



NORTHWEST CHAMPIONSHIP

NWC Track & Field Championships

2026

April 25-26 • Boppell Track
at Whitworth Pine Bowl
Spokane, Wash.



About the Northwest Conference

Northwest Conference Staff

Shana Levine
Commissioner

Abby Jarvis
Assistant Commissioner

Sienna Higinbotham
Championships and Special Projects

Northwest Conference Members

George Fox University Bruins
Newberg, Oregon

Lewis & Clark College River Otters
Portland, Oregon

Linfield University Wildcats
McMinnville, Oregon

Pacific Lutheran University Lutes
Tacoma, Washington

Pacific University Boxers
Forest Grove, Oregon

University of Puget Sound Loggers
Tacoma, Washington

Whitman College Blues
Walla Walla, Washington

Whitworth University Pirates
Spokane, Washington

Willamette University Bearcats
Salem, Oregon

Northwest Conference History

In the last 27 years, the Northwest Conference has established itself as one of the most competitive NCAA Division III conferences in the U.S. Comprised of nine private colleges and universities in Washington and Oregon, the NWC is competitive on a national level in a wide array of sports and recognized for its emphasis on academic excellence.

The NWC was formed in 1926, making it one of the oldest athletics conferences in the western United States. For 60 years, the Northwest Conference sponsored sports exclusively for men. In 1984, the Northwest Conference joined with the Women's Conference of Independent Colleges to become the Northwest Conference of Independent Colleges. The name was shortened to its current moniker in 1996 when it joined the NCAA.

The charter members included Willamette University, Whitman College, Pacific University, the College of Puget Sound (now the University of Puget Sound), Linfield College (now Linfield University) and the College of Idaho. Albany College joined in 1931, left in 1938 and rejoined in 1949 using its present name of Lewis & Clark College. Pacific Lutheran University was added in 1965 and Whitworth College in 1970. In 1978, the College of Idaho dropped out of the conference. Whitworth also left in 1984, but then returned in 1988. In 1996, George Fox joined when the conference moved to the NCAA. Seattle University was also a member for one year before it switched to NCAA Division II. From 2006-2010, Menlo College was part of the conference as an associate member in football.

The move to NCAA Division III in 1996 was embraced as one that would foster equity, sportsmanship and genuine concern for the student-athlete in all endeavors of competition. Athletics competition at the NCAA Division III level is based on the development of student-athletes through a "comprehensive educational experience" (NCAA Division III Identity Initiative).

The NWC's current membership includes Lewis & Clark College, Linfield University, George Fox University, Pacific University and Willamette University from Oregon; and Pacific Lutheran University, the University of Puget Sound, Whitman College and Whitworth University from Washington.

The Northwest Conference has won 10 NCAA Division III National Championships: Pacific Lutheran football in 1999, Linfield football and George Fox baseball in 2004, Linfield softball in 2007, George Fox women's basketball in 2009, Linfield softball in 2011, Pacific Lutheran softball in 2012, Linfield baseball in 2013, George Fox women's track & field in 2018 and George Fox women's golf in 2023.

Northwest Conference Meet Schedule

Saturday Event Schedule

Day 1

9:45pm National Anthem

| | |
|---------|---|
| 10:00am | 10,000m Run (W) |
| 10:55am | 10,000m Run (M) |
| 11:00am | Pole Vault (W) Long Jump (M) Hammer (W) Shot Put (M) |
| 12:00pm | 100m Hurdles (W) |
| 12:20pm | 110m Hurdles (M) |
| 12:40pm | 400m Dash Trials (W) |
| 12:55pm | 400m Dash Trials (M) |
| 1:15pm | 100m Dash Trials (W) |
| 1:25pm | 100m Dash Trials (M) |
| 1:40pm | 800m Run Trials (W) |
| 1:50pm | 800m Run Trials (M) |
| 2:00pm | Shot Put (W) Long Jump (W) High Jump (M) Hammer (M) |
| 2:10pm | 400m Hurdle Trials (W) |
| 2:25pm | 400m Hurdle Trials (M) |
| 2:40pm | 200m Dash Trials (W) |
| 2:50pm | 200m Dash Trials (M) |
| 3:10pm | 3000m SC Run Finals (W) |
| 3:35pm | 3000m SC Run Finals (M) |

Sunday Event Schedule

Day 2

9:45am National Anthem

| | |
|---------|---|
| 10:00am | Javelin (W) Discus (M) Triple Jump (M) Pole Vault (M) High Jump (W) |
| 12:00pm | 400m Relay (W) |
| 12:05pm | 400m Relay (M) |
| 12:10pm | 1500m Run (W) |
| 12:20pm | 1500m Run (M) |
| 12:30pm | Discus (W) Triple Jump (W) Javelin (M) |
| 12:30pm | 100m Hurdles (W) |
| 12:40pm | 110m Hurdles (M) |
| 12:50pm | 400m Dash (W) |
| 12:55pm | 400m Dash (M) |
| 1:05pm | 100m Dash (W) |
| 1:10pm | 100m Dash (M) |
| 1:20pm | 800m Run (W) |
| 1:25pm | 800m Run (M) |
| 1:35pm | 400m Hurdles (W) |
| 1:45pm | 400m Hurdles (M) |
| 1:50pm | 200m Dash (W) |
| 1:55pm | 200m Dash (M) |
| 2:00pm | 5000m Run (W) |
| 2:25pm | 5000m Run (M) |
| 2:50pm | 1600m Relay (W) |
| 2:55pm | 1600m Relay (M) |
| 3:20pm | Awards Ceremony |

Northwest Conference T&F Records

NORTHWEST CONFERENCE MEN'S TRACK & FIELD CHAMPIONSHIP RECORDS

| Event | Record | Record Holder | Year |
|-------------|-------------------|--------------------------------|------|
| 100 dash | 10.58 | Solo Hines, Whitworth | 2024 |
| 200 dash | 21.09 | Alexander Rhodes, Puget Sound | 2024 |
| 400 dash | 47.23 | Alexander Rhodes, Puget Sound | 2024 |
| 800 run | 1:51.55 | John Leier, Whitman | 1974 |
| 1,500 run | 3:49.34 | Tim Williams, Linfield | 1977 |
| 3,000 SC | 9:01.55 | Aaron Hollingshead, Willamette | 2005 |
| 5,000 run | 14:29.53 | Peter Weiss, George Fox | 2024 |
| 10,000 run | 30:10.14 | Colin Monaghan, Puget Sound | 2022 |
| 110 HH | 14.41 | Nolan Toso, Pacific Lutheran | 1994 |
| 400 IH | 52.30 | David Parker, George Fox | 1997 |
| 4x100 relay | 41.51 | George Fox | 2023 |
| 4x400 relay | 3:15.80 | Linfield | 1973 |
| High Jump | 6-10.75 / 2.10m | Cody Stelzer, Whitworth | 2008 |
| Pole Vault | 17-0 / 5.18m | Curt Heywood, Linfield | 1994 |
| Long Jump | 24-00.75 / 7.33m | Cameron Seymour, George Fox | 2023 |
| Triple Jump | 49-1.5 / 14.97m | Tommy Stewart, Whitworth | 1984 |
| Shot Put | 59-2 / 18.03m | Carter Comito, Whitworth | 2013 |
| Discus | 195-3.25 / 59.51m | Carter Comito, Whitworth | 2013 |
| Javelin | 234-6 / 71.48m | Seth Nonnenmacher, George Fox | 2018 |
| Hammer | 193-4.25 / 58.93 | Jason Thiel, Pacific Lutheran | 1994 |
| Decathlon | 7,225 | Karl Lerum, Pacific Lutheran | 1997 |

NORTHWEST CONFERENCE WOMEN'S TRACK & FIELD CHAMPIONSHIP RECORDS

| Event | Record | Record Holder | Year |
|-------------|----------------|----------------------------------|------|
| 100 dash | 11.73 | Bailey Forsyth, Pacific Lutheran | 2021 |
| 200 dash | 23.86 | Bailey Forsyth, Pacific Lutheran | 2021 |
| 400 dash | 55.34 | Kari Larson, Lewis & Clark | 1989 |
| 800 run | 2:10.86 | Ellie Rising, George Fox | 2023 |
| 1,500 run | 4:26.87 | Patty Ley, Pacific Lutheran | 1992 |
| 3,000 SC | 10:25.87 | Marissa Mount, Whitworth | 2018 |
| 5,000 run | 16:48.15 | Riley Buese, Lewis & Clark | 2024 |
| 10,000 run | 35:54.37 | Kayla Leland, Whitworth | 2018 |
| 100 hurdles | 14.27 | Dallas Edge, Linfield | 2014 |
| 400 hurdles | 59.75 | Amber Larson, Linfield | 2001 |
| 4x100 relay | 47.18 | Pacific Lutheran | 1999 |
| 4x400 relay | 3:52.08 | George Fox | 2018 |
| High Jump | 5-7.25/1.71m | Michelle Forbes, George Fox | 2005 |
| Pole Vault | 13-9.75/4.21m | Catherine Street, Linfield | 2012 |
| Long Jump | 19-6.75/5.96m | Kira Hawaaboo, Linfield | 2024 |
| Triple Jump | 40-1.5/12.23 | Kayla Brase, Whitworth | 2017 |
| Shot Put | 47-10.5/14.59m | Carrie Pietig, Willamette | 1989 |
| Discus | 152-11/46.61m | Amblessed Okemgbo, Whitworth | 2024 |
| Javelin | 157-10/48.12m | Kerry Wright, Whitworth | 2015 |
| Hammer | 173-7/52.92m | Dakota Kliamovich, Whitworth | 2014 |
| Heptathlon | 4959 | Annie Wright, George Fox | 2018 |

