

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****Event 1 Men 200 Meter Dash**

Name	Year School	Seed	Finals	Wind	H#	Points
Finals						
1 Soto, Roderick	Multnomah	21.90	21.89	+0.0	1	10
2 Lahusky, Jordan	Lewis & Clark	22.15	22.08	+0.0	1	8
3 Dixon, Daniel	Multnomah	22.35	22.31	0.1	2	6
4 Osman, Osman	Treasure Valley CC	22.33	22.60	+0.0	1	5
5 hawkins, ty	Unattached	22.15	22.83	+0.0	1	4
6 Monkress, Daulton	College of Idaho	22.17	22.97	+0.0	1	3
7 Fritz, Robert	UO Run Club	22.90	23.01	0.1	2	2
8 Setoki, Kade	College of Idaho	22.50	23.02	0.1	2	1
9 Tedlock, Josh	Clackamas CC	22.95	23.04	0.1	2	
10 Milmine, Cody	Eastern Oregon	21.67	23.15	+0.0	1	
11 Wilson, DJ	Eastern Oregon	22.34	23.22	+0.0	1	
12 Rolfs, Cooper	Pacific (Ore.)	23.12	23.23	0.1	2	
13 Gilbert, Hunter	College of Idaho	22.61	23.28	0.1	2	
14 Schneider, Hudson	Clark College	23.28	23.30	-0.1	3	
15 Collins, J'Quan	Clark College		23.33	-0.4	6	
16 Guest, Devon	Lewis & Clark	23.86	23.47	0.1	4	
17 Senethavilay, Casey	College of Idaho	22.08	23.53	+0.0	1	
18 Heinze, Alexander	Pacific (Ore.)	23.69	23.55	-0.1	3	23.542
19 Ramos, Miguel	Clackamas CC	23.20	23.55	-0.1	3	23.547
20 Simon, Anthony	Multnomah	23.08	23.57	0.1	2	
21 Shields, Kamron	Pacific (Ore.)	24.17	23.59	0.1	4	
22 Ennis, Payton	Eastern Oregon		23.60	-0.4	6	
23 Myles, JT	Clark College	23.43	23.62	-0.1	3	
24 Spears, Bryson	Eastern Oregon	23.18	23.69	-0.1	3	
25 Fritz, Jonathan	Lewis & Clark	24.00	23.71	0.1	4	
26 Sowell, Jonah	College of Idaho	23.37	23.83	-0.1	3	
27 Friedli, Declan	College of Idaho	22.91	24.00	0.1	2	
28 Ngirameketii, Satio	Eastern Oregon	24.93	24.31	-0.1	5	
29 Miller, Ryan	Pacific (Ore.)	24.42	24.36	0.1	4	
30 Brower, Eric	College of Idaho	24.51	24.43	0.1	4	
31 Marcus, Sam	Unattached	23.20	24.45	-0.1	3	
32 Harrison, Elliott	Lewis & Clark	24.69	24.67	0.1	4	
33 Anderson, Duncan	Pacific (Ore.)	24.50	24.82	0.1	4	
34 Pillister, Dakota	Eastern Oregon	25.39	24.84	-0.1	5	
35 Fordham, Jayden	Pacific (Ore.)	24.91	24.94	-0.1	5	
36 Shodahl, Kasey	Multnomah	23.86	25.03	0.1	4	
37 Li, Ngai	Furnace Athletics	25.24	25.27	-0.1	5	
38 Fox, Carson	College of Idaho	25.27	25.35	-0.1	5	
39 Phillis, Elijah	College of Idaho	24.90	25.68	-0.1	5	
40 Laskey, Will	Lewis & Clark	25.04	25.75	-0.1	5	
41 Uriu, Josh	Treasure Valley CC	28.40	29.25	-0.1	5	
42 Byrd, Braden	Treasure Valley CC		34.98	-0.4	6	

Event 2 Women 200 Meter Dash

Name	Year School	Seed	Finals	Wind	H#	Points
1 Wood, Sage	College of Idaho	25.89	26.01	0.2	1	10
2 O'Hara, Macy	Lewis & Clark	26.08	26.24	0.2	1	8
3 Chavarria, Yahaira	Eastern Oregon	26.33	26.36	0.2	1	6
4 Bowman, Charlotte	College of Idaho	26.17	26.72	0.2	1	5
5 Barylski, Chloe	College of Idaho	26.27	27.27	0.2	1	4

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6 Parks, Hailey	College of Idaho	28.42	27.83	0.2	1	3	
7 Sipe, Aspen	Treasure Valley CC	29.40	28.14	-0.2	2	2	
8 Sofaly, Ally	College of Idaho	27.72	28.43	0.2	1	1	
9 Schultz, Sierra	Clackamas CC	29.05	28.49	-0.2	2		
10 Harrison, Morgan	College of Idaho	27.05	28.66	0.2	1		
11 Pletcher, Rachel	College of Idaho	29.00	29.12	-0.2	2		
12 Farrar, Olivia	Lewis & Clark	29.00	29.27	-0.2	2		
13 Chin, Elsie	Lewis & Clark	29.42	29.31	-0.2	2		29.304
14 Blackwell, Emma	Pacific (Ore.)	29.29	29.31	-0.2	2		29.308
15 Raasch, Isabelle	Multnomah		29.48	0.2	3		
16 Austin, Nevaeh	Multnomah	29.53	29.53	-0.2	2		
17 Brocious, Molly	Pacific (Ore.)	29.35	29.66	-0.2	2		
18 Quinn, Tienna	Clackamas CC	29.78	29.75	0.2	3		
19 Brisbois, Katrina	Pacific (Ore.)	31.05	30.90	0.2	3		

