

# Visiting Team Guide



**Maine Maritime Academy  
Castine, Maine**

# MAINE MARITIME ACADEMY

## Main Campus



## LOCATION KEY

### Main Campus

1. Dismukes Hall: Classrooms, Labs, Faculty Offices
2. Delano Auditorium
3. Leavitt Hall: Robert S. Walker Admissions & Financial Aid Center, Administrative Offices, Guest Rooms
4. Wyman House: Alumni & Advancement Offices
5. Abbot House: President's Residence
6. Captain Quick Alumni Hall: Career Services & Continuing Education
7. Nutting Memorial Library
8. The Harold Alford Student Center: Dining, Conference Rooms, Staff Offices, Classrooms
9. Pilot House: Loeb-Sullivan School of International Business & Logistics
10. The Commons: Residential Complex
11. Perkins House: Faculty Offices
12. Windlass House: Campus Safety & Faculty Offices
13. ABS Center for Engineering, Science, and Research: Classrooms, Labs, Faculty Offices
14. Buoy House: Center for Student Success
15. Curtis Residence Hall: Residential Complex
16. Campus Bookstore
17. Public Works & Central Receiving
18. Oakley Logan Alexander Physical Education Center
19. Margaret Chase Smith Building
20. Bath Iron Works Center for Advanced Technology: Classrooms, Labs, Faculty Offices
21. U.S. Navy ROTC
22. Ritchie Field

### Waterfront Campus

23. Payson Hall: Classrooms, Labs, Faculty Offices
24. Rodgers Hall: Classrooms, Labs, Faculty Offices
25. Dirigo House: Faculty Offices
26. Andrews Hall: Classrooms, Labs, Faculty Offices
27. Training Ship State of Maine
28. Schooner Bowdoin
29. Tug Pentagot



# Athletic Department Event Contacts

Person   Position .....	Office .....	Mobile .....
Steve Peed   Director of Athletics .....	207.326.2451 .....	717.965.0795 .....
Tricia Carver   Associate Director of Athletics.....	207.326.2653.....	207.461.8376 .....
David Keenan   Athletic Contest Coordinator.....	207.326.2655.....	207.583.5947 .....
Patrick Stewart   Assistant Director of Athletics/Communications.....	207.326.2729 .....	517.438.2794 .....
Chad Bartlett   Assistant Director of Athletics/Sports Medicine.....	207.326.2728.....	207.949.8919 .....
Fiona Lefresne   Certified Athletic Trainer .....	207.326.2728.....	417.988.2224 .....

## Upon Your Arrival

### Team Drop-Off / Bus Parking

Visiting football teams are to unload their busses in the Public Works Lot (#17 on the campus map). All other teams should disembark their bus in the cove between buildings #18 and #19 on the campus map. A desk attendant or member of the Athletic Department staff should be at the front desk to greet incoming teams and escort them to their locker rooms. All coach busses are to park in the Public Works Lot (#17 on the campus map), while mini-busses and vans may use the visitor parking spaces in the cove between buildings #18 and #19.

### Locker Rooms

You will be directed to your locker room by the desk attendant or a member of the Maine Maritime Academy staff. Locker room space is extremely limited at Maine Maritime Academy. We exhaust every effort to place your team in a private, secured room whenever possible. In some instances, we must place teams into a space that is accessible to the public. In those instances, we exhaust every effort to find a secure location to store bags, or will ask teams to return any valuables to their busses, or keep their travel bags on their bench. Your athletes are permitted to use their own locks when using a public locker room. Maine Maritime Academy is not responsible for any items lost or stolen. Please return any keys you are provided to the desk attendant or member of the Maine Maritime Athletic Department staff. If a desk attendant is not present and you are unable to locate a member of the staff, please leave your key on the front desk.

### Area Hospitals

Blue Hill Memorial Hospital  
57 Water Street  
Blue Hill, Maine 04614  
207-374-3400  
20 miles

Eastern Maine Medical Center  
489 State Street  
Bangor, Maine 04401  
207-973-7000  
37 miles

### Sports Information / Streaming

The Athletic Communications Coordinator will contact the visiting team Sports Information Director directly regarding the Academy's needs in this area. All home contests are streamed on Maine Maritime's video portal: <https://team1sports.com/mma/>. Non-conference teams seeking game film of the contest should contact the Athletic Communications Coordinator in advance of the contest.

