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QUICK FACTS

UNIVERSITY

City/Zip:	Chicago, IL 60626
Founded:	1870
Enrollment:	15,951
Nickname:	Ramblers
Colors:	Maroon and Gold
Conference:	Horizon League
President:	Michael J. Garanzini, S.J.
Athletics Director:	Dr. M. Grace Calhoun
Senior Woman Administrator:	Carolyn O'Connell
Faculty Representative:	Dr. Brian Stanko
Athletics Phone:	773.508.2560

STAFF

Head Coach:	Randy Hasenbank
Alma Mater/Year:	Wichita State, 1990
Hasenbank's e-mail:	rhasenbank@luc.edu
Assistant Coach:	Jackie Kropp
Alma Mater/Year:	Chicago, 2007
Assistant Coach:	Jason Wakenight
Alma Mater/Year:	Iowa, 2006
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Head Coach Randy Hasenbank



RANDY HASENBANK

**HEAD COACH
WICHITA STATE, 1990
FIRST SEASON**

Regarded as a builder of programs, Randy Hasenbank is in his first season as head cross country/track and field coach at Loyola University Chicago. A 13-year veteran of the collegiate coaching ranks, Hasenbank comes to Loyola after spending the last five seasons as the head women's cross country and assistant track and field coach at the University of Alabama.

"Randy is a proven developer of talent and builder of championship caliber programs," Loyola Assistant Vice President and Director of Athletics Dr. M. Grace Calhoun said. "He has produced several league champion runners and came to us highly recommended. Randy has a vision for Loyola's cross country and track and field programs and we are confident that he is the right coach to help us restore our proud tradition."

In five years at Alabama, Hasenbank oversaw one of the most successful eras in Crimson Tide history, turning the program into one of the top outfits in the Southeastern Conference and the South Region. During his tenure in Tuscaloosa, Hasenbank produced three All-SEC runners, three freshman All-SEC selections and five all-region performances.

Hasenbank turned around the Alabama program in a short period of time. Before he took the reins of the Crimson Tide team, it had produced just one All-SEC runner since 2000 and no student-athlete had collected All-South Region honors since 1999. But, in just five seasons, Hasenbank helped mold those three All-SEC runners, three freshman All-SEC honorees and five all-region performers. His work was even more impressive on the regional level as he helped the Tide to its best cumulative three-year finish at the regional championships since 1986-88.

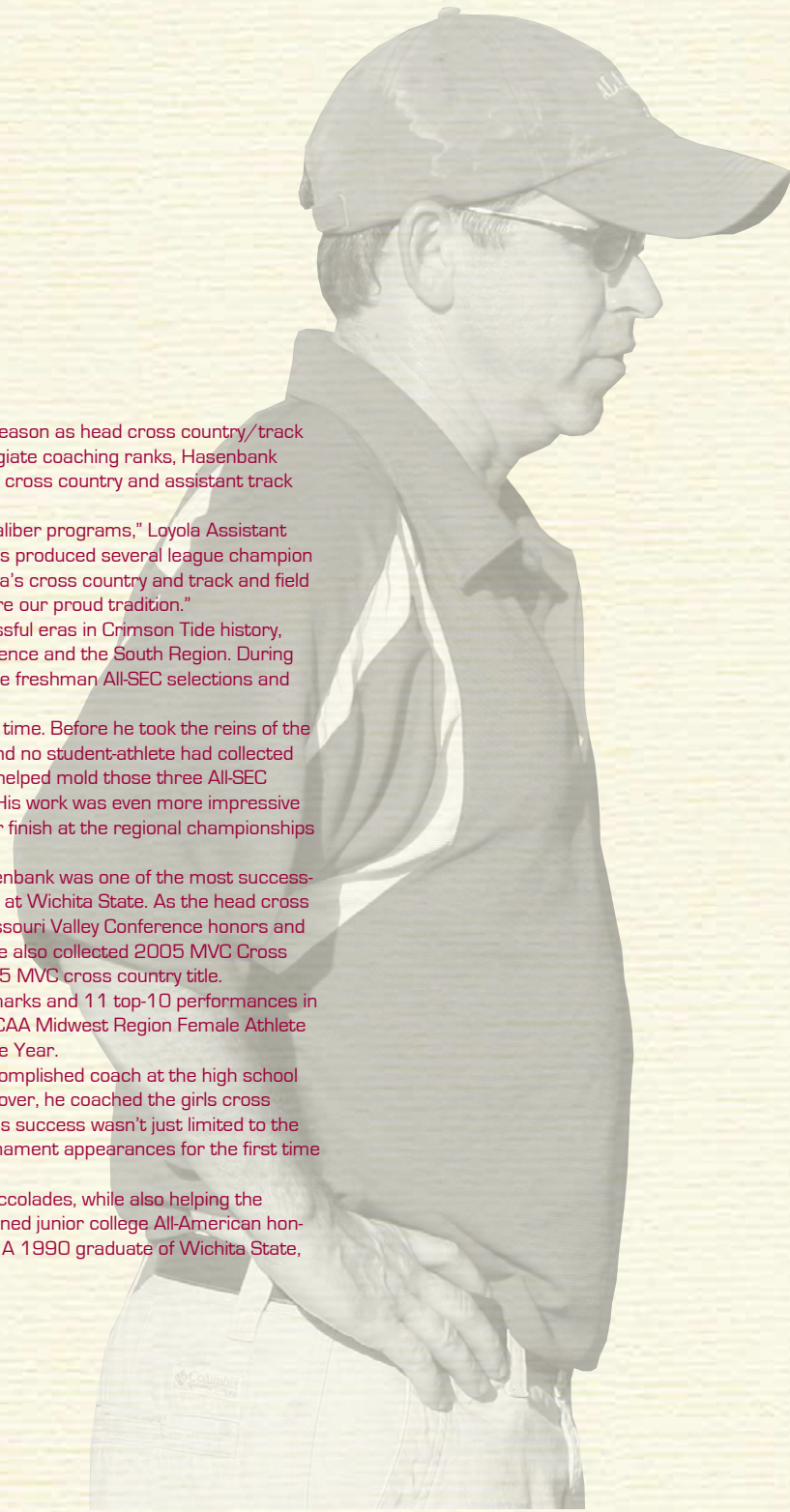
Before heading up Alabama's women's cross country program, Hasenbank was one of the most successful coaches in the Midwest, building a perennial conference title contender at Wichita State. As the head cross country coach at Wichita State, Hasenbank coaches 64 runners to All-Missouri Valley Conference honors and was named 2006 NCAA Division I Midwest Distance Coach of the Year. He also collected 2005 MVC Cross Country Coach of the Year honors and led the Shocker women to the 2005 MVC cross country title.

From 2002-06, the Shockers earned 13 NCAA Division I qualifying marks and 11 top-10 performances in school history. During the 2005-06 seasons, Hasenbank mentored the NCAA Midwest Region Female Athlete of the Year, the MVC Athlete of the Year and the MVC Indoor Athlete of the Year.

Prior to joining the collegiate coaching ranks, Hasenbank was an accomplished coach at the high school level, serving as the head coach at Andover High School in Kansas. At Andover, he coached the girls cross country team for four consecutive state finals, winning the title in 2001. His success wasn't just limited to the women's team however, as the boys' squad made back-to-back state tournament appearances for the first time since 1981-82.

Hasenbank was a steeplechaser at Wichita State, earning All-MVC accolades, while also helping the Shockers to the 1987 MVC crown and a national ranking in 1987. He earned junior college All-American honors as a member of the Cloud County cross country/track and field team. A 1990 graduate of Wichita State, Hasenbank also earned his master's degree from WVSU in 1995.

Hasenbank is married to the former Lennis Whitehair.





Assistant Coaches



**JACKIE
KROPP**

**ASSISTANT COACH
CHICAGO, 2007
FIRST SEASON**

Jackie Kropp, who has spent the last three seasons as a volunteer assistant coach with the University of Illinois women's cross country/track and field programs, is in her first season as assistant cross country/track and field coach at Loyola University Chicago. A native of Stevens Point, Wis., Kropp, who graduated from the University of Chicago in 2007, has achieved tremendous success both as a student-athlete and as a coach.

During the 2009-10 track season, Kropp helped mold distance runner Angela Bizzarri to her third national title with a victory in the 3,000m at the NCAA Indoor Track and Field Championships. In the fall of 2009, Kropp worked with the Fighting Illini women's cross country team and aided in the program's 12th-place finish at the NCAA Championships, along with runner-up showings at the NCAA Midwest Regional and Big Ten Championships. In addition to the team's success, Kropp assisted in Bizzarri becoming the first women's cross country national champion in University of Illinois history.

Kropp helped develop a pair of All-America selections during the 2008 cross country season as the Illini claimed second place at the NCAA Midwest Regional and claimed a top-10 finish at the NCAA Championships.

Prior to her stint at Illinois, Kropp was a volunteer assistant coach at the University of Louisville during the 2007-08 campaign and her contributions paid dividends as the Cardinals won Big East Conference titles in men's cross country and women's outdoor track and field.

As a student-athlete at Chicago, Kropp was an All-American as a member of the Maroons' distance medley relay team and helped the cross country squad to a 19th-place finish at the 2007 NCAA Division III Championships. A member of both the cross country and track and field squads at Chicago, Kropp earned both all-conference and all-academic honors in her four-year career. She is certified as a USA Track and Field Level 2 coach and is a Certified Strength and Conditioning Specialist (CSCS).



**PAT
McGARRY**

**ASSISTANT COACH
BENEDICTINE, 2001
FIFTH SEASON**

Throws coach Pat McGarry begins his fifth season with the Ramblers' track and field programs. Two years ago, McGarry coached Erik Hernandez to four top-five finishes at the Horizon League Championships, including a first-place showing in the indoor shot put, while Jordan Rohlfing also earned four top-10 finishes at the women's League Championships.

Under McGarry's direction, Hernandez earned the All-American Strength and Conditioning Athlete of the Year Award and set a school record in the indoor weight throw (55-11.75). He currently sits in second for the outdoor shot put (54-11.25) and hammer throw (169-02.00). Rohlfing set a school record in the outdoor hammer throw (146-09.00) and also established top-five school marks in the indoor weight throw (second, 48-02.00), outdoor discus (third, 125-07.00) and outdoor javelin (fourth, 95-10.00). Junior Leili Khorassani also recorded the sixth-best javelin throw in school history (69-08.00).

McGarry was previously responsible for coaching both the men and women throwers at UIC for three seasons. McGarry's supervision helped the UIC throwers set nine new school records in the women's weight throw, women's hammer throw (five times), women's shot put, and men's discus (twice). All three of UIC's men's hammer throwers placed among the top six at the 2005 Horizon League Outdoor Championships. Before his stint at UIC, McGarry served as assistant track and field coach at his alma mater, Benedictine University during the 2002-03 season.

The 2001 graduate of Benedictine lettered for four years in both track and field and football. McGarry was captain of the men's track and field team during his senior season and a three-time MVP as well as a three-year starter on the Eagle football team as an offensive lineman and tight end.



**JASON
WAKENIGHT**

**ASSISTANT COACH
IOWA, 2006
FIRST SEASON**

Elmhurst, Ill., native Jason Wakenight, a former middle distance runner at the University of Iowa, is in his first season as an assistant cross country/track and field coach at Loyola University Chicago. Wakenight spent the last five seasons as a volunteer assistant coach at Iowa, where he worked with sprinters, hurdlers and middle-distance runners.

Despite his age, Wakenight has already had quite an impact on his pupils, helping each of the last three 4x400m relay teams he has coached to a top-ten finish at the NCAA Championships, with the highest showing being a fourth-place effort. Working in accord with 2003 World Championships silver medalist Joey Woody, Wakenight, a graduate of York High School, helped Justin Austin to a fifth-place showing in the 200m at the USA Outdoor Championships, where he posted a time of 20.31.

At Iowa, Wakenight was schooled under some of the best coaches in the Midwest and collaborated with Joey Woody to help develop two NCAA All-Americans in the short hurdles, one in the 400m and a two-time All-American in the 800m in addition to the top-ten finishers in the 4x400m relay. The Hawkeye program produced five indoor and two outdoor Big Ten champions in 2011 and Wakenight was part of a staff that saw head coach Larry Wiecezorek earn 2011 Big Ten Coach of the Year and United States Track and Field and Cross Country Coaches Association (USTFCCA) Midwest Region Coach of the Year honors, while Woody was named USTFCCA Midwest Assistant Coach of the Year.

In addition to his coaching duties at Iowa, Wakenight also was the founder and director of Iowa City Nighthawks Track Club, which produced 40 all-state runners and 14 Iowa state champions.

A 2006 graduate of Iowa, Wakenight was a three-year letterwinner for the Hawkeyes and twice qualified for the NCAA Regional in the 4x400m. He owns a USATF Level I certification and USTFCCA Jumps Specialist certification.



**BOB
THURNHOFFER**

**ASSISTANT COACH
UIC, 2004
SECOND SEASON**

Bob Thurnhoffer is entering his second season as a member of Loyola's track and field staff as an assistant coach. Thurnhoffer works with Loyola's jumpers, specifically its long jumpers and triple jumpers.

In his first season in Rogers Park, Thurnhoffer was instrumental in mentoring James McLachlan, who turned in a record-setting season as a jumper. McLachlan won Horizon League titles in the outdoor long jump and triple jump, qualifying for the NCAA regional meet in both events. He set new school records in both the indoor and outdoor indoor triple jump as well as the outdoor long jump and was named Horizon League Outdoor Field Newcomer of the Year for his efforts.

Prior to heading north to Loyola, Thurnhoffer spent four years at UIC. While there, Thurnhoffer coached Idara Essian to a pair of Horizon League and UIC records in the triple jump while also helping decathlete Terell Williams to a school record in that event, helping his preparation in the horizontal jump and sprint events. In addition, Thurnhoffer is a USA Track & Field Level 1 certified coach and he helped his student-athletes to nine Horizon League titles, 21 top-three finishes at the League meet and mentored four athletes that advanced to the NCAA Midwest Regional meet.

As an athlete, Thurnhoffer competed for two years at the College of DuPage, where he earned all-america honors in the triple jump while earning academic all-american status in the classroom. He then made the move to UIC for his final two seasons, where he earned All-Horizon League accolades, and he continued his career after graduation, earning a bronze medal in the triple jump at the 2005 USATF Club Nationals as a member of the Universal Sole Reebok Track club.

He is currently continuing his education as a graduate student in Loyola's philosophy department.



2011-12 Women's Roster

2011-12 ROSTER

Name	Events	Yr.	Hometown/High School/College
Colleen Baker	Distance	Jr.	Evanston, Ill./Loyola Academy/Miami (Ohio)
Jenn Bane	Distance	Sr.	Crown Point, Ind./Crown Point
Robin Bingham	Throws	Jr.	Barrington, Ill./Barrington/Harper CC
Rachel Bush	Distance	Fr.	Crystal Lake, Ill./Central
Elizabeth Butler	Distance	Sr.	Sturgeon Bay, Wis./Sturgeon Bay
Candice Carajohn	Jumps	Jr.	Seneca, Ill./Seneca
Alyvia Clark	Distance	So.	Circleville, Ohio/Logan Elm
Catherine Crisler	Distance	Jr.	Centerville, Ohio/Alter
Niki Drolshagen	Distance	Fr.	Muskego, Wis./Muskego
Kelly Egan	Distance	Jr.	Marlborough, Mass./Marian
Amelia Games	Throws	Jr.	Hillsdale, Mich./Hillsdale
Eve Hoffman	Jumps	Fr.	Western Springs, Ill./Lyons
Sophia Holy	Sprints	Sr.	Bolingbrook, Ill./Joliet Catholic Academy
Megan Janezic	Distance	So.	Libertyville, Ill./Libertyville
Jade Kinney	Sprints	Fr.	Lebanon, Ohio/Lebanon
Natalie LeFlore	Jumps	Sr.	Whittier, Calif./La Mirada
Nikolina Madjer	Jumps	Fr.	Willow Springs, Ill./Lyons
Grace Moore	Distance	Fr.	Mason City, Iowa/Newman Catholic
Brigid Murray	Sprints	Fr.	Strongsville, Ohio/Strongsville
Alyssa Pace-Patterson	Sprints	Fr.	Ann Arbor, Mich./Pioneer
Holly Rhode	Distance	Jr.	LaGrange, Ill./Lyons Township
Lauren Sedall	Distance	Fr.	Glen Ellyn, Ill./Glenbard West
Ally Spiroff	Distance	Fr.	Whitefish Bay, Wis./Whitefish Bay
Alison Szykowny	Throws	Fr.	Palos Heights, Ill./Shepard
Gina Valgoi	Distance	Jr.	Detroit, Mich./Regina
Mary Whitmore	Distance	So.	Rocky River, Ohio/Magnificat
Ashley Wile	Distance	Fr.	Beverly Hills, Mich./Marian



2011-12 Men's Roster

2011-12 ROSTER

Name	Events	Yr.	Hometown/High School/College
Bay Abbott	Sprints	So.	Leavenworth, Kan./St. James
Oscar Aguinaga	Distance	Jr.	Aurora, Ill./Marmion Academy
Jake Autio	Distance	So.	St. Michael, Minn./St. Michael Albertville
Ned Brady	Mid-Distance	Sr.	St. Paul, Minn./De La Salle
Oliver Daddario	Throws	Sr.	Gloucester, Mass./The Williston Northampton/Hofstra
Danndy Docherty	Distance	Sr.	St. Paul, Minn./Cretin-Derham Hall
Andy Fenske	Distance	So.	Brooklyn Park, Minn./Park Center
Nolan Fine	Mid-Distance	Sr.	Michigan City, Ind./Michigan City
Kevin Glastetter	Sprints	Fr.	Shannon, Ill./Eastland
Mike Janusek	Distance	Jr.	Western Springs, Ill./Lyons
Cole Johnson	Sprints	Fr.	Council Bluffs, Iowa/Lewis Central
Kyle Johnson	Sprints	Fr.	Poplar Grove, Ill./North Boone
Dennis Kott	Sprints	Sr.	Rutland, Mass./St. John's
Christian Lehman	Sprints	So.	Mason, Ohio/Mason
Deven Lopez	Throws	So.	West Chicago, Ill./West Chicago
James McLachlan	Jumps	So.	Wyndham, England
Declan Murray	Mid-Distance	Jr.	Strongsville, Ohio/St. Ignatius
Sam Penzenstadler	Distance	Fr.	Oshkosh, Wis./West
Juan Gabriel Perez	Hurdles	Fr.	Mason, Ohio/Mason
Brian Peters	Distance	Sr.	Lombard, Ill./Glenbard East
Ben Reifenberg	Distance	Sr.	Fort Wayne, Ind./Bishop Dwenger
Khushpal Sangha	Distance	So.	Elmhurst, Ill./York
Jared Skrabacz	Distance	Fr.	Bowling Green, Ky./South Warren
Rodrigo Sousa	Hurdles	So.	Old Soybrook, Conn./Old Soybrook
Josh Stein	Distance	Sr.	Aurora, Ill./Marmion Academy
Alex Thornburg	Distance	So.	St. Clairsville, Ohio/St. Clairsville
Ryan Van Portfliet	Mid-Distance	So.	Parker, Colo./Regis Jesuit
Mike Wetzel	Sprints	Jr.	Green Bay, Wis./Ashwaubenon
Jim Winings	Distance	Sr.	Beechwood, Ohio/St. Ignatius
Paul Yovanic	Throws	Jr.	Highland, Mich./Milford



Women's Cross Country Results

VINCENTIAN CUP INVITE 9/4/10 - LINCOLNWOOD, ILL. 2ND/4 TEAMS	ROY GRIAK INVITE 9/25/10 - MINNEAPOLIS, MINN. 26TH/29 TEAMS	SEAN EARL LAKEFRONT INVITE 10/2/10 - CHICAGO, ILL. 14TH/41 TEAMS
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TEAM	TEAM	TEAM
DePaul 17 pts. LOYOLA 63 pts. St. John's 70 pts. Niagara 95 pts.	Arizona 76 pts. New Mexico 102 pts. Iowa State 113 pts. Duke 119 pts. Providence 139 pts.	Northwestern 53 pts. McMaster 56 pts. St. Olaf 164 pts. Drake 211 pts. Chicago 224 pts.

LOYOLA INDIVIDUAL (4K)		
10. Gina Valgoi		15:50
12. Catherine Crisler		16:02
13. Kelly Egan		16:07
16. Megan Janezic		16:15
18. Mary Whitmore		16:23
20. Danielle Locascio		16:26
21. Alyvia Clark		16:30
22. Alison Rack		16:34

LOYOLA	
LOYOLA INDIVIDUAL (6K)	799 pts.

LOYOLA	
LOYOLA INDIVIDUAL (5K)	391 pts.

MIDWEST OPEN 9/11/10 - KENOSHA, WIS. 3RD/9 TEAMS

TEAM		
UW-Oshkosh 26 pts. UW-Parkside 51 pts. LOYOLA 80 pts. Milwaukee 85 pts. Illinois Tech 126 pts. Milwaukee School of Engineering 205 pts. Cardinal Stritch 215 pts. Maranatha Baptist 241 pts. Alverno 243 pts.		



CATHERINE CRISLER

LOYOLA INDIVIDUAL (5K)		
11. Gina Valgoi		19:27
12. Catherine Crisler		19:32
20. Megan Janezic		20:03
21. Alyvia Clark		20:06
26. Alison Rack		20:18
28. Danielle Locascio		20:32
29. Liz Butler		20:33
33. Mary Whitmore		20:37
36. Kelly Egan		20:44

38. Gina Valgoi	18:45
55. Catherine Crisler	18:59
94. Alison Rack	19:18
117. Megan Janezic	19:28
140. Alyvia Clark	19:38
148. Liz Butler	19:41
185. Danielle Locascio	20:00
189. Kelly Egan	20:02
260. Colleen Baker	20:31
353. Caitlin Ferry	21:38



Women's Cross Country Results

BRADLEY CLASSIC 10/15/10 – PEORIA, ILL. 13TH/20 TEAMS	HORIZON LEAGUE CHAMPIONSHIP 10/30/10 – CHICAGO, ILL. 2ND/10 TEAMS	NCAA MIDWEST REGIONAL 11/13/10 – PEORIA, ILL. 22ND/27 TEAMS
TEAM	TEAM	TEAM

Iowa State	69 pts.
DePaul	131 pts.
Saint Louis	149 pts.
Eastern Illinois	160 pts.
Illinois	169 pts.
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LOYOLA	323 pts.

Butler	18 pts.
LOYOLA	78 pts.
Milwaukee	103 pts.
Youngstown State	111 pts.
Wright State	149 pts.
Cleveland State	157 pts.
UIC	183 pts.
Detroit	187 pts.
Valparaiso	198 pts.
Green Bay	256 pts.

Iowa State	35 pts.
Oklahoma State	105 pts.
Minnesota	118 pts.
Tulsa	133 pts.
Kansas State	154 pts.
<hr/>	
LOYOLA	391 pts.

LOYOLA INDIVIDUAL (6K)		
17. Gina Valgoi		21:56
66. Alison Rack		23:07
73. Colleen Baker		23:12
82. Megan Janezic		23:20
102. Liz Butler		23:48
105. Catherine Crisler		23:51
115. Danielle Locascio		24:05
118. Alyvia Clark		24:07
145. Mary Whitmore		24:53
151. Kelly Egan		25:10

LOYOLA INDIVIDUAL (5K)		
9. Gina Valgoi		18:30
13. Catherine Crisler		18:48
17. Megan Janezic		19:04
18. Alison Rack		19:07
21. Alyvia Clark		19:13
28. Liz Butler		19:23
32. Kelly Egan		19:37
39. Mary Whitmore		19:47
41. Danielle Locascio		19:54
51. Colleen Baker		20:09

LOYOLA INDIVIDUAL (6K)		
74. Gina Valgoi		21:47
106. Catherine Crisler		22:18
128. Alison Rack		22:40
138. Megan Janezic		22:55
142. Alyvia Clark		23:05
161. Liz Butler		23:30
163. Kelly Egan		23:38