Event 3 Men 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind	Points
1 Maher, Lane	College of Idaho	14.34	15.06	1.2	10
2 Miles, Israel	Eastern Oregon		15.16	1.2	8
3 Meisner, Blake	Clackamas CC	17.37	16.90	1.2	6
4 Scheffler, Emmitt	Treasure Valley CC	20.72	17.11	1.2	5
5 Syth, Peter	Clackamas CC	18.33	18.90	1.2	4

Event 4 Women 100 Meter Hurdles

Name	Year School	Seed	Finals	Wind	H#	Points
1 Bayes, Morgan	Eastern Oregon	14.92	15.18	-0.3	1	10
2 Bedard, Karli	Eastern Oregon	15.37	16.14	-0.3	1	8
3 Conley, Sammy	Eastern Oregon	16.14	16.42	-0.3	1	6
4 Mays, Leilani	Albina RoadRunners	16.30	16.61	-0.3	1	5
5 Sofaly, Ally	College of Idaho	16.50	16.90	-0.3	1	4
6 Litton, Graycee	College of Idaho	17.50	17.75	-0.5	2	3
7 Grandle, Lizzy	Eastern Oregon	15.45	17.84	-0.3	1	2
8 Ephraim, Michaela	Clark College	19.32	17.89	-0.5	2	1
9 Pletcher, Rachel	College of Idaho	16.21	17.98	-0.3	1	
10 Heien, Malia	Lewis & Clark	19.42	18.47	-0.5	2	
11 Gerard, Autumn	Pacific (Ore.)	19.67	19.72	-0.5	2	
12 Carney, Sarah	Lewis & Clark	18.39	19.98	-0.5	2	
13 Morgan, Madeline	Clark College	21.11	20.78	-0.5	2	

Event 5 Men 100 Meter Dash

Name	Year School	Seed	Finals	Wind	H#	Points
1 Lahusky, Jordan	Lewis & Clark	11.10	11.09	-1.7	1	10
2 Sandner, Kyle	Unat-Clackamas CC	11.15	11.16	-1.7	1	8
3 hawkins, ty	Unattached	11.06	11.19	-1.7	1	6
4 Monkress, Daulton	College of Idaho	11.10	11.36	-1.7	1	5
5 Collins, J'Quan	Clark College	11.58	11.40	0.5	2	4
6 Fritz, Robert	UO Run Club	11.20	11.51	-1.7	1	3
7 Wilson, DJ	Eastern Oregon	11.14	11.55	-1.7	1	2
8 Gilbert, Hunter	College of Idaho	11.35	11.58	0.4	4	1

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9	Ramos, Miguel	Clackamas CC	11.21	11.59	0.4	4	
10	Sowell, Jonah	College of Idaho	11.61	11.65	-0.1	3	
11	Maher, Lane	College of Idaho	11.62	11.66	0.5	2	
12	Senethavilay, Casey	College of Idaho	10.82	11.67	-0.1	3	
13	Guest, Devon	Lewis & Clark	11.40	11.68	-1.7	1	
14	Chaffin, Josiah	Pacific (Ore.)	11.57	11.71	0.5	2	
15	Akpamgbo, Marques	Clackamas CC	11.69	11.75	0.5	2	
16	Tedlock, Josh	Clackamas CC	11.24	11.78	0.4	4	
17	Biaggi, Paul	Lewis & Clark	12.24	11.84	0.5	2	11.834
18	O'Brian, Elijah	Clackamas CC	11.60	11.84	0.5	2	11.837
19	niyongere, Edward	Unattached	11.80	11.84	0.5	2	11.839
20	Huxoll, Maxon	Eastern Oregon		11.89	-0.1	3	
21	Friedli, Declan	College of Idaho	11.19	11.91	-1.7	1	
22	Li, Ngai	Furnace Athletics	11.82	12.07	0.5	2	
23	Clark, Maddax	Clackamas CC	12.75	12.39	-0.1	3	
24	Lewis, Calvin	Eastern Oregon		12.45	-0.1	3	
25	Laskey, Will	Lewis & Clark	12.52	12.68	-0.1	3	
26	Meyer, Taylor	Unattached	12.00	12.77	0.4	4	
27	Uriu, Josh	Treasure Valley CC	13.46	14.21	-0.1	3	

Event 6 Women 100 Meter Dash

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Chavarria, Yahaira		Eastern Oregon	13.29	12.71	0.2	2	10
2 Wood, Sage		College of Idaho	12.35	12.75	0.1	1	8
3 Bowman, Charlotte		College of Idaho	12.47	12.81	0.1	1	6
4 O'Hara, Macy		Lewis & Clark	12.79	12.89	0.1	1	5
5 Roscoe, Nora		Clark College	13.01	12.95	0.1	1	4
6 Morrell, Brianna		Clark College	13.50	13.14	0.2	2	3
7 Barylski, Chloe		College of Idaho	12.90	13.23	0.1	1	2
8 Goulet, Andrea		Clackamas CC	13.24	13.27	0.1	1	1
9 Parks, Hailey		College of Idaho	13.54	13.44	0.2	2	
10 Kisner, Jada		College of Idaho	13.23	13.45	0.1	1	
11 Arellano Rangel, Daisy		Clark College		13.52	-0.5	3	
12 Barry, Bryana		Clark College	15.01	13.78	0.2	2	
13 Beal, Abby		Clackamas CC	13.75	13.85	0.2	2	
14 Schultz, Sierra		Clackamas CC		13.89	-0.5	3	
15 Vanderwyk, Sara		College of Idaho		13.92	-0.5	3	
16 Birkinbine, Gracie		Clark College		13.97	-0.5	3	
17 Chin, Elsie		Lewis & Clark		14.01	-0.5	3	
18 Walker, Lena		Clackamas CC		14.35	0.2	2	
19 Soriano, Kelly		Pacific (Ore.)	14.26	14.42	0.2	2	
20 Pile, Nia		Lewis & Clark		14.64	-0.5	3	
21 Williams, Alma		Lewis & Clark		15.14	-0.5	3	
22 Davis, Anli		Lewis & Clark		15.34	-0.5	3	

