



New Blood Gives

When Louisiana Tech's Shanavia Dowdell was a baby, her grandmother nicknamed her "Bean" because she didn't like the name Shanavia.

"She said it sounded like a navy bean, so she just started calling me Bean," said Dowdell referring to her maternal grandmother Georgia Hall.

The nickname stuck. And throughout her childhood, high school and even her first three years on the LA Tech campus, the 6-foot-2-inch power forward has been known affectionately by her friends and teammates as just that ... Bean. Until last February when a run-in with a needle earned her a new nickname.

Upon return from a two-game Western Athletic Conference road trip to San Jose and Hawaii, Tech interim head coach Teresa Weatherspoon requested that Dowdell get some tests run.

Despite the fact that Dowdell was averaging more than 15.0 points and 9.0 rebounds per game at the time, Weatherspoon was concerned with what she felt was a lack of energy and stamina by her leading scorer and rebounder.

"She couldn't last two minutes," Weatherspoon said. "It had nothing to do with us playing in altitudes. The look on her face was different ... as if she was really suffering. It wasn't the look of 'Coach, I'm not in shape.' It was 'Coach, something is wrong.'"

Even Dowdell could tell that something wasn't right.

"After all the conditioning we did this summer, I knew I couldn't be out of shape," she said. "I was getting fatigued way too fast. Even Coach Spoon noticed it."

Weatherspoon confronted her star after practice one day in the training room, trying to look into Dowdell's eyes to see if she could tell anything by the color of them.

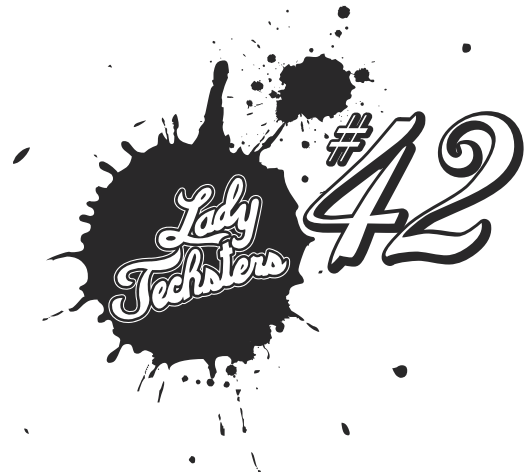
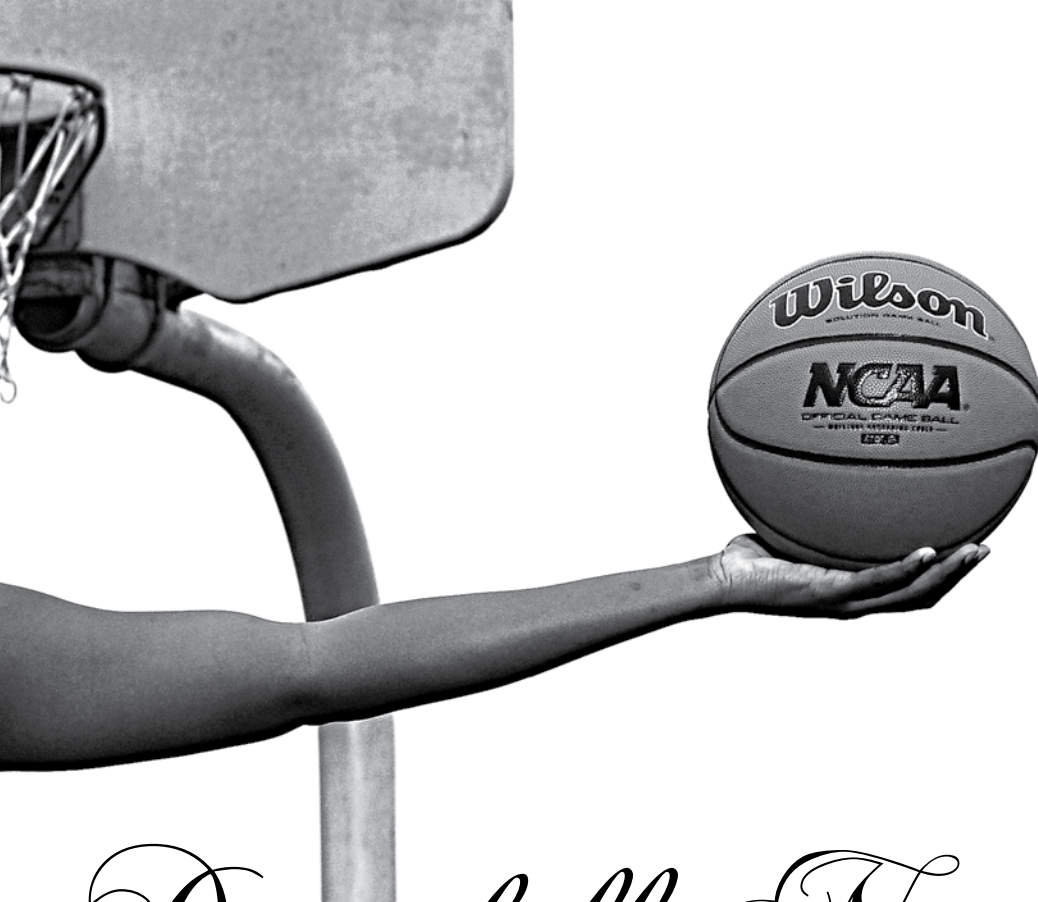
"I reached up to pull her eyelid down to see how her eyes looked and she told me to stop," Weatherspoon recalled. "She said, 'Coach, quit it. You don't know what you are doing.'"

So off to the doctor Dowdell went.

The first thing the doctor did at her appointment was check the color of her eyes," Weatherspoon said. "Now she knows that Coach Spoon knows what she is talking about."

The tests were worthwhile as they revealed that Dowdell was extremely anemic. In fact her iron levels were so low that medication wasn't going to remedy the problem ... at least not at first.

"Her iron levels were very low so they decided that giving her a blood transfusion was the best way to get those levels back up," said Tech athletic trainer Michele Dummett, who works with the Lady Techster basketball team. "The average



Dowdell New Fight

population has a normal iron level of around 12. Shanavia's was 8.6.

"Normally, they do a blood transfusion when the level gets down below 8. Since hers was just barely above that level and since she is an athlete, they decided it was the best way to get her levels back up."

Weatherspoon said she knows from first-hand experience what Dowdell was enduring.

"It was easy for me to understand because the same thing happened to me when I was playing in the WNBA," Weatherspoon said. "It's hard. For her to be as anemic as she was and to still endure the practices, travel and games, well it says a lot about her. She fought through a lot to give us what she had."

So the day before the Lady Techsters were scheduled to play their regular season home finale against Utah State on Feb. 28, Dowdell spent 10 hours at North Louisiana Medical Center receiving two units of blood.

"I was asleep most of the time," Dowdell said. "They gave me some Benadryl which helped me relax."

Twenty-four hours after completing the transfusion, Dowdell stepped onto the Thomas Assembly Center floor and led her team to a 53-46 win over the Aggies, scoring 18 points, grabbing 13 rebounds, registering four steals and three blocks in 39 minutes of action.

Dowdell said she felt like a new player.

"I felt the difference the next day when we played Utah State," Dowdell said. "It was instant. I could feel a difference as soon as I got out there. I just felt like I had more energy."