GINA VALGOI



Women's Track & Field Top Marks

INDOOR TRACK AND FIELD		3,000m		OUTDOOR TRACK AND FIELD		10,000m	
55m		10:02.33	Gina Valgoi	100m		37:13.94	Gina Valgoi
7.53	Brianna Walker	10:10.36	Gina Valgoi	12.53	Brianna Walker	38:00.45	Colleen Baker
7.74	Brianna Walker	10:44.41	Alison Rack	12.55	Brianna Walker	39:01.88	Colleen Baker
55m HURDLES		10:48.17	Megan Janezic	12.66	Brianna Walker	HAMMER THROW	
9.46	Candice Carajohn	10:49.24	Colleen Baker	13.02	Brianna Walker	140-00	Jordan Rohlfing
60m		5,000m		100m HURDLES		138-06	Amelia Games
7.79	Brianna Walker	17:14.13	Gina Valgoi	15.18	Candice Carajohn	138-02	Jordan Rohlfing
7.84	Brianna Walker	17:49.75	Gina Valgoi	15.36	Candice Carajohn	137-06	Jordan Rohlfing
7.86	Brianna Walker	18:21.37	Alison Rack	15.60	Candice Carajohn	134-07	Jordan Rohlfing
7.90	Brianna Walker	18:42.10	Colleen Baker	15.96	Candice Carajohn	DISCUS	
8.00	Brianna Walker	18:46.44	Megan Janezic	200m		135-09 *	Robin Bingham
60m HURDLES		HIGH JUMP		25.19	Nicole Noelliste	134-11	Robin Bingham
9.59	Candice Carajohn	5-01.75	Candice Carajohn	25.42	Nicole Noelliste	126-04	Robin Bingham
9.75	Candice Carajohn	5-01.00	Candice Carajohn	25.83	Nicole Noelliste	126-02	Robin Bingham
9.77	Candice Carajohn	4-11.75	Candice Carajohn	26.58	Sophia Holy	123-11	Robin Bingham
9.78	Candice Carajohn	4-11.00	Candice Carajohn	26.67	Sophia Holy	JAVELIN	
9.95	Candice Carajohn	4-10.50	Candice Carajohn	400m		123-06	Kelly Egan
200m		LONG JUMP		56.66	Nicole Noelliste	111-01	Kelly Egan
25.33	Nicole Noelliste	17-05.50	Candice Carajohn	57.20	Nicole Noelliste	110-05	Kelly Egan
25.64	Nicole Noelliste	17-02.75	Natalie LeFlore	57.87	Nicole Noelliste	110-01	Kelly Egan
25.86	Nicole Noelliste	17-01.50	Natalie LeFlore	58.18	Nicole Noelliste	106-06	Kelly Egan
25.87	Nicole Noelliste	17-00.50	Natalie LeFlore	58.73	Jenn Bane	SHOT PUT	
25.87	Nicole Noelliste	16-10.50	Natalie LeFlore	400m HURDLES		37-06.50	Jordan Rohlfing
400m		TRIPLE JUMP		1:00.13	Nicole Noelliste	36-04.50	Jordan Rohlfing
56.75	Nicole Noelliste	37-06.50	Natalie LeFlore	1:00.77	Nicole Noelliste	35-02.50	Jordan Rohlfing
58.03	Nicole Noelliste	36-10.25	Natalie LeFlore	1:01.07	Nicole Noelliste	35-00.25	Candice Carajohn
58.05	Nicole Noelliste	36-09.00	Natalie LeFlore	1:01.11	Nicole Noelliste	34-07.50	Candice Carajohn
58.10	Nicole Noelliste	36-08.25	Natalie LeFlore	1:01.17	Nicole Noelliste	LONG JUMP	
58.45	Nicole Noelliste	36-07.00	Natalie LeFlore	800m		17-08.00	Natalie LeFlore
600m		SHOT PUT		2:14.23	Jenn Bane	17-06.75	Candice Carajohn
1:37.32 *	Caitlin Ferry	39-08.00	Jordan Rohlfing	2:14.64	Caitlin Ferry	17-03.50	Natalie LeFlore
1:39.87	Jenn Bane	39-03.75	Jordan Rohlfing	2:15.08	Catherine Crisler	17-02.75	Candice Carajohn
1:39.95	Alyvia Clark	37-05.25	Jordan Rohlfing	2:15.17	Alyvia Clark	17-02.75	Natalie LeFlore
1:39.96	Catherine Crisler	34-09.75	Jordan Rohlfing	2:15.53	Caitlin Ferry	TRIPLE JUMP	
1:40.14	Kelly Egan	34-09.00	Amelia Games	1,500m		37-03.00	Natalie LeFlore
800m		WEIGHT THROW		4:30.21	Gina Valgoi	36-09.00	Natalie LeFlore
2:14.12	Caitlin Ferry	49-05.75 *	Jordan Rohlfing	4:32.51	Alyvia Clark	36-04.25	Natalie LeFlore
2:15.31	Jenn Bane	41-01.25	Amelia Games	4:33.81	Alyvia Clark	4x100m RELAY	
2:15.75	Alyvia Clark	40-02.75	Amelia Games	4:34.56	Gina Valgoi	48.49	Walker, Noelliste, LeFlore, Carajohn
2:15.86	Caitlin Ferry	39-10.50	Amelia Games	4:35.55	Gina Valgoi	4x400m RELAY	
2:16.04	Jenn Bane	38-00.75	Amelia Games	3,000m		3:53.40	Bane, Holy, Ferry, Noelliste
1,000m		PENTATHLON		10:32.92	Megan Janezic	4:10.91	Holy, Bane, Ferry, Clark
2:59.42	Kelly Egan	3,362	Candice Carajohn	11:10.75	Colleen Baker	4:12.55	Bane, Ferry, Clark, Crisler
3:00.51	Catherine Crisler	3,040	Candice Carajohn	3,000m STEEPLECHASE		4x800m RELAY	
Mile		4x400m RELAY		11:32.97	Liz Butler	9:09.80	Ferry, Bane, Clark, Valgoi
5:04.33	Gina Valgoi	3:55.35	Walker, Noelliste, Holy, Bane	11:37.50	Liz Butler	4x1,500m RELAY	
5:04.70	Gina Valgoi	4:05.22	Noelliste, Walker, Carajohn, Holy	11:54.01	Liz Butler	19:18.26	Valgoi, Clark, Crisler, Rack
5:05.42	Gina Valgoi	4:06.61	Noelliste, Walker, Holy, Bane	12:33.16	Danielle Locascio	5,000m	
5:08.39	Catherine Crisler	4x800m RELAY		12:42.23	Danielle Locascio	17:14.50	Gina Valgoi
5:08.93	Catherine Crisler	9:27.19	Ferry, Crisler, Clark, Valgoi	5,000m		17:17.19	Gina Valgoi
DISTANCE MEDLEY RELAY		9:36.01	Egan, Bane, Whitmore, Rack	18:00.23	Alison Rack	18:00.23	Alison Rack
				18:10.85	Alison Rack	18:10.85	Alison Rack
				18:39.27	Alison Rack	18:39.27	Alison Rack



JENN BANE

DISTANCE

YEAR: **Senior**
HOMETOWN: **Crown Point, Ind.**
HIGH SCHOOL: **Crown Point**
BIRTHDATE: **June 22, 1990**
MAJOR: **Journalism**

TOP TIMES

INDOOR

500m	1:21.36	2009-10
600m	1:39.87	2010-11
800m	2:15.31	2010-11

OUTDOOR

400m	58.73	2010-11
800m	2:14.23	2010-11

HORIZON LEAGUE FINISHES

INDOOR	08-09	09-10	10-11
800m		17th	4th
OUTDOOR	08-09	09-10	10-11
800m		10th	6th

CAREER BIO

2010-11 (Junior): Developed into one of Loyola's top middle-distance runners ... Finished fourth in the 800m at the Horizon League Indoor Championship with personal-best time of 2:15.31 in the finals ... That time moved her into ninth on Loyola's all-time list in the indoor 800m ... Part of 4x400m relay team that took third at the League meet ... Its time of 3:55.35 was the fourth-fastest in Loyola history ... Finished fourth in the 600m at the Indiana Relays ... Her time of 1:39.87 puts her third on LU's all-time chart ... Took sixth in the 800m at the Horizon League Outdoor Championship in 2:16.24 ... Ran opening leg of 4x400m relay team that ran 3:53.40 at League meet, the third-fastest clocking in Rambler history ... Moved into ninth on the all-time outdoor list after posting time of 2:14.23 in the 800m at the Stan Lyons Invite. **2009-10 (Sophomore):** Made her only cross country appearance at the Sean Earl Lakefront Invitational, posting a time of 21:50 ... Finished 17th in the 800m at the Horizon League Indoor Championship with a time of 2:26.75 ... Took eighth place in the 800m at the Panther Tune-Up in a personal-best 2:24.86 ... Helped relay team win the 4x400m relay at the same meet (4:09.86) ... Finished 11th at the Carle/Health Alliance Classic in the 600m (1:42.84) ... Grabbed ninth place in the 500m at the Notre Dame Opener with clocking of 1:21.36 ... Missed out on finals qualification by a fraction of a second at the Horizon League Outdoor Championship, finishing 10th in the 800m with a time of 2:21.21 ... Finished fourth in the 800m (2:21.61) at the Chicagoland Championships. **2008-09 (Freshman):** Helped the distance medley relay team to a third-place finish at the Horizon League Indoor Championships with a time of 12:31.65 ... Finished fourth in the 800m (2:25.16) at the UWM Tune-Up ... Also finished fourth in the 800m (2:25.94) at the Early Bird Open ... Took eighth in the 600m (1:43.61) at the Illinois Invitational ... Finished 10th in the 500m (1:22.73) at the Notre Dame Indoor Opener ... Finished third in the 800m at the Ted Haydon Invitational with a time of 2:25.33 ... Took 10th in the 800m at the Indiana State Invitational, finishing in 2:23.83 ... Set a then-personal-best time in the 800m in the preliminary round of the League Outdoor Championships with a time of 2:19.48. **High School:** Four-year varsity letter winner in both cross country and track and field ... 2007 sectional champion in the 800m and 1600m ... Cross Country Bulldog Best Attitude Award ... 2007 and 2008 conference champions in the 1600m relay ... State runner-up for the 1600m relay in 2007 ... Senior captain for both cross country and track teams ... Received 2008 Portage Relays Most Outstanding Athlete Award ... Holds school and conference record for the 1600m relay ... Member of the National Honor Society ... Editor-in-chief of her school newspaper ... Six-time scholar athlete. **Personal:** Daughter of John and Valarie Bane ... Born June 22, 1990 ... Journalism major.



LIZ BUTLER

DISTANCE

YEAR: **Senior**
 HOMETOWN: **Sturgeon Bay, Wis.**
 HIGH SCHOOL: **Sturgeon Bay**
 BIRTHDATE: **June 12, 1989**
 MAJOR: **Anthropology/History**

TOP TIMES

INDOOR

55m H	9.89	2009-10
60m H	10.38	2008-09
200m	30.80	2008-09
600m	1:45.48	2010-11
800m	2:27.01	2010-11
Mile	5:23.15	2010-11
High Jump	1.56m (5-01.25)	2008-09
Long Jump	4.74m (17-02.75)	2008-09

OUTDOOR

100m H	18.91	2008-09
200m	28.76	2008-09
800m	2:22.39	2009-10
1,500m	4:52.40	2010-11
3,000m S	11:32.97	2010-11
High Jump	1.50m (4-11.00)	2008-09
Long Jump	5.08m (16-08.00)	2008-09
Shot Put	6.27m (20-07.00)	2008-09

CAREER BIO

2010-11 (Junior): Competed in the final six meets of the cross country season, missing only the season opener ... Finished 28th at the Horizon League Cross Country Championship with time of 19:23 ... Finished 129th out of 512 runners at the Sean Earl Lakefront Invitational ... Took 10th place in the mile at the Horizon League Indoor Championship in 5:23.15 ... Part of distance medley relay squad that finished third after posting time of 12:20.07 ... Shaved seven seconds off her previous best with a 2:27.01 performance in the 800m at the Keck Invite ... Grabbed a fourth-place finish in the 3,000m steeplechase at the Horizon League Outdoor Championship with time of 11:32.97, a clocking which ranks fifth on Loyola's all-time list ... Finished 13th in the 1,500m at the League meet in 5:00.51 ... Ran season-best time of 4:52.40 in the 1,500m at the Stan Lyons Invite. **2009-10 (Sophomore):** Posted total of 2,707 points in the indoor pentathlon at the Carle/Health Alliance Classic ... Won the 800m portion of that competition in 2:34.84 ... Recorded season-best mark of 5.11m (16-09.25) in the long jump at the Notre Dame Opener ... Finished in 13th place in the 800m (2:22.39) at the Horizon League Outdoor Championships ... Took 10th place in the 800m (2:27.59) at the Chicagoland Championships. **2008-09 (Freshman):** Finished seventh in the pentathlon at the Horizon League Championships with a final score of 2,790 points ... Also finished eighth in the high jump (1.48m; 4-10.25) and ninth in the 60m hurdles (10.38) in the League Championships ... Placed third in the high jump (1.53m; 5-00.25), fourth in the long jump (4.74m; 15-06.50) and eighth in the 60m hurdles (11.76) at the UWM Tune-Up ... Took fifth in the high jump at the Chicagoland Championships with a jump of 1.52m (4-11.75) ... Finished tied for ninth place in the high jump (1.49m; 4-10.50) and 11th in the long jump (5.08m; 16-08.00) at the League Championships ... Took third in the long jump (5.07m; 16-07.50), sixth in the high jump (1.50; 4-11.00) and sixth in the 100m hurdles (18.91) at the Ted Haydon Invitational ... Finished in 10th in the shot put at the Viking Classic with a throw of 6.27m (20-07.00). **High School:** Selected female track MVP, 2006-2008 ... School record holder in high jump, long jump, 300m and 100m hurdles ... 2008 conference MVP ... 2007 and 2008 Sheboygan Falls Outstanding Female Athlete ... 2008 conference and regional champs ... Two-time team captain ... Member of the National Honor Society. **Personal:** Born on June 12, 1989 ... Daughter of Mark Kraemer and Karen Butler ... Anthropology and history major.

HORIZON LEAGUE FINISHES

INDOOR	08-09	09-10	10-11
60m H	9th		
Mile			10th
High Jump	8th		
Long Jump	7th		

OUTDOOR	08-09	09-10	10-11
800m		13th	
1,500m			13th
3,000m S			4th
High Jump	T-9th		
Long Jump	11th		



SOPHIA HOLY

SPRINTS

YEAR: **Senior**
 HOMETOWN: **Bolingbrook, Ill.**
 HIGH SCHOOL: **Joliet Catholic Academy**
 BIRTHDATE: **July 3, 1990**
 MAJOR: **Marketing**

TOP TIMES

INDOOR		
55m	8.04	2009-10
60m	8.60	2010-11
200m	27.11	2009-10
400m	59.56	2009-10
500m	1:20.63	2009-10
800m	2:27.47	2009-10
OUTDOOR		
100m	13.69	2009-10
200m	26.58	2010-11
400m	58.46	2009-10

CAREER BIO

2010-11 (Junior): Finished 16th in the 200m at the Horizon League Indoor Championship with time of 1:02.49 ... Also part of 4x400m relay team that posted third-fastest time in LU history (3:55.35) and distance medley relay team that took third place with time of 12:20.07 ... Posted new personal best with 8.60 clocking in the 60m dash at the UWM Tune-Up ... Ran season-best 28.12 in the 200m at North Central ... Finished fifth in the 400m at the Horizon League Outdoor Championship with season-best time (59.19) in the finals ... Ran anchor leg of Loyola's 4x100m relay team that posted fifth-fastest time in school history (48.49) ... Also part of 4x400m relay squad that ran 3:53.40, good for third in school history ... Set new personal best in the 200m with 26.58 performance at Concordia. **2009-10 (Sophomore):** Helped 4x400m relay team take the Horizon League crown at the Indoor League Championship meet in a time of 3:54.38 ... Also part of relay team that set school record in the 4x400m (3:51.04) at Iowa State ... Finished eighth individually, in the 400m at the Horizon League Indoor Championship (1:00.14) and 17th in the 200m (27.36) ... Set personal-best marks in both events (200m, 27.11; 400m, 59.56) at Iowa State ... Took sixth in the 400m (1:01.32) and 12th in the 200m (27.86) at the Keck Invite ... Recorded personal-best time of 58.46 in the 400m to place fifth at the Horizon League Outdoor Championship ... That time ranks 10th on Loyola's all-time list ... Helped team to fourth-place finish in 4x400m relay (3:59.88) at same event ... Finished 13th in the 100m (13.69) at the Stan Lyons Invite. **2008-09 (Freshman):** Took sixth place in the 400m at the Chicagoland Championships with a time of 1:03.05 ... Placed 10th in the 200m (28.54) at the UWM Tune-Up ... Finished 14th in the 200m (28.28) at the Indiana Relays ... Helped the 4x100m relay team (48.48) and the 4x400m relay (3:52.44) to fourth-place finishes at the Horizon League Outdoor Championships...Also took eighth in the 400m at the League Championships, finishing in 59.64 ... Finished sixth in the 400m (1:01.52) and 11th in the 200m (27.61) at the Indiana State Invitational. **High School:** School record holder in the 400m, 4x100m and 4x400m ... Received Most Spirited Athlete Award ... Team captain ... Member of the National Honor Society and Spanish Honor Society. **Personal:** Born July 3, 1990 ... Daughter of Joseph and Maribel Holy ... Marketing major.

HORIZON LEAGUE FINISHES

	08-09	09-10	10-11
INDOOR			
200m		17th	16th
400m		8th	
OUTDOOR			
400m	8th	5th	5th



NATALIE LEFLORE



JUMPS

YEAR: **Senior**
HOMETOWN: **Whittier, Calif.**
HIGH SCHOOL: **La Mirada**
BIRTHDATE: **December 11, 1989**
MAJOR: **Business Management**

TOP TIMES/MARKS

INDOOR

55m	7.79	2009-10
200m	28.32	2009-10
Long Jump	5.35m (17-06.75)	2009-10
Triple Jump	11.44m (37-06.50)	2010-11

OUTDOOR

100m	13.57	2009-10
200m	28.59	2009-10
Long Jump	5.38m (17-08.00)	2010-11
Triple Jump	11.59m (38-00.25)	2009-10

HORIZON LEAGUE FINISHES

INDOOR	08-09	09-10	10-11
Long Jump	11th	12th	10th
Triple Jump	5th	9th	10th

OUTDOOR	08-09	09-10	10-11
Long Jump	T-12th	9th	10th
Triple Jump	5th	7th	10th

CAREER BIO

2010-11 (Junior): Finished 10th in both the long jump (5.14m, 16-10.50) and the triple jump (10.92m, 35-10.00) at the Horizon League Indoor Championship ... Set a new personal-best in the triple jump with a leap of 11.44m (37-06.50) at Illinois State ... Solidified her hold on third place on Loyola's all-time list with that mark ... Jumped 5.25m (17-02.75) in the long jump at the UWM Tune-Up ... Also finished 10th in both jumping events at the Horizon League Outdoor Championship ... Turned in season-best effort in the long jump with mark of 11.37m (37-03.00) at Benedictine ... Leapt 5.38m (17-08.00) in the long jump at Concordia to move into second on LU's all-time outdoor chart. **2009-10 (Sophomore):** Finished ninth in the triple jump (10.58m, 34-08.50) and 12th in the long jump (5.12m, 16-09.75) at the Horizon League Indoor Championship ... Won the triple jump (11.07m, 36-04.00) and tied for second in the long jump (5.35m, 17-06.75) at the Keck Invite ... The long jump mark ranks second on Loyola's all-time list ... Also took to the track and finished 10th in the 55m (7.79) at that meet ... Finished third in the triple jump (10.99m, 36-00.75) and fourth in the long jump (5.26m, 17-03.75) at the Chicagoland Indoor Championship ... Finished seventh in the triple jump (11.27m, 36-11.75) and ninth in the long jump (5.15m, 16-10.75) at the Horizon League Outdoor Championship ... Took second in the long jump (5.26m, 17-03.75) and third in the triple jump (11.59m, 38-00.25) at the Eagle Invitational ... Those leaps place her second (triple jump) and third (long jump) all-time on LU's outdoor lists ... Finished 20th in her first competition in the 100m (13.57) at the Chicagoland Championships ... Took second in the triple jump (11.11m, 36-05.50) at that same meet. **2008-09 (Freshman):** Finished fifth in the triple jump (10.95m; 35-11.25) and 11th in the long jump (4.89m; 16-00.50) at the Horizon League Indoor Championships ... Took third in the triple jump (10.29m; 33-09.25) and fourth in the long jump (5.22m; 17-01.50) at the Notre Dame Indoor Opener ... Placed fifth in the long jump (5.25m; 17-02.75) and seventh in the triple jump (10.54m; 34-07.00) at the Chicagoland Championships ... Finished in fifth place in the triple jump at the Early Bird Open with a jump of 10.73m (35-02.50) ... Finished fifth in the triple jump (11.18m; 36-08.25) and 12th in the long jump (5.04m; 16-06.50) at the League Outdoor Championships... Took third in the triple jump (10.90m; 35-09.25) and fourth in the long jump (5.19m; 17-00.50) at the Indiana State Invitational ... Finished third in the triple jump (10.94m; 35-10.75) and seventh in the long jump (5.13m; 16-10.00) at the Dave Rankin Invitational ... Took fifth in the triple jump at the Duke Invitational with a jump of 11.15m (36-07.00). **High School:** 2008 Coaches Award winner ... 2008 triple jump and long jump league champion ... 2008 *Whittier Daily News* First Team All-Area selection for track and field ... 2007 most valuable jumper ... 2005 freshman MVP ... Three-time scholar-athlete award recipient. **Personal:** Born on December 11, 1989 ... Daughter of Rudy and Angela LeFlore ... Business Management major.



COLLEEN BAKER

DISTANCE

YEAR: **Junior**
 HOMETOWN: **Evanston, Ill.**
 HIGH SCHOOL: **Loyola Academy**
 LAST SCHOOL: **Miami (Ohio)**
 BIRTHDATE: **October 3, 1991**
 MAJOR: **English/Secondary Education**

TOP TIMES

INDOOR

800m	2:54.50	2010-11
Mile	5:46.09	2010-11
3,000m	10:49.24	2010-11
5,000m	18:42.10	2010-11

OUTDOOR

3,000m	11:10.75	2010-11
5,000m	18:47.89	2010-11
10,000m	38:00.45	2010-11

HORIZON LEAGUE FINISHES

INDOOR	10-11
3,000m	13th

OUTDOOR	10-11
5,000m	13th
10,000m	6th

CAREER BIO

2010-11 (Sophomore): Ran in two cross country meets ... Was Loyola's third finisher at the Bradley Classic with a time 23:12 ... Also third Rambler across the line at the Roy Griak Invite, turning in a time of 24:25 ... Claimed 13th place in the 3K at the Horizon League Indoor Championship after turning in a time of 10:49.24 ... Ranked third on the Loyola depth chart in the 5K after posting a time of 18:42.10 at North Central ... Really improved as the outdoor season progressed ... Finished sixth in the 10K (38:00.45) and 13th in the 5K (18:47.89) at the Horizon League Outdoor Championship. **2009-10 (Freshman):** Attended Miami (Ohio), did not compete. **High School:** Finished fifth in 3,200m at conference meet with time of 12:10.32 ... Took sixth in same event in sectional meet, posting a finishing time of 12:04.43. **Personal:** Born on October 3, 1991 ... Daughter of John and Eileen Baker ... English and secondary education major.



ROBIN BINGHAM

THROWS

YEAR: **Junior**
 HOMETOWN: **Barrington, Ill.**
 HIGH SCHOOL: **Barrington**
 LAST SCHOOL: **Harper C.C.**
 BIRTHDATE: **March 22, 1990**
 MAJOR: **English/Secondary Education**

TOP TIMES

INDOOR

Weight Throw **11.56m (37-11.25) 2010-11**
 Shot Put **9.99m (32-09.50) 2010-11**

OUTDOOR

Discus **41.39m* (135-09) 2010-11**
 Hammer **32.92m (108-00) 2010-11**
 Javelin **30.02m (98-06) 2010-11**
 Shot Put **9.77m (32-00.75) 2010-11**

* school record

CAREER BIO

2010-11 (Sophomore): Improved tremendously as the season went on ... Finished 14th in the weight throw (11.18m, 36-08.25) and 15th in the shot put (9.92m, 32-06.50) at the Horizon League Indoor Championship ... Posted season-best mark in the weight throw with 11.56m (37-11.25) toss at Carthage ... Recorded 9.99m (32-09.50) mark in the shot at North Central ... Finished sixth in the discus at the Horizon League Outdoor Championship with a throw of 41.12m (134-11) ... Also finished 15th in the shot put (9.77m, 32-00.75) and 17th in the javelin (22.46m, 73-08) at the League meet ... Set new school record in the discus with heave of 41.39m (135-09) at the Dr. Keeler Invitational ... Recorded season-best marks in the weight throw (32.92m, 108-00) and javelin (30.02m, 98-06) at DePaul. **2009-10 (Freshman, Harper CC):** NJCAA throwing national champion in 2010 ... Placed second at Benedictine Twilight ... Named Academic All-American. **High School:** Qualified for state meet in 2007 and 2009 ... Part of team that won state championship in 2009 ... Named 2006 state alternate in 4x800 ... Earned most team most spirit award in 2006, 2007 and 2009 ... Finished in seventh place at 2008 sectional meet. **Personal:** Born on August 21, 1991 ... Daughter of Mary Cates and William Bingham ... English/Secondary education major.

HORIZON LEAGUE FINISHES

INDOOR

Shot Put **10-11 15th**
 Weight Throw **10-11 14th**

OUTDOOR

Discus **10-11 6th**
 Javelin **10-11 17th**
 Shot Put **10-11 15th**



CANDICE CARAJOHN

JUMPS

YEAR: **Junior**
 HOMETOWN: **Seneca, Ill.**
 HIGH SCHOOL: **Seneca**
 BIRTHDATE: **June 17, 1991**
 MAJOR: **Biology**

TOP TIMES

INDOOR

55m H	9.46	2010-11
60m H	9.59	2010-11
200m	29.81	2009-10
800m	2:27.96	2010-11
High Jump	1.57m (5-01.75)	2010-11
Long Jump	5.32m (17-05.50)	2010-11
Triple Jump	10.64m (34-11.00)	2009-10

OUTDOOR

100m H	15.18	2010-11
200m	25.83	2010-11
800m	2:31.25	2009-10
High Jump	1.60m (5-03.00)	2010-11
Long Jump	5.35m (17-06.75)	2010-11
Javelin	27.74m (91-01)	2009-10
Shot Put	10.67m (35-00.25)	2010-11

HORIZON LEAGUE FINISHES

INDOOR

	09-10	10-11
High Jump		8th
Long Jump	15th	
Triple Jump	11th	
Pentathlon		1st

OUTDOOR

	09-10	10-11
High Jump		4th
Javelin	10th	
Heptathlon	4th	4th

CAREER BIO

2010-11 (Sophomore): One of most versatile athletes in the Horizon League ... Horizon League Champion in the indoor pentathlon with score of 3,362 points ... Also finished eighth in the high jump at the League meet with a height of 1.49m (4-10.50) ... Jumped 1.57m in the high jump during the pentathlon, a mark that places her fifth on Loyola's all-time list ... Also jumped a personal-best 5.32m (17-05.50) in the long jump during that competition, moving into third on LU's career list in that event ... Took fourth in the high jump at the Horizon League Outdoor Championship, clearing 1.60m (5-03.00) ... That performance puts her second on the Ramblers' outdoor high jump career chart ... Also finished fourth in the outdoor heptathlon at the conference meet with 3,846 points ... Turned in long jump of 5.35m (17-06.75) that ranks third all-time at Loyola ... Part of 4x100m relay team that posted fifth-fastest time in school history (48.49) ... Tossed the shot 10.67m (35-00.25) at the Mike Poehlein Invite. **2009-10 (Freshman):** Finished 11th in the triple jump (10.20m, 33-05.75) and 15th in the long jump (4.97m, 16-03.75) at the Horizon League Indoor Championship ... Took fifth in the triple jump with a season-best leap of 10.64m (34-11.00) at the Panther Tune-Up ... Finished ninth in the triple jump (10.27m, 33-08.50) at the Keck Invite ... Also posted season-best mark of 4.89m (16-00.50) in the long jump at that event ... Made debut on the track, running the 200m in 29.81 at the Notre Dame Opener ... Finished fourth in the heptathlon (4,312) and 10th in the javelin throw (27.48m, 90-02) at the Horizon League Outdoor Championship ... Finished second in the triple jump (11.05m, 36-03.00) and eighth in the shot put (9.24m, 30-03.75) at the Cougar Invitational ... Set personal-best marks in the triple jump (36-03.00) and javelin (91-01) at Concordia. **High School:** Named to all-conference team all four years of high school ... Earned all-state honors ... Holds school records in the long jump, triple jump and 300m hurdles ... Named academic all-conference in 2008 and 2009 ... Finished in eighth place at state championships in the triple jump in 2009 ... Took eighth place at state championships in 300m in 2008. **Personal:** Born on June 17, 1991 ... Daughter of Frank and Karyn Carajohn ... Biology major ... Member of Loyola's women's volleyball team in 2009-10 seasons.