### Athletic Training

The athletic training room is located on the lower level of Smith Gymnasium (#19 on the campus map). A Certified Athletic Trainer will be available two hours prior to contest and for one hour after the contest. Ice, ice bags, cups and water will be provided at all contests. Services include taping, wrapping, first aid, stretching, heat and cold therapy. Please email 24 hours in advance the needs of your team. If an injury should occur to one of your athletes an email or phone call will be sent within 24 hours notifying the athletic training staff the nature of the injury and treatment that was given. Any questions or concerns may be directed to the athletic training staff via email or phone.

# Dining and Lodging

## Dining

Castine thrives as a seasonal town. Many of the town's restaurants and businesses close early in the fall and remain closed until May. Dining options in Castine are limited. The Athletic Department recommends **calling T&C Grocery** in Castine for sandwiches. Danny Murphy's on the waterfront is the only year-round restaurant with a dining room. There is also a Subway in Bucksport approximately one mile south of the Castine Road. Please call ahead to alert any of the businesses that you will be bringing a team in for their location.

### T&C Market

12 Water Street  
(207) 326-4818

### Subway (Bucksport)

124 U.S. 1, Bucksport, ME 04416  
(207) 469-3382

### Danny Murphy's Pub

5 Sea Street  
(207) 326-1004

## Lodging

There are no hotels in Castine that are able to accommodate athletic teams. The Fort Knox Inn in Bucksport can handle all teams outside of football. Football teams should consider the Bangor Holiday Inn (50 minutes from campus) or the Fireside Inn in Belfast (45 minutes from campus). The Bangor Holiday Inn regularly caters to visiting football teams competing at Maine Maritime, Husson University and the University of Maine. They are well-equipped and experienced in serving football teams with meals and meeting spaces.

### Fort Knox Park Inn

64 Main Street, Bucksport, ME 04416  
(207) 469-3113

### Fireside Inn

159 Searsport Ave US 1, Belfast, ME, 04915, US  
(866) 460-7456

### Holiday Inn

404 Odlin Road, Bangor, ME 04401  
(207) 947-0101

### Fairfield by Marriott Inn & Suites

300 Odlin Road, Bangor, Maine 04401  
Call: Jessica Michaud - 207-922-1054  
jessica.michaud@marriott.com

### Residence Inn by Marriott

22 Bass Park Blvd., Bangor Maine  
04401  
Call: Jessica Michaud - 207-922-1054  
jessica.michaud@marriott.com

**Timber Bar & Kitchen** on property  
caters team meals on site & offers  
take out

Banquet/Meeting room available at  
hotel

# **T&C MARKET**

(207)326-4818

TAKE OUT MENU

## **BREADS**

WHITE SUB ROLL  
WHITE WRAP  
WHEAT WRAP  
GLUTEN FREE WRAP  
WHITE BREAD  
WHEAT BREAD  
12 GRAIN BREAD

## **CHEESE**

AMERICAN  
PEPPER JACK  
PROVOLONE  
SHREDDED MOZZARELLA  
SWISS

## **CONDIMENTS**

MAYO  
YELLOW MUSTARD  
DIJON MUSTARD  
HONEY MUSTARD  
OIL  
VINEGAR  
BLUE CHEESE DRESSING  
RANCH DRESSING  
1000 ISLAND DRESSING  
MIRACLE WHIP

