

# BEACH INVITATIONAL

• ELITE • UNIVERSITY • OPEN

[Jack Rose Track](#)

FRIDAY, APRIL 15, 2022

## FIELD EVENTS TIME SCHEDULE

Time	Event	Location	Flights
12:00 p.m.	Women's High Jump	East Pit	Flight #1
12:00 p.m.	Men's High Jump	West Pit	Flight #1
10:00 a.m.	Women's Pole Vault	East Runway	Flight #1
10:00 p.m.	Men's Pole Vault	West Runway	Flight #1
12:30 p.m.	Women's Pole Vault	East Runway	Flight #2
12:30 p.m.	Men's Pole Vault	West Runway	Flight #2
10:00 a.m.	Women's Long Jump	West Runway	Flights #1-2
10:00 a.m.	Men's Long Jump	East Runway	Flights #1-2
01:00 p.m.	Women's Triple Jump	West Runway	Flight #1
01:00 p.m.	Men's Triple Jump	East Runway	Flight #1
09:00 a.m.	Men's Hammer Throw	North Ring-Outfield	Flights #1-3
11:30 a.m.	Men's GOLD INVITATIONAL Hammer	North Ring-Outfield	Flights #4-5
01:30 p.m.	Women's GOLD INVITATIONAL Hammer	North Ring-Outfield	Flights #5-6
03:15 p.m.	Women's Hammer	North Ring-Outfield	Flights #4, 3, 2, 1
09:00 a.m.	Women's Javelin	North Runway	Flights #1-3
11:30 a.m.	Women's GOLD INVITATIONAL Javelin	North Runway	Flights #4-6
02:30 p.m.	Men's GOLD INVITATIONAL Javelin	South Runway	Flight #3-4
03:45 p.m.	Men's Javelin	South Runway	Flights #2, 1

## TRACK EVENTS TIME SCHEDULE

Start	Event	Heats
08:25 a.m.	<a href="#">NATIONAL ANTHEM</a>	
08:30 a.m.	Women's GOLD INVITATIONAL 10,000 Meters	Heat #1
09:15 a.m.	Men's GOLD INVITATIONAL 10,000 Meters	Heat #1
09:55 a.m.	Women's GOLD INVITATIONAL 5,000 Meters	Heat #1
10:20 a.m.	Men's GOLD INVITATIONAL 5,000 Meters	Heat #1
10:40 a.m.	Men's 5,000 Meters	Heat #2
11:00 a.m.	Women's GOLD INVITATIONAL 3,000 Meter Steeple Chase	Heat #1
11:25 a.m.	Men's GOLD INVITATIONAL 3,000 Meter Steeple Chase	Heat #1
11:45 a.m.	Women's 1500 Meters	Heats #7-8
12:00 p.m.	Men's 1500 Meters	Heats #7-9
12:20 p.m.	Women's 800 Meters	Heats #7-11
12:40 p.m.	Men's 800 Meters	Heats #7-11
12:57 p.m.	Women's 100 Meters	Heats #14
01:00 p.m.	Men's 100 Meters	Heats #14-15
01:06 p.m.	Women's 200 Meters	Heats #14-18
01:21 p.m.	Men's 200 Meters	Heats #14

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## HIGH SCHOOL FIELD EVENTS TIME SCHEDULE

Time	Event	Location	Flights
02:55 p.m.	NATIONAL ANTHEM		
03:00 p.m.	Girl's HS Pole Vault	East Runway	Flight #1 (Top 20)
03:00 p.m.	Boy's HS Pole Vault	West Runway	Flight #1 (Top 20)
03:00 p.m.	Girl's HS Long Jump	East Runway	Flights #1-2 (Top 20)
03:00 p.m.	Boy's HS Long Jump	West Runway	Flights #1-2 (Top 20)
05:00 p.m.	Girl's HS High Jump	East Pit	Flight #1 (Top 20)
05:00 p.m.	Boy's HS High Jump	West Pit	Flight #1 (Top 20)
05:00 p.m.	Girl's HS Triple Jump	East Runway	Flights #1-2 (Top 20)
05:00 p.m.	Boy's HS Triple Jump	West Runway	Flights #1-2 (Top 20)
05:00 p.m.	Girl's HS Shot Put	East Pit	Flights #1-2 (Top 20)
05:00 p.m.	Boy's HS Shot Put	West Pit	Flights #1-2 (Top 20)