CATHERINE CRISLER

DISTANCE

YEAR: **Junior**
 HOMETOWN: **Centerville, Ohio**
 HIGH SCHOOL: **Alter**
 BIRTHDATE: **July 12, 1990**
 MAJOR: **Biology**

TOP TIMES

INDOOR		
600m	1:39.96	2010-11
800m	2:22.36	2010-11
1,000m	3:00.51	2010-11
Mile	5:08.39	2010-11
OUTDOOR		
800m	2:15.08	2010-11
1,500m	4:54.24	2010-11

CAREER BIO

2010-11 (Sophomore): Key contributor during cross country season ... Ran in all seven meets and was Loyola's second scorer in six of them ... Earned Second Team All-Horizon League honors after finishing 13th at the League championship (18:48) ... Finished 106th at the NCAA regional meet with time of 22:18 ... Finished 55th out of 512 runners at the Sean Earl Lakefront Invitational ... Took 12th at both the UW Parkside Midwest Open and the Vincentian Cup Invite ... Finished fifth in the mile (5:08.93) at the Horizon League Indoor Championship ... Ran anchor leg on the distance medley relay team that took fifth at the League meet ... Moved into fifth on Loyola's all-time list in the 600m with a 1:39.96 time at the Indiana Relays ... Ran personal-best time of 2:22.36 in the 800m at the Meyo Invite ... Took fifth in the 800m at the Horizon League Outdoor Championship with a personal-best time of 2:15.08 in the finals ... Posted 4:54.24 clocking in the 1,500m at Duke. **2009-10 (Freshman):** Finished 58th at the Horizon League Cross Country Championship with a time of 21:39 ... Finished 42nd at the season-opening DePaul Invitational (16:44) ... Scored for team at NCAA Midwest Regional with finishing time of 24:36 ... Capped off indoor season with 14th-place finish in 800m (2:23.74) at Horizon League Championship ... Finished fifth in the 800m (2:23.23) and was on first-place 4x400m relay team (4:09.86) at the Panther Tune-Up ... Finished 11th in the 800m (2:27.72) at the Keck Invite ... Clocked a 1:42.97 in the 600m at the Indiana Relays ... Finished 12th in the 800m (2:21.95) at the Horizon League Outdoor Championship ... Posted season-best outdoor 800m time of 2:20.00 at Eastern Illinois ... Claimed fifth place in the 800m (2:21.87) at the Chicagoland Championships. **High School:** Earned Academic All-Ohio honors in 2007, 2008 and 2009 ... Helped cross country team to a state championship in 2007, two second-place finishes and three district and regional championships ... Won state championships in the 4x800m in 2007 and 2009 ... Named first-team all-conference for cross country in 2007 and 2008 and for track in 2007 and 2009 ... Part of track and field team that won three district championships and two regional championships. **Personal:** Born on July 12, 1990 ... Daughter of Timothy Crisler and Jane Crisler-Palazotto ... Biology major.

HORIZON LEAGUE FINISHES

	09-10	10-11
XC Cross Country	58th	13th
INDOOR 800m	14th	
Mile		5th
OUTDOOR 800m	12th	5th



KELLY EGAN

DISTANCE

YEAR: **Junior**
 HOMETOWN: **Marlborough, Mass.**
 HIGH SCHOOL: **Marian**
 BIRTHDATE: **May 2, 1991**
 MAJOR: **Biology**

TOP TIMES

INDOOR

600m	1:40.14	2010-11
800m	2:18.83	2009-10
1,000m	2:59.42	2010-11
Mile	5:13.87	2010-11

OUTDOOR

800m	2:16.76	2009-10
Javelin	37.64m* (123-06)	2010-11

* school record

CAREER BIO

2010-11 (Sophomore): Competed in Loyola's first two and last two cross country meets of the season ... Finished 32nd at the Horizon League Cross Country Championship (19:37) ... Ended in 13th at the season-opening Vincentian Cup Invite ... Took sixth in the mile at the Horizon League Indoor Championship with a finishing time of 5:13.87 ... Also ran opening leg for the distance medley relay team that took third in 12:20.07 ... Moved into sixth on the school's all-time list after running 1:40.14 in the 600m at the Indiana Relays ... Posted season-best times in both the 800m (2:21.45) and 1,000m (2:59.42) at the Meyo Invite ... Finished fourth in the javelin throw and eighth in the 800m dash at the Horizon League Outdoor Championship ... Her heave of 37.64m (123-06) in the javelin improved her own school-record mark ... Ran season-best time of 2:17.55 in the prelims of the 800m at the League meet.

2009-10 (Freshman): Competed in every cross country meet ... Took 35th place at the Horizon League Championship with finishing time of 20:45 ... Finished 44th in season-opening DePaul Invitational in time of 16:54 ... Finished sixth in the 800m (2:20.33) at the Horizon League Indoor Championship ... Posted season-best time of 2:18.83 in the prelims ... Finished second in the 800m (2:20.01) at the Panther Tune-Up ... Took fifth place in 800m (2:22.95) at Keck Invite ... Finished fifth in the 800m at the Horizon League Outdoor Championship (2:17.73) ... Ran a season-best time of 2:16.76 in the prelims ... Also took fifth in the javelin throw at the League meet with a heave of 32.90m (107-11) ... Finished fourth in the javelin at the Chicagoland Championships with a then-school-record toss of 34.91m (114-06) ... Recorded a top-five finish in the javelin at the Cougar Invitational (31.64m, 103-10).

High School: Won seven state titles over high school career ... Recipient of MIAA Women in Sports Leadership Award ... Earned *Metro West Daily News* Track All-Star honors all four years of high school ... Holds school record in seven different events ... Helped cross country team to four league championships ... Also helped indoor track and field team to three league championships.

Personal: Born on May 2, 1991 ... Daughter of Brian and Lynda Egan ... Biology major.

HORIZON LEAGUE FINISHES

XC	09-10	10-11
Cross Country	35th	32nd

INDOOR	09-10	10-11
800m	6th	
Mile		6th

OUTDOOR	09-10	10-11
800m	5th	8th
Javelin	5th	4th



AMELIA GAMES

THROWS

YEAR: **Junior**
 HOMETOWN: **Hillsdale, Mich.**
 HIGH SCHOOL: **Hillsdale**
 BIRTHDATE: **May 23, 1991**
 MAJOR: **Accounting/Finance**

TOP MARKS

INDOOR		
Shot Put	10.36m (34-11)	2009-10
Weight	13.99m (44-04.75)	2009-10
OUTDOOR		
Discus	33.96m (111-05)	2010-11
Hammer	42.21m (138-06)	2010-11
Javelin	29.25m (95-11)	2009-10
Shot Put	10.06m (33.05.25)	2009-10

CAREER BIO

2010-11 (Sophomore): Finished 12th in the shot put (10.59m, 34-09.00) and 15th in the weight throw (11.05m, 36-03.00) at the Horizon League Indoor Championship ... Her mark in the shot represented her season best ... Recorded distance of 12.53m (41-01.25) in the weight throw at the UWM Tune-Up ... Took eighth in the hammer throw at the Horizon League Outdoor Championship with personal-best toss of 42.21m (138-06) ... Also finished 11th in the javelin, 14th in the discus and 16th in the shot put at the League meet ... Set a new personal-best in the discus (33.96m, 111-05) at the League championship. **2009-10 (Freshman):** Finished 11th in the weight throw (13.32m, 43-08.50) at the Horizon League Indoor Championship ... Finished sixth in the shot put (10.60m, 34-09.25) and seventh in the weight throw at the Panther Tune-Up ... Her mark of 13.99m (44-04.75) in the weight throw in Milwaukee was her season-best toss ... Finished 15th in the discus (32.63m, 107-01) and hammer throw (35.41m, 116-02) and 16th in the shot put (9.92m, 32-06.50) at the Horizon League Outdoor Championship ... Finished sixth in both the hammer (117-00) and discus (109-10) and seventh in the shot put (32-03.75) at the Cougar Invite ... Also finished eighth in the javelin at that competition with a season-best throw of 29.25m (95-11) ... Lodged season-best mark in the hammer (133-04) at Purdue. **High School:** Earned U.S. Army Reserve Scholar-Athlete Award ... Four-year track letterwinner ... Won conference championship in the discus in 2008 and 2009 and the shot put in 2008 ... Earned team most valuable field event performer honors in 2008 and 2009 ... Named to all-area shot put and distance second team in 2008. **Personal:** Born on May 23, 1991 ... Daughter of Marty and Julie Games ... Accounting/finance major.

HORIZON LEAGUE FINISHES

INDOOR		
Shot Put	09-10	10-11
Weight Throw	11th	15th
OUTDOOR		
Discus	09-10	10-11
Hammer	15th	14th
Javelin	15th	8th
Shot Put	11th	16th
	16th	16th



HOLLY RHODE

DISTANCE

YEAR: **Junior**
HOMETOWN: **LaGrange, Ill.**
HIGH SCHOOL: **Lyons Township**
BIRTHDATE: **December 17, 1990**
MAJOR: **History/Secondary Education**

TOP TIMES

INDOOR

600m	1:45.72	2009-10
800m	2:28.97	2009-10
1,000m	3:14.01	2009-10

CAREER BIO

2010-11 (Sophomore): Did not compete due to injury. **2009-10 (Freshman):** Took part in every cross country event ... Finished 29th at Horizon League Cross Country Championship, covering course in 20:35 ... Took 70th place in 306-runner field at Illinois Intercollegiate Championship ... Chalked up season-best time of 1:45.72 in the indoor 600m at the Carle/Health Alliance Classic ... Also competed at the Notre Dame Opener in the 800m (2:28.97) and 1,000m (3:14.01). **High School:** Earned all-conference honors all four years ... Helped track team to a second-place finish at state championships in 2007 ... Part of the 4x800m relay team that earned all-state honors in 2007 ... Led cross country team to an eighth-place finish in the state championships and the 4x800m relay team to a fifth-place finish at state. **Personal:** Born on December 17, 1990 ... Daughter of Jim and Maureen Rhode ... History/secondary education major.

HORIZON LEAGUE FINISHES

XC	09-10	10-11
Cross Country	29th	



GNA VALGOI

DISTANCE

YEAR: **Junior**
HOMETOWN: **Detroit, Mich.**
HIGH SCHOOL: **Regina**
BIRTHDATE: **November 30, 1990**
MAJOR: **Accounting**

TOP TIMES

INDOOR

800m	2:23.71	2010-11
Mile	5:04.33	2010-11
3,000m	10:02.33	2010-11
5,000m	17:14.13	2010-11

OUTDOOR

800m	2:17.54	2009-10
1,500m	4:30.21	2010-11
5,000m	17:14.50	2010-11
10,000m	37:13.94	2010-11

CAREER BIO

2010-11 (Sophomore): One of top distance runners in the Horizon League ... Was Loyola's top finisher in all seven cross country meets ... Earned Second Team All-Horizon League honors after finishing ninth at the League meet (18:30) ... Finished 74th in 188-woman field at the NCAA Regional meet ... Took 35th at the Sean Earl Lakefront Invitational ... Finished 10th at the season-opening Vincentian Cup Invite and 11th at the UW Parkside Midwest Open ... Finished third in the 5K and fifth in the 3K at the Horizon League Indoor Championship ... Her time of 17:14.13 in the 5K at the League meet places her fourth on Loyola's all-time list ... Also sits 10th on the 3K chart after running a 10:02.33 at Grand Valley State ... Ran personal-best times in the 800m (2:23.71) and the mile (5:04.33) at the UWM Tune-Up ... Finished third in both the 5K and 10K races at the Horizon League Outdoor Championship ... Her times of 17:14.50 (5K) and 37:13.94 (10K) put her in 10th in the Ramblers' outdoor record book ... Posted fourth-fastest time in LU history with her 4:30.21 clocking in the 1,500m at the Stan Lyons Invite. **2009-10 (Freshman):** Finished 13th (19:41) at Horizon League Cross Country Championship ... Finished 41st out of 306 runners at Illinois Intercollegiate with finishing time of 19:12 ... Also took 41st at Sean Earl Lakefront Invitational (19:02) ... Finished seventh in the mile (5:09.51) at the Horizon League Indoor Championship ... Grabbed 11th place in the 3K (10:39.20) at the Notre Dame Opener ... Posted season-best time of 5:08.48 in the mile at the Indiana Relays ... Finished sixth in the 5K (17:58.00) and seventh in the 1,500m (4:39.51) at the Horizon League Outdoor Championship ... Ran season-best time of 2:17.54 in the 800m at the Billy Hayes Invitational ... Posted a ninth-place finish in the 5K (4:49.28) at the Stan Lyons Invite ... Blazed to a 4:38.49 in the 1,500m at the North Central meet, a mark that ranks 10th on Loyola's all-time list. **High School:** Earned All-State honors five times ... Won regional championships in the 1,600m (4), 3,200m (4), 4x800m (2) and cross country (3) ... All-league and all-county honoree ... Holds four track school records and a cross country record for Regina high school ... Named Catholic League Female Athlete of the Year. **Personal:** Born on November 30, 1990 ... Daughter of Robert and Joellyn Valgoi ... Accounting major.

HORIZON LEAGUE FINISHES

XC	09-10	10-11
Cross Country	13th	9th

INDOOR	09-10	10-11
Mile	7th	
3,000m		5th
5,000m		3rd

OUTDOOR	09-10	10-11
1,500m	7th	
5,000m	6th	3rd
10,000m		3rd



ALYVIA CLARK

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **Circleville, Ohio**
HIGH SCHOOL: **Logan Elm**
BIRTHDATE: **January 9, 1992**
MAJOR: **Undeclared**

TOP TIMES

INDOOR		
600m	1:39.95	2010-11
800m	2:15.75	2010-11
OUTDOOR		
800m	2:15.17	2010-11
1,500m	4:32.51	2010-11

CAREER BIO

2010-11 (Freshman): Competed in six of Loyola's seven cross country meets in the fall ... Finished 21st at the Horizon League Cross Country Championship after posting time of 19:13 ... Also finished 21st at the UW Parkside Midwest Open with a time of 20:06 ... Also scored at the NCAA Regional meet and the Sean Earl Lakefront Invitational ... Finished seventh in the 800m at the Horizon League Indoor Championship ... Recorded season-best time in the 800m at the Alex Wilson Invite (2:15.75) ... Moved into fourth on Loyola's all-time indoor list in the 600m after running a 1:39.95 at the Indiana Relays ... Took fourth in the 1,500m at the Horizon League Outdoor Championship with a season-best time of 4:32.51, the sixth-fastest time in Loyola history ... Ran 2:15.17 in the 800m at the Dr. Keeler Invite. **High School:** Excelled on the track, finishing fourth in the state in the 800m as a senior after a fifth-place effort in the same event her junior year ... Holds the school record in the 1,600m and is part of school-record relay teams in 4x400m and 4x800m events ... Qualified for the state meet in the 4x400m relay in 2008 and in the 4x800m relay in 2010. **Personal:** Born on January 9, 1992 ... Daughter of Jerry Clark and Lori Hardin ... Winner of 2010 National Interscholastic Athletic Administrators Association Student-Athlete Scholarship (NIAAA), given annually to one male and one female student-athlete ... Enrolled in the School of Business.

HORIZON LEAGUE FINISHES

XC	10-11
Cross Country	21st
INDOOR	10-11
800m	7th
OUTDOOR	10-11
1,500m	4th



MEGAN JANEZIC

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **Libertyville, Ill.**
HIGH SCHOOL: **Libertyville**
BIRTHDATE: **October 14, 1991**
MAJOR: **Biology**

TOP TIMES

INDOOR

800m	2:32.50	2010-11
Mile	5:17.33	2010-11
3,000m	10:48.17	2010-11
5,000m	18:46.44	2010-11

OUTDOOR

1,500m	4:49.69	2010-11
3,000m	10:32.92	2010-11
5,000m	18:41.64	2010-11

HORIZON LEAGUE FINISHES

XC	10-11
Cross Country	17th

INDOOR	10-11
3,000m	14th
5,000m	11th

OUTDOOR	10-11
1,500m	9th

CAREER BIO

2010-11 (Freshman): Scored in all seven cross country meets ... Was named Horizon League Newcomer of the Year for cross country ... Finished 17th at the League meet with a time of 19:04 ... Posted 6K time of 22:55 at the NCAA Regional meet ... Finished 20th at the UW Parkside Midwest Open ... Took 16th at season-opening Vincentian Cup Invite ... Finished 11th in the 5K (18:46.44) and 14th in the 3K (10:48.17) at the Horizon League Indoor Championship ... Both times were season bests in each event ... Ran times of 2:32.50 in the 800m and 5:17.33 in the mile at the UWM Tune-Up ... Took ninth in the 1,500m at the Horizon League Outdoor Championship with time of 4:50.96 ... Ran 4:49.69 in the 1,500m at the Stan Lyons Invite ... Posted top times of 10:32.92 in the 3K (Vanderbilt) and 18:41.64 in the 5K (DePaul). **High School:** Helped Libertyville High School to three consecutive conference titles ... Also part of regional-winning team in 2007 ... Individual qualifier to state meet in 2009. **Personal:** Born on October 14, 1991 ... Daughter of John and Mary Kay Janezic ... Biology major.



MARY WHITMORE

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **Rocky River, Ohio**
HIGH SCHOOL: **Magnificat**
BIRTHDATE: **July 19, 1992**
MAJOR: **Undeclared**

TOP TIMES

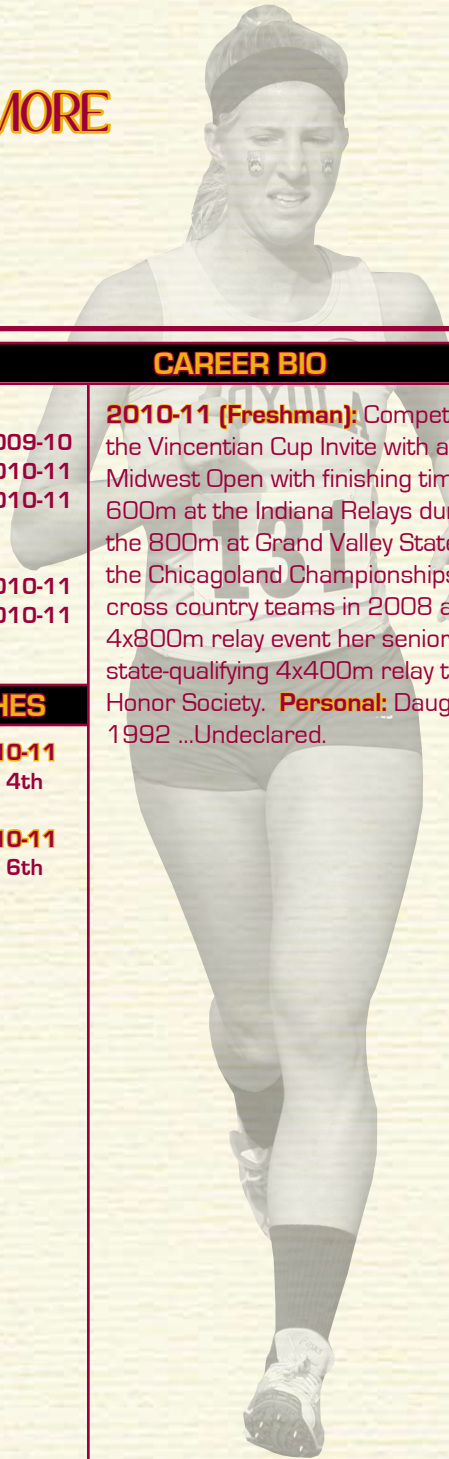
INDOOR		
500m	1:21.36	2009-10
600m	1:39.87	2010-11
800m	2:15.31	2010-11
OUTDOOR		
400m	58.73	2010-11
800m	2:14.23	2010-11

CAREER BIO

2010-11 (Freshman): Competed in first two cross country meets ... Finished 18th at the Vincentian Cup Invite with a 4K time of 16:23 ... Placed 33rd at the UW Parkside Midwest Open with finishing time of 20:37 over the 5K course ... Ran 1:43.92 in the 600m at the Indiana Relays during the indoor season ... Also clocked at 2:20.70 in the 800m at Grand Valley State ... Ran outdoor-best time of 2:31.13 in the 800m at the Chicagoland Championships. **High School:** Part of back-to-back state champion cross country teams in 2008 and 2009 ... Part of state runner-up relay team in the 4x800m relay event her senior year after winning same event as a junior ... Part of state-qualifying 4x400m relay team in 2009 and 2010 ... Member of the National Honor Society. **Personal:** Daughter of Bill and Therese Whitmore ... Born July 19, 1992 ...Undeclared.

HORIZON LEAGUE FINISHES

INDOOR	08-09	09-10	10-11
800m		17th	4th
OUTDOOR	08-09	09-10	10-11
800m		10th	6th





**RACHEL
BUSH**

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Crystal Lake, Ill.**
HIGH SCHOOL: **Central**
BIRTHDATE: **November 7, 1992**
MAJOR: **Biology**

CAREER BIO

High School: Named all-conference all four years of high school tenure ... Two-time all-state cross country honoree (2008 and 2010) ... Qualified for the state tournament all four years of high school ... Team captain her junior and senior years ... Led 2011 team to undefeated conference and regional season (17-0) and to fifth-place finish at the sectional meet ... Helped team to second-place sectional finish in 2008 and fifth-place finish in 2007 ... Served as captain of track and field team ... State qualifier in 1,600 and 3,200m events ... Took seventh place at state in 3,200m with time of 11:19 ... Placed 11th in indoor state track 1,600m event ... Received Hillstrider Running Scholarship and MECU Scholarship. **Personal:** Daughter of Phil and Carrie Bush ... Born November 7, 1992 ... Biology major.



**NIKI
DROLSHAGEN**

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Muskego, Wis.**
HIGH SCHOOL: **Muskego**
BIRTHDATE: **June 4, 1993**
MAJOR: **Psychology**

CAREER BIO

High School: Finished fourth in conference cross country meet each of her final two seasons ... Improved to 30th-place finish in Wisconsin state meet as a senior after taking 44th her junior season ... Finished 12th in the 1,600m at the Wisconsin state outdoor championship with personal best time of 5:13.35. **Personal:** Born on June 4, 1993 ... Son of Michael and Mary-Schoendorf ... Psychology major.



**EVE
HOFFMAN**

JUMPS

YEAR: **Freshman**
HOMETOWN: **Western Springs, Ill.**
HIGH SCHOOL: **Lyons Township**
BIRTHDATE: **July 5, 1993**
MAJOR: **Anthropology**

CAREER BIO

High School: Four-time all-conference honoree ... Recorded mark of 34-01.50 in the triple jump at sectionals ... Named Most Improved Field Event Performer in 2009 and 2010 ... Participated in the USATF Junior Olympics where she was a regional finalist in both the high jump and triple jump ... Qualified for Junior Olympic National Meet in the 600g javelin event in 2011 with a toss of 26.87m ... Member of 2010 Class 4A volleyball state champions ... Received academic all-conference recognition in 2010 and 2011 ... Member of the Spanish Honor Society and was an Illinois State Scholar. **Personal:** Daughter of Pete and Laura Hoffman ... Born July 5, 1993 ... Anthropology major.



**JADE
KINNEY**

SPRINTS

YEAR: **Freshman**
HOMETOWN: **Lebanon, Ohio**
HIGH SCHOOL: **Lebanon**
BIRTHDATE: **April 12, 1993**
MAJOR: **Chemistry**

CAREER BIO

High School: Led team to Greater Western Ohio Conference and district titles as well as a fourth-place finish at state and a third-place finish at regionals ... Set personal-best time of 56.74 seconds in 400m dash ... Honored with the MVP and Leadership Award ... Received Superintendent Award and Principal Award while at Lebanon High School. **Personal:** Daughter of Chris Kinney and Joy Alsop ... Born April 12, 1993 ... Chemistry major.



**NIKOLINA
MADJER**

JUMPS

YEAR: **Freshman**
HOMETOWN: **Willow Springs, Ill.**
HIGH SCHOOL: **Lyons Township**
BIRTHDATE: **December 2, 1992**
MAJOR: **Biology**

CAREER BIO

High School: Won high jump sectional championship two straight years ... Outdoor West Suburban Conference Silver Division champion ... Set a personal best with a 155cm jump during her club season with Zephyrs ... Honor roll for eight consecutive semesters ... Received Athletic Presidential Award. **Personal:** Daughter of Nikola and Kathy Madjer ... Born December 2, 1992 ... Biology major.



**GRACE
MOORE**

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Mason City, Iowa**
HIGH SCHOOL: **Newman Catholic**
BIRTHDATE: **March 25, 1993**
MAJOR: **Undeclared**

CAREER BIO

High School: Three-time cross country conference champion ... Four-time state qualifier in cross country ... Finished in sixth as a sophomore, third as a junior, and fourth as a senior ... Helped team to conference and district titles during freshman campaign ... Holds school record for the 4K ... Part of state-qualifying 4x800 relay team during her sophomore year and distance medley relay team as a junior ... Three-time 3K North Iowa Conference and district champion ... Two-time 1,500m conference champion ... Four-year individual state qualifier in the 1,500m and 3K and holds the school record in both events ... Also holds the conference 3K record ... Took seventh in 2007, third in 2008, second in 2009, and third in 2010 in the 3K ... Finished third her sophomore year and fifth as a senior in the 1,500m ... Academic all-state selection in both cross country and track ... Terrific athlete who was a four-year letterwinner in basketball and three-year letterwinner in softball ... Member of the National Honor Society. **Personal:** Daughter of Dave and Jamey Moore ... Born March 25, 1993 ... Undeclared.



BRIGID MURRAY

SPRINTS

YEAR: **Freshman**
HOMETOWN: **Strongsville, Ohio**
HIGH SCHOOL: **Strongsville**
BIRTHDATE: **January 24, 1993**
MAJOR: **Psychology**

CAREER BIO

High School: Part of track and field team that was district champion in 2008, 2010, and 2011 ... Served as team captain in 2011 ... Recipient of OHSAA Archie Griffin Sportsmanship Award ... Also competed in soccer and basketball ... Captain and MVP of soccer squad in 2010 and received basketball coaches award in 2011 ... Four-year honor roll student. **Personal:** Daughter of John and Brenda Murray ... Born January 24, 1993 ... Psychology major ... Brother, Declan, is a junior on the men's cross country/track and field team at Loyola.



ALYSSA PACE-PATTERSON

SPRINTS

YEAR: **Freshman**
HOMETOWN: **Ann Arbor, Mich.**
HIGH SCHOOL: **Pioneer**
BIRTHDATE: **April 27, 1993**
MAJOR: **Undeclared**

CAREER BIO

High School: Three-time national qualifier ... Five-time all-region/all-conference honoree ... Qualified for state meet in the 100m and 4x100m relay events ... Led 4x100m relay to a fifth-place finish at nationals ... Helped team claim 2008 state championship as a freshman and finish among the top 10 each of the following three years ... Two-time letterwinner in volleyball and basketball ... Graduated with honors as and is a member of the National Honor Society. **Personal:** Daughter of Angela Grammatico ... Born April 27, 1993 ... Undeclared.



LAUREN SEDALL

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Glen Ellyn, Ill.**
HIGH SCHOOL: **Glenbard West**
BIRTHDATE: **January 19, 1993**
MAJOR: **Entrepreneurship/Spanish**

CAREER BIO

High School: Earned all-conference and all-area academic accolades in 2010. ... Individual and team state cross country qualifier for 2010 championships, where the team finished ninth ... Part of state-qualifying track team that notched the school's best finish in over 20 years by finishing sixth ... Team captain for cross country and track and field teams her senior year ... National Merit Commended Student ... Member of the National Honor Society and Spanish Honor Society ... Also played soccer for the Chicago Fire Junior squad. **Personal:** Daughter of Steven Sedall and April Rietjens ... Born January 19, 1993 ... Entrepreneurship and Spanish major.



