

Double Duel, GFU vs L&C, L&C vs. UPS - 11/15/2024

Results - Timed Finals

Event 1 Women 200 Yard Medley Relay

| Team | Relay | Finals Time |
|----------------------------|----------------------------|-------------|
| 1 UPS | A | 1:54.64 |
| 1) McGuire, Harper A FR | 2) Link, Trinity J FR | |
| 3) Brennan, Madeleine L JR | 4) Zipay, Holly B JR | |
| 30.50 30.96 | 27.07 26.11 | |
| 2 L&C | A | 1:56.84 |
| 1) Cummings, Angie SO | 2) Linkow, Dahlia R SO | |
| 3) Gaffoor, Aniqah JR | 4) Stephan, Ella J SR | |
| 29.72 35.67 | 25.34 26.11 | |
| 3 UPS | B | 1:58.77 |
| 1) Lihou, Pia M FR | 2) McClafferty, Camille FR | |
| 3) Fronek, Kaya P JR | 4) Guillen, Sara SR | |
| 30.94 32.76 | 28.03 27.04 | |
| 4 GFU | A | 1:58.86 |
| 1) Urback, Jesse SO | 2) Parker, Riley SO | |
| 3) Hoover, Ellie SO | 4) Smith, Mia JR | |
| 31.55 32.54 | 28.77 26.00 | |
| 5 UPS | C | x2:04.53 |
| 1) Clement, Molly SO | 2) Franco, Lara SR | |
| 3) Gaspar, Sofia SR | 4) Mercado, Amelia S SO | |
| 33.62 38.08 | 30.10 22.73 | |
| 6 GFU | B | 2:10.29 |
| 1) Stapelman, Zoey FR | 2) Harmon, Claire JR | |
| 3) Rodgers, Allison FR | 4) Roche, Abby SO | |
| 32.87 35.91 | 31.81 29.70 | |

Event 2 Men 200 Yard Medley Relay

| Team | Relay | Finals Time |
|-----------------------------|-------------------------------|-------------|
| 1 UPS | A | 1:36.95 |
| 1) Cabana, Will E SO | 2) Mielke, Lance P SR | |
| 3) Wencel, Campbell N SO | 4) Burden, Emory SO | |
| 16.84 34.32 | 24.11 21.68 | |
| 2 UPS | B | 1:38.47 |
| 1) Tsang, Brandon C FR | 2) Grinstead, Elijah S GS | |
| 3) Lyon, Sam K FR | 4) Liu, Joel FR | |
| 26.32 27.22 | 23.16 21.77 | |
| 3 L&C | A | 1:40.44 |
| 1) Frei, Isaiah L FR | 2) Anderson, Isaac M SR | |
| 3) Rysavy, Micah SR | 4) Billings, Ezra JR | |
| 22.31 34.19 | 23.59 20.35 | |
| 4 GFU | A | 1:42.91 |
| 1) Maberry, August SO | 2) Gray, Jared SO | |
| 3) Alexander, Cameron JR | 4) Valenzuela, Aries SR | |
| 26.92 29.22 | 24.23 22.54 | |
| 5 GFU | B | 1:44.96 |
| 1) McLellan, Christopher SO | 2) Nordeng, Strom SO | |
| 3) Oprea, Kaden SO | 4) Greene, Wyatt SO | |
| 21.93 34.77 | 25.12 23.14 | |
| 6 UPS | C | x1:45.44 |
| 1) Tsuji, Taro T SO | 2) Schermerhorn, Michael J FR | |
| 3) Kirk, Bryce L FR | 4) Cezar, Logan FR | |
| 28.63 28.68 | 26.08 22.05 | |

Event 3 Women 1000 Yard Freestyle

| Name | YrSchool | Finals Time |
|---------------------|----------|-------------|
| 1 Dicey, Kaylee | JR GFU | 11:39.01 |
| 29.95 33.33 34.74 | | 35.23 |
| 35.05 35.06 35.06 | | 35.69 |
| 35.79 35.49 35.92 | | 35.16 |
| 35.79 35.64 35.41 | | 35.73 |
| 35.53 35.59 1:08.85 | | |
| 2 Justus, Sophie | SO L&C | 12:30.38 |
| 32.25 36.50 38.53 | | 38.62 |
| 37.39 38.19 38.55 | | 37.54 |
| 37.81 37.90 37.17 | | 37.87 |
| 38.14 38.61 38.08 | | 38.42 |
| 38.02 38.97 37.14 | | 34.68 |
| 3 Roche, Abby | SO GFU | 12:34.28 |
| 33.50 37.47 38.25 | | 37.99 |
| 38.19 38.18 37.38 | | 37.84 |
| 38.18 37.65 37.55 | | 38.11 |
| 38.24 38.49 38.37 | | 38.46 |
| 38.46 38.22 37.10 | | 36.65 |
| 4 Stoye, Belinda | FR GFU | 13:20.12 |
| 33.61 39.14 40.84 | | 39.75 |
| 39.85 40.70 40.98 | | 41.05 |
| 40.91 41.10 41.11 | | 40.95 |
| 41.10 41.10 38.66 | | 40.85 |
| 41.29 41.15 39.09 | | 36.89 |

