

CARDINAL SOCCER



2023 Media Guide



2023 LU Cardinals Schedule

<i>Date</i>	<i>Opponent</i>	<i>Time</i>
Aug. 18	ABILENE CHRISTIAN	7:00 p.m.
Aug. 24	at Sam Houston	7:00 p.m.
Aug. 27	at Grambling	5:00 p.m.
Sep. 1	SOUTH ALABAMA	7:00 p.m.
Sep. 3	at Tarleton State	1:00 p.m.
Sep. 7	SOUTHERN	7:00 p.m.
Sep. 10	at Louisiana	7:00 p.m.
Sep. 14	XAVIER	7:00 p.m.
Sep. 17	at UIW*	1:00 p.m.
Sep. 24	HOUSTON CHRISTIAN*	1:00 p.m.
Sep. 29	at Nicholls*	7:00 p.m.
Oct. 1	at Southeastern Louisiana*	1:00 p.m.
Oct. 6	NORTHWESTERN STATE*	7:00 p.m.
Oct. 8	at McNeese*	1:00 p.m.
Oct. 13	INCARNATE WORD*	7:00 p.m.
Oct. 14	TEXAS A&M COMMERCE*	1:00 p.m.
Oct. 20	at Texas A&M Corpus Christi*	7:00 p.m.
Oct. 27	SOUTHEASTERN LA*	7:00 p.m.
Nov. 1	SLC Quarterfinals	TBD
Nov. 3	SLC Semifinals	TBD
Nov. 5	SLC Finals	TBD

All times Central and subject to change

* Southland Conference game

SLC Tournament (Location: Corpus Christi)

HOME GAMES IN BOLD RED CAPS

All Home Games Played at the LU Soccer Complex



Quick Facts

School Name.....	Lamar University
Location.....	Beaumont, Texas
Founded.....	1923
Enrollment.....	15,639 (Spring 2021)
Nickname.....	Cardinals
Colors.....	Red (Pantone 186) and White
Conference.....	Southland
President.....	Dr. Jamie Taylor
Director of Athletics.....	Jeff O'Malley
Associate AD/SWA.....	Helene Thill
Athletics Phone.....	(409) 880-2248

Coaching Staff

Head Coach.....	Nathan Kogut
Record at LU (Seasons).....	15-2-2 (2nd season)
Career Record (Seasons).....	15-2-2 (2nd season)
Alma Mater.....	Colorado State
Office Phone.....	(409) 880-7595
Assistant Coach.....	Kurt Albrecht
Assistant Coach.....	Colton Bryant

General Information

Venue.....	LU Soccer Complex
Year Opened.....	2009
Capacity.....	500
LU's Record at Facility.....	83-39-10
Surface.....	Natural Grass
Dimensions.....	120x75
Lights.....	Yes
First Year of Soccer.....	2007
All-Time Record.....	134-147-23 (16 seasons)
All-Time Conference Record.....	82-64-17 (16 seasons)
SLC Regular-Season Championships.....	3 ('17, '19, '22)
SLC Tournament Championships.....	3 ('17, '19, '22)
NCAA Tournament Appearances.....	3 ('17, '19, '22)

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MEDIA GUIDE CREDITS

The 2022 Lamar Soccer Media Guide has been compiled from information originally published on lamarcardinals.com and previous LU Soccer Media Guides.

Editors: Kenneth Cline

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Cover/Divider Designs: Silas Banda

2023 Lamar Cardinals Roster

No.	Name	Pos.	Ht.	Yr./Exp.	Hometown	High School/Last School
0	Maddie Rich	GK	5-10	Fr.-HS	Katy, Texas	Seven Lakes HS
1	Nicole Panis	GK	5-10	Gr.-3L	Opmeer, Netherlands	University of the Cumberland
3	Mariana Cardenas	M/F	5-5	Fr.-HS	Houston, Texas	Heights HS
4	Annika Kassenbrock	D/F	5-1	Jr.-1L	Longmont, Colo.	Silver Creek HS/Iowa
5	Emmi Sullivan	D/M	5-8	Fr.-HS	Highlands Ranch, Colo.	ThunderRidge HS
6	Kaitlyn Niemeyer	M	5-6	Fr.-HS	Argyle, Texas	Argyle HS
7	Alana Clark	M/F	5-5	Sr.-1L	Austin, Texas	Lake Travis HS/Texas State
8	Kaya Williams	D	5-5	Jr.-TR	Lincoln, Neb.	Jacksonville
9	Isela Ramirez	F	5-7	Jr.-2L	Pflugerville, Texas	Pflugerville HS
10	Laura Linares	M	5-1	Gr.-3L	Barcelona, Spain	Institut De Sales/Iowa Western CC
11	Kauany Sousa	F	5-2	Gr.-TR	Rio De Janeiro, Brazil	Colegio e Curso Icaro/William Carey
12	Trinity Clark	M	5-5	Sr.-1L	Austin, Texas	Lake Travis HS/Texas State
13	Viviana Duarte	M	5-5	Fr.-HS	Round Rock, Texas	Round Rock HS
14	Cariel Ellis	F	5-9	Gr.-1L	Madison, Miss.	Madison Central HS/Tennessee
15	Payton Joost	M/F	5-9	So.-1L	Wylie, Texas	Wylie HS/LA Tech
16	Caragan Childs	F	5-3	Jr.-TR	Sumrall, Miss.	Sumrall HS/Jones College
17	Ayvah Angala	D/F	5-3	Fr.-HS	Frisco, Texas	Independence HS
18	Arely Alaniz	D	5-5	Sr.-2L	Deer Park, Texas	Deer Park HS
19	Rafiatu Alhassan	M/F	5-3	Sr.-TR	Dunkwa, Ghana	Nigritian HS/Navarro College
20	Emmy Wood	D	5-10	Fr.-HS	Fairview, Texas	Lovejoy HS
21	Taylor Conway	F	5-9	So.-TR	Rowlett, Texas	Rowlett HS/Tyler Junior College
22	Kaisa Juvonen	D	5-7	Gr.-3L	Tampere, Finland	Tampere Sports Academy
23	Eva Karen	M	5-2	Jr.-2L	Reykjavik, Iceland	Borgarholtsskoli
24	Grace Richard	M/D	5-2	Jr.-2L	Port Neches, Texas	Port Neches-Groves HS
25	Kolbi Coleman	F	5-3	Jr.-1L	Desoto, Texas	Duncanville HS/Alabama
26	Addie Russu	M/F	5-7	Fr.-HS	Georgetown, Texas	Georgetown HS
27	Madison Rabideau	D	5-6	Jr.-1L	Carson City, Nev.	Carson HS/LA Tech
28	Riley Wilson	D	5-4	Fr.-HS	Round Rock, Texas	Round Rock HS
29	Anne Marie Cabello	GK	5-7	Fr.-HS	Magnolia, Texas	Magnolia HS
30	Hollie Massey	M	5-4	Gr.-2L	Cheshire, England	Congleton HS/Chattanooga
44	Maddie Janolo	D	5-4	Sr.-1L	Denton, Texas	Guyer HS/Texas A&M-Corpus Christi
99	Kamryn Harvey	F	5-7	Fr.-HS	Cypress Ranch, Texas	Cypress Ranch HS

HEAD COACH: Nathan Kogut (Colorado State) 1st season

ASSISTANT COACH: Kurt Albrecht

ASSISTANT COACH: Colton Bryant



2023 Coaching



Nathan Kogut

Head Coach 1st Season

Nathan Kogut was named Lamar University head soccer coach on April 15, 2022. He comes to the

Golden Triangle after a successful stint as an assistant on staff at Texas A&M.

In his first season at Lamar, he guided the Cardinals to a 15-2-2 record overall and the double by winning both the Southland Conference regular season title with a 10-1-1 record and the conference tournament. The Cardinals set a new record for the best start in program history going 9-0-1, which bested the previous mark in the spring of 2021. For that season, the SLC rewarded Kogut by tabbing him coach of the year. Kogut's inaugural team included six all-conference first teamers (Arely Alaniz, Cariel Ellis, Kaisa Juvonen, Christine Kitaru, Nicole Panis, and Isela Ramirez) and one second teamer (Trinity Clark). Alaniz would be named defensive player of the year while Panis, who broke the school record for wins and shutouts, was selected as goalkeeper of the year. LU reached the NCAA Tournament losing to LSU in the first round.

The list of success during Kogut's four years on the staff includes three NCAA Tournament bids, two Sweet 16 appearances and a run to the Elite Eight during the 2020-21 campaign. The Aggies also claimed an SEC regular-season title during the 2020-21 season.

Kogut helped train three Aggies who were drafted in by the NWSL, including No. 6 overall pick Ally Watt in 2020. The list also includes Addie McCain and Jimena Lopez, selected in 2020. Numerous other players who have earned professional contracts, including Barbara Olivieri (Monterrey), Taylor Ziemer (Breidablik UBK), Asdis Halldorsdottir (Valur Reykjavik) and Cosette Morché (OL Reign).

Under Kogut's mentorship, the Maroon & White landed a United Soccer Coaches All-America First Team player in each season between 2018-20 and a total of three All-Americans during the elongated 2020-21 campaign with Lopez (first team), McCain (second team) and Karlina Sample (third team).

During his tenure, 12 Aggies have landed on the All-SEC team, including a league-best four members on the

All-SEC First Team in 2020. During the 2020 campaign he mentored the SEC Midfielder of the Year (McCain), SEC Co-Defenders of the Year (Lopez & Sample) and the SEC Freshman of the Year (Olivieri).

Kogut's career has included stops in Colorado, West Virginia, Tennessee, Alabama and Illinois gathering soccer knowledge. A local product, Kogut recently returned to the area as a head coach in the Brazos Valley Cavalry Football Club system.

Prior to his return to BCS, Kogut served as assistant coach for the men's and women's soccer teams at Illinois College in Jacksonville for the 2017 season.

In March 2016, the College Station native was hired to start up the women's soccer team at Glenville State University in West Virginia.

He was hired as an assistant women's soccer coach at Alderson Broaddus University in 2014 and spent two seasons at the Philippi, W.Va., institution. During his time at Alderson Broaddus, he was also involved in the Mountaineer United Soccer Club, the Barbour County Youth Soccer program and served as a West Virginia ODP staff coach.

In 2013, Kogut served as assistant men's coach at Rhodes College in Memphis, Tenn. He worked primarily with the attack while at Rhodes, helping a unit that had scored 30 goals combined in the two previous seasons score 27 times in 2013, and saw six players named to the all-conference teams.

Prior to Rhodes, Kogut spent two years as a graduate assistant at the University of Alabama. During his time at Alabama, Kogut served a media relations contact and radio color commentator for the women's soccer program, which made the NCAA Tournament in 2011 for the first time in 13 seasons. Kogut also coordinated social media for the softball program, which won the national championship in 2012. While at Alabama, he was a staff coach for the Tuscaloosa United Soccer Club.

As a youth, Kogut played for the Brazos Magic Soccer Club from 1996-2003, the Classics/Soccer Club from 2003-04 and the Texas Premier Football Club in 2004-05.

Kogut earned his B.A. in Technical Journalism and Mass Communications from Colorado State in 2010. He added a M.E. in Human Performance from Alabama in 2012.

Nathan Kogut's Coaching Record

Season	School	W	L	T	Pct.
2022	Lamar #	15	2	2	.842
Overall Totals		15	2	2	.842
Lamar University Totals		15	2	2	.842
#-NCAA Tournament First Round					
§-NCAA Tournament Second Round					



Kurt Albrecht

Assistant Coach
1st Season

Kurt Albrecht enters his first season as assistant coach at Lamar University. Albrecht comes to Beaumont after stops at Augustana College, St. Ambrose, and Millsaps College.

Arriving to Beaumont from Jackson, Miss., Albrecht was the head men's soccer coach of NCAA DIII Millsaps College for three seasons. While there, he guided the Majors to the SAA Conference Tournament semifinals and coached four All-Conference team honorees including Second Team All-SAA Brett Judd and Jacks Dowdy.

Before Millsaps, Albrecht served as head coach of the Blueboys of Illinois College in Jacksonville, Illi., from 2015-2019. He finished his tenure as the second all-time winningest coach in program history and also served as goalkeeper trainer.

Albrecht was a graduate assistant and JV head coach at St. Ambrose University in Davenport, Iowa from 2012-14 on the NAIA circuit. During his three seasons with the Fighting Bees, he helped coached the varsity team to their first winning season in five seasons as well as leading them to their first conference tournament final.

Prior to SAU, Albrecht was an assistant coach for two NCAA DIII programs. First, he was an assistant coach to Augustana College's women's soccer team from 2008-2009 leading them to a program-tying 15 wins in the season. Then, from 2009-12, he took part as assistant coach for the men's soccer program in which he guided them to the program's first ever conference championship and appearance in the NCAA Tournament. He was also able to coach All-American goalkeeper John Reglin.

For a few summers, Albrecht was part of summer camp on the campuses of Texas A&M, Northwestern, and Indiana University. Albrecht also spent time coaching professionally as both head coach of the Quad City Eagles and Palm City FC of the Women's Premier Soccer League and the Cape Coral Hurricanes of the National Premier Soccer League. In addition, Albrecht brings in club level coaching experience including stints as U17 and U18 head coach of the Mississippi Rush and the U16 Cape Coral Cyclones that were crowned Disney Champions.

Albrecht played college soccer at DePaul University for two seasons before finishing at Augustana College.

Albrecht has a master's degree in Organizational Leadership from St. Ambrose University in Davenport, Iowa to go along with a BA degree in Psychology from Augustana College in Rock Island, Illi. He also has a National "C" License from the U.S Soccer Federation and the NSCAA Advanced National Diploma.

He is married to Elaina and the two have a son named Dekker.



Colton Bryant

Assistant Coach
1st Season

Colton Bryant enters his first season as assistant coach to Lamar University's women's soccer team. Previously, Bryant has spent stops at Jackson State, Columbia State Community College, Tennessee Southern, and Xavier.

Bryant joins LU after a stint as Assistant Coach to Jackson State's women's soccer program in 2021. He was previously the head coach of the first ever women's soccer team at Columbia State Community College in 2018. In the three seasons in Columbia, Tenn., the Chargers won back-to-back conference championships in 2019 and 2020 and achieve a national ranking of 14th in the latter season.

In 2018, Bryant was an assistant coach for the Nashville Rhythm of the Women's Premier Soccer League. Prior to that, he was a youth development specialist for the Massive Soccer Academy down in South Florida.

From 2012-2016, Bryant was a student assistant for the men's soccer team at University of Tennessee Southern of the NAIA. 2013 saw great success for the Firehawks as they went on a magical run to claim their first ever national championship as a program.

Bryant has also spent time abroad in Argentina earning a UCEL Certificate of Excellence. In addition, he was a coaching intern for the Newell's Old Boys, an Argentine program based out of Rosario, Santa Fe.

Bryant has a BA in Human Performance and Physical Education at UT Southern and a M.ED in Coaching Education and Athlete Development at Xavier University.

Bryant is a native of Norman, Oklahoma.



2023 Roster



Nicole Panis

Goalkeeper

5-10 ■ Sr.

Opmeer, Netherlands. ■ MBO College Amstelland HS/Cumberlands

CAREER HONORS

Southland Conference All First Team (2022)...Southland Conference Goalkeeper of the Year (2022)...Southland Conference Tournament Team (2022) Western Athletic Conference All Second Team (2021)...Southland Conference All-Conference Second Team (2020)...NAIA Honorable Mention All-American (2019)...Mid-South Conference All-Conference First Team (2019)...WAC Defensive Player of the Week (10/25/21)

2022: SENIOR

Appeared and started in all 19 games accumulating 1644 minutes in goal...Recorded a .66 goals against average...Named Southland Conference Goalkeeper of the Year...Named First Team All-Southland Conference...Broke school's all-time wins record with 30, including 15 this year...Broke school's all-time shutout record with 20, including 12 this year...Made 82 saves.

2021: JUNIOR

Appeared in all 20 games with 19 starts...Spent 1754 minutes in goal...Recorded a 1.39 goals against average on the year...Named second team All-WAC...Posted a career-high 16 saves against Arkansas (9/12/21)...Recorded 120 saves...Posted seven shutouts for the season.

2020: SOPHOMORE

Appeared in all 12 Cardinal contests, making starts in each game...Posted 74 saves on the season...Recorded a 1.15 goals allowed average on the year...Played 1100 minutes in goal for the Cards...Named second team All-Southland...Posted a career-high 10 saves in the win at UIW (Mar. 7)... Played all 90 minutes for the Cards and posted four saves in the 1-0 shutout victory over Texas State...Saw her first Cardinal appearance in the win over Texas State (Sept. 11)

2019: FRESHMAN (at Univeristy of the Cumberlands)

Only Patriot to play and start in all 20 contests...Made 64 saves on the season ...Had 11 shutouts on the year...Named NAIA Honorable Mention All-American...Mid-South Conference First Team All-Conference...Four-Time MSC Defensive Player of the Week

HIGH SCHOOL

Played high school soccer at MBO College Amstelland in The Netherlands

PERSONAL

Born on July 3, 2000...Daughter of Jos and Linds Panis...Has two siblings...Plans to major in Excercise Science and Fitness Management while at Lamar

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2020	12	1101	0	0	0	0	.000	0	.000	0	0-0
2021	20	1762	0	0	0	1	.100	0	.000	0	0-0
2022	19	1754	0	2	2	0	.000	0	.000	0	0-0
TOTAL	51	4497	0	2	2	1	.000	0	.000	0	0-0

Season	GP	Mins.	GA	GAA	Saves	SF	Save%	W	L	T	SHO
2020	12	1100:06	14	1.15	74	196	.841	8	4	0	5
2021	20	1754:27	27	1.39	120	301	.816	9	8	2	6
2022	19	1642:46	12	0.66	82	184	.872	15	2	2	9
TOTAL	50	4497:19	53	1.06	276	681	.839	32	14	4	20



Annika Kassenbrock

Defender/Forward

5-1 ■ Jr.

Longmont, Colo. ■ Iowa.

2022: SOPHOMORE

Appeared in nine games, logging 130 minutes...Made her Cardinal debut against Tarleton State (8/28/22)...Assisted on a goal against Nicholls (9/25/22)...Recorded two shots with one on goal

2021: FRESHMAN (at Iowa)

Appeared in two games, logging 6 minutes.

HIGH SCHOOL

First-team all-state selection and conference Player of the Year honoree as a senior...Scoring 16 goals and tallying 13 assists for 45 points as a senior...Named team MVP as a senior and recipient of the Golden Boot and Silver Boot Awards...Second-team all-state as a sophomore after scoring nine goals and tallying 16 assists...Silver Boot recipient as freshman and sophomore...Scored 40 career goals and had 35 assists for 85 career points...Team finished 16-1-2 as a freshman, 17-1-1 as a sophomore and 9-1-0 as a senior...Two-time 4A Northern Conference champion and two-time 4A state semifinalist...Academic All-State and Honor Roll all four years...High school coach was Rob Johnson

CLUB

Played for Real Colorado Soccer Club from 2018-21 and Real Girls ECNL...Club coach was Sean Dedycker.

PERSONAL

Born June 30, 2003, in Fort Collins, Colorado...Daughter of Brad and Alicia Kassenbrock...Has four siblings, Noe, Kai, Kobe and Stellan...Majoring in biology.

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	9	130	0	1	1	2	0.000	1	0.500	0	0-0
TOTAL	9	130	0	1	1	2	0.000	1	0.500	0	0-0



Alana Clark

Midfielder/Forward

5-5 ■ Jr.

Austin, Texas ■ Lake Travis HS ■ Texas State

2022: JUNIOR

Played in 18 matches, starting 16...Played 1272 minutes...Scored a game-winning goal at Houston Christian (10/21/22)...Recorded an assist against Houston (8/21/22)...Fired nine shots, including two on goal

2021: SOPHOMORE (at Texas State)

Played in 16 matches, starting 11...Attempted eight shots with one on goal...On the pitch for 1,006 minutes...Played 94 minutes and took a shot at Prairie View A&M (8/22)...Took two shots with one on frame against Coastal Carolina (9/16)...On the pitch for 80 minutes with one shot attempt at Troy (9/26)...Played a season-high 100 minutes at Louisiana (10/17)...Totalled 81 minutes of action with a shot versus Appalachian State (11/1).

2020-21: FRESHMAN (at Texas State)

Played in 16 matches, starting 14...Scored one goal...Attempted three shots and placed two on goal...On the pitch for 880 minutes...Played season-high 95 minutes in first collegiate start against Stephen F. Austin (9/4)...Scored match-tying goal while attempted two shots at Houston Baptist (9/6)...Played all 90 minutes against Lamar (9/11)...On the pitch for 93 minutes against Abilene Christian (9/13)...Totalled 81 minutes of action at Texas (3/5)...Placed lone shot on goal in 70 minutes at #23 Texas A&M (3/27).

CLUB

Played for Lonestar SC coached by Peter McCanne...Also played for Sting Soccer under the direction of Jorge Cruz

HIGH SCHOOL

Graduated from Lake Travis High School...Coached by Trey Young...Selected to 2019 UIL 6A All-State Tournament First Team...Named to 2019 TASCOS 6A All-State First Team...Received All-District 25-6A First Team honors...Helped lead Cavaliers to 23-5 record and reach the state semifinals...Named to 2018 UIL 6A All-State honorable mention squad...Received 2018 All-District 25-6A First Team accolade...Selected to 2017 All-District 25-6A Second Team...Earned academic all-district honors all three years...Led team to semifinals in 2018-19 season...Also a member of the cross country team

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	18	1272	1	1	3	9	0.111	2	0.222	1	0-0
TOTAL	18	1272	1	1	3	9	0.111	2	0.222	1	0-0



Isela Ramirez

Forward

5-7 ■ Jr.

Pflugerville, Texas ■ Pflugerville HS

CAREER HIGHS

Southland Conference First Team (2022)...Western Athletic Conference All-Second Team (2021)...
Western Athletic Conference Freshman Team (2021)

2022: SOPHOMORE

Played 16 games with 12 starts for the season...Played 886 minutes...Scored a goal against TAMU-
Commerce (9/18/22) and Nicholls (9/25/22)...Recorded six assists, including two vs. Houston
(8/21/22) and Louisiana (9/1/22)...Put up 15 shots with eight on goal...Named first team all-
Southland Conference

2021: FRESHMAN

Played 18 games with 17 starts for the season...Played 1578 minutes for the season.
Scored a goal and recorded an assist in her debut as a Cardinal against Grambling (8/19/21)...
Scored seven goals, recorded four assists, and tallied 18 points...Took 37 shots with 22 on goal for
the season...Scored two goals against Alcorn (9/5/21)...Named Western Athletic Conference All-
Second Team (2021) and All-Freshman Team

HIGH SCHOOL

Four-year letterwinner at Pflugerville HS under head coach Mike Harvey.. Helped Pflugerville to
three straight District Titles from 2018-20... Named All-District (2018)... Named Offensive MVP
(2019)... Named District 18-5a Overall MVP (2020)... Named Region III First Team (2020)... Named a
TASCO All-Star (2020)

PERSONAL

Born on Sept. 28, 2002... Daughter of Heriberto Ramirez and Rosa Valdez... Has two sibilings, sisters
Leslie and Lisbeiry

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2021	18	1578	7	4	18	37	.189	22	.595	1	0-0
2022	16	886	2	6	10	15	.133	8	.533	1	0-0
TOTAL	34	2464	9	10	28	52	.173	30	.577	2	0-0



Laura Linares

Midfield

5-1 ■ Sr.

Barcelona, Spain ■ Institut De Sales

CAREER HONORS

Southland Conference All-Tournament Team (2022)

2022: SENIOR

Appeared in 17 games with seven starts accumulating 717 minutes...Scored four goals...Recorded an assist against TAMU-Commerce (10/14/22)...Tallied nine points...Took 23 shots with 14 on net

2021: JUNIOR

Appeared in 17 games with 16 starts in her first season with the Cards...Played 1419 minutes...Made her Cardinals' debut against Oklahoma (8/22/21)...Scored her first two career LU goals against Alcorn (9/5/21)...Finished with five goals and 10 points on the season...Netted WAC conference tournament goal against Grand Canyon (11/5/21)...Took 23 shots with 11 on goal...Netted game-winning goals against Louisiana College (9/16/21) and Chicago State (10/28/21)

2020: SOPHOMORE (at Iowa Western CC)

Saw time in 15 games, starting all for Iowa Western...Tallied eight goals and tagged on 10 assists...Posted two game-winning goals...Recorded three goals and one assists for seven points in a win over Iowa Central...First Team All-Region XI...NJCAA Region XI Champions...NJCAA Region XI All-Tournament Team

2019: FRESHMAN (at Iowa Western CC)

Saw action in 18 games, making 18 starts...Tallied five goals and five assists...Helped lead Iowa Western to Region XI Championship...Named to the NJCAA Region XI All-Tournament Team

HIGH SCHOOL/CLUB

Played at Institut De Sales in Barcelona, Spain...Helped led her high school to five league titles (2014-18)...Catalonia Cup Champions (2014-18)...Named a team captain from 2017-18

PERSONAL

Born on April 14, 2000...Daughter of David and Olga Linares...Plans to major in physical therapy while at Lamar

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2021	25	1419	5	0	10	23	.217	11	.478	2	0-0
2022	17	717	4	1	9	23	.174	14	.609	2	0-0
TOTAL	42	2136	9	1	19	46	.196	25	.543	4	0-0



Trinity Clark

Midfielder

5-5 ■ Sr.

Austin, Texas ■ Lake Travis HS ■ Texas State

CAREER ACCOLADES

All-Southland Conference Second Team (2022)

2022: JUNIOR

Played 1389 minutes in 19 matches with 19 starts...Scored a goal against Louisiana (9/1/22)...Recorded an assist against Nicholls (9/25/22)...Fired 13 shots with nine on goal...Named Second Team All-Southland Conference

2020-21: TEXAS STATE

20 matches with 19 starts...Scored two goals with two assists...Took 17 shots with eight on goal...On the pitch for 1,462 minutes...Attempted two shots with one on frame in 87 minutes at Prairie View A&M (8/22/21)...Scored match-winning goal with one second left in the first overtime period while taking three shots with two on goal against Coastal Carolina (9/16/21)...Credited with an assist on the lone goal in victory over Georgia State (9/19/21)...Took a shot and placed a season-high 101 minutes at Louisiana (10/17/21)...Attempted a shot that was on frame against ULM (10/22/21) and versus Appalachian State (11/1/21).Credited with an assists and took a shot in 87 minutes of action and made first collegiate start against Stephen F. Austin (9/4/20)...Played a season-high 93 minutes and placed lone shot attempt on goal at Houston Baptist (9/6/20)...Attempted season-high three shots in 68 minutes of action against Lamar (9/11/20).

HIGH SCHOOL

Graduated from Lake Travis High School...Selected to 2019 TASCO 6A All-State First Team...Named to 2019 UIL 6A All-State Tournament First Team...Helped lead Cavaliers to 23-5 record and reach the UIL semifinals as a junior...Earned 2018 TASCO 6A All-State honorable mention honors...Selected to 2017 All-District 25-6A Second Team...Earned academic all-district all three years...Also ran on the cross country team.

