50TH ANNUAL
PAUL SHORT RUN
HOSTED BY LEHIGH UNIVERSITY
OCTOBER 4-5, 2024

2024 PAUL SHORT RUN

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EST. 1973

LEHIGH UNIVERSITY

2024 Lehigh University Paul Short Run, presented by Asics

2024 Lehigh University Paul Short Run Schedule

Friday, October 4th			Saturday, October 5th	
1:30 p.m.	High School Boy's Gold Race		9:30 a.m.	Men's Open Race
2:00 p.m.	High School Girl's Gold Race		10:15 a.m.	Women's Open Race
2:30 p.m.	High School Boy's Brown Race		11:00 a.m.	College Men's Gold Race
3:00 p.m.	High School Girl's Brown Race		11:45 a.m.	College Women's Gold Race
3:30 p.m.	High School Boy's White Race		12:15 p.m.	College Men's White Race
4:00 p.m.	High School Girl's White Race		1:00 p.m.	College Women's White Race
			1:45 p.m.	College Men's Brown Race
			2:30 p.m.	College Women's Brown Race
			3:15 p.m.	College Men's Green Race
			4:00 p.m.	College Women's Green Race

Ladies and Gentlemen,

Lehigh University would like to welcome you to the 2024 Lehigh Paul Short Run, presented by Asics. For 50 years, the university and its cross country programs have been proud to host this event and the approximately 7,000 runners who compete in it. This year, nearly 600 colleges and high schools will compete on the Goodman Campus in races throughout the morning and afternoon.

For your convenience, bathrooms are located in the stadium. For the safety of all fans and student-athletes at the race today, smoking and consumption of alcoholic beverages are not permitted near the race area.

Complete results for the 50th-annual Paul Short Run at Lehigh University will be available online at leonetiming.com. In-depth information regarding the race and full results will be available at www.paulshortxcrun.com.

For the 20th year, the ChampionChip System will assist in keeping track of times. Each runner will have a computer chip on his/her shoe that will transmit an identification number and the runner's time to the finish-line computers. The mats placed along the finish line contain antennas to which the identification number is set to. In this year's race, runners in the college races and the high school competitors will each have one chip. The ChampionChip system was first introduced in The Netherlands in 1994 and was first commercially used in the 1994 Berlin Marathon. Since its inception, the ChampionChip has been used in many events including the prestigious Boston Marathon and the Ironman Triathlon.

As a reminder, the NCAA and Lehigh promote good sportsmanship by student-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial, sexist or other abusive comments or actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the complex.

Thank you for your attendance, and we hope you enjoy today's races.

2024 Lehigh University Paul Short Run, presented by Asics

Collegiate Women

Gold Race
Army West Point, Binghamton, Boston U, Bowling Green, Brown, Bucknell, Cedarville, Central Connecticut, Connecticut, Cornell, Dartmouth, Delaware, Fordham, Harvard, High Point, Howard, Johns Hopkins, Kennesaw State, La Salle, Lehigh, Manhattan, Maryland, Miami (Fla.), Monmouth, Navy, Northeastern, Penn, Penn State, Pittsburgh, Princeton, Quinnipiac, Rider, Rutgers, San Diego, San Francisco, Stony Brook, Syracuse, Tampa, Temple, UMass Amherst, UMass Lowell, Utah State, Wingate, Yale

Brown Race
Buffalo, Canisius, Catawba, Colgate, Columbia, D'Youville, Daemen, Davis & Elkins, East Stroudsburg, FDU, Hofstra, Holy Cross, James Madison, Kent State, Kutztown, Lafayette, Le Moyne, Liberty, Loyola (Md.), Marist, Merrimack, Millersville, Mount St. Mary's, NJIT, New Hampshire, Niagara, Saint Francis, Shippensburg, Siena, Slippery Rock, St. John's, St. Joseph's (Pa.), Stonehill, Towson, UMBC, Vermont, Wagner

White Race
Amherst, Bridgewater (Va.), Bryn Mawr, Carnegie Mellon, Catholic, Christopher Newport, Claremont-Mudd-Scripps, Coast Guard, Cortland St., Dickinson, Drew, Elizabethtown, Emory, Gettysburg, Grove City, Hamilton, Haverford, John Carroll, Lebanon Valley, Lynchburg, Middlebury, Misericordia, Montclair State, Moravian, Mount Union, NYU, Oneonta, Pfeiffer, RPI, Redlands, Rowan, SUNY Geneseo, Shenandoah, Smith, St. Lawrence, Stevens, Stockton, Swarthmore, TCNJ, Trinity (Conn.), Tufts, Ursinus, Vassar, Washington and Lee, Widener, Wittenberg

Green Race
Bowie State, Brockport St., Brookdale CC, California (Pa.), Clarkson, Concord, Eastern, Emerson, Essex CC, Fairmont St., Franklin & Marshall, Frostburg State, Hood, Hunter, Indiana (Pa.), Jefferson (Pa.), John Jay, Kenyon, Lancaster Bible, Mary Washington, Marymount (Va.), Marywood, Molloy, Muhlenberg, Roanoke, SNHU, SUNY Delhi, SUNY Maritime, Sonoma St., St. Thomas Aquinas, Stevenson, Union (N.Y.), Washington & Jefferson, West Chester, Western Conn. St., Wilmington (Del.), York (Pa.)

Open Race
Delaware State, Goldey-Beacom, Susquehanna, Unattached

Collegiate Men

Gold Race
Army West Point, Binghamton, Boston College, Boston U, Bowling Green, Brown, Bucknell, Buffalo, Carnegie Mellon, Central Connecticut, Columbia, Connecticut, Cornell, Dartmouth, Delaware State, Fordham, Harvard, High Point, Hofstra, Howard, Johns Hopkins, Kennesaw State, La Salle, Lehigh, Miami (Fla.), Monmouth, Navy, Northeastern, Penn, Penn State, Pittsburgh, RPI, Rider, Rutgers, San Francisco, St. Joseph's (Pa.), Stony Brook, Syracuse, Temple, UMBC, UMass Amherst, UMass Lowell, Utah State, Wingate, Yale

Brown Race
Assumption, Caldwell, California (Pa.), Canisius, Catawba, Colgate, Concord, Daemen, Davis & Elkins, East Stroudsburg, FDU, Frostburg State, Holy Cross, Indiana (Pa.), Kent State, Kutztown, Lafayette, Le Moyne, Loyola (Md.), Manhattan, Marist, Merrimack, Molloy, Mount St. Mary's, NJIT, New Hampshire, Niagara, Quinnipiac, Saint Francis, San Diego, Shippensburg, Siena, Slippery Rock, Stonehill, Tampa, Wagner, West Chester, Wilmington (Del.)