Event 4 Men 1000 Yard Freestyle

| Name | YrSchool | Finals Time |
|---------------------|----------|-------------|
| 1 Spicer, Michael W | JR L&C | 10:30.40 |
| 27.73 31.27 31.43 | | 31.40 |
| 31.59 31.33 31.79 | | 32.40 |
| 31.96 32.25 31.60 | | 31.77 |
| 32.22 32.24 31.65 | | 31.18 |
| 31.81 31.82 32.27 | | 30.69 |
| 2 Ringel, Aidan | SR L&C | 10:46.55 |
| 28.51 31.14 32.11 | | 32.45 |
| 32.60 32.69 32.57 | | 32.66 |
| 33.40 33.19 32.85 | | 33.10 |
| 33.05 33.45 33.11 | | 31.80 |
| 32.60 31.99 31.93 | | 31.35 |
| 3 Legere, Gavin M | FR UPS | 10:55.03 |
| 28.63 31.04 31.67 | | 31.95 |
| 32.15 32.17 31.99 | | 32.32 |
| 33.07 32.96 32.67 | | 32.80 |
| 33.50 33.84 33.83 | | 33.44 |
| 35.04 34.29 34.83 | | 32.84 |
| 4 Hugo, Micah | FR GFU | 10:59.84 |
| 28.59 31.97 31.92 | | 32.88 |
| 32.82 32.63 32.97 | | 32.71 |
| 33.00 33.46 33.35 | | 33.78 |
| 34.08 34.07 34.53 | | 33.22 |
| 35.22 34.53 32.42 | | 31.69 |

Double Duel, GFU vs L&C, L&C vs. UPS - 11/15/2024

Results - Timed Finals

(Event 4 Men 1000 Yard Freestyle)

| Name | YrSchool | | Finals Time | |
|--------------------|----------|-------|-------------|-------|
| 5 Rohrbach, Austin | JR | GFU | 11:24.24 | |
| | 28.66 | 32.59 | 33.73 | 34.81 |
| | 34.29 | 35.17 | 35.22 | 34.31 |
| | 35.42 | 34.33 | 35.02 | 35.37 |
| | 34.62 | 35.28 | 35.48 | 34.68 |
| | 35.00 | 34.33 | 32.81 | 33.12 |
| 6 Nilsen, Blake | JR | GFU | 11:55.16 | |
| | 29.79 | 32.89 | 34.28 | 35.94 |
| | 35.27 | 35.93 | 35.74 | 35.59 |
| | 36.30 | 35.56 | 34.97 | 36.04 |
| | 37.19 | 37.25 | 37.82 | 37.01 |
| | 38.31 | 37.60 | 37.45 | 34.23 |

Event 5 Women 200 Yard Freestyle

| Name | YrSchool | | Finals Time | |
|--------------------|----------|-------|-------------|-------|
| 1 Knox, Laurel | JR | GFU | 2:04.06 | |
| | 29.23 | 32.00 | 32.12 | 30.71 |
| *2 Urback, Jesse | SO | GFU | 2:05.06 | |
| | 28.79 | 32.09 | 33.10 | 31.08 |
| *2 Barton, Elise C | JR | L&C | 2:05.06 | |
| | 28.88 | 31.79 | 32.55 | 31.84 |
| 4 Parker, Riley | SO | GFU | 2:05.14 | |
| | 28.82 | 32.12 | 33.24 | 30.96 |
| 5 Rowan, Ayla | FR | UPS | 2:05.35 | |
| | 29.29 | 31.94 | 32.65 | 31.47 |
| 6 Hurty, Claire S | FR | L&C | 2:07.59 | |
| | 30.18 | 32.50 | 32.38 | 32.53 |
| 7 Linkow, Dahlia R | SO | L&C | 2:11.91 | |
| | 30.06 | 33.30 | 34.44 | 34.11 |
| 8 Clement, Molly | SO | UPS | 2:13.75 | |
| | 31.06 | 33.49 | 34.39 | 34.81 |
| 9 Stephan, Ella J | SR | L&C | x2:15.62 | |
| | 31.82 | 34.81 | 34.55 | 34.44 |
| 10 Stoye, Belinda | FR | GFU | x2:31.70 | |
| | 34.34 | 39.30 | 40.80 | 37.26 |

Event 6 Men 200 Yard Freestyle

| Name | YrSchool | | Finals Time | |
|---------------------------|----------|-------|-------------|-------|
| 1 Lyon, Sam K | FR | UPS | 1:45.49 | |
| | 23.38 | 27.07 | 27.52 | 27.52 |
| 2 Rysavy, Micah | SR | L&C | 1:47.00 | |
| | 24.60 | 26.62 | 27.42 | 28.36 |
| 3 Locurto, Sam J | FR | L&C | 1:50.51 | |
| | 25.81 | 27.26 | 28.73 | 28.71 |
| 4 Greene, Wyatt | SO | GFU | 1:53.00 | |
| | 25.15 | 28.20 | 29.60 | 30.05 |
| 5 Latin, Jeremiah | FR | GFU | 1:56.07 | |
| | 26.32 | 29.05 | 30.51 | 30.19 |
| 6 Ringel, Aidan | SR | L&C | 1:57.64 | |
| | 27.03 | 29.60 | 30.88 | 30.13 |
| 7 Liu, Joel | FR | UPS | 1:59.52 | |
| | 26.38 | 30.24 | 32.02 | 30.88 |
| 8 Schermerhorn, Michael J | FR | UPS | 1:59.73 | |
| | 27.18 | 32.09 | 31.47 | 28.99 |
| 9 Jansen, Tobin | SO | GFU | 2:02.66 | |
| | 28.11 | 31.33 | 32.00 | 31.22 |

| | | | | | |
|-----|---------------|-------|-------|----------|--|
| --- | Strock, Micah | FR | GFU | X2:05.66 | |
| | 28.33 | 31.90 | 33.06 | 32.37 | |