ALLY SPIROFF

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Whitefish Bay, Wis.**
HIGH SCHOOL: **Whitefish Bay**
BIRTHDATE: **August 21, 1993**
MAJOR: **English**

CAREER BIO

High School: Part of high school squad that went undefeated her junior and senior seasons ... Helped team to back-to-back conference and sectional championships, leading to a second-place finish at the Division I WIAA State Cross Country Meet in 2009 and a ninth-place finish in 2010 ... Team captain ... Helped her track and field team to indoor and outdoor conference and regional titles and a sectional runner-up finish in 2011 ... Member of indoor and outdoor conference champion relay teams (4x800m, distance medley) her senior year ... Claimed regional title and a third-place finish at sectionals as part of 4x800 relay team ... Finished second in the indoor 800m and ninth in the outdoor 800m at the conference meet as a senior ... Member of 4x400m relay team that set school record in 2010 ... That same team won the regional title, finished second at sectionals, and claimed fourth at the state meet ... Member of the National Honor Society ... Received Marsh Reibolt Scholar Athlete Award ... Also named Northshore Conference Scholar-Athlete. **Personal:** Daughter of Paul and Kathleen Spiroff ... Born August 21, 1993 ... English major.



ALISON SZYKOWNY

THROWS

YEAR: **Freshman**
HOMETOWN: **Palos Heights, Ill.**
HIGH SCHOOL: **Shepard**
BIRTHDATE: **XXXXXX**
MAJOR: **Biology**

CAREER BIO

High School: One of top throwers in the south suburban Chicago area ... School-record holder in both the shot put and discus ... Finished ninth in the state in the indoor discus event ... Won sectional title in the discus ... Also earned victories in four outdoor meets and two indoor meets ... Ranked sixth in IHSA Class AAA in the discus and 12th in the shot put ... Captain of both track and tennis teams ... All-conference ho **Personal:** Daughter of Dan and Suzanne Szykowny ... Born July 8, 1993 ... Biology major.



ASHLEY WILE

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Beverly Hills, Mich.**
HIGH SCHOOL: **Marian**
BIRTHDATE: **July 8, 1993**
MAJOR: **Fine Arts History/French**

CAREER BIO

High School: Four-year varsity cross country runner ... Received Coaches Award, Most Improved, and Most Valuable Player honors ... Member of Motor City Track Club ... Also earned U.S. Literature and Writing Certificate of Achievement. **Personal:** Daughter of Tabb and Deanna Wile ... Born July 8, 1993 ... Fine Arts History/French major.



Women's Indoor Records

55m DASH		400m		MILE		TRIPLE JUMP		4x1,600m RELAY	
7.20	Ricki Green (1989)	53.67	Devin Gosberry (2010)	4:53.77	Alana Crisman (2003)	39:01.00	Michelle Bellford (2004)	21:19.30	Fabrycki, Keller, Ward, Darro (1993)
7.27	Deaweh Totimeh (1996)	55.89	Nicole Noelliste (2010)	4:54.36	Colleen Bolin (2003)	37:08.50	Kristin Brzeski (2002)	21:29.50	Wadas, Gallagher, Keller, Ward (1992)
7.29	LaFell Strickland (1995)	58.06	Laurie Schumacher (1997)	4:56.35	Julie Keller (1994)	36:06.50	Natalie LeFlore (2011)	21:39.89	Billish, Engel, Johnson, Sutor (1996)
7.30	Michelle Bellford (2004)	58.40	Julie Binder (2002)	4:56.51	Pam Staton (2009)	36:00.75	Larissa Gest (2003)	21:51.90	Keller, Albertazzi, Wadas, Renk (1991)
7.40	Brianna Walker (1996)	58.53	LaFell Strickland (1993)	4:56.91	Erin Johnson (1998)	35:08.50	Laura Motyka (2002)	21:54.90	Luzinski, Schaefers, Germino, Rosenberg (1986)
7.40	Laurie Schumacher (1996)	58.60	Reva Bess (1977)	4:58.02	Maureeca Lambert (2005)	35:04.00	Michelle Trenkamp (2002)		
7.41	Angela Arrington (1988)	59.19	Katisha Triner (2002)	4:58.15	Nikole Hoster (2002)	34:11.00	Candice Carajohn (2010)		
7.74	Rebecca Taylor (2009)	59.27	Kelly Ward (1994)	4:59.08	Kristyne McGuinn (2002)	34:00.00	Rebekah Rancho (1999)		
7.76	Lauren Smith (2009)	59.44	Chrissy Soucek (1999)	4:59.84	Eileen Slowikowski (1985)	33:09.50	Deaweh Totimeh (1996)		
7.79	Natalie LeFlore (2010)	59.50	Amy Nilson (1993)	5:02.07	Anna Hinterschied (2005)	32:02.00	Ricki Green (1989)		
55m HURDLES		500m		3,000m		SHOT PUT		SPRINT MEDLEY RELAY	
8.35	Deaweh Totimeh (1996)	1:14.26	Devin Gosberry (2010)	9:38.31	Maureeca Lambert (2005)	42:06.25	Inshirah Grimes (2006)	4:00.00	Strickland, Buckle, Nilson, Ward (1993)
8.53	Nicole Noelliste (2009)	1:18.56	Pam Staton (2008)	9:40.44	Kristyne McGuinn (2001)	39:08.50	Serina Brancato (2000)	4:20.20	Strickland, Buckle, Nilson, McNeil (1993)
8.86	Millicent McNeil (1996)	1:20.63	Sophia Holy (2010)	9:46.60	Leigh Anne Renk (1991)	39:08.00	Jordan Rohlfing (2011)	4:23.61	Sutor, Arvanetes (1996)
8.91	Kristin Brzeski (2002)	1:21.28	Tiffany Johnson (2007)	9:46.99	Julie Keller (1994)	38:10.25	Judy Telford (2002)	4:30.00	Green, Nilson, Buckle, Leyden (1992)
9.22	Kate Hartman (2003)	1:21.36	Jenn Bane (2011)	9:47.59	Alana Crisman (2003)	37:10.00	Marge Wisowaty (1990)	4:32.20	Gumina, Green, Arthur, Manzo (1989)
9.26	Inshirah Grimes (2006)	1:23.47	Jena Brown (2007)	9:48.81	Colleen Donovan (2009)	35:09.25	Amanda Huber (2003)		
9.28	Andrea Shamp (2005)	1:25.05	Rachel Hansen (2006)	9:52.55	Erin Johnson (1998)	34:11.00	Amelia Games (2010)		
9.46	Candice Carajohn (2011)	1:25.82	Caitlin Smith (2006)	9:54.00	Eileen Slowikowski (1987)	34:05.50	Gwen Purifoye (1988)		
9.58	Wendy Metz (1993)			9:55.39	Jackie Luzinski (1986)	33:08.50	Ginny Hamill (1991)		
				10:02.33	Gina Valgoi (2011)	33:03.25	Briana Kennett (2004)		
60m DASH		600m		TWO MILE		WEIGHT THROW		DISTANCE MEDLEY RELAY	
7.76	Brianna Walker (2010)	1:37.32	Caitlin Ferry (2011)	10:43.50	Jackie Luzinski (1985)	49:05.75	Jordan Rohlfing (2011)	11:46.85	Crisman, Hartman, Newhart, McGuinn (2003)
7.91	Devin Gosberry (2010)	1:37.43	Kelly Ward (1993)	10:51.40	Eileen Slowikowski (1987)	48:06.75	Inshirah Grimes (2004)	11:50.06	Bolin, Triner, Hoster, McGuinn (2002)
7.94	Michelle Bellford (2004)	1:39.87	Jenn Bane (2011)	11:01.80	Meg Moffett (1985)	44:04.75	Amelia Games (2010)	11:52.58	Hinterschied, Shamp Hansen, Lambert (2005)
8.01	Marcia Faustin (2007)	1:39.96	Catherine Crisler (2011)	11:06.92	Ann Schaefers (1986)	37:11.25	Robin Bingham (2011)	12:01.11	Hoster, Triner, Bolin, McGuinn (2002)
8.05	Nicole Noelliste (2011)	1:40.14	Katisha Triner (1999)			37:05.25	Jessica Sheahan (2008)	12:07.72	Hinterschied, James, Staton, Hansen (2006)
8.08	Christina James (2007)	1:40.42	Ann Weber (1987)	THREE MILE		37:05.00	Leili Khorassani (2009)		
8.17	Britzany Rhett (2007)	1:40.70	Catherine Glatz (1990)	17:09.41	Ann Schaefers (1986)	36:10.25	Briana Kennett (2004)		
8.26	Rebecca Taylor (2006)	1:41.29	Tiffany Johnson (2007)	18:53.30	Amy Wadas (1989)	35:01.75	Robin Bingham (2011)		
8.29	Lauren Smith (2007)	1:41.46				28:05.00	Amanda Huber (2003)		
8.32	Larissa Gest (2003)								
60m HURDLES		800m		5,000m		4x200m RELAY		PENTATHLON	
9.00	Nicole Noelliste (2010)	2:10.85	Pam Staton (2008)	16:29.98	Kristyne McGuinn (2002)	1:44.50	Noelliste, Walker L.Smith, Gosberry (2009)	3:389	Inshirah Grimes (2006)
9.49	Kristin Brzeski (2003)	2:11.07	Kelly Ward (1993)	16:59.80	Colleen Donovan (2009)	1:47.97	Loyola A (2006)	3:362	Candice Carajohn (2011)
9.59	Candice Carajohn (2011)	2:13.09	Anna Hinterschied (2005)	17:04.87	Amanda Domich (2007)	1:49.90	Brzeski, Binder Triner, Trenkamp (2002)		
9.69	Andrea Shamp (2005)	2:13.23	Rebecca Long (2005)	17:14.13	Gina Valgoi (2011)	1:55.65	Gest, Grimes Santi, Faustin (2005)		
9.81	Kate Hartman (2003)	2:13.33	Julie Keller (1994)	17:17.65	Bryanne Houdek (2001)	1:56.50	Green, Arthur Reiger, Gumina (1989)		
10.21	Caileen Corrigan (2003)	2:14.12	Caitlin Ferry (2011)	17:31.00	Leigh Anne Renk (1990)				
10.38	Liz Butler (2009)	2:14.82	Colleen Bolin (2003)	17:34.94	Kim Wiedman (2002)				
10.87	Tiffany Johnson (2008)	2:15.07	Nikole Hoster (2002)	17:40.77	Genevieve Binnie (2008)				
		2:15.31	Jenn Bane (2011)	17:45.82	Jen Rock (2010)				
		2:15.33	Alana Crisman (2003)	17:50.83	Elizabeth Tumpach (2002)				
200m		1,000m		HIGH JUMP		4x400m RELAY			
24.67	Devin Gosberry (2010)	2:54.29	Julie Keller (1993)	5:08.00	Marcia Faustin (2007)	3:51.04	Walker, Gosberry Noelliste, Holy (2010)		
25.16	Nicole Noelliste (2010)	2:54.35	Colleen Bolin (2002)	5:06.00	Kelly Price (2001)	3:54.38	Loyola A (2010)		
25.30	Ricki Green (1992)	2:57.19	Anna Hinterschied (2006)	5:05.75	Laura Motyka (2001)	3:54.87	Noelliste, Staton, L.Smith, Gosberry (2009)		
25.50	Marcia Faustin (2007)	2:58.04	Nikole Hoster (2002)	5:02.00	Amalia Arvanetes (1997)	3:55.35	Walker, Noelliste, Holy, Bane (2011)		
25.59	Brianna Walker (2010)	2:58.04	Alana Crisman (2001)	5:01.75	Candice Carajohn (2011)	3:57.08	Faustin, Hinterschied Long, Shamp (2005)		
26.06	Marian Buckle (1995)	2:58.08	Eileen Slowikowski (1987)	5:01.25	Liz Butler (2009)				
26.22	LaFell Strickland (1993)	2:58.43	Kristyne McGuinn (2001)	5:00.00	Sharon Schmitt (1995)				
26.38	Chrissy Harris (1999)	2:59.42	Kelly Egan (2011)	5:00.00	Stacy Kunding (1991)				
26.51	Julie Binder (2002)	3:00.36	Jessie Morgenthal (2009)	4:10.00	Juli Gumina (1989)				
26.74	Britzany Rhett (2007)	3:00.41	Kelly Ward (1995)						
300y		1,500m		LONG JUMP					
38.70	Lisa Pope (1989)	4:32.40	Eileen Slowikowski (1986)	17:09.50	Michelle Bellford (2004)	9:13.00	Glatz, Keller, Wadas, Ward (1992)		
40.10	Angela Arrington (1988)	4:37.50	Jackie Luzinski (1986)	17:06.75	Natalie LeFlore (2010)	9:20.08	English, Luzinski, McIntyre, Slowikowski (1986)		
40.40	Jackie Luzinski (1986)	4:40.09	Michelle Manzo (1990)	17:01.75	Candice Carajohn (2011)	9:25.54	Keller, Ward, Gallagher, Strasser (1992)		
40.53	Lisa Nee (1988)	4:46.00	Leigh Anne Renk (1991)	17:01.00	Ricki Green (1989)	9:27.19	Ferry, Crisler, Clark, Valgoi (2011)		
40.60	Ricki Green (1991)	4:48.70	Ann Schaefers (1986)	17:00.75	Larissa Gest (2004)	9:28.37	Glatz, Gallagher, Wadas, Ward (1992)		
40.84	Juli Gumina (1988)	4:51.09	Amy Wadas (1989)	16:11.25	Michelle Trenkamp (2002)				
42.00	Doris Hamm (1987)	4:52.40	Mary English (1989)	16:11.25	Laura Motyka (2003)				
42.40	Colleen McIntyre (1986)	4:55.25	Marisa Krenkel (1993)	16:08.50	Inshirah Grimes (2006)				
43.00	Maria Mallonee (1985)	4:55.66	Kate Leyden (1993)	16:04.50	Celia Santi (2007)				
43.50	Kris Lemon (1986)				Deaweh Totimeh (1996)				
300m									
39.14	Devin Gosberry (2010)								
40.03	Nicole Noelliste (2010)								
40.50	Ricki Green (1991)								
42.20	Chrissy Harris (1999)								
42.76	Chrissy Soucek (2000)								
43.50	Lisa Pope (1988)								
43.83	Lauren Smith (2009)								
44.40	Katisha Triner (1999)								
44.88	Kate Hartman (2000)								



Women's Outdoor Records

100m	1,500m	TRIPLE JUMP	4x200m RELAY	SPRINT MEDLEY RELAY
11.99 Brianna Walker (2010) 12.37 Marcia Faustin (2007) 12.40 Ricki Green (1991) 12.53 Nicole Noelliste (2009) 12.54 Michelle Bellford (2004) 12.60 Reva Bess (1976) 12.60 Marian Buckle (1995) 12.60 LaFell Strickland (1995) 12.61 Christina James (2006) 12.76 Lauren Smith (2007)	4:28.08 Nikole Hoster (2002) 4:29.36 Pam Staton (2009) 4:29.41 Alana Crisman (2001) 4:30.21 Gina Valgoi (2011) 4:32.07 Kristyne McGuinn (2003) 4:32.51 Alyvia Clark (2011) 4:33.70 Eileen Slowikowski (1986) 4:33.74 Colleen Bolin (2003) 4:34.99 Julie Keller (1994) 4:35.71 Leigh Anne Renk (1992)	39-07.75 Michelle Bellford (2004) 38-00.25 Natalie LeFlore (2010) 36-07.00 Larissa Gest (2004) 36-04.75 Kristin Brzeski (2002) 36-03.00 Candice Carajohn (2010) 35-11.25 Laura Motyka (2003) 33-05.75 Rebekah Ranchoero (1999) 32-07.75 Michelle Trenkamp (2002) 32-00.00 Juli Gumina (1988) 31-06.50 Julie Lawless (2007)	1:46.86 Green, Buckle, Metz, Nilson (1992) 1:53.10 Nee, Arthur, Ready, Gumina (1988)	3:56.80 Hamm, Ready, Arrington, Gumina (1988) 4:00.00 Ward, Nilson, Strickland, Buckle (1993) 4:06.07 Soucek, Traub, Triner, Crisman (2000) 4:06.19 Green, Arthur, Keller, Glatz (1991) 4:08.63 Strickland, Buckle, Schmitt, Ward (1995) 4:12.31 Noelliste, Walker, Gosberry, Staton (2009) 4:12.51 Strickland, Buckle, Nilson, Leyden (1993)
110m HURDLES	2,000m STEEPLE	SHOT PUT	4x400m RELAY	DISTANCE MEDLEY RELAY
14.84 Nicole Noelliste (2009) 15.30 Kristin Brzeski (2004) 15.36 Candice Carajohn (2011) 15.88 Andrea Shamp (2005) 15.89 Kate Hartman (2002) 15.88 Jennifer Salfen (2010) 16.06 Millicent McNeil (1995) 16.12 Inshirah Grimes (2006) 17.19 Wendy Metz (1992) 17.34 Callen Corrigan (2003)	8:04.02 Sara Covert (2005)	42-04.25 Serina Brancato (2000) 41-09.25 Inshirah Grimes (2006) 39-03.00 Judy Telford (2002) 38-04.00 Jordan Rohlfing (2010) 37-04.00 Simone McKenzie (1984) 36-01.25 Amanda Huber (2003) 35-11.00 Marge Wisowaty (1990) 35-08.00 Ginny Hamill (1991) 35-04.00 Gwen Purifoye (1990) 35-00.25 Candice Carajohn (2011)	3:49.39 L.Smith, Gosberry, Staton, Noelliste (2009) 3:52.44 Gosberry, Holy, Johnson, Noelliste (2009) 3:53.40 Bane, Holy, Ferry, Noelliste (2011) 3:53.55 Faustin, James, Johnson, Higgins (2007) 3:55.22 Hartman, Bolin, Hoster, Binder (2002) 3:56.57 Soucek, Hartman, Crisman, Triner (2001) 3:57.29 Hartman, Newhart, Crisman, Grimes (2003) 3:57.52 Buckle, Nilson, Strickland, McNeil (1993) 3:58.16 Schumacher, Triner, Soucek, Harris (1999) 3:58.78 Ward, Keller, Nilson, McNeil (1993)	11:44.20 Crisman, Triner, Hoster, McGuinn (2001) 11:52.80 Bolin, Hartman, Binder, Hoster (2002) 11:55.54 Crisman, Soucek, Triner, Johnson (1999) 12:02.90 English, McIntyre, Slowikowski, Luzinski (1986) 12:03.50 Ward, Nilson, Keller, Renk (1992) 12:06.06 English, Hamm, Slowikowski, Schaeffers (1987) 12:07.12 Keller, Buckle, Ward, Renk (1992) 12:08.29 Ward, Strickland, McNeil, Keller (1994) 12:09.12 Ward, Strickland, Billish, Keller (1994) 12:09.49 Crisman, Soucek, Triner, Johnson (1999)
200m	3,000m STEEPLE	HAMMER THROW	4x800m RELAY	HEPTATHLON
24.57 Brianna Walker (2010) 24.70 Marcia Faustin (2007) 24.77 Devin Gosberry (2009) 25.12 Ricki Green (1991) 25.19 Nicole Noelliste (2011) 25.20 Marian Buckle (1995) 25.42 Christina James (2007) 25.64 LaFell Strickland (1993) 25.70 Lisa Pope (1982) 25.83 Candice Carajohn (2011)	10:34.69 Alana Crisman (2003) 11:02.31 Jessie Morgenthal (2009) 11:17.98 Colleen Bolin (2002) 11:24.21 Sara Covert (2005) 11:32.97 Liz Butler (2011) 11:36.00 Anna Hinterschied (2004) 11:39.21 Danielle Locascio (2008)	146-09 Jordan Rohlfing (2009) 143-10 Inshirah Grimes (2005) 138-06 Amelia Games (2011) 128-06 Leili Khorrassani (2010) 112-09 Briana Kennett (2004) 105-06 Jessica Sheahan (2008) 104-11 Judy Telford (2002) 104-07 Robin Bingham (2011) 97-08 Amanda Huber (2003)	8:56.68 Crisman, Hoster, Triner, McGuinn (2001) 9:00.03 Ward, Keller, Glatz, Renk (1992) 9:00.34 Ward, Keller, McNeil, Glatz (1993) 9:02.66 Keller, Glatz, Nilson, Ward (1993) 9:03.57 Hoster, Binder, Bolin, Beckman (2002) 9:09.11 Crisman, Hartman, Bolin, Hinterschied (2003) 9:09.80 Ferry, Bane, Clark, Valgoi (2011) 9:13.94 Ward, Billish, Deutscher, Sutor (1995) 9:14.18 Long, Hinterschied, Hansen, Tumpach (2005) 9:14.47 Billish, Johnson, Horton, Schmitt (1997)	4,235 Inshirah Grimes (2006)
400m DASH	5,000m	DISCUS	4x1,500m RELAY	4x1,600m RELAY
54.14 Devin Gosberry (2009) 56.66 Nicole Noelliste (2011) 57.20 Reva Bess (1977) 57.42 Christina James (2007) 57.80 Amalia Arvantes (1996) 57.90 Rebecca Long (2005) 58.03 Chrissy Soucek (1999) 58.05 Katisha Triner (1999) 58.15 Julie Binder (2002) 58.22 Laurie Schumacher (1998)	16:32.20 Kristyne McGuinn (2001) 16:45.70 Leigh Anne Renk (1992) 16:56.02 Julie Keller (1994) 16:56.40 Jackie Luzinski (1986) 17:04.00 Ann Schaeffers (1987) 17:07.00 Elizabeth Shack (1980) 17:09.16 Amanda Domich (2007) 17:13.97 Bryanne Houdek (2001) 17:14.44 Kim Wiedman (2004) 17:14.50 Gina Valgoi (2011)	135-09 Robin Bingham (2011) 129-11 Briana Kennett (2005) 126-06 Serina Brancato (2001) 125-07 Jordan Rohlfing (2009) 124-02 Judy Telford (2002) 116-05 Marge Wisowaty (1990) 111-05 Amelia Games (2011) 107-03 Alexandra Douvas (1987) 102-08 Simone McKenzie (1984)	18:39.32 Bolin, McGuinn, Corken, Crisman (2003) 18:40.17 Hoster, Bolin, Tumpach, Corken (2002)	21:21.64 Hinterschied, Hansen, Raymond, Morgenthal (2006)
400m HURDLES	10,000m	JAVELIN	4x100m RELAY	
1:00.13 Nicole Noelliste (2011) 1:03.01 Tiffany Johnson (2010) 1:03.49 Kate Hartman (2003) 1:03.87 Millicent McNeil (1994) 1:04.01 Colleen Bolin (2002) 1:04.14 Andrea Shamp (2005) 1:07.60 Amalia Arvantes (1996) 1:07.70 Ann Weber (1981) 1:08.28 Callen Corrigan (2003) 1:08.69 Kristin Brzeski (2003)	34:26.10 Leigh Anne Renk (1992) 35:10.00 Elizabeth Shack (1980) 35:34.10 Amanda Domich (2007) 35:47.50 Ann Schaeffers (1987) 36:03.57 Kristyne McGuinn (2003) 36:11.63 Bryanne Houdek (2001) 36:36.61 Genevieve Binnie (2010) 36:38.91 Kim Wiedman (2004) 36:55.67 Elizabeth Tumpach (2000) 37:13.94 Gina Valgoi (2011)	123-06 Kelly Egan (2011) 109-09 Marge Wisowaty (1990) 107-01 Vicki Alfafara (1980) 105-6 Briana Kennett (2007) 98-06 Robin Bingham (2011) 95-02 Jordan Rohlfing (2010) 95-11 Amelia Games (2010) 91-01 Candice Carajohn (2010) 85-11 Alexandra Douvas (1987) 84-6 Sara Demars (2007)	47.75 Noelliste, Walker, L.Smith, Gosberry (2009) 47.81 Smith, Rhett, James, Faustin (2007) 47.99 Taylor, Gosberry, Noelliste, Walker (2009) 48.48 Gosberry, Staton, Holy, L.Smith (2009) 48.49 Walker, Noelliste, LeFlore, Carajohn (2011) 48.68 L.Smith, Walker, Taylor, Gosberry (2009) 48.88 Taylor, James, Higgins, Smith (2008) 49.12 Grimes, Taylor, James, Faustin (2006) 49.30 Strickland, Nilson, McNeil, Buckle (1995) 49.31 Walker, L.Smith, Gosberry, Noelliste (2009)	
800m	HIGH JUMP	LONG JUMP		
2:07.96 Pam Staton (2009) 2:09.79 Kelly Ward (1994) 2:10.10 Rebecca Long (2005) 2:12.63 Eileen Slowikowski (1986) 2:12.79 Nikole Hoster (2002) 2:13.37 Colleen Bolin (2003) 2:13.38 Anna Hinterschied (2005) 2:13.94 Catherine Glatz (1992) 2:14.23 Jenn Bane (2011) 2:14.50 Alana Crisman (1999)	5:08.75 Marcia Faustin (2007) 5:03.00 Candice Carajohn (2011) 5:03.00 Kelly Price (1999) 5:02.00 Ann Weber (1980) 5:00.00 Stacy Kunderinger (1991) 4:11.75 Kate Hartman (2002) 4:11.00 Liz Butler (2009) 4:10.00 Juli Gumina (1988) 4:10.00 Amalia Arvantes (1996)	18-03.75 Michelle Bellford (2004) 17-08.00 Natalie LeFlore (2011) 17-06.75 Candice Carajohn (2011) 17-03.50 Celia Santi (2005) 17-01.25 Larissa Gest (2004) 16-11.50 Laura Motyka (2003) 16-07.50 Liz Butler (2009) 16-03.25 Rebekah Ranchoero (1999) 16-03.00 Ricki Green (1991) 16-05.00 Michelle Trenkamp (2002)		



Women's Awards

LEIGH ANNE RENK AWARD		REVA BESS AWARD		EXCELLENCE IN FIELD		AD MAJOREM DEI GLORIAM	
OUTSTANDING FEMALE DISTANCE RUNNER		OUTSTANDING FEMALE SPRINTER		OUTSTANDING FEMALE FIELD ATHLETE		ACADEMICS, ATHLETICS AND FAITH	
2011	Gina Valgoi	2011	Nicole Noelliste	2011	Candice Carajohn	2010	Candice Carajohn
2010	Gen Binnie	2010	Brianna Walker		Kelly Egan	2009	Jessie Morgenthal
2009	Colleen Donovan	2009	Nicole Noelliste	2010	Jordan Rohlfing	2008	Rachel Hansen
2008	Pam Staton	2007	Marcia Faustin	2009	Jordan Rohlfing	2007	Marcia Faustin
2007	Amanda Domich	2006	Christina James	2008	Jordan Rohlfing	2006	Marcia Faustin
2006	n/a	2005	n/a	2007	Marcia Faustin	2005	Anna Hinterschied
2005	Maurecca Lambert	2004	n/a	2006	Inshirah Grimes	2004	Anna Hinterschied
2004	Amanda Domich	2003	Kate Hartman	2005	Marcia Faustin	2003	Colleen Bolin
2003	Alana Crisman	2002	Katisha Triner	2004	Michelle Belford	2001	Bryanne Houdek
2002	Kristyne McGuinn	2001	Katisha Triner	2003	Laura Motyka	2000	Bryanne Houdek
2001	Kristyne McGuinn	2000	Chrissy Soucek			1999	Elizabeth Tumpach
2000	Alana Crisman	1999	Chrissy Harris				