Event 7 Men 800 Meter Run

Name	Year	School	Seed	Finals	Points
1 Nelson, Noah		Lewis & Clark	1:59.24	1:57.05	10
2 Chou, Branden		Clark College	2:05.55	1:59.65	8
3 Watkins, Fredrick		Multnomah	2:03.60	2:01.19	6
4 Thomas, Derek		College of Idaho	1:59.26	2:03.30	5

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5	Ho, Dylan	Clark College	2:03.24	2:05.10	4
6	Hao, Wanglin	Unattached	1:52.00	2:20.41	3
7	Boyer, Steve	Ptmc	3:02.00	3:05.54	2
--	Manzer, Reuben	Treasure Valley CC	2:09.01	DNF	

Event 8 Women 800 Meter Run

Name	Year	School	Seed	Finals	Points
1 Mitchell, Lauryn		Eastern Oregon	2:18.52	2:17.82	10
2 Gebhardt, Katie Jo		Eastern Oregon	2:18.46	2:22.39	8
3 Bonzani, Kendall		Eastern Oregon	2:29.53	2:26.85	6
4 Lucey, Clare		Lewis & Clark	2:28.00	2:29.71	5
5 Davies, Payton		Whitman	2:38.28	2:30.72	4
6 Maxson, Raleena		Clark College	2:38.45	2:33.28	3
7 Reside, Miriam		Lewis & Clark	2:46.72	2:45.41	2
8 Crawford, Chloe		Clark College	2:47.41	2:51.57	1
9 Kneeland, Peyton		Clark College	3:06.74	2:57.35	

Event 9 Men 400 Meter Hurdles

Name	Year	School	Seed	Finals	Points
1 Stade, Nicholas		Lewis & Clark	55.68	56.83	10
2 Spears, Bryson		Eastern Oregon	1:00.22	59.88	8
3 Seitz, Aaron		College of Idaho	59.90	1:00.77	6
4 Madhavan, Daniel		Lewis & Clark	1:03.29	1:03.49	5
5 Meisner, Blake		Clackamas CC	1:06.11	1:03.53	4
6 Scheffler, Emmitt		Treasure Valley CC	1:07.03	1:04.15	3
7 Mirenta, David		Clark College	1:09.35	1:05.45	2

Event 10 Women 400 Meter Hurdles

Name	Year	School	Seed	Finals	Points
1 Bayes, Morgan		Eastern Oregon	1:02.47	1:04.92	10
2 Mays, Leilani		Albina RoadRunners	1:10.25	1:10.34	8
3 Litton, Graycee		College of Idaho	1:09.00	1:12.01	6
4 Altuhovs, Dina		Pacific (Ore.)	1:16.70	1:12.73	5
5 Morgan, Madeline		Clark College	1:26.74	1:25.16	4
6 Carney, Sarah		Lewis & Clark	1:16.91	1:25.41	3

Event 11 Men 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Osman, Osman		Treasure Valley CC	49.60	50.07	1	10
2 Dahl, Lucas		Pacific (Ore.)	52.50	50.42	1	8
3 Tierney, Henry		Pacific (Ore.)	52.00	51.51	1	6
4 Bodi, Sean		Lewis & Clark	54.40	53.80	2	5
5 Collins, J'Quan		Clark College	55.00	53.83	2	4
6 Stewart, Garrett		Pacific (Ore.)	52.43	53.92	1	3
7 Brower, Eric		College of Idaho	54.43	53.95	2	2
8 Schneider, Hudson		Clark College		54.07	3	1
9 Miller, Noa		Multnomah	53.65	54.14	1	

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 11 Men 400 Meter Dash**

10 Kautz, Triston	Treasure Valley CC	56.47	54.26	2	
11 Myles, JT	Clark College	55.00	54.74	2	54.731
12 Fritz, Jonathan	Lewis & Clark		54.74	3	54.739
13 Anderson, Duncan	Pacific (Ore.)	54.38	55.58	2	
14 Phillis, Elijah	College of Idaho	56.00	57.72	2	
15 Boyer, Steve	Ptmc	1:20.00	1:24.08	3	

Event 12 Women 400 Meter Dash

Name	Year School	Seed	Finals	Points
1 Morrell, Brianna	Clark College	1:01.15	1:01.27	10
2 Rutkowski, Emily	Pacific (Ore.)	1:00.94	1:02.19	8
3 Roscoe, Nora	Clark College		1:04.82	6
4 Barry, Bryana	Clark College	1:06.06	1:05.20	5
5 Sipe, Aspen	Treasure Valley CC	1:10.04	1:07.89	4
6 Birkinbine, Gracie	Clark College	1:07.11	1:08.09	3
7 Tiernan, Courtney	Pacific (Ore.)	1:11.14	1:12.40	2