White Race
Amherst, Brockport St., Christopher Newport, Claremont-Mudd-Scripps, Clarkson, Coast Guard, Cortland St., Dickinson, Drew, Eastern, Elizabethtown, Emory, Geneva, Hamilton, John Carroll, Kenyon, Lancaster Bible, Lebanon Valley, Lynchburg, Mary Washington, Marywood, Middlebury, Misericordia, Moravian, Mount Union, NYU, Oneonta, Pfeiffer, Redlands, Roanoke, Rowan, SUNY Geneseo, St. Lawrence, Stevens, Stockton, Swarthmore, TCNJ, Tufts, Union (N.Y.), Ursinus, Vassar, Washington & Jefferson, Wittenberg

Green Race
Bowie State, Bridgewater (Va.), Brookdale CC, Catholic, D'Youville, Drew, Eastern, Essex CC, Fairmont St., Franklin & Marshall, Gettysburg, Grove City, Haverford, Hood, Hunter, Jefferson (Pa.), John Jay, Marymount (Va.), Muhlenberg, SNHU, SUNY Delhi, SUNY Maritime, Shenandoah, Stevenson, Trinity (Conn.), Western Conn. St, York (Pa.)

Open Race
Goldey-Beacom, Iona, Princeton, Susquehanna, Unattached

2024 Lehigh University Paul Short Run, presented by Asics

High School Girls

Gold Race
Abington Heights, Cedar Crest, Central Bucks South, Conestoga, Crestwood, Cumberland Valley, Dallas, Danville Area, Delaware Military Academy, Downington East, Easton Area, Emmaus, Ephrata, Episcopal Academy, Freedom, Governor Mifflin, Great Valley, Greater Latrobe, Hatboro-Horsham, Haverford, Hershey, Hough, W.A., Langley, Lewisburg Area, Manheim Township, Mechanicsburg, Mount Saint Joseph Acad., Neshaminy, North Penn, Northampton Area, Owen J Roberts, Parkland, Penncrest, Perkiomen Valley, Saucon Valley, Southern Lehigh, Uniontown Area, William Penn Charter, Wilson Area

Brown Race
Academy of Notre Dame, Allentown Central Catholic, Athens Area, Bel Air, Blue Mountain, Boyertown Area, Cape Henlopen, Central Dauphin, Central York, Daniel Boone, Eastern York, Exeter, Faith Christian Acad., Garnet Valley, Germantown Academy, Holy Redeemer, Hughesville, Lake Lehman, Lehighton Area, Liberty, Mercersburg Academy, Methacton, Mifflin County, Monroe Woodbury, Nazareth Area, Oley Valley, Penn Manor, Pennridge, Phoenixville Area, Pope John Paul II, Quakertown, Radnor, Ridley, Riverside (Taylor), Souderton Area, Spring Ford, Stroudsburg, Susquenita, The Hill School, Upper Darby, Veritas Acad, Whitehall, Wilmington Christian, Wyomissing

White Race
Appoquinimink, Archbishop Wood, Bensalem, Berks Catholic, Bethlehem Catholic, Bishop Shanahan, Blair Academy, Calvert, Collegium Charter, Conwell-Egan Catholic, Delaware County Christian, Delaware Valley, East Stroudsburg Area South, Edgewood, Garden Spot, Germantown Friends, Harford Tech, Honesdale, Jim Thorpe Area, Lehigh Valley Academy, Mount St. Dominic, Mt. Hebron, Muhlenberg, Northern, Oakdale, Odessa, Palisades, Palmerton Area, Pennington School, Pottsgrove, Red Lion Area, Schuylkill Haven Area, Schuylkill Valley, Scranton Prep, South Western, Springside Chestnut Hill, Strath Haven, Susquenita, The Hill School, Upper Darby, Veritas Acad, Whitehall, Wilmington Christian, Wyomissing

High School Boys

Gold Race
Bishop Shanahan, Cape Henlopen, Cedar Crest, Central York, Central Valley, Crestwood, Danville Area, Downington East, Easton Area, Emmaus, Episcopal Academy, Exeter, Freedom, Governor Mifflin, Great Valley, Haverford, Hershey, Hough, W.A., Langley, Lehighton Area, Lewisburg Area, Malvern Prep, Manheim Township, Mifflin County, Monroe Woodbury, Nazareth Area, Neshaminy, Northampton Area, Parkland, Penncrest, Perkiomen Valley, Quaker Valley, Red Lion Area, Ridley, Sanford School, Southern Lehigh, Southern-AA, Spring Ford, Tri-Valley, Tuscarora, Twin Valley, Ursuline, Wallenpaupack Area, Wilmington Charter, Wilson Area

Brown Race
Abington Heights, Allentown Central Catholic, Athens Area, Blue Mountain, Boyertown Area, Central Bucks South, Central Dauphin, Central Dauphin East, Conestoga, Cumberland Valley, Dallas, Daniel Boone, Eastern York, Ephrata, Faith Christian Acad, Father Judge, Garnet Valley, Germantown Academy, Greater Latrobe, Hatboro-Horsham, Holy Redeemer, Hughesville, Lake Lehman, Liberty, Loyola Blakefield, Mechanicsburg, Methacton, Mt. Hebron, Oley Valley, Penn Manor, Phoenixville Area, Pope John Paul II, Quakertown, Radnor, Riverside (Taylor), Saint Joseph's Prep, Scranton Prep, Stroudsburg, Tri-Valley, Twin Valley, Veritas Acad, Westhampton Beach, William Penn Charter, Wilson, Winchester Thurston Sch.

White Race
Appoquinimink, Archbishop Wood, Bel Air, Bensalem, Berks Catholic, Bethlehem Catholic, Blair Academy, Calvert, Collegium Charter, Conwell-Egan Catholic, Coudersport, Delaware County Christian, Delaware Valley, Dock Mennonite Academy, East Stroudsburg Area South, Edgewood, Garden Spot, Germantown Friends, Harford Tech, Honesdale, Jim Thorpe Area, Lehigh Valley Academy, Muhlenberg, Northern, Odessa, Owen J Roberts, Palisades, Palmerton Area, Pennington School, Pottsgrove, Roman Catholic HS, Schuylkill Valley, Selinsgrove Area, South Western, Strath Haven, Susquenita, The Hill School, Trinity (Camp Hill), Upper Darby, Whitehall, Wilmington Christian, Wyalusing Valley Area