Northwest Conference T&F Records

NORTHWEST CONFERENCE MEN'S TRACK & FIELD ALL-TIME RECORDS

| Event | Record | Record Holder | Year |
|-------------|----------|-------------------------------|------|
| 100 dash | 10.54 | David Freunds Schuh, Linfield | 1980 |
| 200 dash | 20.58 | Keith Shriver, Linfield | 1969 |
| 400 dash | 45.98 | Ryan Chaney, George Fox | 1997 |
| 800 run | 1:47.34 | Nick Symmonds, Willamette | 2006 |
| 1,500 run | 3:45.06 | Mike Miller, Linfield | 1996 |
| 3,000 SC | 8:50.56 | Mike Smith, Whitworth | 1984 |
| 5,000 run | 14:10.90 | Dan Hall, Willamette | 1976 |
| 10,000 run | 29:21.90 | Tom Hale, Whitworth | 1972 |
| 110 HH | 14.02 | Nolan Toso, Pacific Lutheran | 1995 |
| 400 IH | 51.64 | Dave Klocker, Whitman | 1958 |
| 4x100 relay | 41.35 | Linfield | 1992 |
| 4x400 relay | 3:09.49 | Linfield | 1976 |
| High Jump | 7-2 | Scott Radetich, Linfield | 1996 |
| Pole Vault | 17-4.25 | Curtis Heywood, Linfield | 1993 |
| Long Jump | 25-05.50 | Ethan Kassebaum, George Fox | 2023 |
| Triple Jump | 50-6 | Tommy Stewart, Whitworth | 1984 |
| Shot Put | 59-2 | Carter Comito, Whitworth | 2012 |
| Discus | 203-5 | Carter Comito, Whitworth | 2013 |
| Javelin | 241-11 | Seth Nonnenmacher, George Fox | 2018 |
| Hammer | 196-4 | Keegan Shea, Whitworth | 2014 |
| Decathlon | 7,516 | Doug Larson, Whitworth | 1981 |

NORTHWEST CONFERENCE WOMEN'S TRACK ALL-TIME RECORDS

| Event | Record | Record Holder | Year |
|-------------|----------|----------------------------------|------|
| 100 dash | 11.60w | Bailey Forsyth, Pacific Lutheran | 2021 |
| 200 dash | 23.86 | Bailey Forsyth, Pacific Lutheran | 2021 |
| 400 dash | 54.82 | Sharon Canda, Willamette | 1976 |
| 800 run | 2:07.11 | Patty Ley, Pacific Lutheran | 1992 |
| 1,500 run | 4:15.61 | Patty Ley, Pacific Lutheran | 1992 |
| 3,000 SC | 10:16.54 | Kayla Leland, Whitworth | 2018 |
| 5,000 run | 16:28.54 | Sarah Zerzan, Willamette | 2007 |
| 10,000 run | 34:16.33 | Riley Buese, Lewis & Clark | 2025 |
| 100 hurdles | 14.27 | Dallas Edge, Linfield | 2014 |
| 400 hurdles | 59.16 | Amber Larson, Linfield | 2001 |
| 4x100 relay | 46.96 | Pacific Lutheran | 1999 |
| 4x400 relay | 3:45.53 | Pacific Lutheran | 1995 |
| High Jump | 5-9.75 | Nancy Rissmiller, George Fox | 1996 |
| Pole Vault | 13-9.75 | Catherine Street, Linfield | 2012 |
| Long Jump | 19-6.75 | Kira Hawaaboo, Linfield | 2024 |
| Triple Jump | 40-1.5 | Kayla Brase, Whitworth | 2017 |
| Shot Put | 48-11.75 | Carrie Pietig, Willamette | 1990 |
| Discus | 167-4 | Carrie Pietig, Willamette | 1990 |
| Javelin | 157-10 | Kerry Wright, Whitworth | 2015 |
| Hammer | 184-4 | Taylor Hacker, Pacific Lutheran | 2009 |
| Heptathlon | 5307 | Annie Wright, George Fox | 2019 |

Northwest Conference Meet Information

2026 Men's Decathlon Results

| | | |
|----------------------------|-------|--------|
| 1. Caleb Smith (GF) | 6,852 | 10 pts |
| 2. Steeley Mucken (Wil) | 6,571 | 8 pts |
| 3. Blake Smith (GF) | 6,299 | 6 pts |
| 4. Myles Crandall (Wil) | 6,095 | 5 pts |
| 5. Jayce Palm (Wtw) | 5,960 | 4 pts |
| 6. Mitchell Endicott (Wtw) | 5,068 | 3 pts |
| 7. Isaiah Martushev (Wil) | 4,585 | 2 pts |
| 8. Luke Weigum (Wtw) | 4,562 | 1 pt |

2026 Women's Heptathlon Results

| | | |
|----------------------------|-------|--------|
| 1. Makaylah Johnson (GF) | 4,586 | 10 pts |
| 2. Emily Brown (Wtw) | 4,483 | 8 pts |
| 3. Jenna Huntsman (GF) | 4,242 | 6 pts |
| 4. Isabella Grutsch, (Lin) | 3,978 | 5 pts |
| 5. Ella Thompson (Wil) | 3,966 | 4 pts |
| 6. Savannah Johnstone (GF) | 3,920 | 3 pts |
| 7. Erica Snyder (Wil) | 3,903 | 2 pts |
| 8. Dani Hammond (Pac) | 3,814 | 1 pt |

2025 Men's Championship Results

| | |
|---------------------|-------|
| 1. George Fox | 215 |
| 2. Whitworth | 167 |
| 3. Willamette | 111 |
| 4. Pacific Lutheran | 106.5 |
| 5. Puget Sound | 69.5 |
| 6. Pacific (Ore.) | 56 |
| 7. Lewis & Clark | 49 |
| 8. Linfield | 41 |
| 9. Whitman | 2 |

Men's Outstanding Track Athlete of the Meet:
Ryan Stracke, Pacific Lutheran

Men's Outstanding Field Athlete of the Meet:
Kaleb McArthur, Willamette

Men's Rookie of the Meet:
Camden Schmidt, Whitworth

Men's Coach of the Year:
John Smith, George Fox

2025 Women's Championship Results

| | |
|---------------------|-------|
| 1. George Fox | 219 |
| 2. Whitworth | 167.5 |
| 3. Willamette | 78.5 |
| 4. Lewis & Clark | 71 |
| 5. Pacific (Ore.) | 70 |
| 6. Linfield | 68.5 |
| 6. Pacific Lutheran | 68.5 |
| 8. Puget Sound | 66 |
| 9. Whitman | 7 |

Women's Outstanding Track Athlete of the Meet:
Krystin Wilson, Puget Sound

Women's Outstanding Field Athlete of the Meet:
Kira Hawaabo, Linfield

Women's Rookie of the Meet:
Ella Thompson, Willamette

Women's Coach of the Year:
John Smith, George Fox

2025 Returning Individual Men's Champions

| | |
|------------------------------|------------------------|
| Roan Bashioum, Willamette | Hammer |
| Harrison Fung, Lewis & Clark | 400 hurdles |
| Avery Keith, Puget Sound | 400 dash |
| Kaleb McArthur, Willamette | Long jump, Triple jump |
| Luke Nelson, George Fox | Pole Vault |
| Camden Schmidt, Whitworth | 200 dash |
| Blake Smith, George Fox | 110 Hurdles |
| Eddie Vu, Whitworth | Discus |

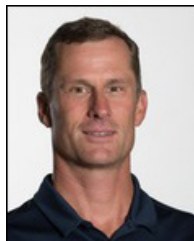
2025 Returning Individual Women's Champions

| | |
|-----------------------------------|--------------------|
| Kyleigh Archer, Pacific Lutheran | Triple jump |
| Elizabeth Beiswanger, Puget Sound | 400 dash |
| Morgan Boddy, Pacific | 3,000 steeplechase |
| Emily Brown, Whitworth | 400 hurdles |
| Madison Carr, Whitworth | Hammer |
| Allyson Hammond, Pacific | 100 dash |
| Amblessed Okemgbo, Whitworth | Shot put, Discus |
| Brianna Tira, Whitworth | High jump |
| Krystin Wilson, Puget Sound | 200 dash |

George Fox University

Location: Newberg, Ore.
 Founded: 1891
 Nickname: Bruins
 Colors: Navy and Old Gold
 Last Men's Championship: 2025
 Last Women's Championship: 2025
 Head Coach: John Smith

Asst. Coaches: Mike Wilson, Gabe Haberly,
 Dawn Smith, Bryant Quinn, Brent Leber,
 Mandy Federici, Todd Taylor, Michelle
 Herbes, Devin Geiger, Ethan Kassebaum,
 Byron Morris



