

BEACH INVITATIONAL

[Jack Rose Track](#)

FRIDAY, APRIL 19, 2019

TENTATIVE SCHEDULE

FIELD EVENTS TIME SCHEDULE

Time	Event	Location	Field Size
12:00 p.m.	Women's High Jump	East Pit	<i>Flight #1 (20 Entries)</i>
02:30 p.m.	Men's High Jump	East Pit	<i>Flight #1 (20 Entries)</i>
10:00 a.m.	Women's Pole Vault	East Runway	<i>Flight #1 (20 Entries)</i>
12:15 p.m.	Women's Pole Vault	West Runway	<i>Flight #3 (15 Entries)</i>
02:45 p.m.	Women's Pole Vault	East Runway	<i>Flight #2 (15 Entries)</i>
12:30 p.m.	Men's Pole Vault	West Runway	<i>Flight #1 (15 Entries)</i>
02:45 p.m.	Men's Pole Vault	East Runway	<i>Flight #2 (15 Entries)</i>
10:00 a.m.	Women's Long Jump	West Runway	<i>Flights #1-3 (30 Entries)</i>
10:00 a.m.	Men's Long Jump	East Runway	<i>Flights #1-4 (40 Entries)</i>
02:15 p.m.	Women's Triple Jump	West Runway	<i>Flights #1-2 (20 Entries)</i>
02:45 p.m.	Men's Triple Jump	East Runway	<i>Flight #1-2 (20 Entries)</i>
09:00 a.m.	Men's Hammer Throw	North Ring-Outfield	<i>Flights #1-3 (35 Entries)</i>
11:30 a.m.	Men's GOLD INVITATIONAL Hammer	North Ring-Outfield	<i>Flights #4-5 (30 Entries)</i>
01:45 p.m.	Women's GOLD INVITATIONAL Hammer	North Ring-Outfield	<i>Flights #5-6 (30 Entries)</i>
03:45 p.m.	Women's Hammer	North Ring-Outfield	<i>Flights #4, 3, 2, 1 (50 Entries)</i>
09:00 a.m.	Women's Javelin	North Runway	<i>Flights #1-3 (40 Entries)</i>
11:30 a.m.	Women's GOLD INVITATIONAL Javelin	North Runway	<i>Flights #4-6 (40 Entries)</i>
02:30 p.m.	Men's GOLD INVITATIONAL Javelin	South Runway	<i>Flight #3-4 (30 Entries)</i>
03:45 p.m.	Men's Javelin	South Runway	<i>Flights #2, 1 (30 Entries)</i>

TRACK EVENTS TIME SCHEDULE

Start	Event	Field Size
08:25 a.m.	NATIONAL ANTHEM	
08:30 a.m.	Women's GOLD INVITATIONAL 10,000 Meters	<i>Heat #1 (25 Entries)</i>
09:15 a.m.	Men's GOLD INVITATIONAL 10,000 Meters	<i>Heat #1 (25 Entries)</i>
10:00 a.m.	Women's GOLD INVITATIONAL 5,000 Meters	<i>Heat #1 (25 Entries)</i>
10:20 a.m.	Men's GOLD INVITATIONAL 5,000 Meters	<i>Heat #1 (25 Entries)</i>
10:40 a.m.	Women's GOLD INVITATIONAL 3,000 Meter Steeple Chase	<i>Heat #1 (20 Entries)</i>
11:05 a.m.	Men's GOLD INVITATIONAL 3,000 Meter Steeple Chase	<i>Heat #1 (20 Entries)</i>
11:25 a.m.	Women's 1500 Meters	<i>Heats #7-8 (40 Entries)</i>
11:40 a.m.	Men's 1500 Meters	<i>Heats #7-10 (70 Entries)</i>
12:05 p.m.	Women's 800 Meters	<i>Heats #7-13 (84 Entries)</i>
12:30 p.m.	Men's 800 Meters	<i>Heats #7-14 (96 Entries)</i>
01:00 p.m.	Women's 400 Meters	<i>Heats #14 (9 Entries)</i>
01:03 p.m.	Men's 400 Meters	<i>Heats #14 (9 Entries)</i>
01:10 p.m.	Women's 100 Meters	<i>Heats #14 (9 Entries)</i>
01:13 p.m.	Men's 100 Meters	<i>Heats #14-16 (27 Entries)</i>
01:25 p.m.	Women's 200 Meters	<i>Heats #14-18 (45 Entries)</i>
01:40 p.m.	Men's 200 Meters	<i>Heats #14-18 (45 Entries)</i>

