



Women's Soccer All-Time Honors

ASUN

All-Conference

First Team

Cora Duininck – 2019, 2021 Spring
Gabrielle Farrell – 2019
Melody Jayroe – 2019
Madison Ellis – 2021 Fall
McKinley Burkett - 2022
Rachel DeRuby – 2022
Bridie Herman – 2022
Ainsely Leja – 2022

Second Team

Gabrielle Farrell – 2018
Cora Duininck – 2018
McKinley Burkett – 2021 Spring
Kasey Jamieson – 2021 Spring, 2021 Fall
Maddy Oliver – 2021 Fall
Randi Palacios – 2021 Fall
Rebekah Earnest – 2022
Halle Engle – 2022
Ivy Garner – 2022
Saydie Holland – 2022

Third Team

Lena James – 2022

All-Freshman Team

Madison Ellis – 2018
Zoe Gaffney – 2018
Grace Spade – 2019
Rachel DeRuby – 2021 Spring
Meredith King – 2021 Spring
Sophia Palladino – 2021 Spring
Halle Engle – 2022
Ivy Garner – 2022
Allison Hansford – 2022
Haleigh Arostegi – 2022

All-Academic Team

Caroline Boone – 2018

Kasey Jamieson – 2021 Spring

McKinley Burkett – 2022

ASUN Goalkeeper of the Year

Melody Jayroe – 2019

Ainsley Leja – 2022

ASUN Freshman of the Year

Meredith King – 2021 Spring

ASUN Tournament MVP

Cora Duininck – 2021 Spring

ASUN Coach of the Year

Lang Wedemeyer – 2021 Spring, 2022

ASUN Scholar-Athlete of the Year

Kasey Jamieson – 2021 Spring, 2021 Fall

ASUN Winner For Life

Cora Duininck – 2018

Big South**First Team All-Conference**

Shannon Hutchison – 1997

Jerri Lucido – 1997

Christina Popoff – 1998

Nancy Davis – 1998-99-2000-01

Breanna Jacinto – 1999-2000

Jenny Davis – 2000-03

Katie Woodrow – 2001-02

Sarah Gantner – 2002

Rachel Bendzlowicz – 2003

Mandee (Judd) Wheelock – 2003-05-06

Megan Fatkin – 2004

Lauren Zealand – 2004

Tanya Payne – 2005

Suzanne Edwards – 2006

Amy Oberlin – 2006-07-08

Brittany Tyson - 2007

Silvia Betancourt – 2009

Karen Blocker – 2009

Maria Owen – 2009

Lauren Stell – 2012

Brittany Aanderud – 2013

Casey Norris – 2013

Brittany Aanderud – 2014

Maddie Boone – 2014

Holly Van Noord – 2014, 2016

Jennifer Knoebel – 2015

Isabella Habuda – 2016, 2017

Gabrielle Farrell – 2016
Cora Duininck – 2017

Second Team All-Conference

Summer Able – 1994
Shannon Hutchison – 1995
Kara Crosby – 1996
Jerri Lucido – 1996
Lisa Duer – 1997
Makaela Gibson – 1997
Christy Reccord – 1997
Cheryl (Williams) Jones – 1997-2000
Felicia Jennings – 1998-2001
Cheryl Williams – 1998
Lauren Coffey – 1999
Sarah Gantner – 2000
Emily Shubin – 2001
Megan Fatkin – 2002-03
Emily Shubin – 2002
Kimberly Hawkins – 2003
Rachel Bendzlowicz – 2004
Amy Oberlin – 2005
Ashley Braam – 2006
Silvia Betancourt – 2008
Elia Lake – 2009
Ariana Espinoza – 2010
Aimee Luurtsema – 2010
Madison Short – 2010
Silvia Betancourt – 2011
Lauren Stell – 2011
Karen Blocker – 2012
Maddie Boone – 2013
Holly Van Noord – 2013
Alanna Dunkle – 2014
Rebekah Page – 2014
Rebekah Page – 2015
Holly Van Noord – 2015
Jennifer Knoebel – 2016
Gabrielle Farrell – 2017
Sami Santos – 2016, 2017

All-Conference Honorable Mention

Ashleigh Hill – 2017

All-Tournament Team

Nancy Davis – 1998-99-2000
Breanna Jacinto – 1999-2000
Kim Althouse – 1999
Sarah Gantner – 2000-01
Jenny Davis – 2000-01-02
Natalie Mayer – 2001
Lauren Zealand – 2001
Emily Shubin – 2002
Rachel Bendzlowicz – 2003

Kimberly Hawkins – 2004
Rachel Bendzlowicz – 2005
Brittney Bench – 2005
Rachel Hetrick – 2005
Amy Obelrin – 2005
Paige Cheek – 2006
Kristin Faxon – 2006
Mallory Neff – 2006
Ally Erving – 2007
Ashley Nyholt – 2009
Madison Short – 2010
Maggie Woody – 2010
Kelly Henion – 2011
Helen Pereira – 2011
Brittany Aanderud – 2013
Alanna Dunkle – 2013
Casey Norris – 2013
Geena Swentik – 2013
Brittany Aanderud – 2014
Madison Kauzlarich – 2014
Crystal Elmers – 2014
Alex Mack – 2015
Brittany Aanderud – 2015
Jennifer Knoebel – 2015, 2016
Holly Van Noord – 2015, 2016
Gabrielle Farrell – 2016
Jordan Kestel – 2016
Sarah Erickson – 2017
Abigail Persson – 2017