2025 NWC 110 hurdles champion Blake Smith

George Fox Men's Roster

| Name | Yr. | Hometown/Prev. School |
|---------------------|-----|--|
| Kaden Aguilar | So. | Hilo, Hawai'i / Waiakea |
| AJ Aker | Fr. | Mt. Angel, Ore. / Silverton |
| Caleb Anspach | Jr. | Puyallup, Wash. / Puyallup |
| Owen Anspach | Fr. | Puyallup, Wash. / Puyallup |
| John-David Araki | Fr. | Pearl City, Hawaii / Hawaii Tech. Acad. |
| Elijah Argubright | So. | Damascus, Ore. / Damascus Christian |
| Drew Baker | Fr. | Puyallup, Wash. / Puyallup |
| Hunter Bledsoe | Jr. | Napa, Calif. / Justin-Siena |
| Benjamin Bourne | Jr. | Corvallis, Ore. / Santiam Christian |
| Luke Brewer | Sr. | Yamhill, Ore. / Yamhill-Carlton |
| Dylan Brown | So. | Newberg, Ore. / C.S. Lewis Academy |
| Trent Blublitz | Jr. | Monroe, Wash. / Monroe |
| Kristian Carrington | Fr. | Beaverton, Ore. / Mountainside |
| Maximus Chalpoutis | Sr. | Lake Oswego, Ore. / Lakeridge |
| Connor Christy | Jr. | Boise, Idaho / Capital |
| Dante Cicolani | So. | McMinnville, Ore. / McMinnville |
| Ezra Clark | So. | Dulles, Va. / International School Suva |
| Isaac Davenport | So. | Forest Grove, Ore. / Forest Grove |
| Andrew Dewar | Fr. | Canby, Ore. / Canby |
| Caleb Doddington | So. | Central Point, Ore. / Crater |
| Jonathan Draghici | So. | Beaverton, Ore. / Southwest Christian |
| Isaac Ellis | Fr. | Happy Valley, Ore. / Clackamas |
| Matthew Ellis | Fr. | Cave Junction, Ore. / Illinois Valley |
| Elijah Franco | Fr. | Washougal, Wash. / Washougal |
| Simon Gabryjelski | Fr. | Sammamish, Wash. / Mount Si |
| Hunter Gonzales | Sr. | Grants Pass, Ore. / Grants Pass |
| Colton Graf | Fr. | Canby, Ore. / Molalla |
| Owen Gurney | So. | Albany, Ore. / Santiam Christian |
| Nate Hamilton | So. | Newton, Mass. / Newton South |
| Grant Headley | Fr. | Central Point, Ore. / Crater |
| Jazz Hernandez | So. | Medford, Ore. / South Medford |
| Shaun Hibbard | Fr. | Independence, Ore. / Central |
| Caden Hildenbrand | Sr. | Portland, Ore. / Jesuit |
| Joey Holloway | So. | Wamic, Ore. / Wasco County |
| Noah Holmberg | Jr. | Louisville, Colo. / Monarch |
| Trace Hoskins | Fr. | Grants Pass, Ore. / Grants Pass |
| Gavin Humphreys | So. | Prineville, Ore. / Crook County |
| Austin Imsland | Sr. | Tumwater, Wash. / Black Hills |
| Jonah Jepsen | Fr. | Puyallup, Wash. / Rogers |
| Ian Judd | So. | Yakima, Wash. / LaSalle |
| Simon King | So. | Corvallis, Ore. / Philomath |
| Eli Krueger | So. | Yakima, Wash. / West Valley |
| Thomas Lewandowski | So. | Apex, N.C. / UNC Charlotte |
| Ryan Lippert | Fr. | West Linn, Ore. / West Linn |
| Westin Madden | Fr. | Spokane, Wash. / Valley Christian |
| Ryan Maier | Sr. | Grants Pass, Ore. / Grants Pass |
| Luis Mendoza | Fr. | McMinnville, Ore. / McMinnville |
| Emmett Mihelich | Sr. | Mount Vernon, Wash. / Sedro-Woolley |
| Zach Miller | Fr. | Bend, Ore. / Bend Tech Academy |
| Isaac Montanes | Fr. | Kirkland, Wash. / Cedar Park Christian |
| Jackson Multanen | Fr. | Washougal, Wash. / Washougal |
| Micah Mumford | Fr. | Atlanta, Georgia / Missouri Valley Coll. |
| Luke Nelson | Jr. | West Linn, Ore. / Wilsonville |
| Makai Peak | So. | Cataldo, Idaho / Kellogg |
| Drew Pierson | Sr. | Canby, Ore. / Grand Canyon Univ. |
| Arauny Reyes | Fr. | Green Forest, Ark. / Green Forest |
| Josiah Roberts | Fr. | Underwood, Wash. / Horizon Christian |
| Rafael Rodriguez | So. | Salem, Ore. / Blanchet Catholic |
| Kellen Ruiz | Sr. | Vacaville, Calif. / Vacaville |
| Kaito Sakaguchi | Fr. | Tamuning, Guam / John F. Kennedy |
| Jack Sandlin | So. | Central Point, Ore. / Crater |
| Gracen Sandoz | Fr. | Newberg, Ore. / Newberg Senior |
| Jayden Sardar | Fr. | Albany, Ore. / West Albany |
| Jack Sclair | So. | Lakewood, Wash. / Charles Wright Acad. |
| Jacob Shin | So. | Livermore, Calif. / Contra Costa Christian |
| Zeke Sikkema | Sr. | Newberg, Ore. / Newberg |
| Damien Sledd | Fr. | Lakewood, Wash. / Lakes |
| Blake Smith | Sr. | Newberg, Ore. / Newberg |
| Caden Smith | So. | Newberg, Ore. / Newberg |
| Caleb Smith | Sr. | Goldendale, Wash. / Goldendale |
| Jefferson Smith | Fr. | Port Orchard, Wash. / South Kitsap |
| Ethan Sohus | Jr. | Las Vegas, Nev. / Lake Mead Christian |
| Carson Stockwell | Jr. | Kirkland, Wash. / Juanita |

| | | |
|---------------|-----|---------------------------------------|
| Brady Sypher | Fr. | La Center, Wash. / La Center |
| Carson Tapia | Fr. | Colorado Springs, Colo. / Vista Ridge |
| Joshua Taylor | Fr. | San Jose, Calif. / The King's Academy |
| Larry Trefry | Jr. | Spokane Valley, Wash. / University |
| Peter Veeman | So. | Tigard, Ore. / Westside Christian |
| Jacob Wasche | Fr. | La Center, Wash. / La Center |
| Silas Watkins | So. | Longview, Wash. / Kelso |
| Noah Westlund | Fr. | Tacoma, Wash. / Fife |
| Josiah York | Fr. | Olympia, Wash. / Olympia |

| | | |
|-----------------|-----|--------------------------------|
| Hannah Tranby | Sr. | Bend, Ore. / Mountain View |
| Elisa Wachob | So. | Cody, Wyo. / Cody |
| Adrianna Wilson | Sr. | Turner, Ore. / Cascade |
| Lola Woodburn | Fr. | Puyallup, Wash. / Puyallup |
| Madison Wu | Fr. | Woodinville, Wash. / Inglemoor |

George Fox Women's Roster

| Name | Yr. | Hometown/Prev. School |
|-----------------------|-----|--|
| Geneva Barker | Fr. | Chattaroy, Wash. / Northwest Christian |
| Emma Beachy | Fr. | Ellensburg, Wash. / Ellensburg |
| Lucy Bleeker | So. | Seattle, Wash. / Shorecrest |
| Reese Borchert | So. | Johnstown, Colo. / Mountain View |
| Adeline Brestle | Fr. | Maple Valley, Wash. / Tahoma |
| Hope Bridge | Jr. | Sublimity, Ore. / Stayton |
| Grace Brownlee | Fr. | Portland, Ore. / Westside Christian |
| Aubree Carr | Jr. | Stanwood, Wash. / Stanwood |
| Grace Clifford | Sr. | Sherwood, Ore. / Sherwood |
| Ellie Colquhoun | Fr. | Bend, Ore. / Caldera |
| Chloe Cook | Sr. | Littleton, Colo. / Chatfield |
| Sierra Cook | Jr. | Littleton, Colo. / Chatfield |
| Emily Crawford | Sr. | Dufur, Ore. / Dufur |
| McKenna Eppley | Jr. | Keizer, Ore. / Blanchet Catholic |
| Kyesha Farmer | So. | Great Falls, Mont. / Great Falls |
| Kaila Fisher | So. | Olympia, Wash. / Kaila Fisher |
| Emily Foote | Gr. | Aloha, Ore. / Oregon State |
| Madison Fuller | Sr. | Eugene, Ore. / Marist Catholic |
| Karys Gates | So. | Tualatin, Ore. / Tualatin |
| Abbie Goodwin | Jr. | Anacortes, Wash. / Anacortes |
| Marilyn Green | So. | Camas, Wash. / Camas |
| Eva Halvorson | So. | Henderson, Nev. / Lake Mead Christian Acad |
| Charlotte Hanna | Fr. | Tigard, Ore. / Tigard |
| Emma Hardy | So. | Elverta, Calif. / Woodland Christian |
| Angela Hawkins | Sr. | Grants Pass Ore. / North Valley |
| Lola Heide | Fr. | Woodburn, Ore. / Woodburn |
| Janice Hellesto | Fr. | Philomath, Ore. / Philomath |
| Isabella Herboldt | So. | Newberg, Ore. / Newberg |
| Daisy Hernandez | So. | Stayton, Ore. / Regis |
| Jenna Huntsman | Sr. | Walla Walla, Wash. / Walla Walla |
| Kennedy Imsland | So. | Tumwater, Wash. / Black Hills |
| Makaylah Johnson | Fr. | Maple Valley, Wash. / Tahoma |
| Savannah Johnstone | So. | La Pine, Ore. / La Pine |
| Isabelle Jones | Sr. | Fairwood, Wash. / Kentridge Senior |
| Alana Kelley | So. | Maple Valley, Wash. / Tahoma |
| Reagen Krantz | Fr. | Coquille, Ore. / Coquille Lane CC |
| Elizabeth Lamb | Fr. | Eugene, Ore. / Willamette |
| Natalie Langenberg | So. | Eugene, Ore. / Willamette |
| Kate Larson | Fr. | Danville, Calif. / San Ramon Valley |
| Marcella Leita | So. | Bellingham, Wash. / Sehome |
| Gracie Looney | Fr. | La Pine, Ore. / La Pine |
| Sara Marino | Fr. | Eagle, Colo. / Eagle Valley |
| Abby McClain | So. | Salem, Ore. / South Salem |
| Alexa Miller | Fr. | Sheridan, Wyo. / Sheridan |
| Kylie Morais | Fr. | Spokane Valley, Wash. / Central Valley |
| Candice Mugo-Wainaina | So. | Marysville, Wash. / Grace Academy |
| Aubree New | Jr. | Newberg, Ore. / Newberg |
| Kate Norvell | Fr. | Tacoma, Wash. / Stadium |
| Natalie Oathout | Fr. | Silverdale, Wash. / Klahowya Secondary |
| Sophia Olson | Sr. | Gig Harbor, Wash. / Gig Harbor |
| Evan Roberts | So. | Oregon City, Ore. / Oregon City |
| Karina Rodriguez | Fr. | Gilroy, Calif. / Gilroy |
| Abby Sampson | Fr. | Philomath, Ore. / Crescent Valley |
| Olivia Schaap | So. | Silverton, Ore. / Silverton |
| Breanna Schmitt | Sr. | Newberg, Ore. / Newberg |
| Andie Shirley | So. | Lafayette, Ore. / McMinnville |
| Ruby Snider | Fr. | Prinville, Ore. / Crook County |
| Caroline Stone | Fr. | Salina, Kan. / Sacred Heart |
| Morgan Thompson | Fr. | Kennewick, Wash. / Kennewick |



