



# Lewis & Clark Sports Medicine Return to Athletics Release

Release for participation from your physician is required for participation in athletics if you have had a major illness, physical injury requiring on going medical treatment or clinical rehabilitation or any surgery within the last 24 months, or been diagnosed with a heart murmur or other cardiac abnormality. PLEASE HAVE THE TREATING PHYSICIAN COMPLETE THIS FORM.

Student-Athlete: \_\_\_\_\_

Sport(s): \_\_\_\_\_

Injury/Illness: \_\_\_\_\_

Body Part/System: \_\_\_\_\_

May return to participation in intercollegiate athletics:

(Check One)

☐ Without Restrictions  
☐ Limited Activity \_\_\_\_\_

☐ Not Cleared for Activity

Reason: \_\_\_\_\_

Physician's comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**\*\*Please include any surgical reports, MRI or CT reports, or other relevant documentation regarding the above described condition.**

\_\_\_\_\_  
Physician Name (Printed)

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date