

2020 Cascade Conference Cross Country Championships
March 26, 2021 - Lewiston, Idaho
INDIVIDUAL RESULTS

| Place | No. | TmPl | Name | Sex | Team | Time | Pace |
|-------|-----|------|--------------------|-----|------------------|-------|------|
| 1. | 430 | 1 | Faith Widman | F | Oregon Tech | 17:41 | 5:41 |
| 2. | 376 | 2 | Callie Johnson | F | Lewis-Clark | 17:45 | 5:43 |
| 3. | 322 | 3 | Ellyse Tingelstad | F | College Of Idaho | 17:46 | 5:43 |
| 4. | 318 | 4 | Larissa Mauer | F | College Of Idaho | 17:47 | 5:43 |
| 5. | 354 | 5 | Michelle Herbes | F | Eastern Oregon | 17:47 | 5:43 |
| 6. | 401 | 6 | Shiloh Najjar | F | Multnomah | 17:50 | 5:45 |
| 7. | 320 | 7 | Erin Moyer | F | College Of Idaho | 17:52 | 5:45 |
| 8. | 317 | 8 | Sage Martin | F | College Of Idaho | 17:55 | 5:46 |
| 9. | 301 | 9 | Tea Chatelain | F | Bushnell | 18:00 | 5:47 |
| 10. | 341 | 10 | Gracie Long | F | Corban | 18:00 | 5:48 |
| 11. | 321 | 11 | Abbey Shirts | F | College Of Idaho | 18:01 | 5:48 |
| 12. | 439 | | Kynzie Deleon | F | Warner Pacific | 18:13 | 5:52 |
| 13. | 413 | 12 | Ellie Summers | F | Northwest U. | 18:16 | 5:53 |
| 14. | 369 | 13 | Emily Adams | F | Lewis-Clark | 18:20 | 5:54 |
| 15. | 323 | 14 | Chaye Uptmor | F | College Of Idaho | 18:22 | 5:55 |
| 16. | 426 | 15 | Hannah Mason | F | Oregon Tech | 18:25 | 5:56 |
| 17. | 372 | 16 | Geraldin Correa | F | Lewis-Clark | 18:30 | 5:57 |
| 18. | 371 | 17 | Rylee Brown | F | Lewis-Clark | 18:32 | 5:58 |
| 19. | 410 | 18 | Sam Goedde | F | Northwest U. | 18:41 | 6:01 |
| 20. | 423 | 19 | Delani Dietrich | F | Oregon Tech | 18:42 | 6:01 |
| 21. | 379 | 20 | Maja Plaznik | F | Lewis-Clark | 18:46 | 6:02 |
| 22. | 319 | 21 | Megan McManus | F | College Of Idaho | 18:46 | 6:02 |
| 23. | 429 | 22 | Mia Smith | F | Oregon Tech | 18:47 | 6:03 |
| 24. | 380 | 23 | Brooklyn Shell | F | Lewis-Clark | 18:48 | 6:03 |
| 25. | 427 | 24 | McKenzie Morgan | F | Oregon Tech | 18:49 | 6:03 |
| 26. | 303 | 25 | Rebecca Kuskie | F | Bushnell | 18:50 | 6:04 |
| 27. | 343 | 26 | Sydney Nichol | F | Corban | 18:56 | 6:06 |
| 28. | 409 | 27 | Grace Gerardi | F | Northwest U. | 19:00 | 6:07 |
| 29. | 425 | 28 | Kela Leamy | F | Oregon Tech | 19:00 | 6:07 |
| 30. | 400 | 29 | Anais Mills | F | Multnomah | 19:05 | 6:09 |
| 31. | 373 | 30 | Abigail Gorton | F | Lewis-Clark | 19:06 | 6:09 |
| 32. | 335 | 31 | Kira Bowers | F | Corban | 19:07 | 6:09 |
| 33. | 370 | | Ciera Bailey | F | Lewis-Clark | 19:07 | 6:09 |
| 34. | 315 | | Charlie Duff | F | College Of Idaho | 19:12 | 6:11 |
| 35. | 414 | 32 | Anna Swedin | F | Northwest U. | 19:17 | 6:12 |
| 36. | 351 | 33 | Jaimee Baxter | F | Eastern Oregon | 19:20 | 6:13 |
| 37. | 358 | 34 | Calista Van Delden | F | Eastern Oregon | 19:22 | 6:14 |
| 38. | 353 | 35 | Katie Jo Gebhardt | F | Eastern Oregon | 19:29 | 6:16 |
| 39. | 424 | 36 | Jade Hopkins | F | Oregon Tech | 19:51 | 6:23 |
| 40. | 378 | | Abigail Peightal | F | Lewis-Clark | 19:53 | 6:24 |
| 41. | 440 | | Indya Price | F | Warner Pacific | 19:54 | 6:24 |
| 42. | 306 | 37 | Aneykah McCall | F | Bushnell | 20:06 | 6:28 |
| 43. | 336 | 38 | Samantha Dara | F | Corban | 20:12 | 6:30 |
| 44. | 408 | 39 | Quinn Dhaenens | F | Northwest U. | 20:16 | 6:31 |
| 45. | 307 | 40 | Victoria Messer | F | Bushnell | 20:20 | 6:33 |
| 46. | 412 | 41 | Haleigh Schwartz | F | Northwest U. | 20:25 | 6:34 |
| 47. | 356 | 42 | Dierdre McKay | F | Eastern Oregon | 20:30 | 6:36 |
| 48. | 316 | | Bree Lewis | F | College Of Idaho | 20:35 | 6:37 |
| 49. | 302 | 43 | Kaitlin Cook | F | Bushnell | 20:35 | 6:37 |
| 50. | 407 | 44 | Anyah Bohuta | F | Northwest U. | 20:41 | 6:39 |

