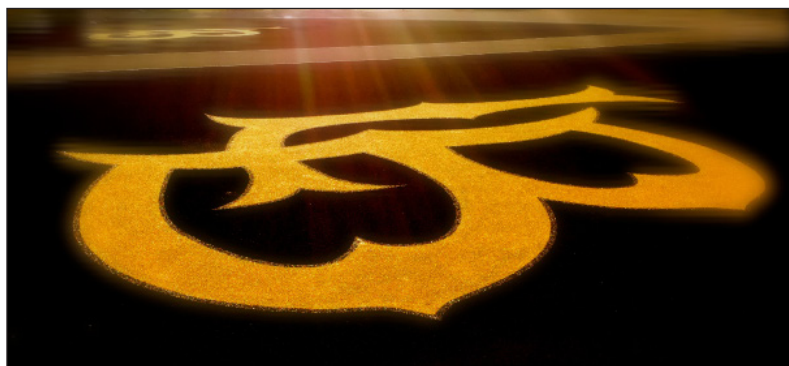




# Long Beach State Track & Field

## 2021 Record Book





## 2021 IN REVIEW

### BIG WEST CONFERENCE OUTDOOR CHAMPIONSHIPS

**Men: 3rd place -- 152 points | Women: 6th place -- 51 points**

**All-Conference (Men):** 4x100m Relay (1st), Aaron Booth - Decathlon (1st), Alec Jones - Hammer (1st), Alec Jones - Discus (1st), Jason Smith - Long Jump (1st), Jason Smith - High Jump (1st), Charlie Vernoy - Hammer (2nd), Charlie Vernoy - Shot Put (2nd), Porte Joie Tshiaba - High Jump (2nd), Michael Magula - Pole Vault (2nd), Jason Smith - Triple Jump (2nd), Marcos Gonzalez - Javelin (3rd)

**Men's Field Athlete of the Year:** Jason Smith

**Men's Field Athlete of the Meet:** Jason Smith

**All-Conference (Women):** Hannah Katches - Javelin (1st), Crystal Washington - Triple Jump (1st), Ryley Fick - 3000m Steeplechase (2nd), Hailey Fune - 100m Hurdles (3rd)

**Men's All-Academic Team:** Raleigh Adams, Faris Babineuax, Austin Brown, Ryan Coy, Nathan Garibay, Kent Harris, Alec Jones, Michael Magula, Raymon Ornelas, Michael Simpson, Jason Smith, Anthony Sommers, Charlie Vernoy, Micqwaun Wright

**Women's All-Academic Team:** Sydney Barnes, Ryley Fick, Clare Gibson, Anitha Graves, Kyla Meyer, Ciera Muscarella, Samantha Perez, Tiana Price, Mikayla Ray, Malia Talavou

### NCAA WEST PRELIMINARY QUALIFIERS

**Men (7):** Sebastian Coleman - Discus; Marcos Gonzalez - Javelin; Alec Jones - Discus; Jason Smith - Long Jump, High Jump; Porte Joie Tshiaba - High Jump; Charlie Vernoy - Discus

**Women (1):** Clare Gibson - High Jump

### NCAA OUTDOOR CHAMPIONSHIPS

**USTFCCCA First Team All-American:** Aaron Booth - Decathlon (6th)

**USTFCCCA Second Team All-American:** Jason Smith - Long Jump (9th), High Jump (10th)

**\*The 2021 Indoor season was cancelled due to COVID-19\***

The 2021 Track and Field Record Book was written, edited and designed by Collin Robinson with previous assistance from Roger Kirk, Tyler Hendrickson and Andrea Ohta. Cover photos taken by John Fajardo. Media guide photos courtesy of John Fajardo, Steve Chen, Rick Morgan, Kirby Lee, Steven Georges, Stephen Carr, Matt Brown and LBSU Athletics.

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### COACHING STAFF

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| Head Coach Andy Sythe ..... | 15-17 |
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## QUICK FACTS

### GENERAL INFORMATION

|                          |                                                                   |
|--------------------------|-------------------------------------------------------------------|
| Location .....           | Long Beach, Calif.                                                |
| Enrollment.....          | 36,822                                                            |
| Nickname .....           | Beach                                                             |
| Colors .....             | Black & Gold                                                      |
| President .....          | Dr. Jane Close Conoley                                            |
| Athletics Director ..... | Andy Fee                                                          |
| Conference .....         | Big West (Outdoor)<br>Mountain Pacific Sports Federation (Indoor) |
| Twitter .....            | @LBSU_Track_XC                                                    |

### COACHING STAFF

|                                 |                                                                                                                                        |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Director of Track & Field ..... | Andy Sythe (San Diego State, 1987), 34rd year                                                                                          |
| Women's Head Coach.....         | LaTanya Sheffield, 9th year                                                                                                            |
| Assistant Coaches.....          | Shawn Winget, 6th year<br>Cory Loebl, 15th year<br>Sheldon Blockburger, 1st year<br>Raleigh Adams, 1st year<br>Steven Childs, 1st year |
| Track & Field Office.....       | (562) 985-4666                                                                                                                         |

### ATHLETIC COMMUNICATIONS

|                            |                           |
|----------------------------|---------------------------|
| Track & Field Contact..... | Collin Robinson           |
| Office .....               | (562) 985-7797            |
| E-Mail .....               | Collin.Robinson@csulb.edu |
| Website .....              | www.longbeachstate.com    |

## Men's Season-Best Marks

## MEN'S 60-METER DASH

|                 |      |                          |                         |         |
|-----------------|------|--------------------------|-------------------------|---------|
| Michael Hull    | 6.78 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Faris Babineaux | 7.05 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Donald Davis    | 7.34 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Justice Fair    | 7.35 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |

## MEN'S 200-METER DASH

|                 |       |                 |                   |         |
|-----------------|-------|-----------------|-------------------|---------|
| Faris Babineaux | 22.29 | Don Kirby Elite | Albuquerque, N.M. | Feb. 13 |
| Abraham Loft    | 23.10 | Don Kirby Elite | Albuquerque, N.M. | Feb. 13 |
| Donald Davis    | 23.45 | Don Kirby Elite | Albuquerque, N.M. | Feb. 13 |

## MEN'S 400-METER DASH

|                 |       |                          |                         |         |
|-----------------|-------|--------------------------|-------------------------|---------|
| Faris Babineaux | 49.89 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Abraham Loft    | 53.12 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |

## MEN'S 800-METER RUN

|             |         |                    |                   |         |
|-------------|---------|--------------------|-------------------|---------|
| Cole Bosley | 1:54.23 | MPSF Championships | Seattle, Wash.    | Feb. 28 |
| Ricky Villa | 1:59.35 | Don Kirby Elite    | Albuquerque, N.M. | Feb. 13 |

## MEN'S 1,000-METER RUN

|              |         |                    |                |         |
|--------------|---------|--------------------|----------------|---------|
| Justice Fair | 3:17.08 | MPSF Championships | Seattle, Wash. | Feb. 28 |
|--------------|---------|--------------------|----------------|---------|

## MEN'S MILE

|                 |         |                 |                   |         |
|-----------------|---------|-----------------|-------------------|---------|
| Ricky Villa     | 4:20.15 | UW Invitational | Seattle, Wash.    | Jan. 31 |
| Raymon Ornelas  | 4:29.28 | Don Kirby Elite | Albuquerque, N.M. | Feb. 13 |
| Michael Simpson | 4:40.43 | Don Kirby Elite | Albuquerque, N.M. | Feb. 13 |

## MEN'S 3000M

|                 |         |                    |                   |         |
|-----------------|---------|--------------------|-------------------|---------|
| Raymon Ornelas  | 8:35.47 | MPSF Championships | Seattle, Wash.    | Feb. 28 |
| Michael Simpson | 9:28.95 | Don Kirby Elite    | Albuquerque, N.M. | Feb. 13 |

## MEN'S 5000M

|                |          |                 |                |         |
|----------------|----------|-----------------|----------------|---------|
| Raymon Ornelas | 14:48.97 | UW Invitational | Seattle, Wash. | Jan. 31 |
|----------------|----------|-----------------|----------------|---------|

## MEN'S 60-METER HURDLES

|              |      |                          |                         |         |
|--------------|------|--------------------------|-------------------------|---------|
| Justice Fair | 8.48 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Donald Davis | 8.57 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Abraham Loft | 8.77 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |

## MEN'S DISTANCE MEDLEY

|                                   |          |                    |                |         |
|-----------------------------------|----------|--------------------|----------------|---------|
| Villa, Babineaux, Bosley, Ornelas | 10:20.88 | MPSF Championships | Seattle, Wash. | Feb. 28 |
|-----------------------------------|----------|--------------------|----------------|---------|

## MEN'S HIGH JUMP

|              |                 |                    |                   |         |
|--------------|-----------------|--------------------|-------------------|---------|
| Jason Smith  | 2.22m (7-03.25) | Don Kirby Elite    | Albuquerque, N.M. | Feb. 13 |
| Justice Fair | 1.84m (6-00.50) | MPSF Championships | Seattle, Wash.    | Feb. 28 |

## MEN'S POLE VAULT

|                   |                  |                          |                         |         |
|-------------------|------------------|--------------------------|-------------------------|---------|
| Christian Mueller | 4.77m (15-07.75) | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Michael Magula    | 4.75m (15-07.00) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Nathan Garibay    | 4.47m (14-07.25) | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Justice Fair      | 3.40m (11-01.75) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |

## MEN'S LONG JUMP

|                     |                  |                           |                         |         |
|---------------------|------------------|---------------------------|-------------------------|---------|
| Jason Smith         | 7.88m (25-10.25) | USATF Indoor Championship | Albuquerque, N.M.       | Feb. 14 |
| Justice Fair        | 6.83m (22-05.00) | Air Force Team Challenge  | Colorado Springs, Colo. | Feb. 7  |
| Bethel Babatunde    | 6.78m (22-03.00) | Don Kirby Elite           | Albuquerque, N.M.       | Feb. 13 |
| Michael Hull        | 6.70m (21-11.75) | MPSF Championships        | Seattle, Wash.          | Feb. 28 |
| Micqwaun Wright     | 6.65m (21-10.00) | MPSF Championships        | Seattle, Wash.          | Feb. 28 |
| Tegbir Jhutti       | 6.63m (21-09.00) | Air Force Team Challenge  | Colorado Springs, Colo. | Feb. 7  |
| Paolo De Los Santos | 6.49m (21-03.50) | Air Force Team Challenge  | Colorado Springs, Colo. | Feb. 7  |

## MEN'S TRIPLE JUMP

|                  |                   |                          |                         |         |
|------------------|-------------------|--------------------------|-------------------------|---------|
| Micqwaun Wright  | 14.82m (48-07.50) | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Tegbir Jhutti    | 14.50m (47-07.00) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Bethel Babatunde | 13.78m (45-02.50) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Trevor Harris    | 12.43m (40-09.50) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |

## Men's Career Records

## MEN'S 60-METER DASH

|      |                 |         |
|------|-----------------|---------|
| 6.78 | Second All-Time | 2/28/20 |
| 7.05 |                 | 2/7/20  |
| 7.34 |                 | 2/13/20 |
| 7.35 |                 | 2/28/20 |

## MEN'S 200-METER DASH

|       |  |         |
|-------|--|---------|
| 22.29 |  | 2/13/20 |
| 23.10 |  | 2/13/20 |
| 23.45 |  | 2/13/20 |

## MEN'S 400-METER DASH

|         |  |          |
|---------|--|----------|
| 48.49aa |  | 02/22/19 |
| 53.12   |  | 2/7/20   |

## MEN'S 800-METER RUN

|         |  |          |
|---------|--|----------|
| 1:54.23 |  | 02/28/20 |
| 1:59.35 |  | 2/13/20  |

## MEN'S 1,000-METER RUN

|         |  |         |
|---------|--|---------|
| 3:17.08 |  | 2/28/20 |
|---------|--|---------|

## MEN'S MILE

|         |  |         |
|---------|--|---------|
| 4:20.15 |  | 1/31/20 |
| 4:29.29 |  | 2/13/20 |
| 4:40.43 |  | 2/13/20 |

## MEN'S 3000M

|         |                |         |
|---------|----------------|---------|
| 8:35.47 | Tenth All-Time | 2/28/20 |
| 9:28.95 |                | 2/13/20 |

## MEN'S 5000M

|          |  |         |
|----------|--|---------|
| 14:48.97 |  | 1/31/20 |
|----------|--|---------|

## MEN'S 60-METER HURDLES

|      |  |         |
|------|--|---------|
| 8.48 |  | 2/7/20  |
| 8.57 |  | 2/28/20 |
| 8.77 |  | 2/13/20 |

## MEN'S DISTANCE MEDLEY

|          |  |         |
|----------|--|---------|
| 10:20.88 |  | 2/28/20 |
|----------|--|---------|

## MEN'S HIGH JUMP

|                 |                 |         |
|-----------------|-----------------|---------|
| 2.22m (7-03.25) | Second All-Time | 2/13/20 |
| 1.84m (6-00.50) |                 | 2/28/20 |

## MEN'S POLE VAULT

|                  |  |         |
|------------------|--|---------|
| 4.77m (15-07.75) |  | 2/13/20 |
| 4.75m (15-07.00) |  | 2/7/20  |
| 4.47m (14-07.25) |  | 2/13/20 |
| 3.40m (11-01.75) |  | 2/28/20 |

## MEN'S LONG JUMP

|                  |               |         |
|------------------|---------------|---------|
| 7.88m (25-10.25) | SCHOOL RECORD | 2/14/20 |
| 6.83m (22-05.00) |               | 2/7/20  |
| 6.78m (22-03.00) |               | 2/13/20 |
| 6.70m (21-11.75) |               | 2/28/20 |
| 6.65m (21-10.00) |               | 2/28/20 |
| 6.63m (21-09.00) |               | 2/7/20  |
| 6.49m (21-03.50) |               | 2/7/20  |

## MEN'S TRIPLE JUMP

|                   |  |         |
|-------------------|--|---------|
| 14.82m (48-07.50) |  | 2/13/20 |
| 14.50m (47-07.00) |  | 2/7/20  |
| 13.78m (45-02.50) |  | 2/7/20  |
| 12.43m (40-09.50) |  | 2/28/20 |

**Men's Season-Best Marks****MEN'S SHOT PUT**

|                   |                   |                          |                         |         |
|-------------------|-------------------|--------------------------|-------------------------|---------|
| Charlie Vernoy    | 16.48m (54-01.00) | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Alec Jones        | 15.16m (49-09.00) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Gavin Fua         | 15.15m (49-08.50) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Sebastian Coleman | 14.44m (47-04.50) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |

**MEN'S WEIGHT THROW**

|                   |                   |                          |                         |         |
|-------------------|-------------------|--------------------------|-------------------------|---------|
| Charlie Vernoy    | 19.39m (63-07.50) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Gavin Fua         | 18.42m (60-05.25) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Sebastian Coleman | 18.24m (59-10.25) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Alec Jones        | 17.42m (57-02.00) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Anthony Sommers   | 16.66m (54-08.00) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |

**MEN'S HEPTATHLON**

|              |              |                    |                |         |
|--------------|--------------|--------------------|----------------|---------|
| Justice Fair | 4,449 Points | MPSF Championships | Seattle, Wash. | Feb. 28 |
|--------------|--------------|--------------------|----------------|---------|

**Men's Career Records****MEN'S SHOT PUT**

|                   |         |
|-------------------|---------|
| 16.48m (54-01.00) | 2/13/20 |
| 15.16m (49-09.00) | 2/7/20  |
| 15.15m (49-08.50) | 2/7/20  |
| 14.44m (47-04.50) | 2/28/20 |

**MEN'S WEIGHT THROW**

|                   |                 |         |
|-------------------|-----------------|---------|
| 19.39m (63-07.50) | Eighth All-Time | 2/7/20  |
| 18.42m (60-05.25) | Ninth All-Time  | 2/28/20 |
| 18.24m (59-10.25) |                 | 2/7/20  |
| 17.24m (57-02.00) |                 | 2/7/20  |
| 16.66m (54-08.00) |                 | 2/7/20  |

**MEN'S HEPTATHLON**

|              |                |         |
|--------------|----------------|---------|
| 4,449 Points | Sixth All-Time | 2/28/20 |
|--------------|----------------|---------|

## Women's Season-Best Marks

## WOMEN'S 60-METER DASH

|                |      |                          |                         |         |
|----------------|------|--------------------------|-------------------------|---------|
| Madison Golden | 7.68 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Naomi Peterson | 7.76 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Maddie DeBorde | 7.95 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Erin McGuire   | 8.32 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |

## WOMEN'S 200-METER DASH

|                      |       |                        |                   |         |
|----------------------|-------|------------------------|-------------------|---------|
| Madison Golden       | 24.98 | Don Kirby Invitational | Albuquerque, N.M. | Feb. 13 |
| LeNaya Griffin       | 25.12 | MPSF Championships     | Seattle, Wash.    | Feb. 28 |
| Naomi Peterson       | 25.26 | MPSF Championships     | Seattle, Wash.    | Feb. 28 |
| Natalie Tolento      | 25.61 | Don Kirby Elite        | Albuquerque, N.M. | Feb. 13 |
| Hailey Danskin       | 25.68 | Don Kirby Elite        | Albuquerque, N.M. | Feb. 13 |
| Quwshayah Peters     | 25.84 | Don Kirby Elite        | Albuquerque, N.M. | Feb. 13 |
| Valencia Fortenberry | 27.41 | Don Kirby Elite        | Albuquerque, N.M. | Feb. 13 |

## WOMEN'S 400-METER DASH

|                  |       |                          |                         |         |
|------------------|-------|--------------------------|-------------------------|---------|
| LeNaya Griffin   | 56.23 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Natalie Tolento  | 57.51 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Quwshayah Peters | 57.91 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Hailey Danskin   | 59.48 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |

## WOMEN'S 800-METER RUN

|                        |         |                          |                         |         |
|------------------------|---------|--------------------------|-------------------------|---------|
| Kylee Strausser        | 2:14.63 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Anitha Graves          | 2:19.54 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Ryley Fick             | 2:20.20 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Alyssa Allen           | 2:20.41 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Andrea Gonzalez Macias | 2:22.07 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Tyler Simpson          | 2:25.54 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Sofia Ramos            | 2:36.97 | Air Force Challenge      | Colorado Springs, Colo. | Feb. 7  |
| Sydney Barnes          | 2:43.73 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Taylor Finn            | 3:14.61 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |

## WOMEN'S MILE RUN

|              |         |                    |                   |         |
|--------------|---------|--------------------|-------------------|---------|
| Ryley Fick   | 4:59.23 | MPSF Championships | Seattle, Wash.    | Feb. 28 |
| Alyssa Allen | 5:04.35 | MPSF Championships | Seattle, Wash.    | Feb. 28 |
| Sofia Ramos  | 5:24.16 | Don Kirby Elite    | Albuquerque, N.M. | Feb. 13 |

## WOMEN'S 60-METER HURDLES

|                      |      |                          |                         |         |
|----------------------|------|--------------------------|-------------------------|---------|
| Erin McGuire         | 9:06 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Valencia Fortenberry | 9.35 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Sydney Barnes        | 9.41 | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Hailey Danskin       | 9.43 | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Taylor Finn          | 9.65 | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |

## WOMEN'S 4X400-METER RELAY

|                                    |         |                    |                |         |
|------------------------------------|---------|--------------------|----------------|---------|
| Griffin, Peterson, Golden, Tolento | 3:49.04 | MPSF Championships | Seattle, Wash. | Feb. 28 |
|------------------------------------|---------|--------------------|----------------|---------|

## WOMEN'S DISTANCE MEDLEY

|                                 |          |                    |                |         |
|---------------------------------|----------|--------------------|----------------|---------|
| Allen, Tolento, Strausser, Fick | 12:03.48 | MPSF Championships | Seattle, Wash. | Feb. 28 |
|---------------------------------|----------|--------------------|----------------|---------|

## WOMEN'S HIGH JUMP

|               |                 |                    |                |         |
|---------------|-----------------|--------------------|----------------|---------|
| Sydney Barnes | 1.40m (4-07.00) | MPSF Championships | Seattle, Wash. | Feb. 28 |
|---------------|-----------------|--------------------|----------------|---------|

## WOMEN'S POLE VAULT

|                  |                  |                          |                         |        |
|------------------|------------------|--------------------------|-------------------------|--------|
| Mikayla Ray      | 3:50m (11-05.75) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7 |
| Ciera Muscarella | 3:35m (10-11.75) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7 |

## WOMEN'S LONG JUMP

|                |                  |                          |                         |         |
|----------------|------------------|--------------------------|-------------------------|---------|
| Maddie DeBorde | 5:39m (17-08.25) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Sydney Barnes  | 5:25m (17-02.75) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |

## WOMEN'S TRIPLE JUMP

|                |                   |                    |                |         |
|----------------|-------------------|--------------------|----------------|---------|
| Micayla Kelley | 11.30m (37-01.00) | MPSF Championships | Seattle, Wash. | Feb. 28 |
|----------------|-------------------|--------------------|----------------|---------|

## WOMEN'S SHOT PUT

|               |                   |                          |                         |         |
|---------------|-------------------|--------------------------|-------------------------|---------|
| Brianna Uipi  | 12.42m (40-09.00) | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Sydney Barnes | 11.11m (36-05.50) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Taylor Finn   | 10.44m (34-03.00) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |

## Women's Career Records

## WOMEN'S 60-METER DASH

|      |                |         |
|------|----------------|---------|
| 7.68 | Tenth All-Time | 2/7/20  |
| 7.76 |                | 2/28/20 |
| 7.95 |                | 2/28/20 |
| 8.32 |                | 2/13/20 |

## WOMEN'S 200-METER DASH

|       |                 |         |
|-------|-----------------|---------|
| 24.98 | Eighth All-Time | 2/13/20 |
| 25.12 |                 | 2/28/20 |
| 25.26 |                 | 2/28/20 |
| 25.61 |                 | 2/13/20 |
| 25.68 |                 | 2/13/20 |
| 25.84 |                 | 2/13/20 |
| 27.41 |                 | 2/13/20 |

## WOMEN'S 400-METER DASH

|       |                |         |
|-------|----------------|---------|
| 56.23 | Third All-Time | 2/28/20 |
| 57.51 |                | 2/28/20 |
| 57.91 |                | 2/7/20  |
| 59.48 |                | 2/28/20 |

## WOMEN'S 800-METER RUN

|         |                |         |
|---------|----------------|---------|
| 2:14.63 | Fifth All-Time | 2/28/20 |
| 2:14.74 | Sixth All-Time | 2/22/19 |
| 2:20.20 |                | 2/13/20 |
| 2:20.41 |                | 2/13/20 |
| 2:22.07 |                | 2/28/20 |
| 2:25.54 |                | 2/13/20 |
| 2:36.97 |                | 2/7/20  |
| 2:43.73 |                | 2/28/20 |
| 3:14.61 |                | 2/7/20  |

## WOMEN'S MILE RUN

|         |                |         |
|---------|----------------|---------|
| 4:59.23 | Ninth All-Time | 2/28/20 |
| 5:04.35 |                | 2/28/20 |
| 5:24.16 |                | 2/13/20 |

## WOMEN'S 60-METER HURDLES

|      |  |         |
|------|--|---------|
| 9.06 |  | 2/28/20 |
| 9.35 |  | 2/7/20  |
| 9.41 |  | 2/28/20 |
| 9.43 |  | 2/13/20 |
| 9.65 |  | 2/7/20  |

## WOMEN'S 4X400-METER RELAY

|         |                |         |
|---------|----------------|---------|
| 3:49.04 | Third All-Time | 2/28/20 |
|---------|----------------|---------|

## WOMEN'S DISTANCE MEDLEY

|          |                 |         |
|----------|-----------------|---------|
| 12:03.48 | Fourth All-Time | 2/28/20 |
|----------|-----------------|---------|

## WOMEN'S HIGH JUMP

|                 |  |         |
|-----------------|--|---------|
| 1.40m (4-07.00) |  | 2/28/20 |
|-----------------|--|---------|

## WOMEN'S POLE VAULT

|                  |  |        |
|------------------|--|--------|
| Mikayla Ray      |  | 2/7/20 |
| Ciera Muscarella |  | 2/7/20 |

## WOMEN'S LONG JUMP

|                  |  |         |
|------------------|--|---------|
| 5.39m (17-08.25) |  | 2/7/20  |
| 5.25m (17-02.75) |  | 2/28/20 |

## WOMEN'S TRIPLE JUMP

|                   |  |         |
|-------------------|--|---------|
| 11.30m (37-01.00) |  | 2/28/20 |
|-------------------|--|---------|

## WOMEN'S SHOT PUT

|                   |  |         |
|-------------------|--|---------|
| 12.42m (40-09.00) |  | 2/13/20 |
| 11.11m (36-05.50) |  | 2/28/20 |
| 10.44 (34-03.00)  |  | 2/7/20  |

**Women's Season-Best Marks****WOMEN'S WEIGHT THROW**

|                  |                   |                          |                         |         |
|------------------|-------------------|--------------------------|-------------------------|---------|
| Amanda Truong    | 17.41m (57-01.50) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Brianna Uipi     | 15.81m (51-10.50) | MPSF Championships       | Seattle, Wash.          | Feb. 28 |
| Eryka McNairy    | 15.07m (49-05.50) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |
| Melissa Favorite | 14.86m (48-09.00) | Don Kirby Elite          | Albuquerque, N.M.       | Feb. 13 |
| Samantha Perez   | 14.74m (48-04.50) | Air Force Team Challenge | Colorado Springs, Colo. | Feb. 7  |

**WOMEN'S PENTATHLON**

|               |              |                    |                |         |
|---------------|--------------|--------------------|----------------|---------|
| Sydney Barnes | 3,099 Points | MPSF Championships | Seattle, Wash. | Feb. 28 |
|---------------|--------------|--------------------|----------------|---------|

**Women's Career Records****WOMEN'S WEIGHT THROW**

|                   |                |         |
|-------------------|----------------|---------|
| 17.41m (57-01.50) | Fifth All-Time | 2/7/20  |
| 15.81m (51-10.50) |                | 2/28/20 |
| 15.10m (49-06.50) |                | 1/25/19 |
| 14.86m (48-09.00) |                | 2/13/20 |
| 14.74m (48-04.50) |                | 2/7/20  |

**WOMEN'S PENTATHLON**

|              |                 |         |
|--------------|-----------------|---------|
| 3,099 Points | Eighth All-Time | 2/28/20 |
|--------------|-----------------|---------|

## Men's Season-Best Marks

## MEN'S 100-METER DASH

|                  |       |                               |                     |          |
|------------------|-------|-------------------------------|---------------------|----------|
| Kent Harris      | 10.77 | Bob Larsen Track Meet         | Los Angeles, Calif. | March 27 |
| Anthony Palumbo  | 10.86 | Bob Larsen Track Meet         | Los Angeles, Calif. | March 27 |
| Jason Smith      | 10.87 | Long Beach Invitational       | Long Beach, Calif.  | April 16 |
| Faris Babineaux  | 10.94 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Aaron Booth      | 11.00 | Big West Multis Championships | Irvine, Calif.      | May 8    |
| Justin Yaskowitz | 11.77 | Big West Multis Championships | Irvine, Calif.      | May 8    |

## MEN'S 200-METER DASH

|                 |       |                          |                     |          |
|-----------------|-------|--------------------------|---------------------|----------|
| Jason Smith     | 21.54 | Bob Larsen Track Meet    | Los Angeles, Calif. | March 27 |
| Faris Babineaux | 21.73 | UCR Sprints Invitational | Riverside, Calif.   | April 30 |
| Kent Harris     | 22.10 | Trojan Invitational      | Los Angeles, Calif. | March 20 |
| Trevor Williams | 22.47 | Fullerton Spring Invite  | Fullerton, Calif.   | April 8  |

## MEN'S 400-METER DASH

|                  |       |                               |                     |          |
|------------------|-------|-------------------------------|---------------------|----------|
| Trevor Williams  | 48.99 | Matador Invitational          | Northridge, Calif.  | April 23 |
| Faris Babineaux  | 49.91 | Big West Championships        | Irvine, Calif.      | May 12   |
| Austin Brown     | 50.10 | Trojan Invitational           | Los Angeles, Calif. | March 20 |
| Aaron Booth      | 51.99 | Big West Multis Championships | Irvine, Calif.      | May 8    |
| Justin Yaskowitz | 53.49 | Matador Invitational          | Northridge, Calif.  | April 23 |
| Raleigh Adams    | 54.08 | UCR Sprints Invitational      | Riverside, Calif.   | April 30 |
| Donald Davis     | 54.31 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Justin Yaskowitz | 54.50 | Big West Multis Championships | Irvine, Calif.      | May 8    |

## MEN'S 800-METER RUN

|                  |         |                            |                   |          |
|------------------|---------|----------------------------|-------------------|----------|
| Arturo Sotomayor | 1:53.41 | Fullerton Spring Invite    | Fullerton, Calif. | April 8  |
| Alex Frias       | 2:02.84 | Anteater Distance Twilight | Irvine, Calif.    | March 25 |

## MEN'S 1,500-METER RUN

|                  |         |                               |                     |          |
|------------------|---------|-------------------------------|---------------------|----------|
| Arturo Sotomayor | 3:45.04 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Raymon Ornelas   | 3:54.74 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Ricardo Cardenas | 3:55.73 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Ricky Villa      | 3:58.78 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Jacob Korgan     | 4:06.66 | UCR Distance Invitational     | Riverside, Calif.   | April 29 |
| Alex Frias       | 4:10.26 | Fullerton Spring Invite       | Fullerton, Calif.   | April 8  |
| Michael Simpson  | 4:15.68 | Trojan Invitational           | Los Angeles, Calif. | March 20 |
| Aaron Booth      | 4:42.44 | Big West Multis Championships | Irvine, Calif.      | May 8    |
| Justin Yaskowitz | 4:55.37 | Big West Multis Championships | Irvine, Calif.      | May 8    |

## MEN'S 5,000-METER RUN

|                  |          |                           |                   |          |
|------------------|----------|---------------------------|-------------------|----------|
| Arturo Sotomayor | 14:03.95 | Bryan Clay Invitational   | Azusa, Calif.     | April 16 |
| Raymon Ornelas   | 14:27.92 | Big West Championships    | Irvine, Calif.    | May 12   |
| Ricky Villa      | 15:05.26 | Bryan Clay Invitational   | Azusa, Calif.     | April 16 |
| Ricardo Cardenas | 15:18.01 | UCR Distance Invitational | Riverside, Calif. | April 29 |
| Antonio Munoz    | 16:36.02 | Fullerton Spring Invite   | Fullerton, Calif. | April 8  |

## MEN'S 10,000-METER RUN

|                  |          |                        |                |        |
|------------------|----------|------------------------|----------------|--------|
| Raymon Ornelas   | 32:27.14 | Big West Championships | Irvine, Calif. | May 12 |
| Ricky Villa      | 32:54.27 | Big West Championships | Irvine, Calif. | May 12 |
| Ricardo Cardenas | 32:54.68 | Big West Championships | Irvine, Calif. | May 12 |

## MEN'S 110-METER HURDLES

|                  |       |                               |                |        |
|------------------|-------|-------------------------------|----------------|--------|
| Justin Watterson | 14.58 | Big West Championships        | Irvine, Calif. | May 12 |
| Raleigh Adams    | 14.59 | Big West Championships        | Irvine, Calif. | May 12 |
| Aaron Booth      | 15.64 | Big West Multis Championships | Irvine, Calif. | May 8  |
| Justin Yaskowitz | 18.52 | Big West Multis Championships | Irvine, Calif. | May 8  |

## MEN'S 400-METER HURDLES

|                  |       |                      |                    |          |
|------------------|-------|----------------------|--------------------|----------|
| Justin Watterson | 54.56 | Matador Invitational | Northridge, Calif. | April 23 |
|------------------|-------|----------------------|--------------------|----------|

## MEN'S 3000 METER STEEPLECHASE

|                 |         |                        |                |        |
|-----------------|---------|------------------------|----------------|--------|
| Michael Simpson | 9:25.37 | Big West Championships | Irvine, Calif. | May 12 |
| Jacob Korgan    | 9:31.27 | Big West Championships | Irvine, Calif. | May 12 |

## Men's Career Records

## MEN'S 100-METER DASH

|       |             |         |
|-------|-------------|---------|
| 10.52 | #7 All-Time | 4/20/18 |
| 10.86 |             | 3/27/21 |
| 10.87 |             | 4/16/21 |
| 10.94 |             | 4/8/21  |
| 11.00 |             | 5/8/21  |
| 11.77 |             | 5/8/21  |

## MEN'S 200-METER DASH

|       |  |         |
|-------|--|---------|
| 21.54 |  | 3/27/21 |
| 21.65 |  | 3/15/19 |
| 21.30 |  | 5/11/19 |
| 22.47 |  | 4/8/21  |

## MEN'S 400-METER DASH

|       |  |         |
|-------|--|---------|
| 48.99 |  | 4/8/21  |
| 48.08 |  | 5/10/19 |
| 50.10 |  | 3/20/21 |
| 51.99 |  | 5/8/21  |
| 53.49 |  | 4/23/21 |
| 49.98 |  | 4/18/19 |
| 54.31 |  | 4/8/21  |
| 54.50 |  | 5/8/21  |

## MEN'S 800-METER RUN

|         |  |         |
|---------|--|---------|
| 1:53.41 |  | 4/8/21  |
| 2:02.84 |  | 3/25/21 |

## MEN'S 1,500-METER RUN

|         |             |         |
|---------|-------------|---------|
| 3:45.04 | #3 All-Time | 4/8/21  |
| 3:54.74 |             | 4/8/19  |
| 3:55.73 |             | 4/8/21  |
| 3:58.78 |             | 4/8/21  |
| 4:02.22 |             | 4/26/19 |
| 4:10.26 |             | 4/8/21  |
| 4:07.25 |             | 3/7/20  |
| 4:42.44 |             | 5/8/21  |
| 4:55.37 |             | 5/8/21  |

## MEN'S 5,000-METER RUN

|          |             |         |
|----------|-------------|---------|
| 14:03.95 | #1 All-Time | 4/16/21 |
| 14:27.92 |             | 5/12/21 |
| 15:05.26 |             | 4/16/21 |
| 15:08.56 |             | 4/27/19 |
| 16:36.02 |             | 4/8/21  |

## MEN'S 10,000-METER RUN

|          |  |         |
|----------|--|---------|
| 32:27.14 |  | 5/12/21 |
| 32:54.27 |  | 5/12/21 |
| 32:54.68 |  | 5/12/21 |

## MEN'S 110-METER HURDLES

|       |  |         |
|-------|--|---------|
| 14.58 |  | 5/12/21 |
| 14.59 |  | 5/12/21 |
| 15.64 |  | 5/8/21  |
| 18.52 |  | 5/8/21  |

## MEN'S 400-METER HURDLES

|       |  |         |
|-------|--|---------|
| 54.56 |  | 4/16/21 |
|-------|--|---------|

## MEN'S 3000 METER STEEPLECHASE

|         |             |         |
|---------|-------------|---------|
| 8:52.25 | #1 All-Time | 5/11/19 |
| 9:31.27 |             | 5/12/19 |

## Men's Season-Best Marks

### MEN'S 4X100-METER RELAY

|                                     |       |                          |                     |          |
|-------------------------------------|-------|--------------------------|---------------------|----------|
| Babineaux, Harris, Watterson, Smith | 40.36 | UCR Sprints Invitational | Riverside, Calif.   | April 30 |
| Babineaux, Brown, Harris, Palumbo   | 43.14 | Bob Larsen Track Meet    | Los Angeles, Calif. | March 27 |

### MEN'S 4X400-METER RELAY

|                                        |         |                        |                     |          |
|----------------------------------------|---------|------------------------|---------------------|----------|
| Babineaux, Watterson, Harris, Williams | 3:14.74 | Big West Championships | Irvine, Calif.      | May 12   |
| Brown, Harris, Watterson, Williams     | 3:22.52 | Bob Larsen Track Meet  | Los Angeles, Calif. | March 27 |
| Brown, Harris, Watterson, Yaskowitz    | 3:23.45 | Trojan Invitational    | Los Angeles, Calif. | March 20 |
| Williams, Watterson, Babineaux, Sladek | 3:25.97 | Matador Invitational   | Northridge, Calif.  | April 23 |

### MEN'S HIGH JUMP

|                    |                  |                               |                    |          |
|--------------------|------------------|-------------------------------|--------------------|----------|
| Jason Smith        | 2.20m (07-02.50) | NCAA Championships            | Eugene, Ore.       | June 9   |
| Porte Joie Tshiaba | 2.17m (07-01.50) | Long Beach Invitational       | Long Beach, Calif. | April 16 |
| Aaron Booth        | 1.99m (06-06.25) | Big West Multis Championships | Irvine, Calif.     | May 8    |
| Justin Yaskowitz   | 1.84m (06-00.50) | LBSU Jumps Fest               | Long Beach, Calif. | May 1    |

### MEN'S POLE VAULT

|                  |                  |                               |                    |        |
|------------------|------------------|-------------------------------|--------------------|--------|
| Michael Magula   | 5.06m (16-07.25) | Big West Championships        | Irvine, Calif.     | May 12 |
| Preston Sladek   | 4.81m (15-09.25) | LBSU Jumps Fest               | Riverside, Calif.  | May 1  |
| Nathan Garibay   | 4.76m (15-07.25) | Big West Championships        | Irvine, Calif.     | May 12 |
| Aaron Booth      | 4.51m (14-09.50) | LBSU Jumps Fest               | Long Beach, Calif. | May 1  |
| Justin Yaskowitz | 3.51m (11-06.25) | Big West Multis Championships | Irvine, Calif.     | May 8  |