NEWCOMER OF THE YEAR		SCHOLAR-ATHLETE AWARD		GOLD BATON AWARD	
OUTSTANDING NEWCOMER		COMBINATION OF ATHLETICS/ACADEMICS		OUTSTANDING PERFORMANCE IN RELAYS	
2011	Alyvia Clark	2010	Jordan Rohlfing	2002	Nikole Hoster
2010	Kelly Egan	2009	Jordan Rohlfing	2001	Alana Crisman
2009	Devin Gosberry	2008	Rachel Hansen	2000	Katisha Triner
2008	Alison Rack	2007	Rachel Hansen	1999	Katisha Triner
2007	Tiffany Johnson	2005	Rachel Hansen		
2006	Ashley Raymond	2004	Kristin Brzeski		
2005	Rachel Hansen	2003	Kristyne McGuinn	MOST VALUABLE RUNNER	
2004	Marcia Faustin	2002	Emily Beckman	INSPIRATIONAL CROSS COUNTRY RUNNER	
2003	Anna Hinterschied	2001	Emily Beckman	2011	Gina Valgoi
		2000	Sheila Fleischhacker		
		1999	Jeanne Peterson		

RISING STAR	
UP-AND-COMING CROSS COUNTRY RUNNER	
2011	Megan Janezic

MOST INSPIRIATIONAL	
INSPIRATIONAL CROSS COUNTRY RUNNER	
2011	Elizabeth Butler



All-Time Roster

A		G		M		T	
NAME	LAST SEASON						
Albertazzi, Teri	1995	Gallagher, Ellen	1993	Macnider, Lana	2004	Taylor, Rebecca	2009
Alfafara, Vicki	1980	Garguiolo, Marcy	2005	Mallonee, Maria	1985	Telford, Judy	2005
Arrington, Angela	1991	Germينو, Faith	1987	Manzo, Michelle	1991	Theobald, Nicole	1988
Arthur, Amber	1991	Gest, Larissa	2006	McGuinn, Kristyne	2004	Totimeh, Deaweh	1999
Arvanetes, Amalia	1999	Glatz, Catherine	1993	McIntyre, Colleen	1989	Traub, Charlene	2001
		Green, Ricki	1992	McKenzie, Simone	1984	Trenkamp, Michelle	2004
		Grimes, Inshirah	2006	McNeil, Millicent	1996	Tricoci, Lanisa	2005
		Grish, Malinda	2001	Mellus, Katie	2001	Triner, Katisha	2002
		Gumina, Juli	1991	Metz, Wendy	1995	Tumpach, Courtney	2005
				Moffett, Meg	1986	Tumpach, Elizabeth	2002
				Morgenthal, Jessie	2009		
				Motyka, Laura	2004		
B		H		NO		W	
Baxtrom, Katie	2001	Hamill, Ginny	1994			Wadas, Amy	1992
Beckman, Emily	2002	Hamm, Doris	1987			Ward, Kelly	1995
Bellford, Michelle	2004	Hansen, Rachel	2008	Nee, Lisa	1988	Weber, Ann	1984
Bess, Reva	1977	Harris, Chrissy	2002	Nilson, Amy	1995	Weber, Teri	1981
Billish, Stacey	1997	Hartman, Kate	2003	O'Reilly, Peggy	1988	Weidman, Kim	2004
Binder, Julie	2005	Hayes, Jackie	1986			Wight, Diana	1996
Binnie, Genevieve	2010	Heinz, Christa	2003			Wisowaty, Marge	1991
Bolin, Colleen	2003	Higgins, Julia	2010			Wodraska, Maria	1996
Brancato, Serina	2002	Hill, Stacie	1990	P			
Brown, Deb	1993	Hinterschied, Anna	2006	Paluchniak, Annie	1997		
Brown, Jena	2009	Horton, Kathy	1998	Peitrzyk, Cris	1987		
Brzeski, Kristin	2005	Hoster, Nikole	2003	Peterson, Jeanne	2001		
Buckle, Marian	1995	Houdek, Bryanne	2001	Pope, Lisa	1988		
Burke, Kimberly	2005	Huber, Amanda	2006	Powell, Tamika	2001		
				Price, Kelly	2001		
				Purifoye, Gwen	1991		
C		JK		Q-R			
Chatman, Charla	2005	Ilg, Emily	2001	Qafisheh, Gada	2009		
Corken, Annie	2003	Irwin, Jocelyn	2001	Ranchero, Rebekah	2001		
Corrigan, Cailen	2005	James, Christina	2008	Raymond, Ashley	2009		
Covert, Sara	2006	Johnson, Erin	1999	Ready, Regina	1988		
Craddock, Mary	1985	Johnson, Rachel	2004	Reilly, Eileen	1989		
Crisman, Alana	2003	Johnson, Tiffany	2010	Renk, Leigh Anne	1992		
Cull, Maureen	1991	Keller, Julie	1994	Rosenberg, Ann Marie	1988		
		Kellogg, Christine	1999	Rupp, Sherri	1990		
		Kennett, Brian	2007				
		Kinnear, Melissa	1989	S			
		Khorassani, Leili	2010	Salfen, Jennifer	2010		
		Knight, Haden	2008	Santi, Celia	2007		
		Krenkel, Marisa	1996	Schaefers, Ann	1987		
		Kubielewicz, Michelle	2005	Schmitt, Sharon	1998		
		Kundinger, Stacy	1994	Schumacher, Laurie	1999		
				Schwarz, Kristin	2006		
				Shack, Elizabeth	1980		
				Shamp, Andrea	2005		
				Slowikowski, Eileen	1988		
				Smith, Caitlin	2010		
				Soucek, Chrissy	2001		
				Staton, Pam	2009		
				Strasser, Sherry	1995		
				Strickland, LaFell	1995		
				Sutor, Sandra	1998		
D		L					
Darrow, Jennifer	1995	Lambert, Maureeca	2007				
DeMars, Sara	2007	Lemon, Kris	1986				
Demus, Marian	1978	Leyden, Kate	1995				
DePiazza, Carrie	2003	Long, Rebecca	2005				
Deutscher, Jaime	1998	Lubovich, Christine	2005				
Domich, Amanda	2008	Luzinski, Jackie	1986				
Donovan, Colleen	2010						
Douvas, Alexandra	1987						
Dunne, Cara	1998						
E-F							
Eckerle, Megan	2006						
Engel, Beth	1997						
English, Mary	1987						
Fabrycki, Crista	1996						
Faustin, Marcia	2007						
Feltz, Jessica	1996						
Fleischhacker, Sheila	2000						
Fleming, Debbie	1991						
Freeman, Emily	2002						
Freeman, Tracy	1981						



Men's Cross Country Results

VINCENTIAN CUP INVITE 9/4/10 – LINCOLNWOOD, ILL. 2ND/4 TEAMS	ROY GRIAK INVITE 9/25/10 – MINNEAPOLIS, MINN. 19TH/22 TEAMS	SEAN EARL LAKEFRONT INVITE 10/2/10 – CHICAGO, ILL. 7TH/41 TEAMS
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TEAM	
LOYOLA	25 pts.
DePaul	39 pts.
Niagara	74 pts.

LOYOLA INDIVIDUAL (4 mile)		
3.	Andy Fenske	21:03
4.	Ned Brady	21:06
5.	Jake Autio	21:10
7.	Peter Grimson	21:30
8.	Matt McCabe	21:32
9.	Khushpal Sangha	21:37
15.	Mike Janusek	21:50
21.	Ryan Van Portfliet	22:24
27.	Alex Thornburg	22:43
35.	Jim Winings	24:07

MIDWEST OPEN 9/11/10 – KENOSHA, WIS. 3RD/9 TEAMS

TEAM	
LOYOLA	31 pts.
Milwaukee	40 pts.
UW-Parkside	66 pts.
UW-Oshkosh	97 pts.
Illinois Tech	140 pts.
MSOE	183 pts.
Marantha Baptist	217 pts.

LOYOLA INDIVIDUAL (8K)		
4.	Josh Stein	26:01
6.	Andy Fenske	26:19
10.	Danny Docherty	26:36
12.	Matt McCabe	26:38
13.	Peter Grimson	26:41
14.	Jake Autio	26:41
23.	Mike Janusek	27:03
32.	Khushpal Sangha	27:10
43.	Alex Thornburg	27:31
62.	Anthony Wile	28:16
69.	Zach Romer	28:33
70.	Brian Peters	28:37
95.	Jim Winings	30:25

TEAM	
Duke	83 pts.
North Carolina State	92 pts.
New Mexico	93 pts.
Brigham Young	118 pts.
Minnesota	136 pts.

LOYOLA 516 pts.

LOYOLA INDIVIDUAL (8K)		
37.	Josh Stein	25:11
138.	Andy Fenske	26:38
139.	Jake Autio	26:39
157.	Peter Grimson	26:58
173.	Matt McCabe	27:18
176.	Alex Thornburg	27:21
185.	Mike Janusek	27:35
193.	Anthony Wile	27:48
197.	Khushpal Sangha	27:54

TEAM	
Windsor	110 pts.
Western Ontario	143 pts.
Aquinas	174 pts.
St. Francis (Pa.)	176 pts.
Drury	183 pts.

LOYOLA 189 pts.

LOYOLA INDIVIDUAL (8K)		
5.	Josh Stein	25:07
27.	Matt McCabe	25:48
37.	Jake Autio	25:56
53.	Peter Grimson	26:02
85.	Danny Docherty	26:17
117.	Anthony Wile	26:30
147.	Alex Thornburg	26:42
190.	Zach Romer	27:05
212.	Mike Janusek	27:13
241.	Khushpal Sangha	27:29
353.	Brian Peters	28:39



ANDY FENSKE



Men's Cross Country Results

BRADLEY CLASSIC 10/15/10 – PEORIA, ILL. 12TH/21 TEAMS	HORIZON LEAGUE CHAMPIONSHIP 10/30/10 – CHICAGO, ILL. 2ND/9 TEAMS	NCAA MIDWEST REGIONAL 11/13/10 – PEORIA, ILL. 14TH/24 TEAMS
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TEAM	TEAM	TEAM
lowa 67 pts.	Butler 22 pts.	Oklahoma 43 pts.
Southern Illinois 105 pts.	LOYOLA 69 pts.	Oklahoma State 50 pts.
Iowa State 143 pts.	UIC 83 pts.	Minnesota 119 pts.
Illinois 165 pts.	Milwaukee 118 pts.	Iowa State 136 pts.
Northern Iowa 168 pts.	Detroit 121 pts.	Illinois 140 pts.
LOYOLA 335 pts.	Wright State 148 pts.	LOYOLA 443 pts.
	Youngstown State 167 pts.	
	Valparaiso 258 pts.	
	Green Bay 261 pts.	

LOYOLA INDIVIDUAL (8K)		
7. Josh Stein		24:24
83. Danny Docherty		25:54
84. Matt McCabe		25:54
95. Alex Thornburg		26:00
96. Khushpal Sangha		26:00
97. Peter Grimson		26:01
112. Mike Janusek		26:12
119. Andy Fenske		26:17
148. Nolan Fine		26:48
150. Anthony Wile		26:51
163. Zach Romer		27:15
178. Brian Peters		27:39
192. Declan Murray		28:10
197. Jim Winings		28:25

LOYOLA INDIVIDUAL (8K)		
7. Josh Stein		24:56
12. Peter Grimson		25:29
13. Andy Fenske		25:35
15. Matt McCabe		25:52
26. Anthony Wile		26:10
28. Danny Docherty		26:12
31. Alex Thornburg		26:17
41. Mike Janusek		26:44
44. Nolan Fine		26:51
50. Brian Peters		27:06
52. Khushpal Sangha		27:09
74. Declan Murray		28:21
83. Zach Romer		28:34
101. Jim Winings		29:56

LOYOLA INDIVIDUAL (10K)		
36. Josh Stein		30:59
71. Danny Docherty		31:49
115. Alex Thornburg		32:48
122. Anthony Wile		32:54
125. Peter Grimson		32:58
142. Andy Fenske		33:31
155. Matt McCabe		34:26



**JOSH
STEIN**



Men's Track Top Times

INDOOR TRACK AND FIELD		5,000m		OUTDOOR TRACK AND FIELD		10,000m	
55m		14:24.54	Josh Stein	100m		30:26.80	Josh Stein
6.85	Sean Murray	14:45.76	Josh Stein	11.06	James McLachlan	HAMMER THROW	
60m		15:15.94	Mike Janusek	11.29	James McLachlan	119-07	Deven Lopez
7.07	James McLachlan	15:31.93	Alex Thornburg	11.31	Bay Abbott	111-06	Deven Lopez
7.16	James McLachlan	15:38.24	Alex Thornburg	11.36	Donte Prisby	99-06	Deven Lopez
7.17	James McLachlan	LONG JUMP		11.54	Dennis Kott	DISCUS	
7.21	Bay Abbott	23-09.50	James McLachlan	100m HURDLES		130-10	Deven Lopez
7.24	Mike Wetzel	23-03.25	James McLachlan	15.38	Rodrigo Sousa	128-11	Deven Lopez
60m HURDLES		21-04.75	James McLachlan	15.66	Rodrigo Sousa	128-06	Deven Lopez
9.23	Ramunas Stanciasukas	TRIPLE JUMP		16.12	Rodrigo Sousa	125-08	Deven Lopez
200m		48-00.50	James McLachlan	16.83	Rodrigo Sousa	123-03	Deven Lopez
22.24	Mike Wetzel	SHOT PUT		200m		JAVELIN	
22.48	Mike Wetzel	43-11.25	Deven Lopez	21.98	Mike Wetzel	162-06	Oliver Daddario
22.51	Bay Abbott	42-04.75	Deven Lopez	22.18	Mike Wetzel	120-11	Deven Lopez
22.55	Mike Wetzel	42-04.75	Deven Lopez	22.34	Mike Wetzel	SHOT PUT	
22.66	Mike Wetzel	41-03.75	Deven Lopez	22.44	Bay Abbott	43-01.00	Deven Lopez
400m		41-01.00	Deven Lopez	22.46	Mike Wetzel	42-09.75	Deven Lopez
47.78	Mike Wetzel	WEIGHT THROW		400m		42-05.50	Deven Lopez
48.12	Mike Wetzel	42-07.50	Deven Lopez	47.93	Mike Wetzel	42-04.75	Deven Lopez
48.13	Mike Wetzel	42-01.50	Deven Lopez	48.01	Mike Wetzel	41-05.00	Deven Lopez
48.25	Mike Wetzel	39-01.75	Deven Lopez	48.10	Mike Wetzel	LONG JUMP	
49.47	Mike Wetzel	37-05.75	Deven Lopez	48.11	Mike Wetzel	25-00.50	James McLachlan
500m		37-04.00	Deven Lopez	48.17	Mike Wetzel	24-00.25	James McLachlan
1:07.43	Nolan Fine	4x400m RELAY		400m HURDLES		23-10.25	James McLachlan
1:08.56	Dennis Kott	3:16.18	Abbott, Wetzel, Stanciasukas, D.Murray	55.10	Ramunas Stanciasukas	23-09.00	James McLachlan
600m		3:17.65	Abbott, Wetzel, D.Murray, Prisby	55.24	Ramunas Stanciasukas	23-07.25	James McLachlan
1:21.34	Declan Murray	3:25.33	Loyola A (at Illinois)	55.80	Ramunas Stanciasukas	TRIPLE JUMP	
1:22.36	Ned Brady	DISTANCE MEDLEY RELAY		56.15	Ramunas Stanciasukas	49-05.75	James McLachlan
1:22.95	Ned Brady	10:17.73	Fine, Stanciasukas, Wile, Autio	56.26	Ramunas Stanciasukas	48-11.50	James McLachlan
1:23.25	Nolan Fine	800m		800m		48-00.00	James McLachlan
1:27.79	Jim Winings	1:48.99 *	Declan Murray	1:49.10	Declan Murray	4x100m RELAY	
800m		1:49.10	Declan Murray	1:49.49	Declan Murray	42.68	Abbott, Wetzel, Prisby, Kott
1:51.44	Declan Murray	1:49.90	Declan Murray	1:49.98	Declan Murray	4x400m RELAY	
1:51.71	Declan Murray	1,500m		1,500m		3:14.25	D.Murray, Stanciasukas, Abbott, Wetzel
1:52.05	Declan Murray	3:50.69	Josh Stein	3:50.69	Josh Stein	3:15.17	Prisby, Stanciasukas, Abbott, Wetzel
1:52.13	Declan Murray	3:54.60	Josh Stein	3:54.60	Josh Stein	3:16.91	Abbott, Prisby, Stanciasukas, Prisby
1:53.63	Ned Brady	3:56.23	Declan Murray	3:56.23	Declan Murray	4x800m RELAY	
1,000m		3:56.68	Jake Autio	3:56.68	Jake Autio	7:40.69	Fine, Autio, D.Murray, Wile
2:28.72	Declan Murray	3:57.39	Matt McCabe	3:57.39	Matt McCabe	4x1,500m RELAY	
2:30.97	Ned Brady	3,000m		3,000m		16:02.45	Autio, D.Murray, McCabe, Fine
Mile		9:06.35	Khushpal Sangha	9:40.31	Andy Fenske	3,000m STEEPLECHASE	
4:11.89	Josh Stein	9:40.31	Andy Fenske	10:00.01	Alex Thornburg	5,000m	
4:13.66	Jake Autio	5,000m		10:13.20	Alex Thornburg	14:17.79	Josh Stein
4:14.49	Josh Stein	14:39.62	Josh Stein	10:20.73	Alex Thornburg	14:40.08	Josh Stein
4:18.10	Jake Autio	14:40.08	Josh Stein	5,000m		15:09.41	Ben Reifenberg
4:20.95	Jake Autio	15:09.41	Ben Reifenberg	15:12.07	Ben Reifenberg	15:12.07	Ben Reifenberg
3,000m		8:27.00	Josh Stein	5,000m		5,000m	
8:41.88	Mike Janusek	8:41.88	Mike Janusek	14:39.62	Josh Stein	5,000m	
8:42.02	Josh Stein	8:42.02	Josh Stein	14:40.08	Josh Stein	5,000m	
8:45.39	Mike Janusek	8:45.39	Mike Janusek	15:09.41	Ben Reifenberg	5,000m	
8:54.90	Andy Fenske	8:54.90	Andy Fenske	15:12.07	Ben Reifenberg	5,000m	



NED BRADY

MID-DISTANCE

YEAR: **Senior**
 HOMETOWN: **St. Paul, Minn.**
 HIGH SCHOOL: **De La Salle**
 BIRTHDATE: **August 19, 1991**
 MAJOR: **Theoretical Physics/Applied Math**

TOP TIMES

INDOOR			
600m	1:21.44	2008-09	
800m	1:52.18	2008-09	
Mile	4:39.44	2008-09	
OUTDOOR			
800m	1:52.97	2008-09	
1,500m	4:04.00	2008-09	

HORIZON LEAGUE FINISHES

INDOOR	08-09	09-10	10-11
800m	3rd		7th
OUTDOOR	08-09	09-10	10-11
800m	5th		

CAREER BIO

2010-11 (Junior): Competed in cross country opener, finishing fourth at Vincentian Cup Invitational with time of 21:06.47 over four-mile course ... Finished seventh at the Horizon League Indoor Championship in the 800m with a season-best time of 1:53.63 ... Finished seventh in the 600m at the Indiana Relays in 1:22.36 ... Ran 2:30.97 in the 1,000m at the Meyo Invite ... Did not compete during the outdoor season. **2009-10 (Sophomore):** Competed in first two cross country events ... Posted time of 22:10 over four-mile course at DePaul Opener and clocked 26:55 over 8K route at the Sean Earl Lakefront Invitational. **2008-09 (Freshman):** Helped the 4x400m relay team to a second-place finish at the Horizon League Outdoor Championships with a time of 3:13.53 ... Also took third in the 800m (1:52.18) at the League Indoor Championships and fifth in the 800m (1:53.73) at the League Outdoor Championships ... Part of the 4x400m relay team (3:20.93) that finished third at the Dave Rankin Invitational ... Also finished sixth in the 800m (1:53.03) at the Dave Rankin Invitational ... Finished fifth in the mile at the Early Bird Open with a time of 4:39.44 ... Took third in the 1500m (4:04.00) at the Chicagoland Championships ... Placed fourth in the 600m (1:22.40) at the Illinois Invitational ... Took fourth in the 800m at the Notre Dame Indoor Opener. **High School:** Conference and sectional record holder in the 800m and 4x800m ... State champion in the 800m (2007, 2008) and 4x800m (2008) ... Three-time sectional and two-time conference champion in the 800m ... All-conference and all-state selection ... Owns a personal record of 1:53.04 in the 800m ... Finished sixth in the state in the 4x400m in 2008 ... Academic all-state ... Member of the National Honor Society. **Personal:** Born August 19, 1991 ... Son of Bernard and Cynthia Brady ... Theoretical physics and applied mathematics major.



OLIVER DADARRIO

THROWS

YEAR: **Senior**
HOMETOWN: **Gloucester, Mass.**
HIGH SCHOOL: **The Williston Northampton**
BIRTHDATE: **May 26, 1990**
MAJOR: **International Business**

TOP MARKS

OUTDOOR

Javelin 49.52m (162-06)* 2010-11

* *school record*

CAREER BIO

2010-11 (Junior): Competed in just one meet ... Set school record in the javelin in that one appearance, recording mark of 49.52m (162-06) at Vanderbilt ... Broke old record by nearly 40 feet. **High School:** Earned All-New England honors in 2008 ... Tabbed Most Improved Athlete in junior and senior seasons ... Placed third in 2008 NEPSAC Division II Championship ... Competed as school's top javelin participant. **Personal:** Born on May 26, 1990 ... Son of Boysen (deceased) and Robin Daddario ... International business major.



DANNY DOCHERTY

DISTANCE

YEAR: **Senior**
 HOMETOWN: **St. Paul, Minn.**
 HIGH SCHOOL: **Cretin-Derham Hall**
 BIRTHDATE: **October 27, 1989**
 MAJOR: **English**

TOP TIMES

INDOOR		
Mile	4:14.36	2009-10
3,000m	8:33.31	2009-10
OUTDOOR		
800m	1:55.54	2008-09
1,500m	3:53.20	2008-09
3,000m	8:56.42	2008-09
5,000m	15:00.28	2008-09

HORIZON LEAGUE FINISHES

XC	08-09	09-10	10-11
Cross Country	39th	16th	28th
INDOOR			
Mile	08-09	09-10	10-11
		5th	
OUTDOOR			
1,500m	08-09	09-10	10-11
	5th		
5,000m	08-09	09-10	10-11
	12th		

CAREER BIO

2010-11 (Junior): Put together solid cross country season ... Loyola's second finisher, taking 71st overall in 171-man field, at the NCAA Regional meet with 10K time of 31:49.08 ... Finished 28th at the Horizon League Cross Country Championship with time of 26:12.93 ... Ramblers' second finisher at Bradley Invite (25:54) ... Took 10th place at the UW Parkside Midwest Open (26:36) ... Did not compete during indoor or outdoor track seasons. **2009-10 (Sophomore):** Finished sixth at the DePaul Opener with time of 20:32 ... Scored at Sean Earl Lakefront Invitational, helping Ramblers to second-place team finish ... Finished 16th at the Horizon League Cross Country Championship with a time of 26:36 ... Finished fifth in the mile at the Horizon League Indoor Track and Field Championships in 4:14.73 ... That time fell just short of his personal-best time, 4:14.36, set earlier in the season at Milwaukee ... Posted season-best time of 8:33.31 in indoor 3,000m at Indiana Relays. **2008-09 (Freshman):** Won both the DePaul Opener 4-mile run (20:49) and the Crusader Invitational 6K (19:31) ... Took fifth in the 1,500m (3:56.27) and 12th in the 5,000m (15:33.28) at the Horizon League Outdoor Championships ... Finished 39th at the League Cross Country Championships 8K with a time of 27:07 ... Took second in the 1,500m (3:58.74) and seventh in the 3,000m (8:56.42) at the Duke Invitational ... Finished third in the 5,000m at the Chicagoland Championships with a time of 15:00.28 ... Placed eighth in the 1,500m (4:03.42) and 13th in the 5,000m (15:35.59) at the Dave Rankin Invitational. **High School:** Placed 11th at state senior year and was named cross country MVP ... Track and field team won conference four times and sectionals twice ... Placed fourth in the 3,200m at state and fifth in the 1,600m. **Personal:** Born on October 27, 1989 ... Son of Jim and Beverly Docherty ... English major.



NOLAN FINE

MID-DISTANCE

YEAR: **Senior**
HOMETOWN: **Michigan City, Ind.**
HIGH SCHOOL: **Michigan City**
BIRTHDATE: **June 26, 1989**
MAJOR: **Political Science/Int. Studies**

TOP TIMES

INDOOR

500m	1:07.43	2010-11
600m	1:23.06	2009-10
800m	1:54.45	2010-11
Mile	4:21.44	2010-11

OUTDOOR

400m	52.35	2010-11
800m	1:52.94	2010-11
1,500m	4:04.08	2009-10

CAREER BIO

2010-11 (Junior): Finished 10th in the 800m at the Horizon League Indoor Championship ... Ran opening leg of Loyola's distance medley relay team that finished fourth at League meet ... Ran personal-best time of 4:21.44 in the mile at North Central ... Narrowly missed personal record in 600m with a 1:23.25 at the Indiana Relays ... Finished sixth in the 800m at the Horizon League Outdoor Championship ... Posted personal-best time of 1:52.94 in the 800m at the Stan Lyons Invite ... Also clocked new personal best in the 400m (52.35) at Duke. **2009-10 (Sophomore):** Finished 59th at the Horizon League Cross Country Championships with time of 28:49 ... One of Loyola's top runners in the 800m ... Finished third in 600m (1:23.06) at Indiana Relays ... Posted time of 1:54.93 in the 800m at the Meyo Invitational ... Finished sixth in the 800m at the Horizon League Outdoor Championships after notching a personal-best time of 1:53.78 in the preliminary heat ... Took 11th in the 1,500m at the Chicagoland Championships with a time of 4:04.08 ... Helped 4x400m relay team to a time of 3:29.49 at the Rankin Invitational. **2008-09 (Freshman):** Finished eighth in the 800m at the Horizon League Outdoor Championships with a time of 1:54.93 ... Also finished 74th (28:09) at the League Cross Country Championships ... Took second in the 800m (1:57.38) at the UWM Tune-Up ... Finished third in the 800m (1:57.67) at the Chicagoland Championships ... Helped the 4x400m relay team (3:21.06) and the 4x800m relay (7:42.88) to fifth-place finishes at the Gina Relays ... Took fourth in the 800m (1:57.50) at the Indiana State Invitational ... Finished 29th at the Crusader Invitational 6K with a time of 21:06 ... Placed 31st at the DePaul Opener 4-mile run, finishing in 22:18. **High School:** 2007 cross country all-conference and all-regional pick ... Team captain ... Two-time cross country all-sectional honoree ... Finished in 18th place as a team at state ... 2007 800m sectional champ ... 2007 state qualifier in the 4x800m relay ... School record holder in the 4x800m with a time of 8:03.02 ... 2007 track and field team captain ... Graduated with highest distinction ... President of the National Honor Society and member of the Foreign Language Honor Society ... Hoosier Boys' State delegate ... La Porte County Youth Leadership Program participant. **Personal:** Born on June 26, 1989 ... Son of William and Sarah Fine ... Political science/international studies major.