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| 51. | 339 | 45 Izabela Kacalek | F | Corban | 20:44 | 6:40 |
| 52. | 352 | 46 Kendra Blake | F | Eastern Oregon | 20:53 | 6:43 |
| 53. | 398 | 47 Persia Anderson | F | Multnomah | 20:59 | 6:45 |
| 54. | 342 | 48 Anne Morud | F | Corban | 21:01 | 6:46 |
| 55. | 304 | 49 Kennedy Larson | F | Bushnell | 21:05 | 6:47 |
| 56. | 374 | Kelsey Henry | F | Lewis-Clark | 21:16 | 6:51 |
| 57. | 428 | MacKenzie Peterson | F | Oregon Tech | 21:37 | 6:57 |
| 58. | 308 | 50 Skye Urban | F | Bushnell | 21:45 | 7:00 |
| 59. | 355 | 51 Jessica McDonald | F | Eastern Oregon | 21:46 | 7:00 |
| 60. | 338 | 52 Lindsay Janzer | F | Corban | 23:16 | 7:29 |
| 61. | 337 | Rosemary Hosie | F | Corban | 23:20 | 7:30 |
| 62. | 397 | 53 Kiara Anctil | F | Multnomah | 27:04 | 8:43 |
| 63. | 399 | 54 Claire Imbrock | F | Multnomah | 27:05 | 8:43 |

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TEAM RESULTS

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1. 33 College Of Idaho (1:29:18, 17:51.54, 0:16)
3 4 7 8 11 (14) (21)
Ellyse Tingelstad, Larissa Mauer, Erin Moyer, Sage Martin,
Abbey Shirts, Chaye Uptmor, Megan McManus
 2. 68 Lewis-Clark (1:31:50, 18:21.91, 1:01)
2 13 16 17 20 (23) (30)
Callie Johnson, Emily Adams, Geraldin Correa, Rylee Brown,
Maja Plaznik, Brooklyn Shell, Abigail Gorton
 3. 81 Oregon Tech (1:32:22, 18:28.38, 1:09)
1 15 19 22 24 (28) (36)
Faith Widman, Hannah Mason, Delani Dietrich, Mia Smith,
McKenzie Morgan, Kela Leamy, Jade Hopkins
 4. 128 Northwest U. (1:35:29, 19:05.67, 2:01)
12 18 27 32 39 (41) (44)
Ellie Summers, Sam Goedde, Grace Gerardi, Anna Swedin,
Quinn Dhaenens, Haleigh Schwartz, Anya Bohuta
 5. 149 Eastern Oregon (1:36:26, 19:17.19, 2:43)
5 33 34 35 42 (46) (51)
Michelle Herbes, Jaimee Baxter, Calista Van Delden,
Katie Jo Gebhardt, Dierdre McKay, Kendra Blake, Jessica McDonald
 6. 150 Corban (1:36:57, 19:23.33, 2:44)
10 26 31 38 45 (48) (52)
Gracie Long, Sydney Nichol, Kira Bowers, Samantha Dara,
Izabela Kacalek, Anne Morud, Lindsay Janzer
 7. 154 Bushnell (1:37:48, 19:33.55, 2:36)
9 25 37 40 43 (49) (50)
Tea Chatelain, Rebecca Kuskie, Aneykah McCall, Victoria Messer,
Kaitlin Cook, Kennedy Larson, Skye Urban
 8. 189 Multnomah (1:52:01, 22:24.16, 9:15)
6 29 47 53 54
Shiloh Najjar, Anais Mills, Persia Anderson, Kiara Anctil,
Claire Imbrock