



All-Sportsmanship Team 2024-25

All student-athletes named to the Northwest Conference All-Sportsmanship team were selected by teammates and/or coaches for displaying good sportsmanship throughout the season.

BASEBALL

Name/Institution	Year	Hometown/Previous School
BJ Tokushima, George Fox	JR	Mililani, Hawaii / Mililani
Will Heron, Lewis & Clark	SR	Bellingham, Wash. / Rio Americano
Tyler Marr, Linfield	SR	Great Falls, Mont. / C.M. Russell
Zander Ditona, Pacific (Ore.)	JR	Castro Valley, Calif. / Castro Valley
Ethan Keintz, Pacific Lutheran	SR	Helena, Mont. / Capital
Cooper Allen, Puget Sound	JR	San Juan Capo, Calif. / San Juan Hills
Jack Bickerton, Whitman	SR	Culver City, Calif. / Culver City
Thomas Bennett, Whitworth	SR	Beaux Arts, Wash. / Bellevue
Charlie Ferbet, Willamette	SR	St. Louis, Mo. / De Smet Jesuit

MEN'S BASKETBALL

Name/Institution	Year	Hometown/Previous School
Cory Schramm, George Fox	JR	Chelan, Wash. / Chelan
Nik Berry, Lewis & Clark	SR	Seattle, Wash. / Nathan Hale
Dayton Magaña, Linfield	JR	Modesto, Calif. / Delta Junior College
Kenji Toyama, Pacific (Ore.)	SR	Honolulu, Hawaii / Henry J. Kaiser
Drew Kraft, Pacific Lutheran	SR	Silverdale, Wash. / Klahowya
Will Pohland, Puget Sound	SR	Everett, Wash. / King's
Alex Pape, Whitman	SR	Seattle, Wash. / Roosevelt
Ty Edwards, Whitworth	JR	Sumner, Wash. / Sumner
Dylan Green, Willamette	SR	Lakewood, Colo. / Green Mountain

WOMEN'S BASKETBALL

Name/Institution	Year	Hometown/Previous School
Kylie Ritter, George Fox	JR	Battle Ground, Wash. / Hockinson
Tatiana Rebanal, Lewis & Clark	JR	Alameda, Calif. / Encinal
Logan Roberts, Linfield	JR	Twin Falls, Idaho / Canyon Ridge
Emily Holsan, Pacific (Ore.)	SR	Sammamish, Wash. / Eastlake
Taylor Schmidtke, Pacific Lutheran	SR	Buckley, Wash. / White River
Autumn Hill, Puget Sound	SO	View Park, Calif. / Marlborough
Natalie Lundberg, Whitman	SR	Grass Valley, Calif. / Colfax

Mya Bair, Whitworth	JR	Kettle Falls, Wash. / Kettle Falls
Elyse Waldal, Willamette	SR	Snohomish, Wash. / Glacier Peak

MEN'S CROSS COUNTRY

Name/Institution	Year	Hometown/Previous School
Kellen Ruiz, George Fox	JR	Vacaville, Calif. / Vacaville
Evan Markelz, Lewis & Clark	SO	Mountain View, Calif. / Mountain View
Bradley Kiltow, Linfield	SR	Damascus, Ore./ La Salle Catholic Prep
Reese Yamamoto, Pacific (Ore.)	GR	Mililani, Hawaii / Mililani
Daniel Zimmer, Pacific Lutheran	JR	Ridgefield, Wash. / Ridgefield
Oliver Kreimer, Puget Sound	JR	Greensboro, N.C. / Greensboro
Riley McVay, Whitman	SR	Clinton, Wash. / South Whidbey
Marc Dugenet, Whitworth	SR	Spokane, Wash. / Mead
Josh Evans, Willamette	SR	Lafayette, Calif. / Acalanes

WOMEN'S CROSS COUNTRY

Name/Institution	Year	Hometown/Previous School
Abbie Goodwin, George Fox	SO	Anacortes, Wash. / Anacortes
Riley Buese, Lewis & Clark	SR	Denver, Colo. / Northfield
Liberty McElpatrick, Linfield	SO	Kent, Wash. / Mount Rainier
Natalie Taylor, Pacific (Ore.)	SR	Beaverton, Ore. / Sunset
Annika Deazley, Pacific Lutheran	SR	Portland, Ore. / Ida B. Wells
Claire Mullen, Puget Sound	SR	Laguna Nigel, Calif. / St. Margaret's Episcopal
Lucy Hennessy, Whitman	JR	Hood River, Ore. / Hood River Valley
Lulu Brady, Whitworth	SR	Black Diamond, Wash. / Tahoma
Zoe Heino, Willamette	JR	Portland, Ore. / Mountainside

