L&C Larry Byerly Invitational

April 18-19, 2025

Main venue Eldon Fix Track, Lewis & Clark College, 615 S Palatine Hill Rd, Portland, OR

Fri. Throws Hanson Stadium, Pacific University, Forest Grove, OR 97116

Parking No parking fee. Team buses please park by the tennis dome.

Entries Open to all college, club, professional, and unattached athletes. Entries online through

<u>athletic.net</u> must be submitted by Tuesday, April 15th, 2025 at 11pm PDT. Entry fee of \$40 per individual with a team cap of \$450 per gender to be paid online during the registration process.

Start lists will be posted on www.live.tf by Wednesday, April 16th.

Scratches Please submit scratches on athletic.net or via e-mail to Chris Reed at reedi@lclark.edu as soon

as you have them. Heat sheets will be updated throughout the scratch process.

Check-in Running Events: Check in at the orange tent on the infield near the finish line. 400m and up will

receive hip numbers. 100m & 200m will be reseeded 30 minutes prior to the scheduled start of the event; all athletes must be checked in prior to this time. To comply with new NCAA rules, all athletes will be subject to a shoe inspection upon check-in. Please consult the World Athletics

Approved Shoe List.

Field Events: Check in for your event at the event site.

Weigh-ins For Friday throwing events, implement inspection will begin at 12:00 noon at

Pacific. For Saturday throwing events, weigh-ins will begin at 8:00 AM at the L&C track shed,

which is located near the 100m start line.

Heights Starting heights for high jump are 1.61m (men) and 1.38m (women). For pole

vault, starting heights are 3.52m (men) and 2.34m (women).

LJ / TJ In an effort to accept all horizontal jump entries, we will keep to a rolling schedule, with

estimates dictated on the schedule below. We will allow 30 minutes for general warm-up, 15 minutes for flight-specific warm-up and proceed directly into finals. If needed, we will allow early

flight finalists a few run-throughs in preparation for finals.

Results Live results will be available at www.live.tf during the meet. Results will be posted online at

<u>lcpioneers.com</u>, <u>athletic.net</u>, and <u>tfrrs.org</u> at the conclusion of the meet.

Restrooms Two locations: At the top of the stadium behind the grandstands, or in the Pamplin Sports

Center.

Medical Athletic Trainers will be on site beginning one hour prior to competition. Contact L&C Head

Athletic Trainer Jeremy Loew (iloew@lclark.edu) with any questions

FINAL Schedule of Events

(Updated as of April 16, 2025)
Live heat/flight sheets: live.tf

FIELD EVENTS Friday, April 18 (at Pacific University) 1:30pm W Javelin (2 flights)		RUNNING EVENTS <u>Saturday, April 19</u> (at Lewis & Clark) Heats run fast to slow	
~4:00pm	M Javelin (2 flights)	10:00am	W 10,000m (1 section)
1:30pm	M Hammer (3 flights)	10:50am	M 10,000m (1 section)
~4:30pm	W Hammer (3 flights)	11:35am	W 3k Steeplechase (1 section)
Saturday, April 19 (at Lewis & Clark)		11:55am	M 3k Steeplechase
9:00am	M High Jump		(1 section)
~12:00pm	W High Jump to follow	12:15pm	W 4x100m Relay (2 sections)
9:00am	W Long Jump (2 flights)	12:20pm	M 4x100m Relay
~11:00am	M Long Jump (4 flights)	·	(2 sections)
~2:00pm	W Triple Jump (2 flights)	12:30pm	W 1500m (3 sections)
~4:00pm	M Triple Jump (2 flights)	12:50pm	M 1500m (5 sections)
·		1:25pm	W 100mH (3 sections)
9:00am	W Pole Vault	1:40pm	M 110mH (3 sections)
~12:45pm	M Pole Vault	2:00pm	W 400m (3 sections)
		2:10pm	M 400m (6 sections)
10:00am	M Shot Put (3 flights)	2:35pm	W 100m (7 sections)
~12:45pm	W Shot Put (3 flights)	2:50pm	M 100m (13 sections)
		3:15pm	W 800m (4 sections)
10:00am	W Discus (3 flights)	3:30pm	M 800m (6 sections)
~1:00pm	M Discus (3 flights)	4:00pm	W 400mH (3 sections)
		4:15pm	M 400mH (3 sections)
		4:30pm	W 200m (9 sections)
		4:50pm	M 200m (12 section)
		5:15pm	W 5000m (1 section)
		5:40pm	M 5000m (2 sections)
		6:25pm	W 4x400m Relay (2 sections)
		6:35pm	M 4x400m Relay (2 sections)