NWC 5,000 top seed Chloe Cook (GFU)



2026 NWC long jump contender Rose Dinh (L&C)

Lewis & Clark College

Location: Portland, Ore.
 Founded: 1867
 Nickname: River Otters
 Colors: Orange and Black
 Last Men's Championship: 1977
 Last Women's Championship: 1971
 Head Coach: Chris Reed

Assistant Coaches: Sarai Seekamp,
 Adam Riddle, Jordan Latt,
 Kyle Dreibelbis, Joan Grant,
 Piper McCoy-Harmon, Riley Buese,
 Peter Ford



2025 NWC 400 hurdles champion Harrison Fung (L&C)

Lewis & Clark Men's Roster

| Name | Yr. | Hometown/Prev. School |
|-------------------|---------------|--|
| Teagon Aasen | Jr. | Corvallis, Ore. / Corvallis |
| Kristopher Adams | So. | Santa Rosa, Calif. / Montgomery |
| Andrew Baum | Sr. | Davis, Calif. / Davis Sr. |
| John Blockhus | Jr. | Mountain View, Calif. / De Anza College |
| Zane Bryant | Fy. | Los Angeles, Calif. / Wildwood |
| Zaren Crockett | Sr. | Richmond, Calif. / Hercules |
| Jon Fritz | Sr. | Newport, Ore. / Newport |
| Harrison Fung | Jr. | Incline Village, Nev. / Robert Louis Stevenson |
| Sam Garcia | Jr. | Littleton, Colo. / Heritage |
| AJ Gibbs | So. | Eugene, Ore. / Churchill |
| Quinn Higgins | Jr. | Denver, Colo. / Denver East |
| Forrest Holt | Fy. | Portland, Ore. / Ida B. Wells |
| Jordan Lahusky | Sr. | Phoenix, Ariz. / Thunderbird |
| Evan Markelz | Jr. | Mountain View, Calif. / Mountain View |
| Emil Miller | Jr. | Yakima, Wash. / Linfield U. (NCAA DIII) |
| Enzo Murray | So. | Petaluma, Calif. / Casa Grande |
| Jaden Mwendapole | So. | Newport Beach, Calif. / Corona Del Mar |
| Joseph Naylor | Sr. | Las Vegas, Nev. / The Meadows School |
| Duncan O'Kelly | Fy. | Fort Collins, Colo. / Rocky Mountain |
| Knox Orchard | Fy. | Portland, Ore. / Ida B. Wells |
| Theron Plumb | Sr. | Lancaster, Pa. / J.P. McCaskey |
| Ewan Reid | Fy. | San Jose, Calif. / Prospect |
| Gavin Sellers | Jr. | Hendersonville, Tenn. / Pope John Paul II Prep |
| Colin Shimabukuro | Jr. | Honolulu, Hawaii / Moanalua |
| Liam Stanley | Salem, Ore. / | Blanchet Catholic |
| Cody Stroyzk | Fy. | Raymond, Wash. / Willapa Valley |
| Dustin Widrig | Fy. | Claremont, Calif. / Claremont |
| Jordan Wu | Jr. | San Francisco, Calif. / Sacred Heart Prep |
| Keegan Zaso | Jr. | Buckeye, Ariz. / Buckeye Union |

Lewis & Clark Women's Roster

| Name | Yr. | Hometown/Prev. School |
|--------------------|-----|---|
| Lillian Besa | Jr. | Keizer, Ore. / McNary |
| Elsie Chin | Sr. | Portland, Ore. / Cleveland |
| Maeva Conroy | So. | Yona, Guam / St. John's |
| Nadia Cota | Jr. | Colorado Springs, Colo. / Discovery Canyon |
| Tesla Curtis | Fy. | Portland, Ore. / Jefferson |
| Anli Davis | Sr. | Portland, Ore. / Cleveland |
| Rose Dinh | Jr. | Saco, Maine / Thornton Academy |
| Sofia Figueroa | Fy. | Albuquerque, N.M. / Albuquerque |
| Malia Heien | Sr. | Denver, Colo. / Northfield |
| Ali Kerschner | Sr. | Boulder, Colo. / Peak to Peak Charter |
| Emogene Lutz | Sr. | Salem, Ore. / Blanchet Catholic School |
| Carolyn Mayberry | Jr. | Northbridge, Calif. / Granada Hills Charter |
| Lillian Morlan | Fy. | Federal Way, Wash. / Federal Way |
| Mackenzie Olver | Jr. | Juneau, Alaska / Thunder Mountain |
| Nia Pile | Sr. | Atlanta, Ga. / Governor's Academy (Mass.) |
| Miriam Reside | Sr. | Nashville, Tenn. / Hume-Fogg Academic |
| Ky Roussin | Fy. | Lynnwood, Wash. / Mariner |
| Reilyn Sabado | Sr. | Vancouver, Wash. / Union |
| Katherine Scannell | Fy. | Oakland, Calif. / Saint Mary's College |
| AJ Schroeder | Sr. | Mountain View, Calif. / Mountain View |
| Divinity Singleton | Jr. | Puyallup, Wash. / Rogers |
| Callow Soto | Jr. | Lake Country, Wis. / University Lake |
| Talia Tomhave | So. | Saint Paul, Minn. / Nova Classical Acad. |
| Melissa Zurla | Jr. | Glendora, Calif. / Glendora |

Linfield University

Location: McMinnville, Ore.
 Founded: 1858
 Nickname: Wildcats
 Colors: Purple and Cardinal
 Last Men's Championship: 2007
 Last Women's Championship: 1996
 Head Coach: Travis Olson

Assistant Coaches: Chris McIsaac,
 Tramaine Payne, Megan Johnson,
 Dayson Tiogangco, Morgan Slonaker,
 Katie Higinbotham, Phil Johnson,
 Steve Sherwood



2026 NWC pole vault top seed Sage Cramp (Lin)

Linfield Men's Roster

| Name | Yr./El. | Hometown/Prev. School |
|------------------|---------|--|
| James Bethune | Fr./Fr. | Vancouver, Wash. / Evergreen |
| Mason Bowles | Sr./Sr. | Aliso Viejo, Calif. / Colorado Mesa Univ |
| Dakota Brannan | Sr./Sr. | Salcha, Alaska / Utah State University |
| CJ Brindeiro | Jr./Jr. | Hollister, Calif. / Monterey Peninsula Col. |
| Shyson Cachuela | Jr./Jr. | Kapolei, Hawaii / Kapolei |
| Liam Christensen | Jr./Jr. | Fall City, Wash. / Mount Si |
| Charles Dayton | Jr./Jr. | Vancouver, Wash. / Evergreen |
| Jake Dillon | Fr./Fr. | Tumwater, Wash. / Tumwater |
| Jayden Donald | Fr./Fr. | Bothell, Wash. / Bothell |
| Blaine Haag | Fr./Fr. | Hillsboro, Ore. / Century |
| Hudson Holzhauer | So./Fr. | Stevenson, Wash. / N. Arizona Univ. |
| Durham Huson | Jr./Jr. | Hillsboro, Ore. / Glencoe |
| Kris Jakastas | Fr./Fr. | Vilnius, Lithuania / San Domenico |
| Davidson Kathman | So./Fr. | Kailua, Hawaii / Kalaheo |
| Kekai Macabio | Fr./Fr. | Kailua Kona, Hawaii / Kealakehe |
| Nolan Menting | Fr./Fr. | Issaquah, Wash. / Issaquah |
| Tyson Morris | Fr./Fr. | Las Vegas, Nev. / Faith Lutheran |
| Luke Niemi | Jr./Jr. | Aberdeen, Wash. / Aberdeen |
| Payton Sorensen | Jr./Jr. | Hailey, Idaho / Wood River |
| Parker Stevens | Fr./Fr. | Knappa, Ore. / Knappa |
| Marco Stroman | Fr./Fr. | Bainbridge Island, Wash. / Bainbridge Island |
| Andrew Troeh | Sr./Sr. | Aberdeen, Wash. / Aberdeen |
| Rocco Velie | Sr./Sr. | Kingston, Wash. / Kingston |
| Kiyan Vrell | Fr./Fr. | Amity, Ore. / Amity |
| Finley Wodke | Fr./Fr. | Raymond, Wash. / Willapa Valley |

Linfield Women's Roster

| Name | Yr./El. | Hometown/Prev. School |
|---------------------|---------|--------------------------------------|
| Margaritah Banuelos | Jr./Jr. | Auburn, Wash. / Mount Rainier |
| Haley Bland | Fr./Fr. | Corvallis, Ore. / Crescent Valley |
| Sage Cramp | Fr./Fr. | Bend, Ore. / Caldera |
| Marley Ells | So./So. | Tacoma, Wash. / Stadium |
| Savannah Filios | Fr./Fr. | Mountain View, Calif. / St. Francis |
| Klaira Flatt | Sr./Sr. | Siletz, Ore. / Toledo |
| Natasha Freimuth | So./So. | Hillsboro, Ore. / Hillsboro |
| Isabella Grutsch | Fr./Fr. | Missoula, Mont. / Big Sky |
| Jordan Hayes | Sr./Sr. | Anchorage, Alaska / Robert Service |
| Sophie Hulke | So./So. | Grass Valley, Ore. / Sherman County |
| Madelyn Ipsen | Fr./Fr. | Snohomish, Wash. / Glacier Peak |
| Paige Kasso | Jr./Jr. | Los Altos, Calif. / Los Altos |
| Lauren Klopccic | So./So. | Forest Grove, Ore. / Valley Catholic |
| Mada Lee | Fr./Fr. | Klamath Falls, Ore. / Mazama |
| Mia McCormack | Fr./Fr. | Las Vegas, Ore. / Shadow Ridge |
| Rylee McIntosh | So./So. | Palmer, Alaska / Colony |
| Anna Niyongabire | Fr./Fr. | Boise, Idaho / Borah |
| Analissa Paresa | So./So. | Hilo, Hawaii / Waiakea |
| Jordan Roberts | Sr./Sr. | Twin Falls, Idaho / Twin Falls |
| Logan Roberts | Sr./Sr. | Twin Falls, Idaho / Twin Falls |
| Islee Siliga | So./So. | Hillsboro, Ore. / Century |
| Jayden Taylor | Jr./Jr. | Monmouth, Ore. / Central |
| Baylie Thompson | Fr./Fr. | Hillsboro, Ore. / Glencoe |
| Mia Thompson | Fr./Fr. | Grants Pass, Ore. / Grants Pass |
| Mallorie Weaver | Fr./Fr. | Portland, Ore. / Rex Putnam |
| Eboni Zehner | Jr./Jr. | Junction City, Ore. / Junction City |