HORIZON LEAGUE FINISHES

XC	08-09	09-10	10-11
Cross Country	74th	59th	

INDOOR	08-09	09-10	10-11
800m			10th

OUTDOOR	08-09	09-10	10-11
800m	8th	6th	6th



**DENNIS
KOTT**

SPRINTS

YEAR: **Senior**
HOMETOWN: **Rutland, Mass.**
HIGH SCHOOL: **St. John's**
BIRTHDATE: **May 11, 1990**
MAJOR: **Economics/Finance**

TOP TIMES

INDOOR

55m	7.00	2009-10
60m	7.34	2010-11
200m	23.23	2009-10
400m	51.35	2008-09
500m	1:07.87	2009-10
600m	1:25.98	2008-09
800m	2:02.91	2008-09

OUTDOOR

100m	11.54	2010-11
200m	22.97	2010-11
400m	50.88	2008-09
800m	2:05.86	2009-10

CAREER BIO

2010-11 (Junior): Finished 14th in the 400m at the Horizon League Indoor Championship ... Narrowly missed his personal record in the event with a time of 51.38 ... Finished 10th in the 800m at the UWM Tune-Up with time of 2:03.53 ... Posted personal-best 7.34 in the 60m dash at Illinois State ... Ran 23.69 in the 200m at the Indiana Relays ... Finished 13th in the 400m (51.41) and 16th in the 200m (22.97) at the Horizon League Outdoor Championship ... The 200m time represented a new personal best ... Also a part of the 4x100m relay team that finished fifth at the League meet ... Ran personal-best time of 11.54 in the 100m at the Chicagoland Championship. **2009-10 (Sophomore):** Placed 13th in the 400m at the Horizon League Indoor Championship ... Placed sixth, in personal-best time of 23.23, in the 200m at the Notre Dame Opener ... Finished 12th in 400m at Horizon League Outdoor Championship ... Helped team to fifth-place finish in 4x100m relay at League meet ... Ran personal-best time of 12.01 in 100m at Stan Lyons Invite ... Placed 11th in the 400m (51.40) at Chicagoland Championships. **2008-09 (Freshman):** Helped the distance medley relay team to second place at the Horizon League Indoor Championships with a total time of 10:19.46 ... Finished sixth in the 800m (2:02.91) at the Early Bird Open ... Took 10th in the 400m (51.35) and 15th in the 200m (23.66) at the Chicagoland Championships ... Finished ninth in the 200m (23.99) at the UWM Tune-Up ... Placed 13th in the 400m (50.88) at the Dave Rankin Invitational. **High School:** Named 2007 indoor MVP ... 2007-2008 indoor and outdoor state runner-up ... Team captain for indoor and outdoor seasons. **Personal:** Born on May 11, 1990 ... Son of Carl and Debra Kott ... Economics/Finance major.

HORIZON LEAGUE FINISHES

INDOOR	08-09	09-10	10-11
400m		13th	14th
OUTDOOR	08-09	09-10	10-11
200m			16th
400m		12th	13th



BRIAN PETERS

DISTANCE

YEAR: **Senior**
HOMETOWN: **Lombard, Ill.**
HIGH SCHOOL: **Glenbard East**
BIRTHDATE: **March 22, 1990**
MAJOR: **Economics**

TOP TIMES

INDOOR		
800m	1:59.38	2010-11
Mile	4:25.92	2010-11
OUTDOOR		
800m	1:59.77	2010-11
1,500m	4:09.68	2010-11

CAREER BIO

2010-11 (Junior): Finished 15th in the 800m at the Horizon League Indoor Championship in 1:59.38 ... Also took 16th in the mile with a time of 4:25.92 ... Both times were season-best clockings ... Took 15th in the 1,500m at the Horizon League Outdoor Championship (4:11.62) and 17th in the 800m (2:01.81) ... Clocked season-best time of 1:59.77 in the 800m at the Stan Lyons Invitational ... Recorded time of 4:09.68 at the Dr. Keeler Invite. **2009-10 (Sophomore):** Did not compete. **2008-09 (Freshman):** Competed in five of Loyola's seven cross country meets ... Finished 33rd at the Crusader Invitational ... Finished 80th at the Horizon League Championship with an 8K time of 28:25.27 ... Competed in distance medley relay at Chicago-Illinois Indoor Championship (11:08.37) ... Finished eighth in the mile (4:42.04) at Illinois ... Finished 12th in the 1,500m (4:12.45) and 22nd in the 800m at the Horizon League Outdoor Championship with time of 2:04.47 ... Took 13th in the 1,500m at the Dave Rankin Invite in 4:21.40. **High School:** Chosen 2007 cross country MVP...2008 all-conference selection for track...as a senior, was a state qualifier in the 4x800m...three-time cross country team captain...four varsity letters in cross country and three in track...2006 and 2007 Maine East Indoor Track Invitational champion...academic all-conference pick...received academic excellence award...member of the Spanish Honor Society. **Personal:** Born on November 2, 1989 ... Son of Michael and Mary Peters ... Economics major.

HORIZON LEAGUE FINISHES

XC	08-09	09-10	10-11
800m	80th		
INDOOR	08-09	09-10	10-11
800m			15th
Mile			16th
OUTDOOR	08-09	09-10	10-11
800m	22nd		17th
1,500m	12th		15th



BEN REIFENBERG

DISTANCE

YEAR: **Senior**
HOMETOWN: **Fort Wayne, Ind.**
HIGH SCHOOL: **Bishop Dwenger**
BIRTHDATE: **December 6, 1988**
MAJOR: **Master's of Business**

TOP TIMES

INDOOR

800m	1:57.04	2008-09
1,000m	2:31.11	2007-08
Mile	4:16.04	2007-08
3,000m	8:27.23	2008-09

OUTDOOR

800m	1:56.46	2008-09
1,500m	3:52.93	2008-09
5,000m	14:55.94	2008-09

CAREER BIO

2010-11 (Senior): Battled injuries for a majority of the year ... Finished sixth in the 5K at the Horizon League Outdoor Championship with time of 15:09.41 ... Made first appearance of the season the previous weekend, running a 15:12.07 in the 5K at the Stan Lyons Invitational ... Did not compete during the cross country or indoor track seasons. **2009-10 (Junior):** Second Team All-Horizon League honoree after finishing eighth (25:57) at the Horizon League Championship ... Finished sixth out of 408 runners at the Sean Earl Lakefront Invitational ... Finished fifth at the DePaul Opener, covering the four-mile course in a time of 20:32 ... Took 56th place at the NCAA Midwest Regional Meet with a 10K time of 32:39 ... Did not compete during the track season. **2008-09 (Sophomore):** Finished ninth in the 3,000m (8:32.92) at the Horizon League Championships ... Took seventh place at the League Cross Country Championships 8K with a time of 25:37 ... Placed fifth at the Sean Earl Lakefront Invitational, finishing with a time of 25:01 ... Finished second in the DePaul Opener 4-mile race (20:50) and the Crusader Invitational 6K (19:35) ... Finished ninth at the Illinois Intercollegiate Championships with a time of 25:09 ... Took 67th at the NCAA Midwest Regional 8K ... Took fifth in the 1,000m (2:33.55) and eighth in the 3,000m (8:51.97) at the Notre Dame Indoor Opener ... Claimed fourth place in the 3,000m at the Illinois Invitational with a time of 8:41.01 ... Took second place in the 5,000m at the Chicagoland Championships with a time of 14:55.84 ... Finished 20th in the 1,500m (3:52.93) and 42nd in the 800m (1:56.46) at the Georgia Tech Invitational. **2007-08 (Freshman):** Recipient of Loyola's Tom O'Hara Award and Newcomer of the Year Award ... Placed first (4:17.42) in the indoor mile at the ISU Classic ... Part of the McCabe-Headrick-Pugliese-Reifenberg indoor distance medley relay team that finished second (10:08.86) at the Horizon League Championships ... Won the outdoor 5,000m (15:02.42) at the Dave Rankin Invitational ... Led team with a ninth-place finish (4:00.92) in the 1500m at the UNC Invitational ... Placed fifth (3:56.62) in the outdoor 1500m at the League Championships ... Earned All-Horizon First Team honors after leading the Ramblers at the League Cross Country Championships, finishing in sixth with a personal-best time of 25:48. **High School:** Earned a trio of all-state honors in track and field in the 4x800m relay in 2005, the 4x800m and 4x1,600m relays in 2006 and 4x1,600m relay in 2007 ... Team state cross country qualifiers in 2005 and 2006 ... High school conference champions in 2005 and 2006 ... Posted a personal-best time of 15:35 in the 5K and 1:55 in the 800m ... Member of the National Honor Society ... Four-year letterwinner in wrestling ... Earned all-state honors in wrestling in 2007 ... Individual conference champion in wrestling in 2007. **Personal:** Born on December 6, 1988 ... Son of Mike and Judy Reifenberg ... Graduated with degree in Social Work.

HORIZON LEAGUE FINISHES

XC	07-08	08-09	09-10	10-11
Cross Country	6th	7th	8th	

INDOOR	07-08	08-09	09-10	10-11
Mile	3rd			
3,000m	11th	9th		

OUTDOOR	07-08	08-09	09-10	10-11
1,500m	5th			
5,000m	11th			6th



**JOSH
STEIN**

DISTANCE

YEAR: **Senior**
HOMETOWN: **Aurora, Ill.**
HIGH SCHOOL: **Marmion Academy**
BIRTHDATE: **June 3, 1990**
MAJOR: **Biology**

TOP TIMES

INDOOR

800m	1:58.42	2009-10
Mile	4:11.89	2010-11
3,000m	8:23.45	2009-10
5,000m	14:24.54	2010-11

OUTDOOR

1,500m	3:50.69	2010-11
3,000m	8:54.49	2008-09
5,000m	14:17.79	2010-11
10,000m	30:26.80	2010-11

CAREER BIO

2010-11 (Junior): One of top distance runners in the Horizon League ... Named Capital One Academic All-District V ... Was Loyola's top finisher in all six cross country meets in which he competed ... Posted four top-10 finishes ... Named First Team All-Horizon League in cross country after finishing seventh at the Horizon League Championship in 24:56 ... Finished 36th out of 171 competitors at the NCAA regional meet ... Finished seventh at the Bradley Classic (24:24) and took fifth in 528-man field at Sean Earl Lakefront Invitational (25:07) ... Took 37th in a stacked field at the Roy Griak Invitational ... Horizon League champion in the 5K at the League's Indoor Championship, posting a facility-record time of 14:24.54 ... Missed Horizon League Championship record by less than one second ... That time was the second-fastest time in school history, behind only Rambler All-American Jim Westphal ... Also took third in the mile at the League meet in personal-best time of 4:11.89 ... Took second place in both the 5K and 10K events at the Horizon League Outdoor Championship ... Set new personal mark in the 10K with finishing time of 30:26.80 ... Blazed to time of 14:17.79 in the 5K at the Raleigh Relays, placing him second on Loyola's all-time list ... Narrowly missed cracking school's top-10 list in the 1,500m with 3:50.69 clocking at the Stan Lyons Invite. **2009-10 (Sophomore):** Earned First Team All-Horizon League honors in cross country after finishing seventh in a time of 25:53 ... Loyola's top finisher at the NCAA Cross Country Midwest Regional, taking 53rd overall in 32:35 ... Finished 11th at the Sean Earl Lakefront with a time of 25:35 ... Was no worse than Loyola's second-best runner over last four meets ... Finished second in the 3K (8:32.23) and fifth in the 5K (14:56.25) at the Horizon League Indoor Track and Field Championship ... Won the 3K at the Indiana Relays in 8:23.45, a mark that ranks 10th on Loyola's all-time list ... Also won the 3K at the Panther Tune-Up ... Horizon League Champion in the outdoor 10K with time of 30:46.08 ... Finished fifth in 5K (14:52.50) at League meet ... Won his section of the 5K at the Raleigh Relays and his time of 14:33.08 is not only a personal best but also ranks ninth on Loyola's all-time list. **2008-09 (Freshman):** Helped the distance medley relay team to second place at the Horizon League Indoor Championships with a total time of 10:19.46 ... Also took 12th in the 3,000m at the League Indoor Championships ... Finished 14th and set a season-best mark at the League Cross Country Championships 8K with a time of 25:53 ... Finished third in the 1,500m (4:00.74) and sixth in the 3,000m (8:54.49) at the Duke Invitational ... Took seventh at the Crusader 6K with a time of 19:56 ... Earned seventh-place finishes in the 3,000m at the Notre Dame Indoor Opener (8:48.40) and the Illinois Invitational (8:53.91) ... Finished ninth in the 5,000m at the Chicagoland Championships, turning in a time of 15:27.92 ... Competed in the NCAA Cross Country Midwest Regional. **High School:** Part of three Marmion track and field and cross country championship teams ... Chosen 2007 cross country conference runner of the year ... 2007 cross country captain ... 2008 track and field captain ... All-conference for cross country all four years ... Cross country all-state selection in 2007 ... Named cross country academic all-conference 2004-07 ... 2005-08 track and field academic all-conference. **Personal:** Born on June 3, 1990 ... Son of John and Susan Stein ... Biology major.

HORIZON LEAGUE FINISHES

XC	08-09	09-10	10-11
Cross Country	14th	7th	7th
INDOOR	08-09	09-10	10-11
Mile			3rd
3,000m	12th	2nd	
5,000m		5th	1st
OUTDOOR	08-09	09-10	10-11
5,000m		5th	2nd
10,000m		1st	2nd



JIM WININGS

DISTANCE

YEAR: **Senior**
HOMETOWN: **Beechwood, Ohio**
HIGH SCHOOL: **St. Ignatius**
BIRTHDATE: **February 27, 1990**
MAJOR: **History/Economics**

TOP TIMES

INDOOR

500m	1:08.90	2008-09
600m	1:26.67	2008-09
800m	1:59.64	2008-09
Mile	4:42.66	2010-11

OUTDOOR

800m	1:58.45	2008-09
1,500m	4:28.44	2008-09

CAREER BIO

2010-11 (Junior): Ran in first two cross country meets of the season ... Ran 24:07 over four-mile course at the Vincentian Cup Invitational ... Posted time of 30:25 at the UW Parkside Midwest Open ... Ran personal-best 4:42.66 in the mile during the indoor season at Illinois State ... Also ran 1:27.79 in the 600m at Illinois ... Did not compete during the outdoor season. **2009-10 (Sophomore):** Competed in first two cross country meets, including time of 29:18 at Illinois Intercollegiate meet ... Recorded season-best times off 2:00.47 in the 800m (Stan Lyons Invitational) and 4:38.92 in the 1,500m (Eastern Illinois) during the outdoor season. **2008-09 (Freshman):** Finished sixth in the mile at the Early Bird Open with a time of 4:58.56 ... Took 12th in the 600m (1:26.96) at the Illinois Invitational ... Placed 14th in the 500m (1:08.90) at the Notre Dame Indoor Opener ... Also competed in the indoor and outdoor 800m ... Finished 18th in the 1,500m at the Ted Haydon Invitational, turning in a time of 4:28.44 ... Competed at the Crusader Invitational 6K, finishing in 58th place with a time of 23:08. **High School:** Three-year varsity letterwinner ... Recipient of the Coach's Cup Spirit Award and Most Improved Track Athlete ... Academic first honors. **Personal:** Born on February 27, 1990 ... Daughter of Rob and Jean Winings ... History/Economics major.



MIKE JANUSEK

DISTANCE

YEAR: **Junior**
HOMETOWN: **Western Springs, Ill.**
HIGH SCHOOL: **Lyons Township**
BIRTHDATE: **March 8, 1991**
MAJOR: **Anthropology/Economics**

TOP TIMES

INDOOR

Mile 4:23.41
3,000m 8:41.88
5,000m 15:15.94

CAREER BIO

2010-11 (Sophomore): Competed in four cross country meets ... Finished 15th at the Vincentian Cup Invite with a four-mile time of 21:50 ... Grabbed 23rd-place finish at the UW Parkside Midwest Open (27:03) ... Also competed at the Roy Griak Invite (27:36) and the Bradley Classic (26:12) ... Recorded season-best time of 4:23.41 in the mile at North Central ... Posted team's second-fastest time in both the indoor 3K (8:41.88) and 5K (15:15.94) ... Did not compete during the outdoor track season.

2009-10 (Freshman): Competed in each of the first four cross country meets ... Finished 20th at the DePaul Opener with a four-mile time of 21:15 ... Finished 69th in a field of 334 at the Illinois Intercollegiate Championships ... Also competed at the Sean Earl Lakefront Invitational and the Pre-National meet. **High School:** Qualified for state cross country meet all four years ... Won 2006 cross country regional championship ... Helped team to a sectional championship and a fifth-place finish at 2008 state cross country meet ... Team won track and field sectional championship all four years ... Took 15th at state championships in 3,200m ... Cross country team MVP in 2007 ... Named team captain senior year. **Personal:** Born on March 8, 1991 ... Son of Alan and Linda Janusek ... Anthropology/Economics major.



DECLAN MURRAY

MID-DISTANCE

YEAR: **Junior**
HOMETOWN: **Strongsville, Ohio**
HIGH SCHOOL: **St. Ignatius**
BIRTHDATE: **June 6, 1991**
MAJOR: **Psychology**

TOP TIMES

INDOOR

600m	1:21.34	2010-11
800m	1:51.44	2010-11
1,000m	2:28.72	2010-11
Mile	4:26.90	2010-11

OUTDOOR

400m	49.89	2010-11
800m	1:48.99 *	2010-11
1,500m	3:56.23	2010-11

* school record

CAREER BIO

2010-11 (Sophomore): Blossomed into one of Horizon League's top middle distance runners ... Qualified for the NCAA regionals in the 800m during the outdoor season ... Finished third in the 800m at the Horizon League Indoor Championship with time of 1:52.05 ... Ran anchor leg for Loyola's 4x400m relay team that posted third-fastest time in school history (3:16.18) at the League meet ... Posted personal-best time of 1:51.44 in the 800m at the Alex Wilson Invite, the fastest by a Rambler since 2003 and the fifth-fastest in school history ... Recorded fourth-fastest time in Loyola record book in the 600m (1:21.34) at the UWM Tune-Up ... Won title in the 800m at the Horizon League Outdoor Championship in 1:50.16 ... Ran opening leg of Loyola's 4x400m relay squad that won League title in 3:14.25, the seventh-best time in school history ... Broke Andre Fomby's 23-year old school record in the 800m with a 1:48.99 clocking at the Roanoke Twilight ... Finished ninth out of 48-man field in the qualifying round at the NCAA regional before coming up one second short in the finals of advancing to NCAA Championship meet. **2009-10 (Freshman):** One of Loyola's most consistent performers on the track ... Posted Loyola's top times in the 600m and 800m indoors as well as outdoor 800m ... Finished fifth in the 800m at the Horizon League Indoor Championship with a time of 1:57.04 ... Posted season-best time of 1:53.63 in that event against a top field at the Meyo Invitational ... Finished second in the 600m (1:21.55) at the Indiana Relays ... Finished sixth in 600m in first collegiate race at Carle/Health Alliance Classic in Champaign ... Took second place in the 800m at the Horizon League Outdoor Championship (1:53.20) after blazing to a season-best time of 1:51.94 in the prelims ... Finished 12th against a strong field in the 800m at the Georgia Tech Invitational ... Also took 12th in the 1,500m (3:56.90) at the Billy Hayes Invite ... Took third in the 800m (1:53.15) at the Dave Rankin Invite. **High School:** All-state in cross country and track in 2008 ... Earned Academic All-Ohio honors in 2008 and 2009 ... Team's MVP and Most Valuable Distance Runner in 2008 and 2009 ... Captained state-qualifying cross country team in 2008 ... Won the district championship and finished sixth at the state championships in the 800m in 2008 ... Anchored 4x400m and district-champion 4x800m relay teams ... 4x400m relay took fourth place at state championships in 2008. **Personal:** Born on June 6, 1991 ... Son of John and Brenda Murray ... Psychology major ... Sister, Brigid, is a freshman on Loyola's women's track team.

HORIZON LEAGUE FINISHES

INDOOR	09-10	10-11
800m	5th	2nd
OUTDOOR	09-10	10-11
800m	2nd	1st



MIKE WETZEL

SPRINTS

YEAR: **Junior**
HOMETOWN: **Green Bay, Wis.**
HIGH SCHOOL: **Ashwaubenon**
BIRTHDATE: **March 5, 1991**
MAJOR: **History**

TOP TIMES

INDOOR

55m	7.00	2009-10
60m	7.24	2010-11
200m	22.24	2010-11
300m	35.96	2009-10
400m	47.78	2010-11
500m	1:06.24	2009-10
800m	2:10.77	2009-10

OUTDOOR

100m	11.26	2009-10
200m	21.98	2010-11
400m	47.93	2010-11

HORIZON LEAGUE FINISHES

INDOOR

	09-10	10-11
200m		7th
400m	3rd	2nd

OUTDOOR

	09-10	10-11
200m		7th
400m	4th	2nd

CAREER BIO

2010-11 (Sophomore): Finished second in the 400m (48.13) and seventh in the 200m (22.48) at the Horizon League Indoor Championship ... Part of 4x400m relay team that posted third-fastest time in school history at the League meet (3:16.18) ... Posted personal-best time of 22.44 in the 200m prelims, a time that ranks seventh on Loyola's all-time list ... Ran personal-best 47.78 in the 400m at the Alex Wilson Invitational ... Clocked 7.24 time in the 60m dash at the Meyo Invite, also the seventh-fastest time in school history ... Also took second in the 400m (48.01) and seventh in the 200m (22.18) at the Horizon League Outdoor Championship ... Ran anchor leg on championship 4x400m relay team that clocked seventh-fastest time in school history (3:14.25) ... Recorded personal-best time of 21.98 in the 200m prelims at the League meet ... Cruised to 47.93 in the 400m at the Stan Lyons Invitational, good for fourth on Loyola's all-time list. **2009-10 (Freshman):** Immediately established himself as one of Loyola's top sprinters ... Finished third in the 400m at the Horizon League Indoor Championship with a time of 50.36 ... Part of 4x400m relay team that posted time of 3:18.97 at the Meyo Invite ... Cracked Loyola's all-time top 10 in five different indoor events ... Ran a 1:06.24 in the 500m at Notre Dame to rank fourth on that list ... Ranks fifth on the 300m list (35.96, Meyo), ninth in the 200m (22.88, Iowa State) and 10th each on the 60m (7.34, Milwaukee) and the 400m (49.22, Iowa State) ... Finished fourth in the 400m at the Horizon League Outdoor Championship with time of 47.98, a mark that ranks fourth all-time at Loyola ... Posted season-best times of 11.26 in the 100m at the Georgia Tech Invite and 22.54 in the 200m at Purdue. **High School:** State champion in the 400m in 2009 ... Won four state championships medals ... Three-time state qualifier in eight events ... Holds the Fox River Classic Conference record in the 400m (49.60) and the 4x400m relay (3:24.97) ... Ran at the Midwest Senior Spotlight All-Star Meet ... Holds the school record for the 400m. **Personal:** Born on March 5, 1991 ... Son of Robert and Rae Wetzel ... History major.



PAUL YOVANIC

THROWS

YEAR: **Junior**
HOMETOWN: **Highland, Mich.**
HIGH SCHOOL: **Milford**
BIRTHDATE: **October 2, 1987**
MAJOR: **Criminal Justice**

TOP MARKS

Did not compete

CAREER BIO

2010-11 (Sophomore): Did not compete. **Prior To Loyola:** Played two seasons of professional hockey with the Muskegon Fury (IHL), Sorel Mission (LNAH) and Port Huron Ice Hawks (IHL) **Personal:** Born on October 2, 1987 ... Son of Paul and Sofiya Yovanic ... Criminal Justice major.



BAY ABBOTT

SPRINTS

YEAR: **Sophomore**
HOMETOWN: **Leavenworth, Kan.**
HIGH SCHOOL: **St. James**
BIRTHDATE: **April 3, 1992**
MAJOR: **International Business**

TOP TIMES

INDOOR

60m	7.21	2010-11
200m	22.51	2010-11
400m	49.50	2010-11

OUTDOOR

100m	11.31	2010-11
200m	22.44	2010-11
400m	49.38	2010-11

CAREER BIO

2010-11 (Freshman): One of Horizon League's top young sprinters ... Finished sixth in the 400m and 13th in the 200m events at the Horizon League Indoor Championship ... Ran opening leg of Loyola's 4x400m relay team that posted third-fastest time in LU history (3:16.18) at the League meet ... Ran a 7.21 in the 60m dash at Illinois State ... His time of 22.51 in the 200m at the League meet puts him eighth on Loyola's all-time list ... Part of Loyola's title-winning 4x400m relay team at the Horizon League Outdoor Championship ... Its time of 3:14.25 ranks seventh in Loyola history ... Finished sixth in the 400m and 10th in the 200m at the League meet ... Member of 4x100m relay team that ran 42.68, the eighth-best time in Rambler history ... Ran season-best time of 11.31 in the 100m at the Mike Poehlein Invite ... Clocked 49.38 in the 400m at the Stan Lyons Invite. **High School:** Named two-time AAU All-American ... Placed third, fifth and seventh in 2010 Kansas State Meet ... Holds school records in five events ... Honor roll student ... Scholar athlete. **Personal:** Born on April 3, 1992 ... Son of Randy and Joy Abbott ... International Business major.

HORIZON LEAGUE FINISHES

INDOOR

200m	10-11
400m	13th
	6th

OUTDOOR

200m	10-11
400m	10th
	6th





JAKE AUTIO

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **St. Michael, Minn.**
HIGH SCHOOL: **St. Michael Albertville**
BIRTHDATE: **December 9, 1991**
MAJOR: **Forensic Science**

TOP TIMES

INDOOR		
Mile	4:13.66	2010-11
OUTDOOR		
800m	1:56.84	2010-11
1,500m	3:56.68	2010-11

HORIZON LEAGUE FINISHES

INDOOR	10-11
Mile	4th
OUTDOOR	10-11
1,500m	8th

CAREER BIO

2010-11 (Freshman): Finished 34th out of 528 runners at the Sean Earl Lakefront Invitational with time of 25:56 ... Also scored at the Roy Griak Invitational, coming in third among Loyola runners with time of 26:40 ... Finished 14th overall at the UW Parkside Midwest Open and took fifth at the season-opening Vincentian Cup Invite, covering the four-mile course in 21:10 ... Finished fourth in the mile (4:13.66) at the Horizon League Indoor Championship ... Took second in the same event at the Chicagoland Indoor Championships with a time of 4:20.95 ... Grabbed fifth in the mile at the Indiana Relays ... Finished eighth in the 1,500m at the Horizon League Outdoor Championship, turning in a time of 4:01.19 ... Turned in season-best time of 3:56.68 in the 1,500m at Duke ... Also ran a season-best 1:56.84 in the 800m at that meet.

