



Lewis & Clark Sports Medicine  
New Student-Athlete  
Medical Eligibility Instructions



# General Information

- **July 15, 2026** is the preferred deadline to complete all forms.
- All physical examinations must be done **AFTER June 1, 2026.**
- Your physical must be submitted on the [L&C Physical Exam form](#). **Substitute forms will not be accepted.**
- A copy of your primary insurance card is **required.**



# General Information

- All first-year student-athletes are **required** to submit medical documentation of a sickle cell trait blood test. This is an NCAA requirement.
- All medical documentation must be complete **before** you are medically cleared to begin participation.
- Please **DO NOT** send hard copies to the Sports Medicine department. All paperwork should be submitted via SportsWare unless otherwise instructed to do so.

# Creating a personal account in SportsWare

- Go to [www.swol123.net](http://www.swol123.net)
- Click “Join SportsWare”

**SPORTSWARE ONLINE™**

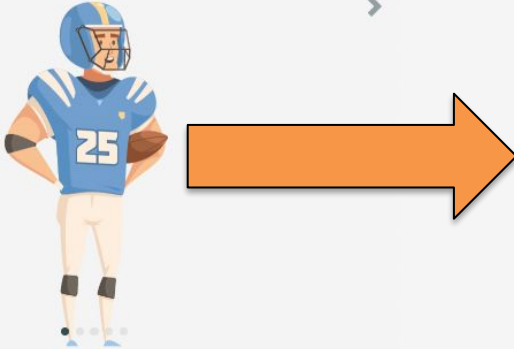
Athletes: 4,405,751 | Treatments: 28,617,280  
Injuries: 8,512,503 | ATC's Online: 67

We've Moved! - Request an Updated W-9!

## New Athlete Joining?

If you need helping creating your account for the first time check out our help article below.

[GET HELP](#)



**SIGN IN**

e-Mail

Password

[Login](#)

[Reset Password / Forgot Password](#)

**SINGLE SIGN-IN**

[Login](#)

**ATHLETE/PARENT**

Want to join Sportsware?

[Join SportsWare](#)

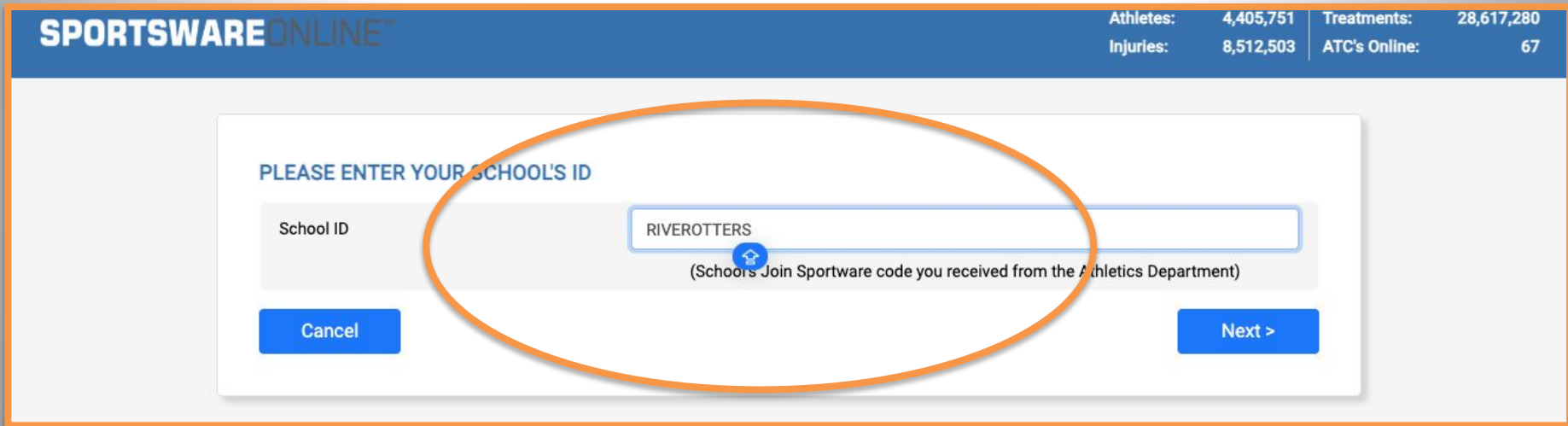
**NEED AN ANSWER NOW?**

[FAQs - Users Manual](#)

[https://www.swol123.net/\(S\(t3h0cv554vq2wse5h3eirfne\)\)/Default.aspx#mvCarousel](https://www.swol123.net/(S(t3h0cv554vq2wse5h3eirfne))/Default.aspx#mvCarousel)