Since the blood transfusion, Dowdell has led Tech to a 3-0 mark while averaging 39 minutes a game. The additional minutes and increased energy has also shown up on the stat sheet as she is averaging 23.7 points, 15.0 rebounds, 2.0 blocks and 1.7 steals in those three contests.

Dowdell's resurgence on the court during the final two weeks of the regular season helped earn her the 2009 Western Athletic Conference Player of the Year award.

And not only did the blood transfusion earn her the hardware, but it also earned her a new nickname.

"Everyone started calling me 'New Blood,' even my mom," Dowdell joked. "I don't know whose blood it was, but whoever's it was, I sure appreciated it."

So did the Louisiana Tech coaches, players and fans.

As Bean enters her final season at Louisiana Tech, she hopes to contribute the same old dominating results that the Lady Techster faithful have grown accustomed to watching while also providing the program some "New Blood."

SHANAVIA DOWDELL

#42



6-2, Senior, Forward, 3L
Calera, Ala.
Calera HS

2008-09: Named WAC Player of the Year ... Named First Team All-WAC ... Named first team all-state by the LSWA ... Named to the WAC all-tournament team ... Named WBCA All-Region 7 Team ... Was a 2-time LSWA Player of the Week ... Was a 4-time WAC Player of the Week (program record) ... Named to the Marriott Cavalier Classic All-Tournament Team ... Named the Business Technology Group Player of the Game (LA Tech Radio Network) 12 times ... Started 32 games for Louisiana Tech while seeing action in 33 games ... Averaged 16.1 points, 9.9 rebounds, 1.8 blocks and 1.2 steals per game ... Shot 53 percent from the field, 36 percent (10-28) from the three-point line and 59 percent from the free throw line ... Totaled 60 blocks, 39 steals and 21 assists ... Recorded a WAC-best 18 double doubles during the season ... Scored in double figures 29 times ... Had eight games of 20 or

more points, including a career-high 30 points in a loss to Western Kentucky Nov. 30 ... Scored 29 points and grabbed a career-high 17 rebounds to lead the Lady Techsters to a win over New Mexico State March 7 ... Scored 24 points and pulled down 15 rebounds in a win at Fresno State March 2 ... Totaled 29 points and nine rebounds in a win over Grambling State Dec. 9 ... Had 16 points, 10 rebounds and a career-high eight blocks in a win over Nicholls State Nov. 26 ... WAC Statistical Rankings: No. 1 in scoring, No. 1 in field goal percentage, No. 2 in rebounding, No. 2 in offensive rebounds (3.36), No. 2 in defensive rebounds (6.52), No. 2 in blocks, No. 13 in free throw percentage ...



2007-08: Named second team all-Louisiana by the Louisiana Sports Writers Association ... Named Tech Radio Network Player of the Game seven times ... Saw action in all 31 games, making 29 starts for Tech ... Averaged 12.3 points, 7.5 rebounds 1.3 blocks and 1.2 steals per game ... Shot 48 percent from the field, 55 percent from the free throw line and 25 percent from the three-point line ... Totaled 14 assists ... Had a team best 40 blocks on the year ... Ranked second on the team with 38 steals ... Scored in double figures in 25 games ... Registered double figures in rebounds seven times ... Recorded six double doubles ... Scored a career-high 21 points and grabbed 10 rebounds in win over Sam Houston State (Dec. 29) ... Recorded 15 points and a career-high 17 rebounds in win over Northwestern State (Nov. 23) ... Scored 11 points and grabbed 11 rebounds in win over Alabama (Dec. 5) ... Hit the game-winning shot with :06 remaining against the Crimson Tide ...

2006-07: Named to the Western Athletic Conference all-Freshman team ... Saw action in 29 games ... Averaged 3.9 points and 2.4 rebounds while averaging only 8.7 minutes a contest ... Shot 52 percent from the field and 72 percent from the free throw line ... Also recorded 14 steals, seven blocks and three assists during the year ... Scored in double figures twice during the season ... Scored a career-high 12 points in win over Idaho (Feb. 17) ... Also scored 10 points in win over Idaho (Jan. 21) ... Scored eight points on four different occasions ... Pulled down a career-high nine rebounds and scored eight points in win over San Jose State (Feb. 8) ... Scored in 25 of the 29 games she saw action ...

High School: Lettered since her eighth grade year on varsity for coach Scott Gafford at Calera High School ... Played for coach James Knowles as a senior ... Led Calera to a mark of 101-26 mark during her high school career ... Averaged 24.7 points, 11.1 rebounds, 3.5 steals and 3.5 blocks in 2006 ... Averaged 27.0 points and 15.1 rebounds in 2005 ... Averaged 28.9 points and 14.2 rebounds in 2004 ... Scored 3,447 career points and grabbed 1,621 career rebounds ... Led Calera High School to the Alabama 2A state championship game in 2004 and 2005 ... Named 2006 Miss Basketball in the state of Alabama ... Named the Birmingham News Metro Girls Player of the Year in 2006 ... Named the Alabama Class 2A state Player of the Year in 2006 ... Named all-county four times ... Named to the Alabama Super Five in 2004 ... Named to the Birmingham News All-State first team in 2004 and 2006 ... Named to the ASWA 2A All-State first team in 2003 and 2005 ... Named Alabama 2A state MVP in 2004, 2005 and 2006 ... Scored 35 points in a loss in the 2004 Alabama 2A state title game ... Named the MVP in the Alabama-Mississippi All-Star Classic in March of 2006 ... Played in the Alabama North/South All-Star game in July of 2005, scoring 11 points and grabbing 11 rebounds ... Played AAU for coach Greg Williams and the Alabama Lady Warriors ... Also played volleyball at Calera ... Ranked as the No. 1 high school senior in Alabama by the Birmingham News ... Ranked as the 92nd best high school player in the country by Blue Star ...

Personal: Full name is Shanavia Averiel Dowdell ... Daughter of Aretha and Andrew Dowdell ... Has three brothers, Kevin, Fanando, and DeMarcus, and one sister, Tamiria ... Born Sept. 10, 1987.

Getting to Know Shanavia

Name: Shanavia Dowdell

Nickname: Bean

Favorite TV Show: Sponge Bob Square Pants

Favorite Reality Show: America's Next Top Model

Favorite Food: chicken and rice with cream of mushroom

Favorite Music Artist/Group: Lil Wayne

Best Player I've Faced: Sylvia Fowles from LSU

Favorite Actor: Jamie Foxx

Favorite Movie: Love and Basketball

Person I'd Most Like to Meet: LeBron James

Favorite Non-Hoops Athlete: Michael Phelps

Most Famous Person I've Met: Nelly

Favorite Pro Team: Cleveland Cavaliers

Favorite Book: Let the Circle Be Unbroken by Mildred Taylor

Favorite Candy: Hot Tamales

You Might Be Surprised to Know That: I have vitiligo, a skin disease in which there is a loss of pigment from areas of skin, resulting in irregular areas of white patches that feel like normal skin.

Most Prized Possession: my grandmother's necklace

Favorite Coach Spoon saying: Put that on Facebook.