High School: One of the top distance runners in Minnesota ... Two-time all-state honoree in cross country, finishing fifth in the state meet as a senior and 17th as a junior ... Conference cross country champion his senior year ... Finished second in the conference meet his junior campaign ... Three-time all-conference choice in cross country ... Named conference Rookie of the Year in 2007 ... State champion in the 3,200m on the track as a senior ... Also earned all-state recognition in the 1,600m ... Finished fourth in the 3,200m his junior year ... Won conference track titles in the 1,600m and 3,200m in 2010. **Personal:** Born on December 9, 1991 ... Son of Chuck and Lori Autio ... Forensic Science major.



ANDY FENSKE

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **Brooklyn Park, Minn.**
HIGH SCHOOL: **Park Center**
BIRTHDATE: **November 17, 1991**
MAJOR: **Political Science/Criminal Justice**

TOP TIMES

INDOOR		
800m	2:02.28	2010-11
Mile	4:22.97	2010-11
OUTDOOR		
3,000m	9:40.31	2010-11

CAREER BIO

2010-11 (Freshman): One of top freshmen cross country runners in the Horizon League ... Earned Second Team All-Horizon League honors in cross country after finishing 13th at the Horizon League Championship (25:35) ... Was team's second finisher at the Roy Griak Invitational, posting a time of 26:38 ... Finished sixth overall at the UW Parkside Midwest Open with a time of 26:19 ... Took 13th in the mile at the Horizon League Indoor Championship with a time of 4:22.97 ... Ran season-best time of 8:54.90 in the 3K at the UWM Tune-Up ... Turned in 9:40.31 in the outdoor 3K at Vanderbilt in only appearance of the outdoor season. **High School:** Finished sixth in the two-mile run at the Minnesota state meet as a senior ... Three-time all-state runner ... Named all-conference all four years ... Earned Runner of the Year honors as well as MVP recognition on the track as a senior ... Finished eighth in the state in the 800m as a junior ... Versatile runner who competed in events from the 400m to the 5K. **Personal:** Born on November 17, 1991 ... Son of Rick Fenske and Suzanne Feelin ... Political Science/Criminal Justice major.

HORIZON LEAGUE FINISHES

XC	10-11
Cross Country	13th
OUTDOOR	10-11
Mile	13th



CHRISTIAN LEHMAN

SPRINTS

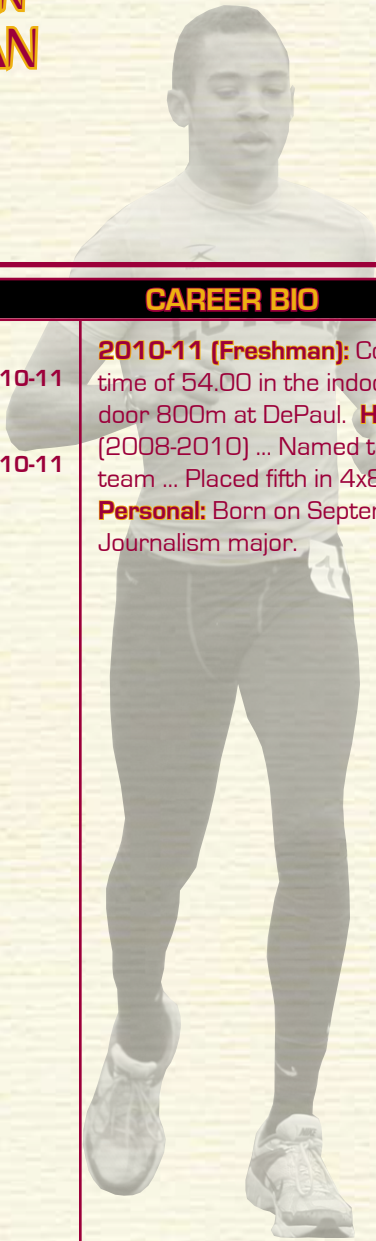
YEAR: **Sophomore**
HOMETOWN: **Mason, Ohio**
HIGH SCHOOL: **Mason**
BIRTHDATE: **September 26, 1991**
MAJOR: **Journalism**

TOP TIMES

INDOOR		
400m	54.00	2010-11
OUTDOOR		
800m	2:32.84	2010-11

CAREER BIO

2010-11 (Freshman): Competed in only two meets due to injury ... Ran season-best time of 54.00 in the indoor 400m at Illinois ... Posted time of 2:32.84 in the outdoor 800m at DePaul. **High School:** Three-time conference and district champion (2008-2010) ... Named to 2010 All-City team ... Part of 2010 regional championship team ... Placed fifth in 4x800 at 2010 Ohio State Meet ... Principal's Award winner. **Personal:** Born on September 26, 1991 ... Son of Ka-Ron and Lennart Lehman ... Journalism major.





DEVEN LOPEZ

THROWS

YEAR: **Sophomore**
HOMETOWN: **West Chicago, Ill.**
HIGH SCHOOL: **West Chicago**
BIRTHDATE: **December 27, 1991**
MAJOR: **Biology**

TOP TIMES

INDOOR

Shot Put 13.39m (43-11.25) 2010-11
Weight 12.99m (42-07.50) 2010-11

OUTDOOR

Discus 39.88m (130-10) 2010-11
Hammer 36.45m (119-07) 2010-11
Javelin 36.85m (120-11) 2010-11
Shot Put 13.13m (43-01.00) 2010-11

HORIZON LEAGUE FINISHES

INDOOR

Shot Put 10-11
9th
Weight 12th

OUTDOOR

Discus 10-11
12th
Hammer 11th
Shot Put 9th

CAREER BIO

2010-11 (Freshman): Loyola's primary thrower as a freshman ... Finished ninth in the shot put and 12th in the weight throw at the Horizon League Indoor Championship ... Recorded distances of 12.92m (42-04.75) in the shot and 12.84m (42-01.50) in those events ... Posted season-best mark of 13.39m (43-11.25) in the shot at Carthage, a mark that puts him sixth on Loyola's all-time list ... Season-best toss of 12.99m (42-07.50) in the weight came at UWM Tune-Up ... Took ninth in the shot put, 11th in the hammer throw and 12th in the discus at the Horizon League Outdoor Championship ... Sits sixth on LU's all-time list in both the discus (39.88m) and shot (13.13m) ... Fired the javelin 36.85m (120-11) at Vanderbilt ... Recorded season-best distance of 36.45m (119-07) in the hammer throw at Benedictine.

High School: Placed sixth in discus and seventh in shot put at 2010 sectionals ... Took third place in discus in 2008 sectionals ... Named team captain from 2008-2010 ... Earned all-conference honorable mention as senior ... Four-year all-academic team member. **Personal:** Born on December 27, 1991 ... Son of Andy and Beena Lopez ... Biology major.





JAMES McLACHLAN

JUMPS

YEAR: **Sophomore**
HOMETOWN: **Wymondham, England**
BIRTHDATE: **March 12, 1992**
MAJOR: **Biology**

TOP TIMES

INDOOR

60m	7.07	2010-11
Long Jump	7.25m (23-09.50)	2010-11
Triple Jump	14.64m (48-00.50)*	2010-11

OUTDOOR

100m	11.06	2010-11
200m	22.74	2010-11
Long Jump	7.63m (25-00.25)*	2010-11
Triple Jump	15.08m (49-05.75)*	2010-11

* school record

CAREER BIO

2010-11 (Freshman): One of top jumpers in the Horizon League ... Qualified for NCAA West Regionals in both the long jump and the triple jump during the outdoor track season ... Finished second in the triple jump and eighth in the long jump at the Horizon League Indoor Championship ... Set school record with leap of 14.64m (48-00.50) at the League meet in the triple jump ... Posted season-best indoor mark of 7.25m (23-09.50), good for second on Loyola's all-time list, in the long jump at the Indiana Relays ... Also excelled on the track, posting team-best time of 7.07 in the 60m dash at Illinois State ... That mark places him third on LU's all-time chart in that event ... Horizon League champion in both the long jump and triple jump at the outdoor championship ... Named Horizon League Men's Field Newcomer of the Year after the League meet ... Set new school records in both events, including leap of 7.63m (25-00.25) in the long jump to break Sid Mordaunt's previous record set back in 1969 ... Recorded mark of 15.08m (49-05.75) to set triple jump mark at Duke ... Finished 18th in the triple jump at the NCAA regional meet, one one-hundredth of a meter shy of advancing to the next round of jumps ... Finished 39th in that meet in the long jump ... Ran 11.06 in the 100m at the Mike Poehlein Invite. **High School:** Helped school to conference and English School championships in 2010 ... Earned Scottish senior silver medal ... Won club championship as senior ... Placed first in U19 in long jump. **Personal:** Born on March 12, 1992 ... Son of James and Jan McLachlan ... Biology major.

HORIZON LEAGUE FINISHES

INDOOR	10-11
Long Jump	8th
Triple Jump	2nd

OUTDOOR	10-11
Long Jump	1st
Triple Jump	1st



KHUSHPAL SANGHA

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **Elmhurst, Ill.**
HIGH SCHOOL: **York**
BIRTHDATE: **August 17, 1992**
MAJOR: **Accounting**

TOP TIMES

INDOOR		
Mile	4:31.04	2010-11
3,000m	8:56.36	2010-11
5,000m	15:42.03	2010-11
OUTDOOR		
1,500m	4:10.86	2010-11
3,000m	9:06.35	2010-11
5,000m	15:52.65	2010-11

HORIZON LEAGUE FINISHES

INDOOR		10-11
3,000m		19th
5,000m		14th
OUTDOOR		10-11
5,000m		24th

CAREER BIO

2010-11 (Freshman): Ran in three cross country meets ... Finished ninth at the season-opening Vincentian Cup Invite with time of 21:37 ... Took 32nd place at the UW Parkside Midwest Open (27:10) ... Scored for Ramblers at the Bradley Classic, turning in a time of 26:00 ... Finished 14th in the 5K (15:42.03) and 19th in the 3K (9:06.89) at the Horizon League Indoor Championship ... Turned in season-best time of 8:56.36 in the 3K at the Keck Invite ... Ran 4:31.04 in the mile at the Indiana Relays ... Ended in 24th place in the 5K at the Horizon League Outdoor Championship with time of 16:37.95 ... Ran season-best 15:52.65 in that event at DePaul ... Posted time of 9:06.35 in the 3K at Vanderbilt. **High School:** Member of one of state's best cross country programs ... Helped team secure second-place finish in 2008 and third-place finish in 2009 ... Finished 26th in the Illinois State Cross Country meet ... On the track, was conference champion in the 800m his senior year ... Earned track All-America honors after helping team to fifth-place finish in the 4x1 mile relay ... Garnered all-state accolades in the 4x800m relay event, helping team to fourth-place finish. **Personal:** Born on August 17, 1992 ... Son of Pritpal and Randip Sangha ... Accounting major.



RODRIGO SOUSA

HURDLES

YEAR: **Sophomore**
HOMETOWN: **Old Soybrook, Conn.**
HIGH SCHOOL: **Old Soybrook**
BIRTHDATE: **November 22, 1991**
MAJOR: **Finance**

TOP TIMES

OUTDOOR

100m	11.80	2010-11
110m H	15.38	2010-11
200m	25.01	2010-11

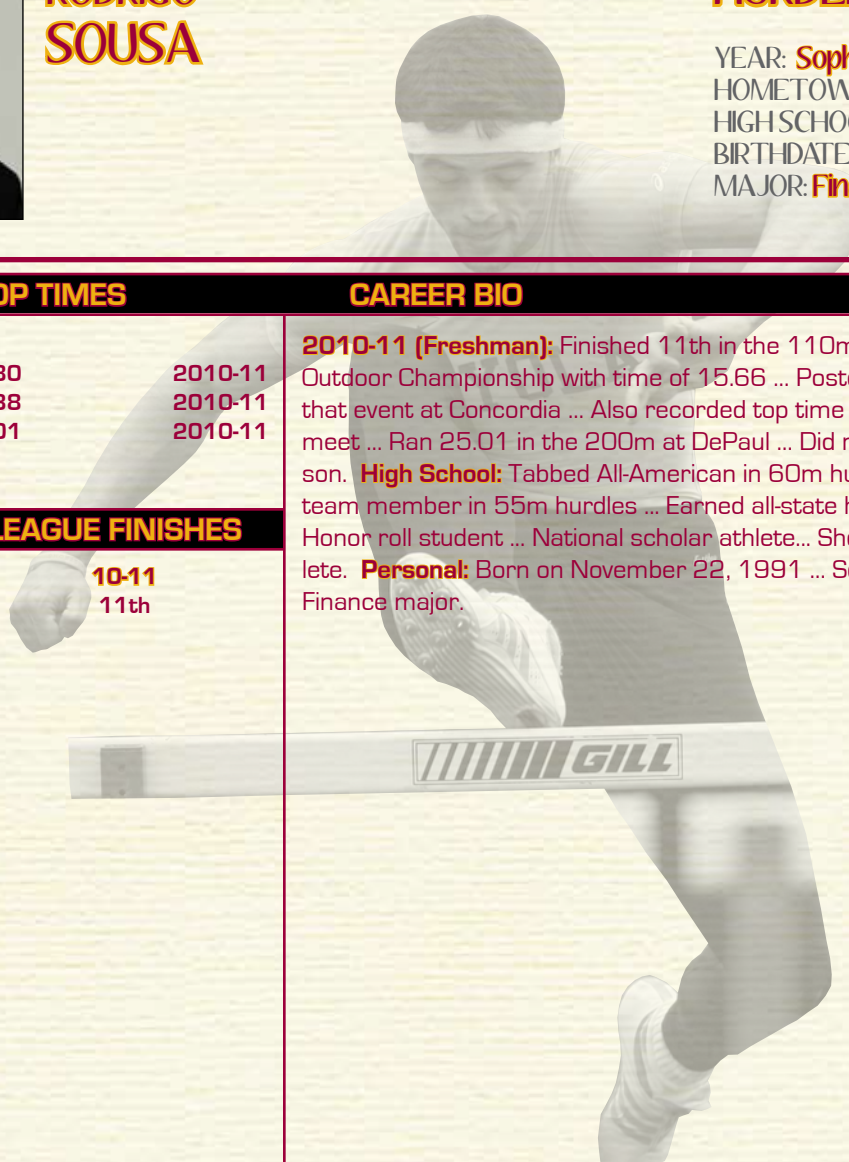
CAREER BIO

2010-11 (Freshman): Finished 11th in the 110m hurdles at the Horizon League Outdoor Championship with time of 15.66 ... Posted season-best time of 15.38 in that event at Concordia ... Also recorded top time of 11.80 in the 100m dash at that meet ... Ran 25.01 in the 200m at DePaul ... Did not compete during the indoor season. **High School:** Tabbed All-American in 60m hurdles ... Two-time All-New England team member in 55m hurdles ... Earned all-state honors in 2008, 2009, 2010 ... Honor roll student ... National scholar athlete... Shoreline Conference Scholar Athlete. **Personal:** Born on November 22, 1991 ... Son of Edmilson and Maria Sousa ... Finance major.

HORIZON LEAGUE FINISHES

OUTDOOR

110m H	10-11
	11th





ALEX THORNBURG

DISTANCE

YEAR: **Sophomore**
 HOMETOWN: **St. Clairsville, Ohio**
 HIGH SCHOOL: **St. Clairsville**
 BIRTHDATE: **November 30, 1991**
 MAJOR: **Composition**

TOP TIMES

INDOOR

800m	2:01.13	2010-11
Mile	4:27.61	2010-11
3,000m	8:59.83	2010-11
5,000m	15:31.93	2010-11

OUTDOOR

1,500m	4:07.36	2010-11
3,000m S	10:00.01	2010-11

CAREER BIO

2010-11 (Freshman): Competed in all seven cross country meets ... Finished 31st overall at the Horizon League Cross Country Championship (26:17) ... Was LU's third finisher at the NCAA Midwest Regional meet after a time of 32:48 in the 10K race ... Took 43rd at the UW Parkside Midwest Open in time of 27:32 ... Finished 12th in the 5K (15:31.93) and 16th in the 3K (8:59.83) at the Horizon League Indoor Championship ... Posted season-best indoor times in the 800m (2:01.13) and the mile (4:27.61) at the UWM Tune-Up ... Took 8th in the 3,000m steeplechase at the Horizon League Outdoor Championship in season-best time of 10:00.01 ... Also finished 19th in the 1,500m (4:17.00) at the League meet. **High School:** Two-time all-state performer in cross country ... Won conference cross country title as a senior ... Two-time conference champion in the 3,200m on the track ... Also won conference title in the 1,600m event ... School-record holder in both the 1,600m and 3,200m track events ... Three-time Academic All-Ohio honoree. **Personal:** Born on November 30, 1991 ... Son of Dick and Diane Thornburg ... Composition major.

HORIZON LEAGUE FINISHES

XC	10-11
Cross Country	31st

INDOOR	10-11
3,000m	16th
5,000m	12th

OUTDOOR	10-11
1,500m	19th
3,000m S	8th



RYAN VANPORTFLIET

DISTANCE

YEAR: **Sophomore**
HOMETOWN: **Parker, Colo.**
HIGH SCHOOL: **Regis Jesuit**
BIRTHDATE: **March 22, 1990**
MAJOR: **Environmental Science**

TOP TIMES

Did not compete

CAREER BIO

2010-11 (Freshman): Placed 21st in the season-opening Vincentian Cup Invite (22:24.78) in his only competition of the season ... Did not compete in either indoor or outdoor track. **High School:** Helped team to state cross country title as a senior after finishing in second place his junior year ... Also excelled on the track and owns school records in the 800m and 4x800m relay events ... Earned honorable mention all-state honors in the 800m and 1,600m events ... First team all-conference pick his senior season. **Personal:** Born on May 29, 1992 ... Son of Kurt and Ann Van Portfliet ... Environmental Science major.



OSCAR AGUINAGA

DISTANCE

YEAR: **Junior**
HOMETOWN: **Aurora, Ill.**
HIGH SCHOOL: **Marmion Academy**
BIRTHDATE: **December 20, 1990**
MAJOR: **Operations Management**

CAREER BIO

High School: Named 2009 Athlete of the Year ... Had personal-best time of 15:09 for the three-mile event and 1:55.3 for the 800m as a junior ... Completed for 25:58 finish in the 8K and 4:01.00 finish in 1,500m in his senior campaign ... Qualified for Illinois 3A State Meet in the 800m and 1,600m events ... Served as team captain for cross country squad ... Was a first team all-conference selection in cross country ... Four-year honor roll student. **Personal:** Born December 20, 1990 ... Son of Victor and Maria Aguinaga ... Operations Management major.



KEVIN GLASTETTER

SPRINTS

YEAR: **Freshman**
HOMETOWN: **Shannon, Ill.**
HIGH SCHOOL: **Eastland**
BIRTHDATE: **July 31, 1992**
MAJOR: **Undeclared**

CAREER BIO

High School: A 2011 state champion in the 400m event with a time of 47.99 ... Qualified for 2011 state meet in 100m and 200m events after posting personal bests of 10.9 (100m) 22.3 (200m) ... Reached 2010 state finals in 200m and 400m events ... Also participated in football, where he was named first team all-conference and first team all-area, and basketball, where he served as team captain **Personal:** Born July 31, 1992 ... Son of Kevin and Nancy Glastetter ... Undeclared..



COLE JOHNSON

SPRINTS

YEAR: **Freshman**
HOMETOWN: **Council Bluffs, Iowa**
HIGH SCHOOL: **Lewis Central**
BIRTHDATE: **August 7, 1993**
MAJOR: **Composition**

CAREER BIO

High School: Won conference championship and district championship in 400m dash to qualify for the state track meet ... Helped team place at the Drake Relays and state track meet in the 4x100m relay all four years ... Set personal-bests of 10.9, 22.4, and 49.4 in the 100m, 200m, and 400m sprints, respectively ... Member of the Honor Roll and National Honor Society. **Personal:** Born on August 7, 1993 ... Son of Elizabeth Johnson ... Composition major.



KYLE JOHNSON

SPRINTS

YEAR: **Freshman**
HOMETOWN: **Poplar Grove, Ill.**
HIGH SCHOOL: **North Boone**
BIRTHDATE: **June 9, 1992**
MAJOR: **Criminal Justice**

CAREER BIO

High School: Three-time all-conference sprinter ... Placed fourth at the IHSA State Meet ... Holds personal-bests of 49.2 seconds in the 400m dash and 10.8 seconds in the 100m dash ... Also competed in football and was named first team all-conference ... Earned all-state academic recognition ... Graduated with honors. **Personal:** Born on June 9, 1992 ... Son of Scott and Michelle Johnson ... Criminal Justice major.



SAM PENZENSTADLER

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Oshkosh, Wis.**
HIGH SCHOOL: **West**
BIRTHDATE: **September 11, 1992**
MAJOR: **Mathematics**

CAREER BIO

High School: Named first team all-state in cross country and track...Three-time cross country first team all-conference selection ... Also named first team all-conference in track ... Finished fourth at the state cross country meet ... Took sixth place in the mile event at the track state meet ... Ended high school career with personal bests of 4:18 in the 1600m, 1:57 in the 800m, and 15:28 in the 5K ... Was named to the cross country all-state academic team with a 3.8 GPA. **Personal:** Born on September 11, 1992 ... Son of Barry and Beth Penzenstadler ... Mathematics major.



JUAN GABRIEL PEREZ

HURDLES

YEAR: **Freshman**
HOMETOWN: **Mason, Ohio**
HIGH SCHOOL: **Mason**
BIRTHDATE: **December 11, 1992**
MAJOR: **Advertising/Public Relations**

CAREER BIO

High School: Helped team to back-to-back Greater Miami Conference Championships ... Graduated with honors. **Personal:** Born on December 11, 1992 ... Son of Juan and Lizette Perez ... Advertising/Public Relations major.



JARED SKRABACZ

DISTANCE

YEAR: **Freshman**
HOMETOWN: **Bowling Green, Ky.**
HIGH SCHOOL: **South Warren**
BIRTHDATE: **November 27, 1992**
MAJOR: **Undeclared**

STATISTICS

High School: 2010 Kentucky Cross Country State Champion ... 2010 Kentucky State Champion in 3,200m and 1,600m events ... Took first place in the Kentucky Dream Mile with a time of 4:17 ... Finished second in the Knoxville Classic Two-Mile with a 9:17 finish ... Received Academic All-State accolades three years in a row. **Personal:** Born on November 27, 1992 ... Undeclared.



Men's Awards

TOM O'HARA AWARD		GEORGE CROSBY AWARD		EXCELLENCE IN FIELD		SEAN EARL PHEIDIPPIDES	
OUTSTANDING MALE DISTANCE RUNNER		OUTSTANDING MALE SPRINTER		OUTSTANDING MALE FIELD ATHLETE		NEVER SAY DIE ATHLETE	
2011	Declan Murray Josh Stein	2011	Mike Wetzal	2011	James McLachlan	2011	Ben Reifenberg
2010	Josh Stein	2010	Ricky Headrick	2010	Erik Hernandez		Rodrigo Sousa
2009	Ben Reifenberg	2009	Ricky Headrick		Michael Jarman	2010	Matt Wieczorek
2008	Ben Reifenberg	2008	Donte Prisby	2009	Erik Hernandez	2009	Demetri Lambros
2007	Sam Romanoski	2007	Jimel Denham	2008	Jamar Johnson	2008	Tom Andreoni
2006	Sam Romanoski	2006	Edmund Blankson	2007	Erik Hernandez	2007	Shawn Lucas
2005	Sam Romanoski		Jimel Denham	2005	Laith Hoffarth	2006	Robert Wade
2004	Shawn Lucas	2005	No award given	2004	Miles Pomeroy	2005	Andrew McQuillan
2003	Robert Wade	2004	Chad Tredway	2003	Laith Hoffarth	2004	Drew Gazis
2002	Donnie Franzen	2003	Erik Joss			2003	Jonathan Bering
2001	Michael Mueller	2002	Drew Gazis			2002	Matt Horeled
2000	Don Franzen	2001	Drew Gazis			2001	Scott Farley
1999	Dan Hoarty	2000	Keith Braxton			2000	Brendan Gummerson
							Sam Hansen
							Scott Farley
						1999	Matt Horeled

NEWCOMER OF THE YEAR		SCHOLAR-ATHLETE AWARD		GOLD BATON AWARD	
OUTSTANDING NEWCOMER		COMBINATION OF ATHLETICS/ACADEMICS		OUTSTANDING PERFORMANCE IN RELAYS	
2011	James McLachlan	2010	Erik Hernandez	2002	Justin Motkowicz
2010	Michael Wetzal	2009	Erik Hernandez	2000	Scott Rihm
2009	Ned Brady	2008	Erik Hernandez	1999	Mike Mueller
2008	Ben Reifenberg	2007	Tom Andreoni		
2007	Nick Herold	2006	Justin Motkowicz		
2006	No Award Given	2005	Dan Carlson		
2005	Joe Mahalick	2004	Steve Sebelski		
2004	Sam Romanoski	2003	Michael Eaton		
2003	Chad Tredway	2002	Steve Accardi		
		2001	Matt Horeled		
		2000	Matt Horeled		
		1999	Ben Ingram		



