

# BEACH OPENER

[Jack Rose Track](#) • Long Beach State University

**Friday, March 4, 2022**

*(Final Schedule as of March 2, 2022)*

## COMBINED UNIVERSITY/OPEN/COMMUNITY COLLEGE THROWING EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field Size
09:00 a.m.	Men's Hammer Throw	North Ring-Outfield	4 flights	47 entries
09:30 a.m.	Women's Javelin	North Runway	4 flights	55 entries
01:15 p.m.	Women's Hammer	North Ring-Outfield	5 flights	66 entries
01:45 p.m.	Men's Javelin	South Runway	3 flights	39 entries

## COMMUNITY COLLEGE JUMPING EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field Size
10:00 a.m.	Women's Long Jump	West Runway	2 flights	21 entries
10:00 a.m.	Men's Long Jump	West Runway	4 flights	43 entries
11:00 a.m.	Men's Pole Vault	West Runway	1 flight	10 entries
12:00 p.m.	Women's High Jump	West Pit	1 flight	12 entries
12:00 p.m.	Men's High Jump	East Pit	1 flight	12 entries
01:30 p.m.	Women's Pole Vault	East Runway	1 flight	8 entries
01:30 p.m.	Men's Pole Vault	West Runway	1 flight	Top 10 entries
01:30 p.m.	Women's Triple Jump	East Runway	1 flight	11 entries
01:30 p.m.	Men's Triple Jump	West Runway	2 flights	15 entries

## COMMUNITY COLLEGE TRACK EVENTS TIME SCHEDULE

Start	Event	Heats	Field Size
09:55 a.m.	<b>NATIONAL ANTHEM</b>		
10:00 a.m.	Women's 3,000 Meter Steeple Chase	1 heat	3 entries
10:20 a.m.	Men's 3,000 Meter Steeple Chase	1 heat	6 entries
10:40 a.m.	Women's 4x100 Meter Relay	1 heat	6 entries
10:45 a.m.	Men's 4x100 Meter Relay	2 heats	14 entries
10:55 a.m.	Women's 1500 Meters	1 heat	18 entries
11:05 a.m.	Men's 1500 Meters	4 heats	50 entries
11:35 a.m.	Women's 100 Meter Hurdles	2 heats	17 entries
11:40 a.m.	Men's 110 Meter Hurdles	2 heats	13 entries
11:55 a.m.	Women's 400 Meters	2 heats	10 entries
12:10 p.m.	Men's 400 Meters	4 heats	29 entries
12:25 p.m.	Women's 100 Meters	3 heats	26 entries
12:40 p.m.	Men's 100 Meters	8 heats	73 entries
01:10 p.m.	Women's 800 Meters	2 heats	30 entries
01:20 p.m.	Men's 800 Meters	6 heats	59 entries
01:45 p.m.	Women's 400 Meter Hurdles	2 heats	14 entries
01:50 p.m.	Men's 400 Meter Int. Hurdles	3 heats	21 entries
02:05 p.m.	Women's 200 Meters	4 heats	33 entries
02:20 p.m.	Men's 200 Meters	9 heats	82 entries
02:50 p.m.	Women's 3,000 Meters	1 heat	20 entries
03:10 p.m.	Men's 3,000 Meters	1 heat	27 entries
03:25 p.m.	Men's 3,000 Meters	1 heats	29 entries
03:50 p.m.	Women's 4x400 Meter Relay	1 heat	5 entries
04:00 p.m.	Men's 4x400 Meter Relay	2 heats	16 entries

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**Saturday, March 5, 2022**

*(Final Schedule as of March 2, 2022)*

## COMBINED UNIVERSITY / OPEN / COMMUNITY COLLEGE THROWING EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field
10:00 a.m.	Women's Discus	Outfield	Flights 1-3	37 entries
10:00 a.m.	Women's Discus	Infield	Flights 4-5	22 entries
10:00 a.m.	Men's Shot Put	East Ring	Flights 1-3	33 entries
10:00 a.m.	Men's Shot Put	West Ring	Flights 4-5	21 entries
12:30 p.m.	Women's Shot Put	East Ring	Flights 1-2	23 entries
12:30 p.m.	Women's Shot Put	West Ring	Flights 3-4	20 entries
12:30 p.m.	Men's Discus	Outfield	Flights 1-4	42 entries
12:30 p.m.	Men's Discus	Infield	Flights 5-7	30 entries

## UNIVERSITY / OPEN / ELITE COMMUNITY COLLEGE JUMPING EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field Size
10:00 a.m.	Women's Pole Vault	East Runway	Flight 1	16 entries
10:00 a.m.	Women's Long Jump	West Runway	Flights 1-4	41 entries
10:00 a.m.	Men's Long Jump	West Runway	Flights 1-2	23 entries
10:30 p.m.	Women's High Jump	East Pit	Flight 1	9 entries
10:30 p.m.	Women's High Jump	West Pit	Flight 2	9 entries
11:00 a.m.	Men's Pole Vault	West Runway	Flight 1	13 entries
12:30 p.m.	Women's High Jump	West Pit	Flight 3	13 entries
12:30 p.m.	Men's High Jump	East Pit	Flight 1	18 entries
12:30 p.m.	Women's Pole Vault	East Runway	Flight 2	14 entries
01:30 p.m.	Women's Triple Jump	East Runway	Flights 1-2	16 entries
01:30 p.m.	Men's Triple Jump	West Runway	Flights 1-2	18 entries

## UNIVERSITY / OPEN / ELITE COMMUNITY COLLEGE TRACK EVENTS TIME SCHEDULE

Start	Event	Heats	Field Size
09:55 a.m.	NATIONAL ANTHEM		
10:00 a.m.	Women's 3,000 Meter Steeple Chase	1 heat	6 entries
10:20 a.m.	Men's 3,000 Meter Steeple Chase	1 heat	3 entries
10:40 a.m.	Women's 4x100 Meter Relay	1 heat	9 entries
10:45 a.m.	Men's 4x100 Meter Relay	1 heat	4 entries
10:50 a.m.	Women's 1500 Meters	3 heats	55 entries
11:10 a.m.	Men's 1500 Meters	3 heats	62 entries
11:30 a.m.	Women's 100 Meter Hurdles	5 heats	43 entries
11:50 a.m.	Men's 110 Meter Hurdles	4 heats	32 entries
12:05 p.m.	Women's 400 Meters	3 heats	28 entries
12:20 p.m.	Men's 400 Meters	4 heats	33 entries
12:40 p.m.	Women's 100 Meters	5 heats	41 entries
12:55 p.m.	Men's 100 Meters	6 heats	51 entries
01:15 p.m.	Women's 800 Meters	5 heats	50 entries
01:35 p.m.	Men's 800 Meters	4 heats	45 entries
01:55 p.m.	Women's 400 Meter Hurdles	3 heats	26 entries
02:10 p.m.	Men's 400 Meter Int. Hurdles	2 heats	15 entries
02:20 p.m.	Women's 200 Meters	7 heats	62 entries
02:45 p.m.	Men's 200 Meters	7 heats	60 entries
03:00 p.m.	Women's 3,000 Meters	2 heats	49 entries
03:25 p.m.	Men's 3,000 Meters	2 heats	58 entries
03:50 p.m.	Women's 4x400 Meter Relay	2 heats	16 entries
04:05 p.m.	Men's 4x400 Meter Relay	2 heats	17 entries