Event 7 Women 100 Yard Backstroke

| Name | YrSchool | | Finals Time | |
|---------------------|----------|-------|-------------|--|
| 1 Cummings, Angie | SO | L&C | 1:03.16 | |
| | 30.84 | 32.32 | | |
| 2 McGuire, Harper A | FR | UPS | 1:04.95 | |
| | 31.70 | 33.25 | | |
| 3 Tewinkel, Jane C | JR | L&C | 1:05.17 | |
| | 31.83 | 33.34 | | |
| 4 Lihou, Pia M | FR | UPS | 1:06.81 | |
| | 32.21 | 34.60 | | |
| 5 Stapelman, Zoey | FR | GFU | 1:09.31 | |
| | 33.83 | 35.48 | | |
| 6 Rodgers, Allison | FR | GFU | 1:16.09 | |
| | 36.67 | 39.42 | | |
| 7 Rios, Ainsley G | SO | L&C | 1:24.92 | |
| | 40.97 | 43.95 | | |
| 8 Mann, Josephine | JR | L&C | x1:25.23 | |
| | 41.68 | 43.55 | | |

Event 8 Men 100 Yard Backstroke

| Name | YrSchool | | Finals Time | |
|-------------------------|----------|-------|-------------|--|
| 1 Cabana, Will E | SO | UPS | 52.30 | |
| | 25.31 | 26.99 | | |
| 2 Valenzuela, Aries | SR | GFU | 54.41 | |
| | 26.42 | 27.99 | | |
| 3 Tsang, Brandon C | FR | UPS | 56.25 | |
| | 27.10 | 29.15 | | |
| 4 Cunningham, Joshua T | SR | UPS | 57.22 | |
| 5 Frei, Isaiah L | FR | L&C | 58.49 | |
| | 28.42 | 30.07 | | |
| 6 Maberry, August | SO | GFU | 59.44 | |
| | 15.61 | 43.83 | | |
| 7 Holmberg, Ian E | SR | L&C | 59.73 | |
| | 28.19 | 31.54 | | |
| 8 McLellan, Christopher | SO | GFU | 1:01.44 | |
| | 29.70 | 31.74 | | |
| 9 Tonseth, Owen | JR | GFU | x1:01.58 | |
| | 29.76 | 31.82 | | |
| 10 Beatty, Aidan | SO | L&C | 1:13.33 | |

Event 9 Women 100 Yard Breaststroke

| Name | YrSchool | | Finals Time | |
|---------------------|----------|-------|-------------|--|
| 1 Link, Trinity J | FR | UPS | 1:08.29 | |
| | 31.60 | 36.69 | | |
| 2 Franco, Lara | SR | UPS | 1:13.26 | |
| | 34.27 | 38.99 | | |
| 3 Mercado, Amelia S | SO | UPS | 1:14.39 | |
| | 35.02 | 39.37 | | |
| 4 Hoover, Ellie | SO | GFU | 1:14.69 | |
| | 35.56 | 39.13 | | |
| 5 Linkow, Dahlia R | SO | L&C | 1:14.95 | |
| | 35.52 | 39.43 | | |
| 6 Gray, Heidi | FR | GFU | 1:16.79 | |
| | 37.03 | 39.76 | | |
| 7 Schroeder, Aj J | JR | L&C | 1:17.92 | |
| | 37.16 | 40.76 | | |

Double Duel, GFU vs L&C, L&C vs. UPS - 11/15/2024

Results - Timed Finals

(Event 9 Women 100 Yard Breaststroke)

| Name | Yr | School | Finals Time |
|------------------|-------|--------|-------------|
| 8 Harmon, Claire | JR | GFU | 1:20.20 |
| 38.15 | 42.05 | | |
| 9 Gimon, Ella | JR | L&C | 1:22.14 |
| 38.48 | 43.66 | | |

Event 10 Men 100 Yard Breaststroke

| Name | Yr | School | Finals Time |
|-----------------------|-------|--------|-------------|
| 1 Mielke, Lance P | SR | UPS | 59.01 |
| 27.69 | 31.32 | | |
| 2 Grinstead, Elijah S | GS | UPS | 1:00.16 |
| 27.66 | 32.50 | | |
| 3 Gray, Jared | SO | GFU | 1:04.09 |
| 30.68 | 33.41 | | |
| 4 Anderson, Isaac M | SR | L&C | 1:04.37 |
| 31.15 | 33.22 | | |
| 5 Nordeng, Strom | SO | GFU | 1:04.50 |
| 29.61 | 34.89 | | |
| 6 Goetsch, Devin | FR | UPS | 1:06.23 |
| 31.32 | 34.91 | | |
| 7 Sackreiter, Kai | FR | UPS | x1:06.35 |
| 30.51 | 35.84 | | |
| 8 Moreland, Cody | SO | GFU | 1:07.58 |
| 32.33 | 35.25 | | |
| 9 Hall, Dylan | FR | GFU | x1:07.74 |
| 31.74 | 36.00 | | |
| 10 Ziegler, Colin | SO | L&C | 1:10.90 |
| 33.45 | 37.45 | | |
| --- Tsuji, Taro T | SO | UPS | X1:08.75 |
| 32.28 | 36.47 | | |