CLUB

Played for Lonestar SC...Coached by Peter McCanne...Also played for Sting Soccer under the direction of Jorge Cruz

PERSONAL

Daughter of Steven and Rocio Clark...Has five siblings, Alana, Amelia, Johanna, Lee and Taylor...Her twin sister, Alana, who is also a member of the Lamar soccer team...Both of her older sisters, Johanna and Taylor, are competitive ice skaters...Hobbies include drawing, playing video games and traveling...Favorite sports teams are Paris Saint-Germain FC and Liverpool FC...Favorite soccer players are Christen Press, Kelley O'Hara, Allie Long and Mohamed Salah...Volunteers at Lake Travis Community Library, Emmaus Catholic Church and Avila Soccer...Majoring in cyber security.

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	19	1389	1	1	3	13	0.077	8	0.615	0	0-0
TOTAL	19	1389	1	1	3	13	0.077	8	0.615	0	0-0



14

Cariel Ellis

Forward

5-9 ■ Gr.

Madison, Miss. ■ Madison Central HS ■ Tennessee

CAREER ACCOLADES

All-Southland Conference First Team (2022)...Southland Conference Tournament Team (2022)...Southland Conference Offensive Player of the Week (9/20/22, 10/18/22)

2022: SENIOR

Appeared in 17 matches with 13 starts for a total of 1141 minutes...Scored 10 goals, including two against TAMU-Commerce (10/14/22, 11/6/22)...Dished out six assists during the season...Fired 51 shots, including 28 on goal...Netted her first Cardinal goal against Houston (8/21/22)...Netted four game-winning goals...Earned Southland Conference first team honors...Earned two Southland Conference Offensive Player of the Week honors.

2021: JUNIOR (at Tennessee)

Appeared in 14 matches for Tennessee, notching two goals on two shots for the season...Logged her second goal of the season in the first round of the NCAA Tournament against Lipscomb (11/12/21)...Scored her first goal as a Vol against Georgia (10/24/21)...Made her Tennessee debut against Miami (Ohio), playing 32 minutes (8/22/21)

2019-20: FRESHMAN & SOPHOMORE (at Holmes Community College)

Played in 39 games...Scored 64 goals and dished out 23 assists for 151 points...Scored four game-winning goals... All-American...MVP...Region 23 Player of the Year...MACCC Player of the Week...Golden Boot Award...NJCAA All-Region...MACJC Offensive Player of the Week...Academic All-State...3x Scholar Athlete Award

HIGH SCHOOL

All-State Honoree...Seven-time player of the game...24 goals and 10 assists in senior season

CLUB

Played for ODP, BFC, and Mississippi Blues

PERSONAL

Born February 5th, 2001...Daughter of Robert and Rhonda Jacobs...Majoring in Kinesiology

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	17	1141	10	6	26	51	0.196	28	0.549	4	0-0
TOTAL	17	1141	10	6	26	51	0.196	28	0.549	4	0-0



15

Payton Joost

Midfielder/Forward

5-9 ■ So.

Wylie, Texas ■ Wylie HS

2022: RS-FRESHMAN

Appeared in 15 games with eight starts for 671 minutes...Made her Cardinal debut against Houston (8/21/22)...Recorded one shot against Southeastern (10/2/22)...Helped defense to nine shutouts

2021: FRESHMAN (at LA TECH)

Redshirted

HIGH SCHOOL

Lettered two years in varsity soccer and track at Wylie High School...Earned First Team All-District honors as a senior in 2021...Two-time Academic All-District and Academic All-State in 2021...District champions in soccer and track

CLUB

Member of Sting Dallas Royal ECNL...Played on '02 Team for US National League.

PERSONAL

Full name is Payton Nicole Joost...Nickname is "Pay"...Daughter of John and Nicole Joost...Four siblings -- Destiny, Braden, Julia and Riley...Father ran track at East Texas State...Born Jan. 6, 2003 in Dallas, Texas.

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	15	671	0	0	0	1	0.000	0	0.000	0	0-0
TOTAL	15	671	0	0	0	1	0.000	0	0.000	0	0-0



18

Arely Alaniz

Forward

5-5 ■ So.

Deer Park, Texas ■ Deer Park HS

CAREER ACCOLADES

Southland Conference Defender of the Year (2022)...First Team All-Southland Conference (2022)

2022: JUNIOR

Tallied 1482 minutes in 19 games played with 15 starts...Scored two game-winning goals: UIW (9/30/22) and Texas A&M-Corpus Christi (10/23/22)...Dished out an assist against Louisiana (9/1/22) and Northwestern State (9/16/22)...Fired 19 shots with eight on goal...Named first team All-Southland Conference...Named Southland Conference Defender of the Year

2021: SOPHOMORE

Tallied 126 minutes in six games played...Recorded a shot on goal against UTRGV (10/23/21)

2020: FRESHMAN

Tallied 443 minutes played in her first season in Beaumont... Recorded two total points on the year... Boasted nine shots in total... Recorded two shots on goal in the 2-1 win at Abilene Christian (Mar. 5)... Tallied 65 minutes played in the win over Houston Baptist (Feb. 28)... Recorded her first collegiate points as she tallied two assists in the 3-0 win over A&M-Corpus Christi (Feb. 26)... Tallied two shots in the conference opener against SE Louisiana (Feb. 12)... Made her collegiate debut in the win over Texas State (Sept. 11)

HIGH SCHOOL

Four-year letter winner at Deer Park HS... Helped lead the varsity soccer program to four straight District Championships, capturing four straight... Four-time First Team All-District honoree... Named District Offensive MVP her freshman and sophomore years... Four-time Team Offensive MVP... Second Team All-Greater Houston her junior year... First Team All-State her senior year as well as being named the District MVP

PERSONAL

Born on Sept. 18, 2001 in Deer Park, Texas... Daughter of Jose and Maria Alaniz... Has three sisters... Plans to major in General Studies or Communications while at Lamar

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2020	6	440	0	2	2	9	.000	2	.222	0	0-0
2021	6	126	0	0	0	1	.000	1	1.000	0	0-0
2022	19	1482	2	2	6	19	.105	8	.421	2	0-0
TOTAL	31	2051	2	4	8	29	.069	11	.379	2	0-0



Kaisa Juvonen

Midfielder

5-7 ■ Gr.

Tampere, Finland ■ Tampere Sports Academy

CAREER HONORS

Southland Conference All-Conference First Team (2022)...Southland Conference All-Conference Second Team (2019, 2020)

2022: SENIOR

Appeared in 18 contests with 16 starts for the Cards accumulating 1517 minutes...Recorded an assist at Southeastern (10/2/22)...Tallied four shots with two on goal...Helped defense record nine shutouts...Named Southland Conference First Team

2021: JUNIOR

Appeared in 10 contests with eight starts for the Cards...Played 672 minutes on the season...Recorded an assist for one point against Sam Houston (10/15/21)... Took one shot against UTRGV (10/9/21)

2020: SOPHOMORE

Appeared and started in 11 contests for the Cards... Played in 936 minutes on the season... Named to the Southland Conference All-Conference Second Team... Recorded an assist in the SLC Quarterfinals against Sam Houston (April 13)... Tallied her first point of the season in the 3-0 win over Central Arkansas when she recorded an assist (Mar. 21)... Saw first action of the hybrid season in the win over Texas State (Sept. 11)

2019: FRESHMAN

Made her debut for Lamar University against Oklahoma State on the 22nd August... Named second team All-Southland Conference... Appeared in 22 games for the Cardinals, with 22 starts...Tallied 1824 minutes of game time for the Cardinals... Recorded her first goal for the Red and White against Southeastern LA on the 11th October... Tallied one goal against McNeese and A&M Corpus-Christi... Had two assists on the season... Recorded 23 shots

HIGH SCHOOL

Played two seasons for Tampere Sports Academy in Tampere, Finland... During the 2018 and 2019 seasons, helped the Tampere Sports Academy earn second place finishes at the National Tournament of Sport Academy's... Was a member of the Ilves WU 18 team from 2016-19... Was a member of the Ilves WU 18 in the Finish National League and a member of the Ilves Women's Team... Starting center back for the U-17 National Team, that qualified for their first ever U17 World Cup... Played in every match at the U17 World Cup for Finland

PERSONAL

Born Jan. 7, 2001... Daughter of Jaana Juvoen and Mika Hakli...Plans to major in general business

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2019	22	1819	3	2	8	23	.130	8	.348	0	0-0
2020	11	935	0	2	2	9	.000	5	.556	0	0-0
2021	10	672	0	1	1	1	.000	0	.000	0	0-0
2022	18	1517	0	1	1	4	.000	2	.500	0	0-0
TOTAL	61	4949	3	6	12	37	.081	15	.405	0	0-0



23

Eva Karen

Midfielder

5-2 ■ So.

Reykjavik, Iceland ■ Borgarholtsskoli

2022: SOPHOMORE

Appeared in 18 games with eight starts while accumulating 544 minutes... Scored a goal against Tarleton State (8/28/22), Louisiana (9/1/22), and TAMU-CC (9/11/22)...Assisted on a goal against Nicholls (9/25/22)...Took 11 shots, including five on goal

2021: FRESHMAN

Appeared in 19 games with seven starts in her first season with the Cards...Played 843 minutes on the field for the season...Made her career debut with LU against Oklahoma (8/22/21)...Scored her first goal against Sam Houston (10/3/21)... Scored the game-winning goal in LU's first ever WAC conference tournament win against New Mexico State (11/3/21)...Recorded an assist against Alcorn (9/5/21)... Tallied five points on the season including two against Sam Houston (10/3/21) and New Mexico State (11/3/21)...Took nine shots with three coming against Chicago State (10/28/21) and Abilene Christian (10/30/21)...Took three shots on goal.

HIGH SCHOOL/CLUB

Played at Borgarholtsskoli in Reykjavik, Iceland

PERSONAL

Born on May 2, 2001...Daughter of Unnur and Sigurdór

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2021	19	843	2	1	5	9	.222	3	.333	1	0-0
2022	18	544	3	1	7	11	.273	5	.455	1	1-1
TOTAL	37	1387	5	2	12	20	.250	8	.400	2	1-1



Grace Richard

Midfielder/Defender

5-2 ■ Jr.

Port Neches, Texas ■ Port Neches-Groves HS

2022: SOPHOMORE

Played in three games...Played 19 minutes in the season...Took a shot at Nicholls (9/25/22)

2021: FRESHMAN

Played in 10 games...Played 153 minutes on the season.

HIGH SCHOOL

Helped produce 48 shutouts during her time at Port Neches-Groves...Named Second Team All-State (2021)...Named District 21-5a Co-Defensive Player of the Year (2021)...Named First Team All-District (2019, 2020, 2021)...Helped lead PNG to four straight District Titles (2018, 2019, 2020, 2021)...Competed within the Houston Dash organization...Recorded time with the Beaumont Orange Team from 2017-18...Saw time at the Olympic Development Program in 2019-20...Member of the 2020-21 player pool for the Olympic Dev. Program South Region

PERSONAL

Born on Feb. 20, 2003...Daughter of Brad and Rachel Richard...Enjoys reading and writing

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2021	10	153	0	0	0	0	.000	0	.000	0	0-0
2022	3	19	0	0	0	1	.000	0	.000	0	0-0
TOTAL	13	172	0	0	0	1	.000	0	.000	0	0-0



Kolbi Coleman

Forward

5-3 ■ Jr.

Desoto, Texas ■ Duncanville HS

2022: SOPHOMORE

Appeared in 15 games for 344 minutes...Recorded an assist vs. TAMU-Commerce (9/18/22)...Recorded six shots, including four on goal...Made her Cardinal debut against Tarleton State (8/28/22)

2021: FRESHMAN (at Alabama)

Saw action in six games on the season...Made her collegiate debut against Jacksonville State...Fired off a shot against Lamar...Played 11 minutes against then-ranked No. 6 TCU...Recorded a season high 12 minutes against Jacksonville State

CLUB

Played for the Solar SC under head coach Adrian Solca

HIGH SCHOOL

State champion in track and field...THSCA Academic All-State Second Team...Three-time national champion in tumbling and trampoline...Two-time national champion in gymnastics

PERSONAL

Daughter of Derrick Coleman

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	15	344	0	1	1	6	0.000	4	0.667	0	0-0
TOTAL	15	344	0	1	1	6	0.000	4	0.667	0	0-0



Madison Rabideau

Defender

5-6 ■ Jr.

Carson City, Nev ■ Carson City HS ■ LA Tech

CAREER HONORS

C-USA Commissioner's Honor Roll (2021)

2022: SOPHOMORE

Appeared in one match against Tarleton State (8/28/22)

2021: FRESHMAN (at LA Tech)

Appeared in two matches...Made Lady Techster debut in season opener versus East Texas Baptist (8/20), played 20 minutes...Saw 24 minutes of action at Louisiana College (8/25).

HIGH SCHOOL

Lettered in soccer and basketball at Carson High School...Scored 16 goals in three years, earning All-Sierra League and Team MVP honors

CLUB

On the club level, participated with Nevada ODP, Carson Valley Quakes and Nevada Players North Premier NPL (ranked second in the state and seventh in the nation).

PERSONAL

Full name is Madison Marie Rabideau...Daughter of Natalie and Matthew Rabideau...One sibling, Makayla...Born April 25, 2003 in South Lake Tahoe, California...Majoring in Biology

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	1	5	0	0	0	0	0.000	0	0.000	0	0-0
TOTAL	1	5	0	0	0	0	0.000	0	0.000	0	0-0



30

Hollie Massey

Midfield

5-4 ■ Gr.

Cheshire, England ■ Congleton HS/Chattanooga

CAREER HONORS

Southern Conference Second Team All-Conference (2019)... Southern Conference All-Freshman Team (2018)

2022: GRADUATE

Appeared in two games for 81 minutes played

2021: SENIOR

Appeared in 17 contests with 16 starts...Recorded 1433 minutes of game time...Scored four goals and recorded five assists... Tallied 13 points for the season...Took 30 shots with 14 on goal...Scored game-winning goal at Chicago State (9/26/21)

2020: JUNIOR

Appeared in seven contests, all starts, in her first season with LU... Recorded two goals in the win over Houston Baptist (Feb. 28)... Tallied an assist in the contest against Southeastern Louisiana (Feb. 12)... Recorded 17 shots and six on goal

2019: SOPHOMORE (at Chattanooga)

SoCon Second Team All-Conference... Started and appeared in all 19 games for the Mocs... Recorded a team-best three goals and five assists... Led Chattanooga with 11 total points

2018: FRESHMAN (at Chattanooga)

Named to the SoCon All-Freshman Team... Started in all 19 matches for the Mocs... Recorded one goal and two assists with 15 shots on goal

PERSONAL

Born on Sept. 9, 1999... Daughter of Antony and Gillian Massey... Has one sibling, a brother, Jack

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2020	7	522	2	1	5	17	.118	6	.353	0	0-0
2021	17	1433	4	5	13	30	.133	14	.467	1	0-0
2022	2	83	0	2	2	2	.000	1	.500	0	0-0
TOTAL	24	2038	6	8	20	49	.122	21	.429	1	0-0



Maddie Janolo

Defender

5-6 ■ So.

Nederland, Texas ■ Nederland HS

2022: SENIOR

Played in 13 games with five starts for 385 minutes...Made her Cardinal debut against Houston (8/21/22)...Recorded one shot...Helped defense to six shutouts

2021: JUNIOR (at TAMU-CC)

Played in 17 games with four starts as a wing back...Logged 726 minutes including a season-high 63 at McNeese where she recorded a shot and shot on goal...Totaled seven shots with four shots on goal

2020-21: SOPHOMORE (at TAMU-CC)

Saw action in 20 games and logged 539 minutes...Started against UTRGV on the road and Central Arkansas at home...Recorded a shot on goal at UTRGV and a shot on goal at UTRGV and a shot against Stephen F. Austin in the SLC Tournament...Was a part of a defense that shut out five opponents

2019: FRESHMAN (at TAMU-CC)

Appeared in all 20 matches for the Islanders...Collected first career assist vs. Southeastern Louisiana (10/6)...Overall recorded three shots with one coming on on goal...Played 719 minutes.

HIGH SCHOOL

Helped lead team to two-straight state tournament appearances...Two-time first team all-district performer...Second Team All-District (2017)...All-District Honorable Mention (2016)...Started and lettered all four years...Named the team's Defensive MVP in 2017 and 2018...Named the program's Most Valuable Player in 2019...Named to the 2019 Academic All-State team

CLUB

Played club for the DFeeters in the ECNL...Helped lead her club to the ECNL National Tournament...Finished fifth in the the Gothica Cup in Sweden

PERSONAL

Born Christmas Day 2000...Daughter of Art & Wanda Janolo...Majoring in University and General Studies at Lamar

Season	GP	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-ATT
2022	13	385	0	0	0	1	0.000	0	0.000	0	0-0
TOTAL	13	385	0	0	0	1	0.000	0	0.000	0	0-0



Maddie Rich

Goalkeeper

5-10 n Fr.

Katy, Texas n Seven Lakes HS

0

CLUB/AAU

Played for the Albion Hurricanes U18 squad

HIGH SCHOOL

4-Year Varsity Starter...2 Year Captain ('22, '23)...75 CAPS...60 Shutouts...18 Goals allowed (.260 GAA)...2x 1st Team All-State ('21, '23)...2nd Team All-State ('22)...19-6A Goalkeeper of the Year ('23)...4x - 1st Team All-District ('19-'23)... Academic All-State (2023)...VYPE 1st Team Goalkeeper ('23)...VYPE Goalkeeper of the year ('22)

PERSONAL

Born Oct. 27, 2004...Daughter of Brandon and Ashlie Rich...Has four sisters...Majoring in nursing



Mariana Cardenas

Midfielder/Forward

5-5 ■ Fr.

Houston, Texas ■ Heights HS

3

CLUB/AAU

Albion Hurricanes FC ECRL...Houston Futsal Association WPSL

HIGH SCHOOL

2x All-District Honor...2021-22 Offensive MVP... Academic Honor Roll

PERSONAL

Born September 28, 2004...Daughter of Carlos and Maria Cardenas...Majoring in Kinesiology at LU



5

Emmi Sullivan
Midfielder

5-8 n Fr.
Highlands Ranch, Colo. nThunderRidge HS

CLUB/AAU

Played for Real Colorado

HIGH SCHOOL

Scored two goals in 26 games and recorded an assist...First Team All-Centennial League...Academic all-state first team...All-state honorable mention...All league honorable mentions... President of the SCORE (Student Coalition of Racial Equality) club...National Honor Society...Chris Tabeling Scholarship... Girls and women's in sports Douglas county school district award...Academic honors...Biliteracy award for American Sign Language...4th year varsity letter...5A 2023 Colorado Girls soccer State Champion...Varsity Soccer captain...Top 25 goal scorer in league...2nd In league for most goals by a defenders...Top 10 defenders for assists In league

PERSONAL

Born April 8, 2005...Daughter of Herman and Kellie Sullivan... Pre-Med majoring in biology at LU



6

Kaitlyn Niemeyer
Midfielder

5-6 ■ Fr.
Argyle, Texas ■ Argyle HS

CLUB/AAU

Played for NTXCFC EXRL (Aug. 2022-)...Dallas Texans ECRL (Aug. 2021-July 2022)...Colorado Rush Girls Academy (2020-21)...Real Colorado ECNL (2018-2020)...Colorado ODP Regional Team (2017-2018)

HIGH SCHOOL

Academic All-State (2022-23)...Midfielder of the Year (6-4A)...Newcomer of the Year (2021-22)...Led team to District championship and playoffs (2021-22)...team captain (2022-23)... compiled 29 goals and 23 assists...Honor Roll...National Honor Society

PERSONAL

Born on Feb. 18, 2005...Daughter of Jim and Jennifer Niemeyer... Majoring in nursing at LU...Cousin Shay Niemeyer played soccer at Bradley University (2011-14)



8

Kaya Williams
Midfielder

5-5 ■ Jr.
Lincoln, Neb. ■ Jacksonville

2022 (JUNIOR AT JACKSONVILLE)

Played in 15 matches on the year, earning the start on 13 occasions... Played a season best 68 minutes against Stetson (Sept. 22).

2021 (SOPHOMORE AT JACKSONVILLE)

Had a solid second year as a Dolphin...Touched the field in 16 contests, making the starting lineup in eight...Contributed five shots with three being on goal...

Recorded a season-high of minutes played in the game against Georgia Southern (Aug. 26).

2021 (FRESHMAN AT JACKSONVILLE)

Had a successful first year in a Dolphin's uniform... As a true freshman she saw action in 10 games, making the starting line-up for nine... Her most notable game was against FGCU (April 10) where she tallied one shot on one shot-on-goal.

HIGH SCHOOL

Attended Lincoln Southwest where she earned multiple honors and awards...

Athletic All Conference, Academic All Conference, Scholar Athlete Award, Outstanding Academic Achievement, Award Honor Roll with Distinction

PERSONAL

Born 4/08/03...Daughter of Keith and Ayana Williams...Has one brother named Keyan...Majoring in Elementary Education...Favorite athlete is Eden Hazard... Favorite movie is The Avengers



SOCCER

11

Kauany Sousa
Forward

5-2 ■ Gr.
Rio De Janeiro, Brazil. ■ William Carey

2020-22 (at William Carey)

Appeared in 56 games with 47 starts...Scored 46 goals...Dished out 16 assists...Tallied 108 points...Took 195 shots for a .236 shot %...Took 105 shots on goal for a .538 %...Scored eight game-winners...Played 3031 minutes...Named Southern States Athletic Conference First Team... Named Southern States Athletic Conference All-Tournament Team IOWA WESTERN C.C

2018 NJCAA National Championship All-Tournament Team; 2018 NJCAA DI Women's Soccer Player of the Week; 2x 2018 United Soccer Coaches Player of the Week; 2018 United Soccer Coaches 1st Team Women's All-Central Region; 2018 ICCAC All-Tournament Team MVP; 2018 ICCAC 1st Team All-Region; 2x 2018 ICCAC Athlete of the Week;

2018 Fall Academic All-Region 1st Team.

HIGH SCHOOL

Edmonton World Cup 2018 top scorer, U17 Brazil National Team; Gold medalist in Espirito Santo

PERSONAL

Daughter of Karina Sousa dos Santos Soares...Majoring in General Studies at LU



13

Viviana Duarte
Midfielder

5-5 ■ Fr.

Round Rock, Texas ■ Round Rock HS

CLUB/AAU

Sting Austin ECNL 05...Led team to ECNL National Championship

HIGH SCHOOL

First Team and Second Team All-District...Led Round Rock Lady Dragons to a Regional Finals Appearance...



16

Caragan Childs
Forward

5-3 ■ Jr.

Sumrall, Miss. ■ Jones College

JONES COLLEGE (2020-22)

Played in 32 matches, earning 23 starts...scored 10 goals and added 10 assists for 30 points...scored three game winners... had a .565 SOG%...named MACCC Player of the Week...All-MACCC...named to the school's Dean's List... two-time JC Academic Honor Roll member.

HIGH SCHOOL

Played for head coach Todd Siders at Sumrall...Three-year team captain...four-time team MVP and first team all-district selection...as a senior, her 38 goals was second-most in the state...as a junior, led the state with 51 goals and 14 assists... helped the Lady Bobcats to four consecutive 4A state playoff appearances...2020 Clarion-Ledger First Team All-State...2018-19 PineBeltSPORTS and Sports601 Hattiesburg Girls Soccer Player of the Year...MAC and Central Mississippi All-Star...off the field, selected Ms. Sumrall High School, Homecoming Queen, Hall of Fame and Awesome Student Award.



17

Addison Russu
Midfielder/Forward

5-6 ■ Fr.
Georgetown, Texas ■

CLUB/AAU
Sting Austin 05 ECRL

HIGH SCHOOL
2x Academic All-District (2021, 2023)...T.A.S.C.O Academic All State (2023)...T.H.S.C.A Academic All State (2023)...T.G.C.A Academic All State (2023)...2x Team offensive MVP (2022, 2023)...All-District 23-5A offensive MVP (2023)...3x First team all-district (2020, 2023)...Undeafated district 23-5A Champion (2023)...UIL State Semi-Finalist (2023)...UIL All-Tournament team (2023)...T.A.S.C.O All State, All Star Team (2023)...American Statesman All Centex Team Forward (2023)...American Statesman All Centex Honorable Mention (2022)...National Soccer Coaches All American Nominee (2023)...National Honor Society

PERSONAL
Born July 14, 2005...Daughter of Jennifer of T.J Russu



19

Rafiatu Alhassan
Midfielder/Forward

5-3 ■ Sr.
Dunkwa, Ghana ■ Navarro College

NAVARRO COLLEGE
Played 49 games...Scored 49 goals...Dished out 21 assists...NJCAA First Team All-American...NJCAA Player of the Week...All-region XIV...All-conference...All-academic

HIGH SCHOOL
Played for the Northern Ladies in 2018...Scored 19 goals

PERSONAL
Born February 12, 2000...Daughter of Ibrahim Alhassan...Planning to major in business



Emmy Wood
Defender

20

5-10 ■ Fr.
Fairview, Texas ■ Lovejoy HS

CLUB
Played for Renegades Soccer

HIGH SCHOOL
Led team to co-district championship in 2020...Led team to a bi-district championship in 2022, with a program best 18 wins... Three-time First Team All-District...Three-Time First Team All Academic District...National Honor Society

PERSONAL
Born May 20, 2005...Daughter of Phil and Traci Wood...Majoring in Child Psychology



Taylor Conway
Forward

21

5-9 n So.
Rowlett, Texas n Tyler JC

2022 (Freshman at TJC)
Appeared in 22 games with 17 starts...Scored six goals, including three game-winners and recorded three assists for 15 points...Took 38 shots and 27 shots on goal...Converted a penalty kick against at Paris Junior College (Oct. 12)

CLUB/AAU
Played for SSC Sting Dallas Royal 09 ECNL

HIGH SCHOOL
Two-time district 10-6A Offensive Player of the Year...Scored 21 goals and dished out 18 assists in 2020 season...Led team to district title in 2020



26

Ayvah Angala
Defender/Forward

5-3 ■ Fr.
Frisco, Texas ■ Independence HS

CLUB/AAU
Played for the Dallas Texans 05 ECNL

HIGH SCHOOL
3x First Team All-District Honorable Mention...National Honor Society...Student Council...Member of national championship dance/drill team (IHS Royals)

PERSONAL
Born on October 16, 2005...Daughter of Edward and Sheri-Lyn Angala...Majoring in Business Analytics at Lamar



28

Riley Wilson
Defender

5-4 ■ Fr.
Round Rock, Texas ■ Round Rock HS

HIGH SCHOOL
Played in the 2023 TASCO All-Star Game...Academic All-State...2nd Team All-State



29

Anne Marie Cabello
Goalkeeper

5-7 ■ Fr.
Magnolia, Texas ■ Magnolia HS

CLUB/AAU

Played for the Rise Soccer Club...Participated in the North Carolina Showcase...Girls Academy Save of the Month

HIGH SCHOOL

Led team to district runner-up in 2020...Led team to elite eight of state playoffs in 2021

PERSONAL

Born on July 19, 2005...Daughter of Neal and Jennifer Cabello...Plans to major in Pre-Physical Therapy at Lamar



99

Kamryn Harvey
Forward

5-6 ■ Fr.
Sabine Pass, Texas ■ Sabine Pass

HIGH SCHOOL

Graduated from Lake Travis High School...Selected to 2019 TASCO 6A All-State First Team...Named to 2019 UIL 6A All-State Tournament First Team...Helped lead Cavaliers to 23-5 record and reach the UIL semifinals as a junior...Earned 2018 TASCO 6A All-State honorable mention honors...Selected to 2017 All-District 25-6A Second Team...Earned academic all-district all three years...Also ran on the cross country team.