# School ID = RIVEROTTERS

- Enter “**RIVEROTTERS**” in the “School ID” field



The screenshot shows the Sportsware Online interface. At the top, there is a blue header with the text "SPORTSWARE ONLINE™" on the left and statistics on the right: "Athletes: 4,405,751", "Injuries: 8,512,503", "Treatments: 28,617,280", and "ATC's Online: 67". Below the header is a white form area with the title "PLEASE ENTER YOUR SCHOOL'S ID". Inside the form, there is a "School ID" label and a text input field containing "RIVEROTTERS". Below the input field is a small blue house icon and the text "(Schools Join Sportware code you received from the Athletics Department)". At the bottom of the form, there are two blue buttons: "Cancel" on the left and "Next >" on the right. An orange oval highlights the "RIVEROTTERS" text in the input field.

- Click “Next”

PLEASE INPUT YOUR INFORMATION TO JOIN SPORTSWARE

Athlete's First Name

Athlete's Last Name

Athlete's Date of birth



No

Register as a Parent

Email

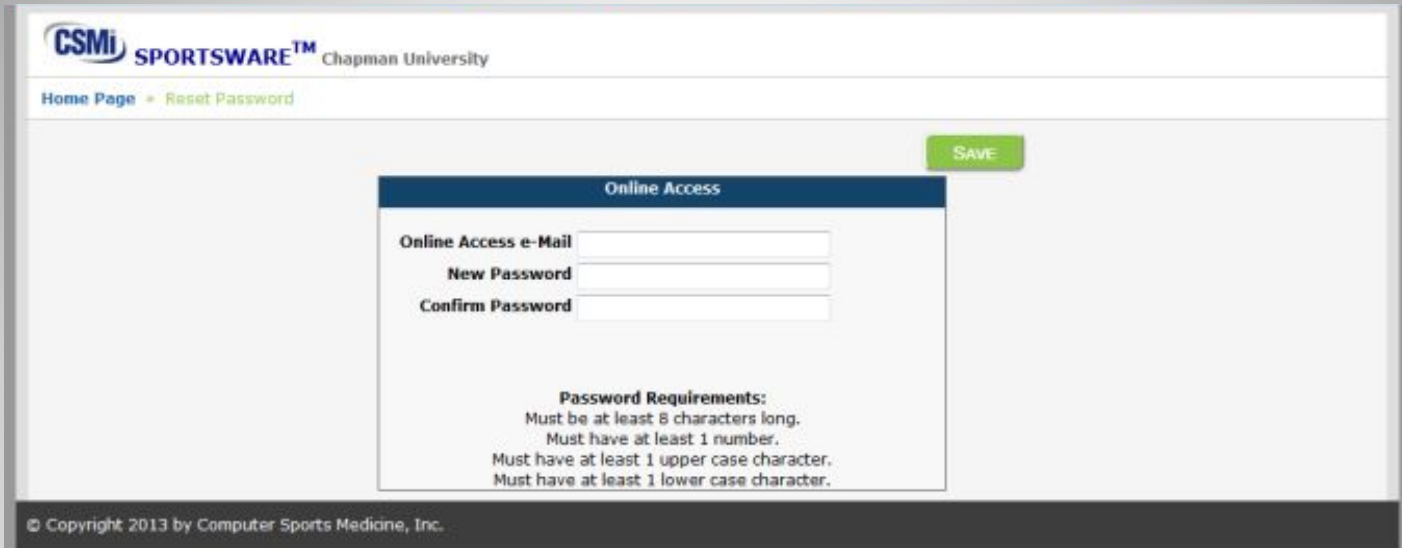
(If athlete is a minor you can use a parent's e-mail address)

Select your school/college

Send

Cancel

- Enter your first name, last name, and date of birth
- Enter your @lclark.edu email address.
- Select “Lewis & Clark” for school/college.
- Please do not attempt to register as a parent. We have disabled this feature.
- Click “SEND”
- Once you have clicked send, a notice will be sent to the L&C Sports Medicine department asking that you be approved to join our group.
- Once your request has been accepted (this may take 1-2 business days) you will receive an email from “admin@swol123.net” which will instruct you to setup your password and login.
- After you have set up your password you will be able to input all your information, complete required forms and upload required documents.



- Your online access e-mail is your L&C email ([you@lclark.edu](mailto:you@lclark.edu)) that you supplied earlier.
- Create a password that meets the password requirements.
- Please save and remember this information.
- Once you have clicked “SAVE” you will receive a confirmation via email to login to SportsWare.