Event 13 Girls 2000 Meter Steeplechase

Name	Year School	Seed	Finals
1 Middleton, Kate	Corvallis		7:51.31
2 Grunow, Anna	Sherwood		7:56.25
3 Middleton, Hannah	Corvallis		8:01.59
4 Bridge, Hope	Stayton		8:12.07
5 Plasse, Noelle	Lake Oswego		8:24.01
6 Taylor, Jayden	Central		8:29.27
7 Megowan, Cordellia	Lake Oswego		8:38.68
8 Gilbert, Hannah	Central		8:39.47
9 Hanson, Finn	Corvallis		8:39.52
10 Buswell, Sophia	South Salem Track		8:43.69
11 Borden, Jandika	Sherwood		9:03.11
12 Pannell, Margaret	Sherwood		9:31.52
13 Fairman, Lily	Sherwood		9:45.11

Event 14 Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Chapin, Maggie	Unattached	12:02.00	12:53.14	10
2 Tatom, Brynn	Clackamas CC	12:45.00	13:25.03	8
3 Pifer, Gillian	Lewis & Clark	12:47.48	14:11.28	6

Event 15 Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Knoblich, Luke	Unattached	9:35.00	10:08.96	10
2 Miller, Jacob	Multnomah	10:14.35	10:13.27	8
3 Dalrymple, Jacob	Multnomah	10:15.00	10:21.41	6
4 Masuko, Carlos	Pacific (Ore.)	10:17.38	10:26.65	5
5 Reem, Mike	Lewis & Clark	10:36.20	10:31.40	4
6 Yamamoto, Reese	Pacific (Ore.)		10:34.81	3

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 15 Men 3000 Meter Steeplechase**

7 Harrod, Connor	Lewis & Clark	10:29.96	10:39.09	2
8 Mirenta, David	Clark College	10:59.11	10:40.20	1
9 Swan, Gabe	Treasure Valley CC	10:54.32	10:47.02	
10 Grafton, Joey	Pacific (Ore.)	10:56.06	10:49.07	
11 Apresa, Brandon	Lewis & Clark	11:24.70	11:02.91	
12 Naylor, Joseph	Lewis & Clark		11:12.58	
13 Holm, Spencer	Clark College		11:24.26	
14 Manzano, Marc	Pacific (Ore.)	10:57.35	11:26.40	

Event 16 Boys 2000 Meter Steeplechase

Name	Year School	Seed	Finals
1 Cummings, Stephen	Sunset	6:30.00	6:28.10
2 Cirino, Ty	Central		6:33.35
3 Wendring, Aidan	Central		6:48.83
4 Coelho, Orion	Sunset	6:30.00	7:05.23
5 Anderson, Garret	Lake Oswego		7:05.25
6 Hale, Harrison	Corvallis		7:09.13
7 Parmigiani, Joe	Corvallis		7:11.35
8 Looney, Bryce	Lake Oswego		7:27.72
9 Carson, Logan	Lake Oswego		7:43.43
10 Shi, Logan	Lake Oswego		7:49.83
11 Hayashi, Christopher	Lake Oswego		7:51.93
12 Carleski, Ben	Corvallis		8:43.44

Event 17 Men 4x100 Meter Relay

School	Seed	Finals	Points
1 College of Idaho 'A'	42.77	43.25	10
1) Senethavilay, Casey	2) Setoki, Kade		
3) Gilbert, Hunter	4) Monkress, Daulton		
2 Clackamas CC 'A'	43.71	47.13	8
1) Akpamgbo, Marques	2) O'Brian, Elijah		
3) Meisner, Blake	4) Syth, Peter		

Event 18 Women 4x100 Meter Relay

School	Seed	Finals	Points
1 College of Idaho 'A'	47.66	49.71	10
1) Bowman, Charlotte	2) Trent, Addison		
3) Wood, Sage	4) Barylski, Chloe		
2 Clark College 'A'	51.69	52.03	8
1) Barry, Bryana	2) Morrell, Brianna		
3) Roscoe, Nora	4) Birkinbine, Gracie		
3 Clackamas CC 'A'	50.87	52.79	6
1) Beal, Abby	2) Schultz, Sierra		
3) Quinn, Tienna	4) Goulet, Andrea		
4 Pacific (Ore.) 'A'	52.21	53.96	5
1) Patton, Sydney	2) Vazquez, Itzel		
3) Soriano, Kelly	4) Brocious, Molly		

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****Event 19 Men 1500 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Aldrich, Max	Lewis & Clark	3:58.00	3:58.02	1	10
2 Butler, Daniel	College of Idaho	3:54.22	3:59.55	1	8
3 Knoblich, Jake	Unattached	3:54.00	4:01.53	1	6
4 Holtzen, Trajan	College of Idaho	4:00.10	4:03.46	1	5
5 Minen, Johnny	Colorado Spo	3:54.67	4:05.23	1	4
6 Ammirati, Luke	College of Idaho	4:05.00	4:05.26	1	3
7 Uhrich, Steffen	Jacuzzi Boys	4:05.00	4:06.25	1	2
8 Swinth, Tucker	Powell Blvd	4:04.00	4:12.92	1	1
9 Voenell, Miles	Lewis & Clark	4:13.12	4:13.63	1	
10 Dennis, Will	Lewis & Clark	4:08.95	4:14.61	1	
11 Shah, Jai	UO Run Club	4:10.00	4:15.86	1	
12 Thake, Thomas	Unattached	4:10.00	4:16.36	1	
13 Chou, Branden	Clark College	4:23.99	4:18.53	2	
14 Ford, Peter	Lewis & Clark	4:20.17	4:18.85	2	
15 Brewer, Aaron	Pacific (Ore.)	4:31.62	4:20.69	2	
16 Creeks, Brendan	Lewis & Clark	4:05.50	4:20.71	1	
17 Bay, Nate	Lewis & Clark	4:15.00	4:22.39	1	
18 Souza, Dylan	Lewis & Clark	4:19.00	4:26.72	2	
19 Todd, Dylan	Pacific (Ore.)	4:32.50	4:32.18	2	
20 Ho, Dylan	Clark College	4:48.62	4:35.53	2	
21 Miyazu, Kylan	Pacific (Ore.)	4:36.53	4:35.58	2	
22 Grimaldo, Elyas	Treasure Valley CC		4:48.51	2	
23 Grief, Brodie	Treasure Valley CC		4:56.80	2	
24 Eves, Kadyne	Pacific (Ore.)	4:55.95	5:00.45	2	
25 Canals, Justin	College of Idaho		5:15.61	2	