\*\*\*DISCUS WILL TAKE PLACE AT NEARBY WILSON HS ON SATURDAY at 10:00am

## HIGH SCHOOL TRACK EVENTS TIME SCHEDULE

Start	Event	Heats
02:55 p.m.	NATIONAL ANTHEM	
03:00 p.m.	Girl's HS 1600 Meters	Heats #1-3 (Top 45)
03:20 p.m.	Boy's HS 1600 Meters	Heats #1-3 (Top 45)
03:38 p.m.	Girl's HS 100 Meter Hurdles	Heats #1-4 (Top 36)
03:50 p.m.	Boy's HS 110 Meter High Hurdles (39")	Heats #1-4 (Top 36)
04:02 p.m.	Girl's HS 400 Meters	Heats #1-4 (Top 36)
04:10 p.m.	Boy's HS 400 Meters	Heats #1-4 (Top 36)
04:20 p.m.	Girl's HS 100 Meters	Heats #1-4 (Top 36)
04:28 p.m.	Boy's HS 100 Meters	Heats #1-4 (Top 36)
04:36 p.m.	Girl's HS 800 Meters	Heats #1-3 (Top 45)
04:48 p.m.	Boy's HS 800 Meters	Heats #1-3 (Top 45)
05:00 p.m.	Girl's HS 300 Meter Hurdles	Heats #1-3 (Top 36)
05:10 p.m.	Boy's HS 300 Meter Hurdles	Heats #1-3 (Top 36)
05:20 p.m.	Girl's HS 200 Meters	Heats #1-5 (Top 45)
05:35 p.m.	Boy's HS 200 Meters	Heats #1-5 (Top 45)
05:50 p.m.	Girl's HS 3200 Meters	Heat #1 (Top 20)
06:05 p.m.	Boy's HS 3200 Meters	Heat #1 (Top 20)

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SATURDAY, APRIL 16, 2022

## FIELD EVENTS TIME SCHEDULE

Time	Event	Location	Flights
09:00 a.m.	Men's High Jump	West Pit	Flight #1
09:00 a.m.	Men's High Jump	East Pit	Flight #2
12:30 p.m.	Men's GOLD INVITATIONAL High Jump	East Pit	Flight #3
12:30 p.m.	Women's High Jump	West Pit	Flight #2
02:15 p.m.	Women's GOLD INVITATIONAL High Jump	East Pit	Flight #4
03:40 p.m.	Women's High Jump	West Pit	Flight #3
10:30 a.m.	Women's Pole Vault	East Runway	Flight #3
01:15 p.m.	Women's GOLD INVITATIONAL Pole Vault	East Runway	Flight #5
03:30 p.m.	Women's Pole Vault	West Runway	Flight #4
10:30 a.m.	Men's Pole Vault	West Runway	Flight #4
01:15 p.m.	Men's GOLD INVITATIONAL Pole Vault	West Runway	Flight #5
03:15 p.m.	Men's Pole Vault	East Runway	Flight #3
09:30 a.m.	Women's Long Jump	East Runway	Flights #3-5
12:10 p.m.	Women's GOLD INVITATIONAL Long Jump	East Runway	Flights #6-7
09:30 a.m.	Men's Long Jump	West Runway	Flights #3-5
12:10 p.m.	Men's GOLD INVITATIONAL Long Jump	West Runway	Flights #6-7
02:30 p.m.	Women's Triple Jump	East Runway	Flights #2-3
04:10 p.m.	Women's GOLD INVITATIONAL Triple Jump	East Runway	Flight #4-5
02:30 p.m.	Men's Triple Jump	West Runway	Flights #2-3
04:10 p.m.	Men's GOLD INVITATIONAL Triple Jump	West Runway	Flight #4-5
11:00 a.m.	Men's GOLD INVITATIONAL Shot Put	West Ring	Flights #5-7
11:00 a.m.	Men's Shot Put	East Ring	Flights #1-4
03:00 p.m.	Women's GOLD INVITATIONAL Shot Put	West Ring	Flights #5-7
03:00 p.m.	Women's Shot Put	East Ring	Flights #1-4
11:00 a.m.	Women's GOLD INVITATIONAL Discus	North West Ring	Flights #5-7
11:00 a.m.	Women's Discus	North Ring-Outfield	Flights #1-4
03:00 p.m.	Men's GOLD INVITATIONAL Discus	North West Ring	Flights #5-7
03:00 p.m.	Men's Discus	North Ring-Outfield	Flights #1-4

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## TRACK EVENTS TIME SCHEDULE