# Logging into SportsWare

- Go to [www.swol123.net](http://www.swol123.net)
- Enter your email and password

**SPORTSWARE ONLINE™**


Athletes: 4,405,751 | Treatments: 28,617,280  
Injuries: 8,512,503 | ATC's Online: 67

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**SINGLE SIGN-IN**

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**ATHLETE/PARENT**

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[https://www.swol123.net/\(S\(t3h0cy554vq2wse5h3eirfne\)\)/Default.aspx#myCarousel](https://www.swol123.net/(S(t3h0cy554vq2wse5h3eirfne))/Default.aspx#myCarousel)

# Click “My Info”

**SPORTSWARE ONLINE™** Question

We've Moved! - Request an Updated W-9!

Athlete: Loew, Jeremy  
Page: Dashboard 🔔 | 🚪 Logout

-  **My Info** ←
-  Med History
-  Treatment
-  PHQ9
-  Forms
-  Print
-  Logout...

### ATHLETE PORTAL - ATHLETE

Forms: You have 0 form(s) to complete/download.

#### Status

Last COVID form: N/A  
Your Athlete Information is **INCOMPLETE**. Please click [here](#) to complete it.

Game Status: Full go  
Practice Status: Full go

#### Notices And Handbooks

	Title
<a href="#">Open</a>	Return to Athletics Form
<a href="#">Open</a>	L&C Physical Exam Form

Show:  Today  This Week

< May 2026 >

S	M	T	W	T	F	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Calendar

Athlete: Loew, Jeremy  
Page: Athlete General

Save

Cancel

General Address Emergency Insurance Medical Alerts

## GENERAL

First Name	Jeremy
Middle Name	
Last Name	Loew
ID	545454545
SSN	
Grad Class	Senior
Birth Sex	
Gender Identity	
Birth Date	Required

## ATHLETE PICTURE



Choose File No file chosen

+ Add

## ATHLETE ONLINE ACCESS

Online Access e-Mail	
Cell Phone	Required
Existing Password	*****
New Password	
Confirm Password	
Password Requirements: Must be at least 6 characters long. Must have at least 1 number.	

## SPORTS/GROUP

Sport 1	Rodeo
Sport 2	
Sport 3	
Current	<input checked="" type="radio"/> Sport 1 <input type="radio"/> Sport 2 <input type="radio"/> Sport 3
Group:	Lewis & Clark

- Go through each of the 6 tabs at the top of the screen and input all information.
- In the “ID” field, please input your L&C Student ID number.
- Under “Athlete Picture” please upload a headshot. (Please do not use an action shot or family picture).
- Do not input your social security number. **IT IS NOT REQUIRED AND WE DON'T WANT OR NEED IT.**
- Click “SAVE” when all information is complete.

PRIMARY INSURANCE COMPANY Lookup

Verify

Company

Address Required

Address2

City Required

State Required

Zip Code Required

Phone Required

Billing ID

Policy Holder

Last Name

First Name

Middle Initial

Address

Address2

City

State

Zip Code

Phone

Birth Date Required

Member ID

Policy Information

Policy # Required

Group #

Plan Required

Type Required

See First

Phone

Insurance Card

Upload Insurance Card  Choose File No file chosen

Front: Not Uploaded \* + Add

SECONDARY INSURANCE COMPANY Lookup

Company

Address

Address2

City

State

Zip Code

Phone

Billing ID

Policy Holder

Last Name

First Name

Middle Initial

Address

Address2

City

State

Zip Code

Phone

Birth Date

Member ID

Policy Information

Policy #

Group #

Plan

Type

See First

Phone

Insurance Card

Upload Insurance Card  Choose File No file chosen

Front: Not Uploaded + Add

- Under the “INSURANCE” tab, please input all necessary information from your primary health insurance.
- “Policy” = your insurance ID or member number
- At the bottom of the page, click “Add” to upload an image of the front and back of your insurance card. **THIS IS REQUIRED!**
- Please provide secondary insurance information (including images of your card) if you have your own secondary insurance plan, not the plan carried by the athletic department.

Athlete: Loew, Jeremy  
Page: Athlete Medical

✓ Save   ✕ Cancel

General   Address   Emergency   Insurance   **Medical**   Alerts

#### ALERTS

<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

#### IMMUNIZATIONS

#### DRUGS TAKEN

Medication

Notes

#### DOCTOR

Name

National Provider Identifier (NPI)

[Search NPI Registry](#)

Phone

- Click on the “Medical” tab.
- Add any medical alerts (i.e. asthma, allergies, diabetes, etc)
- Add the name of each medication you take. Press “Add” after each medication.
- Click “Save” in the upper right corner when you are done.



My Info



Med History



COVID-19



Forms



Print



Logout...