CLUB

Played for Lonestar SC...Coached by Peter McCanne...Also played for Sting Soccer under the direction of Jorge Cruz

PERSONAL

Daughter of Steven and Rocio Clark...Has five siblings, Alana, Amelia, Johanna, Lee and Taylor...Her twin sister, Alana, who is also a member of the Lamar soccer team...Both of her older sisters, Johanna and Taylor, are competitive ice skaters...Majoring in cyber security.



2022 REVIEW

2022 Final Statistics

Overall: 15-2-2 Southland Conference: 10-1-1 Home: 7-1-1 Away: 6-1-0 Neutral: 2-0

No.	Name	GP-GS	MIN	G	A	Pts	Sh	Shot%	SOG	SOG%	YC-RC	GW	PK-ATT
19	Kitaru, Christine	17-17	1209	13	6	32	61	0.213	37	0.607	1-0	3	1-2
14	Ellis, Cariel	17-13	1141	10	6	26	51	0.196	28	0.549	1-1	4	0-0
9	Ramirez, Isela	16-12	886	2	6	10	15	0.133	8	0.533	1-0	1	0-0
10	Linares, Laura	17-7	717	4	1	9	23	0.174	14	0.609	2-0	2	0-0
23	Karen, Eva	18-8	544	3	1	7	11	0.273	5	0.455	2-0	1	1-1
18	Alaniz, Arely	19-15	1482	2	2	6	19	0.105	8	0.421	0-0	2	0-0
2	Lopez, Sabrina	11-0	129	2	0	4	4	0.500	2	0.500	0-0	1	0-0
6	Clark, Alana	18-16	1272	1	1	3	9	0.111	2	0.222	0-0	1	0-0
12	Clark, Trinity	19-19	1389	1	1	3	13	0.077	8	0.615	0-0	0	0-0
7	Gemza, Abby	17-15	1156	1	1	3	19	0.053	9	0.474	4-0	0	0-0
8	Massey, Hollie	2-0	83	0	2	2	2	0.000	1	0.500	0-0	0	0-0
1	Panis, Nicole	19-19	1644	0	2	2	0	0.000	0	0.000	0-0	0	0-0
25	Coleman, Kolbi	15-0	344	0	1	1	6	0.000	4	0.667	2-0	0	0-0
22	Juvonen, Kaisa	18-16	1517	0	1	1	4	0.000	2	0.500	2-0	0	0-0
4	Kassenbrock, Annika	9-0	130	0	1	1	2	0.000	1	0.500	0-0	0	0-0
5	Sheppard, Meg	18-17	1380	0	1	1	10	0.000	3	0.300	2-0	0	0-0
3	Bassa, Isabel	3-0	37	0	0	0	3	0.000	0	0.000	0-0	0	0-0
0	Carr, Vivienne	2-0	66	0	0	0	0	0.000	0	0.000	0-0	0	0-0
44	Janolo, Maddie	13-5	385	0	0	0	1	0.000	0	0.000	0-0	0	0-0
15	Joost, Payton	15-8	671	0	0	0	1	0.000	0	0.000	0-0	0	0-0
21	Lewis, Dahjah	3-0	19	0	0	0	1	0.000	0	0.000	0-0	0	0-0
17	Martinez, Paloma	12-1	231	0	0	0	4	0.000	2	0.500	0-0	0	0-0
13	Pavon, Crisely	16-1	412	0	0	0	6	0.000	3	0.500	1-0	0	0-0
27	Rabideau, Madison	1-0	5	0	0	0	0	0.000	0	0.000	0-0	0	0-0
24	Richard, Grace	3-0	19	0	0	0	1	0.000	0	0.000	0-0	0	0-0
11	Urbizu, Miranda	15-14	1282	0	0	0	4	0.000	2	0.500	0-0	0	0-0
20	Worsham, Landry	1-0	7	0	0	0	0	0.000	0	0.000	0-0	0	0-0
16	Zimmer, Sarah	18-6	643	0	0	0	2	0.000	1	0.500	1-0	0	0-0
TM	Team	1-0	0	1	0	2	0	0.000	0	0.000	0-0	0	0-0
Total		19--	18800	40	33	113	272	0.147	140	0.515	21-1	15	2-3

No.	Name	GP-GS	Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	Faced
0	Carr, Vivienne	2-0	67:14	0	0.00	1	1.000	0	0	0	0/1	3
1	Panis, Nicole	19-19	1642:46	12	0.66	82	0.872	15	2	2	9/1	184
Total		19-	1710:00	12	0.63	83	0.874	15	2	2	10	187
Opponents		19-	1710:00	40	2.11	97	0.708	2	15	2	2	274

GOALS BY PERIOD

	1st	2nd	OT	OT2	Total
Lamar	20	20	0	0	40
Opponents	7	5	0	0	12

SHOTS BY PERIOD

	1st	2nd	OT	OT2	Total
Lamar	144	129	0	0	273
Opponents	82	105	0	0	187

SAVES BY PERIOD

	1st	2nd	OT	OT2	Total
Lamar	37	47	0	0	84
Opponents	48	53	0	0	101

CORNER KICKS BY PERIOD

	1st	2nd	OT	OT2	Total
Lamar	39	41	0	0	80
Opponents	36	70	0	0	106

FOULS BY PERIOD

	1st	2nd	OT	OT2	Total
Lamar	78	83	0	0	161
Opponents	92	117	0	0	209

ATTENDANCE SUMMARY

	LU	OPP
Total	3944	2914
Dates/Avg Per Date	9/438	8/364
Neutral Site #/Avg	2/115	

2022 Final Southland Conference Statistics

Overall: 15-2-2 Home: 7-1-1 Away: 6-1-1

No.	Name	GP-GS	MIN	G	A	Pts	Sh	Shot%	SOG	SOG%	YC-RC	GW	PK-ATT
19	Kitaru, Christine	11-11	787	5	5	15	40	0.125	24	0.600	0-0	1	1-1
14	Ellis, Cariel	10-9	680	5	3	13	30	0.167	15	0.500	0-1	3	0-0
10	Linares, Laura	12-5	505	3	1	7	11	0.273	7	0.636	2-0	1	0-0
18	Alaniz, Arelly	12-11	985	2	1	5	13	0.154	3	0.231	0-0	2	0-0
9	Ramirez, Isela	9-7	462	2	1	5	9	0.222	6	0.667	0-0	1	0-0
23	Karen, Eva	11-4	354	1	1	3	7	0.143	2	0.286	1-0	1	1-1
6	Clark, Alana	11-9	753	1	0	2	6	0.167	2	0.333	0-0	1	0-0
7	Gemza, Abby	10-8	659	1	0	2	14	0.071	7	0.500	3-0	0	0-0
2	Lopez, Sabrina	7-0	79	1	0	2	3	0.333	1	0.333	0-0	0	0-0
1	Panis, Nicole	12-12	1025	0	2	2	0	0.000	0	0.000	0-0	0	0-0
12	Clark, Trinity	12-12	862	0	1	1	10	0.000	5	0.500	0-0	0	0-0
25	Coleman, Kolbi	9-0	213	0	1	1	5	0.000	3	0.600	1-0	0	0-0
22	Juvonen, Kaisa	12-12	1034	0	1	1	1	0.000	0	0.000	1-0	0	0-0
4	Kassenbrock, Annika	7-0	114	0	1	1	2	0.000	1	0.500	0-0	0	0-0
5	Sheppard, Meg	12-11	911	0	1	1	7	0.000	3	0.429	2-0	0	0-0
3	Bassa, Isabel	2-0	26	0	0	0	3	0.000	0	0.000	0-0	0	0-0
0	Carr, Vivienne	1-0	55	0	0	0	0	0.000	0	0.000	0-0	0	0-0
44	Janolo, Maddie	6-1	113	0	0	0	1	0.000	0	0.000	0-0	0	0-0
15	Joost, Payton	10-4	402	0	0	0	1	0.000	0	0.000	0-0	0	0-0
21	Lewis, Dahjah	2-0	12	0	0	0	1	0.000	0	0.000	0-0	0	0-0
17	Martinez, Paloma	10-1	190	0	0	0	4	0.000	2	0.500	0-0	0	0-0
13	Pavon, Crisely	11-1	360	0	0	0	6	0.000	3	0.500	1-0	0	0-0
24	Richard, Grace	2-0	12	0	0	0	1	0.000	0	0.000	0-0	0	0-0
11	Urbizu, Miranda	9-8	769	0	0	0	4	0.000	2	0.500	0-0	0	0-0
16	Zimmer, Sarah	12-6	498	0	0	0	2	0.000	1	0.500	1-0	0	0-0
TM	Team	1-0	0	1	0	2	0	0.000	0	0.000	0-0	0	0-0
Total		12-	11860	22	19	63	181	0.122	87	0.481	13-1	10	2-2

No.	Name	GP-GS	Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	Faced
0	Carr, Vivienne	1-0	55:26	0	0.00	0	0	0	0	0	0/1	2
1	Panis, Nicole	12-12	1024:34	6	0.53	41	0.872	10	1	1	6/1	96
Total		12-	1080:00	6	0.50	41	0.872	10	1	1	7	98
Opponents		12-	1080:00	22	1.83	63	0.741	1	10	1	1	182

GOALS BY PERIOD	1st	2nd	OT	OT2	Total	CORNER KICKS BY PERIOD	1st	2nd	OT	OT2	Total
Lamar	11	11	0	0	22	Lamar	26	29	0	0	55
Opponents	3	3	0	0	6	Opponents	22	38	0	0	60

SHOTS BY PERIOD	1st	2nd	OT	OT2	Total	FOULS BY PERIOD	1st	2nd	OT	OT2	Total
Lamar	93	88	0	0	181	Lamar	45	54	0	0	99
Opponents	42	56	0	0	98	Opponents	66	70	0	0	136

SAVES BY PERIOD	1st	2nd	OT	OT2	Total	ATTENDANCE SUMMARY	LU	OPP
Lamar	19	23	0	0	42	Total	2680	1315
Opponents	31	35	0	0	66	Dates/Avg Per Date	6/447	6/219
						Neutral Site #/Avg	--	--

2022 Results

Date	Opponent	Result	Score	Overall	SLC	Attend	Goals scored	Goalkeeper (record)
08/21/2022	vs Houston	W	3-0	1-0-0	0-0-0	665	Christine Kitaru (1) Cariel Ellis (1)	Panis (1-0-0)
08/28/2022	vs Tarleton St.	W	5-1	2-0-0	0-0-0	295	Christine Kitaru (2) Eva Karen (1) Christine Kitaru (3) Christine Kitaru (4) Christine Kitaru (5) Cariel Ellis (2)	Panis (2-0-0)
09/01/2022	vs Louisiana	W	4-1	3-0-0	0-0-0	304	Eva Karen (2) Sabrina Lopez (1) Trinity Clark (1) Cariel Ellis (3)	Panis (3-0-0)
09/08/2022	at South Alabama	T	0-0	3-0-1	0-0-0	75		Panis (3-0-1)
09/11/2022	vs A&M-Corpus Christi*	W	1-0	4-0-1	1-0-0	314	Eva Karen (3)	Panis (4-0-1)
09/16/2022	at Northwestern State*	W	2-0	5-0-1	2-0-0	200	Cariel Ellis (4) Abby Gemza (1)	Panis (5-0-1)
09/18/2022	vs Tex. A&M-Commerce*	W	3-1	6-0-1	3-0-0	271	Isela Ramirez (1) Cariel Ellis (5) Christine Kitaru (6)	Panis (6-0-1)
09/25/2022	at Nicholls*	W	4-0	7-0-1	4-0-0	143	Isela Ramirez (2) Laura Linares (1) Cariel Ellis (6) Sabrina Lopez (2)	Panis (7-0-1)
09/30/2022	vs UIW*	W	2-0	8-0-1	5-0-0	702	Arely Alaniz (1) Christine Kitaru (7)	Panis (8-0-1)
10/02/2022	at Southeastern La.*	W	1-0	9-0-1	6-0-0	111	Christine Kitaru (8) (Kaisa Juvonen)	Panis (9-0-1)
10/07/2022	vs Northwestern St.*	L	0-2	9-1-1	6-1-0	574		Panis (9-1-1)
10/09/2022	vs McNeese*	T	1-1	9-1-2	6-1-1	545	Christine Kitaru (9)	Panis (9-1-2)
10/14/2022	at Texas A&M-Commerce*	W	2-1	10-1-2	7-1-1	388	Cariel Ellis (7) Cariel Ellis (8)	Panis (10-1-2)
10/21/2022	at Houston Christian*	W	3-0	11-1-2	8-1-1	189	Alana Clark (1) Laura Linares (2) Christine Kitaru (10)	Panis (11-1-2)
10/23/2022	at A&M-Corpus Christi*	W	2-1	12-1-2	9-1-1	284	0 (0) Arely Alaniz (2)	Panis (12-1-2)
10/28/2022	vs Nicholls*	W	1-0	13-1-2	10-1-1	274	Laura Linares (3)	Panis (13-1-2)
11/04/2022	vs Houston Christian^	W	1-0	14-1-2	10-1-1	100	Laura Linares (4)	Panis (14-1-2)
11/06/2022	vs Texas A&M-Commerce^	W	4-1	15-1-2	10-1-1	130	Christine Kitaru (11) Cariel Ellis (9) Christine Kitaru (12) Cariel Ellis (10)	Panis (15-1-2)
11/11/2022	at LSU#	L	1-3	15-2-2	10-1-1	1524	Christine Kitaru (13)	Panis (15-2-2)

* Southland Conference game; ^ SLC Tournament (Natchitoches, La.), # NCAA Tournament (Baton Rouge, La.)

2022 Game Summaries



Official Soccer Box Score - Final
Houston vs Lamar University
9/25/2022 LU Soccer Complex, Denton
8:00-8:30 Western Soccer

Match Time 7:20 PM
Match Duration 91:26
Attendance 605

Officials

Houston (3-1-0) vs.
Lamar University (1-0-0)
Date: 9/22/2022 • Attendance: 605

Pos #	Player	SH	GO	G	A	Fo	Min
gk	0 Haley Woodward	-	-	-	-	-	80
def	2 Emma Clarke	-	-	-	-	-	90
def	4 Taylor Garcia-Freeman	-	-	-	-	-	80
mid	5 Madison Gear	1	1	-	-	-	2 71
mid	12 Alex Whitcraft	-	-	-	-	-	80
mid	17 Adriana Hutson	-	-	-	-	-	53
mid	18 Maddie Bowers	-	-	-	-	-	68
mid	20 Samantha Wiehe	3	2	-	-	-	1 72
def	24 Addie Tala	-	-	-	-	-	62
mid	25 Cordella Cross	1	1	-	-	-	1 77
mid	30 Anna Reyes	4	3	-	-	-	80
-- Substitutes --							
3	Janna Singleton	1	1	-	-	-	1 37
7	Nadia Kamassah	-	-	-	-	-	1 22
11	Calllyn Matthews	2	1	-	-	-	80
26	Madison Dichiera	-	-	-	-	-	18
Totals		12	9	-	8	-	

Goals by period	1	2	Total
Goals	0	0	0
Cardinals	1	2	3

Pos #	Player	SH	GO	G	A	Fo	Min
gk	1 Nicole Parle	-	-	-	-	-	80
def	5 Meg Sheppard	-	-	-	-	-	75
mid	8 Alana Clark	1	-	-	-	-	81
def	7 Abby Gemza	2	-	-	-	-	1 47
mid	9 Isela Ramirez	1	-	-	-	-	84
mid	11 Miranda Urbizu	-	-	-	-	-	90
mid	12 Trinity Clark	1	1	-	-	-	82
mid	15 Payton Joost	-	-	-	-	-	90
mid	19 Christine Klau	3	3	2	-	-	1 78
mid	23 Eva Karen	1	1	-	-	-	45
def	20 Maddie Jarold	-	-	-	-	-	45
-- Substitutes --							
8	Holla Massey	1	1	-	-	-	1 01
13	Criseley Pavon	-	-	-	-	-	12
14	Carli Ellis	2	2	1	-	-	1 08
16	Sarah Zimmer	-	-	-	-	-	1 43
18	Arly Alariz	-	-	-	-	-	80
Totals		12	8	3	8	8	

#	Goalkeepers	Dec	Min	GA	Saves
0	Haley Woodward	L	60:00	3	6

#	Goalkeepers	Dec	Min	GA	Saves
1	Nicole Parle	W	80:00	0	9

Win: Parle, Nicole (1-0-0), Low: Woodward, Haley (3-1-0).

Shots by period	1	2	Total
Goals	8	4	12
Cardinals	7	5	12

Saves by period	1	2	Total
Goals	3	2	5
Cardinals	6	3	9

Corner kicks	1	2	Total
Goals	1	5	6
Cardinals	3	2	5

Fouls	1	2	Total
Goals	4	4	8
Cardinals	3	3	6

Scoring summary:

No.	Time	Team	Goal scorer	Assist	Description
1.	08:11	LAM	Christine Klau (1)	Abby Gemza Alana Clark	
2.	59:49	LAM	Carli Ellis (1)	Isela Ramirez	
3.	68:04	LAM	Christine Klau (2)	Isela Ramirez	

Caution and ejections:

YC - Cardinals #23 22:45; YC - Cardinals #14 54:44; YC - Goals 42:58:06



Official Soccer Box Score - Final
Tarleton St. vs Lamar University
9/22/2022 LU Soccer Complex, Denton
8:00-8:30 Western Soccer

Match Time 1:20 PM
Match Duration 95:08
Attendance 285

Officials

Tarleton St. (2-1-1) vs.
Lamar University (2-0-0)
Date: 9/22/2022 • Attendance: 285

Pos #	Player	SH	GO	G	A	Fo	Min
gk	00 Mikayla Kerzhal	-	-	-	-	-	45
def	3 Avery Harr	2	2	-	-	-	2 60
mid	8 Mia Bellwell	-	-	-	-	-	1 88
def	9 Kaitlyn Flanagan	-	-	-	-	-	69
def	11 Maddie Wiler	-	-	-	-	-	67
mid	16 Jaycie Bass	-	-	-	-	-	60
mid	19 Macy Helwig	-	-	-	-	-	2 71
mid	20 Adriana Alonso-Gomez	1	1	-	-	-	69
def	21 Rylee Low	-	-	-	-	-	80
mid	24 Kiki Baumman	1	-	-	-	-	2 77
def	25 Sydney Poulford	1	1	1	-	-	1 80
-- Substitutes --							
1	Rylee Bloomfield	-	-	-	-	-	45
2	Nicole Fels	-	-	-	-	-	1 22
4	Jenay Brown	-	-	-	-	-	38
5	Kyra Goudzwaard	-	-	-	-	-	54
8	Macie Johnson	-	-	-	-	-	9
12	Lindsay Schiller	-	-	-	-	-	4
13	Taughan Dodd	-	-	-	-	-	1 01
Totals		6	4	1	-	10	

Goals by period	1	2	Total
Goals	0	1	1
Cardinals	4	1	5

Pos #	Player	SH	GO	G	A	Fo	Min
gk	1 Nicole Parle	-	-	-	-	-	78
def	5 Meg Sheppard	-	-	-	-	-	1 55
mid	8 Alana Clark	-	-	-	-	-	88
def	7 Abby Gemza	-	-	-	-	-	65
mid	9 Isela Ramirez	1	-	-	-	-	1 88
mid	11 Miranda Urbizu	-	-	-	-	-	66
mid	12 Trinity Clark	-	-	-	-	-	81
mid	15 Payton Joost	-	-	-	-	-	80
mid	19 Christine Klau	4	3	3	-	-	2 82
mid	23 Eva Karen	2	1	1	-	-	34
def	24 Maddie Jarold	-	-	-	-	-	88
-- Substitutes --							
0	Vivienne Carr	-	-	-	-	-	11
2	Sabrina Lopez	-	-	-	-	-	11
3	Isabel Bassa	-	-	-	-	-	11
4	Anika Kassenbrock	-	-	-	-	-	14
8	Holla Massey	1	-	-	-	-	32
10	Laura Linares	-	-	-	-	-	14
13	Criseley Pavon	-	-	-	-	-	11
14	Carli Ellis	3	2	1	1	-	1 58
10	Sarah Zimmer	-	-	-	-	-	1 25
17	Paloma Martinez	-	-	-	-	-	24
18	Arly Alariz	-	-	-	-	-	28
20	Landry Worsham	-	-	-	-	-	1 7
21	Darjah Lewis	-	-	-	-	-	7
22	Kalea Juvonen	-	-	-	-	-	49
24	Grace Richard	-	-	-	-	-	7
25	Kobi Coleman	-	-	-	-	-	2 14
27	Mackenzie Fabbiani	-	-	-	-	-	5
Totals		11	8	5	4	14	

#	Goalkeepers	Dec	Min	GA	Saves
00	Mikayla Kerzhal	L	45:00	4	1
1	Rylee Bloomfield	W	45:00	1	0

#	Goalkeepers	Dec	Min	GA	Saves
1	Nicole Parle	W	78:12	1	2
0	Vivienne Carr	W	11:48	0	1

Win: Parle, Nicole (2-0-0), Low: Kerzhal, Mikayla (2-1-1).

Shots by period	1	2	Total
Goals	3	2	5
Cardinals	9	2	11

Saves by period	1	2	Total
Goals	1	0	1
Cardinals	2	1	3

Corner kicks	1	2	Total
Goals	0	5	5
Cardinals	0	2	2

Fouls	1	2	Total
Goals	4	8	10
Cardinals	10	4	14



Official Soccer Box Score - Final
Louisiana vs Lamar University
9/25/2022 LU Soccer Complex, Denton
8:00-8:30 Western Soccer

Match Time 7:20 PM
Match Duration 91:26
Attendance 394

Officials

Louisiana (1-1-2) vs.
Lamar University (3-0-0)
Date: 9/22/2022 • Attendance: 394

Pos #	Player	SH	GO	G	A	Fo	Min
mid	4 Rufayy Mathurin	1	1	-	-	-	2 88
def	6 Lucy Ortiz	-	-	-	-	-	82
def	8 Anna Grassinger	-	-	-	-	-	78
def	9 Haley Hoffmann	-	-	-	-	-	90
mid	12 Hally Waterhouse	2	-	-	-	-	1 07
gk	13 Libby Harper	-	-	-	-	-	90
mid	19 Alyssa Abbott	1	1	-	-	-	67
def	23 Liberty Plasek	-	-	-	-	-	38
mid	28 Maddie Stephens	1	1	-	-	-	1 77
mid	28 Penelope Montenegro	5	3	1	-	-	55
mid	33 Karleen Bedra	1	-	-	-	-	88
-- Substitutes --							
2	Cassandra DeCombe	1	-	-	-	-	5
3	Tatum Beck	2	1	-	-	-	41
5	Brynn Dunbar	-	-	-	-	-	13
7	Mya Smith	1	-	-	-	-	19
18	Caval Rodriguez	-	-	-	-	-	2 27
16	Sisley Stephens	1	-	-	-	-	49
17	Megan Bradley	-	-	-	-	-	1 10
22	Peri Belzer	1	-	-	-	-	52
24	Aly White	-	-	-	-	-	11
Totals		17	7	1	-	8	

Goals by period	1	2	Total
Goals	1	0	1
Cardinals	2	2	4

Pos #	Player	SH	GO	G	A	Fo	Min
gk	1 Nicole Parle	-	-	-	-	-	80
def	5 Meg Sheppard	1	-	-	-	-	90
mid	8 Alana Clark	-	-	-	-	-	1 88
def	7 Abby Gemza	-	-	-	-	-	60
mid	9 Isela Ramirez	2	2	-	-	-	1 77
mid	11 Miranda Urbizu	-	-	-	-	-	1 90
mid	12 Trinity Clark	1	1	1	-	-	1 70
mid	14 Carli Ellis	2	1	1	1	-	1 71
mid	15 Payton Joost	-	-	-	-	-	24
mid	23 Eva Karen	1	1	1	-	-	3 57
def	44 Maddie Jarold	-	-	-	-	-	18
-- Substitutes --							
2	Sabrina Lopez	1	1	1	-	-	10
13	Criseley Pavon	-	-	-	-	-	1 22
10	Sarah Zimmer	-	-	-	-	-	30
17	Paloma Martinez	-	-	-	-</		

2022 Game Summaries



Official Soccer Box Score - Final
AAM-Corpus Christi vs Lamar University
 #118888 LU Soccer Complex, Dumas
 #288-83 Women's Soccer

Match Time 1:29 PM
 Match Duration: 90:00
 Attendance: 514

Officials

AAM-Corpus Christi (3-3-0, 0-1-0) vs.
 Lamar University (4-0-1, 1-0-0)
 Date: 9/11/2022 - Attendance: 514

Pos #	Player	SH	GO	G	A	Po	MIn
gk	1 Kennedy Shelling	-	-	-	-	-	90
mid	2 Emma Gibbs	-	-	-	-	-	51
fw	3 Mal-Lee Allen	1	-	-	-	-	40
def	6 Molly Arens	-	-	-	-	-	68
fw	7 Muggle Murray	-	-	-	-	-	58
def	10 Emma Herrera	-	-	-	-	-	82
fw	12 Nafise Gonzalez	-	-	-	-	-	38
mid	13 Rachel Loetzer	-	-	-	-	-	60
mid	16 Jayden Fox	-	-	-	-	-	78
def	19 Emma Crump	1	-	-	-	-	90
def	23 Reese Cross	1	-	-	-	-	74
-- Substitutes --							
5	Elle Fox	-	-	-	-	-	8
9	Storm Harris	1	1	-	-	-	44
11	Jenna Bodron	-	-	-	-	-	28
17	Gracie Gill	-	-	-	-	-	30
25	Alana Morgan	-	-	-	-	-	8
26	Annabelle Hubbell O'Fa...	-	-	-	-	-	31
27	Rebekah George	1	1	-	-	-	82
28	Megan Guy	1	-	-	-	-	57
31	Kala Lofton	-	-	-	-	-	8
Totals 6 2 2 8							

#	Goalkeepers	Dec	MIn	GA	Saves
1	Kennedy Shelling	L	90:00	1	7

Win-Parke, Nicole (4-0-1), Low-Shelling, Kennedy (1-3-0).

