



Charlie Foster Classic

Friday, January 30, 2026

Field Events – Throws

2:00 pm Shot Put (M/W)
Followed by Weight Throw (M/W)

Field Events – Horizontal Jumps

3:00 pm Long Jump (M/W)
Followed by Triple Jump (M/W)

Field Events – Vertical Jumps

3:00 pm Pole Vault (W/M)
4:00 pm High Jump (M/W)

Running Events

Note #1: Oval races will not be run until after the triple jump is completed.
Note #2: Races will not be run more than 5 minutes ahead of schedule.

5:15 pm	60 Meter Hurdles (M)	Prelims
5:25 pm	60 Meter Hurdles (W)	Prelims
5:35 pm	60 Meter Dash (M)	Prelims
5:45 pm	60 Meter Dash (W)	Prelims
6:00 pm	60 Meter Hurdles (M)	Finals
6:10 pm	60 Meter Hurdles (W)	Finals
6:15 pm	60 Meter Dash (M)	Finals
6:20 pm	60 Meter Dash (W)	Finals
6:30 pm	Mile Run (M/W)	Finals
6:45 pm	400 Meter Dash (M/W)	Finals
7:00 pm	600 Yard Dash (M/W)	Finals
7:10 pm	800 Meter Run (M/W)	Finals
7:35 pm	1000 Meter Run (M/W)	Finals
7:45 pm	200 Meter Dash (M/W)	Finals
8:15 pm	3000 Meter Run (M/W)	Finals
8:45 pm	4x400 Meter Relay (M/W)	Finals

Hosted by the
University of Nebraska at Kearney