



Loper Tune Up

Friday, February 20, 2026

Field Events – Throws

3:00 pm Shot Put (M/W)
Followed by Weight Throw (M/W)

Field Events – Horizontal Jumps

3:00 pm Long Jump (M/W)
Followed by Triple Jump (M/W)

Field Events – Vertical Jumps

3:00 pm Pole Vault (W/M)
4:00 pm High Jump (M/W)

Track Events

Note: Events will not be run more than 5 minutes ahead

Note: Oval events will not start until horizontal jumps are completed.

5:15 pm	60 Meter Hurdles (M)	Prelims
	60 Meter Hurdles (W)	Prelims
	60 Meter Dash (M)	Prelims
	60 Meter Dash (W)	Prelims
6:00 pm	60 Meter Hurdles (M)	Finals
	60 Meter Hurdles (W)	Finals
	60 Meter Dash (M)	Finals
	60 Meter Dash (W)	Finals
6:30 pm	Mile Run (M/W)	Finals
	400 Meter Dash (M/W)	Finals
	600 Yard Dash (M/W)	Finals
	800 Meter Run (M/W)	Finals
	200 Meter Dash (M/W)	Finals
	3000 Meter Run (M/W)	Finals
	4x400 Meter Relay (M/W)	Finals

**Hosted by the
University of Nebraska at Kearney**