

Women's Tennis Honors

Iowa Conference/American Rivers Conference Championships - 33
1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2002, 2003, 2004, 2006, 2009, 2010, 2016, 2017, 2019, 2020, 2021, 2022, 2023, 2024

NCAA III National Tournaments - 18
1984,1986, 1994, 1995, 1998, 1999, 2000, 2001, 2002, 2004, 2009, 2010, 2011, 2019, 2021, 2022, 2023, 2024

ITA All-Americans

Singles	
Melanie Miller	1988
Kris Ritland	1988
Alexandra Martin	1991
Tonya Tappa	1991
Alexandra Martin	1992
Laura Anderson	1992
Maria Miller	1999, 2000

Doubles	
Linnea West	1995
Maria Miller	1999
Leah Schmitt	1999
Brooke Hagen	2001
Elsa Schmitt	2001

Conference MVP	
Carrie Knox	1983
Grace Beard	1984, 1985
Melanie Miller	1986, 1987
Tonya Tappa	1988, 1989
Alexandra Martin	1990, 1991
Dana Johnson	1993, 1995
Jill Kossman	1996, 1997
Maria Miller	1998, 1999
Kelsie Allen	2009
Devon Bourget	2019

Conference Coach/Coaching Staff of the Year	
Su Oertel	1982, 1983, 1986, 1987, 1988, 1990 1991, 1992, 1993, 1997, 2000, 2005
Rich Leake	1984
Mary Thompson	1999
Brian Huinker	2009, 2010
Adam Strand	2016, 2019
Adam Strand, Miriam Blom Skrade	2017
Adam Strand, Oleksandra "Sasha" Balaba	2023
Adam Strand, Peter Heryla	2024

Conference Singles Champions - 1982-2006

Four Times (Flight)	
Maria Miller	1996 (4), 1997 (3), 1998 (1), 1999 (1)
Melanie Miller	1984 (4), 1985 (2), 1986 (1), 1987 (1)
Karen Newcomer	1983 (5), 1984 (3), 1985 (3), 1986 (2)
Erika Schmitt	1991 (5), 1992 (4), 1993 (3), 1994 (3)
Tonya Tappa	1987 (4), 1988 (1), 1989 (1), 1990 (2)

Three Times (Flight)	
Laura Anderson	1989 (3), 1990 (3), 1991 (2)
Grace Beard	1983 (2), 1984 (1), 1985 (1)
Brooke Hagen	1997 (6), 1998 (3), 1999 (2)
Dana Johnson	1992 (5), 1993 (1), 1994, 1995 (1)
Jill Kossman	1995 (2), 1996 (1), 1997 (1)
Susie Paulson	1982 (3), 1983 (4), 1984 (2)
Julie Perrault	1997 (5), 1998 (5), 1999 (3)
Sue Petersen	1984 (5), 1985 (5), 1986 (4)
Leah Schmitt	1996 (5), 1997 (2), 1998 (2)
Linnea West	1991, 1993 (2), 1994 (2)

Two Times (Flight)	
Tasha Allemang	2004 (3), 2005 (4)
Sara Anderson	1992 (6), 1994 (4)
Molly Beyer	2004 (4), 2005 (3)
Aruna Chettri	1990 (6), 1992 (3)
Chantal Goetstouwers	1993 (6), 1994 (6)
Susan Haedt	1982 (4), 1983 (3)
Lindsey Hagen	2000 (5), 2001
Heidi Hingeveld	1998 (6), 1999 (4)
Rachel Horstmann	2000 (6), 2001
Tara Huinker	2004 (5), 2005 (5)
Julie Johnson	1994 (5), 1995 (4)
Carrie Knox	1982 (2), 1983 (1)
Elke Lauer	1983 (6), 1984 (6)
Alexandra Martin	1990 (1), 1991 (1)
Karin Mathre	1986 (6), 1987 (5)
Amy Mitchell	1988 (4), 1989 (4)
Sara Olson	1987 (6), 1988 (2)
Kris Ritland	1985 (4), 1987 (3)