### MEN'S LONG JUMP

|                    |                  |                               |                       |          |
|--------------------|------------------|-------------------------------|-----------------------|----------|
| Jason Smith        | 7.96m (26-01.75) | NCAA West Prelims             | College Station, Tex. | May 28   |
| Aaron Booth        | 7.27m (23-10.25) | Long Beach Invitational       | Long Beach, Calif.    | April 16 |
| Porte Joie Tshiaba | 6.85m (22-05.75) | Big West Championships        | Irvine, Calif.        | May 12   |
| Justin Yaskowitz   | 6.46m (21-02.50) | Big West Multis Championships | Irvine, Calif.        | May 8    |

### MEN'S TRIPLE JUMP

|                    |                   |                        |                    |          |
|--------------------|-------------------|------------------------|--------------------|----------|
| Jason Smith        | 15.33m (50-03.50) | Big West Championships | Irvine, Calif.     | May 12   |
| Micqwaun Wright    | 14.62m (47-11.75) | Matador Invitational   | Northridge, Calif. | April 23 |
| Porte Joie Tshiaba | 13.34m (43-09.25) | Big West Championships | Irvine, Calif.     | May 12   |

### MEN'S SHOT PUT

|                   |                   |                               |                     |          |
|-------------------|-------------------|-------------------------------|---------------------|----------|
| Charlie Vernoy    | 16.87m (55-04.25) | Big West Championships        | Irvine, Calif.      | May 12   |
| Sebastian Coleman | 15.80m (51-10.00) | Matador Invitational          | Northridge, Calif.  | April 23 |
| Alec Jones        | 14.87m (48-09.50) | LBSU Throws Fest              | Long Beach, Calif.  | May 1    |
| Aaron Booth       | 13.61m (44-08.00) | Big West Multis Championships | Irvine, Calif.      | May 8    |
| Justin Yaskowitz  | 10.01m (32-10.25) | Bob Larsen Track Meet         | Los Angeles, Calif. | March 27 |

### MEN'S DISCUS

|                   |                    |                               |                     |          |
|-------------------|--------------------|-------------------------------|---------------------|----------|
| Alec Jones        | 57.88m (189-11.00) | Big West Championships        | Irvine, Calif.      | May 12   |
| Charlie Vernoy    | 56.49m (185-04.00) | Trojan Invitational           | Long Beach, Calif.  | March 19 |
| Sebastian Coleman | 54.14m (177-07.00) | Long Beach Invitational       | Long Beach, Calif.  | April 16 |
| Ryan Coy          | 47.24m (155-00.00) | Bob Larsen Track Meet         | Los Angeles, Calif. | March 27 |
| Aaron Booth       | 39.38m (129-02.00) | Big West Multis Championships | Irvine, Calif.      | May 8    |
| Justin Yaskowitz  | 25.79m (84-07.00)  | Big West Multis Championships | Irvine, Calif.      | May 8    |

### MEN'S HAMMER

|                   |                    |                         |                    |          |
|-------------------|--------------------|-------------------------|--------------------|----------|
| Alec Jones        | 61.33m (201-02.00) | LBSU Throws Fest        | Long Beach, Calif. | April 30 |
| Sebastian Coleman | 60.36m (198-00.00) | Fullerton Spring Invite | Fullerton, Calif.  | April 8  |
| Charlie Vernoy    | 58.93m (193-04.00) | Big West Championships  | Irvine, Calif.     | May 12   |
| Anthony Flores    | 58.03m (190-05.00) | LBSU Throws Fest        | Long Beach, Calif. | April 30 |
| Anthony Sommers   | 57.56m (188-10.00) | Fullerton Spring Invite | Fullerton, Calif.  | April 8  |
| Ryan Coy          | 53.45m (175-04.00) | Big West Championships  | Irvine, Calif.     | May 12   |

### MEN'S JAVELIN

|                  |                    |                               |                     |          |
|------------------|--------------------|-------------------------------|---------------------|----------|
| Marcos Gonzalez  | 61.76m (202-07.00) | Long Beach Invitational       | Long Beach, Calif.  | April 16 |
| Aaron Booth      | 60.74m (199-03.00) | Big West Multis Championships | Irvine, Calif.      | May 8    |
| Ryan Coy         | 59.19m (194-02.00) | Trojan Invitational           | Los Angeles, Calif. | March 20 |
| Justin Yaskowitz | 38.21m (125-04.00) | Big West Multis Championships | Irvine, Calif.      | May 8    |

### MEN'S DECATHLON

|                  |              |                               |                |         |
|------------------|--------------|-------------------------------|----------------|---------|
| Aaron Booth      | 7,644 points | NCAA Championships            | Eugene, Ore.   | June 10 |
| Justin Yaskowitz | 5,423 points | Big West Multis Championships | Irvine, Calif. | May 8   |

## Men's Career Records

### MEN'S 4X100-METER RELAY

|       |         |
|-------|---------|
| 40.36 | 4/30/21 |
| 43.14 | 3/27/21 |

### MEN'S 4X400-METER RELAY

|         |         |
|---------|---------|
| 3:14.74 | 5/12/21 |
| 3:22.52 | 3/27/21 |
| 3:23.45 | 3/20/21 |
| 3:25.97 | 4/21/21 |

### MEN'S HIGH JUMP

|                  |             |         |
|------------------|-------------|---------|
| 2.20m (07-02.50) | #5 All-Time | 4/3/21  |
| 2.17m (07-01.50) | #6 All-Time | 4/16/21 |
| 1.99m (06-06.25) |             | 5/8/21  |
| 1.84m (06-00.50) |             | 5/1/21  |

### MEN'S POLE VAULT

|                  |         |
|------------------|---------|
| 5.06m (16-07.25) | 3/7/20  |
| 4.81m (15-09.25) | 5/1/21  |
| 4.76m (15-07.25) | 5/12/21 |
| 4.51m (14-09.50) | 5/1/21  |
| 3.51m (11-06.25) | 5/8/21  |

### MEN'S LONG JUMP

|                  |             |         |
|------------------|-------------|---------|
| 7.96m (26-01.75) | #1 All-Time | 5/28/21 |
| 7.27m (23-10.25) |             | 4/16/21 |
| 6.85m (22-05.75) |             | 5/12/21 |
| 6.46m (21-02.50) |             | 5/8/21  |

### MEN'S TRIPLE JUMP

|                   |         |
|-------------------|---------|
| 15.33m (50-03.50) | 5/12/21 |
| 14.62m (47-11.75) | 4/23/21 |
| 13.34m (43-09.25) | 5/12/21 |

### MEN'S SHOT PUT

|                   |         |
|-------------------|---------|
| 16.87m (55-04.25) | 5/12/21 |
| 15.80m (51-10.00) | 4/23/21 |
| 14.87m (48-09.00) | 5/1/21  |
| 13.61m (32-10.25) | 5/8/21  |
| 10.01m (32-10.25) | 3/27/21 |

### MEN'S DISCUS

|                    |             |         |
|--------------------|-------------|---------|
| 57.88m (189-11.00) | #9 All-Time | 5/12/21 |
| 58.76m (192-09.00) | #5 All-Time | 5/3/19  |
| 54.35m (178-04.00) |             | 5/3/19  |
| 49.33m (161-10.00) |             | 4/26/19 |
| 39.38m (129-02.00) |             | 5/8/21  |
| 25.79m (84-07.00)  |             | 5/8/21  |

### MEN'S HAMMER

|                    |             |         |
|--------------------|-------------|---------|
| 61.33m (201-02.00) | #9 All-Time | 4/30/21 |
| 60.36m (198-00.00) |             | 4/8/21  |
| 58.93m (193-04.00) |             | 5/12/21 |
| 58.03m (190-05.00) |             | 4/30/21 |
| 57.56m (188-10.00) |             | 4/8/21  |
| 53.45m (175-04.00) |             | 5/12/21 |

### MEN'S JAVELIN

|                    |         |
|--------------------|---------|
| 61.76m (202-07.00) | 4/16/21 |
| 60.74m (194-02.00) | 5/8/21  |
| 59.19m (194-02.00) | 3/20/21 |
| 38.21m (125-04.00) | 5/8/21  |

### MEN'S DECATHLON

|       |             |         |
|-------|-------------|---------|
| 7,644 | #1 All-Time | 6/10/21 |
| 5,423 |             | 5/8/21  |

## Women's Season-Best Marks

## WOMEN'S 100-METER DASH

Kaitlyn Williams . . . . . 12.27 . . . . . Bob Larsen Track Meet . . . . . Los Angeles, Calif. . . . . March 27

## WOMEN'S 200-METER DASH

Sydney Barnes . . . . . 26.70 . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8  
Hailey Fune . . . . . 27.38 . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8  
Kaitlyn Williams . . . . . 27.63 . . . . . Bob Larsen Track Meet . . . . . Los Angeles, Calif. . . . . March 27

## WOMEN'S 400-METER DASH

Kaitlyn Williams . . . . . 1:08.08 . . . . . UCR Sprints Invitational . . . . . Long Beach, Calif. . . . . April 30

## WOMEN'S 800-METER RUN

Anitha Graves . . . . . 2:12.11 . . . . . Trojan Invitational . . . . . Los Angeles, Calif. . . . . March 20  
Ryley Fick . . . . . 2:13.09 . . . . . UCR Sprints Invitational . . . . . Riverside, Calif. . . . . April 30  
Brianna Tafoya . . . . . 2:16.14 . . . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16  
Sophia Stephan . . . . . 2:23.59 . . . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16  
Sydney Barnes . . . . . 2:37.69 . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8  
Hailey Fune . . . . . 2:38.98 . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8

## WOMEN'S 1,500-METER RUN

Ryley Fick . . . . . 4:36.31 . . . . . Trojan Invitational . . . . . Los Angeles, Calif. . . . . March 20  
Brianna Tafoya . . . . . 4:39.71 . . . . . Bryan Clay Invitational . . . . . Azusa, Calif. . . . . April 16  
Haley Adel . . . . . 4:51.94 . . . . . Fullerton Spring Invite . . . . . Fullerton, Calif. . . . . April 8  
Sofia Ramos . . . . . 4:55.58 . . . . . Fullerton Spring Invite . . . . . Fullerton, Calif. . . . . April 8  
Sophia Stephan . . . . . 5:00.27 . . . . . Fullerton Spring Invite . . . . . Fullerton, Calif. . . . . April 8

## WOMEN'S 3,000-METER RUN

Haley Adel . . . . . 10:20.09 . . . . . Trojan Invitational . . . . . Los Angeles, Calif. . . . . March 20

## WOMEN'S 5,000-METER RUN

Ryley Fick . . . . . 17:19.48 . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Haley Adel . . . . . 18:00.23 . . . . . Bryan Clay Invitational . . . . . Azusa, Calif. . . . . April 16

## WOMEN'S 10,000-METER RUN

Haley Adel . . . . . 36:38.28 . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12

## WOMEN'S 100-METER HURDLES

Hailey Fune . . . . . 14.43 . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Sydney Barnes . . . . . 14.74 . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12

## WOMEN'S 400-METER HURDLES

## WOMEN'S 3,000-METER STEEPLECHASE

Ryley Fick . . . . . 10:39.19 . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Tiana Prince . . . . . 11:40.47 . . . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16

## WOMEN'S 4X100-METER RELAY

## WOMEN'S 4X400-METER RELAY

## WOMEN'S HIGH JUMP

Clare Gibson . . . . . 1.76m (5-09.25) . . . . . Matador Invitational . . . . . Northridge, Calif. . . . . April 23  
Hailey Fune . . . . . 1.60m (5-03.00) . . . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16  
Camille Finley . . . . . 1.57m (5-01.75) . . . . . Bob Larsen Track Meet . . . . . Los Angeles, Calif. . . . . March 27  
Sydney Barnes . . . . . 1.46m (4-09.50) . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8

## WOMEN'S POLE VAULT

Mikayla Ray . . . . . 3.74m (12-03.25) . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Kyla Meyer . . . . . 3.59m (11-09.25) . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Ciera Muscarella . . . . . 3.40m (11-01.75) . . . . . Matador Invitational . . . . . Northridge, Calif. . . . . April 23

## WOMEN'S LONG JUMP

Sydney Barnes . . . . . 5.43m (17-09.75) . . . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Crystal Washington . . . . . 5.11m (16-09.25) . . . . . Fullerton Spring Invite . . . . . Fullerton, Calif. . . . . April 8  
Hailey Fune . . . . . 4.88m (16-00.25) . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8

## Women's Career Records

## WOMEN'S 100-METER DASH

12.27 . . . . . 3/27/21

## WOMEN'S 200-METER DASH

26.70 . . . . . 5/8/21  
27.38 . . . . . 5/8/21  
27.63 . . . . . 3/27/21

## WOMEN'S 400-METER DASH

1:08.08 . . . . . 4/30/21

## WOMEN'S 800-METER RUN

2:12.11 . . . . . #10 All-Time . . . . . 3/20/21  
2:13.09 . . . . . 4/30/21  
2:16.14 . . . . . 4/16/21  
2:23.59 . . . . . 4/16/21  
2:37.69 . . . . . 5/8/21  
2:38.98 . . . . . 5/8/21

## WOMEN'S 1,500-METER RUN

4:36.31 . . . . . 3/20/21  
4:39.71 . . . . . 4/16/21  
4:51.94 . . . . . 4/8/21  
4:55.58 . . . . . 4/8/21  
5:00.27 . . . . . 4/8/21

## WOMEN'S 3,000-METER RUN

10:20.09 . . . . . 3/20/21

## WOMEN'S 5,000-METER RUN

17:19.48 . . . . . 5/12/21  
18:00.23 . . . . . 4/16/21

## WOMEN'S 10,000-METER RUN

36:38.28 . . . . . 5/12/21

## WOMEN'S 100-METER HURDLES

14.43 . . . . . 5/12/21  
14.74 . . . . . 5/12/21

## WOMEN'S 400-METER HURDLES

## WOMEN'S 3,000-METER STEEPLECHASE

10:39.19 . . . . . #3 All-Time . . . . . 5/12/21  
11:28.06 . . . . . 5/11/19

## WOMEN'S 4X100-METER RELAY

## WOMEN'S 4X400-METER RELAY

## WOMEN'S HIGH JUMP

1.76m (5-09.25) . . . . . 4/23/21  
1.60m (5-03.00) . . . . . 4/16/21  
1.60m (5-03.00) . . . . . 3/7/20  
1.46m (4-09.50) . . . . . 5/8/21

## WOMEN'S POLE VAULT

3.74m (12-03.25) . . . . . 5/12/21  
3.59m (11-09.25) . . . . . 5/12/21  
3.40m (11-01.75) . . . . . 4/23/21

## WOMEN'S LONG JUMP

5.58m (18-03.75) . . . . . 3/22/19  
5.11m (16-09.25) . . . . . 4/8/21  
4.44m (14-07.00) . . . . . 3/20/21

## Women's Season-Best Marks

### WOMEN'S TRIPLE JUMP

Crystal Washington . . . . . 12.52m (41-01.00) . . . LBSU Jumps Fest . . . . . Long Beach, Calif. . . . . May 1  
Micayla Kelley . . . . . 10.81m (35-05.75) . . . LBSU Jumps Fest . . . . . Long Beach, Calif. . . . . May 1

### WOMEN'S SHOT PUT

Malia Talavou . . . . . 13.22m (43-04.50) . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16  
Brianna Uipi . . . . . 13.06m (42-10.25) . . . Matador Invitational . . . . . Northridge, Calif. . . . . April 23  
Sydney Barnes . . . . . 11.22m (36-09.75) . . . Big West Multis Championships Irvine, Calif. . . . . May 8  
Hailey Fune . . . . . 8.01m (26-03.50) . . . Big West Multis Championships Irvine, Calif. . . . . May 8

### WOMEN'S DISCUS

Malia Talavou . . . . . 43.58m (143-00.00) . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12  
Brianna Uipi . . . . . 42.58m (139-08.00) . . . Trojan Invitational . . . . . Long Beach, Calif. . . . . March 19

### WOMEN'S HAMMER

Samantha Perez . . . . . 46.35m (152-01.00) . . . Big West Championships . . . . . Irvine, Calif. . . . . May 12

### WOMEN'S JAVELIN

Hannah Katches . . . . . 42.83m (140-06.00) . . . Bob Larsen Track Meet . . . . . Los Angeles, Calif. . . . . March 27  
Sydney Barnes . . . . . 37.37m (122-07.00) . . . Trojan Invitational . . . . . Los Angeles, Calif. . . . . March 20  
Shyann Reynolds . . . . . 35.17m (115-05.00) . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16  
Shalee Reynolds . . . . . 32.88m (107-10.00) . . . Matador Invitational . . . . . Northridge, Calif. . . . . April 23  
Hailey Fune . . . . . 23.92m (78-06.00) . . . Long Beach Invitational . . . . . Long Beach, Calif. . . . . April 16

### WOMEN'S HEPTATHLON

Sydney Barnes . . . . . 4,598 points . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8  
Hailey Fune . . . . . 4,124 points . . . . . Big West Multis Championships Irvine, Calif. . . . . May 8

## Women's Career Records

### WOMEN'S TRIPLE JUMP

12.52m (41-01.00) . . . . . T-#1 All-Time . . . . . 5/1/21  
11.74m (38-06.25) . . . . . 3/7/20

### WOMEN'S SHOT PUT

13.22m (43-04.50) . . . . . 4/16/21  
13.06m (42-10.25) . . . . . 4/23/21  
11.22m (36-09.75) . . . . . 5/8/21  
8.01m (26-03.50) . . . . . 5/8/21

### WOMEN'S DISCUS

43.58m (143-00.00) . . . . . 5/12/21  
44.96m (147-06.00) . . . . . 3/7/20

### WOMEN'S HAMMER

50.04m (164-02.00) . . . . . 5/10/19

### WOMEN'S JAVELIN

42.83m (140-06.00) . . . . . 3/27/21  
37.37m (122-07.00) . . . . . 3/20/21  
35.17m (115-05.00) . . . . . 4/16/21  
32.88m (107-10.00) . . . . . 4/23/21  
23.92m (78-06.00) . . . . . 4/16/21

### WOMEN'S HEPTATHLON

4,698 . . . . . #2 All-Time . . . . . 5/8/21  
4,124 . . . . . 5/8/21



# LONG BEACH STATE

## 2021 TRACK & FIELD SCHEDULE

### INDOOR SEASON

Date      Day      Meet/Site

Time

\*Season Cancelled Due to COVID-19\*

### OUTDOOR SEASON

| <u>Date</u> | <u>Day</u> | <u>Opponent</u>                    | <u>Site</u>         | <u>Time</u> |
|-------------|------------|------------------------------------|---------------------|-------------|
| Mar. 19     | Fri.       | Trojans Invitational (Throws Only) | Long Beach, Calif.  | All Day     |
| Mar. 20     | Sat.       | Trojans Invitational               | Los Angeles, Calif. | All Day     |
| Mar. 23     | Thu.       | Antelope Distance Twilight         | Irvine, Calif.      | 4:00 p.m.   |
| Mar. 27     | Sat.       | Bob Linsen Track Meet              | Los Angeles, Calif. | All Day     |
| Apr. 2      | Fri.       | Stanford Invitational              | Stanford, Calif.    | 1:00 p.m.   |
| Apr. 3      | Sat.       | Stanford Invitational              | Stanford, Calif.    | 11:00 a.m.  |
| Apr. 8      | Thu.       | Fallerton Spring Invite            | Fallerton, Calif.   | All Day     |
| Apr. 9      | Fri.       | Fallerton Spring Invite            | Fallerton, Calif.   | All Day     |
| Apr. 16     | Fri.       | Bryson Clay Invitational           | Acorn, Calif.       | All Day     |
| Apr. 26     | Fri.       | Long Beach Invitational            | Long Beach, Calif.  | All Day     |
| Apr. 17     | Sat.       | Bryson Clay Invitational           | Acorn, Calif.       | All Day     |
| Apr. 27     | Sat.       | Long Beach Invitational            | Long Beach, Calif.  | All Day     |
| Apr. 23     | Fri.       | Mindoro Invitational               | Northridge, Calif.  | All Day     |
| Apr. 29     | Thu.       | UCR Distance Invitational          | Riverside, Calif.   | 5:00 p.m.   |
| Apr. 30     | Fri.       | Long Beach Throws/Jumps Fest       | Long Beach, Calif.  | 10:00 a.m.  |
| Apr. 30     | Fri.       | UCR Sprints Invitational           | Riverside, Calif.   | 1:00 p.m.   |
| May 1       | Sat.       | Long Beach Throws/Jumps Fest       | Long Beach, Calif.  | 11:00 a.m.  |
| May 7       | Fri.       | Big West Multis Championships      | Irvine, Calif.      | 2:00 p.m.   |
| May 8       | Sat.       | Big West Multis Championships      | Irvine, Calif.      | All Day     |
| May 13      | Thu.       | Big West Outdoor Championships     | Irvine, Calif.      | All Day     |
| May 14      | Fri.       | Big West Outdoor Championships     | Irvine, Calif.      | All Day     |
| May 15      | Sat.       | Big West Outdoor Championships     | Irvine, Calif.      | All Day     |

Please visit [www.longbeachstate.com](http://www.longbeachstate.com) for more information.

| ATHLETE                 | EVENT(S)        | YR.   | HOMETOWN                 | PREVIOUS SCHOOL         |
|-------------------------|-----------------|-------|--------------------------|-------------------------|
| Benjamin Ahenguah       | Jumps           | So.   | Richmond, Calif.         | Sacramento State        |
| Joseph Anderson         | Hurdles         | Jr.   | Rancho Cucamonga, Calif. | Oregon                  |
| Bethel Babatunde        | Jumps           | Jr.   | Fontana, Calif.          | Etiwanda HS             |
| Austin Brown            | Sprints         | Jr.   | Maple Valley, Wash.      | Orange Coast CC         |
| Sebastian Coleman       | Throws          | Jr.   | San Tan Valley, Ariz.    | Desert Ridge HS         |
| Ryan Coy                | Throws          | Sr.   | Long Beach, Calif.       | Los Alamitos HS         |
| Donald Davis            | Sprints/Hurdles | So.   | Dublin, Calif.           | Dublin HS               |
| Jack De Bos             | Sprints         | Fr.   | Huntington Beach, Calif. | Edison HS               |
| Spencer Eley            | Jumps           | Jr.   | Arroyo Grande, Calif.    | Arroyo Grande HS        |
| Tristyn Flores          | Sprints         | Fr.   | Fontana, Calif.          | Rancho Cucamonga HS     |
| Pablo Gamez             | Throws          | Fr.   | Bell Gardens, Calif.     | Glendale CC             |
| Nathan Garibay          | Jumps           | So.   | Turlock, Calif.          | Turlock HS              |
| Zachery Glick           | Jumps           | So.   | Visalia, Calif.          | College of the Siquoias |
| Marcos Gonzalez         | Throws          | Sr.   | Moreno Valley, Calif.    | Riverside City CC       |
| Malik Harness           | Sprints         | Fr.   | Long Beach, Calif.       | Long Beach Poly HS      |
| Elijah Harris           | Sprints/Jumps   | Fr.   | Benicia, Calif.          | Benicia HS              |
| Ryan Hernandez          | Distances       | Fr.   | Lakewood, Calif.         | St. John Bosco HS       |
| Michael Hull            | Sprints/Jumps   | Sr.   | Chula Vista, Calif.      | Coffeyville CC          |
| Alec Jones              | Throws          | Sr.   | Riverside, Calif.        | Riverside City CC       |
| Alex Kalmar             | Distances       | Fr.   | Temecula, Calif.         | Temecula Valley HS      |
| Kristofer Konradsson    | Sprints         | Fr.   | Murrieta, Calif.         | Murrieta Mesa HS        |
| Jacob Korgan            | Distances       | Jr.   | Temecula, Calif.         | Nebraska                |
| Damien Maldonado        | Distances       | Fr.   | Lakewood, Calif.         | Mayfair HS              |
| Mekhi Mays              | Sprints         | So.   | Inglewood, Calif.        | Serra HS                |
| Mohammed Mohamed        | Distances       | Jr.   | Riverside, Calif.        | Riverside City CC       |
| Antonio Munoz           | Distances       | So.   | Long Beach, Calif.       | Warren HS               |
| Raymon Ornelas          | Distances       | Jr.   | Corona, Calif.           | Roosevelt HS            |
| Miguel Orozco           | Jumps           | Fr.   | Long Beach, Calif.       | Long Beach Poly HS      |
| Anthony Palumbo         | Sprints         | Sr.   | Simi Valley, Calif.      | Moorpark CC             |
| Connor Phillips         | Distances       | R-So. | Tallahassee, Fla.        | Florida State           |
| Michael Phillips        | Distances       | Jr.   | Tallahassee, Fla.        | Syracuse                |
| Kash Powell             | Distances       | So.   | Carinbah, Australia      | Trinity Grammar School  |
| Cyprus Rice             | Pole Vault      | Fr.   | Clovis, Calif.           | Clovis North HS         |
| Preston Sladek          | Jumps           | So.   | Dutch Flat, Calif.       | Colfax HS               |
| Jason Smith             | Jumps           | R-Sr. | San Bruno, Calif.        | Archbishop Riordan HS   |
| Porte Joie "PJ" Tshiaba | Jumps           | Jr.   | Los Angeles, Calif.      | Cal State Los Angeles   |
| Charlie Vernoy          | Throws          | 5th   | Ventura, Calif.          | Ventura HS              |
| Ricky Villa             | Mid-Distances   | Sr.   | Riverside, Calif.        | Riverside City CC       |
| Justin Watterson        | Sprints/Hurdles | So.   | Las Vegas, Nev.          | Coronado HS             |
| Trevor Williams         | Sprints         | So.   | Huntington Beach, Calif. | Alisa Niguel HS         |

**Director of Track and Field (Jumps, Multi-Events)** - Andy Sythe, 33rd year  
**Women's Head Coach (Sprints/Hurdles/Relays)** - LaTanya Sheffield, 10th year  
**Assistant Coach (Cross Country/Distance Coach)** - Shawn Winget, 6th year  
**Assistant Coach (Throws)** - Cory Loebel, 16th year  
**Assistant Coach (Pole Vault/Multis)** – Sheldon Blockburger, 1st year  
**Assistant Coach (Sprints/Hurdles)** – Raleigh Adams, 1st year  
**Volunteer Assistant Coach** – Steven Childs, 1st year

| ATHLETE                | EVENT(S)        | YR.   | HOMETOWN                 | PREVIOUS SCHOOL                    |
|------------------------|-----------------|-------|--------------------------|------------------------------------|
| Ajah Anderson          | Sprints/Hurdles | Fr.   | Rancho Cucamonga, Calif. | Upland HS                          |
| Calista Apostol        | Jumps           | Fr.   | Missoula, Mont.          | Apple Valley HS                    |
| Alejandra Ayala        | Distances       | Fr.   | Compton, Calif.          | Paramount HS                       |
| Maggie Bauer           | Distances       | So.   | Tacoma, Wash.            | Curtis HS                          |
| Bronwyn Bunnell        | Distances       | Gr.   | San Pedro, Calif.        | UC Santa Barbara                   |
| Yajaira Calderon       | Distances       | Fr.   | Compton, Calif.          | Paramount HS                       |
| Imani Carmouche        | Jumps           | Sr.   | Jonesboro, Ga.           | South Florida                      |
| Nyah Chavez            | Distances       | So.   | Coachella, Calif.        | Shadow Hills HS                    |
| Tessa Chen             | Distances       | So.   | San Bruno, Calif.        | Mills HS                           |
| Hailey Danskin         | Sprints/Hurdles | So.   | Chino Hills, Calif.      | Chino Hills HS                     |
| Tayah DaSousa          | Multis          | Fr.   | St. Thomas, Canada       | Central Elgin Collegiate Institute |
| Maddie DeBorde         | Jumps/Sprints   | So.   | Lake Oswego, Ore.        | Lake Oswego HS                     |
| Rori Denness-Lamont    | Throws          | So.   | White Rock, Canada       | Simon Fraser University            |
| Melissa Favorite       | Throws          | Sr.   | Santa Cruz, Calif.       | De Anza CC                         |
| Ryley Fick             | Distances       | Jr.   | Bakersfield, Calif.      | Centennial HS                      |
| Hailey Fune            | Heptathlon      | So.   | Chico, Calif.            | Chico HS                           |
| Clare Gibson           | Jumps           | Sr.   | Perth, Australia         | Kansas State                       |
| Andrea Gonzalez Macias | Distances       | Sr.   | Long Beach, Calif.       | West LA CC                         |
| Anitha Graves          | Distances       | Jr.   | Roseville, Calif.        | Woodcreek HS                       |
| Lenaya Griffin         | Sprints         | Sr.   | San Jose, Calif.         | Mt. SAC CC                         |
| Skye Harris            | Sprints         | Fr.   | Los Angeles, Calif.      | University HS                      |
| Kendall Harrison       | Distances       | So.   | Temecula, Calif.         | Great Oak HS                       |
| Hannah Katches         | Throws          | Sr.   | Paso Robles, Calif.      | Cuesta CC                          |
| Jaya Krishnan          | Pole Vault      | So.   | San Jose, Calif.         | Presentation HS                    |
| Maggie Lear            | Pole Vault      | Fr.   | Seattle, Wash.           | Garfield HS                        |
| Jazmin Lucatero        | Distances       | So.   | Corona, Calif.           | Corona HS                          |
| Kyla Meyer             | Pole Vault      | So.   | Orinda, Calif.           | Miramonte HS                       |
| Riley Millard          | Jumps           | Fr.   | Carlsbad, Calif.         | Carlsbad HS                        |
| Ciera Muscarella       | Pole Vault      | So.   | Camarillo, Calif.        | Camarillo HS                       |
| Alexis Pagala          | Throws          | Fr.   | Stockton, Calif.         | Lincoln HS                         |
| Quwshayah Peters       | Sprints         | So.   | Long Beach, Calif.       | Long Beach Poly HS                 |
| Jaelyn Predium         | Sprints         | So.   | Long Beach, Calif.       | Long Beach Poly HS                 |
| Tiana Prince           | Distances       | Jr.   | Long Beach, Calif.       | Millikan HS                        |
| Sofia Ramos            | Distances       | R-So. | Oxnard, Calif.           | Ventura HS                         |
| Mikayla Ray            | Pole Vault      | So.   | San Diego, Calif.        | Rancho Bernardo HS                 |
| Maya Rush              | Multis          | Fr.   | Covina, Calif.           | Covina HS                          |
| Allie Scimia           | Distances       | Fr.   | Rancho Cucamonga, Calif. | Rancho Cucamonga HS                |
| Brieanna Tafoya        | Distances       | Sr.   | Ventura, Calif.          | Ventura CC                         |
| Malia Talavou          | Throws          | Jr.   | Bellflower, Calif.       | St. Joseph HS                      |
| Natalie Tolento        | Sprints         | So.   | Fontana, Calif.          | Los Osos HS                        |
| Rahni Turner           | Sprints         | Fr.   | Mesa, Ariz.              | Westwood HS                        |
| Brianna Uipi           | Throws          | R-Sr. | Santa Ana, Calif.        | Orange Lutheran HS                 |
| Crystal Washington     | Jumps           | Sr.   | Carson, Calif.           | Eastern Michigan                   |
| Kaitlyn Williams       | Sprints         | So.   | Carson, Calif.           | Carson HS                          |
| Jaxin Woodward         | Distances       | So.   | Vacaville, Calif.        | Vacaville HS                       |

**Director of Track and Field (Jumps, Multi-Events)** - Andy Sythe, 33rd year  
**Women's Head Coach (Sprints/Hurdles/Relays)** - LaTanya Sheffield, 10th year  
**Assistant Coach (Cross Country/Distance Coach)** - Shawn Winget, 6th year  
**Assistant Coach (Throws)** - Cory Loebl, 16th year  
**Assistant Coach (Pole Vault/Multis)** – Sheldon Blockburger, 1st year  
**Assistant Coach (Sprints/Hurdles)** – Raleigh Adams, 1st year  
**Volunteer Assistant Coach** – Steven Childs, 1st year

## ANDY SYTHE

## Head Coach • 33rd Year (34th Overall)

Andy Sythe's tenure as head coach at Long Beach State has been characterized by individual and team success as well as scholar-athlete achievement in both track & field and cross country. The long-time coach was elevated to the Director of Track and Field the summer of 2019.

A nine-time Big West Track & Field Coach of the Year (2006, 2008, 2011, 2013, 2014, 2015, 2016, 2018, 2019), Sythe is now in his 31st season at the helm of the cross country and indoor/outdoor track & field teams at the Beach. He has developed a combined program that is among the best in the Big West Conference as well as at the regional and national level, and is the standard for men's programs, winning 13 conference titles, the most of any program in the history of the Big West. Sythe has guided his student-athletes to more than 50 All-America performances and 18 conference athlete of the year awards. He has also had six Big West Freshman of the Year award winners.

The 2021 season saw more success including Jason Smith winning the Big West Field Athlete of the Year and Big West Field Athlete of the Meet after a dominant season where he ultimately qualified for the NCAA Championships and the U.S. Olympic Team Trials. Aaron Booth also qualified for the NCAA Championships in the Decathlon setting the school record on his way to a First Team All-American selection. Overall, the team collected 16 All-Big West performances eight individual titles and sent eight athletes to the NCAA Preliminaries.

Sythe's work with the jumpers continues to showcase the best of the program. In 2021, Jason Smith added to his lengthy list of accolades winning the Big West title in both High Jump and Long Jump and ultimately qualifying for the NCAA Championships and the Olympic Qualifiers in both events. He was a Second Team All-American in both events and is now the school record holder in the Long Jump. Christina Washington also entered the record books matching program record for the women's Triple Jump and becoming the Big West champion in the event.

In the COVID-shortened 2020 season, Jason Smith became the first LBSU student-athlete to qualify for multiple events at the Indoor NCAA Championships, where he was set to compete before the COVID-19 pandemic cancelled the competition. Smith had already won the MPSF Championship in the long jump, and had also qualified in the high jump. The year prior in 2019, senior Kemonie Briggs qualified for both the Indoor and Outdoor NCAA national championships, earning All-American honors in both. Briggs qualified for the outdoor regionals in three different events, and as named the Big West Men's Field Athlete of the Year after leading the men's program to a 13th conference title. In all, the Beach sent four qualifiers to the NCAA Outdoor Track and Field Championships.

The previous year, Sythe guided the women's program to their first ever Big West Championship, while the men's team took second place at the conference meet. Earning Big West Coach of the Year honors for his work with the women, the Beach sent 15 athletes to the postseason and had six advance to the NCAA Championships, as San Nasser and Big West Field Athlete of the Year Jason Smith both advanced as did the women's 4x100m relay team who set the school record in the event on multiple occasions.

In 2017, Long Beach State qualified 17 athletes for the 2017 NCAA West Preliminaries, with senior Riley Cooks and junior Vincent Calhoun each earning All-American honors at the NCAA Championships. Cooks concluded her brilliant career with Big West titles in the long jump and heptathlon, earning her second straight Big West Athlete of the Meet honor at the conference championships. Kemonie Briggs was named the men's Athlete of the Meet to make it a Long Beach State sweep, thanks to his event win in the long jump and All-Big West finishes in the 200m, 400m, and 4x400m relay.

That duo of Cooks and Briggs went on to win their respective Big West Field Athlete of the Year honors. Newcomer Jason Smith was also awarded as the conference's Freshman of the Year.

The Long Beach State men finished with eight individual Big West titles and 18 all-conference performances. LBSU thrived in the field events where they scored 116 of their 185 points. They had five conference champions in Kody Robison (Hammer), Jacob Fraser (Discus), Willie Alexander (Long Jump), Ryan Sanders (Triple Jump) and Michael Montgomery (Pole Vault). Alexander was also the runner-up in the triple jump as he was named the 2015 Big West Men's Field Athlete of the Year. Cameron Glasgow, who was tabbed the Big West Men's Track Athlete of the Year, led the Beach in the running events as he won the 400m, while also joining forces with Dylan McCloskey, Michael Perez-Rogers and Jahmani Lockett to defend their title in the 4x400 relay. Chris Low was also a back-to-back champion in the 800m.

LBSU continued to lead the conference in the postseason where it sent 17 athletes to the NCAA West Preliminary and a school-record seven to the NCAA Championships. Glasgow finished his career as a two-time All-American (400m, 4x400), while Perez-Rogers (4x400), McCloskey (4x400), Lockett (4x400), Alexander (Triple Jump), Low (800m) and Montgomery (Pole Vault) also garnered honorable mention All-America honors. Adding to an award-filled season, the Beach was ranked 15th in the final Track & Field News Dual Meet Rankings.

In 2014, the men cruised to the Big West title with nine individual champions and a school-record 218.5 points. Sythe's pole vaulters gave the Beach a huge boost with a 26.5-point outburst as all five of the team's entrants finished in scoring position (1st-2nd-4th-6th-8th). The women's squad also took fourth overall with Fatima Vergara claiming top honors in the hammer throw. The men and women had 22 athletes qualify for the NCAA West Preliminary Rounds, including a program-record 16 individuals on the men's side. Willie Alexander, Chris Low and Chris Enriquez also advanced to the NCAA Outdoor Track & Field Championships, where they combined to post a 24th-place team finish. Alexander was the national runner-up in the long jump, while Low took seventh in the 800m. Low was the 49ers' first-ever first-team All-American in the 800m. In addition, the Beach men went undefeated in dual meets as they were 37-0 in scoring opportunities. The 2014 squad closed out the year ranked ninth in the Track & Field News dual meet rankings, while the women came in at No. 21. The men were also ranked as high as No. 5 in the USTFCCA West Region Rankings.

