Howorun		
		2006-07	Lindsay DeGroot		
		2007-08	<i>Individual Sport</i>		

*married name in brackets

AWARD FINALISTS



Danielle Boiago, Basketball

Boiago had a sensational season, that saw her become McMaster's all-time OUA scoring leader. The fourth-year guard from Hamilton powered the Marauders to a record of 15-4, a second straight OUA Central Division title, and a berth in the OUA Final Four. Boiago was third in OUA scoring at 17.4 points per game, and was also among the league leaders for rebounds (7.0 per game), assists (3.9 per game) and steals (2.5 per game), as she was a stat stuffer all season. She was recognized as an OUA First Team All-Star and a CIS First Team All-Canadian for the 2015-16 season. The Kinesiology major has scored 1,357 career OUA points, which places her at the top of McMaster's all-time scoring list for league play.



D'Arcy Arends, Rowing

Twice named team MVP, Arends has also served as captain of the women's rowing team for each of the last two seasons. She captured silver medals in the U23 heavyweight singles event at both the Royal Henley Regatta and the Canadian Indoor Rowing Championship, and finished fifth at the Canadian University Rowing Championships. Arends also won silver as a member of the women's varsity heavyweight crew, as the four rowers in the boat set a McMaster team record. She is the McMaster record holder in both the 2000m and 6000m heavyweight events, and is in the Canadian national development stream, training to earn a spot representing Canada at the U23 World Championships this summer.



Sommer Chou, Badminton

Chou had a major impact on the badminton team as a first-year athlete. Playing singles, doubles and mixed doubles, she won 10 of 11 matches at the OUA Championships hosted by McMaster to help the Marauders win the silver medal, which was the highest finish in team history. Chou was recognized as an OUA All-Star for her performance at the provincial finals. Outside of her varsity exploits, she has twice qualified to compete at the Junior World Championships and Junior Pan American Games.

IVOR WYNNE AWARD

The Alumni Club of Hamilton established the Ivor Wynne Award in 1971-72. Ivor Wynne served with distinction and dedication as Director of Physical Education, Dean of Men and Dean of Students at McMaster from 1948-65. The recipient(s) should exhibit outstanding athletic ability both at the provincial and national level of competition. Additionally, candidates should possess excellent leadership qualities and give sound academic performance in the year selected. Candidates may be in any year of university and must be a full-time student competing on a McMaster team. Overall, the recipient(s) will have exhibited superior athletic ability during intercollegiate competition this season.



Stephen Maar, Volleyball

Dominating his competition at every level, Stephen Maar was a standout on a team full of them in 2015-16. The outside hitter reached his full, terrifying potential in his fourth season as a Marauder, leading the OUA in kills and points per game even while missing much of the winter term through injury. He finished the season second in the country in both categories, and led his own OUA champion and CIS silver-medal-winning team in four separate offensive categories as a member of its leadership council. A member of the Canadian National Senior B Team, Maar became the third consecutive Marauder named as the OUA men's volleyball MVP, and was a First Team All-Canadian and runner up as CIS Player of the Year. He won McMaster's Player of the Match award for the team's CIS semifinal win over Saskatchewan, and was among those named to the Tournament All-Star Team on his home court.

1971-72
1972-73
1973-74
1974-75
1975-76
1976-77
1977-78
1978-79
1979-80
1980-81
1981-82
1982-83
1983-84
1984-85
1985-86
1986-87
1987-88
1988-89

Steve Mitruk
Dave Hart
George Steplock
Ross Tripp
Dave Roser
Hans Schols
Dave Roser
Jack McMaster
Mark DuBois
Milan Popadich
Rcik Mastroluisi
Lawrence Holmes
Scott Mauthe
Lawrence Holmes
Mark Horvath
Ralf Rosenkranz
Chris Woodcroft
Chris Woodcroft

1989-90
1990-91

1991-92
1992-93

1993-94
1994-95
1995-96
1996-97
1997-98
1998-99
1999-20
2000-01

2001-02
2002-03
2003-04

Steve Merker
Calum McNeil
Tim Ormond
Dana Peoples
Greg Woodcroft
Jack Vander Pol
Richard Kelly
Grey Fairley
Paul Ragusa
Titus Channer
Titus Channer
Steve Maga
Steve Maga
Kojo Aidoo
Steve Maga
Ben Chapdelaine
Kyle Pyear
Adam Guiney

2004-05
2005-06
2006-07
2007-08

2008-09

2009-10
2010-11
2011-12
2012-13
2013-14
2014-15

Jesse Lumsden
Jesse Lumsden
Shelden Francis
Mike Pletch
Individual Sport
Dace Rennalls
Team Sport
Nathan Groenveld
Individual Sport
Dusan Milakara
Team Sport
Keegan Selby
Keenan Jeppesen
Tyler Santoni
Kyle Quinlan
Kyle Quinlan
Cameron Bailey
Chris Garneau

AWARD FINALISTS



Ahmed Shamiya, Wrestling

One could have asked no more from Ahmed Shamiya this season. The fourth-year veteran of McMaster's powerhouse wrestling team went a perfect 26-0 across all competitions, en route to OUA and CIS gold in the 72kg weight class. His national triumph was a defence of a title earned a season ago, and it came in one of the deepest divisions in CIS wrestling and at the expense of an old adversary in Brock's Tyler Rowe. All told, Shamiya won five tournament titles over the course of the season, claiming the McMaster Invitational, the Western Open and the Brock Open in addition to his wins at the conference and national competitions. Competing against the very best wrestlers that Canada has to offer, Shamiya placed fifth in the 74kg weight class at the Canadian Senior Wrestling Championships in March.



Karl Zimmermann, Rowing

Continuing his evolution into one of the most promising young rowers in Canada, Karl Zimmermann enjoyed a decorated 2015 both individually and as a member of the Marauder team. Beginning his season with silver in the U23 Canadian Selection Trials, Zimmermann booked a place in the World U23 Championships in Plovdiv, Bulgaria, where he and his Canadian teammates won gold in the heavyweight quad. He carried that strong form into his varsity season, sacrificing his own chances in the heavyweight single – where he had won gold at the Brock Invitational and bronze at the Head of the Trent Regatta – Zimmermann contributed to a team bronze for the heavyweight eight at the OUA Championships, McMaster's first medal in that event since the 1980s. He was the runner up for the Canadian University Rower of the Year honours, and recently participated in the Canadian National Team's pre-Olympic training camp in Sacramento, California in February.



Blair Morgan, Cross Country & Track

The reliable low post of the Marauders nationally-competitive men's cross country team, Blair Morgan was key to McMaster's success yet again in his final year. After leading the Mac men to a tie for the team title at the Western International and the outright win at the Queen's Open, which saw McMaster rise to no. 4 in the CIS top ten, Morgan crossed the line sixth at the OUA Championships and was named as an OUA First Team All-Star as Mac won bronze. He followed by scoring seventh at the CIS Championships and being named as a Second Team All-Canadian, providing the low post as Mac finished fourth in the overall standings and second among OUA teams. Morgan was rewarded for his outstanding season with a place on the Canadian roster for the 2016 FISU World Cross Country Championships in Cassino, Italy, where he helped Canada to eighth in the team standings in March.



McMaster University