SUBJECT TO CHANGE

Men's 8K Gold-2023 Results
1. Evan Dorenkamp/Penn State, 23:53.7
2. Murphy Smith/Navy, 23:59.3
3. Ethan Gregg/Wis.-La Crosse, 24:00.2
4. Nicholas Kiprotich/Liberty, 24:03.0
5. Carlos Santos/Stony Brook, 24:06.8
6. Guled Mohamid/Utah Valley, 24:08.1
7. Ricardo Barbosa/Wingate, 24:13.2
8. Owen Karas/Yale, 24:14.2
9. Wesley Bond/George Mason, 24:15.2
10. Nicholas Bannon/Guelph, 24:16.1

Men's 8K Brown-2023 Results
1. Jacob Ireland/Columbia, 24:36.8
2. Samuel Whittaker/Central Connecticut, 24:42.9
3. Elyas Ayyoub/LIU, 24:59.2
4. Jacob Heredia/George Washington, 25:05.3
5. Garrett Quinan/Shippensburg, 25:06.0
6. Ryan Slaney/Bryant, 25:06.3
7. Aiden Budge/Central Connecticut, 25:12.5
8. Peter Larochelle/Haverford, 25:13.2
9. Jonathan Thrush/California (Pa.), 25:13.5
10. Hunter Brignall/Cortland St., 25:13.9

Women's 6K Gold-2023 Results
1. Judy Kosgei/South Carolina, 19:54.9
2. Hannah Prosser/Boston University, 19:59.1
3. Emily Boutin/Navy, 20:15.8
4. Morgan Nokes/Utah Valley, 20:25.3
5. Yonca Kutluk/North Dakota, 20:28.6
6. Ari Trimble/Utah Valley, 20:28.8
7. Brooke Wilson/Wake Forest, 20:29.1
8. Kaitlyn Vanderkolk/Belmont, 20:29.2
9. Vera Sjoberg/Boston University, 20:30.8
10. Cameron Ormond/Guelph, 20:33.3

Women's 6K Brown-2023 Results
1. Lauren Tunnell/VCU, 21:11.0
2. Christine Mancini/La Salle, 21:13.4
3. Grace Richardson/NYU, 21:22.4
4. Morgan Uhlhom/NYU, 21:29.7
5. Brigid Hanley/Emory, 21:46.4
6. Jasmine Trott/Bryant, 21:55.9
7. Audrey Maclean/Middlebury, 21:56.2
8. Allison Dell/Lynchburg, 21:56.7
9. Haley Hamilton/Duquesne, 21:58.5
10. Lily Murphy/Hamilton, 21:59.0

Men's 8K White-2023 Results
1. Derick Koen/RIT, 25:36.5
2. Tim Patterson/St. Vincent (Pa.), 25:39.9
3. Will Saloney/Trinity (Tex.), 25:46.4
4. Ryan Russell/Union (N.Y.), 25:49.0
5. Michael McCann/Marywood, 25:54.1
6. Bennett Melita/Utica, 25:56.5
7. Diego Flores/Trinity (Tex.), 25:57.5
8. Sadadine Adam/American Int'l, 25:57.8
9. Cohen Manges/Swarthmore, 26:06.7
10. Ben Whittemore/Trinity (Tex.), 26:10.6

Men's 8K Open-2023 Results
1. Collin Gilstrap/Stony Brook, 24:19.1
2. Brian Dicola/Unattached, 24:19.3
3. Nick Moulai/La Salle, 24:23.7
4. MacCallum Rowe/La Salle, 24:26.4
5. Taonga Mbambo/La Salle, 24:31.8
6. Henry Myers/Villanova, 24:34.5
7. Birhanu Harriman/Unattached, 24:39.5
8. Samuel Gerstenbacher/FMTC, 24:39.8
9. Ryan Buzby/UBXC, 24:45.0
10. David Butts/La Salle, 24:46.5

Women's 6K White-2023 Results
1. Katherine Marsh/Adelphi, 22:08.7
2. Isabel Marsh/Adelphi, 22:15.5
3. Paige Phillips/Coast Guard, 22:18.1
4. Claire Semerod/Coast Guard, 22:18.8
5. Brianna Hennett/East Stroudsburg, 22:37.8
6. Fransiscah Cherotich/American Int'l, 22:41.6
7. Catherine Dacey/Union (N.Y.), 22:48.9
8. Kayla Kass/Stockton, 22:49.9
9. Sennett Turner/Rochester, 22:50.4
10. Mackenzie Carver/Clarion, 22:54.8

Women's 6K Open-2023 Results
1. Elaine Estes/PRTC, 21:46.2
2. Caroline Cummings/Georgetown, 21:48.5
3. Abby Taylor/Central Park Track Club-TS, 22:07.8
4. Sarah Pickering/Penn State, 22:18.5
5. Allie Walker/Georgia Tech, 22:23.8
6. Alli Cryster/Georgetown, 22:28.1
7. Maria Seykora/PRTC, 22:29.2
8. Charlotte Costich/Penn State, 22:30.3
9. Lillee Tang/Navy, 22:32.6
10. McKenna Croft/Georgia Tech, 22:35.1

Boys HS 5K Brown-2023 Results
1. Ryan Pajak/Ringgold, 15:07.0
2. Colin Whitaker/Lampeter-Strasburg, 15:18.9
3. Brian McCormack/Scranton, 15:31.7
4. Nick Mazzeo/Lower Merion, 15:32.5
5. Cameron Davis/Calvert Hall College, 15:34.4
6. Vinay Raman/Hershey, 15:40.9
7. Rowan Carr/Penncrest, 15:42.9
8. Alex Mazzeo/Lower Merion, 15:43.3
9. Patrick Burgos/Elizabeth Forward, 15:45.5
10. Adam Kingston/Manheim Township, 15:45.6

Boys HS 5K White-2023 Results
1. Isaac Greene/Blair Academy, 16:03.7
2. Daniel Danilovitz/Riverside (Taylor), 16:05.0
3. Oliver Jibb/Monroe Woodbury, 16:15.2
4. Wyatt Stroup/Juniata, 16:19.6
5. Gavin Catherwood/Monroe Woodbury, 16:22.7
6. Shane Golio/Monroe Woodbury, 16:23.1
7. David Giles/Wyomissing, 16:24.3
8. Devon Ryan/Monroe Woodbury, 16:30.1
9. Connor Hibell/Palmerton Area, 16:31.3
10. Tyce Shaner/Hughesville, 16:33.6

Girls HS 5K Brown-2023 Results
1. Virginia Kraus/Moravian Academy, 17:57.0
2. Olivia Cieslak/Haverford, 18:15.9
3. Madeline Gump/Morgantown, 18:22.1
4. Ella Wolfe/Hempfield, 18:22.5
5. Gabby Keith/Exeter, 18:26.9
6. Jane Kratz/Owen J Roberts, 18:28.8
7. Neila Granger/Dallastown Area, 18:32.0
8. Alli Delisi/William Penn Charter, 18:36.6
9. Keaney Bayha/Pilgrim, 18:39.7
10. Claire Sivitz/Howard, 18:45.3