Shots by period			1	2	Total
In-siders	3	3	6		
Cardinals	8	10	18		

Corner kicks			1	2	Total
In-siders	3	3	6		
Cardinals	2	8	10		

No.	Time	Team	Goal scorer	Assist	Description
1.	32:15	LAM	Eva Karen (2)		Penalty kick

Caution and ejections:
 YO - In-siders #2:13; YO - In-siders #25 04:41
 Stadium: LU Soccer Complex

Goals by period			1	2	Total
In-siders	0	0	0		
Cardinals	1	0	1		

Pos #	Player	SH	GO	G	A	Po	MIn
gk	1 Nicole Parke	-	-	-	-	-	80
mid	6 Alana Clark	1	-	-	-	-	90
def	7 Abby Gemza	2	1	-	-	-	71
fw	9 Isela Ramirez	-	-	-	-	-	33
mid	12 Trinity Clark	1	-	-	-	-	71
mid	14 Cariel Ellis	-	-	-	-	-	75
mid	15 Payton Joost	-	-	-	-	-	80
fw	18 Arley Alaniz	2	1	-	-	-	78
fw	19 Christine Kitau	3	3	-	-	-	77
mid	22 Kaisa Juvonen	-	-	-	-	-	90
def	44 Mackie Jarolo	-	-	-	-	-	28
-- Substitutes --							
4	Annika Kassenbrock	-	-	-	-	-	12
5	Meg Sheppard	3	1	-	-	-	62
10	Laura Linares	-	-	-	-	-	28
16	Sarah Zimmer	-	-	-	-	-	19
17	Paloma Martinez	-	-	-	-	-	18
23	Eva Karen	2	1	-	-	-	34
25	Kobi Coleman	1	1	-	-	-	25
Totals 18 8 1 8							

#	Goalkeepers	Dec	MIn	GA	Saves
1	Nicole Parke	W	80:00	0	2

Saves by period			1	2	Total
In-siders	1	8	9		
Cardinals	1	1	2		

Fouls			1	2	Total
In-siders	3	6	9		
Cardinals	6	2	8		



Official Soccer Box Score - Final
Lamar vs Northwestern State
 #118888 LU Soccer Complex, Dumas
 #288-83 Women's Soccer

Match Time 1:29 PM
 Match Duration: 90:00
 Attendance: 890

Officials Tom Harsh, Jonathan Barnes, Klaus Parg-Aben, Fernando Harsh

Lamar (5-0-1, 2-0-0) vs.
 Northwestern State (4-2-1, 1-1-0)
 Date: 9/17/2022 - Attendance: 200

Pos #	Player	SH	GO	G	A	Po	MIn
gk	1 Nicole Parke	-	-	-	-	-	80
def	5 Meg Sheppard	-	-	-	-	-	76
mid	6 Alana Clark	-	-	-	-	-	37
def	7 Abby Gemza	1	1	-	-	-	68
fw	9 Isela Ramirez	-	-	-	-	-	05
mid	10 Laura Linares	-	-	-	-	-	29
mid	12 Trinity Clark	-	-	-	-	-	80
mid	15 Payton Joost	-	-	-	-	-	90
fw	18 Arley Alaniz	1	-	-	-	-	80
mid	22 Kaisa Juvonen	-	-	-	-	-	90
mid	23 Eva Karen	-	-	-	-	-	45
-- Substitutes --							
13	Cheley Pavon	-	-	-	-	-	47
14	Cariel Ellis	2	2	-	-	-	65
16	Sarah Zimmer	-	-	-	-	-	57
17	Paloma Martinez	-	-	-	-	-	12
25	Kobi Coleman	1	-	-	-	-	38
Totals 6 3 2 3 11							

#	Goalkeepers	Dec	MIn	GA	Saves
1	Nicole Parke	W	90:00	0	4

Win-Parke, Nicole (5-0-1), Low-DeShazer, Chloe (4-2-1).

Shots by period			1	2	Total
Cardinals	1	4	5		
Lady Demons	8	8	16		

Corner kicks			1	2	Total
Cardinals	0	1	1		
Lady Demons	4	8	12		

No.	Time	Team	Goal scorer	Assist	Description
1.	05:05	LAM	Cariel Ellis (4)	Nicole Parke	
2.	85:08	LAM	Abby Gemza (1)	Arley Alaniz Isela Ramirez	

Caution and ejections:
 YO - Cardinals #6:03; YO - Cardinals #13 63:45; YO - Lady Demons #22 70:28
 Stadium: Lady Demon Soccer Complex
 Officials: Referee Tom Harsh; Asst. Referee Jonathan Barnes; Klaus Parg-Aben; AL Official: Fernando Harsh;
 Officials: Lamar 0, Northwestern State 0.



Official Soccer Box Score - Final
Tex. A&M-Commerce vs Lamar University
 #118888 LU Soccer Complex, Dumas
 #288-83 Women's Soccer

Match Time 1:29 PM
 Match Duration: 90:00
 Attendance: 871

Officials Brent Covatta, Jeremy Reed, John Olin, Rudy Hilo

Tex. A&M-Commerce (2-5-1, 2-1-0) vs.
 Lamar University (8-0-1, 3-0-0)
 Date: 9/18/2022 - Attendance: 271

Pos #	Player	SH	GO	G	A	Po	MIn
gk	00 Gillian McKenzie	-	-	-	-	-	80
def	2 Christina Hernandez	1	-	-	-	-	67
def	5 Mandy Smith	1	1	-	-	-	88
mid	8 Ashley Campuzano	1	1	-	-	-	90
mid	10 Melissa Blawie	-	-	-	-	-	82
mid	11 Valerie Flores	-	-	-	-	-	59
fw	12 Karla Morrison	2	2	-	-	-	82
fw	14 Mya Mitchell	3	1	-	-	-	82
def	17 Haley Griffin	-	-	-	-	-	80
def	20 McKenna Kealey	-	-	-	-	-	83
mid	28 Naomi Blak	-	-	-	-	-	42
-- Substitutes --							
4	Keara Bradley	-	-	-	-	-	7
6	Maeva Dion	-	-	-	-	-	22
13	Katelyn Valade	1	-	-	-	-	38
15	Nya Mitchell	1	1	-	-	-	35
19	Lynne Myers	-	-	-	-	-	22
25	Addy Higgins	10	6	-	-	-	33
Totals 10 6 1 1 8							

#	Goalkeepers	Dec	MIn	GA	Saves
00	Gillian McKenzie	L	90:00	3	4

Win-Parke, Nicole (8-0-1), Low-McKenzie, Gillian (2-1-1).

Shots by period			1	2	Total
Lions	5	5	10		
Cardinals	9	8	18		

Corner kicks			1	2	Total
Lions	3	4	7		
Cardinals	3	3	6		

No.	Time	Team	Goal scorer	Assist	Description
1.	20:54	AAMC	Mya Mitchell (4)	Karla Morrison	
2.	79:03	LAM	Isela Ramirez (1)	(unassisted)	
3.	82:22	LAM	Cariel Ellis (3)	Christine Kitau Kobi Coleman	
4.	84:52	LAM	Christine Kitau (6)	Cariel Ellis	



Goals by period			1	2	Total
Lions	1	0	1		
Cardinals	0	3	3		

Pos #	Player	SH	GO	G	A	Po	MIn
gk	1 Nicole Parke	-	-	-	-	-	80
def	5 Meg Sheppard	-	-	-	-	-	77
def	7 Abby Gemza	8	2	-	-	-	76
fw	9 Isela Ramirez	2	1	-	-	-	64
mid	12 Trinity Clark	-	-	-	-	-	83
mid	14 Cariel Ellis	3	2	-	-	-	78
mid	15 Payton Joost	-	-	-	-	-	80
def	16 Sarah Zimmer	-	-	-	-	-	65
fw	18 Arley Alaniz	-	-	-	-	-	88
fw	19 Christine Kitau	4	2	-	-	-	67
mid	22 Kaisa Juvonen	-	-	-	-	-	80
-- Substitutes --							
3	Isabel Bases	1	-	-	-	-	3
4	Annika Kassenbrock	-	-	-	-	-	12
10	Laura Linares	-	-	-	-	-	18
13	Crisely Pavon	1	-	-	-	-	36
17	Paloma Martinez	-	-	-	-	-	19
21	Dahjah Lewis	-	-	-	-	-	3
29	Eva Karen	-	-	-	-	-	18
25	Kobi Coleman	1	1	-	-	-	28
44	Mackie Jarolo	-	-	-	-	-	18
Totals 18 5 3 3 8							

#	Goalkeepers	Dec	MIn	GA	Saves
1	Nicole Parke	W	80:00	1	5

Saves by period			1	2	Total
Lions	3	2	5		
Cardinals	3	2	5		

Fouls			1	2	Total
Lions	7	2	9		
Cardinals	2	4	6		



Official Soccer Box Score - Final
Lamar University vs Nicholls
 #288888 Nicholls Soccer Complex, Thibodaux
 #288-83 Women's Soccer

Match Time 1:29 PM
 Match Duration: 90:00
 Attendance: 148

Officials

Lamar University (7-0-1, 4-0-0) vs.
 Nicholls (2-0-1, 0-4-0)
 Date: 9/25/2022 - Attendance: 143

Pos #	Player	SH	GO	G	A	Po	MIn
gk	1 Nicole Parke	-	-	-	-	-	36
def	5 Meg Sheppard	-	-	-	-	-	80
def	7 Abby Gemza	1	-	-	-	-	54

2022 Game Summaries



Official Soccer Box Score - Final
UWV vs Lamar University
10/1/2022 LU Soccer Complex, Dumas
12:00-02 Network Score

Match Time 1:29 PM
Black Devils #126
Attendance 78

Officials: Frank Hales, Josh Ellis, Oscar Trujillo, Carlos Velazco

UWV (1-0-2, 0-0-2) vs.
Lamar University (0-0-1, 5-0-0)
Date: 10/1/2022 - Attendance: 702

Pos #	Player	SH	SO	G	A	Fo	Min
gk	00 Margaret Kokron	-	-	-	-	-	90
wd	2 Sierra Wannamaker	-	-	-	2	68	
wd	7 Melissa Bailey	-	-	-	62		
def	12 Payton Adams	1	1	-	-	90	
wd	14 Bailey Moyer	-	-	-	61		
def	16 Elle Mai Sanford	1	1	-	2	75	
wd	17 Diara Hironet	1	-	-	54		
wd	19 Keely Ayala	2	2	-	1	70	
wd	22 Tegan Browning	-	-	-	2	39	
mid	24 Sinead Duffy	-	-	-	54		
25	Meredith Coughlin	2	1	-	-	67	
-- Substitutes --							
4	Kayla Smith	-	-	-	32		
5	Addison Rodriguez	-	-	-	32		
8	Aranya Spawman	-	-	-	43		
10	Hannah Walsh	-	-	-	14		
11	Evo Clarkson	-	-	-	60		
18	Brianna Mata	-	-	-	31		
20	Lauren Miller	-	-	-	1	47	
21	Suzette Claesson	-	-	-	2		
23	Abigail Wilson	-	-	-	3	25	
Totals		7	5	-	11		

Goals by period	1	2	Total
UWV	0	0	0
Cardinals	1	1	2

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1 Nicole Parle	-	-	-	-	-	90
def	5 Meg Sheppard	2	1	-	-	75	
mid	8 Alana Clark	-	-	-	67		
def	7 Abby Gemza	-	-	-	2	71	
wd	11 Miranda Urbizu	-	-	-	1	80	
mid	12 Trinity Clark	2	2	-	-	84	
wd	14 Carle Ellis	1	1	-	1	88	
wd	16 Arley Alaniz	2	1	-	83		
wd	19 Chelene Klauz	3	2	1	-	68	
mid	22 Kales Juvonen	-	-	-	90		
mid	23 Eva Karan	1	1	-	2	81	
-- Substitutes --							
2	Gabrina Lopez	-	-	-	18		
4	Annika Kassenbrock	-	-	-	15		
10	Laura Linares	1	-	-	41		
13	Crisely Pavon	-	-	-	36		
15	Payton Jost	-	-	-	19		
16	Sarah Zimmer	-	-	-	19		
17	Paloma Martinez	-	-	-	7		
24	Grace Richard	-	-	-	3		
Totals		12	8	2	1	8	

#	Goalkeepers	Dec	Min	GA	Saves
00	Margaret Kokron	L	90:00	2	8

Saves by period	1	2	Total
UWV	4	2	6
Cardinals	1	4	5

Fouls	1	2	Total
UWV	4	7	11
Cardinals	2	4	6

#	Goalkeepers	Dec	Min	GA	Saves
00	Margaret Kokron	L	90:00	2	8

Wn-Parle, Nicole (0-0-1), Low-Kokron, Margaret (0-0-2).

Shots by period	1	2	Total
UWV	2	5	7
Cardinals	9	3	12

Corner kicks	1	2	Total
UWV	1	1	2
Cardinals	0	0	0

No.	Time	Team	Goal scorer	Assist	Description
1.	25:00	LAM	Arley Alaniz (1)	(unassisted)	
2.	47:19	LAM	Christine Klauz (7)	Carle Ellis	

Caution and ejections:
None



Official Soccer Box Score - Final
Lamar University vs Southeastern La.
10/2/2022 Strawberry Stadium, Hammond
12:00-02 Network Score

Match Time 1:29 PM
Black Devils #126
Attendance 111

Officials: Paul Bruno

Lamar University (0-0-1, 0-0-0) vs.
Southeastern La. (4-4-1, 2-2-1)
Date: 10/2/2022 - Attendance: 111

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1 Nicole Parle	-	-	-	-	-	90
def	5 Meg Sheppard	-	-	-	82		
mid	8 Alana Clark	-	-	-	90		
def	7 Abby Gemza	1	1	-	1	90	
wd	9 Isela Ramirez	1	-	-	45		
wd	11 Miranda Urbizu	1	1	-	2	90	
mid	12 Trinity Clark	-	-	-	78		
wd	14 Carle Ellis	2	-	-	44		
wd	15 Arley Alaniz	-	-	-	80		
wd	19 Christine Klauz	4	3	1	-	63	
mid	22 Kales Juvonen	-	-	-	1	1	80
-- Substitutes --							
2	Gabrina Lopez	-	-	-	1	8	
4	Annika Kassenbrock	-	-	-	8		
10	Laura Linares	-	-	-	62		
13	Crisely Pavon	-	-	-	8		
15	Payton Jost	1	-	-	9		
16	Sarah Zimmer	-	-	-	4		
23	Eva Karan	-	-	-	18		
Totals		10	8	1	1	5	

Goals by period	1	2	Total
Cardinals	1	0	1
Lady Lions	0	0	0

Pos #	Player	SH	SO	G	A	Fo	Min
mid	2 Halle Yoder	-	-	-	-	-	78
def	4 Tilly Deacon	-	-	-	-	-	73
def	5 Chloe Huston	-	-	-	-	-	73
def	6 Mya Gullory	1	1	-	-	4	54
def	8 Dalton Fish	-	-	-	-	-	90
wd	13 Maycie Massingill	-	-	-	-	-	1
mid	15 Hall Fox	-	-	-	-	-	1
mid	18 Kealey Fuller	-	-	-	-	-	31
def	20 Emma Jones	-	-	-	-	-	90
gk	31 Olivia Griffin	-	-	-	-	-	90
def	33 Hayli Fox	-	-	-	-	-	68
-- Substitutes --							
3	Emma Rasmussen	-	-	-	-	-	28
7	Victoria Brackmann	-	-	-	-	-	22
9	Hanna Moffatt	-	-	-	-	-	10
10	Kate Brown	-	-	-	-	-	11
16	Nicole O'Neill	-	-	-	-	-	48
22	Shamoy Campbell	2	2	-	-	-	1
24	Bern Baracovic	-	-	-	-	-	22
Totals		3	3	-	7		

#	Goalkeepers	Dec	Min	GA	Saves
31	Olivia Griffin	L	90:00	1	4

Shots by period	1	2	Total
Cardinals	7	3	10
Lady Lions	2	1	3

Corner kicks	1	2	Total
Cardinals	3	3	6
Lady Lions	2	1	3

No.	Time	Team	Goal scorer	Assist	Description
1.	10:21	LAM	Christine Klauz (5)	Kales Juvonen	

Caution and ejections:
None



Official Soccer Box Score - Final
Northwestern St. vs Lamar University
10/2/2022 LU Soccer Complex, Dumas
12:00-02 Network Score

Match Time 1:29 PM
Black Devils #126
Attendance 04

Officials: Kyle Phillips, Oscar Hino, Elyse Ortiz, Ruben Campillo

Northwestern St. (0-0-3, 3-2-2) vs.
Lamar University (0-1-1, 0-1-0)
Date: 10/2/2022 - Attendance: 574

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1 Chloe DeBrazac	-	-	-	-	-	90
def	2 Halle Griffin	-	-	-	18		
def	4 Nicole Henry	-	-	-	2	80	
def	5 Caroline Hillard	1	1	-	2	77	
mid	8 Grace Annstrom	7	5	2	-	3	74
wd	9 Olivia Dragulevich	-	-	-	1	66	
mid	12 Delaney Wells	-	-	-	60		
def	13 Halle Field	1	-	-	62		
wd	14 Jalen Donaldson	3	1	-	62		
def	20 Jayme Haynes	1	-	-	90		
wd	22 Nadia Henry	-	-	-	1	80	
-- Substitutes --							
8	Faith Adams	-	-	-	8		
7	Paige Armstrong	-	-	-	21		
11	Taylor Spitzer	-	-	-	1	34	
15	Madison Murphy	1	-	-	41		
18	Emme' Fernandez	-	-	-	1	42	
18	Emily Mougla	2	1	-	1	2	47
Totals		18	8	2	2	12	

Goals by period	1	2	Total
Lady Demons	1	1	2
Cardinals	0	0	0

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1 Nicole Parle	-	-	-	-	-	90
def	5 Meg Sheppard	-	-	-	90		
mid	8 Alana Clark	-	-	-	67		
def	7 Abby Gemza	1	1	-	1	79	
wd	9 Isela Ramirez	-	-	-	4	80	
wd	10 Laura Linares	-	-	-	1	48	
wd	11 Miranda Urbizu	-	-	-	80		
mid	12 Trinity Clark	-	-	-	57		
wd	15 Arley Alaniz	1	-	-	1	77	
wd	19 Christine Klauz	1	-	-	90		
mid	22 Kales Juvonen	-	-	-	1	80	
-- Substitutes --							
4	Annika Kassenbrock	1	-	-	17		
13	Crisely Pavon	-	-	-	37		
16	Sarah Zimmer	-	-	-	1	44	
17	Paloma Martinez	-	-	-	13		
25	Kobi Coleman	-	-	-	1	31	
Totals		4	1	-	10		

#	Goalkeepers	Dec	Min	GA	Saves
1	Chloe DeBrazac	W	90:00	0	1

Wn-DeBrazac, Chloe (0-0-3), Low-Parle, Nicole (0-1-1).

Shots by period	1	2	Total
Lady Demons	6	10	16
Cardinals	1	3	4

Corner kicks	1	2	Total
Lady Demons	3	8	11
Cardinals	1	1	2

No.	Time	Team	Goal scorer	Assist	Description
1.	38:01	NSU	Grace Annstrom (1)	Emme' Fernandez	
2.	45:17	NSU	Grace Annstrom (2)	Emily Mougla	

Caution and ejections:
YC - Cardinals #22 73:24
Stadium: LU Soccer Complex
Officials: Referee: Kyle Phillips; Asst. Referee: Shanon Mize; Elyse Ortiz; Asst. Official: Ruben Campillo;
Officials: Northwestern St. 0, Lamar University

2022 Game Summaries



Official Soccer Box Score - Final
Lamar vs Texas A&M-Commerce
 10:00AM Lam Soccer Field, Commerce, TX
 10/15/2022 Women's Soccer
 Officials: Thomas Colantu, Christopher Lane, Perry-Ross, Milton Torres

Match Time 1:29 PM
 Match Duration 91:00
 Attendance 282

Lamar (10-1-2, 7-1-1) vs.
 Texas A&M-Commerce (4-7-2, 4-0-1)
 Date: 10/15/2022 • Attendance: 282

Pos #	Player	SH	SO	G	A	Fo	Mis
gk 1	Nicole Parisi	-	-	-	-	-	60
def 5	Meg Sheppard	-	-	-	1	-	76
mid 6	Alana Clark	-	-	-	-	-	68
mid 10	Laura Linares	1	1	-	1	3	63
mid 11	Miranda Urbizu	-	-	-	-	-	60
mid 12	Trinity Clark	1	-	-	-	-	82
mid 14	Carli Ellis	8	4	2	-	1	77
def 16	Sarah Zimmer	-	-	-	-	-	44
mid 18	Arelly Alaniz	1	-	-	-	1	60
mid 19	Christine Kituru	3	2	-	2	1	73
mid 22	Kales Juvonen	-	-	-	-	-	2 60
-- Substitutes --							
2	Gabriela Lopez	-	-	-	-	-	2
13	Crisely Pavon	2	-	-	-	-	46
15	Payton Joost	-	-	-	-	-	18
17	Paloma Martinez	-	-	-	-	-	8
23	Eva Karen	-	-	-	-	-	19
25	Kobi Coleman	1	-	-	-	2	27
44	Maddie Janolo	-	-	-	-	-	10
Totals 18 7 2 4 10							

#	Goalkeepers	Dec	Mis	GA	Saves
1	Nicole Parisi	W	00:00	1	8

Goals by period	1	2	Total
Cardinals	2	0	2
Lions	1	0	1

Pos #	Player	SH	SO	G	A	Fo	Mis
gk 0	Jen Peters	-	-	-	-	-	60
def 5	Mindy Shoffitt	-	-	-	-	-	90
mid 8	Ashley Campuzano	2	1	-	-	1	78
mid 10	Melissa Storey	2	2	-	-	1	90
mid 11	Valerie Flores	2	-	-	-	1	78
mid 12	Karale Morrison	3	2	-	1	1	90
mid 13	Kallyn Valente	-	-	-	-	1	25
mid 14	Mya Mitchell	4	2	1	-	1	90
def 15	Nya Mitchell	-	-	-	-	-	60
def 17	Halley Griffin	-	-	-	-	-	90
def 20	McGowan, Kately	3	-	-	-	2	60
-- Substitutes --							
2	Christina Hernandez	-	-	-	-	-	60
19	Lydia Myers	-	-	-	-	-	31
Totals 18 7 1 2 8							

#	Goalkeepers	Dec	Mis	GA	Saves
0	Jen Peters	L	00:00	2	4

Saves by period	1	2	Total
Cardinals	3	3	6
Lions	2	3	5

Fouls	1	2	Total
Cardinals	3	7	10
Lions	4	6	9

Win: Parisi, Nicole (10-1-2), Low-Peters, Jen (2-4-1).

Shots by period	1	2	Total
Cardinals	12	8	18
Lions	9	7	16

No.	Time	Team	Goal scorer	Assist	Description
1.	03:00	AMC	Mya Mitchell (8)	Karale Morrison Kallyn Valente	Right foot from 8 yards after passing play
2.	20:00	LU	Carli Ellis (7)	Christine Kituru Meg Sheppard	Long pass from right to two deft touches in box
3.	24:58	LU	Carli Ellis (8)	Christine Kituru Laura Linares	Left foot from left of goal



Official Soccer Box Score - Final
Lamar University vs A&M-Corpus Christi
 10:00AM Lam Soccer Field, Corpus Christi
 10/22/2022 Women's Soccer
 Officials: Druyan Pizarri, Camilo Alvarez, Ryan Lucking, Edgar Garcia

Match Time 1:29 PM
 Match Duration 82:01
 Attendance 274

Lamar University (12-1-2, 8-1-1) vs.
 A&M-Corpus Christi (8-7-1, 5-0-1)
 Date: 10/22/2022 • Attendance: 274

Pos #	Player	SH	SO	G	A	Fo	Mis
gk 1	Nicole Parisi	-	-	-	-	-	60
def 5	Meg Sheppard	-	-	-	-	-	59
mid 6	Alana Clark	1	-	-	-	-	78
mid 10	Laura Linares	2	1	-	-	-	66
mid 12	Trinity Clark	-	-	-	-	-	78
mid 14	Carli Ellis	4	2	-	-	1	74
mid 15	Payton Joost	-	-	-	-	-	4
def 16	Sarah Zimmer	-	-	-	-	-	51
mid 18	Arelly Alaniz	1	1	1	-	1	60
mid 19	Christine Kituru	4	3	-	-	1	72
mid 22	Kales Juvonen	-	-	-	-	-	60
-- Substitutes --							
7	Abby Garza	-	-	-	-	-	1 32
9	Isela Ramirez	-	-	-	-	-	2 25
11	Miranda Urbizu	-	-	-	-	-	1 60
13	Crisely Pavon	-	-	-	-	-	1 33
23	Eva Karen	1	-	-	-	-	28
25	Kobi Coleman	-	-	-	-	-	9
44	Maddie Janolo	1	-	-	-	-	31
Totals 14 7 2 - 8							

#	Goalkeepers	Dec	Mis	GA	Saves
1	Nicole Parisi	W	00:00	1	3

Goals by period	1	2	Total
Cardinals	1	1	2
Lions	0	1	1

Pos #	Player	SH	SO	G	A	Fo	Mis
gk 1	Kerzany Shelling	-	-	-	-	-	60
mid 2	Emma Gibbs	-	-	-	-	-	2 90
mid 7	Maggie Murray	-	-	-	-	-	36
def 10	Emma Herrera	-	-	-	-	-	73
mid 12	Natalie Gonzalez	-	-	-	-	-	63
mid 16	Jayden Rea	1	-	-	-	-	90
mid 17	Grace Gill	-	-	-	-	-	1 31
mid 21	Morgan Westbury	1	1	-	1	3	76
def 23	Reese Cross	-	-	-	-	-	1 60
def 25	Alana Mangan	-	-	-	-	-	61
mid 27	Rebekah George	2	2	1	-	1	72
-- Substitutes --							
4	Carran Carranza	1	1	-	-	-	30
5	Ellie Fox	-	-	-	-	-	1 47
6	Blom Harris	-	-	-	-	-	2 66
14	Avery Vomhoff	-	-	-	-	-	1 3
28	Arsabelle Hubert O'Fla...	-	-	-	-	-	1 30
30	Kelsey Eggleston	-	-	-	-	-	47
31	Kaira Loflan	-	-	-	-	-	7
Totals 8 4 1 1 13							

#	Goalkeepers	Dec	Mis	GA	Saves
1	Kerzany Shelling	L	00:00	2	6

Saves by period	1	2	Total
Cardinals	1	2	3
Lions	5	1	6

Fouls	1	2	Total
Cardinals	5	3	8
Lions	5	6	13

Win: Parisi, Nicole (12-1-2), Low-Shelling, Kerzany (3-8-0).

Shots by period	1	2	Total
Cardinals	7	7	14
Lions	1	4	5

No.	Time	Team	Goal scorer	Assist	Description
1.	21:51	LMR	(OWN GOAL)	(unassisted)	
2.	57:35	AMC	Rebekah George (2)	Morgan Westbury	
3.	86:50	LMR	Arelly Alaniz (2)	(unassisted)	



Official Soccer Box Score - Final
Lamar University vs Houston Christian
 10:00AM Lam Soccer Field, Houston
 10/21/2022 Women's Soccer
 Officials: Alex DeHartog, Brian Costello, Carlos Velasco, Julio Ruiz

Match Time 1:29 PM
 Match Duration 91:28
 Attendance 199

Lamar University (11-1-2, 8-1-1) vs.
 Houston Christian (8-8-3, 6-4-1)
 Date: 10/21/2022 • Attendance: 199

Pos #	Player	SH	SO	G	A	Fo	Mis
gk 1	Nicole Parisi	-	-	-	-	-	60
def 5	Meg Sheppard	1	-	-	-	-	75
mid 6	Alana Clark	1	1	1	-	-	78
mid 11	Miranda Urbizu	-	-	-	-	-	90
mid 12	Trinity Clark	1	1	-	-	-	68
mid 13	Crisely Pavon	-	-	-	-	-	39
mid 14	Carli Ellis	1	1	-	1	4	62
mid 18	Arelly Alaniz	2	-	-	-	2	90
mid 19	Christine Kituru	5	3	1	-	1	60
mid 22	Kales Juvonen	-	-	-	-	-	90
mid 23	Eva Karen	-	-	-	-	-	1 36
-- Substitutes --							
2	Gabriela Lopez	-	-	-	-	-	12
7	Abby Garza	-	-	-	-	-	2 29
10	Laura Linares	1	1	1	-	-	29
15	Payton Joost	-	-	-	-	-	5
16	Sarah Zimmer	-	-	-	-	-	61
17	Paloma Martinez	-	-	-	-	-	1 16
25	Kobi Coleman	-	-	-	-	-	1
44	Maddie Janolo	-	-	-	-	-	15
Totals 12 7 3 3 10							

#	Goalkeepers	Dec	Mis	GA	Saves
1	Nicole Parisi	W	00:00	0	5

Win: Parisi, Nicole (11-1-2), Low-Bagherian, Chloe (5-7-3).

