

A-R-C Conference Championships
(Officially Recognized 2023) - 2023, 2024, 2025

All-Conference - Top 3 Individually - Top 3 Relays
2022 First Officially Recognized
() - Placed at Conference Meet

A-R-C Swimmer of the Meet
Hayley Crosland.....2024

A-R-C Diver of the Meet
Ella Rowley2025

A-R-C Rookie of the Year
Annabelle Pollock2025

A-R-C Coaching Staff of the Year.....2024, 2025

50 Freestyle
Nev Nelson 2023 (3)
Cassie Rounds..... 2023 (2), 2025 (3)
Mia Prater 2024 (1), 2025 (1)

100 Freestyle
Cassie Rounds..... 2023 (2)
Mia Prater 2024 (1), 2025 (1)

200 Freestyle
Maia Bumgardner 2023 (2), 2024 (3)
Hayler Crosland 2024 (1), 2025 (2)
Madie Shea 2024 (2)
Annabelle Pollock 2025 (2)

500 Freestyle
Loretta Ostermeier 2023 (2)
Maddie Shea 2023 (3), 2024 (3)
Haley Crosland 2024 (1), 2025 (2)
Annabelle Pollock 2025 (1)

1650 Freestyle
Maddie Shea 2023 (1), 2024 (2)
Anna Thomley 2023 (2)
Maia Bumgardner 2023 (3), 2024 (3)
Holly Crosland 2024 (1), 2025 (1)
Paul Vega 2025 (2)
Marissa Rutkowski 2025 (3)

100 Backstroke
Loretta Ostermeier 2023 (3)
Cassie Rounds..... 2024 (2)
Mia Prater 2025 (3)

200 Backstroke
Anna Barbknecht..... 2023 (3)
Lillian McRoberts 2024 (2), 2025 (3)

100 Breaststroke

200 Breaststroke
Peyton Gallt 2024 (3)
Ella Marti 2025 (2)

100 Butterfly
Cassie Rounds..... 2023 (2), 2025 (1)
Mia Prater 2024 (2)
Ren Talerico 2025 (3)

200 Butterfly
Ella Marti 2023 (2)
Maddie Shea 2023 (3)
Ren Talerico 2024 (1), 2025 (3)
Annabelle Pollock 2025 (2)

200 IM
Ren Talerico 2024 (2)
Lillian McRoberts 2024 (3), 2025 (3)

400 IM
Anna Thomley 2023 (2)
Ella Marti 2023 (3)
Ren Talerico 2024 (1)
Lillian McRoberts 2024 (2), 2025 (2)
Ella Marti 2024 (3), 2025 (3)

200 Medley relay
Loretta Ostermeier, Anna Thomley, Cassie Rounds, Nev Nelson 2023 (2)
Hayley Crosland, Ren Talerico, Nev Nelson, Mia Prater 2024 (1)
Mia Prater, Nev Nelson, Cassie Rounds, Annabelle Pollock..... 2025 (2)

400 Medley Relay
Loretta Ostermeier, Anna Thomley, Cassie Rounds, Nev Nelson 2023 (1)
Hayley Crosland, Ren Talerico, Nev Nelson, Mia Prater 2024 (1)
Mia Prater, Nev Nelson, Ren Talerico, Hayley Crosland 2025 (2)

200 Free Relay
Nev Nelson, Maia Bumgardner, Loretta Ostermeier, Cassie Rounds..... 2023 (1)
Mia Prater, Ren Talerico, Nev Nelson, Cassie Rounds 2024 (1)
Mia Prater, Annabelle Pollock, Nev Nelson, Cassie Rounds..... 2025 (2)

400 Free Relay
Nev Nelson, Maia Bumgardner, Anna Thomley, Cassie Rounds 2023 (2)
Mia Prater, Hayley Crosland, Ren Talerico, Nev Nelson 2024 (1)
Cassie Rounds, Nev Nelson, Annabelle Pollock, Mia Prater..... 2025 (2)

800 Free Relay
Maddie Shea, Loretta Ostermeier, Erin McGrath, Maia Bumgardner..... 2023 (2)
Hayler Crosland, Lillian McRoberts, Maddie Shea, Maia B umgardner 2024 (1)
Cassie Rounds, Lillian McRoberts, Hayley Crosland, Annabelle Pollock..... 2025 (2)

One Meter Diving
Ella Rowley 2023 (2), 2024 (2), 2025 (1)
McKenna Prunty 2023 (3)
Kate Denner 2024 (3), 2025 (3)
Elise Ilsley 2025 (2)

Three Meter Diving
Ella Rowley 2023 (2), 2024 (2), 2025 (1)
McKenna Prunty 2023 (3)
Elise Ilsley 2024 (3), 2025 (2)