Event 11 Women 200 Yard Butterfly

| Name | Yr | School | Finals Time |
|------------------------|-------|--------|-------------|
| 1 Brennan, Madeleine L | JR | UPS | 2:15.77 |
| 30.21 | 33.89 | 35.09 | 36.58 |
| 2 Ollenburg, Lelia L | FR | UPS | 2:30.14 |
| 31.74 | 38.22 | 39.37 | 40.81 |
| 3 Dicey, Kaylee | JR | GFU | 2:36.13 |
| 33.28 | 38.97 | 41.92 | 41.96 |
| 4 Meyers, Julia G | SR | UPS | 2:50.84 |
| 36.28 | 42.18 | 45.01 | 47.37 |
| 5 Nardella, Abbey | SR | GFU | 3:29.11 |
| 45.16 | 51.85 | 55.26 | 56.84 |

Event 12 Men 200 Yard Butterfly

| Name | Yr | School | Finals Time |
|----------------------|-------|--------|-------------|
| 1 Kirk, Bryce L | FR | UPS | 1:58.23 |
| 25.99 | 30.07 | 30.62 | 31.55 |
| 2 Spicer, Michael W | JR | L&C | 2:02.25 |
| 27.96 | 30.07 | 32.84 | 31.38 |
| 3 Rysavy, Micah | SR | L&C | 2:06.91 |
| 28.26 | 32.55 | 34.09 | 32.01 |
| 4 Alexander, Cameron | JR | GFU | 2:07.01 |
| 27.27 | 32.07 | 32.93 | 34.74 |
| 5 Buchanan, Aiden | FR | GFU | 2:08.68 |
| 27.86 | 32.03 | 34.11 | 34.68 |
| 6 Francis, Jaden | SR | UPS | 2:10.33 |
| 27.99 | 32.31 | 34.61 | 35.42 |

| | | | |
|---------------------|-------|-------|----------|
| 7 Larson, Nicholas | FR | UPS | 2:12.01 |
| 28.39 | 33.65 | 34.92 | 35.05 |
| 8 Flannery, Kevin A | FR | UPS | x2:12.95 |
| 28.55 | 33.32 | 34.88 | 36.20 |
| 9 Temple, Joe | FR | GFU | 2:19.29 |
| 32.01 | 33.65 | 37.62 | 36.01 |
| 10 Jansen, Tobin | SO | GFU | x2:21.34 |
| 30.18 | 33.37 | 38.47 | 39.32 |

Event 13 Women 50 Yard Freestyle

| Name | Yr | School | Finals Time |
|---------------------|----|--------|-------------|
| 1 Barton, Elise C | JR | L&C | 25.52 |
| 2 Parker, Riley | SO | GFU | 25.89 |
| 3 Schroeder, Aj J | JR | L&C | 26.28 |
| 4 Gaffoor, Aniqah | JR | L&C | 26.31 |
| 5 Smith, Mia | JR | GFU | 26.59 |
| 6 Rowan, Ayla | FR | UPS | 27.32 |
| 7 Fronek, Kaya P | JR | UPS | 27.52 |
| 8 Guillen, Sara | SR | UPS | 27.53 |
| 9 Rodgers, Allison | FR | GFU | 29.47 |
| 10 Mann, Josephine | JR | L&C | x32.19 |
| 11 Jacobs, Ariana | SO | GFU | x32.43 |
| --- Rios, Ainsley G | SO | L&C | X30.46 |

Event 14 Men 50 Yard Freestyle

| Name | Yr | School | Finals Time |
|-------------------|----|--------|-------------|
| 1 Billings, Ezra | JR | L&C | 20.90 |
| 2 Burden, Emory | SO | UPS | 21.70 |
| 3 Maberry, August | SO | GFU | 23.17 |
| 4 Cezar, Logan | FR | UPS | 23.25 |
| 5 Oprea, Kaden | SO | GFU | 24.20 |
| 6 Gray, Jared | SO | GFU | 24.69 |
| 7 Ziegler, Colin | SO | L&C | 25.54 |
| 8 Beatty, Aidan | SO | L&C | 26.95 |
| --- Luna, Mason | JR | GFU | X25.08 |
| --- Hugo, Micah | FR | GFU | X25.40 |

Event 15 Women 100 Yard Freestyle

| Name | Yr | School | Finals Time |
|--------------------|-------|--------|-------------|
| 1 Link, Trinity J | FR | UPS | 53.95 |
| 26.31 | 27.64 | | |
| 2 Barton, Elise C | JR | L&C | 56.69 |
| 27.79 | 28.90 | | |
| 3 Smith, Mia | JR | GFU | 57.67 |
| 27.47 | 30.20 | | |
| 4 Zipay, Holly B | JR | UPS | 58.64 |
| 28.01 | 30.63 | | |
| 5 Guillen, Sara | SR | UPS | 58.73 |
| 28.39 | 30.34 | | |
| 6 Gray, Heidi | FR | GFU | 59.07 |
| 28.84 | 30.23 | | |
| 7 Stephan, Ella J | SR | L&C | 59.65 |
| 28.71 | 30.94 | | |
| *8 Justus, Sophie | SO | L&C | 59.73 |
| 28.88 | 30.85 | | |
| *8 Hurty, Claire S | FR | L&C | x59.73 |
| 28.65 | 31.08 | | |
| 10 Knox, Laurel | JR | GFU | 1:01.59 |
| 29.49 | 32.10 | | |