Shots by period	1	2	Total
Cardinals	8	4	12
Lions	5	8	13

No.	Time	Team	Goal scorer	Assist	Description
1.	03:00	AMC	Mya Mitchell (8)	Karale Morrison Kallyn Valente	Right foot from 8 yards after passing play
2.	20:00	LU	Carli Ellis (7)	Christine Kituru Meg Sheppard	Long pass from right to two deft touches in box
3.	24:58	LU	Carli Ellis (8)	Christine Kituru Laura Linares	Left foot from left of goal

Saves by period	1	2	Total
Cardinals	3	3	6
Lions	3	1	4

Win: Parisi, Nicole (11-1-2), Low-Bagherian, Chloe (5-7-3).

Shots by period	1	2	Total
Cardinals	8	4	12
Lions	5	8	13

No.	Time	Team	Goal scorer	Assist	Description
1.	03:00	AMC	Mya Mitchell (8)	Karale Morrison Kallyn Valente	Right foot from 8 yards after passing play
2.	20:00	LU	Carli Ellis (7)	Christine Kituru Meg Sheppard	Long pass from right to two deft touches in box
3.	24:58	LU	Carli Ellis (8)	Christine Kituru Laura Linares	Left foot from left of goal

Nicholls (2-16-1, 0-12-0) vs.
 Lamar University (13-1-2, 10-1-1)
 Date: 10/28/2022 • Attendance: 274

Pos #	Player	SH	SO	G	A	Fo	Mis
gk 1	Reagan Carter	-	-	-	-	-	60
mid 2	Rami Mitchell	-	-	-	-	-	2 86
mid 4	Lauren Andre	-	-	-	-	-	68
def 7	Anna Madson	-	-	-	-	-	90
mid 9	Kayra Barwell	-	-	-	-	-	3 60
mid 13	Avery Mondoux	-	-	-	-	-	3 86
def 17	Karina Gonzalez	-	-	-	-	-	2 61
def 21	Jemina Cattenwood	1	-	-	-	-	1 90
def 22	Hannah Eiben	-	-	-	-	-	67
mid 25	Shelby Nickal	-	-	-	-	-	1 90
def 28							

2022 Game Summaries



Official Soccer Box Score - Final
Houston Christian vs Lamar
 11/16/2022 Lady Derron Soccer Complex, Natchitoches
 2:00-2:30 Women's Soccer
 Officials: Jennifer Dumaine, Bernado Van Steenberghe, Chris Luna, Alex DeRoosato
 Match Time: 1:09 AM
 Match Duration: 9:57
 Attendance: 100

Houston Christian (7-10-3) vs. Lamar (14-1-2)
 Date: 11/16/2022 - Attendance: 100

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1	Chloe Bagueham	-	-	-	-	90
mid	4	Alexia Murillo	1	1	-	-	90
def	5	Kat Lazar	-	-	-	4	90
mid	12	Talin Rizo	-	-	-	2	84
fwd	13	Evelyn Blaughter	-	-	-	1	94
def	21	Mia Salas	1	-	-	1	79
def	23	Lauren Avila	-	-	-	-	90
mid	24	Ryan Ford	3	-	-	-	70
fwd	28	Kylea Wheeler	1	-	-	1	66
mid	28	Alexa Huerta	2	1	-	-	82
fwd	30	Erly Johnson	-	-	-	2	85
-- Substitutes --							
	3	Adi Radwan	-	-	-	-	11
	8	Danika Eiter	-	-	-	-	11
	10	Nya Balcaras	2	1	-	-	26
	15	Felicia Hernandez	-	-	-	-	32
Totals		10	3	1	14	-	

#	Goalkeepers	Dec	Min	GA	Saves
1	Chloe Bagueham	L	90:00	1	9
TM TEAM					

Wn-Parle, Nicole (14-1-2), Low-Bagueham, Chloe (7-9-3).

Shots by period	1	2	Total
Huskies	6	4	10
Cardinals	9	12	21
Corner kicks			
Huskies	3	1	4
Cardinals	3	1	4

No.	Time	Team	Goal scorer	Assist	Description
1.	38:54	LAM	Laura Linares (4)	(unassisted)	

Caution and ejections:
 YC - Cardinals #19 28:35; YC - Huskies #21 82:21; YC - Huskies #6 75:07

Stadium: Lady Derron Soccer Complex
 Officials: Referee: Jennifer Dumaine; Asst. Referee: Bernado Van Steenberghe; Chris Luna; AL Official: Alex DeRoosato;
 Offside: Houston Christian 2, Lamar 2.



Official Soccer Box Score - Final
Texas A&M-Commerce vs Lamar
 11/16/2022 Lady Derron Soccer Complex, Natchitoches
 2:00-2:30 Women's Soccer
 Officials: Alex DeRoosato, Jennifer Dumaine, Chris Luna, Gray Yeha-Kentala
 Match Time: 1:09 PM
 Match Duration: 9:58
 Attendance: 130

Texas A&M-Commerce (9-9-2) vs. Lamar (15-1-2)
 Date: 11/16/2022 - Attendance: 130

Pos #	Player	SH	SO	G	A	Fo	Min
gk	0	Jen Peters	-	-	-	-	90
def	5	Mindy Shoffitt	3	2	1	-	81
fwd	7	Lauren Biner	-	-	-	-	27
mid	8	Ashley Campuzano	2	1	-	-	49
mid	10	Melissa Blaney	-	-	-	3	66
mid	11	Valerie Flores	-	-	-	-	63
fwd	12	Karissa Morrison	1	1	-	-	80
mid	13	Kaitlyn Valanis	-	-	-	1	83
def	15	Nya Mitchell	1	-	-	2	80
def	17	Haley Griffin	1	1	-	-	90
def	20	McKenzie Keeley	2	1	-	-	69
-- Substitutes --							
	2	Christina Hernandez	1	-	-	-	54
	4	Keeara Bradley	1	1	-	-	23
	6	Maura Dion	-	-	-	1	27
	18	Anastasia Martinez	-	-	-	-	2
	25	Addy Higgins	-	-	-	-	27
	26	Naomi Sink	-	-	-	-	2
Totals		12	7	1	13	-	

#	Goalkeepers	Dec	Min	GA	Saves
0	Jen Peters	L	90:00	4	12

Wn-Parle, Nicole (15-1-2), Low-Peters, Jen (9-8-1).

Shots by period	1	2	Total
Lions	4	8	12
Cardinals	16	13	29
Corner kicks			
Lions	3	5	8
Cardinals	5	6	11

No.	Time	Team	Goal scorer	Assist	Description
1.	18:04	AMC	Mindy Shoffitt (6)	(unassisted)	
2.	31:59	LAM	Christine Kituru (11)	(unassisted)	
3.	58:08	LAM	Carol Ellis (8)	Christina Hernandez	



Official Soccer Box Score - Final
Lamar University vs LSU
 11/17/2022 LAU Soccer Stadium, Dahn Plaza
 2:00-2:30 Women's Soccer
 Officials: Debraus Ward, Ross Utico, Logan Reeves
 Match Time: 1:09 PM
 Match Duration: 9:57
 Attendance: 1088

Lamar University (15-2-2) vs. LSU (10-9-7)
 Date: 11/17/2022 - Attendance: 1084

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1	Nicole Parle	-	-	-	-	90
def	5	Meg Sheppard	-	-	-	-	81
mid	6	Alana Clark	-	-	-	-	57
def	7	Abby Gemza	-	-	-	-	85
mid	10	Laura Linares	2	1	-	-	62
fwd	11	Miranda Urbizu	-	-	-	2	90
mid	12	Tirily Clark	-	-	-	-	57
mid	14	Carlei Ellis	2	1	-	-	70
fwd	15	Arley Alariz	-	-	-	-	65
fwd	19	Christine Kituru	2	2	1	-	86
mid	22	Kales Juvonen	-	-	-	-	90
-- Substitutes --							
	9	Isela Ramirez	-	-	-	-	52
	13	Crisely Pavon	-	-	-	-	1
	16	Barah Zimmer	-	-	-	-	13
	23	Eva Karen	-	-	-	-	11
	25	Kobi Coleman	-	-	-	-	1
	44	Maddie Janolo	-	-	-	-	28
Totals		6	4	1	5	-	

#	Goalkeepers	Dec	Min	GA	Saves
1	Nicole Parle	L	90:00	3	10

Wn-Swift, Mollee (7-3-7), Low-Parle, Nicole (15-2-2).

Shots by period	1	2	Total
Cardinals	3	3	6
Tigers	5	17	22
Corner kicks			
Cardinals	1	0	1
Tigers	1	4	5

No.	Time	Team	Goal scorer	Assist	Description
1.	31:10	LSU	Isa Hernandez (7)	Argelia Thorsen	
2.	39:47	LSU	Mollee Swift (1)	Penalty kick	
3.	63:35	LSU	Brenna McParlan (2)	Olivia Wilkes	
4.	80:20	LMI	Christine Kituru (13)	(unassisted)	

Goals by period	1	2	Total
Cardinals	0	1	1
Tigers	2	1	3

Pos #	Player	SH	SO	G	A	Fo	Min
gk	1	Mollee Swift	1	1	1	-	90
	2	Jocelyn Ollivierre	-	-	-	-	90
mid	6	Wendie Djeuwa-Socle	-	-	-	2	66
	8	Shannon Cooke	-	-	-	3	90
	11	Argelia Thorsen	3	2	1	-	65
	13	Taylor Dobles	-	-	-	1	62
def	16	Lindal Jennings	-	-	-	-	90
	17	Ida Hermannsdottir	4	3	1	-	69
mid	20	Brenna McParlan	3	1	1	-	70
def	22	Olivia Wilkes	-	-	-	1	21
fwd	71	Mollie Baker	4	3	-	1	70
-- Substitutes --							
	10	Alana Garcia	1	-	-	1	34
	12	Laney Gonzales	1	1	-	-	19
	15	Jordan Johnson	2	1	-	-	21
	23	Raelyn Prince	-	-	-	-	9
	29	Jaden Hunsbyrd	-	-	-	-	14
	31	Meghan Johnson	3	1	-	-	24
	60	Steph Glover	-	-	-	-	1
Totals		22	13	3	3	13	

#	Goalkeepers	Dec	Min	GA	Saves
1	Mollee Swift	W	90:00	1	3

Saves by period	1	2	Total
Cardinals	2	8	10
Tigers	1	2	3
Fouls			
Cardinals	1	4	5
Tigers	3	10	13

2022 Individual Game Highs

POINTS	6	Christine Kitaru vs. Tarleton State (8/28/2022)
GOALS	3	Christine Kitaru vs. Tarleton State (8/28/2022)
ASSISTS	2	Hollie Massey vs. Tarleton State (8/28/2022)
.....	Isela Ramirez vs. Houston (8/21/2022), vs. Louisiana (9/1/2022)
.....	Christine Kitaru at Texas A&M-Commerce (10/14/2022)
SHOTS	9	Cariel Ellis at Texas A&M-Commerce (10/14/2022)
SHOTS ON GOAL	5	Cariel Ellis vs. Texas A&M-Commerce (11/6/2022)
SAVES	10	Nicole Panis at LSU (11/11/2022)

2022 Team Game Highs

POINTS.....	14	vs. Tarleton State (8/28/2022)
GOALS.....	5	vs. Tarleton State (8/28/2022)
ASSISTS.....	4	Four times
SHOTS	29	vs. Texas A&M-Commerce (11/6/2022)
SHOTS ON GOAL	16	vs. Texas A&M-Commerce (11/6/2022)
SAVES	10	at LSU (11/11/2022)
CORNER KICKS	11	vs. Texas A&M-Commerce (11/6/2022)
FOULS	15	vs. Louisiana (9/1/2022)

2022 Opponent Game Highs

POINTS.....	9	at LSU (11/11/2022)
GOALS.....	3	at LSU (11/11/2022)
ASSISTS.....	3	at LSU (11/11/2022)
SHOTS	22	at LSU (11/11/2022)
SHOTS ON GOAL	13	at LSU (11/11/2022)
SAVES	12	vs. Texas A&M-Commerce (11/6/2022)
CORNER KICKS	14	vs. Louisiana (9/1/2022)
FOULS	17	at Nicholls (9/25/2022)

2022 Southland Conference Standings

SCHOOL	CONF	CPCT.	CPTS	OVERALL	PCT.	HOME	AWAY	NEUTRAL	STREAK
Lamar	10-1-1	.875	31	15-2-2	.842	7-1-1	6-1-1	2-0	L1
Northwestern State	8-2-2	.750	26	12-4-3	.711	6-3	6-1-3	0-0	L1
Texas A&M-Commerce	7-4-1	.625	22	9-9-2	.500	3-4-1	5-4-1	1-1	L1
HCU	6-5-1	.542	19	7-10-3	.425	3-3-1	3-6-2	1-1	L1
Southeastern	5-4-3	.542	18	7-7-3	.500	4-2-1	3-4-2	0-1	L2
A&M-Corpus Christi	5-6-1	.458	16	8-9-1	.472	4-4-1	4-4	0-1	L4
McNeese	3-5-4	.417	13	5-9-4	.389	4-3-1	1-5-3	0-1	L3
UIW	2-7-3	.292	9	3-10-3	.281	2-3-2	1-7-1	0-0	L3
Nicholls	0-12-0	.000	0	2-16-1	.132	2-8-0	0-8-0	0-0-1	L11

2022 Southland Conference Tournament

at Lady Demon Soccer Complex (Natchitoches, La.)

Quarterfinals

Wednesday, November 2

#4 HCU 1, #5 Southeastern La. 0 (OT)

#3 Texas A&M-Commerce 2, #6 Texas A&M-Corpus Christi 1

#2 Northwestern State 5, #7 McNeese 0

Semifinals

Friday, November 4

#1 Lamar 1, #4 HCU 0

#3 Texas A&M-Commerce 3, #2 Northwestern State 2 (OT)

Championship

Sunday, November 6

#1 Lamar 4, #3 Texas A&M-Commerce 1

2022 Southland Conference Awards

Player of the Year: Gracie Armstrong, Northwestern State
 Freshman of the Year: Mya Mitchell, Texas A&M-Commerce
 Newcomer of the Year: Gracie Armstrong, Northwestern State
 Defender of the Year: Arely Alaniz, Lamar
 Midfielder of the Year: Mya Guillory, Southeastern
 Forward of the Year: Olivia Draguicevich, Northwestern State
 Goalkeeper of the Year: Nicole Panis, Lamar
 Coach of the Year: Nathan Kogut, Lamar

2022 All-Southland Conference Team

First Team			Second Team		
Pos.	Name	School	Pos.	Name	School
D	Arely Alaniz	Lamar	D	Hallie Field	NSU
D	Nicole Henry	NSU	D	Mia Salas	HCU
D	Natalee Henry	NSU	D	Kat Lazor	HCU
D	Kaisa Juvonen	Lamar	D	Nya Mitchell	AMC
MF	Mya Guillory	Southeastern	D	Mindy Shoffit	AMC
MF	Ashley Campuzano	AMC	MF	Rachel Loetzer	AMCC
MF	Isela Ramirez	Lamar	MF	Molly Arens	AMCC
MF	Delaney Wells	NSU	MF	Kiana Kukaua	McNeese
F	Olivia Draguicevich	NSU	MF	Trinity Clark	Lamar
F	Christine Kitaru	Lamar	F	Mya Mitchell	AMCC
F	Gracie Armstrong	NSU	F	Megan Guy	AMCC
F	Cariel Ellis	Lamar	F	Keeley Ayala	UIW
GK	Nicole Panis	Lamar	F	Karalie Morrison	AMC
			GK	Chloe DeShazer	NSU

2022 SLC All-Academic Team

First Team

Pos.	Name	School	Class	Hometown	GPA	Major
D	Arely Alaniz	Lamar	Jr.	Deer Park, Texas	3.19	Exercise Science
D	Nicole Henry *4	Northwestern State	Gr.	Tomball, Texas	3.355	Industrial Engineering Tech.
D	Natalee Henry *	Northwestern State	Gr.	Tomball, Texas	3.275	Industrial Engineering
D	Hallie Field 3	Northwestern State	Sr.	Frisco, Texas	4.00	Accounting
MF	Mya Guillory *3	Southeastern	Sr.	Prairieville, La.	3.70	Health Sciences
MF	Delaney Wells *	Northwestern State	Jr.	Flower Mound, Texas	3.329	Elementary Education
MF	Emma Gibbs	A&M-Corpus Christi	Sr.	Longmont, Colo.	4.00	Nursing
MF	Katie Marker	HCU	Jr.	Friendswood, Texas	3.776	Biology
F	Olivia Draguicevich	NSU	Sr.	Pflugerville, Texas	3.496	Communications
F	Megan Guy	A&M-Corpus Christi	So.	Roanoke, Texas	4.00	Psychology
F	Karalie Morrison	A&M-Commerce	So.	N. Richland Hills, Texas	3.80	Criminal Justice
F	Emily Jaimes	HCU	R-Fr.	Austin, Texas	3.619	Kinesiology – Sport Management
GK	Nicole Panis *	Lamar	Sr.	Opmeer, The Netherlands	3.23	Exercise Science

Second Team

Pos.	Name	School	Class	Hometown	GPA	Major
D	Kat Lazor	HCU	Jr.	Missouri City, Texas	3.657	Psychology
D	Hailey Griffin	A&M-Commerce	So.	Trophy Club, Texas	3.90	General Business
D	Mia Salas	HCU	Jr.	San Antonio, Texas	3.299	Kinesiology
D	Payton Adams	UIW	Sr.	Frisco, Texas	3.92	Rehabilitative Science Pre-Physician
MF	Ryan Ford	HCU	Sr.	Frisco, Texas	3.942	Marketing
MF	Talin Rizo	HCU	Sr.	San Antonio, Texas	4.00	Business Administration
MF	Laura Linares	Lamar	Sr.	Barcelona, Spain	3.42	University Studies
MF	Kiana Kukaua	McNeese	Jr.	Valencia, Calif.	3.13	Civil Engineering
F	Keeley Ayala	UIW	Gr.	Wichita Falls, Texas	3.18	Communication Arts – Media Studies
F	Morgan Westbury	A&M-Corpus Christi	So.	McKinney, Texas	3.13	Kinesiology
F	Rachel Young	McNeese	Jr.	Surprise, Ariz.	3.21	Biology
F	Magalie Depot	McNeese	Jr.	Montreal, Quebec, Canada	3.42	Biology
GK	Jen Peters	A&M-Commerce	Sr.	Allen, Texas	3.74	Kinesiology & Sport Studies



LAMAR

TRADITION

Year-By-Year Record

Season	Overall	Pct.	Southland Conference/WAC	Pct.
2007	0-18-0	.000	0-9-0 (10/10)	.000
2008	4-11-1	.281	2-6-1 (8/10)	.278
2009	4-13-1	.250	3-6-0 (8/10)	.333
2010	5-11-3	.342	3-4-2 (6/10)	.444
2011	9-8-2	.526	6-2-1 (3/10)	.722
2012	11-9-1	.548	6-2-0 (2/9)	.750
2013	7-10-2	.421	4-6-2 (10/13)	.417
2014	5-11-2	.333	3-6-2 (8/12)	.364
2015	8-11-1	.425	4-6-1 (T7/12)	.409
2016	2-14-3	.184	1-7-3 (12/12)	.227
2017	18-4-1	.804	10-1-0 (1/12)	.909
2018	12-6-2	.650	7-2-2 (3/12)	.727
2019	16-7	.696	10-1-0 (1/12)	.909
2020	8-4	.667	7-3 (2/12)	.700
2021%	10-8-2	.550	6-2-2	.700
2022	15-2-2	.842	10-1-1 (1/9)	.875
TOTALS	134-147-23	.479	82-64-17	.555

%WAC

Year-By-Year Offensive Stats

Year	GP	G	A	Pts	Sh	SOG	Fouls	YC-RC	GWG	CK	PK-PKA
2007	18	2	2	6	123	50	106	8-0	0	40	0-0
2008	16	13	10	36	134	54	137	9-0	4	32	1-1
2009	18	22	23	67	257	112	171	10-1	4	65	1-1
2010	19	20	17	57	332	153	198	30-1	5	66	0-0
2011	19	36	29	101	292	132	168	18-1	9	68	1-1
2012	21	41	25	107	380	176	153	13-0	11	118	3-4
2013	19	26	17	69	269	131	148	10-1	7	102	2-2
2014	18	20	14	54	289	112	115	11-1	5	75	2-2
2015	20	46	33	125	269	136	124	3-0	8	93	2-3
2016	19	13	12	38	193	77	129	10-0	2	107	1-1
2017	23	47	44	138	381	189	215	11-0	18	133	6-7
2018	20	39	32	110	315	152	151	7-0	12	91	4-7
2019	23	70	58	198	380	198	238	19-2	16	106	2-3
2020	12	24	18	66	173	80	99	5-0	7	63	4-5
2021%	20	31	21	73	225	117	182	15-0	10	95	1-1
2022	19	40	33	113	272	140	161	21-1	15	80	2-3
TOTALS	304	490	388	1358	4284	2046	2495	200-8	133	1334	32-41

Year-By-Year Goalkeeping Stats

Year	GAA	GA	Saves	Save%	ShO	W-L-T	PK-PKA	Minutes
2007	5.33	96	185	.658	0	0-18-0	2-2	1620:00
2008	2.28	37	109	.747	1	4-11-1	1-2	1462:54
2009	2.19	41	94	.696	2	4-13-1	1-1	1682:38
2010	1.70	34	95	.736	3	5-11-3	1-1	1796:42
2011	1.38	27	93	.775	6	9-8-2	0-0	1766:37
2012	1.37	29	129	.816	7	11-9-1	2-3	1910:58
2013	1.72	34	113	.769	5	7-10-2	0-2	1774:20
2014	1.68	31	117	.791	4	5-11-2	3-4	1657:04
2015	2.13	43	168	.796	5	8-11-1	0-1	1820:00
2016	2.03	40	140	.778	3	2-14-3	1-1	1770:40
2017	0.90	21	98	.824	10	18-4-1	0-1	2090:00
2018	1.26	26	119	.821	8	12-6-2	0-1	1861:23
2019	1.96	45	130	.741	4	16-7-0	3-4	2067:10
2020	1.15	14	74	.844	5	8-4-0	4-5	1100:06
2021	1.31	27	122	.819	8	10-8-2	0-0	1857:34
2022	2.11	12	83	.874	10	15-2-2	1-1	1710:00
TOTALS	1.79	557	1871		81	134-147-23	19-29	27948:06

All-Time Coaching Records

Coach (Seasons)	Overall	Pct.	Southland Conference	Pct.
Matt Dillon (2007)	0-18-0	.000	0-9-0	.000
Dewi Hardman (2008-11)	22-43-7	.354	14-18-4	.444
Orlando Cervantes (2012-15)	31-41-6	.436	17-20-5	.464
Steve Holeman (2016-21)	66-43-8	.598	41-16-7	.695
Nathan Kogut (2022-)	15-2-2	.842	10-1-1	.875

Lamar Offensive Career Records

GAMES PLAYED

1.	Macie McFarland (2016-19)	81
2.	M.J. Eckart (2014-17)	78
3.	Kristin Bos (2011-14)	77
	Hailey Loupe (2017-)	77
5.	Sophia Manibo (2017-20)	76
6.	Nicole Frank (2011-14)	75
	Marie Lund (2014-17)	75
	Lisa Topping (2009-12)	75
9.	Kimmy Albano (2011-14)	74
	Jannet Hernandez (2012-15)	74
	Madison Ledet (2017-20)	74

GAMES STARTED

1.	Macie McFarland (2016-19)	78
	M.J. Eckart (2014-17)	78
3.	Kristin Bos (2011-14)	76
4.	Nicole Frank (2011-14)	73
5.	Grace Bowman (2009-13)	72
	Madison Ledet (2017-20)	72
6.	Lorna Maudslay (2009-12)	71
	Amber Thornhill (2010-13)	71
	Lisa Topping (2009-12)	71
	Juliana Ocampo (2015-18)	71

POINTS

1.	Lucy Ashworth (2017-20)	93
2.	Esther Okoronkwo (2018-21)	86
3.	Kimmy Albano (2011-14)	78
4.	Christine Kitaru (2020-22)	60
5.	Kristin Bos (2011-14)	55
6.	Madison Ledet (2017-20)	54
7.	Kelso Peskin (2017-18)	53
8.	Lisa Hance (2008-11)	49
9.	Jordan Mulnix (2015-17)	45
10.	Jannet Hernandez (2012-15)	41

GOALS

1.	Esther Okoronkwo (2018-20)	35
2.	Kimmy Albano (2011-14)	34
3.	Lucy Ashworth (2017-20)	31
4.	Christine Kitaru (2020-22)	24
5.	Kristin Bos (2011-14)	20
6.	Kelso Peskin (2017-18)	19
	Jordan Mulnix (2015-17)	19
8.	Lisa Hance (2008-11)	18
9.	M.J. Eckart (2014-17)	17
10.	Jannet Hernandez (2012-15)	15
	Juliana Ocampo (2015-18)	15
	Madison Ledet (2017-20)	15

GAME-WINNING GOALS

1.	Esther Okoronkwo (2018-20)	13
2.	Kimmy Albano (2011-14)	10
3.	Lucy Ashworth (2017-20)	9
4.	Kelso Peskin (2017-18)	8
5.	Lisa Hance (2008-11)	7
	Juliana Ocampo (2015-18)	7
7.	Kristin Bos (2011-14)	5
	M.J. Eckart (2014-17)	5
	Christine Kitaru (2020-22)	5
10.	Madison Ledet (2017-20)	4

ASSISTS

1.	Lucy Ashworth (2017-20)	31
2.	Madison Ledet (2017-20)	24
3.	Esther Okoronkwo (2018-20)	16
4.	Kristin Bos (2011-14)	15
	Kelso Peskin (2017-18)	15
6.	Lisa Hance (2008-11)	13
7.	Christine Kitaru (2020-22)	12
8.	Jannet Hernandez (2012-15)	11
	Lisa Topping (2009-12)	11
10.	Kimmy Albano (2011-14)	10
	Mari Olastuen (2012-15)	10
	Isela Ramirez (2021-)	10

SHOTS ATTEMPTED

1.	Lucy Ashworth (2017-20)	247
2.	Kristin Bos (2011-14)	231
3.	Kimmy Albano (2011-14)	202
4.	Lisa Topping (2009-12)	167
5.	Lisa Hance (2008-11)	143
6.	Christine Kitaru (2020-22)	133
7.	Madison Ledet (2017-20)	128
8.	Esther Okoronkwo (2018-20)	126
9.	Lorna Maudslay (2009-12)	116
10.	Jannet Hernandez (2012-15)	104