Event 20 Women 1500 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Shirts, Abbey	College of Idaho	4:37.53	4:31.97	1	10
2 Herbes, Michelle	Eastern Oregon	4:41.04	4:40.56	1	8
3 Buese, Riley	Lewis & Clark	4:45.00	4:49.51	1	6
4 Morris, Riley	Eastern Oregon	5:06.52	4:55.30	1	5
5 McManus, Megan	College of Idaho	4:55.88	4:58.08	1	4
6 Schwieterman, Katya	Lewis & Clark	5:00.45	4:59.15	1	3
7 Lutz, Emogene	Lewis & Clark	5:12.99	5:01.54	1	2
8 Nichols, Madelyn	Eastern Oregon	4:57.49	5:03.26	1	1
9 Kuskie, Jovi	College of Idaho	5:05.00	5:06.79	1	
10 Wosachlo, DeAsia	Multnomah	5:24.01	5:11.35	1	
11 Krull, Alena	Pacific (Ore.)	5:15.73	5:12.50	1	
12 Davies, Payton	Whitman	5:22.97	5:21.11	1	
13 Mitzel, Maddy	Chemeketa CC	5:10.00	5:23.24	1	
14 Tatom, Brooklyn	Clackamas CC	5:10.00	5:25.84	1	
15 Boyle, Madeleine	Lewis & Clark	5:30.00	5:29.98	2	
16 Crawford, Chloe	Clark College		5:33.38	2	
17 Maxson, Raleena	Clark College		5:37.61	2	
18 Kerschner, Ali	Lewis & Clark	5:30.00	5:38.31	2	
19 Leschensky, Annette	Pacific (Ore.)	5:43.45	5:40.98	2	
20 Elsa, Tara	Lewis & Clark	5:44.42	5:44.93	2	
21 Markley, Julie	Team Athena	5:50.00	5:46.62	2	
22 Farler, Shelby	College of Idaho		5:49.43	2	
23 Miranda, Kerrigan	Pacific (Ore.)	5:51.68	5:51.20	2	

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 20 Women 1500 Meter Run**

24	Chamberlin, Kassidy	Multnomah		5:56.60	2
25	Schwenneker, Mara	Clark College		5:58.71	2
26	Kneeland, Peyton	Clark College	6:35.25	6:14.06	2
27	Corpuz, Kyleigh	Pacific (Ore.)	6:31.78	6:22.40	2

Event 21 Men 4x400 Meter Relay

School		Seed	Finals	Points
1	Lewis & Clark 'A'	3:25.00	3:25.35	10
	1) Guest, Devon			
	2) Stade, Nicholas			
	3) Lahusky, Jordan			
	4) Nelson, Noah			
2	College of Idaho 'A'	3:28.00	3:28.32	8
	1) Setoki, Kade			
	2) Friedli, Declan			
	3) Sowell, Jonah			
	4) Monkress, Daulton			
3	Clackamas CC 'A'	3:23.95	3:28.75	6
	1) Tedlock, Josh			
	2) Syth, Peter			
	3) O'Brian, Elijah			
	4) Ramos, Miguel			
4	Multnomah 'A'	3:21.77	3:33.22	5
	1) Davis, Devonte			
	2) Miller, Noa			
	3) Miller, Jacob			
	4) Soto, Roderick			
5	Lewis & Clark 'B'	3:35.00	3:42.42	4
	1) Biaggi, Paul			
	2) Dennis, Will			
	3) Creeks, Brendan			
	4) Fritz, Jonathan			
6	College of Idaho 'B'	3:38.00	3:43.14	3
	1) Phillis, Elijah			
	2) Fox, Carson			
	3) Seitz, Aaron			
	4) Brower, Eric			
7	Clark College 'A'	3:38.28	3:48.31	2
	1) Holm, Spencer			
	2) Mirenta, David			
	3) Chou, Branden			
	4) Ho, Dylan			

Event 22 Women 4x400 Meter Relay

School		Seed	Finals	Points
1	Lewis & Clark 'A'	4:11.85	4:15.94	10
	1) Chin, Elsie			
	2) Heien, Malia			
	3) Lucey, Clare			
	4) O'Hara, Macy			
2	Clackamas CC 'A'		4:29.41	8
	1) Quinn, Tienna			
	2) Goulet, Andrea			
	3) Schultz, Sierra			
	4) Beal, Abby			

Event 23 Men 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Nichols, Hunter	Eastern Oregon	15:05.50	14:48.56	10
2 Heath, Braden	College of Idaho	14:59.13	14:55.35	8
3 Running, Travis	Eastern Oregon	14:39.10	14:56.62	6
4 Takiguchi, Miles	Vassar	14:45.83	14:59.66	5
5 brakstad, sten	Unattached	15:05.00	14:59.95	4
6 Ash, Justin	Eastern Oregon	14:45.28	15:03.75	3
7 Wind, Jonny	Eastern Oregon	15:26.24	15:10.03	2
8 Telford, Winston	Eastern Oregon	15:14.68	15:14.07	1
9 Mendoza, Cristian	Eastern Oregon	14:53.02	15:15.45	