**THE SYTHE FILE****Alma Mater**

San Diego State (1987)  
Bachelor's Degree  
Physical Education

**Athletic Career**

1984-87  
San Diego State

**Coaching Career**

1990-Present  
Long Beach State  
*Head Coach*

1988-89  
Long Beach State  
*Assistant Coach*

**COACHING HIGHLIGHTS****ATHLETIC ACCOMPLISHMENTS**

- 1 National Champion
- 1 USTFCCA West Region Men's Field Athlete of the Year
- 8 Big West Men's Track and Field Championships
- 1 Big West Women's Track and Field Championships
- 21 Big West Athletes of the Year
- 6 Big West Freshman of the Year awards
- 5 Big West Athlete of the Meet winners
- 8-Time Big West Men's Coach of the Year
- Highest Finish of 16th at NCAA Championships (men)
- 65 All-American Performances
- 109 NCAA Individual Qualifiers
- 4 NCAA Qualifying Relay Teams
- 319 NCAA Regional Qualifiers
- 167 Conference Champions
- 572 All-Conference Performances
- 32 Indoor, 34 Outdoor School Records Established

**ACADEMIC ACCOMPLISHMENTS**

- 58 USTFCCA All-Academic Teams
- 97 USTFCCA All-Academic Athletes
- 7 CoSIDA Academic All-Americans
- 550 Academic All-Conference selections
- 184 perfect 4.0 semester GPAs achieved

In 2013, the Long Beach State men won their fourth Big West championship in eight years. They had 15 athletes produce 21 all-conference honors, including four individual Big West titles. The women added eight all-conference awards. The LBSU men and women also had 16 athletes advance to the NCAA West Preliminaries. Willie Alexander, who was named the Big West Men's Freshman of the Year, punched his ticket to the NCAA Championships where he garnered All-America honorable mention recognition in the long jump.

In 2011, the men claimed 23 all-conference awards, including seven individual championships, en route to their third Big West title under Sythe's direction. Three athletes also advanced to the NCAA Outdoor Championships where they earned All-America recognition. Randi Hicks was a first-team performer in the women's javelin, while Colin Dunbar garnered second-team honors in the hammer and honorable mention in the discus. Nicholas Armstrong was also an honorable mention All-American in the decathlon. In addition to earning All-America status, Dunbar was tabbed the 2011 USTFCCA West Region Men's Field Athlete of the Year and the 2011 Big West Men's Field Athlete of the Year. He personally accounted for 29 points at the conference championships as he became just the second individual in league history to score in all four throwing events.

Kenneth Medwood (400 Hurdles) and Randi Hicks (Javelin) won the individual conference title in their respective events to lead Long Beach State in the 2010 season. Medwood went on to compete in the 2012 London Olympic Games, representing his native country of Belize. He was selected by his nation as the flag bearer at the opening ceremonies and would advance to the semifinals of the 400m hurdles.

The men's squad won the Big West title in 2008, compiling 185 total team points. The Beach had 21 individuals qualify for the NCAA Regionals, with six advancing to the national championship meet where Sythe saw two of his athletes, Brent Gray and Chris Richardson, earn All-America honors for the second time in their careers.

Since the inception of NCAA track and field regional qualifying in 2003, Long Beach State has sent over 200 qualifiers to the postseason meet. While under his direction, the LBSU track and field program has also been consistently ranked among the top 20 percent of over 320 NCAA Division I schools.

Sythe has also directed the cross country squad to a number of top performances. In the fall of 2013, Chris Enriquez earned an individual berth to the NCAA Cross Country Championships. He was the first Long Beach State student-athlete to qualify for the event in the modern era of NCAA cross country (since 1980). Enriquez advanced to the national meet after placing 10th at the NCAA West Regional, the highest finish in school history. In 2011, Rosa Del Toro won the individual conference title and was the first Beach runner in school history to be tabbed the Big West Women's Cross Country Athlete of the Year.

Since Sythe's arrival, the Beach has rewritten the record books. In his 30 seasons at the helm, student-athletes coached by the legendary coach hold an astounding 32 of 34 school records in Indoor Track and Field as well as 16 of 22 men's outdoor records and 15 of 22 women's outdoor records.

Strong academic performance has also been a common theme in Sythe's career as a coach and athlete. Sythe was an outstanding student-athlete at San Diego State where he graduated in 1987 with honors and a bachelor's degree in physical education.

Through his guidance as a coach, 526 athletes have also been named to the academic all-conference team. On the national level, Sythe's athletes have produced 57 USTFCCA All-Academic Teams in cross country and track & field, and the women's track and field and cross country squads have received the honor every year since 1997.

Individually, Sythe has also helped guide his student-athletes to attain the highest level of academic achievement with seven CoSIDA Academic All-Americans, two Phi Beta Kappas and one Rhodes Scholar.

Sythe was hired in the fall of 1989 as the head coach at Long Beach State. At age 23, he was the youngest NCAA Division I coach in the United States.

Sythe has had the very best mentors in the sport throughout his high school and college career. As an athlete under Dixon Farmer at San Diego State (1984-87), Sythe captained his team that ranked among the top-10 in the nation.

As an assistant for Ralph Lindeman at LBSU (1988-89), Sythe furthered his skills under the tutelage of another of the nation's most respected coaches. In 1989, his mentor Lindeman was tabbed the Big West Coach of the Year. Both Farmer and Lindeman also served on Olympic staffs for the United States.

Track & field and cross country are a passion for Sythe, and his dedication to the sport is reflected by his involvement beyond the scope of the University. Sythe has served on national committees with USA Track & Field and the U.S. Track Coaches Association. He has served on the Executive Committee for Men's Development with USATF, been co-meet director for the 1999 USATF Senior Cross Country National Championships, and has completed over 10 years of service as Men's Track & Field Chair and board member for the Southern California Association of USA Track & Field. Sythe also completed four years of service with the Executive Committee and Rules Committee for the USTFCCA.

Sythe has coached at clinics throughout the U.S. and worked with the Amateur Athletic Foundation of Los Angeles in its coaching instructional program. Recognized for his success and his dedicated work on the national level, Sythe was selected by his peers to be the head coach for the men's West team at the 1995 United States Olympic Festival, held in Colorado Springs, Colo. Prior to that, he was an assistant coach for the champion West team at the 1993 Olympic Festival in San Antonio, Texas.

A native of Los Gatos, Calif., Sythe and his wife, Maribeth, reside in Long Beach with their two daughters, Sierra and Callie June.

# 31

## NCAA Championship Appearances under Head Coach Andy Sythe

1989 • 1990 • 1991 • 1992 • 1994 • 1995 • 1996 • 1997 •  
1998 • 1999 • 2000 • 2001 • 2002 • 2003 • 2004 • 2005 •  
2006 • 2007 • 2008 • 2009 • 2010 • 2011 • 2012 • 2013 •  
2014 • 2015 • 2016 • 2017 • 2018 • 2019 • 2021

# 58

## USTFCCA National All-Academic Teams under Head Coach Andy Sythe

**Women's Track & Field (25):** 1997-2021

**Women's Cross Country (25):** 1997-2020

**Men's Track & Field (5):** 2014-2018, 2021

**Men's Cross Country (3):** 1997, 2012-2013



## LATANYA SHEFFIELD

Head Coach, Women's Track And Field • 10th Year

LaTanya Sheffield, a former Olympian and American record holder is currently the Women's Track and Field Head Coach in addition to working with all of Long Beach State's sprinters, hurdlers and relay teams. Sheffield is currently in her tenth season at Long Beach State.

Of high demand on the International stage, Sheffield has twice been selected to lead the United State's women's national team's sprints, hurdles and relays at both the 2016 Rio and 2020 Tokyo Olympics, and also led the entire women's track and field program as Team USA won 18 combined medals at the 2019 Pan American Games.

Sheffield's international prominence has continued to grow following her time at the Beach. Making an immediate impact, during her time at Long Beach State the team has won six championships in seven years, with the men claiming five titles as well as the women lifting their first championship in 2018.

Her work with Long Beach State's sprint teams has been phenomenal. Courtne' Davis joined LeGretta Hinds as a nine-time All-Conference selection, matching the highest women's total at Long Beach State. Additionally, Long Beach State has had a relay team qualify for NCAA regionals in five of the last six seasons, with two continuing on to the NCAA Championships.

Since 2013, Sheffield has mentored 14 Big West Champions, sent 11 to the NCAA championships and has seen her charges qualify for the NCAA western preliminaries in 40 events.

In her first season at LBSU, Sheffield had 12 individuals combine for 16 all-conference honors, including Wilson-Angel, who claimed the Big West title in the 110 hurdles. Sheffield led three of the 49ers' four relay teams to top-three finishes at the conference championship with the women's 4x400 squad registering a then school-record 3:41.24.

In addition to her two Olympic Coaching stints and helming the 2019 Pan American Games, Sheffield previously served as an assistant coach for the U.S. women's team at the 2013 World Championships in Moscow, Russia.

In addition, Sheffield was in charge of the sprints, hurdles and relays at the World Indoor Championships in 2008 (Valencia, Spain) and 2006 (Moscow, Russia), as well as at the Pan American Games in 2011 (Guadalajara, Mexico) and 2007 (Rio de Janeiro, Brazil). Sheffield has also served on the USA Track & Field Development Committee as the event chair for women's hurdles since 2007.

As an athlete, Sheffield was an Olympic finalist in the 400m hurdles at the 1988 Games in Seoul, South Korea, and represented the United States at the 1987 World Championships. She was also a two-time gold medalist at the Olympic Sports Festival (1987, 1993) and won a bronze medal at the 1987 Pan American Games.

Sheffield, who established an American record in the 400m hurdles in 1985, also excelled at San Diego State where she was a two-time All-American and 1985 NCAA Champion (400H). She was inducted into the SDSU Athletics' Hall of Fame in 1993.

Prior to her arrival at the Beach, Sheffield was an assistant coach at Canyon del Oro High School and the head coach of the POPS Track Club in Tucson, Ariz. She helped lead Canyon del Oro's girls' team to two state championships, while the boys' squad had a pair of state runner-up finishes during her tenure. Sheffield also coached the 2012 ESPN High School Gatorade Player of the Year.

Under her guidance, Sheffield saw a number of her POPS Track Club team members qualify for the Junior Olympic National Championships, including a 2011 champion in the 400 hurdles, a 2011 junior national record holder in the long jump and a 2010 finalist in the steeplechase.

Sheffield is also a professional motivational speaker and is the founder and president of Sports Extravaganza, Inc., a non-profit organization that focuses on fighting childhood obesity. She was named one of the 25 Most Influential People in Tucson in 2012. Sheffield has also been honored with the USATF Youth Division President's Award (2010), Sam Lacy Sports Pioneer Award (2010) and NAACP Community Service Recognition Award (2008).

Sheffield earned her bachelor's degree in sports management from the United States Sports Academy in 2011.





## SHAWN WINGET

### Head Coach, Cross Country • 6th Year

Shawn Winget enters his fourth year as Long Beach State's cross country/distance coach, where he leads the cross country program while also serving as an assistant coach responsible for the distance runners with Long Beach State's track and field program.

Winget has been responsible with careful re-development of the program, which has provided early results while working with young runners. Long Beach State produced back-to-back Top 10 finishers at the Big West Championships on the men's side with George Martinez in 2017 and in 2018 with freshman Tyler Spencer, while on the women's side he raised the women's finish three spots after his first season and continues to grow that program as well.

Out on the track, Winget guided his runners into the record books in 2021 after missing the previous season due to COVID. A grad transfer, Arturo Sotomayor set the school record in the 5,000m with a time of 14:03.95, breaking the previous-best by three and a half seconds. He also entered the all-time list for the 1,500m posting a time of 3:45.04, the third-best mark in LBSU history.

In 2019, Michael Simpson set a new school record while claiming the Big West Championship in the 3000m Steeplechase with a time of 8:52.25, another young runner with a bright future at the Beach.

Before coming to Long Beach State, Winget previously spent five years (2011-16) at TCU where he worked with the middle and long distance runners as an assistant track & field coach. During his tenure, he mentored six Mountain West Conference champions and 34 All-MWC performers. Winget also led his athletes to the national stage as he had 17 NCAA Preliminary qualifiers, including seven who advanced to the NCAA Championships. Two of his runners went on to earn All-America honors. With Winget on the track & field staff, the Horned Frogs won three Mountain West team championships.

Winget was also the cross country coach while at TCU. In his five seasons, Winget saw his athletes produce five All-South Central Region honors. During the 2010 campaign, Winget guided Festus Kingen to the first NCAA men's cross country regional title in school history. Kingen was named the South Central Region Men's Athlete of the Year for his effort.

Overall, Winget's athletes established 36 indoor and 29 outdoor performances that rank among TCU's all-time top-10, with three being school records.

Winget also helped his athletes achieve academic success as he mentored 41 MWC Scholar-Athletes and two Academic All-Americans. In addition, his cross country squad earned multiple USTFCCA All-Academic Team honors and NCAA Public Recognition Awards.

Prior to his stint at TCU, Winget was the head men's and women's cross country and track & field coach at Northwood University in Cedar Hill, Texas (1996-2004). While at Northwood, Winget was named the NAIA Regional Coach of the Year eight times. His teams won 16 conference titles and six regional cross country championships. Winget coached one national champion, 11 athletes who earned 19 All-America awards and 78 conference champions. Winget expanded his role at Northwood from 2000-04 when he served as the school's athletic director.

Winget was also an assistant coach at Baylor University (1995-96) and the head boys' and girls' cross country/track & field coach at Ferris High School (2004-07). He began his coaching career as an assistant at Abilene Christian University.

Winget, who graduated from Abilene Christian with a Bachelor of Science degree in physical education (1994), was the captain of the Wildcat track & field team that won the 1993 NCAA Division II title. He was an NCAA qualifier in the 1500m, an all-region performer in cross country and earned four all-conference awards. Winget went on to complete a Master of Science degree in human performance at Baylor (1996).



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# BEACH HISTORY & RECORDS



## **WILLIE ALEXANDER**

*Three-Time All-American*

*Three-Time NCAA Championship Qualifier*

*Eight-Time NCAA West Preliminary Qualifier*

*2015 & 2016 Big West Men's Field Athlete of the Year*

*2016 Big West Men's Athlete of the Meet*

*11-Time All-Big West Performer*

*2013 Big West Men's Freshman of the Year*

NCAA TEAM FINISHES

| MEN                  |           |        | WOMEN           |        |        |
|----------------------|-----------|--------|-----------------|--------|--------|
| Indoor Results       |           |        | Indoor Results  |        |        |
| Year                 | Place     | Points | Year            | Place  | Points |
| 1965                 | T-18th    | 4      | 1998            | T-33rd | 6      |
| 1972                 | T-47th    | 1      | 2000            | T-47th | 3      |
| 1976                 | T-7th     | 10     |                 |        |        |
| 1977                 | T-15th    | 6      | Outdoor Results |        |        |
| 1997                 | 23rd      | 10     | Year            | Place  | Points |
| 1998                 | T-45th    | 4      | 1982            | T-17th | 20     |
| 1999                 | T-46th    | 2.5    | 1983            | T-33rd | 12     |
|                      |           |        | 1984            | T-56th | 5.5    |
| Outdoor Results      |           |        | 1990            | T-47th | 4      |
| (• College Division) |           |        | 1992            | T-59th | 1      |
| Year                 | Place     | Points | 1995            | T-47th | 3      |
| 1963 •               | 7th       | 22     | 2000            | T-66th | 1      |
| 1964                 | 17th      | 11     | 2001            | T-54th | 3.5    |
| 1964 •               | 2nd       | 57     | 2007            | T-64th | 2      |
| 1965                 | 8th       | 25     | 2011            | T-66th | 1      |
| 1966                 | T-24th    | 8      |                 |        |        |
| 1966 •               | 2nd       | 56     |                 |        |        |
| 1967 •               | CHAMPIONS | 77     |                 |        |        |
| 1968                 | T-35th    | 6      |                 |        |        |
| 1970                 | T-46th    | 2      |                 |        |        |
| 1971                 | T-22nd    | 8      |                 |        |        |
| 1973                 | T-43rd    | 4      |                 |        |        |
| 1974                 | T-42nd    | 4      |                 |        |        |
| 1975                 | T-12th    | 15     |                 |        |        |
| 1976                 | 11th      | 18     |                 |        |        |
| 1977                 | T-42nd    | 2      |                 |        |        |
| 1978                 | T-35th    | 2      |                 |        |        |
| 1981                 | T-43rd    | 2      |                 |        |        |
| 1982                 | T-53rd    | 9      |                 |        |        |
| 1983                 | T-48th    | 9      |                 |        |        |
| 1995                 | T-65th    | 2      |                 |        |        |
| 1997                 | T-53rd    | 4      |                 |        |        |
| 1998                 | 17th      | 13     |                 |        |        |
| 1999                 | T-31st    | 6      |                 |        |        |
| 2004                 | T-60th    | 2      |                 |        |        |
| 2006                 | T-16th    | 14     |                 |        |        |
| 2007                 | T-45th    | 5      |                 |        |        |
| 2008                 | T-31st    | 8      |                 |        |        |
| 2014                 | T-24th    | 10     |                 |        |        |
| 2019                 | T-55th    | 2      |                 |        |        |
| 2021                 | T-50th    | 3      |                 |        |        |

OLYMPIANS

| Year | Athlete               | Event                    |
|------|-----------------------|--------------------------|
| 1960 | Bob Soth              | 5,000m                   |
| 1964 | John Rambo            | High Jump - Bronze       |
| 1968 | Tracy Smith           | 10,000m                  |
| 1972 | Dwight Stones         | High Jump - Bronze       |
| 1972 | Steve Smith           | Pole Vault               |
| 1972 | Francie Larrieu       | 1500m                    |
| 1972 | Kate Schmidt          | Javelin - Bronze         |
| 1972 | George Frenn          | Hammer Throw             |
| 1972 | Andrea Lynch          | Sprints (England)        |
| 1976 | Dwight Stones         | High Jump - Bronze       |
| 1976 | Don Baird             | Pole Vault (Australia)   |
| 1976 | Ray Dupree            | Triple Jump              |
| 1976 | Brian Saunders        | 400m                     |
| 1976 | Francie Larrieu       | 1500m                    |
| 1976 | Andrea Lynch          | Sprints (England)        |
| 1976 | Kate Schmidt          | Javelin - Bronze         |
| 1976 | Sherron Walker        | Long Jump                |
| 1976 | Larry Hart            | Hammer Throw             |
| 1976 | Joni Huntley          | High Jump                |
| 1976 | Mark Lutz             | 200m                     |
| 1984 | Bill Green            | Hammer Throw             |
| 1984 | Dwight Stones         | High Jump                |
| 1984 | Oswaldo Zea           | 400m Hurdles (Venezuela) |
| 1984 | Joni Huntley          | High Jump - Bronze       |
| 1984 | Ramona Pagel          | Shot Put                 |
| 1984 | Phillip Pipersburg    | 400m                     |
| 1984 | Brian Saunders        | 4x400m (Canada)          |
| 1988 | Ramona Pagel          | Shot Put, Discus         |
| 1988 | Francie Larrieu-Smith | 1,500m                   |
| 1992 | Francie Larrieu-Smith | Marathon                 |
| 1992 | Ramona Pagel          | Shot Put                 |
| 1996 | Ramona Pagel          | Shot Put                 |
| 2000 | Jamie Barragan        | 100m (Mexico)            |
| 2004 | Liz Guerrini          | 5,000m (El Salvador)     |
| 2012 | Kenneth Medwood       | 400m Hurdles (Belize)    |

*Bold indicates Olympic medalist*

NCAA CHAMPIONS

OUTDOOR CHAMPIONS INDOOR CHAMPIONS

| Year   | Athlete        | Event     | Year | Athlete       | Event      |
|--------|----------------|-----------|------|---------------|------------|
| 1963 • | Ralph Lee      | 800m      | 1976 | Dwight Stones | High Jump  |
|        |                | 1:50.80   |      |               | 7-03       |
| 1964 • | Bill Crowley   | 1500m     | 1977 | Don Baird     | Pole Vault |
|        |                | 4:11.50   |      |               | 17-04      |
| 1964 • | John Rambo     | High Jump | 1997 | Jason Hinkin  | Pole Vault |
|        |                | 6-10.75   |      |               | 18-06.50   |
| 1964   | John Rambo     | High Jump |      |               |            |
|        |                | 7-00.50   |      |               |            |
| 1965 • | George Lacey   | Steeple   |      |               |            |
|        |                | 10:04.80  |      |               |            |
| 1966 • | Walt Clements  | 110H      |      |               |            |
|        |                | 14.50     |      |               |            |
| 1967 • | Walt Clements  | 110H      |      |               |            |
|        |                | 14.10     |      |               |            |
| 1967 • | Bob Mills      | High Jump |      |               |            |
|        |                | 6-06      |      |               |            |
| 1967 • | Jim Hannefield | Shot Put  |      |               |            |
|        |                | 58-05.75  |      |               |            |
| 1975   | Keith Goldie   | Javelin   |      |               |            |
|        |                | 250-02    |      |               |            |
| 1976   | Dwight Stones  | High Jump |      |               |            |
|        |                | 7-07      |      |               |            |

• College Division



WALTER CLEMENTS

Clements was a two-time College Division national champion in the 110-meter hurdles.



RALPH LEE

Lee was the first LBSU NCAA champion, winning the 800-meter run in 1963.



DWIGHT STONES

Stones was the indoor and outdoor high jump national champion in 1976.



JOHN RAMBO

Rambo was the 1964 College and Division I champion in the high jump.

## MEN'S OUTDOOR

| Year  | Place | Points |
|-------|-------|--------|
| 1955  | 6th   | --     |
| 1956  | 6th   | --     |
| 1957  | 6th   | --     |
| 1958  | 5th   | --     |
| 1959  | 4th   | --     |
| 1960  | 3rd   | --     |
| 1961  | 2nd   | --     |
| 1962  | 1st   | --     |
| 1963  | 2nd   | --     |
| 1964  | 2nd   | --     |
| 1965  | 1st   | --     |
| 1966  | 2nd   | --     |
| 1967  | 3rd   | --     |
| 1968  | 6th   | --     |
| 1969  | 3rd   | --     |
| 1970  | 2nd   | 55     |
| 1971  | 1st   | 82     |
| 1972  | 1st   | 151    |
| 1973  | 2nd   | 113    |
| 1974  | 3rd   | 98     |
| 1975  | 2nd   | 90.5   |
| 1976  | 1st   | 112.5  |
| 1977  | 2nd   | 95.5   |
| 1978  | 2nd   | 76.5   |
| 1979  | 3rd   | 43     |
| 1980  | 2nd   | 65     |
| 1981  | 4th   | 52     |
| 1982  | 5th   | 31     |
| 1983  | T-3rd | 119    |
| 1984  | 3rd   | 88     |
| 1985  | 5th   | 57.5   |
| 1986  | 3rd   | 76     |
| 1987  | 6th   | 49     |
| 1988  | 3rd   | 88     |
| 1989  | 3rd   | 120    |
| 1990  | 2nd   | 120    |
| 1991  | 3rd   | 110    |
| 1992  | 4th   | 49     |
| 1993  | 4th   | 46     |
| 1994  | 5th   | 47     |
| 1995  | 2nd   | 157    |
| 1996  | 2nd   | 149    |
| 1997  | 5th   | 67     |
| 1998  | 5th   | 57.5   |
| 1999  | 6th   | 88.33  |
| 2000  | 7th   | 70.50  |
| 2001  | 7th   | 70.50  |
| 2002  | 5th   | 94     |
| 2003  | 5th   | 81     |
| 2004  | 5th   | 85     |
| 2005  | 6th   | 87.50  |
| 2006  | 1st   | 195.50 |
| 2007  | 4th   | 146.5  |
| 2008  | 1st   | 185    |
| 2009  | 4th   | 109    |
| 2010  | 2nd   | 145    |
| 2011  | 1st   | 177.5  |
| 2012  | 2nd   | 150    |
| 2013  | 1st   | 176.5  |
| 2014  | 1st   | 218.5  |
| 2015  | 1st   | 185    |
| 2016  | 1st   | 176    |
| 2017  | 3rd   | 121    |
| 2018  | 2nd   | 136.5  |
| 2019  | 1st   | 169.5  |
| 2020* | N/A   | -      |
| 2021  | 3rd   | 157    |

\*2020 season cut short due to COVID-19

- The Big West Conference (outdoor) was formed in 1969-70 as the Pacific Coast Athletic Association (PCAA), and

## MEN'S INDOOR

changed its name to the Big West in 1988.

| Year | Place | Points |
|------|-------|--------|
| 1996 | 8th   | 46.5   |
| 1997 | 10th  | 17.5   |
| 1998 | 10th  | 18.5   |
| 1999 | 7th   | 44     |
| 2000 | 7th   | 44     |
| 2001 | 7th   | 50     |
| 2002 | 9th   | 27     |
| 2003 | 10th  | 6      |
| 2004 | 12th  | 10     |
| 2005 | 10th  | 17     |
| 2006 | 8th   | 45     |
| 2007 | 8th   | 50     |
| 2008 | 10th  | 28.5   |
| 2009 | 10th  | 14     |
| 2010 | 10th  | 16     |
| 2011 | 9th   | 20     |
| 2012 | 9th   | 31     |
| 2013 | 11th  | 16     |
| 2014 | 11th  | 8.5    |
| 2015 | 12th  | 21     |
| 2016 | 11th  | 20.5   |
| 2017 | 11th  | 30.5   |
| 2018 | 11th  | 22     |
| 2019 | 11th  | 35     |
| 2020 | 12th  | 21     |
| 2021 | N/A   | --     |

- Indoor results for MPSF

## WOMEN'S OUTDOOR

| Year  | Place | Points |
|-------|-------|--------|
| 1977  | 2nd   | --     |
| 1978  | 1st   | --     |
| 1979  | 4th   | --     |
| 1980  | 6th   | --     |
| 1981  | 6th   | --     |
| 1982  | 5th   | --     |
| 1983  | 6th   | --     |
| 1984  | 6th   | --     |
| 1985  | 8th   | --     |
| 1986  | 7th   | 34     |
| 1987  | 5th   | 79     |
| 1988  | 5th   | 73     |
| 1989  | 5th   | 49     |
| 1990  | 5th   | 59     |
| 1991  | 4th   | 78     |
| 1992  | 8th   | 19.33  |
| 1993  | 3rd   | 106    |
| 1994  | 5th   | 50     |
| 1995  | 6th   | 67     |
| 1996  | 6th   | 61     |
| 1997  | 7th   | 50     |
| 1998  | 9th   | 23     |
| 1999  | 4th   | 105.50 |
| 2000  | 7th   | 36.50  |
| 2001  | 8th   | 45.50  |
| 2002  | 6th   | 78     |
| 2003  | 6th   | 64     |
| 2004  | 5th   | 100    |
| 2005  | 3rd   | 138    |
| 2006  | 3rd   | 152    |
| 2007  | 3rd   | 129    |
| 2008  | 4th   | 110.5  |
| 2009  | 8th   | 61.50  |
| 2010  | 7th   | 53     |
| 2011  | 4th   | 98.5   |
| 2012  | 3rd   | 113    |
| 2013  | 5th   | 75     |
| 2014  | 4th   | 73.5   |
| 2015  | 7th   | 52     |
| 2016  | 4th   | 110    |
| 2017  | 4th   | 104.7  |
| 2018  | 1st   | 122    |
| 2019  | 6th   | 94     |
| 2020* | N/A   | -      |
| 2021  | 6th   | 51     |

\*2020 season cut short due to COVID-19

## WOMEN'S INDOOR

- The LBSU women's program became a member of the Big West Conference in 1986.

| Year | Place | Points |
|------|-------|--------|
| 1996 | 10th  | 16     |
| 1997 | 12th  | 13     |
| 1998 | 10th  | 17     |
| 1999 | 11th  | 21     |
| 2000 | 11th  | 21     |
| 2001 | 11th  | 9      |
| 2002 | 8th   | 15     |
| 2003 | 10th  | 12     |
| 2004 | 11th  | 10     |
| 2005 | 10th  | 9.50   |
| 2006 | 9th   | 9      |
| 2007 | 9th   | 15     |
| 2008 | 10th  | 6      |
| 2009 | 10th  | 14     |
| 2010 | 10th  | 7.5    |
| 2011 | 11th  | 4      |
| 2012 | 13th  | 9      |
| 2013 | 14th  | 2      |
| 2014 | 17th  | 3      |
| 2015 | 12th  | 13     |
| 2016 | 13th  | 11     |
| 2017 | 14th  | 12     |
| 2018 | 14th  | 8      |
| 2019 | 9th   | 22     |
| 2020 | --    | --     |
| 2021 | N/A   | --     |

- Indoor results for MPSF

## Men's Outdoor All-Americans

| Year | Athlete                                                                       | Event               | Finish       |
|------|-------------------------------------------------------------------------------|---------------------|--------------|
| 1963 | <b>Ralph Lee</b>                                                              | <b>800m</b>         | <b>1st •</b> |
| 1964 | <b>Bill Crowley</b>                                                           | <b>Mile Run</b>     | <b>1st •</b> |
| 1964 | George Frenn                                                                  | Hammer Throw        | 6th          |
| 1964 | <b>John Rambo</b>                                                             | <b>High Jump</b>    | <b>1st •</b> |
| 1964 | <b>John Rambo</b>                                                             | <b>High Jump</b>    | <b>1st •</b> |
| 1965 | <b>George Lacey</b>                                                           | <b>Steeplechase</b> | <b>1st •</b> |
| 1966 | <b>Walt Clements</b>                                                          | <b>110m Hurdles</b> | <b>1st •</b> |
| 1966 | Walt Clements                                                                 | 110m Hurdles        | 3rd          |
| 1966 | Gary Ordway                                                                   | Discus              | 5th          |
| 1967 | <b>Walt Clements</b>                                                          | <b>110m Hurdles</b> | <b>1st •</b> |
| 1967 | <b>Jim Hannefield</b>                                                         | <b>Shot Put</b>     | <b>1st •</b> |
| 1967 | <b>Bob Mills</b>                                                              | <b>High Jump</b>    | <b>1st •</b> |
| 1970 | Gary Jones, James Love,<br>Dan Moore, Clarence Palmer                         | 440 Yard Relay      | 4th          |
| 1970 | Clarence Palmer                                                               | 440 Yard            | 8th          |
| 1971 | Dan Moore, Clarence Palmer,<br>Dennis Ruby, Wayne Stevenson                   | 440 Yard Relay      | 2nd          |
| 1972 | Terry Metcalf                                                                 | Long Jump           | 8th          |
| 1972 | Dan Moore, Clarence Palmer,<br>Others unknown                                 | 440 Yard Relay      | N/A          |
| 1975 | Don Baird                                                                     | Pole Vault          | 3rd          |
| 1975 | <b>Keith Goldie</b>                                                           | <b>Javelin</b>      | <b>1st</b>   |
| 1975 | Albert Shorts                                                                 | 440 Yard            | 4th          |
| 1975 | Milt Turner                                                                   | Low Hurdles         | 6th          |
| 1976 | Don Baird                                                                     | Pole Vault          | 2nd          |
| 1976 | <b>Dwight Stones</b>                                                          | <b>High Jump</b>    | <b>1st</b>   |
| 1976 | Hubert Beasley, David Lizardi,<br>Greg Magee, Brian Saunders,<br>Vince Taylor | 1600m Relay         | 6th          |
| 1978 | Craig Wilson                                                                  | Pole Vault          | 5th          |
| 1981 | Bill Green                                                                    | Hammer Throw        | 4th          |
| 1981 | Mike Smith                                                                    | Shot Put            | 8th          |
| 1982 | Bill Green                                                                    | Hammer Throw        | 4th          |
| 1983 | Bill Green                                                                    | Hammer Throw        | 4th          |
| 1995 | Jason Hinkin                                                                  | Pole Vault          | 7th          |
| 1997 | Jason Hinkin                                                                  | Pole Vault          | 5th          |
| 1998 | Jason Hinkin                                                                  | Pole Vault          | 4th          |
| 1998 | Borya Celentano                                                               | Pole Vault          | 2nd          |
| 1999 | Borya Celentano                                                               | Pole Vault          | 3rd          |
| 2002 | Jon O'Neil                                                                    | Shot Put            | 13th         |
| 2004 | Doug Lefler                                                                   | Javelin             | 7th          |
| 2006 | Chris Richardson                                                              | Decathlon           | 3rd          |
| 2006 | John Temidara                                                                 | Triple Jump         | 3rd          |
| 2006 | Ronald Carter                                                                 | Triple Jump         | 7th          |
| 2007 | Brent Gray                                                                    | 200m                | 4th          |
| 2008 | Brent Gray                                                                    | 200m                | 5th          |
| 2008 | Chris Richardson                                                              | Decathlon           | 5th          |
| 2011 | Colin Dunbar                                                                  | Hammer              | 11th         |
| 2011 | Nicholas Armstrong                                                            | Decathlon           | 18th         |
| 2011 | Colin Dunbar                                                                  | Discus              | 21st         |
| 2012 | Ben Woodruff                                                                  | Javelin             | 19th         |
| 2013 | Willie Alexander                                                              | Long Jump           | 19th         |
| 2014 | Willie Alexander                                                              | Long Jump           | 2nd          |
| 2014 | Chris Low                                                                     | 800m                | 7th          |
| 2014 | Chris Enriquez                                                                | 10000m              | 20th         |
| 2015 | Willie Alexander                                                              | Triple Jump         | ---          |
| 2015 | Cameron Glasgow                                                               | 400m                | 18th         |
| 2015 | Chris Low                                                                     | 800m                | 19th         |
| 2015 | Michael Montgomery                                                            | Pole Vault          | ---          |
| 2015 | Michael Perez-Rogers                                                          | 4x400m Relay        | 19th         |
|      | Cameron Glasgow                                                               | 4x400m Relay        | 19th         |
|      | Dylan McCloskey                                                               | 4x400m Relay        | 19th         |
|      | Jahmani Lockett                                                               | 4x400m Relay        | 19th         |
| 2016 | Robert Marlow                                                                 | Hammer              | 24th         |
| 2017 | Vincent Calhoun                                                               | Long Jump           | T-19th       |
| 2018 | Saladin Nasser                                                                | Long Jump           | 18th         |
| 2018 | Jason Smith                                                                   | Long Jump           | 20th         |
| 2019 | Kemonie Briggs                                                                | Long Jump           | 7th          |
| 2019 | Raleigh Adams                                                                 | 110m Hurdles        | T21st        |
| 2021 | Aaron Booth                                                                   | Decathlon           | 6th          |
| 2021 | Jason Smith                                                                   | Long Jump           | 9th          |
| 2021 | Jason Smith                                                                   | High Jump           | 10th         |

## Men's Indoor All-Americans

| Year | Athlete              | Event                 | Finish     |
|------|----------------------|-----------------------|------------|
| 1976 | Don Baird            | Pole Vault            | 2nd        |
| 1976 | <b>Dwight Stones</b> | <b>High Jump</b>      | <b>1st</b> |
| 1976 | Gregory Magee        | Triple Jump/Long Jump | N/A        |
| 1977 | Gregory Magee        | Triple Jump/Long Jump | N/A        |
| 1977 | <b>Don Baird</b>     | <b>Pole Vault</b>     | <b>1st</b> |
| 1977 | <b>Jason Hinkin</b>  | <b>Pole Vault</b>     | <b>1st</b> |
| 1998 | Jason Hinkin         | Pole Vault            | 5th        |
| 1999 | Borya Celentano      | Pole Vault            | 6th        |
| 2007 | Ronald Carter        | Triple Jump           | 4th        |
| 2007 | Jimmy Grabow         | 5000m                 | 11th       |
| 2009 | Brent Gray           | 200m                  | 6th        |
| 2012 | Matt Maldonado       | Mile                  | 12th       |
| 2017 | James Hubbard        | Weight Throw          | 15th       |
| 2019 | Kemonie Briggs       | Long Jump             | 14th       |
| 2020 | Jason Smith          | Long Jump/High Jump   | N/A        |

## Women's Outdoor All-Americans

| Year | Athlete                | Event             | Finish |
|------|------------------------|-------------------|--------|
| 1976 | Fern Simon             | High Jump         | 6th    |
| 1977 | Emily Dole             | Shot Put          | 6th    |
| 1977 | Andrea Lynch           | 100m              | 2nd    |
| 1977 | Andrea Lynch           | 200m              | 2nd    |
| 1978 | Keri Camarigg          | Javelin           | 4th    |
| 1978 | Emily Dole             | Shot Put          | 4th    |
| 1978 | Sherron Walker         | Long Jump         | 5th    |
| 1979 | Keri Camarigg          | Long Jump         | 5th    |
| 1979 | Keri Camarigg          | Javelin           | 3rd    |
| 1979 | Sherron Walker         | Long Jump         | 6th    |
| 1980 | Jacque Nelson          | Javelin           | 1st    |
| 1981 | Ramona Pagel           | Shot Put          | 7th    |
| 1982 | Faye Paige             | 400 Meter Hurdles | 3rd    |
| 1982 | Annie MCelroy          | Shot Put          | 8th    |
| 1982 | Ramona Pagel           | Shot Put          | 7th    |
| 1983 | Peggy Pollock          | Shot Put          | 2nd    |
| 1984 | Shelly Fehrman         | High Jump         | 7th    |
| 1990 | Jennifer Bessel        | 5000m             | 5th    |
| 1991 | Ami Ice                | Heptathlon        | 11th   |
| 1992 | Lori Svoboda           | High Jump         | 8th    |
| 1994 | Le'Gretta Hinds        | 400m Hurdles      | 10th   |
| 1995 | Le'Gretta Hinds        | 400m Hurdles      | 6th    |
| 1996 | Kristy Kierulff        | High Jump         | 9th    |
| 2000 | Tayyiba Haneef         | High Jump         | 7th    |
| 2001 | Tayyiba Haneef         | High Jump         | T-5th  |
| 2007 | Kim Heinz              | Javelin           | 7th    |
| 2010 | Randi Hicks            | Javelin           | 12th   |
| 2011 | Randi Hicks            | Javelin           | 8th    |
| 2012 | Katrina Graves-Johnson | High Jump         | 21st   |
| 2016 | Riley Cooks            | Heptathlon        | 20th   |
| 2016 | Fatima Vergara         | Hammer            | 23rd   |
| 2017 | Riley Cooks            | Heptathlon        | 15th   |
| 2018 | Ashleigh Chambers      | 4x100m Relay      | 18th   |
|      | Courtne' Davis         | 4x100m Relay      | 18th   |
|      | Madison Golden         | 4x100m Relay      | 18th   |
|      | Azaria Hill            | 4x100m Relay      | 18th   |
| 2019 | Courtne' Davis         | 100m              | 18th   |
| 2019 | Bria Palmer            | High Jump         | 19th   |