One Time (Flight)	
Justine Allen	2007 (2)
Kristan Angerhofer	2000 (3)
Miriam Blom	2001
Amy Christenson	2006 (5)
Taylor Cochran	2005 (6)
Pepper Hagen	1996 (2)
Jacie Haroldson	2004 (6)
Ali Hill	1999 (6), 2000 (4)
Jana Hovick	1993 (5)
Joy Hovick	1991 (4)
Katie Leonard	1995 (6)
Jen Lewallen	1996 (6)
Kris Melaas	1982 (5)
Lisa Melander	1989 (6)
Stacie Olson	1986 (3)
Stacy Pustorino	1990 (5)
Elsa Schmitt	2000 (2)
Sarah Strandberg	1985 (6)
Kim Taylor	1990 (4)
Sarah Thompson	1982 (6)
Hanna Weiers	1997 (4)
Linnea West	1994 (6)

Conference Doubles Champions - 1982-2006

Four Times (Flight)	
Grace Beard	1982 (2), 1983 (2), 1984 (1), 1985 (2)
Chantal Goetstouwers	1992 (3), 1993 (3), 1994 (3), 1995 (2)
Brooke Hagen	1997 (2), 1998 (1), 1999 (1), 2000 (1)
Sue Petersen	1983 (3), 1984 (3), 1985 (3), 1986 (3)
Kris Ritland	1984 (3), 1985 (1), 1986 (1), 1987 (1)

Three Times (Flight)	
Laura Anderson	1989 (3), 1990 (2), 1991 (1)
Sara Anderson	1991 (3), 1993 (1), 1994 (2)
Rachel Horstmann	1999 (3), 2000 (3), 2001 (2)
Jana Hovick	1992 (3), 1993 (3), 1994 (3)
Dana Johnson	1993 (2), 1994 (1), 1995 (1)
Alexandra Martin	1989 (1), 1990 (1), 1991 (1)
Maria Miller	1997 (1), 1998 (1), 1999 (1)
Melanie Miller	1985 (1), 1986 (1), 1987 (1)
Karen Newcomer	1984 (2), 1985 (2), 1986 (2)
Susie Paulson	1982 (2), 1983 (2), 1984 (1)
Erika Schmitt	1991 (3), 1993 (1), 1994 (2)
Leah Schmitt	1996 (3), 1997 (2), 1998 (2)
Linnea West	1992 (2), 1993 (2), 1994 (1)

Two Times (Flight)	
Molly Beyer	2005 (3), 2006 (2)
Amy Christenson	2005 (3), 2006 (3)
Lindsey Hagen	2000 (2), 2001 (2)
Pepper Hagen	1995 (3), 1996 (2)