One Word That Describes Our Team This Year: champions



Shanavia Dowdell Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	Blks	St	TP/Avg
06-07	29/0	252/8.7	44-84/.524	2-10/.200	23-32/.719	70/2.4	3	7	14	113/3.9
07-08	31/29	869/28.0	159-330/.482	8-32/.250	54-98/.551	231/7.5	14	40	38	380/12.3
08-09	33/32	1037/31.4	218-409/.533	10-28/.357	85-144/.590	326/9.9	21	60	39	531/16.1
Totals	93/61	2158/23.2	421-823/.512	20-70/.286	162-274/.591	627/6.7	38	107	91	1024/11.0

Lady Techsters #22



Pringle: Off-guard or Grandma

According to her teammates and her coach, Tiawana Pringle has a fetish and a disorder.

Not the kind that the senior guard for Louisiana Tech would need to see a therapist about – these “issues” aren’t life threatening or harmful – except maybe to her wallet.

Pringle simply loves shoe shopping and shut eye – and a lot of it.

“I like buying shoes,” Pringle said. “If I see a pair, mainly ones with different colors, then I buy them. I especially like Nike Air Force Ones. Rainbow colored Air Force Ones ... colors that no one else would think about. It’s my fetish.”

Fetish might not be a strong enough adjective to describe the sharp-shooting guard’s infatuation with purchasing new shoes. According to Pringle, she has “about 100 pairs.”

Pringle, who is known back in her hometown of Meridian, Mississippi, as Miss Ann – “It’s a name my grandmother gave me when I was little,” – says her closet and room are filled with boxes of shoes.

Teammate Shanavia Dowdell, who is also Pringle’s roommate, said her little buddy has “a problem.” Simply put, she’s a shopaholic when it comes to footwear.

“Every time we go to the mall, she has to buy a pair,” Dowdell said. “If we go today, she will buy a pair, and if we go tomorrow, she will buy a pair. She’s obsessed with shoes. And she doesn’t even wear them ... she’ll wear them like one time.”

Pringle admits that she doesn’t exactly wear holes in her kicks.

“I have a pair I’ve only worn once because they are an odd lime green color,” Pringle said.

When Pringle isn’t shoe shopping, going to class or playing basketball, she is normally catching up on her rest. In fact, her tendency to nod off at any time as well as a few other qualities has earned her the label of the team grandmother.

“She’s always sleepy. She’s in bed by 8 p.m.,” said Tech head coach Teresa Weatherspoon. “She can’t stand noise. She tells everyone what to do in a grandmotherly way. And everything starts with ‘Now ...’

“It’s her way of presenting herself to the girls. She tells them what to do and how to do it. It’s the words she uses and her slow distinct delivery.”

Dowdell agrees with her coach’s assessment.

“(Tiawana) sleeps too much,” Dowdell said. “Whenever we get out of practice, she always says she is going to do something but always ends up going to sleep. We go to the movies for fun. She goes to sleep for fun.”

Grandma Pringle just smiles and takes the ribbing like a good sport.

“They call me that because I like sleeping,” Pringle said. “I don’t like going out to just go out. I’m a home body. They say I act old and say things only older folks would say. I probably do, depending on who I am talking to.

“(Shanavia) teases me about being the grandmother. So does (Tarkeisha Wysinger). Even (our trainer) Michele (Dummett) will say, ‘TP, that’s only something an old person would say.’”

When Pringle was a senior at Southeast Lauderdale High School, Louisiana Tech almost slept on her as the Lady Techsters didn’t enter the recruiting process until late in the game, eventually signing her away from Tulane, Alabama-Birmingham, Southern Miss and a number of other colleges.

Pringle said that if the Lady Techsters hadn’t offered her, she might not have even played college basketball.

“I had academic scholarships,” Pringle said. “But my mom kept saying, ‘Why don’t you go ahead. You know you’ll miss it.’ I really wanted to go to Louisiana Tech. I knew it would be a great opportunity for me. It wasn’t that I didn’t love basketball; I just wanted to focus on my academics.”

Pringle has been able to do both – play basketball and make good grades. She is set to graduate with a bachelor’s degree in kinesiology and health promotions this May and plans to go to graduate school in sports medicine or take additional classes so she can apply for physical therapy school.

Regardless of the direction she goes with her future, two things are for sure – she will be wearing new shoes and she will be well-rested.

TIAWANA PRINGLE

#22



5-8, Senior, Guard, 3L
Meridian, Miss.
Southeast Lauderdale HS

2008-09: Named the Business Technology Group Player of the Game (LA Tech Radio Network) three times ... Started 33 games for Louisiana Tech, seeing action in all 34 contests during the year ... Averaged 6.6 points, 4.2 rebounds, 2.9 assists and 1.3 steals per game ... Shot 34 percent from the field, 29 percent (24-82) from the three-point line and 53 percent from the free throw line ... Totaled 98 assists and 44 steals on the year ... Scoring in double figures seven times during the season, including a season-high 17 points in a win over Nicholls State Nov. 26 while also recording a career-high six steals against the Colonels ... Also scored 15 points and grabbed 11 rebounds for her first career double double in an overtime win at Idaho Jan. 23 ... Pulled down a career-high 11 rebounds in a win over Arizona Dec. 6 ... Followed that up with 10 rebounds in a home win over Grambling

State Dec. 9 ... Recorded a season-high six assists on five different occasions during the season ... WAC Statistical Rankings: No. 8 in assists ...

2007-08: Named Tech Radio Network Player of the Game four times ... The only player to start all 31 games for Louisiana Tech ... Averaged 6.1 points, 2.8 rebounds, 2.8 assists and 1.0 steal per game ... Shot 32 percent from the field, 40 percent from the three-point line and 57 percent from the free throw line ... Totaled a team-high 88 assists ... Also had 32 steals and two blocks ... Scored in double figures five times ... Scored a career-high 20 points in a win over Stephen F. Austin (Dec. 1) ... Hit a career-high six three-pointers in the win over SFA (all coming in second half) ... Scored 13 points in win over McNeese State (Dec. 31) and in loss at Hawaii (March 6) ... Scored 12 points in win over Nevada (March 12) in WAC Tournament quarterfinals ... Had at least one assist in all 31 games, including a career-high six twice ... Recorded a career-high four steals in win at San Jose State (March 8) ...

2006-07: Saw action in 18 games for Louisiana Tech, making two starts ... Started the first two games of her collegiate career against Western Kentucky and Stephen F. Austin ... Averaged 0.8 points, 1.0 assists, 0.4 rebounds and 0.5 steals per game ... Shot 25 percent from the field, 17 percent from the three-point line and 50 percent from the free throw line ... Also registered eight steals and two blocks ... Scored a career-high five points in road win over Iowa (Nov. 21) ... Had a career-high four assists against Eastern Kentucky (Nov. 24) and at Arizona (Dec. 3) ...

High School: Lettered four years for coach Joe Miller at Southeast Lauderdale High School in Meridian, Miss. ... Averaged 17.1 points, 6.0 assists, 5.6 rebounds and 2.8 steals per game as a senior ... Hit 41 of 122 three-pointers ... Scored in double figures in all but three games as a senior ... Averaged 16.3 points, 6.6 rebounds and 4.5 assists as a junior ... Led the Tigers to a school record 35-3 mark and the Mississippi Class 3A state title in 2006 and the Class 3A runner-up title in 2005 ... Scored 15 points in the state title win over Choctaw Central and 31 points in the state semifinal win over Byhalia ... Has started since her freshman year and led the program to an 122-21 mark in four years ... Named 2006 Miss Basketball in the state of Mississippi by the Clarion Ledger ... Named the Division 5-3A MVP as a senior ... Named first team all-state as a senior ... Named to the Clarion Ledger Dandy Dozen prior to her senior season



... Named first team All-Division 5-3A as a junior ...
 Named all-South State and all-state (Mississippi Association of Coaches) as a junior ... Played in the Mississippi North-South All-Star game in summer of 2005 ...
 ... Played in the Mississippi-Alabama All-Star Classic in March of 2006 ...