SHOTS ON GOAL

1.	Lucy Ashworth (2017-20)	135
2.	Kristin Bos (2011-14)	118
3.	Kimmy Albano (2011-14)	89
4.	Christine Kitaru (2020-22)	77
5.	Esther Okoronkwo (2018-20)	76
6.	Lisa Topping (2009-12)	69
7.	Lisa Hance (2008-11)	64
8.	Madison Ledet (2017-20)	58
9.	Lorna Maudslay (2009-12)	53
10.	Kelso Peskin (2017-18)	52

PENALTY-KICK GOALS

1.	Jannet Hernandez (2012-15)	5
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2.	M.J. Eckart (2014-17)	4
3.	Esther Okoronkwo (2018-21)	3
4.	Kimmy Albano (2011-14)	2
	Jordan Mulnix (2015-17)	2
	Rubi Villegas (2017-18)	2
7.	Eva Karen (2021-)	1
	Christine Kitaru (2020-22)	1
	Carina Leal (2021)	1
	Anna Loftus (2018-19)	1
	Juli Rocha (2017)	1
	Kristin Bos (2011-14)	1
	Lexi Gebhardt (2009-10)	1
	Lorna Maudslay (2009-12)	1
	Aline Pugliesi (2007-08)	1
	Jennifer Yacuta (2013-16)	1
	Kelso Peskin (2017-18)	1

PENALTY-KICK ATTEMPTS

1.	Jannet Hernandez (2012-15)	6
2.	Rubi Villegas (2017-18)	4
	M.J. Eckart (2014-17)	4
4.	Esther Okoronkwo (2018-21)	3
5.	Christine Kitaru (2020-22)	2
	Kimmy Albano (2011-14)	2
	Lorna Maudslay (2009-12)	2
	Jordan Mulnix (2015-17)	2
	Kelso Peskin (2017-18)	2
10.	Eva Karen (2021-)	1
	Carina Leal (2021)	1
	Anna Loftus (2018-19)	1
	Lucy Ashworth (2017-21)	1
	Juli Rocha (2017)	1
	Kristin Bos (2011-14)	1
	Lexi Gebhardt (2009-10)	1
	Aline Pugliesi (2007-08)	1
	Jennifer Yacuta (2013-16)	1

Lamar Defensive Career Records

GAMES PLAYED

1. Jennifer Gibbs (2008-11)	64
2. Bailey Fontenot (2011-14)	55
3. Lauren Lovejoy (2014-17)	53
4. Nicole Panis (2020-)	50
5. Sandra Nygard (2018-19)	30
6. Kelsie Binetti (2007)	16
7. Rachel Gries (2016-18)	14
8. Jocelyn Hanrath (2018-19)	13
9. Nicole Panis (2020-)	12
10. Erin Branch (2019-20)	9

GAMES STARTED

1. Jennifer Gibbs (2008-11)	64
2. Bailey Fontenot (2011-14)	53
3. Nicole Panis (2020-)	50
3. Lauren Lovejoy (2014-17)	48
5. Sandra Nygard (2018-19)	27
6. Kelsie Binetti (2007)	15
7. Rachel Gries (2016-18)	14
8. Jocelyn Hanrath (2018-19)	8
9. Erin Branch (2019)	7
10. Jessica Winters (2008)	5

MINUTES PLAYED

1. Jennifer Gibbs (2008-11)	5924:32
2. Bailey Fontenot (2011-14)	4753:42
3. Nicole Panis (2020-)	4497:19
4. Lauren Lovejoy (2014-17)	4469:05
5. Sandra Nygard (2018-19)	2426:18
6. Kelsie Binetti (2007)	1347:55
7. Rachel Gries (2016-18)	1162:31
8. Jocelyn Hanrath (2018-19)	740:15
9. Erin Branch (2019)	672:00
10. Jessica Winters (2008)	514:09

WINS

1. Nicole Panis (2020-)	32
2. Lauren Lovejoy (2014-17)	26
3. Bailey Fontenot (2011-14)	22
4. Jennifer Gibbs (2008-11)	22
5. Sandra Nygard (2018-19)	17
6. Erin Branch (2019)	7
7. Jocelyn Hanrath (2018-19)	4
8. Rachel Gries (2016-18)	2
9. Zoey Stephenson (2013-15)	1

SHUTOUTS

1. Nicole Panis (2020-)	20
2. Bailey Fontenot (2011-14)	14
3. Lauren Lovejoy (2014-17)	12
4. Jennifer Gibbs (2008-11)	12
5. Sandra Nygard (2018-19)	10
6. Jocelyn Hanrath (2018-)	3
7. Rachel Gries (2016-18)	3
8. Zoey Stephenson (2013-15)	1

LOSSES

1. Jennifer Gibbs (2008-11)	35
2. Bailey Fontenot (2011-14)	26
3. Lauren Lovejoy (2014-17)	18
4. Kelsie Binetti (2007)	15
5. Nicole Panis (2020-)	14
6. Rachel Gries (2016-18)	11
7. Sandra Nygard (2018-19)	7
8. Jessica Winters (2008)	5
9. Jocelyn Hanrath (2018-19)	4
10. Kylie Robinett (2010)	3

TIES

1. Jennifer Gibbs (2008-11)	7
2. Bailey Fontenot (2011-14)	5
3. Lauren Lovejoy (2014-17)	4
3. Nicole Panis (2020-)	4
4. Sandra Nygard (2018-19)	2
5. Rachel Gries (2016-18)	1

WIN PERCENTAGE

(Minimum 5 decisions)

1. Erin Branch (2019)	87.5
2. Nicole Panis (2020-)	79.4
3. Sandra Hygard (2018-19)	69.2
4. Lauren Lovejoy (2014-17)	59.6
5. Jocelyn Hanrath (2018-19)	50.0
6. Bailey Fontenot (2011-14)	46.2
7. Jennifer Gibbs (2008-11)	39.8
8. Rachel Gries (2016-18)	17.9
9. Kelsie Binetti (2007)	0.0
10. Jessica Winters (2008)	0.0

GOALS-AGAINST AVERAGE

(Minimum 180 minutes)

1. Nicole Panis (2020-)	1.06
2. Sandra Nygard (2018-19)	1.37
3. Bailey Fontenot (2011-14)	1.46
4. Lauren Lovejoy (2014-17)	1.53
5. Erin Branch (2019)	1.61
6. Jennifer Gibbs (2008-11)	1.69
Jocelyn Hanrath (2018)	1.69
8. Rachel Gries (2016-18)	2.17
9. Elizabeth Silas (2012)	2.29

10. Jessica Winters (2008)	2.63
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SAVES

1. Bailey Fontenot (2011-14)	328
2. Jennifer Gibbs (2008-11)	326
3. Lauren Lovejoy (2014-17)	313
4. Nicole Panis (2020-)	276
5. Sandra Nygard (2018-19)	154
6. Kelsie Binetti (2007)	147
7. Rachel Gries (2016-18)	86
8. Jessica Winters (2008)	48
9. Erin Branch (2019)	47
10. Jocelyn Hanrath (2018-19)	32

SAVE PERCENTAGE

(Minimum 40 saves)

1. Nicole Panis (2020-)	83.9
2. Bailey Fontenot (2011-14)	81.0
3. Lauren Lovejoy (2014-17)	80.5
4. Erin Branch (2019)	79.7
5. Sandra Nygard (2018-19)	78.3
6. Jessica Winters (2008)	76.2
7. Rachel Gries (2016-18)	75.4
8. Jennifer Gibbs (2008-11)	74.6
9. Kelsie Binetti (2007)	67.4

Year-by-Year Leaders

<u>POINTS</u>	
2007	Aline Pugliesi3
2008	Aline Pugliesi15
2009	Lisa Hance13
2010	Lisa Hance11
2011	Lisa Hance21
2012	Kimmy Albano27
2013	Kimmy Albano18
2014	Kimmy Albano20
2015	Jordan Mulnix28
2016	M.J. Eckart12
2017	Kelso Peskin27
2018	Kelso Peskin26
2019	Esther Okoronkwo60*
2020	Esther Okoronkwo24
2021	Isela Ramirez18
2022	Christine Kitaru32

<u>GOALS</u>	
2007	Kari Melancon1
	Aline Pugliesi1
2008	Aline Pugliesi7
2009	Kari Davila4
	Lisa Hance4
2010	Lisa Hance5
2011	Lisa Hance8
2012	Kimmy Albano12
2013	Kimmy Albano8
2014	Kimmy Albano9
2015	Jordan Mulnix12
2016	M.J. Eckart6
2017	Kelso Peskin8
2018	Kelso Peskin11
2019	Esther Okoronkwo25*
2020	Esther Okoronkwo10
2021	Isela Ramirez7
2022	Christine Kitaru13

<u>GAME-WINNING GOALS</u>	
2007	None0
2008	Aline Pugliesi2
2009	Kari Davila2
2010	Lisa Hance3
2011	Lisa Hance3
2012	Kimmy Albano4
	Kristin Bos4
2013	Kimmy Albano3
2014	Kimmy Albano2
2015	Juliana Ocampo2
2016	M.J. Eckart2
2017	Lucy Ashworth3
	Madison Ledet3
	Marie Lund3
	Juliana Ocampo3
2018	Kelso Peskin6
2019	Esther Okoronkwo8*
2020	Esther Okoronkwo5
2021	Laura Linares2
	Meg Sheppard2
2022	Cariel Ellis4

<u>ASSISTS</u>	
2007	Aline Pugliesi1
	Stefani Turner1
2008	Carrie Mrazek3
2009	Lisa Hance5
	Lisa Topping5
2010	Angie Guillory4
2011	Kristin Bos5
	Lisa Hance5
2012	Kristin Bos4
	Lorna Maudsley4
2013	Kristin Bos3
	Jannet Hernandez3
2014	Kristin Bos3
	Jannet Hernandez3
	Taylor Mitchell3
2015	Mari Olastuen9
2016	Samantha Moreno3
2017	Kelso Peskin11
2018	Lucy Ashworth6
	Madison Ledet6
2019	Lucy Ashworth17*
2020	Esther Okoronkwo6

2021	Hollie Massey5
2022	Cariel Ellis6
	Christine Kitaru6
	Isela Ramirez6

<u>SHOTS ATTEMPTED</u>	
2007	Aline Pugliesi29
2008	Aline Pugliesi39
2009	Lisa Hance46
2010	Lisa Hance52
2011	Kimmy Albano53
2012	Kristin Bos79
2013	Kristin Bos55
2014	Kimmy Albano55
2015	Jordan Mulnix46
2016	M.J. Eckart48
2017	Lucy Ashworth68
2018	Lucy Ashworth58
2019	Lucy Ashworth117*
2020	Esther Okoronkwo52
2021	Christine Kitaru50
2022	Christine Kitaru61

<u>SHOTS ON GOAL</u>	
2007	Aline Pugliesi10
2008	Aline Pugliesi15
2009	Lisa Hance18
2010	Angie Guillory22
	Lisa Hance22
2011	Kimmy Albano27
2012	Kristin Bos48
2013	Kristin Bos26
2014	Taylor Mitchell20
2015	Jordan Mulnix24
2016	M.J. Eckart16
2017	Lucy Ashworth35
2018	Lucy Ashworth31
2019	Lucy Ashworth69*
2020	Esther Okoronkwo29
2021	Christine Kitaru29
2022	Christine Kitaru37

<u>GOALS-AGAINST AVERAGE</u>	
2007	Kelsie Binetti4.74
2008	Jennifer Gibbs2.09
2009	Jennifer Gibbs2.19
2010	Jennifer Gibbs1.24
2011	Jennifer Gibbs1.38
2012	Bailey Fontenot1.18
2013	Bailey Fontenot1.67
2014	Bailey Fontenot1.53
2015	Lauren Lovejoy2.21
2016	Lauren Lovejoy1.78
2017	Lauren Lovejoy0.90
2018	Sandra Nygard1.06
2019	Erin Branch1.61
2020	Nicole Panis1.15
2021	Nicole Panis1.39
2022	Nicole Panis0.66*

<u>SAVES</u>	
2007	Kelsie Binetti147
2008	Jennifer Gibbs58
2009	Jennifer Gibbs92
2010	Jennifer Gibbs83
2011	Jennifer Gibbs93
2012	Bailey Fontenot114
2013	Bailey Fontenot100
2014	Bailey Fontenot114
2015	Lauren Lovejoy162
2016	Rachel Gries86
2017	Lauren Lovejoy98
2018	Sandra Nygard87
2019	Sandra Nygard72
2020	Nicole Panis74
2021	Nicole Panis120
2022	Nicole Panis82*

<u>SAVE PERCENTAGE</u> (Minimum 5 saves)	
2007	Kelsie Binetti67.4
2008	Jessica Winters76.2

2009	Jennifer Gibbs69.2
2010	Jennifer Gibbs79.8
2011	Jennifer Gibbs77.5
2012	Bailey Fontenot84.4
2013	Bailey Fontenot77.5
2014	Bailey Fontenot80.9
2015	Lauren Lovejoy79.0
2016	Lauren Lovejoy81.5
2017	Lauren Lovejoy82.4
2018	Sandra Nygard85.3
2019	Erin Branch79.7
2020	Nicole Panis84.1
2021	Nicole Panis81.6
2022	Nicole Panis87.2*

<u>SHUTOUTS</u>	
2007	None0
2008	Jennifer Gibbs1
2009	Jennifer Gibbs2
2010	Jennifer Gibbs3
2011	Jennifer Gibbs6
2012	Bailey Fontenot6
2013	Bailey Fontenot4
2014	Bailey Fontenot4
2015	Lauren Lovejoy2
2016	Rachel Gries3
2017	Lauren Lovejoy10*
2018	Sandra Nygard5
2019	Sandra Nygard1
2020	Nicole Panis5
2021	Nicole Panis6
2022	Nicole Panis9

<u>WINS</u>	
2007	None0
2008	Jennifer Gibbs4
2009	Jennifer Gibbs4
2010	Jennifer Gibbs5
2011	Jennifer Gibbs9
2012	Bailey Fontenot11
2013	Bailey Fontenot6
2014	Bailey Fontenot5
2015	Lauren Lovejoy8
2016	Rachel Gries2
2017	Lauren Lovejoy18*
2018	Sandra Nygard9
2019	Sandra Nygard8
2020	Nicole Panis8
2021	Nicole Panis9
2022	Nicole Panis15

<u>LOSSES</u>	
2007	Kelsie Binetti15
2008	Jennifer Gibbs6
2009	Jennifer Gibbs13
2010	Jennifer Gibbs8
2011	Jennifer Gibbs8
2012	Bailey Fontenot6
2013	Bailey Fontenot9
2014	Bailey Fontenot11
2015	Lauren Lovejoy11
2016	Rachel Gries11
2017	Lauren Lovejoy4
2018	Sandra Nygard3
	Jocelyn Hanrath3
2019	Sandra Nygard4
2020	Nicole Panis4
2021	Nicole Panis8
2022	Nicole Panis2

<u>TIES</u>	
2007	None0
2008	Jennifer Gibbs1
2009	Jennifer Gibbs1
2010	Jennifer Gibbs3
2011	Jennifer Gibbs2
2012	Bailey Fontenot1
2013	Bailey Fontenot2
2014	Bailey Fontenot2
2015	Lauren Lovejoy1
2016	Lauren Lovejoy2
2017	Lauren Lovejoy1
2018	Sandra Nygard2
2019	None0

2020	None	0
2021	Nicole Panis	2
2022	Nicole Panis	2

GOALKEEPER MINUTES

2007	Kelsie Binetti	1347:55
2008	Jennifer Gibbs.....	948:55
2009	Jennifer Gibbs.....	1682:38
2010	Jennifer Gibbs.....	1526:42
2011	Jennifer Gibbs.....	1766:37
2012	Bailey Fontenot.....	1595:58
2013	Bailey Fontenot.....	1564:38
2014	Bailey Fontenot.....	1593:06
2015	Lauren Lovejoy.....	1752:39
2016	Rachel Gries.....	1162:31
2017	Lauren Lovejoy.....	2090:00
2018	Sandra Nygard	1276:23
2019	Sandra Nygard	1149:55
2020	Nicole Panis	1100:06
2021	Nicole Panis	1754:27
2022	Nicole Panis	1642:46

* - LU single-season records

Single-Game Team Records

GAME RESULTS

	Greatest Margin	
Winning	13	(13-0, Alcorn State, 9/30/2015)
Losing	10	(11-1, vs. South Alabama, 9/7/2007)
	Tie Score	
Highest	2-2	(at Central Arkansas, 10/10/2008)
	2-2	(Grambling State, 9/27/2009)
	2-2	(vs. Evansville, 9/9/2011)
Lowest	0-0	(at Northwestern State, 10/22/2010)
	0-0	(at Northwestern State, 9/24/2013)
	0-0	(Incarnate Word, 10/27/2013)
	0-0	(at Incarnate Word, 10/26/2014)
	0-0	(at Nicholls, 9/16/2016)
	0-0	(at Houston, 9/10/2017)
	0-0	(Southeastern La., 10/5/2018)
	0-0	(at Abilene Christian, 9/24/21)
	0-0	(at UTRGV, 10/23/21)
	0-0	(at South Alabama, 9/8/22)

SCORING

	Most Goals	
For	13	(W 13-0, Alcorn State, 9/13/2015)
Against	11	(L 11-1, South Alabama, 9/7/2007)
Combined	13	(W 13-0, Alcorn State, 9/13/2015)
	Most Goals In One Half	
For	8	(Alcorn State, 1st H, 9/13/2015)
Against	6	(at Northern Arizona, 2nd H, 9/2/2007)
	6	(South Alabama, 2nd H, 9/9/2007)
	Most Lamar University Points	
Game	36	(Alcorn State, 9/13/2015)
Half	21	(Alcorn State, 1st H, 9/13/2015)
	Most Opponent Points	
Game	31	(South Alabama, 9/9/2007)
	Most Combined Points	
Game	36	(LU 36, Alcorn State 0, 9/13/2015)

SHOTS

	Lamar University Shots	
Most	48	(Alcorn State, 9/19/2012)
Fewest	0	(at Northern Arizona, 9/2/2007)
	0	(at Rice, 9/28/2007)
	0	(at Pepperdine, 9/23/2011)
Most in a Half	30	(Alcorn State, 9/12/2012)
	Opponent Shots	
Most	44	(Nebraska, 10/12/2007)
Fewest	2	(Southern, 8/18/2017)
	Combined Shots	
Most	59	(at LU 48, Alcorn State 11, 9/19/2012)
	59	(at LU 35, Incarnate Word 24, 10/18/2015)
Fewest	13	(LU 8 at Prairie View A&M 5, 9/23/2008)
	13	(LU 1 at Texas State 12, 10/9/2009)
	13	(North Texas 11, vs. LU 2, 9/12/2010)
	13	(LU 5 at SE Louisiana 8, 10/6/2013)
	13	(Central Arkansas 7, vs. LU 6, 11/3/2017)
Most in a Half	34	(at LU 30, Alcorn State 4, 9/19/2012)
	Most Shots in Overtime	
Lamar University	10	(Grambling State, 9/27/2009)
Opponent	9	(vs. Massachusetts, 9/15/2013)
Combined	11	(at LU 10, Grambling State 1, 9/27/2009)

SHOTS ON GOAL

	Lamar University	
Most	28	(Alcorn State, 9/19/2012)
	Opponents	
Most	24	(vs. South Alabama, 9/24/2007)
	Combined	
Most	35	(at LU 28, Alcorn State 7, 9/19/2012)
Fewest	5	(LU 1, at Texas State 4, 10/9/2009)

CORNER KICKS

	Lamar University	
Most	14	(at Sam Houston State, 10/2/2016)
	Opponents	
Most	17	(at LSU, 9/18/2016)
	Combined	
Most	21	(LU 14, Sam Houston State 7, 10/2/16)
Fewest	1	(at LU 1, Texas State 0, 8/19/2016)

FOULS

	Lamar University	
Most	19	(Southeastern Louisiana, 10/24/2008)
Fewest	1	(at Southern, 8/24/2012)
	Opponents	
Most	26	(at Houston, 9/10/2017)
Fewest	1	(at McNeese, 10/14/2007)
	1	(Sam Houston State, 10/26/2007)
	Combined	
Most	36	(LU 10, at Houston 26, 9/10/2017)
Fewest	4	(at LU 3, Sam Houston State 1, 10/26/2007)

OFFSIDES

	Lamar University	
Most	18	(Alcorn State, 9/19/2012)
	Opponents	
Most	10	(vs. Ball State, 9/11/2011)
	Combined	
Most	18	(at LU 18, Alcorn State 0, 9/19/2012)
Fewest	0	(Sam Houston State, 10/26/2007)
	0	(vs. Stephen F. Austin, 11/4/2012)
	0	(Nicholls, 9/15/2017)
	0	(at Southeastern Louisiana, 10/6/2017)
	0	(Grambling State, 8/17/2018)
	0	(Stephen F. Austin, 11/1/2018)

Individual Single-Game Records

POINTS

1.	Lucy Ashworth (Nicholls, 9/21/2019)	10
2.	Kimmy Albano (Texas Southern, 9/18/2011)	7
	Kristin Bos (Texas Southern, 9/18/2011)	7
	Kelso Peskin (Texas A&M-Corpus Christi, 10/21/2018)	7
5.	Christine Kitaru (Tarleton State, 8/28/2022)	6
	Esther Okoronkwo (Central Arkansas, 3/21/2021)	6
	Kristin Bos (Grambling State, 8/26/2011)	6
	Lisa Hance (Northwestern State, 10/30/2011)	6
	Jordan Mulnix (Texas Southern, 8/28/2015)	6
	Patricia Lauritzen (Alcorn State, 9/13/2015)	6
	Madison Ledet (Southern, 8/31/2018)	6
	Juliana Ocampo (UTSA, 9/7/2018)	6

GOALS

1.	Lucy Ashworth (Nicholls, 9/21/2019)	4
	Esther Okoronkwo (Stephen F. Austin, 11/6/2019)	4
2.	Christine Kitaru (Tarleton State, 8/28/22)	3
	Esther Okoronkwo (Central Arkansas, 3/21/2021)	3
	Esther Okoronkwo (Stephen F. Austin, 10/4/2019)	3
	Kelso Peskin (Texas A&M-Corpus Christi, 10/21/2018)	3
	Juliana Ocampo (UTSA, 9/7/2018)	3
	Madison Ledet (Southern, 8/31/2018)	3
	Patricia Lauritzen (Alcorn State, 9/13/2015)	3
	Jordan Mulnix (Texas Southern, 8/28/2015)	3
	Lisa Hance (Northwestern State, 10/30/2011)	3
	Kimmy Albano (Texas Southern, 9/18/2011)	3
9.	Aline Pugliesi (Nicholls, 10/26/2008)	2
	Lisa Hance (Texas Southern, 9/13/2009)	2
	Lisa Hance (UT Brownsville, 9/3/2010)	2
	Kristin Bos (Grambling State, 8/26/2011)	2
	Lisa Topping (Southern, 9/16/2011)	2
	Kristin Bos (Texas Southern, 9/18/2011)	2
	Lorna Maudslay (Texas Southern, 9/18/2011)	2
	Taylor Mitchell (at Southern, 8/24/2012)	2
	Kristin Bos (Prairie View A&M, 9/7/2012)	2
	Kimmy Albano (Texas Southern, 9/14/2012)	2
	Kimmy Albano (Alcorn State, 9/19/2012)	2
	Jannet Hernandez (Alcorn State, 9/19/2012)	2
	Lisa Topping (Alcorn State, 9/19/2012)	2
	Kimmy Albano (vs. Southeastern Louisiana, 11/2/2012)	2
	Jannet Hernandez (at Rice, 9/13/2013)	2
	Kimmy Albano (Texas Southern, 9/15/2014)	2
	Kimmy Albano (Southeastern Louisiana, 10/5/2014)	2
	Kimmy Albano (Central Arkansas, 10/31/2014)	2
	Juliana Ocampo (LSU-Alexandria, 8/30/2015)	2
	Alexus Aviles (at UTEP, 9/4/2015)	2
	Alexus Aviles (at New Mexico State, 9/6/2015)	2
	Alexus Aviles (Alcorn State, 9/13/2015)	2
	Jordan Mulnix (Alcorn State, 9/13/2015)	2
	Jordan Mulnix (at Southeastern Louisiana, 10/9/2015)	2
	Jordan Mulnix (Abilene Christian, 10/16/2015)	2
	M.J. Eckart (at Southern, 9/5/2016)	2
	M.J. Eckart (Stephen F. Austin, 10/1/2017)	2
	Marie Lund (at Texas A&M-Corpus Christi, 10/22/2017)	2
	Lucy Ashworth (Grambling State, 8/17/2018)	2
	Juliana Ocampo (at Stephen F. Austin, 9/30/2018)	2
	Kelso Peskin (Grambling State, 8/17/2018)	2
	Kelso Peskin (Southern, 8/31/2018)	2
	Rubi Villegas (Central Arkansas, 9/21/2018)	2
	Esther Okoronkwo (Sam Houston, 10/6/2019)	2
	Esther Okoronkwo (SE Louisiana, 10/11/2019)	2
	Anna Loftus (Abilene Christian, 10/18/2019)	2
	Lucy Ashworth (Abilene Christian, 10/18/2019)	2
	Esther Okoronkwo (Incarnate Ward, 10/20/2019)	2
	Esther Okoronkwo (TAMU-CC, 10/25/2019)	2
	Lucy Ashworth (Houston Baptist, 10/27/2019)	2
	Lucy Ashworth (TAMU-CC, 11/08/2019)	2

	Esther Okoronkwo (Northwestern State, 11/10/2019)	2
	Hollie Massey (Houston Baptist, 2/28/2021)	2
	Makenzie Harvey (UIW, 3/7/2021)	2
	Christine Kitaru (Alcorn, 9/5/2021)	2
	Laura Linares (Alcorn, 9/5/2021)	2
	Isela Ramirez (Alcorn, 9/5/2021)	2
	Christine Kitaru (Chicago State, 9/26/2021)	2
	Christine Kitaru (Sam Houston, 10/15/2021)	2

ASSISTS

1.	Lucy Ashworth (Sam Houston State, 10/6/2019)	3
	Lisa Hance (at Nicholls, 10/30/2009)	3
	Kristin Bos (Texas Southern, 9/18/2011)	3
	Lisa Hance (Texas Southern, 9/18/2011)	3
	Lucy Ashworth (Southern, 8/31/2018)	3
6.	Ericka Predmore (Nicholls, 10/26/2008)	2
	Kari Busch (Texas Southern, 9/13/2009)	2
	Lisa Topping (Texas Southern, 9/13/2009)	2
	Kristin Bos (Grambling State, 8/26/2011)	2
	Grace Bowman (Grambling State, 8/26/2011)	2
	Kimmy Albano (vs. Evansville, 9/9/2011)	2
	Lisa Topping (Texas Southern, 9/18/2011)	2
	Amber Thornhill, Northwestern State, 10/30/2011)	2
	Taylor Mitchell (Prairie View A&M, 9/7/2012)	2
	Kristin Bos (Texas Southern, 9/14/2012)	2
	Jennifer Moore (Alcorn State, 9/19/2012)	2
	Taylor Mitchell (at UTSA, 9/1/2013)	2
	Jannet Hernandez (Texas Southern, 8/28/2015)	2
	Jordan Mulnix (LSU-Alexandria, 8/30/2015)	2
	Mari Olastuen (at UTEP, 9/4/2015)	2
	Juliana Ocampo (at New Mexico State, 9/6/2015)	2
	Lauren Glover (Alcorn State, 9/13/2015)	2
	Jennifer Yacuta (at Southern, 9/5/2016)	2
	Juliana Ocampo (Southern, 8/18/2017)	2
	Kelso Peskin (Southern, 8/18/2017)	2
	Kelso Peskin (Louisiana, 8/20/2017)	2
	Madison Ledet (Nicholls, 9/15/2017)	2
	Kelso Peskin (Stephen F. Austin, 10/1/2017)	2
	Sophia Manibo (Grambling State, 8/17/2018)	2
	Madison Ledet (UTSA, 9/7/2018)	2
	Isela Ramirez (Houston, 8/21/2022)	2
	Hollie Massey (Tarleton State, 8/28/2022)	2
	Isela Ramirez (Louisiana, 9/1/2022)	2
	Christine Kitaru (TAMU-Commerce, 10/14/2022)	2