## Women's Indoor All-Americans

| Year | Athlete                | Event      | Finish |
|------|------------------------|------------|--------|
| 1998 | Marylou Badillo        | Pole Vault | 3rd    |
| 2000 | Tayyiba Haneef         | High Jump  | 6th    |
| 2012 | Katrina Graves-Johnson | High Jump  | T16th  |

• College Division

**Bold** indicates national champion

## NCAA CHAMPIONSHIP PERFORMANCES (Sythe Era - Since 1990)

## Outdoor Performers

|      |                                                            |
|------|------------------------------------------------------------|
| 1990 | Jennifer Bessell (5000m - 5th, 16:16.82)                   |
| 1990 | Celeste Paquette (Discus)                                  |
| 1990 | Lori Svoboda (High Jump)                                   |
| 1991 | Derek Pye (110m High Hurdles)                              |
| 1991 | Ami Ice (Heptathlon - 11th, 5,175)                         |
| 1992 | Lori Svoboda (High Jump - 8th, 5-10.5)                     |
| 1994 | Le'Gretta Hinds (400m Hurdles - 11th, 58.94)               |
| 1994 | Le'Gretta Hinds (100m Hurdles)                             |
| 1995 | Jason Hinkin (Pole Vault - 7th, 17-4.5)                    |
| 1995 | Jaime Barragan (100m)                                      |
| 1995 | Jaime Barragan (200m)                                      |
| 1995 | Le'Gretta Hinds (400m Hurdles - 6th, 57.58)                |
| 1995 | Le'Gretta Hinds (100m Hurdles)                             |
| 1996 | Detric Cofield (Long Jump - 16th, 25-9.25)                 |
| 1996 | Kristy Kierulff (High Jump - 9th, 5-10.5)                  |
| 1996 | Le'Gretta Hinds (400m Hurdles)                             |
| 1996 | Le'Gretta Hinds (100m Hurdles)                             |
| 1996 | Kirran Moss (Hammer Throw)                                 |
| 1997 | Jason Hinkin (Pole Vault - 5th, 17-8.5)                    |
| 1997 | Asa Carlsson (400m Hurdles)                                |
| 1998 | Borya Celantano (Pole Vault - 2nd, 18-2.5)                 |
| 1998 | Jason Hinkin (Pole Vault - 4th, 17-10.5)                   |
| 1999 | Borya Celantano (Pole Vault - 3rd, 17-10.5)                |
| 1999 | Jon O'Neil (Discus)                                        |
| 1999 | Marion Reneau (Heptathlon)                                 |
| 1999 | Lewis Young (400m)                                         |
| 2000 | Borya Celantano (Pole Vault)                               |
| 2000 | Tayyiba Haneef (High Jump - 7th, 5-11.25)                  |
| 2001 | Tayyiba Haneef (High Jump - T5th, 5-11.25)                 |
| 2001 | Connie Jerz (Pole Vault)                                   |
| 2002 | Jon O'Neil (Shot Put, 61-03)                               |
| 2002 | Emily Forsythe (High Jump)                                 |
| 2002 | Connie Jerz (Pole Vault)                                   |
| 2002 | Cory Loebl (Discus)                                        |
| 2002 | Jon O'Neil (Discus)                                        |
| 2004 | Ami Goldhammer (Javelin)                                   |
| 2004 | Doug Lefler (Javelin - 7th, 236-02)                        |
| 2004 | John Temidara (High Jump)                                  |
| 2005 | Haben Hagos (High Jump)                                    |
| 2005 | Ronald Carter (Triple Jump)                                |
| 2006 | Kim Heinz (Javelin)                                        |
| 2006 | Emily Forsythe (High Jump)                                 |
| 2006 | Chris Richardson (Decathlon - 3rd, 7573)                   |
| 2006 | John Temidara (Triple Jump - 3rd, 53-3.75)                 |
| 2006 | John Temidara (High Jump)                                  |
| 2006 | Ronald Carter (Triple Jump - 7th, 51-11.25)                |
| 2007 | Brent Gray (200m - 4th, 20.96)                             |
| 2007 | Kim Heinz (Javelin - 7th, 169-04)                          |
| 2007 | Brent Gray (100m)                                          |
| 2007 | Jennifer Onyeagbako (Discus)                               |
| 2007 | Tyson Gray (Javelin)                                       |
| 2007 | Jill Reynolds (Pole Vault)                                 |
| 2007 | Women's 4x100m Relay<br>(Howell, Branker, Winfield, White) |
| 2008 | Brent Gray (200m - 5th, 20.88)                             |
| 2008 | Chris Richardson (Decathlon - 5th, 7594)                   |
| 2008 | Katelyn Ciarelli (Discus)                                  |
| 2008 | Brent Gray (100m)                                          |
| 2008 | Men's 4x100m Relay<br>(Goldberg, Gray, Caesar, Fowler)     |
| 2009 | Kenneth Medwood (400m Hurdles)                             |
| 2010 | Randi Hicks (Javelin - 12th, 157-08)                       |
| 2010 | Alex Shaw (Javelin)                                        |
| 2010 | Kenneth Medwood (400m Hurdles)                             |
| 2011 | Randi Hicks (Javelin - 8th, 161-02)                        |
| 2011 | Colin Dunbar (Hammer - 11th, 212-03)                       |
| 2011 | Nicholas Armstrong (Decathlon - 18th, 7374)                |
| 2011 | Colin Dunbar (Discus - 21st, 171-03)                       |
| 2012 | Ben Woodruff (Javelin - 19th, 221-10)                      |

|      |                                                                                  |
|------|----------------------------------------------------------------------------------|
| 2012 | Katrina Graves-Johnson (High Jump - 21st, 5-08.75)                               |
| 2013 | Willie Alexander (Long Jump - 19th)                                              |
| 2014 | Willie Alexander (Long Jump - 2nd, 25-04.25)                                     |
| 2014 | Chris Low (800m - 7th, 1:48.28)                                                  |
| 2014 | Chris Enriquez (10000m - 20th, 30:48.7)                                          |
| 2015 | Willie Alexander (Triple Jump)                                                   |
| 2015 | Cameron Glasgow (400m - 18th, 46.72)                                             |
| 2015 | Chris Low (800m - 19th, 1:49.72)                                                 |
| 2015 | Michael Montgomery (Pole Vault)                                                  |
| 2015 | Men's 4x400 Relay<br>(McCloskey, Glasgow, Perez-Rogers, Lockett - 19th, 3:09.67) |
| 2016 | Robert Marlow (Hammer - 24th, 197-06)                                            |
| 2016 | Riley Cooks (Heptathlon - 20th, 5,372)                                           |
| 2016 | Fatima Vergara (Hammer - 23rd, 183-11)                                           |
| 2017 | Riley Cooks (Heptathlon - 15th, 5,256)                                           |
| 2017 | Vincent Calhoun (High Jump - T-19th, 6-09.75)                                    |
| 2018 | Saladin Nasser (Long Jump - 18th, 24-06.5)                                       |
| 2018 | Jason Smith (Long Jump - 20th, 24-04.25)                                         |
| 2018 | Women's 4x100m Relay<br>Golden, Hill, Chambers Davis - 18th, 44.59)              |
| 2019 | Kemonie Briggs (Long Jump - 7th, 7.87m)                                          |
| 2019 | Raleigh Adams (110m Hurdles - T21st, DNF)                                        |
| 2019 | Bria Palmer (High Jump - T19th, 1.75m)                                           |
| 2019 | Courtne' Davis (100m - T18, 11.42)                                               |
| 2021 | Aaron Booth (Decathlon - 6th, 7644)                                              |
| 2021 | Jason Smith (Long Jump - 9th, 25-2.5)                                            |
| 2021 | Jason Smith (High Jump - 10th, 7-2.5)                                            |

## Indoor Performers

|      |                                                     |
|------|-----------------------------------------------------|
| 1996 | Le'Gretta Hinds (55-Meter Hurdles)                  |
| 1997 | Jason Hinkin (Pole Vault - Champion, 18-06.5)       |
| 1997 | Lewis Young (400m)                                  |
| 1997 | Kristy Kierulff (High Jump)                         |
| 1998 | Jason Hinkin (Pole Vault - 5th, 17-10.5)            |
| 1998 | Marylou Badillo (Pole Vault - 3rd, 12-07.5)         |
| 1999 | Borya Celantano (Pole Vault - 6th, 17-10.5)         |
| 2000 | Tayyiba Haneef (High Jump - 6th, 5-11.5)            |
| 2001 | Tayyiba Haneef (High Jump)                          |
| 2002 | Connie Jerz (Pole Vault)                            |
| 2002 | Jon O'Neil (Shot Put)                               |
| 2005 | John Temidara (High Jump)                           |
| 2006 | John Temidara (High Jump)                           |
| 2007 | Ronald Carter (Triple Jump - 4th)                   |
| 2007 | Jimmy Grabow (5000m - 11th)                         |
| 2008 | Brent Gray (200m)                                   |
| 2009 | Brent Gray (200m - 6th)                             |
| 2012 | Katrina Graves-Johnson (High Jump - T16th, 5-08.75) |
| 2012 | Matt Maldonado (Mile - 12th, 4:07.60)               |
| 2017 | James Hubbard (Weight Throw - 15th, 20.11m)         |
| 2019 | Kemonie Briggs (Long Jump - 14th, 7.45m)            |
| 2020 | Jason Smith (Long Jump - Qualified, Event Canceled) |
| 2020 | Jason Smith (High Jump - Qualified, Event Canceled) |

## 2003 (14)

Ronald Carter (Triple Jump)  
Shannon Daniels (Hammer)  
Haben Hagos (High Jump)  
Steve Holland (Hammer)  
Gladys Iwuaba (Triple Jump)  
Christina Lee (Pole Vault)  
Cory Loeb (Hammer, Shot Put, Discus)  
Frank Rodriguez (Javelin)  
Adrian Ruark (Pole Vault)  
Stephanie Sampson (Discus, Hammer)  
Jennifer Yadon (Steeplechase)

## 2004 (19)

Sean Blanford (Javelin)  
Serena Boykin (Discus, Shot Put)  
Katelyn Ciarelli (Discus)  
Emily Forsythe (High Jump)  
**Ami Goldhammer (Javelin-5th)**  
Haben Hagos (High Jump)  
Kim Heinz (Javelin)  
Steve Holland (Hammer)  
Megan Irey (Triple Jump)  
**Doug Lefler (Javelin-1st)**  
Michelle Pequignot (Discus)  
Kristina Price (Discus)  
Stephanie Sampson (Discus, Hammer)  
Shingo Suzumura (110 Hurdles)  
**John Temidara (High Jump-5th, Triple Jump)**  
Jennifer Yadon (Steeplechase)

## 2005 (22)

Serena Boykin (Shot Put)  
Katelyn Ciarelli (Discus)  
Ed Cornell (Hammer)  
Emily Forsythe (High Jump)  
Ami Goldhammer (Javelin)  
**Haben Hagos (High Jump-T4th, Triple Jump)**  
Kim Heinz (Javelin)  
Steve Holland (Hammer)  
Robert Jennings (Discus, Hammer)  
Andrew Julius (Hammer)  
Ezra Kwong (Discus, Shot Put)  
Charles Lewis (400m)  
Tyler McCoy (Javelin)  
Kristina Price (Shot Put)  
David Sampson (Shot Put)  
Dan Trautner (High Jump)  
Samantha Young (Javelin)  
**4x100m Relay - Women (5th)**  
**(Deardorff, Branker, Smith, White)**  
**4x400m Relay - Women (4th)**  
**(Winfield, Fairweather, White, Deardorff)**

## 2006 (21)

**Ronald Carter (Triple Jump-1st)**  
**Emily Forsythe (High Jump-4th)**  
**Kim Heinz (Javelin-4th)**  
**Charles Lewis (400m-7th)**  
Katelyn Ciarelli (Discus)  
Mario Cobia (800m)  
Ed Cornell (Discus)  
Robert Jennings (Discus, Hammer)  
Tyler McCoy (Javelin)  
Jill Reynolds (Pole Vault)  
Chris Richardson (Decathlon, Javelin, Long Jump)  
**David Sampson (Shot Put-5th, Discus)**  
Alex Shaw (Javelin)  
**John Temidara (High Jump-4th, Triple Jump-3rd)**  
Ludi Valdez (5000m)  
**4x400m Relay - Men (8th)**  
**(Lewis, Fowler, Gomez, Holley)**

## 2007 (21)

**Jessica Branker (100m-7th, 200m)**  
Erricka Fezell (100 Hurdles)  
Alex Freitas (800m)  
**Brent Gray (200m-1st, 100m-2nd)**  
Tyson Gray (Javelin-3rd)  
**Alex Goldberg (400m-8th)**  
**Kim Heinz (Javelin-4th)**  
Robert Jennings (Discus, Hammer)  
Ezra Kwong (Discus, Hammer, Shot Put)  
Jennifer Onyeagbako (Discus, Hammer)  
Jill Reynolds (Pole Vault)  
David Sampson (Discus)  
Alex Shaw (Javelin)  
**4x100m Relay - Women (2nd)**  
**(Winfield, Branker, Howell, White)**  
**4x400m Relay - Men (7th)**  
**(Holley, Goldberg, Gomez, Gray)**

## 2008 (26)

**Jessica Branker (100m-7th, 200m-6th)**  
**Katelyn Ciarelli (Discus-5th)**  
Alex Black (High Jump)  
Ed Cornell (Discus)  
Kelsey Caesar (400m)  
**Austin Fowler (100m-8th, 200m-8th)**  
**Alex Freitas (800m-6th)**  
**Brent Gray (100m-1st, 200m-1st)**  
Tyson Gray (Javelin)  
Robert Jennings (Discus, Hammer)  
Phylicia Johnson (100 Hurdles)  
Kristen Kiefer (400 Hurdles)  
Christopher Lawson (400 Hurdles)  
Miia Mobley (Triple Jump)  
Jill Reynolds (Pole Vault)  
**Chris Richardson (Javelin-3rd, Decathlon)**  
David Sampson (Discus)  
Alex Shaw (Javelin)  
**4x100m Relay - Men (3rd)**  
**(Goldberg, Gray, Caesar, Fowler)**  
**4x400m Relay - Men (7th)**  
**(Goldberg, Freitas, Caesar, Crawford)**  
**4x100m Relay - Women (6th)**  
**(Garrido, Branker, Mobley, White)**

## 2009 (13)

Missy Barclay (1500m)  
Alex Black (High Jump)  
Colin Dunbar (Hammer)  
Alex Freitas (800m)  
Carly Harris (Steeplechase)  
Rodney Hawkins (Triple Jump)  
Dylan Jaedtke (Steeplechase)  
Matt Maldonado (1500m)  
**Kenneth Medwood (400 Hurdles-5th, Long Jump)**  
Tayler O'Connor (High Jump)  
Nimrod Piggee (110m Hurdles)  
Patrick Smith (Javelin)

## 2010 (17)

Nicholas Armstrong (High Jump)  
Alisia Barajas (10000m)  
Alex Black (High Jump)  
Alex Freitas (800m)  
Katrina Graves-Johnson (High Jump)  
**Randi Hicks (Javelin-10th)**  
Kevin Jenkins (Triple Jump)  
Sam Jeter (400 Hurdles)  
Sara Macey (High Jump)  
Matt Maldonado (1500m)  
**Kenneth Medwood (400 Hurdles-5th, Long Jump)**  
Eric Nowell (Long Jump)  
Tayler O'Connor (High Jump)  
Nimrod Piggee (110 Hurdles)  
Cesar Puga (Discus)  
Jennifer Rodriguez (10000m)  
**Alex Shaw (Javelin-9th)**

## 2011 (14)

Nicholas Armstrong (Decathlon)  
Rajan Bains (Hammer)  
**Colin Dunbar (Hammer-4th, Discus-11th)**  
Katrina Graves-Johnson (High Jump)  
**Randi Hicks (Javelin-11th)**  
Koree Hines (110 Hurdles)  
Phylicia Johnson (Long Jump)  
Chris Lawson (400 Hurdles)  
Manny Nezier (Long Jump)  
Nimrod Piggee (110 Hurdles)  
Cesar Puga (Discus, Shot Put)  
Tara Ross (Javelin)  
Tyler Wallace (Pole Vault)  
Ben Woodruff (Javelin)

## 2012 (17)

Rosa Del Toro (1500m)  
Jessica Barnard (Steeplechase)  
Jacob Fraser (Discus)  
**Katrina Graves-Johnson (High Jump-12th)**  
Sara Macey (High Jump)  
Phylicia Johnson (Long Jump)  
Cameron Glasgow (200m)  
Gabe Hilbert (800m)  
Koree Hines (110 Hurdles)  
Chris Lawson (110 Hurdles, 400 Hurdles)  
Shakina Phillips (100 Hurdles, 400 Hurdles)  
Tyler Wallace (Pole Vault)  
Jacob Weintraub (Discus, Shot Put)  
**Ben Woodruff (Javelin-7th)**

## 2013 (18)

**Willie Alexander (Long Jump - 12th, Triple Jump)**  
Joel Baez (Hammer)  
Emily Cooper (200m)  
Chris Enriquez (5000m)  
Meghan Foley (1500m)  
Jacob Fraser (Discus, Shot Put)  
Cameron Glasgow (400m)  
Jason Harrell (Discus)  
Devin Hickey (110 Hurdles)  
Gabe Hilbert (800m)  
Koree Hines (110 Hurdles)  
Taylor Jackson (Long Jump)  
Michael Vaughan (Triple Jump)  
Josh Villalobos (Hammer)  
Davon Wilson-Angel (110 Hurdles)  
Chris Yates (Shot Put)

## 2014 (23)

**Willie Alexander (Long Jump - 3rd, Triple Jump)**  
Adam Bianchessi (Javelin)  
Amber Clark (100 Hurdles)  
**Chris Enriquez (10000m - 5th)**  
Tiffany Forbito (Javelin)  
Jacob Fraser (Discus, Shot Put)  
Kayla Goosby (100m)  
Jason Harrell (Discus)  
Devin Hickey (110 Hurdles)  
Brandon Hierholzer (Pole Vault)  
Koree Hines (110 Hurdles)  
Kayla Kamaka (Pole Vault)  
Alex Kruthers (400m)  
**Chris Low (800m - 2nd)**  
Dylan McCloskey (400m)  
Michael Perez-Rogers (400m)  
Kody Robison (Hammer)  
Conner Rouse (Pole Vault)  
Fatima Vergara (Hammer)  
Davon Wilson-Angel (110 Hurdles)  
4x400m Relay - Men  
(McCloskey, Glasgow, Perez-Rogers, Lockett)

## 2015 (19)

**Willie Alexander (Long Jump, Triple Jump- 3rd)**  
Jasmine Askew (400m)  
Jasmine Bass (Triple Jump)  
Jacob Fraser (Shot Put, Discus)  
**Cameron Glasgow (400m - 11th)**  
Devin Hickey (110 Hurdles)  
Taylor Jackson (Long Jump)  
**Chris Low (800m - 7th)**  
Victor Martin (Shot Put, Discus)  
**Michael Montgomery (Pole Vault - 8th)**  
Michael Perez-Rogers (400m)  
Kody Robison (Hammer)  
Conner Rouse (Pole Vault)  
Ryan Sanders (Triple Jump)  
Marina Shelton (Hammer)  
**4x400 Relay - Men (11th)**  
**(McCloskey, Glasgow, Perez-Rogers, Lockett)**

## 2016 (17)

Willie Alexander (Long Jump, Triple Jump)  
Kemonie Briggs (Long Jump)  
Ryan Colebrook (400 Hurdles)  
Riley Cooks (100 Hurdles)  
Xander Cooper (Pole Vault)  
Courtne' Davis (100m, 200m)  
James Hubbard (Discus, Hammer)  
**Robert Marlow (Hammer - 10th)**  
Michael Montgomery (Pole Vault)  
Kody Robison (Hammer)  
Marina Shelton (Hammer)  
Daniel York-Mouton (400m)  
**Fatima Vergara (Hammer - 12th)**  
Brianna Viltz (Discus)  
4x400 Relay - Men  
(Briggs, York-Mouton, Perez-Rogers, McCloskey)

## 2017 (20)

Jasmine Bass (Triple Jump)  
Kemonie Briggs (Long Jump, 400m)  
Koty Burton (110H)  
Vincent Calhoun (High Jump)  
Josh Carr (Discus)  
Ashleigh Chambers (200m)  
Riley Cooks (100m Hurdles, Long Jump)  
Xander Cooper (Pole Vault)  
Shleby Crider (Javelin)  
Courtne' Davis (100m)  
Bo Haddock (Pole Vault)  
James Hubbard (Hammer, Discus)  
Robert Marlow (Hammer)  
Bria Palmer (High Jump)  
Jason Smith (Long Jump)  
Paul Thenard (Pole Vault)  
De'Ondra Young (Hammer)

## 2018 (13)

Kemonie Briggs (Long Jump)  
Josh Carr (Discus)  
Kent Harris (100m)  
Nicholas Hudson (Hammer)  
Saladin Nasser (Long Jump)  
Blair Robinson (Triple Jump)  
Jason Smith (High Jump, Long Jump)  
Daniel York Mouton (400m)  
Anaya Alexander (400m)  
Bria Palmer (High Jump)  
Shalee Reynolds (400m Hurdles)  
4x100 Relay- Women  
(Chambers, Davis, Golden, Hill)

## 2019 (18)

Raleigh Adams (110m Hurdles)  
Kemonie Briggs (Long Jump, 400m)  
Vincent Calhoun (High Jump)  
Josh Carr (Discus, Hammer)  
Sebastian Coleman (Discus)  
Courtne' Davis (100m, 200m)  
Skylin Harbin (400m Hurdles)  
Nicholas Hudson (Hammer)  
Tavi Kamarullah (Shot Put)  
Bria Palmer (High Jump)  
Gabe Simpson (3000m Steeplechase)  
Charlie Vernoy (Discus)  
De'Ondra Young (Hammer)  
4x100m Relay - Women  
(Brandon, Davis, Golden, Hill, Williams\*)  
4x100m Relay - Men  
(Ajose, Briggs, Harris, Winters, Babineaux\*)

## 2021 (8)

Sebastian Coleman (Discus)  
Clare Gibson (High Jump)  
Marcos Gonzalez (Javelin)  
Alec Jones (Discus)  
Jason Smith (High Jump, Long Jump)  
Porte Joie Tshiaba (High Jump)  
Charlie Vernoy (Discus)

Year (Qualified Events)

\* - DNP

All-Region; Award ended in 2016

## MULTI-YEAR NCAA REGIONAL QUALIFIERS

### Four Years

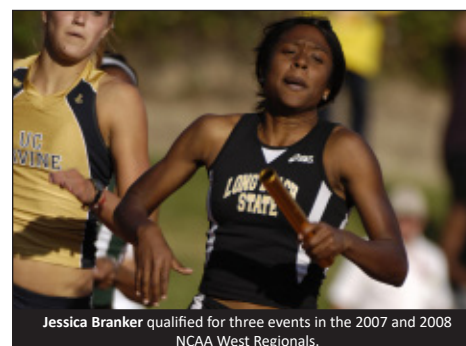
Willie Alexander (2013-16) | Long Jump/Triple Jump  
 Jessica Branker (2005-06, 08) | 100m, 200m, 4x100m  
 Kemonie Briggs (2015-18) | Long Jump, 400m, 4x100m, 4x400m  
 Katelyn Ciarelli (2004-06, 2008) | Discus  
 Courtne' Davis (2016-19) | 100m, 200m, 4x100m  
 Jacob Fraser (2012-13-14-15) | Shot Put, Discus  
 Alex Freitas (2007-08-09-10) | 800m  
 Cameron Glasgow (2012-15) | 200m, 400m, 4x400m  
 Kim Heinz (1 event, 2004-07) | Javelin  
 Koree Hines (2011-14) | 110 Hurdles  
 Alex Shaw (2006-08, 2010) | Javelin

### Three Years

Alex Black (2008-10) | High Jump  
 Josh Carr (2017-19) | Discus, Hammer  
 Ed Cornell (2005-06, 2008) | Discus, Hammer  
 Emily Forsythe (2004-06) | High Jump  
 Katrina Graves-Johnson (2010-12) | High Jump  
 Haben Hagos (2003-05) | High Jump, Triple Jump  
 Devin Hickey (2013-15) | 110m Hurdles  
 Steve Holland (2003-05) | Hammer  
 Robert Jennings (2005-07) | Discus, Hammer  
 Phylcia Johnson (2008, 2011-12) | Long Jump, 110m Hurdles  
 Chris Lawson (2008, 2011-12) | 110m Hurdles, 400m Hurdles  
 Michael Perez-Rogers (2014-16) | 400, 4x400m  
 Nimrod Piggee (2009-11) | 110m Hurdles  
 Kody Robison (2014-16) | Hammer  
 David Sampson (2005-07) | Shot Put, Discus  
 Jason Smith (2017-18, 2021) | High Jump, Long Jump

### Two Years

Nicholas Armstrong (2010-11) | Decathlon, High Jump  
 Jasmine Bass (2015, 2017) | Triple Jump  
 Ronald Carter (2003, 2006) | Triple Jump  
 Ashleigh Chambers (2017-18) | (200m, 4x100m)  
 Sebastian Coleman (2019, 2021) | Discus  
 Riley Cooks (2016-17) | 100m Hurdles, Long Jump  
 Xander Cooper (2016-17) | Pole Vault  
 Colin Dunbar (2009, 2011) | Hammer, Discus  
 Chris Enriquez (2013-14) | 5K, 10K  
 Austin Fowler (2006, 2008) | 100m, 200m, 4x100m, 4x400m  
 Alex Goldberg (2007-08) | 800, 4x100m, 4x400m  
 Madison Golden (2018-19) | 4x100m  
 Ami Goldhammer (2004-05) | Javelin  
 Brent Gray (2007-08) | 100m, 200m, 4x100m, 4x400m  
 Jason Harrell (2013-14) | Discus  
 Randi Hicks (2010-11) | Javelin  
 Gabe Hilbert (2012-13) | 800m  
 Azaria Hill (2018-19) | 4x100m  
 Nicholas Hudson (2018-19) | Hammer  
 Taylor Jackson (2013, 2015) | Long Jump  
 Ezra Kwong (2005, 2007) | (Discus, Hammer, Shot Put)  
 Charles Lewis (2005-06) | 400m  
 Jahmani Lockett (2014-15) | 4x400m  
 Chris Low (2014-15) | 800m  
 Sara Macey (2010, 2012) | High Jump  
 Matt Maldonado (2009-10) | 1500m  
 Robert Marlow (2016-17) | Hammer  
 Dylan McCloskey (2014-16) | 400m, 4x400m  
 Tyler McCoy (2005-06) | Javelin  
 Kenneth Medwood (2009-10) | 400m Hurdles, Long Jump  
 Michael Montgomery (2015-16) | Pole Vault  
 Tayler O'Connor (2009-10) | High Jump  
 Bria Palmer (2017-19) | High Jump  
 Cesar Puga (2010-11) | Discus, Shot Put  
 Jill Reynolds (2006-07) | Pole Vault  
 Chris Richardson (2006, 2008) | Decathlon, Javelin, Long Jump  
 Conner Rouse (2014-15) | Pole Vault  
 Stephanie Sampson (2003-04) | Hammer, Discus  
 Marina Shelton (2015-16) | Hammer  
 John Temidara (2004, 2006) | High Jump, Triple Jump  
 Fatima Vergara (2014, 2016) | Hammer  
 Charlie Vernoy (2019, 2021) | Discus  
 Tyler Wallace (2011-12) | Pole Vault  
 Davon Wilson-Angel (2013-14) | 110m Hurdles  
 Ben Woodruff (2011-12) | Javelin  
 Jennifer Yadon (2003-04) | 3000m Steeplechase  
 Daniel York-Mouton (2016, 2018) | 400m, 4x400m  
 De'Ondra Young (2017, 2019) | Hammer



Jessica Branker qualified for three events in the 2007 and 2008 NCAA West Regionals.

### THREE OR MORE EVENTS IN ONE REGIONAL

Cory Loebel  
 (2003: Hammer, Shot Put, Discus)

Jessica Branker  
 (2007: 100m, 200m, 4x100 Relay)

Brent Gray  
 (2007: 100m, 200m, 4x400 Relay)

Ezra Kwong  
 (2007: Hammer, Shot Put, Discus)

Kelsey Caesar  
 (2008: 400m, 4x100 Relay, 4x400 Relay)

Jessica Branker  
 (2008: 100m, 200m, 4x100 Relay)

Austin Fowler  
 (2008: 100m, 200m, 4x100m Relay, 4x400 Relay)

Brent Gray  
 (2008: 100m, 200m, 400m, 4x100 Relay, 4x400 Relay)

Sam Jeter  
 (2010: 400H, 4x100 Relay, 4x400 Relay)

Kenneth Medwood  
 (2010: 400H, Long Jump, 4x400 Relay)

Kemonie Briggs  
 (2019: 400H, Long Jump, 4x100m Relay)

Courtne' Davis  
 (2019: 100m, 200m, 4x100m Relay)

## MEN'S CONFERENCE CHAMPIONS

### 55 Meters

|               |                      |      |
|---------------|----------------------|------|
| 1966 (Indoor) | Jaime Barragan ..... | 6.28 |
|---------------|----------------------|------|

### 100 Meters

|      |                      |       |
|------|----------------------|-------|
| 1977 | Jeff Williams.....   | 10.60 |
| 1995 | Jaime Barragan ..... | 10.45 |
| 1996 | Brandon Thomas ..... | 10.53 |
| 2007 | Brent Gray .....     | 10.42 |
| 2008 | Brent Gray .....     | 10.42 |

### 200 Meters

|               |                      |       |
|---------------|----------------------|-------|
| 1972          | Royce Ford .....     | 21.40 |
| 1983          | Jim Wison .....      | 21.50 |
| 1986          | Dino Romanelli ..... | 21.03 |
| 1987          | Anthony Ford .....   | 20.97 |
| 1989          | Terrance Riley.....  | 21.22 |
| 1990          | Terrance Riley.....  | 21.81 |
| 1995          | Jaime Barragan ..... | 21.02 |
| 1996          | Jacob Glickman ..... | 21.06 |
| 2007 (Indoor) | Brent Gray .....     | 21.15 |
| 2007          | Brent Gray .....     | 20.70 |
| 2008 (Indoor) | Brent Gray .....     | 20.93 |
| 2008          | Brent Gray .....     | 20.58 |
| 2018          | Kent Harris.....     | 21.31 |

### 400 Meters

|               |                            |        |
|---------------|----------------------------|--------|
| 1970          | Clarence Palmer .....      | 46.70  |
| 1975          | Albert Shorts.....         | 46.70  |
| 1978          | Hubert Beasley .....       | 45.80* |
| 1979          | Tony Thompson .....        | 46.90  |
| 1989          | Terrance Riley.....        | 47.15  |
| 1990          | Otis Dixon .....           | 46.63  |
| 1996          | Lewis Young.....           | 47.47  |
| 2000 (Indoor) | Kashus Perona .....        | 47.55  |
| 2001          | Kashus Perona .....        | 46.81  |
| 2005          | Charles Lewis .....        | 47.63  |
| 2006          | Charles Lewis .....        | 46.62  |
| 2012          | Jahmani Lockett.....       | 48.05  |
| 2014          | Michael Perez-Rogers ..... | 47.33  |
| 2015          | Cameron Glasgow .....      | 46.39  |



Ben Woodruff

### 800 Meters

|      |                    |         |
|------|--------------------|---------|
| 1983 | Sam Ceasar.....    | 1:48.41 |
| 2006 | Mario Cobian ..... | 1:50.79 |
| 2013 | Gabe Hilbert.....  | 1:48.99 |
| 2014 | Chris Low .....    | 1:48.71 |
| 2015 | Chris Low .....    | 1:48.72 |

### 1500 Meters

|      |                       |         |
|------|-----------------------|---------|
| 2000 | Larry Henderson ..... | 3:55.04 |
|------|-----------------------|---------|

### Mile

|               |                      |         |
|---------------|----------------------|---------|
| 2012 (Indoor) | Matt Maldonado ..... | 3:59.08 |
|---------------|----------------------|---------|

### 5000 Meters

|      |                   |          |
|------|-------------------|----------|
| 1975 | Jim Sweeney ..... | 14:05.20 |
|------|-------------------|----------|

### 10000 Meters

|      |                         |          |
|------|-------------------------|----------|
| 1972 | Ron Pryor (6 mile)..... | 30:01.60 |
| 1973 | Ron Pryor (6 mile)..... | 29:05.40 |
| 1975 | Thomas Rodriguez .....  | 29:05.40 |
| 1989 | Eric Ree .....          | 31:02.29 |

### 3000 Meter Steeplechase

|      |                       |         |
|------|-----------------------|---------|
| 1971 | Mike Ritchie .....    | 9:13.00 |
| 1972 | Mike Ritchie .....    | 9:13.20 |
| 1974 | Jim Sweeney .....     | 9:11.95 |
| 1975 | Jim Sweeney .....     | 9:03.20 |
| 1976 | Howard Burgess .....  | 9:07.60 |
| 2019 | Michael Simpson ..... | 8:52.25 |

### 110 Meter High Hurdles

|      |                          |       |
|------|--------------------------|-------|
| 1972 | Dave Smith .....         | 14.20 |
| 1980 | Larry Blake.....         | 14.46 |
| 1991 | Derek Pye .....          | 14.25 |
| 1992 | Doug Conner .....        | 14.23 |
| 2013 | Davon Wilson-Angel ..... | 13.98 |
| 2014 | Davon Wilson-Angel ..... | 13.97 |

### 400 Meter Hurdles

|      |                        |       |
|------|------------------------|-------|
| 1971 | Dennis Ruby .....      | 51.70 |
| 1972 | Dennis Ruby .....      | 51.70 |
| 1986 | Oswaldo Zea.....       | 51.43 |
| 1987 | Tyrone McCullough..... | 51.63 |
| 1988 | Tyrone McCullough..... | 51.96 |
| 1991 | Derek Pye .....        | 51.91 |
| 2010 | Kenneth Medwood.....   | 49.66 |
| 2012 | Chris Lawson .....     | 50.66 |
| 2016 | Ryan Colebrook .....   | 51.69 |

### 4x100 Meter Relay

|      |                          |       |
|------|--------------------------|-------|
| 1970 | Long Beach State .....   | 40.70 |
| 1972 | Long Beach State .....   | 40.80 |
| 1977 | Long Beach State .....   | 40.20 |
| 1978 | Long Beach State .....   | 39.90 |
| 1989 | Long Beach State .....   | 40.63 |
| 1990 | Long Beach State .....   | 40.11 |
| 1995 | Long Beach State .....   | 40.52 |
| 1996 | Long Beach State .....   | 41.01 |
| 2008 | Goldberg, Gray, .....    | 39.66 |
|      | Caesar, Fowler           |       |
| 2021 | Babineaux, Harris, ..... | 40.96 |
|      | Smith, Watterson         |       |

### 4x400 Meter Relay

|               |                            |         |
|---------------|----------------------------|---------|
| 1971          | Long Beach State .....     | 3:11.00 |
| 1972          | Long Beach State .....     | 3:12.60 |
| 1977          | Long Beach State .....     | 3:08.70 |
| 1978          | Long Beach State .....     | 3:08.50 |
| 1986          | Long Beach State .....     | 3:08.86 |
| 1989          | Long Beach State .....     | 3:13.46 |
| 1990          | Long Beach State .....     | 3:15.00 |
| 1995          | Long Beach State .....     | 3:13.82 |
| 1996          | Long Beach State .....     | 3:12.92 |
| 1999 (Indoor) | Long Beach State .....     | 3:12.51 |
| 1999          | Long Beach State .....     | 3:07.91 |
| 2006          | Long Beach State .....     | 3:12.58 |
| 2007          | Holley, Goldberg, .....    | 3:12.43 |
|               | Gomez, Gray                |         |
| 2008          | Goldberg, Freitas, .....   | 3:08.64 |
|               | Caesar, Gray               |         |
| 2014          | McCloskey, Glasgow,.....   | 3:11.31 |
|               | Perez-Rogers, Lockett      |         |
| 2015          | McCloskey, Glasgow .....   | 3:09.58 |
|               | Perez-Rogers, Lockett      |         |
| 2016          | Briggs, York-Mouton, ..... | 3:11.99 |
|               | McCloskey, Colebrook       |         |
| 2018          | Briggs, Johnson, .....     |         |
|               | Harris, York Mouton .....  | 3:09.74 |

**High Jump**

|               |                      |         |
|---------------|----------------------|---------|
| 1976          | Dwight Stones.....   | 7-02.25 |
| 1982          | Mel Baker.....       | 7-02.25 |
| 1983          | Mel Baker.....       | 7-01.50 |
| 1993          | Ed Barnett.....      | 6-08.75 |
| 2004          | John Temidara.....   | 7-03.00 |
| 2006 (Indoor) | John Temidara.....   | 7-02.25 |
| 2006          | John Temidara.....   | 6-11.75 |
| 2019          | Vincent Calhoun..... | 6-10.75 |
| 2021          | Jason Smith.....     | 7-01.50 |