Double Duel, GFU vs L&C, L&C vs. UPS - 11/15/2024

Results - Timed Finals

(Event 15 Women 100 Yard Freestyle)

| Name | YrSchool | Finals Time |
|---------------------|----------|-------------|
| 11 Clement, Molly | SO UPS | x1:02.24 |
| 29.84 | 32.40 | |
| 12 Jacobs, Ariana | SO GFU | x1:12.59 |
| 35.29 | 37.30 | |
| --- Gimon, Ella | JR L&C | X1:03.17 |
| 30.26 | 32.91 | |
| --- Nardella, Abbey | SR GFU | X1:24.47 |
| 40.33 | 44.14 | |

Event 16 Men 100 Yard Freestyle

| Name | YrSchool | Finals Time |
|---------------------|----------|-------------|
| 1 Billings, Ezra | JR L&C | 46.90 |
| 22.16 | 24.74 | |
| 2 Burden, Emory | SO UPS | 48.01 |
| 23.38 | 24.63 | |
| 3 Locurto, Sam J | FR L&C | 49.65 |
| 23.88 | 25.77 | |
| 4 Valenzuela, Aries | SR GFU | 50.68 |
| 24.45 | 26.23 | |
| 5 Sackreiter, Kai | FR UPS | 52.27 |
| 24.67 | 27.60 | |
| 6 Legere, Gavin M | FR UPS | 53.22 |
| 25.84 | 27.38 | |
| 7 Temple, Joe | FR GFU | 55.29 |
| 26.77 | 28.52 | |
| 8 Luna, Mason | JR GFU | 56.56 |
| 26.57 | 29.99 | |
| 9 Beatty, Aidan | SO L&C | 59.37 |
| 28.28 | 31.09 | |
| --- Strock, Micah | FR GFU | X56.71 |

Event 17 Women 200 Yard Backstroke

| Name | YrSchool | Finals Time |
|---------------------|----------|-------------|
| 1 Cummings, Angie | SO L&C | 2:18.11 |
| 33.10 | 35.34 | 35.92 |
| | | 33.75 |
| 2 McGuire, Harper A | FR UPS | 2:21.13 |
| 33.12 | 35.84 | 36.33 |
| | | 35.84 |
| 3 Lihou, Pia M | FR UPS | 2:22.33 |
| 33.92 | 35.89 | 36.64 |
| | | 35.88 |
| 4 Tewinkel, Jane C | JR L&C | 2:24.72 |
| 34.43 | 36.89 | 36.79 |
| | | 36.61 |
| 5 Stapelman, Zoey | FR GFU | 2:27.21 |
| 33.89 | 37.50 | 38.05 |
| | | 37.77 |
| 6 Harmon, Claire | JR GFU | 2:38.43 |
| 36.22 | 40.08 | 40.91 |
| | | 41.22 |

Event 18 Men 200 Yard Backstroke

| Name | YrSchool | Finals Time |
|------------------------|----------|-------------|
| 1 Cabana, Will E | SO UPS | 1:58.00 |
| 27.62 | 29.81 | 30.74 |
| | | 29.83 |
| 2 Tsang, Brandon C | FR UPS | 2:06.12 |
| 29.27 | 32.30 | 32.29 |
| | | 32.26 |
| 3 Cunningham, Joshua T | SR UPS | 2:06.95 |
| 29.43 | 32.18 | 33.00 |
| | | 32.34 |
| 4 Frei, Isaiah L | FR L&C | 2:07.70 |
| 29.07 | 32.05 | 33.81 |
| | | 32.77 |

| | | |
|-------------------------|--------|----------|
| 5 McLellan, Christopher | SO GFU | 2:12.66 |
| 30.77 | 33.34 | 34.41 |
| | | 34.14 |
| 6 Holmberg, Ian E | SR L&C | 2:15.78 |
| 30.98 | 34.67 | 35.70 |
| | | 34.43 |
| 7 Tsuji, Taro T | SO UPS | x2:16.14 |
| 31.27 | 34.16 | 35.70 |
| | | 35.01 |
| 8 Tonseth, Owen | JR GFU | 2:19.42 |
| 31.63 | 35.27 | 36.42 |
| | | 36.10 |
| 9 Nilsen, Blake | JR GFU | 2:30.31 |
| 33.19 | 37.16 | 39.61 |
| | | 40.35 |
| --- Luna, Mason | JR GFU | X2:35.53 |
| 35.40 | 39.12 | 40.25 |
| | | 40.76 |

Event 19 Women 200 Yard Breaststroke

| Name | YrSchool | Finals Time |
|---------------------|----------|-------------|
| 1 Franco, Lara | SR UPS | 2:36.63 |
| 35.20 | 39.32 | 40.54 |
| | | 41.57 |
| 2 Knight, Hazel J | FR UPS | 2:39.72 |
| 36.24 | 41.42 | 41.62 |
| | | 40.44 |
| 3 Mercado, Amelia S | SO UPS | 2:39.89 |
| 37.88 | 39.93 | 40.50 |
| | | 41.58 |
| 4 Hoover, Ellie | SO GFU | 2:44.69 |
| 37.98 | 40.52 | 42.87 |
| | | 43.32 |
| 5 Linkow, Dahlia R | SO L&C | 2:48.73 |
| 37.51 | 43.04 | 45.07 |
| | | 43.11 |
| 6 Gray, Heidi | FR GFU | 2:52.40 |
| 38.44 | 43.47 | 45.85 |
| | | 44.64 |