SHOTS ATTEMPTED

1.	Lucy Ashworth (Texas Southern, 9/13/2019)	12
	Lisa Hance (Grambling State, 9/27/2009)	12
3.	Kristin Bos (at Southern, 8/24/2012)	11
4.	Lisa Topping (Houston Baptist, 9/29/2010)	9
	Patricia Lauritzen (Alcorn State, 9/13/2015)	9
	Madison Ledet (Southern, 8/31/2018)	9
	Esther Okoronkwo (Nicholls, 3/12/2021)	9
	Cariel Ellis (TAMU-Commerce, 11/6/2022)	9
8.	Lorna Maudslay (at Central Arkansas, 10/24/2010)	8
	Lisa Topping (Grambling State, 8/26/2011)	8
	Kristin Bos (Southern, 9/16/2011)	8
	Kimmy Albano (Texas Southern, 9/18/2011)	8
	Kimmy Albano (at McNeese, 10/2/2011)	8
	Kristin Bos (vs. Kent State, 8/31/2012)	8
	Jennifer Moore (Alcorn State, 9/19/2012)	8
	Kristin Bos (Southern, 9/6/2013)	8
	Kimmy Albano (Texas A&M-Corpus Christi, 10/13/2013)	8
	Taylor Mitchell (at Houston Baptist, 9/28/2014)	8
	Kimmy Albano (Central Arkansas, 10/31/2014)	8
	Lucy Ashworth (Nicholls, 9/15/2017)	8
	Lucy Ashworth (Sam Houston State, 9/29/2017)	8

SAVES

1.	Kelsie Binetti (Nebraska, 10/12/2007)	18
	Bailey Fontenot (vs. UC Davis, 9/21/2012)	18
3.	Kelsie Binetti (at UTSA, 11/2/2017)	17
4.	Jessica Winters (at Texas Woman's College, 9/21/2008)	16
	Lauren Lovejoy (Abilene Christian, 10/16/2015)	16
	Nicole Panis (Arkansas, 9/12/2021)	16
6.	Erin Branch (UCLA, 11/15/2019)	15
7.	Kelsie Binetti (at Rice, 9/28/2007)	14
	Jennifer Gibbs (Southeastern Louisiana, 10/3/2010)	14
	Bailey Fontenot (Texas State, 9/15/2014)	14
10.	Kelsie Binetti (vs. North Texas, 9/7/2007)	13
	Jennifer Gibbs (Stephen F. Austin, 10/2/2009)	13
	Bailey Fontenot (Southeastern Louisiana, 10/5/2014)	13
T9	Rachel Gries (Texas State, 8/19/2016)	13

Lamar University Women's Soccer Award Winners

National Honors won by Lamar University

Year	Award/Honor
2009	CoSIDA First Team Academic All-District: Erin Binagia
2011	CoSIDA Second Team Academic All-District: Rachelle Barry, Jennifer Torry
2014	CoSIDA First Team Academic All-District: Megan Campbell
2015	CoSIDA First Team Academic All-District: Megan Campbell
2017	United Soccer Coaches All-Region Second Team: Kelso Peskin
2017	United Soccer Coaches All-Region Third Team: Lucy Ashworth, M.J. Eckart, Amelia Fullmer
2018	United Soccer Coaches All-Region Third Team: Kelso Peskin
2019	United Soccer Coaches All-Region First Team: Lucy Ashworth, Esther Okoronkwo
2019	United Soccer Coaches All-Region Third Team: Juana Plata
2020	United Soccer Coaches All-Region First Team: Esther Okoronkwo
2020	United Soccer Coaches All-Region Second Team: Madison Ledet, Sophia Manibo
2020	United Soccer Coaches All-America Third Team: Esther Okoronkwo

Conference Honors won by Lamar University

Southland Conference (2007-2020)

WAC (2021-Pres.)

2007

Southland Conference Commissioner's Academic Honor Roll: Haley Addison, Rachelle Barry, Erin Binagia, Heather Broussard, Jillian Lindsey, Logan Matt, Kari Melancon, Carrie Mrazek, Leslie Myers, Keally Nussle, Ericka Predmore, Aline Pugliesi, Brittany Ross, Beth Squires

2008

All-Conference Honorable Mention: Aline Pugliesi (F)

Offensive Player of the Week: Aline Pugliesi (Sept. 9, Oct. 28)

Defensive Player of the Week: Rachelle Barry (Sept. 9)

Goalkeeper of the Week: Jennifer Gibbs (Sept. 30)

Southland Conference Commissioner's Academic Honor Roll: Rachelle Barry, Erin Binagia, Kari Davila, Jennifer Gibbs, Yureli Gomez, Lisa Hance, Brittany Holmes, Jillian Lindsey, Carrie Mrazek, Ericka Predmore, Aline Pugliesi, Brittany Ross, Courtney Stocks, Stefani Turner

2009

All-Conference Honorable Mention: Lisa Hance (F), Lisa Topping (M)

Academic All-Conference First Team: Erin Binagia

Defensive Player of the Week: Rachelle Barry (Oct. 20)

Southland Conference Commissioner's Academic Honor Roll: Rachelle Barry, Erin Binagia, Grace Bowman, Kari Busch, Lexi Gebhardt, Jennifer Gibbs, Lorna Maudslay, Jennifer Moore, Julie Niess, Paige Peterson, Brittany Ross, Lisa Topping, Jennifer Torry, Sadie Wright

2010

All-Conference Honorable Mention: Grace Bowman (D), Jennifer Gibbs (GK), Lisa Hance (F), Beth Squires (D)

Academic All-Conference Second Team: Lisa Hance

Offensive Player of the Week: Lisa Hance (Sept. 7, Oct. 5)

Defensive Player of the Week: Beth Squires (Oct. 5)

Goalkeeper of the Week: Jennifer Gibbs (Oct. 5)

Southland Conference Commissioner's Academic Honor Roll: Rachelle Barry, Erin Binagia, Grace Bowman, Kari Busch, Anneliese Dernehl, Lexi Gebhardt, Jennifer Gibbs, Lisa Hance, Laura Hicks, Lorna Maudslay, Stefanie Miroballi, Jennifer Moore, Danielle Pearce, Kylie Robinett, Brittany Ross, Ashley Smith, Beth Squires, Stephanie Suarez, Amber Thornhill, Lisa Topping, Jennifer Torry, Sadie Wright

2011

All-Conference Second Team: Kristin Bos (M), Lisa Hance (F), Amber Thornhill (D)
All-Conference Honorable Mention: Nicole Frank (D), Jennifer Gibbs (GK), Stefanie Miroballi (M)
Academic All-Conference First Team: Rachelle Barry, Jennifer Torry
Academic All-Conference Second Team: Lisa Hance
Offensive Player of the Week: Kristin Bos (Aug. 30), Lisa Hance (Oct. 31)
Defensive Player of the Week: Nicole Frank (Oct. 11), Amber Thornhill (Oct. 31)
Goalkeeper of the Week: Jennifer Gibbs (Oct. 11, Oct. 31)
Southland Conference Commissioner's Academic Honor Roll: Alejandra Amador, Rachelle Barry, Kristin Bos, Grace Bowman, Bailey Fontenot, Nicole Frank, Lexi Gebhardt, Laura Hicks, Lorna Maudslay, Stefanie Miroballi, Amber Thornhill, Lisa Topping, Jennifer Torry

2012

All-Conference Second Team: Kristin Bos (F), Jannet Hernandez (F), Amber Thornhill (D)
All-Conference Honorable Mention: Kimmy Albano (F), Alejandra Amador (D), Bailey Fontenot (GK), Lisa Topping (M)
Academic All-Conference First Team: Kristin Bos
Academic All-Conference Second Team: Bailey Fontenot, Lorna Maudslay, Amber Thornhill, Jennifer Torry
All-Tournament Team: Kimmy Albano, Kristin Bos, Jannet Hernandez
Offensive Player of the Week: Kristin Bos (Oct. 29)
Goalkeeper of the Week: Bailey Fontenot (Oct. 29)
Southland Conference Commissioner's Academic Honor Roll: Alejandra Amador, Kristin Bos, Grace Bowman, Megan Campbell, Bailey Fontenot, Nicole Frank, Jannet Hernandez, Laura Hicks, Shavonn Johnson, Lorna Maudslay, Stefanie Miroballi, Taylor Mitchell, Jennifer Moore, Mari Olastuen, Danielle Pearce, Elizabeth Silas, Lisa Topping, Jennifer Torry

2013

All-Conference Honorable Mention: Kimmy Albano (F), Jannet Hernandez (M), Amber Thornhill (D)
Defensive Player of the Week: Jennifer Moore (Oct. 22)
Southland Conference Commissioner's Academic Honor Roll: Alejandra Amador, Kristin Bos, Grace Bowman, Morgan Burden, Megan Campbell, M.J. Eckart, Bailey Fontenot, Nicole Frank, Miranda Garcia, Laura Hicks, Shavonn Johnson, Brooke Kirchhofer, Lauren Lovejoy, Stefanie Miroballi, Taylor Mitchell, Mari Olastuen, Danielle Pearce, Zoey Stephenson, Amber Thornhill, Jennifer Yacuta

2014

All-Conference Second Team: Kimmy Albano (F)
All-Conference Honorable Mention: Bailey Fontenot (GK), Marie Lund (D)
Academic All-Conference First Team: Megan Campbell
Academic All-Conference Second Team: Kristin Bos
Offensive Player of the Week: Kimmy Albano (Sept. 23, Oct. 7)
Goalkeeper of the Week: Bailey Fontenot (Sept. 23)
Southland Conference Commissioner's Academic Honor Roll: Kimmy Albano, Alexis Aviles, Kristin Bos, Morgan Burden, Megan Campbell, Dayna Doizé, M.J. Eckart, Bailey Fontenot, Nicole Frank, Miranda Garcia, Haley Hollingsworth, Paige Jorgensen, Brooke Kirchhofer, Patricia Lauritzen, Lauren Lovejoy, Marie Lund, Taylor Mitchell, Ana Moreno, Mari Olastuen, Laura Parra, Jennifer Yacuta

2015

All-Conference First Team: Jordan Mulnix (F)
All-Conference Honorable Mention: Alexis Aviles (F), Mari Olastuen (F)
Academic All-Conference First Team: Alexis Aviles, Megan Campbell
Academic All-Conference Second Team: Mari Olastuen
Offensive Player of the Week: Alexis Aviles (Sept. 8)
Defensive Player of the Week: M.J. Eckart (Nov. 2)
Goalkeeper of the Week: Lauren Lovejoy (Nov. 2)
Southland Conference Commissioner's Academic Honor Roll: Alexis Aviles, Megan Campbell, Dayna Doizé, M.J. Eckart, Holland Ensminger, Jannet Hernandez, Paige Jorgensen, Brooke Kirchhofer, Patricia Lauritzen, Lauren Lovejoy, Marie Lund, Cassie Marciante, Pamela McFarland, Ana Moreno, Carly Morgan, Jordan Mulnix, Juliana Ocampo, Mari Olastuen, Laura Parra, Bonnie Ruten, Zoey Stephenson, Jennifer Yacuta

2016

All-Conference Honorable Mention: M.J. Eckart (M)
Academic All-Conference Second Team: M.J. Eckart, Jordan Mulnix
Southland Conference Commissioner's Academic Honor Roll: M.J. Eckart, Angelica Hernandez, Paige Jogensen, Brooke Kirchofer, Patricia Lauritzen, Lauren Lovejoy, Marie Lund, Macie McFarland, Samantha Moreno, Carly Morgan, Jordan Mulnix, Juliana Ocampo, Laura Parra, Juana Pulido, Bonnie Ruten, Jordan Schoeb, Jennifer Yacuta

2017

Soccer Student-Athlete of the Year: M.J. Eckart
Newcomer of the Year: Kelso Peskin
Coach of the Year: Steve Holeman
All-Conference First Team: Lucy Ashworth (F), M.J. Eckart (M), Marie Lund (D), Kelso Peskin (F)
All-Conference Second Team: Amelia Fullmer (D), Lauren Lovejoy (GK)
Tournament MVP: Madison Ledet
All-Tournament: M.J. Eckart, Madison Ledet, Lauren Lovejoy, Juliana Ocampo, Kelso Peskin, Juli Rocha
Academic All-Conference First Team: M.J. Eckart, Lauren Lovejoy, Marie Lund
Academic All-Conference Second Team: Juliana Ocampo
Offensive Player of the Week: M.J. Eckart (Oct. 3), Kelso Peskin (Aug. 22)
Defensive Player of the Week: Amelia Fullmer (Sept. 12), Marie Lund (Sept. 5, Oct. 24), Juliana Ocampo (Aug. 22)
Goalkeeper of the Week: Lauren Lovejoy (Aug. 22, Sept. 5, Sept. 12)
Southland Conference Commissioner's Academic Honor Roll: Lucy Ashworth, M.J. Eckart, Brittany Harris, Courtney Harris, Ali Hebert, Madison Ledet, Hailey Loupe, Marie Lund, Sophia Manibo, Macie McFarland, Ana Moreno, Samantha Moreno, Carly Morgan, Juliana Ocampo, Laura Parra, Juli Rocha, Rubi Villegas

2018

Midfielder of the Year: Juliana Ocampo
All-Conference First Team: Juliana Ocampo (MF), Kelso Peskin (F)
All-Conference Second Team: Amelia Fullmer (D)
All-Conference Honorable Mention: Rubi Villegas (MF), Lucy Ashworth (F), Madison Ledet (F), Sandra Nygard (GK)
All-Tournament: Madison Ledet, Sophia Manibo
Academic All-Conference First Team: Juliana Ocampo, Lucy Ashworth
Offensive Player of the Week: Kelso Peskin (Aug. 21, Oct. 9, Oct. 23), Juliana Ocampo (Sept. 11)
Defensive Player of the Week: Sophia Manibo (Oct. 9)
Goalkeeper of the Week: Jocelyn Hanrath (Aug. 21), Sandra Nygard (Sept. 25, Oct. 9)
Southland Conference Commissioner's Academic Honor Roll: Lucy Ashworth, Anessa Byerman, Amelia Fullmer, Aleythia Gutierrez, Jocelyn Hanrath, Alison Hebert, Hailey Loupe, Sophia Manibo, Macie McFarland, Sandra Nygard, Juliana Ocampo, Juana Plata, Irene Saether, Michele Scholz, Rubi Villegas

2019

Player of the Year: Lucy Ashworth
Newcomer of the Year: Esther Okoronkwo
Forward of the Year: Lucy Ashworth
Coach of the Year: Steve Holeman
All-Conference First Team: Juana Plata (D), Anna Loftus (MF), Lucy Ashworth (F), Esther Okoronkwo (F)
All-Conference Second Team: Kasia Juvonen (MF), Sophia Manibo (D)
All-Conference Third Team: Madison Ledet (F)
All-Tournament: Madison Ledet, Macie McFarland, Lucy Ashworth, Esther Okoronkwo
All-Tournament MVP: Esther Okoronkwo
Academic All-Conference: Lucy Ashworth, Mya Anders, Anna Loftus
Offensive Player of the Week: Lucy Ashworth (Sept. 16, Sept. 23, Oct. 21), Esther Okoronkwo (Oct. 7, Oct. 28)
Defensive Player of the Week: Sophia Manibo (Oct. 7)
Goalkeeper of the Week: Sandra Nygard (Sept. 23)
Southland Conference Commissioner's Academic Honor Roll: Mya Anders, Brittany Harris, Kasia Juvonen, Anna Loftus, Hailey Loupe, Sophia Manibo, Paloma Martinez, Macie McFarland, Alisha Nesbitt, Sandra Nygaard, Esther Okoronkwo, Juana Plata, Meg Sheppard, Chamelle Wiltshire

2020

Player of the Year: Esther Okoronkwo

Forward of the Year: Esther Okoronkwo

Midfield of the Year: Madison Ledet

All-Conference First Team: Esther Okoronkwo (F), Madison Ledet (MF)

All-Conference Second Team: Nicole Panis (GK), Christine Kitaru (F), Kasia Juvonen (MF), Meg Sheppard (D), Sophia Manibo (D)

Academic All-Conference: Esther Okoronkwo

Offensive Player of the Week: Esther Okoronkwo (Mar. 9, Mar. 22)

Defensive Player of the Week: Anessa Byerman (Mar. 22)

Goalkeeper of the Week: Nicole Panis (Mar. 15, Mar. 22)

Southland Conference Commissioner's Academic Honor Roll: Arely Alaniz, Hannah Dockens, Abby Gemza, Makenzie Harvey, Ali Hebert, Kaisa Juvonen, Paloma Martinez, Hollie Massey, Nicole Panis, Juana Plata, Meg Sheppard, Sarah Zimmer

2021 (WAC)

All-Conference Second Team: Christine Kitaru (F), Nicole Panis (GK), Isela Ramirez (F)

All-Freshman Team: Isela Ramirez (F)

Offensive Player of the Week: Christine Kitaru (Oct. 18)

Defensive Player of the Week: Nicole Panis (Oct. 25)

United Soccer All-Pacific Region Third Team: Christine Kitaru (F)

All-WAC Academic Honorees - Kaisa Juvonen, Hollie Massey, Juana Plata, Meg Sheppard, Sarah Zimmer

2022

All-Conference First Team: Arely Alaniz, Cariel Ellis, Kaisa Juvonen, Christine Kitaru, Nicole Panis, Isela Ramirez

All-Conference Second Team: Trinity Clark

Goalkeeper of the Year: Nicole Panis

Defender of the Year: Arely Alaniz

Coach of the Year: Nathan Kogut

Offensive Player of the Week: Christine Kitaru (Aug. 23, Aug. 30), Cariel Ellis (Sept. 20, Oct. 18)

Defensive Player of the Week: Nicole Panis (Aug. 23, Sept. 13, Sept. 20, Oct. 4)

Preseason All-Conference Second Team: Christine Kitaru, Nicole Panis

Academic All-Conference: Arely Alaniz, Laura Linares, Nicole Panis

USC All-Midwest Region Team: Arely Alaniz, Cariel Ellis, Christine Kitaru, Nicole Panis, Isela Ramirez

All-Time Offensive Statistics

Player	Years	No.	GP-GS	Min.	G	A	Pts	Shots	SOG	GWG	PK-PKA
<u>A</u>											
Addison, Haley	2007	17	3-1	135	0	0	0	0	0	0	0-0
Alaniz, Tori	2016-17	13, 14	36-28	2508	2	3	7	22	12	0	0-0
Alaniz, Arely	2020-	18	31-21	2051	2	4	8	29	11	2	0-0
Albeno, Kimmy	2011-14	9	74-65	5317	34	10	78	202	89	10	2-2
Amador, Alejandra	2011-14	15	63-54	5165	3	0	6	23	7	0	0-0
Anders, Mya	2018-19	21	31-17	1718	0	0	0	5	1	0	0-0
Ashworth, Lucy	2017-20	11,7	63-62	4685	31	30	92	245	133	9	0-1
Aviles, Alexis	2014-15	6	38-23	2192	10	3	23	43	22	2	0-0
<u>B</u>											
Barry, Rachelle	2008-11	18	67-50	4495	6	3	15	48	21	3	0-0
Bassa, Isabel	2021-22	3	3-0	37	0	0	0	2	0	0	0-0
Binagia, Erin	2007-10	12	45-11	1388	0	0	0	10	3	0	0-0
Binetti, Kelsie	2007	0	16-15	1348	0	0	0	0	0	0	0-0
Bond, Lauren	2015	13	3-0	67	0	0	0	0	0	0	0-0
Bos, Kristin	2011-14	10	77-76	6087	20	15	55	231	118	5	1-1
Bowman, Grace	2009-11, 13	3	73-72	6033	4	7	15	55	29	2	0-0
Branch, Erin	2019	30	15-7	0	0	0	0	0	0	0	0-0
Broussard, Heather	2007	13	17-17	1255	0	0	0	0	0	0	0-0
Burden, Morgan	2012-15	12, 7	68-35	2464	4	3	11	62	27	1	0-0
Busch, Kari	2009-10	4	37-37	3137	3	2	8	48	25	0	0-0
Byerman, Anessa	2018-21	14	60-38	3363	1	2	4	2	2	0	0-0
<u>C</u>											
Campbell, Megan	2012-15	18	70-50	4686	2	1	5	37	16	0	0-0
Carr, Vivienne	2021-	4	4-1	103	0	0	0	0	0	0	0-0
Clark, Alana	2022-	6	18-16	1272	1	1	3	9	2	1	0-0
Clark, Trinity	2022-	12	19-19	1389	1	1	3	13	8	0	0-0
Coleman, Kolbi	2022	25	8-0	184	0	0	0	3	1	0	0-0
<u>D</u>											
Davila, Kari	2009	6	18-16	1069	4	3	11	27	14	2	0-0
Dernehl, Annie	2010-11	0, 17	2-0	37	1	0	2	2	1	0	0-0
Diwura, Wasila	2019	8	4-4	0	1	1	3	1	0	0	0-0
Doizé, Dayna	2015-16	20	14-2	377	1	1	3	3	3	0	0-0
<u>E</u>											
Ebert, Ariana	2014	11	4-0	21	0	0	0	0	0	0	0-0
Eckart, M.J.	2014-17	24	78-78	6968	17	4	38	98	43	5	4-4
Ellis, Cariel	2022-	14	17-13	1141	10	6	26	51	28	4	0-0
Ensminger, Holland	2015-16	3, 21	24-17	1231	0	1	1	1	0	0	0-0
<u>F</u>											
Farias, Julissa	2020	6	1-0	55	0	0	0	1	1	0	0-0
Fontenot, Bailey	2011-14	12, 1	56-53	4768	0	0	0	2	1	0	0-0
Frank, Nicole	2011-14	4	75-73	6447	0	1	1	20	11	0	0-0
Fullmer, Amelia	2017-18	28	42-41	3558	0	5	5	17	9	0	0-0
<u>G</u>											
Garcia, Miranda	2013-14	8	9-0	94	0	0	0	0	0	0	0-0
Gebhardt, Lexi	2009	14	12-7	748	1	0	2	10	5	0	1-1
Gemza, Abby	2020, 2022	2, 7	28-26	2163	1	2	4	28	13	0	0-0
Gibbs, Jennifer	2008-11	1	64-64	5925	0	2	2	0	0	0	0-0
Glover, Lauren	2015	9	6-0	113	0	2	2	0	0	0	0-0
Gomez, Yureli	2007-08	22	25-9	783	0	0	0	4	3	0	0-0
Gover, Lorna	2009	17	12-9	586	2	1	5	19	7	0	0-0
Gremillion, Mindy	2007	2	17-8	761	0	0	0	2	1	0	0-0

All-Time Career Offensive Statistics

Gries, Rachel	2016-18	0, 30	14-14	1162	0	0	0	0	0	0	0-0
Guillory, Angie	2010	10	19-15	1258	2	4	8	50	22	0	0-0
Gutierrez, Alethia	2018	25	16-1	370	0	0	0	6	2	0	0-0

H-I

Player	Years	No.	GP-GS	Min.	G	A	Pts	Shots	SOG	GWG	PK-PKA
Hance, Lisa	2008-11	8	66-48	4549	18	13	49	143	64	7	0-0
Hanrath, Jocelyn	2018-19	1	14-8	769	0	2	2	1	1	0	0-0
Harris, Brittany	2017-20	6	35-3	711	1	0	2	9	3	0	0-0
Harvey, Makenzie	2020-21	10	11-7	687	3	0	6	14	5	2	0-0
Harris, Courtney	2017	29	4-0	27	0	0	0	1	1	0	0-0
Hebert, Ali	2017-20	4	71-14	2413	3	4	10	41	15	0	0-0
Hernandez, Angelica	2016	16	13-13	1024	1	2	4	11	6	0	0-0
Hernandez, Jannet	2012-15	16	74-17	4102	15	11	41	104	50	3	5-6
Hicks, Laura	2010-13	6	68-12	1953	3	5	11	58	26	0	0-0
Hollingsworth, Haley	2014	12	3-0	14	0	0	0	0	0	0	0-0
Holmes, Brittany	2008	7	16-16	1129	0	0	0	10	6	0	0-0

J-K

Janolo, Maddie	2022	44	13-5	385	0	0	0	1	0	0	0-0
Johnson, Shavonn	2013	11	19-13	1113	0	2	2	3	0	0	0-0
Jones, Megan	2009	19	8-0	141	0	0	0	2	0	0	0-0
Joost, Payton	2022	15	15-8	671	0	0	0	1	0	0	0-0
Jorgensen, Paige	2014-17	2	54-45	4123	0	0	0	12	3	0	0-0
Juvonen, Kaisa	2019-	22	61-57	4949	3	6	12	37	15	0	0-0
Karen, Eva	2021-	23	37-15	1387	5	2	12	20	8	2	1-1
Kassenbrock, Annika	2022	4	9-0	130	0	1	1	2	1	0	0-0
Kirchhofer, Brooke	2013-16	5	32-3	778	0	0	0	4	0	0	0-0
Kitaru, Christine	2020-22	19	48-47	3680	24	12	60	133	77	5	1-2

L

Lauritzen, Patricia	2014-16	26	25-4	544	5	0	10	20	10	0	0-0
Leal, Carina	2021	28	18-18	1669	3	2	8	20	12	0	1-1
Ledet, Madison	2017-20	13	73-70	5474	14	24	52	125	56	3	0-0
Lewis, Dahjah	2022	21	3-0	19	0	0	0	1	0	0	0-0
Lindsey, Jillian	2008	14	6-4	392	0	0	0	3	2	0	0-0
Linares, Laura	2021-	10, 21	34-23	2136	9	1	19	46	25	4	0-0
Loftus, Anna	2018-19	10	43-40	3136	11	10	32	69	29	3	1-2
Lopez, Sabrina	2021-	2	15-4	445	0	0	0	3	0	0	0-0
Loupe, Hailey	2017-	20	75-26	3673	4	3	11	53	25	0	0-0
Lovejoy, Lauren	2014-17	9, 22	53-48	4479	0	0	0	0	0	0	0-0
Ludwig, Lauren	2007	00	3-2	182	0	0	0	0	0	0	0-0
Lund, Marie	2014-17	25	75-60	5114	6	5	17	77	35	3	0-0