**Pole Vault**

|      |                         |          |
|------|-------------------------|----------|
| 1972 | Steve Smith.....        | 17-00.00 |
| 1976 | Jim Knaub.....          | 17-00.00 |
| 1977 | Don Baird.....          | 17-00.00 |
| 1995 | Jason Hinkin.....       | 17-07.00 |
| 1997 | Jason Hinkin.....       | 18-00.50 |
| 1998 | Borya Celantano.....    | 17-05.00 |
| 1999 | Borya Celantano.....    | 18-04.50 |
| 2011 | Tyler Wallace.....      | 18-00.50 |
| 2014 | Conner Rouse.....       | 17-00.75 |
| 2015 | Michael Montgomery..... | 17-09.00 |
| 2016 | Michael Montgomery..... | 17-04.50 |
| 2017 | Paul Thenard.....       | 16-08.50 |

**Long Jump**

|               |                       |              |
|---------------|-----------------------|--------------|
| 1972          | Terry Metcalf.....    | 25-02.75     |
| 1973          | Terry Metcalf.....    | 24-05.25     |
| 1977          | Craig McGee.....      | 24-06.50     |
| 1996          | Detric Cofield.....   | 25-02.00     |
| 1998          | Detric Cofield.....   | 24-03.50     |
| 2015          | Willie Alexander..... | 25-05.50     |
| 2016          | Kemonie Briggs.....   | 26-02.25 (w) |
| 2017          | Kemonie Briggs.....   | 25-08.25     |
| 2018          | Kemonie Briggs.....   | 26-00.00     |
| 2019          | Kemonie Briggs.....   | 26-01.50     |
| 2020 (Indoor) | Jason Smith.....      | 25-04.50     |
| 2021          | Jason Smith.....      | 25-01.25     |

**Triple Jump**

|      |                       |          |
|------|-----------------------|----------|
| 1972 | Terry Metcalf.....    | 49-04.00 |
| 1973 | Dave Tuckert.....     | 50-09.50 |
| 1976 | Enricke Scott.....    | 51-00.00 |
| 1979 | Glenn Davis.....      | 50-03.50 |
| 1995 | Chris Czerwinski..... | 46-01.25 |
| 1996 | Chris Czerwinski..... | 48-01.25 |
| 2006 | John Temidara.....    | 51-01.50 |
| 2014 | Willie Alexander..... | 51-05.75 |
| 2015 | Ryan Sanders.....     | 51-01.00 |
| 2016 | Willie Alexander..... | 50-08.00 |

**Weight Throw**

|               |                   |          |
|---------------|-------------------|----------|
| 2011 (Indoor) | Colin Dunbar..... | 64-09.75 |
|---------------|-------------------|----------|

**Shot Put**

|      |                 |          |
|------|-----------------|----------|
| 1980 | Mike Smith..... | 60-6.50  |
| 1981 | Mike Smith..... | 60-1.75  |
| 2011 | Cesar Puga..... | 57-04.25 |

**Discus Throw**

|      |                      |        |
|------|----------------------|--------|
| 1975 | Dan Gardner.....     | 185-00 |
| 1977 | Steve Brown.....     | 179-11 |
| 1981 | Greg McSeveney.....  | 198-10 |
| 2003 | Cory Loebl.....      | 183-09 |
| 2006 | Ed Cornell.....      | 183-02 |
| 2007 | Robert Jennings..... | 187-04 |
| 2011 | Colin Dunbar.....    | 174-09 |
| 2012 | Jacob Weintraub..... | 183-09 |
| 2013 | Jacob Fraser.....    | 178-11 |
| 2014 | Jason Harrell.....   | 182-02 |
| 2015 | Jacob Fraser.....    | 185-04 |

|      |                     |        |
|------|---------------------|--------|
| 2019 | Charlie Vernoy..... | 177-04 |
| 2021 | Alec Jones.....     | 189-11 |

**Javelin Throw**

|      |                       |        |
|------|-----------------------|--------|
| 1974 | Keith Goldie.....     | 243-07 |
| 1975 | Keith Goldie.....     | 240-05 |
| 1984 | Dan O'Donnell.....    | 224-00 |
| 1985 | Chris Peterson.....   | 229-11 |
| 1996 | Chris Kanowski.....   | 212-06 |
| 2004 | Doug Lefler.....      | 235-02 |
| 2005 | Tyler McCoy.....      | 202-10 |
| 2008 | Chris Richardson..... | 217-03 |
| 2011 | Ben Woodruff.....     | 205-05 |
| 2012 | Ben Woodruff.....     | 231-03 |
| 2014 | Adam Bianchessi.....  | 217-10 |

**Hammer Throw**

|      |                      |        |
|------|----------------------|--------|
| 1973 | Phil Lockwood.....   | 170-04 |
| 1979 | Paul Fuller.....     | 192-09 |
| 1982 | Bill Green.....      | 224-00 |
| 1983 | Bill Green.....      | 229-01 |
| 2008 | Robert Jennings..... | 192-07 |
| 2011 | Colin Dunbar.....    | 223-06 |
| 2013 | Josh Villalobos..... | 193-04 |
| 2015 | Kody Robison.....    | 205-06 |
| 2016 | Kody Robison.....    | 211-01 |
| 2017 | James Hubbard.....   | 212-07 |
| 2021 | Alec Jones.....      | 200-00 |

**Decathlon**

|      |                         |       |
|------|-------------------------|-------|
| 1999 | Darby Kelly.....        | 7,106 |
| 2006 | Chris Richardson.....   | 7,194 |
| 2008 | Chris Richardson.....   | 7,461 |
| 2011 | Nicholas Armstrong..... | 7,409 |
| 2014 | Garrett Demirjian.....  | 7,014 |
| 2021 | Aaron Booth.....        | 7,520 |

**WOMEN'S CONFERENCE CHAMPIONS**  
(Program started in 1978)

|                           |                                  |
|---------------------------|----------------------------------|
| <b>100 Meters</b>         |                                  |
| 2016                      | Courtne' Davis..... 11.50 (w)    |
| 2019                      | Courtne' Davis..... 11.47        |
| <b>200 Meters</b>         |                                  |
| 1988                      | Cathy Roberts..... 23.62         |
| 2016                      | Courtne' Davis..... 23.65 (w)    |
| 2018                      | Courtne' Davis..... 23.73        |
| 2019                      | Courtne' Davis..... 23.45        |
| <b>400 Meters</b>         |                                  |
| 2018                      | Anaya Alexander..... 53.79       |
| <b>800 Meters</b>         |                                  |
| 1988                      | Kerri Zaleski..... 2:08.99       |
| <b>1500 Meters</b>        |                                  |
| 1995                      | Christa Ayuso..... 4:36.39       |
| <b>5000 Meters</b>        |                                  |
| 1990                      | Jennifer Bessel..... 17:11.34    |
| <b>3000m Steeplechase</b> |                                  |
| 2012                      | Jessica Barnard..... 10:22.90    |
| <b>400 Meter Hurdles</b>  |                                  |
| 1988                      | Ami Ice..... 57.82               |
| 1993                      | Le'Gretta Hinds..... 1:00.43     |
| 1994                      | Le'Gretta Hinds..... 1:00.05     |
| 1995                      | Le'Gretta Hinds..... 59.71       |
| <b>4x100 Meter Relay</b>  |                                  |
| 1993                      | Long Beach State..... 46.62      |
| 1999                      | Long Beach State..... 45.98      |
| 2005                      | Long Beach State..... 45.50      |
| 2018                      | Long Beach State..... 44.63      |
| <b>High Jump</b>          |                                  |
| 1996                      | Kristy Kierulff..... 5-11.50     |
| 1998                      | Tayyiba Haneef..... 5-08.75      |
| 2000                      | Tayyiba Haneef..... 6-01.25      |
| 2001 (Indoor)             | Tayyiba Haneef..... 5-11.25      |
| 2001                      | Tayyiba Haneef..... 6-02.00      |
| 2006                      | Emily Forsythe..... 5-08.75      |
| <b>Long Jump</b>          |                                  |
| 1987                      | Maureen Wiley..... 19-08.25      |
| 1988                      | Cathy Roberts..... 19-03.50      |
| 1993                      | Ambre Thompson..... 19-00.00     |
| 1999                      | Marion Reneau..... 19-07.50      |
| 2011                      | Phyllicia Johnson..... 19-08.00  |
| 2017                      | Riley Cooks..... 19-09.50        |
| <b>Pole Vault</b>         |                                  |
| 1997                      | Marylou Badillo..... 10-11.75    |
| 2001                      | Connie Jerz..... 12-07.25        |
| 2006                      | Jill Reynolds..... 12-05.50      |
| <b>Triple Jump</b>        |                                  |
| 1993                      | Marquita Knight..... 39-06.50    |
| 2008                      | Mia Mobley..... 41-01.00         |
| 2021                      | Crystal Washington..... 40-06.00 |
| <b>Shot Put</b>           |                                  |
| 1987                      | Jacque Norton..... 48-03.50      |
| <b>Discus Throw</b>       |                                  |
| 1990                      | Celeste Paquette..... 160-05     |
| 2006                      | Katelyn Cicarelli..... 154-05    |
| 2007                      | Jennifer Onyeagbako..... 179-04  |
| 2008                      | Katelyn Ciarrelli..... 136-06    |
| <b>Hammer Throw</b>       |                                  |
| 1995                      | Kirran Moss..... 152-00          |
| 2003                      | Stephanie Sampson..... 173-03    |
| 2004                      | Stephanie Sampson..... 193-05    |
| 2014                      | Fatima Vergara..... 189-04       |
| 2016                      | Fatima Vergara..... 196-00       |
| <b>Javelin Throw</b>      |                                  |
| 2004                      | Ami Goldhammer..... 154-00       |
| 2005                      | Kim Heinz..... 150-11            |
| 2006                      | Kim Heinz..... 158-09            |
| 2007                      | Alex Shaw..... 160-06            |
| 2008                      | Alex Shaw..... 160-04            |
| 2010                      | Randi Hicks..... 162-04          |
| 2017                      | Shelby Crider..... 149-03        |
| 2021                      | Hannah Katches..... 137-00       |
| <b>Heptathlon</b>         |                                  |
| 1989                      | Ami Ice..... 5,312               |
| 1991                      | Ami Ice..... 5,387               |
| 1999                      | Marion Reneau..... 5,375         |
| 2001                      | Nina Grubbs..... 4,746           |
| 2004                      | Ami Goldhammer..... 4,838        |
| 2016                      | Riley Cooks..... 5,414           |
| 2017                      | Riley Cooks..... 5,671           |

## Multiple All-Big West Honorees (Since 1985)

| MEN                  | 1st | 2nd | 3rd | TOTAL | WOMEN                  | 1st | 2nd | 3rd | TOTAL |
|----------------------|-----|-----|-----|-------|------------------------|-----|-----|-----|-------|
| Kemonie Briggs       | 6   | 3   | 5   | 13    | Courtne' Davis         | 6   | 2   | 1   | 9     |
| Cameron Glasgow      | 3   | 5   | 4   | 12    | Le'Gretta Hinds        | 3   | 5   | 1   | 9     |
| Willie Alexander     | 3   | 7   | 1   | 11    | Jessica Branker        | 1   | 5   | 1   | 7     |
| Dylan McCloskey      | 3   | 3   | 4   | 10    | Ashleigh Chambers      | 0   | 0   | 5   | 5     |
| Lewis Young          | 1   | 4   | 4   | 9     | Riley Cooks            | 3   | 2   | 0   | 5     |
| Jason Smith          | 3   | 4   | 1   | 8     | Emily Cooper           | 0   | 1   | 4   | 5     |
| Michael Perez-Rogers | 3   | 2   | 3   | 8     | Emily Forsythe         | 1   | 1   | 3   | 5     |
| Brent Gray           | 7   | 0   | 0   | 7     | Tayyiba Haneef         | 4   | 1   | 0   | 5     |
| Kent Harris          | 3   | 2   | 2   | 7     | Jacque Norton          | 1   | 4   | 0   | 5     |
| John Temidara        | 4   | 1   | 2   | 7     | Jasmine Askew          | 0   | 1   | 3   | 4     |
| Anthony Ford         | 1   | 5   | 0   | 6     | Ami Ice                | 2   | 1   | 1   | 4     |
| Austin Fowler        | 2   | 2   | 2   | 6     | Phylcia Johnson        | 1   | 1   | 2   | 4     |
| Chris Lawson         | 1   | 3   | 2   | 6     | Kristy Kierulff        | 1   | 0   | 3   | 4     |
| Chris Richardson     | 3   | 0   | 3   | 6     | Kirran Moss            | 1   | 2   | 1   | 4     |
| Gary Cablayan        | 0   | 5   | 0   | 5     | Marion Reneau          | 2   | 2   | 0   | 4     |
| Borya Celentano      | 2   | 2   | 1   | 5     | Marylou Badillo        | 1   | 1   | 1   | 3     |
| Jacob Fraser         | 2   | 3   | 0   | 5     | Ami Goldhammer         | 2   | 0   | 1   | 3     |
| Alex Goldberg        | 2   | 1   | 2   | 5     | Kim Heinz              | 2   | 1   | 0   | 3     |
| Charles Lewis        | 2   | 0   | 3   | 5     | Azaria Hill            | 2   | 0   | 1   | 3     |
| Jahmani Lockett      | 3   | 1   | 1   | 5     | Bria Palmer            | 0   | 2   | 1   | 3     |
| Cory Loeb            | 1   | 2   | 2   | 5     | Shakina Phillips       | 0   | 1   | 2   | 3     |
| Kenneth Medwood      | 1   | 3   | 1   | 5     | Kristina Price         | 0   | 1   | 2   | 3     |
| Jon O'Neil           | 0   | 2   | 3   | 5     | Jill Reynolds          | 1   | 0   | 2   | 3     |
| Kody Robison         | 2   | 2   | 1   | 5     | Stephanie Sampson      | 2   | 1   | 0   | 3     |
| Jaime Barragan       | 3   | 0   | 1   | 4     | Alex Shaw              | 1   | 2   | 0   | 3     |
| Detric Cofield       | 2   | 1   | 1   | 4     | Ambre Thompson         | 1   | 1   | 1   | 3     |
| Alex Freitas         | 0   | 0   | 4   | 4     | Jasmine Winfield       | 0   | 0   | 3   | 3     |
| Sam Jeter            | 0   | 3   | 1   | 4     | Kerri Zaleski          | 1   | 2   | 0   | 3     |
| Terrance Riley       | 3   | 0   | 1   | 4     | Anaya Alexander        | 2   | 0   | 0   | 2     |
| Daniel York-Mouton   | 2   | 2   | 0   | 4     | Jasmine Bass           | 0   | 2   | 0   | 2     |
| Kelsey Caesar        | 2   | 1   | 0   | 3     | Jennifer Bessel        | 1   | 1   | 0   | 2     |
| Ryan Colebrook       | 2   | 0   | 1   | 3     | Serena Boykin          | 0   | 1   | 1   | 2     |
| Otis Dixon           | 1   | 2   | 0   | 3     | Amaris Buchanan        | 0   | 2   | 0   | 2     |
| Colin Dunbar         | 2   | 0   | 1   | 3     | Ashleigh Chambers      | 0   | 0   | 2   | 2     |
| Jason Frudakis       | 0   | 1   | 2   | 3     | Kayla Goosby           | 0   | 0   | 2   | 2     |
| Jacob Glickman       | 1   | 1   | 1   | 3     | Katrina Graves-Johnson | 0   | 2   | 0   | 2     |
| Devin Hickey         | 0   | 2   | 1   | 3     | Skylin Harbin          | 0   | 0   | 2   | 2     |
| Gabe Hilbert         | 1   | 1   | 1   | 3     | Carly Harris           | 0   | 2   | 0   | 2     |
| Koree Hines          | 0   | 2   | 1   | 3     | Randi Hicks            | 1   | 1   | 0   | 2     |
| James Hubbard        | 1   | 2   | 0   | 3     | Gladys Iwuaba          | 0   | 0   | 2   | 2     |
| Robert Jennings      | 1   | 2   | 0   | 3     | Asa Karlsson           | 0   | 2   | 0   | 2     |
| Manny Neizer         | 0   | 2   | 1   | 3     | Meredith Kramon        | 0   | 1   | 1   | 2     |
| Derek Pye            | 2   | 0   | 1   | 3     | Alex Kruthers          | 0   | 1   | 1   | 2     |
| Dave Schumacher      | 0   | 2   | 1   | 3     | Miia Mobley            | 1   | 1   | 0   | 2     |
| David Sampson        | 0   | 0   | 3   | 3     | Chris Morgan           | 0   | 1   | 1   | 2     |
| Brandon Thomas       | 1   | 2   | 0   | 3     | Jennifer Onyeagbako    | 1   | 0   | 1   | 2     |
| Charlie Vernoy       | 1   | 2   | 0   | 3     | Atelaite Pale          | 0   | 2   | 0   | 2     |
| Matt Bates           | 0   | 1   | 1   | 2     | Shalee Reynolds        | 1   | 1   | 0   | 2     |
| Faris Babineaux      | 1   | 0   | 1   | 2     | Shyann Reynolds        | 1   | 0   | 1   | 2     |
| John Broadhead       | 0   | 1   | 1   | 2     | Cathy Roberts          | 2   | 0   | 0   | 2     |
| Koty Burton          | 0   | 0   | 2   | 2     | Marina Shelton         | 0   | 0   | 2   | 2     |
| Josh Carr            | 0   | 1   | 1   | 2     | Fatima Vergara         | 2   | 0   | 0   | 2     |
| Ronald Carter        | 1   | 0   | 1   | 2     | Saedra Wright          | 0   | 1   | 1   | 2     |
| Doug Connor          | 1   | 1   | 0   | 2     | Jennifer Yadon         | 0   | 1   | 1   | 2     |
| Chris Czerwinski     | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Garrett Demirjian    | 1   | 1   | 0   | 2     |                        |     |     |     |       |
| Damon DeVault        | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| James Ferreira       | 0   | 2   | 0   | 2     |                        |     |     |     |       |
| Jimmy Grabow         | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Jason Harrell        | 1   | 1   | 0   | 2     |                        |     |     |     |       |
| Larry Henderson      | 1   | 0   | 1   | 2     |                        |     |     |     |       |
| Jason Hinkin         | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Nicholas Hudson      | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Rashaad Johnson      | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Alec Jones           | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Darby Kelly          | 1   | 0   | 1   | 2     |                        |     |     |     |       |
| Ziad Khozam          | 0   | 2   | 0   | 2     |                        |     |     |     |       |
| Elijah Landry-Zapfen | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Roosevelt Langston   | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Donnie Laut          | 0   | 0   | 2   | 2     |                        |     |     |     |       |
| Chris Low            | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Michael Magula       | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Victor Martin        | 0   | 2   | 0   | 2     |                        |     |     |     |       |
| Tyrone McCullogh     | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Michael Montgomery   | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Wil Moore            | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Kashus Perona        | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Nimrod Piggee        | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Cesar Puga           | 1   | 1   | 0   | 2     |                        |     |     |     |       |
| Jason Ricker         | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Frank Rodriguez      | 0   | 0   | 2   | 2     |                        |     |     |     |       |
| Conner Rouse         | 1   | 1   | 0   | 2     |                        |     |     |     |       |
| Ryan Sanders         | 1   | 0   | 1   | 2     |                        |     |     |     |       |
| Patrick Scott        | 0   | 2   | 0   | 2     |                        |     |     |     |       |
| Byron Stovall        | 0   | 1   | 1   | 2     |                        |     |     |     |       |
| Jacob Weintraub      | 1   | 1   | 0   | 2     |                        |     |     |     |       |
| Chaio Winters        | 0   | 0   | 2   | 2     |                        |     |     |     |       |
| Davon Wilson-Angel   | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Ben Woodruff         | 2   | 0   | 0   | 2     |                        |     |     |     |       |
| Keith Wynne          | 0   | 0   | 2   | 2     |                        |     |     |     |       |

\*Includes relay events

**BIG WEST ATHLETES OF THE YEAR*****Men's Athlete of the Year (4)***

Bill Greene - 1983  
 Otis Dixon - 1990  
 Derek Pye - 1991  
 Cory Loeb1 - 2003

***Men's Track Athlete of the Year (3)***

Brent Gray - 2007, 2008  
 Cameron Glasgow - 2015

***Men's Field Athlete of the Year (10)***

Chris Richardson - 2006, 2008  
 Colin Dunbar - 2011  
 Ben Woodruff - 2012  
 Willie Alexander - 2015, 2016  
 Jason Smith - 2018  
 Kemonie Briggs - 2017, 2019  
 Jason Smith - 2021

***Men's Athlete of the Meet (2)***

Willie Alexander - 2016  
 Kemonie Briggs - 2017  
 Jason Smith - 2021

***Men's Freshman Athlete of the Year (5)***

Alex Goldberg - 2007  
 Jahmani Lockett - 2012  
 Willie Alexander - 2013  
 Kemonie Briggs - 2016  
 Jason Smith - 2017

***Men's Coach of the Year (9)***

Ralph Lindeman - 1989  
 Andy Sythe - 2006, 2008, 2011, 2013, 2014, 2015, 2016, 2019

***Women's Athlete of the Year (1)***

Marion Reneau - 1999

***Women's Field Athlete of the Year (3)***

Ami Goldhammer - 2004  
 Riley Cooks - 2016, 2017

***Women's Athlete of the Meet (2)***

Riley Cooks - 2016, 2017

***Women's Freshman Athlete of the Year (2)***

Phylcia Johnson - 2008  
 Courtne' Davis - 2016  
 Shalee Reynolds - 2018

***Women's Coach of the Year (1)***

Andy Sythe - 2018

**BIG WEST ATHLETES OF THE WEEK****2003 (6)**

Cory Loeb1 (March 12 - Field)  
 Cory Loeb1 (March 26 - Field)  
 Jennifer Yadon (March 21 - Track)  
 Gladys Iwuaba (April 2 - Field)  
 Ryan Kroll (April 9 - Track)  
 Haben Hagos (May 8 - Field)

**2004 (8)**

Shingo Suzumura (March 10 - Track)  
 Doug Lefler (March 10 - Field)  
 John Temidara (April 14 - Field)  
 Stephanie Sampson (April 14 - Field)  
 Haben Hagos (April 21 - Field)  
 Doug Lefler (April 28 - Field)  
 Gina Londano (May 8 - Track)  
 Doug Lefler (May 12 - Field)

**2005 (3)**

Kim Heinz (March 31 - Field)  
 Charlene Deardorff (April 7 - Track)  
 Samantha Young (May 4 - Field)

**2006 (10)**

Kim Heinz (March 7 - Field)  
 John Temidara (March 22 - Field)  
 Ronald Carter (April 5 - Field)  
 Kristina Price (April 11 - Field)  
 Chris Richardson (April 11 - Field)  
 Chris Richardson (April 19 - Field)  
 Jill Reynolds (April 26 - Field)  
 Robert Jennings (April 26 - Field)  
 Charles Lewis (April 26 - Track)  
 Katelyn Ciarelli (May 3 - Field)

**2007 (7)**

Jesus Santana (March 14 - Track)  
 Jill Reynolds (March 14 - Field)  
 Brent Gray (March 21 - Track)  
 Ezra Kwong (March 28 - Field)  
 Brent Gray (April 4 - Track)  
 Ezra Kwong (April 25 - Field)  
 Kim Heinz (May 2 - Field)

**2008 (7)**

Chris Richardson (March 13 - Field)  
 Jessica Branker (April 3 - Track)  
 Alex Shaw (April 3 - Field)  
 Brent Gray (April 3 - Track)  
 Robert Jennings (April 3 - Field)  
 Alex Freitas (April 10 - Track)  
 Katelyn Ciarelli (May 1 - Field)

**2009 (1)**

Matt Maldonado (April 15 - Track)

**2010 (3)**

Randi Hicks (March 9 - Field)  
 Rajan Bains (April 14 - Field)  
 Kenneth Medwood (April 21 - Track)

**2011 (12)**

Colin Dunbar (March 9 - Field)  
 Tara Ross (March 9 - Field)  
 Chris Sweeney (March 9 - Track)  
 Colin Dunbar (March 23 - Field)  
 Tara Ross (March 23 - Field)  
 Tara Ross (March 30 - Field)  
 Cesar Puga (March 30 - Field)  
 Colin Dunbar (April 13 - Field)  
 Tyler Wallace (April 20 - Field)  
 Colin Dunbar (April 27 - Field)  
 Randi Hicks (May 4 - Field)  
 Ben Woodruff (May 4 - Field)

**2012 (6)**

Ben Woodruff (March 6 - Field)  
 Rosa Del Toro (March 20 - Track)  
 Jacob Weintraub (March 27 - Field)  
 Ben Woodruff (April 3 - Field)  
 Ben Woodruff (April 17 - Field)  
 Tyler Wallace (April 24 - Field)

**2013 (6)**

Koree Hines (March 5 - Track)  
 Michael Vaughan (March 5 - Field)  
 Chirs Yates (March 12 - Field)  
 Chris Yates (April 16 - Field)  
 Chris Enriquez (April 23 - Track)  
 Gabe Hilbert (April 30 - Track)

**2014 (8)**

Jason Harrell (March 11 - Field)  
 Kayla Kamaka (March 18 - Field)  
 Jasmine Askew (March 25 - Track)  
 Tiffany Forbito (March 25 - Field)  
 Tiffany Forbito (April 8 - Field)  
 Jacob Fraser (April 8 - Field)  
 Willie Alexander (April 22 - Field)  
 Conner Rouse (April 29 - Field)

**2015 (6)**

Cameron Glasgow (March 10 - Track)  
 Jacob Fraser (March 17 - Field)  
 Ryan Sanders (March 24 - Field)  
 Michael Perez-Rogers (March 31 - Track)  
 Victor Martin (April 21 - Field)  
 Victor Martin (April 28 - Field)

**2016 (6)**

Kody Robison (March 8 - Field)  
 Kody Robison (March 15 - Field)  
 Willie Alexander (March 15 - Track)  
 Willie Alexander (March 22 - Field)  
 Courtne' Davis (March 22 - Track)  
 Riley Cooks (March 29 - Field)  
 Herman Day (March 29 - Field)  
 Willie Alexander (April 12 - Field)  
 Riley Cooks (April 12 - Track)  
 James Hubbard (May 3 - Field)  
 Fatima Vergara (May 3 - Field)

**2017 (7)**

Courtne' Davis (March 7 - Track)  
 Kemonie Briggs (March 7 - Field)  
 De'Ondra Young (March 14 - Field)  
 Robert Marlow (March 21 - Field)  
 Riley Cooks (March 28 - Field)  
 Xander Cooper (April 18 - Field)  
 Vincent Calhoun (May 2 - Field)

**2018 (5)**

Josh Carr (March 15 - Field)  
 Erykah McNairy (March 15 - Field)  
 Courtne' Davis (March 20 - Track)  
 Bria Palmer (March 20 - Field)  
 Nicholas Hudson (April 10 - Field)

**2019 (7)**

Vincent Calhoun (March 5 - Field)  
 Kemonie Briggs (March 19 - Field)  
 De'Ondra Young (March 19 - Field)  
 Herman Day (March 26 - Field)  
 Kemonie Briggs (April 9 - Field)  
 Charlie Vernoy (April 16 - Field)  
 Courtne' Davis (April 23 - Track)

**2021 (6)**

Anitha Graves (March 23 - Track)  
 Porte Joie Tshiaba (March 23 - Field)  
 Alec Jones (March 30 - Field)  
 Jason Smith (April 6 - Field)  
 Jason Smith (April 21 - Field)  
 Alec Jones (May 4 - Field)

## MEN

**1985**

Chris Peterson (1st - Javelin)  
Michael Grissett (2nd - Triple Jump)  
Mike Worden (3rd - Pole Vault)

**1986**

Dino Romanelli (1st - 200m)  
Oswaldo Zea (1st - 400m Hurdles)  
4x400m (1st)  
James Ferreira (2nd - 400m Hurdles)  
John Medford (2nd - High Jump)  
Tyrus Deminter (2nd - 10000m)  
4x100m (2nd)  
Chris Monroe (3rd - 1500m)  
Jack Davis (3rd - 800m)

**1987**

Anthony Ford (1st - 200m)  
Tyrone McCullough (1st - 400m Hurdles)  
James Ferreira (2nd - 400m Hurdles)  
Anthony Ford (2nd - 100m)  
Humberto Gonzales (3rd - 110m Hurdles)

**1988**

Tyrone McCullough (1st - 400m Hurdles)  
Anthony Ford (2nd - 200m)  
Dave Schumacher (2nd - 5000m)  
4x100m (2nd)  
4x400m (2nd)

**1989**

Eric Ree (1st - 10000m)  
Terrance Riley (1st - 200m)  
Terrance Riley (1st - 400m)  
4x100m (1st)  
4x400m (1st)  
Otis Dixon (2nd - 400m)  
Anthony Ford (2nd - 100m)  
Anthony Ford (2nd - 200m)  
Jeff Mulligan (2nd - Pole Vault)  
Donnie Laut (3rd - Shot Put)  
Byron Stovall (3rd - 100m)

**1990**

Otis Dixon (1st - 400m)  
Terrance Riley (1st - 200m)  
4x100m (1st)  
4x400m (1st)  
Otis Dixon (2nd - 200m)  
Roosevelt Langston (2nd - 400m)  
Byron Stovall (2nd - 100m)  
Shawn Wilbourn (2nd - Decathlon)  
Stacey Boyd (3rd - 400m Hurdles)  
Jamal Bush (3rd - Triple Jump)  
Steve Hefferan (3rd - Javelin)  
Donnie Laut (3rd - Shot Put)  
Craig Malaer (3rd - Decathlon)  
Derek Pye (3rd - 110m Hurdles)  
Terrance Riley (3rd - 100m)

**1991**

Derek Pye (1st - 400m Hurdles)  
Derek Pye (1st - 110m Hurdles)  
Doug Conner (2nd - 110m Hurdles)  
Ziad Khozam (2nd - Discus)  
Ziad Khozam (2nd - Shot Put)  
Dave Schumacher (2nd - 5000m)  
4x400m (2nd)  
Roosevelt Langston (3rd - 400m)  
Dion Lee (3rd - Long Jump)  
Jason Ricker (3rd - 110m Hurdles)  
Dave Schumacher (3rd - 10000m)  
Keith Wynne (3rd - 800m)  
4x100m (3rd)

**1992**

Doug Conner (1st - 110m Hurdles)  
Jason Ricker (2nd - 110m Hurdles)  
Jason Frudakis (3rd - Decathlon)  
Al Hart (3rd - 400m Hurdles)  
Tony Moore (3rd - Discus)  
Keith Wynne (3rd - 800m)

**1993**

Ed Barnett (1st - High Jump)  
Larry Billoups (2nd - 400m)  
Hector Sanchez (3rd - Javelin)  
4x400m (3rd)

**1994**

Patrick Scott (2nd - Long Jump)  
Patrick Scott (2nd - Triple Jump)  
Jaime Barragan (3rd - 100m)  
Jason Frudakis (3rd - Decathlon)  
Adam Herndon (3rd - 400m)

**1995**

Jaime Barragan (1st - 100m)  
Jaime Barragan (1st - 200m)  
Chris Czerwinski (1st - Triple Jump)

Jason Hinkin (1st - Pole Vault)  
4x100m (1st)  
4x400m (1st)  
Gary Cablayan (2nd - 110m Hurdles)  
Gary Cablayan (2nd - 400m Hurdles)  
Gary Cablayan (2nd - Long Jump)  
Damon DeVault (2nd - Shot Put)  
Jason Frudakis (2nd - Decathlon)  
Brandon Thomas (2nd - 200m)  
Damon DeVault (3rd - Hammer)

**1996 (MPSF)**

Jaime Barragan (1st - 55m)  
Lewis Young (2nd - 400m)  
Detric Cofield (3rd - Long Jump)  
Jacob Glickman (3rd - 200m)

**1996**

Detric Cofield (1st - Long Jump)  
Chris Czerwinski (1st - Triple Jump)  
Jacob Glickman (1st - 200m)  
Chris Kanowski (1st - Javelin)  
Brandon Thomas (1st - 100m)  
Lewis Young (1st - 400m)  
4x100m (1st)  
4x400m (1st)  
Gary Cablayan (2nd - 110m Hurdles)  
Gary Cablayan (2nd - 400m Hurdles)  
Detric Cofield (2nd - Long Jump)  
Jacob Glickman (2nd - 100m)  
Brandon Thomas (2nd - 200m)  
Clyde Wilkerson (2nd - Long Jump)  
Lewis Young (3rd - 200m)

**1997 (MPSF)**

Lewis Young (2nd - 400m)

**1997**

Jason Hinkin (1st - Pole Vault)  
Will Moore (2nd - 110 m Hurdles)  
4x400m (2nd)  
Walt Senior (3rd - Javelin)  
Karl Stephens (3rd - 400m Hurdles)  
Lewis Young (3rd - 400m)

**1998 (MPSF)**

Lewis Young (2nd - 400m)

**1998**

Borya Celentano (1st - Pole Vault)  
Detric Cofield (1st - Long Jump)  
Darby Kelly (3rd - Decathlon)  
**1999 (MPSF)**  
4x400m (1st)  
Borya Celentano (3rd - Pole Vault)  
Lewis Young (3rd - 200m)  
Lewis Young (3rd - 400m)

**1999**

Borya Celentano (1st - Pole Vault)  
Darby Kelly (1st - Decathlon)  
4x400m (1st)  
Johann Appell (2nd - Steeple)  
Lewis Young (2nd - 400m)  
Jon O'Neil (3rd - Hammer)  
Earl Smith (3rd - 400m Hurdles)

**2000 (MPSF)**

Kashus Perona (1st - 400m)  
Borya Celentano (2nd - Pole Vault)  
Larry Henderson (3rd - 800m)  
Jon O'Neil (3rd - Shot Put)  
Jon O'Neil (3rd - Weight Throw)

**2000**

Larry Henderson (1st - 1500m)  
Borya Celentano (2nd - Pole Vault)  
Will Moore (2nd - 400m Hurdles)  
Tyrone Pearson (3rd - 400m)  
4x400m (3rd)

**2001**

Kashus Perona (1st - 400m)  
Jason Dolison (2nd - 400m)  
4x100m (2nd)

**2002 (MPSF)**

Matt Bates (2nd - 800m)  
Jon O'Neil (2nd - Weight Throw)

**2002**

Jimmy Camilo (2nd - Pole Vault)  
Rashaad Johnson (2nd - 200m)  
Jon O'Neil (2nd - Shot Put)  
Shaun Anderson (3rd - High Jump)  
Matt Bates (3rd - 800m)  
Rashaad Johnson (3rd - 400m)  
Cory Loebl (3rd - Hammer)  
Cory Loebl (3rd - Discus)  
Frank Rodriguez (3rd - Javelin)

**2003**

Cory Loebl (1st - Discus)

Cory Loebl (2nd - Shot Put)  
Cory Loebl (2nd - Hammer)  
Frank Rodriguez (3rd - Javelin)  
Adrian Ruark (3rd - Pole Vault)  
Terrance Wroblewski (3rd - 10,000m)

**2004 (MPSF)**

John Temidara (3rd - High Jump)

**2004**

Doug Lefler (1st - Javelin)  
John Temidara (1st - High Jump)  
Shingo Suzumura (2nd - 110m Hurdles)  
Sean Blanford (3rd - Javelin)  
Steve Holland (3rd - Hammer)  
Charles Lewis (3rd - 400m)

**2005**

Charles Lewis (1st - 400m)  
Tyler McCoy (1st - Javelin)  
Ed Cornell (3rd - Discus)  
Jimmy Grabow (3rd - 10000m)  
Charles Lewis (3rd - 200m)  
David Sampson (3rd - Shot Put)

**2006 (MPSF)**

John Temidara (1st - High Jump)  
Robert Jennings (2nd - Weight Throw)  
John Temidara (2nd - Triple Jump)

**2006**

Mario Cobian (1st - 800m)  
Ed Cornell (1st - Discus)  
Charles Lewis (1st - 400m)  
Chris Richardson (1st - Decathlon)  
John Temidara (1st - High Jump)  
John Temidara (1st - Triple Jump)  
4x400m Relay (1st)  
Austin Fowler (2nd - 200m)  
Jimmy Grabow (2nd - 5000m)  
Robert Jennings (2nd - Discus)  
Tim Burnham (3rd - Pole Vault)  
Ronald Carter (3rd - Triple Jump)  
Austin Fowler (3rd - 100m)  
Robert Gomez (3rd - 400m Hurdles)  
Charles Lewis (3rd - 200m)  
Chris Richardson (3rd - Javelin)  
David Sampson (3rd - Discus)  
John Temidara (3rd - Long Jump)

**2007 (MPSF)**

Ronald Carter (1st - Triple Jump)  
Brent Gray (1st - 200m)  
Chris Richardson (3rd - Heptathlon)

**2007**

Brent Gray (1st - 100m)  
Brent Gray (1st - 200m)  
Robert Jennings (1st - Discus)  
4x400m (1st)  
Alex Goldberg (2nd - 400m)  
Tyson Gray (2nd - Javelin)  
Alex Goldberg (3rd - 200m)  
Rodney Hawkins (3rd - Triple Jump)  
David Sampson (3rd - Discus)  
4x100m (3rd)

**2008 (MPSF)**

Brent Gray (1st - 200m)  
Alex Freitas (3rd - 800m)

**2008**

Brent Gray (1st - 100m)  
Brent Gray (1st - 200m)  
Robert Jennings (1st - Hammer)  
Chris Richardson (1st - Javelin)  
Chris Richardson (1st - Decathlon)  
4x100 (1st)  
4x400m (1st)  
Kelsey Caesar (2nd - 400m)  
Austin Fowler (2nd - 100m)  
Tyson Gray (2nd - Javelin)  
Chris Lawson (2nd - 400m Hurdles)  
Ed Cornell (3rd - Discus)  
Collin Cram (3rd - Decathlon)  
Austin Fowler (3rd - 200m)  
Alex Freitas (3rd - 1500m)

**2009 (MPSF)**

Brent Gray (1st - 200m)