2026 NWC sprints contender Liam Christianson (Lin)



2026 NWC high jump contender Bridger Hanis (PLU)

Pacific Lutheran University

Location: Tacoma, Wash.
 Founded: 1890
 Nickname: Lutes
 Colors: Black and Gold
 Last Men's Championship: 2000
 Last Women's Championship: 1999
 Head Coach: Trey Henderson

Assistant Coaches: Pat Licari,
 Tabitha Messineo-Solomon,
 Francis Reynolds, Aaron Blake



Pacific Lutheran Men's Roster

| Name | Yr. | Hometown/Prev. School |
|--------------------|-----|-------------------------------|
| Jonah Andrews | Jr. | Tacoma, Wash. / Silas |
| Markus Apolonio | So. | Renton, Wash. / Renton |
| Garrett Armbruster | Jr. | Bremerton, Wash. / Bremerton |
| Ben Barfield | Fr. | Spokane, Wash. / Mead |
| Brennan Barrientos | Fr. | Hilo, Hawaii / Hilo |
| Isaiah Bradley | Fr. | Longview, Wash. / Mark Morris |

| | | |
|-----------------------|-----|--|
| Noah Childress | Sr. | Henderson, Nev. / Liberty |
| Trevor Coble | So. | Mountlake Terrace, Wash. / Mountlake Terrace |
| Calvin Cummings | Jr. | Agoura, Calif. / Agoura |
| Lakshya Dhillon | Fr. | Tauranga, New Zealand / Bethlehem College |
| Jack Erickson | Fr. | Tacoma, Wash. / Fife |
| Peter Essex | Fr. | Duvall, Wash. / Cedarcrest |
| Noah Friedrich | Jr. | Mill Creek, Wash. / Henry Jackson |
| Justin Garrett | Fr. | Port Angeles, Wash. / Port Angeles |
| Bridger Hanis | Jr. | Puyallup, Wash. / Puyallup |
| Corder Janes | Fr. | Juneau, Alaska / Juneau-Douglas |
| Hunter Kleindl | Fr. | Puyallup, Wash. / Rogers |
| Seth Kramer | Sr. | Wylie, Texas / Wylie |
| Archie Magno | Fr. | Federal Way, Wash. / Federal Way |
| Chace Mcsherry | Fr. | Spanaway, Wash. / Steilacoom |
| Connor Meade | Jr. | Tacoma, Wash. / Silas |
| Griffin Montana | Sr. | Snohomish, Wash. / Monroe |
| Jonathan Ochoa | Sr. | Parkland, Wash. / Washington |
| Corban Piper | So. | Rapid City, S.D. / Stevens |
| Micah Ragaza-Bourassa | Jr. | Cheney, Wash. / Cheney |
| Caleb Rigney | Fr. | Spanaway, Wash. / Mount Tahoma |
| Kaimana Satterfield | So. | Honolulu, Hawaii / Punahou |
| Kaiden Schlag | Fr. | Federal Way, Wash. / Federal Way |
| George Sonko | Sr. | Spokane Valley, Wash. / Central Valley |
| Kaden Watts | Fr. | Spokane, Wash. / Shadle Park |
| Tyger Willingham | Jr. | Lakewood, Wash. / Clover Park |
| Jake Wood | Jr. | Eatonville, Wash. / Eatonville |

Pacific Lutheran Women's Roster

| Name | Yr. | Hometown/Prev. School |
|-----------------------|-----|---|
| Lilly Achterling | So. | Eschwege, Germany / Oberstufengymnasium |
| Erika Andres | So. | Tacoma, Wash. / Spanaway Lake |
| Lili Andres-Juarez | Jr. | Tacoma, Wash. / Spanaway Lake |
| Kyleigh Archer | Jr. | Spokane, Wash. / Shadle Park |
| Theresa Boulay | Fr. | Tacoma, Wash. / Mount Tahoma |
| Jennie Brown | So. | Seattle, Wash. / Chief Sealth |
| Abi Caprye | Jr. | Spokane, Wash. / Shadle Park |
| Tulip Carter | Jr. | Bremerton, Wash. / Bremerton |
| D'Yhana Clemons | Jr. | Spanaway, Wash. / Spanaway Lake |
| Sophia Czar | So. | Tacoma, Wash. / Stadium |
| Madison Downey | Jr. | Salem, Ore. / Sprague |
| Piper Gannon | Fr. | Ridgefield, Wash. / Ridgefield |
| Kiana Gutierrez | Sr. | Auburn, Wash. / Riverside |
| Addisen Hering | So. | Port Orchard, Wash. / Gig Harbor |
| Tajanai Huff | So. | Brewster, Wash. / Brewster |
| Damaris Ibrahim | Sr. | Brier, Wash. / Montlake Terrace |
| Michelle Jangard | Fr. | Tacoma, Wash. / Tacoma School of Arts |
| Heather Johnson | Fr. | Tacoma, Wash. / Lincoln |
| Cassidy Kauppila | Fr. | Gig Harbor, Wash. / Gig Harbor |
| Taylor Kenaston | So. | Seattle, Wash. / Shorecrest |
| Alicia Lon | Fr. | Tacoma, Wash. / Mount Tahoma |
| Kira Marshall | Fr. | Federal Way, Wash. / Federal Way |
| Sal Mattivi | So. | Bremerton, Wash. / Bremerton |
| Lexie McGurk | Fr. | Puyallup, Wash. / Graham-Kapowsin |
| Maddie Mitchell | Fr. | Federal Way, Wash. / Decatur |
| Natalie Moran-Padilla | Jr. | Federal Way, Wash. / Todd Beamer |
| Ki Neir | So. | Yelm, Wash. / Yelm |
| Adalia Olmos | Sr. | El Paso, Texas / Eastwood |
| Jessalyn Robles | Jr. | Tacoma, Wash. / Mount Tahoma |
| Mariel Robles | Fr. | Tacoma, Wash. / Mount Tahoma |
| Rachel Rosario | So. | Tacoma, Wash. / Washington |
| Sydney Sparks | So. | Puyallup, Wash. / Rogers |
| Katie Trejo | Fr. | Ellensburg, Wash. / Clover Park |

| | | |
|------------------|-----|-------------------------------|
| Sandra Valmonte | Sr. | Everett, Wash. / Kamiak |
| Soukhanya Waters | Fr. | Milton, Wash. / Federal Way |
| Samayia White | Jr. | Tacoma, Wash. / Spanaway Lake |



2025 NWC triple jump champion Kyleigh Archer (PLU)

Pacific University

Location: Forest Grove, Ore.
 Founded: 1849
 Nickname: Boxers
 Colors: Black and Red
 Last Men's Championship: N/A
 Last Women's Championship: 1973
 Head Coach: Ryan Huntersimms

Assistant Coaches: MacKenzie Beeler,
 Emily Sproul, Riley Stewart, Jaron Moren



2025 NWC 100 dash champion Ally Hammond (Pac)

Pacific Men's Roster

| Name | Yr. | Hometown/Prev. School |
|----------------------------|-----|---|
| Mikell Adler | So. | Corvallis, OR / Corvallis |
| Brody Bantolina | Sr. | Ewa Beach, HI / 'Iolani |
| Zaccarius Barnett-Grizzell | Fr. | Portland, OR |
| Charles Bennett | Jr. | Pasadena, CA / John Muir Early College Magnet |
| Aaron Brewer | Sr. | Atwater, Calif. / Atwater |
| Benjamin Christianson | Sr. | Beaverton, OR / Southwest Christian |
| Jett Cowee | So. | Evergreen, CO / D'Evelyn |
| Nathan Crosby | Jr. | Forest Grove, OR / Valley Catholic |
| Austin DeVore | Jr. | Troutdale, OR / Mt. Hood CC |
| JJ Dobie | Jr. | Yakima, WA / East Valley I |
| Peyton Fisher | So. | Winston, Ore. / Roseburg |
| Kaleo Gallen | Jr. | Makawao, HI / King Kekaulike |
| Cameron Galutira | Jr. | Pearl City, HI / Pearl City |
| Noah Gonzalez | Fr. | Sherwood, OR / Sherwood |
| Preston Graham | Jr. | Vancouver, WA / Columbia River |
| Matthew Gray | Fr. | Goldendale, WA / Goldendale |
| Noel Gutierrez | Fr. | Tillamook, OR / Tillamook |
| Tristen Haag | So. | Hillsboro, OR / Century |
| Kevin Ilano | Fr. | Simi Valley, CA / Simi Valley |
| Emmet Krohn | Fr. | Hillsboro, OR / Mountainside |
| Jevin Lim | Jr. | Anchorage, AK / Service |
| RJ Lydon | So. | Arlington, WA / Lakewood |
| Ryder MacKay | Jr. | Seattle, WA / West Seattle |
| Feleti Martinez-Afemui | Fr. | Cornelius, Ore. |
| Matthew Matsuura | Jr. | Honolulu, HI |
| Diego Munoz | Fr. | Seaside, OR |
| Noah Navalta | Fr. | Lihue, HI |
| Ananda O'Neill | So. | Ashland, OR / Ashland |
| Aiden Olmos | So. | Redmond, OR / Redmond |
| Xeiden Padasdao | Fr. | Cornelius, OR / Westview |
| Nicholas Potts | Sr. | Rancho Cucamonga, CA / Los Osos |
| Ian Sera | So. | Ewa Beach, HI / Damien Memorial |
| Kamron Shields | Sr. | Walla Walla, WA / Walla Walla |
| Jagjot Singh | Jr. | Stanfield, OR / Stanfield |
| T'nias Tavale | So. | Waipahu, HI |
| Henry Tierney | Sr. | Portland, OR / Valley Catholic |
| Jacob Tilden | So. | Canby, OR / Canby |
| Noah Tyrin | So. | Hilo, HI |
| Justin Vinyard | Jr. | Grants Pass, OR / Grants Pass |
| Noah Wakabayashi | So. | Honolulu, HI / Iolani |
| Micah Warren | Fr. | Tempe, Ariz. |
| Kyle Woodcock | Jr. | Colorado Springs, CO / Vista Ridge |
| Tathan Woodward | So. | Tigard, OR / Tigard High School |