Event 20 Men 200 Yard Breaststroke

| Name | YrSchool | Finals Time |
|-----------------------|----------|-------------|
| 1 Grinstead, Elijah S | GS UPS | 2:14.37 |
| 30.31 | 34.70 | 34.88 |
| | | 34.48 |
| 2 Mielke, Lance P | SR UPS | 2:17.33 |
| 31.00 | 35.24 | 35.82 |
| | | 35.27 |
| 3 Anderson, Isaac M | SR L&C | 2:20.52 |
| 32.29 | 35.99 | 35.86 |
| | | 36.38 |
| 4 Flannery, Kevin A | FR UPS | 2:22.78 |
| 32.01 | 37.09 | 37.03 |
| | | 36.65 |
| 5 Nordeng, Strom | SO GFU | 2:23.21 |
| 31.92 | 36.65 | 37.48 |
| | | 37.16 |
| 6 Gray, Jared | SO GFU | 2:24.34 |
| 33.03 | 36.21 | 37.59 |
| | | 37.51 |
| 7 Goetsch, Devin | FR UPS | x2:24.88 |
| 33.17 | 36.79 | 37.75 |
| | | 37.17 |
| 8 Rohrbach, Austin | JR GFU | 2:31.02 |
| 33.50 | 38.92 | 39.33 |
| | | 39.27 |
| 9 Hall, Dylan | FR GFU | x2:31.15 |
| 34.53 | 38.51 | 39.32 |
| | | 38.79 |
| 10 Ziegler, Colin | SO L&C | 2:34.61 |
| 35.01 | 39.16 | 40.52 |
| | | 39.92 |

Event 21 Women 500 Yard Freestyle

| Name | YrSchool | Finals Time |
|------------------------|----------|-------------|
| 1 McClafferty, Camille | FR UPS | 5:28.25 |
| 29.25 | 32.17 | 32.99 |
| | | 33.42 |
| | 33.61 | 33.60 |
| | | 33.47 |
| | 33.43 | 32.75 |

Double Duel, GFU vs L&C, L&C vs. UPS - 11/15/2024

Results - Timed Finals

(Event 21 Women 500 Yard Freestyle)

| Name | YrSchool | | Finals Time | |
|------------------------|----------|-------|-------------|-------|
| 2 Urback, Jesse | SO | GFU | 5:34.51 | |
| | 29.96 | 31.98 | 32.62 | 33.63 |
| | 33.28 | 33.23 | 33.81 | 34.66 |
| | 34.67 | 36.67 | | |
| 3 Brennan, Madeleine L | JR | UPS | 5:38.98 | |
| | 30.93 | 33.68 | 33.50 | 34.38 |
| | 34.31 | 33.97 | 34.25 | 34.69 |
| | 34.84 | 34.43 | | |
| 4 Knox, Laurel | JR | GFU | 5:41.08 | |
| | 29.38 | 33.07 | 34.38 | 34.73 |
| | 34.79 | 35.39 | 35.48 | 35.09 |
| | 35.25 | 33.52 | | |
| 5 Hurty, Claire S | FR | L&C | 5:50.28 | |
| | 31.25 | 33.88 | 34.93 | 35.94 |
| | 35.95 | 36.16 | 35.96 | 35.79 |
| | 35.48 | 34.94 | | |
| 6 Clement, Molly | SO | UPS | 6:04.67 | |
| | 33.25 | 37.12 | 37.02 | 37.55 |
| | 37.50 | 37.24 | 37.17 | 37.19 |
| | 36.10 | 34.53 | | |
| 7 Justus, Sophie | SO | L&C | 6:05.80 | |
| | 32.81 | 37.37 | 37.29 | 37.53 |
| | 37.39 | 37.40 | 37.02 | 37.62 |
| | 36.82 | 34.55 | | |
| 8 Roche, Abby | SO | GFU | 6:11.79 | |
| | 32.42 | 36.52 | 38.02 | 37.61 |
| | 38.14 | 38.31 | 38.57 | 38.02 |
| | 37.83 | 36.35 | | |

Event 22 Men 500 Yard Freestyle

| Name | YrSchool | | Finals Time | |
|---------------------|----------|-------|-------------|-------|
| 1 Lyon, Sam K | FR | UPS | 4:47.85 | |
| | 24.32 | 27.96 | 29.11 | 29.30 |
| | 29.77 | 29.89 | 29.79 | 29.89 |
| | 29.97 | 27.85 | | |
| 2 Spicer, Michael W | JR | L&C | 5:05.81 | |
| | 26.21 | 30.38 | 31.05 | 31.73 |
| | 31.49 | 31.46 | 31.32 | 31.17 |
| | 30.91 | 30.09 | | |
| 3 Greene, Wyatt | SO | GFU | 5:11.11 | |
| | 26.30 | 30.21 | 32.04 | 32.54 |
| | 32.47 | 32.43 | 31.93 | 31.50 |
| | 31.32 | 30.37 | | |
| 4 Ringel, Aidan | SR | L&C | 5:19.19 | |
| | 26.85 | 30.12 | 31.74 | 33.14 |
| | 32.96 | 32.97 | 33.48 | 32.93 |
| | 33.24 | 31.76 | | |
| 5 Hugo, Micah | FR | GFU | 5:20.30 | |
| | 27.51 | 31.96 | 32.61 | 32.45 |
| | 32.69 | 32.68 | 32.78 | 32.88 |
| | 33.06 | 31.68 | | |
| 6 Francis, Jaden | SR | UPS | 5:22.25 | |
| | 28.18 | 30.70 | 32.15 | 32.63 |
| | 33.16 | 33.42 | 33.65 | 33.61 |
| | 33.32 | 31.43 | | |