**2009**

Rajan Bains (2nd - Discus)  
Colin Dunbar (2nd - Hammer)  
Rodney Hawkins (2nd - Triple Jump)  
Kenneth Medwood (2nd - 400m Hurdles)  
Kenneth Medwood (2nd - Long Jump)  
Pat Smith (2nd - Javelin)  
Alex Freitas (3rd - 800m)  
Gabe Rodriguez (3rd - Javelin)

**2010**

Kenneth Medwood (1st - 400m Hurdles)

Nicholas Armstrong (2nd - Decathlon)  
Kevin Jenkins (2nd - Triple Jump)  
Sam Jeter (2nd - 400m Hurdles)  
Matt Maldonado (2nd - 1500m)  
Kenneth Medwood (2nd - Long Jump)  
Cesar Puga (2nd - Discus)  
4x100m (2nd)  
Alex Freitas (3rd - 800m)  
Nimrod Piggee (3rd - 110m Hurdles)  
4x400m (3rd)

**2011 (MPSF)**

Colin Dunbar (1st - Weight Throw)  
Nicholas Armstrong (3rd - Heptathlon)

**2011**

Nicholas Armstrong (1st - Decathlon)  
Colin Dunbar (1st - Discus)  
Colin Dunbar (1st - Hammer)  
Cesar Puga (1st - Shot Put)  
Tyler Wallace (1st - Pole Vault)  
Ben Woodruff (1st - Javelin)  
Koree Hines (2nd - 110m Hurdles)  
Manny Neizer (2nd - Triple Jump)  
Cesar Puga (2nd - Discus)  
Heath Reedy (2nd - 10000m)  
Colin Dunbar (3rd - Shot Put)  
Manny Neizer (3rd - Long Jump)  
Christopher Lawson (3rd - 400m)

**2012 (MPSF)**

Matt Maldonado (1st - Mile)  
Tyler Wallace (2nd - Pole Vault)  
Jacob Weintraub (3rd - Shot Put)

**2012**

Chris Lawson (1st - 400m Hurdles)  
Jahmani Lockett (1st - 400m)  
Jacob Weintraub (1st - Discus)  
Ben Woodruff (1st - Javelin)  
Jacob Fraser (2nd - Discus)  
Cameron Glasgow (2nd - 200m)  
Chris Lawson (2nd - 110m Hurdles)  
Manny Neizer (2nd - Triple Jump)  
Jacob Weintraub (2nd - Shot Put)  
4x400m (2nd)  
Dillon Fox (3rd - Decathlon)  
Koree Hines (3rd - 110m Hurdles)  
Michael Vaughan (3rd - Triple Jump)  
4x100m (3rd)

**2013 (MPSF)**

Willie Alexander (3rd - Long Jump)

**2013**

Jacob Fraser (1st - Discus)  
Gabe Hilbert (1st - 800m)  
Josh Villalobos (1st - Hammer)  
Davon Wilson-Angel (1st - 110m Hurdles)  
Willie Alexander (2nd - Triple Jump)  
Garrett Demirjian (2nd - Decathlon)  
Cameron Glasgow (2nd - 400m)  
Jason Harrell (2nd - Discus)  
Devin Hickey (2nd - 110m Hurdles)  
Chris Yates (2nd - Shot Put)  
4x100 (2nd)  
Willie Alexander (3rd - Long Jump)  
Dylan McCloskey (3rd - 400m)  
Kody Robison (3rd - Javelin)  
4x400 (3rd)

**2014**

Willie Alexander (1st - Triple Jump)  
Adam Bianchessi (1st - Javelin)  
Garrett Demirjian (1st - Decathlon)  
Jason Harrell (1st - Discus)  
Chris Low (1st - 800m)  
Michael Perez-Rogers (1st - 400m)  
Conner Rouse (1st - Pole Vault)  
Davon Wilson-Angel (1st - 110m Hurdles)  
4x400 (1st)  
Willie Alexander (2nd - Long Jump)  
Chris Enriquez (2nd - 10000m)  
Jacob Fraser (2nd - Shot Put)  
Jacob Fraser (2nd - Discus)  
Cameron Glasgow (2nd - 200m)  
Brandon Hierholzer (2nd - Pole Vault)  
Dylan McCloskey (2nd - 400m)  
Kody Robison (2nd - Javelin)  
Devin Hickey (3rd - 110m Hurdles)  
Michael Perez-Rogers (3rd - 200m)  
Camren Woods (3rd - Long Jump)  
4x100 (3rd)

**2015 (MPSF)**

Cameron Glasgow (3rd - 400m)

**2015**

Willie Alexander (1st - Long Jump)  
Jacob Fraser (1st - Discus)  
Cameron Glasgow (1st - 400m)  
Chris Low (1st - 800m)  
Michael Montgomery (1st - Pole Vault)

Kody Robison (1st - Hammer)  
Ryan Sanders (1st - Triple Jump)  
4x400 (1st)  
Willie Alexander (2nd - Triple Jump)  
Cameron Glasgow (2nd - 200m)  
Devin Hickey (2nd - 110m Hurdles)  
Victor Martin (2nd - Shot Put)  
Victor Martin (2nd - Discus)  
Michael Perez-Rogers (2nd - 400m)  
Kody Robison (2nd - Javelin)  
Conner Rouse (2nd - Pole Vault)  
Ryan Sanders (3rd - Long Jump)  
4x100 (3rd)

**2016 (MPSF)**

James Hubbard (2nd - Weight Throw)  
Kody Robison (3rd - Weight Throw)

**2016**

Willie Alexander (1st - Triple Jump)  
Kemonie Briggs (1st - Long Jump)  
Ryan Colebrook (1st - 400m Hurdles)  
Michael Montgomery (1st - Pole Vault)  
Kody Robison (1st - Hammer)  
4x400 (1st)  
Willie Alexander (2nd - 100m)  
Willie Alexander (2nd - 200m)  
Willie Alexander (2nd - Long Jump)  
Xander Cooper (2nd - Pole Vault)  
Herman Day (2nd - Decathlon)  
James Hubbard (2nd - Discus)  
James Hubbard (2nd - Hammer)  
Daniel York-Mouton (2nd - 400m)  
4x100 (2nd)  
Kemonie Briggs (3rd - 400m)  
Ryan Colebrook (3rd - 110m Hurdles)  
Robert Marlow (3rd - Hammer)

**2017**

Kemonie Briggs (1st - Long Jump)  
Paul Thenard (1st - Pole Vault)  
Kemonie Briggs (2nd - 400m)  
Vincent Calhoun (2nd - High Jump)  
Jason Smith (2nd - Long Jump)  
4x400 (3rd)  
Kemonie Briggs (3rd - 200m)  
Koty Burton (3rd - 110H)  
Sal Nasser (3rd - Long Jump)

**2018**

Kemonie Briggs (1st - Long Jump)  
Kent Harris (1st - 200m)  
Kent Harris (2nd - 100m)  
Daniel Yourk-Mouton (2nd -400m)  
Jason Smith (2nd - Long Jump)  
Josh Carr (2nd - Hammer throw)  
Jason Smith (T2nd - High Jump)  
4x400m (1st)  
Kemonie Briggs (3rd - 400m)  
John Broadhead (3rd - Decathalon)  
Michael Magula (3rd - Pole Vault)  
Nicholas Hudson (3rd - Hammer throw)

**2019**

Michael Simpson (1st - 3000m Steeple)  
Vincent Calhoun (1st - High Jump)  
Kemonie Briggs (1st - Long Jump)  
Charlie Vernoy (1st - Discus)  
Kent Harris (2nd - 100m)  
Kemonie Briggs (2nd - 400m)  
John Broadhead (2nd - Decathlon)  
Tavi Kamarullah (2nd - Shot Put)  
Nicholas Hudson (2nd - Hammer)  
Christian Mueller (T2nd - Pole Vault)  
Sebastian Coleman (3rd - Discus)  
Josh Carr (3rd - Hammer)  
4x100m (3rd)  
4x400m (3rd)

**2020 (MPSF)**

Jason Smith (1st - Long Jump)

**2021**

4x100m (1st)  
Aaron Booth (1st - Decathlon)  
Alec Jones (1st - Hammer)  
Alec Jones (1st - Discus)  
Jason Smith (1st - Long Jump)  
Jason Smith (1st - High Jump)  
Charlie Vernoy (2nd - Hammer)  
Charlie Vernoy (2nd - Shot Put)  
Porte Joie Tshiaba (2nd - High Jump)  
Michael Magula (2nd - Pole Vault)  
Jason Smith (2nd - Triple Jump)  
Marcos Gonzalez (3rd - Javelin)

**WOMEN****1986**

Jacque Norton (2nd - Discus)  
 Jacque Norton (2nd - Shot Put)  
 Kerri Zaleski (2nd - 800m)  
 4x400m (3rd)

**1987**

Jacque Norton (1st - Shot Put)  
 Maureen Wiley (1st - Long Jump)  
 Ami Ice (2nd - 400m Hurdles)  
 Jacque Norton (2nd - Javelin)  
 Jacque Norton (2nd - Discus)  
 Kerri Zaleski (2nd - 800m)  
 Sarina Wong (3rd - 10000m)

**1988 (incomplete)**

Ami Ice (1st - 400m Hurdles)  
 Cathy Roberts (1st - 200m)  
 Cathy Roberts (1st - Long Jump)  
 Kerri Zaleski (1st - 800m)

**1989**

Ami Ice (1st - Heptathlon)  
 Chris Morgan (2nd - 1500m)  
 Ami Ice (3rd - 100m Hurdles)

**1990**

Jennifer Bessel (1st - 5000m)  
 Jennifer Bessel (2nd - 3000m)  
 Celeste Paquette (2nd - Shot Put)

**1991**

Ami Ice (1st - Heptathlon)  
 Chris Morgan (2nd - 5000m)  
 Ambre Thompson (2nd-100m Hurdles)  
 Chris Morgan (3rd - 800m)  
 Mary Schumacher (3rd - 10000m)  
 Lori Svoboda (3rd - High Jump)

**1993**

Le'Gretta Hinds (1st - 400m Hurdles)  
 Marquita Knight (1st - Triple Jump)  
 Ambre Thompson (1st - Long Jump)  
 4x100m (1st)  
 Le'Gretta Hinds (2nd - 100m Hurdles)  
 Atelaite Pale (2nd - Discus)  
 Loni Buettner (3rd - High Jump)  
 Angie Scott (3rd - Triple Jump)  
 Ambre Thompson (3rd - 100m Hurdles)  
 4x400m (3rd)

**1994**

Le'Gretta Hinds (1st - 400m Hurdles)  
 Le'Gretta Hinds (2nd - 100m Hurdles)  
 Brooke Mabe (2nd - 10000m)  
 Laite Pale (2nd - Discus)

**1995**

Christa Ayuso (1st - 1500m)  
 Le'Gretta Hinds (1st - 400m Hurdles)  
 Kirran Moss (1st - Hammer)  
 Le'Gretta Hinds (2nd - 100m Hurdles)

**1996 (MPSF)**

Le'Gretta Hinds (2nd - 55m)

**1996**

Kristy Kierulff (1st - High Jump)  
 Le'Gretta Hinds (2nd - 100m Hurdles)  
 Brooke Moss (2nd - Discus)  
 Le'Gretta Hinds (3rd - 400m Hurdles)

**1997 (MPSF)**

Marylou Badillo (3rd - Pole Vault)  
 Kristy Kierulff (3rd - High Jump)  
 Kirran Moss (3rd - Weight Throw)

**1997**

Marylou Badillo (1st - Pole Vault)  
 Asa Karlsson (2nd - 100m Hurdles)  
 Asa Karlsson (2nd - 400m Hurdles)  
 Kirran Moss (2nd - Hammer)

**1998 (MPSF)**

Marylou Badillo (2nd - Pole Vault)

**1998**

Tayyiba Haneef (1st - High Jump)  
 Adara Newidouski (3rd - Shot Put)

**1999 (MPSF)**

Kristy Kierulff (3rd - High Jump)

**1999**

Marion Reneau (1st - Heptathlon)  
 Marion Reneau (1st - Long Jump)  
 4x100m (1st)  
 Amaris Buchanan (2nd - 100m)  
 Amaris Buchanan (2nd - 200m)

Tayyiba Haneef (2nd - High Jump)  
 Marion Reneau (2nd - 100m Hurdles)  
 Kristy Kierulff (3rd - High Jump)  
 Monica Macmanus (3rd - 5000m)  
 4x400m (3rd)

**2000**

Tayyiba Haneef (1st - High Jump)  
 Christina Lee (2nd - Pole Vault)  
 Marion Reneau (2nd - Heptathlon)  
 Leslie Smith (3rd - Pole Vault)

**2001 (MPSF)**

Tayyiba Haneef (1st - High Jump)

**2001**

Nina Grubbs (1st - Heptathlon)  
 Tayyiba Haneef (1st - High Jump)  
 Connie Jerz (1st - Pole Vault)  
 Shannon Livingston (2nd - 100m Hurdles)  
 Ami Goldhammer (3rd - Javelin)  
 Christine Riel (3rd - 10000m)

**2002**

Serena Boykin (2nd - Shot Put)  
 Emily Forsythe (2nd - High Jump)  
 Stephanie Sampson (2nd - Hammer)  
 Gladys Iwuaba (3rd - Triple Jump)  
 Michelle Pequino (3rd - Discus)

**2003**

Stephanie Sampson (1st - Hammer)  
 Jennifer Yadon (2nd - Steeplechase)  
 Gladys Iwuaba (3rd - Triple Jump)

**2004 (MPSF)**

Emily Forsythe (3rd - High Jump)

**2004**

Ami Goldhammer (1st - Heptathlon)  
 Ami Goldhammer (1st - Javelin)  
 Stephanie Sampson (1st - Hammer)  
 Serena Boykin (3rd - Shot Put)  
 Emily Forsythe (3rd - High Jump)  
 Jennifer Yadon (3rd - Steeplechase)

**2005 (MPSF)**

Emily Forsythe (T3rd - High Jump)

**2005**

Kim Heinz (1st - Javelin)  
 4x100m Relay (1st)  
 Jessica Branker (2nd - 200m)  
 Meredith Kramon (2nd - 10000m)  
 4x400m Relay (2nd)  
 Charlene Deardorff (3rd - 100m)  
 Kristina Price (3rd - Discus)  
 Jasmine Winfield (3rd - 400m)

**2006**

Katelyn Cicarelli (1st - Discus)  
 Emily Forsythe (1st - High Jump)  
 Kim Heinz (1st - Javelin)  
 Jill Reynolds (1st - Pole Vault)  
 Jaime Cuthbert-Allen (T2nd - Heptathlon)  
 Kristina Price (2nd - Discus)  
 Alex Shaw (2nd - Javelin)  
 Kristina Price (3rd - Shot Put)  
 Ludi Valdez (3rd - 10000m)  
 Jasmine Winfield (3rd - 100m)  
 Jasmine Winfield (3rd - 200m)  
 4x100m Relay (3rd)

**2007**

Jennifer Onyeagbako (1st - Discus)  
 Alex Shaw (1st - Javelin)  
 Jessica Branker (2nd - 200m)  
 Ericka Feazell (2nd - 100m Hurdles)  
 Kim Heinz (2nd - Javelin)  
 Patrice White (2nd - 100m)  
 4x100m (2nd)  
 Jessica Branker (3rd - 100m)  
 Meredith Kramon (3rd - 10000m)  
 Jennifer Onyeagbako (3rd - Hammer)  
 Jill Reynolds (3rd - Pole Vault)

**2008**

Katelyn Cicarelli (1st - Discus)  
 Miia Mobley (1st - Triple Jump)  
 Alex Shaw (1st - Javelin)  
 Jessica Branker (2nd - 100m)  
 Jessica Branker (2nd - 200m)  
 4x100m (2nd)  
 Phylcia Johnson (Long Jump - 3rd)  
 Kristen Kiefer (400m Hurdles - 3rd)  
 Jill Reynolds (Pole Vault - 3rd)

**2009**

Carly Harris (2nd - 5000m)  
 Carly Harris (2nd - Steeplechase)

Kristina Wilson (2nd - 10000m)  
 Taylor O'Conner (3rd - High Jump)

**2010**

Randi Hicks (1st - Javelin)  
 Alex Shaw (2nd - Javelin)

**2011**

Phylcia Johnson (1st - Long Jump)  
 Rosa Del Toro (2nd - 1500m)  
 Katrina Graves-Johnson (2nd - High Jump)  
 Randi Hicks (2nd - Javelin)  
 Phylcia Johnson (2nd - Heptathlon)  
 Shakina Phillips (2nd - 100m Hurdles)  
 Shakina Phillips (3rd - 400m Hurdles)  
 Tara Ross (3rd - Javelin)  
 Jillian Weir (3rd - Shot Put)

**2012 (MPSF)**

Katrina Graves-Johnson (2nd - High Jump)

**2012**

Jessica Barnard (1st - Steeplechase)  
 Katrina Graves-Johnson (2nd - High Jump)  
 Kayla Kamaka (2nd - Pole Vault)  
 Sara Macey (2nd - Heptathlon)  
 Emily Cooper (3rd - 100m)  
 Emily Cooper (3rd - 200m)  
 Phylcia Johnson (3rd - Long Jump)  
 Shakina Phillips (3rd - 400m Hurdles)

**2013**

Taylor Jackson (2nd - Long Jump)  
 Alexandra Cervantes (3rd - Hammer)  
 Taylor Jackson (3rd - Heptathlon)  
 Hillary Zator (3rd - 10000m)  
 4x400 (3rd)

**2014**

Fatima Vergara (1st - Hammer)  
 4x400 (2nd)  
 Marina Shelton (3rd - Hammer)  
 4x100 (3rd)

**2015**

Jasmine Bass (2nd - Triple Jump)  
 Marina Shelton (3rd - Hammer)  
 4x100 (3rd)  
 4x400 (3rd)

**2016 (MPSF)**

Marina Shelton (3rd - Weight Throw)

**2016**

Riley Cooks (1st - Heptathlon)  
 Courtne' Davis (1st - 100m)  
 Courtne' Davis (1st - 200m)  
 Fatima Vergara (1st - Hammer)  
 Riley Cooks (2nd - 200m)  
 Riley Cooks (2nd - 110m Hurdles)  
 Ashleigh Chambers (3rd - 200m)  
 Riley Cooks (1st - Heptathlon)  
 Riley Cooks (1st - Long Jump)  
 Shelby Crider (1st - Javelin)  
 Jasmine Bass (2nd - Triple Jump)  
 Riley Cooks (2nd - 100m Hurdles)  
 Courtne' Davis (2nd - 200m)  
 Bria Palmer (2nd - High Jump)  
 Ashleigh Chambers (3rd - 200m)  
 Courtne' Davis (3rd - 100m)

**2018**

Courtne' Davis (1st - 200m)  
 Anaya Alexander (1st - 400m)  
 4x100m (1st)  
 4x400m (1st)  
 Courtne' Davis (2nd - 100m)  
 Shalee Reynolds (2nd - 400m Hurdles)  
 Ashleigh Chambers (3rd - 100m)  
 Shyann Reynolds (3rd - 400m)  
 Bria Palmer (3rd - High Jump)  
 Crystal Rodriguez (3rd - Javelin)

**2019**

Courtne' Davis (1st - 100m)  
 Courtne' Davis (1st - 200m)  
 Bria Palmer (2nd - High Jump)  
 De'Ondra Young (2nd - Hammer)  
 Azaria Hill (3rd - 100m)  
 Skylin Harbin (3rd - 110m Hurdles)  
 Skylin Harbin (3rd - 400m Hurdles)

**2021**

Hannah Katches (1st - Javelin)  
 Crystal Washington (1st - Triple Jump)  
 Riley Fick (2nd - 3000m Steeple)  
 Hailey Fune (3rd - 100m Hurdles)

*\* Athletes listed by finish*

## 60 Meters

|     |         |                       |      |
|-----|---------|-----------------------|------|
| 1.  | 6.75    | Brent Gray.....       | 2009 |
| 2.  | 6.78    | Michael Hull.....     | 2020 |
| 3.  | 6.85 aa | Austin Fowler.....    | 2009 |
| 4.  | 6.89 aa | Dylan McCloskey.....  | 2013 |
| 5.  | 6.90 aa | Charles Lewis.....    | 2006 |
|     | 6.90    | Kent Harris.....      | 2019 |
| 6.  | 6.96 aa | Jason Dolison.....    | 2001 |
| 7.  | 6.97    | Cameron Glasgow.....  | 2014 |
| 8.  | 7.00 aa | Chandler White.....   | 2001 |
| 9.  | 7.02 aa | Richard Crawford..... | 2011 |
|     | 7.02 aa | Femi Ajose.....       | 2019 |
| 10. | 7.04 aa | Daniel Gerlach.....   | 2002 |

## 200 Meters

|     |       |                           |      |
|-----|-------|---------------------------|------|
| 1.  | 20.90 | Brent Gray.....           | 2009 |
| 2.  | 21.47 | Charles Lewis.....        | 2006 |
|     | 21.47 | Lewis Young.....          | 1998 |
| 4.  | 21.54 | Michael Perez-Rogers..... | 2015 |
| 5.  | 21.66 | Cameron Glasgow.....      | 2015 |
| 6.  | 21.68 | Otis Dixon.....           | 1990 |
| 7.  | 21.69 | Jacob Glickman.....       | 1996 |
| 8.  | 21.72 | Kelsey Caesar.....        | 2008 |
|     | 21.72 | Terrance Riley.....       | 1990 |
| 10. | 21.77 | Jaime Barragan.....       | 1996 |

## 400 Meters

|     |       |                           |      |
|-----|-------|---------------------------|------|
| 1.  | 46.89 | Lewis Young.....          | 1999 |
| 2.  | 47.31 | Charles Lewis.....        | 2006 |
| 3.  | 47.53 | Cameron Glasgow.....      | 2015 |
|     | 47.53 | Daniel York-Mouton.....   | 2018 |
| 4.  | 47.55 | Kashus Perona.....        | 2000 |
| 5.  | 47.61 | Michael Perez-Rogers..... | 2015 |
| 6.  | 47.84 | Kemonie Briggs.....       | 2016 |
| 7.  | 47.98 | Roosevelt Langston.....   | 1990 |
| 8.  | 48.04 | Brent Gray.....           | 2008 |
| 9.  | 48.09 | Kelsey Caesar.....        | 2008 |
| 10. | 48.10 | Tyrone Pearson.....       | 2000 |

## 800 Meters

|     |         |                      |      |
|-----|---------|----------------------|------|
| 1.  | 1:49.83 | Alex Freitas.....    | 2008 |
| 2.  | 1:51.40 | Larry Henderson..... | 2000 |
| 3.  | 1:51.57 | Matt Bates.....      | 2002 |
| 4.  | 1:52.12 | Gabe Hilbert.....    | 2012 |
| 5.  | 1:52.61 | Hudson Wilvers.....  | 2008 |
| 6.  | 1:52.62 | Mario Cobian.....    | 2006 |
| 7.  | 1:52.88 | Chris Low.....       | 2014 |
| 8.  | 1:54.05 | Neil Chomos.....     | 1991 |
| 9.  | 1:54.13 | Matt Maldonado.....  | 2009 |
| 10. | 1:54.22 | Josh Campbell.....   | 2004 |

## 1 Mile

|     |            |                      |      |
|-----|------------|----------------------|------|
| 1.  | 3:59.08    | Matt Maldonado.....  | 2012 |
| 2.  | 4:11.85    | Mario Cobian.....    | 2007 |
| 3.  | 4:11.93    | Alex Freitas.....    | 2009 |
| 4.  | 4:13.21    | Raul Arcos.....      | 2011 |
| 5.  | 4:14.61 aa | Raymon Ornelas.....  | 2020 |
| 6.  | 4:15.28    | Chris Low.....       | 2015 |
| 7.  | 4:15.49    | Gabe Hilbert.....    | 2012 |
| 8.  | 4:16.14    | Scot Breithaupt..... | 2005 |
| 9.  | 4:16.69 aa | Johann Appell.....   | 2000 |
| 10. | 4:17.54 c  | Neil Chomos.....     | 1992 |

## 3000 Meters

|     |         |                          |      |
|-----|---------|--------------------------|------|
| 1.  | 7:59.40 | Jimmy Grabow.....        | 2007 |
| 2.  | 8:18.01 | Chris Enriquez.....      | 2014 |
| 3.  | 8:19.16 | Heath Reedy.....         | 2011 |
| 4.  | 8:25.45 | Travis Kuhlman.....      | 2010 |
| 5.  | 8:25.77 | Jake Dawson.....         | 2013 |
| 6.  | 8:26.96 | Volhan Ovalle.....       | 2007 |
| 7.  | 8:29.60 | Steven DeCastro.....     | 2010 |
| 8.  | 8:32.47 | Raul Arcos.....          | 2011 |
| 9.  | 8:35.22 | Terrance Wroblewski..... | 2004 |
| 10. | 8:35.47 | Raymon Ornelas.....      | 2020 |

## 5000 Meters

|     |             |                          |      |
|-----|-------------|--------------------------|------|
| 1.  | 13:44.04    | Jimmy Grabow.....        | 2006 |
| 2.  | 14:09.93    | Chris Enriquez.....      | 2014 |
| 3.  | 14:26.86    | Volhan Ovalle.....       | 2007 |
| 4.  | 14:37.37    | Jake Dawson.....         | 2013 |
| 5.  | 14:48.97    | Raymon Ornelas.....      | 2020 |
| 6.  | 14:53.11    | Bret Hasvold.....        | 2011 |
| 7.  | 14:56.70    | Dylan Jaedtko.....       | 2007 |
| 8.  | 15:02.48 aa | Terrance Wroblewski..... | 2003 |
| 9.  | 15:05.09    | Steven DeCastro.....     | 2012 |
| 10. | 15:12.21    | Eli Rodriguez.....       | 2007 |

## 60 Meter High Hurdles

|     |         |                         |      |
|-----|---------|-------------------------|------|
| 1.  | 7.96aa  | Koty Burton.....        | 2019 |
| 2.  | 8.01aa  | Raleigh Adams.....      | 2018 |
| 2.  | 8.05    | Davon Wilson-Angel..... | 2014 |
| 3.  | 8.09    | Koree Hines.....        | 2012 |
| 4.  | 8.12    | Shingo Suzumura.....    | 2003 |
| 5.  | 8.16    | Chris Lawson.....       | 2009 |
| 6.  | 8.18    | Nimrod Piggee.....      | 2010 |
| 7.  | 8.19    | Devin Hickey.....       | 2013 |
| 8.  | 8.28 aa | Derreck Affor.....      | 2019 |
| 9.  | 8.29 aa | Armond Goodin.....      | 2006 |
| 10. | 8.33 aa | Kenny Vinh.....         | 2001 |

## 4x400m Relay

|     |         |                              |      |
|-----|---------|------------------------------|------|
| 1.  | 3:12.13 | Perez-Rogers, Glasgow.....   | 2015 |
|     |         | Lockett, McCloskey.....      |      |
| 2.  | 3:12.51 | Pearson, Perona.....         | 1999 |
|     |         | Moore, Young.....            |      |
| 3.  | 3:12.83 | Briggs, York-Mouton.....     | 2016 |
|     |         | McCloskey, Perez-Rogers..... |      |
| 4.  | 3:13.58 | Langston, Riley.....         | 1990 |
|     |         | Billups, Dixon.....          |      |
| 5.  | 3:14.59 | McCloskey, Glasgow.....      | 2014 |
|     |         | Perez-Rogers, Smith.....     |      |
| 6.  | 3:14.70 | Briggs, McCloskey.....       | 2016 |
|     |         | York-Mouton, Colebrook.....  |      |
| 7.  | 3:14.95 | Pearson, Perona.....         | 1999 |
|     |         | Carson, Young.....           |      |
| 8.  | 3:15.21 | B. Gray, Goldberg.....       | 2007 |
|     |         | Freitas, Lewis.....          |      |
| 9.  | 3:15.31 | Briggs, Babineaux.....       | 2019 |
|     |         | Harris, Broadhead.....       |      |
| 10. | 3:15.44 | Lawson, Fowler.....          | 2009 |
|     |         | Piggee, Crawford.....        |      |

## Distance Medley Relay

|     |          |                            |      |
|-----|----------|----------------------------|------|
| 1.  | 9:51.55  | Cobain, Lewis.....         | 2007 |
|     |          | Freitas, Grabow.....       |      |
| 2.  | 9:52.53  | Maldonado, Medwood.....    | 2009 |
|     |          | Freitas, Arcos.....        |      |
| 3.  | 10:00.21 | Arcos, Jeter.....          | 2011 |
|     |          | Evans, Reedy.....          |      |
| 4.  | 10:01.87 | Evans, Medwood.....        | 2010 |
|     |          | Granville, Freitas.....    |      |
| 5.  | 10:03.68 | Maldonado, Gray.....       | 2009 |
|     |          | Freitas, Arcos.....        |      |
| 6.  | 10:06.57 | Breithaupt, Douglas.....   | 2005 |
|     |          | Bruton, Estrella.....      |      |
| 7.  | 10:12.45 | Wilvers, Lawson.....       | 2008 |
|     |          | Freitas, Thomas.....       |      |
| 8.  | 10:13.53 | Maldonado, Van Bortel..... | 2012 |
|     |          | Naasz, Hilbert.....        |      |
| 9.  | 10:15.20 | Campbell, Dickran.....     | 2004 |
|     |          | Cardinali, Garcia.....     |      |
| 10. | 10:17.93 | Reedy, Evans.....          | 2011 |
|     |          | Arcos, Hasvold.....        |      |

## High Jump

|     |         |                         |      |
|-----|---------|-------------------------|------|
| 1.  | 7-06.50 | Dwight Stones.....      | 1976 |
| 2.  | 7-03.25 | Jason Smith.....        | 2020 |
| 3.  | 7-02.75 | John Temidara.....      | 2004 |
| 4.  | 7-00.50 | Alex Black.....         | 2010 |
| 5.  | 6-11.50 | Vincent Calhoun.....    | 2019 |
| 6.  | 6-10.25 | Haben Hagos.....        | 2005 |
| 7.  | 6-10.00 | David Puffer.....       | 1989 |
| 8.  | 6-09.50 | Nicholas Armstrong..... | 2010 |
| 9.  | 6-09.00 | Corey Johnson.....      | 1997 |
| 10. | 6-08.75 | Brad Zaremski.....      | 2010 |

## Pole Vault

|     |          |                         |      |
|-----|----------|-------------------------|------|
| 1.  | 18-06.50 | Jason Hinkin.....       | 1997 |
| 2.  | 18-00.50 | Borya Celentano.....    | 1999 |
| 3.  | 17-09.50 | Don Baird.....          | 1975 |
| 4.  | 17-01.75 | Tyler Wallace.....      | 2012 |
| 5.  | 17-01.50 | Steve Smith.....        | 1973 |
| 6.  | 17-00.75 | Paul Thenard.....       | 2017 |
| 7.  | 17-00.00 | Conner Rouse.....       | 2015 |
| 8.  | 16-10.00 | Michael Montgomery..... | 2016 |
| 9.  | 16-07.25 | Jimmy Camilo.....       | 2001 |
| 10. | 16-05.00 | Jeff Mulligan.....      | 1989 |

## Long Jump

|     |          |                       |      |
|-----|----------|-----------------------|------|
| 1.  | 25-10.25 | Jason Smith.....      | 2020 |
| 2.  | 25-07.25 | Kemonie Briggs.....   | 2019 |
| 3.  | 25-00.00 | Willie Alexander..... | 2013 |
| 4.  | 24-05.50 | Detric Cofield.....   | 1996 |
| 5.  | 24-00.25 | Saladin Nasser.....   | 2018 |
| 6.  | 23-11.50 | Chris Richardson..... | 2007 |
| 7.  | 23-08.50 | Daniel Gerlach.....   | 2002 |
| 8.  | 23-06.75 | Kenneth Medwood.....  | 2009 |
| 9.  | 23-06.25 | Eric Nowell.....      | 2010 |
| 10. | 23-05.25 | Ronald Carter.....    | 2006 |

## Triple Jump

|     |          |                       |      |
|-----|----------|-----------------------|------|
| 1.  | 52-07.25 | Ronald Carter.....    | 2007 |
| 2.  | 51-03.75 | John Temidara.....    | 2006 |
| 3.  | 51-01.50 | Gregory Magee.....    | 1977 |
| 4.  | 50-08.00 | Ryan Sanders.....     | 2015 |
| 5.  | 50-06.00 | Manny Neizer.....     | 2012 |
| 6.  | 50-02.75 | Blair Robinson.....   | 2019 |
| 7.  | 48-10.00 | Michael Vaughan.....  | 2013 |
| 8.  | 48-09.50 | Jason Smith.....      | 2018 |
| 9.  | 48-04.00 | Haben Hagos.....      | 2004 |
| 10. | 48-03.25 | Willie Alexander..... | 2013 |

## Shot Put

|     |          |                      |      |
|-----|----------|----------------------|------|
| 1.  | 61-10.50 | Jon O'Neil.....      | 2002 |
| 2.  | 58-09.25 | Jacob Weintraub..... | 2012 |
| 3.  | 58-06.25 | Ezra Kwong.....      | 2007 |
| 4.  | 56-06.00 | Colin Dunbar.....    | 2011 |
| 5.  | 56-05.75 | David Sampson.....   | 2006 |
| 6.  | 56-00.00 | Victor Martin.....   | 2015 |
| 7.  | 55-07.00 | Jacob Fraser.....    | 2015 |
| 8.  | 55-03.00 | Tavi Kamarullah..... | 2019 |
| 9.  | 54-10.75 | Cory Loebel.....     | 2003 |
| 10. | 54-03.75 | Damon DeVault.....   | 1997 |

## 35 lb. Weight Throw

|     |          |                      |      |
|-----|----------|----------------------|------|
| 1.  | 72-06.50 | James Hubbard.....   | 2017 |
| 2.  | 66-11.25 | Jon O'Neil.....      | 2002 |
| 3.  | 66-06.00 | Robert Marlow.....   | 2017 |
| 4.  | 66-04.25 | Kody Robison.....    | 2016 |
| 5.  | 65-00.75 | Colin Dunbar.....    | 2011 |
| 6.  | 64-10.75 | Robert Jennings..... | 2006 |
| 7.  | 63-11.50 | Josh Carr.....       | 2019 |
| 8.  | 63-07.50 | Charlie Vernoy.....  | 2020 |
| 9.  | 60-05.25 | Gavin Fua.....       | 2020 |
| 10. | 59-11.00 | Joel Baez.....       | 2013 |

## Heptathlon

|    |       |                          |      |
|----|-------|--------------------------|------|
| 1. | 5,399 | Nicholas Armstrong.....  | 2011 |
| 2. | 5,363 | Chris Richardson.....    | 2007 |
| 3. | 5,286 | Johnathan Broadhead..... | 2019 |
| 4. | 5,265 | Herman Day.....          | 2016 |
| 5. | 4,834 | Mark Horist.....         | 2011 |
| 6. | 4,449 | Justice Fair.....        | 2020 |
| 7. | 4,435 | Cole Hicks.....          | 2018 |
| 8. | 4,274 | Cameron Pizzica.....     | 2015 |

## 50 Meters

|    |      |                     |      |
|----|------|---------------------|------|
| 1. | 6.06 | Chandler White..... | 2001 |
|----|------|---------------------|------|

## 55 Meters

|     |      |                     |      |
|-----|------|---------------------|------|
| 1.  | 6.26 | Jaime Barragan..... | 1996 |
| 2.  | 6.30 | Byron Stovall.....  | 1989 |
| 3.  | 6.36 | Brandon Thomas..... | 1996 |
| 4.  | 6.37 | Mike Roberts.....   | 1988 |
| 5.  | 6.39 | Kevin Evans.....    | 1988 |
| 6.  | 6.40 | Eric Stuart.....    | 1997 |
|     | 6.40 | Jacob Glickman..... | 1996 |
| 8.  | 6.48 | Detric Cofield..... | 1997 |
| 9.  | 6.50 | Anthony Ford.....   | 1987 |
| 10. | 6.52 | Larry Billups.....  | 1990 |

## 500 Yards

|    |       |                     |      |
|----|-------|---------------------|------|
| 1. | 56.90 | Kashus Perona.....  | 2000 |
| 2. | 58.09 | Tyrone Pearson..... | 2000 |
| 3. | 58.14 | Lewis Young.....    | 1999 |
| 4. | 59.94 | Jason Dolison.....  | 2001 |

## 50 Meter High Hurdles

|    |      |                 |      |
|----|------|-----------------|------|
| 1. | 7.04 | Kenny Vinh..... | 2001 |
| 2. | 7.12 | Wil Moore.....  | 2000 |

## 55 Meter High Hurdles

|     |         |                          |      |
|-----|---------|--------------------------|------|
| 1.  | 7.48    | Derek Pye.....           | 1991 |
| 2.  | 7.49    | Doug Conner.....         | 1992 |
| 3.  | 7.57    | Jason Ricker.....        | 1991 |
| 4.  | 7.59    | Gary Cablayan.....       | 1997 |
| 5.  | 7.64    | Koree Hines.....         | 2012 |
| 6.  | 7.65    | Davon Wilson-Angel.....  | 2013 |
| 7.  | 7.72    | Wil Moore.....           | 1997 |
| 8.  | 7.88 aa | Jimmy Camilo.....        | 2000 |
| 9.  | 7.92    | Darby Kelly.....         | 1999 |
| 10. | 8.02 aa | Richard Christensen..... | 2000 |

c - converted from hand time      aa - altitude adjusted

**60 Meters**

|     |         |                          |      |
|-----|---------|--------------------------|------|
| 1.  | 7.37    | Courtne' Davis .....     | 2019 |
| 2.  | 7.47    | Amaris Buchanan .....    | 1999 |
| 3.  | 7.55    | Ashleigh Chambers .....  | 2018 |
| 4.  | 7.56 aa | Charlene Deardorff ..... | 2005 |
| 5.  | 7.58 aa | Emily Cooper .....       | 2013 |
| 6.  | 7.60aa  | Azaria Hill .....        | 2019 |
| 7.  | 7.61 aa | Jessica Branker .....    | 2006 |
| 8.  | 7.62    | Madison Carney .....     | 2017 |
| 9.  | 7.64 aa | Patrice White .....      | 2007 |
| 10. | 7.68    | Madison Golden .....     | 2020 |