## **HOT SANDWICHES**

MEATBALL SUB  
PULLED PORK SANDWICH  
BUFFALO CHICKEN WRAP  
BBQ CHICKEN WRAP  
STEAK AND CHEESE SUB  
BLT

## **MEATS**

TURKEY  
SMOKED TURKEY  
HAM  
SALAMI  
ROAST BEEF  
PEPPERONI  
PASTRAMI  
LIVERWURST

## **SALAD SANDWICHES**

CHICKEN SALAD  
TUNA SALAD  
HAM SALAD  
CRANBERRY WALNUT CHICKEN SALAD  
EGG SALAD

## **TOPPINGS**

LETTUCE  
ONION  
GREEN PEPPER  
BANANA PEPPER  
JALAPENO PEPPER  
TOMATO  
PICKLES  
BLACK OLIVES

**COLD SANDWICHES - \$5.49**

**HOT SANDWICHES- \$6.99**

**ALL WRAPS- \$6.49**

**EXTRA MEAT- \$1.00**

**ADD BACON- \$1.00**

*ASK ABOUT OUR DAILY SPECIALS!*

# T&C MARKET

(207)326-4818

TAKE OUT MENU

## PIZZA

10 INCH	\$7.25	PLUS .75 PER TOPPING
16 INCH	\$10.50	PLUS \$1.50 PER TOPPING
18 INCH	\$12.50	PLUS \$2.00 PER TOPPING
10 INCH GLUTEN FREE	\$8.00	PLUS .75 PER TOPPING
16 INCH GARLIC BREAD STICKS W/ CHEESE	\$10.99	

## CALZONES

CALZONE	\$7.50	PLUS \$1.00 PER TOPPING
CALZONE SPECIALTY	\$11.99	

## BASE FOR PIZZA

TOMATO SAUCE	BBQ SAUCE
RANCH DRESSING	BLUE CHEESE DRESSING
OIL	

## TOPPINGS

PEPPERONI	BLACK OLIVES	GREEN PEPPER
SAUSAGE	ONION	CHICKEN
HAM	MUSHROOMS	BUFFALO CHICKEN (SPECIALTY)
BACON	TOMATOES	BBQ CHICKEN (SPECIALTY)
HAMBURGER	JALAPENOS	PINEAPPLE

## SPECIALTY PIZZAS

10 INCH	\$10.99
16 INCH	\$16.99
18 INCH	\$20.99

ADD \$1.00 FOR LOADED & MEATLOVERS

**BUFFALO CHICKEN PIZZA-** RANCH OR BLUE CHEESE BASE TOPPED WITH BUFFALO CHICKEN

**CHICKEN BACON RANCH -** RANCH BASE, GRILLED CHICKEN, BACON, AND MOZZARELLA

**BBQ CHICKEN-** RANCH OR BLUE CHEESE BASE, BBQ CHICKEN TOPPED WITH SWEET BABY RAYS AND MOZZARELLA

**BIG MAC-** THOUSAND ISLAND BASE, HAMBURGER, TOMATO, AND PICKLES

**LOADED-** THE WORKS!

**VEGGIE-** TOMATOES, ONIONS, GREEN PEPPERS, MUSHROOMS, AND BLACK OLIVES

**MEAT LOVERS-** PEPPERONI, HAM, SAUSAGE, BACON, AND HAMBURGER

# Residence INN<sup>®</sup>

BY MARRIOTT

Jessica Michaud | Sales Manager | 207.922.1054 | [jessica.michaud@marriott.com](mailto:jessica.michaud@marriott.com)

## HOTEL AMENITIES

- Timber Kitchen & Bar
- Complimentary hot breakfast buffet served daily
- Indoor pool & whirlpool
- The Market 24-hour self-serve pantry
- Business center
- State of the art fitness center
- Grocery shopping services
- Guest laundry facilities
- Extended stay rates, corporate & group rates
- Penobscot Meeting & Banquet Room



## SUITE AMENITIES

124 SPACIOUS SUITES

- Studio and one bedroom with separate areas for eating, sleeping, working and relaxing
- All suites feature fully equipped kitchens with refrigerator, microwave and coffee maker
- Flat screen TV with cable channels, Netflix and Hulu streaming
- Free high speed wireless internet access

## ATTRACTIONS

- Bangor Waterfront Concert Series
- Bangor Municipal Golf Course
- Hollywood Casino and Raceway
- Cross Insurance Event Center
- Acadia National Park
- Bangor Opera House/Theatre Company
- Bangor Mall
- Maine Maritime Academy



22 Bass Park Blvd., Bangor, Maine 04401 | 207.433.0800 | [marriott.com/BGRI](http://marriott.com/BGRI)