Pacific Women's Roster

| Name | Yr. | Hometown/Prev. School |
|------------------|-----|----------------------------------|
| Dina Altuhovs | Gr. | Lebanon, OR / Lebanon |
| Kayla Balandran | Fr. | Kaneohe, HI |
| Morgan Boddy | Jr. | Hillsboro, OR / Liberty |
| Keira Camp | Fr. | Tumwater, WA / Pope John Paul II |
| Nora Chennault | Fr. | Mount Vernon, WA / Mount Vernon |
| Sydney Esperanza | So. | Renton, WA / Kentridge |

| | | |
|----------------------|-----|--|
| Maegan Farrell | Fr. | Thousand Oaks, CA / Thousand Oaks |
| Megan Feitz | Sr. | Fountain Valley, CA / Cerritos College |
| Lilian Fiorda | So. | Woodinville, Wash. / Woodinville |
| Holly Gay | So. | Jefferson, OR / Jefferson |
| Ria Gill | Gr. | Delta, BC / Univ. of British Columbia |
| Nichole Goodwin | Fr. | Willamina, OR / Willamina |
| Morgan Grayton | Fr. | Temecula, CA / Great Oak |
| Ally Hammond | Sr. | Forest Grove, OR / Forest Grove |
| Dani Hammond | So. | Forest Grove, OR / Forest Grove |
| Julia Heimuller | Fr. | Dundee, OR / CS Lewis Academy |
| Ali Heinly | Fr. | Bend, OR / Caldera |
| Bailey Kalar | Sr. | Salem, OR / Sprague |
| Maya Kaneshiro | So. | Hilo, HI / Waiakea |
| Greta Koegler | Jr. | Corvallis, OR / Crescent Valley |
| Taylor Koenig | Fr. | Wheaton, IL / Glenbard South |
| Alena Krull | Sr. | Portland, OR / Franklin |
| Josie Lavato | Gr. | Salem, OR / Western Oregon |
| Jordan Lucero | Jr. | Pueblo, CO / Pueblo West |
| Lauren Ortega | So. | Silverton, OR / Silverton |
| Cairee Quinones | So. | Lihue, HI / Kauai |
| Karina Reddy | Jr. | Redmond, WA / Mount Si |
| Emilie Robin | Fr. | Salem, OR / Sprague |
| Cadence Schedlbauer | Fr. | Greeley, CO / University |
| Shaeli Sikes | Fr. | Roseburg, OR / Roseburg |
| Lillian Stevens | Fr. | Gladstone, OR / Gladstone |
| Courtney Tiernan | Sr. | Springfield, OR / Thurston |
| Makayla Tuiolemotu | Sr. | Tillamook, OR / Tillamook |
| Ellie VanDeventer | So. | Healy, AK / Tri-Valley |
| Genave Vera | r. | Beaverton, OR / Southridge |
| Kimberly-Ann Vidinha | Jr. | Kekaha, HI / Waimea |
| Tylynn Wolske | Fr. | Pueblo, CO / Pueblo West |



2026 NWC discus contender Noel Gutierrez (Pac)

University of Puget Sound

Location: Tacoma, Wash.
 Founded: 1888
 Nickname: Loggers
 Colors: White and Maroon
 Last Men's Championship: N/A
 Last Women's Championship: N/A
 Head Coach: Lisa Kushiyama

Assistant Coaches: Jamie Carlson,
 Randy Moon, Sam Ring,
 Andrea Boitano-Donovan, Dale Compton,
 Mark Shields



Puget Sound Women's Roster

| Name | Yr. | Hometown/Prev. School |
|------------------------------|-----|--|
| Eva Bebber | So. | Superior, Colo. / Monarch |
| Lizzie Beiswanger | Jr. | Santa Rosa, Calif. / Montgomery |
| Charlie Boedeker | So. | Lincoln, Neb. / Lincoln |
| Gwen Bundy | Fr. | Everett, Wash. / Everett |
| Kaylee Clark | Fr. | Spokane, Wash. / Saint George's |
| Ella Courtnage-Dyke | Sr. | Portland, Ore. / Grant |
| Ali D'Arcy | Fr. | Eugene, Ore. / Winston Churchill |
| Sarah Gardner | So. | Vancouver, Wash. / School of Arts |
| Brooklyn Gildersleeve-Stiles | Jr. | Monroe, Wash. / Snohomish |
| Elise Gonzales | Sr. | Bainbridge Is., Wash. / Bainbridge |
| Maila Healing | So. | Honolulu, Hawaii / Iolani School |
| Callie Katsura | So. | Honolulu, Hawaii / Punahou School |
| Alana Lim | Jr. | Anchorage, Alaska / Service |
| Bria Metcalf-Lindenburger | So. | Shoreline, Wash. / Shorecrest |
| Dylan Moore | Sr. | Santa Rosa, Calif. / Maria Carrillo |
| Emily Moore | So. | Eagle River, Alaska / Chugiak |
| Whitney Nelson | So. | Enumclaw, Wash. / Whitefish |
| Samantha Palm | Fr. | St. Paul, Minn. / Highland Park |
| Rosalie Patterson | Jr. | Portland, Ore. / Jesuit |
| Ali Raymond | Fr. | Estes Park, Colo. / Estes Park |
| Quinn Reublin-Geer | Jr. | Fort Collins, Colo. / Poudre |
| Sophie Rivas | Jr. | Porter Ranch, Calif. / Granada Hills Charter |
| Madeline Wafer | So. | Portland, Ore. / Ida B Wells-Barnett |
| Carly Ways | Sr. | Seattle, Wash. / West Seattle |
| Kyrstin Wilson | Sr. | Lafayette, Calif. / Campolindo |
| Sonia Whittle | Fr. | San Diego, Calif. / Canyon Crest |

Puget Sound Men's Roster

| Name | Yr. | Hometown/Prev. School |
|---------------------|-----|---|
| Charlie Boedeker | So. | Lincoln, Neb. / Lincoln |
| Conner Boehl | Jr. | Issaquah, Wash. / Eastside Catholic |
| Noah Brown | So. | Mount Vernon, Wash. / Mount Vernon |
| Ian Cook | Fr. | Seattle, Wash. / Nathan Hale |
| Tom Curtin | Sr. | Sacramento, Calif. / Christian Brothers |
| Brayden Decker | Fr. | |
| Porter Freitag | Fr. | |
| Cody Gardanier | Fr. | Maui, HI. / Kamehameha Maui |
| Jaylen Gebeck | Fr. | Minneapolis, Minn. / Breck |
| Thomas Goeglein | So. | Centennial, Colo. / Cherry Creek |
| Rowan Hintz | Fr. | Bentonville, Ark. / Thaden |
| Jacob Howmiller | Sr. | Los Altos, Calif. / Los Altos / |
| Kaelon Hudson | Fr. | |
| Emerson Ingraham | So. | Denver, Color. / Rocky Mountain School |
| Jack Joyce | Fr. | Victor, Idaho. / Teton |
| Avery Keith | Jr. | Snohomish, Wash. / Snohomish |
| Oliver Kreimer | Sr. | Greensboro, N.C. / Greensboro Day |
| Noah Larsen | Fr. | Newport, Ore. / Newport |
| Cameron Magnussen | So. | Vancouver, Wash. / Mountain View |
| Cian Monaghan | Sr. | Puyallup, Wash. / Puyallup |
| Brogan Murphy | Sr. | Woburn, Mass. / Portsmouth Abbey |
| David Palmieri | So. | Seattle, Wash. / Ballard |
| Kyle Pecht | Fr. | Ventura, Calif. / Ventura |
| Max Pedrotti-Jacobs | So. | Petaluma, Calif. / Petaluma |
| Jake Schaal | Jr. | Davis, Calif. / Davis Senior |
| Zachary Slominski | So. | Buckley, Wash. / White River |
| Hayden Smith | Jr. | Kent, Wash. / Thomas Jefferson |
| Mercer Stauch | Sr. | Niwot, Colo. / Niwot |
| Izac Stoilkovich | Jr. | Malibu, Calif / Malibu |
| Tdohasan Sunray | Jr. | Arcadia, Okla. / Oklahoma Christian |
| Khai Tong | Jr. | Beaverton, Ore. / International School |
| Gabriel Velazquez | Gr. | Wenatchee, Wash. / Wenatchee |



2025 NWC 400 dash champion Avery Keith (PS)



2025 NWC 200 dash champion Krystin Wilson (PS)



2026 NWC 10k, 5k contender Jack McManus (Wtm)

Whitman College

Location: Walla Walla, Wash.
 Founded: 1859
 Nickname: Blues
 Colors: Blue and Gold
 Last Men's Championship: 1958
 Last Women's Championship: N/A
 Head Coach: Scott Shields