**200 Meters**

|    |       |                          |      |
|----|-------|--------------------------|------|
| 1. | 24.00 | Courtne' Davis .....     | 2018 |
| 2. | 24.35 | Ashleigh Chambers .....  | 2018 |
| 3. | 24.58 | Cathy Roberts .....      | 1988 |
| 4. | 24.63 | Emily Cooper .....       | 2013 |
| 5. | 24.70 | Jessica Branker .....    | 2005 |
|    | 24.70 | Amaris Buchanan .....    | 1999 |
| 6. | 24.74 | Azaria Hill .....        | 2018 |
| 7. | 24.92 | Jasmine Winfield .....   | 2006 |
| 8. | 24.98 | Madison Golden .....     | 2020 |
| 9. | 25.04 | Riley Cooks .....        | 2016 |
|    | 25.04 | Charlene Deardorff ..... | 2006 |

**400 Meters**

|     |         |                          |      |
|-----|---------|--------------------------|------|
| 1.  | 54.79   | Kerri Zaleski .....      | 1988 |
| 2.  | 55.43   | Asa Karlsson .....       | 1997 |
| 3.  | 56.23   | LeNaya Giffin .....      | 2020 |
| 4.  | 56.56   | Anaya Alexander .....    | 2017 |
| 5.  | 56.66   | Le'Gretta Hinds .....    | 1996 |
| 6.  | 56.76   | Jasmine Winfield .....   | 2006 |
| 7.  | 56.80   | Jasmine Askew .....      | 2013 |
| 8.  | 56.82aa | Shyann Reynolds .....    | 2018 |
| 9.  | 56.84   | Alex Kruthers .....      | 2014 |
| 10. | 57.13   | Tavajia Richardson ..... | 2017 |

**800 Meters**

|     |         |                        |      |
|-----|---------|------------------------|------|
| 1.  | 2:10.40 | Jessica Barnard .....  | 2012 |
| 2.  | 2:10.90 | Christine Morgan ..... | 1991 |
| 3.  | 2:11.46 | Caitlin Turner .....   | 2014 |
| 4.  | 2:14.24 | Ivonne Cardenas .....  | 1998 |
| 5.  | 2:14.63 | Kylee Strausser .....  | 2020 |
| 6.  | 2:14.74 | Anitha Graves .....    | 2019 |
| 7.  | 2:15.43 | Nicole Blalock .....   | 2007 |
| 8.  | 2:15.60 | Ejro Okoro .....       | 2009 |
| 9.  | 2:15.72 | Meghan Foley .....     | 2013 |
| 10. | 2:16.40 | Taylor Owen .....      | 2018 |

**1 Mile**

|     |              |                        |      |
|-----|--------------|------------------------|------|
| 1.  | 4:50.75      | Rosa Del Toro .....    | 2012 |
| 2.  | 4:53.57      | Missy Barclay .....    | 2008 |
| 3.  | 4:54.30      | Jaclyn Pedersen .....  | 2006 |
| 4.  | 4:55.40      | Meghan Foley .....     | 2013 |
| 5.  | 4:55.54 c aa | Christine Morgan ..... | 1991 |
| 6.  | 4:55.90      | Jenessa Botello .....  | 2007 |
| 7.  | 4:56.04      | Carly Harris .....     | 2009 |
| 8.  | 4:56.70      | Nicole Blalock .....   | 2007 |
| 9.  | 4:59.23      | Ryley Fick .....       | 2020 |
| 10. | 4:59.85      | Annie Randall .....    | 2010 |

**3000 Meters**

|     |          |                          |      |
|-----|----------|--------------------------|------|
| 1.  | 9:22.08  | Rosa Del Toro .....      | 2013 |
| 2.  | 9:37.57  | Carly Harris .....       | 2009 |
| 3.  | 9:46.69  | Hillary Zator .....      | 2014 |
| 4.  | 9:47.27  | Sarah Apgar .....        | 2009 |
| 5.  | 9:49.06  | Jennifer Rodriguez ..... | 2011 |
| 6.  | 9:52.86  | Michelle Thompson .....  | 2013 |
| 7.  | 9:55.95  | Nina Moore .....         | 2011 |
| 8.  | 9:56.48  | Kristina Wilson .....    | 2009 |
| 9.  | 10:02.65 | Alexis Trujillo .....    | 2014 |
| 10. | 10:03.31 | Ludi Valdez .....        | 2006 |

**5000 Meters**

|     |             |                          |      |
|-----|-------------|--------------------------|------|
| 1.  | 16:23.15    | Rosa Del Toro .....      | 2013 |
| 2.  | 17:00.64    | Hillary Zator .....      | 2014 |
| 3.  | 17:01.31    | Ludi Valdez .....        | 2006 |
| 4.  | 17:11.86    | Michelle Thompson .....  | 2013 |
| 5.  | 17:22.36    | Nina Moore .....         | 2011 |
| 6.  | 17:22.63    | Kristina Wilson .....    | 2009 |
| 7.  | 17:23.54    | Meredith Kramon .....    | 2005 |
| 8.  | 17:26.38    | Jennifer Rodriguez ..... | 2011 |
| 9.  | 18:12.38    | Jennifer Yadon .....     | 2003 |
| 10. | 18:25.64 aa | Monica MacManus .....    | 1999 |

**60 Meter Hurdles**

|     |         |                          |      |
|-----|---------|--------------------------|------|
| 1.  | 8.41    | Riley Cooks .....        | 2017 |
| 2.  | 8.46    | Phylicia Johnson .....   | 2012 |
| 3.  | 8.61    | Skylin Harbin .....      | 2019 |
| 4.  | 8.68    | Elijah McDonald .....    | 2017 |
| 5.  | 8.70aa  | Melanee Williams .....   | 2018 |
| 6.  | 8.71    | Shakina Phillips .....   | 2012 |
| 7.  | 8.75    | Erricka Feazell .....    | 2008 |
| 8.  | 8.78    | Kristen Kiefer .....     | 2012 |
| 9.  | 8.91 aa | Gina Londono .....       | 2004 |
| 10. | 8.92 aa | Shannon Livingston ..... | 2001 |

**4x400 Meter Relay**

|     |            |                                         |      |
|-----|------------|-----------------------------------------|------|
| 1.  | 3:46.14    | Winfield, Branker, Deardorff, White     | 2006 |
|     | 3:46.14aa  | Reynolds, Alexander                     | 2018 |
| 3.  | 3:49.04    | Reynolds, Richardson                    |      |
|     |            | Griffin, Peterson                       | 2020 |
| 4.  | 3:49.84    | Golden, Tolento                         |      |
|     |            | Winfield, Branker, White, Deardorff     | 2005 |
| 5.  | 3:50.00    | Wright, Cooper, Askew, Hairanian        | 2013 |
| 6.  | 3:52.48 aa | Askew, Cooper, Kruthers, Wright         | 2014 |
| 7.  | 3:53.03    | Bedford, Buchanan, D. Jones, Reneau     | 1999 |
| 8.  | 3:53.95    | Davis, Wilson, Chambers, Knox           | 2016 |
| 9.  | 3:54.43    | Ruiz, Goldhammer, Fairweather, Atkinson | 2003 |
| 10. | 3:55.63    | Alexander, Richardson, Chambers, Davis  | 2017 |

**Distance Medley Relay**

|    |          |                                        |      |
|----|----------|----------------------------------------|------|
| 1. | 11:48.81 | Del Toro, Hairanian, Martinez, Barnard | 2012 |
| 2. | 11:52.79 | Harris, Okoro, Barclay, Apgar          | 2009 |
| 3. | 12:02.40 | Barclay, White, Okoro, Apgar           | 2008 |
| 4. | 12:03.48 | Allen, Tolento, Strausser, Fick        | 2020 |
| 5. | 12:03.73 | Del Toro, Phillips, Barnard, Moore     | 2011 |
| 6. | 12:08.64 | Barnard, Kieferl, Barclay, Randal      | 2010 |
| 7. | 12:13.16 | Barnard, Nunez, Randall, Barajas       | 2010 |
| 8. | 12:20.14 | Botello, Ross, Pedersen, Miller        | 2006 |

**High Jump**

|     |         |                        |      |
|-----|---------|------------------------|------|
| 1.  | 5-11.50 | Katrina Graves-Johnson | 2012 |
|     | 5-11.50 | Tayyiba Haneef         | 2000 |
|     | 5-11.50 | Kristy Kierulff        | 1999 |
| 4.  | 5-10.50 | Bria Palmer            | 2019 |
| 5.  | 5-09.75 | Emily Forsythe         | 2004 |
| 6.  | 5-09.25 | Lori Svoboda           | 1992 |
| 7.  | 5-08.50 | Janelle Coulter        | 2009 |
|     | 5-08.50 | Taylor O'Connor        | 2010 |
| 9.  | 5-07.00 | Diana Achololu         | 2019 |
| 10. | 5-07.00 | Delaney Smith          | 2019 |

**Pole Vault**

|     |          |                  |      |
|-----|----------|------------------|------|
| 1.  | 13-03.50 | Connie Jerz      | 2002 |
| 2.  | 12-11.50 | Jill Reynolds    | 2007 |
| 3.  | 12-07.50 | Marylou Badillo  | 1998 |
| 4.  | 12-06.50 | Kayla Kamaka     | 2014 |
| 5.  | 12-02.75 | Kennerdy Krueger | 2019 |
| 6.  | 12-01.50 | Rebecca Adams    | 2007 |
| 7.  | 12-00.50 | Jodi Lambert     | 2016 |
| 8.  | 11-11.75 | Katie Crowe      | 2009 |
|     | 11-11.75 | Teresa Tamashiro | 2019 |
| 9.  | 11-09.00 | Christina Lee    | 2001 |
| 10. | 11-08.00 | Kennedy Krueger  | 2016 |

**Long Jump**

|     |          |                  |      |
|-----|----------|------------------|------|
| 1.  | 19-09.75 | Marion Reneau    | 2000 |
| 2.  | 19-08.00 | Taylor Jackson   | 2015 |
| 3.  | 18-11.25 | Riley Cooks      | 2017 |
| 4.  | 18-09.25 | Kristen Kiefer   | 2012 |
| 5.  | 18-08.50 | Phylicia Johnson | 2009 |
| 6.  | 18-08.25 | Ambre' Thompson  | 1992 |
| 7.  | 18-07.75 | Melanee Williams | 2019 |
| 8.  | 18-07.25 | Ami Ice          | 1989 |
| 9.  | 18-06.75 | Cathy Roberts    | 1988 |
| 10. | 18-05.25 | Holly Lipscomb   | 2003 |

**Triple Jump**

|     |          |                   |      |
|-----|----------|-------------------|------|
| 1.  | 39-10.50 | Mia Mobley        | 2010 |
| 2.  | 39-06.50 | Jasmine Bass      | 2017 |
| 3.  | 39-05.75 | Gladys Iwuaba     | 2002 |
| 4.  | 39-05.00 | Kenya Jimerson    | 2002 |
| 5.  | 39-00.50 | Trisha Uwadiae    | 2007 |
| 6.  | 38-11.50 | Holly Lipscomb    | 2004 |
| 7.  | 38-09.25 | Tammura Hawthorne | 1992 |
| 8.  | 38-06.75 | Megan Irely       | 2004 |
| 9.  | 38-06.00 | Jasmine Tolbert   | 2002 |
| 10. | 38-00.25 | Lynette Parker    | 1992 |

**Shot Put**

|     |          |                     |      |
|-----|----------|---------------------|------|
| 1.  | 50-00.50 | Serena Boykin       | 2004 |
| 2.  | 48-01.25 | Jennifer Onyeagbako | 2009 |
| 3.  | 46-06.75 | Lauren Reimer       | 2005 |
| 4.  | 46-02.75 | Brianna Viltz       | 2016 |
| 5.  | 45-05.00 | Jillian Weir        | 2011 |
| 6.  | 45-04.25 | Kristina Price      | 2008 |
| 7.  | 45-03.75 | Adara Newidowski    | 1998 |
| 8.  | 45-02.25 | Destanie Yarbrough  | 2009 |
| 9.  | 44-10.25 | Fatima Vergara      | 2016 |
| 10. | 44-08.00 | Suzie Greganic      | 1992 |

**20 lb. Weight Throw**

|     |          |                     |      |
|-----|----------|---------------------|------|
| 1.  | 68-11.75 | De'Ondra Young      | 2017 |
| 2.  | 62-11.50 | Marina Shelton      | 2016 |
|     | 62-11.50 | Fatima Vergara      | 2016 |
| 4.  | 58-01.25 | Jennifer Onyeagbako | 2009 |
| 5.  | 57-01.50 | Amanda Truong       | 2020 |
| 6.  | 55-05.50 | Stephanie Sampson   | 2003 |
| 7.  | 54-02.25 | Kirran Moss         | 1997 |
| 8.  | 53-02.75 | Shannon Daniels     | 2002 |
| 9.  | 52-08.75 | Katelyn Ciarelli    | 2006 |
| 10. | 52-04.75 | Chaylene Bruggeman  | 2015 |
|     | 52-04.75 | Alexandra Cervantes | 2013 |

**Pentathlon**

|    |       |                      |      |
|----|-------|----------------------|------|
| 1. | 3,690 | Riley Cooks          | 2016 |
| 2. | 3,658 | Taylor Jackson       | 2014 |
| 3. | 3,585 | Kristen Kiefer       | 2012 |
| 4. | 3,445 | Jamie Cuthbert-Allen | 2006 |
| 5. | 3,410 | Wendy Izquierdo      | 2012 |
| 6. | 3,359 | Katie Black          | 2009 |
| 7. | 3,155 | Phylicia Johnson     | 2011 |
| 8. | 3,099 | Sydney Barnes        | 2020 |

**50 Meters**

|    |      |                 |      |
|----|------|-----------------|------|
| 1. | 6.84 | Meghan Atkinson | 2001 |
|----|------|-----------------|------|

**55 Meters**

|     |         |                 |      |
|-----|---------|-----------------|------|
| 1.  | 6.94 aa | Amaris Buchanan | 1999 |
| 2.  | 7.09    | Emily Cooper    | 2012 |
| 3.  | 7.31    | Angie Scott     | 1992 |
| 4.  | 7.36    | Lisa Moxley     | 1992 |
| 5.  | 7.37    | Kayla Goosby    | 2013 |
| 6.  | 7.38 aa | Marisha Bedford | 2000 |
| 7.  | 7.40    | Dee Lars        | 2012 |
| 8.  | 7.42    | Saedra Wright   | 2012 |
| 9.  | 7.44    | Bev Hunt        | 1998 |
| 10. | 7.46 aa | Shaun Knighten  | 1999 |

**50 Meter Hurdles**

|    |      |                    |      |
|----|------|--------------------|------|
| 1. | 7.46 | Marion Reneau      | 2000 |
| 2. | 7.54 | Shannon Livingston | 2000 |
| 3. | 7.64 | Gina Londono       | 2001 |
| 4. | 7.71 | LaShawn McNairy    | 2000 |
| 5. | 8.24 | Nina Grubbs        | 2001 |

**55 Meter Hurdles**

|     |         |                    |      |
|-----|---------|--------------------|------|
| 1.  | 7.79    | Le'Gretta Hinds    | 1996 |
| 2.  | 7.91    | Phylicia Johnson   | 2012 |
| 3.  | 8.01    | Ami Ice            | 1989 |
| 4.  | 8.15    | Asa Karlsson       | 1997 |
| 5.  | 8.20    | Ambre' Thompson    | 1992 |
| 6.  | 8.21    | Marion Reneau      | 2000 |
| 7.  | 8.34 aa | Shannon Livingston | 2000 |
| 8.  | 8.36    | Sara Macey         | 2013 |
| 9.  | 8.37    | Princess Cooper    | 1988 |
| 10. | 8.40    | Amber Clark        | 2013 |

c - converted from hand time aa - altitude adjusted

**Bold** denotes current athletes



**Brent Gray** holds the school record in the 100m and 200m and is also a member of the 49ers' top 4x100 relay team.

## 100 Meters

|     |       |                       |      |
|-----|-------|-----------------------|------|
| 1.  | 10.29 | Brent Gray.....       | 2007 |
| 2.  | 10.30 | Jaime Barragan.....   | 1995 |
| 3.  | 10.42 | Cameron Glasgow.....  | 2014 |
| 4.  | 10.48 | Willie Alexander..... | 2016 |
|     | 10.48 | Anthony Ford.....     | 1987 |
| 6.  | 10.50 | Austin Fowler.....    | 2008 |
| 7.  | 10.52 | Horace Berry.....     | 1978 |
|     | 10.52 | Ricky Jackson.....    | 1978 |
|     | 10.52 | Kent Harris.....      | 2018 |
| 10. | 10.53 | Brandon Thomas.....   | 1996 |
|     | 10.53 | Bobby Flenoid.....    | 1988 |

## 200 Meters

|     |           |                      |      |
|-----|-----------|----------------------|------|
| 1.  | 20.51     | Brent Gray.....      | 2007 |
| 2.  | 20.72     | Jaime Barragan.....  | 1995 |
| 3.  | 20.93     | Anthony Ford.....    | 1988 |
| 4.  | 20.94     | Dan Moore.....       | 1970 |
| 5.  | 21.00     | Terrance Riley.....  | 1989 |
|     | 21.00     | Ricky Jackson.....   | 1978 |
| 7.  | 21.01     | Phil Pipersburg..... | 1978 |
| 8.  | 21.02     | Dino Romanelli.....  | 1986 |
| 9.  | 21.04 # * | Oscar Beasley.....   | 1972 |
| 10. | 21.06     | Jacob Glickman.....  | 1996 |

## 400 Meters

|     |           |                      |      |
|-----|-----------|----------------------|------|
| 1.  | 45.75     | Lewis Young.....     | 1999 |
| 2.  | 45.87     | Herbert Beasley..... | 1978 |
| 3.  | 45.91 *   | Albert Shorts.....   | 1975 |
| 4.  | 46.21     | Kashus Perona.....   | 2001 |
| 5.  | 46.34 # * | Clarence Palmer..... | 1970 |
| 6.  | 46.39     | Cameron Glasgow..... | 2015 |
| 7.  | 46.46     | Kemonie Briggs.....  | 2019 |
| 8.  | 46.56     | Bryan Saunders.....  | 1978 |
| 9.  | 46.62     | Charles Lewis.....   | 2007 |
| 10. | 46.63     | Otis Dixon.....      | 1990 |

## 800 Meters

|     |           |                     |      |
|-----|-----------|---------------------|------|
| 1.  | 1:47.52   | Chris Low.....      | 2014 |
| 2.  | 1:48.41   | Sam Ceasar.....     | 1983 |
| 3.  | 1:48.50   | Odie Huffman.....   | 1978 |
| 4.  | 1:48.70 * | Ralph Lee.....      | 1965 |
| 5.  | 1:48.99   | Gabe Hilbert.....   | 2013 |
| 6.  | 1:49.10 * | Ed Ricker.....      | 1968 |
| 7.  | 1:49.34   | Alex Freitas.....   | 2008 |
| 8.  | 1:49.60   | Darryl Taylor.....  | 1964 |
| 9.  | 1:49.90   | Larry Gonzalez..... | 1980 |
| 10. | 1:50.08   | Mario Cobian.....   | 2007 |

## 1500 Meters

|    |         |                       |      |
|----|---------|-----------------------|------|
| 1. | 3:43.60 | Armando Cedejas.....  | 1978 |
| 2. | 3:44.28 | Matt Maldonado.....   | 2010 |
| 3. | 3:45.04 | Arturo Sotomayor..... | 2021 |
| 4. | 3:45.78 | Mike Parker.....      | 1983 |
| 5. | 3:47.86 | Dan Arsenault.....    | 1983 |
| 6. | 3:47.90 | Chris Monroe.....     | 1986 |
| 7. | 3:48.30 | Dave Cangelosi.....   | 1980 |
| 8. | 3:48.80 | Ron Cornell.....      | 1978 |
| 9. | 3:48.90 | Colin McConnell.....  | 1979 |
|    | 3:48.90 | Kel Phelps.....       | 1975 |

## 3000 Meters (Since 2002)

|     |         |                          |      |
|-----|---------|--------------------------|------|
| 1.  | 8:26.02 | Jimmy Grabow.....        | 2005 |
| 2.  | 8:28.03 | Jake Dawson.....         | 2012 |
| 3.  | 8:29.06 | Travis Kuhlman.....      | 2008 |
| 4.  | 8:32.17 | Terrance Wroblewski..... | 2003 |
| 5.  | 8:32.78 | Kevin Ramirez.....       | 2015 |
| 6.  | 8:32.85 | Chris Walden.....        | 2011 |
| 7.  | 8:34.86 | Heath Reedy.....         | 2011 |
| 8.  | 8:34.98 | Daniel Estrella.....     | 2004 |
| 9.  | 8:35.19 | Josh Ruff.....           | 2011 |
| 10. | 8:35.62 | Wolhan Ovalle.....       | 2007 |

## 3000 Meter Steeplechase

|     |           |                      |      |
|-----|-----------|----------------------|------|
| 1.  | 8:52.25   | Michael Simpson..... | 2019 |
| 2.  | 8:59.40   | Jim Sweeney.....     | 1975 |
| 3.  | 9:00.30   | Rich McCandless..... | 1978 |
| 4.  | 9:00.80   | Mike Ritchie.....    | 1971 |
| 5.  | 9:02.22   | Steven DeCastro..... | 2012 |
| 6.  | 9:04.40   | Cal Linam.....       | 1985 |
| 7.  | 9:06.13   | Dylan Jaedtke.....   | 2009 |
| 8.  | 9:07.60   | Howard Burgess.....  | 1976 |
| 9.  | 9:08.30   | Lalo Terriquez.....  | 1986 |
| 10. | 9:08.84 # | Johann Appell.....   | 1999 |

## 5000 Meters

|     |            |                       |      |
|-----|------------|-----------------------|------|
| 1.  | 14:03.95   | Arturo Sotomayor..... | 2021 |
| 2.  | 14:07.30   | Chris Enriquez.....   | 2014 |
| 3.  | 14:10.48   | Rich McCandless.....  | 1978 |
| 4.  | 14:11.20   | Armando Cedejas.....  | 1978 |
| 5.  | 14:12.20   | Colin McConnell.....  | 1977 |
| 6.  | 14:14.00   | Ron Cornell.....      | 1978 |
| 7.  | 14:16.62   | Heath Reedy.....      | 2011 |
| 8.  | 14:19.00 * | Ron Pryor.....        | 1972 |
| 9.  | 14:20.14   | Gordon Duff.....      | 1983 |
| 10. | 14:20.69   | Dave Schumacher.....  | 1988 |

## 10,000 Meters

|     |            |                      |      |
|-----|------------|----------------------|------|
| 1.  | 28:52.20   | Ron Pryor.....       | 1972 |
| 2.  | 29:12.46   | Chris Enriquez.....  | 2014 |
| 3.  | 29:36.83   | Jimmy Grabow.....    | 2007 |
| 4.  | 29:45.50 * | Bob Wallace.....     | 1972 |
| 5.  | 29:53.10   | Dave Schumacher..... | 1987 |
| 6.  | 29:53.60 * | Ben Martinez.....    | 1972 |
| 7.  | 29:56.80 * | Mike Wood.....       | 1971 |
| 8.  | 30:14.85   | Heath Reedy.....     | 2011 |
| 9.  | 30:21.09   | Jake Dawson.....     | 2013 |
| 10. | 30:22.30   | Allen Just.....      | 1984 |

## 110 Meter High Hurdles

|     |         |                         |      |
|-----|---------|-------------------------|------|
| 1.  | 13.59   | Raleigh Adams.....      | 2019 |
| 2.  | 13.72 * | Milt Turner.....        | 1972 |
| 3.  | 13.84   | Derek Pye.....          | 1991 |
| 4.  | 13.97   | Davon Wilson-Angel..... | 2014 |
| 5.  | 13.98   | Doug Conner.....        | 1992 |
| 6.  | 14.02   | Koty Burton.....        | 2019 |
| 7.  | 14.06   | Devin Hickey.....       | 2014 |
| 8.  | 14.07   | Chris Lawson.....       | 2012 |
| 9.  | 14.10   | Larry Blake.....        | 1981 |
| 10. | 14.13   | Koree Hines.....        | 2014 |
|     | 14.13   | Jason Ricker.....       | 1991 |

## 400 Meter Hurdles

|    |           |                      |      |
|----|-----------|----------------------|------|
| 1. | 49.66     | Kenneth Medwood..... | 2010 |
| 2. | 50.24     | Sam Jeter.....       | 2010 |
| 3. | 50.52     | James Ferreira.....  | 1986 |
| 4. | 50.66     | Chris Lawson.....    | 2012 |
| 5. | 50.79     | Wil Moore.....       | 1999 |
| 6. | 50.86     | Oswaldo Zea.....     | 1986 |
| 7. | 51.14 # * | Dennis Ruby.....     | 1971 |
| 8. | 51.44 # * | Allen Jones.....     | 1981 |
|    | 51.44 # * | Otis Fisher.....     | 1976 |
|    | 51.44 # * | Walt Clements.....   | 1966 |

## 4x100 Meter Relay

|     |          |                          |      |
|-----|----------|--------------------------|------|
| 1.  | 39.66    | Goldberg, B. Gray,.....  | 2008 |
|     |          | K. Caesar, Fowler        |      |
| 2.  | 39.90    | Berry, Jackson.....      | 1978 |
|     |          | Grace, Pipersburg        |      |
| 3.  | 39.94 #* | Biggers, London.....     | 1971 |
|     |          | Palmer, Moore            |      |
| 4.  | 40.04 *  | Williams, Grace.....     | 1976 |
|     |          | Country, Brewer          |      |
| 5.  | 40.08    | Cablavan, Barragan,..... | 1995 |
|     |          | Glickman, Thomas         |      |
| 6.  | 40.10    | White, Carson.....       | 1999 |
|     |          | Perona, Young            |      |
| 7.  | 40.11    | Dixon, Riley.....        | 1990 |
|     |          | Langston, Stovall        |      |
| 8.  | 40.13    | Brewer, Turner.....      | 1975 |
|     |          | Williams, Shorts         |      |
| 9.  | 40.14 #* | Biggers, London.....     | 1970 |
|     |          | Jones, Moore             |      |
| 10. | 40.19    | Glickman, Thomas,.....   | 1996 |
|     |          | Cablavan, Barragan       |      |



**Dwight Stones** won the NCAA high jump championship in 1976, clearing a world-record breaking 7 feet, 7.25 inches.

## 4x400m Relay

|     |            |                          |      |
|-----|------------|--------------------------|------|
| 1.  | 3:06.20    | McCloskey, Glasgow,..... | 2015 |
|     |            | Perez-Rogers, Lockett    |      |
| 2.  | 3:06.24 #  | Taylor, Lizardi.....     | 1977 |
|     |            | Saunders, Beasley        |      |
| 3.  | 3:06.84 #* | Conaway, Beasley.....    | 1978 |
|     |            | Cox, Saunders            |      |
| 4.  | 3:07.51    | Pearson, Perona,.....    | 1999 |
|     |            | Carson, Young            |      |
| 5.  | 3:08.64    | Goldberg, Fowler.....    | 2008 |
|     |            | K. Caesar, B. Gray       |      |
| 6.  | 3:09.00    | Pearson, Perona,.....    | 1999 |
|     |            | Moore, Young             |      |
| 7.  | 3:09.16    | Perona, Stephens,.....   | 1997 |
|     |            | Young, Moore             |      |
| 8.  | 3:09.23    | Briggs, McCloskey.....   | 2016 |
|     |            | York-Mouton, Colebrook   |      |
| 9.  | 3:09.24 #* | Nickerson, Ruby.....     | 1972 |
|     |            | Stevenson, Moses         |      |
| 10. | 3:09.31    | Perona, Smith,.....      | 1998 |
|     |            | Carson, Young            |      |

## High Jump

|    |         |                         |      |
|----|---------|-------------------------|------|
| 1. | 7-07.25 | Dwight Stones.....      | 1976 |
| 2. | 7-03.00 | John Temidara.....      | 2004 |
|    | 7-03.00 | Vincent Calhoun.....    | 2019 |
| 4. | 7-02.75 | Mel Baker.....          | 1982 |
| 5. | 7-02.50 | Jason Smith.....        | 2021 |
| 6. | 7-01.50 | Porte Joie Tshiaba..... | 2021 |
| 7. | 7-01.25 | John Rambo.....         | 1964 |
| 8. | 7-00.50 | Bill Heitchev.....      | 1975 |
| 9. | 7-00.00 | Kelly Gordien.....      | 1982 |
|    | 7-00.00 | Brian Sims.....         | 1981 |
|    | 7-00.00 | Mike Franz.....         | 1977 |
|    | 7-00.00 | Carl Miles.....         | 1975 |

## Pole Vault

|     |          |                         |      |
|-----|----------|-------------------------|------|
| 1.  | 18-07.50 | Jason Hinkin.....       | 1997 |
| 2.  | 18-06.50 | Borya Celentano.....    | 1999 |
| 3.  | 18-02.00 | Don Baird.....          | 1977 |
| 4.  | 18-00.50 | Tyler Wallace.....      | 2011 |
|     | 18-00.50 | Steve Smith.....        | 1972 |
| 6.  | 17-09.00 | Michael Montgomery..... | 2015 |
| 7.  | 17-06.00 | Ken Corney.....         | 1982 |
| 8.  | 17-05.75 | Conner Rouse.....       | 2016 |
| 9.  | 17-05.50 | Xander Cooper.....      | 2017 |
| 10. | 17-03.00 | Jim Knaub.....          | 1976 |

## Long Jump

|     |          |                       |      |
|-----|----------|-----------------------|------|
| 1.  | 26-01.75 | Jason Smith.....      | 2021 |
| 2.  | 26-01.50 | Kemonie Briggs.....   | 2017 |
| 3.  | 25-10.25 | Willie Alexander..... | 2016 |
| 4.  | 25-09.25 | Detric Cofield.....   | 1996 |
|     | 25-09.25 | Keith Taylor.....     | 1978 |
| 6.  | 25-08.75 | Fred Batiste.....     | 1974 |
| 7.  | 25-08.25 | Stanford Brewer.....  | 1976 |
| 8.  | 25-07.75 | Doyle Steele.....     | 1971 |
| 9.  | 25-07.50 | Ron Johnson.....      | 1979 |
| 10. | 25-03.25 | Sal Nasser.....       | 2018 |

## Triple Jump

|    |          |                       |      |
|----|----------|-----------------------|------|
| 1. | 54-01.00 | Dave Tucker.....      | 1973 |
| 2. | 53-08.00 | Keith Taylor.....     | 1978 |
| 3. | 53-02.50 | Greg Magee.....       | 1977 |
| 4. | 53-01.75 | Rayfield Dupree.....  | 1974 |
| 5. | 52-09.25 | Ronald Carter.....    | 2006 |
| 6. | 52-02.75 | Willie Alexander..... | 2013 |
|    | 52-02.75 | John Temidara.....    | 2006 |
| 8. | 51-07.75 | Willie Williams.....  | 1984 |
| 9. | 51-07.25 | Michael Vaughan.....  | 2013 |
|    | 51-07.25 | Rodney Hawkins.....   | 2009 |

## Shot Put

|     |          |                      |      |
|-----|----------|----------------------|------|
| 1.  | 64-10.00 | Mike Smith.....      | 1981 |
| 2.  | 63-01.50 | Jon O'Neil.....      | 2002 |
| 3.  | 60-06.75 | Victor Martin.....   | 2015 |
| 4.  | 60-04.25 | Jim Hannefield.....  | 1967 |
| 5.  | 59-07.00 | David Fuller.....    | 1978 |
| 6.  | 59-04.25 | Jacob Weintraub..... | 2012 |
| 7.  | 59-03.00 | Jacob Fraser.....    | 2015 |
| 8.  | 59-01.25 | Chris Yates.....     | 2013 |
| 9.  | 58-06.50 | Tavi Kamarullah..... | 2019 |
| 10. | 57-07.75 | Ezra Kwong.....      | 2007 |

## Discus Throw

|     |        |                     |      |
|-----|--------|---------------------|------|
| 1.  | 201-08 | Jon O'Neil.....     | 2002 |
| 2.  | 199-01 | Greg McSeveney..... | 1981 |
| 3.  | 195-11 | Cory Loebl.....     | 2002 |
| 4.  | 195-03 | Dan Gardner.....    | 1975 |
| 5.  | 192-09 | Charlie Vernoy..... | 2019 |
| 6.  | 192-04 | David Fuller.....   | 1978 |
| 7.  | 191-09 | Jason Harrell.....  | 2014 |
| 8.  | 190-02 | James Hubbard.....  | 2016 |
| 9.  | 189-11 | Alec Jones.....     | 2021 |
| 10. | 189-08 | Scott Reid.....     | 1981 |

## Hammer Throw

|     |        |                      |      |
|-----|--------|----------------------|------|
| 1.  | 235-07 | Bill Green.....      | 1983 |
| 2.  | 223-06 | Colin Dunbar.....    | 2011 |
| 3.  | 219-07 | Robert Marlow.....   | 2017 |
| 4.  | 217-03 | James Hubbard.....   | 2017 |
| 5.  | 214-01 | Kody Robison.....    | 2016 |
| 6.  | 214-00 | Steve Rohovit.....   | 1982 |
| 7.  | 212-10 | Nicholas Hudson..... | 2019 |
| 8.  | 202-07 | Cory Loebl.....      | 2003 |
| 9.  | 201-02 | Alec Jones.....      | 2021 |
| 10. | 199-02 | Josh Carr.....       | 2018 |

## Javelin Throw ( '86 IAAF specs. )

|     |        |                       |      |
|-----|--------|-----------------------|------|
| 1.  | 243-02 | Ben Woodruff.....     | 2012 |
| 2.  | 237-02 | Doug Lefler.....      | 2004 |
| 3.  | 224-10 | Chris Richardson..... | 2008 |
| 4.  | 223-07 | Adam Bianchessi.....  | 2013 |
| 5.  | 218-00 | Tyson Gray.....       | 2007 |
| 6.  | 214-02 | Frank Rodriguez.....  | 2002 |
| 7.  | 212-06 | Chris Kanowsky.....   | 1996 |
| 8.  | 209-00 | Tyler McCoy.....      | 2006 |
| 9.  | 208-06 | Hector Sanchez.....   | 1993 |
| 10. | 207-09 | Sean Blandford.....   | 2004 |

## Decathlon

|     |       |                         |      |
|-----|-------|-------------------------|------|
| 1.  | 7,644 | Aaron Booth.....        | 2021 |
| 2.  | 7,605 | Chris Richardson.....   | 2006 |
| 3.  | 7,478 | Nicholas Armstrong..... | 2011 |
| 4.  | 7,410 | Herman Day.....         | 2019 |
| 5.  | 7,296 | Garrett Demirjian.....  | 2013 |
| 6.  | 7,293 | John Broadhead.....     | 2019 |
| 7.  | 7,148 | Shawn Wilbourn.....     | 1990 |
| 8.  | 7,106 | Darby Kelly.....        | 1999 |
| 9.  | 7,038 | Craig Malaer.....       | 1990 |
| 10. | 6,921 | Mark Long.....          | 1970 |

# - converted hand times

\* - converted from yards to meters

**Bold** denotes current athletes



**Chris Richardson** broke a 16-year old school record in the decathlon in 2006.



Joni Huntley, an Olympic bronze medalist, set the LBSU high jump record at 6 feet, 4 inches in 1978.