Girls HS 5K White-2023 Results
1. Madison Hedglin/Dallas, 18:26.9
2. Lillian Dicola/Hatboro-Horsham, 18:38.8
3. Shana Kearney/Bensalem, 18:49.5
4. Olivia Heim/Monroe Woodbury, 19:04.4
5. Addie Cohen/Wyomissing, 19:19.6
6. Avery Errico/Wilson Area, 19:22.2
7. Brenna Dahlgreen/Honesdale, 19:30.9
8. Sarah Williams/Dallas, 19:34.8
9. Alyssa Napier/Conrad Schools of Science, 19:36.1
10. Kendra Williamson/Episcopal Academy, 19:38.3

2024 Lehigh University Paul Short Run, presented by Asics

2023 Paul Short Run Recap

The 49th Annual Paul Short Run took place on September 30, 2023 on the campus of Lehigh University at the Goodman Campus Cross Country Course. The race is one of the nation's premier cross country events, and this year featured nearly 6,000 athletes from over 450 institutions.

The Yale Bulldogs men's cross country team took home first prize, for only the second time in history, with 101 in the Gold 8K race out of a pool of 43 teams. The Bulldogs were followed by Wingate in second place (123) and Stony Brook in third (159). Penn State's Evan Dorenkamp claimed the individual championship with a time of 23:53.7 followed by Navy's Murphy Smith in second (23:59.3) and Ethan Gregg of Wis.-La Crosse in third (24:00.2).

The women's Gold 6K race was won by Utah Valley, finishing the day with a team score of 77. They were followed by Wake Forest, who claimed second place with 129 points while Boston University finished third (176) in the team results. South Carolina's Judy Kosgei finished first with a time of 19:54.9 followed by Boston University's Hannah Prosser and Navy's Emily Boutin who claimed second (19:59.1) and third (20:15.8) respectively.

The men's 8K Brown race was won by Central Connecticut who tallied a team total of 94 points. Shippensburg and George Washington followed suit in second (163) and third (165) place in the Brown race. Columbia's Jacob Ireland won the individual crown, coming in at a time of 24:36.8. Ireland edged Central Connecticut's Samuel Whittaker (24:42.9) to claim first prize while LIU's Elyas Ayyoub finished shortly behind the two in third (24:59.2).

NYU took home first prize in the women's 6K Brown race, tallying an impressive team score of 69. The next closest school was Duquesne who finished with 161 points while Lynchburg came in third at 173. Lauren Tunnell of VCU finished in first place with a time of 21:11.0, La Salle's Christine Mancini came in second (21:13.4) and NYU's Grace Richardson claimed third place (21:22.4).

Trinity (Tex.) won the men's White 8K race, finishing with 74 points, with the first-place finisher being RIT's Derick Koen (25:36.5). Marywood (122) and Swarthmore (153) came in second and third while the other placing runners in the race were St. Vincent (Pa.)'s Tim Patterson (25:39.9) and Trinity (Tex.)'s Will Salony (25:46.4) at second and third.

In the women's White 6K race, Coast Guard took top prize, scoring 104 points in the race. RIT came in second place with a close 107 points while Cortland St. scored 173 to take third. Adelphi's Katherine Marsh was first to cross the finish line (22:08.7) followed by her teammate, and sister, Isabel Marsh (22:15.5) and Coast Guard's Paige Phillips (22:18.1).

The men's Open 8K race was taken by Collin Gilstrap of Stony Brook with a time of 24:19.1 out of a pool of 520 runners. Elaine Estes of PRTC finished ahead of the pack in the women's Open 6K, clocking in at 21:46.2 from a field of 301 athletes.
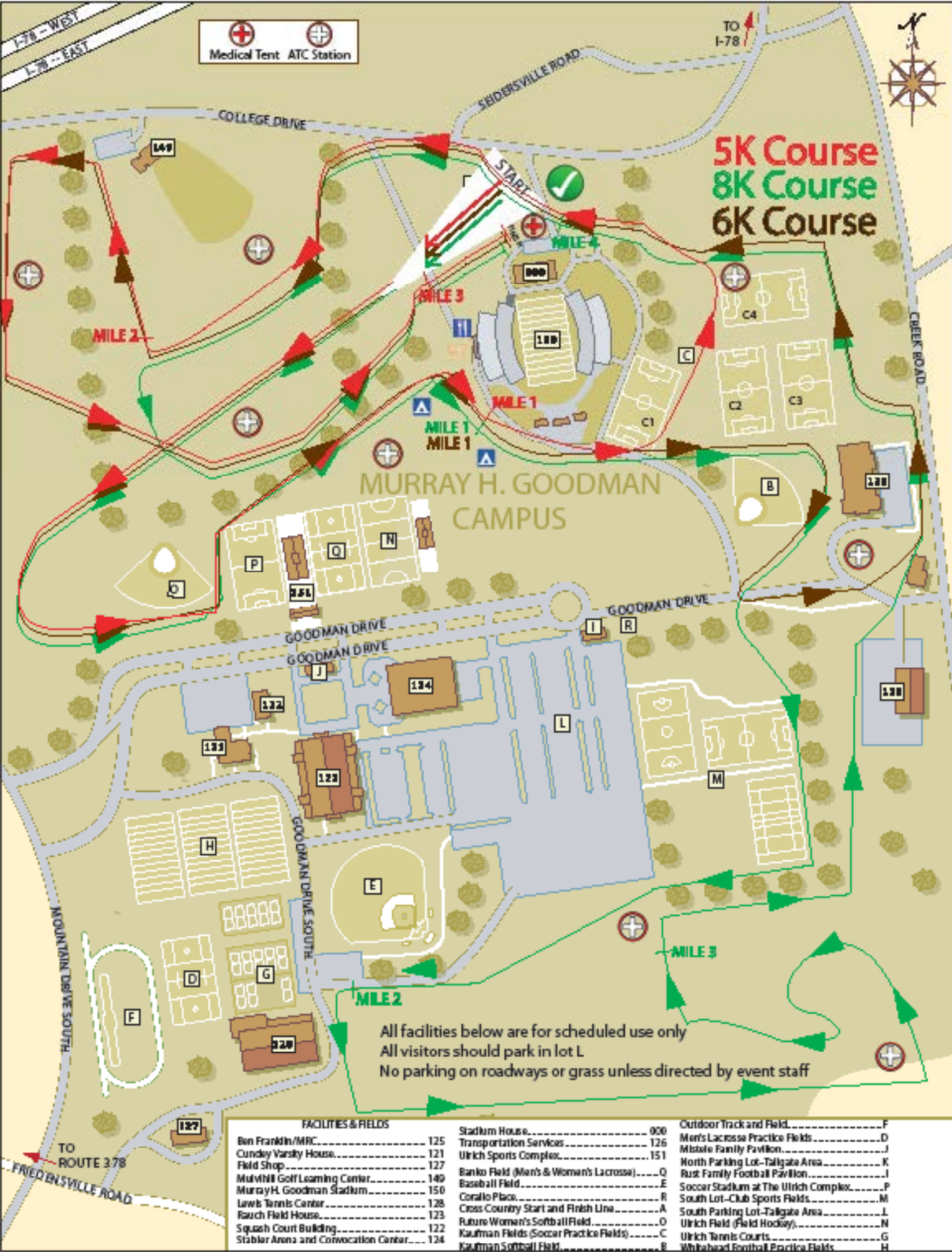
In the Boys' High School Brown 5K race, Manheim Township finished first as a team (148) while Ryan Pajak of Ringgold claimed the first-place prize (15:07.0). The Girls' Brown 5K was won by Morgantown (131), who edged the second-place and last year's winner, Owen J Roberts (178), for the top crown. Moravian Academy's Virginia Kraus was the race's top overall finisher (17:57.0). Monroe Woodbury won the Boys' White 5K (46 points) and Isaac Greene of Blair Academy took home first place (16:03.7) while Dallas (132 points) and their own Madison Hedglin (18:26.9) were the leaders in the Girls' White 5K race.