Personal: Full name is Tiawana Patrice Pringle ...
 Nickname is Miss Ann, given by her grandmother ...
 Daughter of Rancee Pringle and Marvin and Michelle Randolph ... Has one sister, Yasmin, and two brothers, Malik and Isiah ...
 Born Feb. 21, 1988 in Meridian, Miss.

Getting to Know Tiawana

Name: Tiawana Pringle

Nickname: Ms. Ann, T.P.

Favorite Quote: Respect all but refuse to lose.

Favorite TV Show: House

Favorite Reality Show: The Real Housewives of Atlanta

Favorite Food: roast with cream of chicken and mashed potatoes with gravy

Favorite Music Artist/Group: MC Lyte

Favorite Actor: Morgan Freeman and Will Smith

Favorite Movie: Love and Basketball

Favorite Non-Hoops Athlete: Jenny Finch

Favorite Tech Class: kinesiology internship

Favorite Pro Team: Indiana Fever

Favorite Book: A Black Man's Tribute to His White Mother by James McBride

Favorite Candy: Mike and Ikes

You Might Be Surprised to Know that: I love sleeping.

My Teammates Would Describe Me As: old ... grandmotherly

Favorite Coach Spoon Saying: Put that on Facebook.

One Word That Describes Our Team This Year: competitive



Tiawana Pringle Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	TO	St	TP/Avg
06-07	18/2	146/8.1	6-24/.250	1-6/.167	1-2/.500	8/0.4	18	19	8	14/0.8
07-08	31/31	827/26.7	67-212/.316	26-65/.400	28-49/.571	88/2.8	88	84	32	188/6.1
08-09	34/33	997/29.3	81-236/.343	24-82/.293	37-70/.529	142/4.2	98	78	44	223/6.6
Totals	83/66	1970/23.7	154-472/.326	51-153/.333	66-121/.545	238/2.9	204	181	84	425/5.1



Getting to Know Adrienne

Name: Adrienne Johnson

Nickname: A

Favorite Quote: "I can do all things through Christ who strengthens me." Phillipians 4:13

Favorite TV Show: The Game

Favorite Reality Show: Cheaters

Favorite Food: okra gumbo and crawfish

Favorite Music Artist/Group: Lil Wayne

Best Player I've Faced: Alexis Rack of Mississippi State

Favorite Actor: Will Smith

Favorite Movie: Love and Basketball

Person I'd Most Like to Meet: Barack Obama

Favorite Pro Team: New Orleans Saints

Favorite Book: the Bible

Favorite Candy: Lemonheads

Pre-Game Ritual: eating hot dogs

Most Prized Possession: my head scarf that my grandmother gave me

Favorite Song To Dance To: Frankie by Paper Chasers

Favorite Coach Spoon Saying: "Put that on Facebook."

One Word That Describes Our Team This Year: physical

ADRIENNE JOHNSON

#33



6-0, Junior, Forward, 2L
Franklin, La.
Franklin HS

2008-09: Named first team all-WAC ... Named to the WAC all-Defensive Team ... Named first team all-state by the LSWA ... Named WAC Player of the Week (Dec. 29) ... Named LSWA Player of the Week (Feb. 24) ... Named Business Technology Group Player of the Game (LA Tech Radio Network) 14 times ... Started all 34 games for Louisiana Tech ... Averaged 15.5 points, 7.1 rebounds, 1.7 steals, 1.4 blocks per game ... Shot 47 percent from the field and 72 percent from the free throw line ... Hit 2-of-17 three-pointers ... Scored in double figures 27 times ... Registered seven double doubles during the season ... Led the WAC with 11 20-plus point performances ... Scored a career-high 31 points and grabbed 11 rebounds in a win over SMU March 19 in the first round of the WNIT ... Scored 23 points and grabbed nine rebounds in a win at Hawaii Feb. 22 ... Scored 20 points and

grabbed nine rebounds in an overtime win at Idaho Jan. 23 ... Scored 21 points in a win over Arizona Dec. 6 ... Scored 18 points and grabbed a career-high 16 rebounds in a win over New Mexico State March 11 in the quarterfinals of the 2009 WAC Tournament ... WAC rankings: No. 2 in scoring, No. 3 in rebounding, No. 3 in field goal percentage, No. 7 in free throw percentage, No. 5 in steals, No. 6 in blocks, No. 3 in offensive rebounds (3.09), No. 12 in defensive rebounds (4.06) ...

2007-08: Named Tech Radio Network Player of the Game twice ... Saw action in all 31 games, making three starts for Louisiana Tech ... Averaged 7.8 points and 5.3 rebounds per game ... Shot 41 percent from the field, 35 percent from the three-point line and 71 percent from the free throw line ... Recorded 23 assists, 30 blocks and 23 steals ... Scored in double figures 12 times ... Recorded double figure rebounds twice ... Had two double doubles on the year ... Had 13 points and 10 rebounds in win over McNeese State (Dec. 31) ... Had 10 points and 10 rebounds in win over Hawaii (Feb. 2) ... Scored a career-high 18 points on 8-of-11 shooting in loss at Nevada (Jan. 24) ... Scored 17 points and grabbed seven rebounds while making a start at San Jose State (March 8) ... Had 15 points in win over Nevada in WAC Tournament quarterfinals (March 12) ...

2006-07: Saw action in 18 games for Louisiana Tech, making two starts ... Started the first two games of her collegiate career against Western Kentucky and Stephen F. Austin ... Averaged 0.8 points, 1.0 assists, 0.4 rebounds and 0.5 steals per game ... Shot 25 percent from the field, 17 percent from the three-point line and 50 percent from the free throw line ... Also registered eight steals and two blocks ... Scored a career-high five points in road win over Iowa (Nov. 21) ... Had a career-high four assists against Eastern Kentucky (Nov. 24) and at Arizona (Dec. 3) ...

High School: Played for coach Ronnie Louis at Franklin High School in Louisiana for four years ... Helped win the District 7-3A title four years ... Helped lead Franklin to the Class 3A state title as a freshman and sophomore and the runner-up as a junior ... Led the program to the Class 3A state semifinals as a senior ... Named the Gatorade Louisiana Girls Player of the Year in 2007 ... Named the Louisiana Class 3A state MVP as a senior ... Named first team all-district four times ... Named first team all-state as a sophomore, junior and senior and honorable mention as a freshman ... Named the Class 3A state tournament MVP as a junior ... Named first team all-Acadiana as a junior by the Daily Advertiser and first team all-area as a junior by the Daily Iberian ... Averaged 25.5 points, 13.4 rebounds, 5.4 blocks, 5.3 steals and 4.4 assists per game as a senior ... Played AAU ball for coach Allen Frey and the Kenner Angels ... Named an AAU All-America (2006) ... Ranked No. 60 in Michael White's All-Star Girls Report (No. 11 among power forwards) ... Also rank track for Franklin High School ... Was the Louisiana Class 3A state champion in the triple jump in both 2006 and 2007 and the Class 3A state champion in the high jump in 2007 ...