All-Academic Team

Lisa Deur – 1996
Jerri Lucido – 1997
Julie Reinwald – 1998
Jen Hodges – 1999
Cheryl Jones – 2000
Nancy Davis – 2001
Jenny Davis – 2002
Jenny Davis – 2003
Lauren (Coffey) Zealand – 2004
Sonia Rodriguez – 2005
Mandee Wheelock – 2006
Amy Oberlin – 2007-08
Rachel Wisheart – 2009
Aimee Luurtsema – 2010
Karen Blocker – 2011
Karen Blocker – 2012
Maddie Boone – 2013
Helena Pereira – 2014
Jennifer Knoebel – 2015
Holly Van Noord – 2016
Sami Santos – 2017

All-Freshman Team

Heather Bowling – 2005
Maggie Woody – 2006
Maria Owen – 2007
Silvia Betancourt – 2008
Ariana Espinoza – 2009
Madison Short – 2009
Casey Norris – 2010
Maggie Boone – 2011
Jaime Bouffard – 2012
Brittany Aanderud – 2012
Julia Delgatti – 2013
Holly Van Noord – 2013
Jennifer Knoebel – 2014
Jordan Kestel – 2014
Devon Jones – 2015
Aly Hill – 2015
Gabrielle Farrell – 2016
Sierra Lam – 2016
Cora Duininck – 2017
Melody Jayroe – 2017

Big South Tournament MVP

Nancy Davis – 2000
Jenny Davis – 2001
Rachel Bendzlowicz – 2005
Brittany Aanderud – 2013
Alex Mack – 2015
Jennifer Knoebel – 2016

Scholar Athlete of the Year

Jen Hodges – 1999
Nancy Davis – 2001
Mandee Wheelock – 2006 (Co-Scholar)

Defensive Player of the Year

Holly Van Noord – 2014
Holly Van Noord – 2016

Player of the Year

Shannon Hutchison – 1997 (Co-Player)
Christina Popoff – 1998

Rookie of the Year

Summer Able – 1994 (Co-Rookie)
Gabrielle Farrell – 2016

Coach of the Year

James Price – 1999
Jessica Hain – 2009

VaSID All-State

First Team

Christina Popoff – 1998
Nancy Davis – 1999
Jenny Davis – 2000
Breanna Jacinto – 2000
Rachel Benzlowicz – 2005
Tanya Payne – 2005
Suzanne Edwards – 2006
Aimee Luurtsema – 2010
Brittany Aanderud – 2013
Holly Van Noord – 2013
Brittany Aanderud – 2014
Gabrielle Farrell – 2016
Isabella Habuda – 2016

Second Team

Lauren Coffey – 1999
Nancy Davis - 2000
Jenny Davis – 2002-03
Megan Fatkin – 2004
Amy Oberlin – 2006-07-08
Silvia Betancourt – 2009
Maria Owen – 2009
Karen Blocker – 2012
Lauren Stell – 2012
Casey Norris – 2013
Holly Van Noord – 2014, 2016
Maddie Boone – 2014
Jennifer Knoebel – 2015
Cora Duininck – 2017
Isabella Habuda – 2017
Cora Duininck – 2021 Spring

All-Academic

Mandee Wheelock – 2007

Rookie of the Year

Holly Van Noord – 2013
Gabrielle Farrell – 2016

Coach of the Year

Nate Norman – 2016

United Soccer Coaches All-Region

Faith-Based Coach of the Year

Lang Wedemeyer – 2021 Fall

First Team

Bridie Herman – 2022

Second Team

Brittany Aanderud – 2013
Brittany Aanderud – 2014
Holly Van Noord – 2014, 2016
Brittany Aanderud – 2015
Isabella Habuda – 2016
Saydie Holland – 2022
Ainsley Leja - 2022

Third Team

Nancy Davis – 2000
Jenny Davis – 2000
Cora Duininck – 2021 Spring
Gabrielle Farrell – 2019
Melody Jayroe – 2019
Holly Van Noord – 2013
Holly Van Noord – 2015

SoccerBuzz Mid-Atlantic Freshman All-Region

Jenny Davis – 2000

CoSIDA Academic All-America**Third Team**

Jen Hodges – 1999

CoSIDA Academic All-Region**First Team**

Jen Hodges – 1999
Nancy Davis – 2001

CoSIDA Academic All-District

Rachel DeRuby – 2022
Ansley Leja – 2022
Meredith King – 2022
Grace Spade – 2022
Annie Slovak – 2022

First Team

Jen Hodges – 1999
Nancy Davis – 2000

Second Team

Suzanne Edwards – 2007

Records updated prior to each season – 12/6/22