2023 Men's Gold Team Champions, Yale

2023 Women's Gold Team Champions, Utah Valley

2023 Men's College Gold Top Finishers

2023 Women's College Gold Top Finishers

Men's 8K Gold-2023 Team Results

1. Yale - 101
2. Wingate - 123
3. Stony Brook - 159
4. Liberty - 190
5. Penn State - 203
6. Navy - 203
7. Wis.-La Crosse - 271
8. Utah Valley - 278
9. Boston University - 315
10. Belmont - 320

Women's 6K Gold-2023 Team Results

1. Utah Valley - 77
2. Wake Forest - 129
3. Boston University - 176
4. Penn State - 182
5. Quinnipiac - 257
6. Georgia Tech - 282
7. Belmont - 283
8. West Virginia - 337
9. Navy - 348
10. Army West Point - 394

5K Course
8K Course
6K Course

Medical Tent   ATC Station

MURRAY H. GOODMAN CAMPUS

FACILITIES & FIELDS

Ben Franklin/MRC	Stadium House	000	Outdoor Track and Field	F
Cundey Varsity House	121	Transportation Services	126	Men's Lacrosse Practice Fields	D
Field Shop	127	Ulrich Sports Complex	151	Mistele Family Pavilion	J
Mulvihill Golf Learning Center	149	Banko Field (Men's & Women's Lacrosse)	Q	North Parking Lot–Tailgate Area	K
Murray H. Goodman Stadium	150	Baseball Field	E	Rust Family Football Pavilion	I
Lewis Tennis Center	128	Coralio Place	R	Soccer Stadium at The Ulrich Complex	P
Rauch Field House	123	Cross Country Start and Finish Line	A	South Lot–Club Sports Fields	M
Squash Court Building	122	Future Women's Softball Field	O	South Parking Lot–Tailgate Area	L
Stabler Arena and Convocation Center	134	Kaufman Fields (Soccer Practice Fields)	C	Ulrich Field (Field Hockey)	N
		Kaufman Softball Field	B	Ulrich Tennis Courts	G
				Whitehead Football Practice Fields	H

All facilities below are for scheduled use only
All visitors should park in lot L
No parking on roadways or grass unless directed by event staff

2024 Lehigh University Paul Short Run, presented by Asics

HISTORY – The Paul Short Run is in honor of the late Paul Short who was Lehigh's Business Manager of Athletics and a cross country enthusiast. Lehigh coach John Covert organized the event for the first time in 1969 when seven men's teams competed. Women competed for the first time in 1981, as six teams participated. Villanova, Penn State, Michigan State, Georgetown, Utah State and North Carolina are the only men's teams to win consecutive championships. Penn State won in 1979, 1980 and 1981, Michigan State earned victories in 1997 and 1998, Georgetown prevailed in 2003, 2004, 2005 and 2010, Villanova won two men's titles in 2006 and 2007 and Utah State has won three in a row (2017, 2018 and 2019). North Carolina has won two of the last three Paul Short Run Gold 8Ks (2021 and 2022). Seven women's teams have accomplished the feat: Penn State (1981 and 1982, 2001 and 2002), Georgetown (1989 and 1990), Villanova (1991, 1992, and 1993), Providence (1994, 1995), Princeton (2006 and 2007), West Virginia (2008 and 2009) and Guelph (2014 and 2015).

Paul Short Meet Records

College Men

Men's 8k	Parker Wolfe	North Carolina	23:02	2022
Men's 8k*	Todd Snyder	Michigan	23:44	1998
Men's 10k*	J. Easker	Wisconsin	29:32	1983

College Women

Women's 6k	Everlyn Kemboi	Utah Valley	19:33	2022
Women's 5k*	Sonja O'Sullivan	Villanova	16:39	1991

High School

Boys' 5k	Brian Dicola	Hatboro-Horsham	14:43	2022
Girls' 5k	Karrie Baloga	Cornwall	16:59	2019

Goodman Course Records

Men

Men's 8k	Parker Wolfe	North Carolina	23:02	2022
Men's 8k*	Todd Snyder	Michigan	23:44	1998
Men's 10k*	Henry Romo	Wash. St.	28:19	1979

Women

Women's 6k	Lauren Thweatt	Boulder Track Club	19:15	2014
Women's 5k*	Sonja O'Sullivan	Villanova	16:39	1991

High School

Boy's 5k	Brian Dicola	Hatboro-Horsham	14:43	2022
Girl's 5k	Karrie Baloga	Cornwall	16:59	2019

* denotes record on old course

Top-10 8K College Times on Goodman Campus Course

1.	Parker Wolfe	North Carolina	23:02	2022
2.	Patrick Anderson	North Carolina	23:04	2022
3.	Sam Chelanga	Liberty	23:05	2008
4.	Camren Todd	Utah State	23:07	2022
5.	Liam Murphy	Villanova	23:07	2022
6.	Charlie O'Donovan	Villanova	23:10	2022
7.	James Leakos	Harvard	23:13	2013
8.	Eric Casarez	Texas A&M	23:14	2022
9.	Alex Phillip	John Carroll	23:14	2022
10.	Zach Kreft	Walsh	23:14	2022