Adrienne Johnson Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	Blks	St	TP/Avg
07-08	31/3	650/21.0	105-254/.413	8-23/.348	25-35/.714	163/5.3	23	30	23	243/7.8
08-09	65/37	1122/33.0	211-454/.465	2-17/.118	103-143/.720	243/7.1	26	46	59	527/15.5
Totals	65/37	1772/27.3	316-708/.446	10-40/.250	128-178/.719	406/6.2	49	76	82	770/11.8



Lady
Techsters

#23

Getting to Know Whitney

Name: Whitney Jones

Nickname: Whit

Favorite TV Show: House

Favorite Reality Show: I Love New York

Favorite Food: chicken tetrazzini

Favorite Music Artist/Group: Day 26

Best Player I've Faced: Chrissy Givens of Middle Tennessee

Favorite Actor: Mike Epps

Favorite Movie: Love and Basketball

Person I'd Most Like to Meet: Michael Jordan

Favorite Non-Hoops Athlete: Reggie Bush of the New Orleans Saints

Favorite Lady Techster Road Trip: Hawaii because it is so beautiful

Favorite Pro Team: Cleveland Cavaliers

Favorite Book: the Bible

Favorite Candy: Now and Laters

Pre-Game Ritual: eating hot dogs

Favorite Former Lady Techster: Cheryl Ford

Career Goal (After College): playing in the WNBA

My Teammates Would Describe Me As: funny, goofy

Favorite Coach Spoon Saying: "Put that on Facebook."

One Word That Describes Our Team This Year: physical

WHITNEY JONES

#23



5-7, Junior, Guard, 2L
West Monroe, La.
Baylor

2008-09: Named all-state honorable mention by the LSWA ... Named to the Marriott Cavalier Classic all-tournament team (Virginia Tournament) ... Named the Business Technology Group Player of the Game (LA Tech Radio Network) six times ... Started all 34 games for Louisiana Tech ... Averaged 13.3 points, 4.9 rebounds, 2.5 assists, 1.5 steals per game for the Lady Techsters ... Shot 40 percent from the field, 34 percent (38-113) from the three-point line and 68 percent from the free throw line ... Totaled 86 assists, 51 steals and seven blocks ... Scored in double figures 25 times during the season, including a career-high 31 points in an overtime win over Utah State Jan. 10 ... She also added a career-high tying nine rebounds in the victory over the Aggies ... Scored 23 points and grabbed

nine rebounds in a loss to defending national champion Tennessee Nov. 23 in Knoxville ... Scored 22 points and grabbed seven boards in a win over New Mexico State Jan. 30, while hitting a career-high five three-pointers ... Had five games of 20-plus points during the season ... Totaled a career-high seven assists in wins over Grambling State Dec. 9 and New Mexico State March 7 ... WAC Statistical Rankings: No. 5 in three-point field goal percentage, No. 8 in scoring, No. 9 in offensive rebounds (2.29), No. 11 in free throw percentage, No. 12 in assists, No. 14 in field goal percentage and No. 14 in three-pointers made per game (1.12) ...

2007-08: Saw action in seven games, making seven starts before going down with a season-ending injury ... Was injured and lost for the season Dec. 8 when she collided with a Southern Miss player with only 0.5 seconds remaining in the game ... Averaged 10.6 points and 4.0 rebounds per game ... Shot 33 percent from the field, 38 percent from the three-point line and 55 percent from the free throw line ... Recorded 12 assists and 15 steals ... Scored in double figures four times ... Scored a career-high 16 points (all in the second half) against eventual national champion Tennessee Nov. 26 ... Scored 15 points at Western Kentucky (Nov. 20) and against Stephen F. Austin (Dec. 1) ... Had at least two steals in six of her seven games ...

Baylor (2006-07): Played in eight games for the Baylor Bears as a true freshman before transferring to Tech ... Averaged 1.1 points and 2.3 rebounds per contest ...

High School: Lettered for coach Donnie Quin at West Monroe High School for four years ... Helped lead the Lady Rebels to the Louisiana Class 5A state championship as a sophomore ... Averaged 21.3 points, 9.1 rebounds and 4.0 assists per game as a senior ... Two-time Gatorade Louisiana Girls Basketball Player of the Year, joined former LSU star Semoine Augustus as the only other athlete from Louisiana to receive the honor twice ... Named all-state all four prep seasons ... Three-time Class 5A Most Outstanding Player ...

Personal: Full name is Whitney Brion Jones ... Daughter of Tony and Glenda Jones ... Has one sister, NaPorsha ... Born Dec. 31, 1987, in Monroe, La.



Whitney Jones Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	TO	St	TP/Avg
07-08	7/7	205/29.3	25-77/.325	6-16/.375	18-33/.545	28/4.0	12	18	15	74/10.6
08-09	34/34	1110/32.6	172-431/.399	38-113/.336	71-105/.676	165/4.9	86	82	51	453/13.3
Totals	41-41	1315/32.1	197-508/.388	44-129/.341	89-138/.645	193/4.7	98	100	66	527/12.9



Getting to Know Brietta

Name: Brietta Thomas

Nickname: Bri

Favorite TV Show: Spongebob

Favorite Reality Show: For the Love of Ray J

Favorite Food: cornbread dressing

Favorite Music Artist/Group: Nivea

Best Player I've Faced: Shannon Bobbit from Tennessee

Favorite Actress: Angelina Jolie

Favorite Movie: Love and Basketball

Person I'd Most Like to Meet: Meagen Good and Michael Jordan

Favorite Non-Hoops Athlete: Tiger Woods

Most Famous Person I've Met: Shaquille O'Neal

Favorite Pro Team: Detroit Shock

Favorite Book: A Child Called It by David Pelzer

Favorite Candy: Kit Kats

Pre-Game Ritual: dancing to music

You Might Be Surprised to Know that: that I'm a military brat and I have lived many different places.

My Teammates Would Describe Me As: laid back

Favorite Song To Dance To: Flex by Party Boys

Favorite Coach Spoon Saying: No matter where we go, that's our home floor.

One Word That Describes Our Team This Year: driven

BRIETTA THOMAS

#2



**5-10, Junior, Guard, 2L
Baton Rouge, La.
University HS**

2008-09: Named the Business Technology Group Player of the Game (LA Tech Radio Network) twice ... Saw action in 32 games for Louisiana Tech ... Averaged 4.2 points, 2.3 rebounds, 0.7 assists and 0.4 steals per

game for the Lady Techsters ... Shot 35 percent from the field, 31 percent (20-64) from the three-point line and 74 percent from the free throw line ... Totaled 22 assists, 14 steals and 10 blocked shots ... Scored in double figures four times during the year ... Scored a career-high 19 points in a win over Arizona on Dec. 6, hitting 7-of-10 field goals and 4-of-5 three-pointers ... Also scored 12 points in wins over Nicholls State and San Jose State (twice) ... Pulled down a career-high seven rebounds in a 77-54 win over SMU in the first round of the WNIT March 19 ... Registered a career-high four steals in a win at Hawaii Feb. 22 ...

2007-08: Saw action in 15 games for Louisiana Tech ... Averaged 0.5 points and 0.4 rebounds per game ... Also had one steal ... Shot 13 percent from the field, 22 percent from the three-point line and 50 percent from the free throw line ... Scored her first collegiate points with a three-pointer in a win over McNeese State (Dec. 31) ... Also hit a three-pointer in a win at Idaho (Feb. 9) ...