FOOTBALL

Name/Institution	Year	Hometown/Previous School
Ty Borde, George Fox	SO	Stayton, Ore. / Stayton
Devon Guest, Lewis & Clark	SR	Phoenix, Ariz. / Mountain Pointe
Jacob Slifka, Linfield	SR	Banks, Ore. / Banks
Brody Bantolina, Pacific (Ore.)	JR	Ewa Beach, Hawaii / 'Iolani School
Zachary Budnek, Pacific Lutheran	SR	Brinnon, Wash. / Quilcene
Hayden Teeter, Puget Sound	JR	Shoreline, Wash. / King's
Cameron Sheley, Whitworth	5th	Spokane Valley, Wash. / Central Valley
Hogan Smith, Willamette	SR	Prineville, Ore. / Crook County

MEN'S GOLF

Name/Institution	Year	Hometown/Previous School
Truman Fletcher, George Fox	JR	Portland, Ore. / Grant
Jon Westlake, Lewis & Clark	SR	Portland, Ore. / Sunset
Kellen Hudson, Linfield	JR	Boise, Idaho / Washington State

Braedan Hart, Pacific (Ore.)	SR	Bellingham, Wash. / Mount Baker
Tanner Frinell, Pacific Lutheran	SO	Lake Oswego, Ore. / Lake Oswego
Drew Spitzer, Puget Sound	JR	Arlington, Va. / Washington-Liberty
Parker Krovsky, Whitman	SR	Bend, Ore. / Bend Senior
Aaron Storem, Whitworth	SR	Milton, Wssh. / Fife
Lucas Paul, Willamette	JR	Salem, Ore. / South Salem

WOMEN'S GOLF

Name/Institution	Year	Hometown/Previous School
Ainsley Carter, George Fox	GR	Amarillo, Texas / Amarillo
Natalie Nuñez Lezama, Lewis & Clark	FR	Richland, Wash. / Hanford
Tori Schuller, Linfield	SR	Clinton, Wash. / South Whidbey
Makena Tsuye, Pacific (Ore.)	SO	Sacramento, Calif. / John F. Kennedy
Emily Alicia, Pacific Lutheran	FR	Enumclaw, Wash. / Enumclaw
Cayton Smith, Puget Sound	SO	Portland, Ore. / Oregon Episcopal
Katya Kurkoski, Whitman	SR	Portland, Ore. / Jesuit
Stella Fergin, Whitworth	SO	Orange County, Calif. / Orange Lutheran
Saida Seelig, Willamette	JR	Portland, Ore. / Wilson

WOMEN'S LACROSSE

Name/Institution	Year	Hometown/Previous School
Sasha Thayer, George Fox	JR	Salem, Ore. / South Salem
Mack Searle, Lewis & Clark	FR	Sandy, Utah / Alta
Caity Babcock, Linfield	SR	Salinas, Calif. / Salinas
Abigail Boyer, Pacific (Ore.)	SR	Hillsboro, Ore. / Glencoe
Gracie Cecka, Pacific Lutheran	FR	Oak Harbor, Wash. / Oak Harbor
Eden Davies, Puget Sound	JR	Denver, Colo. / George Washington
Andy Garcia, Whitman	SO	Sammamish, Wash. / Eastlake
Megan Whitman, Whitworth	JR	Spokane, Wash. / Ferris
Olivia Austin, Willamette	SO	San Diego, Calif. / La Jolla

WOMEN'S ROWING

Name/Institution	Year	Hometown/Previous School
Morgan Anderson, Lewis & Clark	SO	
Kamryn Spooner, Pacific (Ore.)	FR	Portland, Ore. / Sunset
Carleigh Templin, Pacific Lutheran	SR	Tacoma, Wash. / Tacoma Science & Math Institute
Luci Reed, Puget Sound	SR	Santa Barbara, Calif./San Marcos Sr

