

WASHBURN

ICHABOD TRACK AND FIELD

2021 MIAA INDOOR TRACK AND FIELD CHAMPIONSHIPS

SATURDAY, FEB. 27, 2021

COMBINED EVENTS

Time	Event
10:00 AM	Pentathlon 60m Hurdles Women
10:15 AM	Heptathlon 60m Dash Men
10:50 AM	Pentathlon High Jump Women
10:50 AM	Heptathlon Long Jump Men
12:00 PM	Heptathlon Shot Put Men
1:00 PM	Pentathlon Shot Put Women
1:00 PM	Heptathlon High Jump Men
2:00 PM	Pentathlon Long Jump Women
3:15 PM	Pentathlon 800m Women

RUNNING EVENTS

Time	Event
3:40 PM	60m Hurdles (prelims) Women
3:50 PM	60m Hurdles (prelims) Men
4:00 PM	60m Dash (prelims) Women
4:10 PM	60m Dash (prelims) Men
4:20 PM	400m Dash (prelims) Women
4:35 PM	400m Dash (prelims) Men
4:50 PM	600y Dash (prelims) Women
5:05 PM	600y Dash (prelims) Men
5:20 PM	800m Run (prelims) Women
5:35 PM	800m Run (prelims) Men
5:50 PM	200m Dash (prelims) Women
6:05 PM	200m Dash (prelims) Men
6:20 PM	5,000m Run Women
6:45 PM	5,000m Run Men
7:15 PM	Distance Medley Relay Women
7:35 PM	Distance Medley Relay Men

FIELD EVENTS

Time	Event
3:00 PM	Weight Throw Men
3:00 PM	Pole Vault Women
6:00 PM	Weight Throw Women
	Pole Vault Men
	Long Jump Women
	Long Jump Men

SUNDAY, FEB. 28, 2021

COMBINED EVENTS

Time	Event
11:00 AM	60m Hurdles
11:45 AM	Pole Vault
~3:00	1,000 Meters

RUNNING EVENTS

Time	Event
2:00 PM	60m Hurdles Women
2:10 PM	60m Hurdles Men
2:20 PM	60m Dash Women
2:30 PM	60m Dash Men
2:40 PM	1 Mile Run Women
2:50 PM	1 Mile Run Men
3:00 PM	1,000m Run Men(hep)
3:10 PM	400m Dash Women
3:20 PM	400m Dash Men
3:30 PM	600y Dash Women
3:40 PM	600y Dash Men
3:50 PM	800m Run Women
4:00 PM	800m Run Men
4:10 PM	200m Dash Women
4:20 PM	200m Dash Men
4:30 PM	3,000m Run Women
4:55 PM	3,000m Run Men
5:20 PM	4x400m Relay Women
5:35 PM	4x400m Relay Men
5:55 PM	Awards Presentation

FIELD EVENTS

Time	Event
1:00 PM	Shot Put Men
	Triple Jump Women
	Triple Jump Men
4:00 PM	Shot Put Women
	High Jump Women
	High Jump Men