Assistant Coaches: Neal Christopherson,
 Becca Lastoskie



Whitman Men's Roster

| Name | Yr. | Hometown/Prev. School |
|-------------------|-----|--|
| Giles Billick | Fy. | Crested Butte, CO / Crested Butte |
| Alex Burns | So. | Colorado Springs, CO / Cheyenne Mountain |
| Toren Christensen | So. | Bellevue, WA / Lake Washington |
| Evers Clemeshaw | Fy. | Escondido, CA / Classical Academy |
| David Craine | Jr. | Nicols Hills, OK / Casady School |
| Turner Crockett | Fy. | Bend, OR / Redmond Proficiency Acad. |
| Sam Emert | Fy. | Portland, OR / Franklin |
| Paul Florence | Sr. | Salt Lake City, UT / Judge Memorial |

| | | |
|-----------------|-----|---------------------------------|
| Micah Knight | Fy. | / |
| Theo Lydgate | Fy. | Portland, OR / Central Catholic |
| Jack McManus | Jr. | McCall, ID / McCall-Donnelly |
| Jack Rousseau | Jr. | Seattle, WA / Ballard |
| Ben Schubach | Fy. | Santa Fe, NM / Santa Fe Prep |
| Danny Steinberg | Sr. | Santa Ana, CA / Foothills |
| Quinny Stuart | So. | Poulsbo, WA / North Kitsap |
| Evan Wendel | Jr. | Seattle, WA / Lincoln |
| Ross Werner | So. | Bellingham, WA / Sehome |
| Alex Yee | Fy. | Shoreline, WA / Shorewood |

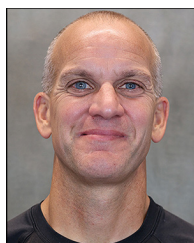
Whitman Women's Roster

| Name | Yr. | Hometown/Prev. School |
|-------------------|-----|--|
| Rowan Bienapfl | Fy. | Milwaukie, OR / La Salle Catholic Prep |
| Cameron Collister | Jr. | St. Paul, MN / Mounds Park Acad. |
| Payton Davies | Sr. | Portland, OR / Cleveland |
| Allie Fredrickson | Fy. | Oroville, WA / Oroville |
| Ella Harrington | So. | Bainbridge Island, WA / Bainbridge |
| Lily Kamila | So. | Edmonds, WA / Edmonds-Woodway |
| Hilda Kosgei | Jr. | Nairobi, Kenya / Metkei Girls |
| Lucy Luepker | Fy. | Minneapolis, MN / Nova Classical Acad |
| Brenna Mack | Jr. | Ramstein, Germany / Ramstein American |
| Emme Rousseau | So. | Seattle, WA / Ballard |
| Annika Schwartz | Jr. | Juneau, AK / Juneau Douglas |
| Lucia Shiffler | Fy. | Seattle, WA / West Seattle |
| Amelia Wadsworth | Fy. | Decorah, IA / Decorah |
| Rosie Wickline | Jr. | Melrose, MA / Commonwealth School |

Whitworth University

Location: Spokane, Wash.
 Founded: 1890
 Nickname: Pirates
 Colors: Crimson and Black
 Last Men's Championship: 2016
 Last Women's Championship: 2016
 Head Coach: Toby Schwarz

Assistant Coaches: Brandon Howell,
 Jeff Rahn, Kolton Carlson, Drew Jordan,
 Krystal Roberts, Lucas McGill, Mike
 Fleming, Carter Comito, Abby Jo Carlson,
 Jordyn Lungo, Kenzie Garcia



2025 NWC 200 dash champion Cam Schmidt (Wtw)

Whitworth Men's Roster

| Name | Yr. | Hometown | Prev. School |
|--------------------|-----|-------------------------|------------------------|
| Isaac Akiyama | Sr. | Olympia, Wash. | North Thurston |
| Nick Baker | Jr. | Curlew, Wash. | Curlew |
| Luke Barnett | Fr. | Portland, Ore. | Sunset |
| Casey Bouchard | So. | Tacoma, Wash. | Stadium |
| Aaron Cabrera | Jr. | Burien, Wash. | Mount Rainier |
| Eli Cach | Sr. | Lewiston, Idaho | Hanford (Wash.) |
| Marvin Calvario | So. | Kennewick, Wash. | Columbia Basin Col. |
| Gabe Coram | Fr. | Walla Walla, Wash. | Walla Walla |
| Cristian Cruz-Vega | Fr. | Spanaway, Wash. | Graham-Kapowsin |
| Hunter Dahlstrom | Fr. | Buckley, Wash. | White River |
| Vladyslav Danylyuk | Fr. | Vancouver, Wash. | Prairie |
| Andrew Doughty | Sr. | Kirkland, Wash. | Juanita |
| Spencer Duty | Fr. | Ione, Wash. | Selkirk |
| Mitchell Endicott | Fr. | Spokane, Wash. | Lewis & Clark |
| Ryan Flack | Jr. | Spokane, Wash. | CC of Spokane |
| Brandon Geck | Sr. | Billings, Mont. | MSU Billings |
| Leighton Gooding | Jr. | Shelton, Wash. | Shelton |
| London Haley | Jr. | Duvall, Wash. | Cedarcrest |
| James Hardin | Fr. | Port Orchard, Wash. | South Kitsap |
| Kenai Herrick | Sr. | Eagle, Idaho | Meridian Tech Charter |
| Tristan Hiller | So. | Missoula, Mont. | Big Sky |
| Kaden Hooper | Fr. | Spokane, Wash. | Shadle Park |
| Troy Hooper | Fr. | Kettle Falls, Wash. | Kettle Falls |
| Sam Hurchalla | Fr. | Woodinville, Wash. | Inglemoor |
| Connor Hylton | So. | Missoula, Mont. | Big Sky |
| Jack Ireton | Sr. | Edmonds, Wash. | Edmonds-Woodway |
| Na'i Ka'anapu | Fr. | Ewa Beach, Hawaii | Damien Memorial |
| Anthony Larkin | So. | La Center, Wash. | La Center |
| Alex Lindgren | So. | Tacoma, Wash. | Stadium |
| Dawson Lobdell | Fr. | Farmington, Wash. | Oaksdale |
| Hayden Malone | So. | Ephrata, Wash. | Ephrata |
| Brayden Martin | Fr. | Spokane, Wash. | Cheney |
| Kaiser Martin | So. | Covington, Wash. | Kentwood |
| Aidan Martinez | So. | Edgewood, Wash. | Fife |
| Cristian Martinez | Jr. | Spokane Valley, Wash. | Gonzaga Prep |
| Austin May | Fr. | Federal Way, Wash. | Federal Way |
| Luke McCorkle | Sr. | Sandpoint, Idaho | Sandpoint |
| Alex McIntyre | Jr. | Athena, Ore. | Weston McEwen |
| Tom McKee | Jr. | Missoula, Mont. | Sentinel |
| Nolan McLaughlin | Fr. | Chico, Calif. | Pleasant Valley |
| Noah Mitton | So. | Puyallup, Wash. | Cascade Christian |
| Will Moore | Sr. | Colorado Springs, Colo. | The Classical Acad. |
| Tristan Morris | Fr. | Spanaway, Wash. | Spanaway |
| Carsten Myers | Fr. | Tacoma, Wash. | Life Christian |
| Dainton Neff | Fr. | Bonney Lake, Wash. | White River |
| Logan Noble | So. | Spokane, Wash. | University |
| Brady Oletzke | Fr. | Spokane, Wash. | Lewis & Clark |
| Jayce Palm | So. | Spokane, Wash. | Mt. Spokane |
| Dylan Pratt | Sr. | Geneva, Illinois | Geneva Community |
| Trey Raiford | Fr. | Millwood, Wash. | West Valley |
| Austin Read | So. | Deer Park, Wash. | Deer Park |
| Jayden Richards | So. | Quincy, Wash. | Quincy |
| Cooper Rolfs | Gr. | Shoreline, Wash. | Kings Pacific, Ore. |
| Isaac Russell | Fr. | Spokane, Wash. | Mead |
| Cam Schmidt | So. | Kennewick, Wash. | Kamiakin |
| Adam Sessions | So. | Spokane, Wash. | University |
| Jeremiah Shahbaz | Fr. | Glendora, Calif. | Glendora |
| Carter Sherry | Fr. | La Center, Wash. | La Center |
| Jackson Sketchley | Fr. | Lake Forest Park, Wash. | Shorecrest |
| Jack Smith | Fr. | Lakewood, Wash. | Bellarmino Prep |
| Joseph Steinbach | Fr. | Liberty Lake, Wash. | Valley Christian |
| Blake Swenson | Fr. | Perham, Minn. | Perham |
| Andrew Ta | Fr. | Spanaway, Wash. | Spanaway |
| Connor Tolzman | Fr. | Arlington, Wash. | Arlington |
| Luke Twiss | So. | Vancouver, Wash. | Evergreen |
| Eddie Vu | Sr. | Walla Walla, Wash. | Walla Walla |
| Jotham Walugembe | Jr. | Kampala, Uganda | Rainboni International |
| Lucas Weigum | Fr. | Bellevue, Wash. | Eastside Catholic |
| Noah Wells | So. | Post Falls, Idaho | Post Falls |
| Cody Wheeler | Sr. | Hockinson, Wash. | Hockinson |
| Tommy Wirth | Sr. | Puyallup, Wash. | Emerald Ridge |