MEN'S SOCCER

Name/Institution	Year	Hometown/Previous School
Conor Kong, George Fox	SR	Kahului, Hawaii / Maui
Micaiah Garan, Lewis & Clark	SO	Honolulu, Hawaii / Roosevelt

Radule Bozovic, Linfield	JR	La Grange, Ill. / Lyons Township
Brodie Buchert, Pacific (Ore.)	SR	Riverside, Calif. / Eleanor Roosevelt
Nick Gaston, Pacific Lutheran	5th	Mililani, Hawaii / Mililani
Ryan Saunders, Puget Sound	SR	Colleyville, Texas / Lawrence D Bell
Zachary Stonier, Whitman	SR	Camas, Wash. / Union
Sebastian Horn, Whitworth	SR	Honolulu, Hawaii / Kaiser
Krisna LaFrance, Willamette	SR	Seattle, Wash. / Ballard

WOMEN'S SOCCER

Name/Institution	Year	Hometown/Previous School
Willa Evans, George Fox	GR	Mill Creek, Wash. / Henry M. Jackson
Sophie Rossier, Lewis & Clark	JR	Solana Beach, Calif./Santa Fe Christian
Sidra Griffin, Linfield	SR	Duvall, Wash. / Cedarcrest
Kylie Pascual, Pacific (Ore.)	JR	Pearl City, Hawaii / Punahou
Lily Dose, Pacific Lutheran	5th	Shelton, Wash. / Shelton
Sienna Kloss, Puget Sound	GR	Cave Creek, Ariz. / Cactus Shadows
Ella Schneider, Whitman	SR	Solana Beach, Calif. / Torrey Pines
Paige Broadrick, Whitworth	JR	Gig Harbor, Wash. / Peninsula
Claire Warthen, Willamette	SO	Bremerton, Wash. / Bremerton

SOFTBALL

Name/Institution	Year	Hometown/Previous School
Tinley Taylor, George Fox	SO	Yakima, Wash. / East Valley
McKenna Zehnder, Lewis & Clark	JR	Huntington Beach, Calif. / Huntington Beach
Jacey Leyvas, Linfield	SR	Redlands, Calif. / Redlands
Ryley Vickroy, Pacific (Ore.)	JR	Portland, Ore. / La Salle Catholic
Jaycie Simpliciano, Pacific Lutheran	SO	Honolulu, Hawaii / Maryknoll
Mikayla Johnson, Puget Sound	JR	Everett, Wash.
Kelly Hruza, Whitworth	SR	Issaquah, Wash. / Issaquah
Abigail Loomis, Willamette	JR	Canby, Ore. / Canby

MEN'S SWIMMING

Name/Institution	Year	Hometown/Previous School
Aries Valenzuela, George Fox	SR	Tigard, Ore. / Jesuit
Zach Martin, Lewis & Clark	JR	Upland, Calif. / Claremont
Levi Buker, Linfield	SR	Medford, Ore. / North Medford
Jack Sappington, Pacific (Ore.)	FR	Oceanside, Ore. / Tillamook
Dakota Domingo, Pacific Lutheran	FR	Hilo, Hawaii / Hilo
Lance Mielke, Puget Sound	SR	Coeur d'Alene, Idaho / Coeur d'Alene Charter Academy
Keenan Riggs- Turpin, Whitman	SO	Eureka, Calif. / Eureka
Mason Self, Whitworth	SR	West Linn, Ore. / West Linn

Cole Lindberg, Willamette

SR

Moses Lake, Wash. / Moses Lake Christian

WOMEN'S SWIMMING

Name/Institution

Year

Hometown/Previous School

Abbey Nardella, George Fox

SR

Maple Valley, Wash. / Tahoma

Elise Barton, Lewis & Clark

JR

Denver, Colo. / Rock Canyon

Caley Haydu, Linfield

SO

Poulsbo, Wash. / Klahowya Secondary

Alex Moehnke, Pacific (Ore.)

