



TRACK & FIELD

Carol & John Covert Classic **April 26-27, 2019** **Goodman Campus, Lehigh University**

TEAMS:

SCORING: Not a scored meet

TIMING & RESULTS: Fully Automatic Timing provided by Mitchell Timing (www.mitchelltiming.com)

TEAM ENTRY FEE: \$350.00 per team/gender or \$20 per individual athlete
\$25.00 per multi-event entry (independent of team fee)
All payments should be made via DirectAthletics when submitting final registration

ENTRY DEADLINE: Via Direct Athletics by 11:00pm Wednesday, April 24th, 2019
Please submit scratches prior to 11:00pm on Thursday, April 25th

OPEN/CLUB ENTRY: Entries will be reviewed on a case-by-case basis to determine acceptance into meet. Contact Amanda Youngblood at trackandfield@lehigh.edu with all questions. To enter meet, please email **NAME, AGE, EVENT(S), PERFORMANCE MARK(S)**

CONTACT: Amanda Youngblood – 641 Taylor St, Bethlehem, PA 18015; trackandfield@lehigh.edu

MINIMUM MARKS & OPENING HEIGHTS:

As the size of the field dictates, we will enforce minimum marks for field events. We will make every effort possible to ensure a competitive field while still offering a fair competition for all. The FIRST LEGAL attempt for each competitor will be marked in the horizontal jumps and throws. Each attempt following that must surpass the minimum mark. Top 9 competitors to finals, in the event of a tie at 9th place, both athletes continue to finals.

Suggested minimums are as follows:

	PV	HJ	LJ	TJ
Men	3.65m	1.80m	6.00m	13.00m
Women	2.75m	1.50m	5.00m	10.00m
	SP	DT	HT	JT
Men	12.00m	35.00m	43.00m	45.00m
Women	10.00m	33.00m	40.00m	30.00m

CHECK IN:

RUNNING EVENTS: Athletes must check in with the Clerk 15 minutes prior to the start of the event. A spike check will be completed at this time and athletes will remain in this area until ushered to the starting area.

FIELD EVENTS: Check in at the event site 60 minutes prior to the start of the event.

IMPLEMENT CERTIFICATION:

Certification will be open approximately 60 minutes prior to the start of the first event and continue until up to 15 minutes prior to the first event. The implement certification area is located near the throws cage. All implements will be certified with officials prior to the start of each event and then collected and available at the beginning of each event. Please have your implements picked up after completion of the event.

WARM-UPS:

We ask that all warm-up activities take place outside of the fence surrounding the track or on the infield and unused runway surfaces.

SPORTS MEDICINE STAFF:

The sports medicine staff will be located near the restrooms to the right of the entrance as you enter the building. We kindly request that teams provide their own tape and supplies if there are athletes who will have any sort of pre-existing condition that requires tape/pre-wrap.

PARKING:

Team vehicles are asked to drop student-athletes off near the track and park in the Stabler Arena parking lots. Emery Officials and Lehigh Personnel may park at the Covert Pavilion and adjacent BrightView lots.

SAFETY & SPECIAL REQUESTS:

- Spike length and shape are subject to inspection. If an athlete is found to be using anything other than 1/4" pyramid spikes, his/her performance will not be published in the results.
- Only coaches and competing athletes are permitted on the infield during competition.
- All pole vault poles should be placed on or under the pole rack located adjacent to the runway.

TIME SCHEDULE: (We will run ahead of schedule when possible)**Friday, April 26, 2019**

- 2:00 pm Men's Javelin (Women's to follow)
Women's Hammer (Men's to follow)

Saturday, April 27, 2019**Field Events**

- 10:00 am Men's Discus (Women's to follow)
Women's Shot Put (Men's to follow)
- 11:30 am Men's Pole Vault (Women's to follow)
Men's Long Jump (West Runway) (Men's TJ to follow)
Women's Long Jump (East Runway) (Women's TJ to follow)
- 1:00 pm Men's High Jump (Women's to follow)

Track Events

- 11:00am Women's 5000m
11:25am Men's 5000m
11:50am Women's 3000m Steeplechase
12:10pm Men's 3000m Steeplechase
12:25pm Women's 4x100m Relay
12:30pm Men's 4x100m Relay
12:35pm Women's 1500m
1:05pm Men's 1500m
1:35pm Women's 100m Hurdles
1:45pm Men's 110m Hurdles
1:55pm Women's 400m
2:05pm Men's 400m
2:15pm Women's 100m

2:20pm Men's 100m
2:40pm Women's 800m
3:00pm Men's 800m
3:20pm Women's 400m Hurdles
3:30pm Men's 400m Hurdles
3:40pm Women's 200m
3:55pm Men's 200m
4:05pm Women's 4x400m Relay
4:15pm Men's 4x400m Relay
4:30pm Senior Recognition