Top-10 6K College Times on Goodman Campus Course

1.	Everlyn Kemboi	Utah Valley	19:33	2022
2.	Amina Maatoug	Duke	19:34	2022
3.	Maggie Donahue	Georgetown	19:37	2022
4.	Chloe Scrimgeour	Georgetown	19:37	2022
5.	Eilish Flanagan	Adams State	19:37	2019
6.	Marie-Louise Asselin	West Virginia	19:38	2008
7.	Sami Corman	Georgetown	19:38	2022
8.	Brynn Brown	Georgetown	19:38	2022
9.	Jane Buckley	Providence	19:40	2022
10.	Kelsey Harrington	North Carolina	19:41	2022

Race Officials

Rick Artis	Mickey Collins	Bernie Forgotch	Patrick McGinty
William (Jeff) Baird	Richard G Cullin	Allen Gangaware	Terry Price-Gangaware
David Beyerle	Tom Dillon	Lauren Ganser	Joe Rycek
Jim Blakeslee	Loretta Dodson	Pat James	Michael Stein
Michael Blough	Dr Rob Doran	Sheryl Kanick	Fernando Ventura
Bill Brady	Kate Detterline	James Kreitz	Dwayne Wartman
Stanley Cisz	Jim Falatek	Joe Mayer	Vince Wojnar
Len Ciszek			

MEN'S 8K GOLD

Year	Teams/Runners	Team Champ./Pts.	Lehigh/Pts.	Individual Champ.	Top Lehigh Finisher
2023	43/393	Yale/101	35/935	Evan Dorenkamp (Penn State)	80. Kevin Harvey
2022	46/416	North Carolina/64	41/1195	Parker Wolfe (North Carolina)	131. Melko
2021	40/357	North Carolina/56	26/803	Caleb Garnica	129. Melko
2019	45/395	Utah State/54	24/629	Alex Masai (Hofstra)	74. Slavin
2018	41/359	Utah State/77	17/527	Peter Seufer (Virginia Tech)	67. DeMassa
2017	40/359	Utah State/119	20/541	Dillon Maggard (Utah State)	18. Reilly
2016	38/336	Iona/34	22/706	Scott Carpenter (Georgetown)	126. Kirshenbaum
2015	27/278	Georgetown/37	9/321	Patrick Tiernan (Villanova)	23. Reilly
2014	42/359	Navy/95	9/406	Mike Biwott (American International)	11. Mahalsky
2013	47/397	Indiana/89	24/698	James Leakos (Harvard)	6. Mueller
2012	37/332	Dartmouth/87	9/312	Mark Dennin (Georgetown)	20. Mueller
2011	45/402	Oklahoma/34	20/568	Paul Chelimo (North Carolina-Greensboro)	10. Kosgei
2010	42/387	Virginia/132	32/802	Sam Chelanga (Liberty)	45. Kosgei
2009	42/386	Indiana/44	32/794	Ryan Hill (North Carolina State)	77. Sample
2008	45/298	Wisconsin/52	15/469	Sam Chelanga (Liberty)	51. Wetzel
2007	41/270	Villanova/50	21/618	Robert Curtis (Villanova)	69. McClimon
2006	42/277	Villanova/103	13/364	Robert Curtis (Villanova)	10. Swift
2005	44/300	Georgetown/123	T10/298	Sheehan (St. Francis Pa.)	20. Hampson
2004	36/250	Georgetown/103	11/309	McDougal (Liberty)	48. Hampson
2003	33/233	Georgetown/31	10/326	Sundell (Columbia)	31. Hampson
2002	33/233	William & Mary/49	15/429	Sundell (Columbia)	52. Hampson
2001	39/274	Penn State/66	22/558	Wilson (UConn)	15. L'Heureux
2000	36/246	Michigan State/65	18/477	Blincoe (Villanova)	22. L'Heureux
1999	30/201	James Madison/37	8/278	Manner (William & Mary)	16. Gourley
1998	43/293	Michigan/MSU/90	29/808	Snyder (Michigan)	93. Gourley
1997	31/211	Michigan State/52	28/741	Baker (Michigan State)	73. Gourley
1996	30/197	Villanova/47	16/467	Arosemena (Penn State)	43. Jackson
1995	24/186	Iona/48	15/373	McCarthy (Iona)	29. Christie
1994	22/145	Penn State/31	12/331	Hamer (Penn State)	31. Van Lierop
1993	51/445	Villanova/84	16/431	Quintana (Villanova)	45. Nagele
1992	36/237	Providence/41	9/276	Quintana (Villanova)	35. Murphy
1991	27/201	Villanova/44	10/252	Mahon (Villanova)	19. Van Denbrul
1990	30/202	Kansas/74	9/301	Early (Maryland)	36. Hisem
1989	25/168	Yale/64	10/294	Gibson (Yale)	22. Van Wagenen
1988	24/174	West Virginia/85	18/367	Carter (Army)	39. Van Wagenen
1987	29/197	Brown/54	20/511	Schille (Brown)	25. Craig
1986	23/157	Army/68	16/409	O'Reilly (Villanova)	33. Marian
1985	24/159	West Virginia/67	DNC	Noayisenga (WV)	DNC
1984	21/143	Navy/66	10/248	Harris (Navy)	8. Marian
1983	23/155	Wisconsin/24	20/424	Easker (Wisconsin)	94. McVeigh
1982	17/114	Navy/59	16/380	O'Connel (Syracuse)	54. Sullivan
1981	17/110	Penn State/57	11/279	Donoghue (Villanova)	41. Campbell
1980	17/108	Penn State/30	9/237	Chebor (FDU)	29. Thomson
1979	11/75	Penn State/51	9/213	Korir (Villanova)	29. Rohr
1978	13/78	Villanova/38	8/188	Tuwei (Richmond)	18. Rohr
1977	15/103	Ath. Attic/34	3/139	Tuwei (Richmond)	9. Davis
1976	9/60	Villanova/31	3/78	Kollum (Richmond)	4. Thoren
1975	7/52	Villanova/66	2/83	Teague (Plattsburgh)	9. Yardis