Start	Event	Heats
08:25 a.m.	Girl's ELITE HS DMR (1200, 400, 800, 1600)	Heat #1 (Top 18)
08:40 a.m.	Boy's ELITE HS DMR (1200, 400, 800, 1600)	Heat #1 (Top 18)
09:00 a.m.	Women's 1500 Meters	Heats #6-2
09:36 a.m.	Women's GOLD INVITATIONAL 1500 Meters	Heat #1
09:42 a.m.	Men's GOLD INVITATIONAL 1500 Meters	Heat #1
09:48 a.m.	Men's 1500 Meters	Heats #2-6
10:15 a.m.	NATIONAL ANTHEM	
10:20 a.m.	Special Event: Beach Invitational Hall-of-Honor Induction (Class of 2022)	
10:33 a.m.	Women's GOLD INVITATIONAL 4x100 Meter Relay	Heat #1
10:38 a.m.	Women's 4x100 Meter Relay	Heats #2-4
10:45 a.m.	Girl's ELITE HS 4x100 Meter Relay	Heat #1
10:52 a.m.	Men's GOLD INVITATIONAL 4x100 Meter Relay	Heat #1
10:57 a.m.	Men's 4x100 Meter Relay	Heats #2-4
11:12 a.m.	Boy's ELITE HS 4x100 Meter Relay	Heat #1
11:15 a.m.	Special Event: LBSU Men's Senior Presentation	
11:25 a.m.	Women's GOLD INVITATIONAL 100 Meter Hurdles	Heat #1
11:28 a.m.	Women's 100 Meter Hurdles	Heat #2-12
12:02 p.m.	Special Event: LBSU Women's Senior Presentation	
12:15 p.m.	Men's GOLD INVITATIONAL 110 Meter High Hurdles	Heat #1
12:18 p.m.	Men's 110 Meter High Hurdles	Heats #2-10
12:25 p.m.	Girl's ELITE HS 4x200 Meter Relay	Heat #1
12:30 p.m.	Boy's ELITE HS 4x200 Meter Relay	Heat #1
12:48 p.m.	Women's GOLD INVITATIONAL 400 Meters	Heat #1
12:51 p.m.	Women's 400 Meters	Heats #2-13
01:27 p.m.	Men's GOLD INVITATIONAL 400 Meters	Heat #1
01:30 p.m.	Men's 400 Meters	Heats #2-12
02:03 p.m.	Women's GOLD INVITATIONAL 100 Meters	Heat #1
02:06 p.m.	Women's 100 Meters	Heats #2-13
02:42 p.m.	Men's GOLD INVITATIONAL 100 Meters	Heat #1
02:45 p.m.	Men's 100 Meters	Heats #2-12
03:21 p.m.	Women's GOLD INVITATIONAL 800 Meters	Heat #1
03:26 p.m.	Women's 800 Meters	Heats #2-6
03:30 p.m.	Girl's ELITE HS SMR (200, 200, 400, 800)	Heat #1
03:46 p.m.	Men's GOLD INVITATIONAL 800 Meters	Heat #1
03:51 p.m.	Men's 800 Meters	Heats #2-6
03:30 p.m.	Boy's ELITE HS SMR (200, 200, 400, 800)	Heat #1
04:11 p.m.	Women's GOLD INVITATIONAL 400 Meter Hurdles	Heat #1
04:16 p.m.	Women's 400 Meter Hurdles	Heats #2-9
04:45 p.m.	Men's GOLD INVITATIONAL 400 Meter Int. Hurdles	Heat #1
04:50 p.m.	Men's 400 Meter Int. Hurdles	Heats #2-8

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SATURDAY, APRIL 16, 2022

## TRACK EVENTS TIME SCHEDULE (CONTINUED)

05:20 p.m.	Women's GOLD INVITATIONAL 200 Meters	Heat #1
05:23 p.m.	Women's 200 Meters	Heats #2-13
06:00 p.m.	Men's GOLD INVITATIONAL 200 Meters	Heat #1
06:03 p.m.	Men's 200 Meters	Heats #2-13
06:41 p.m.	Women's GOLD INVITATIONAL 4x400 Meter Relay	Heat #1
06:46 p.m.	Women's 4x400 Meter Relay	Heats #2-3
06:50 p.m.	<a href="#">Girl's ELITE HS 4x400 Meter Relay</a>	<a href="#">Heat #1</a>
06:55 p.m.	Men's GOLD INVITATIONAL 4x400 Meter Relay	Heat #1
07:00 p.m.	Men's 4x400 Meter Relay	Heats #2-3
07:05 p.m.	<a href="#">Boy's ELITE HS 4x400 Meter Relay</a>	<a href="#">Heat #1</a>