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 23 Men 5000 Meter Run**

10	Wilson, Cyress	College of Idaho	15:10.45	15:15.50
11	Baker, Jackson	Mttc	15:15.00	15:17.45
12	Perez, Carlos	Unattached	15:10.00	15:19.14
13	Everist, Elias	College of Idaho	15:18.32	15:22.80
14	Kracaw, Will	College of Idaho	15:20.38	15:27.99
15	Ogden, Thomas	Eastern Oregon	16:05.09	15:48.20
16	Brown, Lukas	College of Idaho	15:50.00	15:52.19
17	Munoz Martinez, Juan Dan	UO Run Club	15:20.00	15:55.64
18	Plumb, Theron	Lewis & Clark		16:01.60
19	Thatcher, James	Eastern Oregon		16:05.93
20	Brown, Caleb	Eastern Oregon	16:02.38	16:06.55
21	Domnarski, Henry	UO Run Club	16:37.00	16:12.34
22	Llanos, Christopher	Unattached	16:15.00	16:13.95
23	Perkins, Skyler	Eastern Oregon		16:16.79
24	Castellanos, Rigoberto	Lewis & Clark	17:05.83	16:19.36
25	Agsten, Hunter	College of Idaho		16:40.87
26	Mong, Milo	Mount Tabor	16:20.00	16:41.13
27	Tomlin, Forrest	Treasure Valley CC		16:47.09
28	Parks, Ian	Unattached	17:15.00	16:47.58
29	Morrell, Misha	Clark College		17:51.57
30	Hartman, Norman	Clark College		18:16.97
31	Niskanen, Will	Clark College	19:09.44	18:18.34
32	Claudio, Isaiah	Treasure Valley CC		18:56.94

Event 24 Women 5000 Meter Run

Name	Year School	Seed	Finals	Points
1	Martin, Sage	College of Idaho	17:17.09	16:48.00 10
2	Figueira, Kahea	College of Idaho	18:00.00	17:51.70 8
3	Mauer, Larissa	College of Idaho	17:58.28	18:10.79 6
4	Duff, Charlie	College of Idaho	18:30.00	18:15.22 5
5	Connor, Molly	College of Idaho	18:30.00	18:20.90 4
6	Kuebrich, Jane	Clark College	20:35.42	20:17.32 3
7	Campbell, Emma	College of Idaho	20:00.00	20:28.83 2
8	Soto, Kiara	Treasure Valley CC	22:37.32	21:32.90 1
9	Grogan, Libby	Chemeketa CC	22:00.00	23:35.00

Event 25 Men 10000 Meter Run

Name	Year School	Seed	Finals	Points
1	Steele, Zach	Team Red Lizard	32:30.00	32:48.43 10
2	Young, Paul	Club Northwest	34:00.00	34:20.50 8
--	Ford, Peter	Lewis & Clark		DNF
--	Souza, Dylan	Lewis & Clark		DNF
--	Voenell, Miles	Lewis & Clark		DNF
--	Bay, Nate	Lewis & Clark		DNF
--	Dennis, Will	Lewis & Clark		DNF
--	Aldrich, Max	Lewis & Clark		DNF

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****Event 26 Women Long Jump**

Name	Year School	Seed	Finals	Wind	H#	Points
1 Sofaly, Ally	College of Idaho	4.88m	5.15m	0.8	16-10.75	2 10
2 Beal, Abby	Clackamas CC	4.84m	5.04m	1.7	16-06.50	2 8
3 Trent, Addison	College of Idaho	5.45m	5.03m	1.5	16-06.00	2 6
4 Patton, Sydney	Pacific (Ore.)	4.28m	4.78m	0.8	15-08.25	1 5
5 Heien, Malia	Lewis & Clark	4.49m	4.75m	0.2	15-07.00	1 4
6 Goulet, Andrea	Clackamas CC	4.61m	4.74m	+0.0	15-06.75	2 3
7 Vazquez, Itzel	Pacific (Ore.)	5.07m	4.70m	1.3	15-05.00	2 2
8 Vanderwyk, Sara	College of Idaho	4.71m	4.60m	-1.6	15-01.25	2 1
9 Ivery, La Kadron	Unattached	5.04m	4.46m	0.4	14-07.75	2
10 Harrison, Morgan	College of Idaho	5.06m	4.45m	0.3	14-07.25	2
11 Pletcher, Rachel	College of Idaho	4.45m	4.15m	1.4	13-07.50	2
12 Davis, Anli	Lewis & Clark	4.14m	4.11m	-2.1	13-06.00	1
13 Gerard, Autumn	Pacific (Ore.)	3.81m	4.10m	0.1	13-05.50	1
14 Soriano, Kelly	Pacific (Ore.)	3.94m	3.85m	0.5	12-07.75	1