M

Manibo, Sophia	2017-20	3	74-53	5396	5	4	14	37	16	2	1-1
Marciante, Cassie	2015-16	11	35-16	2178	0	0	0	3	2	0	0-0
Martinez, Paloma	2019-22	17	57-8	1563	1	1	3	18	12	0	0-0
Massey, Hollie	2020-22	6, 8	26-23	2038	6	8	20	49	21	1	0-0
Matt, Logan	2007	19	18-11	703	0	0	0	3	2	0	0-0
Maudslay, Lorna	2009-12	5	73-71	5465	9	7	25	116	53	1	1-2
McFarland, Macie	2016-19	18	82-79	6913	0	0	0	0	0	0	0-0
McGuire, Staci	2007	9	13-5	558	0	0	0	4	2	0	0-0
Melancon, Kari	2007	20	18-16	1135	1	0	2	11	5	0	0-0
Messick, Lauren	2007	8	17-14	819	0	0	0	3	0	0	0-0
Miroballi, Stefanie	2010-13	7	72-34	4070	2	3	7	46	13	0	0-0
Mitchell, Taylor	2012-14	17, 3	55-37	2279	5	7	17	95	41	1	0-0
Moore, Jennifer	2010-13	2	73-43	3534	4	6	14	64	31	2	0-0
Moreno, Ana	2015-17	19	23-0	331	1	1	3	7	3	0	0-0
Moreno, Samantha	2016-17	7	42-36	2857	3	5	11	42	20	0	0-0
Morgan, Carly	2016-17	8	13-5	465	0	0	0	3	0	0	0-0
Mrazek, Carrie	2007-08	4	34-27	2011	1	3	5	14	7	0	0-0

All-Time Career Statistics

Mulnix, Jordan	2015-17	10	46-38	3407	19	7	45	68	42	2	2-2
Myers, Leslie	2007	5	15-13	861	0	0	0	1	0	0	0-0

N

Nesbitt, Alisha	2019	16	13-0	235	1	0	2	7	5	0	0-0
Niess, Julie	2009	16	17-11	1155	0	1	1	8	3	9	0-0
Nussle, Keally	2007	7	13-2	366	0	0	0	4	2	0	0-0
Nygard, Sandra	2018-19	0	29-26	2339	0	1	1	0	0	0	0-0

O

Ocampo, Juliana	2015-18	15	73-71	4889	15	9	39	98	50	7	0-0
Okoronkwo, Ester	2018-20	9	39-35	2764	35	14	84	126	76	13	3-3
Olastuen, Mari	2012-15	21	69-45	3846	7	10	24	86	50	2	0-0

P

Pacetti, Emily	2008	2	16-0	501	0	0	0	0	0	0	0-0
Panis, Nicole	2020-	1	32-32	2854	0	0	0	0	0	0	0-0
Parra, Laura	2014-17	23	58-35	3391	1	1	3	23	8	0	0-0
Pavon, Crisely	2022	13	16-1	412	0	0	0	6	3	0	0-0
Pearce, Danielle	2010-13	20	66-37	3728	0	0	0	15	5	0	0-0
Pena, Jessica	2008	15	13-2	325	1	0	2	2	2	1	0-0
Peskin, Kelso	2017-18	12	41-40	2984	19	15	53	99	52	8	1-2
Peterson, Lauren	2007-08	11	29-15	1141	0	0	0	7	3	0	0-0
Peterson, Paige	2009	23	8-0	176	0	0	0	2	1	0	0-0
Plata, Juana	2018-	2,12	46-42	3440	0	5	5	25	11	0	0-0
Predmore, Ericka	2007-08	10	32-29	2370	0	2	2	21	6	0	0-0
Pugliesi, Aline	2007-08	6, 5	32-31	2470	8	2	18	68	25	2	1-1
Pulido, Juana	2016	17	5-0	118	0	0	0	1	1	0	0-0

Q-R

Rabideau, Madison	2022	27	1-0	5	0	0	0	0	0	0	0-0
Ramirez, Isela	2021-	9	34-29	2464	9	10	29	52	30	2	0-0
Richard, Grace	2021-	24	13-0	172	0	0	0	1	0	0	0-0
Robinett, Kylie	2010	22	3-3	252	0	0	0	0	0	0	0-0
Rocha, Juli	2017	26	23-0	663	4	1	9	16	9	0	1-1
Ross, Brittany	2007-10	24	56-38	3012	0	2	2	5	0	0	0-0

S

Saether, Irene	2018	5	13-0	323	0	1	1	9	2	0	0-0
Schoeb, Jordan	2016	27	3-0	12	0	0	0	0	0	0	0-0
Scholz, Michele	2018	11	11-0	181	0	1	1	4	3	0	0-0
Sheppard, Meg	2019-	5	37-33	3056	3	2	8	24	11	2	0-0
Silas, Elizabeth	2012	8	6-3	315	0	0	0	0	0	0	0-0
Squires, Beth	2007-10	21	71-54	4944	0	2	2	12	6	0	0-0
St. John, Hollis	2010	23	1-0	4	0	0	0	0	0	0	0-0
Stennfeld, Micah	2016	17	1-0	1	0	0	0	0	0	0	0-0
Stephenson, Zoey	2013-14	00	6-2	257	0	0	0	0	0	0	0-0
Stocks, Courtney	2008	13	16-16	1124	1	1	3	5	2	0	0-0
Suarez, Stephanie	2010	16	11-0	197	0	0	0	2	1	0	0-0

T

Thornhill, Amber	2010-13	19	73-71	6129	4	3	11	50	20	0	0-0
Topping, Lisa	2009-12	11	75-71	5268	10	11	31	167	69	3	0-0
Torry, Jennifer	2009-12	13	73-37	3984	1	1	3	16	4	0	0-0
Turner, Stefani	2007-08	3	33-26	2401	1	2	4	32	12	0	0-0

U-W

Urbizu, Miranda	2022	11	15-14	1282	0	0	0	4	2	0	0-0
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All-Time Career Goalkeeper Statistics

Player	Years	No.	GP-GS	Min.	GA	GAA	SV	SV%	W/L/T	SHO	SF
<u>A-C</u>											
Binetti, Kelsie	2007	0	16-15	1347	71	4.74	147	67.4%	0-15-0	0	418
Bond, Lauren	2015	13	3-0	67	0	0.00	4	100%	0-0-0	0	10
Branch, Erin	2019	30	15-15	672	12	1.61	47	79.7%	7-1-0	2	122
Carr, Vivien	2021-22	0	6-1	170	0	0.00	3	1.00	1-0-0	1	7
<u>D</u>											
Dernehl, Annie	2010	17	1-0	17	1	5.00	1	50.0%	0-0-0	0	2
<u>G-H</u>											
Fontenot, Bailey	2012-14	1	55-53	4753	77	1.46	328	81.0%	22-26-5	14	838
Gibbs, Jennifer	2010-11	1	35-35	3293	48	1.31	176	78.6%	14-16-5	9	422
Gries, Rachel	2016, 2019	29	14-14	1162	28	2.17	86	75.4%	2-11-1	3	257
Hanrath, Jocelyn	2007	1	14-14	740	15	1.82	44	74.6%	3-4-0	4	113
<u>L-N</u>											
Lovejoy, Lauren	2014-17	22	53-48	4469	76	1.53	313	80.5%	26-18-4	12	834
Ludwig, Lauren	2007	00	3-2	182:05	18	8.90	26	59.1%	0-2-0	0	69
Nygaard, Sandra	2018-19	0	15-15	1367	22	1.45	92	80.7%	9-4-2	4	257
<u>P-R</u>											
Panis, Nicole	2020-	1	51-50	4497	53	1.06	276	83.9%	32-14-4	20	681
Peterson, Lauren	2007	11	1-1	45	3	6.00	4	57.1%	0-0-0	0	10
Robinett, Kylie	2010	22	3-3	252	12	4.29	11	47.8%	0-3-0	0	40
Ruten, Bonnie	2015-16	1	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<u>S-T</u>											
Schoeb, Jordan	2016	30	3-0	12	0	0.00	0	0.00%	0-0-0	0	0
Silas, Elizabeth	2012	8	6-3	315	8	2.29	15	65.2%	0-3-0	0	50
Smith, Ashley	2010	14	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Stephenson, Zoey	2013-14	0	6-2	255	9	3.18	15	62.5%	1-1-0	1	43
Turner, Stefani	2007	3	1-1	45	4	8.00	5	55.6%	0-1-0	0	11

All-Time Uniform Numbers

00

Lauren Ludwig (2007), Zoey Stephenson (2013-14)

0

Kelsie Binetti (2007), Jessica Winters (2008), Annie Dernehl (2010), Rachel Gries (2016-17), Sandra Nygard (2018-19), Vivienne Carr (2021-

1

Jennifer Gibbs (2008-11), Bailey Fontenot (2012-14), Jocelyn Hanrath (2018-19), Nicole Panis (2020-)

2

Mindy Gremillion (2007), Emily Pacetti (2008), Jennifer Moore (2010-13), Paige Jorgensen (2014-17), Juana Plata (2018), Abby Gemza (2020), Sabrina Lopez (2021-22)

3

Stefani Turner (2007-08), Grace Bowman (2009-13), Taylor Mitchell (2014), Holland Ensminger (2015-16), Sophia Manibo (2017-20), Isabel Bassa (2022)

4

Carrie Mrazek (2007-08), Kari Busch (2009-10), Nicole Frank (2011-14), Ali Hebert (2017-20), Marina Mielgo (2021), Annika Kassenbrock (2022)

5

Leslie Myers (2007), Aline Pugliesi (2008), Lorna Maudslay (2009-12), Brooke Kirchhofer (2013-16), Irene Saether (2018), Meg Sheppard (2019-22)

6

Aline Pugliesi (2007), Kari Davila (2009), Laura Hicks (2010-13), Alexis Aviles (2014-15), Julissa Farias (2020), Hollie Massey (2020), Alana Clark (2022-)

7

Keally Nussle (2007), Brittney Holmes (2008), Stefanie Miroballi (2010-13), Morgan Burden (2014-15), Samantha Moreno (2016-17), Lucy Ashworth (2018-20), Abby Gemza (2021-22)

8

Lauren Messick (2007), Lisa Hance (2008-11), Elizabeth Silas (2012), Miranda Garcia (2013-14), Carly Morgan (2016-17), Walisa Diwura (2019), Hollie Massey (2021-)

9

Staci McGuire (2007), Kimmy Albeno (2011-14), Lauren Glover (2015), Lauren Lovejoy (2016), Esther Okoronkwo (2018-20), Isela Ramirez (2021-)

10

Ericka Predmore 92007-08), Angie Guillory (2010), Kristin Bos (2011-14), Jordan Mulnix (2015-17), Anna Loftus (2018-19), Makenize Harvey (2020-), Laura Linares (2021-)

11

Lauren Peterson (2007-08), Lisa Topping (2009-12), Shavonn Johnson (2013), Arianna Ebert (2014), Cassie Marciante (2015-16), Lucy Ashworth (2017), Michele Scholz (2018), Hannah Dockens (2020), Miranda Urbizu (2022)

12

Erin Binagia (2007-10), Hailey Fontenot (2011), Morgan Burden (2012-13), Haley Hollingsworth (2014), Kelso Peskin (2017-18), Juana Plata (2019-21), Trinity Clark (2022-)

13

Heather Broussard (2007), Courtney Stocks (2008), Jennifer Torry (2009-12), A.V. Vigil (2014), Lauren Bond (2015), Tori Alaniz (2016), Madison Ledet (2017-20), Crisely Pavon (2022)

14

Jillian Lindsey (2008), Lexi Gebhardt (2009), Jennifer Yacuta 92013-16), Tori Alaniz (2017), Anessa Byerman (2018-), Cariel Ellis (2022-)

15

Jessica Pena 92008), Sadie Wright (2010), Alejandra Amador (2011-14), Juliana Ocampo (2015-18), Chamelle Wiltshire (2019), Payton Joost (2022-)

16

Julie Niess (2009), Stephanie Suaarez (2010), Jannet Hernandez (2012-15), Angelica Hernandez (2016), Alisha Nesbitt (2019), Sarah Zimmer (2020-22)

17

Haley Addison (2007), Lorna Gover (2009), Annie Dernehl (2011), Taylor Mitchell (2012-13), Micah Stennfeld (2016), Juana Pulido (2016), Rubi Villegas (2017-18), Paloma Martinez (2019-22)

18

Rachelle Barry (2008-11), Megan Campbell (2012-15), Macie McFarland (2016-19), Arely Alaniz (2020-)

19

Logan Matt (2007), Megan Jones (2009), Amber Thornhill (2010-13), Ana Moreno (2015-17), Christine Kitaru (2020-22)

20

Kari Melancon (2007), Danielle Pearce (2010-13), Dayna Doizé (2015-16), Hailey Loupe (2017-)

21

Beth Squires (2007-10), Mari Olastuen (2012-15), Mya Anders (2018-19), Laura Linares (2021), Dahjah Lewis (2022)

22

Yurelli Gomez (2007-08), Kylie Robinett (2010), Lauren Lovejoy (2014-17), Kaisa Juvonen (2019-)

23

Paige Peterson (2009), Hollis St. John (2010), Laura Parra (2014-17), Eva Karen (2021-)

24

Brittney Ross (2007-10), M.J. Eckart (2014-17), Grace Richard (2021-)

25

Marie Lund (2014-17), Aleythia Gutierrez (2018), Kolbi Coleman (2022)

26

Patricia Lauritzen (2014-16), Julia Rocha (2017), Brittany Harris (2017-21)

27

Jordan Schoeb (2016), Madison Rabideau (2022)

28

Amelia Fullmer (2017-18), Carina Leal (2021), Yainn Zuniga (2022)

29

Courtney Harris (2017), Rachel Gries (2019)

All-Time Uniform Numbers

30

Rachel Gries (2018), Erin Branch (2019), Morgan McBride (2022)

44

Maddie Janolo (2022)

Lamar Women's Soccer Firsts

First Players on the Field

Lauren Ludwig (GK), Mindy Gremillion, Stefani Turner, Leslie Myers, Aline Pugliesi, Ericka Predmore, Lauren Peterson, Heather Broussard, Haley Addison, Logan Matt, Kari Melancon (Aug. 31, 2007, vs. Eastern Washington at Flagstaff, Ariz.; L 5-0)

First Goal

Aline Pugliesi, Sept. 9, 2007, vs. South Alabama at Natchitoches, La., (62:16)

First Assist

Stefanie Turner, Sept. 9, 2007, vs. South Alabama at Natchitoches, La., on a goal by Aline Pugliesi, (62:16)

First Goal By Opponent

Lauren Koelzerof of Eastern Washington, Aug. 31, 2007, (26:15)

First Assist By Opponent

Cyeeta Mott of Eastern Washington, Aug. 31, 2007, on a goal by Lauren Koelzerof, (26:15)

First Win

Sept. 5, 2008 (21 at home vs. South Alabama)

First Game-Winning Goal

Rachelle Barry, Sept. 5, 2008 (South Alabama)

First Loss

Aug. 31, 2007 (5-0 vs. Eastern Washington at Flagstaff, Ariz.)

First Tie

Oct. 10, 2008 (2-2 at Central Arkansas)

First Shutout

Sept. 23, 2008, by Jennifer Gibbs at Prairie View A&M (W 1-0, 4 saves)

First Shutout By Opponent

Aug. 31, 2007, by Ashley Renz/Jessica Blessard, vs. Eastern Washington at Flagstaff, Ariz. (L 5-0)

First Goal at Home

Sept 5, 2008 by Aline Pugliesi vs. South Alabama (11:37)

First Assist at Home

Sept. 5, 2008, by Carrie Mrazek vs. South Alabama on a goal by Rachelle Barry (47:28)

First Shutout at Home

Oct. 16, 2009, by Jennifer Gibbs (W 1-0 vs. Northwestern State, 2 saves)

First Two-Goal Game

Oct. 26, 2008, by Aline Pugliesi (home vs. Nicholls)

First Hat Trick

Sept. 18, 2011, by Kimmy Albeno (home vs. Texas Southern)

First Postseason Game

Nov. 4, 2010 (1-0 loss to UTSA at SLC Tournament at San Marcos, Texas)

First Postseason Win

Nov. 2, 2012 (3-1 win over Southeastern La. at SLC Tournament at Lake Charles, La.)

First Postseason Goal

Kimmy Albeno, Nov. 2, 2012, vs. Southeastern La. at SLC Tournament in Lake Charles, La. (4:25)

First Postseason Assist

Lorna Maudslay, Nov. 2, 2012, vs. Southeastern La. at SLC Tournament in Lake Charles, La., on a goal by Kimmy Albeno (15:34)

First Postseason Shutout

Lauren Lovejoy, Nov. 1, 2017, at Texas A&M-Corpus Christi at SLC Tournament (W 1-0, 3 saves)

First NCAA Tournament Game

Nov. 10, 2017, at Texas A&M (L 1-0)

Lamar Soccer Complex Records

LU Soccer Complex Firsts

First Game

Grambling State 2, Northwestern State 1 (Sept. 25, 2009)

First Lamar University Game

New Mexico State 2, LU 1 (Sept. 25, 2009)

First Lamar University Win

LU 1, Northwestern State 0 (Oct. 16, 2009)

First Tie

LU 2, Grambling State 2 (Sept. 27, 2009)

First Goal

Rachel Dobbins (Grambling State vs. Northwestern State, Sept. 25, 2009)

First Lamar University Goal

Lexi Gebhardt vs. New Mexico State, Sept. 25, 2009 (80:40)

First Assist

Janna Paige (Grambling State vs. Northwestern State) Sept. 25, 2009

First Lamar University Assist

Kari Davila vs. Grambling State on a goal by Beth Squires (55:03), Sept. 27, 2009

First Game-Winning Goal

Ashley Baker (Grambling State vs. Northwestern State), Sept. 25, 2009

First Lamar University Game-Winning Goal

Kari Davila, vs. Northwestern State, Oct. 16, 2009

First Penalty-Kick Goal

Lexi Gebhardt vs. New Mexico State, Sept. 25, 2009

First Shutout

Jenny Pence (Sam Houston State vs. LU), Oct. 4, 2009 (10 saves)

First Lamar University Shutout

Jennifer Gibbs, vs. Northwestern St., Oct. 16, 2009 (2 saves)

Single-Game Records

Most Goals (Individual)

4 - Esther Okoronkwo vs. SFA (11/6/19), Lucy Ashworth vs. Nicholls (9/20/19)

Most Goals (Team)

13 - LU 13, Alcorn State 0 (Sept. 13, 2015)

Most Goals (Combined)

13 - LU 13, Alcorn State 0 (Sept. 13, 2015)

Most Assists (Individual)

3 - Kristin Bos vs. Texas Southern (9/8/112011);
Lisa Hance vs. Texas Southern (9/1811);
Lucy Ashworth vs. Southern (8/3118), Lucy Ashworth vs. Sam Houston State (10/6/19)

Most Assists (Team)

10 - LU vs. Texas Southern (Sept. 18, 2011)
LU vs. Alcorn State (Sept. 13, 2015)

Most Points (Individual)

10 - Lucy Ashworth vs. Nicholls (9/20/19)

Most Points (Team)

36 - LU vs. Alcorn State (13G. 10 A), Sept. 13, 2015

Most Shots Attempted (Individual)

12 - Lisa Hance vs. Grambling State (Sept. 27, 2009), Lucy Ashworth vs. Texas Southern (9/13/19)

Most Shots (Team)

48 - LU vs. Alcorn State (Sept. 19, 2012)

Most Shots on Goal (Individual)

7 - Lucy Ashworth vs. Nicholls (9/20/19)

Most Shots on Goal (Team)

28 - LU vs. Alcorn State (Sept. 19, 2012)

Most Saves (Individual)

20 - Ashley Murray, Alcorn State at LU (Sept. 19, 2012)

Largest Attendance

705 - Oklahoma State at Lamar, Aug. 26, 2019

LU is 87-37-10 all-time at the LU Soccer Complex

All-Time Postseason Results

Date	Score	Goalkeepers	Game-Winning Goal
<u>2010 Southland Conference Tournament (San Marcos, Texas)</u>			
Nov. 4	UTSA 1, LU 0	Gibbs (LU)/Webb (UTSA)	Grote (UTSA)
<u>2011 Southland Conference Tournament (Natchitoches, La.)</u>			
Nov. 3	Sam Houston State 1, LU 0	Gibbs (LU)/McCullough (SHSU)	Edenstrom (SHSU)
<u>2012 Southland Conference Tournament (Lake Charles, La.)</u>			
Nov. 2	LU 3, Southeastern La. 1	Fontenot (LU)/Bockhaus (SLU)	Albeno (LU)
Nov. 4	Stephen F. Austin 2, LU 1	Fontenot (LU)/Lee (SFA)	Prince (SFA)
<u>2017 Southland Conference Tournament (Corpus Christi, Texas)</u>			
Nov. 1	LU 1, Texas A&M-Corpus Christi 0	Lovejoy (LU)/Hall (AMCC)	Ledet (LU)
Nov. 3	LU 2, Central Arkansas 1	Lovejoy (LU)/Mercuri (UCA)	Ledet (LU)
Nov. 5	LU 2, Stephen F. Austin 0	Lovejoy (LU)/Smith (SFA)	Ocampo (LU)
<u>2017 NCAA Tournament (College Station, Texas)</u>			
Nov. 10	Texas A&M 1, LU 0	Lovejoy (LU)/Morche (A&M)	own goal (A&M)
<u>2018 Southland Conference Tournament (Beaumont, Texas)</u>			
Oct. 31	LU 3, Southeastern La. 2	Nygaard (LU)/Maher (SLU)	Ledet (LU)
Nov. 3	Stephen F. Austin 2, LU 1	Nygaard (LU)/Talbot & Halliday (SFA)	Arthurs (SFA)
<u>2019 Southland Conference Tournament (Conway, Ark.)</u>			
Nov. 6	Lamar 8, Stephen F. Austin 2	Branch (LU)/Talbot(SFA)	Loftus (LU)
Nov. 8	Lamar 5, Texas A&M-Corpus Christi 1	Nygaard (LU)/Hall(AMCC)	Nesbitt (LU)
Nov. 10	Lamar 3, Northwestern State 1	Branch (LU)/Aydognmus (NSU)	Okoronkwo (LU)
<u>2019 NCAA Tournament (Los Angeles, Calif.)</u>			
Nov. 15	UCLA 4, Lamar 1	Branch (LU)/Brzykcy (UCLA)	Trevithick (UCLA)
<u>2020 Southland Conference Tournament (Beaumont, Texas)</u>			
April 13	Sam Houston 4, Lamar 3 (OT)	Panis (LU)/Krueger (SHSU)	Pawlik (SHSU)
<u>2021 Western Athletic Conference Tournament (Abilene, Texas)</u>			
Nov. 3	Lamar 1, New Mexico State 0	Panis (LU)/Gottschalk (NMSU)	Karen (LU)
Nov. 5	Grand Canyon 2, Lamar 1	Panis (LU)Ferguson (GCU)	Prokop (GCU)
<u>2022 Southland Conference Tournament (Natchitoches, La.)</u>			
Nov. 4	Lamar 1, HCU 0	Panis (LU)/Bagshaw (HCU)	Linares (LU)
Nov. 6	Lamar 4, Texas A&M-Commerce 1	Panis (LU)/Peters (AMC)	Ellis (LU)
<u>2022 NCAA Tournament (Baton Rouge, La.)</u>			
Nov. 11	LSU 3, LU 1	Panis (LU)/Swift (LSU)	Hermannsdottir (LSU)

All-Time Record vs. Opponents

Opponent	Record	First Meeting	Last Meeting	Streak
Abilene Christian	5-4-1	2013	2021	W1
Air Force	0-1-0	2012	2012	L1
Alabama	0-2-0	2019	2021	L2
Alcorn State	3-0-0	2012	2021	W3
Arkansas	0-2-0	2019	2021	L2
Arkansas-Pine Bluff	1-0-0	2017	2017	W1
Ball State	0-1-0	2011	2011	L1
Baylor	0-1-0	2009	2009	L1
Cal Poly	0-1-0	2014	2014	L1
Central Arkansas	8-6-1	2007	2020	W4
Chicago State	2-0-0	2021	2021	W2
Creighton	0-1-0	2009	2009	L1
Eastern Michigan	0-1-0	2012	2012	L1
Eastern Washington	0-1-0	2007	2007	L1
Evansville	0-0-1	2011	2011	T1
Grambling State	3-1-1	2007	2021	W3
Grand Canyon	0-1-0	2021	2021	L1
Houston	2-1-1	2017	2022	W2
Houston Christian	7-3-3	2010	2022	W6
Incarnate Word	4-0-4	2013	2020	W4
Kent State	0-1-0	2012	2012	L1
Louisiana	3-4-0	2008	2022	W3
Louisiana Christian College	1-0-0	2021	2021	W1
Louisiana-Monroe	0-1-0	2008	2008	L1
Louisiana Tech	0-4-0	2009	2016	L4
Loyola Marymount	0-1-0	2007	2007	L1
LSU	0-4-0	2016	2022	L4
LSU-Alexandria	1-0-0	2015	2015	W1
Massachusetts	0-1-0	2013	2013	L1
McNeese	7-6-1	2007	2022	T1
Nebraska	0-2-0	2007	2009	L2
New Mexico State	1-3-0	2009	2021	W1
Nicholls	13-2-1	2007	2022	W6
North Dakota State	0-1-0	2009	2009	L1
North Texas	0-5-0	2007	2015	L5
Northern Arizona	0-2-0	2007	2013	L2
Northwestern State	10-5-2	2007	2022	L1

All-Time Record vs. Opponents

Oklahoma	0-2-0	2009	2021	L2
Oklahoma State	0-2-0	2018	2019	L2
Ole Miss	0-1-0	2017	2017	L1
Oral Roberts	2-3-0	2010	2019	W1
Oregon State	0-1-0	2007	2007	L1
Pepperdine	0-1-0	2011	2011	L1
Prairie View A&M	4-0-0	2008	2013	W4
Rice	0-3-0	2007	2014	L3
Sam Houston State	7-10-1	2007	2021	W2
San Jose State	1-1-0	2014	2015	L1
South Alabama	1-1-1	2007	2022	T1
Southeastern Louisiana	9-6-2	2007	2020	W1
Southern	6-0-0	2011	2018	W6
Southern Miss	0-2-0	2016	2019	L2
Stephen F. Austin	5-15-0	2007	2021	L3
TCU	0-2-0	2011	2016	L2
Tarleton State	1-0-0	2022	2022	W1
Texas A&M	0-1-0	2017	2017	L1
Texas A&M-Commerce	3-0-0	2022	2022	W3
Texas A&M-Corpus Christi	9-3-0	2013	2022	W8
Texas Southern	7-0-0	2009	2019	W7
Texas State	1-7-1	2007	2020	W1
Texas Tech	0-1-0	2008	2008	L1
Texas Woman's	0-1-0	2008	2008	L1
Tulsa	0-1-0	2019	2019	L1
UC Davis	0-1-0	2012	2012	L1
UCLA	0-1-0	2019	2019	L1
UC Riverside	0-2-0	2011	2012	L2
UT Brownsville	1-0-0	2010	2010	W1
UTEP	1-1-0	2010	2015	W1
UTRGV	2-1-1	2016	2021	T1
UTSA	2-6-1	2007	2021	L1
Wyoming	0-1-0	2012	2012	L1
TOTALS	134-147-23	2007	2022	L1