| | | | | |
|-------------------|-------|-------|---------|-------|
| 7 Latin, Jeremiah | FR | GFU | 5:22.60 | |
| | 29.10 | 31.74 | 32.90 | 33.07 |
| | 32.98 | 33.38 | 32.97 | 33.38 |
| | 32.60 | 30.48 | | |

Event 23 Women 100 Yard Butterfly

| Name | YrSchool | | Finals Time | |
|----------------------|----------|-------|-------------|--|
| 1 Gaffoor, Aniqah | JR | L&C | 1:01.56 | |
| | 28.45 | 33.11 | | |
| 2 Ollenburg, Lelia L | FR | UPS | 1:03.15 | |
| | 29.73 | 33.42 | | |
| 3 Gaspar, Sofia | SR | UPS | 1:06.53 | |
| | 30.65 | 35.88 | | |
| 4 Hoover, Ellie | SO | GFU | 1:06.87 | |
| | 30.51 | 36.36 | | |
| 5 Fronek, Kaya P | JR | UPS | 1:08.88 | |
| | 31.07 | 37.81 | | |
| 6 Rodgers, Allison | FR | GFU | 1:12.72 | |
| | 32.96 | 39.76 | | |
| 7 Meyers, Julia G | SR | UPS | x1:14.11 | |
| | 34.07 | 40.04 | | |
| 8 Mann, Josephine | JR | L&C | 1:20.47 | |
| | 36.31 | 44.16 | | |
| 9 Jacobs, Ariana | SO | GFU | 1:22.13 | |
| | 38.41 | 43.72 | | |

Event 24 Men 100 Yard Butterfly

| Name | YrSchool | | Finals Time | |
|----------------------|----------|-------|-------------|--|
| 1 Rysavy, Micah | SR | L&C | 53.32 | |
| | 24.80 | 28.52 | | |
| 2 Locurto, Sam J | FR | L&C | 54.41 | |
| | 25.21 | 29.20 | | |
| 3 Wencel, Campbell N | SO | UPS | 55.32 | |
| | 25.73 | 29.59 | | |
| 4 Cezar, Logan | FR | UPS | 55.96 | |
| | 25.56 | 30.40 | | |
| 5 Alexander, Cameron | JR | GFU | 56.13 | |
| | 26.05 | 30.08 | | |
| 6 Oprea, Kaden | SO | GFU | 56.26 | |
| | 26.06 | 30.20 | | |
| 7 Holmberg, Ian E | SR | L&C | 56.53 | |
| | 26.35 | 30.18 | | |
| 8 Larson, Nicholas | FR | UPS | 57.16 | |
| | 26.68 | 30.48 | | |
| 9 Buchanan, Aiden | FR | GFU | 58.16 | |
| | 27.67 | 30.49 | | |
| 10 Moreland, Cody | SO | GFU | x58.99 | |
| | 27.87 | 31.12 | | |
| 11 Jansen, Tobin | SO | GFU | x59.58 | |
| | 27.08 | 32.50 | | |
| 12 Francis, Jaden | SR | UPS | x1:01.08 | |
| | 27.05 | 34.03 | | |

Event 25 Women 200 Yard IM

| Name | YrSchool | | Finals Time | |
|-----------------|----------|-------|-------------|-------|
| 1 Parker, Riley | SO | GFU | 2:19.92 | |
| | 31.06 | 36.33 | 39.84 | 32.69 |
| 2 Dicey, Kaylee | JR | GFU | 2:24.25 | |
| | 30.66 | 38.22 | 42.36 | 33.01 |

Double Duel, GFU vs L&C, L&C vs. UPS - 11/15/2024

Results - Timed Finals

(Event 25 Women 200 Yard IM)

| Name | Yr | School | Finals Time |
|----------------------|-------|--------|-------------|
| 3 Knight, Hazel J | FR | UPS | 2:25.12 |
| 29.65 | 40.18 | 42.75 | 32.54 |
| 4 Schroeder, Aj J | JR | L&C | 2:28.15 |
| 31.15 | 36.76 | 45.36 | 34.88 |
| 5 Ollenburg, Lelia L | FR | UPS | 2:28.79 |
| 29.26 | 38.56 | 45.47 | 35.50 |
| 6 Stapelman, Zoey | FR | GFU | 2:31.99 |
| 32.94 | 38.75 | 45.28 | 35.02 |
| 7 Harmon, Claire | JR | GFU | x2:36.34 |
| 34.05 | 40.00 | 44.66 | 37.63 |
| 8 Gimon, Ella | JR | L&C | 2:42.19 |
| 33.70 | 42.97 | 48.37 | 37.15 |