Event 27 Men Long Jump

Name	Year School	Seed	Finals	Wind	H#	Points
1 Fordham, Jayden	Pacific (Ore.)	6.46m	6.31m	+0.0	20-08.50	2 10
2 Evans, Amari	College of Idaho	6.96m	6.30m	+0.0	20-08.00	2 8
3 Chaffin, Josiah	Pacific (Ore.)	6.50m	6.29m	+0.0	20-07.75	2 6
4 Kautz, Triston	Treasure Valley CC	6.39m	6.11m	+0.0	20-00.50	2 5
5 Pillister, Dakota	Eastern Oregon	6.37m	6.10m	+0.0	20-00.25	2 3.50
5 Miller, Ryan	Pacific (Ore.)	6.01m	6.10m	+0.0	20-00.25	1 3.50
7 Zimmerman, Koyote	College of Idaho	6.42m	5.98m	+0.0	19-07.50	2 2
8 Bodi, Sean	Lewis & Clark	6.09m	5.88m	0.4	19-03.50	2 1
9 Cobena, Johan	College of Idaho	6.29m	5.73m	-0.3	18-09.75	2
10 Syth, Peter	Clackamas CC		5.70m	-1.0	18-08.50	1
11 Ngirameketii, Satio	Eastern Oregon	6.21m	5.68m	0.1	18-07.75	2
12 Lewis, Calvin	Eastern Oregon		5.62m	-0.2	18-05.25	1
13 Huxoll, Maxon	Eastern Oregon		5.22m	+0.0	17-01.50	1
14 Meyer, Taylor	Unattached	5.79m	5.08m	-1.3	16-08.00	1
15 Uriu, Josh	Treasure Valley CC	4.81m	4.26m	-0.5	13-11.75	1

Event 28 Men High Jump

Name	Year School	Seed	Finals	Points
1 Jones, Tyler	Eastern Oregon	2.05m	1.95m	6-04.75 10
2 Metcalf, Romeo	Multnomah		1.80m	5-10.75 8
3 Clark, Maddax	Clackamas CC	1.83m	J1.80m	5-10.75 6
4 Setoki, Kade	College of Idaho	1.87m	1.75m	5-08.75 5
5 Stade, Nicholas	Lewis & Clark	1.83m	1.70m	5-07.00 4
-- Carmichael, Russel	Pacific (Ore.)		NH	

Event 29 Women High Jump

Name	Year School	Seed	Finals	Points
1 Bedard, Karli	Eastern Oregon	1.58m	1.51m	4-11.50 10
2 Grandle, Lizzy	Eastern Oregon	1.64m	1.48m	4-10.25 8
3 Washington, Adrienne	Eastern Oregon	1.52m	J1.48m	4-10.25 6

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 29 Women High Jump**

4 Harrison, Morgan	College of Idaho	1.64m	1.45m	4-09.00	5
5 Heien, Malia	Lewis & Clark	1.43m	J1.45m	4-09.00	4
6 Haughton, Ashton	Eastern Oregon	1.46m	1.42m	4-07.75	2.50
6 Conley, Sammy	Eastern Oregon	1.53m	1.42m	4-07.75	2.50
8 Tiernan, Courtney	Pacific (Ore.)	1.33m	1.33m	4-04.25	1
-- Altuhovs, Dina	Pacific (Ore.)	1.18m	NH		

Event 30 Men Shot Put

Name	Year School	Seed	Finals	Points
1 Church, Mark	Eastern Oregon	13.57m	13.55m	44-05.50 10
2 Sackman, Tanner	College of Idaho	14.25m	13.07m	42-10.75 8
3 Baum, Andrew	Lewis & Clark	12.61m	12.96m	42-06.25 6
4 Silva, Cody	Eastern Oregon	12.41m	12.65m	41-06.00 5
5 Wylam, Joey	Eastern Oregon	13.04m	12.59m	41-03.75 4
6 Michaels, Brooks	Eastern Oregon	13.78m	12.57m	41-03.00 3
7 Berger, Jacob	Unattached	11.85m	12.24m	40-02.00 2
8 Harris, Isaiah	Multnomah	12.37m	11.47m	37-07.75 1
9 Woody, Elijah	Lewis & Clark	11.93m	10.99m	36-00.75
10 Mansfield, Judson	Eastern Oregon	11.97m	10.98m	36-00.25
11 Payne, Brock	Treasure Valley CC		10.91m	35-09.50
12 Morales, Cameron	Treasure Valley CC	11.89m	10.69m	35-01.00
13 Fletcher, Andrew	Lewis & Clark	10.70m	10.67m	35-00.25
14 Miles, Israel	Eastern Oregon	10.93m	9.75m	32-00.00
15 Almanza, Ryan	Treasure Valley CC	8.94m	8.94m	29-04.00

Event 31 Women Shot Put

Name	Year School	Seed	Finals	Points
1 Ledbetter, Maggie	Eastern Oregon	14.43m	14.11m	46-03.50 10
2 Woodward, Kenna	Eastern Oregon	12.64m	12.07m	39-07.25 8
3 Herron, Star	College of Idaho	11.30m	11.80m	38-08.75 6
4 Ashbaugh, Savannah	Pacific (Ore.)	11.19m	10.70m	35-01.25 5
5 Harmon, Piper	Lewis & Clark	10.43m	10.42m	34-02.25 4
6 Durfey, Taylor	College of Idaho	11.65m	10.41m	34-02.00 3
7 Pile, Nia	Lewis & Clark	10.47m	10.29m	33-09.25 2
8 Reed, Kay	College of Idaho	10.14m	9.61m	31-06.50 1
9 Crout, Taylor	Unattached	10.63m	9.44m	30-11.75
10 Gerard, Autumn	Pacific (Ore.)	9.95m	9.23m	30-03.50
11 Wessel, Chloe	Pacific (Ore.)	9.47m	8.89m	29-02.00
12 Loporto, Autumn	Lewis & Clark	9.21m	8.72m	28-07.50
13 Pletcher, Rachel	College of Idaho	8.43m	8.06m	26-05.50
-- Farrar, Olivia	Lewis & Clark	7.02m	FOUL	