25TH LONG BEACH STATE UNIVERSITY
BEACH INVITATIONAL
 ELITE UNIVERSITY OPEN
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SATURDAY, APRIL 20, 2019

TENTATIVE SCHEDULE

FIELD EVENTS TIME SCHEDULE

Time	Event	Location	Field Size
09:00 a.m.	Men's High Jump	West Pit	<i>Flight #2 (20 Entries)</i>
09:00 a.m.	Men's High Jump	East Pit	<i>Flight #3 (20 Entries)</i>
12:30 p.m.	Men's GOLD INVITATIONAL High Jump	East Pit	<i>Flight #4 (10 Entries)</i>
12:30 p.m.	Women's High Jump	West Pit	<i>Flight #2 (20 Entries)</i>
02:15 p.m.	Women's GOLD INVITATIONAL High Jump	East Pit	<i>Flight #4 (10 Entries)</i>
03:40 p.m.	Women's High Jump	West Pit	<i>Flight #3 (20 Entries)</i>
10:30 a.m.	Women's Pole Vault	East Runway	<i>Flight #4 (20 Entries)</i>
01:15 p.m.	Women's GOLD INVITATIONAL Pole Vault	East Runway	<i>Flight #6 (10 Entries)</i>
03:15 p.m.	Women's Pole Vault	West Runway	<i>Flight #5 (20 Entries)</i>
10:30 a.m.	Men's Pole Vault	West Runway	<i>Flight #3 (20 Entries)</i>
01:15 p.m.	Men's GOLD INVITATIONAL Pole Vault	West Runway	<i>Flight #5 (10 Entries)</i>
03:15 p.m.	Men's Pole Vault	East Runway	<i>Flight #4 (20 Entries)</i>
09:30 a.m.	Women's Long Jump	East Runway	<i>Flights #3-5 (30 Entries)</i>
12:10 p.m.	Women's GOLD INVITATIONAL Long Jump	East Runway	<i>Flights #6-7 (20 Entries)</i>
09:30 a.m.	Men's Long Jump	West Runway	<i>Flights #5-7 (30 Entries)</i>
12:10 p.m.	Men's GOLD INVITATIONAL Long Jump	West Runway	<i>Flights #8-9 (20 Entries)</i>
02:30 p.m.	Women's Triple Jump	East Runway	<i>Flights #2-3 (26 Entries)</i>
04:10 p.m.	Women's GOLD INVITATIONAL Triple Jump	East Runway	<i>Flight #4-5 (26 Entries)</i>
02:30 p.m.	Men's Triple Jump	West Runway	<i>Flights #2-3 (26 Entries)</i>
04:10 p.m.	Men's GOLD INVITATIONAL Triple Jump	West Runway	<i>Flight #4-5 (26 Entries)</i>
11:00 a.m.	Men's GOLD INVITATIONAL Shot Put	West Ring	<i>Flights #5-7 (39 Entries)</i>
11:00 a.m.	Men's Shot Put	East Ring	<i>Flights #1-4 (52 Entries)</i>
03:00 p.m.	Women's GOLD INVITATIONAL Shot Put	West Ring	<i>Flights #5-7 (39 Entries)</i>
03:00 p.m.	Women's Shot Put	East Ring	<i>Flights #1-4 (52 Entries)</i>
11:00 a.m.	Women's GOLD INVITATIONAL Discus	North West Ring	<i>Flights #5-7 (39 Entries)</i>
11:00 a.m.	Women's Discus	North Ring-Outfield	<i>Flights #1-4 (52 Entries)</i>
03:00 p.m.	Men's GOLD INVITATIONAL Discus	North West Ring	<i>Flights #5-7 (39 Entries)</i>
03:00 p.m.	Men's Discus	North Ring-Outfield	<i>Flights #1-4 (52 Entries)</i>