Jacie Haroldson	2001 (3), 2004 (3)		
Heidi Hingeveld	1998 (3), 1999	# 5 Singles	
Jill Kossman	1995 (1), 1997 (1)	Jacie Haroldson	2003
Amy Mitchell	1998 (2), 1990 (3)	Tara Huinker	2004 (1st), 2005 (1st)
Sara Olson	1987 (3), 1988 (2)	Amy Christenson	2006
Stacie Olson	1986 (2), 1987 (2)		
Julie Perrault	1997 (3), 1998 (3)	# 6 Singles	
Elsa Schmitt	1998 (2), 2000 (1)	Jacie Haroldson	2004 (1)
Tonya Tappa	1989 (1), 1990 (1)	Taylor Cochran	2005 (1)
Hanna Weiers	1996 (3), 1997 (3)	Justine Allen	2006
One Time (Flight)		# 1 Doubles	
Justine Allen	2007 (2)	Miriam Blom	2002, 2003
Kelsie Allen	2006 (3)	Kindsey Hagen	2003
Tasha Allemang	2005 (2)	Tara Huinker	2002, 2004
Kristan Angerhofer	2000 (2)	Kirsten Madsen	2004
Heidi Bothun	2006 (2)		
Candace Burmeister	1983 (3)	# 2 Doubles	
Eva Colson	1992 (2)	Tara Huinker	2003
Annalise Conaway	2005 (2)	Kirsten Madsen	2003
Dominique Eells	1991 (2)	Tasha Allemang	2005(1st)
Fran Fairfield	2007 (2)	Annalise Conaway	2005 (1st)
Susan Haedt	1983 (1)	Heidi Bothun	2006
Joy Halstead	1996 (2)	Molly Beyer	2006
Ali Hill	2000 (3)		
Joy Hovick	1991 (2)	# 3 Doubles	
Beth Huinker	1999 (3)	Jacie Haroldson	2002, 2004
Tara Huinker	2004 (1)	Amanda Roiger	2002
Julie Johnson	1995 (2)	Liesel Schwerin	2004
Carrie Knox	1983 (1)	Molly Beyer	2005 (1st)
Elke Lauer	1984 (2)	Amy Christenson	2005 (1st), 2006
Katie Leonard	1995 (3)	Kelsie Allen	2006
Kirsten Madsen	2004 (1)		
Karin Mathre	1985 (3)	All-Conference Selections: (Starting in 2007 all-conference was earned by reaching the quarterfinals of the Flight A singles tournament; the semifinals of the Flight A doubles tournament) - (Starting in 2012 decided by coaches votes)	
Lisa Melander	1989 (3)	Singles All-Conference - Four Times	
Kris Melaas	1982 (3)	Maggie Helms	2012, 2013, 2014, 2015
Stacy Pustorino	1990 (3)	Shelby Cook	2018, 2019, 2020, 2021
Amanda Roiger	2001 (3)		
Ann Quello	1987 (2)	Singles All-Conference - Three Times	
Liesel Schwerin	2004 (3)	Alana Humpal	2007, 2009, 2010
Sarah Strandberg	1986 (3)	Jackie Cychosz	2015, 2016, 2017
Kim Taylor	1990 (2)	Britta Pressler	2016, 2017, 2018
Sarah Thompson	1982 (3)	Devon Bourget	2018, 2019, 2020
Stephanie Wilkinson	1987 (3)	Sofia Sackett	2020, 2021, 2022
All-Conference Selections - (From 2002-03 all-conference was decided by a vote) - (From 2004-05 all-conference earned by reaching semifinals at # 1-3 singles; being a finalist in 4-6 singles and # 1 doubles; capturing championship of # 2-3 doubles)		Singles All-Conference - Two Times	
# 1 Singles		Kelsie Allen	2008, 2009
Miriam Blom	2002, 2003	Fran Fairfield	2008, 2009
Annalise Conaway	2004	Brynne Zinnecker	2009, 2010
Kirsten Madsen	2005 (3rd)	Elise Allen	2011, 2012
# 2 Singles		Cassandra Chalhoub	2011, 2012
Linsey Hagen	2003	Lola White-Baer	2012, 2013
Kirsten Madsen	2004	Adriana DePaolis	2013, 2014
Annalise Conaway	2005(2nd)	Claire Christian	2016, 2017
Molly Beyer	2006	Natalia Smith	2021, 2022
# 3 Singles		Montse Ramiroz-Mainou	2022, 2024
Linsey Hagen	2002	Singles All-Conference - One Time	
Kirsten Madsen	2003	Molly Beyer	2007
Tasha Allemang	2004	Katie Nicols	2008
Molly Beyer	2005 (1st)	Cami Czech	2011
Taylor Cochran	2006	Caroline Treis	2013
# 4 Singles		Olivia Heitz	2014
Jacie Haroldson	2002	Jenna Myers	2015
Tara Huinker	2003	Lauren Welch	2016
Molly Beyer	2004	Kelsey Kruse	2019
Tasha Allemang	2005 (1st)	Renata Martinez	2021
		Julia Morena	2022
		Lena Lichau	2024

Julianna Mascardo	2024
Riley O'Donnell	2024
Abby Ostermann	2024

Doubles All-Conference - Four Times

Maggie Helms	2012, 2013, 2014, 2015
Devon Bourget	2017, 2018, 2019, 2020
Shelby Cook	2018, 2019, 2020, 2021
Lexi Hastings	2019, 2020, 2021, 2022

Doubles All-Conference - Three Times

Kelsie Allen	2007, 2008, 2009
Brynne Zinnecker	2008, 2009, 2010
Jackie Cychosz	2015, 2016, 2017
Britta Pressler	2016, 2017, 2018
Kelsey Kruse	2017, 2018, 2019
Sofia Sackett	2020, 2021, 2022

Doubles All-Conference - Two Times

Fran Fairfield	2009, 2010
Katy Lindstrom	2009, 2011
Elise Allen	2011, 2012
Jenna Myers	2014, 2015
Lauren Welch	2015, 2016
Anna Pearson	2016, 2017
Julia Moreno	2022, 2024

Doubles All-Conference - One Time

Katie Nicols	2010
Alana Humpal	2010
Amy Christenson	2007
Cassandra Chalhoub	2011
Cami Czech	2011
Olivia Heitz	2014
Hailey Johnson	2015
Claire Christian	2017
Renata Martinez	2021
Natalia Smith	2021
Allie Christensen	2024
Riley O'Donnell	2024
Abby Ostermann	2024