SR

Banks, Ore. / Banks

Matthea Gaines, Pacific Lutheran

FR

Graham, Wash. / Mount Tahoma

Sarah Guillen, Puget Sound

SR

Bozeman, Mont. / Bozeman

Gwen Empie, Whitman

SR

Bloomsburg, Pa. / Phillips Academy Andover

Jillian Larrabee, Whitworth

5th

Durham, Calif. / Durham

Sarah Jenner, Willamette

SR

Normandy Park, Wash. / Stanford Online

MEN'S TENNIS

Name/Institution

Year

Hometown/Previous School

Zach Moore, George Fox

SO

Turner, Ore. / Cascade

Matthew Chio, Lewis & Clark

SR

Chino Hills, Calif. / Chino Hills

Brooks Lerfald, Linfield

JR

Eugene, Ore. / Sheldon

Joshua Dela Cruz, Pacific (Ore.)

FR

Ewa Beach, Hawaii

Matthew Merzbach, Puget Sound

SR

Bend, Ore. / Summit

Cameron Yang, Whitman

JR

Bellevue, Wash. / Rensselaer Polytechnic

Landon LaBrie, Whitworth

SO

Boise, Idaho / Centennial

Baily Livengood, Willamette

FR

Fort Collins, Colo. / Rocky Mountain

WOMEN'S TENNIS

Name/Institution

Year

Hometown/Previous School

Cassey Hitch, George Fox

SR

Huntington Beach, Calif. / Edison

Charlotte Makoni, Lewis & Clark

SO

East Palo Alto, Calif. / Menlo

Emma Tuttle, Linfield

SR

Ridgefield, Wash. / Ridgefield

Cassidy Binder, Pacific (Ore.)

5th

Beaverton, Ore. / Beaverton

Paige Shinall, Puget Sound

SR

Minneapolis, Minn. / Southwest

Teleya Blunt, Whitman

JR

La Crescenta, Calif. / Crescenta Valley

Olivia Corbett, Whitworth

JR

Pendleton, Ore. / Pendleton

Richelle Suzuki, Willamette

SR

Mililani, Hawaii / Mililani

MEN'S TRACK & FIELD

Name/Institution

Year

Hometown/Previous School

Max Ashour, George Fox

SR

Sherwood, Ore. / Sherwood

J.T. Willis, Lewis & Clark

SR

Lincoln, Calif. / Lincoln

Nick Olsen, Linfield

SR

Rhododendron, Ore. / Sandy

Jayden Fordham, Pacific (Ore.)

SR

Beaumont, Calif. / Beaumont Senior

Grady Lemma, Pacific Lutheran

SR

Walla Walla, Wash. / Walla Walla

William Hasten, Puget Sound	SR	Tracy, Calif. / Tracy
Jack McManus, Whitman	SO	McCall, Idaho / McCall-Donnelly
JJ Martin, Whitworth	SR	Spokane, Wash. / North Central
Jonas Cherry, Willamette	JR	Browns Valley, Calif. / Marysville

WOMEN'S TRACK & FIELD

Name/Institution	Year	Hometown/Previous School
Shelby Larson, George Fox	SR	Sisters, Ore. / Sisters
Piper McCoy Harmon, Lewis & Clark	JR	Portland, Ore. / Cleveland
Rachelle Silis, Linfield	SR	Salem, Ore. / McMinnville
Courtney Tiernan, Pacific (Ore.)	JR	Springfield, Ore. / Thurston
Madison Downey, Pacific Lutheran	SO	Salem, Ore. / Sprague
Whitney Nelson, Puget Sound	FR	Enumclaw, Wash.
Dori Buttleman, Whitman	SR	Seattle, Wash. / Ballard
Jordyn Lungo, Whitworth	GR	Colbert, Wash. / Mt. Spokane
Katherine Thornton, Willamette	5th	Reno, Nev. / Reno

WOMEN'S VOLLEYBALL

Name/Institution	Year	Hometown/Previous School
Addison Coulter, George Fox	SR	Pullman, Wash. / Pullman
Abby Warrick, Lewis & Clark	JR	Coos Bay, Ore. / Southwestern Oregon CC
Paige Richards, Linfield	SR	Arlington, Wash. / Arlington
Kayla Craft, Pacific (Ore.)	SR	San Luis Obispo, Calif.
Claire Hindman, Pacific Lutheran	SR	Mount Vernon, Wash. / Sedro-Woolley
Samantha Keightley, Puget Sound	SO	Gervais, Ore. / Oregon City
Samantha Miller, Whitman	SR	Portland, Ore. / Beaverton
Megan Lange, Whitworth	5th	Newman Lake, Wash. / East Valley
Caroline Jameson, Willamette	SR	Everett, Wash. / Everett