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SATURDAY, APRIL 20, 2019

TENTATIVE SCHEDULE

TRACK EVENTS TIME SCHEDULE

Start	Event	Field Size
09:00 a.m.	Women's GOLD INVITATIONAL 1500 Meters	Heat #1 (18 Entries)
09:06 a.m.	Women's 1500 Meters	Heats #2-6 (81 Entries)
09:42 a.m.	Men's GOLD INVITATIONAL 1500 Meters	Heat #1 (18 Entries)
09:48 a.m.	Men's 1500 Meters	Heats #2-6 (81 Entries)
10:16 a.m.	NATIONAL ANTHEM	
10:25 a.m.	Special Event: Beach Invitational Hall-of-Honor Induction (Inaugural Class)	
10:33 a.m.	Women's GOLD INVITATIONAL 4x100 Meter Relay	Heat #1 (9 Entries)
10:38 a.m.	Women's 4x100 Meter Relay	Heats #2-4 (27 Entries)
10:52 a.m.	Men's GOLD INVITATIONAL 4x100 Meter Relay	Heat #1 (9 Entries)
11:07 a.m.	Men's 4x100 Meter Relay	Heats #2-3 (18 Entries)
11:15 a.m.	Special Event: LBSU Men's Senior Presentation	
11:25 a.m.	Women's GOLD INVITATIONAL 100 Meter Hurdles	Heat #1 (9 Entries)
11:28 a.m.	Women's 100 Meter Hurdles	Heats #2-13 (108 Entries)
12:02 p.m.	Special Event: LBSU Women's Senior Presentation	
12:12 p.m.	Men's GOLD INVITATIONAL 110 Meter Hurdles	Heat #1 (9 Entries)
12:15 p.m.	Men's 110 Meter Hurdles	Heats #2-8 (63 Entries)
12:36 p.m.	Women's GOLD INVITATIONAL 400 Meters	Heat #1 (9 Entries)
12:39 p.m.	Women's 400 Meters	Heats #2-13 (108 Entries)
01:15 p.m.	Men's GOLD INVITATIONAL 400 Meters	Heat #1 (9 Entries)
01:18 p.m.	Men's 400 Meters	Heats #2-13 (108 Entries)
01:54 p.m.	Women's GOLD INVITATIONAL 100 Meters	Heat #1 (9 Entries)
02:57 p.m.	Women's 100 Meters	Heats #2-13 (108 Entries)
02:33 p.m.	Men's GOLD INVITATIONAL 100 Meters	Heat #1 (9 Entries)
02:36 p.m.	Men's 100 Meters	Heats #2-13 (108 Entries)
03:12 p.m.	Women's GOLD INVITATIONAL 800 Meters	Heat #1 (9 Entries)
03:17 p.m.	Women's 800 Meters	Heats #2-6 (60 Entries)
03:37 p.m.	Men's GOLD INVITATIONAL 800 Meters	Heat #1 (9 Entries)
03:42 p.m.	Men's 800 Meters	Heats #2-6 (60 Entries)
04:02 p.m.	Women's GOLD INVITATIONAL 400 Meter Hurdles	Heat #1 (9 Entries)
04:07 p.m.	Women's 400 Meter Hurdles	Heats #2-11 (90 Entries)
04:42 p.m.	Men's GOLD INVITATIONAL 400 Meter Int. Hurdles	Heat #1 (9 Entries)
04:47 p.m.	Men's 400 Meter Int. Hurdles	Heats #2-8 (63 Entries)
05:17 p.m.	Women's GOLD INVITATIONAL 200 Meters	Heat #1 (9 Entries)
05:20 p.m.	Women's 200 Meters	Heat #2-13 (108 Entries)
05:56 p.m.	Men's GOLD INVITATIONAL 200 Meters	Heat #1 (9 Entries)
05:59 p.m.	Men's 200 Meters	Heats #2-13 (108 Entries)
06:35 p.m.	Women's GOLD INVITATIONAL 4x400 Meter Relay	Heat #1 (9 Entries)
06:40 p.m.	Women's 4x400 Meter Relay	Heats #2-4 (27 Entries)
06:50 p.m.	Men's GOLD INVITATIONAL 4x400 Meter Relay	Heat #1 (9 Entries)
06:55 p.m.	Men's 4x400 Meter Relay	Heats #2-3 (18 Entries)