WOMEN'S 6K GOLD

Year	Teams/Runners	Team Champ./Pts.	Lehigh/Pts.	Individual Champ.	Top Lehigh Finisher
2023	44/393	Utah Valley/77	28/682	Judy Kosgei (South Carolina)	92. Christina Yakaboski
2022	46/417	North Carolina/63	38/1015	Everlyn Kemboi (Utah Valley)	161. Yakaboski
2021	38/342	Northern Arizona/85	21/573	Taryn O'Neill (Northern Arizona)	98. Sessions
2019	43/377	Queen's/130	23/694	Eilish Flanagan (Adams State)	112. Bonaguidi
2018	41/350	Yale/118	19/551	Brogan MacDougall (Queen's)	70. Hammerstone
2017	42/369	Utah State/72	17/565	Alyssa Snyder (Utah State)	52. Henderson
2016	45/405	Yale/92	20/600	Angel Piccirillo (Villanova)	28. Henderson
2015	35/313	Guelph/105	31/780	Blanca Fernandez (Temple)	87. Barnes
2014	38/329	Guelph/48	29/699	Colleen Quigley (Florida State)	17. Weiler
2013	47/406	Georgetown/112	26/774	Abbey D'Agostino (Dartmouth)	102. Simon
2012	40/360	Cornell/55	30/840	Abbey D'Agostino (Dartmouth)	146. J. Perry
2011	45/396	Providence/101	24/736	Bogdana Mimic (Villanova)	66. K. Pierce
2010	41/366	Georgetown/34	24/652	Emily Infeld (Georgetown)	38. K. Pierce
2009	40/363	West Va./105	30/750	Neely Spence (Shippensburg)	49. K. Pierce
2008	43/300	West Va./47	17/590	Marie-Louise Asselin (West Virginia)	49. Alejandro
2007	47/317	Princeton/45	32/837	Saly Kipyego (Texas Tech)	47. Alejandro
2006	35/237	Princeton/61	14/423	Frances Koons (Villanova)	24. Schappert
2005	47/310	Columbia/121	17/537	Maloy (Georgetown)	24. Schappert
2004	35/241	Tennessee/53	18/576	Homan (Auburn)	30. Schappert
2003	32/224	Georgetown/28	20/528	Metcalfe (West Virginia)	61. Luebbe
2002	33/221	Penn State/55	15/414	Metcalfe (West Virginia)	66. C. Boyd
2001	39/269	Penn State/109	11/312	Silverwig (Rhode Island)	16. L. Hull
2000	34/231	Villanova/58	14/354	McGowan (Villanova)	19. L. Hull

WOMEN'S 5K GOLD

Year	Teams/Runners	Team Champ./Pts.	Lehigh/Pts.	Individual Champ.	Top Lehigh Finisher
1999	32/212	Georgetown/39	8/301	Calle (VCU)	47. Rallo
1998	39/264	Cornell/118	29/789	Nicolini (Villanova)	99. Rallo
1997	27/185	NC State/32	26/739	Rhoads (NC State)	128. Imler
1996	20/196	Penn State/51	DNC	Thomas (Georgetown)	DNC
1995	28/187	Providence/25	13/392	McMahon (Providence)	24. Cogswell
1994	24/161	Providence/26	17/488	McMahon (Providence)	59. Dippolito
1993	51/401	Villanova/65	25/643	Zajac (Villanova)	78. Allex
1992	37/243	Villanova/21	14/454	Zajac (Villanova)	43. Repasky
1991	36/236	Villanova/20	29/709	O'Sullivan (Villanova)	84. Repasky
1990	35/235	Georgetown/45	22/596	Best (Cornell)	87. Richards
1989	26/170	Georgetown/37	17/428	Miller (George Mason)	25. Boswell
1988	23/151	Air Force/70	15/371	Biber (Penn State)	18. Goldhaber
1987	29/194	Villanova/71	23/629	Huber (Villanova)	94. Boswell
1986	24/163	Penn State/79	18/441	Donnelly (IUP)	52. Sayre
1985	21/137	Toronto/40	DNC	Prey (Penn State)	DNC
1984	15/160	Villanova/33	15/469	McGowan (Villanova)	122. Head

NCAA Cross Country Polls

Division I Men as of 10/1
1 Oklahoma State
2 BYU
3 Arkansas
4 Northern Arizona
5 Iowa State
T-6 Wake Forest
T-6 Stanford
8 New Mexico
9 Notre Dame
T-10 North Carolina
T-10 Alabama
12 Harvard
13 Washington
14 Butler
15 Michigan
16 Eastern Kentucky
17 Colorado
18 Wisconsin
19 Princeton
20 Villanova
21 Virginia
22 Oregon
23 Syracuse
24 Portland
25 Georgetown
26 Florida State
27 Texas
28 Air Force
29 California Baptist
30 Michigan State

Division I Women as of 10/1
T-1 NC State
T-1 Northern Arizona
3 Notre Dame
4 Washington
5 BYU
6 Utah
7 Stanford
8 Georgetown
9 Providence
10 Wisconsin
11 Florida
12 Oregon
13 Furman
14 North Carolina
T-15 Alabama
T-15 Tennessee
17 New Mexico
18 Gonzaga
19 Oklahoma State
20 Virginia
21 Penn State
22 Ole Miss
23 Syracuse
24 Boston College
25 Michigan State
26 Villanova
27 Lipscomb
28 Arkansas
29 Texas
30 Utah Valley

Division II Men as of 10/2
1 Wingate
2 Colorado School of Mines
3 West Texas A&M
4 Western Colorado
5 Grand Valley State
6 Adams State
7 Chico State
8 East Central (Okla.)
9 Western Washington
T-10 Lewis
T-10 CSU Pueblo
12 Lee (Tenn.)
13 Augusta
14 Alabama-Huntsville
15 Biola (Calif.)
16 Colorado Christian
17 Northwest Missouri
18 Saginaw Valley State
19 Pittsburg State
20 UC-Colorado Springs
21 Davis and Elkins
22 Michigan Tech
23 Caly Poly Pomona
24 Anderson (S.C.)
25 Washburn
26 Charleston (W. Va.)
27 Fort Lewis
28 Azusa Pacific
T-29 Augustana (S.D.)
T-29 Florida Southern

Division II Women as of 10/2
1 Adams State
2 Grand Valley State
3 CSU Pueblo
4 Augustana (S.D.)
5 Colorado School of Mines
T-6 Lewis
T-6 Wingate
8 Western Colorado
9 UC-Colorado
10 Lee (Tenn.)
11 Western Washington
12 Chico State
13 West Texas A&M
T-14 Cedarville
T-14 Nebraska-Kearney
16 Biola (Calif.)
17 Pittsburg State
18 U-Mary
19 Alaska
20 Winona State
21 Fort Hays State
22 Dallas Baptist
23 Walsh
24 Fort Lewis
25 Stanislaus State
26 Northwest Missouri
27 Rogers State
28 Wayne State (Mich.)
29 Colorado Christian
30 Catawba

