

Emergency Action Plan

The purpose of an Emergency Action Plan is to address the immediate need for medical assistance in the instance of serious or life-threatening injury. It is the responsibility of the coaching staff and athletic administrators to become familiar with this plan to expedite emergency care to the injured athlete should the need occur.

The information in this plan includes the steps to follow in the event of a potential life-threatening injury or situation. A serious injury is defined as a condition whereby the athlete’s life may be in danger or risks permanent impairment. These injuries include, but are not limited to:

 Cervical Spine Injuries

 Head Injuries

 Severe Bleeding

 Shock

 Heat Stress

 Cardiovascular Distress

 Loss of Limb

 Serious Fracture or Deformity

**If there is any question as to the severity of the injury, treat it as an emergency and call 911.**

**Important Phone Numbers**

Athletic Director: William Anderson……………………………………………………………..………….. (901) 435-1238 (off)

Coordinator of Logistics: Stanley Dentley……………………………………………………..………….. (901) 435-1234 (off)

………………………………………………………………………………………………………………………………… (901) 282-3017 (cell)

Athletic Trainer: Jessi Howard………………………………………………………………………………….. (901) 240-5802 (cell)

Director of Athletic Compliance: Stella Woodley………………………………………………….…… (901) 435-1184 (off)

Campus Security………………………………………………………………………………………………………..…….. (901) 301-7430

Memphis Police Department (non-emergency)………………………………………………………………... (901)545-2677

Memphis Fire Department………………………………………………………………………………………………. (901) 458-3311

**In the event of a serious or life-threatening emergency, the primary evaluation is to be conducted by an individual certified in first aid and CPR, preferably the athletic trainer, or coach, or head administrator.**

1. Determine the athlete’s level of consciousness.
2. Check ABC’s- airway, breathing, circulation.
3. Activate EMS; provide EMS with the following information: name, address, and phone # of caller, condition of athlete, any first aid given, and any other information the operator requests.
4. Send a designated person to EMS.
5. Retrieve additional emergency equipment needed, i.e. splits, AED
6. Initiate CPR, rescue breathing, or first aid until relieved by EMS.

**\*If a serious spine injury or extremity fractures are suspected, DO NOT attempt to move athlete\***

**In the event of a FIRE, follow these instructions:**

1. Evacuate the building immediately by following the nearest exit sign.
2. Exit in a calm, orderly fashion through the nearest fire exit.
3. If smoke is present, crawl under to escape.
4. If unable to escape, stay in room, stuff door cracks and vents with towels or clothing.
5. Call 911 or Memphis Fire Department- (901) 458-3311

**Emergency Protocol for Lightning Safety**

***This is effective for all athletic events that occur outdoors.***

Use the *Flash to Bang Ratio* or lightning detecting app, such as WeatherBug, to help determine the decision to remove athletes from playing area. By NCAA standard, once the lighting reaches 10 miles of the athletic venue, evacuation should begin.  By the time the leading edge of the storm is within six miles of the venue, all individuals should have left the athletics site and be within a safer structure or location. Individuals just entering the outdoor venue should be directed to a safer location.

 *Flash to Bang:* Begin counting in seconds when lightning is sighted. Counting stops when

the associated bang is heard. Divide the number by 5 to determine distance in miles.

Athletes, coaching staff, officials, and spectators must retreat to a designated safe shelter. Do not provide shelter under trees, medal, or light poles. To resume athletics activities, lightning safety experts recommend waiting 30 minutes after both the last sound of thunder and after the last flash of lightning is at least six miles away and moving away from the venue.

**Emergency care in the event an individual has been struck by lightning:**

1. Survey the scene to determine safety. Patient can be moved to safer location if necessary.
2. Activate EMS, providing them with necessary information.
3. Send a designated person to meet them.
4. Provide CPR, rescue breathing, and/or first aid until relieved by EMS.

\*People who have been struck by lightning do not carry an electrical charge. Therefore, cardiopulmonary resuscitation (CPR) is safe for the first responder.\*

**LeMoyne-Owen Athletic Venues**

**Bruce-Johnson Hall (AED on site)**

Volleyball, Men’s and Women’s Basketball

807 Walker Ave.

Memphis, TN 38126

Volleyball

 Reginald Morris Head Coach (901) 435-1230

Men’s Basketball

 Bonzi Wells Head Coach (901) 435-1235

Women’s Basketball

 Antony Partee Head Coach (901) 435-1233

**Bruce-Johnson Hall Softball Practice Field and Track**

Cross Country, Track, and Softball Practice Field

807 Walker Ave.

Memphis, TN 38126

\*\*Field and track are located behind Bruce-Johnson Hall at the corner of Neptune St. and Saxon Ave. Be sure to specify to EMS and send a designated person to meet them.\*\*

Cross Country/Track

 Terry Rhodes Head Coach (404) 599-3807

Softball

 Tiara Hall Head Coach (901) 305-2613

**Site To Be Determined**

Baseball

 Johnny Rudd Head Coach (901) 488-8465

Tennis

 Garry Coleman Head Coach (901) 487-7127

Golf

 Donald Holmes Head Coach (901) 846-9973