**100 Meters**

|     |       |                    |      |
|-----|-------|--------------------|------|
| 1.  | 11.32 | Andrea Lynch       | 1978 |
| 2.  | 11.37 | Courtne' Davis     | 2019 |
| 3.  | 11.46 | Amaris Buchanan    | 1999 |
| 4.  | 11.52 | Jessica Branker    | 2008 |
| 5.  | 11.59 | Ashleigh Chambers  | 2018 |
| 6.  | 11.72 | Azaria Hill        | 2018 |
| 7.  | 11.76 | Emily Cooper       | 2013 |
| 8.  | 11.77 | Patrice White      | 2007 |
| 9.  | 11.79 | Charlene Dearforff | 2005 |
| 10. | 11.80 | Cathy Roberts      | 1988 |

**200 Meters**

|     |       |                   |      |
|-----|-------|-------------------|------|
| 1.  | 23.26 | Andrea Lynch      | 1978 |
| 2.  | 23.29 | Courtne' Davis    | 2019 |
| 3.  | 23.46 | Amaris Buchanan   | 1999 |
| 4.  | 23.53 | Jessica Branker   | 2008 |
| 5.  | 23.61 | Cathy Roberts     | 1988 |
| 6.  | 23.62 | Ashleigh Chambers | 2017 |
| 7.  | 23.92 | Emily Cooper      | 2013 |
| 8.  | 24.01 | Riley Cooks       | 2016 |
| 9.  | 24.11 | Azaria Hill       | 2019 |
| 10. | 24.15 | Jasmine Winfield  | 2006 |

**400 Meters**

|     |       |                  |      |
|-----|-------|------------------|------|
| 1.  | 53.56 | Faye Paige       | 1982 |
| 2.  | 53.79 | Anaya Alexander  | 2018 |
| 3.  | 54.34 | Alex Kruthers    | 2014 |
| 4.  | 54.55 | Jasmine Askew    | 2015 |
|     | 54.55 | Cathy Roberts    | 1987 |
| 6.  | 54.75 | Kerri Zaleski    | 1987 |
| 7.  | 54.88 | Shyann Reynolds  | 2018 |
| 8.  | 55.02 | Saedra Wright    | 2013 |
| 9.  | 55.03 | Jasmine Winfield | 2006 |
| 10. | 55.14 | Jessica Branker  | 2008 |
|     | 55.14 | Asa Carlsson     | 1997 |

**800 Meters**

|     |         |                  |      |
|-----|---------|------------------|------|
| 1.  | 2:05.34 | Kerri Zaleski    | 1987 |
| 2.  | 2:08.44 | Michelle Bonds   | 1980 |
| 3.  | 2:08.84 | Meghan Foley     | 2013 |
| 4.  | 2:09.60 | Chris Morgan     | 1991 |
| 5.  | 2:09.81 | Caitlin Turner   | 2014 |
| 6.  | 2:10.00 | Ann Dandoy       | 1978 |
| 7.  | 2:10.13 | Jessica Barnard  | 2010 |
| 8.  | 2:10.60 | Patty Cape       | 1977 |
| 9.  | 2:11.65 | Brittany Anselmo | 2015 |
| 10. | 2:12.11 | Anitha Graves    | 2021 |

**1500 Meters**

|     |         |                    |      |
|-----|---------|--------------------|------|
| 1.  | 4:23.55 | Meghan Foley       | 2013 |
| 2.  | 4:24.97 | Rosa Del Toro      | 2012 |
| 3.  | 4:25.70 | Chris Morgan       | 1991 |
| 4.  | 4:27.01 | Nicole Blalock     | 2007 |
| 5.  | 4:27.30 | Laura Koterba      | 1982 |
| 6.  | 4:27.62 | Missy Barclay      | 2009 |
| 7.  | 4:29.13 | Carly Harris       | 2009 |
| 8.  | 4:29.44 | Jenessa Botello    | 2007 |
| 9.  | 4:30.85 | Michelle Bonds     | 1980 |
| 10. | 4:31.32 | Catherine Martinez | 2014 |

**3000 Meters**

|     |          |                 |      |
|-----|----------|-----------------|------|
| 1.  | 9:37.04  | Jennifer Bessel | 1990 |
| 2.  | 9:40.35  | Laura Koterba   | 1983 |
| 3.  | 9:49.81  | Chris Morgan    | 1991 |
| 4.  | 9:50.38  | Stacy Pando     | 1994 |
| 5.  | 9:54.75  | Kristina Wilson | 2009 |
| 6.  | 9:57.21  | Meredith Kramon | 2006 |
| 7.  | 9:59.33  | Brooke Mabe     | 1994 |
| 8.  | 10:00.40 | Joanna Green    | 1991 |
| 9.  | 10:01.05 | Monica MacManus | 2000 |
| 10. | 10:01.46 | Sarah Apgar     | 2009 |

**3000 Meter Steeplechase**

|     |          |                 |      |
|-----|----------|-----------------|------|
| 1.  | 10:22.90 | Jessica Barnard | 2012 |
| 2.  | 10:28.31 | Carly Harris    | 2009 |
| 3.  | 10:33.99 | Jenny Yadon     | 2003 |
| 4.  | 10:46.02 | Ryley Fick      | 2021 |
| 5.  | 11:00.90 | Kathleen Dunne  | 2016 |
| 6.  | 11:03.62 | Kylee Martin    | 2014 |
| 7.  | 11:07.63 | Danielle Miller | 2006 |
| 8.  | 11:26.64 | Missy Barclay   | 2007 |
| 9.  | 11:28.06 | Tiana Prince    | 2019 |
| 10. | 11:39.39 | Kelsea Tiapon   | 2012 |

**5000 Meters**

|     |          |                 |      |
|-----|----------|-----------------|------|
| 1.  | 16:16.82 | Jennifer Bessel | 1990 |
| 2.  | 16:40.41 | Carly Harris    | 2009 |
| 3.  | 16:45.72 | Rosa Del Toro   | 2012 |
| 4.  | 16:48.95 | Ludi Valdez     | 2006 |
| 5.  | 16:54.00 | Meredith Kramon | 2007 |
| 6.  | 16:56.26 | Sarah Apgar     | 2008 |
| 7.  | 16:57.13 | Chris Morgan    | 1991 |
| 8.  | 17:07.08 | Kristina Wilson | 2009 |
| 9.  | 17:08.88 | Alisia Barajas  | 2010 |
| 10. | 17:11.15 | Nina Moore      | 2011 |

**10,000 Meters**

|     |          |                      |      |
|-----|----------|----------------------|------|
| 1.  | 35:12.22 | Hillary Zator        | 2014 |
| 2.  | 35:19.05 | Jennifer Rodriguez   | 2010 |
| 3.  | 35:22.06 | Alisia Barajas       | 2010 |
| 4.  | 35:29.56 | Annie Randall        | 2010 |
| 5.  | 35:38.21 | Meredith Kramon      | 2005 |
| 6.  | 35:45.72 | Jennifer Bessel      | 1990 |
| 7.  | 36:04.07 | Kristina Wilson      | 2009 |
| 8.  | 36:28.37 | Nina Moore           | 2011 |
| 9.  | 36:28.60 | Mary Yost-Schumacher | 1991 |
| 10. | 36:31.61 | Christine Riel       | 2001 |

**100 Meter Hurdles**

|     |         |                  |      |
|-----|---------|------------------|------|
| 1.  | 13.49   | Le'Gretta Hinds  | 1994 |
| 2.  | 13.52   | Shakina Phillips | 2012 |
|     | 13.52   | Riley Cooks      | 2016 |
| 4.  | 13.68   | Amber Clark      | 2014 |
| 5.  | 13.73   | Skylin Harbin    | 2019 |
| 6.  | 13.77   | Ambre' Thompson  | 1993 |
|     | 13.77   | Elijah McDonald  | 2018 |
| 8.  | 13.80   | Erica Feazell    | 2007 |
| 9.  | 13.86   | Phylcia Johnson  | 2011 |
| 10. | 13.94 # | Maureen McGee    | 1979 |

**400 Meter Hurdles**

|     |       |                  |      |
|-----|-------|------------------|------|
| 1.  | 57.53 | Le'Gretta Hinds  | 1996 |
| 2.  | 57.64 | Asa Carlsson     | 1997 |
| 3.  | 57.82 | Ami Ice          | 1988 |
| 4.  | 58.21 | Faye Paige       | 1982 |
| 5.  | 58.69 | Skylin Harbin    | 2019 |
| 6.  | 59.02 | Shalee Reynolds  | 2018 |
| 7.  | 59.89 | Shakina Phillips | 2012 |
| 8.  | 60.26 | Cathy Bower      | 1981 |
| 9.  | 60.61 | Kristen Kiefer   | 2008 |
| 10. | 61.20 | Shyann Reynolds  | 2018 |

**4x100 Meter Relay**

|     |       |                                          |      |
|-----|-------|------------------------------------------|------|
| 1.  | 44.59 | Hill, Chambers, Davis, Golden            | 2018 |
|     |       | Howell, Branker, Winfield, White         | 2007 |
| 2.  | 44.86 | Hill, Davis, Golden, Harbin              | 2019 |
| 3.  | 44.94 | Chambers, Davis, Dolden, Cooks           | 2017 |
| 4.  | 45.02 | Cooks, Chambers, Golden, Davis           | 2017 |
| 5.  | 45.13 | Chambers, Davis, Carney, Cooks           | 2016 |
| 6.  | 45.28 | Cooks, Davis, Chambers, Golden           | 2017 |
| 7.  | 45.35 | Garrido, Branker, Mobley, White          | 2008 |
| 8.  | 45.41 | Cooks, Chambers, Davis, Golden           | 2017 |
| 9.  | 45.42 | Ka. Goosby, Kr. Goosby, Chambers, Carney | 2015 |
| 10. | 45.44 |                                          |      |

**4x400m Relay**

|     |         |                                           |      |
|-----|---------|-------------------------------------------|------|
| 1.  | 3:39.65 | Cooper, Kruthers, Askew, Wright           | 2014 |
| 2.  | 3:40.59 | Alexander, Reynolds, Reynolds, Richardson | 2018 |
| 3.  | 3:40.74 | Reynolds, Reynolds, Alexander, Hill       | 2018 |
| 4.  | 3:41.24 | Askew, Cooper, Wright, Lorack             | 2013 |
| 5.  | 3:41.88 | Winfield, Fairweather, White, Dearthoff   | 2005 |
| 6.  | 3:44.54 | Askew, Lorack, Kruthers, Cooper           | 2014 |
| 7.  | 3:44.64 | White, Branker, Howell, Winfield          | 2007 |
| 8.  | 3:44.70 | Winfield, Fairweather, Ross, Dearthoff    | 2005 |
| 9.  | 3:45.02 | Knightsen, Bedford, Buchanan, Reneau      | 1999 |
| 10. | 3:45.42 | Wilson, Askew, Chambers, Harris           | 2015 |

**High Jump**

|     |         |                        |      |
|-----|---------|------------------------|------|
| 1.  | 6-04.00 | Joni Huntley           | 1978 |
| 2.  | 6-02.00 | Tayyiba Haneef         | 2001 |
| 3.  | 6-00.50 | Shelly Fehrman         | 1984 |
| 4.  | 6-00.00 | Lori Svoboda           | 1992 |
| 5.  | 5-11.50 | Kristy Kierulff        | 1997 |
| 6.  | 5-11.00 | Fern Simon             | 1978 |
| 7.  | 5-10.75 | Katrina Graves-Johnson | 2012 |
|     | 5-10.75 | Bria Palmer            | 2019 |
| 9.  | 5-10.50 | Emily Forsythe         | 2002 |
| 10. | 5-10.00 | Loni Buettner          | 1993 |
|     | 5-10.00 | Chandra Roberts        | 1983 |

**Pole Vault**

|     |          |                  |      |
|-----|----------|------------------|------|
| 1.  | 13-04.25 | Connie Jerz      | 2002 |
| 2.  | 13-01.50 | Kayla Kamaka     | 2014 |
|     | 13-01.50 | Jill Reynolds    | 2007 |
| 4.  | 12-11.50 | Amy Bell         | 2019 |
| 5.  | 12-10.25 | Kennedy Krueger  | 2017 |
| 6.  | 12-10.00 | Jodi Lambert     | 2016 |
| 7.  | 12-09.50 | Lauren Bartsch   | 2017 |
| 8.  | 12-05.50 | Christina Lee    | 2001 |
|     | 12-04.00 | Mariyolu Badillo | 1997 |
| 10. | 12-03.50 | Amanda Klinchuch | 2013 |

**Long Jump**

|     |          |                 |      |
|-----|----------|-----------------|------|
| 1.  | 21-00.00 | Sherron Walker  | 1978 |
| 2.  | 20-03.50 | Joni Huntley    | 1978 |
| 3.  | 20-02.25 | Cathy Roberts   | 1988 |
| 4.  | 20-01.50 | Chandra Roberts | 1983 |
| 5.  | 20-01.00 | Maureen Wiley   | 1987 |
|     | 20-01.00 | Riley Cooks     | 2017 |
| 7.  | 19-11.00 | Marion Reneau   | 2000 |
| 8.  | 19-10.75 | Taylor Jackson  | 2015 |
| 9.  | 19-08.75 | Phylcia Johnson | 2011 |
| 10. | 19-06.75 | Allison Foster  | 2017 |

**Triple Jump**

|     |          |                    |      |
|-----|----------|--------------------|------|
| 1.  | 41-01.00 | Mia Mobley         | 2008 |
|     | 41-01.00 | Crystal Washington | 2021 |
| 3.  | 40-11.50 | Jasmine Bass       | 2015 |
| 4.  | 40-10.25 | Gladys Iwuaba      | 2002 |
| 5.  | 40-06.25 | Megan Irely        | 2004 |
| 6.  | 40-02.50 | Chandra Roberts    | 1984 |
| 7.  | 40-00.75 | Trisha Uwadiale    | 2007 |
| 8.  | 39-08.50 | Cathy Roberts      | 1988 |
| 9.  | 39-08.00 | Phylcia Johnson    | 2012 |
| 10. | 39-07.00 | Goziam Okolie      | 2013 |

**Shot Put**

|     |          |                   |      |
|-----|----------|-------------------|------|
| 1.  | 57-00.75 | Peggy Pollock     | 1983 |
| 2.  | 55-04.00 | Ramona Pagel      | 1982 |
| 3.  | 52-02.75 | Annie McElroy     | 1982 |
| 4.  | 51-06.50 | Emily Dole        | 1978 |
| 5.  | 50-07.25 | Serena Boykin     | 2002 |
| 6.  | 49-08.50 | Jacque Norton     | 1986 |
| 7.  | 49-08.25 | Adara Newidouski  | 1998 |
| 8.  | 48-02.50 | Melanie Samvalian | 2014 |
| 9.  | 47-03.75 | Fatima Vergara    | 2016 |
| 10. | 47-01.00 | Jessica Rotter    | 2016 |

**Discus Throw**

|     |        |                     |      |
|-----|--------|---------------------|------|
| 1.  | 179-04 | Jennifer Onyeagbako | 2007 |
| 2.  | 174-03 | Jacque Norton       | 1986 |
| 3.  | 171-05 | Katelyn Ciarelli    | 2008 |
| 4.  | 167-11 | Leslie Horner       | 1981 |
| 5.  | 167-00 | Brianna Viltz       | 2016 |
| 6.  | 166-01 | Celeste Paquette    | 1990 |
| 7.  | 165-09 | Ramona Pagel        | 1981 |
| 8.  | 161-05 | Adara Newidouski    | 1998 |
| 9.  | 161-03 | Pat Shaw            | 1981 |
| 10. | 160-11 | Crystal Rodriguez   | 2018 |

**Hammer Throw**

|     |        |                     |      |
|-----|--------|---------------------|------|
| 1.  | 201-06 | De'Ondra Young      | 2017 |
| 2.  | 199-08 | Fatima Vergara      | 2016 |
| 3.  | 199-05 | Jennifer Onyeagbako | 2009 |
| 4.  | 195-11 | Marina Shelton      | 2015 |
| 5.  | 193-05 | Stephanie Sampson   | 2004 |
| 6.  | 179-09 | Alexandra Cervantes | 2013 |
| 7.  | 178-00 | Erykah McNairy      | 2019 |
| 8.  | 177-07 | Crystal Rodriguez   | 2019 |
| 9.  | 173-00 | Shari Harris        | 2012 |
| 10. | 172-04 | Amanda Truong       | 2019 |

**Javelin Throw ('99 IAAF Specs.)**

|     |        |                 |      |
|-----|--------|-----------------|------|
| 1.  | 170-11 | Randi Hicks     | 2010 |
| 2.  | 169-04 | Kimberly Heinz  | 2007 |
| 3.  | 167-05 | Alex Shaw       | 2008 |
| 4.  | 163-08 | Tara Ross       | 2011 |
| 5.  | 158-10 | Samantha Young  | 2005 |
| 6.  | 157-04 | Tiffany Forbito | 2014 |
| 7.  | 155-08 | Shelby Crider   | 2017 |
| 8.  | 155-02 | Ami Goldhammer  | 2004 |
| 9.  | 146-06 | Riley Cooks     | 2016 |
| 10. | 144-02 | Nina Grubbs     | 2004 |

**Javelin Throw (Pre-1999)**

|    |        |                |      |
|----|--------|----------------|------|
| 1. | 173-11 | Jacque Nelson  | 1980 |
| 2. | 167-04 | Kelli Camarigg | 1978 |
| 3. | 155-04 | Jacque Norton  | 1986 |
| 4. | 152-03 | Ana Marie Gill | 1990 |
| 5. | 149-00 | Sheila Beuler  | 1986 |
| 6. | 145-02 | Ami Ice        | 1991 |
| 7. | 142-05 | Lisa Reslock   | 1990 |
|    | 142-05 | Peggy Pollock  | 1982 |

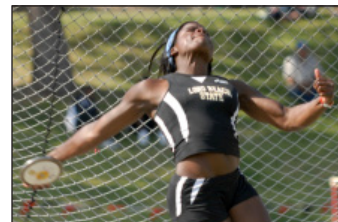
**Heptathlon**

|     |       |                      |      |
|-----|-------|----------------------|------|
| 1.  | 5,671 | Riley Cooks          | 2017 |
| 2.  | 5,521 | Ami Ice              | 1991 |
| 3.  | 5,375 | Marion Reneau        | 1999 |
| 4.  | 5,160 | Sara Macey           | 2012 |
| 5.  | 5,116 | Phylcia Johnson      | 2011 |
| 6.  | 5,023 | Kristen Kiefer       | 2012 |
| 7.  | 4,963 | Taylor Jackson       | 2013 |
| 8.  | 4,955 | Jamie Cuthbert-Allen | 2006 |
| 9.  | 4,912 | Lori Smith           | 1981 |
| 10. | 4,838 | Ami Goldhammer       | 2004 |

# - converted hand times

\* - converted from yards to meters

**Bold** denotes current athletes



Jennifer Onyeagbako is the school-record holder in the discus and hammer, and also ranks among the top-10 in the shot put.

## ACADEMIC ALL-BIG WEST (Since 2004)

|      |                                                                                                                                                                                                                                                            |      |                                                                                                                                                                                                                                           |      |                                                                                                                                                                                                                                                                                                     |      |                                                                                                                                                                                                                                                                                                                                      |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2004 | <b>MEN'S TRACK &amp; FIELD</b><br>Sean Blandford<br>Daniel Estrella<br>Steve Holland<br>Bobby Lugo<br>Shingo Suzumura                                                                                                                                      |      | Kent Harris<br>Patrick Higgins<br>Nicholas Hudson<br>Braedon Kraft<br>Jeffrey Pulcher<br>Anthony Sommers<br>Sullivan Wall<br>Dustin Wert                                                                                                  | 2009 | Missy Barclay<br>Cheryl Bube<br>Katie Crowe<br>Carly Harris<br>Anastasiya Kholev<br>Ejiro Okoro<br>Amanda Rosencrantz<br>Kristina Wilson                                                                                                                                                            |      | Hailee Brigman<br>Alexis Ceballos<br>Ashleigh Chambers<br>Lea Fong<br>Erykah McNairy<br>Alexis Medrano<br>Cassandra Nychay<br>Delaney Smith<br>Meg Sweeney                                                                                                                                                                           |
| 2005 | Steve Holland                                                                                                                                                                                                                                              |      |                                                                                                                                                                                                                                           |      |                                                                                                                                                                                                                                                                                                     |      |                                                                                                                                                                                                                                                                                                                                      |
| 2006 | Daniel Estrella<br>Jimmy Grabow<br>Steve Cardinalli<br>Hudson Wilvers                                                                                                                                                                                      | 2019 | Faris Babineaux<br>Josh Carr<br>Ryan Coy<br>Kent Harris<br>Patrick Higgins<br>Nicholas Hudson<br>Tavi Kamarullah<br>Braeden Kraft<br>Michael Magula<br>Jason Smith<br>Anthony Sommers<br>Charlie Vernoy                                   | 2010 | Missy Barclay<br>Brenda Finney<br>Stephanie Glick<br>Rebecca Hamilton<br>Anastasiya Kholev<br>Kristen Kiefer<br>Jennifer Rodriguez<br>Aiyana Welsh                                                                                                                                                  | 2019 | Diana Acholonu<br>Alyssa Allen<br>Sydney Barnes<br>Mikayla Florez<br>Azaria Hill<br>Whitney Knox<br>Erin McGuire<br>Erykah McNairy<br>Samantha Perez<br>Crystal Rodriguez<br>Delaney Smith<br>Teresa Tamashiro<br>Julie Vargas<br>Melanee Williams                                                                                   |
| 2007 | Steve Cardinalli<br>Alex Hughes<br>Ezra Kwong<br>Hudson Wilvers                                                                                                                                                                                            |      |                                                                                                                                                                                                                                           | 2011 | Janelle Coulter<br>Laura Faris<br>Prism Garcia<br>Rebecca Hamilton<br>Randi Hicks<br>Kayla Kamaka<br>Kristen Kiefer<br>Jennifer Rodriguez<br>Cheryl Smith<br>Aiyana Welsh                                                                                                                           |      |                                                                                                                                                                                                                                                                                                                                      |
| 2008 | Alex Black<br>Hudson Wilvers                                                                                                                                                                                                                               |      |                                                                                                                                                                                                                                           |      |                                                                                                                                                                                                                                                                                                     |      |                                                                                                                                                                                                                                                                                                                                      |
| 2009 | Alex Black<br>Collin Cram                                                                                                                                                                                                                                  | 2020 | Derrick Affor<br>Faris Babineaux<br>Kent Harris<br>Michael Magula<br>Christian Mueller<br>Raymon Ornelas<br>Gabe Simpson<br>Jason Smith<br>Anthony Sommers<br>Charlie Vernoy                                                              | 2012 | Alicia Barajas<br>Rebecca Hamilton<br>Kayla Kamaka<br>Kristen Kiefer<br>Alex Kruthers<br>Aiyana Welsh                                                                                                                                                                                               | 2020 | Alyssa Allen<br>Sydney Barnes<br>Sabrina Del Bello<br>Ryley Fick<br>Camille Finley<br>Anitha Graves<br>Lenaya Griffin<br>Azaria Hill<br>Bronsyn Ledgard<br>Erin McGuire<br>Erykah McNairy<br>Kelsie Newman<br>Samantha Perez<br>Naomi Peterson<br>Tiana Prince<br>Malia Talavou<br>Teresa Tamashiro<br>Amanda Truong<br>Julie Vargas |
| 2010 | Alex Black<br>James Bush<br>Matt Maldonado<br>Robert Pappas                                                                                                                                                                                                |      |                                                                                                                                                                                                                                           | 2013 | Amber Britt<br>Emily Cooper<br>Janelle Coulter<br>Prism Garcia<br>Iesha Iwobi<br>Amanda Klinchuch<br>Alex Kruthers<br>Michelle Thompson                                                                                                                                                             |      |                                                                                                                                                                                                                                                                                                                                      |
| 2011 | Rajan Bains<br>James Bush<br>Matt Maldonado<br>Michael Vaughan                                                                                                                                                                                             | 2021 | Raleigh Adams<br>Faris Babineaux<br>Austin Brown<br>Ryan Coy<br>Nathan Garibay<br>Kent Harris<br>Alec Jones<br>Michael Magula<br>Raymon Ornelas<br>Michael Simpson<br>Jason Smith<br>Anthony Sommers<br>Charlie Vernoy<br>Micqwaun Wright | 2014 | Amber Britt<br>Chaylene Bruggeman<br>Emily Cooper<br>Meghan Foley<br>Kayla Goosby<br>Kayla Kamaka<br>Alex Kruthers<br>Taylor Lorack<br>Kylee Martin<br>Caitlin Turner                                                                                                                               | 2021 | Sydney Barnes<br>Ryley Fick<br>Clare Gibson<br>Anitha Graves<br>Kyla Meyer<br>Ciera Muscarella<br>Samantha Perez<br>Tiana Prince<br>Mikayla Ray<br>Malia Talavou                                                                                                                                                                     |
| 2012 | Michael Vaughan                                                                                                                                                                                                                                            |      |                                                                                                                                                                                                                                           |      |                                                                                                                                                                                                                                                                                                     |      |                                                                                                                                                                                                                                                                                                                                      |
| 2013 | Tim Bergstrom<br>Jake Dawson<br>Gabe Hilbert<br>Elijah Landry-Zapien<br>Connor Naasz<br>Ryan Petrella<br>Michael Vaughan<br>Josh Villalobos                                                                                                                |      |                                                                                                                                                                                                                                           | 2015 | Amber Britt<br>Chaylene Bruggeman<br>Natasha Caldwell<br>Ashley Carrera<br>Emily Cooper<br>Kathleen Dunne<br>Kayla Goosby<br>Kristina Goosby<br>Taylor Jackson<br>Taylor Lorack<br>Koquise Richards<br>Marina Shelton                                                                               |      |                                                                                                                                                                                                                                                                                                                                      |
| 2014 | Willie Alexander<br>Tim Bergstrom<br>Chris Enriquez<br>Brandon Hierholzer<br>Koree Hines<br>Robert Marlow<br>Victor Martin<br>Dylan McCloskey<br>Michael Montgomery<br>Connor Naasz<br>Michael Perez-Rogers<br>Ryan Petrella<br>Conner Rouse<br>Cody Smith | 2004 | <b>WOMEN'S TRACK &amp; FIELD</b><br>Kelly Burke<br>Veronica Capron<br>Shanille Fairweather<br>Ami Goldhammer<br>Megan Irely<br>Holly Lipscomb<br>Diane Mendoza<br>Samy Meredith<br>Aroline Neal<br>Stephanie Sampson<br>Jennifer Yadon    |      |                                                                                                                                                                                                                                                                                                     |      |                                                                                                                                                                                                                                                                                                                                      |
| 2015 | Willie Alexander<br>Robert Marlow<br>Victor Martin<br>Dylan McCloskey<br>Michael Montgomery<br>Conner Rouse<br>Cody Smith<br>Paul Thenard<br>Sullivan Wall                                                                                                 | 2005 | Nicole Blalock<br>Carmen Borseau<br>Serena Boykin<br>Holly Lipscomb<br>Aroline Neal<br>Jaclyn Pedersen<br>Kristina Price<br>Jasmine Winfield                                                                                              | 2016 | Brittany Anselmo<br>Lauren Bartsch<br>Chaylene Bruggeman<br>Ashley Carrera<br>Ashleigh Chambers<br>Riley Cooks<br>Lea Fong<br>Jessica Henslee<br>Chandler Johnson<br>Pauline Mandel<br>Cassandra Nychay<br>Natalie O'Dwyer<br>Nikki Puerner<br>Koquise Richards<br>Marina Shelton<br>Fatima Vergara |      |                                                                                                                                                                                                                                                                                                                                      |
| 2016 | Willie Alexander<br>Sam Bautista<br>Tim Bergstrom<br>Luis Briceno<br>Josh Carr<br>Robert Marlow<br>Dylan McCloskey<br>Michael Montgomery<br>Conner Rouse<br>Cody Smith<br>Paul Thenard<br>Sullivan Wall<br>Dustin Wert                                     | 2006 | Nicole Blalock<br>Kelly Burke<br>Bethany Gardner<br>Jaclyn Pedersen<br>Jill Reynolds<br>Bethany Ross<br>Jasmine Winfield                                                                                                                  |      |                                                                                                                                                                                                                                                                                                     |      |                                                                                                                                                                                                                                                                                                                                      |
| 2017 | Luis Briceno<br>Patrick Burciago<br>Josh Carr<br>Xander Cooper<br>Bo Haddock<br>James Hubbard<br>Nicholas Hudson<br>Robert Marlow<br>Nash Parker<br>Paul Thenard<br>Sullivan Wall<br>Dustin Wert                                                           | 2007 | Nicole Blalock<br>Cheryl Bube<br>Katie Crowe<br>Bethany Gardner<br>Miia Mobley<br>Ejiro Okoro<br>Jill Reynolds<br>Bethany Ross<br>Kristina Wilson<br>Jasmine Winfield                                                                     | 2017 | Lauren Bartsch<br>Ashleigh Chambers<br>Riley Cooks<br>Shelby Crider<br>Lea Fong<br>Taylor Lorack<br>Pauline Mandel<br>Erykah McNairy<br>Delainey Smith<br>Charlotte Utash                                                                                                                           |      |                                                                                                                                                                                                                                                                                                                                      |
| 2018 | Luis Briceno<br>Josh Carr<br>Robert Daseler                                                                                                                                                                                                                | 2008 | Missy Barclay<br>Katie Black<br>Katie Crowe<br>Kara Filipowski<br>Bethany Gardner<br>Carly Harris<br>Shaneika Hearvey<br>Miia Mobley<br>Ejiro Okoro<br>Jill Reynolds<br>Jennifer Rodriguez                                                | 2018 | Diana Acholonu<br>Anaya Alexander<br>Sydney Barnes<br>Lauren Bartsch                                                                                                                                                                                                                                |      |                                                                                                                                                                                                                                                                                                                                      |

## LONG BEACH STATE TRACK &amp; FIELD/CROSS COUNTRY NATIONAL ACADEMIC HONORS

## USTFCCCA ALL-ACADEMIC TEAMS

| Year    | Team                                                                  |
|---------|-----------------------------------------------------------------------|
| 1996-97 | Women's Cross Country<br>Women's Track and Field                      |
| 1997-98 | Women's Cross Country<br>Men's Cross Country<br>Women's Track & Field |
| 1998-99 | Women's Cross Country<br>Women's Track & Field                        |
| 1999-00 | Women's Cross Country<br>Women's Track & Field                        |
| 2000-01 | Women's Cross Country<br>Women's Track & Field                        |
| 2001-02 | Women's Cross Country<br>Women's Track & Field                        |
| 2002-03 | Women's Cross Country<br>Women's Track & Field                        |
| 2003-04 | Women's Cross Country<br>Women's Track & Field                        |
| 2004-05 | Women's Cross Country<br>Women's Track & Field                        |
| 2005-06 | Women's Cross Country<br>Women's Track & Field                        |
| 2006-07 | Women's Cross Country<br>Women's Track & Field                        |
| 2007-08 | Women's Cross Country<br>Women's Track & Field                        |
| 2008-09 | Women's Cross Country<br>Women's Track & Field                        |

|         |                                                                                              |
|---------|----------------------------------------------------------------------------------------------|
| 2009-10 | Women's Cross Country<br>Women's Track & Field                                               |
| 2010-11 | Women's Cross Country<br>Women's Track & Field                                               |
| 2011-12 | Women's Cross Country<br>Men's Cross Country<br>Women's Track & Field                        |
| 2012-13 | Women's Cross Country<br>Men's Cross Country<br>Women's Track & Field<br>Men's Track & Field |
| 2013-14 | Women's Cross Country<br>Women's Track & Field<br>Men's Track & Field                        |
| 2014-15 | Women's Cross Country<br>Women's Track & Field<br>Men's Track & Field                        |
| 2015-16 | Men's Cross Country<br>Women's Cross Country<br>Women's Track & Field<br>Men's Track & Field |
| 2016-17 | Women's Cross Country<br>Women's Track & Field<br>Men's Track & Field                        |

|         |                                                                       |
|---------|-----------------------------------------------------------------------|
| 2017-18 | Women's Cross Country<br>Women's Track & Field                        |
| 2018-19 | Men's Cross Country<br>Women's Cross Country<br>Women's Track & Field |
| 2019-20 | Women's Track & Field                                                 |
| 2020-21 | Women's Track & Field<br>Men's Track & Field                          |

## USTFCCCA ALL-ACADEMIC INDIVIDUALS

|      |                                                                                                          |
|------|----------------------------------------------------------------------------------------------------------|
| 2005 | Jimmy Grabow                                                                                             |
| 2006 | Jimmy Grabow                                                                                             |
| 2007 | Jimmy Grabow                                                                                             |
| 2010 | Matt Maldonado<br>Jennifer Rodriguez                                                                     |
| 2011 | Heath Reedy*                                                                                             |
| 2012 | Gabe Hilbert<br>Matt Maldonado                                                                           |
| 2013 | Emily Cooper<br>Garrett Demirjian<br>Meghan Foley<br>Gabe Hilbert<br>Matt Maldonado<br>Michael Vaughan   |
| 2014 | Brandon Hierholzer<br>Kayla Kamaka<br>Alex Kruthers<br>Dylan McCloskey<br>Conner Rouse<br>Fatima Vergara |

|      |                                                                                                                  |
|------|------------------------------------------------------------------------------------------------------------------|
| 2015 | Victor Martin<br>Michael Montgomery<br>Conner Rouse                                                              |
| 2016 | Riley Cooks<br>Robert Marlow<br>Michael Montgomery<br>Fatima Vergara                                             |
| 2017 | Ashleigh Chambers<br>Riley Cooks<br>Shelby Crider<br>Josh Carr<br>James Hubbard<br>Robert Marlow<br>Paul Thenard |
| 2018 | Josh Carr<br>Kent Harris<br>Nicholas Hudson<br>Ashleigh Chambers                                                 |

|      |                                                          |
|------|----------------------------------------------------------|
| 2019 | Faris Babineaux<br>Kent Harris<br>Nicholas Hudson        |
| 2021 | Jason Smith<br>Clare Gibson<br>Alec Jones<br>Jason Smith |

\* - Award received for cross country

## NCAA APR PUBLIC RECOGNITION

| Year    | Team                  |
|---------|-----------------------|
| 2004-05 | Women's Cross Country |
| 2009-10 | Men's Cross Country   |
| 2010-11 | Men's Cross Country   |
| 2011-12 | Men's Cross Country   |
| 2014-15 | Women's Cross Country |
| 2016-17 | Women's Cross Country |
| 2017-18 | Women's Cross Country |
| 2017-18 | Women's Track & Field |

## CoSIDA ACADEMIC ALL-AMERICANS

| Year | Name                                               |
|------|----------------------------------------------------|
| 1987 | James Ferreira, 3rd Team                           |
| 1999 | Johann Appell, 1st Team*                           |
| 2000 | Johann Appell, 1st Team                            |
| 2004 | Steve Holland, 2nd Team                            |
| 2005 | Steve Holland, 1st Team<br>Jimmy Grabow, 1st Team* |
| 2006 | Jimmy Grabow, 1st Team                             |

## CoSIDA ACADEMIC ALL-DISTRICT

| Year | Name                                                 |
|------|------------------------------------------------------|
| 1999 | Johann Appell*                                       |
| 2000 | Johann Appell                                        |
| 2003 | Jennifer Yadon                                       |
| 2004 | Steve Holland<br>Stephanie Sampson<br>Jennifer Yadon |
| 2005 | Jimmy Grabow*<br>Steve Holland                       |
| 2006 | Jimmy Grabow                                         |
| 2010 | Missy Barclay                                        |

JOHANN APPELL



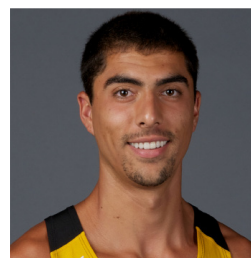
MISSY BARCLAY



JIMMY GRABOW

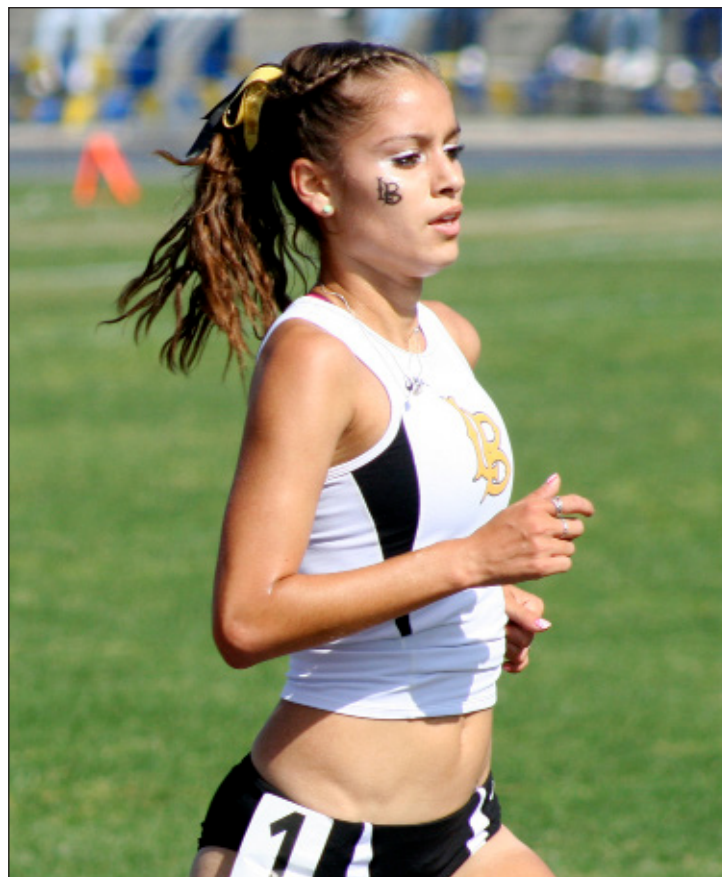


MATT MALDONADO



## SUCCESS AT THE BEACH...

- Long Beach State has won six out of the last ten Big West Men's Track and Field Championships, and 11 all-time, best in league history. LBSU is one of four current programs to have one both a Men's and a Women's championship.
- The Beach has had double-digit entries in the NCAA West Regional meet in all, but one year since its inception in 2003.
- Since 2006, LBSU student-athletes have earned 46 individual USTFCCA All-America honors.
- Long Beach State has boasted 212 individual conference champions, not including the 32 relay teams that have claimed a conference title.
- 16 different athletes have been named the Big West Athlete of the Year a combined 21 times, and the program has had eight Big West freshman of the year.



## SUCCESS AFTER THE BEACH...

- Many Beach Athletes have gone on to compete at the U.S. Olympic Trials. Most recently, Riley Fick (women's heptathlon) Colin Dunbar (men's hammer), and Jason Harrell (men's discus) all competed at the Qualifiers in 2021.
- Colin Dunbar won a national title in the weight throw as he took top honors at the 2016 USA Track & Field Indoor Championships. Dunbar was also selected to represent Team USA at the 2015 NACAC Senior Area Championships in Costa Rica where he brought home the silver.
- Kenneth Medwood, the LBSU record holder in the 400m hurdles, was the flag bearer for Belize at the Opening Ceremonies of the 2012 Summer Olympics. He advanced to the 400m hurdle semifinals at the London Games.
- Jessica Barnard, who holds the top mark in program history in the women's steeplechase, represented the Philippines at the Southeast Asia Games where she established a Filipino national record.
- Rosa Del Toro signed a professional contract following a successful career at Long Beach State. Del Toro, who graduated in 2013, holds three indoor and two cross country records at the Beach.
- Long Beach State has also had a strong presence at both the USA Indoor and Outdoor Championships.