Division III Men's as of 9/25
1 Wisconsin-La Crosse
2 Wartburg
3 Wisconsin-Whitewater
4 North Central (Ill.)
5 Pomona-Pitzer
6 NYU
7 Johns Hopkins
8 Claremont-Mudd-Scripps
9 RPI
10 George Fox
11 Carnegie Mellon
12 MIT
13 Amherst
14 St. Olaf
15 Calvin
16 Williams
17 Lynchburg
18 SUNY Geneseo
19 Tufts
20 Emory
21 Washington (Mo.)
22 John Carroll
23 Middlebury
24 Washington and Lee
25 Rowan
26 Loras
27 Wisconsin-Eau Claire
28 Haverford
29 UC Santa Cruz
30 SUNY Brockport

Division III Women's as of 9/25
1 Colorado College
2 Chicago
3 NYU
T-4 MIT
T-4 SUNY Geneseo
6 Claremont-Mudd-Scripps
7 Johns Hopkins
8 Emory
9 Calvin
10 Washington (Mo.)
11 Amherst
12 Carleton
13 Lynchburg
14 Wisconsin-La Crosse
15 Middlebury
16 St. Olaf
17 DePauw
18 Central (Iowa)
19 George Fox
20 Williams
21 Washington and Lee
22 Connecticut College
23 John Carroll
24 Tufts
25 Vassar
26 Wartburg
T-27 Carnegie Mellon
T-27 Coast Guard
29 UC Santa Cruz
30 Bates

Mid-Atlantic Division I Regional Poll

Men as of 9/30
1 Princeton
2 Villanova
3 Georgetown
4 Penn State
5 La Salle
6 Pittsburgh
7 Navy
8 Penn
9 Temple
10 Saint Joseph's
11 George Washington
12 UMBC
13 Monmouth
14 Rutgers
15 Bucknell

Women as of 9/30
1 Georgetown
2 Penn State
3 Villanova
4 Princeton
5 Penn
6 Navy
7 Pittsburgh
8 Maryland
9 Bucknell
10 West Virginia
11 George Washington
12 Delaware
13 La Salle
14 Monmouth
15 Duquesne

Who is Paul Short? A History of the Man and Those Behind the Annual Meet

For over four decades, the Paul Short Run has attracted thousands of runners to Lehigh University's Goodman Campus each fall. From humble beginnings, the annual cross country meet has grown into one of the largest annual cross country meets in the entire nation. With the 46th edition of the annual meet taking place on Oct. 5, many often ask, "Who is Paul Short and what is his significance?"

A native of Belleville, N.J., Paul E. Short '34 played four sports during his time on South Mountain, competing on the school's football, wrestling, baseball, and lacrosse teams. A two-way player on the football team, he earned three varsity letters as the starting quarterback and served as team captain in 1932 and 1933. He was chosen as the outstanding football player of the 1930's and 1940's during the celebration of the 100 years of football at Lehigh. He was a member of the university's ROTC program, as well as the Beta Theta Pi fraternity and the Omicron Delta Kappa national leadership honor society.

After graduating with a degree in business administration, Short made stops at Dravo Corporation and Bethlehem Steel before returning to the University in 1938. Over the next 29 years, he would serve as an assistant coach in football, baseball, wrestling and lacrosse, as well as a Business Manager and Assistant Director of Athletics. The only disruption to his service at Lehigh came while serving as a Major in the U.S. Army in World War II. Short passed away on November 17, 1967 at the age of 57 and was inducted into the Roger S. Penske/Lehigh Athletics Hall of Fame in 2000.

Throughout his time as an administrator, Short was an avid fan of Lehigh track and cross country and was a frequent spectator at their meets both near and far. Not long after Short's death, Lehigh's track/cross country coach, John Covert (HOF '05) began organizing a cross country meet for Lehigh's brand new course. After some thought, Covert and athletic department administrator John Steckbeck (HOF '92) decided to name the new meet after the program's longtime fan.

The first Paul Short Run took place in 1969 when seven men's teams competed. Women competed for the first time in 1981, when six teams participated. In the early 2000's, head women's cross country coach Debbie Utesch, and track and field coach Matt Utesch helped grow the event even more by adding high school races. Today, the meet features 14 races with six college races, six high school races and two open races for men and women. High school and colleges teams, recreational runners, alumni and fans from around the U.S., and even Canada, make their way to Lehigh's Goodman Campus Course for the day-long festivities.

In 2024, the Paul Short Run will feature approximately 7,000 athletes representing nearly 600 colleges and high schools. The competitive balance in the Paul Short collegiate championship race has been significant over the years, with only five men's teams (Villanova, Penn State, Michigan State, Georgetown, and Utah State) and seven women's teams (Penn State, Georgetown, Villanova, Providence, Princeton, West Virginia, Guelph-Canada) having won consecutive championships.

2024 Lehigh University Paul Short Run, presented by Asics

Lehigh Results

Lehigh sports fans can stay up-to-date on all of the Mountain Hawks action by logging on to Lehighsports.com. Game stories, statistics, features and more are all part of this comprehensive site. Results will also be posted throughout the event at paulshortxcrun.com and on Twitter at @LehighPaulShort.

ESPN+

ESPN+ is the new digital home for Patriot League sports. More than 800 events across 24 Patriot League sports are expected be broadcast annually on ESPN+ including nearly all football and basketball games. For more information visit

Asics

Lehigh Athletics would like to thank Asics, the presenting sponsor of the 2024 Paul Short Run.

Schuylkill Valley Sports

Thank you to SVS for their sponsorship of today's race, and visit their merchandise tent for your official Lehigh Paul Short Run gear.

Crystal Concepts

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2024 Paul Short Run Committee
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Dale Townsend - Facilities & Events
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Debbie Utesch - Head Women's Cross Country Coach
Todd Etters - Head Men's Cross Country Coach
Khayla Atte - Head Track & Field Coach
Clark Boinis - Sports Communications
Rich Haas - Sales and Marketing
Zach Ambrose - Ticket Services

**NCAA Championships
Cross Country Host
1979, 1983, 1993**

Lehigh University Quick Facts

University Quick Facts

Location	Bethlehem, Pa.
Founded	1865 by Asa Packer
Undergrad Enrollment	5,203
President	Joseph J. Helble
Murray H. Goodman '48 Dean of Athletics	Joe Sterrett
Athletics Department Phone	(610) 758-4300
Nickname	Mountain Hawks
Colors	Brown and White
Admissions web site	www.lehigh.edu/admissions

Cross Country Quick Facts

Women's Cross Country Head Coach	Debbie Utesch, (610) 758-4303
Men's Cross Country Head Coach	Todd Etters, (610) 758-4391
Track & Field Head Coach	Khayla Atte
Associate Head Track Coach/Director of Ops	Brooke Astor, (610)-758-6558
Assistant Coach/Throws	Allison Taub
Volunteer Assistant Coach	Diana Hammerstone
Volunteer Assistant Coach	Mark Will-Weber
Home Cross County Course	Goodman Campus Course