Event 26 Men 200 Yard IM

| Name | Yr | School | Finals Time |
|---------------------------|-------|--------|-------------|
| 1 Mielke, Lance P | SR | UPS | 2:05.43 |
| 26.53 | 32.88 | 35.18 | 30.84 |
| 2 Schermerhorn, Michael J | FR | UPS | 2:08.45 |
| 27.31 | 34.82 | 35.88 | 30.44 |
| 3 Greene, Wyatt | SO | GFU | 2:09.14 |
| 27.72 | 33.58 | 39.25 | 28.59 |
| 4 Anderson, Isaac M | SR | L&C | 2:11.07 |
| 28.03 | 34.33 | 37.89 | 30.82 |
| 5 Flannery, Kevin A | FR | UPS | 2:11.52 |
| 27.81 | 35.17 | 37.44 | 31.10 |
| 6 Frei, Isaiah L | FR | L&C | 2:12.53 |
| 27.33 | 33.58 | 40.58 | 31.04 |
| 7 Buchanan, Aiden | FR | GFU | 2:13.09 |
| 27.69 | 35.95 | 38.92 | 30.53 |
| 8 Moreland, Cody | SO | GFU | 2:17.11 |
| 28.17 | 36.66 | 39.88 | 32.40 |
| 9 Hall, Dylan | FR | GFU | x2:21.01 |
| 29.99 | 36.34 | 39.19 | 35.49 |
| --- Tonseth, Owen | JR | GFU | X2:18.54 |
| 30.07 | 34.89 | 42.07 | 31.51 |

Event 27 Women 200 Yard Freestyle Relay

| Team | Relay | Finals Time |
|-------------------------|----------------------------|-------------|
| 1 UPS | A | 1:43.18 |
| 1) Link, Trinity J FR | 2) Fronek, Kaya P JR | |
| 3) Zipay, Holly B JR | 4) Brennan, Madeleine L JR | |
| 2 L&C | A | 1:44.23 |
| 1) Cummings, Angie SO | 2) Gaffoor, Aniqah JR | |
| 3) Stephan, Ella J SR | 4) Barton, Elise C JR | |
| 27.16 | 25.49 | 26.66 |
| 24.92 | | |
| 3 GFU | A | 1:46.84 |
| 1) Smith, Mia JR | 2) Gray, Heidi FR | |
| 3) Knox, Laurel JR | 4) Urback, Jesse SO | |
| 26.54 | 26.18 | 27.13 |
| 26.99 | | |
| 4 UPS | B | 1:48.43 |
| 1) McGuire, Harper A FR | 2) Rowan, Ayla FR | |
| 3) Guillen, Sara SR | 4) McClafferty, Camille FR | |
| 27.22 | 27.16 | 26.80 |
| 27.25 | | 27.25 |
| 5 UPS | C | x1:51.14 |
| 1) Franco, Lara SR | 2) Gaspar, Sofia SR | |
| 3) Knight, Hazel J FR | 4) Lihou, Pia M FR | |
| 27.75 | 28.00 | 27.83 |
| 27.56 | | |

| | | |
|----------------------|-----------------------|---------|
| 6 GFU | B | 2:10.72 |
| 1) Roche, Abby SO | 2) Jacobs, Ariana SO | |
| 3) Stoye, Belinda FR | 4) Nardella, Abbey SR | |
| 36.34 | 27.00 | 30.14 |
| | | 37.24 |

Event 28 Men 200 Yard Freestyle Relay

| Team | Relay | Finals Time |
|-----------------------------|--------------------------|-------------|
| 1 UPS | A | 1:26.88 |
| 1) Cabana, Will E SO | 2) Lyon, Sam K FR | |
| 3) Wencel, Campbell N SO | 4) Burden, Emory SO | |
| 21.84 | 22.01 | 22.05 |
| 20.98 | | 20.98 |
| 2 L&C | A | 1:30.12 |
| 1) Billings, Ezra JR | 2) Holmberg, Ian E SR | |
| 3) Spicer, Michael W JR | 4) Locurto, Sam J FR | |
| 20.98 | 23.83 | 23.23 |
| 22.08 | | |
| 3 UPS | B | 1:30.23 |
| 1) Grinstead, Elijah S GS | 2) Liu, Joel FR | |
| 3) Cunningham, Joshua T SR | 4) Sackreiter, Kai FR | |
| 23.05 | 22.11 | 22.76 |
| 22.31 | | |
| 4 GFU | A | 1:32.08 |
| 1) Oprea, Kaden SO | 2) Alexander, Cameron JR | |
| 3) Maberry, August SO | 4) Valenzuela, Aries SR | |
| 24.31 | 22.72 | 22.63 |
| 22.42 | | |
| 5 UPS | C | x1:35.49 |
| 1) Kirk, Bryce L FR | 2) Legere, Gavin M FR | |
| 3) Larson, Nicholas FR | 4) Tsuji, Taro T SO | |
| 23.47 | 23.58 | 23.44 |
| 25.00 | | |
| 6 GFU | B | 1:38.61 |
| 1) McLellan, Christopher SO | 2) Latin, Jeremiah FR | |
| 3) Buchanan, Aiden FR | 4) Nordeng, Strom SO | |
| 25.51 | 24.94 | 24.67 |
| 23.49 | | |
| --- GFU | C | X1:42.63 |
| 1) Nilsen, Blake JR | 2) Rohrbach, Austin JR | |
| 3) Tonseth, Owen JR | 4) Temple, Joe FR | |
| 26.28 | 26.40 | 25.25 |
| 24.70 | | |