High School: Lettered for three years for coach Bonita Johnson at University High School in Baton Rouge ... Transferred from Catholic High Point Coupee where she played for three years (seventh grade through ninth grade) ... Led University to the state semifinals in Class 2A of the Louisiana state tournament as a senior ... Played in the Louisiana All-Star game following her senior season ... Named the District 8-2A Most Valuable Player as a junior ... Named all-district as sophomore and junior ... Named all-state honorable mention as a junior ... Led University High to the District 8-2A title and to the state playoffs last two years ... Named all-district second team and all-parish as an eighth grader ... Averaged 18.1 points and 3.9 assists as a junior ... Also played volleyball for University High for three years ... Named all-district in volleyball as a junior ...

Personal: Brietta Katrice Thomas ... Daughter of Lovetta and Walter Thomas ... Has three brothers, Jordan and Jorrell (twins), and Khalil ... Born March 1, 1990, in Baton Rouge, La.



Brietta Thomas Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	TO	St	TP/Avg
07-08	15-0	42/2.8	2-15/.133	2-9/.222	1-2/.500	6/0.4	0	3	1	7/0.5
08-09	32-0	440/13.8	50-143/.350	20-64/.313	14-19/.737	74/2.3	22	29	14	134/4.2
Totals	47-0	482/10.3	52-158/.329	22-73/.301	15-21/.714	80/1.7	22	32	15	141/3.0



Lady
Techsters

#14

Getting to Know Tarkeisha

Name: Tarkeisha Wysinger

Nickname: TK, Puddin

Favorite TV Show: The Game

Favorite Reality Show: Real Chance of Love

Favorite Food: Mexican chicken

Favorite Music Artist/Group: Beyonce

Best Player I've Faced: Monica Maxwell

Favorite Actor: Cameron Diaz

Favorite Movie: The Bronx Tale

Favorite Non-Hoops Athlete: Serena Williams

Favorite Tech Class: modern dance

Favorite Pro Team: Los Angeles Lakers

Favorite Book: Where the Red Fern Grows by Wilson Rawls

You Might Be Surprised to Know that: I'm a really emotional person.

Most Prized Possession: my lips and eyes

My Teammates Would Describe Me As: real

Favorite Coach Spoon Saying: On defense, never open up 1-20.

One Word That Describes Our Team This Year: wild

TARKEISHA WYSINGER

#14



5-8, Junior, Guard, 2L
Many, La.
Many HS

2008-09: Named preseason second team all-WAC ... Saw action in 18 games for Louisiana Tech, missing 16 games due to injury ... Was named to the preseason All-WAC second team ... Averaged 4.3 points, 2.8 rebounds, 0.9 steals and 0.9 assists per game ... Shot 35 percent from the field, 33

percent (2-6) from the three-point line and 60 percent from the free throw line ... Totaled 16 steals and 15 assists on the year ... Scored a season-high 12 points in a win over Hawaii Feb. 22 in Honolulu ... Also scored nine points in a win over New Mexico State March 7 in Las Cruces ... Grabbed a season-high eight rebounds in a win over New Mexico State in the quarterfinals of the 2009 WAC Tournament March 12 ... Registered a season-high three steals in wins over Fresno State March 2 and New Mexico State March 7 ...

2007-08: Named to the Western Athletic Conference All-Freshman team ... Named Tech Radio Network Player of the Game five times ... Saw action in all 31 games, making 22 starts as a true freshman ... Averaged 9.0 points, 5.6 rebounds, 2.2 steals and 2.1 assists per game ... Shot 34 percent from the field, 17 percent from the three-point line and 73 percent from the free throw line ... Registered a team high 67 steals ... Also ranked second on the team with 65 assists ... Totaled five blocks ... Scored in double figures 14 times ... Recorded double digits in rebounds six times ... Had three double doubles ... Scored 19 points and grabbed a career-high 13 rebounds against Northwestern State (Nov. 23) in only her second collegiate game ... Scored a career-high 24 points on 9-of-13 shooting in win over McNeese State (Dec. 31) ... Had 13 points and 11 rebounds in win over Utah State (Feb. 28) ... Also had 11 points and 10 rebounds in win at Utah State (Jan. 26) ...

High School: Played for head coach Darren Dyess and Jeremy Leach at Many High School in Louisiana ... Led Many to a 153-9 record during her career ... Named Miss Basketball in the state of Louisiana as a senior ... Named District 4-2A MVP four straight years ... Named All-Sabine Parish MVP four straight years ... Named first team all-area by the Shreveport Times four times ... Named All-CENLA MVP twice by the Alexandria Town Talk ... Named first team all-state four straight years ... Named Louisiana Class 2A state MVP three years ... Averaged 29.3 points, 11.1 rebounds and 6.0 steals per game as a junior ... Averaged 25.0 points per game as a sophomore ... Led Many to a 39-2 record and the Louisiana Class 2A state title as a junior ... Led Many to back-to-back Louisiana Class 2A titles as a sophomore and junior ... Led Many to the Class 2A runner-up as a senior ... Scored a Louisiana Class 2A state title game record 42 points and grabbed 16 rebounds in the 69-66 win over Iota in 2006 ...

Personal: Daughter of Dorothy Sweet and Robert Sweet ... Has two sisters, Sinnissia and LaTressa, and one brother, Mack ... Sinnissia lettered four years at Ole Miss ... Born May 7, 1989, in Shreveport, La.



Tarkeisha Wysinger Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	TO	St	TP/Avg
07-08	31-22	821/26.5	89-261/.341	4-23/.174	96-132/.727	175/5.6	65	83	67	278/9.0
08-09	18-0	240/13.3	23-66/.348	2-6/.333	29-48/.604	51/2.8	15	22	16	77/4.3
Totals	48-22	1061/21.7	112-327/.343	6-29/.207	125-180/.694	226/4.6	80	105	83	355/7.2

Lady
Techsters

#32



Getting to Know Jasmine

Name: Jasmine Bendolph

Nickname: JB, Jazz

Favorite TV Show: Law and Order

Favorite Reality Show: I Love New York

Favorite Food: corn bread and mac-n-cheese

Favorite Music Artist/Group: Ne-yo, Day 26

Best Player I've Faced: Dellena Criner from Nevada

Favorite Actor: Denzel Washington

Favorite Movie: Remember the Titans

Favorite Non-Hoops Athlete: Lance Armstrong

Most Famous Person I've Met: Lisa Leslie

Favorite Pro Team: New Orleans Saints

Favorite Book: Charlotte's Web by E.B. White

Favorite Candy: Kit Kats

You Might Be Surprised to Know that: I don't like to run.

Favorite Former Lady Techster: Cheryl Ford

Career Goal (After College): become a personal trainer

Most Prized Possession: my Spongebob blanket

My Teammates Would Describe Me As: wild

Favorite Song To Dance To: Walk With a Dip by Cash

Favorite Coach Spoon Saying: Get your butt down and feel the burn.