ERIK HERNANDEZ

MOST VALUABLE RUNNER	
INSPIRATIONAL CROSS COUNTRY RUNNER	
2011	Josh Stein

RISING STAR	
UP-AND-COMING CROSS COUNTRY RUNNER	
2011	Sam Penzenstadler

MOST INSPIRIATIONAL	
INSPIRATIONAL CROSS COUNTRY RUNNER	
2011	Andy Fenske



Men's Indoor Records

55m DASH		400m		MILE		TRIPLE JUMP		SPRINT MEDLEY RELAY	
6.20	Mike Colletti (1931)	47.52	Richard Lang (1969)	3:56.40	Tom O'Hara (1964)	48:05.00	James McLachlan (2011)	3:25.80	Crosby, Campana, Ward, O'Connor (1967)
6.20	George Crosby (1966)	47.62*	Bob Brown (1966)	3:58.62	Eddie Slowikowski (1990)	45:07.00	James Gildon (2002)	3:26.70	White, Dwyer, Flanagan, O'Hara (1962)
6.20	Larry Mobley (1971)	47.78	Mike Wetzel (2011)	4:04.40	Marc Burns (1989)	44:11.75	Donte Prisby (2007)	3:31.80	Mays, Harte, Newman, Smyka (1975)
6.30	Rich Folke (1977)	48.02*	Bob O'Connor (1966)	4:07.60	Jim Westphal (1988)	44:10.00	Ken Anderson (1997)	3:33.90	Botti, Martinsen, Ruiz, Eitz (1993)
6.40	Rich Dennis (1986)	48.24	Joe Ruiz (1990)	4:07.72	Bill Cull (1989)	43:09.25	Jamar Johnson (2008)	3:43.20	Marquez, Jaynes, Kambanis, O'Shea (1992)
6.40	Andy Jaynes (1992)	48.24	Edmund Blankson (2006)	4:07.90	Jason Rush (1993)	41:01.00	Laith Hoffarth (2002)		
6.42*	Charles Whittingham (1951)	48.68	Joe Slowinski (1987)	4:08.29	Dan Hoarty (1998)				
6.50	Torey Botti (1993)	48.83	Chad Tredway (2004)	4:08.43	Michael Mueller (2001)				
6.54	Jimel Denham (2006)	48.90	Cletis Mays (1975)	4:09.00	Andre Fomby (1990)				
6.60	Mark Edwards (1980)	49.01	Donte Prisby (2009)	4:10.00	Larry Gnapp (1977)				
55m HURDLES		500m		3,000m		SHOT PUT		DISTANCE MEDLEY RELAY	
7.70	Tony Stewart (1975)	1:05.10	Donte Prisby (2008)	7:55.70	Jim Westphal (1989)	55:05.50	Enik Hernandez (2010)	9:45.68*	Cull, Slowinski, McCormick, Westphal (1989)
7.94	Curtis Morris, Jr. (1995)	1:15.19	Joe Mahalick (2008)	7:58.91	Marc Burns (1990)	53:08.50	Miles Pomeroy (2004)	9:54.70	O'Connor, Crosby, Munro, Schmidt (1968)
8.27	Ramunas Stanciuskas (2009)	1:05.66	Marty Pugliese (2007)	8:10.40	Eddie Slowikowski (1988)	49:11.75	Michael Jarman (2010)	9:56.50	O'Connor, Crosby, Munro, Kujawski (1967)
8.28	Tom Andreoni (2009)	1:06.24	Mike Wetzel (2010)	8:16.28	Steve Phillips (1993)	48:07.00	George Witterman (1964)	9:58.30	Donzelli, Gorney, Doran, Rosenblum (1985)
8.48	Marcus Myrick (2005)	1:06.45	Ramunas Stanciuskas (2010)	8:19.56	Steve Rosenblum (1985)	44:05.25	Dan Thiem (2000)	10:00.50	DeLeon, Haupt, Hacker, Hoarty (1997)
8.49	Jon Christ (2010)	1:06.56	Tom Andreoni (2010)	8:20.46	Robbie Wade (2003)	43:11.25	Deven Lopez (2011)	10:02.00	Eitz, Botti, O'Shea, Miller (1994)
		1:06.90	Ricky Headrick (2009)	8:21.10	Ben Ingram (1999)	43:09.25	Larry Fumarolo (1993)	10:02.50	Krause, Hennessy, McCabe, Edlund (1975)
		1:07.24	Cliff Cook (2008)	8:23.40	Ray Clifford (1987)	41:10.75	George Kotsionis (1994)	10:03.17	Motkowicz, Gazis, Joss, Wnek (2002)
		1:07.43	Nolan Fine (2011)	8:23.45	Josh Stein (2010)	39:07.75	Luke Scislowicz (2003)		
		1:07.87	Dennis Kott (2010)			35:07.25	Jeremy Ceja (2006)		
60m DASH		600m		TWO MILE		WEIGHT THROW			
6.95	Nick Herold (2007)	1:19.10	Bob O'Connor (1966)	8:59.38	Eddie Slowikowski (1988)	65:00.00	Michael Jarman (2010)		
7.02	Jimel Denham (2006)	1:20.90	Bill Gabriel (1977)	9:04.12	Steve Rosenblum (1985)	55:11.75	Enik Hernandez (2009)		
7.07	James McLachlan (2011)	1:21.00	Will Lazicki (1999)	9:06.79	Jim Westphal (1988)	51:09.25	Miles Pomeroy (2004)		
7.07	Edmund Blankson (2005)	1:21.34	Declan Murray (2011)	9:07.44	Ray Clifford (1987)	42:07.50	Deven Lopez (2011)		
7.21	Bay Abbott (2011)	1:21.44	Ned Brady (2009)	9:07.60	George Germino (1978)	40:03.25	Luke Scislowicz (2003)		
7.22	Blake Lackage (2008)	1:22.20	Larry Gnapp (1977)	9:11.50	Jim Newman (1972)				
7.24	Mike Wetzel (2011)	1:22.54	Mike Fountain (1989)	9:12.00	Larry Gnapp (1977)				
7.25	Gary Gentry III (2005)	1:22.60	Kevin Bikus (1976)	9:12.50	Jim Rhode (1980)				
7.25	Anthony Mask (2005)	1:22.80	John O'Hara (1976)	9:17.60	Steve Doran (1984)				
7.26	Geoff Bishop (2009)								
60m HURDLES		800m		THREE MILE					
8.80	Tom Andreoni (2007)	1:49.13	Andre Fomby (1990)	14:07.10	Greg Germino (1978)				
9.03	Ramunas Stanciuskas (2009)	1:50.20*	Bob O'Connor (1966)	14:20.70	Ray Clifford (1986)				
9.14	Jon Christ (2010)	1:51.15*	Larry Krause (1975)	14:28.72	Steve Rosenblum (1985)				
9.18	Marcus Myrick (2005)	1:51.27	Jonathan Berning (2003)	14:34.50	Tim Riley (1975)				
9.36	Mike Laabs (2006)	1:51.44	Declan Murray (2011)	14:35.84	Scott Ventura (1986)				
		1:51.98	Joe Mahalick (2008)	14:36.70	Tim Shannon (1982)				
		1:52.15*	Rich Lang (1972)	14:40.60	Don Schmidt (1967)				
		1:52.18	Ned Brady (2009)	14:45.20	Ed Kolasinski (1977)				
		1:52.82	Cliff Cook (2007)	14:55.00	Rich Eber (1982)				
		1:52.86	Michael Mueller (2001)						
200m		600y		5,000m		4x200m RELAY			
21.70	Jimel Denham (2006)	1:10.30	Bob O'Connor (1966)	13:56.50	Jim Westphal (1992)	1:32.00	Prisby, Bishop, Headrick, Lackage (2009)		
21.86	Edmund Blankson (2006)	1:10.30	Rich Lang (1972)	14:24.54	Josh Stein (2011)				
22.15	Nick Herold (2007)			14:26.04	Robbie Wade (2002)				
22.16	Torey Botti (1993)			14:27.00	Marc Burns (1990)				
22.19	Chad Tredway (2004)			14:32.08	Don Franzen (2001)				
22.20	Henry White (1963)			14:32.55	Sam Romanoski (2007)				
22.24	Mike Wetzel (2011)			14:33.30	Eddie Slowikowski (1989)				
22.51	Bay Abbott (2011)			14:39.01	Ben Ingram (1999)				
22.58	Drew Gazis (2002)			14:45.60	Ray Clifford (1988)				
22.85	Donte Prisby (2009)			14:45.84	Andy Sbertoli (2005)				
300y		1,000y		POLE VAULT					
29.90	George Crosby (1967)	2:08.60	Tom O'Hara (1963)	11-11.75	Laszlo Pinnyei (2006)				
31.30	Bill Harte (1975)	2:09.10	Bob O'Connor (1966)						
32.00	Rich Folke (1980)	2:11.20	Bill Gabriel (1977)						
32.10	Mike Sliwka (1971)	2:11.20	John McCabe (1977)						
32.10	Cletis Mays (1974)	2:11.30	Larry Krause (1975)						
32.50	Joe Slowinski (1987)	2:11.50	Rich Lang (1969)						
33.00	Rich Dennis (1987)	2:12.89	Chris Heroux (1980)						
33.69	Alandis Crane (1985)	2:12.92	Marc Burns (1987)						
34.96	Miguel d'Escoto (1982)	2:14.00	Andre Fomby (1987)						
		2:14.20	Dan McGehee (1984)						
300m		1,000m		HIGH JUMP					
35.07	Edmund Blankson (2007)	2:24.10	John McCabe (1977)	6-10.75	Laith Hoffarth (2004)				
35.37	Donte Prisby (2009)	2:25.95	Jonathan Berning (2003)	6-06.75	Bryan Wolczak (1996)				
35.60	Jimel Denham (2007)	2:27.11	Ron Rosset (1993)	6-06.00	John Rupert (1964)				
35.80	Bill Harte (1975)	2:27.41	Eddie Slowikowski (1986)	6-04.00	Mark Shelling (1993)				
35.96	Mike Wetzel (2010)	2:27.50	Keith West (1996)	6-02.25	Ryan Putz (2008)				
36.20	Richard Folke (1978)	2:27.86	Joe DeLeon (1994)	6-02.25	Erik Joss (2003)				
36.23	Joe Hausfeld (1997)	2:28.20	Bill Gabriel (1977)						
36.30	Ramunas Stanciuskas (2009)	2:28.66	Keith Braxton (1998)						
36.49	Demetri Lambros (2008)	2:28.72	Declan Murray (2011)						
36.52	Tom Andreoni (2010)	2:29.10	Jim Rhode (1978)						
LONG JUMP									
24-08.00	Sid Mourant (1969)								
23-09.50	James McLachlan (2011)								
23-03.50	Charles Whittingham (1951)								
22-05.75	Jamar Johnson (2007)								
21-11.50	James Gildon (2003)								
21-11.00	Ken Anderson (1997)								
19-09.75	Ryan Ferros (2005)								
17-01.25	Laith Hoffarth (2002)								

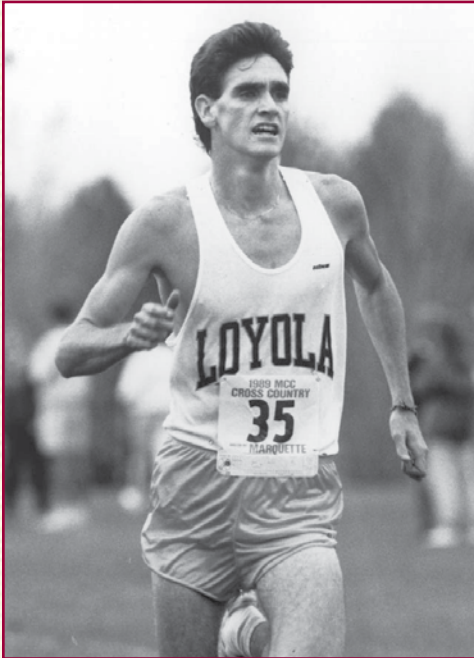


Men's Outdoor Records

100m	1,500m	TRIPLE JUMP	4x400m RELAY	4x1,600m RELAY
10.60 Rich Folke (1980)	3:38.10 Tom O'Hara (1963)	49:05.75 James McLachlan (2011)	3:08.98* Fry, Wallace, Crosby, Brown (1965)	16:40.00 Fomby, McCormick, Westphal, Burns (1991)
10.80 Bill Harte (1977)	3:43.00 Larry Gnapp (1979)	46:02.50 James Gildon (2003)	3:09.99 Hennessy, Bikus, Austin, Mays (1975)	16:41.24 Cull, Fomby, Slowikowski, Burns (1989)
10.80 Rich Dennis (1987)	3:45.10 Eddie Slowikowski (1988)	44:00.75 Jamar Johnson (2008)	3:12.08* Hennessy, Bikus, Mays, Austin (1976)	16:56.37 Conroy, Lucas, Kuphall, Morris (2006)
10.83 Edmund Blankson (2007)	3:46.15 John McCabe (1978)	43:03.75 Laith Hoffarth (2002)	3:12.69 Wetzel, Stanciuskas, Andreoni, Headrick (2010)	16:59.58 Phillips, Billish, O'Hara, Rush (1993)
10.90 Mark Edwards (1986)	3:46.19 Michael Mueller (2000)	SHOT PUT	3:13.37* Billups, Alexjun, Flanagan, White (1960)	17:01.00 Mueller, Rihm, Braxton, Eaton (2000)
10.90 Torey Botti (1995)	3:47.69 Sean Conroy (2005)	56:04.00 Erik Hernandez (2010)	3:13.53 Andreoni, Brady, Headrick, Lambros (2009)	17:09.30 Miller, Rosset, DeLeon, Rush (1994)
10.90 Jimel Denham (2006)	3:47.90 Marc Burns (1990)	55:00.00 Marty Biernat (1981)	3:14.25 D.Murray, Stanciuskas, Abbott, Wetzel (2011)	17:10.18 DeLeon, Hoarty, Hacker, Kennedy (1995)
10.93 Nick Herold (2007)	3:49.90 Jim Westphal (1988)	54:02.75 Miles Pomeroy (2004)	3:15.17 Prisky, Stanciuskas, Abbott, Wetzel (2011)	17:13.21 Ingram, Mueller, Hacker, Rihm (1998)
10.95 Drew Gazis (2003)	3:50.30 Bill Gabriel (1977)	50:07.00 George Witterman (1966)	3:15.19 Andreoni, Headrick, Kott, Lambros (2009)	17:18.02 DeLeon, Hacker, Kennedy, Hoarty (1995)
10.98* Charles Whittingham (1951)	3:50.30 Andre Fomby (1988)	44:07.50 Dan Thiem (2000)	3:15.50 Gazis, Joss, Eckerle, Tredway (2004)	17:19.50 Burns, Phillips, Billish, Westphal (1991)
110m HURDLES	3,000m	HAMMER THROW	4x800m RELAY	SPRINT MEDLEY RELAY
14.60 Jerry Ashmore (1959)	8:54.49 Josh Stein (2009)	169-3 Miles Pomeroy (2004)	7:31.27* Kolovich, Mitten, Pendergast, O'Hara (1963)	3:21.82* Brown, Drozd, Crosby, Wallace (1965)
15.00 Don Hennessy (1986)	8:56.42 Danny Docherty (2009)	169-2 Erik Hernandez (2009)	7:37.30 Burns, Cull, Fomby, Slowikowski (1988)	3:23.81* Grohwin, Whittingham, Scarpelli, Conrady (1951)
15.07 Chauntrell Wright (2001)	3,000m STEEPLE	129-9 Luke Scislowicz (2003)	7:38.12 Slowikowski, Cull, Westphal, Burns (1988)	3:23.81* Burke, Ashmore, Brownlee, Billups (1959)
15.30 Curtis Morris, Jr. (1995)	8:52.69 Dave Zabel (2002)	119-7 Deven Lopez (2011)	7:38.60 Cull, Mullenbach, Fomby, Slowikowski (1988)	3:28.27 Headrick, Prisky, Stanciuskas, Brady (2009)
15.33 James Ward (1994)	8:58.04 Mike Billish (1994)	DISCUS	7:39.69 Slowikowski, Fomby, Mullenbach, Burns (1987)	3:28.35 Gentry, Mask, Blankson, Mahalick (2005)
15.38 Rodrigo Sousa (2011)	8:59.78 Dan Hoarty (1999)	168-0 Marty Biernat (1981)	7:40.69 Fine, Autio, D.Murray, Wile (2011)	3:28.70 Jaynes, Drew, Ruiz, Michael (1991)
15.83 Ramunas Stanciuskas (2010)	9:03.32 Mark Miller (1996)	155-11 Miles Pomeroy (2004)	7:42.44 Mahalick, Cunningham, Lucas, Eckerle (2005)	3:30.08 Mahalick, Cunningham, Lucas, Eckerle (2005)
15.92 Jon Christ (2010)	9:08.00 Rich Eber (1984)	145-0 John Perkins (1971)	7:42.69 Braxton, Lazicki, Berning, Hacker (1999)	3:30.80 Dennis, Fountain, Slowinski, Mullenbach (1988)
200m	9:08.48 Sean Conroy (2005)	139-10 George Witterman (1966)	7:42.88 Brady, Fine, Grimson, Hackett (2009)	3:33.27 Denham, Gentry, Pugliese, Mahalick (2006)
21.17* Bill Harte (1975)	9:11.00 Dave Rill (1988)	137-8 Larry Fumarolo (1993)	7:43.21 Mueller, Berning, Conroy, Morris (2002)	3:36.49 Dennis, Craine, Fountain, Williams (1987)
21.28* Rich Folke (1975)	9:12.10 Eddie Slowikowski (1986)	130-10 Deven Lopez (2011)		3:36.49 Dennis, Craine, Fountain, Williams (1987)
21.34* Charles Whittingham (1951)	9:16.02 Robbie Wade (2003)	126-9 Luke Scislowicz (2003)		
21.74 Edmund Blankson (2007)	5,000m	122-0 George Kotsionis (1994)		
21.88 Jimel Denham (2006)	13:45.52 Jim Westphal (1992)	120-3 Irfan Khan (1993)		
21.96 Chad Tredway (2004)	14:18.00 Greg Germino (1978)	JAVELIN	4x1,500m RELAY	DISTANCE MEDLEY RELAY
21.98 Mike Wetzel (2011)	14:19.49 Jason Rush (1994)	162-06 Oliver Daddario (2011)	15:29.65 Burns, Fomby, Westphal, Slowikowski (1988)	9:47.77 Burns, Ruiz, Michael, Westphal (1991)
21.99 Ricky Headrick (2010)	14:24.46 Ray Clifford (1986)	123-11 Matt Wieczorek (2010)	15:35.00 Miller, DeLeon, Rush, Billish (1994)	9:49.18 Cull, Slowinski, Fomby, Slowikowski (1989)
22.10 Drew Gazis (2004)	14:24.91 Andrew McQuillen (2005)	120-11 Deven Lopez (2011)	15:42.43 Burns, Westphal, Cull, Slowikowski (1988)	9:47.47* Kolovich, White, Pendergast, O'Hara (1963)
22.12 Joe Ruiz (1991)	14:28.60 Tim Riley (1977)	111-03 Jeremy Ceja (2006)	15:45.40 Westphal, Phillips, Burns, Billish (1992)	9:51.30 Burns, Slowinski, Fomby, Slowikowski (1987)
400y DASH	14:31.95 Sam Romanoski (2005)	4x100m RELAY	15:47.96 Slowikowski, Cull, Fomby, Nelson (1989)	9:52.14 Burns, Slowikowski, Cull, Westphal (1988)
48.8 George Crosby (1969)	14:32.30 Eddie Slowikowski (1989)	41.51 Denham, Gentry, Herold, Prisky (2007)	15:49.31 Fomby, Miller, Rosset, DeLeon, Botti, Hacker, Miller (1995)	9:55.72 DeLeon, Botti, Hacker, Miller (1995)
400m DASH	14:17.79 Josh Stein (2011)	41.88 Mask, Gentry, Denham, Blankson (2006)	15:49.88 Mueller, Rihm, Zabel, Eaton (2000)	9:56.60 Krause, Mays, Vera, Edlund (1974)
47.38 Edmund Blankson (2006)	14:36.20 Steve Rosenblum (1985)	42.00 Fry, O'Connor, Castronova, Crosby (1965)	15:50.34 Westphal, Marquez, Albright, Rosset (1992)	9:56.53 Conroy, Tredway, Berning, Motkowicz (2003)
47.52* Cletus Mays (1975)	10,000m	42.10 Newman, Mays, Hennessy, Harte (1975)	15:58.84 Mueller, Zabel, Motkowicz, Franzen (2002)	10:00.24 Morris, Blankson, Cunningham, Mahalick (2006)
47.68 Chad Tredway (2004)	29:02.77 Jim Westphal (1992)	42.23 Prisky, Denham, Gentry, Blankson (2008)		10:00.26 Morris, Blankson, Cunningham, Lucas (2006)
47.93 Mike Wetzel (2011)	29:25.32 Don Franzen (2002)	42.65 Bishop, Headrick, Lackage, Peters (2009)		
48.08 Ricky Headrick (2009)	29:37.82 Sam Romanoski (2005)	42.65 Prisky, Lackage, Blankson, Denham (2008)		
48.18 Joe Ruiz (1991)	29:52.44 Andrew McQuillen (2005)	42.68 Abbott, Wetzel, Prisky, Kott (2011)		
48.52* Phil Hennessy (1975)	29:59.15 Ben Ingram (1999)	42.73 Bishop, Prisky, Lambros, Headrick (2009)		
48.97 Torey Botti (1995)	30:00.80 Sam Clifford (1988)	42.99 Headrick, Wetzel, S.Murray, Kott (2010)		
49.04 Donte Prisky (2009)	30:00.90 Marc Burns (1990)			
49.37 Ramunas Stanciuskas (2009)	30:23.30 Steve Rosenblum (1985)			
400m HURDLES	30:23.64 Terry Sheehan (1994)			
52.99 Joe Slowinski (1987)	30:24.40 Andy Sbertoli (2005)			
53.10 Ike Austin (1976)	HIGH JUMP			
53.38 Erik Joss (2004)	6:08.75 Laith Hoffarth (2005)			
53.72 Tom Andreoni (2010)	6:06.00 John Rupert (1964)			
54.02 Ramunas Stanciuskas (2010)	6:04.00 Bryan Walczak (1996)			
54.20 John Buetlich (1977)	6:02.75 Erik Joss (2003)			
55.11 Jon Christ (2010)	5:10.75 Ryan Putz (2008)			
55.20 Kevin Hefferman (1977)	LONG JUMP			
55.40 Tom Hogan (1997)	25:00.50 James McLachlan (2011)			
55.93 Michael Jagmin (2004)	24:08.00 Sid Mordaunt (1969)			
800m	22:05.00 Ken Anderson (1997)			
1:48.99 Declan Murray (2011)	22:03.75 Jamar Johnson (2008)			
1:49.62 Andre Fomby (1988)	21:09.00 Tracey Drwerson (1997)			
1:50.26* Larry Krause (1975)	21:08.25 James Gildon (2004)			
1:50.44 Ernie Billups (1960)	21:04.75 Marcus Myrick (2007)			
1:50.88 Bill Cull (1988)	19:08.75 Ryan Ferros (2005)			
1:51.00 Chris Heroux (1980)				
1:51.09 Jonathan Berning (2003)				
1:51.22 Eddie Slowikowski (1988)				
1:51.22 Michael Mueller (2000)				
1:51.70 Mike Vrbancic (1980)				



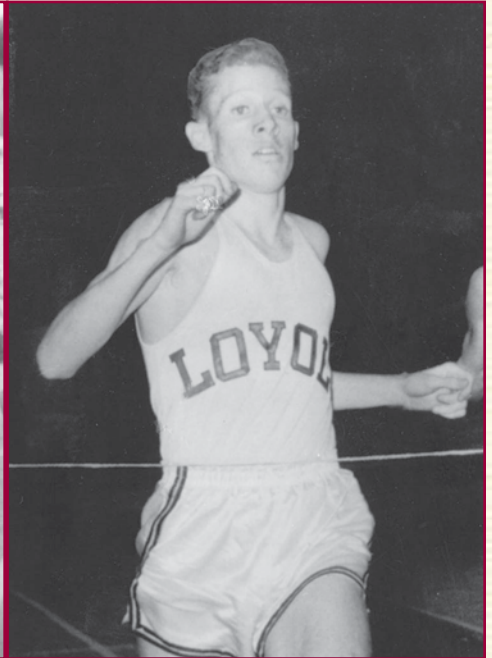
All-Americans



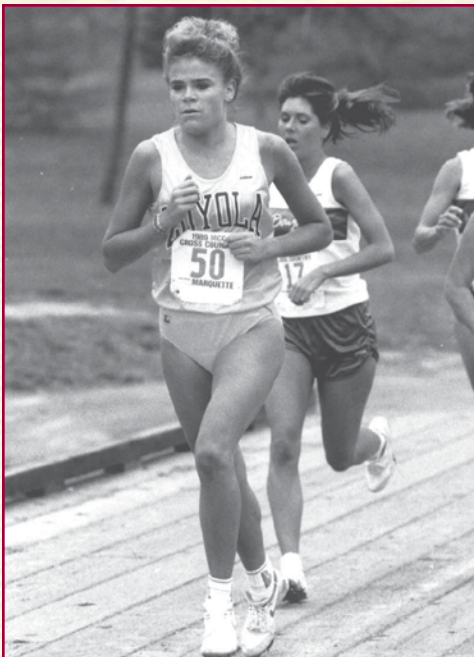
MARC BURNS (1990, 91)



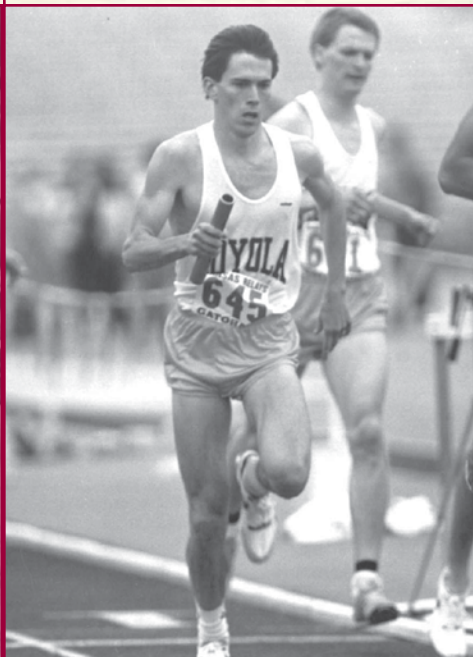
GEORGE CROSBY (1967)



TOM O'HARA (1963)



LEIGH ANNE RENK (1992)



JIM WESTPHAL (1987, 88, 89, 90)

KEVIN BIKUS
LARRY KRAUSE
JOHN McCABE
JOHN SMYKA
(1975)

BILL CULL
ANDRE FOMBY
JIM WESTPHAL
EDDIE SLOWIKOWSKI
(1989)

BOB KELLY (1952)

BOB O'CONNOR (1966, 67, 68)



Sean Earl Lakefront



This cross country season marks the 39th consecutive year that Loyola University Chicago has hosted the Lakefront Invitational along the scenic shores of Lake Michigan. One of the longest-running annual cross country meets in the Midwest, the Lakefront Invitational has had a number of top-notch teams and individuals participate over the years.

A cross country meet of unparalleled size, on a course with views of no comparison, the Lakefront once again highlights the Loyola Cross Country program and the City of Chicago.

In 2000, the Lakefront Invitational became the Sean Earl Lakefront Invitational, to honor former Loyola student-athlete Sean Earl, who passed away in February of 2000, after a battle with cancer. The Lakefront was renamed by Sean's teammates as a tribute to him so that future Ramblers would not forget the outstanding qualities Sean exemplified while donning the Maroon and Gold.

"Sean made a tremendous impact on our program and the Loyola community," said former head coach Marc Burns. "We have had the opportunity to spend some time with Sean's family, and it is very clear where Sean developed his good-natured attitude. We are fortunate to have the Earls as part of our family."

The tradition of the Sean Earl Lakefront Invitational will carry on in the following years so that future student-athletes will know what it takes to be a Rambler.

The Loyola coaching staff would like to thank all the people who help make the Sean Earl Lakefront Invitational a reality and have helped the meet continue to be successful for 38 years. To the alumni, volunteers, friends and family of the program, the coaches past and present truly appreciate everything that has been done over the years and wish to say thank you for making this the best cross country meet in Chicago.