Event 32 Women Discus Throw

Name	Year School	Seed	Finals	Points
1 Woodward, Kenna	Eastern Oregon	40.72m	35.80m	117-05 10
2 Ledbetter, Maggie	Eastern Oregon	45.02m	35.77m	117-04 8
3 Reed, Kay	College of Idaho	33.29m	32.01m	105-00 6
4 Ashbaugh, Savannah	Pacific (Ore.)	31.89m	31.19m	102-04 5
5 Harmon, Piper	Lewis & Clark	34.41m	30.71m	100-09 4

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 32 Women Discus Throw**

6	Durfey, Taylor	College of Idaho	32.40m	30.25m	99-03	3
7	Herron, Star	College of Idaho	34.46m	28.78m	94-05	2
8	Restrepo, Nicole	Pacific (Ore.)	24.24m	28.00m	91-10	1
9	Sporn, Molly	Pacific (Ore.)	26.67m	23.58m	77-04	
10	Wessel, Chloe	Pacific (Ore.)	24.99m	20.82m	68-04	
11	Hickman, Jenna	Pacific (Ore.)	19.63m	20.36m	66-09	

Event 33 Men Discus Throw

Name	Year School	Seed	Finals	H#	Points
1 Church, Mark	Eastern Oregon	43.20m	43.52m	142-09	2 10
2 Morales, Cameron	Treasure Valley CC	36.34m	39.88m	130-10	2 8
3 Sackman, Tanner	College of Idaho	40.56m	39.53m	129-08	2 6
4 Silva, Cody	Eastern Oregon	36.49m	38.48m	126-03	2 5
5 Michaels, Brooks	Eastern Oregon	38.86m	38.29m	125-07	2 4
6 Fritz, Jonathan	Lewis & Clark	32.40m	35.74m	117-03	1 3
7 Berger, Jacob	Unattached	35.90m	35.72m	117-02	2 2
8 Wylam, Joey	Eastern Oregon	39.24m	35.67m	117-00	2 1
9 Slusser, Kevin	Multnomah	38.87m	35.61m	116-10	2
10 Payne, Brock	Treasure Valley CC	32.56m	34.18m	112-02	1
11 Mansfield, Judson	Eastern Oregon	34.97m	34.07m	111-09	1
12 Baum, Andrew	Lewis & Clark	37.94m	32.86m	107-10	2
13 Woody, Elijah	Lewis & Clark	33.78m	30.26m	99-03	1
14 Fox, Carson	College of Idaho		29.88m	98-00	1
15 Carmichael, Russel	Pacific (Ore.)	34.06m	29.86m	97-11	1
16 Martinez-Afemui, Feleti	Pacific (Ore.)	29.10m	28.41m	93-02	1
17 Stade, Nicholas	Lewis & Clark		26.54m	87-01	1
18 Miles, Israel	Eastern Oregon	27.06m	25.21m	82-08	1
19 Fletcher, Andrew	Lewis & Clark	25.51m	23.19m	76-01	1
20 Almanza, Ryan	Treasure Valley CC	33.94m	23.11m	75-10	1
-- Hays, Liam	College of Idaho	35.15m	ND		2
-- Anderson, Colby	Eastern Oregon	40.02m	FOUL		2

Event 34 Women Triple Jump

Name	Year School	Seed	Finals	Wind	Points
1 Vanderwyk, Sara	College of Idaho	10.23m	10.10m	1.3	33-01.75 10
2 Tiernan, Courtney	Pacific (Ore.)		9.79m	-0.2	32-01.50 8
3 Kisner, Jada	College of Idaho	10.69m	9.71m	+0.0	31-10.25 6
4 Bryan, Jaedyn	Clackamas CC		9.69m	0.9	31-09.50 5
5 Vazquez, Itzel	Pacific (Ore.)	10.19m	9.67m	0.8	31-08.75 4
6 Davis, Anli	Lewis & Clark	9.64m	9.33m	0.5	30-07.50 3

Event 35 Men Triple Jump

Name	Year School	Seed	Finals	Wind	Points
1 O'Connell, Isaiah	Unat-Clackamas CC	12.93m	12.62m	+0.0	41-05.00 10
2 Zimmerman, Koyote	College of Idaho	13.80m	12.38m	+0.0	40-07.50 8
3 Cobena, Johan	College of Idaho	13.20m	12.18m	+0.0	39-11.50 6
4 Clark, Maddax	Clackamas CC	12.53m	12.08m	0.3	39-07.75 5

Lewis and Clark Friday Night Lights - 3/24/2023**Griswold Stadium****Results****....Event 35 Men Triple Jump**

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Women - Team Rankings - 16 Events Scored

1) College of Idaho	170	2) Eastern Oregon	155
3) Lewis & Clark	71	4) Clark College	51
4) Pacific (Ore.)	51	6) Clackamas CC	39
7) Albina RoadRunners	13	8) Treasure Valley CC	7
9) Whitman	4		

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Men - Team Rankings - 17 Events Scored

1) College of Idaho	121	2) Eastern Oregon	95.50
3) Lewis & Clark	92	4) Multnomah	50
5) Pacific (Ore.)	44.50	6) Clackamas CC	39
7) Treasure Valley CC	36	8) Clark College	26
9) Team Red Lizard	10	10) Club Northwest	8
11) UO Run Club	5	11) Vassar	5
13) Colorado Sports Chiro	4	14) Jacuzzi Boys Athletic Clu	2
14) PTMC	2	16) Powell Blvd Track Club	1