One Word That Describes Our Team This Year: adventurous

JASMINE BENDOLPH

#32



**5-7, Sophomore, Guard, 2L
Mobile, Ala.
Davidson HS**

2008-09: Named the Business Technology Group Player of the Game (LA Tech Radio Network) one time ... Saw action in 30 games for Louisiana Tech, making six starts ... Averaged 3.7 points, 2.0 re-

bounds, 2.5 assists and 0.5 steals per game ... Shot 31 percent from the field, 30 percent (6-20) from the three-point line and 69 percent from the free throw line ... Totaled 74 assists and 16 steals ... Scored in double figures twice ... Scored a career-high 18 points on 8-of-14 shooting in a 91-88 overtime loss to Nevada March 12 in the semifinals of the WAC Tournament ... Also recorded six assists in the game against the Wolf Pack ... Scored 10 points and grabbed seven rebounds in a win over UMBC Dec. 28 ... Totaled nine points and four assists in a loss to defending national champion Tennessee on Nov. 23 ... Recorded a career-high seven assists in a win over Hawaii Feb. 22 in Honolulu ... WAC Statistical Rankings: No. 13 in assists ...

High School: Played point guard for four years for coach Charlie Shipp at Davidson High School ... Averaged 14.8 points and 5.2 assists as a junior ... Led Davidson to the Alabama Class 6A state title game as a freshman and sophomore ... Led Davidson to the Class 6A Region 1 title as freshman and sophomore and the Class 6A Area 2 title as a junior ... Named the Alabama Sports Writers Association Player of the Year for Class 6A as a senior ... Named 2008 State of Alabama Super Five by the Alabama Sports Writers Association ... Nominated for the 2008 McDonald's All-American team ... Named Mobile Press Player of the Year as junior ... Mobile Press Top 5 player for three years ... Named all-state tournament team as a freshman and sophomore ... Named first team all-state three times ... Named MVP at the regional tournament as a sophomore ... Ranked in top five in Alabama according to www.hoopgurlz.com ... Named preseason honorable mention all-American by The Sporting News Magazine and by Dan Olson's Collegiate Girls Basketball Report (prior to senior season) ... Played AAU for coach Krystle Johnson and the Alabama Twisters Black Elite team ... Helped lead the team to the open division national championship title in AAU in summer of 2008 ...

Personal: Full name is Jasmine LaShawn Bendolph ... Daughter of Jacquelyn Bendolph ... Has two sisters, Julisa and Jessica ... Born Jan. 10, 1990, in Mobile, Ala.



Jasmine Bendolph Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	TO	St	TP/Avg
08-09	30-6	496/16.5	41-134/.306	6-20/.300	24-35/.686	61/2.0	74	58	16	112/3.7
Totals	30-6	496/16.5	41-134/.306	6-20/.300	24-35/.686	61/2.0	74	58	16	112/3.7



Lady
Techsters

#3

Getting to Know Kiara

Name: Kiara Young

Nickname: Kee

Favorite Quote: Anything is possible.

Favorite TV Show: The Game

Favorite Reality Show: I Love New York

Favorite Food: any kind of soul food

Favorite Music Artist/Group: Plies

Best Player I've Faced: Lyndra Littles from Virginia

Favorite Actress: Lauren London

Favorite Movie: Love and Basketball

Person I'd Most Like to Meet: Michael Jordan

Favorite Non-Hoops Athlete: Usain Bolt

Favorite Pro Team: Dallas Cowboys

Favorite Book: To Kill a Mockingbird by Harper Lee

Favorite Candy: Sour Patch Kids

You Might Be Surprised to Know that: I am scared of cats.

Career Goal (After College): to become a basketball coach

Most Prized Possession: my blanket that my grandmother gave me

My Teammates Would Describe Me As: unpredictable

Favorite Song To Dance To: Set It Off by Lil Boosie

One Word That Describes Our Team This Year: determined

KIARA YOUNG

#3



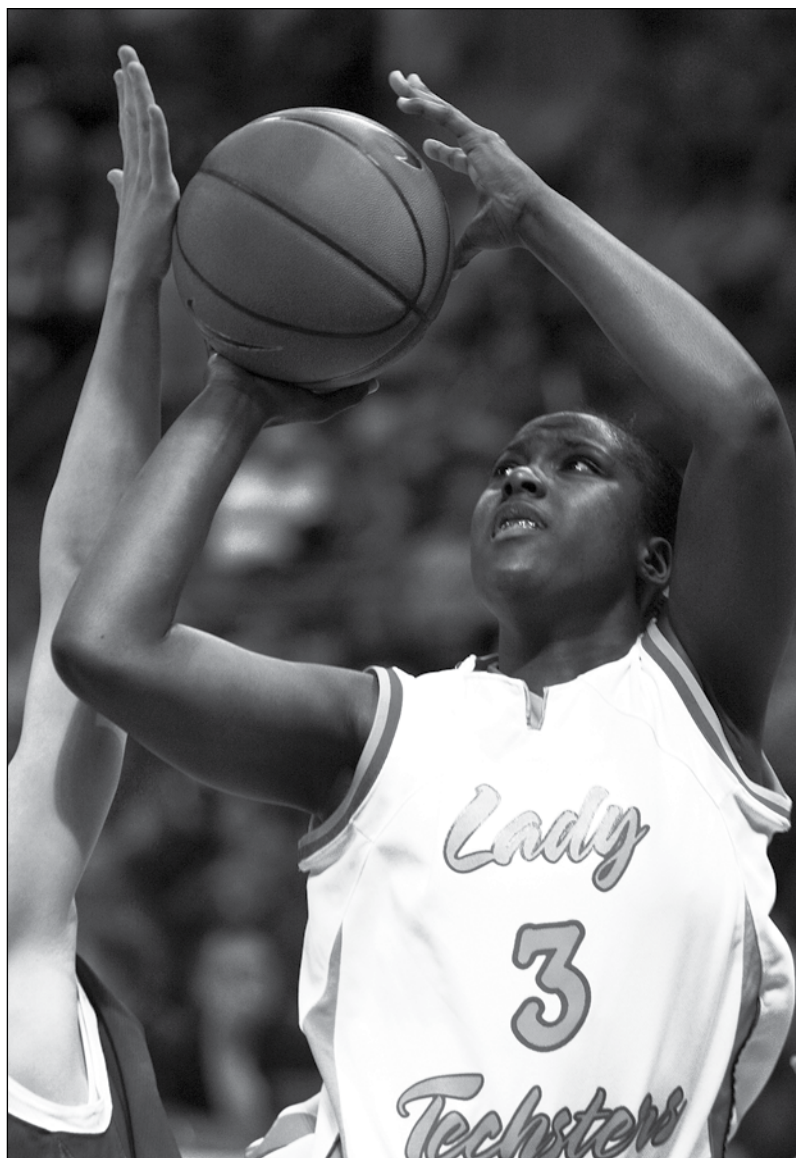
**5-9, Sophomore, Guard/Forward, 1L
Rogersville, Ala.
Lauderdale County HS**

2008-09: Saw action in 23 games for Louisiana Tech ... Averaged 1.7 points and 2.3 rebounds in 7.2 minutes per game ... Shot 35 percent from the field and 35 percent from the

free throw line ... Hit 2-of-8 three-pointers ... Also added three assists and nine steals ... Scored a season-high seven points in a win over San Jose State on Feb. 20 ... Scored six points on four different occasions including wins over Nicholls State, Hawaii and New Mexico State and a loss to Mississippi State ... Registered a career-high eight rebounds in eight minutes in a win over SMU March 19 in the first round of the WNIT ...