Whitworth Women's Roster

| Name | Yr. | Hometown | Prev. School |
|----------------------|-----|-------------------------|----------------------|
| Isaac Akiyama | Sr. | Olympia, Wash. | North Thur |
| Analia Avalos-McBain | So. | Walla Walla, Wash. | Walla Walla |
| Shannon Bell | So. | Entiat, Wash. | Entiat |
| Melissa Bineau | Fr. | Curlew, Wash. | Curlew |
| Brooke Bisson | Sr. | Puyallup, Wash. | Emerald Ridge |
| Grace Boast | Fr. | Ellensburg, Wash. | Ellensburg |
| Evie Bradbury | So. | Burlington, Wash. | Burlington-Edison |
| Emily Brown | Jr. | Trout Creek, Mont. | Noxon |
| Mikayla Buckley | Jr. | Nine Mile Falls, Wash. | Lakeside |
| Adison Carlson | So. | Polson, Mont. | Polson |
| Izzy Carpenter | So. | Spokane, Wash. | CC of Spokane |
| Madison Carr | Sr. | Spokane, Wash. | CC of Spokane |
| Kayden Carrington | So. | Brewster, Wash. | Brewster |
| Reegan Carstensen | Fr. | Odessa, Wash. | Odessa |
| Devyn Chelin | Jr. | Kennewick, Wash. | Kamiakan |
| Elizabeth Cornelius | Fr. | Missoula, Mont. | Sentinel |
| Madilyn Danaraj | So. | Spokane, Wash. | Ferris |
| Rylee Darnold | So. | Nine Mile Falls, Wash. | Lakeside |
| Ashlyn Dary | So. | Maple Valley, Wash. | Tahoma |
| Elisheva Davis | Jr. | Priest River, Idaho | CC of Spokane |
| Bethany Doggett | Fr. | Albany, Ore. | West Albany |
| Mallory Elliott | So. | Pasco, Wash. | Tri-Cities Prep |
| Natalie Ellis | Jr. | Missoula, Mont. | Big Sky |
| Peyton Fox | Jr. | Meridian, Idaho | CC of Spokane |
| Madison Frazier | So. | Olympia, Wash. | Olympia |
| Madeleine Froese | So. | Spokane, Wash. | Lewis & Clark |
| Kady Hammer | Fr. | Winthrop, Wash. | Liberty Bell |
| Hannah Higans | Sr. | Nine Mile Falls, Wash. | Lakeside |
| Isa Higgins | Fr. | La Center, Wash. | La Center |
| Alexia Jimenez | Jr. | Toppenish, Wash. | Toppenish |
| Ella Jones | Fr. | Freeman, Wash. | Freeman |
| Lily Jones | Jr. | Freeman, Wash. | Freeman |
| Cadence Lorenz | So. | Nine Mile Falls, Wash. | Lakeside |
| Kylie Loveless | Jr. | Helena, Mont. | Newport |
| Hope Madill | So. | Great Falls, Mont. | Charles M. Russell |
| Hannah Marcoe | Jr. | Moscow, Id. | Moscow |
| Shaloma McCay | So. | Everett, Wash. | Everett |
| Macayla Mills | Jr. | Everett, Wash. | Archbishop Murphy |
| Akeelis Muhammed | Fr. | Spokane, Wash. | Rogers |
| Claire Nardella | So. | Maple Valley, Wash. | Tahoma |
| Jacquelyn Oelke | Fr. | Gig Harbor, Wash. | Gig Harbor |
| Amblessed Okemgbo | Sr. | Medical Lake, Wash. | Medical Lake |
| Marlee Paget | So. | Burbank, Wash. | Columbia |
| Isabella Pereira | Jr. | Superior, Mont. | Superior |
| Kiana Quinabo | Fr. | Kula, Hawaii | King Kekaulike |
| Reagan Rich | Fr. | Lake Stevens, Wash. | Lake Stevens |
| Cheyenne Rodgers | Sr. | Snohomish, Wash. | Snohomish |
| Payton Schmidt | Fr. | Richland, Wash. | Hanford |
| Savana Severson | So. | Spokane Valley, Wash. | University |
| Kiera Smith | Fr. | Spokane, Wash. | Rogers |
| Julia Stiffler | Fr. | Battle Ground, Wash. | Battle Ground |
| Alexis Storey | So. | Spokane, Wash. | Lewis & Clark |
| Bella Thompson | Fr. | Richland, Wash. | Richland |
| Kezlie Thygesen | Jr. | Allyn, Wash. | North Mason |
| Brianna Tira | Jr. | Colorado Springs, Colo. | Falcon |
| Isabella Tolen | Fr. | Brewster, Wash. | Log Church Christian |
| Hannah Wynne | Fr. | Spokane, Wash. | Mead |



2025 NWC SP and discus champion Amblessed Okemgbo (Wtw)



2025 NWC hammer champion Roan Bashioum (Wil)

Willamette University

Location: Salem, Ore.
 Founded: 1842
 Nickname: Bearcats
 Colors: Cardinal and Old Gold
 Last Men's Championship: 2006
 Last Women's Championship: 2010
 Head Coach: Matt McGuirk

Assistant Coaches: Marissa Pariseau,
 Mitchell Kruse, Soren Sorensen,
 Rachael Kraske



Willamette Men's Roster

| Name | Yr. | Hometown | Prev. School |
|---------------------|-----|-----------------------|-------------------------|
| Judah Ali'ifuaSr. | Sr. | Salem, Ore. | West Salem HS |
| Roan Bashioum | Jr. | Salem, Ore. | North Salem HS |
| Cole Beneventi | So. | Ashland, Ore. | Ashland HS |
| Liam Bergevin | Jr. | Walla Walla, Wash. | Walla Walla HS |
| Thomas Bernadicou | Fy. | Menlo Park, Calif. | Menlo Atherton HS |
| Davandre Campbell | Fy. | Minneapolis, Minn. | Blake School |
| Nasir Campbell | Fy. | Dublin, Calif. | Mountain House HSI |
| Jay Chew | Sr. | Elk Grove, Calif. | Laguna Creek HS |
| Myles Crandall | Jr. | Monmouth, Ore. | Central HS |
| Finn Gibson | Jr. | New Paltz, N.Y. | New Paltz HS |
| Kayden Gonzales | Sr. | Ridgefield, Wash. | Hudson Bay HS |
| Caleb Graham | Jr. | Newberg, Ore. | Newberg HS |
| Gibson Hanowell | So. | Salem, Ore. | South Salem HS |
| Clate Harden | So. | Rifle, Colo. | Rifle HS |
| Dustin Harzmann | So. | Lake View Ter, Calif. | Verdugo Hills HS |
| Jack Hickey | Sr. | San Mateo, Calif. | Aragon HS |
| Parker Hisey | Sr. | Renton, Wash. | Kentridge HS |
| Elijah Jones | Sr. | Salem, Ore. | Central HS |
| Major LeProwse | Fy. | Tacoma, Wash. | Stadium HS |
| Adam Lewis | Jr. | Glendale, Calif. | Eagle Rock HS |
| Noah Lutz | Fy. | Salem, Ore. | Blanchet Catholic |
| Isaiah Martushev | So. | Woodburn, Ore. | Gervais HS |
| Treyton Marty | Fy. | Vader, Wash. | Toledo HS |
| Kaleb McArthur | Sr. | Independence, Ore. | Central HS |
| Tim McMahan | Fy. | Davis, Calif. | Davis HS |
| Steeley Mucken | Jr. | Silverton, Ore. | Silverton HS |
| Teague Myers | Fy. | Bend, Ore. | Caldera HS |
| Carson Naehr | Fy. | Issaquah, Wash. | Issaquah HS |
| Marcus Nalls | So. | Stockton, Calif. | Lincoln HS |
| Matthew Nivala | Jr. | Salem, Ore. | West Salem HS |
| Devin Owens | So. | Richmond, Calif. | Saint Mary's College HS |
| Owen Phillips | Fy. | Eugene, Ore. | Sheldon HS |
| Wyatt Santucci | Fy. | Colbert, Wash. | Mt Spokane HS |
| Austin Snodgrass | So. | Raymond, Wash. | Raymond HS |
| Sage Soto | Jr. | Kapolei, Hawaii | Kapolei HS |
| Brison Speakthunder | So. | Salem, Ore. | North Salem HS |
| Grant Sweitzer | Fy. | San Diego, Calif. | Rancho Bernardo HS |
| Brandon Todd | Fy. | Renton, Wash. | Liberty HS |
| Niko White | So. | Beaverton, Ore. | International School |
| Mason Williams | Sr. | Happy Valley, Ore. | Clackamas HS |

Willamette Women's Roster

| Name | Yr. | Hometown | Prev. School |
|-------------------------|-----|-------------------------|-----------------------|
| Juniper Ammirati | So. | Boise, Idaho | Boise HS |
| Lavender Bel | Jr. | Puyallup, Wash. | Graham-Kapowsin HS |
| Anna Bikle | Sr. | Woodside, Calif. | Half Moon Bay HS |
| Ada Boyd | Fy. | Signal Mountain, Tenn. | Signal Mountain HS |
| Wendy Brannon | Fy. | Bothell, Wash. | Bothell HS |
| Ellie Candell | Fy. | Seattle, Wash. | Seattle Academy |
| Nanea Cobb-Adams | Fy. | Honolulu, Hawaii | Iolani School |
| Mashani Coleman Toliver | Sr. | Bellevue, Wash. | Sammamish HS |
| Addie Gage | Sr. | Renton, Wash. | Liberty HS |
| Rachel Hamasaki | Fy. | Honolulu, Hawaii | Henry J. Kaiser HS |
| Elise Henderson | Fy. | Roseville, Calif. | Christian Brothers HS |
| Rema Holmes | Fy. | Waipahu, Hawaii | Punahou School |
| Janae Howard | So. | Stockton, Calif. | Lincoln HS |
| Olivia Jacobson | So. | Salem, Ore. | Sprague HS |
| Kenzie Lee | Sr. | Kaneohe, Hawaii | Mid-Pacific Institute |
| Anastasiia Lemesh | Sr. | Chernihiv, Ukraine | Ukraine N/A |
| Leilani Luu | Sr. | Colorado Springs, Colo. | Pine Creek HS |
| Amanda Mcarthur | So. | Independence, Ore. | Central HS |
| Sage Miller | Sr. | Valley Springs, Calif. | Calaveras High |
| Henri Osborne | So. | Spokane Valley, Wash. | Saint George's |
| Erica Snyder | Sr. | Longview, Wash. | Mark Morris HS |
| Whitley Stepp | Sr. | Silverton, Ore. | Regis HS |
| Ella Thompson | So. | Salt Lake Cty, Utah | West HS |
| Maya Willis | Fy. | Eugene, Ore. | Willamette HS |



2026 NWC sprints contender Lavender Bel (Wil)