## ATHLETE PORTAL - ATHLETE

**Forms:** You have **8** form(s) to complete/download.

### Status

Last COVID form: N/A

Your Athlete Information is **INCOMPLETE**. Please click [here](#) to complete it.

**Game Status:**

**Practice Status:**

Cleared To Play: No

### Notices And Handbooks

	Title
<a href="#">Open</a>	Return to Athletics Form
<a href="#">Open</a>	PreParticipation Physical Form 2021-22

< May 2021 >

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Calendar

Click the “Forms” button to complete required electronic forms.



## ATTACHMENTS

 Include Obsolete Attachments

	Title	Date Uploaded	Required	Obsolete	Signed By	Date Signed	Status
<a href="#">Select</a>	Release of Health Info 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED
<a href="#">Select</a>	Statement of Insurance Coverage 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED
<a href="#">Select</a>	Injury & Illness Report Form 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED
<a href="#">Select</a>	Health History 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED

- **Select and open each of the documents listed.**
- **Please carefully read each document before electronically signing.**
- **Open the Injury & Illness Reporting form. Click on the links embedded in the form and review the educational factsheets and videos on Sickle Cell trait and concussions. Electronically sign this document after you have reviewed the educational materials.**
- **Open and complete the Health History Questionnaire. Please give a complete explanation for any “yes” answer.**
- **There is no need to download these forms. They are fillable PDFs that should be completed, signed, and submitted through SportsWare.**

Athlete: Loew, Jeremy  
Page: PDF Editor

 Save/Validate

 Close

View: Fit 50% 100% 200%



Lewis & Clark College Sports Medicine  
Health History Information

Academic Year 2024

- After completing each form, click “Save & Submit”.
- Click “Continue to Signing”.

 Close

**ELECTRONIC SIGNATURE**

**By entering my name, checking the Electronic Signature box, and clicking on the button, I certify that the information provided herein is true and complete to the best of my knowledge.**

First Name:

Middle Initial:

Last Name:

No

I acknowledge that I am electronically signing this request.

Sign & Submit

Make Changes

- Enter your name, acknowledge that you are signing electronically, and click “Sign & Submit”.



My Info

Med History

COVID-19

Forms

Print

Logout...

## ATHLETE PORTAL - ATHLETE

**Forms:** You have 8 form(s) to complete/download.**Status**

Last COVID form: N/A

Your Athlete Information is **INCOMPLETE**. Please click [here](#) to complete it.**Game Status:****Practice Status:**

Cleared To Play: No

**Notices And Handbooks**

	Title
<a href="#">Open</a>	Return to Athletics Form
<a href="#">Open</a>	PreParticipation Physical Form 2021-22

&lt; May 2021 &gt;

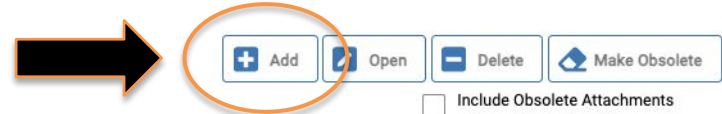
S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Calendar

Under “Notices And Handbooks” you will find downloadable documents.

- **The L&C Physical Examination Form**
  - Take this form to your physical exam and have the physician complete it.
  - The physician who performs your physical exam must complete the L&C form.  
**SUBSTITUTE FORMS WILL NOT BE ACCEPTED.**
- **Return to Athletics Form**
  - Use this form if you require addition medical clearance from an ongoing health issue, surgery, or other medical illness or injury. Use the guidelines in the 1<sup>st</sup> Year Student-Athlete Checklist to see if you need this form.

## ATTACHMENTS



	Title	Date Uploaded	Required	Obsolete	Signed By	Date Signed	Status
Select	Release of Health Info 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED
Select	Statement of Insurance Coverage 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED
Select	Injury & Illness Report Form 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED
Select	Health History 2627	5/27/2026 10:15:01 AM	Required	Current			NOT STARTED

- Once you have had your physical exam and the doctor has completed the L&C Physical Exam Form, scan and save it to your computer.
- Click “Add” on the top right of the screen and upload the document.
- Use this same “Add” function to upload medical documentation of your Sickle Cell Trait blood test and the L&C Return To Athletics form (if necessary).
- Please name your physical exam **“2026 Physical”** when you upload it.
- Please name your sickle cell trait documentation **“Sickle Cell Trait Report”** when you upload it.

- If you have problems or questions please contact Jeremy Loew, (503) 768-7032/[jloew@lclark.edu](mailto:jloew@lclark.edu) or Tara Boatman (503) 768-7551/[boatman@lclark.edu](mailto:boatman@lclark.edu) in the Sports Medicine office.
- **Please submit all information by July 15, 2026.**