High School: Lettered for five years for coach Brant Lewellyn at Lauderdale County High School ... Led Lauderdale County to the Class 3A state championship game as a sophomore and was named MVP after hitting the game-winning shot ... Led Lauderdale to a 26-9 record and the Elite 8 as a junior while averaging 24.1 points and 8.3 rebounds per game ... Named the Class 3A player of the year by the Alabama Sports Writers Association ... Was named first team all-state by the Alabama Sports Writers Association as a junior and senior and was a finalist for Miss Basketball ... Rated as the 32nd best player and fourth best shooting guard in the country by Dan Olson's Collegiate Girls Basketball Report ... Ranked in top five in Alabama according to www.hoopgurlz.com ... Named preseason honorable mention all-American by The Sporting News Magazine and by Dan Olson's Collegiate Girls Basketball Report (prior to senior season) ... Played AAU for the North Alabama Twisters ... Helped lead the team to the open division national championship title in AAU in summer of 2008 ...

Personal: Kiara Shonte Young ... Daughter of Tracey and Leander Young ... Has two sisters, Leandra and Asia ... Born Dec. 5, 1989, in Decatur, Ala.



Kiara Young Career Totals

Year	G/GS	Min/Avg	FG-FGA/Pct	3M-3A/Pct	FT-FTA/Pct	Reb/Avg	Ast	TO	St	TP/Avg
08-09	23-0	165/7.2	16-46/.348	2-8/.250	6-17/.353	53/2.3	3	5	9	40/1.7
Totals	23-0	165/7.2	16-46/.348	2-8/.250	6-17/.353	53/2.3	3	5	9	40/1.7



Lady
Techsters

#21



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100%
PERFORMANCE
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MARTINA HOLLOWAY

#21



**5-5, Junior, Guard, TR
Albuquerque, N.M.
College of Southern Idaho**

Junior College: Played for coach Randy Rogers at the College of Southern Idaho for one season (2008-09) ... Led the team to a 26-4 mark during the year ... Averaged 9.0 points, 9.4 assists and 3.1 steals per game ... Shot 36 per-

cent from the field, 38 percent (59-155) from the three-point line and 71 percent from the free throw line ... Ranked No. 1 in the country in assists and No. 27 in steals ...

SFA: Signed with Stephen F. Austin out of high school ... Played one year for the Lady Jacks (2006-07) ... Saw action in all 32 games, making 19 starts at the point guard position ... Averaged 3.0 points, 2.4 rebounds, 4.4 assists and 1.5 steals per game ... Scored a season-high 17 points in a win over Sam Houston State ... Led SFA to a mark of 21-12 ...

High School: Started four years at Sandia High School in Albuquerque, New Mexico playing for coach Matt Daniels and coach Susan Kubala ... Earned all-metro, all-district and all-state honors during her junior season ...

Personal: Full name is Martina Nicole Holloway ... Daughter of Madonna and Marco Holloway ... Has two sisters, Shayne and Danielle ... Born Nov. 12, 1987 in Albuquerque, N.M.

Getting to Know Martina

Name: Martina Holloway

Nickname: T

Favorite TV Show: Family Guy

Favorite Reality Show: The Hills

Favorite Music Artist/Group: Gucci Mane

Favorite Actor: Denzel Washington

Favorite Movie: The Hangover

Person I'd Most Like to Meet: Alicia Keys

Favorite Non-Hoops Athlete: Michael Phelps

Favorite Pro Team: New Orleans Hornets

Favorite Book: The Secret by Rhonda Byrne

Favorite Candy: Sour Patch Kids

Pre-Game Ritual: take a shower

You Might Be Surprised to Know that: I love dogs.

Most Prized Possession: my sister

My Teammates Would Describe Me As: crazy

Favorite Coach Spoon Saying: Put that on Facebook.

One Word That Describes Our Team This Year: competitive





Lady Techsters #30

TAVASHA ANDERSON

#30



**6-3, Freshman, Center, HS
Grenada, Miss.
Grenada HS**

High School: Has lettered for coach Ken Ross at Grenada High School in Mississippi for two years ... Was a McDonalds All-American nominee .. Named all-state as a

senior despite missing much of the year with an injury ... Team captain ... Averaged 9.2 points and 9.8 rebounds per game as a junior ... Shot 56 percent from the field as a junior ... Recorded 12 games of double digit rebounds ... Was also a member of the Grenada High School track and field team ... Competed in the shot put and the discus ...

Personal: Full name is Tavasha Danielle Anderson ... Daughter of Henry and Jean Anderson ... Has two brothers, Jaylon and Cameron ... Born March 23, 1991.

Getting to Know Tavasha

Name: Tavasha Anderson

Nickname: Vasha

Favorite Quote: "I can do all things through Christ, who strengthens me." Phillipians 4:13

Favorite TV Show: The Game

Favorite Reality Show: Making the Band 4

Favorite Food: pastas (alfredo, lasagna)

Favorite Music Artist/Group: Lil Wayne, Usher

Favorite Actor: Will Smith, Terrance Howard

Favorite Movie: Love and Basketball

Favorite Non-Hoops Athlete: Michael Phelps

Favorite Pro Team: Dallas Mavericks

Favorite Song To Dance To: Flex by The Party Boys

Favorite Book: Harry Potter series by J.K. Rowling

Favorite Candy: Hot Tamales

You Might Be Surprised to Know That: I love writing poetry.

Career Goal (After College): I want to become a sports trainer or physical therapist.

Most Prized Possession: my cell phone

My Teammates Would Describe Me As: a big procrastinator

One Word That Describes Our Team This Year: determined





Lady
Techsters

#10

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— MOISTURE ABRASIVE COVER —

605

REINA KEMPT

#10



**5-11, Freshman, Forward, HS
Baton Rouge, La.
McKinley HS**

High School: Let-tered four years for coach Corey Grant at McKinley High School ... Helped lead the Panthers to the state playoffs all four years in high school ... Named

first team All-District 7-4A as a junior and senior ... Received the George E. Meiner Athletic Award which is given to the top scholar-athlete at McKinley High School each year ... Averaged 15.1 points and 9.2 rebounds per game as a senior ... Played AAU basketball for coach Riley Harbor and the Bayou Angels ...

Personal: Full name is Reina Jaliese Kempft ... Daughter of Ava and John Kempft ... Has one brother, John III ... Born June 10, 1991 in Baton Rouge.

Getting to Know Reina

Name: Reina Kempft
Favorite TV Show: Roseanne
Favorite Reality Show: College Hill – Virgin Islands
Favorite Food: shrimp fettuccine
Favorite Music Artist/Group: Beyonce
Favorite Actress: Sandra Bullock
Favorite Movie: Madea Goes to Jail
Person I'd Most Like to Meet: Beyonce
Favorite Non-Hoops Athlete: Reggie Bush of the New Orleans Saints
Most Famous Person I've Met: Karl Malone
Favorite Pro Team: New Orleans Hornets
Favorite Book: Their Eyes Were Watching God by Zora Neale Hurston
Favorite Candy: Skittles
Pre-Game Ritual: listen to music and sleep
You Might Be Surprised to Know that: I love to read and write.
Most Prized Possession: my phone and iPod
My Teammates Would Describe Me As: quiet
Favorite Song To Dance To: Halle Berry by Hurricane Chris
Favorite Coach Spoon Saying: That a baby.
One Word That Describes Our Team This Year: awesome

